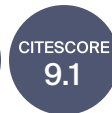




nutrients



Special Issue Reprint

Dietary Habit, Gut Microbiome and Human Health

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As a complex and dynamically changing ecosystem, the human gut microbiome evolves with the host and participates in metabolism, immunity, and neurological function. The influence of dietary habits on the composition of the gut microbiome is undoubtedly significant. Many studies have focused on the role of changes in the structure and function of the gut microbiome in the pathogenesis of various diseases, such as metabolic diseases, neurodegenerative diseases, cardiovascular and cerebrovascular diseases, and tumors. Such studies have also provided ideas for the prevention and treatment of related diseases from the perspective of the gut microbiome and its derivatives.



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