



nutrients

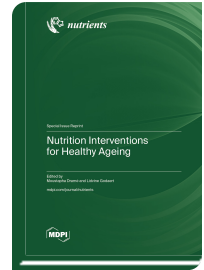


Special Issue Reprint

Nutrition Interventions for Healthy Ageing

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Ageing is associated with several factors potentially affecting nutritional status. These may be environmental (lack of resources, feelings of loneliness or social isolation, etc.) or biomedical (loss of appetite, taste, or smell, slower metabolism, decreased sense of thirst, pain in teeth and gums, etc.). This exposes older adults to numerous potential complications such as cardiovascular problems, phosphocalcium metabolism disorders, sarcopenia, functional dependence, and death. The challenge for specialists in the field of ageing is, therefore, to manage and ideally prevent these nutritional disorders to promote successful ageing. This Reprint collects research on epidemiological, clinical, and biological aspects of nutrition and the impacts of nutritional interventions in older adults.



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