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Biomechanical Analysis in Physical Activity and Sports

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This reprint, published by the *Journal of Functional Morphology and Kinesiology*, presents a comprehensive collection of research focused on the role of biomechanics in athletic performance. Featuring contributions from leading experts in the field, this reprint explores advanced biomechanical analysis techniques and their practical applications in sports and physical activity. Topics range from sport-specific movement analysis to the development of innovative materials for athletic equipment, as well as injury prevention and performance optimization strategies. This interdisciplinary volume is an essential resource for researchers, coaches, athletes, and professionals seeking evidence-based insights into the science of human movement and sports performance.

