



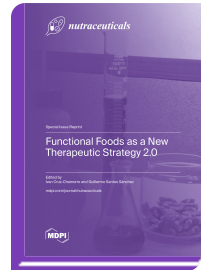
Special Issue Reprint

Functional Foods as a New Therapeutic Strategy 2.0

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Edited by
Ivan Cruz-Chamorro
Guillermo Santos Sánchez

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This reprint of the Special Issue *Functional Foods as a New Therapeutic Strategy 2.0* explores the potential of functional foods and nutraceuticals in improving metabolic health, highlighting the role of bioactive compounds found in plants, marine products, and dietary supplements. The Issue includes studies focusing on quinoa leaves, avocado seeds, red clover isoflavones, and marine algae, emphasizing their therapeutic properties. Additionally, it reviews plant-derived compounds like ursolic acid and supplements such as Dekosilhue® and melatonin for their anti-inflammatory and metabolic benefits. The findings underscore the growing significance of functional foods in modern healthcare and underscore the need for further research and interdisciplinary collaboration.



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