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Special Issue Reprint

Gastrointestinal Health

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This Special Issue brings together several studies highlighting recent advances in gastroenterology, focusing on developments in diagnostic methods, therapeutic strategies and clinical practice aimed at improving gastrointestinal health. The contributions explore innovative approaches for common disorders such as irritable bowel syndrome, inflammatory bowel disease, and gastroesophageal reflux disease. Additionally, liver conditions including fatty liver disease, cirrhosis, and hepatocellular carcinoma are addressed. Particular attention is given to the role of the gut microbiota in health and disease, with emphasis on the therapeutic potential of probiotics, prebiotics, and dietary interventions. The Special Issue also discusses the challenges of translating basic research into clinical practice, promoting a more integrated and patient-centered approach, and highlighting multidisciplinary perspectives through combined expertise from the fields of gastroenterology, hepatology, nutrition, and microbiology. This collaborative framework aims to bridge the gap between research and clinical application, supporting evidence-based innovation. Overall, this Special Issue provides a valuable resource for clinicians and researchers committed to advancing gastroenterology and improving patient outcomes.



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