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## Health Disparities: The Emerging Trends and Pressing Challenges

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Health disparities represent one of the most pressing challenges in modern healthcare systems worldwide. Health disparities have a profound influence on communities and individuals, shaping their overall health, well-being, and social dynamics. These preventable differences in health outcomes, disease burden, and access to quality care continue to affect socially disadvantaged populations, perpetuating cycles of inequality and undermining the fundamental principle of health equity. As we delve deeper into the 21st century, the urgency to address these disparities has never been more apparent, with emerging trends highlighting both the persistence of long-standing issues and the rise of new challenges in our rapidly evolving global landscape.

The *European Journal of Investigation in Health, Psychology and Education* has dedicated a Special Issue to the exploration of the critical topic of “Health Disparities: The Emerging Trends and Pressing Challenges”. This collection of research aims to shed light on the multifaceted nature of health disparities, their root causes, and potential solutions, bringing together insights from various disciplines to inform policy, practice, and future research directions.



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