

Cytobiology of Human Prostate Cancer Cells and Its Clinical Applications

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Special Issue Editor Kenichiro Ishii

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About the Special Issue Editor

Kenichiro Ishii is an assistant professor of the Department of Oncologic Pathology at Mie University Graduate School of Medicine, Japan. After he earned a Ph.D. in 2001 from Gifu Pharmaceutical University, he completed a postdoctoral fellowship at the Department of Urologic Surgery, Vanderbilt University Medical Center, USA. His current focus is on role of fibroblasts in prostate cancer progression.

Preface to "Cytobiology of Human Prostate Cancer Cells and Its Clinical Applications"

The number of males diagnosed with prostate cancer (PCa) is increasing all over the world. Most patients with early-stage PCa can be treated with appropriate therapy, such as radical prostatectomy or irradiation. On the other hand, androgen deprivation therapy (ADT) is the standard systemic therapy given to patients with advanced PCa. ADT induces temporary remission, but the majority of patients (approximately 60%) eventually progress to castration-resistant prostate cancer (CRPC), which is associated with a high mortality rate.

Generally, well-differentiated PCa cells are androgen dependent, i.e., androgen receptor (AR) signaling regulates cell cycle and differentiation. The loss of AR signaling after ADT triggers androgen-independent outgrowth, generating poorly differentiated, uncontrollable PCa cells. Once PCa cells lose their sensitivity to ADT, effective therapies are limited. In the last few years, however, several new options for the treatment of CRPC have been approved, e.g., the CYP17 inhibitor, the AR antagonist, and the taxane. Despite this progress in the development of new drugs, there is a high medical need for optimizing the sequence and combination of approved drugs. Thus, the identification of predictive biomarkers may help in the context of personalized medicine to guide treatment decisions, improve clinical outcomes, and prevent unnecessary side effects.

The departments of Nephro-Urologic Surgery and Andrology (Professor Emeritus Yoshiki Sugimura) and Oncologic Pathology (Professor Emeritus Taizo Shiraishi), Mie University Graduate School of Medicine, organized the semi-closed symposium on the Biology of Prostate Gland Ise-Shima. This symposium was started in 2002 and was held every 4 years in 2006, 2010, 2014, and 2018 without any financial support from pharmaceutical companies and chemical industries. The symposium was, without fail, attended by 40–50 Japanese investigators with expertise and interest in the biology of prostate gland and PCa. The goal of this symposium was to discuss the biological mechanisms of the development and progression of prostatic proliferative diseases such as benign prostatic hyperplasia (BPH) and PCa. Several major topic areas were discussed, e.g., the pathophysiology of BPH, the tumor microenvironment of PCa, AR signaling in PCa progression, and the development of PCa detection and diagnosis. This Special Issue Book includes the major topics discussed at the symposium in 2018.

In this Special Issue Book, we focused on the cytobiology of human PCa cells and its clinical applications to develop a major step towards personalized medicine matched to the individual needs of patients with early-stage and advanced PCa and CRPC. We hope that this Special Issue Book attracts the attention of readers with expertise and interest in the cytobiology of human PCa cells and its clinical applications.

Kenichiro Ishii Special Issue Editor





Editorial Cytobiology of Human Prostate Cancer Cells and Its Clinical Applications

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The number of males diagnosed with prostate cancer (PCa) is increasing all over the world [1]. Most patients with early-stage PCa can be treated by the appropriate therapy, such as radical prostatectomy or irradiation. On the other hand, androgen deprivation therapy (ADT) is the standard systemic therapy given to patients with advanced PCa. ADT induces temporary remission, but the majority of patients (approximately 60%) eventually progress to castration-resistant prostate cancer (CRPC), which is associated with a high mortality rate [2].

Generally, well-differentiated PCa cells are androgen-dependent, i.e., androgen receptor (AR) signaling regulates cell cycle and differentiation. Loss of AR signaling after ADT triggers androgen-independent outgrowth, generating poorly differentiated, uncontrollable PCa cells [3]. Once PCa cells lose their sensitivity to ADT, effective therapies are limited. In the last few years, however, several new options for the treatment of CRPC have been approved, e.g., the CYP17 inhibitor, the AR antagonist, and the taxane [4]. Despite this progress in the development of new drugs, there is a high medical need for optimizing the sequence and combination of approved drugs. Thus, identification of predictive biomarkers may help in the context of personalized medicine to guide treatment decisions, improve clinical outcomes, and prevent unnecessary side effects.

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In this Special Issue, we focused on cytobiology of human PCa cells and its clinical applications to develop a major step towards personalized medicine matched to the individual needs of patients with early-stage and advanced PCa and CRPC. We hope that this Special Issue attracts a lot of attention for readers with expertise and interest in the cytobiology of human PCa cells and its clinical applications.

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Loss of Fibroblast-Dependent Androgen Receptor Activation in Prostate Cancer Cells Is Involved in the Mechanism of Acquired Resistance to Castration

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Abstract: Loss of androgen receptor (AR) dependency in prostate cancer (PCa) cells is associated with progression to castration-resistant prostate cancer (CRPC). The tumor stroma is enriched in fibroblasts that secrete AR-activating factors. To investigate the roles of fibroblasts in AR activation under androgen deprivation, we used three sublines of androgen-sensitive LNCaP cells (E9 and F10 cells: low androgen sensitivity; and AIDL cells: androgen insensitivity) and original fibroblasts derived from patients with PCa. We performed in vivo experiments using three sublines of LNCaP cells and original fibroblasts to form homotypic tumors. The volume of tumors derived from E9 cells plus fibroblasts was reduced following androgen deprivation therapy (ADT), whereas that of F10 or AIDL cells plus fibroblasts was increased even after ADT. In tumors derived from E9 cells plus fibroblasts, serum prostate-specific antigen (PSA) decreased rapidly after ADT, but was still detectable. In contrast, serum PSA was increased even in F10 cells inoculated alone. In indirect cocultures with fibroblasts, PSA production was increased in E9 cells. Epidermal growth factor treatment stimulated Akt and p44/42 mitogen-activated protein kinase phosphorylation in E9 cells. Notably, AR splice variant 7 was detected in F10 cells. Overall, we found that fibroblast-secreted AR-activating factors modulated AR signaling in E9 cells after ADT and loss of fibroblast-dependent AR activation in F10 cells may be responsible for CRPC progression.

Keywords: prostate cancer; androgen deprivation therapy; androgen sensitivity; androgen receptor dependency; fibroblast-dependent androgen receptor activation

1. Introduction

The number of men diagnosed with prostate cancer (PCa) is increasing worldwide [1]. Most patients with early-stage PCa can be treated with therapies such as radical prostatectomy or irradiation. In contrast, patients with advanced PCa are treated with androgen deprivation therapy (ADT), the standard systemic therapy. Although ADT induces temporary remission, the majority of patients (approximately 60%) eventually develop and progress to castration-resistant prostate cancer (CRPC), which is associated with a high mortality rate [2,3]. In the development and progression of CRPC, a decrease or loss of androgen sensitivity in PCa cells often occurs. Low androgen sensitivity of PCa cells is associated with a more malignant phenotype and is difficult to cure. Changes in the androgen sensitivity of PCa cells are often caused artificially as negative effects of ADT and by spontaneously arising variants of androgen receptor (AR) even before ADT is started [4,5].

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ADT for patients with advanced PCa aims to decrease the concentration of circulating androgen and block AR signaling in PCa cells [6]. Well-differentiated PCa cells are generally androgen and AR dependent, i.e., AR signaling regulates cell cycle progression and differentiation. Loss of AR signaling after ADT triggers AR-independent outgrowth, generating poorly differentiated uncontrollable PCa cells [7]. To prevent the development and progression of CRPC, we hypothesize that preservation of AR signaling after ADT is essential. Nelson et al. described four molecular-state frameworks for activation of AR signaling after ADT as follows: state 1, endocrine androgen and AR dependent; state 2, intracrine androgen and AR dependent; state 3, androgen independent and AR dependent; and state 4, androgen and AR independent [8]. Several molecular mechanisms responsible for changes in the AR dependency of PCa cells have been suggested, e.g., androgen-independent activation of AR signaling by mutations in the AR or altered levels of coactivators, and activation of alternative growth factor pathways [4,5]. In patients with CRPC, a number of growth factors and cytokines contribute to malignancy of PCa cells through activation of AR signaling in an androgen-independent manner, which is often called the "outlaw pathway" [8]. Previous studies have suggested that epidermal growth factor (EGF), fibroblast growth factor (FGF)-7 (also known as keratinocyte growth factor (KGF)), insulin-like growth factor (IGF)-1, and interleukin (IL)-6 can activate AR signaling in the absence of androgen [9–11] via various signaling pathways, including Akt, signal transducer and activator of transcription (STAT) 3, and p44/42 mitogen-activated protein kinase (MAPK) pathways [12]. In the tumor microenvironment, tumor stroma surrounding PCa cells is enriched in fibroblasts that secrete AR-activating factors, such as EGF, FGF-7/KGF, IGF-1, and IL-6 [13,14].

Most fibroblasts do not express AR and can survive in the absence of androgen [15–17]. Several studies have reported that androgen-independent interactions between PCa cells and fibroblasts determine how PCa cells respond to ADT [18,19]. In androgen-insensitive PCa cells, we demonstrated that fibroblast-derived FGF-7/KGF may bypass the functionally inactive AR and may promote cell proliferation after ADT [19]. In androgen-sensitive PCa cells, however, we have recently reported that fibroblast-derived EGF, IGF-1, and IL-6 can activate AR signaling, leading to preservation of AR signaling after ADT [17]. Thus, we hypothesize that fibroblast-dependent AR activation may preserve AR signaling after ADT and may play a critical role in the prevention of CRPC development and progression. Clinically, PCa is a heterogeneous disease with various biological behaviors, such as androgen sensitivity and response to ADT. To investigate the relationship between fibroblast-dependent AR activation and androgen sensitivity in PCa cells, well-established PCa cell lines with a variety of androgen sensitivities are strongly required.

LNCaP human PCa cell lines are androgen-sensitive PCa cell lines that are useful for investigating the molecular mechanisms responsible for changes in the androgen sensitivity and AR dependency of PCa cells. Notably, LNCaP cells are a heterogeneous cell population containing various clones with naturally occurring differences in androgen sensitivity caused by spontaneously arising changes [20,21]. Accordingly, we generated two sublines of LNCaP cells (E9 and F10) showing low androgen sensitivity by using a limiting dilution method with regular culture conditions [22,23]. In addition, we established androgen-insensitive AIDL cells from parental LNCaP cells by continuous passaging under hormone-depleted conditions [24]. The parental LNCaP cell line and its derivative sublines (E9, F10, and AIDL) expressed similar levels of AR protein, and AR-dependent secretion of prostate-specific antigen (PSA) was detected in LNCaP and E9 cells [14]. As compared with parental LNCaP cells, we have previously reported that combination of E9 or AIDL cells with embryonic rat urogenital sinus mesenchyme promoted tumor progression in vivo even under androgen ablation [19]. Comparing the characteristic features of paternal LNCaP cells and its sublines allows us to investigate the molecular mechanisms responsible for changes in the androgen sensitivity and AR dependency of PCa cells.

In this study, we defined "androgen sensitivity" in PCa cells as the degree of androgen-dependent AR activation in vitro. In contrast, we defined "AR dependency" in PCa cells as the degree of androgen- and growth factor/cytokine-dependent AR activation. The objective of this study was to

investigate the role of fibroblast-dependent AR activation in the tumorigenesis of three LNCaP sublines differing in androgen sensitivity under androgen deprivation conditions.

2. Materials and Methods

2.1. Materials

Dihydrotestosterone (DHT) and anti-androgen bicalutamide were purchased from Sigma-Aldrich Co., LLC. (St. Louis, MO, USA). Recombinant human EGF, FGF-2, FGF-7, FGF-10, hepatocyte growth factor (HGF), IGF-1, transforming growth factor (TGF) β1, vascular endothelial growth factor (VEGF), and IL-6 were purchased from PeproTech, Inc. (Rocky Hill, NJ, USA). Rabbit polyclonal anti-PSA and mouse monoclonal anti-neuron-specific enolase (NSE; BBS/NC/V1-H14) antibodies were purchased from Dako Cytomation (Copenhagen, Denmark). Rabbit polyclonal anti-AR (N-20) and anti-EGFR (1005) antibodies were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Rabbit polyclonal anti-CD31 and anti-Ki-67 and rabbit monoclonal anti-AR splice variant 7 (AR-V7; EPR15656) antibodies were purchased from Abcam Inc. (Cambridge, MA, USA). Rabbit monoclonal anti-phospho-STAT3 (Tyr705) (D3A7), anti-STAT3 (D3Z2G), anti-phospho-Akt (Ser473) (D9E), and anti-Akt (pan) (C67E7) antibodies were purchased from Cell Signaling Technology, Inc. (Beverly, MA, USA). Rabbit polyclonal anti-p44/42 MAPK and mouse monoclonal anti-phospho-p44/42 MAPK (Thr202/Tyr204) (E10) antibodies were purchased from Cell Signaling Technology, Inc. Mouse monoclonal anti-β-actin (AC-15) antibodies were purchased from Sigma-Aldrich Co., LLC.

2.2. Cell Culture

The androgen-sensitive, AR-positive human PCa cell lines LNCaP and 22Rv1 were obtained from the American Type Culture Collection (Manassas, VA, USA). Both LNCaP and 22Rv1 cells were authenticated by the short tandem repeat-PCR method and were cultured in phenol red (+) RPMI-1640 supplemented with 10% fetal bovine serum (FBS; Sigma-Aldrich Co., LLC.). E9 and F10 cells (showing low sensitivity to androgen) were obtained from the parental androgen-sensitive LNCaP cells using a limiting dilution method under regular culture conditions [22,23]. In contrast, androgen-insensitive AIDL cells were established from LNCaP cells by continuous passaging under hormone-depleted conditions [24]. AIDL cells were cultured in phenol red (-) RPMI-1640 supplemented with 10% charcoal-stripped (CS)-FBS. The androgen sensitivity of parental LNCaP, E9, F10, and AIDL cells was confirmed by changes in *KLK3* (PSA) mRNA expression in cell cultures treated with synthetic androgen R1881 [19]. The nontumorigenic human prostate epithelial cell line BPH-1 was obtained from Dr. Simon W. Hayward (Northshore University HealthSystem, Chicago, IL, USA) and was cultured in phenol red (+) RPMI-1640 supplemented with 10% FBS.

Commercially available human prostate stromal cells (PrSC) were purchased from Lonza Group Ltd. (Basel, Switzerland). pcPrFs (pcPrF-M5, pcPrF-M6, and pcPrF-M7) were primary cultured from PCa specimens collected from biopsies of patients with advanced PCa [17]. PrSC and pcPrFs were cultured in medium prepared from an SCBM Bullet Kit (Lonza Group Ltd.). The four fibroblast lines (PrSC, pcPrF-M5, pcPrF-M6, and pcPrF-M7) do not express AR protein and do not respond to DHT stimulation on cell proliferation as previously reported [17].

2.3. Indirect Coculture of Prostate Cancer Cell Lines (E9, F10, and AIDL Cells) with Fibroblasts

E9, F10, and AIDL cells were co-cultured with each of the four fibroblast lines (PrSC, pcPrF-M5, pcPrF-M6, and pcPrF-M7) in six-well plates using cell culture inserts (BD Falcon, Franklin Lakes, NJ, USA) as previously described [17]. E9, F10, and AIDL cells (4×10^4 cells/well) were seeded into six-well plates in their respective recommended medium, whereas fibroblasts (PrSC, pcPrF-M5, pcPrF-M6, and pcPrF-M7; 2×10^4 cells/well) were seeded in SCBM media into cell culture inserts for 2 days. The culture medium for PCa cells and fibroblasts was replaced with phenol red (-) RPMI-1640 supplemented with 1% CS-FBS containing DHT (0.1 nM), and the inserts with fibroblasts were then

placed into six-well plates for an additional 4 days. DHT concentrations in the incubation medium were chosen based on previous studies of tissue DHT levels in recurrent PCa [25].

2.4. Stimulation of Cell Growth by Treatment with Growth Factors and Cytokines

Examination of the effects of growth factor and cytokine stimulation was performed as previously described [17], with minor modifications. E9 (5 × 10³ cells/well), F10 (4 × 10³ cells/well), and AIDL cells (6 × 10³ cells/well) were cultured in phenol red (+) RPMI-1640 supplemented with 10% FBS for 2 days, and the culture medium was then replaced with phenol red (-) RPMI-1640 supplemented with 1% CS-FBS containing DHT (0.1 nM). One day later, the culture medium was replaced with phenol red (-) RPMI-1640 containing 10 ng/mL each of recombinant EGF, FGF-2, FGF-7, FGF-10, HGF, IGF-1, TGF β 1, VEGF, and IL-6. Cells were then incubated for 4 days before analysis.

2.5. Enzyme-Linked Immunosorbent Assay

Serum PSA levels in mice were assayed using a PSA Enzyme Immunoassay test kit (Hope Laboratories, Belmont, CA, USA).

2.6. Preparation of Cell Lysates

LNCaP, E9, F10, AIDL, and 22Rv1 cells were harvested by scraping, and whole cell lysates were prepared as previously described [14]. Briefly, the cell surface was washed with ice-cold phosphate-buffered saline and then lysed with CelLytic (Sigma-Aldrich Co., LLC.) containing 1% Nonidet P-40, 10 mM 4-(2-aminoethyl) benzensulfonyl fluoride, 0.8 mM aprotinin, 50 mM bestatin, 15 mM E-64, 20 mM leupeptin, and 10 mM pepstatin. After 60 min on ice, the lysates were centrifuged at 10,000× g for 10 min, and the supernatants were collected. The protein concentration was measured using a NanoDrop 2000 (Thermo Fisher Scientific Inc., Waltham, MA, USA).

2.7. Western Blot Analyses

Extracted proteins were separated by gel electrophoresis and transferred to Immobilon polyvinylidene difluoride membranes following our previously reported protocol [26]. Anti-AR, anti-PSA, anti-NSE, anti-phospho-STAT3, anti-STAT3, anti-phospho-Akt, anti-Akt, anti-phospho-p44/42 MAPK, anti-p44/42 MAPK, and anti- β -actin antibodies were used at dilutions of 1:2500, 1:5000, 1:5000, 1:2000, 1:1000, 1:1000, 1:1000, 1:1000, and 1:5000, respectively. Specific protein bands were assessed with a LAS-4000 Mini (Fuji Photo Film, Tokyo, Japan) using SuperSignal West Pico Chemiluminescent Substrate (Thermo Fisher Scientific Inc.).

2.8. Animal Studies

All animals were maintained in a specific pathogen-free environment. Mie University's Committee on Animal Investigations approved the experimental protocol. Male athymic nude mice (BALB/c, nu/nu, 6–8 weeks old) were purchased from CLEA Japan, Inc. (Tokyo, Japan) and used for all experiments.

2.9. In Vivo Xenograft Model

Examination of the effects of ADT on tumorigenesis of E9, F10, and AIDL cells was performed as previously described [17]. Subconfluent cultures of E9, F10, AIDL, and pcPrF-M5 cells were trypsinized and counted. Xenografts without pcPrF-M5 cells contained 5×10^5 PCa cells. Xenografts with pcPrF-M5 cells were prepared by mixing 2.5×10^5 PCa cells and 2.5×10^5 pcPrF-M5 cells in suspension. Pelleted cells were resuspended in 50 µL neutralized type I rat tail collagen gels and then grafted beneath the renal capsule of male athymic mice (6–8 weeks old). In total, 1×10^6 PCa cells were grafted in each mouse. For the androgen deprivation experiments, mice were randomized on day 14 after transplantation. Mice treated with ADT were castrated and orally administered a bicalutamide (5 mg/kg/day) suspension with 0.5% carboxymethylcellulose in a 5-days-on/2-days-off schedule through a 22-gauge gavage needle; the control group underwent sham operation and received the diluent. Mice were killed on days 14 and 21 after ADT, and tumor weights and serum PSA levels were then measured. The tumor volume was determined by direct measurement with calipers (volume = long axis × short axis × short axis × 0.5236), as previously described [27].

2.10. Histopathology and Immunohistochemistry

For histopathological analysis, tumors were fixed in 10% neutral buffered formalin and embedded in paraffin. General tissue morphology was visualized by standard hematoxylin and eosin staining. Next, immunohistochemical staining was performed with an ImmPRESS Reagent Kit (Vector Laboratories, Inc., Burlingame, CA, USA). Antigen retrieval was performed using 10 mM sodium citrate buffer (pH 6.0) for AR, NSE, Ki-67, and CD31. Antigen Unmasking Solution (Vector Laboratories, Inc.) was used for PSA. The antigen-antibody reaction was visualized using 3',3-diaminobenzidine tertahydrochloride as a substrate. Sections were counterstained with hematoxylin and examined by light microscopy.

Cell proliferation in tumors was determined by the percentage of Ki67-positive nuclei in 10 different areas at 400× magnification from each tissue specimen. A 'microvessel' was defined as mouse-specific CD31-positive endothelial cells that formed a vascular lumen. The number of microvessels was counted in 10 different areas at 400× magnification from each tissue specimen, as previously described [27]. The results were independently reviewed by 2 blinded investigators.

2.11. Statistical Analysis

Results are expressed as means \pm standard deviations. Differences between the two groups were determined using Student's *t*-tests. Results with *p* values of less than 0.05 were considered statistically significant.

3. Results

3.1. Effects of ADT on Tumor Growth and Serum PSA Kinetics of Xenograft Derived from Co-Inoculation of E9, F10, and AIDL Cells with pcPrF-M5 Cells In Vivo

Regardless of the presence of pcPrF-M5 cells, tumor volumes in mice inoculated with E9 cells rapidly decreased following ADT (Figure 1A) and were not altered between days 14 and 21 after ADT, i.e., the effects of ADT on E9 tumors were maintained until at least day 21 after ADT. In contrast, in the presence or absence of pcPrF-M5 cells, tumor volumes in mice inoculated with F10 cells temporally decreased following ADT, but increased between days 14 and 21 after ADT (Figure 1A). Moreover, in the presence or absence of pcPrF-M5 cells, tumor volumes in mice inoculated with AIDL cells gradually increased following ADT, similar to the results in the sham group (Figure 1A).

Ki-67 labeling indices in mice inoculated with E9 cells, with or without pcPrF-M5 cells, rapidly decreased following ADT (Figure 1B) and were not significantly increased between days 14 and 21 after ADT; that is, the effects of ADT on E9 tumors were maintained until at least day 21 after ADT. In contrast, Ki-67 labeling indices in mice inoculated with F10 or AIDL cells, with or without pcPrF-M5 cells, were not altered following ADT as compared with that in the sham group (Figure 1B).

Serum PSA titers in mice inoculated with E9 cells alone rapidly decreased after ADT (Figure 1C). Importantly, those in mice inoculated with E9 cells plus pcPrF-M5 cells rapidly decreased following ADT and became detectable on day 21 after ADT. Serum PSA titers in mice inoculated with F10 cells, with or without pcPrF-M5 cells, increased gradually (Figure 1C), whereas those in mice inoculated with AIDL cells, with or without pcPrF-M5 cells, were not detected (Figure 1C).



Figure 1. Effects of androgen deprivation therapy (ADT) on tumor growth and serum PSA kinetics of xenografts derived from co-inoculation of LNCaP sublines with pcPrF-M5 cells in vivo. Changes in tumor volume (**A**), Ki67 index (**B**), and serum PSA (**C**) of xenografts were compared in untreated (sham-operated) or ADT-treated mice inoculated with PCa cells with or without M5 cells on days 0, 14, and 21 after ADT. ** P < 0.01 versus sham-operated control. ADT, androgen deprivation therapy; PSA, prostate-specific antigen; M5, pcPrF-M5.

E9-derived tumors, with or without pcPrF-M5 cells, grown in mice treated with ADT showed reduced tumorigenesis as compared with those in untreated (sham-operated) mice (Figure S1). In contrast, both F10- and AIDL-derived tumors, with or without pcPrF-M5 cells, grown in mice treated with ADT showed no changes in tumorigenesis as compared with those in untreated mice (Figures S2 and S3). Additionally, AR and PSA proteins were expressed in both E9- and F10-derived tumors, with or without pcPrF-M5 cells, on day 21 after ADT, although serum PSA levels were very low in mice inoculated with E9 cells alone (Figures S1 and S2). Moreover, AR protein was expressed in AIDL-derived tumors, with or without pcPrF-M5 cells, on day 21 after ADT, whereas PSA protein was not detected because of mutated AR in AIDL cells (Figure S3). NSE staining was diffuse among ADT-treated and untreated hosts on day 21 after ADT (Figures S1–S3). Microvessel density (MVD) in all tumors, regardless of the presence of pcPrF-M5 cells, was not altered among ADT-treated and untreated hosts on day 21 after ADT (Tables S1–S3).

3.2. Effects of Indirect Coculture with Fibroblasts on E9, F10, and AIDL Cells In Vitro

Cell proliferation of E9 and AIDL cells was significantly increased when cells were cocultured with PrSCs or pcPrFs, whereas that of F10 cells was not affected (Figure 2A). Expression levels of PSA proteins were increased in E9 cells cocultured with pcPrFs but not PrSC and were not affected in F10 cells (Figure 2B). In contrast, expression levels of PSA proteins were decreased in F10 cells cocultured with PrSC but not pcPrFs. PSA protein expression was not detected in AIDL cells cocultured with PrSC or pcPrFs (Figure 2B). NSE protein expression and STAT3 phosphorylation were increased in E9 cells cocultured with PrSC or pcPrFs (Figure 2B). NSE proteins were not changed in F10 cells cocultured with PrSC or pcPrFs, whereas STAT3 phosphorylation was increased in F10 cells cocultured with pcPrF-M6 cells (Figure 2B). NSE protein expression was decreased in AIDL cells cocultured with pcPrFs but not PrSC, whereas phosphorylation of STAT3 was increased in AIDL cells cocultured with pcPrFs (Figure 2B).

3.3. Effects of Growth Factors and Cytokines on E9, F10, and AIDL Cells In Vitro

Cell proliferation of E9 and AIDL cells was significantly increased by treatment with growth factors and cytokines, such as EGF and IL-6, whereas that of F10 cells was significantly decreased by treatment with FGF-10, HGF, IGF-1, and TGF β 1 (Figure 3A). Phosphorylation of Akt and p44/42 MAPK in E9 and AIDL cells was strongly increased by treatment with EGF, whereas that in F10 cells was not affected (Figure 3B). Phosphorylation of Akt and p44/42 MAPK in E9, F10, and AIDL cells was not affected by treatment with HGF (data not shown). EGFR protein was detectable in all PCa cells, including LNCaP, E9, F10, AIDL cells, whereas expression of EGFR protein in AIDL cells was considerably higher than that in E9 and F10 cells (Figure S4). Detection of EGFR protein in BPH-1 cells was used as a positive control for anti-EGFR antibodies. In addition, PSA secretion from E9 cells was significantly increased by treatment with EGF but not HGF, whereas that from F10 cells was significantly decreased by treatment with both EGF and HGF (Figure S5). Notably, PSA secretion from AIDL cells was not detected.

Full-length AR protein was detectable in all PCa cells, including LNCaP, E9, F10, AIDL, and 22Rv1 cells, whereas AR-V7 protein was detectable only in F10 cells (Figure 4). Detection of AR-V7 protein in 22Rv1 cells was used as a positive control for anti-AR-V7 antibodies.



Figure 2. Effects of indirect coculture with fibroblasts on cell proliferation and PSA expression in LNCaP sublines in vitro. (**A** and **B**) LNCaP sublines were co-cultured with fibroblasts using cell culture inserts for 4 days in phenol red (–) RPMI-1640 with 1% CS-FBS containing DHT (0.1 nM). (**A**) Cell proliferation. * P < 0.05, ** P < 0.01 versus LNCaP sublines alone. (**B**) Cell lysates from co-cultures were subjected to western blotting and probed with antibodies against each protein. Protein levels were compared using actin expression as a loading control. AR, androgen receptor; DHT, dihydrotestosterone; NSE, neuron-specific enolase; PSA, prostate-specific antigen; M5, pcPrF-M5; M6, pcPrF-M6; M7, pcPrF-M7.



Figure 3. Effects of growth factors and cytokines on cell proliferation and cellular signaling in LNCaP sublines in vitro. (**A** and **B**) LNCaP sublines were treated with 10 ng/mL of each growth factor and cytokine for 4 days in phenol red (–) RPMI-1640 with 1% CS-FBS containing DHT (0.1 nM). (**A**) Cell proliferation. ** P < 0.01 versus untreated control. (**B**) Cell lysates from cultures of LNCaP sublines were subjected to western blotting and probed with antibodies against each target protein. Protein levels were compared with actin expression as a loading control. DHT, dihydrotestosterone.



Figure 4. Expression of AR-V7 protein in human PCa cell lines. Cell lysates from growing cultures of parental LNCaP cells, LNCaP sublines (E9, F10, and AIDL cells), and 22Rv1 cells were subjected to western blotting and probed with antibodies against each protein. Protein levels were compared using actin as a loading control. 22Rv1 cells were used as a positive control for detection of AR-V7 protein. AR, androgen receptor; AR-V7, androgen receptor splice variant 7.

4. Discussion

The reduced AR dependency of PCa cells is an important clinical development because of its association with progression to CRPC. In this study, we found that fibroblast-secreted AR-activating factors preserved AR signaling in E9 cells after ADT, indicating that these PCa cells could be controlled by ADT. In contrast, loss of fibroblast-dependent AR activation in F10 cells may be responsible for the development and progression of CRPC.

Development and progression of CRPC after ADT are mediated by multiple molecular mechanisms, classified as adaptation to a low-concentration androgen environment caused by ADT, or clonal selection [28–31]. Androgen-insensitive PCa cells can be generated by adaptation of androgen-sensitive PCa cells to a low androgen environment. In contrast, ADT results in the expansion of androgen-insensitive PCa cells, which coexist with androgen-sensitive PCa cell populations in PCa tissue, i.e., clonal selection of androgen-insensitive PCa cells [28]. PCa tissue consists of heterogeneous cell populations. Tumor heterogeneity is reflected in the increased subclonal populations in PCa tissue [32]. These subclones may interact in complex ways with each other or with the surrounding microenvironment. Thus, we hypothesize that tumor heterogeneity in PCa tissue is an extremely important phenomenon not only for understanding tumor progression but also for developing truly personalized treatment regimens for patients with PCa.

To compare the biochemical characteristics of androgen-sensitive and -insensitive PCa cells, we generated three sublines from androgen-sensitive AR-positive LNCaP cells: E9 and F10 cells (showing low androgen sensitivity) and AIDL cells (showing androgen insensitivity) [22–24]. E9 cells are less sensitive to androgen-related responses, such as growth stimulation and PSA production, than parental LNCaP cells [22]. Moreover, E9 cells have a more aggressive tumorigenic phenotype than parental LNCaP cells in vivo. We have previously investigated the mechanisms underlying the low androgen sensitivity of E9 cells and found that decreased phosphorylation of Akt was associated with low androgen sensitivity of E9 cells [33]. The Akt and p44/42 MAPK pathways are known to be associated with the regulation of androgen responses [34,35]. We also demonstrated that PSA production was significantly decreased in parental LNCaP cells when Akt phosphorylation was suppressed by phosphatidylinositol 3-kinase or Akt inhibitors [33]. Thus, E9 cells may be a useful model to reflect high-grade Gleason tumors with low phosphorylation of Akt. Similar to E9 cells, F10 cells are also less sensitive to androgen-related responses than parental LNCaP cells and have a more aggressive tumorigenic phenotype than parental LNCaP cells in vivo [23]. Interestingly, F10 cells can survive under low-pH/low-nutrient conditions, whereas parental LNCaP cells show significant cell death under such conditions. The intratumor environment is characterized by low-pH, low-nutrient, and chronic hypoxic conditions owing to poor vascular development [36,37]. Thus, we suggest that F10 cells may be a useful model to determine the mechanisms underlying their adaptation to a low-pH/low-nutrient environment. In contrast to E9 and F10 cells, AIDL cells are insensitive to androgen-related responses [24]. Parental LNCaP cells harbor an AR mutation at codon 877 (T877A). In addition to the T877A mutation, we found that AIDL cells harbored a point mutation at codon 741 (W741C), suggesting that the T877A/W741C double mutation may be responsible for the androgen insensitivity of AIDL cells [38]. Thus, AIDL cells may be a useful model to investigate the mechanisms underlying the mutated AR in PCa cells.

In PCa, the tumor microenvironment is highly complex and heterogeneous and is composed of carcinoma-associated fibroblasts (CAFs) as well as epithelial cancer cells that infiltrate into the surrounding tumor stroma, referred to as the reactive stroma [39]. This heterogeneous stromal component of PCa tissues contains multiple populations of fibroblasts that are associated with tumorigenesis [40,41]. CAFs contribute to the malignancy of PCa cells by enhancing the proliferation and invasion of cancer cells and promoting angiogenesis in tumors [42]. Thus, inhibition of CAF generation and function in PCa tissue could be a new target for controlling primary cancer progression. Importantly, most fibroblasts in the prostate stroma are negative for AR [15–17], and the phenotypes of human PCa fibroblasts are strongly heterogeneous [13]. CAFs secrete abundant growth factors and

cytokines, which enhance the proliferation of PCa cells. However, the proliferation of PCa cells is regulated by AR signaling, suggesting that stromal paracrine factors derived from CAFs can activate AR signaling in PCa cells. In patients with CRPC, PCa cells can grow in the absence of androgen, indicating that AR signaling in PCa cells is activated by CAF-derived growth factors and cytokines instead of androgen. Therefore, CAFs could be an important target to prevent androgen-independent outgrowth.

In the clinical setting, serum PSA is the most useful biomarker to detect PCa. However, increased levels of serum PSA are also observed in cases of benign prostatic hyperplasia or inflammation of the prostate. PSA is a serine protease and member of the tissue kallikrein family of proteases and is produced in both normal luminal epithelial cells and well-differentiated PCa cells [43]. Transcription of the *PSA* gene is normally regulated by androgens through activation of AR signaling. In addition to androgens, PSA expression is induced through activation of AR signaling by CAF-derived growth factors and cytokines. In our laboratory, Sasaki et al. reported that fibroblasts directly affected PSA expression in LNCaP cells cocultured in vitro [17]. Among various CAF-derived growth factors and cytokines, we confirmed that EGF, IGF-1, and IL-6 directly increased PSA expression in LNCaP cells, suggesting that soluble factors derived from fibroblasts may function as AR-activating factors in the absence of androgen.

In our previous work, Sasaki et al. found that the PSA kinetics after ADT were not an accurate prognostic marker when considering serum PSA levels after ADT to determine the number of viable PCa cells [44,45]. Compared with rapid decreases in PSA after ADT, prolonged PSA decreases after ADT can predict favorable progression-free survival and overall survival. In this study, AR signaling in E9 cells, but not in F10 cells, was activated by paracrine signals derived from fibroblasts, suggesting that the androgen sensitivity of PCa cells may not reflect the AR dependency of PCa cells. Preservation of AR signaling after ADT may have an important role in maintaining the AR dependency of PCa cells. Thus, fibroblast-dependent AR activation after ADT may cause persistent activation of AR signaling in PCa cells, preventing loss of AR dependency after ADT. Notably, Sasaki et al. demonstrated that fibroblasts could enhance the treatment efficacy of ADT during in vivo tumorigenesis, resulting in a more favorable prognosis, e.g., prolonged serum PSA decline and maintenance of the efficacy of ADT [17]. Other researchers also demonstrated that normal human fibroblasts could inhibit the proliferation of tumor cells [46,47]. We still know very little about the tumor-promoting CAFs and the factors that distinguish CAFs from other fibroblasts found in the same tissue. Future studies are needed to identify the specific profiles of fibroblast-derived factors responsible for disease progression. Additionally, several AR variants (ARVs), derived from alternative splicing of the AR transcript, have been identified [48–51]. ARVs may emerge as more common mediators of androgen-independent and AR-dependent tumor progression, although their functions are still unclear. AR-V7 is a major splice variant expressed in human PCa that is associated with the development and progression of CRPC [52]. In human PCa cell lines, expression of AR-V7 mediates resistance to a new generation of AR-targeted therapies, such as enzalutamide and abiraterone [53]. In addition, Shimizu et al. recently reported that knockdown of AR-V7 in LNCaP95-DR cells did not restore sensitivity to docetaxel and cabazitaxel, suggesting that AR-V7 may be not involved in taxane resistance [54]. Thus, expression of AR-V7 has been proposed for the assessment of suitability for taxane chemotherapy [55].

With regard to the androgen sensitivity of PCa cells, our data showed the following results, in the presence or absence of fibroblasts: (1) tumor growth of E9 cells was significantly diminished after ADT compared with that in the sham group; (2) tumor growth of F10 cells was temporally reduced after ADT, but was restarted under androgen deprivation; and (3) tumor growth of AIDL cells was not decreased after ADT. These results established some important clinical concepts. For example, to treat certain PCa cells (e.g., E9 cells), fibroblast-target therapy should be avoided because of the preservation of AR signaling after ADT. Additionally, for certain PCa cells expressing AR-V7 (e.g., F10 cells), ADT may not be effective for treating CRPC. In these cells, the responsiveness to fibroblasts may not be associated with tumor growth, and the efficacy of ADT may be limited. Finally, in androgen-insensitive PCa cells (e.g., AIDL cells), ADT is completely useless because of the AR independence of PCa cells.

Identification of improved, personalized treatments will be supported by recent major progress in the molecular characterization of early- and late-stage PCa. Indeed, such advancements have already led to novel classifications of prostate tumors based on gene expression profiles and mutation status and should greatly facilitate the choice of novel targeted therapies best tailored to the needs of patients [56,57], particularly for individual subgroups of patients, representing a major step towards personalized medicine adapted to the individual needs of patients with PCa. Selecting the optimal drug or drug sequence and combination for PCa treatment will be improved by the identification of molecular biomarkers predictive of response and progression. Similar to breast cancer, subdivisions of luminal A, luminal B, and basal subtypes, which exhibit different clinical prognoses and responses to ADT, have been proposed for PCa [58]. Such a classification may greatly support treatment choices for early- and late-stage disease and ultimately improve the overall survival rates and quality of life in patients with PCa. As we learn more about the genetic heterogeneity of PCa cells and mechanisms of treatment resistance, we expect that markers for treatment choice and response will be developed and validated to better guide treatment decisions [59,60].

Using three sublines of androgen-sensitive LNCaP cells, we demonstrated that loss of fibroblast-dependent AR activation in PCa cells (e.g., F10 cells) may be responsible for the development and progression of CRPC. In the absence of androgen, the AR dependence of PCa cells interacting with fibroblasts reflected the efficacy of ADT; for example, E9 cells could be controlled by ADT. To choose appropriate patients with advanced PCa for ADT, it is necessary to evaluate the degree of AR dependence in PCa cells interacting with fibroblasts before ADT is started. Further investigations are needed to identify clear molecular markers using biopsy tissue samples or bodily fluid samples derived from patients with advanced PCa.

5. Conclusions

To prevent the development and progression of CRPC, the preservation of AR signaling after ADT is essential. In this study, we demonstrated that loss of fibroblast-dependent AR activation and expression of AR-V7 protein in PCa cells may be involved in the mechanism of acquired resistance to castration. In near future, clear molecular markers are needed to identify the degree of AR dependence in PCa cells interacting with fibroblasts before ADT is started, e.g., expression of AR-V7 proteins is one of the candidates.

Supplementary Materials: The following are available online at http://www.mdpi.com/2077-0383/8/9/1379/s1, Figure S1: Effects of ADT on histopathological characteristics of xenografts derived from co-inoculation of E9 cells with fibroblasts in vivo; Figure S2: Effects of ADT on histopathological characteristics of xenografts derived from co-inoculation of F10 cells with fibroblasts in vivo; Figure S3: Effects of ADT on histopathological characteristics of xenografts derived from co-inoculation of AIDL cells with fibroblasts in vivo; Figure S4: Expression of EGFR protein in human PCa cell lines; Figure S5: Effects of growth factors on PSA secretion from LNCaP sublines in vitro; Table S1: MVD changes in E9 tumors after ADT; Table S2: MVD changes in F10 tumors after ADT; Table S3: MVD changes in AIDL tumors after ADT.

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Article **Consecutive Prostate Cancer Specimens Revealed** Increased Aldo-Keto Reductase Family 1 Member C3 **Expression with Progression to Castration-Resistant Prostate Cancer**

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Abstract: Aldo-keto reductase family 1 member C3 (AKR1C3) is an enzyme in the steroidogenesis pathway, especially in formation of testosterone and dihydrotestosterone, and is believed to have a key role in promoting prostate cancer (PCa) progression, particularly in castration-resistant prostate cancer (CRPC). This study aims to compare the expression level of AKR1C3 between benign prostatic epithelium and cancer cells, and among hormone-naïve prostate cancer (HNPC) and CRPC from the same patients, to understand the role of AKR1C3 in PCa progression. Correlation of AKR1C3 immunohistochemical expression between benign and cancerous epithelia in 134 patient specimens was analyzed. Additionally, correlation between AKR1C3 expression and prostate-specific antigen (PSA) progression-free survival (PFS) after radical prostatectomy was analyzed. Furthermore, we evaluated the consecutive prostate samples derived from 11 patients both in the hormone-naïve and castration-resistant states. AKR1C3 immunostaining of cancer epithelium was significantly stronger than that of the benign epithelia in patients with localized HNPC (p < 0.0001). High AKR1C3 expression was an independent factor of poor PSA PFS (p = 0.032). Moreover, AKR1C3 immunostaining was significantly stronger in CRPC tissues than in HNPC tissues in the same patients (p = 0.0234). Our findings demonstrate that AKR1C3 is crucial in PCa progression.

Keywords: AKR1C3; hormone-naïve prostate cancer; castration-resistant prostate cancer; immunohistochemistry; tissue microarray

1. Introduction

Prostate cancer (PCa) is one of the most commonly diagnosed malignancies and the second leading cause of cancer deaths in the United States [1]. In Japan, the mortality rate of PCa is the sixth among those of all male malignancies, although the estimated incidence rates have slightly declined, possibly due to reduced prostate-specific antigen (PSA) screening, the same as in the United States [2]. In the early 1940s, Huggins and Hodges demonstrated growth and survival of PCa to depend on androgens [3]. Therefore, androgen deprivation therapy (ADT) has been a standard clinical procedure for the control of PCa growth, with patients mostly responsive to ADT at the beginning



of the therapy, which is also called hormone-naïve prostate cancer (HNPC); however, most of those patients relapse thereafter, developing castration-resistant prostate cancer (CRPC). ADT is required to treat advanced PCa and biochemical recurrent cases after curative radical treatment; however, despite the reduction of serum testosterone (T) to castration levels and an observed tumor response in 80%–90% of the patients, residual concentrations of intratumoral 5α -dihydrotestosterone (DHT) remain at 10%-40% of the pre-ADT levels in castration-resistant and hormone-naïve states [4,5]. The amount of residual androgens is substantial for triggering androgen receptor (AR) signaling, AR target gene expression, and cancer cell proliferation [6]. The de-novo pathway, which commences with cholesterol requiring multiple androgen synthetic enzymes, may be a result of the intratumoral androgen function; however, whether the complete repertoire of synthetic enzymes is required to generate and rogens from cholesterol remains to be fully elucidated [7,8]. Circulating adrenal and rogens, which are abundant in the form of dehydroepiandrosterone (DHEA) and with sulfated modification, dehydroepiandrosterone sulfate (DHEA-S), are other significant points of origin of the androgens. The acquired capacity of converting the adrenal androgens to more potent forms is a characteristic of CRPC. Therefore, abiraterone acetate, which is a potent CYP17A1 (17-hydroxylase/17, 20-lyase) inhibitor, is effective against CRPC, and has been recently approved for treating metastatic HNPC. Type 5 17 α -hydroxysteroid dehydrogenase, in another name, aldo-keto reductase family 1 member C3 (AKR1C3) is a crucial enzyme in the steroidogenesis pathway. It catalyzes Δ^4 -androsetene-3, 17-dione to T, DHT to 5α -androstane- 3α , 17β -diol (3α -diol), and 3α -diol to androsterone; thus, it plays an important role in the formation of T and DHT [9]. Additionally, AKR1C3 can also reduce the weak estrogen, estrone, to the potent estrogen, 17β -estradiol, which might induce local estrogen production, contributing to PCa occurrence [10,11]. Estrogen and estrogen receptor (ER) (ER alpha: $ER\alpha$ and ER beta: $ER\beta$) axes play an important role in both prostate carcinogenesis and progression to CRPC [12,13]. Although PCa co-expresses classical ERs, ER α and ER β , and also non-genomic receptor, GRP30, complex interactions between ERs and AR, and those among various ligands in PCa cells need further investigation [12,13]. Moreover, AKR1C3 is known as prostaglandin (PG) F synthase that catalyzes the conversion of PGD₂ to 11- β PGF2 α and PGF2 α prostanoids, hence contributing to proliferation and radio-resistance in PCa cells [14,15]. All these issues imply that AKR1C3 could have a potential role in PCa biology. Several studies have demonstrated that AKR1C3 expression levels are elevated in PCa cells than in benign cells; moreover, it is highly expressed in the CRPC cell lines and human CRPC tissues rather than in the hormone-naïve ones [9,16–22]. Nevertheless, most reports have focused on the PCa tissues derived from different patients and compared the expression levels in normal/benign prostate hyperplasia tissues, localized cancer, and metastatic CRPC. This study aimed to compare the expression level of AKR1C3 between normal prostatic epithelium and cancer cells in the same patients. Moreover, we evaluated AKR1C3 expression and PSA progression-free survival after radical prostatectomy. We also investigated the expression level in hormone-naïve cancer and advanced CRPC in the same patients, to better understand the role of AKR1C3 in PCa progression.

2. Materials and Methods

2.1. Human Prostate Tissue Samples

All PCa patients included in this study were Japanese patients. Tissue-microarrays (TMAs) consisted of 175 radical prostatectomy (RP) specimens of patients with hormone-naïve PCa, who received RP between December 2004 and October 2012 at Kyoto University Hospital [23]. The TMA was developed with one core from each case. This study included 134 cases, which had both cancer and non-cancer tissues in each TMA core. We defined PSA failure as two consecutive measurements of PSA levels of ≥ 0.2 ng/mL, and the date of PSA failure as the time of the first measurement of PSA level of ≥ 0.2 ng/mL. When PSA levels after surgery did not decline below 0.2 ng/mL, we defined the date of PSA failure by the time of surgery. Consecutive prostate samples derived from 11 patients, both at hormone-naïve and castration-resistant states, were evaluated.

HNPC specimens consisted of samples from needle biopsy or from transurethral resection of the prostate (TUR-P). CRPC specimens were collected from the TUR-P samples against urinary retention or gross hematuria, penectomy for pain control, and spinal laminectomy against spinal cord compression due to bone metastases.

2.2. Immunohistochemistry

Immunohistochemistry was carried out using anti-AKR1C3 antibody (at a dilution of 1:200; Abcam (ab49680, Abcam plc, Cambridge, UK)). As a positive control of anti-AKR1C3 antibody, we used surgical specimens of breast cancer (estrogen receptor (+) and progesterone receptor (+)) [24]. Immunohistostainings were performed using Ventana Discovery Ultra system (Roche diagnostics) as an automatic immunohistostaining apparatus. All specimens were evaluated by two urological pathologists (S.S. and T.Y.). AKR1C3 immunostaining of benign epithelium was relatively homogenous, whereas that of cancer epithelium was heterogeneous. Thus, the strongest immunostaining intensity of AKR1C3 was compared between benign epithelium and cancer cells at each spot. In order to compare AKR1C3 immunostaining in consecutive specimens of cancer cells in each individual, and to evaluate the correlation of AKR1C3 immunostaining of cancer cells with PSA progression-free survival (PFS) after RP, the pathologists evaluated each of the staining proportion and intensity, and the sum of these evaluation scores was considered as the total score (TS). "Proportion score (PS)" was evaluated according to the expression rate of stained tumor cells as: <1% (score 0), 1%-10% (score 1), 11%-33%(score 2), 34%–66% (score 3), and >67% (score 4). "Intensity score (IS)" was evaluated as none (score 0), weak (score 1), intermediate (score 2), and strong (score 3) in most immunostained cells. The Gleason score (GS) of hematoxylin and eosin staining was also evaluated by the urological pathologists.

2.3. Statistical Analysis

Results were analyzed with JMP13 software (SAS Institute Inc., Cary, NC, USA); *p*-values were calculated with the Kruskal–Wallis test, Pearson's chi-squared test, and Wilcoxon signed-rank test. PSA PFS was estimated by Kaplan–Meier analysis and groups compared with the log-rank test. Cox proportional hazard analysis was used to examine the factors associated with PSA PFS. A *p* value less than 0.05 was considered to be statistically significant.

3. Results

3.1. AKR1C3 Immunostaining of Cancer Epithelium Is Significantly Stronger than That of Benign Epithelia in Patients with Localized Hormone-Naïve Prostate Cancer

Clinical and pathological features are demonstrated and the results of statistical analysis of correlation between demographic features and AKR1C3 expression are presented as *p*-values in Table 1. Representative immunostaining of AKR1C3 is presented in Figure 1 (Figures S1–S4, Supplementary Materials). The distribution of AKR1C3 immunostaining scores are presented in Figure 2. AKR1C3 immunostaining was significantly stronger in cancer epithelia than in benign ones within the same spots (p < 0.0001). No correlation was observed between GS and AKR1C3 immunostaining in each spot (Table 1). These results suggested that AKR1C3 might play a role in PCa occurrence.



Figure 1. Representative immunostainings of aldo-keto reductase family 1 member C3 (AKR1C3): (a) score 0 (none staining), (b) score 1 (weak staining), (c) score 2 (intermediate staining), and (d) score 3 (strong staining).



Figure 2. Difference of AKR1C3 immunostaining score between benign and cancer epithelia in the same individuals. AKR1C3 immunostaining was significantly stronger in the cancer epithelia than in the benign ones at the same spots (p < 0.0001, Pearson's chi-squared test).

n = 134	n	p Value
Age (mean \pm SD)	65.6 ± 6.31	0.6087
PSA, ng/mL (median)	7.25 (IQR 5.40-9.88)	0.9429 †

1

77

37

12

47

38

37

9

3

0.4119 **

T2b

T2c

T3a

T3b

1 2

3

4

5

Pathological T stage

Grade group (pathological)

Table 1. Clinicopathological features of tissue-microarray (TMA) specimens with both benign epithelium and cancer cells in the same spot.

p-values indicate correlation of expression intensity with AKR1C3 total score; [†] Kruskal–Wallis test, ^{††} Pearson's chi-squared test.

3.2. AKR1C3 Immunostaining of Cancer Cells Is Statistically Associated with PSA Progression-Free Survival after Radical Prostatectomy

The distribution of TS of AKR1C3 immunostaining in cancer cells from RP specimens is listed in Table 2. RP cases were dichotomized according to the median TS of the AKR1C3 immunostainings as: AKR1C3 TS \leq 2 and AKR1C3 TS \geq 3. AKR1C3 immunostainings and PSA PFS after RP were statistically correlated, and cases with a high AKR1C3 immunostaining TS had lower PSA PFS than those with a low AKR1C3 immunostaining TS (p = 0.042) (Figure 3). In order to evaluate prognostic factors for PSA PFS after RP, cox proportional hazards regression analysis was conducted with PSA at diagnosis, Gleason grade group, and AKR1C3 expression. AKR1C3 expression was an independent risk factor of PSA failure among our cohorts (p = 0.032, hazard ratio = 2.19) (Table 3). These results showed that AKR1C3 expression of cancer cells may be a prognostic marker of patients who received RP.

AKR1C3 Immunostaining	Score	n = 134
	0	45
	2	37
	3	11
AKR1C3 total score	4	19
	5	14
	6	4
	7	4
AKR1C3 total score (median)	2 (1	QR 0-4)
		-negative
	AKR1C3 total score AKR1C3 total score (median)	AKRIC3 Immunostaining Score 0 2 3 3 AKRIC3 total score 4 5 6 7 AKRIC3 total score (median) 2 (1) 1.0 0.8 0.6 0.4 0.2 0.4 0.2 0.0 0.00 1500 2000 2500 3000 3500

Table 2. AKR1C3) total score distribution of TMA specimens.

Number at risk										
Post-operative day	0	500	1000	1500	2000	2500	3000	3500	4000	4500
AKR1C3 negative (TS \leq 2)	82	69	65	63	57	42	37	24	10	0
AKR1C3 positive (TS \geq 3)	52	48	44	36	27	12	9	5	2	0

Figure 3. Kaplan–Meier survival curves revealed that the AKR1C3 positive group (TS \ge 3) had a significantly lower PSA PFS rate than the negative group (TS \le 2) (p = 0.042, log-rank test).

Table 3.	Cox proportional	hazard regi	ression ana	lysis of	prostate-specific	: antigen	progression	free
survival	(PSA PFS) and clin	ical and pat	hological v	ariables				

Variables		PSA PFS R	ate
	HR	95% CI	<i>p</i> Value ⁺⁺⁺
PSA level before RP	1.12	1.05-1.18	0.0003
Grade group	1.66	1.16-2.36	0.0053
AKR1C3 (TS)	2.19	1.07 - 4.55	0.032

HR: hazard ratio, CI: confidence interval, and ⁺⁺⁺ Wald test.

3.3. AKR1C3 Immunostaining Is Significantly Stronger in CRPC Tissues rather than in Hormone-Naïve Ones in the Same Cases

We obtained HNPC and CRPC tissues from the same patients in 11 cases; clinical and pathological characteristics are presented in Table 4. CRPC tissues revealed significantly stronger AKR1C3 immunostaining than hormone-naïve tissues in the same cases (p = 0.0234, Wilcoxon signed-rank test; Table 4). Interestingly, the longitudinal specimens at hormone-naïve, hormone-sensitive, and castration-resistant states were evaluated in one patient. Immunostainings of AKR1C3 are presented in Figure 4; AKR1C3 was gradually up-regulated with disease progression. These results implied that up-regulation of AKR1C3 might be required for the progression to CRPC in some cases, and it could be a therapeutic target for this complicated disease.

Table 4	I. Clinicopathc	ological features ar	nd results of AKR10	C3 immunosta	ining total scc	ore in 11 case	s, including both he	ormone-naïve and castration-	-resistant spec	imens.
Case	Age at Diagnosis	Clinical Stage at Diagnosis	Gleason Score at Diagnosis	Excised CRPC	Age at Excision	PSA at Excision	Days from Diagnosis to	Treatment until Excision of CRPC Specimens	AKR1C3 Imn Total	nunostaining Score
	0	0	0	Organ			Castration		at HNPC	at CRPC
Case 1	57	cT3bN1M0	3 + 3	Prostate	62	25	786	CAB + DOC	9	7
Case 2	73	cT3bN0M0	3 + 4	Prostate	84	ß	2860	CAB	4	7
Case 3	60	cT3aN0M1c	4 + 4	Prostate	65	392	603	CAB + DOC	4	4
Case 4	62	cT3aN0M0	4 + 4	Penis	82	16.1	1051	CAB	2	4
Case 5	68	cT3aN0M1c	4 + 4	Thoracic vertebra	75	39.21	702	CAB + DOC + Abi	0	a
Case 6	20	cT3aN0M0	4 + 3	Prostate	78	408.2	2112	CAB	9	6
Case 7	76	cT4N1M1b	4 + 5	Prostate	85	14.07	2320	CAB + Enz	4	7
Case 8	78	cT4N1M1b	5 + 4	Thoracic vertebra	62	7.58	321	CAB	7	7
Case 9	69	cT4N0M0	4 + 5	Prostate	71	46.74	567	CAB	2	7
Case 10	80	cT3bN1M0	4 + 5	Prostate	82	6.21	544	CAB	1	1
Case 11	69	cT4N0M1b	4 + 5	Prostate	70	127	318	CAB + Enz	9	5
			CAB: combined and:	rogen blockade	, DOC: docetax	el, Abi: abirat	erone, and Enz: enza	lutamide.		

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Figure 4. (**a**–**c**) AKR1C3 immunostaining of HNPC, Hormone-sensitive prostate cancer (HSPC), and CRPC specimens in the same case (case 9). CAB (leuprolide acetate + bicalutamide) was initiated for case 9 after diagnosis (Figure 3a): (**a**) HNPC (biopsy) specimens at diagnosis, PSA: 29.9 ng/mL (normal reference range 0-4.0 ng/mL), AKR1C3: Proportion score (PS), 1; Intensity score (IS), 1; Total score (TS), 2; (**b**) HSPC specimens on day 45 after commencing CAB, PSA: 2.89 ng/mL, AKR1C3: PS, 2; IS, 2; TS, 4; (**c**) CRPC specimens, PSA: 46.74 ng/mL, AKR1C3: PS, 4; IS, 3; TS 7. After CAB initiation, transurethral lithotomy (TUL) and TUR-P were performed due to repeated urinary retention resulting from bladder stone (Figure 4b). After 1.5 years of bicalutamide, 2 months of flutamide, and 3 months of ethinylestradiol, together with continuous luteinizing hormone-releasing hormone (LHRH) agonist administration, TUR-P was performed due to urinary retention caused by enlargement of the local tumor (Figure 4c). The immunostaining results suggested increased expression of AKR1C3 in PCa tissues with disease progression.

4. Discussion

Based on our immunohistochemical analysis of human prostate tissues, we confirmed that AKR1C3 might be crucial in PCa occurrence and progression. In particular, this is the first study to report that AKR1C3 immunostaining increases along the treatment course, that is, AKR1C3 expression elevates from the hormone-naïve status to the CRPC stage in the same patient. Moreover, our study is unique in showing that the PSA PFS rate of patients with high AKR1C3 expression in cancer cells derived from RP specimens was lower than that with low AKR1C3 expression. The majority of our CRPC cases received LHRH analog collectively with bicalutamide as a primary hormonal therapy. Nevertheless, we could not evaluate the correlation of pharmacological treatment with AKR1C3 immunostaining, since CRPC specimens were mostly obtained just during the time of transition to CRPC, before administration of docetaxel or androgen receptor-axis-targeted agents (ARATs), including enzalutamide and abiraterone. To the best of our knowledge, there is no report of AKR1C3 expression after ARAT treatment; however, AKR1C3 activation, both in vitro and in vivo, using PCa cell lines, has been shown as a factor of resistance against ARATs [25,26].

Lin et al. was the first to report a high-titer isoform-specific monoclonal antibody for AKR1C3 and demonstrated AKR1C3 expression in stromal cells, though only faintly in epithelial cells in normal prostate; however, in PCa cells, elevated expression was observed by immunostaining [23]. The same group also reported AKR1C3 to be positive in immunostaining, in 9 out of 11 PCa cases, and showed variation from strong to negative immunostaining within the same tumors, as in our study [26]. They also found no correlation in staining patterns between AR and AKR1C3 expression, consistent with our study (data not shown) [27]. Tian et al. examined the primary PCa biopsy specimens and showed that AKR1C3 expression by immunostaining gradually increases with an elevated GS in PCa epithelium [16]. In our cases, there was no correlation between GS and AKR1C3 immunostaining, which is incompatible with Tian's results. This might be because our cases underwent RP and most of them had GSs of less than 8, while in Tian's report, half of the PCa cases had GSs of 8 or higher. Stanbrough et al. revealed that AKR1C3 expression, as per immunohistochemistry, showed negative-to-heterogeneously weak staining in most primary PCa, but intermediate-to-strong AKR1C3 staining in CRPC specimens, which is in agreement with our results [22]. AKR1C3 expression analysis of cancer cells derived from RP showed immunostaining to be correlated with PSA PFS after RP. The result is reproducible even if we adopt IS of AKR1C3 as a representative of its expression (data not shown). In our knowledge, this is the first report of correlation of AKR1C3 expression with PSA PFS after RP. Additionally, AKR1C3 expression was an independent factor of poor PSA PFS when we analyzed the prognostic factors by multivariate analysis including the initial PSA level and Gleason grade group, which were previously considered to be significant predictors of recurrence-free survival after RP [28]. In future, we should analyze AKR1C3 expression and survival after RP in a much larger cohort to understand its role in clinical practice.

AKR1C3 is a multifunctional steroid-metabolizing enzyme that catalyzes androgen, estrogen, progesterone, and PG metabolism [29]. It reduces DHT to form 3α -diol, which is a neurosteroid that acts as a positive allosteric modulator of the gamma-aminobutyric acid type A receptor (GABA_AR) [30]. The 3α -diol stimulates AR-negative PCa cells through GABA_AR. Further, it up-regulates the epidermal growth factor (EGF) family members in AR-negative PCa cells and stimulates EGF receptor and Src. These results together suggest that AKR1C3 modulates intraprostatic neurosteroid that, in turn, activates AR-negative PCa progression. AKR1C3 is known to regulate its expression by ERG via direct binding to *AKR1C3* gene [31]. Furthermore, ERG and AKR1C3 expression in human metastatic PCa tissues was revealed to positively correlate with each other by immunohistochemistry. AKR1C3 is known to regulate the stability of ubiquitin ligase Siah2, and thus enhance the Siah2-dependent regulation of AR activity via non-catalytic function [21]. Wang et al. reported that AKR1C3 could drive epithelial-mesenchymal transition (EMT) by activating the ERK signaling pathways and up-regulating transcription factors such as ZEB1, TWIST1, and SLUG, thereby facilitating PCa metastasis [19]. Therefore, AKR1C3 might be crucial in PCa progression.

There are several limitations in our study. The samples analyzed were relatively small, in particular, in consecutive PCa with CRPC progression. We were unaware of the role of AKR1C3 overexpression, in particular, in progression to CRPC, since we did not analyze the tissue concentrations of T and other androgens. Moreover, we did not know how AKR1C3 overexpression correlated in response to new ARATs, namely enzalutamide and abiraterone. Only three cases received ARATs before CRPC tissue extraction. Case 5 received abiraterone 3 months before laminectomy, case 7 was administered enzalutamide 8 months before TUR-P, and case 11 acquired enzalutamide 10 days before TUR-P.

In conclusion, expression of multifunctional AKR1C3, which is known to be the most up-regulated steroidogenic enzyme in patients with CRPC, might increase with the occurrence and longitudinal progression of the tumor in certain cases [17,32]. Targeting AKR1C3 might overcome the complicated disease, CRPC, and also control resistance against ARATs. We plan to further reveal the functions of AKR1C3 in PCa progression and discover potent and specific drugs to inhibit AKR1C3 function.

Supplementary Materials: The supplementary materials are available online at http://www.mdpi.com/2077-0383/ 8/5/601/s1.

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Abbreviations

AKR1C3	Aldo-Keto Reductase Family 1 Member C3
PCa	prostate cancer
CRPC	castration-resistant prostate cancer
HNPC	hormone-naïve prostate cancer
ADT	androgen deprivation therapy
Т	testosterone
DHT	5α-dihydrotestosterone
AR	androgen receptor
DHEA	dehydroepiandrosterone
ER	estrogen receptor
PG	prostaglandin
TMA	tissue-microarray
RP	radical prostatectomy
TUR-P	transurethral resection of the prostate
PFS	progression-free survival
TS	total score
IS	intensity score
PS	proportion score
GS	Gleason score
CAB	combined androgen blockade
DOC	docetaxel
Abi	abiraterone
Enz	enzalutamide
LHRH	luteinizing hormone-releasing hormone
ARATs	androgen receptor-axis-targeted agents
GABAAR	gamma-aminobutyric acid type A receptor

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Higher Serum Testosterone Levels Associated with Favorable Prognosis in Enzalutamide- and Abiraterone-Treated Castration-Resistant Prostate Cancer

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Abstract: Testosterone plays a significant role in maintaining the tumor microenvironment. The role of the target serum testosterone (TST) level in enzalutamide- (Enza) and abiraterone (Abi)-treated castration-resistant prostate cancer (CRPC) patients was studied. In total, 107 patients treated with Enza and/or Abi at Chiba University Hospital and affiliated hospitals were studied. The relationships between progression-free survival (PFS), overall survival (OS), and clinical factors were studied by Cox proportional hazard and Kaplan–Meier models. In the Abi and Enza groups overall, TST \geq 13 ng/dL (median) (Hazard Ratio (HR) 0.43, *p* = 0.0032) remained an independent prognostic factor for PFS. In the Enza group, TST \geq 13 ng/dL (median) was found to be a significant prognostic factor (HR 0.28, *p* = 0.0044), while, in the Abi group, TST \geq 12 ng/dL (median) was not significant (HR 0.40, *p* = 0.0891). TST showed significant correlation with PFS periods (*r* = 0. 32, *p* = 0.0067), whereas, for OS, TST \geq 13 ng/dL (median) showed no significant difference in the Abi and Enza groups overall. According to Kaplan–Meier analysis, a longer PFS at first-line therapy showed a favorable prognosis in the Enza group (*p* = 0.0429), while no difference was observed in the Abi group (*p* = 0.6051). The TST level and PFS of first-line therapy may be considered when determining the treatment strategy for CRPC patients.

Keywords: abiraterone; enzalutamide; prostate cancer; androgen deprivation therapy; testosterone; castration resistant prostate cancer

1. Introduction

Prostate cancer is one of the most commonly diagnosed cancers in men [1]. Since the historical discovery of Dr. Huggins, androgen deprivation therapy (ADT) has been the mainstay of the therapy for locally advanced or metastatic prostate cancer [2]. According to the current guidelines, the target serum testosterone (TST) level during androgen deprivation therapy for prostate cancer was defined as <50 ng/dL [3]. However, we have recently reported the clinical significance of serum TST levels <20 ng/dL in prostate cancer patients who received combined androgen blockade (CAB) therapy in Japanese patients [4]. Despite an early response to ADT, the majority of patients with advanced disease progress and become refractory to ADT because of the emergence of castration-resistant prostate cancer (CRPC) cells. Although a number of mechanisms have been proposed, the androgen receptor (AR) plays a central role in the development of CRPC [5–7]. Evidence also indicate that estrogen receptor (ER) drives prostate growth [8,9]. Since the AR and ER axes play a major role in the development of CRPC, it is a classical treatment strategy to block either of the pathways. However, after a certain interval, the tumor relapses by acquiring treatment resistance. Thus, the establishment of the optimal treatment sequence in CRPC is the primary concern.

Some predictors were reported to be related to the response to enzalutamide (Enza) and abiraterone (Abi), such as the presence of AR splicing variants, early prostate-specific antigen (PSA) response, neutrophil-to-lymphocyte ratio (NLR), the presence of visceral metastases, and so on [10]. However, no definitive guideline to help determine which of the two drugs should be used has yet been established. Furthermore, a significant survival benefit was clinically identified in patients with high-volume castration-sensitive prostate cancer (CSPC) treated with ADT in combination with docetaxel in the CHAARTED and STAMPEDE trials [11–14], while the LATTITUDE and STAMPEDE trials indicated a significant survival advantage in patients with high-volume CSPC treated with ADT plus abiraterone [15,16]. The sequences of AR-targeted drugs and chemotherapeutic agents remain controversial. Therefore, it is of primary importance to establish useful prognostic factors to guide treatment strategies for individual CRPC patients.

Although a series of studies indicated the clinical significance of TST level and response to ADT, limited evidence exists related to TST and response to novel AR-targeted drugs. Classically, low TST related to favorable prognosis in patients received vintage ADT [3,4]. However, a recent study indicated a clinical advantage of high TST in patients who received Abi [17]. Furthermore, the prognostic significance of TST in patients who received Enza remains to be investigated.

Here, we studied the association between TST level and response to novel AR-targeted drugs. The present findings may thus help to determine the optimal treatment strategies for CRPC patients.

2. Materials and Methods

2.1. Patient Selection and Clinical Variables

A total of 107 patients treated with Enza and/or Abi for prostate cancer at Chiba University Hospital and affiliated hospitals between 2014 and 2017 were retrospectively analyzed.

The TST was defined as the total TST. The prognostic values of the were level and other clinical factors were evaluated in association with PSA levels and progression-free survival (PFS). Patients treated with radiation as first-line therapy or radical prostatectomy, having a history of radiation to the pelvis, systemic chemotherapy, and use of 5 alpha-reductase inhibitors was not included.

Age, body mass index (BMI), first-line PFS (PFS of patients treated with first-line ADT with LH-RH analogue/antagonist and bicalutamide), site of metastasis, Gleason score, PSA at baseline, TST, nadir TST, and time-to-nadir TST were included as clinical factors. The Architect Testosterone II[®] device (Abbot Diagnostics, Lake Forest, IL, USA) was used to determine TST levels.

2.2. Definition of PSA Progression

PSA failure was defined according to the definition of The Prostate Cancer Clinical Trials Working Group 2 (PCWG2): a rising PSA, >2 ng/mL higher than the nadir; the rise has to be at least 25% over the nadir and has to be confirmed by a second PSA determination at least three weeks later. Also, the patient is required to have castrated levels of testosterone (<50 ng/dL).

2.3. Definition of High-Volume Tumor

A high-volume was defined as the presence of visceral metastases or \geq 4 bone lesions with \geq 1 beyond the vertebral bodies and pelvis, on the basis of a previous report [11].

2.4. Institutional Approval

This study was approved by the Institutional Review Board of Chiba University Hospital (approval number 2279).

2.5. Statistical Analysis

Univariate and multivariate Cox proportional models and the Kaplan–Meier method were used for statistical analyses. Factors with p < 0.05 in univariate analysis were included in multivariate analysis when assessing Cox proportional models. Welch's *t*-test, Fisher test, and Wilcoxon's signed rank test were used to assess the associations of TST and other clinical variables. Statistical computations were carried out using the JMP 13.0.0 software program (SAS Institute, Cary, NC, USA). Significance was set at p < 0.05.

3. Results

The study population included 107 patients, of whom 89 were treated with Enza, and 46 were treated with Abi. Twenty-eight patients received sequential therapy with the novel AR-targeted drugs. The median follow-up time was 68.3 months from first-line ADT. The patients' characteristics are shown in Table 1. The patients' median age was 73.0 years. The median PSA levels were 30.1 ng/mL for Enza and 41.1 ng/dL for Abi. The rates of lymph node, lung, liver, and bone metastases were 31.78%, 8.41%, 5.61%, and 83.18%, respectively. The rates of previous steroid use and estramustine use in Enza and Abi were 40.19% and 46.73%, respectively. The median TST at the initiation of Enza was 13 ng/dL, and that of Abi was 12 ng/dL. Further information is shown in Table 1.

	0	
	Value	Range/%
Enza as initial therapy	82	
Abi as initial therapy	25	Total 107
Enza as second-line therapy	7	
Abi as second-line therapy	21	Total 28
Median age	73.0	54-88
Median BMI (kg/m ²)	23.4	16.09-34.06
Median TST at biopsy (ng/dL)	457.5	228-847
Median PSA at biopsy (ng/mL)	79.5	3.43-15332
Median PSA at Enza/Abi/total (ng/mL)	30.1/41.1/34.1	0.59-5942.62/3.52-13296/0.59-13296
Median TST at Enza/Abi/total (ng/dL)	13/12/13	2-92/3-31/2-92
Median previous treatment course number	3	1 to 5
Median EOD score 0/1/2/3/4	2	7/23/18/28/15
Median follow-up period (month)	68.3	11.81-241.60
Median Enza/Abi PFS period (month)	3.9/2.1	0-16.50/0-13.37
Median first-line PFS (month)	15.9	0.50-171.40

Table 1. Patient's backgrounds.

	Value	Range/%	
Gleason Score sum (N)			
≤6	4	4.17%	
7	15	15.63%	
8	25	26.04%	
≥ 9	52	54.17%	
Bone mets	89	83.18%	
Lymph mets	34	31.78%	
Lung mets	9	8.41%	
Liver mets	6	5.61%	
No mets	12	11.21%	
Patients who died	23	21.50%	
Pre-/post-docetaxel	43/64	40.19/59.81%	
Steroid use	43	40.19%	
Estramustine use	50	46.73%	
Enzalutamide dose	160 mg/80 mg	84/5	
Abiraterone dose	1000 mg/750 mg	45/1	
	8,8		

Table 1. Cont.

Enza: enzalutamide; Abi: abiraterone; BMI: body mass index; PFS: progression-free survival; Mets: metastasis; PSA: prostate-specific antigen; TST: target serum testosterone; EOD: extent of disease.

Table 2 shows the results of the univariate and multivariate analyses of the prognostic factors of PFS in Enza and Abi overall. By univariate analysis, first-line PFS \geq 15.4 months (Hazard Ratio (HR) 0.60, p = 0.0309), previous docetaxel (HR 2.44, p = <.0001), high volume (HR 1.73, p = 0.0198), C-reactive protein (CRP) \geq 0.15 mg/dL (HR 1.87, p = 0.0173), extent of disease (EOD) score (HR 2.79, p = 0.0004), PSA \geq 34.1 ng/mL (HR 1.73, p = 0.0143), TST \geq 13 ng/dL (HR 0.26, p = <.0001), steroid use (HR 2.24, p = 0.0003), and estramustine use (HR 1.69, p = 0.0179) were found to be significant prognostic factors. By multivariate analysis, only TST \geq 13 ng/dL (HR 0.31, p = 0.0365) remained as an independent prognostic factor.

Table 2. Predictive factors of PFS in enzalutamide- and abiraterone- treated patients.

	Univariate Analysis				Μ	ultivariate An	alysis
	Cut off	HR	COI	Р	HR	COI	Р
Age	72	0.75	0.48-1.16	0.1932			
GS	9	0.93	0.59 - 1.48	0.7654			
First-line PFS (m)	15.4	0.60	0.37-0.95	0.0309	0.85	0.215-3.25	0.8126
Previous docetaxel	+/-	2.44	1.575-3.81	< 0.0001	1.50	0.43-5.36	0.5222
Liver mets	+/-	1.69	0.70-3.46	0.2186			
Visceral mets	+/-	1.51	0.83-2.58	0.1682			
Lymph mets	0	1.67	1.07-2.63	0.0249	2.32	0.71-7.90	0.1607
High volume	+/-	1.73	1.09 - 2.83	0.0198	2.47	0.45 - 13.74	0.2927
EOD score	2	2.79	1.52 - 5.47	0.0004	2.79	0.65 - 14.57	0.1721
ALP (ng/dL)	254	1.20	0.78 - 1.86	0.4057			
ICTP (ng/mL)	6.6	1.40	0.71 - 2.78	0.3307			
Hb (g/dL)	11.9	0.65	0.42 - 1.01	0.0538			
LDH (mg/dL)	212	0.98	0.64 - 1.52	0.9446			
Alb (g/dL)	3.9	0.85	0.54 - 1.35	0.5001			
CRP (mg/dL)	0.15	1.87	1.11-3.30	0.0173	0.67	0.17-3.10	0.5871
NLR (ng/dL)	2.6	1.13	0.66 - 1.94	0.6593			
PSA (ng/mL)	34.1	1.73	1.12-2.71	0.0143	1.24	0.44-3.66	0.6899
TST (ng/dL)	13	0.26	0.13-0.51	< 0.0001	0.31	0.10-0.93	0.0365 *
Steroid use	+/-	2.24	1.44-3.54	0.0003	1.10	0.40 - 2.95	0.8484
Estramustine use	+/-	1.69	1.09-2.65	0.0179	1.41	0.46-4.39	0.5442

Pre-treatment course: previous treatment course; GS: Gleason Score; ALP: alkaline phosphatase; ICTP: I collagen telopeptide; Hb: hemoglobin; LDH: Lactate dehydrogenase; Alb: albumin; CRP: C-reactive protein; NLR: Neutrophil/Lymphocyte ratio; PSA: prostate-specific antigen; * Statistical significance p < 0.05.

The prognostic value of TST was also confirmed in each Enza and Abi group.

As shown in Supplementary Table S1, TST \geq 13 ng/dL (median) was a significant factor in univariate (HR 0.28, *p* = 0.0044) and multivariate analysis (HR0.08, *p* = 0.0032) in Enza-treated patients. However, as shown in Supplementary Table S2, TST \geq 12 ng/dL (median) was not significant in univariate analysis (HR0.40, *p* = 0.0891) in Abi-treated patients.

Furthermore, the effect of te TST on the response to Enza and Abi was studied by the Kaplan–Meier model. As shown in Figure 1, higher TST levels (\geq 13 ng/dL) were related to significantly better PFS in Enza and Abi groups overall (p < 0.0001) and in Enza-treated patients (p = 0.0032) (Figure 1a,b), while higher TST levels (\geq 12 ng/dL) showed no prognostic difference in Abi-treated patients (p = 0.0881) (Figure 1c).



Figure 1. Progression-free survival according to TST levels. (a) Progression-free survival according to TST level <13 ng/dL or \geq 13 ng/dL as the cut-off values in enzalutamide- and abiraterone-treated patients. (b) Progression-free survival according to TST level <13 ng/dL or \geq 13 ng/dL as the cut-off values in enzalutamide-treated patients. (c) Progression-free survival according to TST level <12 ng/dL or \geq 12 ng/dL as the cut-off values in abiraterone-treated patients. (d) Overall survival according to TST level <13 ng/dL or \geq 13 ng/dL as the cut-off values in enzalutamide-treated patients. (d) Overall survival according to TST level <13 ng/dL or \geq 13 ng/dL as the cut-off values in enzalutamide- and abiraterone-treated patients.

When the PFS periods were stratified by the TST level (8 to 20 ng/dL), higher TST levels were related to longer PFS in Enza and Abi groups, with a correlation coefficient of 0.32 (p = 0.0067) (Figure 2a,b).

To study the patients' characteristics, two groups (TST <13 ng/dL and TST \ge 13 ng/dL) were compared with respect to various clinical factors. A level of TST \ge 13 ng/dL was related to higher alkaline phosphatase (ALP) levels (p = 0.0158) (Table 3).



Figure 2. Progression-free survival based on the serum TST cut off level. (**a**) Progression-free survival according to TST level <8 ng/dL, \geq 8 ng/dL, \geq 13 ng/dL, or \geq 20 ng/dL as the cut-off values in enzalutamide- and abiraterone-treated patients. (**b**) Correlation of serum TST level and progression-free survival in enzalutamide- and abiraterone-treated patients. The red circle indicates 95% of data used for the correlation analysis, to avoid errors.

Table 3. Compar	rison of clinical	factors in patien	ts with TST <	13 ng/dL and	$TST \ge 13 \text{ ng}$	/dl
				1.17		

	TST < 13	$TST \ge 13$	D V-1
	Median (Average)	Median (Average)	<i>P</i> -value
Age	71.50(68.74)	70.00(70.88)	0.2298 +
1st-line PFS (month)	29.40(36.33)	14.63(32.755)	0.3576 ++
Pre-docetaxel	42.11%(16/38)	23.53%(8/34)	0.1336 +++
GS≥9	41.94%(13/31)	50%(16/30)	0.6159 +++
Lymph mets	54.29%(19/35)	38.24%(13/34)	0.2301 +++
Bone mets	92.11%(35/38)	88.24%(30/34)	0.7002 +++
Liver mets	5.56%(2/36)	14.71%(5/34)	0.2533 +++
Visceral mets	8.33%(3/36)	23.53%(8/34)	0.1062 +++
High volume	65.71%(23/35)	50.00%(17/34)	0.2270 +++
EOD score	2(2.24)	2(1.97)	0.3965 †
BSI	0.48(2.16)	0.59(2.33)	0.9342 ++
ALP (ng/dL)	209(647.87)	263.50(603.50)	0.0158 *,††
PSA (ng/mL)	33.34(710.73)	39.66(110.72)	0.8391 ++
CRP (mg/dL)	0.42(1.09)	0.50(1.53)	0.7866 ++
PSA at biopsy (ng/mL)	58.57(473.01)	72.95(563.79)	0.3903 ++
TST at biopsy (ng/dL)	4.42(4.22)	3.41(3.32)	0.1544 †
TST nadir at 1st line (ng/dL)	9(38.69)	12(13.23)	0.8974 ++

BSI: bone scan index; * Statistical significancer p < 0.05; † welch, †† wilcoxon, ††† fisher.

Table 4 shows the results of the univariate and multivariate analyses of the prognostic factors of overall survival (OS) in Enza and Abi groups overall. By multivariate analysis, previous docetaxel (HR 3.04, p = 0.0038), visceral mets (HR 7.88, p = 0.0139), ALP (HR 2.51, p = 0.0090) and lactate dehydrogenase (LDH) (HR 2.95, p = 0.0033) remained as independent prognostic factors. On the other hand, TST was not a significant factor neither in univariate analysis (HR 0.99, p = 0.8750) (Table 4), nor in Kaplan–Meier analysis (p = 0.8748) (Figure 1d). When patients who received initial AR-targeted therapy were selected, TST (HR 0.39, p = 0.0086) and CRP (HR 2.03, p = 0.0487) remained significant predictive factor for PFS in multivariate analysis (Supplementary Table S3), while, for OS, no factor remained significant in multivariate analysis (Supplementary Table S4).

	Univariate Analysis				Μ	ultivariate An	alysis
	Cut off	HR	COI	Р	HR	COI	Р
Age	72	0.94	0.54-1.66	0.8371			
GŠ	9	0.81	0.45 - 1.46	0.4801			
First-line PFS (m)	15	0.70	0.36-1.23	0.2134			
Previous docetaxel	+/-	2.38	1.35-4.31	0.0025	3.04	1.41 - 7.175	0.0038 *
Liver mets	+/-	4.35	1.87-8.92	0.0014	0.35	0.07 - 1.905	0.2079
EOD score	2	2.87	1.305-7.56	0.0069	1.64	0.56 - 5.58	0.3778
Visceral mets	+/-	2.90	1.45 - 5.40	0.0038	7.88	1.62-29.52	0.0139 *
Lymph mets	+/-	2.13	1.21-3.80	0.0091	1.60	0.77-3.29	0.2041
High volume	+/-	2.65	1.38-5.63	0.0028	1.60	0.64 - 4.50	0.3266
ALP (ng/dL)	254	3.04	1.71-5.66	0.0001	2.51	1.25-5.265	0.0090 *
ICTP (ng/mL)	6.6	2.26	1.87-6.51	0.0941			
Hb (g/dL)	11.9	0.49	0.27 - 0.85	0.0109	0.87	0.39-1.86	0.7144
LDH (mg/dL)	212	1.92	1.10-3.43	0.0210	2.95	1.43-6.40	0.0033 *
Alb (g/dL)	3.9	0.61	0.33-1.10	0.0990			
CRP (mg/dL)	0.15	1.93	0.97 - 4.28	0.0607			
NLR (ng/dL)	2.6	1.93	0.93 - 4.18	0.0790			
PSA (ng/mL)	34.1	3.11	1.72-5.97	0.0001	1.76	0.88-3.69	0.1101
TST (ng/dL)	13	0.99	0.44 - 2.55	0.8750			
Steroid use	+/-	1.11	0.64 - 1.95	0.7011			
Estramustine use	+/-	0.95	0.55 - 1.66	0.8567			

Table 4. Predictive factors of overall survival (OS) in enzalutamide- and abiraterone-treated patients.

* Statistical significance p < 0.05.

Next, the effects of the first-line therapy on the responses to Enza and Abi were evaluated. As shown in Figure 3a, first-line PFS (median ≥ 15.4 months) was related to a favorable response (p = 0.0273) for Enza and Abi overall (Figure 3a). However, the first-line PFS did not affect PFS in Abi-treated patients (median ≥ 12.6 months) (p = 0.6105), while they significantly affected PFS in Enza-treated patients (median ≥ 17.9 months) (p = 0.0429) (Figure 3b,c). Since the median first-line PFS in the Abi group was around 12 months, the patients were divided on the basis of the first-line PFS of 12.0 months for Enza. It was evident that a long first-line PFS (≥ 12.0 months) was related to significantly longer PFS in the Enza group (p = 0.0046) (Figure 3d).

The results of the sequential use of Enza and Abi were also examined. Although it was not significant, the subsequent usage of novel AR-targeted drugs reduced the PSA response rate in patients treated with both drug (Supplementary Table S5). Regarding PFS, a reduction in the response period was more evident in patients receiving Abi after Enza (first Abi 15.7 weeks vs. Enza before Abi 9.93 weeks) than in patients administered Enza after Abi (1st Enza 12 weeks vs Abi before Enza 11.1 weeks).



Figure 3. Cont.



Figure 3. Progression-free survival according to the progression-free survival of first-line therapy. (a) Progression-free survival according to a median progression-free survival of first-line therapy <15.4 months or \geq 15.4 months as the cut-off values in enzalutamide- and abiraterone-treated patients. (m, months). (b) Progression-free survival according to the progression-free survival of first-line therapy <12.0 months or \geq 12.0 months as the cut-off values in enzalutamide-treated patients. (c) Progression-free survival according to a median progression-free survival of first-line therapy <17.9 months or \geq 17.9 months as the cut-off values in enzalutamide-treated patients. (d) Progression-free survival according to a median progression-free survival of first-line therapy <12.6 months as the cut-off values in abiraterone-treated patients.

4. Discussion

The current data indicate that a higher TST level at the stage of CRPC predicted a favorable response to Enza. When patients treated with Enza and Abi were combined, serum TST levels remained as independent prognostic factors for PFS. Moreover, the characteristics of the prognostic factors showed distinct differences between Enza and Abi. The response to Enza was more closely related to the response to first-line therapy, while the response to Abi was rather more independent from the response to first-line therapy. On the basis of the current data, TST level and the PFS of first-line therapy may be considered when choosing the treatment strategy for CRPC patients.

The reason why a higher TST level was associated with a favorable response to Enza and Abi may be related to the AR dependency of prostate cancer. When comparing clinical factors between higher and lower TST groups, higher TST was related to a relatively higher initial PSA (low TST 58.57 ng/mL vs high TST 81.65 ng/mL), although it was not significant. Since the expression of PSA is mediated by the transcriptional activity of nuclear AR, a higher initial PSA value may represent a higher basal AR activity inside the tumor microenvironment [18]. As both Enza and Abi work through AR, the higher AR dependency of the tumor may predict a higher response to AR-targeted drugs.

Another reason may be that a TST level of 13 ng/dL itself represents the remaining potential to target the AR-related pathway. The clinical significance of lowering the TST level below 50 ng/dL has been described in several reports [4,19]. Our group and others have previously reported that patients who achieved nadir TST < 20 ng/dL survived longer than those who did not [4,20–22]. Klotz et al. reported that patients with first-year nadir testosterone consistently >20 ng/dL had significantly higher risks of dying of prostate cancer [21]. These data indicated the clinical significance of lowering TST to <20 ng/dL in the tumor microenvironment [4]. However, these data were obtained when Enza and Abi were not on the market or were had a very limited use.

On the contrary, our data indicate that higher serum TST > 13 ng/dL represented the longer PFS for Enza and Abi groups, which is a novelty. The current cut-off value of serum TST of 13 ng/dL may represent the remaining AR dependency of the tumor that can only be blocked by treating with novel AR-targeted therapy. If tumor relapse occurs with a TST level >13 ng/dL, then this tumor may contain more AR-dependent cells, compared to tumors with a relapse occurring with TST < 13 ng/dL. Thus,

even with a TST of 20 ng/dL, intensive blockade of the AR pathway through novel AR-targeted drugs would be effective, especially among patients with a higher TST level.

The clinical advantage of high TST was also reported by Ryan et al. [17]. Although the TST cut-off value was even lower (>8.6 ng/dL) compared to that in the present study, these authors found a higher TST to be related to a better response to Abi. On the other hand, in our study, a clinical advantage of high TST was not found for Abi-treated patients but was found for Enza-treated patients.

Interestingly enough, the higher TST group (TST \geq 13 ng/dL) showed a relatively higher ALP, initial PSA, and PSA at the start of treatment with a similar rate of the high-volume tumor. The rate of visceral metastases was relatively higher in the TST \geq 13 ng/dL group. Since the rate of visceral metastases was low (10–26%), it will be necessary to objectively assess the clinical significance of visceral metastases in a large number of patients. However, the present data may indicate that the response to novel AR-targeted drugs may not be related to a high or low tumor burden but may rather depend on the AR dependency of the tumor.

The current data indicate that the first-line PFS (12 months) predicted a favorable response to Enza (p = 0.0046), while the first-line PFS showed no association with the response to Abi (p = 0.6051). These data are in line with the findings of a previous report. Loriot et al. reported that the first-line ADT period predicted the response to novel AR-targeted drugs, mainly Enza [23]. Bellmunt et al. reported that the response to Abi was not related to the first-line ADT period [24]. The reason for this difference is not clear. However, one of the reasons may be that Enza shares a common mechanism with bicalutamide as an AR antagonist. Enza blocks AR with over a 30-fold higher affinity compared to bicalutamide [25]. The majority of the patients received CAB with bicalutamide and LH-RH agonist/antagonist as first-line ADT. Therefore, the patients who responded well to bicalutamide may also represent the patients who respond well to a potent AR antagonist, namely Enza. On the other hand, Abi works through Cyp17 inhibition, so the mechanism is distinct from that of bicalutamide and Enza. This mechanistic difference between Abi and Enza may represent the difference in response to the first-line therapy between Enza and Abi.

The present study provides several important findings. (1) Higher TST (\geq 13 ng/dL) at the initiation of drug administration was associated with a favorable response to novel AR-targeted drugs, especially Enza; (2) The response to Enza was affected by the PFS of the first-line ADT, while the response to Abi was not affected by the PFS of the first-line ADT.

There are several limitations associated with this study. First, the sample size was rather small, which limits the reliability of the analysis, especially when assessing Abi and Enza independently. Second, because of the limited follow-up periods and limited outcomes regarding OS, the assessment of prognostic factors was mainly based on PFS. Third, because of the limited number of patients, the analysis was not divided in pre- or post-chemo settings. Although TST levels remain as predictors even among the factors that included the previous usage of chemotherapy, the response rate may also be affected by the previous usage of chemotherapy. Fourth, because of the prior introduction of Enza in the Japanese healthcare system, the majority of patients in the Enza group (92%) received the drug as a first-line novel AR-targeted drug, while half of the patients (54%) received Abi as a first-line AR-targeted drug. The different results observed for Enza and Abi, including association with TST levels, may possibly be affected by the background of the patients who received the drugs. We are currently performing a prospective study to re-assess the role of TST in the initial usage of Enza and Abi. The effects of the differences in the clinical features of the patients that induced the treatment choice in the current manuscript will be answered in the near future.

5. Conclusions

A higher TST level (\geq 13 ng/dL) was associated with a favorable prognosis in Enza- and/or Abi-treated patients. A TST level of 13 ng/dL may predict a favorable response to novel AR-targeted drugs in CRPC patients. J. Clin. Med. 2019, 8, 489

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Author Contributions: S.S. designed the study, collected the data, and completed the manuscript. M.X. and M.M. performed the statistical analysis. H.A.U. supervised the statistical analysis. S.K., Y.Y., H.K., H.M. (Hiroaki Matsumoto), N.T., K.H., M.N., H.N., H.M. (Hideyasu Matsuyama) collected the data. A.K., K.A., T.I. supervised the manuscript. All authors have read and approved the final version of the manuscript and agree with the order of presentation of the authors.

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Abbreviations

PSA	prostate-specific antigen
CRPC	castration-resistant prostate cancer
TST	testosterone
AR	androgen receptor
LH-RH	luteinizing hormone-releasing hormone
ALP	alkaline phosphatase
OS	overall survival
PFS	progression free survival
ADT	androgen deprivation therapy

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NCL1, A Highly Selective Lysine-Specific Demethylase 1 Inhibitor, Suppresses Castration-Resistant Prostate Cancer Growth via Regulation of Apoptosis and Autophagy

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Abstract: Recent studies have shown that epigenetic alterations lead to oncogenic activation, thus indicating that these are therapeutic targets. Herein, we analyzed the efficacy and therapeutic potential of our developed histone lysine demethylase 1 (LSD1) inhibitor, NCL1, in castration-resistant prostate cancer (CRPC). The CRPC cell lines 22Rv1, PC3, and PCai1CS were treated with NCL1, and LSD1 expression and cell viability were assessed. The epigenetic effects and mechanisms of NCL1 were also evaluated. CRPC cells showed strong LSD1 expression, and cell viability was decreased by NCL1 in a dose-dependent manner. Chromatin immunoprecipitation analysis indicated that NCL1 induced histone H3 lysine 9 dimethylation accumulation at promoters of P21. As shown by Western blot and flow cytometry analyses, NCL1 also dose-dependently induced caspase-dependent apoptosis. The stimulation of autophagy was observed in NCL1-treated 22Rv1 cells by transmission electron microscopy and LysoTracker analysis. Furthermore, WST-8 assay revealed that the anti-tumor effect of NCL1 was reinforced when autophagy was inhibited by chloroquine in 22Rv1 cells. Combination index analysis revealed that a concurrent use of these drugs had a synergistic effect. In ex vivo analysis, castrated nude mice were injected subcutaneously with PCai1 cells and intraperitoneally with NCL1. Tumor volume was found to be reduced with no adverse effects in NCL1-treated mice compared with controls. Finally, immunohistochemical analysis using consecutive human specimens in pre- and post-androgen deprivation therapy demonstrated that LSD1 expression levels in CRPC, including neuroendocrine differentiation cases, were very high, and identical to levels observed in previously examined prostate biopsy specimens. NCL1 effectively suppressed prostate cancer growth in vitro and ex vivo without adverse events via the regulation of apoptosis and autophagy, suggesting that NCL1 is a potential therapeutic agent for CRPC.

Keywords: LSD1; epigenetics; castration-resistant prostate cancer; autophagy

1. Introduction

Prostate cancer is one of the most frequently diagnosed cancers in Western countries. In advanced prostate cancer, androgen deprivation therapy (ADT) has remained a first-line therapy for decades [1]. After showing an initial response, most patients develop progressive disease, referred to as castration-resistant prostate cancer (CRPC). Intriguingly, CRPC is not androgen independent and several new drugs designed to further suppress the androgen receptor (AR) pathway have led to improved survival, including abiraterone acetate and enzalutamide [2–5]. The human AR gene encodes for a protein with an atomic mass of 110 kDa that consists of an N-terminal domain, a DNA-binding domain, and a ligand-binding domain. AR controls the growth of the prostate gland, and much evidence from preclinical and clinical studies has shown that multiple androgen/AR signaling pathways implicated throughout the various stages of prostate cancer [6]. In addition, recent reports have described the potential therapeutic implications of estrogen and related receptors in prostate cancer [7,8]. However, not all patients respond equally to these newer AR-targeting drugs. Approximately 20–40% of patients with CRPC have a poor clinical response to such agents, and nearly all patients who initially respond acquire secondary resistance. Prospective trials are ongoing to develop the best biomarker strategy for identifying patients resistant to these drugs.

Prostate cancer progresses in a multistep process in response to changes in genetic mechanisms. However, in addition to genetic mutations, epigenetic alterations have also been identified as activating oncogenes and causing a loss of function of tumor suppressor genes [9,10]. Methylation is a form of post-translational covalent modification of histones that epigenetically regulates specific gene expression patterns. Lysine-specific demethylase 1 (LSD1), a member of the flavin adenine dinucleotide dependent enzyme family, behaves like a histone demethylase. LSD1 acts by removing one or two methyl (but not three) groups from lysine residues 4 or 9 in histone H3 (H3K4 and H3K9, respectively) [11].

Growing evidence indicates that LSD1 is critical for human tumorigenesis, and its expression is increased in several malignancies, including prostate, breast, lung, ovarian, and colon cancers [12–16]. Therefore, the inhibition of LSD1 holds promise as a novel anticancer strategy. We have previously developed a novel and selective LSD1 inhibitor called NCL1 (*N*-[(1S)-3-[3-(trans-2-aminocyclopropyl) phenoxy]-1-(benzylcarbamoyl)propyl] benzamide) after using a combination of in vitro screening and protein structure similarity clustering [17]. In addition, we have reported that NCL1 impairs LSD1 demethylase activity and inhibits cell proliferation in castration-naïve prostate cancer [16].

In this study, we examined the LSD1 status in CRPC cell lines and human specimens including aggressive neuroendocrine differentiated (NED) phenotypes. In addition, we tested the therapeutic significance of NCL1 in CRPC cells in vitro and in an ex vivo subcutaneous model. Furthermore, we investigated the pharmacological mechanism of NCL1 using chromatin immunoprecipitation (ChIP), flow cytometry, and Western blot analyses. To our knowledge, we are the first laboratory to describe the inhibition of LSD1-induced cell death in CRPC through the regulation of autophagy by NCL1.

2. Results

2.1. LSD1 Is Highly Expressed in CRPC

To determine the status of LSD1 in human prostate cancer, the expression of LSD1 and Nkx3.1, a sensitive specific marker of differentiated adenocarcinoma originating from the prostate [18], was examined in human prostate biopsy specimens by immunohistochemistry and the staining intensity scored. We found that LSD1 expression levels in CRPC were very high, as previously found in prostate biopsy specimens obtained from patients (Figure 1A–F,K). Interestingly, neuroendocrine-differentiated tumors after androgen deprivation therapy, which had no expression of Nkx3.1, had high levels of LSD1 expression (Figure 1G–J).



Figure 1. (A–F) Hematoxylin and eosin (HE) staining (A), and immunohistochemistry for Nkx3.1, a sensitive specific marker of differentiated adenocarcinoma originating from the prostate (B), and histone lysine demethylase 1 (LSD1) (C) of castration-naïve prostate cancer (castration-naïve PC) specimens obtained by prostate biopsy for an initial diagnosis in patients. HE staining (D), and immunohistochemistry for Nkx3.1 (E), and LSD1 (F) of castration-resistant prostate cancer (CRPC) specimens obtained by prostate biopsy after the acquisition of castration resistance and treatment with androgen deprivation therapy. Nuclei were counterstained with hematoxylin. Scale bar is 50 µm. (G–J) HE staining (G), and immunohistochemistry for Nkx3.1 (H), LSD1 (I), and synaptophysin (J) in prostate biopsy specimens obtained after the acquisition of castration resistance and neuroendocrine differentiation after treatment with androgen deprivation therapy. Scale bar is 50 µm. (K) A graphical comparison of intensity levels of LSD1 expression between castration-naïve PC and CRPC biopsy samples. n.s.: not significant.

2.2. LSD1 Expression in Prostate Cancer Cell Lines and Suppression of Prostate Cancer Cell Proliferation by NCL1

First, to determine whether LSD1 inhibition influences specific gene methylation status, 22Rv1 cultured prostate cancer cells treated with NCL1 were subjected to chromatin immunoprecipitation (ChIP) assay. As a result, and consistent with our previous report, NCL1 specifically impaired the demethylation of histone H3 lysine 4 (H3K4me2) at the containing promoter lesion of P21 genes (Figure 2A), reflecting the increased level of fold enrichment compared with the IgG control in ChIP assay, and increased levels of P21 protein expression in Western blot analysis, compared to the control. Next, we examined the status of LSD1 in CRPC cell lines, and found by Western blot analysis that LSD1 protein was highly expressed (Figure 2B). The proliferation of prostate cancer cells was significantly decreased by NCL1 treatment in a dose-dependent manner in the cancer cell lines tested, as determined by cell proliferation assay (Figure 2C). These findings suggest that NCL1 attenuated CRPC cell proliferation by demethylating H3K4me2 via LSD1 inhibition.



Figure 2. (A) Chromatin immunoprecipitation (ChIP) analysis in 22Rv1 cells using a histone H3 lysine 4 dimethylation (H3K4me2) antibody showed that NCL1 induced the attenuation of demethylation of H3K4me2 in the promoter regions of P21. Western blot analysis of P21 in 22Rv1 cells is shown. The protein expression of P21 was increased, reflecting the results of the ChIP analysis. β -actin was used as an internal loading control. (B) Western blot analysis of PCai1CS, 22Rv1, and PC3 cells for LSD1. All castration-resistant prostate cancer (CRPC) cell lines expressed LSD1. β-actin was used as an internal loading control. (C) PCai1CS and 22Rv1 cells were treated with vehicle (control) or NCL1, and subjected to WST-8 assay to measure cell proliferation. NCL1 treatment reduced the cell viability of the two CRPC cell lines in a dose-dependent manner. (D) Western blot analyses 48 h after NCL1 treatment of 22Rv1, PCai1CS, and PC3 cells. The cell cycle-related protein expression of cyclin B1, cyclin D1, CDK2, CDK4, and p27KIP were unchanged. Treatment with NCL1 resulted in a marked elevation in cleaved caspase 3 without any change in caspase 3. In addition, protein expression of microtubule-associated protein light chain 3 (LC3)-II was elevated in NCL1-treated CRPC cells. β-actin was used as an internal loading control. (E) Guava® apoptosis analysis of PC3 and 22Rv1 cells. NCL1, the autophagy inhibitor chloroquine (CQ), and a combination of these drugs induced apoptosis in CRPC cells. Mean \pm standard deviation (SD); * *p* < 0.05, ** *p* < 0.001, *** *p* < 0.0001.

2.3. NCL1 Inhibits CRPC Cell Growth by Apoptotic Mechanisms

To determine how NCL1 induced growth inhibition, proteins involved in the cell cycle and apoptosis were examined in NCL1-treated CRPC cell lines. Reflecting the inhibition of LSD1, the expression of P21 was enhanced (Figure 2A). Cleaved caspase 3 was markedly elevated after treatment with NCL1 but caspase 3 expression remained unchanged. However, examination of cell cycle-related proteins showed that cyclin B1, cyclin D1, cyclin-dependent kinase (CDK)2, CDK4, and p27^{KIP} expression were not changed by NCL1 treatment (Figure 2D). Therefore, analyses by Guava[®] ViaCount assay were performed. As a result, we found that NCL1 treatment of PC3 and 22Rv1 cells led to a significant induction of apoptosis (Figure 2E). These results suggested that selective attenuation of LSD1 using NCL1 inhibits cell proliferation by caspase-dependent apoptosis.

2.4. NCL1 Potentially Regulates Autophagy to Induce Cell Death in 22Rv1 Cells

The conversion of microtubule-associated protein light chain 3 (LC3)-I to LC3-II and the formation of LC3 puncta were used to determine whether NCL1 treatment induced autophagy in CRPC cells. We found that NCL1 induced an increase of LC3-II protein levels in 22Rv1, PCai1CS, and PC3 cells as determined by Western blotting (Figure 2D). Therefore, to confirm the contribution of NCL1 to autophagy, we then raised the pH of the lumen of lysosomes and/or autolysosomes to inhibit autophagic flux using chloroquine (CQ), thereby preventing autophagic degradation. Flow cytometry revealed that a combination of NCL1 and CQ increased apoptotic cell numbers (Figure 2E). In addition, it was revealed by LysoTracker analysis that NCL1 treatment led to a further accumulation of activated lysosomes (Figure 3B), and the addition of CQ caused an attenuation of the phenomenon (Figure 3D). By WST-8 cell counting assay, CQ alone was shown to have an effect on 22Rv1 cell viability, while CQ enhanced the inhibition of cell growth by NCL1 (Figure 3E). Furthermore, combination index analysis revealed that the force of combination was shown to be synergistic (Figure 3F). NCL1 treatment for 3 h led to the formation of autophagosomes, as shown in Figure 3G. The cytoplasm also showed an increase in structures (shown in the 72 h figure) from 24 h to 72 h; the results obtained with LysoTracker suggest that these structures were lysosomes. CQ treatment led to the inhibition of the degradation of structures incorporated into phagosomes. Using a combined treatment, these findings revealed colocalization (Figure 3G). These results suggest that NCL1 may induce CRPC cell death by regulating autophagy potential in addition to regulating an apoptotic anticancer pathway.

2.5. Ex Vivo Regulation of Tumorigenesis by NCL1

We examined the expression level of LSD1 after castration in a PCai1 subcutaneous tumor model. We found a high level of LSD1 expression that remained unchanged 1 week after castration (Figure 4D,E), and continued at this level for 8 weeks. We next assessed the role of NCL1 in tumor progression ex vivo. After PCai1 cells were injected subcutaneously into castrated nude mice, animals were subsequently treated with vehicle control or 1.0 mg/kg of NCL1. The NCL1-treated group showed a significant inhibition of tumor size compared to vehicle controls (Figure 4A). The size of other organs and body weights were not affected by NCL1 treatment, and differences in the relative weights of organs and blood parameters between the two groups were not found (Tables 1 and 2). Vacuolization was found to be increased in the groups treated with NCL1 compared with the vehicle control group (Figure 4F,G). Mechanisms involved in the inhibition of tumor growth by NCL1 in an animal model were examined using terminal deoxy nucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) assays. Increased numbers of TUNEL-positive cells, and therefore apoptosis, were noted after treatment with NCL1 compared with vehicle (Figure 4B,H,I). In addition, we undertook immunohistochemical staining of CD31 to examine tumor vascularity. NCL1-treated tumors were found to have significantly decreased numbers of CD-31 positive blood vessels (Figure 4C, J, K). These results suggest that NCL1 regulates apoptosis to induce cell death and decrease tumor vascularity, both in vitro and ex vivo.



Figure 3. (**A**–**D**) Detection of the activation of lysosomes using LysoTracker analysis in 22Rv1 cells. Cells were treated with vehicle control (**A**), 50 μ M NCL1 (**B**), 50 μ M chloroquine (CQ) (**C**), or with 50 μ M NCL1 and 50 μ M CQ (**D**). Blue: nuclei, red: lysosomes. (**E**) 22Rv1 cells were treated with 50 μ M NCL1 and /or 50 μ M CQ. A WST-8 assay, in which the dye absorption rate positively correlated with cell viability, revealed that a combination of NCL1 and CQ decreased cell growth. (**F**) A combination index was calculated from the results of the WST-8 assay in Figure 3E. The combination of NCL1 and CQ showed a synergistic effect. (**G**) Cells were treated with 50 μ M NCL1 for 3 h, 12 h, and 72 h. Three hours after NCL1 treatment, the formation of autophagosomes was noted by transmission electron microscopy (TEM). The cytoplasm also showed increased numbers of structures (visible in the 72 h figure) from 24 h to 72 h. Scale bar is 20 μ m.



Figure 4. (A) Tumor growth was significantly inhibited in mice treated with 1.0 mg/kg NCL1 as compared to vehicle controls. (B) A terminal deoxy nucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) assay was performed in NCL1-treated and control mice, and quantified as the mean TUNEL labeling percentage based on at least five randomly selected high-power microscope fields per individual. (C) Immunohistochemistry for CD31. Positivity was quantified as the mean number of vessels/mm² based on at least five randomly selected high-power microscopic fields per individual. (D,E) Representative immunohistochemistry of LSD1 in a subcutaneous PCai1 tumor. Uncastrated tumor (D), and 1 week after castration (E). Scale bar is 50 μ m. (F,G) Hematoxylin and eosin (HE) staining in subcutaneous tumors from vehicle control (F) and 1.0 mg/kg NCL1-treated (G) mice. Vacuolation (black arrowheads) was increased in the NCL1-treated group compared with controls. Scale bar is 50 μ m. (H,I) TUNEL staining for apoptosis in subcutaneous tumors from vehicle control (H) and 1.0 mg/kg NCL1-treated (I) mice. White arrowheads indicate TUNEL-positive cells. Scale bar is 50 μ m. (J,K) Representative immunohistochemical images of CD31 in subcutaneous tumors from control (J) and 1.0 mg/kg NCL1-treated (K) mice. Black arrowheads indicate CD31-positive cells. Scale bar is 50 μ m. Mean \pm standard deviation (SD); * p < 0.05.

Table 1. Relative organ weights at the experiment's termination in a PCai1 mouse tumor model. BW: body weight; R: right; L: left.

	No. of Mice	BW (g)	Liver (%)	R-Kidney (%)	L-Kidney (%)
Control NCL1 1.0 mg/kg	11 10	$23.4 \pm 1.3 \\ 23.5 \pm 1.5$	$5.14 \pm 0.22 \\ 5.30 \pm 0.26$	$\begin{array}{c} 0.78 \pm 0.02 \\ 0.81 \pm 0.03 \end{array}$	$\begin{array}{c} 0.80 \pm 0.05 \\ 0.82 \pm 0.04 \end{array}$

	Control	NCL1 1.0 mg/kg
AST	56.2 ± 10.3	55.9 ± 10.6
ALT	28.2 ± 6.3	27.1 ± 3.6
ALP	240.7 ± 20.6	250.2 ± 30.9
T-Bil	0.04 ± 0.01	0.04 ± 0.01
T-Chol	83.5 ± 8.3	85.1 ± 8.3
Crea	0.09 ± 0.01	0.10 ± 0.01
BUN	23.4 ± 3.2	23.5 ± 2.7
Na	146.3 ± 3.8	146.8 ± 2.7
Κ	6.7 ± 1.0	5.9 ± 0.7
Cl	110.4 ± 6.5	109.7 ± 5.3
Ca	8.5 ± 0.2	8.4 ± 0.3

Table 2. Blood results at the experiment's termination in a PCai1mouse tumor model. AST: aspartate aminotransferase; ALT: alanine aminotransferase; ALP: alkaline phosphatase; T-Bil: total bilirubin; T-Chol: total cholesterol; Crea: creatinine; BUN: blood urea nitrogen; Na: sodium; K: potassium; Cl: chloride; Ca: calcium. Mean ± standard deviation (SD).

3. Discussion

In the present study, we examined whether CRPC proliferation is repressed by LSD1 and targeted this molecule using a specific inhibitor, NCL1. The inhibition of LSD1 by NCL1 led to an increase in H3K4me2 modifications in the promoter region (Figure 2A) and induced increases in P21 protein expression (Figure 2A). NCL1 significantly inhibited growth in vitro (Figure 2C) as well as tumor growth ex vivo at low concentration levels (Figure 4A). In addition, adverse events were not noted in the general condition of the mice and in their blood analyses (Table 1-2). These results demonstrated the safety and efficacy of NCL1 in CRPC, highlighting its potential as a new treatment for this disease. We are the first to demonstrate the therapeutic potential of NCL1 ex vivo using a CRPC animal model.

Currently, CRPC patients are treated by ADT, including AR- and non-AR-targeting drugs [19]. However, the selection of more appropriate treatment and the sequencing of these drugs is increasingly being investigated. Above all, NED phenotypes have been identified in about 50% of cases of CRPC, which express NED markers such as synaptophysin and chromogranin [20]. The presence of NED markers has been shown to indicate a poorer prognosis when treated with AR-targeting drugs, including enzalutamide [21,22]. In previous reports, including our previous article, the overexpression of LSD1 in prostate cancer was shown to be a predictive marker for aggressive tumor biology and tumor recurrence during therapy [16,23,24]. However, reports describing changes in LSD1 expression using consecutive pre- and post-ADT specimens do not exist. Our immunohistochemical analyses demonstrated that the overexpression of LSD1 in aggressive cancer was maintained in castration-resistant cancer cells (Figure 1A-F). In addition, although only in one case, the overexpression of LSD1 was maintained after changes to an NED tumor (Figure 1G-J). Furthermore, using a PCai1 ex vivo model, a high level of LSD1 expression was maintained from 1 week after castration (Figure 4D,E), and cell growth of castration-resistant PCai1 cells was effectively suppressed by NCL1 both in vitro and ex vivo. Therefore, NCL1 may have therapeutic potential for CRPC, including NED phenotypes, from an early phase after the acquisition of castration resistance. Further studies are needed to clearly test its in vivo potential in combination with ADT, as well as with AR-targeting drugs.

We observed high protein expression of LSD1 in CRPC cells (Figure 2B), and the inhibition of LSD1 activity using NCL1 to reduce cell proliferation in vitro (Figure 2C). In addition, the common mechanism of cell death induced both in vitro and ex vivo by NCL1 was revealed to be caspase-dependent apoptosis (Figure 2D,E and Figure 4A,B,H,I). Apoptosis is an active cell suicide process that maintains cellular homeostasis; however, cancer cells can override apoptotic cell death by upregulating anti-apoptotic machinery and/or downregulating pro-apoptotic programs [25,26]. It is generally accepted that autophagy can function as an adaptive response to maintain cell survival and

growth [27,28]. A recent report reveals that the mammalian target of rapamycin (mTOR) inhibition protects cancer cells from apoptosis during nutrient limitation [29]. Several studies have established that autophagy is associated with drug resistance in prostate cancer cells to ADT and inhibitors of PI3K/Akt/mTOR signaling [30–32]. In a previous study, we reported that LSD1 inhibition stimulated autophagy in castration-naïve prostate cancer [16]. Therefore, to confirm this phenomenon in CRPC, we examined drug-induced autophagy in 22Rv1 cells by detecting LC3-II expression, as well as LysoTracker analysis, a non-specific autophagic marker, using TEM and Western blotting. We showed that NCL1 induced autophagy in 22Rv1, PC3, and PCai1CS cells in a concentration-dependent manner (Figure 2D). WST-8 assay revealed that the anti-tumor effect of NCL1 was reinforced when autophagy was inhibited by CQ in 22Rv1 cells. In addition, combination index analysis revealed that a combination of these drugs showed a synergistic effect (Figure 3F). These results suggest that the stimulation of autophagy in CRPC protects cells against anti-tumor agents through LSD1. Also, when treated in combination with drugs that regulate autophagy, NCL1 may be more effective in the suppression of CRPC growth.

LSD1 plays a key role in many physiological functions. Previous studies have described how LSD1 inhibition reduces cell growth by affecting the expression of several genes involved in proliferation and the cell cycle [33–37]. Previous reports described that estrogen-induced demethylation of H3K9me2 by LSD1 caused reactive oxygen species-induced DNA damage and subsequently caused apoptosis via the regulation of phosphorylation with DNA damage repair enzymes in hormone-responsive cells [38,39]. In addition, a recent report described how a combination of LSD1 knockdown and cisplatin effectively suppressed the proliferation of PC3 cells, and that vascular endothelial growth factor, one of the most important promoters of angiogenesis, was downregulated by LSD1 siRNA treatment [40]. Our results suggest a similar mechanism. The inhibitory mechanisms of cancer growth by NCL1 appeared to be related not only to direct effects on cell proliferation but also to effects on angiogenesis, as shown by a reduction in CD 31-positive vessels ex vivo (Figure 4C,J,K). Recently, an abnormal mRNA splice variant of the androgen receptor, called AR-V7 [41,42], was shown to convey resistance to ADT [43,44]. In addition, in patients with metastatic CRPC, the presence of detectable AR-V7 transcripts in circulating tumor cells has been associated with a high positive predictive value for a non-response to AR-targeting agents, including enzalutamide, in several studies [45,46]. Prospective trials are ongoing to develop the best biomarker strategy for identifying treatment-resistant patients. Interestingly, in 2018, Regufe da Mota et al. [47] reported that LSD1 inhibition caused attenuation of the expression of not only wild-type AR, but also AR-V7. Further prospective trials using biomarkers to help select patients are warranted to evaluate the benefits of a strategic sequence of several drugs, including NCL1, for patients with CRPC.

4. Conclusions

In summary, NCL1 suppressed CRPC growth in vitro and ex vivo, showing strong efficacy without adverse events by regulating autophagy and apoptosis. Further, the strong expression of LSD1 was noted in human CRPC cells including those with NED phenotypes. These findings highlight how NCL1 may be considered a novel potential therapeutic agent for CRPC.

5. Materials and Methods

5.1. Human Castration-Naïve and Castration-Resistant Prostate Cancer Specimens

We obtained five castration-naïve prostate cancer specimens from five patients by needle biopsy. In addition, consecutive castration-resistant prostate cancer specimens after treatment were obtained by surgery or biopsy from the same patients from which previous biopsy specimens had been collected at Nagoya City University and affiliated hospitals between 2010 and 2016. All specimens were obtained after patients had provided written informed consent for the use of their tissues, according to an

Institutional Review Board approved protocol with approval number 1168. All cases were evaluated by a panel of experienced pathologists.

5.2. Chemicals

NCL1 was synthesized as previously described [17].

5.3. Prostate Cancer Cell Lines

The human prostate cancer cell lines PC3 and 22Rv1 were obtained from the American Type Culture Collection (Rockville, MD, USA); these cells plus a castration-resistant rat prostate cancer cell line, PCai1, were cultured as previously described [46,47]. The cell lines used included PC3, which is human CRPC cell line without AR expression; 22Rv1, which is human CRPC cell line with AR expression; and PCai1CS, which is established from CRPC originating from a transgenic rat model as previously described [48,49]. They were cultured in media with 10% charcoal-stripped serum, and then treated with dimethyl sulfoxide (DMSO) as a vehicle that was equal in concentration to that used for 1–100 μ M NCL1 for 72 h. Finally, its effect on cell proliferation determined. To assess the effects of autophagy on cell proliferation, PC3 and 22Rv1 cells were treated with 50 μ M NCL1 and/or 50 μ M chloroquine (CQ) for 24 h, an inhibitor of autophagy. All experiments were performed in triplicate.

5.4. Cell Proliferation Assay

A WST-8 Cell Counting Kit (Wako, Osaka, Japan) was used to assess the proliferation of cells grown in 96-well microplates. Prostate cancer cells were seeded in DMEM medium containing 10% fetal bovine serum (FBS) in 96-well plates (5×10^3 cells/well), and a WST-8 assay was performed as previously described [16].

5.5. Analysis of the Cytotoxic Effect of NCL1 in Combination with Chloroquine

The effect of a drug combination was calculated according to the median effect principle. First, we constructed dose-response curves for the cytotoxic effects of NCL1 and chloroquine, both alone and in combination, in 22Rv1 cells using a WST-8 assay. The data were used to determine the 'combination index' (CI), using the equation: CI = (D)1/(Dx)1 + (D)2/(Dx)2, where (D)1 and (D)2 are the combinations doses that kill x% of cells, and (Dx)1 and (Dx)2 are the doses of each drug alone that kill x% of cells. If CI < 1, then synergism is indicated as previously described [50,51].

5.6. ChIP Assay

22Rv1 cells were incubated in the presence or absence of 50 μ M NCL1 as indicated. Formaldehyde (1%) was used to cross-link cells, and the chromatin was collected and subjected to immunoprecipitation using an H3K4-me2 antibody (Cell Signaling Technology, Beverly, MA, USA). As a negative control, isotype-specific IgG was used. Extracted DNA was dissolved in TE buffer, and real-time PCR using specific primers (F-GGGGCGGTTGTATATCAGG, R-GGCTCCACAAGGAACTGACT) was used to confirm the methylation status of the promoter regions of P21 (CDKN1A).

5.7. Western Blot Analysis

Cells were lysed in SDS buffer, and 10 µL of protein lysate sample was dissolved in 12% polyacrylamide gels and transferred onto Hybond ECL membranes (GE Healthcare, Piscataway, NJ, USA). Antibodies against P21^{WAF1} (Cell Signaling), cyclin B1 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), cyclin D1 (Santa Cruz), CDK2 (Santa Cruz), CDK4 (Santa Cruz), caspase 3 (Cell Signaling), cleaved caspase 3 (Cell Signaling), and LC3-II (Abcam, Cambridge, UK) were used to assess protein expression levels. A monoclonal anti-beta-actin antibody (Sigma, St. Louis, MO, USA) was used to evaluate beta actin expression as a protein loading control.

5.8. Flow Cytometry Analysis

PC3 and 22Rv1 cells (1 \times 10⁵ per line) were treated with 50 μ M NCL1 for 48 h, with or without 50 μ M CQ, and cell suspensions were then prepared and stained with Guava[®] ViaCount reagent and propidium iodide according to a Guava[®] Assay protocol (Guava Technologies, Hayward, CA, USA). CytoSoft Software was used to analyze apoptosis and cell cycle phase distributions on a Guava[®] PCA Instrument.

5.9. Lysosome Localization and Activity Using LysoTracker[®] and LysoSensor™ Dyes

22Rv1 cells (3 × 10⁴) were seeded in 8-well chamber slides with RPMI medium and 5% FBS. Cells were incubated for 48 h and treated with 50 μ M NCL1 or 50 μ M CQ, or a combination of 50 μ M NCL1 and 50 μ M CQ. Control cells were treated with the same amount of solvent (DMSO and distilled water). We removed the medium from the dish after 48 h of treatment, and add the prewarmed (37 °C) probe-containing medium. The cells were then incubated for 60 minutes. Lastly, we replaced the loading solution with fresh medium and observed the cells using an IN Cell Analyzer 6000 (GE Healthcare, Chicago, IL, USA).

5.10. Transmission Electron Microscopy (TEM)

22Rv1 cells were seeded in 6-well plates (1×10^5 cells/well) in DMEM containing 10% FBS. After an overnight incubation, cells were treated with or without 50 µM NCL1, and with or without 50 µM CQ for 3 or 72 h. Glutaraldehyde (2.5%) was used to pre-fix cells in 0.1 M phosphate buffer (pH 7.4) at 4 °C. Specimens were then post-fixed in 1% osmium tetroxide in 0.1 M phosphate buffer (pH 7.4) for 45 min. A graded series of ethanol was used to dehydrate specimens, which were subsequently embedded in epoxy resin. An Ultracut-S ultramicrotome (LEICA, Wetzlar, Germany) and a diamond knife were used to cut ultra-thin sections, which were then stained with 2% uranyl acetate in distilled water for 15 min and a lead staining solution for 5 min. A JEM-1011J (JEOL, Tokyo, Japan) electron microscope at 80 KV was used to observe sections.

5.11. Ex Vivo Studies Using a Subcutaneous Castration-Resistant PCai1 Model

Six-week-old male KSN/nu-nu nude mice from Nippon SLC (Hamamatsu, Japan) were maintained as previously described [48,49]. PCai1 cells cultured in T-75 flasks were grown to confluence, trypsinized, and counted. PCai1 cells $(1 \times 10^6 \text{ in } 100 \ \mu\text{L}$ serum-free DMEM) were subcutaneously injected into the dorsal side of each mouse under isoflurane anesthesia. After 1, 3, and 4 weeks, mice (n = 5) were castrated, while other mice (n = 5) were left uncastrated as negative controls. Five weeks after implantation, all mice were sacrificed, and the LSD1 expression of PCai1 tumors was analyzed. For the next experiment, all nude mice were castrated, and 1×10^6 PCai1 cells resuspended in 100 μ L serum-free DMEM were subcutaneously implanted as described above. Ten days later, an intraperitoneal injection of DMSO as a vehicle that was equal in concentration to that used for 1.0 mg/kg NCL1 (n = 10), or 1.0 mg/kg (n = 10) NCL1 was performed twice per week. Tumor size (determined by caliper measurement) and body weight were measured twice per week. Mice were sacrificed 5 weeks after the implantation of cells.

All animal experiments were performed according to protocols approved by the Institutional Animal Care and Use Committee of Nagoya City University Graduate School of Medical Sciences; the approval number was H24M-58.

5.12. Immunohistochemical Analysis

Deparaffinized tissue arrays were incubated with anti-LSD1 (1:200; Cell Signaling), anti-Nkx3.1 (1:400; Cell Signaling), or anti-synaptophysin (1:100; Cell Signaling). Deparaffinized animal tissues were incubated with anti-CD31 (1:100; Santa Cruz). Antibody binding was visualized by a conventional

immunostaining method, as described previously [48,49], using an autoimmunostaining apparatus (HX System, Ventana, Tucson, AZ, USA).

LSD1 expression was evaluated using intensity scores for normal prostate glands and carcinoma cores from patients. For LSD1 immunoreactivity in nuclei, raw nuclear intensity data for tumor cells in prostate cancer cores and luminal cells in normal prostate glands were measured using a BZ-9000 multifunctional microscope and analysis software (Keyence Japan, Osaka, Japan). For each patient, evaluations were repeated five times and an average intensity score was calculated for each core.

5.13. TUNEL Assay

A TUNEL assay using an in situ Apoptosis Detection Kit from Takara (Otsu, Japan) was used according to the manufacturer's protocol to determine apoptotic cells in deparaffinized tissues. The relative ratio of TUNEL-positive cells was determined using five random microscopic fields for each group.

5.14. Statistical Analysis

Student's *t*, ANOVA, or Kruskal–Wallis tests were used to assess the association between variables. A value of p < 0.05 was considered statistically significant.

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Progression-Related Loss of Stromal Caveolin 1 Levels Mediates Radiation Resistance in Prostate Carcinoma via the Apoptosis Inhibitor TRIAP1

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Abstract: Tumour resistance to chemo- and radiotherapy, as well as molecularly targeted therapies, limits the effectiveness of current cancer treatments. We previously reported that the radiation response of human prostate tumours is critically regulated by CAV1 expression in stromal fibroblasts and that loss of stromal CAV1 expression in advanced tumour stages may contribute to tumour radiotherapy resistance. Here we investigated whether fibroblast secreted anti-apoptotic proteins could induce radiation resistance of prostate cancer cells in a CAV1-dependent manner and identified TRIAP1 (TP53 Regulated Inhibitor of Apoptosis 1) as a resistance-promoting CAV1-dependent factor. TRIAP1 expression and secretion was significantly higher in CAV1-deficient fibroblasts and secreted TRIAP1 was able to induce radiation resistance of PC3 and LNCaP prostate cancer cells in vitro, as well as of PC3 prostate xenografts derived from co-implantation of PC3 cells with TRIAP1-expressing fibroblasts in vivo. Immunohistochemical analyses of irradiated PC3 xenograft tumours, as well as of human prostate tissue specimen, confirmed that the characteristic alterations in stromal-epithelial CAV1 expression were accompanied by increased TRIAP1 levels after radiation in xenograft tumours and within advanced prostate cancer tissues, potentially mediating resistance to radiation treatment. In conclusion, we have determined the role of CAV1 alterations potentially induced by the CAV1-deficient, and more reactive, stroma in radio sensitivity of prostate carcinoma at a molecular level. We suggest that blocking TRIAP1 activity and thus avoiding drug resistance may offer a promising drug development strategy for inhibiting resistance-promoting CAV1-dependent signals.

Keywords: Caveolin-1; TP53-regulated inhibitor of apoptosis 1; tumour stroma; tumour microenvironment; fibroblast; CAF; resistance; prostate cancer; radiotherapy

1. Introduction

Cancer therapeutic resistance occurs through many different mechanisms, including specific genetic and epigenetic changes in the cancer cell itself and/or the respective microenvironment.

The tumour stroma is now recognized as a key player in cancer cell invasiveness, progression and therapy resistance [1–3]. Activated fibroblasts (cancer associated fibroblasts, CAF) are capable of preventing cancer cell apoptosis and induce proliferation, as well as invasion, of surrounding cancer cells via direct stroma-tumour interactions by secreting extracellular matrix components, growth factors and matrix metalloproteinases, among others [4]. Although the exact mechanisms of fibroblast activation remain elusive, the activation or repression of specific genes or proteins within stromal cells has also been correlated with clinical outcome. Within that scenario, the membrane protein Caveolin-1 (CAV1) came into focus as it is highly expressed in many tumours and high CAV1 levels in tumour cells, as well as the downregulation of stromal CAV1, were shown to correlate with cancer progression, invasion and metastasis and thus, a worse clinical outcome [4,5]. Loss of stromal CAV1 can even be used as a prognostic marker, for example, in breast and prostate cancer patients [6–9]. Data on the CAV1-dependent epithelia-stroma crosstalk indicates that stromal CAV1 possesses tumour-suppressor properties, whereas loss of stromal CAV1 fosters malignant epithelial cell resistance by evading apoptosis [5,10]. Stromal loss of CAV1 is particularly prominent in epithelial prostate cancer, where loss of CAV1 in the stroma correlates with high Gleason score, presence of metastasis and pronounced resistance to chemotherapy and radiotherapy [6,8,11,12]. However, a detailed mechanism explaining how CAV1-deficient fibroblasts foster therapy resistance of malignant prostate cancer cells remains elusive. An improved understanding of the molecular basis of resistance will inevitably lead to the clinical assessment of rational drug combinations in selected patient populations.

An important mechanism by which cancer cells acquire drug resistance is by apoptosis evasion [3] and apoptosis inhibiting proteins have been described in both the development of cancer [13] and drug resistance [14]. TP53-regulated inhibitor of apoptosis 1 (TRIAP1, also known as p53-inducible cell-survival factor, p53CSV) is a small, 76 amino acids long, evolutionary conserved protein [15]. TRIAP1 was first characterized as a p53-inducible cell survival factor [16]. A genetic screen further identified TRIAP1 as a pathway-specific regulator of the cellular response to p53 activation [17]. Mechanistically, TRIAP1 modulates the apoptotic pathways through interaction with HSP70, inhibition of the interaction of cytochrome c with the apoptotic protease activating factor 1 and activation of the downstream caspase-9, thus resulting in increased resistance by inhibiting apoptosis and permitting DNA damage repair [15,16].

In this study, we aimed at determining the role of CAV1 alterations potentially induced by stromal CAV1-deficiency for the radio sensitivity of prostate cancer on molecular level and identified the apoptosis inhibitor TRIAP1 as a CAV1-dependent fibroblastic secreted factor, fostering radio resistance of malignant prostate epithelial cells.

2. Material and Methods

2.1. Reagents and Antibodies

Antibodies against CAV1 (N-20: sc-894) and XIAP1 (H-202: sc-11426) were from Santa Cruz (Santa Cruz, CA, USA), against CCND1 (92G2: #2978) and GFP (D5.1: #2956) from Cell Signalling Technology (Denvers, MA, Germany), against PCNA (PC10: GTX20029) from GeneTex (Irvine, CA, USA), against TRIAP1 from ProteinTech Group [15351-1-AP, (WB) Rosemont, IL, USA] and LSBio [LS-C346398-100, (Histology) Seattle, WA, USA), against SURVIVIN (NB500-201) from Novus Biologicals (Centennial, CO, USA) and against β -actin (clone AC-74, A2228) from Sigma-Aldrich (St. Louis, MO, USA). The rabbit anti human ASA antibody BE#3 was previously described [18] and the goat anti ASM antibody was kindly provided by Prof. K. Sandhoff (Bonn, Germany) [19].

2.2. Cell Culture Conditions

The human prostate cancer cell lines PC3, DU145 and LNCaP, the human skin fibroblast cell line HS5 and the human prostate fibroblast cell line WPMY-1 were from ATCC (Manassas, VA, USA) and cultured in RPMI Medium (Gibco, ThermoFisher, Waltham, MA, USA) supplemented with 10% foetal

bovine serum and 100 U/mL Penicillin/Streptomycin under standard cell culture conditions (37 °C, 5% CO₂, 95% humidity) and passaged every 3–4 days. CAV1 mRNA levels were down-regulated in indicated cells using shRNA technology as previously described [11,20,21]. For transient transfection of cells, human TRIAP1 cDNA with a C-terminal GFP-tag cloned into pCMV6-AC-GFP was used [15]. For selection of transfected cells, 500 μ g/mL G418/Neomycin (Merck/Millipore, Darmstadt, Germany) was used.

2.3. Irradiation of Cell Cultures

Radiation was performed using the Isovolt-320-X-ray machine (Seifert-Pantak) at 320 kV, 10 mA with a 1.65 mm aluminium filter and a distance of about 500 mm to the object being irradiated [21]. The X-ray tube operated at 90 kV (~45 keV X-rays) and the dose rate was about 3 Gy/min [22].

2.4. Colony Formation Assay

The long-term survival assay was carried out by seeding 250 cells/well to 15.000 cells/well in a 6-well plate and irradiation at 0, 2, 4 and 6 Gy [11,21]. The plates were left to grow for 10 days into single colonies before they were fixed in 3.7% Formaldehyde (in PBS) and 70% Ethanol. Colonies were stained with 0.05% Coomassie Brilliant Blue for 1.5–3 h. Colonies (\geq 50 cells) were counted at fivefold magnification under the microscope.

2.5. Flow Cytometry Analysis

To measure and quantify the DNA-fragmentation (apoptotic sub-G1 population), as well as to quantify the cell cycle phases, cells were incubated for 30 min at RT with a staining solution containing 0.1% (w/v) sodium citrate, 50 µg/mL PI and 0.05% (v/v) Triton X-100 (v/v). Afterwards they were analysed by flow cytometry (FACS Calibur, Becton Dickinson, Heidelberg, Germany; FL-2).

2.6. Western Blotting

Generation of whole cell lysates was carried out by scraping cells off into ice-cold RIPA buffer (150 mmol/L NaCl, 1% NP40, 0.5% sodium-deoxycholate, 0.1% sodium-dodecylsulfate, 50 mmol/L Tris/HCl, pH 8, 10 mmol/L NaF, 1 mmol/L Na3VO4) supplemented with Protease-Inhibitor cocktail (Roche). After 2–3 freeze and thaw cycles the protein content of the lysates was measured by using DC[™] Protein Assay (Bio-Rad). 50 µg to 100 µg of protein were loaded onto SDS-PAGE electrophoresis. Western blots were done as previously described [11,21] and the indicated antibodies were used to detect protein expression.

2.7. Real-Time Reverse Transcription PCR (qRT-PCR)

RNA was isolated using RNeasy Mini Kit (74106, Qiagen, Hilden, Germany) according to the manufacturer's instruction and as previously described [11,22]. Expression levels were normalized to the reference gene (β-actin; set as 1) and were shown as relative quantification. Specific primers were designed using Primer 3 [23] based on available NCBI nucleotide CDS sequences. Cross-reaction of primers was excluded by comparison of the sequence of interest with the NCBI database (Blast 2.2, U.S. National Centre for Biotechnology Information, Bethesda, MD) and all primers used were intron-spanning. PCR products are 200-300 bp in size. qRT-PCR was carried out using specific oligonucleotide primers (s sense, as antisense; TRIAP1s AGGATTTCGCAAGTCCAGAA, TRIAP1as GCTGATTCCACCCAAGTAT; TAGLNs TCCAGACTGTTGACCTCTTTGA, TAGLNas CCTCTCCGC TCTAACTGATGAT; ACTA2s GCCGAGATCTCACTGACTACCT, ACTA2as TGATGCTGTTGTAGGTG GTTTC; TGFB1s CCCACAACGAAATCTATGACAA, TGFB1as AACTCCGGTGACATCAAAAGAT; LAMP1s CCTGCCTTTAAAGCTGCCAA; LAMP1as CACCTTCCACCTTGAAAGCC; LAMP2s ACC ACTGTGCCATCTACC, LAMP2as TGCCTGTGGAGATGTGAT; ACTINs GGCACCACACTTT CTACAATGA, ACTINas TCTCTTTAATGTCACGCACGAT) as previously described [11,22].

2.8. Conditioned Media

Cells were cultured in normal growth media until confluence. Cells were left non-irradiated or irradiated with 10 Gy, media were replaced and cells cultured in the presence of 0.5% foetal bovine serum for 48 h before collection of media. Control media were generated by incubating the same medium (containing 0.5% foetal bovine serum) without cells. Conditioned media were used as 1/1 mixture with normal growth medium [11,22].

2.9. Mouse Tumour Model

Mouse xenograft tumours were generated by subcutaneous injection of 0.5×10^6 PC3 cells (+/-CAV1) either alone or mixed with 0.5×10^6 WMPY-1 cells (+/-TRIAP1) onto the hind limb of male NMRI nude mice (total volume 50 µL) as previously described [11,21]. Animals of each experimental group received a single subcutaneous injection. For radiation therapy mice were anesthetized (2% isoflurane) and tumours were exposed to a single dose of 10 Gy \pm 5% in 5 mm tissue depth (~1.53 Gy/min, 300 kV, filter: 0.5 mm Cu, 10 mA, focus distance: 60 cm) using a collimated beam with an XStrahl RS 320 cabinet irradiator (XStrahl Limited, Camberly, Surrey, Great Britain). Mouse experiments were carried out in strict accordance with the recommendations of the Guide for the Care and Use of Laboratory Animals of the German Government and they were approved by the Committee on the Ethics of Animal Experiments of the responsible authorities [Landesamt für Natur, Umwelt und Verbraucherschutz (LANUV), Regierungspräsidium Düsseldorf Az.8.87-50.10.37.09.187; Az.8.87-51.04.20.09.390; Az.84-02.04.2015.A586].

2.10. Human Tumour Tissue

Tissues from human prostate carcinomas were obtained during surgery according to local ethical and biohazard regulations. All experiments were performed in strict accordance with local guidelines and regulations. Resected tissue specimens were processed for pathological diagnostic routine in agreement with institutional standards and diagnoses were made based on current WHO and updated ISUP criteria [11,21]. All studies including human tissue samples were approved by the local ethics committee (Ethik-Kommission) of the University Hospital Essen (Nr. 10-4363 and 10-4051). Human tissue samples were analysed anonymously.

2.11. Immunohistochemistry and Immunofluorescence

Immunohistochemistry was performed on 4 µm slides of formalin-fixed and paraffin-embedded prostate tissues after performing a descending alcohol-series and incubation for 10 min to 20 min in target retrieval solution (Dako, Agilent, Santa Clara, CA, USA) [11]. After blocking of the slides with 2% NGS/PBS sections were incubated with primary antibodies o/n at 4 °C. Antigen were detected with horseradish-peroxidase conjugated secondary antibodies (1:250) and developed with DAB (Dako). Nuclei were counterstained using haematoxylin.

2.12. Statistical Analysis

If not otherwise indicated, data were obtained from 3 independent experiments with at least 2–3 mice each. Total mice numbers were stated in the figure legends. Statistical significance was evaluated by 1- or 2-way ANOVA followed by Tukey's or Bonferroni multiple comparisons post-hoc test and set at the level of $p \leq 0.05$. Data analysis was performed with Prism 5.0 software (GraphPad, La Jolla, CA, USA).

3. Results

3.1. Radioresistant (CAV1-Silenced) Fibroblasts Express and Secrete Anti-Apoptotic TRIAP1

We previously reported that CAV1-deficient fibroblasts foster radiation resistance of malignant prostate epithelial cells resulting in decreased apoptosis rates *in vitro* and *in vivo*, most likely via a paracrine mechanism of action [11]. Because we hypothesized that fibroblasts could allocate CAV1-dependent apoptosis inhibiting proteins to the tumour cells, we investigated the presence and expression levels of well-known resistance-associated anti-apoptotic proteins in stromal HS5 fibroblasts being either proficient [HS5(+)] for CAV1 or CAV1-deficient [HS5(-)] achieved by a shRNA-mediated knock-down (Figure 1). Of note, CAV1-silenced HS5 fibroblasts expressed significantly higher levels of TRIAP1 at both protein (Figure 1A) and mRNA level (Figure 1B). In addition, an increased CAV1-dependent TRIAP1 secretion was confirmed in cell culture supernatants of CAV1-silenced HS5 fibroblasts, which was accompanied by increased levels of lysosomal enzymes (acid sphingomyelinase, ASM and arylsulfatase A, ASA), which might be indicative for lysosomal exocytosis (Figure 1C).



Figure 1. Radiation-resistant Caveolin-1 (CAV1)-silenced fibroblasts differentially express and secrete the apoptosis inhibiting protein TP53-regulated inhibitor of apoptosis 1 (TRIAP1).

Thus, increased expression and secretion of TRIAP1 by CAV1-silenced fibroblasts suggests that secreted TRIAP1 and then internalized by neighbouring prostate cancer cells, might account for the induced radiation resistance of these cells.
(A) Protein expression levels of apoptosis inhibiting proteins survivin, XIAP (X-linked inhibitor of apoptosis protein) and TRIAP1 were determined in CAV1-proficient [Cav1(+)] and CAV1-silenced [Cav1(-)] HS5 fibroblasts. Indicated proteins were analysed in whole protein lysates 96 h after radiation with 10 Gy by western blot analysis. Representative blots are shown. For TRIAP1 quantification, blots were analysed by densitometry and the respective signal was normalized to that from β -actin (n = 3–4 for each group). *p*-values were indicated: * $p \le 0.05$, ** p < 0.01 by one-way ANOVA followed by post-hoc Tukey's test.

(B) qRT-PCR quantifications of TRIAP1 mRNA levels were performed 96 h post irradiation and shown as relative expression to β -actin mRNA. Data shown represent mean values \pm SEM from 4 independent samples per group, each measured in duplicate. * $p \le 0.05$, ** $p \le 0.01$, by one-way ANOVA followed by post-hoc Tukey's test.

(C) TRIAP1 and lysosomal enzymes (ASM, acid sphingomyelinase and ASA, arylsulfatase A) secretion were further determined in cell culture supernatants derived from CAV1-silenced HS5(-) or control transfected CAV1-expressing HS5(+) fibroblasts with or without radiation treatment (10 Gy) using western blot analysis. Equal protein amounts (100 µg) were loaded. Ponceau S staining of transferred proteins was included as loading control.

3.2. Ectopic TRIAP1 Expression in Prostate Carcinoma Cells Induces Radiation Resistance

We previously have shown that cell culture supernatants of CAV1-silenced HS5 fibroblasts were able to induce radiation resistance of PC3 and LNCaP cells by decreased apoptosis [11]. We then investigated if the induced resistance of prostate cancer cells, after treatment with supernatants derived from CAV1-proficient or -deficient fibroblasts, led to higher TRIAP1 levels (not shown). However, no increased TRIAP1 levels were detectable in PC3, DU145 or LNCaP prostate carcinoma cells upon supernatants treatment most likely because the amount of tumour cell internalized TRIAP1 which was secreted from fibroblasts did not pass the threshold level of detection by western blot analysis. To provide the proof of principle that TRIAP1 mediates radiation resistance, the prostate cancer cells PC3 (p53 null), DU145 (p53 mutant) and LNCaP (p53 wild type) were transiently transfected with an expression vector encoding for human GFP-tagged TRIAP1 (Figure 2A). Empty vector transfected cells served as a control. Ectopic TRIAP1 expression resulted in decreased subG1 levels in PC3 and LNCaP cells 48 h after radiation with 10 Gy and thus increased resistance to radiation treatment. However, DU145 cells were not affected. Increased TRIAP1-levels were confirmed by western blot analysis (Figure 2B). Cell cycle analysis further revealed that ectopic TRIAP1 expression resulted in a slightly diminished G0/G1 subpopulation in PC3 cells upon radiation, while the proportion of cells in the G2/M phase increased (Figure 2C). The cell cycle of DU145 prostate carcinoma cells after TRIAP1 transfection was not affected upon radiation. Similar to PC3 cells, more TRIAP1-transfected LNCaP cells were in the G2/M phase after radiation as compared to control transfected cells. The proportions of respective cells in the S and <4n phase were rather low and not affected (not shown).

These results indicate that ectopic TRIAP1 expression mediates radiation resistance in a cell-type dependent manner and suggest that resistant prostate cancer cells will have an increased proliferation potential.

(A) Prostate cancer cells were transiently transfected with an expression vector encoding for human TRIAP1-GFP. Empty vector served as control. 24 h after transfection cells were irradiated with 0 or 10 Gy. The degree of apoptosis was quantified measuring the SubG1 fraction after radiation by flow cytometry analysis after additional 48 h of culture. Data shown represent mean values \pm SEM from 4–5 independent samples per group measured in duplicates each. * $p \leq 0.05$, by two-tailed students *t*-test.

(B) Efficiency of TRIAP1-GFP expressions as analysed by Western blots. Representative blots from 3-4 independent experiments are shown. β -actin is used as a loading control. As additional control (Ctrl) mock transfected cells, which underwent the transfection procedure without an expression vector were shown.



Figure 2. Ectopic TRIAP1 expression in prostate carcinoma cells results in radiation resistance.

(C) Cell cycle analysis of TRIAP1-GFP transfected prostate cancer cell lines was performed using Nicoletti/PI staining and flow cytometry. Empty vector transfected cells served as control. Data represent mean values \pm SEM from 3–5 independent samples per group measured in duplicates each. ** $p \leq 0.01$, by two-way ANOVA followed by post-hoc Tukey's test.

3.3. Generation of Stromal Prostate Fibroblasts with Stable TRIAP1 Expression

Prior to investigating whether TRIAP1 derived from a reactive tumour stroma might account for the radiation resistance observed in PC3 xenografts *in vivo* [11], we assessed the suitability of another fibroblast cell type, prostate fibroblasts (WPMY-1) derived from healthy donors, to more closely mimic the human situation in future *in vivo* experiments (Figure 3).

Compared to normal HS5 fibroblasts, WPMY-1 prostate fibroblasts expressed less endogenous CAV1-expression levels (Figure 3A). Quantitative Real Time RT-PCR analysis of TRIAP1 expression levels as well as of reactive fibroblasts markers (ACTA2 and TAGLN) and tumour-promoting EMT factor transforming growth factor β (TGFB1) in WPMY-1 fibroblasts (+/ – XRT) confirmed the more reactive phenotype of WPMY-1 with a less pronounced CAV1-content and furthermore of irradiated WPMY-1 fibroblasts (Figure 3B). In line with previous findings [11], colony formation assays indicated that WPMY-1 fibroblasts with a reduced CAV1 content were more resistant to radiation (Figure 3C). To further investigate a potential TRIAP1-mediated radiation resistance of prostate carcinoma cells caused by the stromal compartment, we generated TRIAP1-overexpressing WPMY-1 fibroblasts via transfection of WPMY-1 with an expression vector encoding for human TRIAP1 tagged with GFP (Figure 3D). Stably transfected and TRIAP1-GFP-sorted cells (via flow cytometry) were successfully generated. Increased TRIAP1 expression was confirmed by western blot analysis. It is worth noting that TRIAP1-overexpression did not alter CAV1 expression levels (Figure 3D). Ectopic TRIAP1 expression resulted in a significant reduced subG1 population upon radiation, which confirmed the

resistant phenotype of TRIAP1-GFP expressing prostate fibroblasts (Figure 3E). TRIAP1 secretion from TRIAP1-GFP-expressing cells was confirmed by western blot analysis from cell culture supernatants and revealed an increased secretion upon radiation (Figure 3F).



Figure 3. Characterization of the human prostate fibroblast cell line WPMY-1.

(A) CAV1 expression levels analysed by western blot in normal HS5 and prostate WPMY-1 fibroblasts, with or without radiation treatment with 10 Gy (96 h post irradiation). β -actin was included as loading control. Representative blots of at least three different experiments are shown.

(B) qRT-PCR quantifications of TRIAP1 mRNA levels, as well as reactive fibroblast markers, were performed 96 h post irradiation and shown as relative expression to β -actin mRNA. Data shown represent mean values \pm SEM from 4-6 independent samples per group measured in duplicate each. * $p \leq 0.05$, ** $p \leq 0.01$, by two-way ANOVA followed by post-hoc Tukey's test.

(C) Colony formation assay of HS5 and WPMY-1 cells. Following irradiation (0–8 Gy) cells were further incubated for 10 days. Data show the surviving fractions from three independent experiments measured in triplicates each (means \pm SD). *** $p \leq 0.005$, **** $p \leq 0.001$ by two-tailed students *t*-test.

(D) The degree of apoptosis was quantified measuring the SubG1 fraction 48 h after radiation by flow cytometry. Data shown indicate mean values \pm SEM from 3 independent samples per group measured in duplicates each. * $p \leq 0.05$, by two-way ANOVA followed by post-hoc Tukey's test.

(E) WPMY-1 prostate fibroblasts were transfected with a TRIAP1-GFP encoding plasmid or empty vector in the control, selected with G418 and sorted via flow cytometry to select GFP-expressing cells. Expression levels of TRIAP1-GFP and CAV1 were confirmed by western blot analyses, with or without 10 Gy irradiations. Band signal intensity was quantified by densitometry and normalized to that from β -actin. Data represent mean \pm SEM from three independent experiments. *p*-values were indicated: ** *p* < 0.001; *** *p* ≤ 0.005 by two-way ANOVA followed by post-hoc Tukey's test.

(F) TRIAP1-GFP secretion in cell culture supernatants derived from TRIAP1-GFP or control, transfected WPMY-1 fibroblasts with or without radiation treatment (10 Gy) determined by western blot analysis. CAV1, ASM and ASA secretion levels were also investigated. Equal protein amounts (100 µg) were loaded. Ponceau S staining of transferred proteins was included as loading control.

3.4. TRIAP1-Expressing Stromal Fibroblasts Mediate Radiation Resistance

Next, we asked whether fibroblastic tumour stroma-derived TRIAP1 accounts for an increased radiation resistance in PC3 xenograft tumours [11]. To mimic the human situation we performed subcutaneous transplantations onto the hind limb of NMRI nude mice by injecting CAV1-silenced PC3(-) tumour cells in combination with control-transfected or TRIAP1-GFP-expressing WPMY-1 prostate fibroblasts (Figure 4). Prostate xenografts were implanted onto the hind limb of NMRI nude mice and were irradiated locally with a single dose of 10 Gy when the tumour reached a size of about 100 mm3 (around day 3). Tumour growth was determined by measuring the tumour volume 3 times a week (Figure 4A). Either co-implantation with WPMY-1 cells, control or TRIAP1-transfected, did not change tumour growth. The tumour growth delay after radiation was significantly decreased in PC3(-)-derived tumours co-implanted with TRIAP1-expressing WPMY-1. These tumours showed a significantly increased growth after radiation treatment when compared to PC3(-)-derived tumours co-implanted with control-transfected WPMY-1 as demonstrated by the reduced time to reach a four-fold tumour volume (Figure 2B). Immunohistochemistry using the proliferation marker PCNA (proliferating cell nuclear antigen) antibody further confirmed an increase in the proliferation rate of PC3(-) xenografts when co-implanted with TRIAP1-GFP expressing fibroblasts and a significantly decreased sensitivity to radiation treatment (Figure 4C). Thus, in line with the in vitro results, TRIAP1 derived from stromal fibroblasts is able to induce radiation resistance of prostate tumours.



Figure 4. TRIAP1 expression in fibroblasts fosters radiation resistance in tumours derived from PC3 CAV1(-) cells.

(A) PC3 CAV1(-) cells were subcutaneously injected with either TRIAP1-expressing WPMY-1 or control-transfected fibroblasts (0.5×10^6 cells in total, ratio1/1) into the hind limb of NMRI nude mice. One set of animals from each group received a single tumour radiation dose of 10 Gy once its growth

was easily detected (around day 3). Tumour volume was determined at indicated time points using a sliding calliper. Data are presented as mean +/- SEM from 3 independent experiments (26 mice in total: Ctrl 0 Gy n = 6; Ctrl 10 Gy n = 7; TRIAP1 0 Gy n = 6; TRIAP1 10 Gy n = 7).

(B) Tumour growth (*left panel*) and respective computed median growth delay (*right panel*) were determined as time (days) until a four-fold tumour volume was reached. *** p < 0.005; **** p < 0.001 by one-way ANOVA followed by post-hoc Tukey's test.

(C) Immunohistochemical analysis of TRIAP1, PCNA and CAV1 in isolated PC3 xenograft tumours. Sections were counterstained using haematoxylin. Representative images are shown. Magnification $200 \times$, scale bar 50 µm (left panel), magnification $400 \times$, scale bar 20 µm (right panel).

3.5. Human Advanced Prostate Cancer Specimens Were Characterized by an Increased TRIAP1-Immunoreactivity Indicating Radiation Resistance

As loss of stromal CAV1 is paralleled by a radiation-resistance promoting reactive tumour stroma in human prostate tissue specimens [11,21], we decided to investigate TRIAP1 expression levels, as well as the respective stromal-epithelial TRIAP1 distribution, in human prostate tissue specimens by immunohistochemistry. TRIAP1 expression in prostate epithelial cells increased with higher Gleason scores, that is, lower tumour differentiation (Figure 5). Furthermore, stromal cells of tumour samples tended to be more intensively stained in cases with higher Gleason grade (Figure 5). These results indicate that increased, potentially fibroblast-derived, TRIAP1 has implications for prostate carcinoma progression and therapy resistance.



Figure 5. Immunohistochemical analysis of TRIAP1 expression levels in human prostate cancer tissues.

Paraffin-sections of human prostate cancers were stained for TRIAP1. Gleason grading scores were divided into low (Gleason Score \geq 6, Grade group 1), intermediate (Gleason Score 7 (a/b), Grade groups 2 & 3) and high scores (Gleason Score \geq 8, Grade groups 4 & 5). Asterisks mark stromal compartments and bold arrows point to epithelial structures. Sections were counterstained

using haematoxylin. Representative images are shown. Magnification 200x. Right panel: higher magnification images: 400x.

4. Discussion

Tumours are able to diversify their microenvironment and consequently the altered, more reactive tumour microenvironment can modulate the response of tumours to therapy treatment [24–28]. Herein, activated stromal cells and in particular activated fibroblasts/CAF can mediate therapy resistance of malignant epithelial cells in a CAV1-dependent fashion [4,5,29,30].

CAV1-dependent stromal-epithelial crosstalk in tumours with the potential to induce resistance includes processes such as autophagy or the 'reverse Warburg effect' [31,32]. For example, a more reactive stromal phenotype following a decrease of CAV1 expression by lysosomal degradation in fibroblasts was observed when cancer cells induced oxidative stress in the tumour-microenvironment [33]. In turn, downregulation of CAV1 in fibroblasts leads to increased oxidative metabolism in cancer cells, fostering cell resistance [29]. Importantly, extrinsic factors from the microenvironment and in particular from activated fibroblasts/CAF, may drive resistance in a non-tumour cell autonomous mechanism [34,35]. In line with these findings, we have recently shown that CAV1-deficient fibroblasts mediate radiation resistance of human prostate carcinoma cells in vitro and in vivo and that the decrease in cell death after radiation treatment is mediated though a paracrine mechanism of action [11]. However, the exact resistance-promoting effectors, as well as the role of CAV1-dependent fibroblast-derived factors, remained elusive. We therefore hypothesized that fibroblast-derived inhibitors of apoptosis proteins could mediate cell death resistance upon radiation. Here we show that TRIAP1 is highly expressed in stromal fibroblasts in a CAV1-dependent manner. In vitro, an ectopic expression of TRIAP1 leads to a cell specific increased radiation resistance in p53-deficient PC3 and p53-wildtype LNCaP prostate cancer cells, whereas p53-mutant DU145 cells do not gain any radiation resistance. Conformingly and mimicking the human situation more precisely, induced over-expression of TRIAP1 in human prostate fibroblasts leads to induced radiation resistance. Further on, TRIAP1-expressing stromal fibroblasts mediate radiation resistance in vivo when respective cells are co-implanted with CAV1-deficient PC3 tumour cells.

The underlying mechanism by which fibroblast-derived TRIAP1 is secreted and subsequently taken up by adjacent cancer cells and/or shuttled between the stromal and the tumour cells needs to be investigated further. TRIAP1 secretion in fibroblasts with a reduced CAV1-content is paralleled by the presence of lysosomal exocytosis related proteins and enzymes, such as ASM, ASA and LAMP proteins. This indicates that fibroblasts with a reduced CAV1 content bear a higher lysosomal exocytosis activity compared to fibroblasts containing normally high amounts of CAV1. It is known that the process and regulation of lysosomal exocytosis is largely changed upon tumour progression and in transformed cells [36]. Released lysosomal hydrolases, such as cathepsins D and B, play a role in tumour growth invasion and angiogenesis [37]. LAMP2 contributes to resistance, as the so called lysosomal cell death induced by anti-cancer drugs is decreased when LAMP2 is overexpressed in fibroblasts [38]. In addition, ASM is down-regulated in several carcinomas, for example, head and neck cancer and gastrointestinal carcinoma cancer cells, leading to a destabilized lysosomal environment in combination with an anti-apoptotic adaptation by decreased ceramide production [36]. Lysosomal exocytosis in cancer cells has been suggested to facilitate the entrapment and clearance of chemotherapeutics and provide an additional line of resistance [39].

As intrinsic drug resistance might be caused, at least in part, by factors secreted by the tumour microenvironment, it is thus imperative to dissect the tumour-microenvironment interactions which may reveal important mechanisms underlying drug resistance [35,39].

Interestingly, immunohistological analysis of TRIAP1 in advanced human prostate cancer reveals increased TRIAP1 immunoreactivity in the malignant epithelial cells of the more radioresistant higher Gleason grade adenocarcinomas. This highlights fibroblast-derived TRIAP1 as a potential candidate for future CAV1-mediated radiation response modulation. TRIAP1 is also involved in prostate cancer

bone metastasis [40] and sensitivity to doxorubicin in breast cancer cells [15]. In ovarian cancer cells, increased TRIAP1 levels correlate with increased proliferation, a decrease in apoptosis and overall tumour progression [41]. TRIAP1 is also found to be upregulated in multiple myeloma [42], and, in patients with nasopharyngeal carcinoma, TRIAP1 overexpression correlates with a poor survival rate [43]. Experimental knockdown of TRIAP1, by expression of micro RNA miR-320b, is able to induce apoptosis by mitochondrial deregulating mechanisms, such as cytochrome C release and membrane potential alterations [15,43].

In summary, we have specified the role of CAV1 alterations potentially induced by CAV1-deficient and more reactive, stroma in radio sensitivity of prostate carcinoma at molecular level. We have identified apoptosis inhibitor TRIAP1 as a stromal-derived factor with the potential to induce cancer cell resistance. We suggest that blocking TRIAP1 activity and avoiding drug resistance may offer a promising drug development strategy to inhibit resistance-promoting CAV1-dependent signals.

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Article KIFC1 Inhibitor CW069 Induces Apoptosis and Reverses Resistance to Docetaxel in Prostate Cancer

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Abstract: Kinesin family member C1 (KIFC1) is a minus end-directed motor protein that plays an essential role in centrosome clustering. Previously, we reported that KIFC1 is involved in cancer progression in prostate cancer (PCa). We designed this study to assess the involvement of KIFC1 in docetaxel (DTX) resistance in PCa and examined the effect of KIFC1 on DTX resistance. We also analyzed the possible role of a KIFC1 inhibitor (CW069) in PCa. We used DTX-resistant PCa cell lines in DU145 and C4-2 cells to analyze the effect of KIFC1 on DTX resistance in PCa. Western blotting showed that KIFC1 expression was higher in the DTX-resistant cell lines than in the parental cell lines. Downregulation of KIFC1 re-sensitized the DTX-resistant cell lines to DTX treatment. CW069 treatment suppressed cell viability in both parental and DTX-resistant cell lines. DTX alone had little effect on cell viability in the DTX-resistant cells. However, the combination of DTX and CW069 significantly reduced cell viability in the DTX-resistant cells, indicating that CW069 re-sensitized the DTX-resistant cell lines to DTX treatment. These results suggest that a combination of CW069 and DTX could be a potential strategy to overcome DTX resistance.

Keywords: KIFC1; prostate cancer; docetaxel resistance; apoptosis; CW069

1. Introduction

Prostate cancer (PCa) is the most prevalent cancer among men and the second leading cause of cancer-related death in developed countries [1]. Androgen deprivation therapy is initially effective for advanced PCa. However, most of these patients eventually progress to castration-resistant PCa (CRPC), which is a life-threatening disease [2,3]. Docetaxel (DTX) is the standard chemotherapy for CRPC [4]. However, nearly all patients who are treated with DTX become refractory. Therefore, clarifying new molecular mechanisms underlying DTX resistance is necessary to overcome DTX resistance in CRPC.

Increased centrosome number, called centrosome amplification (CA), is a hallmark of human cancer [5]. Recent reports have shown that CA correlates with aneuploidy and malignant behavior in some human cancers including uterine cervical cancer, breast cancer, and PCa [6,7]. Although aneuploidy might cause multipolar spindles and lead to apoptosis, cancer cells overcome these lethal effects of CA by using centrosome clustering. Centrosome clustering, defined as the reshaping of transient multipolar spindles into pseudo-bipolar structures, is a well-studied mechanism that allows cancer cells to avoid apoptosis [8,9]. Kinesin family member C1 (KIFC1) is a minus

end-directed motor protein that plays an essential role in centrosome clustering [10–12]. Several reports show that KIFC1 is upregulated and is involved in cancer progression in some cancers [13–15]. In addition, the overexpression of KIFC1 suppresses DTX-mediated apoptosis in breast cancer cells [16]. Previously, we showed that KIFC1 was associated with a poor prognosis after radical prostatectomy or after DTX treatment in PCa [17]. Additionally, knockdown of KIFC1 improved DTX sensitivity in LNCaP cells and DU145 cells. However, the role of KIFC1 in DTX resistance in PCa is not well known. In this study, we used DTX-resistant PCa cells from C4-2 cells and DU145 cells to analyze the involvement of KIFC1 in DTX resistance. We examined the expression and functional role of KIFC1 and analyzed the effect of KIFC1 knockdown on DTX resistance in DTX-resistant PCa cell lines. We also investigated the effect of the KIFC1 inhibitor CW069 in PCa cell lines.

2. Materials and Methods

2.1. Cell Lines

Two PCa cell lines (DU145 and C4-2) and DTX-resistant DU145 cells (DU145-DR) and DTX-resistant C4-2 cells (C4-2-DR) were kindly provided by Dr. Masaki Shiota (Kyushu University, Fukuoka, Japan). The DU145 cell lines were maintained in MEM (Nissui Pharmaceutical Co. Ltd., Tokyo, Japan), and the C4-2 cells were maintained in RPMI 1640 (Nissui Pharmaceutical Co. Ltd.) containing 10% fetal bovine serum (BioWhittaker, Walkersville, MD, USA), 2 mM L-glutamine, 50 U/mL penicillin, and 50 g/mL streptomycin in a humidified atmosphere of 5% CO₂ at 37 °C. DTX cell lines were cultured under DTX at a dose of 2 ng/mL for DU145-DR and 5 ng/mL for C4-2-DR.

2.2. DTX and CW069 Treatment

DTX was obtained from Sanofi-Aventis and handled according to the manufacturer's recommendations [18]. CW069 was obtained from Funakoshi (Tokyo, Japan). Twenty-four hours after transfection of siRNAs for KIFC1 or negative control, these cells were exposed to DTX for 48 hr. Cell viability was measured by an MTT assay. An MTT assay was performed 48 h after DTX or CW069 treatment. Drug sensitivity curves and IC50 values were calculated using GraphPad Prism 4.0 software (GraphPad Software) [17].

2.3. Western Blotting Analysis

For Western blotting analysis, cells were lysed as described previously [19]. Primary antibody, KIFC1 (H00003833-M01, Abnova, Taipei, Taiwan), Bcl-2 (sc-7382, Santa Cruz Biotechnology, Santa Cruz, CA, USA), Bax (sc-7480, Santa Cruz Biotechnology, Santa Cruz, CA, USA), cleaved PARP (c-PARP) (#5625, Cell Signaling Technology, Inc., Danvers, MA, USA), cleaved caspase-3 (c-caspase-3) (#9661, Cell Signaling Technology, Inc., Danvers, MA, USA) were used. β-Actin (Sigma-Aldrich, St. Louis, MO, USA) was used as a loading control.

2.4. qRT-PCR Analysis

Total RNA was isolated from frozen cancer cell lines using Isogen (Nippon Gene, Tokyo, Japan), and 1 µg of total RNA was converted to cDNA with a first-strand cDNA synthesis kit (Amersham Biosciences Corp., Piscataway, NJ, USA). The qPCR was performed with a SYBR Select Master Mix (Applied Biosystems, Austin, TX, USA) as described previously [20]. ACTB-specific PCR products, which were amplified from the same RNA samples, served as internal controls. KIFC1 primer sequence: forward primer GACGCCCTGCTTCATCTG; reverse primer CCAGGTCCACAAGACTGAGG.

2.5. RNA Interference

Silencer[®] Select (Ambion, Austin, TX, USA) against KIFC1 was used for RNA interference. Two independent oligonucleotides and negative control small interfering RNA (siRNA) (Invitrogen, Carlsbad, CA, USA) were used. Transfection was performed using Lipofectamine RNAiMAX (Invitrogen) according to the manufacturer's instructions. Cells were used 48 h after transfection in each of the experiments and assays [17].

2.6. Cell Death ELISA

Cells were seeded in 12-well plates (1×10^5 cells) and treated as indicated. Mono- and oligonucleosomes in the cytoplasmic fraction were measured by a cell death detection ELISA kit (Roche, Basel, Switzerland) according to the manufacturer's instructions. Absorbance was determined at 405 nm.

2.7. Statistical Analysis

Statistical differences were evaluated using a two-tailed Student *t*-test or Mann-Whitney U-test. A *p*-value of <0.05 was considered statistically significant. Statistical analyses were conducted primarily using GraphPad Prism software (GraphPad Software Inc., La Jolla, CA, USA). The combination index (CI) was calculated by the Chou–Talalay method. A combination index (CI) < 1 indicates synergism, CI = 1 an additive effect, and CI > 1 an antagonistic effect [21].

3. Results

3.1. Characterization of DTX-Resistant PCa Cell Lines

We used C4-2-DR and DU145-DR cells to analyze the involvement of KIFC1 in DTX resistance. MTT assays were performed to measure cell viability under various concentrations of DTX in the C4-2-DR and DU145-DR cells. The IC50 values of the C4-2-DR and DU145-DR cells were significantly higher than those of the parental DU145 and C4-2 cells, which was consistent with previous results (Figure 1A) [22,23]. We compared the expression of c-PARP, which was used as a marker of apoptosis in the parental and DTX-resistant cell lines. Western blotting showed that the expression of c-PARP and c-caspase-3 was induced by DTX treatment in the parental DU145 and C4-2 cells. On the contrary, the expression of c-PARP was not changed by DTX treatment in DU145-DR and C4-2-DR cells (Figure 1B). These results suggest that the DU145-DR and C4-2-DR cells were resistant to DTX treatment.

3.2. KIFC1 is Overexpressed in DTX-Resistant Cell Lines

To verify whether KIFC1 is involved in DTX resistance, we investigated the expression of KIFC1 in DU145-DR and C4-2-DR cells. Western blotting and qRT-PCR showed that KIFC1 was overexpressed in DU145-DR and C4-2-DR cells compared with the parental DU145 and C4-2 cells at both mRNA and protein levels (Figure 2A,B).



Figure 1. Characterization of docetaxel (DTX)-resistant prostate cancer cell lines. **(A)** The dose-dependent effects of DTX on the viability of parental and DTX-resistant cell lines in DU145 and C4-2 cells. The results are expressed as the mean and S.D. of triplicate measurements. * *p* < 0.01. **(B)** Western blotting of c-PARP and c-caspase-3 in parental and DTX-resistant cell lines in DU145 and C4-2 cells in the presence of DTX (10 nM) or vehicle (ethanol). β -actin was used as a loading control. c-PARP: cleaved PARP; c-caspase-3: cleaved caspase-3.



Figure 2. KIFC1 is overexpressed in docetaxel (DTX)-resistant cell lines and in a castration-resistant prostate cancer (CRPC) patient. (**A**) Western blotting of KIFC1 in parental and DTX-resistant cell lines. β -actin was used as a loading control. (**B**) qRT-PCR of KIFC1 in parental and DTX-resistant cell lines. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01.

3.3. Inhibition of KIFC1 Induces Apoptosis Pathway and Reverses DTX Resistance In Vitro

Several studies have shown that KIFC1 is associated with an apoptosis pathway [24,25]. We used RNA interference targeting KIFC1 in DU145-DR and C4-2-DR cells and confirmed the efficiency of KIFC1 knockdown by Western blotting (Figure 3A). Western blotting showed that inhibition of KIFC1 enhanced the expression of Bax2, c-PARP, and c-caspase-3 and reduced the expression of Bcl-2 in DU145-DR and C4-2-DR cells (Figure 3A). Given that KIFC1 was overexpressed in the DTX-resistant cell lines and is involved in the apoptosis pathway, we next analyzed whether the knockdown of KIFC1 improves DTX sensitivity in DU145-DR and C4-2-DR cells. We measured cell viability in DU145-DR and C4-2-DR cells with knockdown of KIFC1 under various concentrations of DTX. We found that downregulation of KIFC1 re-sensitized DU145-DR and C4-2-DR cells to DTX treatment (Figure 3B).



Figure 3. Inhibition of KIFC1 induces an apoptosis pathway and reverses docetaxel (DTX) resistance in vitro. (A) Western blotting of KIFC1, c-PARP, Bcl-2, Bax, and c-caspase-3 in DU145-DR and C4-2-DR cells transfected with a negative control or two different siRNAs for KIFC1. β -actin was used as a loading control. c-PARP: cleaved PARP; c-caspase-3: cleaved caspase-3 (B) The dose-dependent effects of DTX on the viability of DU145-DR and C4-2-DR cells transfected with negative control or two different siRNAs for KIFC1. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01.

3.4. Effect of KIFC1 Inhibitor CW069 on Cell Viability

A recent study reported that CW069 is a novel and allosteric inhibitor of KIFC1 [26]. To clarify the effect of CW069 on cell viability in PCa, we measured cell viability under various concentrations of CW069 in both parental and DTX-resistant cell lines. CW069 treatment suppressed cell viability in both the parental and DTX-resistant cell lines (Figure 4A). The IC50 values of the DTX-resistant cell lines treated with CW069 were significantly lower than those of the parental cell lines, suggesting that the effect of CW069 on cell viability may depend on the expression of KIFC1. Next, to test whether CW069 could selectively suppress cell viability in cancer cells, we investigated the effect of CW069 in RWPE-1 cells, which is a normal prostate epithelial cell line [27]. Western blotting demonstrated that the expression of KIFC1 was not detected in RWPE-1 cells (Figure 4B). As we expected, CW069 treatment had little effect on cell viability in RWPE-1 cells compared with the DU145 and C4-2 cells (Figure 4C). Furthermore, we performed a cell death ELISA assay to analyze the ability of CW069 to induce apoptotic cell death in RWPE-1 cells but had a significant effect on the DU145 and C4-2 cells (Figure 4D).



Figure 4. The effect of the KIFC1 inhibitor CW069 on cell viability (**A**) The dose-dependent effects of CW069 on cell viability in parental and docetaxel-resistant cell lines in DU145 and C4-2 cells. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01. (**B**) Western blotting of KIFC1 in RWPE-1, DU145, and C4-2 cells. (**C**) The dose-dependent effects of CW069 on cell viability in RWPE-1, DU145, and C4-2 cells. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01. (**D**) The cell death ELISA in RWPE-1, DU145, and C4-2 cells treated with CW069 (250 μ M). The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01.

3.5. CW069 Re-Sensitizes DTX-Resistant Cell Lines to DTX Treatment

As shown in Figure 3B, knockdown of KIFC1 reversed DTX resistance. Therefore, we investigated the effect of combination therapy with DTX and CW069. We measured cell viability under DTX alone or in combination with CW069 in parental and DTX-resistant cell lines. DTX alone had little effect on cell viability in the DTX-resistant cell lines. However, the combination of DTX and CW069 significantly reduced cell viability in the DTX-resistant cell lines (Figure 5A). The cell death ELISA assay showed that the combination of DTX and CW069 led to significant induction of apoptosis compared to DTX alone in the DTX-resistant cell lines (Figure 5B). In addition, we analyzed the dose response for the combination of DTX and CW069 in the DTX-resistant cell lines and calculated the combination index to assess whether the combination of DTX and CW069 is synergistic or additive. A synergistic effect was observed in the DTX-resistant cell lines (Table 1).



Figure 5. CW069 re-sensitizes DTX-resistant cell lines to docetaxel (DTX) treatment. (**A**) The effect of the combination of DTX and CW069 on cell viability in parental and DTX-resistant cell lines in DU145 and C4-2 cells. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01. (**B**) The effect of the combination of DTX and CW069 on apoptosis in parental and DTX-resistant cell lines in DU145 and C4-2 cells. The results are expressed as the mean and S.D. of triplicate measurements. * p < 0.01.

 Table 1. The combination index (CI) values for the combination of docetaxel (DTX) and CW069 in DTX-resistant cell lines.

DUI145 DD		Docetaxel (nM)		
DU145-DF	ζ.	5 10 20		20
CW069 (µM)	50	0.55	0.45	0.45
	100	0.73	0.48	0.54
	200	0.72	0.71	0.47
C4 0 DD		Docetaxel (nM)		
C4-2-DR		5	10	20
CW069 (µM)	50	0.66	0.51	0.62
	100	0.77	0.46	0.53
	200	0.66	0.67	0.42

CI: combination index; DU145-DR: docetaxel-resistant DU145; C4-2-DR: docetaxel-resistant C4-2; CI = 1: an additive effect; CI < 1: a synergistic effect.

4. Discussion

DTX has been the first-line therapy for metastatic CRPC patients since 2004. Recent clinical studies have reported that early DTX treatment combined with androgen deprivation therapy results in improved overall survival in comparison to androgen deprivation therapy alone in patients with metastatic hormone-sensitive PCa [28,29]. This finding suggests that the beneficial effect of DTX may not be restricted to CRPC and that DTX treatment is becoming increasingly more important in PCa [30]. Although DTX treatment improves overall survival, disease relapse eventually occurs due to the development of DTX resistance [31]. Several factors have been shown to be involved in DTX resistance [30,32]. Loss of p53 leads to DTX resistance, and p53 status is an essential determinant of

DTX sensitivity [33]. Recent evidence has shown that alteration of β -tubulin isotypes is correlated with DTX resistance [34]. In addition, the expression of multidrug-resistant proteins such as ABCB1 is upregulated in a DTX-resistant PCa cell line. However, these above molecules have not been utilized clinically. Therefore, there is an urgent need to clarify the mechanisms of DTX resistance. A recent study reported that the expression of KIFC1 is upregulated in DTX-resistant breast cancer cell lines compared with that of DTX-sensitive cell lines. What is more, overexpression of KIFC1 increased the pools of free tubulin and promoted DTX resistance in breast cancer [16]. This evidence suggests that KIFC1 may antagonize the effect of DTX at least through the dissociation of tubulin from microtubules. In the present study, the expression of KIFC1 was upregulated in DTX-resistant PCa cell lines. Knockdown of KIFC1 re-sensitized the DTX-resistant cells to DTX treatment in DU145 and C4-2 cells. To date, some preclinical studies have addressed the finding that anti-apoptotic proteins regain sensitivity to DTX [30]. ABT-263, which is a Bcl-2 inhibitor, restored DTX sensitivity in DTX-resistant cells in PCa [35]. Furthermore, glucocorticoid receptor antagonism also re-sensitizes DTX resistance through a reduction of BcL-xL expression [36]. In the present study, knockdown of KIFC1 suppressed the expression of Bcl-2, cleaved PARP and cleaved caspase-3, and enhanced the expression of Bax. This result indicates a potential mechanistic explanation for the restoration of DTX sensitivity in PCa.

A recent study reported that CW069 was identified as a highly selective small-molecule KIFC1 inhibitor using a chemogenomics-based approach [26]. CW069 increases multipolar spindle formation and inhibits cell viability in cancer cells in breast cancer. However, to date, there have been few reports on CW069 [26,37]. In the present study, CW069 treatment selectively damaged parental and DTX-resistant PCa cells but had little effect on cell viability in RWPE-1 cells. The result that CW069 re-sensitized DTX-resistant cell lines to DTX treatment has potential clinical implications. In addition, the synergistic effect was found in the combination of DTX and CW069. In current cancer treatments, different types of chemotherapeutic agents are combined to improve efficacy and to minimize toxicity. Our previous study showed that the expression of KIFC1 was higher in PCa tissues than in various normal tissue samples [17]. Collectively, these results suggest that a combination of DTX and CW069 may be a promising therapy for CRPC patients that causes fewer adverse effects.

There are some limitations in this study. First, so far, three KIFC1 inhibitors (CW069, AZ82, and SR31527) have been reported [26,38,39]. Although these three drugs have been shown to lead to multipolar mitosis and decrease cell viability in human cancer, their effects were somewhat different because each drug binds to a different allosteric site on KIFC1 [38]. Furthermore, using a unique assay, a recent study showed that these drugs might not be specific to KIFC1 [40] Therefore, further study using these three drugs in PCa will be necessary in the future to verify our current findings. Second, recent studies have shown that cross-resistance of DTX cells were resistant to both DTX and cabazitaxel [41,42]. However, in this study, we focused on the role of KIFC1 and KIFC1 inhibitor (CW069) on only DTX resistance in PCa. In the near future, we will investigate the role of KIFC1 on cross-taxan resistance in PCa.

5. Conclusions

In conclusion, we used DTX-resistant PCa cell lines to analyze the role of KIFC1 in DTX resistance. We found that the expression of KIFC1 was significantly upregulated in cells with DTX resistance. Inhibition of KIFC1 induced an apoptosis pathway and re-sensitized the cellular response to DTX. Additionally, CW069 re-sensitized DTX-resistant cells to DTX treatment. The data presented here emphasize the great potential of combination therapy with DTX and CW069 in the treatment of PCa.

Author Contributions: Y.S., N.S., N.O., K.S., and W.Y. designed the study. Y.S., J.T., M.S., and A.M. provided patients' clinical information. Y.S. and Y.K. performed the experiments and acquired data. Y.S., N.O., and W.Y. interpreted the results. Y.S., N.O., and M.S. drafted the manuscript. N.O., J.T., A.M., K.S., and W.Y. edited it. All authors approved the final content for journal submission and publication.

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Article Pirfenidone, an Anti-Fibrotic Drug, Suppresses the Growth of Human Prostate Cancer Cells by Inducing G₁ Cell Cycle Arrest

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Abstract: Pirfenidone (PFD) is an anti-fibrotic drug used to treat idiopathic pulmonary fibrosis by inducing G_1 cell cycle arrest in fibroblasts. We hypothesize that PFD can induce G_1 cell cycle arrest in different types of cells, including cancer cells. To investigate the effects of PFD treatment on the growth of human prostate cancer (PCa) cells, we used an androgen-sensitive human PCa cell line (LNCaP) and its sublines (androgen-low-sensitive E9 and F10 cells and androgen-insensitive AIDL cells), as well as an androgen-insensitive human PCa cell line (PC-3). PFD treatment suppressed the growth of all PCa cells. Transforming growth factor β 1 secretion was significantly increased in PFD-treated PCa cells. In both LNCaP and PC-3 cells, PFD treatment increased the population of cells in the G_0/G_1 phase, which was accompanied by a decrease in the S/G₂ cell population. CDK2 protein expression was clearly decreased in PFD-treated LNCaP and PC-3 cells, whereas p21 protein expression was increased in only PFD-treated LNCaP cells. In conclusion, PFD may serve as a novel therapeutic drug that induces G_1 cell cycle arrest in human PCa cells independently of androgen sensitivity. Thus, in the tumor microenvironment, PFD might target not only fibroblasts, but also heterogeneous PCa cells of varying androgen-sensitivity levels.

Keywords: prostate cancer; androgen sensitivity; pirfenidone; TGF_{β1}; G₁ cell cycle arrest

1. Introduction

The number of males diagnosed with prostate cancer (PCa) is increasing worldwide [1]. Most patients with early-stage PCa can be treated with therapies such as radical prostatectomy or irradiation, whereas androgen deprivation therapy (ADT) is the standard systemic therapy given to patients with advanced PCa. Even though ADT induces temporary remission, the majority of patients (approximately 60%) eventually progress to castration-resistant PCa (CRPC), which is associated with a high mortality rate [2,3].

PCa is characterized by multifocal and heterogeneous progression of the primary tumor. In PCa progression, a decrease or loss of androgen sensitivity in PCa cells is a significant clinical concern. CRPC, a heterogeneous disease, exhibits varying degrees of androgen sensitivity. Once PCa cells lose sensitivity to ADT, effective therapies are limited [4]. In the past few years, however, several new options for the treatment of CRPC have been approved, including CYP17 inhibitors, androgen receptor

(AR) antagonists, and taxane [5]. Despite progress in the development of new drugs, there is a strong medical need to optimize the sequence and combination of approved drugs.

Drug repositioning or repurposing is the process of finding new uses for existing drugs [6], provided that additional clinical trials are relatively easy to perform, and the drug safety profiles have been established. In PCa, there have been a number of drug repositioning studies of non-cancer drugs, including the antidiabetic drug troglitazone, which is a ligand for peroxisome proliferator-activated receptor gamma [7]; the antihypertensive drug candesartan, which is an angiotensin II receptor blocker [8]; naftopidil, which is a selective α_1 -adrenoceptor antagonist used to treat beingn prostatic hyperplasia [9]; and the antiallergy drug, tranilast [10]. A drug repositioning approach helps identify new pharmaceutical processes to transform existing drugs into useful sources of new anticancer drugs [11].

Pirfenidone (PFD) is an established anti-fibrotic and anti-inflammatory drug used to treat idiopathic pulmonary fibrosis, an interstitial lung disease characterized by accumulation of fibroblasts/ myofibroblasts, excessive extracellular matrix production, and altered transforming growth factor β (TGF β)/bone morphogenetic protein signaling [12,13]. A number of studies have reported that PFD treatment suppresses the growth of and induces G₁ cell cycle arrest in stromal cells, rat hepatic stellate cells [14], and human Tenon fibroblasts [15,16]. Interestingly, PFD treatment has also been reported to suppress the growth of epithelial cells/cancer cells, including human lens epithelial cells [17] and human hepatocellular carcinoma cells [18]. Epidemiologically, Miura et al. reported a reduced incidence of lung cancer in patients with idiopathic pulmonary fibrosis treated with PFD [19]; however, the mechanism of PFD-induced cancer cell suppression is not well characterized.

Many studies on CRPC have used androgen-insensitive PCa cell lines, such as PC-3 and DU145 cells, which do not express AR [20]. These cell lines were derived from highly anaplastic tumors from different metastatic sites in the bone and brain [21,22]. The PC-3 and DU145 cell lines both differ strongly in aggressiveness compared with the androgen-sensitive, AR-positive LNCaP cell line, which was derived from a lymph node metastasis [23]. Comparisons between androgen-sensitive LNCaP cells and androgen-insensitive PC-3 and DU145 cell lines may not be relevant to the acquisition of androgen insensitivity in clinical PCa, because many clinical androgen-insensitive PCa cases express AR. A more accurate model of clinical cancer requires, at the very least, an androgen-insensitive and sensitive PCa cells, we generated three sublines from androgen-sensitive LNCaP cells: E9 and F10 (androgen-low-sensitive) and AIDL (androgen-insensitive) cells [24–26]. The parental LNCaP cell line and its derivative E9, F10, and AIDL sublines express similar levels of the AR protein, but androgen-dependent secretion of the prostate-specific antigen (PSA) is only detected in LNCaP cells [27]. In this study, we used the LNCaP cell line and its sublines to investigate the effects of PFD treatment on the growth of human PCa cells, focusing on androgen sensitivity.

2. Materials and Methods

2.1. Materials

PFD was purchased from Tokyo Chemical Industry Co., Ltd. (Tokyo, Japan). Rabbit monoclonal anti-p21 and anti-CDK2 antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA). Rabbit polyclonal anti-phospho-Akt (Ser473) and anti-Akt antibodies were purchased from Cell Signaling Technology. Mouse monoclonal anti-β-actin (clone AC-15) antibody was purchased from Sigma-Aldrich Co. (St. Louis, MO, USA). Rabbit polyclonal anti-PSA antibody was purchased from Dako Cytomation (Copenhagen, Denmark). Rabbit polyclonal anti-AR (N-20) antibody was purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA).

2.2. Cell Culture

The androgen-sensitive, AR-positive human PCa cell line LNCaP, and the androgen-insensitive, AR-negative human PCa cell line PC-3 were obtained from the American Type Culture Collection (Manassas, VA, USA). LNCaP and PC-3 cells were authenticated by the short tandem repeat method and cultured in RPMI 1640 medium (Nacalai Tesque, Kyoto, Japan) supplemented with 10% fetal bovine serum (Sigma-Aldrich Co.). Androgen-low-sensitive E9 and F10 cells were established from androgen-sensitive LNCaP cells using a limiting dilution method under regular culture conditions [24,25]. In contrast, androgen-insensitive AIDL cells were established from LNCaP cells by continuous passaging under hormone-depleted conditions [26]. The androgen sensitivity of the parental LNCaP cells and the E9, F10, and AIDL cells were confirmed by the change in *KLK3* (PSA) mRNA expression after treatment with the synthetic androgen R1881 [20].

2.3. Cell Viability Assay

To assess cell viability after the PFD treatments, LNCaP, E9, F10, AIDL, and PC-3 cells were plated in 12-well plates at 5×10^4 to 1×10^5 cells/well. PFD (0.1 and 0.3 mg/mL) or vehicle-only (0.1% dimethyl sulfoxide [DMSO]) was added on day two, and the cells were cultured for an additional three days. The cells were detached by trypsinization and counted using the Countess II Automated Cell Counter (Thermo Fisher Scientific Inc., Waltham, MA, USA). Cell viability was assessed by trypan blue exclusion assay.

2.4. Cell Cycle Analysis

LNCaP or PC-3 cells (1.5×10^5 cells) were seeded into 100-mm culture dishes (Sumitomo Bakelite Co., Ltd., Tokyo, Japan). Twenty-four hours after seeding, the cells were treated with 0.1 or 0.3 mg/mL PFD or vehicle (0.1% DMSO) for 24 h. After treatment, the cells were isolated, and the nuclei were stained using the BD Cycletest Plus DNA Reagent Kit (BD Biosciences, San Jose, CA, USA). To determine the cell cycle distribution, the DNA content of the stained cells was analyzed using the BD FACS Canto II flow cytometer (BD Biosciences), as described previously [28].

2.5. Apoptosis Assay

LNCaP cells (6×10^5 cells) and PC-3 cells (4×10^5 cells) were seeded in 100 mm culture dishes (Sumitomo Bakelite Co., Ltd.). 24 h after seeding, the cells were treated with 0.1 or 0.3 mg/mL PFD, or vehicle (0.1% DMSO), for 48 h (LNCaP cells) or 72 h (PC-3 cells). After treatment, the cells were trypsinized, collected, and stained with annexin V–fluorescein isothiocyanate and propidium iodide simultaneously using the Annexin V-FITC Apoptosis Detection kit (BD Biosciences). The cell suspensions were analyzed using the BD FACS Canto II flow cytometer (BD Biosciences) to determine the percentage of apoptotic (annexin V–fluorescein isothiocyanate staining) and necrotic (propidium iodide staining) cells, as described previously [28]. A minimum of 20,000 cells were collected for all samples.

2.6. ELISA

For quantitative determination of TGFβ1 and PSA proteins, aliquots of conditioned medium from PCa cells were collected and subjected to ELISA using the Quantikine[®] human TGF-β1 immunoassay kit (R&D Systems, Inc., Minneapolis, MN, USA) and PSA Enzyme Immunoassay Test Kit (Hope Laboratories, Belmont, CA, USA), respectively.

2.7. Preparation of Cell Lysates

LNCaP or PC-3 cells (1 \times 10⁶) were seeded in 100 mm culture dishes (Sumitomo Bakelite Co., Ltd.). 24 h after seeding, the cells were treated with PFD (0.1 or 0.3 mg/mL) or vehicle (0.1% DMSO) for 48 h. The cells were harvested by scraping, and whole cell lysates were prepared as described

previously [27]. Briefly, the cells were washed with ice-cold phosphate-buffered saline and lysed with CelLyticTM (Sigma-Aldrich Co.) containing 1% Nonidet P-40, 10 mM 4-(2-aminoethyl) benzensulfonyl fluoride, 0.8 mM aprotinin, 50 mM bestatin, 15 mM E-64, 20 mM leupeptin, and 10 mM pepstatin. After 60 min on ice, the lysates were centrifuged at 10,000 *g* for 10 min, and the supernatants were collected. The protein concentration was measured using the NanoDrop 2000 instrument (Thermo Fisher Scientific Inc.).

2.8. Western Blot Analysis

Extracted proteins were separated by gel electrophoresis and transferred to Immobilon polyvinylidene difluoride membranes (Merck Millipore, Darmstadt, Germany) following our previously reported protocol [27]. The anti-AR, anti-PSA, anti-phospho-Akt (Ser473), anti-Akt, and anti- β -actin antibodies were used at dilutions of 1:2500, 1:5000, 1:1000, 1:1000, and 1:5000, respectively. Specific protein bands were visualized using the SuperSignalTM West Pico Chemiluminescent Substrate (Thermo Fisher Scientific Inc.) with the LAS-4000 Mini (Fuji Photo Film, Tokyo, Japan).

2.9. Statistical Analysis

Results are expressed as means \pm standard deviation. Differences between two groups were determined using Student's *t*-test. Values of *p* < 0.05 were considered statistically significant.

3. Results

3.1. Effects of Pirfenidone Treatment on the Growth of Prostate Cancer Cells (LNCaP, LNCaP Sublines, and PC-3)

First, we confirmed that PFD treatment suppresses the growth of fibroblasts. PFD treatment (0.3 mg/mL) for 72 h suppressed the growth of commercially available prostate stromal cells (data not shown). Using these experimental conditions, we treated the PCa cells (LNCaP, E9, F10, AIDL, and PC-3) with PFD and found that PFD treatment suppressed the growth of all cell lines (Figure 1A). Among the LNCaP cells and sublines, growth suppression was more pronounced in LNCaP and E9 cells than in F10 and AIDL cells. We also assessed TGF β 1 secretion from PCa cells because of its relationship to cell cycle and apoptosis. TGF β 1 levels were measured in the culture medium of the PCa cells using ELISA. TGF β 1 secretion was significantly increased by PFD treatment in all PCa cells evaluated (Figure 1B). Among the LNCaP cells and sublines, the increase in TGF β 1 secretion was greater in LNCaP and E9 cells than in F10 and AIDL cells.



Figure 1. Cont.



Figure 1. Effects of pirfenidone (PFD) treatment on the growth and secretion of transforming growth factor β 1 (TGF β 1) of human prostate cancer (PCa) cells. Human PCa cells (parental LNCaP cell line and the LNCaP sublines E9, F10, and AIDL; and the PC-3 cell line) were plated in 12-well plates and treated with PFD for three days. Effects of PFD treatment on the (**A**) growth and (**B**) TGF β 1 secretion of human PCa cells. Data are representative of three independent experiments, and the values represent the means \pm standard deviation. *, *p* < 0.05; **, *p* < 0.01; ***, *p* < 0.001 versus the vehicle-treated control.

3.2. Pirfenidone Antiproliferative Mechanisms in LNCaP and PC-3 Cells

To investigate whether PFD treatment affects the cell cycle, we performed flow cytometric and Western blot analyses of cell-cycle regulatory proteins. In both LNCaP and PC-3 cells, PFD treatment increased the population of cells in the G_0/G_1 phase, which was accompanied by a decrease in S/G₂ phase cells (Figure 2, Tables 1 and 2). p21 protein expression was increased by PFD treatment in LNCaP cells, but was not detected in PC-3 cells (Figure 3). Of note, PFD-increased p21 protein expression was the highest in E9 cells (Figure S1). In contrast, CDK2 protein expression was clearly decreased in both PFD-treated LNCaP and PC-3 cells. Of note, PFD treatment did not induce early apoptosis in either LNCaP or PC-3 cells.

PED (ma/mL)	Phase (%)			
TTD (IIIg/IIIL)	G ₀ /G ₁	S	G ₂ /M	
0	61.8 ± 0.9	19.2 ± 0.3	17.8 ± 0.5	
0.1	64.9 ± 0.7 **	16.8 ± 0.7 *	17.2 ± 0.5	
0.3	72.3 ± 0.7 ***	$12.0\pm0.2~^{***}$	14.7 ± 0.5 **	

Table 1. Effects of pirfenidone (PFD) treatment on cell cycle progression in LNCaP cells.

*, *p* < 0.05; **, *p* < 0.01; ***, *p* < 0.001 versus vehicle-treated control.

Table 2. Effects of pirfenidone (PFD) treatment on cell cycle progression in PC-3 cells.

PED (mg/mL)	Phase (%)			
TTD (ing/int)	G_0/G_1	S	G ₂ /M	
0	45.5 ± 1.3	20.5 ± 0.4	26.7 ± 0.7	
0.1	51.1 ± 0.7 **	16.1 ± 0.1 **	25.5 ± 0.3	
0.3	55.6 ± 0.6 **	$15.2\pm0.9~^{**}$	$23.0\pm0.9~^{**}$	

**, p < 0.01 versus vehicle-treated control.



Figure 2. Cell cycle analysis by flow cytometry of human prostate cancer cells treated with pirfenidone (PFD). The cell cycle was determined by propidium iodide (PI) staining, as detailed in the "Material and Methods" section. The proportions of cells in the G_0/G_1 , S, and G_2/M phase were calculated from one representative experiment (n = 3).



Figure 3. Effects of pirfenidone (PFD) treatment on the expression of cell cycle-related proteins in human prostate cancer cells. Both LNCaP and PC-3 cells were plated in 100 mm dishes and treated with PFD for two days. Cell lysates (50 μ g) were separated by electrophoresis using a 12.5% SDS–polyacrylamide gel. After separation, the proteins in the gel were transferred to a polyvinylidene difluoride membrane by electroblotting. p21 and CDK2 protein levels were determined by Western blot analysis using specific antibodies. Equal loading of the samples was confirmed by measuring β -actin protein levels.

3.3. Effects of Pirfenidone Treatment on Androgen Receptor Signaling-Related Protein Levels in LNCaP and PC-3 Cells

To confirm specific inhibition of PFD treatment on the AR signaling pathway, we evaluated the protein levels of AR and PSA in LNCaP cells by Western blot analysis. AR protein expression was not changed, but PSA protein expression was decreased by PFD treatment (Figure 4). In both LNCaP and PC-3 cells, PFD treatment slightly decreased the level of phospho-Akt (Ser473), suggesting slight inhibition of Akt phosphorylation. Of note, AR and PSA protein expression was not detected in PC-3 cells as reported previously [20].



Figure 4. Effects of pirfenidone (PFD) treatment on androgen receptor signaling-related protein levels in human prostate cancer cells. Both LNCaP and PC-3 cells were plated in 100 mm dishes and treated with PFD for an additional two days. Cell lysates (50 μ g) were separated by electrophoresis using a 12.5% SDS–polyacrylamide gel. After separation, proteins in the gel were transferred to a polyvinylidene difluoride membrane by electroblotting. Androgen receptor, prostate-specific antigen, phospho-Akt (Ser473), and total Akt protein levels were determined by Western blot analysis using specific antibodies. Equal loading of the samples was confirmed by measuring β -actin levels.

We further evaluated the effects of PFD treatment on PSA secretion by measuring PSA protein levels in conditioned medium from PFD-treated LNCaP cell cultures using ELISA. The PSA protein level was significantly reduced in LNCaP cell culture medium, suggesting that PSA secretion was inhibited by PFD treatment (Figure 5).



Figure 5. Effects of pirfenidone (PFD) treatment on prostate-specific antigen (PSA) secretion from human prostate cancer cells. The level of PSA secreted from LNCaP cells was determined by measuring the PSA level in LNCaP conditioned medium by ELISA. Values represent the means \pm standard deviation. *, p < 0.05 versus the vehicle-treated control.

4. Discussion

Drug repositioning of the anti-fibrotic compound PFD to cancer treatment is not a novel idea, but investigation of the effects of PFD on PCa progression, considering the extracellular-matrix-rich microenvironment of PCa, would provide meaningful information for this potential application of PFD. In this study, we demonstrated that PFD treatment suppressed the growth and induced G₁ cell cycle arrest in various PCa cell lines that differed in androgen sensitivity, suggesting that PFD may target not only fibroblasts but also heterogeneous PCa cells within the tumor microenvironment.

In animal models of fibrosis, PFD induced anti-fibrotic effects mainly via inhibition of TGF β signaling in fibroblasts. TGF β is a multifunctional cytokine that regulates cell proliferation, extracellular matrix production and degradation, cell differentiation, and apoptosis [29]. In animal models of fibrosis, PFD treatment inhibited fibrosis, which was associated with down-regulation of TGF β , platelet-derived growth factor, and collagen synthesis in various types of cells, including

human lung fibroblasts [30], rat hepatic stellate cells [14], human pancreatic stellate cells [31], rat renal fibroblasts [32], human Tenon fibroblasts [15], and rat cardiac fibroblasts [33].

In contrast, our results showed that PFD treatment significantly increased TGF β secretion from all PCa cells evaluated, regardless of androgen sensitivity. Our previous study reported that TGF β 1 secretion from PCa cells was quite low compared with that from fibroblasts, especially carcinoma-associated fibroblasts [27]. TGF β participates in cell proliferation and differentiation not only in normal processes such as embryonic development and wound healing, but also abnormal processes such as cancer progression and angiogenesis [34]. Although a number of studies have investigated the role of TGF β , the results are still controversial. Importantly, the TGF β signaling pathway is involved in both tumor-suppressive and tumor-promoting roles. The presence of TGF β in the tumor microenvironment may promote tumor growth by enhancing stromal support and angiogenesis and by impairing immune surveillance [35]. In contrast, TGF β plays a tumor-suppressive role by inducing G₁ cell cycle arrest in various cell types, such as epithelial, endothelial, and hematopoietic cells and fibroblasts [36]. Cell-cycle inhibition by TGF β is mediated in part by the up-regulation of antiproliferative proteins such as p15^{INK4b}, p21^{CIP1}, and p27^{KIP1}. In this study, the p21^{CIP1} protein level was increased in PFD-treated LNCaP cells. Increased expression of p21^{CIP1}, a cell-cycle-inhibitory protein, is not only associated with cell cycle inhibition, but also cell differentiation and senescence [37].

Lin et al. reported that the Akt pathway is associated with AR activation in LNCaP cells [38]. Iguchi et al. demonstrated that inhibition of Akt phosphorylation by the PI3K inhibitor LY294002 reduced PSA expression in LNCaP cells [39]. Previous studies reported that PFD treatment inhibits phosphorylation of Akt in rat hepatocytes [40], human lung fibroblasts [30], and human Tenon fibroblasts [16]. Similarly, in this study, PFD treatment slightly inhibited the phosphorylation of Akt in both LNCaP and PC-3 cells. In addition, PFD treatment reduced PSA protein expression and secretion in LNCaP cells.

Serum PSA levels are influenced by a number of drugs, such as non-steroidal anti-inflammatory drugs and statins [41,42]; for example, the serum PSA level was found to be lower in aspirin users than non-users [41]. In contrast, Iguchi et al. reported that betamethasone, an agonist of the glucocorticoid receptor, increased PSA mRNA expression in LNCaP cells [43]. Similar to PFD, the antidiabetic drug troglitazone, which is a ligand of peroxisome proliferator-activated receptor gamma, reduced PSA expression in LNCaP cells [7]. Previous studies and our results suggest that PFD treatment reduces PSA expression, which is associated with inhibition of Akt phosphorylation in LNCaP cells.

The tumor microenvironment of the prostate is highly complex and heterogeneous, and is composed of carcinoma-associated fibroblasts as well as epithelial cancer cells that infiltrate into the surrounding tumor stroma, referred to as reactive stroma [44]. This heterogeneous stromal component of the prostate contains multiple populations of fibroblasts that are associated with tumorigenesis [45,46]. In this study, we demonstrated that the anti-fibrotic drug PFD suppressed the growth of human PCa cells by inducing G_1 cell cycle arrest. In addition, our data suggest that PFD-induced growth suppression occurs independently of androgen sensitivity. Therefore, PFD may provide a novel therapeutic option for targeting not only fibroblasts surrounding cancer cells, but also heterogeneous PCa cells of varying androgen sensitivities within patients with CRPC.

5. Conclusions

In our studies of drug repositioning, we demonstrate that PFD may serve as a novel therapeutic drug that induces G₁ cell cycle arrest in human PCa cells independently of androgen sensitivity.

Supplementary Materials: The following are available online at http://www.mdpi.com/2077-0383/8/1/44/s1, Figure S1: Effects of pirfenidone (PFD) treatment on the expression of cell cycle-related proteins in human prostate cancer cells. E9, F10, and AIDL cells were plated in 100-mm dishes and treated with PFD for 2 days. Cell lysates (50 µg) were separated by electrophoresis using a 12.5% SDS–polyacrylamide gel. After separation, the proteins in the gel were transferred to a polyvinylidene difluoride membrane by electroblotting. p21 and CDK2 protein levels were determined by Western blot analysis using specific antibodies. Equal loading of the samples was confirmed by measuring β-actin protein levels.

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Article

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Androgen Receptor Splice Variant 7 Drives the Growth of Castration Resistant Prostate Cancer without Being Involved in the Efficacy of Taxane Chemotherapy

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Abstract: Expression of androgen receptor (AR) splice variant 7 (AR-V7) has been identified as the mechanism associated with the development of castration-resistant prostate cancer (CRPC). However, a potential link between AR-V7 expression and resistance to taxanes, such as docetaxel or cabazitaxel, has not been unequivocally demonstrated. To address this, we used LNCaP95-DR cells, which express AR-V7 and exhibit resistance to enzalutamide and docetaxel. Interestingly, LNCaP95-DR cells showed cross-resistance to cabazitaxel. Furthermore, these cells had increased levels of P-glycoprotein (P-gp) and their sensitivity to both docetaxel and cabazitaxel was restored through treatment with tariquidar, a P-gp antagonist. Results generated demonstrated that P-gp mediated cross-resistance between docetaxel and cabazitaxel. Although the LNCaP95-DR cells had increased expression of AR-V7 and its target genes (UBE2C, CDC20), the knockdown of AR-V7 did not restore sensitivity to docetaxel or cabazitaxel. However, despite resistance to docetaxel and carbazitaxel, EPI-002, an antagonist of the AR amino-terminal domain (NTD), had an inhibitory effect on the proliferation of LNCaP95-DR cells, which was similar to that achieved with the parental LNCaP95 cells. On the other hand, enzalutamide had no effect on the proliferation of either cell line. In conclusion, our results suggested that EPI-002 may be an option for the treatment of AR-V7-driven CRPC, which is resistant to taxanes.

Keywords: androgen receptor; docetaxel; cabazitaxel; castration-resistant prostate cancer; chemotherapy; P-glycoprotein; EPI-002; splice variant

1. Introduction

The primary effective treatment for most recurring prostate cancer (PC) is androgen deprivation therapy (ADT). Although initially effective, the malignancy will eventually form castration-resistant prostate cancer (CRPC) [1]. Current treatment options for CRPC are androgen receptor- (AR-) targeted therapies, such as enzalutamide and abiraterone, as well as taxanes, such as docetaxel and cabazitaxel. However, no curative CRPC therapy is available for the presentation of treatment resistance [2]. The mechanisms of CRPC development include overexpression of AR [3,4], gain-of-function mutations in the AR ligand-binding domain (LBD) [5], intratumoral androgen synthesis [6], altered expression and function of the AR coactivators [7,8], aberrant post-translational modification of the AR [9], and the AR splice variants (AR-Vs) lacking the LBD [10]. Expression of AR-V7 in human prostate cancer cell lines mediates resistance to enzalutamide and abiraterone [11,12]. EPI compounds are AR amino-terminal

domain- (NTD-) targeting drugs that block the transcriptional activities of full-length (FL)-AR and AR-Vs in vitro and exhibit antitumor activity in CRPC xenografts [13–15]. Resistance to taxane-based chemotherapy is frequently attributed to the overexpression of the transporter protein, P-glycoprotein (P-gp), which is also known as ATP-binding cassette subfamily B member 1 (ABCB1) or multidrug resistance protein 1 (MDR-1) [16,17]. Prostate cancer specimens from CRPC patients have increased levels of P-gp [18]. Cabazitaxel is highly cytotoxic with a low affinity for P-gp [19], and therefore, it is not considered to be clinically cross-resistant with docetaxel, thereby providing a survival benefit for docetaxel-pretreated patients [20]. However, a recent report indicated that P-gp could mediate cabazitaxel-docetaxel cross-resistance in advanced prostate cancer [21]. Alternative mechanisms of resistance to taxanes may involve tubulin mutations [22], although the precise association has yet to be elucidated. The presence of AR-V7 in circulating tumor cells from men with metastatic CRPC is not associated with primary resistance to taxane chemotherapy [23,24], which is contrary to pre-clinical data suggesting that the expression of AR-V7 mediates resistance to docetaxel in LuCap23.1 human prostate cancer xenografts [25]. In this study, we focused specifically on the role of AR-V7 in taxane resistance in pre-clinical models of prostate cancer to address this clinically important question. We employed the CRPC cell line, LNCaP95, which endogenously expresses AR-V7, to examine the status of cross-resistance between docetaxel and cabazitaxel, and to assess the involvement of AR-V7 with taxane resistance. We further evaluated the effect of EPI-002, an NTD-targeting drug, on enzalutamide resistant LNCaP95 cells with acquired resistance to taxanes.

2. Materials and Methods

2.1. Cell Lines and Culture Conditions

Prostate cancer cell lines, DU145, PC3, and LNCaP were purchased from the American Type Culture Collection (ATCC). LNCaP95 was a generous gift from Dr. Jun O. Luo (Johns Hopkins University, Baltimore, MD, USA). Cells were authenticated by short tandem repeat analysis (Takara Bio Inc., Shiga, Japan) and then tested by DDC Medical (Thermo Fisher Scientific, Waltham, MA, USA) in April 2018, to ensure that the cells were mycoplasma-free. Cells were maintained as monolayer cultures at 37 °C and 5% CO₂. The cell line DU145 was cultured in DMEM supplemented with 10% FBS, PC-3 in RPMI 1640 with 10% FBS, LNCaP in phenol red-free RPMI 1640 with 10% FBS, and LNCaP95 in phenol red-free RPMI 1640 with 10% charcoal stripped serum (CSS). A docetaxel-resistant cell line variant, LNCaP95-DR, was developed over a period of 6 months by exposure to gradually increased concentrations of docetaxel (Sigma-Aldrich, St. Louis, MO, USA). A time-matched parental cell line, LNCaP95-C, was developed in a medium containing vehicle (DMSO) at the corresponding concentration. Finally, LNCaP95-DR cells were maintained in medium containing 15 nM docetaxel.

2.2. Cell Proliferation Assay

The effect of drugs on cell proliferation was assessed using the Premix WST-1 Cell Proliferation Assay System (Takara Bio) according to the manufacturer's protocol. Cell viability was normalized to the viability of vehicle-treated control cells (DMSO).

BrdU ELISA was performed to evaluate the inhibitory effect of EPI-002 on the proliferation of cells. LNCaP95-P, LNCaP95-C, and LNCaP95-DR cells were treated with vehicle (DMSO) or EPI-002 for 48 h, and BrdU incorporation was measured using the BrdU ELISA kit (Roche Diagnostics, Basel, Switzerland).

2.3. Western Blot Analysis

Western blots were performed as previously described in Reference [26]. The primary antibodies used were: AR (1:1000; Santa Cruz Biotechnology), AR-V7 (1:400; Precision), GR (1:1000; BD transduction laboratories), PSA (1:1000; Santa Cruz Biotechnology), FKBP5 (1:1000; Santa Cruz Biotechnology), UBE2C (1:1000; Boston Biochem), NSE (1:1000; Merck), Mdr-1 (1:1000; Santa

Cruz), Aurora A (1:1000), BRN-2 (1:1000), total-STAT3 (1:1000), p-STAT3Tyr705 (1:1000), total-AKT (1:1000), p-AktSer473 (1:1000), total-S6 (1:1000), p-S6 (1:2500), total-p44/42MAPKErk1/2 (1:1000), p-p44/42MAPKErk1/2 (1:1000), 110 α (1:1000), 110 β (1:1000), 110 γ (1:1000), PI3KClass III (1:1000), p85 (1:1000), 4EBP1 (1:1000), and p-4EBP1 (1:1000), from Cell Signaling Technology. Beta-actin (1:1000, Abcam and Cell Signaling Technology) was used as a loading control.

2.4. Real-Time Quantitative Reverse Transcription PCR (Real-Time RT-qPCR)

Total RNA was isolated using the RNAqueous Total RNA Isolation Kit (Life Technologies, Waltham, MA, USA) and it was reverse transcribed to cDNA using the High Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Waltham, MA, USA). Real-time RT-qPCR was performed in triplicate for each biological sample. Transcript levels for each gene were normalized to levels of the GAPDH transcript. Primers were purchased from Applied Biosystems: AR (Hs00171172_m1), KLK3 (Hs02576345_m1), FKBP5 (Hs01561006_m1), UBE2C (Hs00964100_g1), CDC20 (Hs00426680_mH), GAPDH (Hs00266705_g1), AR-V7 (forward, 5'-CCATCTTGTCGTCTTCGGAAATGTTA-3'; reverse, 5'-TTTGAATGAGGCAAGTCAGCCTTTCT-3').

2.5. AR-Driven PSA(6.1kb)-Luciferase Reporter Gene Assay

PSA (6.1kb)-luciferase reporter plasmid encodes nucleotides -6000/+12 relative to the transcription start site of the human PSA/KLK3 gene and it includes the PSA promoter, with AREII (-395 to 376) and AREI (-170 to -156), and enhancer regions with AREIII (-4148 to -4134), as described in References [27,28]. LNCaP95-C and LNCaP95-DR cells seeded in 24-well plates were transfected using FuGENE HD Transfection Reagent (Promega, Madison, WI, USA), with a plasmid encoding the prostate-specific antigen (PSA) (6.1 kb)-luciferase reporter gene construct. The next day, the cells were pre-treated with vehicle (DMSO), enzalutamide (10μ M), docetaxel (5 nM), or cabazitaxel (10 nM) for 1 h before adding R1881 or EtOH (vehicle) under serum-free, phenol red-free conditions. After 48 h of incubation, the cells were harvested and lysed using the lysis buffer that was provided with the Luciferase Assay System (Promega). PSA-luciferase activity was measured using with the Wallac 1420 ARVOsx multi-label plate reader (PerkinElmer, Waltham, MA, USA) and normalized to protein concentration by the Bradford method as explained in Reference [29].

2.6. Knockdown of AR-V7

AR-V7 expression was transiently knocked down in LNCaP95-DR cells using LipofectamineTM RNAiMAX (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instructions. AR-V7 siRNAs (Silencer[®] Select siRNAs) were obtained from Life TechnologiesTM (Grand Island, NY, USA). The sense sequence of siRNA for AR-V7 was 5'-GUAGUUGUGAGUAUCAUGATT-3'.

2.7. Statistical Analysis

Statistical analyses were performed using GraphPad Prism 7 (GraphPad Software, Inc., La Jolla CA, USA). All experiments were performed in triplicates for each biological sample. Data for cell proliferation assays, real-time RT-qPCR, and luciferase assays were depicted as mean \pm SD from 3 to 4 independent experiments. IC50 values and 95% confidence intervals (CI) were calculated using the nonlinear regression analysis of percentage inhibition. The comparison of LogIC50 was calculated using the extra sum-of-squares F-test. One-way ANOVA followed by a Sidak's post hoc test was used to assess the difference between the data of real-time RT-qPCR and luciferase assay. *p* < 0.05 was considered to indicate a statistically significant difference.

3. Results

3.1. LNCaP95-DR Cells Were Cross-Resistant to Cabazitaxel

To evaluate the inhibitory effect of docetaxel and cabazitaxel on prostate cancer cell lines, the MTT assay was performed (Figure 1A,B). LNCaP cells were highly sensitive to docetaxel and cabazitaxel, whereas LNCaP95 cells were less sensitive than LNCaP cells. A docetaxel resistant LNCaP95 cell line, LNCaP95-DR, was obtained by exposing parental cells to gradually increasing concentrations of docetaxel. As shown in Figure 1C, LNCaP95-DR cells were less sensitive to cabazitaxel than LNCaP95-C cells. Furthermore, LNCaP95-DR cells were less sensitive to cabazitaxel than LNCaP95-C cells (Figure 1D). A table showing the IC50s of all these cell lines is provided in Figure 1E. These data suggest that the acquired resistance to docetaxel results in the cross-resistance to cabazitaxel.



Figure 1. LN95-DR shows cross-resistance to cabazitaxel. Dose responses for docetaxel (**A**) and cabazitaxel (**B**) on the viability of prostate cancer cell lines (DU145, PC3, LNCaP, and LN95-P) assessed by the MTT assay; Dose responses for docetaxel (**C**) or cabazitaxel (**D**) on the viability of LN95-C and LN95-DR after 72 h; (**E**) A table showing IC50 values and 95% confidence intervals for docetaxel and cabazitaxel on prostate cancer cell lines. LN95-P: parental LNCaP95; LN95-C: time-matched parental LNCaP95 cells treated with DMSO as a vehicle control; LN95-DR: LNCaP95 with acquired resistance to docetaxel.

3.2. P-gp Was Overexpressed in LNCaP95-DR Cells and Tariquidar Restored Sensitivity to Docetaxel and Cabazitaxel

Consistent with a known mechanism of acquired resistance to taxanes, P-gp was overexpressed in LNCaP95-DR cells as measured by the Western blot analysis (Figure 2A). To test whether this high level of P-gp protein in LNCaP95-DR cells played a direct role in the resistance to docetaxel and cabazitaxel, a P-gp inhibitor was tested. Tariquidar is a potent P-gp antagonist that inhibits P-gp mediated drug efflux [30–33]. We found that the monotherapy with tariquidar showed no effect on the proliferation of LNCaP95-DR (data not shown), whilst tariquidar restored the sensitivity of LNCaP95-DR cells to both docetaxel and cabazitaxel (Figure 2B–D). These data indicated that the cross-resistance between docetaxel and cabazitaxel in LNCaP95-DR cells was mainly mediated by P-gp.


Figure 2. Tariquidar restored the sensitivity of LNCaP95-DR to docetaxel and cabazitaxel. (**A**) Levels of P-gp protein in LN95-P, LN95-C, and LN95-DR cell lysates using b-actin as a loading control; Effects of inhibition of p-gp on the viability of LN95-C and LN95-DR cells incubated with DMSO or a combination of tariquidar (50 nM, inhibitor of P-gp) and increasing concentrations of docetaxel (**B**) or cabazitaxel (**C**); (**D**) Table showing the IC50s of docetaxel and cabazitaxel in LN95-DR cells incubated with a combination of 50 nM tariquidar.

3.3. Expression of AR-V7-Regulated Genes Was Increased in LNCaP95-DR

To elucidate other potential contributing factors involved in the mechanism of taxane resistance and provide clues for possible intervention, we compared the levels of expression of several key genes in LNCaP95-DR cells using Western blot analysis and real-time RT-qPCR. LNCaP95-DR cells had higher levels of glucocorticoid receptor (GR), UBE2C, and phosphorylated S6 (pS6), but lower levels of BRN-2 proteins as compared to levels in LNCaP95-C (Figures 3A,B and A1C).



Figure 3. Levels of proteins suspected to play a role in the resistance to therapies for castration-resistant prostate cancer (CRPC). Western blot analyses using whole cell lysates from cell lines. Expression of proteins in androgen receptor (AR) and AR-V7 signaling (A), Jak/STAT, PI3K/AKT/mTOR, Ras/MAPK pathway and neuroendocrine markers (B). The ratio among the three cell lines was described, which was normalized to that in LN95-P, comparing the protein expression values of FL-AR and AR-V7 regulated molecules normalized to beta-actin as an internal control (A).

Real-time RT-qPCR revealed that the transcript levels of FL-AR and its target gene KLK3 in LNCaP95-DR cells did not differ from those in LNCaP-C cells, whereas the transcript levels of AR-V7 and its target genes, UBE2C and CDC20, were all increased in LNCaP95-DR cells as compared to levels in LNCaP-C cells (Figure 4). Interestingly, neither docetaxel nor cabazitaxel suppressed the

expression of genes regulated by FL-AR (Figure 4A,B). FL-AR was functional in LNCaP95-DR cells as indicated by the induction of PSA-luciferase activity, as well as KLK3 and FKBP5 gene expression in response to the synthetic androgen, R1881 (Figure 4). Neither docetaxel nor cabazitaxel reduced the transcriptional activity of FL-AR in LNCaP95-C or LNCaP95-DR when measuring a PSA-luciferase reporter or endogenous expression of KLK3 and FKBP5 in response to R1881 (Figure 4).



Figure 4. Increased expression of AR-V7 target genes in LNCaP95-DR. Levels of mRNA for FL-AR, AR-V7 and their target genes plus PSA (6.1 kb)-luciferase activities in LN95-C and LN95-DR in response to the synthetic androgen R1881 and taxanes. Transcript levels of FL-AR, KLK3, FKBP5, AR-V7, UBE2C, and CDC20 normalized to transcript levels of GAPDH. LN95-C and LN95-DR were treated with DMSO, docetaxel (5 nM) (**A**) or cabazitaxel (10 nM) (**B**) for 1 h prior to the addition of R1881 (1 nM) or EtOH for 48 h. For the luciferase assay (**C**), LN95-C and LN95-DR were treated with DMSO, enzalutamide (10 μ M), docetaxel (5 nM), or cabazitaxel (10 nM) for 1 h prior to treatment with R1881 (1 nM) or EtOH for 48 h. n.s.: not significant; * *p* < 0.05; ** *p* < 0.01; *** *p* < 0.001; **** *p* < 0.001.

BRN2 is a transcription factor that is proposed to play a role in enzalutamide-induced neuroendocrine transdifferentiation [34]. LNCaP95-DR cells had reduced expression of this transcription factor (Figure 3). Therefore, we tested whether the altered expression of BRN2 might correlate to increased sensitivity to enzalutamide. Unfortunately, no difference in cell viability was measured in response to enzalutamide in LNCaP95-DR cells (Figure A1A). All cell lines remained resistant to enzalutamide.

Glucocorticoid receptor (GR), is proposed to play a role in CRPC as an alternative steroid receptor for AR [35]. Although levels of GR protein were elevated in the LNCaP95 cells (Figure 3), the GR agonist, dexamethasone, did not affect the proliferation of the LNCaP95 cells (Figure A1B). This suggested that the GR is not driving proliferation in this model.

Alterations in expression of components of the PI3K/Akt/mTOR occur in 42% of primary prostate tumors and 100% of metastatic tumors [36]. Thus, targeting the PI3K/Akt/mTOR pathway is considered a promising approach for the treatment of CRPC [15,37,38]. To determine a possible role of this pathway, western blot analysis was performed to assess the status of this pathway in LNCaP95-DR cells. We found no significant change in the expression levels of proteins related to the PI3K/Akt/mTOR pathway, with the exception of pS6 (Figures 3B and A1C). However, the mTOR inhibitor, everolimus, did not mediate differential effects in the different cell lines (Figure A1D), which could suggest that an increased pS6 expression was not important for the acquired resistance to docetaxel.

3.4. Knockdown of AR-V7 Has No Effect on Sensitivity to Docetaxel and Cabazitaxel

Given the expression of AR-V7, and its target genes UBE2C and CDC20 being increased in LNCaP95-DR, we examined whether AR-V7 may contribute to the acquisition of resistance to taxanes and whether the targeting of AR-V7 might be a good intervention strategy. To test these we used two approaches, knockdown of AR-V7 and an inhibitor of the AR-Vs transcriptional activities. When AR-V7 expression was transiently knocked down in LNCaP95-DR cells using small interfering RNA (siRNA) (Figure 5A), proliferation of LNCaP95-DR cells was decreased by 37% (Figure 5B). AR-V7 knockdown did not restore the sensitivity of LNCaP95-DR cells to docetaxel or cabazitaxel (Figure 5C).

AR-NTD targeting drugs are a potential treatment strategy for CRPC represented by LNCaP95-DR cells which have acquired resistance to enzalutamide, docetaxel, and cabazitaxel. This is because AR-NTD is essential for the transcriptional activities exerted by both the FL-AR and AR-Vs. Thus, antagonists of AR-NTD, such as EPI-002, could have a therapeutic effect on LNCaP95 driven by AR-V7. Importantly, EPI-002 had an inhibitory effect on the proliferation of LNCaP95-DR cells that was similar to the effect measured with the parental LNCaP95 cells (Figure 5D). Together, the data revealed that AR-NTD-targeting drugs are a feasible intervention for taxane-resistant prostate cancers that are driven by AR-Vs.



Figure 5. EPI-002 inhibits proliferation of LN95-DR. (**A**) Levels of proteins of FL-AR and AR-V7 and transcripts of FL-AR, AR-V7, UBE2C, and CDC20 in LN95-DR that were transfected with AR-V7 siRNA. After 48 h of transfection with 5 nM AR-V7 siRNA, LN95-DR cells were incubated in serum-free conditions for 48 h prior to collecting the proteins and for 96 h prior to collecting RNA. Transfection with AR-V7 siRNA sufficiently decreased the expression of AR-V7 and the target genes (UBE2C and CDC20) without affecting the level of the FL-AR; (**B**) Knockdown of AR-V7 decreased the proliferation of LN95-DR by 37%. After 48 h of transfection with 5 nM AR-V7 siRNA, LN95-DR cells were incubated in serum-free conditions for 72 h prior to measuring proliferation; (**C**) Dose response curves for docetaxel or cabazitaxel on the viability of LN95-DR cells treated 48 h after transfection with 5 nM AR-V7 siRNA (AR-V7KD). The table shows IC50s of docetaxel and cabazitaxel in LN95-DR cells after knockdown of AR-V7; (**D**) Dose response curve for EPI-002 on proliferation of both LN95-P and LN95-DR cells as measured by the BrdU ELISA assay. The Table shows IC50 values of EPI-002 in LN95-P and LN95-DR cells. n.s.: not significant; ** *p* < 0.001; **** *p* < 0.001.

4. Discussion

AR-V7 is a major splice variant expressed in human prostate cancer that is associated with the development and progression of CRPC [39,40]. AR-V7 potentially contributes to the resistance to enzalutamide and abiraterone in CRPC [11,41,42]. The involvement of AR-V7 in taxane resistance is not well understood. The LNCaP95 cell line was derived from the LNCaP cell line and it has acquired resistance to androgen depletion conditions. LNCaP95 cells express full-length AR and AR-V7, but the level of AR-V567es is negligible [43]. Proliferation of LNCaP95 cells is driven by AR-V7, despite the endogenous expression of functional FL-AR [39,44]. These cells are resistant to enzalutamide [45]. To elucidate whether AR-V7 plays a role in the acquired resistance to taxanes, the LNCaP95-DR cell line was developed and used as a model for CRPC.

Resistance to taxanes can be associated with the overexpression of P-gp [16,17], which has been confirmed in CRPC patients [18]. Levels of P-gp expression are higher in docetaxel-resistant TaxR

and DU145-DTXR cells as compared to that in docetaxel-sensitive, parental C4-2B and DU145 cells, respectively [46,47]. Similarly, P-gp is overexpressed in docetaxel-resistant DU145R and CWR22rv1R cells derived from the parental DU145 and CWR22rv1 cells, respectively [48]. Consistent with these reports, we showed that P-gp was overexpressed in LNCaP95-DR cells, and that tariquidar treatment restored sensitivity to docetaxel. Therefore, overexpression of P-gp played a major role in the acquired resistance of LNCaP95 to docetaxel. Tariquidar is an anthranilic acid-derived third-generation P-gp inhibitor. Its efficacy has been evaluated in several clinical trials on different types of cancer including lung cancer, but there are no reports on its use for prostate cancer. Our study was the first report using tariquidar for prostate cancer cell lines.

Cabazitaxel is a next-generation semisynthetic taxane chemotherapeutic agent that is effective in patients with docetaxel-resistant CRPC [49]. In the TROPIC clinical trial, cabazitaxel significantly improved the overall survival in CRPC patients during or after docetaxel treatment, but the survival benefit was limited to 2.4 months [20]. In our in vitro study, LNCaP95-DR cells were resistant to high doses of docetaxel with an IC50 of >400 nM; however, these cells maintained some sensitivity to cabazitaxel with an IC50 of approximately 70 nM (Figure 1C,D). The data was consistent with that observed clinically with the resistance to docetaxel. Importantly, tariquidar restored sensitivity to docetaxel, as well as to cabazitaxel, thereby indicating that the cross-resistance between docetaxel and cabazitaxel was mediated by the overexpression of P-gp.

Expression of AR-V7 is clinically important and has been proposed for the assessment of which patients should receive inhibitors of the androgen receptor or taxanes [24]. In this study, we showed that the expression of AR-V7-regulated genes was increased in LNCaP95-DR, but that knockdown of AR-V7 did not restore sensitivity to docetaxel and cabazitaxel. These data support the idea that AR-V7 was not involved in taxane resistance. Contrary to these data, Tadani-Mulero M et al. reported that the expression of AR-V7 resulted in taxane resistance in a mouse model of CRPC due to the absence of the AR hinge region, which appears to be critical for microtubule binding [25]. This report compared FL-AR with AR-V567es-expressing LuCaP86.2 tumor xenografts and FL-AR with AR-V7-expressing LuCaP23.1 tumor xenografts. That report concluded that AR-V7, but not AR-V567es, was important for resistance to docetaxel which was not supported by the work presented here in the LNCaP95-DR cells. Consistent with data presented in this study, are those obtained from clinical studies that have shown that the detection of AR-V7 in circulating tumor cells from men with metastatic CRPC was not associated with primary resistance to taxane chemotherapy [23,24,50].

Some recent reports suggest that taxanes can inhibit AR signaling in prostate cancer cells [51–53]. However, in our study, neither docetaxel or cabazitaxel decreased the expression of genes regulated by FL-AR nor were there any effects on the transcriptional activity of the AR. Zhu ML and Darshan MS examined the effect of taxanes on the androgen/AR axis using very high concentrations of paclitaxel (1 μ M and 100 nM, respectively), which were over the clinically effective range of paclitaxel [54,55]. In the present study, we tested docetaxel and cabazitaxel at the concentrations close to their IC50 (5 nM and 10 nM, respectively), which was clinically feasible [56,57]. Our data suggested that taxane chemotherapy did not affect the androgen/AR axis in LNCaP95-C and LNCaP95-DR when used at the clinically feasible concentration.

AR-NTD is essential for the transcriptional activities of both FL-AR and AR-Vs. Therefore, AR-NTD-targeting therapy has benefits over the drugs targeting the AR-LBD. EPI-002 targets the NTD of the AR and can block the signaling induced by the FL-AR and AR-Vs [58]. In this study, we showed that the inhibitory effect by EPI-002 on the proliferation of LNCaP95-DR cells was similar to that achieved with the parental LNCaP95 cells. LNCaP95-DR proliferation remained driven by AR-V7, suggesting that AR-NTD could be a therapeutic target for cancers such as LNCaP95-DR, with acquired resistance to taxanes and enzalutamide.

5. Conclusions

In summary, we have demonstrated that docetaxel-resistant LNCaP95 cells are cross-resistant to cabazitaxel. We showed that resistance to docetaxel and cabazitaxel depended on the increased expression of P-gp and the inhibition of P-gp with tariquidar restored to docetaxel and cabazitaxel. Furthermore, expression of AR-V7-regulated genes was increased in LNCaP95-DR cells, although AR-V7 did not contribute to taxane resistance. Finally, EPI-002, an antagonist of AR-NTD, inhibited proliferation of LNCaP95-DR. In conclusion, the present study described a potential option for the treatment of docetaxel-resistant, AR-V7-driven CRPC.

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Appendix A



Figure A1. Effect of enzalutamide, dexamethasone, or everolimus on taxane-resistant cells. (A) Resistance of LN95-P, LN95-C, and LN95-DR cell viability to 10 μ M enzalutamide for 72 h; (B) Dose response of dexamethasone on the growth and viability of LN95-P cells; (C) Levels of proteins related to the PI3K/Akt/mTOR axis in whole cell lysates; (D) Dose response of everolimus on the viability of LN95-P, LN95-C, and LN95-DR cells.

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Research Evidence on High-Fat Diet-Induced Prostate Cancer Development and Progression

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Abstract: Although recent evidence has suggested that a high-fat diet (HFD) plays an important role in prostate carcinogenesis, the underlying mechanisms have largely remained unknown. This review thus summarizes previous preclinical studies that have used prostate cancer cells and animal models to assess the impact of dietary fat on prostate cancer development and progression. Large variations in the previous studies were found during the selection of preclinical models and types of dietary intervention. Subcutaneous human prostate cancer cell xenografts, such as LNCaP, LAPC-4, and PC-3 and genetic engineered mouse models, such as TRAMP and Pten knockout, were frequently used. The dietary interventions had not been standardized, and distinct variations in the phenotype were observed in different studies using distinct HFD components. The use of different dietary components in the research models is reported to influence the effect of diet-induced metabolic disorders. The proposed underlying mechanisms for HFD-induced prostate cancer were divided into (1) growth factor signaling, (2) lipid metabolism, (3) inflammation, (4) hormonal modulation, and others. A number of preclinical studies proposed that dietary fat and/or obesity enhanced prostate cancer development and progression. However, the relationship still remains controversial, and care should be taken when interpreting the results in a human context. Future studies using more sophisticated preclinical models are imperative in order to explore deeper understanding regarding the impact of dietary fat on the development and progression of prostate cancer.

Keywords: animal model; diet; fat; in vitro; in vivo; mouse; prostate cancer

1. Introduction

Prostate cancer is the most common type of cancer among men in 92 countries and the leading cause of cancer deaths among men in 48 countries [1]. In the United States as well, prostate cancer has been the most commonly diagnosed type of cancer among men, accounting for almost 1 in 5 new diagnoses [2]. While the incidence of latent prostate cancer has been similar between the United States and Japan, the incidence of clinically detected prostate cancer has been lower in Asia, including Japan [3,4]. Of note, the incidence of prostate cancer in Chinese and Japanese men has been reported to increase substantially after migration to the United States [5]. Furthermore, the morbidity and mortality due to prostate cancer in Asia increased remarkably in recent years [6]. Although the etiology of prostate cancer is multifocal, these epidemiological findings, including geographic and ethnic differences, suggest that lifestyle and/or environmental factors have a substantial influence on the development and progression of prostate cancer [7]. Epidemiological evidence suggested that among the acquired risk factors for prostate cancer development and progression, diet and obesity have a potential to cause prostate cancer initiation, promotion, and progression [8,9]. Several studies have implicated dietary fats as important factors of prostate cancer risk and its aggressive phenotype [9,10].

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A number of clinical and preclinical studies have shown that total fat intake and specific fat composition play a potential role in prostate cancer, although their findings have remained inconclusive.

Considering these backgrounds, this study aimed to summarize previous preclinical studies regarding the relationship between dietary fat and prostate cancer development and progression, focusing on differences in preclinical models and dietary fat composition. Furthermore, potential mechanisms on dietary fat-induced prostate carcinogenesis were discussed by updating previous research evidence. To this end, previous preclinical studies investigating dietary fat and prostate cancer were identified using a PubMed search including only studies published in English. This review helps us to understand the current state of diet-induced prostate cancer research in order to guide future works exploring the association between dietary-fat and prostate cancer.

2. Various Preclinical Models

A number of animal models, including those involving prostate cancer cell xenografts and allografts, Transgenic Adenocarcinoma of the Mouse Prostate (TRAMP) mice, and other genetically engineered mice targeting oncogenes and tumor suppressor genes, were tested in order to assess the impact of dietary-fat intake on prostate cancer development and progression (Table 1). First, the models used in the previous studies were summarized as follows.

Authors	Years	Animal Models	Tumors	Diet Summary	End Point	Summary of the Results
Wang [11]	1995	Nude mice	LNCaP	40.5%, 30.8%, 21.2%, 11.6%, or 2.31% fat	Tumor growth rates, tumor weights, ratios of final tumor weights to animal weights, PSA	Groups that continued to receive a 40.51% fat diet were substantially greater tumors growth rates in final tumor weights, and rates of final tumor weights to animal weights than those whose diets were changed to 2.3 kcal%, 11.6 kcal%, or 21.2 kcal% fat.
Connoly [12]	1997	Nude mice	a) DU145 subcutaneous xenograft, b) DU145 into prostate	a) 18:2 w-6-rich vs. 18:3 w-3-rich vs. 20:5 and 22:6 w-3-rich, b) w-6-rich vs. a LF	Tumor growth	a) 182 u-6-rich vs. 18:3 u-3-rich mice were similar; a 30% reduction in tumor growth was observed in the 20:5 and 22:6 u-3-rich groups. b) The mean tumor weight in the u-6-rich group was twice that in the low-far group.
Ngo [13]	2002		LNCaP cultured with human serum	Before and after residential diet and exercise	Cell growth, apoptosis, necrosis	Serum-stimulated LNCaP cell growth was reduced by 30% in pose11-day serum and py 44% in long-term seman relative to baseline. LNCaP cells incubated with post-diet and exercise serum showed higher approsis/mercisis, compared to baseline.
Barnard [14]	2003		LNCaP cultured with human serum	Volunteer serum (control, LF and exercise, exercise alone)	Cell growth	Both the LF/exercise and exercise alone groups had reduced LNCaP cell growth compared to control.
Ngo [15]	2003	CB17 SCID	a) LAPC-4 xenograft, b) LAPC-4 culture with 10% mouse serum	HFD (42%) vs. LFD (12%)	a) tumor growth, PSA, b) cell growth	LFD mice had significantly slower tumor growth rates and lower serum PSA levels compared to HFD mice. LAPC-4 cells cultured in vitro with media containing serum from LFD mice demonstrated slower growth than LAPC-4 cells cultured in media containing HFD mice serum.
Ngo [16]	2004	CB17 SCID	LAPC-4 xeograft	HFD (42%) vs LFD (12%)	Tumor growth, survival	Tumor latency and mouse survival were significantly longer in the LFD castration versus HFD castration group.
Venkateswaran [17]	2007	Swiss nu/nu	LNCaP xenograft	HC + HFD vs. LC + HFD	Tumor growth	Mice on the HC-HFD diet experienced increased tumor growth.
Berquin [18]	2007	Prostate-specific Pten deletion mouse		High w-6 vs. w-3 diet	Prostate weight, rate of invasive carcinoma	Prostate weight was significantly lower in mice fed high $w-3$; half of the mice fed $w-3$ develop invasive carcinoma, whereas 80% of the mice fed high $w-6$ diet had invasive carcinoma.
Kobayashi [19]	2008	Prostate specific High-Myc transgenic mouse	a)LNCaP,b)MycCap with mice serum	HFD (42%) vs LFD (12%)	Rate of mPIN and cancer incidence	The number of mice that developed invasive adenocarcinoma at 7 months was 27% less in the LFD group (1228) compared to the HFD group (2333, $p = 0.04$). Epithelial cells in PIN lesions in the LFD group that a significantly lower proliferative index compared to epithelial cells in the HFD group (21.7% vs. 28.9%, $p < 0.05$).
Freedland [20]	2008	SCID	LAPC-4 xenograft	NCKD (84% fat) vs. LFD (12% fat) vs. WD (40% fat)	Tumor growth, survival	NCKD mice turnor volumes were 33% smaller than WD mice (rank-sum, $p = 0.003$) to difference in turnor volume were observed between LFD and NCKD mice with the latter having the longest survival.
Narita [16]	2008	BALB/c-nu/nu	LNCap xenograft	HF (56.7%) vs. LF (10.2%)	Tumor volume, PSA	Tumor volume and serum PSA levels were significantly higher in the HFI ornin Han in the LFD ornin

Table 1. Summary of preclinical models on dietary-fat induced prostate cancer development and progression.

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Authors	Years	Animal Models	Tumors	Diet Summary	End Point	Summary of the Results
Mavropoulos [21]	2009	SCID	LNCaP xenograft	NCKD (83% fat) vs. LFD (12% fat) vs. WD (40% fat)	Tumor growth, survival	Turnor volumes in the WD group remained significantly larger than turnor volumes in the LED and NCKD groups. Survival was significantly prolonged for the LF (hazard ratio, 0.49; 95% confidence interval, 0.29–0.79; μ = 0.004) and NCKD groups (hazard ratio, 0.59; 95% confidence interval, 0.37–0.95; p = 0.02).
Tamura [22]	2009	Nude mice	LNCaP xenograft	HFD (14%) vs LFD (6%)	Tumor growth	LNCaP-Mock cells did not reveal any significant growth promotion by breeding with HFD. HFD breeding significantly promoted the growth of LNCaP-ELOVL7-1 cells in vivo ($p = 0.0081$).
Kalaany [23]	2009	Prostate-specific Pten deletion mouse		Ad libitum vs. CR	Percentage of proliferation and apoptosis	CR did not affect a PTEN-null mouse model of prostate cancer but significantly decreased tumor burden in a mouse model of lung cancer lacking constitutive PT3K signaling.
Bushemeyer [24]	2010	SCID	LAPC-4 xenograft	7 types of diet	Tumor growth, survival	No significant differences in tumor volume were observed among the various groups at any time point. Overall, the treatment group was not significantly related to survival.
Llaverias [25]	2010	TRAMP mouse		WD (21.2%) vs. chow (4.5%)	Prostate tumor incidence and progression	TRAMP mice fed a WD were shown to develop larger tumors compared to mire fed a dvNo detr <i>G</i> [*] for 69 mice) of TTRAMP mice fed a WD exhibited at least one metastatic focus, whereas 43% (3 of 7 mice) of mice fed a chow diet exhibited the same.
Lloyd [26]	2010	SCID	LAPC-4 xenograft	WD (40%) vs. chow (12%)	Tumor growth, survival	No difference in tumor growth or survival between chow and WD was observed.
Aronson [27]	2010		LNCaP cultured with human serum	PCa men with LF, high-fiber, soy protein-supplemented diet or WD for 4 weeks	Cell growth	LF, high-fiber, soy protein-supplement diet decreased LNCaP cancer cell growth.
Masko [28]	2010	SCID CB17	LAPC-4 xenograft	NCKD (84% fat), 10% carbohydrate diet (74% fat), or 20% carbohydrate diet (64% fat).	Tumor volume, PSA, survival	Tumors were significantly larger in the 10% carbohydrate group on days 52 and 59 ($p < 0.05$) and at no other point during the study. Diet did not affect survival ($p = 0.34$).
Akinsete [29]	2012	C3 (1) Tag transgenic mouse		High w-6 vs. w-3 diet	Tumor progression, apoptosis	Slower progression of tumorigenesis and enhanced apoptosis was observed in dorsalateral prostate of high ω -3 diet mice than in high ω -6 diet mice.
Mao [30]	2012	Homozygous prostate-specific RXR& knockout mouse		NWD (higher fat content, reduced calcium, vitamin D, and fiber) or AIN-76A		A significant joint effect of NWD and RXB& status in developing mPIN, but interaction was not significant owing to the small sample size.
Bonorden [31]	2012	a) TRAMP mouse, b) C57/BL6	b) TRAMP-C2 allograft	LFD (AIN-93M) vs. AIN-93M-HFD (33%)	a) tumor differentiation, percentage of metastasis, b) tumor weight and volume	No difference in the prostates of TRAMP mice. TRAMP-C2 cells grew faster when the mice were fed a HFD.

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Authors	Years	Animal Models	Tumors	Diet Summary	End Point	Summary of the Results
Konijeti [32]	2012	SCID	22Rv1	HFD (43.3%) + saline, HFD + IGF-1R-Ab, LFD (12.4%) + saline, LFD + IGF-1R-Ab	Tumor volume	No significant differences in final tumor volumes or final tumor weights were observed between the treatment groups. At day 14 of the intervention, the mean tumor volume was significantly lower in the LFD + IGF-1R-Ab group than in the I-FB group.
Huang [33]	2012	BALB/c-nu/nu	LNCaP xenograft	HFD (59.9%) vs. HCD (9.5%) vs CD (41.2%)	Tumor volume	The tumor growth of LNCaP xenograft was significantly higher in the HFD group than in the HCD and CD groups.
Wang [34]	2012	a) nude mice, b) Prostate-specific Pten deletion mouse	a) pten-/- allograft	High w-6 vs w-3 diet	a) tumor volume and weight, b) body weight, invasion rate, Ki67	u-3 PUFA resulted in slower growth of castration-resistant tumors compared to u-6 PUFA.
Vandelsluis [35]	2013	Nu/nu athymic mice	LNCaP xenograft	HFD (23.8%) vs. SD (6.0%)	Tumor volume	The HF with exercise group showed significantly higher tumor growth rates compared to all other groups. The SD with exercise group had significantly lower tumor growth rates of compared to the HFD without exercise group.
Pommier [36]	2013	C57BL/6 Lxra and Lxrb double knockout mice		Normal or hypercholesterolemic diet	Presence of PIN, number of Ki-67 positive cells	High-cholesterol diet induced proliferation in LXR mutant mouse prostate.
Huang [37]	2014	BALB/c-nu/nu	LNCaP xenograft	HFD (59.9%) vs. LFD (9.5%)	Tumor volume	The tumor growth of LNCaP xenograft was significantly higher in the HFD group than the LFD groups.
Moiola [38]	2014	Swiss nu/nu	PC-3 xenograft	HFD (homemade) vs. CD	Tumor volume	No significant differences in tumor growth were observed in CD-fed mice; however, we found that only 60% of HFD-fed mice inoculated with CtBP1-depleted cells developed a tumor.
Chang [39]	2014	TRAMP mouse		HFD (45%) vs. CD (10%)	Histophathologica score	Histopathological scores in the dorsal and lateral lobes were higher in the 10-week HFD group than in the 10-week CD group.
Liu [40]	2015	Pten haploinsufficientmale mice		High calorie vs. regular diet	mPIN score	High-calorie diet caused neoplastic progression, angiogenesis, inflammation, and epithelial-mesenchymal transition
Cho [41]	2015	a) TRAMP, b) C57BL/6J	b) TRAMPC2 allograft	HFD (60%) vs. CD (10%)	Rate of poorly differentiated ca, tumor weight	In TRAMP mice, HFD feeding increased the incidence of poorly differentiated carcinoma. In the allograft model, HFD increased solid tumor growth and the expression of proteins related to proliferation/angiogenesis.
Xu [42]	2015	TRAMP		HFD (40%) vs. ND (16%)	Tumor formation rate, survival	The mortality of TRAMP mice from HFD group was significantly higher than that of normal diet group (23.81% and 7.14%, $p = 0.035$). The tumor incidence of HFD TRAMP mice at 20th week was significantly higher than normal diet group (78.57% and 35.71%, $p = 0.022$)
Xu [43]	2015	TRAMP		HF (40%) vs. ND (16%)	Tumor incidence, survival	TRAMP mice in HFD group had significantly higher mortality rates than these in the normal dist group ($p=0.32$). The HFD group had a significantly higher tunnor formation rate 0.32 of weeks than the normal dist group ($p=0.045$)

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Authors	Years	Animal Models	Tumors	Diet Summary	End Point	Summary of the Kesults
Lo [44]	2016	SCID	PDX kidney capsule xenograft	HF (43%) vs LF (6%)	Pathology and biomarker expression	Prostate cancer tumorigenicity is not accelerated in the setting of diet-induced obesity or in the presence of human PPAT.
Liang [45]	2016	Immunocompetent FVB mice	MycCap alloraft	High w-6 vs. w-3 diet	Tumor volume	Tumor volumes were significantly smaller in the $\omega\text{-}3$ than in the $\omega\text{-}6$ group ($p=0.048).$
Huang [46]	2016	BALB/c-nu/nu	LNCap xenograft	HFD (59.9%) vs LF (9.5%)	Intratumoral AKT and Extracellular Signal-regulated Kinase (ERK) activation, AMPK inactivation	HFD resulted in AKT and ERK activation and AMFK inactivation.
Labbe [47]	2016	Prostate specific Pten and Ptpn1 deletion mouse		HFD vs. chow	Microinvasive rate	PCa in Pten-/-Ptpn1-/- mice was characterized by increased cell proliferation and Akt activation, interpreted to reflect a heightened sensitivity to IGF-1 stimulation upon HFD feeding
Kwon [48]	2016	14K-creER PTEN (K14-CreER;Pten ^{fl/fl} ;m (K14-Pten-mTmG) triple transgenic mice	ſŢmG	HFD vs. RD	PIN 3/4 rate	HFD increased the number of PIN.
Zhang [49]	2016	C57BL6	RM1 mouse prostate cancer alloglaft	HFD (58%) vs. chow	Tumor growth	CXCL1 chemokine gradient was required for the obesity-dependent tumor ASC recruitment, vascularization and tumor growth promotion
Chang [50]	2017	C57BL6		HFD (45%) vs. chow	Cav-1 secretion from adipose tissue	Cav-1 secretion was evident in adipose tissues and were substantially promoted in HFD-fed mice.
Kim [51]	2017	SCID	PC-3 xenograft	10%, 45%, or 60% fat	Tumor size, tumor weight	The 45% and 60% fat diets significantly promoted the growth of xenografts comparison to the 10% fat diet
Nara [52]	2017	a) BALB/c-nu/nu	a) LNCap xenograft, b) PC-3 and DU145 cultured with mice serum	HFD (59.9%) vs. CD (9.5%)	a) Tumor volume, b) cell proliferation	The tumor growth of prostate cancer LNCaP senograft was significantly higher in the HFD group than in the CD groups. Cells cultured with HFD mouse serum had higher proliferation.
Huang [53]	2017	BALB/c-nu/nu	Intraperitoneal injection PC-3M-luc-C6	HFD (59.9%) vs. LF (9.5%)	Luciferase activity (IVIS), number of metastasis	HFD and PrSC increased luciferase activity and number of metastasis.
Hayashi [54]	2018	Prostate-specific Pten deletion mouse		HFD (62.2%) vs. CD (12.5%)	Tumor growth	HFD accelerated tumor growth alogn with the inflammatory response.
Massillo [55]	2018	C57BL/6J	TRAMP C1 allograft	HFD (37%) vs. CD (5%)	Tumor volume	HFD significantly increased tumor growth and serum estradiol in mice.
Chen [56]	2018	Prostate specific Pten and Pml deletion mouse		HFD (60%) vs. chow (17%)	Rate of mice having metastases	A HFD-derived metastatic progression and increases lipid abundance in prostate tumors
Hu [57]	2018	TRAMP		HFD (40%) vs. CD (16%)	Proportion of poor tumor differentiation and tumor metastasis	A trend toward poorer PCa differentiation was observed in HFD-fed mice, while no statistical significance was detected.
Abbreviations restriction, Ab	s: HFD: hig v: antibody,	h-fat diet, LFD: low-f SD: standard diet, CI	at diet, HC: high-calor D: control diet, PDX: p	rie diet, LC: low-calorie die atient-derived xenograft, N	et, NKCD: high-fat/no-carbohy NWD: new Western-style diet.	trate ketogenic diet, WD: Western-style diet, CR: calorie

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2.1. Human Cancer Cell Xenograft and Allograft Models

The most experienced models to assess the impact of dietary fats on prostate cancer growth were subcutaneous xenograft models [11,12,15,16,35,52,58].

Nude [16] and severe combined immunodeficient (SCID) mice [15] were frequently used as host mice for human prostate cancer cell xenografts. In 1995, Wand et al. first assessed the impact of five different fat percentages on human prostatic adenocarcinoma (LNCaP) xenograft growth using athymic nude mice [11]. Accordingly, mice who continued to receive a 40.5-kcal% fat diet had substantially greater tumor growth rates, final tumor weights, and final tumor weight to animal weight ratios compared to those whose diets were changed to 2.3 kcal%, 11.6 kcal%, or 21.2 kcal% fat, suggesting that those fed low-fat diets (LFDs) had decreased growth of established LNCaP tumors. An additional study demonstrated that an isocaloric LFD (12 kcal% fat) resulted in significantly slower tumor growth rates and lower serum prostate-specific antigen (PSA) levels compared to a high-fat diet (HFD) using LAPC-4 xenografts on SCID mice [15]. The same group also showed that reduced dietary fat intake delayed conversion from androgen-sensitive to androgen-insensitive prostate cancer and significantly prolonged survival of SCID mice bearing LAPC-4 xenografts [58]. Moreover, we had previously found that Balb/c-nu/nu mice receiving a HFD had significantly higher LNCaP xenograft tumor volumes and serum PSA levels than those receiving an LFD [52]. The impact of a HFD on xenograft tumor growth using other human prostate cancer cell lines, such as 22Rv-1 and PC-3, had also been investigated in previous literatures [32,51]. Although the significance of the effect varied, a number of studies proposed that a HFD accelerated tumor growth of human prostate cancer cell xenografts inoculated into immunodeficient mice. Conversely, several studies have found no relationship between a HFD and xenograft growth [22,26]. In a study comparing LAPC-4-xenografted SCID mice receiving an isocaloric Western diet (40% fat and 44% carbohydrate) and those receiving an LFD (12% fat and 72% carbohydrate), the authors found no difference in tumor growth or survival between both groups when saturated fat was used as the fat source [26]. Another study showed no difference in LNCaP tumor size between normal (6% fat) and high-fat (14% fat) diets [22]. Taken together, a number of studies involving subcutaneous human prostate cancer cell xenografts in immunodeficient mice suggested an association between HFD and xenograft growth, whereas several other studies showed no such relationship. The lack of standardization in terms of models and duration of specific diet feeding has remained problematic.

Given the variations in the genetic background of mouse strains, it is important to consider the importance of the immune system in tumor progression [59]. Several studies have investigated the impact of dietary fat on allografts using immunocompetent mice and mouse-derived prostate cancer cells [31,41,45,49,55]. Several groups have shown that a HFD significantly increased allograft tumor growth of TRAMP-derived prostate cancer cells, such as TRAMP-C1 and TRAMP-C2, in C57BL6 mice [31,41,55]. The study involving the largest number of allografts (low-fat; n = 40, high-fat; n = 134) revealed that mice receiving AIN-93M-high-fat diet had significantly heavier and significantly larger TRAMP-C2 allografts compared to those receiving AIN-93M, whereas no differences in prostate weight were observed among the groups [31]. This result suggests that TRAMP allografts derived from C57BL6 mice can be one of the promising allograft models when studying HFD-induced prostate cancer progression.

A unique study involving a peritoneal dissemination model established through intracorporeal injection of PC-3M-luc cells detected using the Xenogen IVIS[™] system reported that a HFD increased tumor formation rates and total metastasis rates in the peritoneal organs [53].

In summary, given that most of the xenograft and allograft studies were performed using subcutaneous xenograft models, studies involving metastatic models and human patient-derived xenografts (PDXs) have been lacking. Although several studies using xenografts and allografts have shown that a HFD accelerated tumor growth, further validation is warranted.

2.2. TRAMP Mouse Models

Since its generation in 1996, the TRAMP mouse model has been one of the most widely used models in prostate cancer research [60]. This model represents a transgene comprising the minimal probasin promoter driving viral SV40 large-T and small-t antigens, which lead to prostate-specific inactivation of pRb and p53, specifically in the prostatic epithelium [61]. TRAMP mice develop prostatic intraepithelial neoplasia (PIN) by the time they are 6 weeks old; this progresses to high-grade PIN by the age of 12 weeks and poorly differentiated and invasive adenocarcinoma by the age of 24 weeks, with nearly 100% penetrance [61]. The impact of a HFD on the growth of TRAMP mouse tumors had been frequently evaluated [25,31,39,41-43,57,62]. Accordingly, Llaverias et al. showed that mice consuming a Western-type diet enriched in both fat and cholesterol had higher prostate tumor incidence and greater tumor burden compared to those fed a control chow diet [25]. After necropsy at 28 weeks, 33% of TRAMP mice fed a Western diet showed grossly evident spherical prostate tumors, whereas only 17% of TRAMP mice fed a chow diet exhibited the same [25]. In another study on TRAMP mice, Xu et al. revealed that the HFD group had significantly higher mortality than the normal diet group (23.81% and 7.14%, respectively, p = 0.035). Moreover, HFD-fed TRAMP mice had significantly higher tumor incidence at 20 weeks, as compared to the normal diet group (78.57% and 35.71%, p = 0.022, respectively) [43]. The same group also showed that HFD-fed mice suffered higher rates of extracapsular extension (20 weeks, 16.7% vs. 8.3%; 28 weeks, 66.7% vs. 50.0%, respectively) and distant metastasis (e.g., retroperitoneal lymph nodes or lung metastasis) (28 weeks, 41.7% vs. 25.0%, respectively) [62]. Bonorden et al. conducted a unique study involving the largest number of mice (n = 25 each) to assess the direct effect of diet and body weight on prostate tumors. TRAMP mice received low- and high-fat diets with the latter being divided into three groups: obesity-prone (the heaviest third), overweight (the middle third), and obesity-resistant (the lightest third). Accordingly, their results showed that body weight or diet had no effect of on either age at tumor detection, neuroendocrine status, or age at death [31]. Taken together, the impact of a HFD on tumor incidence and survival of TRAMP mice still remains controversial. The timing of diet change, selection of control diet, and diet ingredients may be important in establishing HFD-accelerated orthotopic prostate tumor models in TRAMP mice.

2.3. Other Genetically Engineered/Transgenic Mouse Models Targeting Oncogenes and Tumor Suppressor Genes

Several studies have investigated the effect of dietary fat on prostate cancer development and progression using genetically engineered mouse models (GEMMs) targeting oncogenes and tumor suppressor genes [19,29,30,36,40,47,48,54,56]. Designated Hi-myc uses a PB promoter coupled with a sequence of the ARR2 promoter, both of which lie upstream to the human c-Myc gene, in order to drive progression from mouse prostatic intraepithelial neoplasia (mPIN) to invasive adenocarcinoma [63]. Using this animal model, Kobayashi et al. showed that the HFD group (42 kcal% fat) had a greater number of invasive adenocarcinoma and a higher proliferative index in the PIN region compared to the LFD group (12 kcal% fat) [19]. Phosphatase And Tensin Homolog (Pten) alteration has been shown to be an early event in prostate cancer initiation and progression. Moreover, Pten-null mice that develop PIN have among the valuable animal models in prostate cancer research [64]. Kalaany et al. showed that 40% dietary restriction did not have any detectable effect on the extent or histological appearance of the PIN in Probasin-Cre; PTEN L/L prostate cancer models but significantly reduced tumor nodules in the lungs of K-RAS^{LA2}; P53 LSL/WT lung adenocarcinoma models [23], suggesting that the Phosphoinositide 3-kinase (PI3K)/ protein kinase B (AKT) pathway is critical for diet-induced cancer progression. Conversely, a high-calorie diet (45 kcal% fat) promoted prostate cancer progression in genetically susceptible Pten haploinsufficient mice with increasing inflammatory response in the presence of enhanced insulin response to chronically elevated insulin levels [40]. Hayashi et al. demonstrated that mice receiving a HFD for 17 weeks starting from an age of 5 weeks had significantly higher prostate weights of than those receiving control [54]. Moreover, HFD-fed model mice had a significantly higher Ki67-positive cell to tumor cell ratio than control mice, while no marked difference

in glandular structures was observed between the control diet (CD)-fed and HFD-fed model mice [54]. An interesting study involving the basal cell-specific Pten-null model using K14-Pten-mTmG mice showed that HFD intake promoted the initiation and progression of PIN lesions [48]. Although dietary fat could potentially be associated with prostate cancer development of Pten-null mice, the impact may not be extensive. Additionally, the evaluation of prostate pathology in GEMMs needs to be standardized according to the Consensus Report from the Bar Harbor Meeting of the Mouse Models of Human Cancer Consortium Prostate Pathology Committee for accurate comparison among different studies [65].

With regard to other GEMMs, PTP1B (PTPN1), an androgen-regulated phosphatase, acts as a HFD-dependent tumor suppressor in prostate cancer driven by the absence of Pten, such as in the Pten-/-Ptpn1-/- mice model [47]. Deficiency in RXR α (a unique and important member of the nuclear receptor superfamily) in the prostates of mice receiving a new Western-style diet resulted in higher rates of mPIN and prostate cancer [30]. Pommier et al. showed that mice with double knockout of Liver X receptors (LXRa and LXRb), which belong to the nuclear receptor superfamily and are central mediators of cholesterol homeostasis, developed PIN under a diet high in cholesterol [36].

Reports regarding HFD-induced metastatic models using GEMMs have been rare. Chen et al. showed that among mice with Pten deletion and a double deletion of Pten and Promyelocytic Leukemia (PML), a suppressor of $pp1\alpha$ -dependent activation of MAPK signaling, those receiving a lard-based HFD displayed lymph node metastasis and lung metastasis, whereas those receiving a chow diet exhibited limited metastases [56].

Taken together, GEMM studies showed that a HFD enhanced tumor growth through the modulation of several genes, including those related to PTEN. Studies that assess the impact of a HFD using more aggressive, metastatic GEMMs while considering the effect of dual and/or multiple genes may be intriguing.

2.4. Others

Several studies have evaluated the proliferation of prostate cancer cell lines cultured with serum from mice and humans under different diet conditions [13,27]. Two mice studies proposed that a HFD serum enhanced cell proliferation of LAPC-4 and PC-3/DU145 cells in CB17 SCID and Balb-c/nu/nu mice, respectively [15,52]. With regard to in vitro studies using human sera, Barnard et al. assessed the growth of LNCaP cells cultured with healthy volunteer serum according to dietary fat and exercise condition [14]. Accordingly, they found that an LFD with exercise inhibited cell growth. Subsequently, after evaluating the growth of LNCaP cells cultured with sera from patients with prostate cancer receiving a low-fat, high-fiber, soy-protein supplement diet or Western diet for 4 weeks, Aronson et al. showed that the LFD induced changes in serum fatty acid levels with decreased LNCaP cancer cell growth [27]. In an interesting study by Lo et al., PDX models of prostate cancer cells implanted into the renal capsule of SCID mice were developed [44]. Histological analysis of the PDXs showed no differences in tumor pathology; PSA, androgen receptor, and homeobox protein Nkx-3.1 expression; or proliferation index between HFD- and LFD-fed mice. Furthermore, they also evaluated the impact of co-grafting human periprostatic adipose tissue (PPAT) with prostate cancer in PDX grafts. After harvesting the PDX tissues 10 weeks after grafting, histological analysis revealed no evidence of enhanced tumorigenesis with PPAT compared to prostate cancer grafts alone. It would be intriguing to assess the effects of a HFD on PDXs with a more aggressive prostate cancer phenotype obtained from metastatic disease and co-grafting this with PPAT from patients with severe obesity considering that the aforementioned model was established using tissues from patients with localized prostate cancer treated with surgery.

3. Differences in Diets

A number of studies have tried to assess the impact of a fat-enriched diet on prostate cancer development and progression. However, the dietary interventions had not been standardized, while distinct variations in phenotype had been observed among different studies using distinct HFD components. Differences in dietary components among research models had also been reported to affect the distinct effect of diet-induced metabolic disorders [66]. Therefore, in addition to the models used, the type of diet remains essential for studies to delineate diet-induced carcinogenesis.

3.1. Direct Comparison between Two Different Diets Including the High-Fat Diet and Another Diet

While conclusions have been frequently drawn from comparisons between a defined HFD and chow, specific details regarding the control diet are often lacking. Many studies have utilized a chow diet as the control treatment [25,26,49,50,56]. Regular chow is composed of agricultural byproducts, such as ground wheat, corn or oats, alfalfa, and soybean meals; a protein source, such as fish; and vegetable oil; it is supplemented with minerals and vitamins. Thus, chow can be considered a high-fiber diet containing complex carbohydrates with fats from various vegetable sources. Chow is inexpensive to manufacture and palatable for rodents. In contrast, defined HFDs consist of amino acid-supplemented casein, cornstarch, maltodextrin or sucrose, and soybean oil or lard and are supplemented with minerals and vitamins. Fiber is often provided by cellulose. Chow and defined diets may exert significant separate and independent unintended effects on the measured phenotypes in any research protocol [66]. In sum, multiple limitations may affect the results of the target groups.

A direct comparison between two different diets including the HFD, has been used extensively to understand the role of diet on prostate cancer development and progression [12,15,27,30,43,47,51,58]. Most of the studies showed that HFD-fed mice had greater body weight compared to controls, which leads one to consider whether diet has a direct or indirect (obesity-induced) effect on cancer development and progression. Although majority of the previous studies proposed an association between dietary fat and prostate cancer development/progression, several limitations need to be considered. First, a multitude of proportions per calories of fat have been observed with relative fat fractions ranging between 14% and 84% energy as fat. We need to consider the fact that the higher proportions of fat used in animal studies cannot be used in human diets. Second, we need to be careful about being misled by ignoring the impact of fat components, the control diet, and other elements in each diet. For instance, Lloyd et al. showed no difference in the growth and survival of LAPC-4 xenografts between SCID mice receiving a Western-style diet, including 40% kcal fat, and those fed an LFD (12% kcal) [26]. In this study, the fat consisted of 19% lard, 19% milk fat, and 1.9% corn oil. Conversely, another study demonstrated that HFD-fed SCID mice (42% kcal) had significantly faster LAPC-4 tumor xenograft growth and higher PSA levels compared to LFD-fed mice (12% kcal) [15]. In this study, the HFD was composed of corn oil. These lines of evidence suggest that different effects have been observed despite having similar percentages of fat components. Finally, publication bias should be taken into account for a comprehensive understanding, because negative data tend to remain unpublished.

3.2. Comparison of the Impact of a High-Fat Diet using Multiple Diets

A direct comparison between multiple diets using animal models is one method of identifying the diet having the most effect on tumor growth. In our previous study, LNCaP xenograft tumor growth in Balb/c-nu/nu mice were evaluated among three groups receiving a HFD (59.9 kcal% fat), Western-style diet (WD: 41.2 kcal% fat), and high carbohydrate diet (HCD: 9.5 kcal% fat) [33]. Accordingly, our results showed that the HFD group had significantly higher LNCaP xenograft tumor growth than the HCD and WD groups. In general, a ketogenic diet, which contains extremely high fat, is toxic to cancer [28]. Accordingly, the systematic review by Khodadadi et al. demonstrated that a ketogenic diet can potentially inhibit malignant cell growth and increase survival time [67]. Moreover, studies comparing the tumor growth and survival of LAPC-4 xenografts in SCID mice demonstrated that mice receiving a no-carbohydrate ketogenic diet (NCKD: 83% fat, 0% carbohydrate, 17% protein) had smaller tumors and higher survival than those receiving a low-fat/high-carbohydrate diet (LFD: 12% fat, 71% carbohydrate, 17% protein) or a high-fat/moderate carbohydrate diet (MCD: 40% fat, 43% carbohydrate, 17% carbohydrate—16% protein kcal), 10% carbohydrate diet (74%

fat–10% carbohydrate–16% protein kcal), and 20% carbohydrate diet (64% fat–20% carbohydrate–16% protein kcal), with results showing significantly larger tumors in the 10% carbohydrate group but no difference in survival [28]. These lines of evidence suggested that extremely high fat percentages have a potential to exert an opposite effect on prostate cancer development and progression. Therefore, the proportion of total fat intake remains important.

One study using a Western-type diet (16% protein, 40% fat, 44% carbohydrate) evaluated the impact of seven diets: Group 1, ad libitum 7 days/week; Group 2, fasted 1 day/week and ad libitum 6 days/week; Group 3, fasted 1 day/week and fed 6 days/week via paired feeding to maintain isocaloric conditions similar to that in Group 1; Group 4, 14% calorie restriction (CR) 7 days/week; Group 5, fasted 2 days/week and ad libitum 5 days/week; Group 6, fasted 2 day/ week and fed 5 days/week via paired feeding to maintain isocaloric conditions similar to that in Group 7, 28% CR 7 days/week [24]. Accordingly, some of the groups did not exhibit trends toward tumor shrinkage and improved survival, although Groups 6 and 7 had lower lean body mass than Group 1 in a two-way comparison. The study implicated that intermittent calorie restriction via fasting with a Western-style diet had no impact on prostate cancer progression, despite the effect on body weight.

3.3. Specific Components of Fat

Each dietary fat has diverse physiological effects according to the different types and distributions of dietary fat components. Therefore, important relationships between specific types of dietary fat intake and prostate cancer development may be missed by merely evaluating the effect of total fat intake [68]. Fatty acids are classified based on whether or not the fatty acid carbon chain contains no double bond (saturated fatty acids (SFA)), one double bond (monounsaturated fatty acids (MUFA)), and more than one double bond (polyunsaturated fatty acids (PUFA)), as well as the configuration of the double bonds (*cis* or *trans*). In addition, PUFA are often classified based on the position of the first double bond from the fatty acid methyl terminus, creating omega-3 and -6 fatty acids. The primary sources for SFA, MUFA, and PUFA include animal fats such as lard and beef tallow, animal and certain vegetable fats such as olive oil, and vegetable oil such as corn and fish oils, respectively [66]. Corn oil and most vegetable oils contain omega-6 PUFA, whereas fish oils are high in omega-3 PUFA [69].

In general, a number of previous studies made use of a lard-based HFD, which is rich in SFA. Studies in human subjects have shown that SFA are more oncogenic than PUFA [70]. Moreover, several studies have shown that cancerous tissues exhibited elevated SFA and MUFA compared to adjacent normal tissues [71,72]. Mice receiving lard oil had been reported to have enhanced Toll-like receptor (TLR) activation and white adipose tissue inflammation, as well as reduced insulin sensitivity, compared to those receiving fish oil [69], suggesting that a diet rich in SFA accelerated metabolic inflammation. In general, MUFA, such as oleic acid and olive oil, are more likely to prevent or decrease the risk of carcinogenesis in other solid cancers, including breast and colon cancers [73]. Phenolic compounds, which prevent free radical-initiated peroxidation and regulate cancer-related oncogenes, have been considered to be associated with MUFA-induced chemoprevention [73]. Omega-3 and -6 PUFA are essential fatty acids that mammals can neither synthesize nor de novo interconvert, suggesting that they have to be obtained from the diet [18]. From an evolutionary standpoint, the human diet has had a 1:1 ratio of omega-6-to-omega-3 PUFA [74]. Over the past two centuries, however, this ratio has increased to nearly 10:1 due primarily to the increased use of vegetable oils in Western diets [8,45]. In general, the high consumption of omega-6 fatty acids leads to inflammation and cellular growth through the conversion of arachidonic acid (an omega-6 fatty acid) to hydroxyeicosatetraenoic and epoxyeicosatrienoic acids by cytochrome P450 oxygenases [75]. In contrast, omega-3 induces anti-inflammatory, pro-apoptotic, anti-proliferative, and anti-angiogenic pathways, providing antitumor effects against prostate cancer [76]. Fish oil, which contains omega-3 fatty acids, does not cause obesity because of peroxidization [77] and induces the activation of peroxisome proliferator-activated receptor alpha. These lines of evidence suggest that omega-3 and -6 PUFA have different effects on diet- and obesity-induced prostate cancer development and progression.

Three studies had reported on the difference in tumor growth between diets rich in omega-3 and -6[18,29,45]. Accordingly, mice fed a high omega-3 diet had significantly lesser prostate weight gain than those fed a high omega-6 diet. Moreover, half of the mice fed a high omega-3 diet developed invasive carcinoma, whereas 80% of mice fed a high omega-6 diet had invasive carcinoma [18]. The second study revealed that fish oil slowed the progression of tumorigenesis in dorsolateral prostate C3 (1) tag transgenic mice [29]. The last study, which established MycCaP allografts in immunocompetent FVB mice, found that the ω -3 group had significantly smaller tumor volumes than the ω -6 group [45]. All three different models successfully confirmed that omega-3 inhibited tumor growth, which suggests the promising inhibitory effects of omega-3 fatty acid against prostate tumors.

Cholesterol, an organic compound, is a key component of membrane signaling microdomains. In humans, cholesterol can be either obtained from diet or synthesized de novo in the liver. Animal studies using the cholesterol uptake inhibitor ezetimibe for prostate cancer chemoprevention showed that lowering serum cholesterol level slows tumor growth and decreases angiogenesis and intratumoral androgens [78]. Pommier et al. demonstrated that a high-cholesterol diet induced proliferation in LXR mutant mouse prostate [36]. In a clinical setting, the meta-analysis performed by Bonovas et al. was the only study to find a significantly reduced incidence of advanced prostate cancer in subjects who were prescribed statins; however, no relationship between statin use and overall prostate cancer risk was demonstrated in other studies [79]. The observational study by Murtola et al. reported a dose-dependent, significant inverse association between overall prostate cancer incidence and statin use, with the strongest inverse association for early-stage prostate cancer [80]. However, clinical evidence on the protective effect of cholesterol-lowering drugs for prostate cancer chemoprevention is still weak and inconsistent; therefore, we are unable to draw a firm conclusion based on these results.

Finally, care should be taken when establishing how much of a role other nutrients contained in experimental diets have and the actual consumption of diets in each mouse given that the proportion of other ingredients changes when the percentage of fat components is modulated.

4. Potential Mechanisms

Previous studies have proposed several mechanisms in order to explain the possible association between dietary fat and prostate cancer development/progression. Accordingly, growth factor signaling, lipid accumulation, inflammation, and endocrine modulation had been hypothesized to be associated with HFD-induced prostate cancer development and/or progression (Figure 1). Certainly, a more thorough understanding of the possible association between dietary fat and prostate cancer risk requires further inquiry.



Figure 1. Scheme of potential mechanisms underlying high-fat diet induced prostate cancer development and/or progression.

4.1. Growth Factor Signaling

Obesity and hyperinsulinemia have been associated with increased amounts of circulating bioactive insulin-like growth factor-I (IGF-I), a growth factor determined to play a pathogenic role in many cancers [81]. Barnard et al. demonstrated that dietary fat reduction combined with a regular exercise intervention in men decreased serum IGF-I and increased serum IGFBP-1 levels, resulting in decreased growth of LNCaP human prostate cancer cells cultured in media containing volunteer serum [14]. The same group showed that LFD-fed mice had significantly slower tumor growth rates, lower levels of serum insulin, tumor IGF-I mRNA expression, and tumor IGFBP-2 immunostaining, and higher levels of serum IGFBP-1, which indicated that IGF-I signaling modulated fat-induced tumor growth in LAPC-4 xenografts [15]. We had previously demonstrated that IGF-I receptor (IGF-IR) mRNA levels were strikingly elevated in HFD-accelerated LNCaP xenografts and that the group having the lowest IGF-IR immunoreactivity tended to have the lowest body mass index in both human normal and prostate cancer epithelia [16]. Kobayashi et al. showed that an LFD reduced the development of prostate cancer in Hi-Myc mouse transgenic model with the suppression of the IGF-AKT pathway, which leads to higher serum IGFBP-1 levels, reduced serum mitogenicity, and lower AKT, GSK3beta, and S6K activities [19].

Several studies have demonstrated that hyperactivation of PI3K-AKT, which is one of the downstream targets for IGF-I signaling, desensitizes tumors to dietary modulations, including calorie restriction and a HFD [23,47]. The PI3K/AKT pathway is naturally inhibited by Pten, which is one of the most frequently lost or mutated tumor suppressor genes in prostate cancer [56]. Partial loss of PTEN is observed in 70% of localized prostate cancer, while complete loss thereof is associated with metastatic castration-resistant prostate cancer [56]. PTEN inactivation also induces aberrant activation of the PI3K/AKT pathway. As previously mentioned, conditional PTEN knockout produces indolent tumors in mouse prostates. One study that assessed the impact of diet restriction revealed that it does not affect a PTEN-null mouse model of prostate cancer but significantly decreases tumor burden in a mouse model of lung cancer lacking constitutive PI3K signaling, which suggests that PI3K signaling is strongly associated with diet-induced cancer progression [23]. Another study involving a GEMM mouse model showed that the loss of both PTEN and the protein tyrosine phosphatase Pypn1, a negative regulator of IGF-IR, enabled the development of a highly invasive prostate tumor, whereas PTEN deficiency alone resulted in tumors that were unresponsive to HFD [47]. Collectively, mechanisms involving PTEN and other related genes may have a higher impact on diet-induced prostate cancer development and progression.

Many other studies have proposed that IGF-I/PI3K/AKT signaling has an impact on diet-induced prostate cancer development and progression [21,28,43]. Therefore, IGF-I/PI3K/AKT signaling has been one of the promising pathways related to HFD-induced prostate cancer development and progression. To determine the impact of treatment, the additive effect of IGF-1R inhibition using IGF-IR blockade antibody on 22Rv1 subcutaneous xenografts in SCID mice receiving a HFD (43.3%) or LFD (12.4%) had been investigated [32]. Accordingly, the results showed that the LFD + IGF-1R-Ab group had a significantly smaller mean tumor volume compared to the HF group at day 14 of the intervention. However, no significant difference in final tumor volumes or final tumor weights had been observed between the four treatment groups. Therefore, the therapeutic effect of IGF-I pathway inhibition remains unknown.

Diet-induced hyperinsulinemia has been shown to accelerate tumor growth in different prostate cancer xenograft models [17,20]. A large prospective survival analysis reported that higher serum C-peptide concentrations, a surrogate of insulin levels, were associated with increased prostate cancer-specific mortality [82]. Insulin and IGF-I are closely related hormones that act on specific tyrosine kinase receptors and elicit the activation of a cascade of intracellular proteins leading to the regulation of gene expression, protein synthesis, cell proliferation or death, and glucose and lipid metabolism. High insulin levels, as well as insulin receptor and IGF-I/IGF-IR axis activation, have been known to be associated with obesity induced cancer progression [83]. Regarding the impact of insulin

levels on diet-induced prostate cancer growth, one study involving LAPC-4 xenografts in SCID mice receiving three different diets, NCKD (84% fat), 10% carbohydrate diet (74% fat), or 20% carbohydrate diet (64% fat), proposed that mice receiving a 10% carbohydrate diet had larger tumors than the other groups despite mice receiving a 20% carbohydrate diet having the lowest insulin levels [28]. As such, future studies need to elucidate the relationship between insulin levels and diet-induced prostate cancer carcinogenesis.

In addition, effects of different fat sources on the IGF/insulin axis have rarely been discussed and studied. It would be intriguing to know the varying impacts specific fats have on HFD-induced prostate cancer development and progression through growth factor signaling.

4.2. Lipid Accumulation

The changes in endogenously synthesized/exogenous lipid profiles and related enzymes have been linked to prostate cancer development and progression. Accordingly, Freedland et al. showed that mice with LAPC-4 xenografts receiving a NCKD diet had low hepatic fatty infiltration, which resulted in reduced tumor growth and longer survival [20]. Genome-wide gene expression analysis showed that the lipogenic gene ELOVL7, which possibly codes a long-chain fatty acid elongase, was overexpressed in clinical prostate cancer and regulated by SREBP1. Moreover, a HFD had been found to promote the growth of in vivo tumors of ELOLV7-expressed prostate cancer [22]. In the aggressive and metastatic tumor progression observed in TRAMP mice receiving a Western-style diet, Llaveries et al. showed that the Western-style diet increased both the expression of the high density lipoprotein receptor SR-BI and angiogenesis [25]. Fatty acid synthase (FASN) is a cytosolic metabolic enzyme that catalyzes de novo fatty acid synthesis. Our previous study found that serum FASN levels were significantly lower and were inversely correlated with tumor volume in LNCaP xenograft mice receiving HFD [46].

A recent study has suggested that a Western-style HFD promotes metastatic prostate cancer through a prometastatic lipogenic program alteration [56]. In this study, the conditional inactivation of Pml (a suppressor of pp1 α -dependent activation of MAPK signaling) in mouse prostates changed indolent PTEN-null prostate tumors into lethal metastatic tumors with MAPK reactivation, subsequent hyperactivation of an aberrant SREBP, and a lipidomic profile alteration. Pten-/-, Pml-/- mice receiving a chow diet displayed limited lymph node metastasis. However, most mice receiving a HFD developed lymph node metastasis, while half of them had lung metastasis. Moreover, Oil Red O staining showed that the tumors in mice receiving a HFD had higher lipid accumulation compared to those in mice receiving a chow diet. Sterol responsive element binding proteins (SREBPs) have been found to be a key regulator of lipogenic genes [56]. Studies have shown that HFD feeding stimulates SREBP expression, subsequent expression of genes encoding lipogenic enzymes, and lipid accumulation in nonadipose tissues [56,84]. Therefore, Pml and SREBP-dependent lipogenic alterations may be associated with HFD-enhanced prostate cancer progression.

Although de novo lipogenesis has emerged as an important player in prostate cancer, the impact of exogenous dietary fat on intraprostatic lipid profiles and activity of lipogenic enzymes remains largely unknown. Future studies are required to elucidate the mechanisms for endogenous lipid alterations and exogenous fat accumulation on dietary fat-induced prostate cancer development and progression.

4.3. Inflammation

Inflammations have been shown to promote the development and progression of prostate cancer [85]. A HFD with consequent obesity causes adipose tissue inflammation and cytokine secretion [86]. Accordingly, Liu et al. demonstrated that Pten +/- mice receiving a high-calorie diet exhibited neoplastic progression with stromal infiltration of inflammatory cells, such as macrophages, T cells, and inflammatory monocytes, into the prostates [40]. Additionally, the increased inflammatory response to a high-calorie diet was supported by the elevation in the expression of CD3, CD45, FoxP3, MCP-1, IL-6, and TNF alpha. Microarray analysis using TRAMP mice models showed that HFD feeding increased serum levels of MCP-1, MCP-5, TIMP-1, IL-16, CCL12, CXCL1, CXCL10, and CXCL13 [41].

Similar results were observed in the sera of TRAMP-C2 allograft models. Zhang et al. demonstrated that adipose stromal cell recruitment to tumors of RM1 mouse prostate cancer xenografts via CXCL1 and CXCL8 chemokines promoted prostate cancer progression [49]. Another study showed that MycCaP xenografted immunocompetent FVB mice receiving a diet rich in omega-3 exhibited tumor suppression, as well as lower gene expression of markers for M1 and M2 macrophages, associated cytokines (IL-6, TNF alpha, and IL-10), and the chemokine CCL-2. Hayashi et al. showed that a HFD increased the prostate weight and percentage of Ki67-positive MDSCs, as well as the M2/M1 macrophage ratio, in HFD-fed model mice with a higher serum IL-6 levels [54]. Furthermore, celecoxib suppressed tumor growth in HFD-fed but not CD-fed model mice, which suggested that HFD-induced tumor growth was associated with local inflammation. Taken together, tumor-infiltrating macrophages may perhaps be a key factor in HFD-induced prostate cancer progression [54]. One of our previous studies had demonstrated that the MCP-1/CCR2 pathway, a key regulator of macrophage infiltration, was highly associated with HFD-induced LNCaP xenograft tumor growth, supporting the results presented herein [33]. We also found that the expression of macrophage inhibitory cytokine 1 (MIC-1), a divergent member of the transforming growth factor beta, was stimulated by palmitic acid in vitro, while mice receiving a HFD containing high amounts of palmitic acid had LNCaP had significantly greater xenograft tumor growth, serum MIC1 levels, and fatty acid levels in xenograft tumors than those receiving an LFD in vivo [37]. Such lines of evidence suggesting the association between cytokines and tumor-macrophage interaction support the notion that tumor-associated macrophages play a role in HFD-induced prostate cancer development and progression. Another mouse xenograft experiment concluded that HFD enhanced prostate cancer metastasis and invasiveness through FABP4 and interleukin-8 upregulation [53]. FABP4, an abundant protein in adipocytes that is influenced by a HFD or obesity, may enhance prostate cancer progression and invasiveness by upregulating matrix metalloproteinases and cytokine production in the prostate cancer stromal microenvironment [53]. In one study demonstrating tumor growth decline among Pten KO mice receiving omega-3 fatty acid, the group with an omega-3-enriched diet exhibited a reduction in CD3+ lymphocyte levels and tumor microvessel density [18]. These lines of evidence suggest that a stromal microenvironment, including infiltration of immune cells, is associated with dietary-fat induced prostate cancer carcinogenesis. Moreover, other cytokines and chemokines, including TWEAK, (CCL)3, CCL4, and CCL5, had been found to be potentially associated with HFD-induced prostate cancer progression according to previous literatures [41,57,87].

The role of adipocyte function on HFD feeding was evaluated in a recent study [50]. Accordingly, Cav-1 secretion from fat tissue of HFD-fed mice was increased, while hypertrophied adipocytes were responsible for enhanced Cav-1 secretion in obese mice. Furthermore, secreted Cav-1 was taken up by the preadipocytes and LNCaP cells. The impact of hypertrophied adipocyte-induced Cav-1 secretion on prostate cancer progression and diet- and/or obesity-modulated adipose function could be associated with prostate inflammation and prostate carcinogenesis. Moreover, adipose tissues are known to enhance cancer progression via several underlying mechanisms, such as aromatization of adrenal androgens to estrogens in the adipocyte and deregulation of the expression and secretion of the adipokines [88,89]. Therefore, it is worthwhile to assess the role of quantitative and qualitative modulation of adipose tissues on prostate cancer progression using preclinical models.

In summary, the interaction among systematic and/or adipose secreted cytokines, inflammation, and immune cell infiltration into tumors may have a promising mechanistic role in HFD-induced prostate cancer development and progression.

4.4. Endocrine Modulation

Considerable epidemiological evidence has shown that fat-containing diets may increase the risk of certain hormone-dependent conditions in men via its effects on hormone metabolism [90]. Hormonal modulation has been one of the proposed mechanisms associated with diet- and/or obesity-induced prostate cancer carcinogenesis [8,9] given that sex hormones play a key role during normal and

cancerous prostate growth and development. Two transgenic mouse studies showed that omega-3 fatty acids slowed prostate tumor growth through the modulation of sex steroid pathways. In the C3 (1) Tag transgenic mice study, the lowering testosterone, estradiol, and androgen receptor levels by the action of omega-3 fatty acids promoted apoptosis and suppressed prostate epithelial cell proliferation [29]. Another study demonstrated that omega-3 PUFA treatment slowed castration-resistant tumor growth and accelerated and rogen receptor protein degradation [34]. A recent study showed that although serum cholesterol reduction did not significantly affect the rate of adenocarcinoma development in the PTEN-null transgenic mouse model of prostate cancer [78], it lowered intraprostatic androgens and slowed tumor growth. These results suggest that fat-containing diets, especially those that modulate of omega-3 fatty acid content, may potentially modulate intraprostatic hormonal status associated with cancerous tumor growth and progression. In the TRAMP-C1 allograft study, HFD increased tumor growth and serum estradiol levels [55]. The study also showed that intratumoral C-terminal-binding protein 1 (CtBP1) controls the transcription of aromatase (CYP19A), a key enzyme that converts androgens to estrogens, and was overexpressed with increased TRAMP-C1 allograft tumor growth in mice receiving a HFD. In another study, Moiola et al. found that mice with CtBP1-depleted PC-3 xenografts developed significantly smaller tumors than those inoculated with PC-3 control cells [38]. These results suggest that CtBP1 have the potential to be a key transcriptional factor associated with intratumoral hormonal modulation and HFD-induced prostate cancer growth.

4.5. Others

Using microarray analysis, our group had previously showed that several mRNAs and miRNAs become altered in HFD-induced LNCaP xenografts [16,52]. Therefore, complex mechanisms, including candidate pathways mentioned previously, may be considered to contribute to fat-diet induced prostate cancer development and progression. Nara et al. demonstrated that miR-130a was attenuated in HFD-induced prostate cancer progression with MET overexpression in vitro and in vivo and that cytoplasmic MET in prostate cancer tissues was overexpressed in patients with higher body mass index [52]. Kim et al. found that a HFD not only accelerated Src-induced prostate tumorigenesis, but also compromised the inhibitory effect of the anticancer drug dasatinib on Src kinase oncogenic potential in vivo [51]. Finally, the association between diet-induced prostate cancer progression and several pathways, including oxidative stress [39], epithelial–mesenchymal transition [40], and basal/luminal differentiation [48], have been proposed in previous studies.

5. Concluding Remarks

Over recent years, the molecular mechanisms behind HFD-induced prostate cancer development and progression have been studied using pre-clinical models. Although several lines of evidence have proposed its relationship with potential mechanisms, such as growth factor signaling, lipid accumulation, inflammation, and endocrine modulation, the current data still remains inconclusive. In addition, the studies presented herein have used various types of models and diet sources, suggesting the need for increases vigilance when communicating and interpreting information. Therefore, it is important to consider the predictability and limitation of each preclinical model when translating experimental results into clinical practice. Although information from pre-clinical models remain important for deeper understanding and exploration of novel treatment targets, further studies are needed to validate the impact of dietary fat and obesity on prostate cancer development and progression.

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Suppressive Role of Androgen/Androgen Receptor Signaling via Chemokines on Prostate Cancer Cells

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Abstract: Androgen/androgen receptor (AR) signaling is a significant driver of prostate cancer progression, therefore and rogen-deprivation therapy (ADT) is often used as a standard form of treatment for advanced and metastatic prostate cancer patients. However, after several years of ADT, prostate cancer progresses to castration-resistant prostate cancer (CRPC). Androgen/AR signaling is still considered an important factor for prostate cancer cell survival following CRPC progression, while recent studies have reported dichotomic roles for androgen/AR signaling. Androgen/AR signaling increases prostate cancer cell proliferation, while simultaneously inhibiting migration. As a result, ADT can induce prostate cancer metastasis. Several C-C motif ligand (CCL)-receptor (CCR) axes are involved in cancer cell migration related to blockade of androgen/AR signaling. The CCL2-CCR2 axis is negatively regulated by androgen/AR signaling, with the CCL22-CCR4 axis acting as a further downstream mediator, both of which promote prostate cancer cell migration. Furthermore, the CCL5-CCR5 axis inhibits and rogen/AR signaling as an upstream mediator. CCL4 is involved in prostate carcinogenesis through macrophage AR signaling, while the CCL21-CCR7 axis in prostate cancer cells is activated by tumor necrotic factor, which is secreted when androgen/AR signaling is inhibited. Finally, the CCL2-CCR2 axis has recently been demonstrated to be a key contributor to cabazitaxel resistance in CRPC.

Keywords: prostate cancer; androgen receptor; castration-resistant prostate cancer; CCL2; CCL22; CCL25; migration

1. Introduction

Prostate cancer is among the most frequently diagnosed malignancies worldwide in men [1]. The five-year survival rate for localized prostate cancer is close to 100%, and the prognosis for localized prostate cancer is the best among all types of cancers; however, metastatic prostate cancer is associated with a very poor prognosis, with no curative treatments currently available [1,2]. Androgen/androgen receptor (AR) signaling is known to be a significant driver of prostate cancer progression, therefore androgen-deprivation therapy (ADT)—with or without anti-androgens—is often used as a standard form of care for patients with advanced and metastatic prostate cancer [3,4]. ADT has been demonstrated to improve not only serum prostate-specific antigen levels, but also patient survival, however prostate cancer generally progresses to castration-resistant prostate cancer (CRPC) following several years of ADT [5]. Several potential mechanisms underpinning CRPC progression that relate to AR function have been identified, including androgen hypersensitivity, AR mutation, ligand promiscuity, and AR variants. Nonetheless, no radical treatments exist at present and all AR-targeting agents for CRPC eventually fail to suppress cancer cell activity [6]. Recently, some studies have reported suppressive effects of androgen/AR signaling in prostate cancer cells, therefore suppression of AR function itself may cause CRPC [7,8]. Previously, we demonstrated that androgen/AR signaling

increases prostate cancer cell proliferation, while simultaneously inhibiting cancer cell migration, which is induced by the activation of several C-C motif ligand (CCL)-receptor (CCR) axes downstream or upstream of androgen/AR signaling [9–12]. This review focuses on such suppressive effects of androgen/AR signaling on prostate cancer cells through CCL-CCR axes.

2. The Role of CCL2 as a Downstream Mediator of Androgen/AR Signaling

Therapeutic approaches that solely target androgen/AR signaling are insufficient to control prostate cancer cell activity [13–15]. Genetic ablation of AR in prostate epithelial cells promotes the development of invasive prostate cancer [7], suggesting that therapeutic suppression of androgen/AR function induces unwanted signals that may promote the progression of surviving prostate cancer cells to an advanced metastatic stage. When AR function of C4-2 (a human prostate cancer cell line) cells were silenced with AR-siRNA (siAR), using scramble RNA (scr) as a control, siAR cells were observed to possess an increased migratory capacity [8]. Cytokine array analysis of conditioned media from siAR and scr cells revealed increased CCL2 expression in siAR cells, supporting a potential role for prostate cancer cell-derived CCL2 in mediating local inflammatory responses during suppression of AR [8]. CCL2 is reported to play a potential role in stimulating capillary network formation of human microvascular endothelial cells in the microenvironment of prostate cancer [16]. C4-2 siAR cells were also observed to express increased levels of epithelial-mesenchymal transition (EMT) markers and pSTAT3 via the CCL2-CCR2 axis in an autocrine manner. In addition, C4-2 siAR cells were observed to possess significantly reduced levels of PIAS3 (the endogenous protein inhibitor of activated STAT3), which is controlled by androgen/AR signaling [17]. Notably, STAT3 activation was also observed to increase CCL2 expression levels in C4-2 siAR cells. These results suggest that and rogen/AR signaling in prostate cancer cells may inhibit CCL2 and pSTAT3 expression through upregulation of PIAS3 [8,9]. EMT is believed to be an essential cancer cell characteristic for invasion and metastasis to distant sites [18]; pSTAT3 activation has been reported to play an important role in EMT induction, as well as inflammation and cancer progression [19,20]. Furthermore, ADT is known to be linked to EMT induction [21]. In summary, prostatic epithelial AR silencing via siAR promotes STAT3 activation and EMT in prostate cancer cells via CCL2 induction, which may be associated with a secretory phenotype and pro-invasive characteristics of prostate cancer cells [8,9].

3. The Role of CCL22 as a Further Downstream Mediator of CCL2

CCL2 is a powerful chemotactic protein for macrophages and tumor-associated macrophages (TAMs), which infiltrate into tumors and contribute to cancer progression via immune suppression [22,23]. CCL17 and CCL22, which are high-affinity ligands for CCR4, have both been reported to be secreted by TAMs, with immunosuppressive functions [24]. Correlations have previously been reported between CCR4 expression levels and metastasis in cancer cells [25,26]. Therefore, we aimed to elucidate the relationship between the CCL2-CCR2 axis and CCL17/22-CCR4 axis in prostate cancer progression. Both CCR2 and CCR4 were observed to be expressed in human prostate cancer cell lines and prostate cancer tissues; furthermore, in vitro co-culture of prostate cancer cells and macrophages resulted in increased CCL2 and CCR2 levels in prostate cancer cells [11]. Notably, addition of CCL2 induced both CCL22 and CCR4 expression in prostate cancer cells; CCL22 subsequently promoted the migration and invasion of prostate cancer cells in an autocrine manner, via enhanced phosphorylation of Akt [11]. The CCL22-CCR4 axis is known to chemo-attract regulatory T cells (Tregs) into tumor tissues; Tregs recognize self-antigens, including tumor antigens present in tumor tissues, and efficiently suppress the activation of tumor antigen-specific effector T cells [27]. In summary, CCL2 and CCL22 secretion in the prostate cancer tumor microenvironment may induce not only direct metastasis of prostate cancer cells, but also promote the activation of TAMs and Tregs, which facilitate a suitable environment for cancer progression.

4. The Role of CCL5 as an Upstream Mediator of Androgen/AR Signaling

Skeletal metastases occur in approximately 80% of patients with advanced prostate cancer, for which no curative treatment is available [28]. We previously reported that bone stromal cells and SaOS-2 osteoblast-like cells promote prostate cancer metastasis via activation of transforming growth factor- β 1 (TGF β 1) [29], which in turn induces the development of an immune suppressive microenvironment [30]. CCL2 is reported to increase bone metastasis through recruitment of TAMs and osteoclasts to the tumor site and blood vessel formation through vascular endothelial growth factor-A [31,32]. Therefore, we investigated whether further chemokines could be involved in the activation of prostate cancer cells within prostate cancer bone metastases. Migration of LNCaP cells (an AR-positive prostate cancer cell line) increased significantly when co-cultured with bone stromal cells isolated from prostate cancer bone metastases. Cytokine array analysis of conditioned media from bone stromal cell cultures subsequently identified CCL5, a high-affinity ligand of CCR5, as a concentration-dependent promoter of LNCaP cell migration [12]. LNCaP cell migration was observed to be suppressed by the addition of a CCL5-neutralizing antibody to cocultures with bone stromal cells, while AR knockdown using siRNA was observed to increase LNCaP cell migration compared with control cells [12]. As CCL5 was unable to promote migration of LNCaP siAR cells, it was concluded that elevated CCL5 secretion by bone stromal cells from metastatic lesions induced prostate cancer cell migration in a CCL5-dependent manner, upstream of AR signaling [12]. Upregulation of CCL5 has previously been reported to increase the aggressive potential of breast cancer cells and the invasiveness of prostate cancer cells [33–35]. In addition, Luo et al. found that CCL5 upregulation in bone marrow mesenchymal stem cells increased the metastatic potential of prostate cancer cells, and subsequently downregulated AR signaling, due to inhibition of AR nuclear translocation [36]. Furthermore, CCL5 has been found to suppress prolyl hydroxylase expression, leading to suppression of VHL-mediated HIF2 α ubiquitination and suppression of AR signaling [37]. Results obtained using LNCaP siAR cells indicate that CCL5 activity is located upstream of AR signaling. Moreover, SaOS-2 did not promote the migration of PC-3 AR-negative prostate cancer cells [12]. These results suggest that the migratory potential of AR-positive prostate cancer cells in bone metastases is increased by CCL5, secreted by bone stromal cells via the suppression of androgen/AR signaling. CCL5 is also secreted by prostate cancer-associated fibroblasts and recruited macrophages into the prostate cancer microenvironment [38]. Estrogen receptor α could reduce prostate cancer cell invasion through reduction of CCL5 secretion from fibroblasts and macrophage infiltration prostate cancer [38].

5. Treatment Strategies Targeting CCL-CCR Axes and Androgen/AR Signaling

5.1. CCL2-CCR2 Axis

A new role for AR silencing in the mediation of EMT induction via activation of the CCL2-CCR2 axis in the tumor microenvironment provides new therapeutic targets for preventing potential prostate cancer metastasis at later stages. A previous study reported on treatment of forty-six CRPC patients with the human CCL2 monoclonal antibody, carlumab, in a phase 2 trial. Unfortunately, this single-arm study was not able to meet its primary objective to demonstrate potential therapeutic benefits of carlumab alone in patients with metastatic CRPC who had failed prior docetaxel-based treatment [39]. Carlumab was unable to sustain durable free CCL2 suppression, permitting rapid rebound and increases in CCL2 to baseline or higher concentrations; this insufficient suppression meant meaningful clinical responses could not be achieved [39]. To entirely suppress the CCL2-CCR2 axis, a receptor antagonist may provide a more suitable treatment method as receptor blockade efficiency is irrespective of serum CCL2 concentrations. Several CCR2 antagonists has been reported in the literature [40,41]. As stated in Section 2, CCL2-CCR2 axis and STAT3 activate each other in prostate cancer cells, therefore STAT3 is also regarded as a potential treatment target. We confirmed inhibition of STAT3 activity by a STAT3 inhibitor, AG490, resulted in down regulation of EMT gene expression in C4-2 siAR cells [8].

5.2. CCL22-CCR4 Axis

Tissue microarray analysis revealed a correlation between staining intensity of CCR4 and prostate cancer progression, however no such correlation existed with CCR2, despite the fact that CCR2 and CCR4 intensities were correlated with one another. Therefore, the CCL22-CCR4 axis may prove a more significant driver of prostate cancer migration and invasion than the CCL2-CCR2 axis [11]. Phosphorylation of Akt proteins is more effectively inhibited by CCR4 antagonists than CCR2 antagonists, further indicating the efficiency of CCR4 antagonist therapy against prostate cancer migration and invasion [11]. Akt activation is controlled by phosphorylation of the two key residues threonine 308 (Thr308) and serine 473 (Ser473) [42], and their phosphorylation promotes prostate cancer cell growth, proliferation, motility, and survival [43–45]. Our previous results indicated that the CCL22-CCR4 axis controls phosphorylation of Ser473. It has been previously been demonstrated that CCL2 promotes prostate cancer cell proliferation, migration, and survival via Akt-activation-dependent mechanisms [46–48]. Taken together, these results indicate that the CCL22-CCR4 axis may prove to be a better therapeutic target than the CCL2–CCR2 axis for prostate cancer patients. CCR4 expression is observed on tumor cells derived from the majority of adult T-cell leukemia-lymphoma (ATL) patients, therefore mogamulizumab, an anti-CCR4 antibody, has been approved in Japan for the treatment of relapsed/refractory ATL [49,50]. In addition, potent inhibition of Akt signaling using an Akt inhibitor was associated with a tolerable safety profile and meaningful disease control in a subgroup of patients with solid tumors during phase 1 and 2 trials [51,52]. Application of such CCL22-CCR4 targeting agents for therapy of CRPC patients is expected in the near future.

5.3. CCL5-CCR5 Axis and Others

In a recent study of ours that focused on the effects of coffee compounds on prostate cancer cells, the coffee diterpenes kahweol acetate and cafestol were observed to synergistically inhibit prostate cancer cell proliferation and migration [53]. These diterpenes were capable of inhibiting androgen/AR signaling without inducing prostate cancer cell secretion on CCL2 and CCL5 [53]. It is noteworthy that expression of CCR2 and CCR5, receptors for CCL2 and CCL5, respectively, visibly decreased following diterpene administration in prostate cancer cells [53]. Kahweol acetate and cafestol may, therefore, represent potential therapeutic candidates, especially in combination therapy for the treatment of both castration-sensitive prostate cancer and CRPC [53].

6. CCL Involvement Various Pathways of Prostate Cancer Progression

6.1. Carcinogenesis

Co-culturing of immortalized prostate epithelial cells with macrophages has been observed to induce prostate tumorigenesis, involving the signaling alteration of macrophage AR-inflammatory chemokine CCL4-pSTAT3 activation, EMT, and p53/PTEN tumor suppressor down-regulation [54]. Furthermore, in vivo studies have demonstrated that PTEN(+/-) mice lacking macrophage AR develop fewer prostatic intraepithelial neoplasia lesions, supporting an important role for macrophage AR signaling during prostate tumorigenesis [54]. CCL4-neutralizing antibodies effectively inhibited macrophage-induced prostate tumorigenic signaling, while CCL4 upregulation was associated with increased Snail expression and p53/PTEN down-regulation in high-grade prostatic intraepithelial neoplasia and prostate cancer [54]. This study identified the AR-CCL4-pSTAT3 axis is a key regulator during prostate tumorigenesis and highlighted the important roles of infiltrating macrophages and inflammatory cytokines during prostate tumorigenesis [54,55].

6.2. Lymph Node Metastasis

Tumor necrotic factor (TNF) is negatively regulated by androgen/AR signaling, and androgen/AR signaling blockade induces TNF mRNA in prostatic stroma [56]. We observed that human prostate cancer cells (PC-3, DU145, LNCaP, and LNCaP-SF) express both TNF- α and CCR7 and that low concentrations of TNF- α can induce CCR7 expression in prostate cancer cells through phosphorylation of extracellular signal-regulated kinases in an autocrine manner [57]. CCL21, a ligand of CCR7 that is secreted by fibroblastic reticular cells in lymph nodes and is abundant in the T-cell zone of the lymph node [58], was found to promote prostate cancer cell migration via protein kinase p38 phosphorylation [57]. These results suggest that TNF- α induces CCR7 expression and that the CCL21-CCR7 axis is capable of increasing the metastatic potential of prostate cancer cells during lymph node metastasis. In combination with ADT, the CCL21-CCR7 axis may, therefore, prove a superior target compared with single androgen/AR signaling-targeted therapy for treatment of patients with prostate cancer and lymph node metastasis.

6.3. Resistance to Taxanes

Understanding the underlying mechanisms behind chemoresistance and disease progression in patients with prostate cancer is important in order to develop novel treatment strategies. In particular, cabazitaxel resistance is a considerable challenge in CRPC patients as cabazitaxel is often administered as a last resort [59]. The mechanism through which cabazitaxel resistance develops is still unclear, however. We previously established a cabazitaxel-resistant prostate cancer cell line, DU145-TxR/CxR, from a paclitaxel-resistant cell line, DU145-TxR [60]. The cDNA microarray analysis revealed that CCL2 expression was upregulated in both DU145-TxR and DU145-TxR/CxR cells, compared with control DU145 cells. Furthermore, the secreted CCL2 protein level in DU145-TxR and DU145-TxR/CxR cells was observed to be higher than in the parental DU145 cells [61]. Stimulation of DU145 cells with CCL2 increased proliferation during cabazitaxel treatment, while CCR2 antagonist suppressed the proliferation of DU145-TxR and DU145-TxR/CxR cells during cabazitaxel treatment [61]. The CCL2-CCR2 axis was found to reduce apoptosis through inhibition of caspase-3 and poly(ADP-ribose) polymerase (PARP), indicating that CCL2 is potentially a key contributor to cabazitaxel resistance in prostate cancer cells [61]. Inhibition of the CCL2-CCR2 axis may provide a potential therapeutic strategy against both chemosensitive CRPC and chemoresistant CRPC.

7. Concluding Remarks

Our recent studies have elucidated several CCL-CCR axes involved in prostate cancer progression, some of which are negatively regulated by androgen/AR signaling and vice versa (Figure 1). Other CCL-CCR axes may play significant roles in prostate cancer progression, while CCL-CCR axes form chemokine-networks in which CCL-CCR axes are capable of activating and/or inactivating one another. In summary, the complete elucidation of this chemokine-network, including the exact function of each chemokine, is required to control prostate cancer cells across every stage.


Figure 1. Androgen receptor (AR) and C-C motif ligand (CCL)-receptor (CCR) axes. (1) Androgen/AR signaling negatively regulates CCL2 secretion and inhibits prostate cancer cell migration. The CCL2-CCR2 axis contributes to chemoresistance to taxanes. (2) The CCL22-CCR4 axis is located downstream of the CCL2-CCR2 axis and increases the migratory capacity of prostate cancer cells. (3) CCL5 activity occurs upstream of AR signaling and increases the migratory capacity of prostate cancer cells cancer cells via inhibition of androgen/AR signaling. (4) CCL4 is positively regulated by androgen/AR signaling in macrophages, and is a key regulator during prostate tumorigenesis. (5) TNF, which is negatively regulated by androgen/AR signaling, induces CCR7 expression in prostate cancer cells. CCR7 subsequently binds CCL21 from fibroblastic reticular cells in lymph node, resulting in increased migratory capacity.

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Abbreviations

AR	androgen receptor
ADT	androgen-deprivation therapy
CRPC	castration-resistant prostate cancer
CCL	C-C motif ligand
CCR	CCL-receptor
EMT	epithelial-mesenchymal transition
siAR	AR-siRNA
scr	scramble RNA
TAMs	tumor-associated macrophages
Tregs	regulatory T cells
TGF β1	transforming growth factor-β1
Thr308	threonine 308
Ser473	serine 473
ATL	adult T-cell leukemia-lymphoma
TNF	tumor necrotic factor
PARP	poly(ADP-ribose) polymerase

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Obesity, Inflammation, and Prostate Cancer

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Abstract: The prevalence of obesity is increasing in the world, and obesity-induced disease, insulin-resistance, cardiovascular disease, and malignancies are becoming a problem. Epidemiological studies have shown that obesity is associated with advanced prostate cancer and that obese men with prostate cancer have a poorer prognosis. Obesity induces systemic inflammation via several mechanisms. High-fat diet-induced prostate cancer progresses via adipose-secretory cytokines or chemokines. Inflammatory cells play important roles in tumor progression. A high-fat diet or obesity changes the local profile of immune cells, such as myeloid-derived suppressor cells and macrophages, in prostate cancer. Tumor-associated neutrophils, B cells, and complements may promote prostate cancer in the background of obesity. Interventions to control systemic and/or local inflammation and changes in lifestyle may also be viable therapies for prostate cancer.

Keywords: obesity; inflammation; prostate cancer; immune cells; cytokine; high-fat diet

1. Introduction

Since 1980, the prevalence of obesity has doubled in the world. Obesity is caused by genetic factors, neuroendocrine factors, psychological factors, and environmental factors [1]. In the United States, almost 40% of people suffer from obesity, and the present situation is a "pandemic" of obesity. In Asian countries such as Korea and Japan, the prevalence of obesity is still low, approximately less than 10%, but the prevalence of obesity has increased over the last decade [1,2]. The incidence rate of prostate cancer is also increasing and is now highest in Japan. Overfeeding with a high-fat and/or high-calorie diet and less physical activity result in an energy imbalance and adiposity. Obesity causes insulin resistance, type 2 diabetes, cardiovascular diseases, and several malignancies via systemic inflammation. The resulting medical costs due to obesity are increasing and becoming an important issue worldwide.

Prostate cancer has had high morbidity among elderly men. Many patients with prostate cancer are in the early stage and have good prognosis after several treatments including prostatectomy, radiation therapy, hormonal therapy, and even active surveillance. However, some progressive prostate cancer patients in the late stage with poorly-differentiated cancer cells, or local invasion, or metastatic lesion are more resistant to several treatments including hormonal therapy or chemotherapy, and have poor prognosis. (Figure 1) It is important to elucidate the mechanism of the factors inducing prostate cancer progression.



Figure 1. The scheme of different stages and progression of prostate cancer.

Chronic inflammation is the major etiology behind the development of several cancers, such as hepatocellular carcinoma, squamous cell carcinoma in the urinary bladder, colorectal cancer, and gastric cancer. Inflammatory cells migrating to the local area generate reactive oxygen species and reactive nitrogen species that induce mutations of DNA in normal epithelia [3]. Acute or chronic inflammation is a common histological finding in both benign and malignant tissues in prostatectomy specimens [4,5]. The causes of inflammation in the prostate vary among bacteria causing prostatitis and sexually-transmitted disease, hormonal changes of estrogen [6], physical trauma caused by corpora amylacea [7,8], urine reflux to the prostate gland, and environmental factors such as dietary habits [9,10]. Dietary habits cause inflammation of the prostate and can result in carcinogenesis in the early stage [11,12]. Dietary-induced inflammation could last for the entire life, and chronic inflammation can also stimulate the progression of prostate cancer in the late stage. However, the association of immune cells in tumor microenvironments with prostate cancer is still unclear.

In this review, the link between obesity and prostate cancer is discussed based on the recent findings related to inflammation.

2. Obesity and Prostate Cancer

Several studies reported that obesity was associated with the increased risk of several cancers, such as colon, breast, endometrial, kidney, gastric, esophagus, pancreas, liver, and gall bladder [13,14]. Several studies have shown the association of obesity with the risk of prostate cancer. A prospective study of 3673 men in the United States showed that greater body mass index (BMI) was an independent predictor of prostate cancer (relative risk = 1.7 for BMI > 27.8 kg/m² compared with <23.6 kg/m²; p = 0.1). The percent change in BMI from baseline to age 50 was also positively associated with risk (p = 0.01) [15]. Another prospective study in the United States showed that BMI was weakly and positively associated with prostate cancer, and the association of obesity with the risk of clinically-significant prostate cancer strengthened after the exclusion of well-differentiated, localized tumors [16]. However, a prospective study of 36,959 Swedish men showed that the incidence of localized prostate cancer was inversely associated with BMI in middle-to-late adulthood (the rate ratio for 35 kg/m² when compared with 22 kg/m² was 0.69 (95% confidence interval (CI) 0.52–0.92)), but not in early adulthood. BMI in middle-to-later adulthood was associated with a non-statistically significant increase in the risk of fatal prostate cancer (rate ratio for every five-unit increase: 1.12 (0.88–1.43)) and BMI in early adulthood with a decreased risk of fatal prostate cancer (rate ratio for every five-unit increase).

increase: 0.72 (0.51–1.01)) [17]. A prospective study of 141,896 men in the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort showed that high BMI at a young age was inversely associated with the overall risk of prostate cancer (relative risk = 0.89, 95% CI 0.80-0.98, BMI \geq 26 vs. 20–21.9, p = 0.01) and with fatal and advanced disease [18]. Obesity at a young age causes the delayed onset of puberty and may result in the lower lifetime exposure of insulin-like growth factor 1 (IGF-I), which may affect the development of prostate cancer later in life [18,19]. A meta-analysis of 12 prospective studies of localized prostate cancer (1,033,009 men, 19,130 cases) and 13 of advanced prostate cancer (1,080,790 men, 7067 cases) showed an inverse linear relationship with BMI for localized prostate cancer ($p \le 0.001$, relative risk: 0.94 for every 5-kg/m² increase) and a positive linear relationship with BMI for advanced prostate cancer (p = 0.001, relative risk: 1.09 for every 5-kg/m² increase) [20]. Obesity thus could affect the incidence of the risk of prostate cancer in the early stage in the opposite direction according to the type of prostate cancer. The underlying mechanisms of this inverse association of obesity with localized prostate cancer could be the low testosterone levels in obese men. Obese men have a lower concentration of free testosterone due to a decrease of lutenizing hormone (LH) pulse amplitude and serum LH levels [21]. Plasma total testosterone and free testosterone were positively associated with increased risk of low-grade prostate cancer [22]. However, the association of testosterone, free testosterone, and the free-to-total testosterone ratio with prostate cancer is still controversial [23]. Furthermore, the impact of obesity-induced systemic inflammation on the inverse relationship of localized prostate cancer to BMI is still unknown.

Obesity may also affect the prognosis of prostate cancer in the late stage. An analysis of 4123 men treated by radical prostatectomy showed that higher BMI was associated with biochemical recurrence after radical prostatectomy (hazard ratio (HR) 1.02, 95% CI 1.00–1.02, p = 0.008) [24]. A retrospective analysis of 4268 radical prostatectomy patients within the Shared Equal Access Regional Cancer Hospital (SEARCH) database showed that being overweight and obesity were associated with prostate cancer-specific mortality (HR 1.88, p = 0.061 and HR 2.05, p = 0.039, respectively) [25]. A prospective study of 404,576 men showed a positive linear trend in the prostate cancer death rate with higher BMI (p < 0.001) [14]. These epidemiological studies showed obvious evidence of the association of obesity with advance prostate cancer.

3. Obesity and Inflammation

Many studies have shown that obesity causes systemic inflammation through the action of various mechanisms. Adipocytes secrete tumor necrosis factor (TNF)- α in obese mice that causes systemic inflammation [26]. A high-fat diet (HFD) changes the intestinal microbiota and increases the translocation of live Gram-negative bacteria through the intestinal mucosa into the bloodstream and mesenteric adipose tissue, which results in continuous bacteremia [27]. Fatty acids activate toll like receptor 4 (TLR4) signaling in adipocytes and macrophages. Female mice lacking TLR4 show increased obesity, but are partially protected against HFD-induced insulin resistance, possibly due to reduced inflammatory gene expression in the liver and fat [28]. Obesity induces activation of the innate immune system. Adipose depots contain multiple immune cells. Macrophages in adipose tissues are increased in the obese, skewing to the M1-polalized macrophages. These macrophages show a pro-inflammatory phenotype and secrete inflammatory cytokines such as TNF- α [29].

It is still unclear how such systemic inflammation affects local inflammation of the prostate (Figure 2). Several chemokines and cytokines secreted from prostate cancer cells may recruit immune cells to the prostate. Which organ are these immune cells activated in? Some immune cells could be "taught" in the intestinal wall [30], but there has been no evidence of the homing of these intestinal immune cells to a distant organ. In bone marrow or regional lymph nodes, the immune cells might be activated by factors related to obesity and subsequently recruited to the prostate. Otherwise, the local immune cells recruited by prostate cancer cells might be activated by the obesity-related factors. The elucidation of these factors related to obesity could lead to the development of new treatments or the prevention of prostate cancer in the early stage.



Figure 2. Interaction of immune cells with adipocytes and prostate cancer cells.

4. Obesity Promotes Prostate Cancer Growth

Although the link between obesity and prostate cancer has not been definitively determined, several studies focusing on the cytokines and/or chemokines have been reported. In a mouse xenograft model of the prostate cancer cell line LNCaP, serum monocyte chemoattractant protein-1 (MCP-1) was significantly increased, and tumor growth was promoted in HFD-fed mice [31]. Palmitic acid is one of the saturated free fatty acids abundantly included in HFDs. The addition of palmitic acid induced the expression of macrophage inhibitory cytokine 1 (MIC1) in vitro, and serum levels of MIC1 were increased in the HFD-fed mice xenograft model. Obese patients with prostate cancer were also found to have higher serum levels of MIC1 than those in healthy controls [32]. HFDs also modulate miRNA expression in prostate cancer cells. Prostate cancer cells cultured in the serum of HFD-fed mice showed a marked increase in cell proliferation and the attenuation of miR-130a. miR-130a modulated MET expression in prostate cancer cell lines, and furthermore, cytoplasmic MET in prostate cancer tissues was overexpressed in patients with higher BMI [33]. An HFD also induced increases in leptin, C-C motif ligand (CCL)3, CCL4, CCL5, and C-X-C motif ligand (CXCL)10 in the sera of transgenic adenocarcinoma of mouse prostate (TRAMP) mice. The conditioned medium of sera from HFD-fed TRAMP mice promoted the proliferation, migration, and invasion of DU-145 cells [34]. Obese patients with prostate cancer showed increased expression of epithelial CXCL1, which induces the recruitment of adipose stromal cells from white adipose tissue to the tumor and promotes the tumor's growth [35]. These reports showed that cytokines and chemokines could play important roles in the obesity-associated progression of prostate cancer in the early and late stage. Because TRAMP mice lacking expression of androgen receptor are thought to be models for a very advanced stage with neuroendocrine cancer cells and independent from androgen receptor, the findings using TRAMP mice might be compatible with prostate cancer patients in only the late stage. Moreover, the detailed mechanisms including the tumor microenvironments are still unknown.

5. Inflammation in Prostate Cancer

In the tumor microenvironments, the interactions among cancer cells, immune cells, endothelial cells, and fibroblasts can play important roles. Inflammatory cells consist of innate immune cells and acquired immune cells. Acquired immune cells include B cells and T cells, which act based on antigen recognition. While innate immune cells are the main players in inflammation, innate immune cells and acquired immune cells also orchestrate the inflammation. Innate immune cells including neutrophils, myeloid cells, mast cells, and macrophages are different from acquired immune cells by receptor-mediated activation and their rapid response to invading pathogens and foreign bodies [36]. Macrophages and neutrophils are the most abundant immune cells in the tumor microenvironment [37].

To reveal the relationship between HFD-induced inflammation and tumor progression in the prostate, we used two genetically-engineered prostate cancer mouse models, prostate-specific Pten knockout mice (Pb-Cre⁺; Pten(fl/fl)) and Pten and Tp53-double knockout mice (Pb-Cre⁺; Pten(fl/fl); Tp53(fl/fl) on the C57BL/6 genetic background. The prostate weights and the ratio of Ki67-positive cells to tumor cells, which indicates the proliferative capacity of the tumor, of the mice in the HFD-fed double knockout mouse model were significantly higher than those of the control diet (CD)-fed model mice (p = 0.011, p = 0.005, respectively) (Figure 3A,B). Total RNA was isolated from prostatic tissues of both the CD-fed mice and HFD-fed double knockout mice, and transcriptome analysis of the two groups was performed using mRNA microarray technology. Gene ontology analysis revealed that many processes related to inflammation and the immune response were ranked in the top 22 processes expressed in the prostate of the HFD-fed double knockout mice (Figure 3C). This finding strongly suggests that local inflammation of the prostate is one of the most important factors for the progression of prostate cancer in obese or HFD-fed mice in the early and late stages. The profiles of the local immune cells in prostate cancer were analyzed in the *Pten* knockout mouse model fed with a CD or HFD. Although the number of B cells, T cells, macrophages, and mast cells and the ratio of CD8/CD4 T cells were not changed by the HFD, the number of myeloid-derived suppressor cells (MDSCs) and the M2/M1 macrophage ratio were significantly increased in the HFD-fed mice compared with the CD-fed mice. The promotion of tumor growth by the HFD was completely cancelled by the administration of celecoxib, a cyclooxygenase 2 (COX-2) inhibitor, which suggests that inflammation plays a central role in tumor progression caused by an HFD. IL-6 expression in prostate tissues was increased in HFD-fed mice, as were the amounts of phosphorylated signal transducer and activator of transcription 3 (STAT3) in prostate cancer cells. Inhibition of the IL-6 pathway resulted in the suppression of tumor growth by an HFD [38]. The HFD and subsequent obesity caused the increased secretion of IL-6 from local macrophages in the prostate tumor via unclear mechanisms. IL-6 might increase the number of local MDSCs and promote the proliferation of prostate cancer cells via signal transducer and activator of transcription 3 (STAT3) pathways. Because transcriptome analysis in double knockout mice resulted in different changes of gene expressions from Pten knockout mice after administration of HFD, Tp53 may have many functions regarding inflammation. In addition, it might result in different findings if model mice on the other genetic background were to be examined.



Figure 3. (**A**) Representative gross findings of the prostatic tissues (the black bar indicates 5 mm) (top) and prostate weights (n = 6 and 4, respectively) (bottom) of the model mice at 22 weeks of age. (**B**) Representative images of Ki67 staining for the prostatic tissues (top) and the ratio of Ki67-positive cells to tumor cells (n = 4 and 3, respectively) (bottom) of the model mice at 22 weeks of age. (**C**) Gene ontology analysis using mRNA microarray technology of the prostatic tissues of the model mice at 22 weeks of age (HFD-fed vs. CD-fed, n = 3, respectively; fold change >2.0, p < 0.05, biological process). CD, control diet; HFD, high-fat diet. * p < 0.05, ** p < 0.01.

6. Macrophages

Macrophages, one of the most abundant types of immune cells in tumor microenvironments, change the phenotype to promote tumor growth and metastasis. Macrophages are divided into classic macrophages (M1) and alternative macrophages (M2). M1 macrophages act in microbicidal and tumoricidal activity, and M2 macrophages act in tissue remodeling, immune tolerance, and tumor progression [39]. M1 macrophages are characterized by the secretion of interleukin-1 β (IL-1 β), IL-6, IL-12, and TNF- α , whereas M2 macrophages are characterized by the secretion of IL-4, IL-10, and TGF- β . At early stages of tumor development, macrophages undergo classic activation and exhibit an M1 phenotype [36,40]. Cytokines secreted from M1 macrophages play roles in tumor initiation and early promotion [36]. Exposure of macrophages to IL-4, colony-stimulating factor-1 (CSF1), granulocyte-macrophage colony-stimulating factor (GM-CSF), and TGFβ secreted by cancer cells polarize macrophages to the M2 phenotype, which acts to induce immunosuppressive microenvironments. Inflammatory cytokines secreted from adipocytes, such as TNF- α , IL-6, IL1 β , and CCL2, recruit macrophages to the adipose tissues. Diet-induced obesity leads to a shift of the macrophage phenotype from M2 to M1 in mice [41,42]. In contrast, in mammary adipose tissue of breast cancer in obese women, macrophages showed a decrease in the expression of IL-10 and CD11c, which are characteristic of an M1 polarization phenotype. However, they also showed an increase in the expression of CD206, which is a surface marker of the M2 polarization phenotype, suggesting a mixed polarization phenotype in tumor microenvironments [39,43]. Macrophages are known to promote cancer growth and metastasis in prostate cancer, but the association of macrophages with obesity in prostate cancer is still unclear. Different from breast cancer, adipocytes are located in the area surrounding the prostate and are not found within the prostate tissues. Prostate cancer and stromal cells secrete CCL2, which strongly recruits macrophages [44,45]. CCL2 levels were increased in the sera of HFD-fed mice with an LNCaP xenograft. It is also reported that the number of tumor-infiltrating macrophages is not associated with BMI [46]. The role of macrophages in prostate cancer with a background of obesity will require further study.

7. Myeloid-Derived Suppressor Cells (MDSCs)

MDSCs have a strong immunosuppressive function that enables the regulation of immune response and suppresses overt inflammatory responses [47]. MDSCs represent a non-lymphoid immune suppressor cell population of myeloid origin that is enriched in cancer [48]. MDSCs are a heterogeneous population and express a mixture of surface markers typical for myeloid cells, but they lack the markers of lymphocytes, natural killer cells, macrophages, and dendritic cells [47]. MDSCs were originally found in mice, and their counterparts in humans are not well defined. MDSCs in mice are characterized by the surface marker Gr-1+CD11b+. MDSCs are divided into two major groups: cells with a morphology and surface markers characteristic of monocytes (monocytic (M)-MDSCs) and cells with surface markers characteristic of polymorphonuclear (PMN)-MDSCs). In mice, M-MDSCs are characterized by the surface markers of CD11b⁺Ly6C^{high} Ly6G⁻, and PMN-MDSCs are characterized by CD11b⁺Ly6C^{low} Ly6G⁺. In humans, the equivalent cells to PMN-MDSCs are defined as CD11b⁺CD14⁻CD15⁺ or CD11b⁺CD14⁻CD66b⁺ and M-MDSCs as CD11b⁺CD14⁺HLA-DR^{-/low} CD15 [49]. MDSCs are characterized by the suppression of T cell response by ARG1, iNOS, and reactive oxygen species. MDSCs inhibit T cells via arginase-1, iNOS, and ROS and induce regulatory T cells by IL-10 and TGF-B. MDSCs also modulate the cytokine production of macrophages and promote tumor angiogenesis and eventually metastasis [47]. In a prostate cancer mouse model (TRAMP mouse), IL-23 secreted from MDSCs can activate the androgen receptor pathway and promote cell survival and proliferation under an androgen-deprived condition. Blockade of IL-23 can oppose MDSC-mediated resistance to castration in prostate cancer [50]. CXCL5 secreted from prostate cancer cells attracts MDSCs expressing CXCR2 in a mouse model of prostate cancer. Elimination of MDSCs or the blocking of CXCL5-CXCR2 signaling elicits an antitumor response for prostate cancer [51]. In humans, $CD14+HLA-DR^{-low}$ M-MDSCs and Treg were significantly

increased in peripheral blood from patients with prostate cancer compared with healthy donors. High levels of M-MDSCs in the blood were associated with a shorter median overall survival [52]. In patients with prostate cancer, MDSCs accumulate in the blood as prostate cancer progresses and inhibit the proliferation of autologous CD8+ T cells and the production of interferon- γ (IFN- γ) and granzyme-B [53]. MDSCs could be a new target in the prevention and treatment of prostate cancer and/or castration-resistant prostate cancer.

8. Neutrophils

Neutrophils primarily work as an antibacterial immune response, but tumor-associated neutrophils (TANs) also play important roles in tumor microenvironments. Similar to M1 and M2 macrophages, terms for antitumoral N1 neutrophils and protumoral N2 neutrophils were proposed [54]. The chemokines CXCL1, CXCL2, CXCL5, CXCL6, and CXCL8 secreted from tumor cells attract neutrophils in the blood to the tumor microenvironment via CXCR1 and CXCR2 on the surface of neutrophils [55]. TANs share a similar surface marker with PMN-MDSCs. Murine neutrophils are defined as CD11b+/GR1+/Ly6G+cells, whereas PMN-MDSCs are defined as CD11b+/GR1^{high}/Ly6G+ cells. PMN-MDSCs were named based on the function of immunosuppression. However, neutrophils can work in immunosuppression, but also have the opposite function of anti-tumor activity. N1 TANs function in tumor cell cytotoxicity, CD8+ T cell recruitment, and antibody-dependent cell-mediated cytotoxicity. In contrast, N2 TANs play roles in angiogenesis, immunosuppression, and tumor growth via several cytokines or proteins released from TANs [55]. In a mouse model, obesity caused the increase of neutrophils in the lung and promoted the metastasis of breast cancer cells to the lung in a GM-CSF- and IL-5-dependent manner [56]. In HFD-fed mice, cholesterol metabolites promoted the metastasis of breast cancer via neutrophils and $\gamma\delta$ -T cells [57]. In another mouse model, obesity promoted the progression of pancreatic cancer and resistance to chemotherapy via TANs recruited by adipocyte-secreted IL1ß [58]. Murine neutrophils are different from human neutrophils. Thus, it is still unclear whether the TANs play roles in prostate cancer progression in the late stage. The administration of cabozantinib resulted in the clearance of prostate cancer in mice by recruiting neutrophils to the tumor [59].

In humans, no markers equivalent to the mouse Gr1 marker exist, and human neutrophils are defined as CD14-/CD15⁺/CD66b⁺/CD16⁺. The neutrophil-lymphocyte ratio in peripheral blood is associated with a high Gleason score and the poor prognosis of men with prostate cancer [60,61]. The ratio is also a prognostic factor of abiraterone and docetaxel treatment in men with castration-resistant prostate cancer [62,63]. Low serum neutrophil count is a predictor of positive prostate biopsy results [64]. The presence of neutrophils in the epithelial lining of the prostate gland indicate prostatic inflammation and is a predictive factor of benign biopsy [65]. The protumor roles of neutrophils in human prostate cancer have not been confirmed yet, and further studies are warranted.

9. B Cells and Complements

In the mRNA microarray analysis of prostate tumors in CD- and HFD-fed double knockout mice, the expressions of immune-related genes including splice variants of immunoglobulins, complements (*Hc, C4b*), *Ccl8*, and *Cd52* were significantly higher in HFD-fed double knockout model mice compared with CD-fed double knockout model mice (Table 1). Gene ontology analysis revealed that humoral immune responses were key factors of HFD-induced tumor progression (Figure 3C). These results suggested that B cell-mediated and immunoglobulin-mediated immune responses could be key factors of HFD-induced prostate cancer growth. B cells play important roles in diet-induced obesity, chronic inflammation, and humoral immunity, the latter two of which are influenced by some kinds of fatty acids and lipid mediators [66]. B cells are also related with tumor progression in various types of cancer, including prostate cancer [67]. Tumor-infiltrating B cells produce lymphotoxin, a cytokine belonging to the TNF family, that leads to activation of IkB kinase α and STAT3, which promote the survival and proliferation of androgen-deprived prostate cancer cells that result in the development

of a castration-resistant state in experiments using the TRAMP mice model [68]. It was reported that higher B cell infiltration was present within the intra-tumoral prostate cancer regions compared to the extra-tumoral benign prostate tissue regions in prostatectomy sections [69]. Immunoglobulins are expressed by B cells and a variety of tumor tissues and cancer cell lines [70,71]. Immunoglobulins are suggested to play important roles in promoting cancer progression. Immunoglobulin G silencing induced apoptosis and suppressed proliferation, migration, and invasion in LNCaP prostate cancer cells [72].

Table 1. The list of the gene symbols that were highly expressed in the prostatic tissues in HFD-fed
mice compared to CD-fed mice (fold-change >2.0, $p < 0.05$, mRNA microarray).

Gene Symbol	Fold-Change (HFD-fed vs. CD-fed)	<i>p</i> -Value (HFD-fed vs. CD-fed)
LOC238440	17.739	0.0163
Ighv6-6	12.429	0.0170
Ighv3-8	10.111	0.0048
Ighv14-3	9.678	0.0395
Igkv10-96	8.240	0.0248
Mug1	5.773	0.0068
Snord13	5.003	0.0002
Igkv10-94	4.652	0.0260
Adck1	4.644	0.0261
Itm2a	4.559	0.0223
Igh-VJ558	4.509	0.0371
Gm830	4.480	0.0304
Igkv10-95	4.070	0.0303
Igj	4.029	0.0152
Igh-V3660	3.978	0.0244
Ighj4	3.787	0.0016
Igh-VJ558	3.765	0.0035
Igkv4-55	3.733	0.0171
Igkv4-59	3.716	0.0132
Igkv16-104	3.596	0.0194
Igkv4-91	3.542	0.0456
Ccl8	3.450	0.0002
Ighv1-76	3.350	0.0055
Šlc17a4	3.333	0.0124
LOC637260	3.242	0.0237
Hc	3.179	0.0337
Tm4sf4	3.040	0.0424
Ighv1-42	3.018	0.0333
Igkv5-45	3.005	0.0095
Ighv14-4	3.003	0.0255
Ighv1-80	2.997	0.0095
Igkv4-72	2.952	0.0091
Ms4a12	2.946	0.0289
A1cf	2.911	0.0180
Ighv1-77	2.876	0.0240
Adamts5	2.800	0.0341
Gm13307	2.793	0.0064
Clstn2	2.784	0.0280
Igkj5	2.766	0.0091
Ighv5-17	2.765	0.0324
Pdlim3	2.763	0.0099
Ighj3	2.728	0.0045
Myh11	2.709	0.0351
Ighm	2.708	0.0376
Tcrg-V4	2.676	0.0445
Svep1	2.673	0.0410

Gene Symbol	Fold-Change (HFD-fed vs. CD-fed)	<i>p</i> -Value (HFD-fed vs. CD-fed)
Ighj1	2.651	0.0290
Iglv1	2.632	0.0041
Pcp4	2.626	0.0476
Cpxm2	2.617	0.0333
Maob	2.616	0.0196
Igkv4-70	2.596	0.0396
Pgm5	2.594	0.0453
Cyp2c68	2.583	0.0168
Igkv4-53	2.582	0.0451
Ighv1-62-2	2.526	0.0011
Ppef1	2.516	0.0118
Acnat1	2.511	0.0460
Gm13304	2.500	0.0403
Igkv12-89	2.463	0.0495
Igh-VX24	2.457	0.0235
Snord14e	2.437	0.0266
Gm13304	2.413	0.0414
Thbs4	2.352	0.0425
Mylk	2.352	0.0185
Cd52	2.345	0.0066
Abca8a	2.313	0.0066
Kcnab2	2.291	0.0122
Inmt	2.290	0.0449
Igh-V3660	2.272	0.0399
Igsf23	2.260	0.0138
Cd200	2.250	0.0255
Dkk2	2.236	0.0418
Acta1	2.225	0.0401
Hhip	2.212	0.0093
Ecm2	2.208	0.0109
Lgi2	2.180	0.0343
Igkv4-62	2.167	0.0373
Prelp	2.151	0.0243
Igkj1	2.143	0.0113
Nlrp6	2.112	0.0417
Gm5485	2.062	0.0280
Serpini1	2.016	0.0088
LOC102642448	2.014	0.0095
Kmo	2.009	0.0386
C4b	2.009	0.0254
Igkv4-53	2.001	0.0105

Table 1. Cont.

A complement system is also related to cancer progression [73,74]. Complement activation in the tumor microenvironment enhances tumor growth and increases metastasis. The hemolytic complement encoded by the *Hc* gene in mice, the expressions of which were increased in the prostatic tissues of HFD-fed mice in our results, corresponds to C5 in human. C5, one of the complements, was suggested to promote tumor progression controlling the tumor microenvironment [75,76]. A humoral immune response including B cells, immunoglobulins, and complements could be key factors of prostate cancer progression induced by inflammation in the late stage. The detailed mechanism of the phenomenon remains unclear, and further investigations are necessary to explore the causative mechanism.

10. Conclusions

Inflammation and immune responses play important roles in the progression of prostate cancer. Other inflammatory cells and immune cells could be also involved in the prostate cancer progression. T cells are also accumulated in prostate cancer of a diet-induced obese Hi-Myc mice [77]. The cytotoxic function of NK cells to prostate cancer cells is inhibited by humoral factors from adipocytes [78]. These local inflammatory cells are orchestrated by several signalings from immune cells, adipocytes, or prostate cancers. Prostate cancer cells stimulated by adipokines or saturated fatty acid could change the local immune profile in the backgrounds of obesity [79]. The interplay between prostate cancer and immune cells is a "chicken and egg" situation. Another possible mechanism to affect prostate cancer in obesity could be an intestinal microbiome. High-fat diet changes the intestinal microbiome and enhances colorectal cancer and liver cancer [80,81]. The microbiome could modulate the host immune system, and these changes in the immune system might have an effect on distant prostate cancer. Murine immune systems are different from human, and all the findings in mice model could not be extrapolated to human prostate cancer. However, common mechanisms would exist also in human prostate cancer. Further analysis in mice model would give new insights into the mechanisms of the progression of prostate cancer enhanced by obesity and inflammation. Interventions to address systemic and/or local inflammation and a change in lifestyle may be therapeutic for prostate cancer.

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Fibroblast Growth Factor Family in the Progression of Prostate Cancer

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Abstract: Fibroblast growth factors (FGFs) and FGF receptors (FGFRs) play an important role in the maintenance of tissue homeostasis and the development and differentiation of prostate tissue through epithelial-stromal interactions. Aberrations of this signaling are linked to the development and progression of prostate cancer (PCa). The FGF family includes two subfamilies, paracrine FGFs and endocrine FGFs. Paracrine FGFs directly bind the extracellular domain of FGFRs and act as a growth factor through the activation of tyrosine kinase signaling. Endocrine FGFs have a low affinity of heparin/heparan sulfate and are easy to circulate in serum. Their biological function is exerted as both a growth factor binding FGFRs with co-receptors and as an endocrine molecule. Many studies have demonstrated the significance of these FGFs and FGFRs in the development and progression of PCa. Herein, we discuss the current knowledge regarding the role of FGFs and FGFRs—including paracrine FGFs, endocrine FGFs, and FGFRs—in the development and progression of PCa, focusing on the representative molecules in each subfamily.

Keywords: fibroblast growth factor; fibroblast growth factor receptor; prostate cancer

1. Introduction

Prostate cancer (PCa) is one of the most common hormone-dependent cancers. Androgen-deprived therapy (ADT) has been the standard option for PCa. It is initially effective in most PCa cases; however, PCa becomes refractory for ADT in spite of the castration level of serum testosterone, which is called "castration-resistant prostate cancer" (CRPC). There have been multiple studies on the efficacy of various agents that include androgen-receptor (AR) targeted agents and anticancer drugs.

Many studies have demonstrated the aberrant activation of fibroblast growth factor (FGF)/FGF receptor (FGFR) signaling in several cancers, including head and neck, lung, breast, endometrial, bladder, and prostate cancer [1,2]. Herein, we review the FGF family's involvement in the development and progression of prostate cancer. We mainly discuss the representative molecules in each subfamily: FGF9 as classic FGFs, FGF19 as endocrine FGFs, and FGFR2IIIb.

2. FGFs and FGFRs

The human *Fgf* gene family consists of 22 members, and they are classified into seven subfamilies based on phylogenetic analysis (Figure 1) [3]. FGFs are also classified into three subfamilies (intracrine, paracrine, and endocrine FGFs) based on their mechanism of action. Intracrine FGFs are not typical and does not bind FGFR. Their function is not mediated by a receptor. Therefore, we herein focused two

subfamilies, paracrine FGFs and endocrine FGFs. Paracrine FGFs—which consist of 15 members—exert their biological function through binding to an extracellular domain of FGFRs with heparin/ heparan sulfate and activating tyrosine kinase signaling of FGFRs.



Figure 1. *Fgf* genes consisting of 7 subfamilies and *Fgfr* genes. Asterisks indicates fibroblast growth factor (FGF)/ fibroblast growth factor receptor (FGFR) whose expression are enhanced in prostate cancer cells and/or tissues.

Endocrine FGFs consist of FGF19, FGF21, and FGF23. These molecules have a low affinity to heparin/heparan sulfate in contrast to paracrine FGFs. They have to form complexes with co-receptors, α/β -Klotho, to bind to the extracellular domain of FGFR. Because the endocrine FGFs' affinity to FGFRs changes depending on the existence of α/β -Klotho, they have hormone-like activity beyond functioning as a growth factor (Figure 2). Several studies have demonstrated the physiological function of endocrine FGFs (Table 1) [4]. Among endocrine FGFs, FGF15 (the mouse orthologue of human FGF19) was the first molecule to be identified. The physiological activity of FGF19, including the regulation of glucose and bile acid metabolism, is exerted through the formation of a complex with FGFR4 and beta-klotho and follows the activation of a signaling cascade by recruiting adaptor proteins in cytoplasm [5–7]. FGF21 mainly acts as a metabolic regulator in the liver, adipose tissue, and the pancreas. The tissue-specific metabolic action of FGF21 depends on its specificity to the receptor. FGF21 binds with beta-klotho and FGFR1c [6,8,9]. FGF23 is a bone-derived endocrine hormone. Expression of FGF23 is induced by activation of the vitamin D receptor (VDR) with 1,25 dihydroxyvitamin D (1,25D), and FGF23 is a suppressor of 1,25D. So FGF23 and 1,25D are linked by mutual regulation. A signaling cascade of FGF23 activates through formation of a complex with alfa-klotho and FGFR1 for the kidney and FGFR3c for the parathyroid gland. FGF23 regulates

phosphate and vitamin D metabolism in the kidney and inhibits parathyroid hormone secretion and vitamin D synthesis in the parathyroid gland [10,11].



Figure 2. Difference in the mechanism in signal transduction between paracrine FGFs and endocrine FGFs.

Table 1	. Pathoph	ysiological	activity of	f endocrine FGFs.
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	Up-Regulation	Down-Regulation	Increase	Decrease
FGF19				
	Glycogen synthesis	Bile acid synthesis Gluconeogenesis	Extrahepatic cholestasis Chronic hemodialysis	IBD NAFLD Primary bile acid malabsorption Obesity
FGF21				
	Hepatic fatty acid oxidation Ketogenesis Glucogenesis WAT browing Growth hormone resistance Weight loss Ovulation	Ovulation Growth hormone signaling	Type 2 diabetes Metabolic syndrome NAFLD Coronary heart disease	Anorexia Nervosa
FGF23	Calcium secretion	Renal phosphate absorption	ADHR	Hemodialysis
	Life span	Bone and renal calcium reabsorption	XLH rickets	Familial tumoral calcinosis
		Vitamin D synthesis PTH secretion	TIO Cardiac hypertrophy	

ADHR, autosomal dominant hypophosphataemic rickets; FGF, fibroblast growth factor; IBD, irritable bowel disease; NAFLD, non-alcoholic fatty liver disease; PTH, parathyroid hormone; TIO, tumor-induced osteomalacia; WAT, white adipose tissue; and XLH, X-linked hypophosphataemic.

Four FGFRs, FGFR1-4, contain an extracellular ligand binding domain with three immunoglobulin (Ig)-like domains (I–III), a transmembrane domain, and a split intracellular tyrosine kinase domain. FGFR1-3 have two kinds of Ig-like III domains, IIIb and IIIc, which are generated by alternative splicing. The Ig-like domain is crucial for determining ligand-binding specificity, and as a result, seven FGFR with different ligand-binding specificities are derived from four *Fgfr* genes [12].

3. FGF-FGFR Signaling in Epithelial-Stromal Interaction in Prostate Tissue

Epithelial-stromal interaction plays an important role in maintaining the homeostasis in normal prostatic tissue [13,14]. Stromal tissues secrete paracrine factors that include FGF ligands, and they lead to stimulation of epithelial maintenance and growth. Huang et al. reported the significance of FGFR2 signaling for preserving stemness and preventing differentiation of prostate stem cells [15]. FGFR2IIIb, a splicing variant of the FGFR2, is a resident form of FGFRs expressed in normal prostate epithelial cells. FGFR2IIIb is specific to FGF7, and FGF7-FGFR2IIIb contributes epithelial-stromal interaction [16]. The loss of FGFR2 isoforms is shown in human PCa tissues, and the loss of FGFR2IIIb is associated with the characteristics of castration-resistant prostate cancer (CRPC) in particular [17].

The expression pattern of FGFR is different in each PCa cell line. For instance, FGFR1 expression is detectable and FGFR2IIIb expression is undetectable in PC3 cells that show androgen-independent growth and high potential of cell proliferation. On the other hand, FGFR2IIIb expression is detectable in LNCap cells that show expression of androgen receptor (AR), androgen-dependent growth, and relatively low potential of cell proliferation [18]. In addition to FGFs and FGFRs, FGF receptor substrate 2alpha (FRS2alpha), an FGFR interactive adaptor protein, involves multiple signaling pathways to the activated FGFR kinase. FRS2 alfa is required for prostate development and tumorigenesis [19], as well as in angiogenesis [20].

4. Effects of the Restoration of FGFR2IIIb in Prostate Cancer Cells

Many studies have demonstrated the association of aberrant FGFR signaling with the development and progression of PCa [21,22]. Binding ligands, FGFRs form functional dimerization and lead transphosphorylation and activation of downstream signaling pathways such as Ras, Src, PKC γ , MAPK, PI3K-AKT, and STAT [23–25]. The involvement of FGF signaling in various molecular mechanisms has been reported in PCa. Shao et al. reported that FGF-FGFR signaling plays an important role in transformation induced by the loss of a PTEN tumor suppressor when combined with the expression of the TMPRSS2/ERG fusion gene [26], and activation of FGF-FGFR signaling by FGF8b overexpression in PTEN deficiency is reported to be associated with prostate tumorigenesis [27]. FGF-FGFR signaling is also related to the induction of an inflammatory response in PCa tissues [28]. The involvement of aberrant FGFR1 signaling in the progression of PCa in particular was demonstrated in several studies. FGFR1 signaling promotes the reprogramming of energy metabolism from oxidative phosphorylation to aerobic glycolysis by regulating the expression of an LDH isoenzyme [29]. It also promotes an inflammatory response through activation of NF- κ B signaling [30]. Furthermore, activation of FGFR1 signaling promotes epithelial to mesenchymal transition and androgen independency in PCa cells [31,32]. Loss of FGFR2IIIb and enhancement of ectopic expression of FGFR1 PCa progression have been reported as common events in the progression of PCa [21]. As FGFR2IIIb plays an important role in the maintenance and its disorder is found in PCa cell lines and tissues, several investigators have reported the effects of restoring FGFR2IIIb. In animal models and PCa cell lines, FGFR2IIIb's restoration also restored responsiveness to stroma and significantly reduced in vivo tumorigenesis. In castration-resistant human PCa cells, restoration of FGFR2IIIb showed the inhibition of cell proliferation, the induction of differentiation, and the enhancement of apoptosis in a ligand-independent manner [21,33,34]. In addition, in PCa cells overexpressing FGFR2IIIb, clonogenic cell death increased in concurrence with enhanced apoptosis and cell cycle arrest in the G2/M-phase and radiosensitivity by gamma-irradiation [35]. Another study reported the effect FGFR2IIIb's restoration had on the chemosensitivity in PCa cells. Restoration of FGFR2IIIb led to the enhanced chemosensitivity of several agents, especially docetaxel. The expression of N-cadherin, vimentin, survivin, and XIAP were induced by restoring FGFR2IIIb [36]. This data indicates that PCa cell lines are induced to a more differentiated phenotype when changing the pattern of gene expression that became sensitive to radiation and chemotherapy when FGFR2IIIb was restored.

5. Involvement of FGFs in the Development and Progression of Prostate Cancer

5.1. Paracrine FGFs

Upregulated expression of FGF1, FGF2, FGF8, FGF9, and FGF10 were shown in human PCa [37]. Murine studies demonstrated the epithelial and mesenchymal interaction using a FGF/FGFR complex in PCa [38]. Pecqueux et al. demonstrated the association between strong expression of FGF2 in tumor stroma and a high postoperative recurrence rate and that exogenous FGF2 can drive genomic instability to promote PCa progression through enhancement of DNA damage [39]. Cuevas et al. reported the linkage between altered micro-environmental signaling that includes FGF2 overexpression and mitotic instability [40]. In the study focused on a bone metastatic site, FGF2 was upregulated in osteoblast and promoted the proliferation of PCa cells under the loss of TGF β signaling [41]. These reports indicated the significance of FGF/FGFR signaling through paracrine FGFs (especially FGF2) in a cancer micro-environment for the development and progression of PCa.

FGF9 is an abundant molecule in nervous tissue and soft tissue, while it has been reported to be a key molecule of epithelial-stromal interaction [42]. Several studies have demonstrated that FGF9 was associated with the proliferation of glia [43], regulation of the differentiation of astrocytes [44] and oligodendrocytes [45], and the regulation of joint formations [46,47]. FGF9's involvement in malignant neoplasms has been reported in glioma [48], ovarian cancer [49], and lung cancer [50]. In prostate epithelial cells, overexpression of FGF9 lead the augmentation of reactive stroma formation and promoted initiation and progression of PCa [51]. In our study, cell viability and invasion of LNCaP was significantly enhanced, and expression of MMP2, N-cadherin, and VEGF-A were induced in LNCaP incubated in medium with FGF9. In immuno-histochemical staining, the prevalence of both VEGF-A and N-cadherin-positive cells was significantly higher compared to FGF9-negative cases [52]. The biochemical relapse-free survival (bRFS) rate in cases with FGF9-positive cases was significantly lower than that in FGF9-negative cases [53]. "FGF9-positive" in this study was determined based on the findings of immunohistochemistry staining on just one representative section. And even in FGF9-positive cases, just a small population of FGF9-positive cells with very aggressive pathological features was present. In other words, FGF9 was only positive in especially high-grade cancer cells in cases with localized PCa. Furthermore, several studies have reported FGF9 in PCa at an advanced stage. Accumulation of FGF9 to the region of bone metastasis formed by AR-negative PCa cells indicated that FGF9 was a key factor in formation of bone metastasis [54]. In AR-negative CRPC cases, neuroendocrine differentiation (NE) is one of the most representative phenotypes. In a further dedifferentiated phenotype, "AR-negative and NE-negative", expression of FGF1, FGF8, and FGF9 increased, and MAPK pathway was activated [55]. The results of these studies indicated that FGF9 might be a key molecule for an advanced PCa that include CRPC rather than a localized one.

5.2. Endocrine FGFs

Endocrine FGFs have two different characteristics, a growth factor and a metabolic regulator. Investigating endocrine FGFs might clarify the molecular link between the progression of cancer and metabolism. Among endocrine FGFs, the association between FGF19 and malignant diseases such as liver cancer, colon cancer, and prostate cancer was demonstrated [56–59]. FGF19 induces the expression of markers of epithelial mesenchymal transition in hormone-sensitive prostate cancer cells [60,61]. Consistent with the results, accumulation of FGF19 in cytoplasm was shown in poorly differentiated prostate cancer cells in human prostate cancer tissues derived from radical prostatectomy, and the presence of FGF19-positive tissues correlated with positive immuno-histochemical staining with N-cadherin in prostate cancer tissues [60]. The bRFS rate in cases with FGF19-positive tissues was significantly lower than in cases with FGF19-negative tissues [60]. In prostate cancer cells, FGF19 stimulates cell proliferation and cell invasion through activation of MAP kinase and AKT pathways [62]. Expression of FGF19 increased in castration-resistant cell lines compared with castration-sensitive ones or immortalized normal prostate cells [62]. According to these reports, FGF19

might be associated with the risk of post-operative recurrence by enhancement of cell proliferation and epithelial-mesenchymal transition of PCa cells.

Since endocrine FGFs that include FGF19 act as circulating hormones related to several metabolic diseases, the impact of their serum concentration for metabolic diseases was investigated. These molecules are expected to be a potential serum biomarker for PCa. We measured serum FGF19 and beta-klotho level in cases with PCa. While there was no relationship between the serum klotho level and pathological findings, the results showed that patients with a high Gleason score had higher serum FGF19 levels than those with a low Gleason score [60]. This data indicates that FGF19 might be a potential serum biomarker in PCa. One limitation to using endocrine FGFs that include FGF19 as a serum biomarker is the change of serum concentration according to dietary conditions and blood sugar level because endocrine FGFs act as a metabolic regulator and their level is also regulated by a feedback mechanism. Further study will clarify the optimal timing and conditions for measuring endocrine FGFs to apply them as a serum biomarker for PCa. Besides FGF19, the increased expression of FGF23 in many PCa cell lines and PCa tissues was reported. FGF23 enhances proliferation, invasion through activation of AKT, and the MAPK pathway in PCa cell lines. These findings indicate that it can promote PCa progression in an autocrine, paracrine, and/or endocrine manner [63].

6. Conclusions

In this article, we described the impact of FGF-FGFR abnormalities on the development and/or the progression of PCa. Since we found the heterogeneity of PCa, it is important to clarify and understand various molecular mechanisms of PCa in order to determine the most appropriate therapeutic strategies.

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Review

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The Importance of Time to Prostate-Specific Antigen (PSA) Nadir after Primary Androgen Deprivation Therapy in Hormone-Naïve Prostate Cancer Patients

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Abstract: Prostate-specific antigen (PSA) is currently the most useful biomarker for detection of prostate cancer (PCa). The ability to measure serum PSA levels has affected all aspects of PCa management over the past two decades. The standard initial systemic therapy for advanced PCa is androgen-deprivation therapy (ADT). Although PCa patients with metastatic disease initially respond well to ADT, they often progress to castration-resistant prostate cancer (CRPC), which has a high mortality rate. We have demonstrated that time to PSA nadir (TTN) after primary ADT is an important early predictor of overall survival and progression-free survival for advanced PCa patients. In in vivo experiments, we demonstrated that the presence of fibroblasts in the PCa tumor microenvironment can prolong the period for serum PSA decline after ADT, and enhance the efficacy of ADT. Clarification of the mechanisms that affect TTN after ADT could be useful to guide selection of optimal PCa treatment strategies. In this review, we discuss recent in vitro and in vivo findings concerning the involvement of stromal–epithelial interactions in the biological mechanism of TTN after ADT to support the novel concept of "tumor regulating fibroblasts".

Keywords: prostate-specific antigen; androgen deprivation therapy; time to PSA nadir; fibroblasts

1. Introduction

Androgen-deprivation therapy (ADT) is the standard initial systemic therapy for advanced prostate cancer (PCa). Generally, ADT is performed with surgical castration or pharmacologic castration (luteinizing hormone-releasing hormone agonist or antagonist) accompanied with/without an antiandrogen (combined androgen blockade: CAB). Even PCa patients with metastatic disease initially respond well to ADT, but most eventually progress to castration-resistant prostate cancer (CRPC), which has a high mortality rate. Thus, there is an urgent need for predictors of which patients are more likely to develop CRPC. Several prognostic factors identified in clinical and laboratory studies could be used to predict survival including performance status, T stage, and extent of bone metastases, as well as serum alkaline phosphatase, hemoglobin, and testosterone levels [1,2]. The J-CAPRA score is a novel, validated score encompassing initial prostate-specific antigen (PSA) levels, Gleason score, and clinical stage that can be used to predict outcomes among patients undergoing primary ADT who represent the full spectrum of risk and stage, including advanced disease [3].

PSA is currently the most useful biomarker for detection of PCa. The ability to measure serum PSA levels affected all aspects of PCa management over the past two decades. Serum PSA levels are generally proportional to tumor volume and clinical stage of the disease. Thus, despite recognized limitations, measurement of PSA is essential for screening and monitoring of treatment response, prognosis, and progression in patients with PCa [4]. We demonstrated that time to PSA nadir (TTN) after primary ADT is an important early predictor for overall survival and progression-free survival

for advanced PCa patients [5,6]. Moreover, we gathered evidence from in vivo experiments to support the role of fibroblasts in the PCa tumor microenvironment in prolonging the period of serum PSA decline after ADT and enhancing the efficacy of ADT [7]. In this review, we briefly summarize the importance of TTN after primary ADT for hormone-naïve advanced PCa patients with a focus on results from both in vitro and in vivo experiments.

2. Prostate-Specific Antigen (PSA)

PSA is an androgen-regulated serine protease and member of the tissue kallikrein family of proteases [8]. In humans, the prostate gland consists of a single layer of secretory epithelial cells, which are surrounded by a continuous layer of basal cells and a basement membrane [9]. PSA is produced by secretory epithelial cells in the prostate gland, and is directly secreted into the prostate lumen. One characteristic of PCa is disruption of the basal cell layer and basement membrane, and this loss of normal glandular architecture results in increases in serum PSA [10]. Transcription of the *PSA* gene is normally regulated by androgens via the androgen receptor (AR) [11]. The AR is a steroid hormone receptor that binds as a homodimer to a specific DNA sequence termed the androgen-responsive element (ARE). Consensus AREs are located at -156 to -170 from the transcriptional start site of the *PSA* gene [12]. Meanwhile, the *PSA* distal enhancer is located approximately 4.2 kb upstream of the transcription start site in a region that contains a single strong consensus ARE (ARE III). The presence of multiple additional weak non-consensus AREs has also been demonstrated by binding studies showing that the cooperative binding of multiple ARs in this region likely accounts for its strong androgen-dependent activity [13–16].

3. PSA Expression after Androgen Deprivation Therapy (ADT)

The goal of ADT treatment for PCa patients is to downregulate concentrations of circulating androgen or block transcriptional activation of the AR [17]. The decrease in PSA levels after primary ADT most likely results from tumor cell death and/or decreased expression of AR-stimulated PSA in surviving tumor cells (Figure 1). As a result, in some cases, primary ADT may have larger effects on PSA production than on tumor survival.

In the absence of androgen, AR is activated by the protein kinase A and/or protein kinase C pathway. In LNCaP cells, androgen-independent induction of *PSA* gene expression is regulated by the AR-dependent pathway [18–20]. Mitogen-activated protein kinase signaling may also regulate *PSA* transcription in an androgen-independent manner [21]. A number of growth factors and cytokines, including insulin-like growth factor (IGF) 1, keratinocyte growth factor (KGF; known as fibroblast growth factor (FGF) 7), epidermal growth factor (EGF), and interleukin (IL) 6, stimulate AR signaling and PSA expression in the context of androgen deficiency [22].



Figure 1. Serum PSA kinetics after primary ADT. Decreases in PSA levels following primary ADT are due to tumor cell death and/or simply decreased expression of AR-stimulated PSA in response to the absence of androgen. Figure 1 refers to [23]. AR: androgen receptor; PCa: prostate cancer; CRPC: castration-resistant prostate cancer; PSA: prostate-specific antigen; ADT: androgen-deprivation therapy.

4. Time to PSA Nadir (TTN) after Primary ADT

For PCa patients undergoing ADT, PSA kinetics are an important indicator of ADT response. However, the prognostic significance of PSA kinetics remains controversial [24]. In particular, the prognostic importance of various PSA indexes after treatment, such as PSA level at initial diagnosis, pattern of PSA decrease after hormone therapy, PSA half-life, nadir PSA level after treatment, TTN and percentage of PSA decrease, is unclear. Furthermore, few studies have examined whether these PSA indexes can accurately predict the likelihood of progression to CRPC [25]. Intuitively, most urologists expect that a more rapid PSA decline in response to primary ADT would be positively associated with extended survival. Indeed, clinical studies performed in the 1990s indicated that rapid PSA declines were associated with longer remission periods [26]. However, we have recently reported clinical evidence that a prolonged period for serum PSA decline after primary ADT was strongly indicative of disease progression in patients with advanced PCa [5,6]. Several recent studies describing results from large, multicenter investigations also demonstrated that longer TTN periods after primary ADT can predict favorable progression-free survival and overall survival in various hormone-naïve patient populations [24,27,28]. Akbay et al. evaluated PSA decline pattern after primary ADT in advanced PCa patients [29]. They showed that rapid PSA decline patients (fast decline slope) patients had higher rates of PSA progression, while prolonged PSA decline patients (slow decline slope) patients had lower rates of PSA progression. Choueiri et al. also demonstrated that higher PSA decline (≥52 ng/mL/year) was associated with shorter survival in univariate analysis [27]. These findings may seem counterintuitive in that they suggest that a more rapid response to primary ADT indicates more aggressive disease.

Here, we summarize several lines of clinical evidence showing the prognostic importance of TTN after primary ADT in hormone-naïve PCa patients (Table 1). With respect to disease progression, Morote et al. reported that a PSA nadir $\leq 0.2 \text{ ng/mL}$ and TTN ≥ 12 months in metastatic PCa patients was associated with a low risk of PSA progression [30]. Hori et al. reported that PSA nadir < 1 ng/mL and TTN > 12 months was associated with a low risk of biochemical relapse in PCa patients with bone metastasis, whereas patients without bone metastasis with a PSA nadir < 0.1 ng/mL and TTN > 24 months had a low risk of biochemical relapse [31]. These studies could be limited by patient classification in that the study participants were stratified into two groups according to PSA nadir level or TTN. Inadequate PSA responders, with shorter TTN due to small declines in PSA from an initial high PSA level, which is obviously associated with poor progression, might have been included

in the group having a shorter TTN. Interestingly, Huang et al. stratified their study participants into four groups by combining PSA nadir level and TTN. In their study, they demonstrated that patients with advanced or metastatic disease and a PSA nadir ≥ 0.2 ng/mL and TTN < 10 months had a significantly reduced disease-free progression time [32]. However, for adequate PSA responders (PSA nadir ≤ 0.2 ng/mL), they found that prolonged TTN did not correlate with longer progression-free survival due to the inclusion of patients having various clinical stages, as well as those who underwent different pretreatments, such as radical prostatectomy or radiotherapy. We propose that the optimal cut-off value for TTN be >11 months for advanced PCa patients without bone metastasis and >8 months for those with bone metastasis in both groups with ≤ 0.2 PSA nadir and >0.2 with and without metastasis, respectively, for progression-free survival [6]. With respect to survival, Hussain et al. reported that a PSA ≤ 4 ng/mL after 7 months of androgen deprivation is a strong and specific predictor for risk of death [33]. Choueiri et al. recently reported that a PSA nadir < 0.2 ng/mL and a TTN of > 6 months were an optimal predictor for a longer overall survival in patients with metastatic disease [27]. Our analysis showed that a PSA nadir < 0.2 ng/mL and a TTN of > 9 months were an optimal predictor of longer overall survival in patients with bone metastatic disease [5].

Study	Patients (N)	Treatment	TTN Cutoff Threshold (Months)	Outcome
Morote et al. 2004 [30]	283 (98 locally advanced, 185 metastatic)	Orchidectomy or maximal androgen blockade	12	Progression-free survival
Morote et al. 2005 [34]	185 (metastatic)	Orchidectomy or LHRH agonist with antiandrogen	9	Progression-free survival
Choueiri et al. 2009 [27]	179 (metastatic, 47.5% had prior RP or RT)	LHRH agonist or orchidectomy with or without antiandrogen	6	Overall survival
Hori et al. 2011 [31]	155 (46 with bone metastasis, 109 without bone metastasis)	LHRH agonist or orchidectomy with or without antiandrogen	24 (without bone metastasis)	Progression-free survival
Huang et al. 2011 [32]	650 (advanced or metastatic, 35% had RP or RT)	LHRH agonist or orchidectomy with or without antiandrogen	10	Progression-free survival
Huang et al. 2011 [35]	650 (advanced or metastatic, 35% had RP or RT)	LHRH agonist or orchidectomy with or without antiandrogen	10	Overall survival
Sasaki et al. 2011 [5]	87 (with bone metastasis)	LHRH agonist or orchidectomy with antiandrogen	9	Overall survival
Sasaki et al. 2012 [6]	184 (advanced, 101 with bone metastasis, 83 without bone metastasis)	LHRH agonist or orchidectomy with antiandrogen	8 with bone metastasis, 11 without bone metastasis	Progression-free survival
Hong et al. 2012 [36]	131 (metastatic)	LHRH agonist or orchidectomy with antiandrogen	8	Progression-free survival
Zhang et al. 2013 [37]	332 (advanced or metastatic)	LHRH antagonist or orchidectomy with flutamide	10	Overall survival Progression-free survival
Kitagawa et al. 2014 [28]	10,958 (all stage)	LHRH agonist or orchidectomy with or without antiandrogen	9	Overall survival Progression-free survival
Tomioka et al. 2014 [38]	286 (metastatic)	LHRH agonist or orchidectomy with or without antiandrogen	<6, 6−12, ≥12	Overall survival Progression-free survival
Teoh et al. 2017 [39]	419 (metastatic)	LHRH agonist or orchidectomy	<3, 3–17, >17	Overall survival Progression-free survival
Akbay et al. 2017 [29]	97 (advanced)	LHRH agonist or orchidectomy with or without antiandrogen	12	Progression-free survival

Table 1. Examination of TTN after primary ADT in hormone-naïve PCa patients as a prognostic marker for disease outcome.

LHRH: luteinizing hormone releasing hormone; RP: radical prostatectomy; RT: radiation therapy; TTN: PSA nadir; ADT: androgen-deprivation therapy; PCa: prostate cancer.

5. Biological Mechanism of TTN after ADT

The above findings indicate that a rapid decline in PSA expression after primary ADT appears to be a strong indicator of more aggressive disease. However, the mechanisms that mediate this effect remain unknown.

Generally, well-differentiated PCa cells are AR-dependent and PSA positive, whereas poorly differentiated PCa cells are AR-independent and PSA negative. Nelson et al. provided four molecular-state frameworks for AR activation in PCa after ADT-State 1: Endocrine androgen-dependent and AR-dependent; State 2: Intracrine androgen-dependent and AR-dependent; State 3: Androgen-independent and AR-dependent; State 4: Androgen-independent and AR-independent [40]. State 4 is considered to be a fatal stage in which AR signaling is abolished. The transition of PCa cells to an androgen-independent phenotype is a complex process that involves selection and outgrowth of pre-existing clones of androgen-independent cells (clonal selection) as well as adaptive upregulation of genes that promote cancer cell survival and growth after ADT (adaptation) [41]. These two mechanisms share an important prerequisite characteristic: PCa are heterogeneous tumors comprising various subpopulations of cells that respond differently to ADT [41]. Acute loss of AR function after ADT is associated not only with apoptosis and reduced PSA secretion by PCa cells, but also with triggering of AR-independent growth. Disruption of androgen signaling by ADT may inhibit cell cycle control, which could contribute to carcinogenesis [42]. Further in vitro and in vivo experiments to characterize the interaction between AR-dependent and AR-independent PCa cells will be required to confirm these clinical findings.

We demonstrated a critical role for fibroblasts in tumor stroma in the regulation of androgen dependency of PCa cells and PSA expression after ADT [7]. The tumor stroma surrounding cancer cells is enriched in fibroblasts that secrete AR-stimulating factors, vascular endothelial growth factor (VEGF), and transforming growth factor (TGF) β [43]. Stromal–epithelial cell interactions play a crucial role in carcinogenesis and tumor progression [44]. We previously reported that stromal remodeling after castration is accompanied by changes in the expression levels of these growth factors in the prostate [45]. Importantly, most fibroblastic cells in the prostate stroma are negative for AR [46,47], and the phenotypes of human PCa fibroblastic stromal cells are broadly heterogeneous [48]. Several studies showed that that and rogen-sensitive and -insensitive interactions between stromal and epithelial cells determine how prostate epithelial cells respond to androgen ablation [49,50]. In our in vitro and in vivo experiments, we found that the AR-independent and heterogeneous characteristics of fibroblasts in PCa tissue could regulate ADT efficacy as measured by tumor volume and Ki67 index, which is related to the decline in serum PSA after ADT [7]. Even though there is a limitation of animal experiments, we found that fibroblasts had two mechanisms for regulating declines in serum PSA after ADT: 1) maintenance of tumor microvessels and 2) secretion of soluble AR-stimulating factors. Fibroblasts have a diverse capacity for neovascularization and varying expression patterns of these soluble factors. In a low androgen environment, stromal-epithelial interactions may be an important mechanism to control AR activity and AR-regulated PSA expression. Thus, we advocate for the adoption of a new concept, "tumor regulating fibroblasts", which describes the possible action of fibroblasts after ADT in PCa patients (Figure 2). Tumor-promoting "aggressive" fibroblasts, also called cancer-associated fibroblasts (CAFs), are well known [51]. CAFs surround cancer cells to support the survival and proliferation of cancer cells in a paracrine fashion. These "aggressive" fibroblasts can increase the selective pressure to promote preferential selection of more aggressive epithelial phenotypes. On the other hand, Hayashi et al. reported that rat urogenital mesenchyme, which shares similar features with CAFs, but has a physiological role that involves facilitating the development, differentiation, and, ultimately, growth quiescence of the prostate, elicited a reduction in tumorigenic potential of Dunning prostatic adenocarcinoma [52]. Recent studies also demonstrated that normal human fibroblasts can inhibit the proliferation of tumor cells [53,54]. "Protective" fibroblasts that contribute to a prolonged serum PSA decline period could enhance treatment efficacy, resulting in a more favorable prognosis.



Figure 2. "Tumor regulating fibroblasts" and the role of fibroblasts after ADT in PCa patients. "Protective" fibroblasts inhibit the transition of PCa cells from AR-dependent to AR-independent, whereas "aggressive" fibroblasts promote the transition from AR-dependent to AR-independent [7].

6. Concluding Remarks

TTN after primary ADT for advanced PCa patients is a powerful tool for predicting disease progression and overall survival. Clarification of the mechanisms associated with TTN after primary ADT could help inform treatment decision-making to determine optimal strategies for PCa treatment. In this review, we focused on stromal–epithelial interactions to develop a clearer picture of the biological mechanism of TTN after ADT, based on findings from in vitro and in vivo experiments to provide a novel concept of "tumor regulating fibroblasts".

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