



healthcare



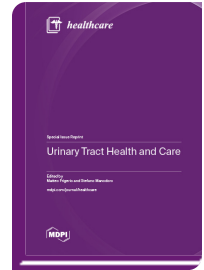
Special Issue Reprint

Urinary Tract Health and Care

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Dear Colleagues,

Lower urinary tract symptoms are common in women of all ages, with different causes and expressions according to patient age and condition. Most of the time, the symptoms are transitory and recover with no or simple therapy. Nevertheless, for some women, the symptoms are ongoing and interfere with normal routines, impacting the quality of life.

Urinary tract dysfunctions range from infective disorders to impaired continence physiology, with urinary incontinence and or urinary outlet obstruction, as well as chronic pelvic pain of unknown origin and dyspareunia. Frequently, these aspects combine with each other, leading to complex clinical presentations.

Many women never tell anyone about their symptoms and are reticent even with their gynecologist. Referral to a pelvic floor center is not usually required. On the other hand, the management of these conditions is never fulfilled by one single specialist but by a team of specialists who work together to ensure pelvic floor and urinary tract health.

This Special Issue of *Healthcare* is dedicated to offering an overview of female urinary tract health and care.



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