



Children

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Special Issue Reprint

Addressing Challenges in Child Mental Health

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This Reprint addresses the urgent need to study and promote child mental health from a comprehensive and multidisciplinary perspective. Childhood and adolescence are critical stages for cognitive, emotional, and social development, yet in recent years, mental health disorders in this population have significantly increased worldwide. Issues such as anxiety, depression, ADHD, and autism spectrum disorder have a profound impact on children's quality of life and long-term outcomes. This Reprint compiles recent research exploring risk and protective factors, effective interventions, and public health strategies aimed at promoting psychological well-being in young people. It highlights the importance of understanding current challenges—including stigma, limited access to services, and the effects of the COVID-19 pandemic—and the need for innovative strategies involving health professionals, educators, families, and communities.

