

# Drug-Drug Interactions

Edited by Dong Hyun Kim and Sangkyu Lee

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**Drug–Drug Interactions** 

### **Drug-Drug Interactions**

Editors

Dong Hyun Kim Sangkyu Lee

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*Editors* Dong Hyun Kim Inje University College of Medicine Korea

Sangkyu Lee Kyungpook National University Korea

*Editorial Office* MDPI St. Alban-Anlage 66 4052 Basel, Switzerland

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### About the Editors

### Dong Hyun Kim

Ph.D. (Professor) acquired his B.S. degree in Pharmacy in 1982 from Seoul National University in Seoul, Korea, and Ph.D. in Toxicology in 1988 from Korea Advanced Institute of Science and Technology. He was trained at Vanderbilt University as a postdoc under supervision by Dr. Fred Guengerich in 1988–1990. He then joined the Doping Control Center, Korea Institute for Science and Technology (KIST), Seoul, from 1990 and served as Director of the center during 2004–2008. In 2011, he joined College of Medicine, Inje University, in Busan and currently serves as Professor in the Department of Pharmacology. His main research interests are drug metabolism, drug interactions, and metabolomics. Alongside his academic research, he has been collaborating with numerous pharmaceutical companies on new drug development. He has published approximately 200 peer-reviewed articles in internationally recognized journals.

### Sangkyu Lee

Ph.D. (Associate Professor) acquired his B.S. degree in Pharmacy in 2002 from Yeungnam University in Gyeongsan, Korea, and a Ph.D. in Toxicology in 2007 from the same university. He then joined Doping Control Center, Korea Institute for Science and Technology (KIST), Seoul, in 2007–2009 and Ben May Department for Cancer Research, The University of Chicago, Chicago, USA, in 2009–2011, where he was a postdoctoral fellow. At KIST, he studied drug metabolism and drug interactions with his supervisor, Prof. Dong Hyun Kim. In 2011, he joined College of Pharmacy, Kyungpook National University in Daegu, Korea, and currently serves as an Associate Professor. As a toxicologist, his research has focused on using mass spectrometry, and he is conducts research on drug metabolism, drug interactions, and the pharmacokinetics of new drug candidates or naturally active substances. He is also an expert in mass spectrometry-based toxicometabolomics and toxicoproteomics research. He has published close to 190 peer-reviewed articles. Dr. Lee's research is supported by the National Research Foundation (NRF) of Korea grant founded by the Korea government. He is currently Vice Director of BK21 FOUR Community-Based Intelligent Novel Drug Discovery Education Unit, having started in this position in 2020, and he also serves on the Editorial Board of *Mass Spectrometry Letters* (Scopus).

### Preface to "Drug–Drug Interactions"

Drug-drug interactions (DDIs) cause a drug to affect other drugs, leading to reduced drug efficacy or increased toxicity of the affected drug. Some well-known interactions are known to be the cause of adverse drug reactions (ADRs) that are life threatening to the patient. Traditionally, DDI have been evaluated around the selective action of drugs on specific CYP enzymes. The interaction of drugs with CYP remains very important in drug interactions but, recently, other important mechanisms have also been studied as contributing to drug interaction including transport- or UDP-glucuronyltransferase as a Phase II reaction-mediated DDI. In addition, novel mechanisms of regulating DDIs can also be suggested. In the case of the substance targeted for interaction, not only the DDIs but also the herb-drug or food-drug interactions have been reported to be clinically relevant in terms of adverse side effects.

This Special Issue serves to highlight the current progress in research on drug–drug interactions and contains eleven outstanding research articles and five review articles. Firstly are the results of in vitro, animal, and human evaluations of drug–drug interactions and herb–drug interactions that induce representative changes in CYP activity. In addition, the results of studies on DDIs that may occur depending on the transporter, plasma protein binding, and human genotype are included. Practical research results on DDI evaluation using In Silico Prediction and Pharmacovigilance Database are presented. This Special Issue contains results related to the main mechanisms by which DDIs can cause ADRs. In the review article, the DDIs and their relation to CYP1A is systematically arranged, and findings related to the role of CYP in mechanism-based inhibition in clinical settings are summarized. As additional insightful content, the interaction of monoclonal antibodies, the occurrence of DDI according to systemic and local tissue exposure, and the effects of OATP1B1 and 1B3 on DDI are systematically reviewed.

This Special Issue aims to highlight current progress in understanding the drug interactions of commercial drugs, both clinically and nonclinically, and in new discoveries regarding the mechanisms of drug interactions that cause ADR. We expect that this Special Issue will provide insights into drug–drug interactions related to adverse drug reactions and contribute to advancement of the relevant research areas.

Dong Hyun Kim, Sangkyu Lee Editors





## Effect of Ticagrelor, a Cytochrome P450 3A4 Inhibitor, on the Pharmacokinetics of Tadalafil in Rats

Young-Guk Na $^{\rm +}$ , Jin-Ju Byeon $^{\rm +}$ , Hyun Wook Huh, Min-Ki Kim, Young G. Shin, Hong-Ki Lee $^{\rm *}$  and Cheong-Weon Cho $^{\rm *}$ 

College of Pharmacy and Institute of Drug Research and Development, Chungnam National University, 99, Daehak-ro, Yuseong-gu, Daejeon 34134, Korea

\* Correspondence: dvmlhk@gmail.com (H.-K.L.); chocw@cnu.ac.kr (C.-W.C.); Tel.: +82-42-821-7301 (H.-K.L.); +82-42-821-5934 (C.-W.C.)

+ These authors contributed equally to this work.

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Abstract: Tadalafil is a cytochrome P450 (CYP) 3A4 substrate. Because there are few data on drug-drug interactions, it is advisable to take sufficient consideration when co-administering tadalafil with CYP3A4 inducers or inhibitors. This study was conducted to assess the effect of ticagrelor, a CYP3A4 inhibitor, on the pharmacokinetic properties of tadalafil after oral administration to rats. A total of 20 Sprague–Dawley male rats were randomly divided into the non-pretreated group and ticagrelor-pretreated group, and tadalafil was orally administered to each group after pretreatment with or without ticagrelor. Blood samples were collected at predetermined time points after oral administration of tadalafil. As a result, systemic exposure of tadalafil in the ticagrelor-pretreated group (1.61-fold), and the clearance of tadalafil in the ticagrelor-pretreated group was significantly increased compared to the non-pretreated group (1.61-fold), and the clearance of tadalafil in the ticagrelor-pretreated group was significantly reduced than the non-pretreated group (37%). The prediction of the drug profile through the one-compartment model could explain the differences of pharmacokinetic properties of tadalafil in the non-pretreated group. This study suggests that ticagrelor reduces a CYP3A-mediated tadalafil metabolism and that tadalafil and a combination regimen with tadalafil and ticagrelor requires dose control and specific pharmacotherapy.

Keywords: tadalafil; ticagrelor; drug-drug interaction; pharmacokinetics; plasma concentration; CYP3A4

### 1. Introduction

Erectile dysfunction (ED), the most prevalent complaint in males, is the persistent inability to maintain an erection [1]. Various factors, such as age and presence of cardiovascular diseases, influence the incidence of ED [2,3]. Particularly, vascular diseases, such as coronary artery disease (CAD), are related to a high prevalence of ED [4–6]. It has been reported that 42% of patients between the ages of 40 and 60 years are affected by this condition [7–9]. In addition, a high rate of ED prevalence (~75%) has been investigated in CAD patients [10,11]. The most commonly prescribed oral drugs for ED are the 5-phosphodiesterase (PDE5) inhibitors, and the drugs for CAD are the platelet aggregation inhibitor [12,13]. Therefore, PDE5 may be co-administered to CAD patients already receiving platelet aggregation inhibitors.

Tadalafil (Cialis<sup>®</sup>), the approved PDE5 inhibitor, is used in the treatment of ED and is one of the most frequently prescribed PDE5 inhibitors [14]. In addition, tadalafil exhibits a longer clinical efficacy (up to 36 h) than sildenafil or vardenafil [15,16]. Because of the long duration of action, a once-a-day dose regimen improves the life quality of patients. Tadalafil is classified as a cytochrome P450 (CYP) 3A4 substrate and is mainly metabolized by CYP3A4 to catechol, which is extensively bound to form methyl catechol glucuronide, a major circulating metabolite of tadalafil through methylation [17].



Ticagrelor (Brilinta<sup>®</sup>), the platelet aggregation inhibitor, belongs to  $P2Y_{12}$  receptor antagonists and is used for the treatment of CAD [18,19]. It provides the superior and more sustained inhibition of platelet aggregation than clopidogrel, another  $P2Y_{12}$  receptor antagonist [20]. Recent studies have reported that ticagrelor acts as an inhibitor of CYP3A4 [21,22]. When ticagrelor was co-administered with atorvastatin, ticagrelor acted as a CYP inhibitor, increasing the maximal plasma concentration of atorvastatin and the area under the plasma concentration-time curve from 0 to infinity by 23% and 36%, respectively [23]. Therefore, drug-drug interaction by co-administration of tadalafil and ticagrelor can inhibit the metabolism of CYP3A4 substrates, such as tadalafil. Despite the possibility of co-administration, the pharmacokinetic interactions between ticagrelor and tadalafil are still uncertain.

Because ticagrelor is an inhibitor of CYP3A4 that accounts for about 15–30% of the total CYP enzyme in humans, the co-administration potentially affects efficacy and safety by altering tadalafil exposure [24]. In healthy male volunteers, the plasma concentrations of tadalafil have been shown to increase with CYP3A4 inhibitors, such as ritonavir [25]. Although tadalafil is well tolerated, patients have experienced side effects, such as headaches, stomachaches, back pain, muscle aches, nasal congestion, redness, limb pain, dizziness, or blurred vision due to the high exposure of tadalafil [26,27]. In other studies, the side effects were increased when doses of tadalafil were higher, indicating that side effects were somewhat related to blood concentration of tadalafil [28,29]. Thus, the combination of tadalafil with ticagrelor also warranted investigation and a drug-drug interaction study should be conducted. However, pharmacokinetic interactions between tadalafil and ticagrelor have not been reported in vivo models.

The objective of our study was to evaluate the effect of ticagrelor on the plasma concentration-time profiles of tadalafil in rats. This study was performed with a parallel design consisting of a non-pretreated group and a ticagrelor-pretreated group. The ticagrelor-pretreated group received oral administration of ticagrelor for seven days of the pretreatment period to inhibit CYP3A. Tadalafil was then orally administered on the seventh day. The non-compartment analysis was performed to analyze the pharmacokinetic profile and the one-compartment model was successfully applied to compare the pharmacokinetics between the two groups. This study assumed that potential drug-drug interactions between ticagrelor and tadalafil could have a clinical impact on the patients.

### 2. Materials and Methods

#### 2.1. Chemicals and Reagents

Tadalafil, ticagrelor, and paclitaxel (internal standard (IS)) were kindly obtained from Korea United Pharma Inc. (Seoul, Korea). Dimethyl sulfoxide, formic acid, and polyethylene glycol 400 (PEG 400) were purchased from Sigma–Aldrich (St. Louis, MO, USA). Acetonitrile and methanol were purchased from J.T. Baker (Phillipsburg, NJ, USA). Analytical grade reagents were used throughout this study. Overall, distilled water was used.

### 2.2. LC-MS/MS Analysis of Tadalafil

The concentrations of tadalafil were analyzed by a liquid chromatography tandem-mass spectrometry (LC-MS/MS) system equipped with Agilent 1290 series and Agilent 6495 Triple Quad LC/MS (Agilent Technologies, Santa Clara, CA, USA). A YMC-Triart C18 column ( $50 \times 2.0 \text{ mm}$ , 1.9 µm; YMC Inc., Wilmington, NC, USA) was used. The mobile phase was a mixture of 0.2% formic acid in acetonitrile and 0.2% formic acid in distilled water (50:50, v/v), and the flow rate was 0.4 mL/min. The temperature of the column and autosampler were set as 30 °C and 4 °C, respectively. The positive ion mode using Agilent jet stream electrospray ionization (AJS-ESI) was applied to record the scan mass spectra. The ion transitions of tadalafil and IS were set as  $390.4 \rightarrow 268.1 \text{ m/z}$  and  $876.4 \rightarrow 308.1 \text{ m/z}$ , respectively, and detected with a multiple reaction monitoring (MRM) mode. The collision energies for tadalafil and IS were 10 V and 30 V, respectively. The cell accelerator voltage was 5 V and the dwell time was set as 200 ms. The source parameters were set as follows: Gas temperature 200 °C, gas flow

14 L/min, nebulizer 20 psi, sheath gas heater 250  $^\circ$ C, sheath gas flow 11 L/min, capillary 3000 V, and nozzle voltage 1500 V.

In this analysis, the most abundant ion transition of tadalafil ( $390.4 \rightarrow 268.1 \text{ m/z}$ ) was selected to determine the lowest limit of quantification (LLOQ), and the LLOQ of tadalafil was 3 ng/mL. The range of calibration curve of tadalafil was set to 3–6670 ng/mL. The curve was written with a weighted linear regression (1/x) and showed excellent linearity with  $R^2 > 0.997$ . The method has shown accurate and reproducible results within acceptable tolerances (less than 20% coefficient of variation (CV) at LLOQ and less than 15% CV at all other concentrations) [30]. The acquired LC-MS/MS data were processed with Agilent analysis software (Agilent MassHunter Quantitative Software Version B.07.00, Agilent Technologies, Santa Clara, CA, USA).

### 2.3. Animals

All animal experiments were carried out in accordance with the protocol (No. CNU-01167) and the "Guidelines in Use of Animal" approved by Chungnam National University Institutional Animal Care and Use Committee (Daejeon, Korea, 2019). Male Sprague–Dawley rats (aged 7–8 weeks, bodyweight 250–300 g) were purchased from Nara-Biotec (Seoul, Korea). All animals were housed in a dark-light cycle of 12 h at 22 °C and were allowed free access to water and food.

### 2.4. Pharmacokinetic Study

The experiment was performed in a parallel design. A total of 20 rats were randomly divided into two groups. The control group, Group N (n = 10, non-pretreated rats), was orally administered for 7 days only with the vehicle (normal saline/polyethylene glycol 400/dimethyl sulfoxide = 40:20:20). Group T (n = 10, ticagrelor-pretreated rats), an experimental group, received 10 mg/kg of ticagrelor in the vehicle once a day for 7 days orally. Thereafter, on the seventh day, tadalafil (2 mg/kg) was orally administered 30 min after the final administration of the vehicle or ticagrelor. Doses of all samples were calculated according to the weight of the rats and administered using gavage. The dose of ticagrelor and tadalafil given to rats were determined by converting the human doses (90 mg for ticagrelor and 20 mg for tadalafil) to animal doses with body surface area, according to the United States Food and Drug Administration guidelines [31]. Blood (0.3 mL) was collected from the retro-orbital plexus or the jugular vein at predetermined time-points (0, 0.33, 0.67, 1, 1.5, 2, 4, 6, 8, 12, and 24 h) after the oral administration. Samples were centrifuged at 15,000× *g* for 5 min at 4 °C. The plasma was collected and stored at -20 °C until the concentration of tadalafil was analyzed by LC-MS/MS.

### 2.5. Sample Preparation for LC-MS/MS Analysis

Protein precipitation was applied to extract tadalafil from plasma. Briefly, 200  $\mu$ L of acetonitrile (0.2 v/v% formic acid) containing 500 ng/mL of IS was added to 20  $\mu$ L of the plasma sample. After shaking for 5 min, the mixture was centrifuged at 15,000× g for 5 min. The supernatant (150  $\mu$ L) was transferred and 5  $\mu$ L of the sample was injected into the LC-MS/MS.

### 2.6. Pharmacokinetic Data Analysis

Pharmacokinetic data were analyzed based on the non-compartment analysis of WinNonlin software 8.1 (Pharsight Corp., Sunnyvale, CA, USA). The maximum plasma concentration of tadalafil (maximum concentration ( $C_{max}$ )) and the time to reach the maximal plasma concentration ( $T_{max}$ ) of tadalafil were determined from the plasma concentration-time profiles. The area under the plasma concentration vs time curve from 0 to 24 h (AUC<sub>0-24</sub>) was calculated by the linear trapezoidal rule and the area under the plasma concentration vs time curve from 0 h to infinite time (AUC<sub>0- $\infty$ </sub>) was estimated by extrapolating time to infinity. The elimination half-life ( $T_{1/2}$ ) and apparent total clearance (CL/F) were determined from the n 2/elimination rate constant and dose/AUC<sub>0- $\infty$ </sub>, respectively [32].

### 2.7. Pharmacokinetic Modeling

Pharmacokinetic modeling of the plasma concentration-time profile of tadalafil was performed using a one-compartment model to investigate the absorption and elimination rates. The parameters of the one-compartment model of tadalafil were estimated based on data from Group N and Group T.

In this model, the shift of the tadalafil amount in the gut compartment and the central compartment is described by the following equations [33]:

$$\frac{dG}{dt} = -K_a \cdot G$$
$$\frac{dC}{dt} = K_a \cdot G - K_e \cdot G$$

where *G* and *C* represent the amount of tadalafil in the gut compartment and the central compartment, respectively.  $K_a$  indicates the absorption rate constant from the gut compartment to the central compartment.  $K_e$  indicates the elimination rate constant from the central compartment to the gut compartment. Each equation was applied to both Group N and Group T data through the classic model of WinNolin software 8.1 (Pharsight Corp., Sunnyvale, CA, USA).

Predicted plasma concentrations of tadalafil (*Con<sub>pred</sub>*) using the one-compartment model were estimated by the following equation [34]:

$$Con_{pred} = C/(V/F)$$

where *V/F* indicates the central volume of distribution of tadalafil.

The fold error versus concentration or time was calculated using the following equation [35]:

$$Fold \ error = \frac{Con_{pred} - Con_{obs}}{Con_{obs}}$$

where  $Con_{pred}$  indicates the predicted concentration of tadalafil from the one-compartment pharmacokinetic modeling and  $Con_{obs}$  indicates the observed concentration of tadalafil from the pharmacokinetic experiment. The fold error within ±2-fold is an acceptable range [35].

### 2.8. Statistical Analysis

Values are represented as mean  $\pm$  standard deviation (SD). A student's t-test was applied for statistical significance of differences (p < 0.05) and the statistical analysis was performed using GraphPad Prism 8 software (GraphPad Software Inc., La Jolla, CA, USA).

### 3. Results and Discussion

### 3.1. Pharmacokinetic Data

The purpose of our study was to assess the effect of ticagrelor on plasma concentration-time profiles of tadalafil in rats. Drug-drug interactions may occur when CYP inducers or inhibitors are co-administered with the drug metabolized by the CYP enzyme. Several studies have demonstrated that ticagrelor is a CYP3A4 inhibitor and tadalafil is a CYP3A4 substrate [23,25]. Therefore, potential drug-drug interactions between ticagrelor and tadalafil can occur, affecting the pharmacokinetic profile, the efficacy for treatment of erectile dysfunction, and the frequency of side effects.

To identify the potential drug-drug interactions between ticagrelor and tadalafil in rats, ticagrelor was administered once a day for seven days to inhibit CYP3A in rats only for Group T. On the last day of the study, Group N and Group T received 2 mg/kg tadalafil via oral administration to assess the pharmacokinetics effect of ticagrelor on tadalafil. The plasma concentrations of ticagrelor were

sufficient to competitively inhibit CYP3A, and the effects of CYP3A inhibition on systemic exposure of tadalafil could be determined [36].

The pharmacokinetic profiles of tadalafil for Group N and Group T are shown in Figure 1. The parameters of the non-compartment analysis are listed in Table 1. The non-compartmental analysis is the model-independent method, which is based on the time course of drug concentrations. Pharmacokinetic parameters from the non-compartmental analysis are mainly used to evaluate drug exposure in oral administration of a drug. The systemic exposure of tadalafil was increased in Group T compared with Group N. Group T showed higher  $C_{max}$ ,  $AUC_{0-24}$ , and  $AUC_{0-\infty}$  than the  $C_{max}$ ,  $AUC_{0-24}$ , and  $AUC_{0-\infty}$  of Group N. These results showed significant increases in the values of  $AUC_{0-24}$  (1.61-fold, p < 0.05) and  $AUC_{0-\infty}$  (1.66-fold, p < 0.05). The  $C_{max}$  of Group T slightly increased 1.15-fold compared to that of Group N, but there was no significant difference (p = 0.3332). The ratio of  $ACU_{0-24}$  and  $AUC_{0-\infty}$  between Group N and Group T exceeded the range of 0.8–1.25, where no pre-specified pharmacological effect was observed [37].



**Figure 1.** Plasma concentration-time profiles of tadalafil after oral administration to non-pretreated rats (Group N) and ticagrelor-pretreated rats (Group T). Values are represented as mean  $\pm$  SD (n = 10). Dotted marks and dashed lines indicate the observed plasma concentration and the fitted pharmacokinetic profile from the one-compartment model, respectively. (A) Linear scale; (B) log scale.

| Table 1. Non-compartment anal    | lysis parameters of tadal | lafil after oral admir | istration to non-pretreated    |
|----------------------------------|---------------------------|------------------------|--------------------------------|
| rats (Group N) and ticagrelor-pi | retreated rats (Group T). | Values are represen    | ted as mean $\pm$ SD (n = 10). |

| Parameters                    | Group N              | Group T               | Ratio <sup>a</sup> | <i>p</i> -Value |
|-------------------------------|----------------------|-----------------------|--------------------|-----------------|
| C <sub>max</sub> (ng/mL)      | $375.94 \pm 72.81$   | $432.71 \pm 119.79$   | 1.15               | 0.3332          |
| AUC <sub>0-24</sub> (ng·h/mL) | $3046.88 \pm 732.50$ | $4895.74 \pm 1592.87$ | 1.61               | 0.0124          |
| AUC <sub>0-∞</sub> (ng·h/mL)  | $3070.95 \pm 743.01$ | $5095.04 \pm 1800.30$ | 1.66               | 0.0134          |
| T <sub>max</sub> (h)          | $1.45 \pm 0.50$      | $3.22 \pm 1.30$       | 2.22               | 0.0030          |
| T <sub>1/2</sub> (h)          | $3.15 \pm 0.23$      | $4.47\pm0.89$         | 1.42               | 0.0018          |
| CL/F (L/h/kg)                 | $0.68 \pm 0.15$      | $0.43 \pm 0.13$       | 0.63               | 0.0035          |

 $\overline{a}$  Ratio =  $\frac{Value of Group T}{Value of Group N}$ ; maximum concentration (C<sub>max</sub>); area under the plasma concentration vs. time curve from 0 to 24 h (AUC<sub>0-24</sub>); area under the plasma concentration vs. time curve from 0 to infinity (AUC<sub>0-26</sub>); time to reach maximal concentration (T<sub>max</sub>); half-life (T<sub>1/2</sub>); apparent total clearance (CL/F).

As a result of CYP inhibition by ticagrelor, the plasma concentration of tadalafil decreased more slowly after co-administration of ticagrelor and tadalafil than after tadalafil alone.  $T_{max}$ ,  $T_{1/2}$ , and CL/F showed statistically significant differences between Groups T and Group N. In the case of  $T_{max}$ , the absorption of tadalafil in Group T was delayed ( $T_{max}$  of  $3.22 \pm 1.30$  h) compared to that in Group N ( $T_{max}$  of  $1.45 \pm 0.50$  h) (p < 0.005). Thus, the tadalafil plasma concentration remained high until 8 h. This result indicated that the reduced metabolism of tadalafil by CYP3A inhibition caused the absorption of the drug for a longer period of time [38]. In particular, Group T showed an increased  $T_{1/2}$  compared to Group N (p < 0.005) and the CL/F value of Group T was significantly lower than that of Group N (p < 0.005). These results showed that the inhibition of hepatic CYP3A metabolism and the reduction of the first pass effect increased the exposure of tadalafil [39].

In general, the non-compartment analysis parameters of tadalafil showed statistically significant differences between Group N and Group T (Figure 2). In the present study, co-administration with ticagrelor increased tadalafil exposure and affected the AUC<sub>0-24</sub>, AUC<sub>0- $\infty$ </sub>, T<sub>max</sub>, and half-life of tadalafil. In particular, the half-life of tadalafil increased from 3.15 h in Group N to 4.47 h in Group T, resulting in the increased AUC<sub>0-24</sub> (1.61-fold), AUC<sub>0- $\infty$ </sub> (1.66-fold), and T<sub>max</sub> (2.22-fold). In addition, the result of 37% reduction of tadalafil clearance in Group T compared with Group N supported our findings. These data suggest that ticagrelor inhibits tadalafil metabolism due to drug-drug interaction with tadalafil.



**Figure 2.** Comparisons of the non-compartment analysis parameters of tadalafil from non-pretreated rats (Group N) and ticagrelor-pretreated rats (Group T). Boxes mean 25th and 75th percentiles of data and whiskers mean 5th and 95th percentiles of data. The median and mean values are displayed as a solid line (–) and a plus mark (+) in boxes, respectively. (A)  $C_{max}$ ; (B)  $AUC_{0-24}$ ; (C)  $AUC_{0-\infty}$ ; (D)  $T_{max}$ ; (E)  $T_{1/2}$ ; (F) CL/F. Maximum concentration ( $C_{max}$ ); area under the plasma concentration vs. time curve from 0 to 24 h ( $AUC_{0-24}$ ); area under the plasma concentration vs. time curve from 0 to infinity ( $AUC_{0-\infty}$ ); time to reach maximal concentration ( $T_{max}$ ); half-life ( $T_{1/2}$ ); apparent total clearance (CL/F).

### 3.2. Pharmacokinetic Modeling

The one-compartment model was successfully applied to describe each group in terms of the plasma concentration-time profile after a single oral administration of 2 mg/kg tadalafil. Among the various compartment models, the one-compartment model, which is the simplest and best suited to the observed pharmacokinetic profile of tadalafil, was used to compare the observed pharmacokinetic profile with the fitted pharmacokinetic profile. The one-compartment modeling supports the results of the non-compartment analysis that changed by the co-administration of ticagrelor. The modeling-based comparison allows for greater confidence in the metabolic inhibition effect by comparing the observed pharmacokinetic profile with the fitted pharmacokinetic profile, as well as by matching with the parameters of the non-compartment analysis. Additionally, the model-based approach was used to evaluate a more specific and quantified absorption, elimination, and distribution of tadalafil in vivo.

As shown in Figure 1, the dashed lines and dotted marks mean the predicted plasma concentration and observed plasma concentration, respectively. The dashed lines showed similar patterns to the dotted marks. Figure 3 indicates the residual plot of the fold error versus time or observed plasma concentration. It shows the acceptable residual values (fold error <2) at most of the analyzed points, which indicates that the one-compartment model is suitable for the explanation of the plasma concentration profile of tadalafil [35,40].



**Figure 3.** Residual plots written with the pharmacokinetic modeling values of non-pretreated rats (Group N) and ticagrelor-pretreated rats (Group T). (**A**) Fold error vs. time; (**B**) fold error vs. plasma concentration.

Table 2 lists the parameters of the one-compartment model. In the one-compartment model,  $K_e$  and V/F were decreased significantly in Group T compared to Group N. The  $K_e$  of Group T (0.13 ± 0.03 h<sup>-1</sup>) were decreased compared with that of Group N (0.17 ± 0.05 h<sup>-1</sup>) (p < 0.05). Moreover, the V/F of Group T (3.36 ± 0.95 L/kg) was significantly decreased compared with that of Group N (4.39 ± 0.78 L/kg) (p < 0.05). These reductions led to a decrease in the clearance of tadalafil. In addition, the  $K_a$  of Group T was also decreased, but there was no statistical significance (p = 0.1933) (Figure 4). However, this slight reduction was due to the delay in absorption, and it is clear that the absorption increased because of the high  $C_{max}$ . These results were consistent with those from the non-compartment analysis, indicating that the more absorption and the low clearance caused the increased exposure of tadalafil.

**Table 2.** The one-compartment model parameters of tadalafil in non-pretreated rats (Group N) and ticagrelor-pretreated rats (Group T). Values are represented as mean  $\pm$  SD (n = 10).

| Parameters           | Group N         | Group T         | Ratio <sup>a</sup> | <i>p</i> -Value |
|----------------------|-----------------|-----------------|--------------------|-----------------|
| K <sub>a</sub> (1/h) | $1.71\pm0.91$   | $1.14\pm0.73$   | 0.67               | 0.1933          |
| K <sub>e</sub> (1/h) | $0.17 \pm 0.03$ | $0.13 \pm 0.03$ | 0.77               | 0.0166          |
| V/F (L/kg)           | $4.39\pm0.76$   | $3.36\pm0.95$   | 0.77               | 0.0438          |

<sup>a</sup> Ratio  $= \frac{Value \ of \ Group \ T}{Value \ of \ Group \ N}$ ; Absorption rate constant from the gut compartment to the central compartment (K<sub>a</sub>); elimination rate constant from the central compartment to the gut compartment (K<sub>e</sub>); the central volume of distribution (V/F).



**Figure 4.** Comparisons of the one-compartment model parameters of tadalafil in non-pretreated rats (Group N) and ticagrelor-pretreated rats (Group T). Boxes mean 25th and 75th percentiles of data and whiskers mean 5th and 95th percentiles of data. The median and mean values are displayed as a solid line (–) and a plus mark (+) in boxes, respectively. (A)  $K_a$ ; (B)  $K_e$ ; (C) V/F. Absorption rate constant from the gut compartment to the central compartment ( $K_a$ ); elimination rate constant from the central compartment to the gut compartment ( $K_e$ ); the central volume of distribution (V/F).

In addition, the results from the modeling indicate that ticagrelor is a weak CYP3A inhibitor. The weak inhibitor is defined as a substance that increases the AUC value of the CYP substrate by

1.25-fold to 2-fold, or that it reduces the clearance of the CYP substrate by 20–50%, and ticagrelor is also classified as this inhibitor [22,41]. Changes in the AUC (1.61-fold) and clearance (37%) of tadalafil by co-administration with ticagrelor were within the range, supporting the above classification. Therefore, we inferred that ticagrelor acts as a weak CYP3A inhibitor, affecting the pharmacokinetic profiles of tadalafil, a CYP3A substrate. Furthermore, co-administration of tadalafil with ticagrelor or other CYP3A inhibitors, such as ketoconazole and diltiazem, would also be expected to increase tadalafil exposure [42].

In a clinical aspect, tadalafil shows robust safety and tolerability [12]. However, the co-administration of tadalafil with ticagrelor to elderly men may cause unexpected side effects. The half-life of tadalafil in normal healthy men is reported to be approximately 17.5 h after administration, whereas that of elderly men is about 21.6 h [43]. This half-life in elderly men is likely to increase further due to co-administration with ticagrelor, which may increase the incidence of side effects, such as headaches and dyspepsia. In addition, patients receiving nitrate medication for treatment of angina are recommended to postpone the nitrate treatment for at least 48 h after administration of tadalafil, but this may need to be longer to prevent serious hypotension [44]. Therefore, most patients receiving these drugs are older, so co-administration of tadalafil should be carefully considered.

### 4. Conclusions

In our study, the plasma concentration-time profile of tadalafil was significantly changed by co-administration with ticagrelor. A ticagrelor-inhibited CYP3A-mediated tadalafil metabolism and the systemic exposure of tadalafil increased by pretreatment with ticagrelor. Co-administration of tadalafil with ticagrelor increased the AUC of tadalafil by approximately 61% and decreased the clearance of tadalafil by 37%. These results suggest that the co-administration of tadalafil and ticagrelor may need dose control and specific drug therapy to avoid side effects from drug-drug interactions. Therefore, CAD patients receiving ticagrelor should be closely monitored when administering tadalafil concomitantly. For further studies, an additional experiment is expected to identify the variation of clinical efficacy of tadalafil by co-administration with ticagrelor, a CYP3A4 inhibitor.

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### Assessing Drug Interaction and Pharmacokinetics of Loxoprofen in Mice Treated with CYP3A Modulators

Sanjita Paudel<sup>1</sup>, Aarajana Shrestha<sup>2</sup>, Piljoung Cho<sup>1</sup>, Riya Shrestha<sup>1</sup>, Younah Kim<sup>1</sup>, Taeho Lee<sup>1</sup>, Ju-Hyun Kim<sup>2</sup>, Tae Cheon Jeong<sup>2</sup>, Eung-Seok Lee<sup>2</sup> and Sangkyu Lee<sup>1,\*</sup>

- <sup>1</sup> BK21 Plus KNU Multi-Omics based Creative Drug Research Team, College of Pharmacy, Research Institute of Pharmaceutical Sciences, Kyungpook National University, Daegu 41566, Korea; sanjitapd199@gmail.com (S.P.); whvlfwjd@naver.com (P.C.); riya.shrestha07@gmail.com (R.S.); younah86@naver.com (Y.K.); tlee@knu.ac.kr (T.L.)
- <sup>2</sup> College of Pharmacy, Yeungnam University, Gyeongsan 38541, Korea; aarajanashrestha1@gmail.com (A.S.); jhkim@yu.ac.kr (J.-H.K.); taecheon@ynu.ac.kr (T.C.J.); eslee@ynu.ac.kr (E.-S.L.)
- \* Correspondence: sangkyu@knu.ac.kr; Tel.: +82-53-950-8571; Fax: +82-53-950-8557

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Abstract: Loxoprofen (LOX) is a non-selective cyclooxygenase inhibitor that is widely used for the treatment of pain and inflammation caused by chronic and transitory conditions. Its alcoholic metabolites are formed by carbonyl reductase (CR) and they consist of trans-LOX, which is active, and cis-LOX, which is inactive. In addition, LOX can also be converted into an inactive hydroxylated metabolite (OH-LOXs) by cytochrome P450 (CYP). In a previous study, we reported that CYP3A4 is primarily responsible for the formation of OH-LOX in human liver microsomes. Although metabolism by CYP3A4 does not produce active metabolites, it can affect the conversion of LOX into trans-/cis-LOX, since CYP3A4 activity modulates the substrate LOX concentration. Although the pharmacokinetics (PK) and metabolism of LOX have been well defined, its CYP-related interactions have not been fully characterized. Therefore, we investigated the metabolism of LOX after pretreatment with dexamethasone (DEX) and ketoconazole (KTC), which induce and inhibit the activities of CYP3A, respectively. We monitored their effects on the PK parameters of LOX, cis-LOX, and trans-LOX in mice, and demonstrated that their PK parameters significantly changed in the presence of DEX or KTC pretreatment. Specifically, DEX significantly decreased the concentration of the LOX active metabolite formed by CR, which corresponded to an increased concentration of OH-LOX formed by CYP3A4. The opposite result occurred with KTC (a CYP3A inhibitor) pretreatment. Thus, we conclude that concomitant use of LOX with CYP3A modulators may lead to drug-drug interactions and result in minor to severe toxicity even though there is no direct change in the metabolic pathway that forms the LOX active metabolite.

Keywords: Loxoprofen; drug-drug interaction; CYP3A; Dexamethasone; Ketoconazole

### 1. Introduction

Loxoprofen (LOX) is an anti-inflammatory prodrug (NSAID) with potential antipyretic and analgesic properties, but its side effects are less defined when compared to other NSAIDs [1–3]. It is one of the most clinically prescribed NSAIDs in Japan, and it is also popular in Eastern Asia, the Middle East, Latin America, and Africa [1]. It is a well-known cyclo-oxygenase (COX1 and COX2) inhibitor that reduces the synthesis of inflammatory agents such as prostaglandins [2,4,5]. It is also widely used for the management of pain and inflammation in chronic and transient conditions (e.g., toothache, headache, menstrual cramps, common cold, etc.) [1,2,6].



Although LOX has fewer sides effects than other NSAIDs, many adverse effects have been reported such as GI disorders (erosive gastritis and bleeding), renal disorders, cardiovascular disorders, headaches, anaphylaxis, and abdominal pain [1,2,6,7]. Moreover, the use of LOX with drugs such as methotrexate, warfarin, aspirin, and valacyclovir is contraindicated [6,8–10]. Generally, the pharmacokinetic (PK) parameters of many drugs are influenced by the inhibition or induction of cytochrome P450 enzymes (CYPs) [11], which can result in various drug interactions, toxicity, and either an increase or decrease in drug activity [12].

Previous studies have extensively investigated the metabolic activities of LOX in various organisms such as rats, mice, monkeys, rabbits, and humans [1,13,14]. However, to the best of our knowledge, there is still a large gap in knowledge regarding the interactions of LOX with other drugs that may cause simple to severe adverse drug interactions. The alcoholic metabolites of LOX (cis-LOX and trans-LOX) are mainly produced by carbonyl reductase (CR), and trans-LOX is the only active metabolite derived from LOX, which LOX is a pharmacologically inactive drug unless it is metabolized to trans-LOX [1,5]. In addition to CR, LOX is also metabolized by CYP450. In our previous study, we reported that the CYP-mediated metabolism of LOX was catalyzed by CYP3A4 and CYP3A5 to form hydroxylated LOX (OH-LOX). We also found that an inactive metabolite of LOX catalyzed by CYP was significantly higher in dexamethasone (DEX)-induced liver microsomes [15].

It is well known that CYP3A4 is most abundant in the liver, and it can catalyze approximately 50% of commercially available drugs [16,17]. Many commercial drugs are known to regulate the activity of CYP3A, and they may be clinically administered with LOX. The CYP3A/LOX metabolic pathway produces an inactive metabolite and competes with another pathway for LOX that produces the active metabolite. If LOX is co-administered with a drug that modulates the activity of CYP3A, there may be possible drug interactions affecting the concentration of LOX or the active metabolite of LOX. Thus, we investigated the interaction of LOX with CYP3A by monitoring the effects of DEX (a CYP3A inducer) or ketoconazole (KTC, a CYP3A inhibitor) pretreatment on the PK parameters of LOX, cis-LOX, and trans-LOX in an ICR mouse model.

### 2. Materials and Methods

### 2.1. Materials

LOX (2-(4-((2-Oxocyclopentyl)methyl)phenyl)propanoic acid,  $C_{15}H_{18}O_3$ , CAS ID 68767-14-5) was procured from Tokyo Chemicals Industry (Tokyo, Japan). LOX was used to synthesize cis-LOX and trans-LOX ((2S)-2-[4-[[(1R,2S)-2-hydroxycyclopentyl]methyl]phenyl]propanoic acid,  $C_{15}H_{20}O_3$ , CAS ID 83648-76-4) with purities of 96.5% and 97.9%, respectively [18]. DEX, KTC, dextromethorphan, and phenacetin were purchased from Sigma-Aldrich Co., LLC. (St. Louis, MO, USA) while midazolam was procured from Bukwang Pharmaceutical Co., Ltd. (Seoul, Korea). Mass spectrometry (MS) grade water and acetonitrile (ACN) were obtained from Fischer Scientific (Pittsburgh, PA, USA).

### 2.2. Animal Treatments and Sample Preparations

Male ICR mice (36 mice of 5 weeks) were purchased from Orient Co. (Seongnam, Korea) andwere randomly divided into 4–6 mice per cage. Then, the mice were acclimatized for 1 week in a controlled environment (relative humidity: 60%, temperature: 25 °C) under a 12-h/12-h light/dark cycle and supplied standard rodent chow and tap water freely. All animal handling procedures followed protocols issued by the Society of Toxicology (USA, 1989) and were approved on March 21, 2019 by the Institutional Review Board of Kyungpook National University (project ID # 2019-41).

The acclimatized animals were divided into eight groups, with each group containing 3 mice: groups I and II, vehicle (corn oil); groups III and IV, DEX-treated; groups V and VI, vehicle (10% Ethanol); and groups VII and VIII, KTC-treated group. Briefly, groups I and II were intraperitoneally (*i.p.*) treated with corn oil for 3 days while DEX (dissolved in corn oil and administered at 40 mg/kg) was given to groups III and IV for 3 consecutive days [19]. Then, animals were fasted for 12 hours with free access

to water before starting the experiment. After fasting, LOX (20 mg/kg) was administered orally to groups I, II, III, and IV. Ethanol (10%) and KTC (60 mg/kg) were administered *i.p.* to the vehicle-treated groups (V and VI) and KTC-treated groups (VII and VIII), respectively [20], and after 3 min, LOX was given orally (20 mg/kg).

After the oral administration of LOX, blood from groups I, III, V, and VII was collected from the tail at 0, 5, 10, 15, 30, 60, 120, and 240 min post-administration and placed into sodium heparin-containing tubes. After the last blood collection, the mice were sacrificed by cervical dislocation. Plasma was then prepared by centrifuging the blood at  $4000 \times g$  for 15 min at 4 °C and stored at -80 °C until analysis. For analysis, each sample was prepared by mixing plasma (10 µL) and 90 µL of ACN containing 0.1% formic acid and 5 µM of tolbutamide as an internal standard (IS). The samples were then vortexed and centrifuged at 13,000× g for 10 min at 4 °C. Finally, 10 µL of sample supernatant was injected into the LC-MS/MS system. The PK parameters (the maximum plasma concentration [ $C_{max}$ ], time to reach the maximum plasma concentration [ $T_{max}$ ], elimination half-life [ $T_{1/2}$ ], and area under the plasma concentrations [AUC]) were analyzed by WinNonlin software (Version 2.1, Scientific Consulting, Louisville, KY, USA).

Similarly, blood from groups II, IV, VI, and VIII was collected from the hepatic portal vein 10 min post-LOX administration to identify metabolites of LOX and to analyze drug–drug interactions. Plasma from these samples was prepared as explained above. Then, 300  $\mu$ L of ACN having 0.1% formic acid and 5  $\mu$ M of the IS were mixed with 100  $\mu$ L of each plasma sample. Next, the samples were vortexed and centrifuged at 13,000× *g* for 10 min at 4 °C. Supernatants were transferred into tubes and dried using a Labconco Speed Vac (Labconco Corporation, Kansas City, MO, USA). The dried samples were reconstituted using 100  $\mu$ L of 50% methanol and centrifuged at 13,000× *g* for 10 min at 4 °C. Each supernatant was transferred into an LCMS vial, and 5  $\mu$ L were injected into a high-resolution mass spectrometer (HRMS).

#### 2.3. CYP Activities in the Mouse Liver

Male ICR mice were divided into 4 groups with each group containing 3 mice: group I, vehicle (corn oil); group II, DEX-treated; group III, vehicle (10% Ethanol); and group IV, KTC-treated group. Group I was treated with corn oil for 3 days while DEX (dissolved in corn oil and administered at 40 mg/kg) was administered *i.p.* to group II for 3 consecutive days [19]. Similarly, group III and group IV were treated once with 10% ethanol or KTC (60 mg/kg), respectively [20]. Twenty-four hours after the last treatment, the liver was excised and homogenized with three volumes of ice-cold 0.1 M potassium phosphate buffer (pH 7.4). The supernatant fraction was then separated as the S9 fraction from the mixture by centrifugation at 9000× g at 4 °C and stored at -80 °C until use.

To characterize the CYP activities in the harvested livers, phenacetin *O*-demethylation (using 80  $\mu$ M of phenacetin) for CYP1A, dextromethorphan *O*-demethylation (using 5  $\mu$ M of dextromethorphan) for CYP2D, and midazolam 1'-hydroxylation (using 5  $\mu$ M of midazolam) for CYP3A were used as cocktail probe reactions [21,22]. The level of protein in the S9 fraction was determined by Bradford assay [23]. The cocktail probes were then incubated with 10  $\mu$ L of each S9 fraction, potassium phosphate buffer (pH 7.4), and an NADPH generating system (NGS) in a final volume of 100  $\mu$ L. After incubation for 30 min at 37 °C, ice-cold ACN containing 0.1% formic acid and IS (5  $\mu$ M) was added to stop the reaction. Samples were then vortexed and centrifuged at 13,000× *g* for 10 min at 4 °C. Finally, the supernatants were transferred to LC-MS/MS vials for analysis.

### 2.4. Instrument and Data Acquisition

A Shimadzu Prominence UFLC system (Kyoto, Japan) connected to a TSQ vantage triple quadrupole mass spectrometer with a HESI-II spray source incorporated with a DGU-20A<sub>5</sub> degasser, an LC-20AD pump, a SIL-20A autosampler, and a CTO-20A column oven was used for the analyses. A shim-pack GIS C18 column ( $150 \times 3.0 \text{ mm}$ ,  $3 \mu$ M) was used to separate analytes in the samples. Mobile phases A and B were composed of water with formic acid and ACN with 0.1% formic acid, respectively,

and the flow rate was 0.50 mL/min at 40 °C. The gradient conditions were as follows: 20% of B between 0 and 0.25 min, 20–80% of B between 0.25 and 9.75 min, 80–20% of B between 9.75 and 10 min, and 20% of B between 10 and 13 min. The MS was operated under the following conditions: electrospray ionization in negative mode at 3.0 kV, capillary temperature at 350 °C, vaporizer temperature at 300 °C, sheath gas pressure at 35 Arb, and auxiliary gas pressure at 10 Arb. Finally, Xcalibur software (Thermo Fisher Scientific Inc., Waltham, MA, USA) was used for data analysis.

HRMS coupled with ultrahigh performance liquid chromatography (UHPLC) was used to detect hydroxy-LOX and other metabolites of LOX. The UHPLC system, Dionex Ultimate 3000 (Dionex Softron GmbH, Germering, Germany) consisted of an HPG-3200SD Standard binary pump, a WPS 3000 TRS analytical autosampler, and a TCC-3000 SD column compartment. In this experiment, the HRMS was a Q Exactive Focus quadrupole-Orbitrap MS (Thermo Fisher Scientific, Bremen, Germany) equipped with a heated electrospray ionization (HESI-II) ion probe.

LOX was detected as a deprotonated ion  $[M-H]^-$  at m/z 245.1175 in negative ion mode. Therefore, negative ion mode was used with the following optimized conditions for LOX: spray voltage of 2.5 kV, capillary temperature of 320 °C, auxiliary gas at 12 aux unit, aux gas heater temperature of 200 °C, sheath gas at 35 aux units, and S-lens RF level of 50. LOX and its metabolites were separated using a 150 mm × 2.1 mm, 2.6-µm reverse-phase liquid chromatography column, Kinetex<sup>®</sup> C18 column (Phenomenex, CA, USA) at 40 °C. Furthermore, MS-grade solvents were used as the mobile phase in gradient elution mode: 0.1% aqueous formic acid as Solvent A and 0.1% formic acid in ACN as Solvent B. The flow was set to 0.22 mL/min with a gradient condition of Solvent B as 10% between 0 and 0.5 min, 10–50% between 0.5 and 21.5 min, 50–95% between 21.5 and 22.5 min, 95% between 22.5 and 25.5 min, 95–10% between 25.6 and 10% between 25.6 and 30 min.

#### 2.5. Method Validation

Stock solutions of LOX, cis-LOX, and trans-Lox (40 mg/mL) were prepared in methanol to generate a calibration curve and linearity. The concentrations of LOX in plasma used to generate the calibration curve were 0.1, 0.2, 0.5, 1.0, 5.0, 10.0, 20.0, and 40.0 µg/mL. The concentrations of cis-LOX and trans-LOX used to generate their calibration curves were 0.2, 0.5, 1.0, 5.0, 10.0, 20.0, and 40.0 µg/mL. An amount of 10 µL of these samples was processed as mentioned above for LC-MS/MS analysis. Area peak ratios of analytes/IS versus concentration of samples were used to prepare the calibration curves. The calibration equation of LOX was  $y = 8 \times 10^{-7}x + 0.0002$  ( $R^2 = 0.997$ ). The calibration equations for cis-LOX and trans-LOX were  $y = 2 \times 10^{-6}x + 0.0002$  ( $R^2 = 0.996$ ) and  $y = 1 \times 10^{-6}x - 0.0002$  ( $R^2 = 0.997$ ), respectively.

To evaluate the accuracy and precision of LOX measurements, mouse plasma was spiked with a known concentration of LOX or QC samples at 0.2, 1.0, 10.0, 40.0 µg/mL (n = 5). Similarly, the accuracy and precision of cis-LOX and trans-LOX measurements were evaluated by spiking mouse plasma with a known concentration of either compound or QC samples at 0.5, 5.0, and 40.0 µg/mL (n = 5). Moreover, the accuracy and precision of intraday and interday were analyzed on the same day and five consecutive days at each concentration.

### 2.6. Statistical Analysis

The results are presented as the mean and the standard error of the mean. A Student's unpaired *t*-test was applied in the statistical analyses of the obtained results using Graph Pad Prism. Results with a *p*-value  $\leq 0.05$ ,  $\leq 0.01$  and  $\leq 0.001$  were considered statistically significant.

### 3. Results

### 3.1. Identification of Loxoprofen and Its Metabolites

To determine the plasma concentration of LOX and its metabolites via LC-MS/MS analysis, the produced product ions were checked and optimized for each compound. The ion intensities of LOX, cis-LOX, and trans-LOX were high in the negative mode of ionization; therefore, all the conditions

for analysis used the negative mode for LC-MS/MS analysis. The MRM transitions chosen for LOX, cis-LOX, and trans-LOX were m/z 245.0  $\rightarrow$  83.1, 247.1  $\rightarrow$  202.2, and 247.1  $\rightarrow$  203.1, respectively [15]. Representative MRM chromatograms of LOX, cis-LOX, trans-LOX, and the IS in mouse plasma are presented in Figure S1. LOX, cis-LOX, trans-LOX, and the IS were eluted at 8.5, 8.0, 8.2, and 8.9 min, respectively. No endogenous sources of interference were observed. LOX and its two metabolites were evaluated for linearity, precision, and accuracy. The calibration curves calculated within the range of 0.1–40.0 µg/mL for LOX and within the range of 0.2–40.0 µg/mL for cis-LOX and trans-LOX were linear. The precision (RSD %) range of LOX, cis-LOX, and trans-LOX was 1.8–12.9%, and the accuracy (RE %) range was less than 14.7% (Table S1). Thus, the values were within the acceptable range and the method was accurate and precise.

### 3.2. Evaluation Model for Determination of LOX-Drug Interaction

To evaluate the CYP3A-induced LOX interaction, we prepared an experimental model that regulated CYP3A activity by administering an inducer (DEX) and an inhibitor (KTC) of CYP3A into mice. Briefly, DEX in corn oil was administered up to 3 consecutive days to induce CYP3A. Inhibition of CYP3A was induced by a single dose of KTC in 10% ethanol. Only vehicle groups were administered with their respective solvents without the addition of a CYP3A inducer or inhibitor. The induction and inhibition of CYP3A were confirmed with CYP assay using five different probe substrates (Figure S2).

DEX increased the metabolism of CYP3A substrate (midazolam) by approximately 10-fold when compared to the vehicle (VH) group. KTC significantly decreased the metabolism of CYP3A4 substrate (midazolam) when compared to the VH group (Figure S2). However, the metabolic activities of other CYP enzymes were unaffected between VH and treated groups. Thus, we validated our method of specifically regulating CYP3A activity via DEX and KTC.

#### 3.3. Pharmacokinetic Analysis

The validated method was applied to determine the concentration of LOX, cis-LOX, and trans-LOX in mice pretreated with DEX or KTC. After pretreatment, LOX was orally administered to mice (20 mg/kg) after a 12-h fasting period. The plasma concentrations of LOX, cis-LOX, and trans-LOX were significantly decreased in the DEX pretreated group (Figure 1). In the KTC pretreated group, the plasma concentrations of cis-LOX, and trans-LOX were significantly increased and the plasma concentration of LOX was also increased but not significantly (Figure 1).

The PK parameters of LOX, cis-LOX, and trans-Lox in the VH- (corn oil) and DEX-treated groups are shown in Table 1. Although blood was collected for up to 240 min, LOX and its metabolites were not detected after 60 min. The  $C_{max}$ , AUC<sub>(0-60)</sub>, and AUC<sub>(0-∞)</sub> of all three compounds were significantly lowered in the DEX-pretreated group as opposed to the VH group. In the DEX-treated group, the  $C_{max}$  of LOX, cis-LOX, and trans-LOX was  $2.5 \pm 0.2$ ,  $1.1 \pm 0.2$ , and  $2.1 \pm 0.2 \ \mu g/mL$ , respectively, and the AUC<sub>(0-60)</sub> of the three compounds was  $53.5 \pm 6.1$ ,  $29.9 \pm 4.4$ , and  $67.6 \pm 5.7 \ \mu g \cdot min/mL$ , respectively. However, the  $T_{max}$  from all three compounds did not show any statistical difference when compared to the VH group. In contrast to the VH group, AUC<sub>(0-∞)</sub> of LOX, cis-LOX, and trans-Lox in the DEX-treated group indicated a lower area under plasma concentration ( $56.2 \pm 6.9$ ,  $31.5 \pm 4.4$ , and  $85.8 \pm 5.0$ , respectively) over an extended time period. Moreover, the elimination  $T_{1/2}$  of LOX, cis-LOX, and trans-Lox in the VH group was  $14.9 \pm 0.6$ ,  $12.3 \pm 0.3$ , and  $18.2 \pm 0.6$  min, respectively, which is significantly different from the respective elimination  $T_{1/2}$  ( $12.0 \pm 0.7$ ,  $13.9 \pm 0.6$ , and  $26.4 \pm 1.6$  min) generated by the DEX-pretreated group.



**Figure 1.** Mean plasma concentration versus time profiles of LOX, cis-LOX, and trans-LOX in either the presence of a CYP3A4 inducer (DEX) or inhibitor (KTC) with their respective vehicle. (A) Mean plasma concentration versus time profiles after *i.p.* administration of either VH (corn oil) or DEX (40 mg/kg) for 3 consecutive days. The plasma concentrations of all the compounds in the VH and DEX groups showed significant decrement up to 60 min in the DEX-treated group as compared to its VH group. The bars represent standard error (SE) (n = 3). (B) Mean plasma concentration versus time profiles after a single dose *i.p.* administration of either VH (10% ethanol) or KTC (60 mg/kg). In the KTC group, LOX, cis-LOX, and trans-LOX showed increased mean plasma concentrations as opposed to the VH group. The bars indicate standard error (SE) (n = 3).

Furthermore, the PK parameters for LOX, cis-LOX, and trans-LOX in the VH and KTC groups are represented in Table 2. The  $C_{\text{max}}$  of cis-LOX, and trans-LOX in the VH group (1.2 ± 0.1, and 2.1 ± 0.2 µg/mL, respectively) were significantly lower than those in the KTC-treated group (1.6 ± 0.1,

and 3.1 ± 0.3 µg/mL, respectively). However, the  $T_{\text{max}}$  of these three compounds did not show significant variation between the VH and KTC groups. In contrast to the  $T_{\text{max}}$ , the elimination  $T_{1/2}$  of trans-LOX in the VH group (26.0 ± 0.5 min) was statistically different from that in the KTC-treated group (19.8 ± 0.7 min). Moreover, The AUC<sub>(0-60)</sub> for, cis-LOX, and trans-LOX in the KTC-treated group was 49.0 ± 5.9, and 80.4 ± 9.6 µg·min/mL, respectively, which were higher than the respective values generated by the VH group. Altogether, the PK data generated by the DEX- and KTC-treated groups and their respective VH indicate that DEX and KTC significantly affected the PK of cis-LOX, and trans-LOX but PK of LOX was only affected by DEX, even though the formation of cis-LOX and trans-LOX was regulated by CR.

| Analytes  | Parameters                        | VH (Corn Oil)    | DEX               |
|-----------|-----------------------------------|------------------|-------------------|
|           | C <sub>max</sub> (µg/mL)          | $4.8 \pm 0.9$    | 2.5 ± 0.2 **      |
|           | $T_{\rm max}$ (min)               | $5.0 \pm 0.0$    | $5.0 \pm 0.0$     |
| LOX       | AUC <sub>(0-60)</sub> (μg·min/mL) | $95.7 \pm 14.5$  | 53.5 ± 6.1 **     |
|           | $T_{1/2}$ (min)                   | $14.9 \pm 0.6$   | $12.0 \pm 0.7 *$  |
|           | $AUC_{(0-\infty)}$ (µg·min/mL)    | $102.2 \pm 15.0$ | 56.2 ± 6.9 ***    |
| -         | $C_{\rm max}$ (µg/mL)             | $2.4 \pm 0.3$    | 1.1 ± 0.2 **      |
|           | $T_{\rm max}$ (min)               | $10.4 \pm 0.7$   | $10.0 \pm 1.0$    |
| cis-LOX   | AUC <sub>(0-60)</sub> (μg·min/mL) | $72.7 \pm 12.4$  | 29.9 ± 4.4 **     |
|           | $T_{1/2}$ (min)                   | $12.3 \pm 0.3$   | 13.9 ± 0.6 *      |
|           | $AUC_{(0-\infty)}$ (µg·min/mL)    | $75.8 \pm 12.8$  | $31.5 \pm 4.4$ ** |
| trans-LOX | C <sub>max</sub> (µg/mL)          | $4.4 \pm 0.5$    | 2.1 ± 0.2 **      |
|           | $T_{\rm max}$ (min)               | $9.1 \pm 1.2$    | $10.4 \pm 0.9$    |
|           | AUC <sub>(0-60)</sub> (μg·min/mL) | $137.4 \pm 19.0$ | 67.6 ± 5.7 **     |
|           | $T_{1/2}$ (min)                   | $18.2 \pm 0.6$   | 26.4 ± 1.6 **     |
|           | $AUC_{(0-\infty)}$ (µg·min/mL)    | $154.8 \pm 19.2$ | $85.8 \pm 5.0 **$ |

Table 1. Pharmacokinetic parameters of loxoprofen (LOX), cis-LOX, and trans-LOX in VH- (corn oil) and dexamethasone (DEX)-treated groups.

All data are expressed as the mean  $\pm$  standard error (SE) (n = 3).  $C_{max}$ : maximum plasma concentration; AUC<sub>(0-60)</sub>: area under the plasma concentration-time curve (AUC) from 0 to 60 min;  $T_{max}$ : time to reach maximum plasma concentration;  $T_{1/2}$ : elimination half-life; AUC<sub>(0-co)</sub>: area under the plasma concentration-time curve from 0 to infinite time. \*  $p \le 0.05$ , \*\*  $p \le 0.01$  and \*\*\*  $p \le 0.01$ .

**Table 2.** Pharmacokinetic parameters of LOX and its metabolites in 10% ethanol (VH) and KTC-treated groups.

| Analytes  | Parameters                        | VH (10% Ethanol) | KTC              |
|-----------|-----------------------------------|------------------|------------------|
|           | C <sub>max</sub> (µg/mL)          | $2.7 \pm 0.3$    | $3.5 \pm 0.5$    |
|           | $T_{\rm max}$ (min)               | $5.0 \pm 0.0$    | $5.0 \pm 0.0$    |
| LOX       | AUC <sub>(0-60)</sub> (μg·min/mL) | $54.7 \pm 4.6$   | $66.6 \pm 6.6$   |
|           | $T_{1/2}$ (min)                   | $14.6 \pm 1.1$   | $12.2 \pm 0.9$   |
|           | AUC <sub>(0-∞)</sub> (µg·min/mL)  | $59.1 \pm 5.6$   | $68.9 \pm 6.5$   |
|           | C <sub>max</sub> (µg/mL)          | $1.2 \pm 0.1$    | 1.6 ± 0.1 *      |
|           | $T_{\rm max}$ (min)               | $13.3 \pm 0.8$   | $11.6 \pm 0.8$   |
| cis-LOX   | AUC <sub>(0-60)</sub> (μg·min/mL) | $36.0 \pm 3.9$   | 49.0 ± 5.9 *     |
|           | $T_{1/2}$ (min)                   | $13.3 \pm 0.9$   | $13.4 \pm 0.6$   |
|           | AUC <sub>(0-∞)</sub> (µg·min/mL)  | $38.4 \pm 4.4$   | $51.9 \pm 6.1 *$ |
| -         | C <sub>max</sub> (µg/mL)          | $2.1 \pm 0.2$    | 3.1 ± 0.3 **     |
| trans-LOX | $T_{\rm max}$ (min)               | $11.6 \pm 0.8$   | $11.7 \pm 0.8$   |
|           | AUC <sub>(0-60)</sub> (μg·min/mL) | $69.9 \pm 6.0$   | 80.4 ± 9.6 *     |
|           | $T_{1/2}$ (min)                   | $26.0 \pm 0.5$   | 19.8 ± 0.7 **    |
|           | AUC <sub>(0-∞)</sub> (µg·min/mL)  | $90.9 \pm 7.1$   | $94.7 \pm 11.0$  |

All data are expressed as the mean  $\pm$  standard error (SE) (n = 3).  $C_{max}$ : maximum plasma concentration; AUC<sub>(0-60)</sub>: area under the plasma concentration-time curve (AUC) from 0 to 60 min;  $T_{max}$ : time to reach maximum plasma concentration;  $T_{1/2}$ : elimination half-life; AUC<sub>(0-co)</sub>: area under the plasma concentration-time curve from 0 to infinite time. \*  $p \le 0.05$ , \*\*  $p \le 0.01$  and \*\*\*  $p \le 0.01$ .

### 3.4. Metabolism and Metabolite Identification of LOX During DEX or KTC Treatment

The purpose of this study was to identify changes made by DEX and/or KTC on CR-mediated LOX metabolites (cis-LOX and trans-LOX) and also on CYP-mediated LOX metabolites (OH-LOX). During this PK study, OH-LOX could not be detected. Therefore, a full scan in Q Exactive Focus was used to identify all the metabolites present in plasma. A parallel reaction monitoring (PRM) mode was applied to confirm the metabolites through fragmentation patterns using collision induced dissociation (CID). Seven metabolites were confirmed after comparing the EICs of the test samples with blank plasma (Figures S3 and S4). LOX and all of its metabolites were detected in the negative ionization mode. To confirm the metabolites of LOX, their MS/MS fragmentation was checked (Figure S5). LOX ( $C_{15}H_{17}O_3$ ) was detected at a retention time of 18 min with only one major fragment ion 83.0492 ( $C_5H_7O$ ). Trans-LOX (M1,  $C_{15}H_{19}O_3$ ) with an m/z ratio of 247.1339, eluted at 17.1 min with major fragment ions 233.1181 (C<sub>14</sub>H<sub>17</sub>O<sub>3</sub>, -CH<sub>2</sub>), 217.1230 (C<sub>14</sub>H<sub>17</sub>O<sub>2</sub>, -CH<sub>2</sub>O), 201.1279 (C<sub>14</sub>H<sub>17</sub>O), and 191.1071 ( $C_{12}H_{15}O_2$ ,  $-C_3H_4O$ ). Cis-LOX (M2,  $C_{15}H_{19}O_3$ ), having the m/z ratio 247.1336, was detected at a retention time of 17.5 min. Its major fragments were 217.1230 (C14H17O2, -CH2O) and 191.1071 (C<sub>12</sub>H<sub>15</sub>O<sub>2</sub>, -C<sub>3</sub>H<sub>4</sub>O). M3 and M4 are OH-LOX (C<sub>15</sub>H<sub>17</sub>O<sub>4</sub>), having an *m*/*z* ratios of 261.1138 and 261.1133, and they were eluted at a retention time of 11.8 and 12.5 min, respectively. The MS/MS spectra of these metabolites were 99.0441 ( $C_5H_7O_2$ ,  $-C_{10}H_{10}O_2$ ) and 81.0335 ( $C_5H_5O$ ,  $-C_{10}H_{12}O_3$ ) for M3 and only a single major product ion 99.0441 ( $C_5H_7O_2$ ) for M4. M5 is hydroxy trans-LOX  $(C_{15}H_{19}O_4)$ , having an *m*/*z* ratio of 263.1288, and it was detected at a retention time of 11 min. Its major fragment ions were 233.1181 (C<sub>14</sub>H<sub>17</sub>O<sub>3</sub>, -CH<sub>2</sub>O), 207.1022 (C<sub>12</sub>H<sub>15</sub>O<sub>3</sub>, -C<sub>3</sub>H<sub>4</sub>O), 133.0650 (C<sub>9</sub>H<sub>9</sub>O,  $-C_6H_{10}O_3$ ), and 99.0442 ( $C_5H_7O_2$ ,  $-C_{10}H_{12}O_2$ ). M6 was identified as a taurine conjugate ( $C_{17}H_{24}O_5NS$ ) whose m/z ratio was 354.1382, and it was detected at a retention time of 13.3 min. Its major fragments were 149.9859 (C<sub>3</sub>H<sub>4</sub>O<sub>4</sub>NS, -C<sub>14</sub>H<sub>20</sub>O), 124.0065 (C<sub>2</sub>H<sub>6</sub>O<sub>3</sub>NS, -C<sub>15</sub>H<sub>18</sub>O<sub>2</sub>), and 106.9798 (C<sub>2</sub>H<sub>3</sub>O<sub>3</sub>S,  $-C_{15}H_{21}O_2N$ ). M7 was a glucuronide conjugate ( $C_{21}H_{25}O_9$ ), having an m/z ratio 421.1514, and it eluted at a retention time of 14 min. Its major fragments were 245.1182 ( $C_{15}H_{17}O_3$ ), 193.0348 ( $C_6H_9O_7$ ), 175.0242 (C<sub>6</sub>H<sub>7</sub>O<sub>6</sub>), and 83.0492 (C<sub>5</sub>H<sub>7</sub>O). Parent compounds and their fragments detected during the study are represented in Table 3.

| Compounds | Parent Ions<br>( <i>m</i> / <i>z</i> ) | Elemental<br>Composition                          | Error<br>(ppm) | Product Ions $(m/z)$                   | Description              |
|-----------|--|---|----------------|--|--------------------------|
| Lox       | 245.1179                               | C15H17O3  | 0.4            | 83.0492                                | LOX                      |
| M1        | 247.1339                               | C15H19O3  | 2.0            | 233.1181, 217.1230, 201.1279, 191.1071 | Trans-LOX                |
| M2        | 247.1336                               | C15H19O3  | 0.5            | 217.1230, 191.1071                     | Cis-LOX                  |
| M3        | 261.1138                               | C15H17O4  | 4.2            | 99.0441, 81.0335                       | OH-LOX                   |
| M4        | 261.1133                               | C15H17O4  | 2.3            | 99.0441                                | OH-LOX                   |
| M5        | 263.1288                               | C15H19O4  | 1.9            | 233.1181, 207.1022, 133.0650, 99.0442  | OH-trans-LOX             |
| M6        | 354.1382                               | C <sub>17</sub> H <sub>24</sub> O <sub>5</sub> NS | 2.0            | 149.9859, 124.0065, 79.9563            | Taurine conjugate        |
| M7        | 421.1514                               | $C_{21}H_{25}O_9$                                 | 3.6            | 245.1182, 193.0348, 175.0242, 83.0492  | Glucuronide<br>conjugate |

Table 3. Identified metabolites of LOX in mouse plasma using HRMS.

We identified the effects of CYP3A induction and inhibition on seven different known metabolites of LOX. The general characteristics of LOX, its metabolites, and their concentration in different groups are described in (Table S2). In this study, we found that the concentration of LOX, trans-LOX (M1), and cis-LOX (M2) significantly decreased in the DEX-treated group (74.1  $\pm$  6.3%, 80.1  $\pm$  1.2%, and 61.9  $\pm$  3.9%, respectively) and increased in the KTC-treated group (178.2  $\pm$  8.3%, 158.9  $\pm$  11.9%, and 173.1  $\pm$  5.8%, respectively). Furthermore, the concentrations of M3, M4, and M5 significantly increased in the DEX-treated group (93.6  $\pm$  1.9% and 90.2  $\pm$  2.7%, respectively). The taurine conjugate (M6) decreased in both the DEX- (65.3  $\pm$  2.84%) and KTC-treated (91.2  $\pm$  2.0%) groups. In contrast, the glucuronide conjugate increased in both the DEX- (174.4  $\pm$  6.5%) and KTC-treated (275.7  $\pm$  14.1%) groups. M6 and M7 are phase 2 metabolites, which indicates that

CYPs are not the main enzyme involved in the formation of these metabolites. The concentration of LOX and its metabolites in the VH, DEX-treated, and KTC-treated groups is represented graphically in Figure 2. DEX and KTC are well-known CYP3A modulators, and in this study, we found that the pretreatment of DEX or KTC had a significant effect on the concentration of both CYP-mediated and CR-mediated metabolites.







**Figure 2.** Comparison of loxoprofen (LOX) and its metabolites in male ICR mice treated with VH, DEX, or KTC. (**A**) The relative concentration of LOX and its metabolites after DEX administration (*i.p.* 40 mg/kg for consecutive 3 days, n = 3) compared to VH (*i.p.* corn oil for consecutive 3 days, n = 3). (**B**) The relative concentration of LOX and its metabolites after KTC administration (single dose *i.p.* 60 mg/kg, n = 3) compared to VH (10% ethanol, n = 3).

DEX and KTC affected the concentration and the PK of CYP-mediated metabolites, which, in turn, influenced the concentration and the PK of cis- and trans-LOX. The metabolites detected in this study are summarized in Figure 3.



Figure 3. Metabolic pathway of loxoprofen and its metabolites.

### 4. Discussion

LOX is a nonselective COX inhibitor that is administered for the management of pain and inflammation, and it is well tolerated by patients [2,24,25]. Although the pharmacokinetics and metabolism of LOX are well defined, its interaction(s) with CYP enzymatic pathways have not been fully characterized [3,6–10,13,15,26–29]. However, CYP3A regulating commercial drugs are widely in

clinical use [16,17] and there may be the chance to use CYP3A-regulating drugs and LOX together. Although CYP3A does not generate the LOX active metabolite, it may be possible to influence its generation by regulating CYP3A activity. To that end, we evaluated whether the rate of LOX active metabolite formation is influenced by CYP3A activity. We also investigated the effects of DEX and KTC, which are widely used CYP3A modulators, on the metabolism and PK of LOX, cis-LOX, and trans-LOX.

DEX is a steroidal drug used in the treatment of many conditions such as skin diseases, allergies, rheumatic disorder, asthma, and certain autoimmune diseases [30,31]. It is also effective in treating various cancers such as central nervous system tumors, brain metastases, advanced melanoma, leukemia, lymphoma, and multiple myeloma. Additionally, DEX is effective at combating the side effects of chemotherapy [32,33]. DEX is metabolized by CYP3A4 and CYP17A, but the CYP17A metabolic pathway plays no major role in its in vivo metabolism [34–36]. DEX has been used as a CYP3A4 inducer in clinical studies. Interestingly, rifampicin, rifabutin, phenytoin, phenobarbital, primidone, carbamazepine, etc., are strong CYP3A4 inducers [16]. It has also been reported that a single dose (50 mg/kg) of DEX can induce the activity of CYP3A. However, persistent administration of DEX could make stable induction of CYP3A activity, which was independent of inducer administration [37,38]. Moreover, chronic DEX administration likely leads to the autoinduction of CYP3A, which has a direct impact on the PK parameters of DEX [38]. Nevertheless, patients may suffer from an increase in substrate concentration after they stop using the CYP3A inducer if they take both the substrate (LOX) and the inducer (DEX) of CYP3A [37].

KTC is a broad-spectrum antifungal drug used in the treatment of many fungal infections such as blastomycosis, coccidioidomycosis, histoplasmosis, etc. [39,40]. KTC is a known reversible inhibitor of CYP3A4 [16] and displays hepatotoxicity through immune-allergic mechanisms, which limits its therapeutic use [41,42]. Usually, CYP3A4 inhibitors are divided into reversible inhibitors (such as KTC, itraconazole, terfenadine, astemizole, and quinidine) [43] and irreversible inhibitors (such as gestodene and levonorgestrel) [44]. Many studies also reported the biotransformation of KTC through oxidation, O-dealkylation, hydroxylation, and FMO (via the UGT1A4 metabolic pathway) [42,45]. Furthermore, one study revealed that KTC showed dose-dependent kinetics, indicating that its metabolism occurs in the liver [46]. A recent study also revealed that KTC metabolism is similar in humans and mice, which may help to resolve the issue regarding drug metabolism and toxicology [42]. Nevertheless, a sudden increase or decrease in the  $C_{max}$  of drugs and toxic metabolites could result from either the induction or inhibition of metabolizing enzymes [47].

CYP3A4 is the major CYP involved in LOX metabolism, but it does not form its active metabolite [15]. The active metabolite of LOX (trans-LOX) is formed via CR pathway [1,5]. Similarly to previous studies, we also found that DEX and KTC were strong CYP3A activity modulators [36,48,49]. In addition, we determined that the  $C_{max}$ , AUC<sub>(0-60)</sub>, and AUC<sub>(0-∞)</sub> of LOX, cis-LOX, and trans-LOX were significantly decreased in DEX-treated mice. However, the  $C_{max}$ , AUC<sub>(0-60)</sub>, and AUC<sub>(0-∞)</sub> of cis-LOX, and trans-LOX are significantly increased in KTC-treated mice. Furthermore, DEX increased the concentration of the OH-LOX metabolite and decreased the concentration of the active metabolite. This may lead to a decrease in the activity of trans-LOX during the subsequent administration of LOX and DEX. We also observed that changes in CYP pathway activity can modulate CR pathway activity regarding LOX, even though CYP3A4 does not participate in LOX active metabolite formation.

These results indicate that the co-administration of LOX and DEX may lead to a decrease in the pharmacological activity of LOX by decreasing the concentration of the active metabolite. We also observed that the concentration of active metabolites catalyzed by CR increased and that the concentration of inactive metabolites decreased during the co-administration of LOX and the CYP3A inhibitor, KTC. Therefore, if LOX and KTC are administered together, the pharmacological activity of LOX may be enhanced by increasing the active metabolite. Subsequently, this may also increase toxicity. In a previous study, LOX was associated with an increase in small bowel mucosal injury, erosive gastritis, gastroduodenal ulcers, etc., during concomitant use of a proton pump inhibitor such as lansoprazole [1,50,51]. Since lansoprazole is a known inhibitor of CYP3A and CYP2C19 [52,53], these side effects may have been caused by changes in the blood levels of LOX and its active metabolite caused by the concomitant use of LOX and lansoprazole. It has been reported that LOX slightly inhibited the metabolism of tacrolimus by interacting with CYP3A in human liver microsomes [54]. Similarly, tizanidine is typically used to manage muscle spasticity and pain [55]. However, it has been reported that combination therapy of tizanidine and LOX for neck pain increased the risk of irreversible symptomatic bradycardia via CYP inhibition [56].

These previous studies clearly show that LOX can interact with drugs that modulate CYP activity even though its active metabolite is not formed by CYP enzymes. Considering the pharmacokinetics and metabolism of LOX and its metabolites, the use of LOX with CYP modulators (e.g., DEX and KTC) may result in the decreased pharmacological action of LOX or may cause from minor toxicity to major toxicity by interacting with CYP3A.

### 5. Conclusions

The pharmacokinetic parameters of LOX and its active metabolite were significantly altered when LOX was co-administered with CYP3A activity modulators. In clinical practice, LOX is administered concurrently with many other drugs. Therefore, more studies are needed to assess the possible interactions of LOX with CYP enzymes. In this study, pharmacodynamic interactions were not evaluated; however, they will be evaluated in future studies.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/1999-4923/11/9/479/s1, Figure S1: Representative chromatograms: (A) blank plasma (B), standard loxoprofen (LOX), and its metabolites in plasma. LOX and its metabolites in plasma after administering 20 mg/mL LOX to the (C) VH (Corn oil) group (n = 3), (D) DEX-treated group (n = 3), (E) VH (10% Ethanol) group (n = 3), and (F) KTC-treated group (n = 3), (E) VH (10% Ethanol) group (n = 3), and (F) KTC-treated group (n = 3), (B), Figure S2: CYP induction by dexamethasone (n = 3) (A), and CYP inhibition by ketoconazole (n = 3) (B), Figure S3: Representative EICs of Loxoprofen (LOX) and its metabolites in mouse plasma: VH (Corn oil) group (n = 3) (A), DEX-treated group (n = 3) (B), VH (10% Ethanol) group (n = 3) (C), and KTC-treated group (n = 3) (D), Figure S4: Representative EICs of loxoprofen (LOX) and its metabolites in mouse blank plasma (A) as well as standard LOX and tolbutamide (IS) (B), Figure S5: MS/MS spectra of Loxoprofen (A), M1 (B), M2 (C), M3 (D), M4 (E), M5 (F), M6 (G), and M7 (H), Table S1: Method validation table (n = 3), Table S2: Characterization of loxoprofen (LOX) metabolites identified in mouse plasma along with their average % of area (n = 3).

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Article

### Evaluation of the Effect of CYP2D6 Genotypes on Tramadol and O-Desmethyltramadol Pharmacokinetic Profiles in a Korean Population Using Physiologically-Based Pharmacokinetic Modeling

Hyeon-Cheol Jeong <sup>1</sup>, Soo Hyeon Bae <sup>2</sup>, Jung-Woo Bae <sup>3</sup>, Sooyeun Lee <sup>3</sup>, Anhye Kim <sup>4</sup>, Yoojeong Jang <sup>1</sup> and Kwang-Hee Shin <sup>1,\*</sup>

- <sup>1</sup> College of Pharmacy, Research Institute of Pharmaceutical Sciences, Kyungpook National University, Daegu 41566, Korea; houkiboshi01@knu.ac.kr (H.-C.J.); kersy@daum.net (Y.J.)
- <sup>2</sup> Korea Institute of Radiological & Medical Sciences, Seoul 01812, Korea; shbae@kirams.re.kr
- <sup>3</sup> College of Pharmacy, Keimyung University, Daegu 42601, Korea; jwbae11@kmu.ac.kr (J.-W.B.); sylee21@kmu.ac.kr (S.L.)
- <sup>4</sup> Department of Clinical Pharmacology and Therapeutics, CHA Bundang Medical Center, CHA University, Seongnam 13496, Korea; ahkim1@cha.ac.kr
- \* Correspondence: kshin@knu.ac.kr; Tel.: +82-53-950-8582

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**Abstract:** Tramadol is a  $\mu$ -opioid receptor agonist and a monoamine reuptake inhibitor. O-desmethyltramadol (M1), the major active metabolite of tramadol, is produced by CYP2D6. A physiologically-based pharmacokinetic model was developed to predict changes in time-concentration profiles for tramadol and M1 according to dosage and CYP2D6 genotypes in the Korean population. Parallel artificial membrane permeation assay was performed to determine tramadol permeability, and the metabolic clearance of M1 was determined using human liver microsomes. Clinical study data were used to develop the model. Other physicochemical and pharmacokinetic parameters were obtained from the literature. Simulations for plasma concentrations of tramadol and M1 (after 100 mg tramadol was administered five times at 12-h intervals) were based on a total of 1000 virtual healthy Koreans using SimCYP® simulator. Geometric mean ratios (90% confidence intervals) (predicted/observed) for maximum plasma concentration at steady-state ( $C_{max,ss}$ ) and area under the curve at steady-state ( $AUC_{last,ss}$ ) were 0.79 (0.69–0.91) and 1.04 (0.85–1.28) for tramadol, and 0.63 (0.51–0.79) and 0.67 (0.54–0.84) for M1, respectively. The predicted time-concentration profiles of tramadol fitted well to observed profiles and those of M1 showed under-prediction. The developed model could be applied to predict concentration-dependent toxicities according to CYP2D6 genotypes and also, CYP2D6-related drug interactions.

Keywords: CYP2D6; O-desmethyltramadol; pharmacokinetics; physiologically-based pharmacokinetics; tramadol

### 1. Introduction

Tramadol is an orally available, centrally acting, weak-opioid analgesic drug [1]. The anti-nociceptive effect of tramadol is due to two mechanisms: an opioid mechanism, and a non-opioid mechanism [2]. Tramadol acts as a  $\mu$ -opioid receptor agonist, like traditional opioids. It also has analgesic effects by inhibiting reuptake of monoamine neurotransmitters, such as 5-hydroxytryptamine (5-HT) and noradrenaline [3,4]. These mechanisms lead to reduced pain signal conduction and analgesic effects. Tramadol is a racemate, and analgesic mechanisms differ depending on the isomer:


(-)-tramadol exhibited  $\approx$  10-fold higher noradrenaline reuptake inhibitory activity than (+)-tramadol, and (+)-tramadol showed  $\approx$  4-fold higher 5-HT reuptake inhibitory activity than (-)-tramadol [5].

Tramadol is predominantly metabolized in the liver. Approximately 10%–30% of administered tramadol is excreted, unmetabolized, in the urine. The well-known metabolic pathway of tramadol is divided into three major pathways: *O*-desmethyltramadol (M1) is produced by cytochrome P450 (CYP) 2D6, and *N*-desmethyltramadol (M2) is produced by CYP2B6 and CYP3A4. These metabolites are converted to either *N*,*O*-didesmethyltramadol (M5) and other inactive metabolites by CYP2D6, CYP2B6, and CYP3A4, or converted to glucuronides by UDP-glucuronosyltransferase (UGT) 1A8 and UGT2B7 [6]. M1, a major active metabolite of tramadol, has about 700-fold higher affinity for  $\mu$ -opioid receptors than tramadol [7]. M5 also has 24-fold higher affinity for  $\mu$ -opioid receptors than tramadol [3]. Tramadol is mainly considered to inhibit monoamine reuptake, while M1 and M5 bind to  $\mu$ -opioid receptors and exhibit analgesic effects. Thus, genetic polymorphism of CYP2D6 could have an effect on the risk of adverse events during tramadol administration [4].

A physiologically-based pharmacokinetic (PBPK) approach is a bottom-up approach that requires data about the physicochemical properties and pharmacokinetic (PK) parameters (i.e., absorption, distribution, metabolism, and excretion; ADME) of the target drug [8,9]. In addition, the PBPK model considers bodyweight, height, organ volume, blood flow, and inter-individual variation for metabolizing enzymes and transporters [10]. Therefore, the PBPK model can be used to predict plasma concentration–time profiles more closely than traditional compartmental PK models [11]. In this regard, PBPK modeling can predict human PK profiles using in vitro or preclinical study data from drug development. Further, such modeling is also used to investigate the interaction potential with other drugs or food, and to predict PK profiles in special populations, such as pregnant women, geriatric patients, or children [9,12].

Studies predicting the PK profile of tramadol using PK modeling have been reported previously. Many articles used a population PK approach with nonlinear mixed-effects modeling (NONMEM), however a PBPK approach was rarely used to predict the PK profile of tramadol [13–15]. When tramadol was administered, M1 also had impact on efficacy and toxicity [16]. Therefore, M1 should be integrated for PBPK model of tramadol for better interpretation.

The aims of this study were to develop a PBPK model that could predict the concentration–time profiles of tramadol and M1 in Koreans, and to investigate effects of the CYP2D6 genotype on PK profiles at routinely administered doses. The developed PBPK model was applied to predict the effects of CYP2D6 genotype and tramadol dosage on the plasma concentration profiles of tramadol and M1 in a healthy Korean population.

### 2. Materials and Methods

#### 2.1. Clinical Study Design

The clinical study was approved by the Institutional Review Board of Keimyung University (Deagu, Republic of Korea, approval number: 40525-201509-BR-70-02, 23 February 2016) and Kyungpook National University Hospital (Daegu, Republic of Korea, approval number of clinical trial: 2016-08-005, 24 August 2016) and carried out at the Kyungpook National University Hospital Clinical Trial Center (Daegu, Republic of Korea). A total of 23 subjects participated who voluntarily agreed to take part in the clinical study and signed their informed consent. Subject characteristics are presented in Table 1. All subjects received a 100-mg tramadol hydrochloride tablet (Tridol® extended-release (ER); Yuhan Pharmaceutical, Seoul, Korea) five times at 12-h intervals. Whole blood was collected in an anticoagulant tube at pre-dose, and at 0.5, 1, 1.5, 2, 2.5, 4, 6, 8, 10, 12, 24, 48, and 72 h after administration. The obtained whole blood was used for CYP2D6 genotyping, and the plasma was separated for determination of tramadol and M1 [17].

| Characteristic                     | Mean (SD)     |
|------------------------------------|---------------|
| Age (years)                        | 24.78 (4.80)  |
| Height (cm)                        | 176.51 (5.64) |
| Weight (kg)                        | 71.61 (8.87)  |
| CYP2D6 genotypes (no. of subjects) |               |
| Wild-type                          | 14            |
| *5/*5                              | 1             |
| *10/*10                            | 8             |

**Table 1.** Demographic characteristics (n = 23).

SD, standard deviation.

#### 2.2. CYP2D6 Genotyping

The determination of CYP2D6 genotype was performed for *CYP2D6\*2* (normal function), *CYP2D6\*5* (no function), and *CYP2D6\*10* (decreased function). Genotyping for *CYP2D6\*2* and *CYP2D6\*10* was performed using pyrosequencing. *CYP2D6\*5* was sequenced by long polymerase chain reaction (PCR) because of deletion of a specific sequence. Pyrosequencing was performed using Pyromark Q96 ID and Pyromark Gold Q96 reagents (Qiagen, Hilden, Germany). The conditions of PCR (total 35 cycles) were: denaturation (94 °C for 30 s), annealing (56 °C for 30 s), and polymerization (72 °C for 30 s). The processes were finished by extension at 72 °C for 5 min. *CYP2D6\*5* and duplication were determined by long-PCR, as previously described [18,19]. The *CYP2D6* phenotype was determined based on genotype and activity score [20–23]. *CYP2D6\*5* was a non-functional allele and homozygous *CYP2D6\*5* was classified as a poor metabolizer (PM). Homozygous *CYP2D6\*10* was classified as an intermediate metabolizer (IM).

## 2.3. Determination of Tramadol and O-Desmethyltramadol (M1) Using LC-MS/MS

The obtained whole blood samples were immediately centrifuged at 4 °C, 3000 rpm for 10 min. The isolated plasma samples were transferred to a new microcentrifuge tube and kept at -70 °C until analysis. The plasma samples were completely thawed, then  $10 \,\mu L$  of internal standard (tramadol  $^{13}C-d_3$ for tramadol, and M1-d<sub>6</sub> for M1) were added to 100  $\mu$ L samples and mixed briefly. A total of 300  $\mu$ L of acetonitrile was added, and then samples were mixed thoroughly for 30 s prior to centrifugation at 2500 rpm for 10 min. The organic solvent layer was transferred to a new polypropylene tube and evaporated under nitrogen gas at 40 °C. Methanol 200 µL was added into tubes containing pellets for reconstitution, and 5 µL of reconstituted sample were analyzed. Analyses were carried out on API3200 tandem mass spectrometry system (AB SCIEX, Framingham, MA, USA) equipped with an Agilent 1260 series HPLC system (Agilent Technologies, Santa Clara, CA, USA). Separation of tramadol and M1 was conducted using a Luna C18 column (5.0  $\mu$ m, 2.0  $\times$  50 mm; Phenomenex, Torrance, CA, USA). Five millimoles ammonium formate and 0.1% formic acid in methanol (A), and 5 mM ammonium formate solution (B), were used for the mobile phase. The used gradient method was as follows: 0–2 min (97%–5% B), 2–4 min (5% B), 4–5 min (5%–97% B), and 5–8 min (97% B). Electrospray ionization-positive ion mode was used for mass detection. The mass transitions (m/z) used were 264.2-58.1 for tramadol, 268.2-58.1 for tramadol internal standard (IS), 250.2-58.2 for M1, and 256.2->64.1 for M1 IS. To obtain pharmacokinetic parameters, non-compartmental analysis (NCA) was performed using Phoenix (Certara Inc., Princeton, NJ, USA).

#### 2.4. Parallel Artificial Membrane Permeability Assay (PAMPA)

To determine the permeability of tramadol, a parallel artificial membrane permeability assay (PAMPA) was performed [24]. Gentest<sup>™</sup> Pre-coated PAMPA Plate System (Corning, Tewksbury, MA, USA) was used for the permeability assay. All the processes were followed according to the manufacturer's protocol. Tramadol hydrochloride, dimethyl sulfoxide (DMSO), phosphate-buffered saline (PBS), and acetonitrile were purchased from Sigma-Aldrich (St. Louis, MO, USA). Tramadol

stock solution (1 mM) was prepared using 100% DMSO and diluted to 15  $\mu$ M using PBS (pH 7.4). The PAMPA plate was equilibrated for 30 min at room temperature before performing the permeability assay. PBS 200  $\mu$ L was dispensed on the acceptor side and 300  $\mu$ L of working solution was dispensed on the donor side. Incubation was carried out at room temperature for 5 h, and the acceptor and donor side buffers were analyzed using liquid chromatography-tandem mass spectrometry (LC-MS/MS). A total of 12 replicated samples were assayed and mean permeability was calculated and applied to the model.

## 2.5. Assessment of Intrinsic Clearance of M1

For the experiments, *O*-desmethyltramadol HCl (M1), glucose 6-phosphate, glucose 6-phosphate dehydrogenase, MgCl<sub>2</sub>,  $\beta$ -nicotinamide adenine dinucleotide phosphate (NADP), chlorpropamide, Trizma<sup>®</sup> base, Trizma<sup>®</sup> hydrochloride, DMSO and formic acid were obtained from Sigma-Aldrich (St. Louis, MO, USA). To evaluate the intrinsic clearance of M1 by CYPs, metabolic stability studies under NADPH system were conducted in human liver microsoms (HLM) [25,26]. For details, NADPH-generating system (1.3 mM NADP<sup>+</sup>, 3.3 mM glucose 6-phosphate, 3.3 mM MgCl<sub>2</sub>, and 0.4 unit/mL glucose-6-phosphate dehydrogenase) and HLM 0.25 mg/mL were added and preincubated at 37 °C for 5 min. Then, 20  $\mu$ M M1 was added and reacted at 37 °C for 0, 1, 5, 10, 20, 30, and 40 min, respectively. The total volume of the reaction mixture was 100  $\mu$ L. After each reaction, the reaction was terminated by addition of 150  $\mu$ L of acetonitrile containing an internal standard (100 ng/mL chlorpropamide). All experiments were repeated duplicated and the samples were vortexed for 5 min and centrifuged (13,000 rpm, 4 °C) for 15 min. Then, supernatants were injected into LC-MS/MS and M1 were analyzed. The concentration of M1 (20  $\mu$ M) at 0 min was used to evaluate the metabolism of CYP through the change of drug concentration over time.

#### 2.6. Qunatitaion Methods of M1 in In Vitro Experiments Using LC-QTOF

High-performance liquid chromatography (HPLC)-grade acetonitrile and deionized water were obtained from Berdick and Jackson (Muskegon, MI, USA). HLM (50 donors pooled) were purchased from Corning. Analyses were carried out on Sciex QTOF 5600 plus (AB SCIEX, Framingham, MA, USA) equipped with an Agilent 1260 series HPLC system (Agilent Technologies, Santa Clara, CA, USA). For quantitation of M1, the compounds were separated on a Poroshell 120 (4.6 × 50 mm, 2.7  $\mu$ m; Agilent Technologies) with an isocratic mobile phase consisting of acetonitrile and 0.1% aqueous formic acid (70:30 *v*/*v*) at a flow rate of 0.5 mL/min. The overall run time was 5 min per sample. The column and autosampler temperatures were maintained at 40 °C and 4 °C, respectively. Time-of-flight mass spectrometry analysis was selected in positive ion mode for the sample analysis. The quantitative analytical data were processed using PeakView<sup>®</sup> (Version 2.2.0; AB SCIEX, Framingham, MA, USA) and MultiQuant<sup>®</sup> (Version 3.0.2; Framingham, MA, USA), and the formulas C<sub>15</sub>H<sub>23</sub>NO<sub>2</sub> (M1), and C<sub>10</sub>H<sub>13</sub>ClN<sub>2</sub>O<sub>3</sub>S (chlorpropamide) were used for quantitation.

## 2.7. Development of PBPK Model for Tramadol and M1

PBPK model development was performed using SimCYP<sup>®</sup> simulator version 18 (Certara, Sheffield, UK). Most of the parameters for tramadol and M1 were entered with reference to the literature. According to previous reports, tramadol was not substrate for P-glycoprotein (P-gp) (ABCB1) and the role of proton-based pumps such as OATP for tramadol permeability was unclear [27,28]. Therefore, in this study, the permeability of tramadol was determined by PAMPA assay. The advanced drug absorption and metabolism model was used to consider the ER formulation, and the dissolution profiles of Tridol<sup>®</sup> ER 100 mg (Yuhan Pharmaceutical, Seoul, Korea) were applied. The elimination profile for M1 applied the intrinsic clearance by HLM. Kp scalar of tramadol was set to match the observed Vss and the predicted  $V_{ss}$  value in the model, and Kp scalar of M1 was obtained from parameter estimation. In clinical study, the  $V_{ss}$  of tramadol was calculated to 2.6 L/kg by non-compartmental analysis. That of M1 was not calculated because the exact dose of M1 is unknown. Intrinsic clearance involved in

tramadol metabolism was estimated using retrograde model option, and human liver microsomal intrinsic clearance was applied to M1 library. The renal clearance of tramadol and M1 were applied for the predicted value which is the closest to the observed blood concentration–time profile by parameter estimation. The PBPK model was evaluated so that it could effectively predict PK profiles for tramadol and M1 when observed mean plasma concentrations fitted to the predicted plasma concentration–time profile and its 90% confidence interval (CI). The other evaluation criteria were geometric mean ratio for peak plasma concentration at steady-state ( $C_{max,ss}$ ), and area under the plasma concentration–time curve at last observation at steady-state ( $AUC_{last,ss}$ ), and the 90% CI for these values. If the geometric mean ratio and its 90% CI were within the range 0.7–1.43, the model was considered to fit well.

# 2.8. Prediction of Changes in Concentration–Time Profiles for Tramadol and M1 According to CYP2D6 Genotype and Dosing Regimen

The therapeutic range and toxic range of tramadol and M1 were determined by reference to the literature. Because the manufacturer's recommended acceptable maximum dose of Tridol<sup>®</sup> ER was 400 mg per day, the tramadol ER tablet was administered to a virtual healthy Korean population at 100 and 200 mg (5 times at 12-h intervals) to simulate the change of concentration–time profiles for tramadol and M1. This simulation assumes linear PK properties for multiple doses of tramadol 100 mg and 200 mg [29]. The effect of CYP2D6 genotype was also simulated for tramadol 100 mg and 200 mg for populations consisting of CYP2D6 poor metabolizers (PM), intermediate metabolizers (IM), extensive metabolizers (EM), and ultra-rapid metabolizers (UM).

## 3. Results

#### 3.1. Clinical Study

A total of 23 subjects, aged 20–34 years, were enrolled in the clinical study. The average plasma concentration–time profiles for tramadol and M1 are shown in Figure 1. The allele (phenotype) frequencies for *CYP2D6* were: Wild-type (EM, 14 subjects), \*10/\*10 (IM, 8 subjects), and \*5/\*5 (PM, 1 subject).



Figure 1. Cont.



**Figure 1.** The average plasma concentration–time profiles after five times oral administration ( $\tau = 12$  h) of 100 mg tramadol for (**a**) tramadol and (**b**) *O*-desmethyltramadol (M1). Solid blue line, average for all subjects (n = 23); solid black line, *CYP2D6* wild-type subjects (n = 14); short dashed black line, *CYP2D6* \*5/\*5 subject (n = 1); long dashed black line, *CYP2D6* \*10/\*10 (n = 8).

## 3.2. Metabolism Assay for O-Desmethyltramadol (M1)

We conducted metabolic stability study of M1 and confirmed that M1 was metabolized mainly by CYPs and partially by UGTs. In control sample without NADPH or HLM, more than 96% of tramadol and M1 remained during the incubation time, indicating that the disappearance of tramadol and M1 were mainly caused by CYP enzymes. Metabolic stability of M1 by CYP was assessed using results of the disappearance test for M1. The slope of linear regression was calculated and intrinsic clearance (CL<sub>int</sub>) of the drug in the in vitro microsome system was calculated:

$$CL_{int,mic}$$
 (µL/min/mg protein) = k × V<sub>incubation</sub>/C<sub>incubation</sub> (1)

where V<sub>incubation</sub> is incubation volume, C<sub>incubation</sub> is concentration of microsomal protein.

To apply the elimination profile to *O*-desmethyltramadol (M1), an HLM assay was performed. The M1 disappearance test showed an HLM intrinsic clearance ( $CL_{int,HLM}$ ) of 52.95  $\mu$ L/min/mg protein (Figure 2). CL<sub>int,HLM</sub> for M1 was applied to the M1 PBPK model.



**Figure 2.** The plot of remaining rate of *O*-desmethyltramadol (M1) after incubation with human liver microsoms (HLM). Each point (obtained by duplicate measurements) represents the mean value. The intrinsic clearance by HLM ( $CL_{int,mic}$ ) was calculated as 52.92 µL/min/mg protein.

## 3.3. PAMPA Results

Results of the PAMPA assay for 12 tramadol samples diluted to 15  $\mu$ M showed permeability ranges from 9.14 × 10<sup>-6</sup> cm/s to 11.5 × 10<sup>-6</sup> cm/s. The mean ± standard deviation permeability was calculated as 10.4 × 10<sup>-6</sup> ± 0.056 cm/s. The calculated mean PAMPA permeability was applied to the tramadol PBPK model.

## 3.4. Development of the PBPK Model for Tramadol and M1

The input parameters for tramadol and M1 and demographic characteristics for virtual population in the PBPK model are presented in Tables 2 and 3. Data for the healthy Korean population were obtained from the Certara repository. Ten virtual trials, including 100 virtual subjects in each virtual trial (total 1000 subjects), were performed for tramadol and M1. In the tramadol model, most of the observation profiles were within the 5th and 95th percentile range, and the predicted mean tramadol concentration in plasma was similar to the observed profile (Figure 3a). The geometric mean ratios of  $C_{max,ss}$  and  $AUC_{last,ss}$  for tramadol were 0.79 and 1.04, respectively (Table 4). Most observed concentration–time profiles were included in the 5th and 95th percentiles of the predicted concentration–time profiles. In addition, the mean predicted plasma tramadol concentration was well fitted to the observed tramadol concentration. In the concentration–time profiles for M1, most of the observations were also within the 5th and 95th percentile range of 10.7–1.43 (30% range of geometric mean ratio); however, the geometric mean ratio was predicted to be relatively low (Table 4). Both tramadol and M1 were predominantly distributed in the liver. The second most common distribution sites were the spleen (tramadol) and heart (M1; Table 5).

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| Parameters  | Tran  | nadol                          | Μ                      | [1 *                   |  |
|---|---|--------------------------------|------------------------|------------------------|--|
| Turumeters  | Value   | Source                         | Value                  | Source                 |  |
|   | Physicoche  | mical properties and bl        | ood binding            |                        |  |
| Molecular weight<br>(g/mol)                         | 263.4   | [30]                           | 249.354                | [31]                   |  |
| Log P   | 1.35  | [30]                           | 2.26                   | [32]                   |  |
| pKa   | 9.41 (Monoprotic base)                            | [30]                           | 9.62 (Monoprotic base) | [32]                   |  |
| fup   | 0.8   | [33]                           | 0.525                  | Predicted in<br>SimCYP |  |
|   |   | Absorption                     |                        |                        |  |
| Absorption type                                     | PAMPA   | -                              | n/a                    | -                      |  |
| $P_{app} (\times 10^{-6} \text{ cm/s})$             | 10.2  | Experimental data              | n/a                    | -                      |  |
|   | Distribution                                      |                                |                        |                        |  |
| Kp scalar   | 0.946   | Adjusted using V <sub>ss</sub> | 0.107                  | Estimated              |  |
| V <sub>ss</sub> (L/kg)                              | 2.6   | Observed data                  | 0.628                  | Estimated              |  |
|   | Elimination                                       |                                |                        |                        |  |
| CL <sub>int</sub><br>(µL/min/pmol or<br>mg protein) | CYP2D6: 0.447;<br>CYP2B6: 0.028;<br>CYP3A4: 0.020 | Retrograde model               | 52.92<br>(WOMC-HLM)    | Experimental data      |  |
| CL <sub>R</sub>                                     | 1.850   | Estimated                      | 0.481                  | Estimated              |  |

 Table 2. Input parameters for tramadol and O-desmethyltramadol (M1) in the physiologically-based pharmacokinetic (PBPK) model.

 $CL_{int}$ : intrinsic clearance;  $CL_R$ : renal clearance; CYP: cytochrome P450 superfamily;  $fu_p$ : unbound fraction in plasma; HLM: human liver microsomes; Kp: plasma-tissue partition coefficient; PAMPA: parallel artificial membrane permeability assay;  $P_{app}$ : apparent permeability;  $V_{ss}$ : volume of distribution in steady-state; WOMC: whole organ metabolic clearance, n/a: not applicable. \* Metabolite model does not take account of absorption.

**Table 3.** The demographic characteristics of the participated subjects for virtual Korean population (n = 1000).

| Parameters               | Mean (Range)        |
|--------------------------|---------------------|
| Age (years)              | 28.9 (20.2-40.0)    |
| Height (cm)              | 166.2 (147.6-188.0) |
| Weight (kg)              | 62.3 (42.9–93.9)    |
| The percentage of female | 50%                 |



**Figure 3.** The observed (each symbol, n = 23) and simulated mean (solid dark green line) plasma concentration–time profiles after administration of 100 mg tramadol extended-release (ER) tablet twice daily (total five times) for (**a**) tramadol, and (**b**) *O*-desmethyltramadol (M1); blue dashed line represents 5th and 95th percentiles.

**Table 4.** Observed and simulated pharmacokinetic (PK) parameters for tramadol and *O*-desmethyltramadol (M1) after oral administration of 100 mg tramadol ER tablet twice daily (five times in total).

| Parameters   | Observed (Range)     | Simulated (Range)   | Ratio (90% CI)    |
|--|----------------------|---------------------|-------------------|
|  | Tramadol             |                     |                   |
| Geometric mean C <sub>max,ss</sub> (ng/mL)         | 643.8; (294.0–942.1) | 508.4; (122.1–1226) | 0.79; (0.69–0.91) |
| Geometric mean AUC <sub>last,ss</sub><br>(ng/mL·h) | 8965; (4127–16,038)  | 9346; (1217–42,462) | 1.04; (0.85–1.28) |
|  | M1                   |                     |                   |
| Geometric mean C <sub>max,ss</sub> (ng/mL)         | 103.8; (29.8–176.7)  | 65.68; (1.07–368.1) | 0.63; (0.51–0.79) |
| Geometric mean AUC <sub>last,ss</sub><br>(ng/mL·h) | 1775; (445.3–2875)   | 1.187; (6.236–7522) | 0.67; (0.54–0.84) |

 $AUC_{last}$ : area under the curve from 48 h to 120 h at steady-state; CI: confidence interval;  $C_{max,ss}$ : maximum drug concentration in plasma at steady-state.

| Organ          | Maximum Concentration at Stead | ly-State in Each Organ (ng/mL) |
|----------------|--------------------------------|--------------------------------|
| 8              | Tramadol                       | M1                             |
| Adipose tissue | 400.6                          | 12.89                          |
| Bone           | 899.8                          | 23.88                          |
| Brain          | 1034                           | 19.74                          |
| Gut            | 2741                           | 88.38                          |
| Heart          | 763.0                          | 94.97                          |
| Kidney         | 1452                           | 78.46                          |
| Liver          | 3034                           | 157.5                          |
| Lung           | 991.0                          | 21.09                          |
| Muscle         | 2411                           | 79.13                          |
| Pancreas       | 2000                           | 56.25                          |
| Skin           | 1355                           | 42.03                          |
| Spleen         | 2821                           | 88.53                          |

**Table 5.** Maximum simulated concentrations at steady-state for tramadol and O-desmethyltramadol (M1) in each organ ( $C_{max,ss}$ ) after oral administration of 100 mg tramadol ER tablet twice daily (five times in total).

3.5. Prediction of Changes in Concentration–Time Profiles for Tramadol and M1 According to CYP2D6 Genotype and Dosage

To investigate the effect of CYP2D6 genotype and dosage on PK profiles, simulations were performed for the administration of 100 and 200 mg of tramadol every 12 h (total 5 times). The tramadol/M1 concentration–time profiles were captured from the pre-dose (0 h) to 120 h. The differences on PK profiles according to CYP2D6 genotypes were assessed in the general Korean population in CYP2D6 groups: PM, IM, EM, and UM. As a result, plasma concentration–time profiles for tramadol were within the therapeutic range in all groups after administration of 100 mg tramadol ER. Predicted plasma M1 concentrations were very low in the PM group (mean  $C_{max,ss}$  0.643 ng/mL) compared to the CYP2D6 IM, EM, and UM groups (mean values 40.93, 83.80, and 126.8 ng/mL, respectively).

The plasma concentration-time profiles for tramadol and M1, and changes in PK parameters, in the various CYP2D6 genotype groups following oral administration of 100 and 200 mg tramadol ER tablet twice daily (total five times) are shown in Figure 4 and Table 6 (the plasma concentration-time profiles for each CYP2D6 phenotype after administration of 100 and 200 mg of tramadol were presented in Supplementary Materials Figures S1 and S2). Following tramadol 100 mg administrations, the C<sub>max,ss</sub> of tramadol in CYP2D6 PMs reached to toxic range. For CYP2D6 UMs, the C<sub>max,ss</sub> of M1 exceeded the therapeutic margin (Supplementary Materials Figure S1). Following tramadol 200 mg administrations, the C<sub>max,ss</sub> of tramadol were reached to the toxic range in all CYP2D6 metabolizer groups. For M1, the  $C_{max,ss}$  exceeded the therapeutic margin in the CYP2D6 IMs, EMs, and UMs (Figure S2). In Table 7, observed and predicted C<sub>max,ss</sub> and AUC<sub>last,ss</sub> values, and predicted/observed geometric mean ratios are presented. The CYP2D6 UM group was excluded from this table because UM subjects did not exist in the clinical study. In the CYP2D6 EM and IM groups, the predicted/observed geometric mean ratios for C<sub>max,ss</sub> and AUC<sub>last,ss</sub> for tramadol satisfied the acceptance criteria (0.7–1.43); however, the tramadol AUC<sub>last.ss</sub> ratio for the CYP2D6 PM group was overestimated at 1.95. The prediction results for M1 showed that AUClast.ss satisfied the acceptance criteria in the CYP2D6 EM group; however,  $C_{max,ss}$  and  $AUC_{last,ss}$  values were underestimated in both the CYP2D6 IM and PM groups, where the predicted values were much lower than observed values.

| and a choice                    | 5                | М               | 1                | М                | -                | М                | 7              | М                |
|---------------------------------|------------------|-----------------|------------------|------------------|------------------|------------------|----------------|------------------|
|                                 | Tramadol         | M1              | Tramadol         | IM               | Tramadol         | M1               | Tramadol       | IM               |
|                                 |                  |                 | Trame            | idol 100 mg      |                  |                  |                |                  |
| C <sub>max.ss</sub> (ng/mL)     | 357.2            | 126.8           | 469.6            | 83.80            | 593.8            | 40.93            | 721.3          | 0.6433           |
| (range)                         | (72.43 - 927.6)  | (21.39 - 449.0) | (122.2-1117)     | (12.62 - 368.1)  | (165.8 - 1379)   | (5.511 - 240.9)  | (209.5 - 1675) | (0.0975-5.312)   |
| AUClast ss (ng/mL·h)            | 5353             | 1881            | 8206             | 1445             | 12,049           | 813.5            | 16,795         | 2.919            |
| (range)                         | (648.7–25,267)   | (278.6-8560)    | (1217–34,213)    | (175.2–7522)     | (1932 - 42, 462) | (79.54–5234)     | (2682-61,319)  | (0.3351 - 34.42) |
|                                 |                  |                 | Tramo            | idol 200 mg      |                  |                  |                |                  |
| C <sub>max,ss</sub> (ng/mL)     | 714.3            | 253.5 #         | 939.1 *          | 167.6            | 1188 **          | 81.86            | 1443 **        | 1.287            |
| (range)                         | (144.9 - 1855)   | (42.77 - 898.0) | (244.3-2235)     | (25.24 - 736.3)  | (331.7-2758)     | (11.02 - 481.7)  | (418.9 - 3349) | (0.1950 - 10.62) |
| AUC <sub>lastss</sub> (ng/mL·h) | 10,706           | 3761            | 16,411           | 2890             | 24,097           | 1627             | 33,591         | 5.839            |
| (range)                         | (1297 - 50, 533) | (557.1–17,119)  | (2434 - 68, 426) | (350.3 - 15,044) | (3864-84,923)    | (159.1 - 10,467) | (5365-122,637) | (0.67 - 68.83)   |

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| Observe:<br>(n = 8)     |
|-------------------------|
| 828.5<br>(676.6–942.1   |
| 13,501<br>(10,527–16,03 |
|                         |
| Observed $(n = 8)$      |
| 87.79<br>(66.0–114.1)   |
| 1718<br>(1223–2199)     |

AUC<sub>lastss</sub>: area under the curve from 48 h to 120 h at steady-state; CI: confidence interval; C<sub>maxes</sub>: maximum drug concentration in plasma at steady-state; EM: extensive metabolizer; IM: intermediate metabolizer; PM: poor metabolizer; Retio = predicted/observed. Since the observed data for the PM group are for 1 subject, the CI value cannot be obtained.



**Figure 4.** The predicted mean concentration–time profiles after administration of 100 mg and 200 mg tramadol ER tablet twice daily (total five times) for tramadol (**a** and **c**), and *O*-desmethyltramadol (**b** and **d**), respectively. Gray areas in (**a**) and (**c**) represent the therapeutic concentration range (100–800 ng/mL); checked gray area in (**c**) represents the toxic range (above 1000 ng/mL) for tramadol; and the gray area in (**b**) and (**d**) represents the maximum therapeutic range for M1 (up to 200 ng/mL).

## 4. Discussion

PBPK models for tramadol and M1 were developed. Tramadol plasma concentration-time profiles were well predicted from the proposed model. Prediction results for M1 included values in the 5th to 95th percentiles of most observed plasma concentration-time values, and the predicted mean plasma concentration was also similar to the observed concentration-time profile. However, geometric mean C<sub>max.ss</sub> and AUC<sub>last.ss</sub> ratios were under-predicted (0.63 and 0.67 for C<sub>max.ss</sub> and AUC<sub>last.ss</sub>, respectively). To predict concentration-dependent toxicities, the therapeutic range (100-800 ng/mL for tramadol, and up to 200 ng/mL for M1) and the tramadol toxic range and lethal concentration (>1000 ng/mL, and >2000 ng/mL, respectively) were obtained from the literatures [34,35]. In general, the recommended dose of tramadol is up to 400 mg per day for immediate-release formulations and 300 mg per day for ER formulations [2]. Simulations were performed for 100 and 200 mg with 12-h intervals (5 times) according to CYP2D6 genotypes. After administration of 100 mg of tramadol, the predicted C<sub>max.ss</sub> of tramadol reached to toxic range in CYP2D6 PMs and exceeded therapeutic range in some IMs, and the predicted C<sub>max,ss</sub> of M1 exceeded therapeutic margin in CYP2D6 UMs. After tramadol 200 mg administrations, the predicted tramadol Cmax,ss reached to toxic ranges in all CYP2D6 metabolizer groups, even in some EMs and the predicted M1 C<sub>max,ss</sub> exceeded the therapeutic margin in CYP2D6 IMs, EMs, and UMs. The concentrations exceeded the therapeutic margins or reached to the toxic range might be related to potential toxicities after tramadol administrations, even though recommended doses of tramadol were administered.

PBPK modeling is useful for predicting PK profiles for rare genotypes in the population. The frequency of CYP2D6 UM in the Korean population has been reported as approximately 1.25% [36]. In the clinical study used for our PBPK model development, there was only one PM subject, and no UM subject was found. The model developed in this study could predict the plasma concentration–time

profiles of tramadol and M1 for these two groups. Using the developed model, plasma tramadol/M1 concentration–time profiles for CYP2D6 UM, a very rare genotype in Koreans, were also predicted.

Tramadol inhibits reuptake of 5-HT and norepinephrine. M1 binds to µ-opioid receptors and exhibits analgesic effects. Due to these actions, the side effects of tramadol differ depending on CYP2D6 genotype. In the PM group, a high risk of side effects due to tramadol, such as serotonin syndrome, can be expected; and in the UM group, a high risk of µ-opioid receptor-related side effects, such as respiratory depression, can be expected relative to other CYP2D6 genotypes [16]. In our simulation, the plasma concentrations of tramadol and M1 exceeded the therapeutic concentration range, even after administration of recommended doses. These results suggest that the frequency of concentration-related adverse drug reactions may be reduced by optimizing the dosing regimen according to CYP2D6 genotype of the patient or population.

Tramadol and M1 distribution in each tissue were estimated using the PBPK model, and tramadol and M1 were distributed most to the liver. In cases of fatal intoxication due to tramadol, the highest concentration of tramadol was evident in the liver, after the blood and urine. These distribution characteristics are considered due to the hepatic metabolism of tramadol and its metabolites [37]. The distribution of tramadol to adipose tissue differed from that for M1. Indeed, tramadol is considered to distribute widely to lipid-rich tissues because of its higher affinity for lipids than M1 (logD for tramadol and M1: 1.13 and 0.4, respectively) [38]. Further research is needed about the distribution characteristics of tramadol and M1 to each tissue.

The predicted plasma M1 concentration–time profiles were under-predicted due to a lack of information about distribution and elimination properties. Since M1 is produced by tramadol metabolism, elimination profiles (intrinsic clearance by CYP, renal clearance and additional clearance) of tramadol were adjusted to improve the M1 model; however, there were no significant changes in M1 concentration–time profiles. This might be due to poor distribution of M1 from liver to plasma, or to exaggeration of elimination. For improvement, the M1 model was built using parameter estimation by observed plasma concentration–time profiles as distribution and elimination profiles (tissue–plasma partition coefficient, additional clearance, renal clearance, bile clearance). When estimating several parameters, the predicted plasma M1 concentration–time profiles changed significantly when values of the unbound fraction in incubated microsomes (fu<sub>mic</sub>) and active hepatic scalar were changed. Thus, the plasma M1 concentration–time profile might be greatly influenced by metabolism. More detailed information and parameters for M1 metabolism are needed for more accurate predictions of plasma M1 concentration–time profiles.

Regarding limitations of our study, tramadol is metabolized not only to M1, but also to *N*-desmethyltramadol (M2) by CYP2D6, CYP2B6, and CYP3A4. In accordance with the literature, the toxicity of tramadol and M1 can be determined using M1/M2 ratio [34]. Therefore, an M2 model could improve the predictability of concentration-related adverse drug reactions after tramadol administration. Moreover, organic cation transporter 1 (OCT1) and multidrug resistance protein 1 (MDR1) influence the disposition of tramadol and M1. Significant differences in drug disposition according to OCT1 and MDR1 genotypes have been shown, even in same CYP2D6 phenotype [39–41]. Due to lack of information of transporter kinetic parameter for each organ, the transport kinetic parameters for M1 were excluded for the model. For elaborate model prediction, OCT1 and MDR1 genotypes (*OCT\*1*, \*2, \*3, \*4, \*5, and *MDR1* C3435T) could be incorporated.

#### 5. Conclusions

In summary, our PBPK model for tramadol and M1 was developed and predicted concentration-time profiles after multiple administrations of a tramadol ER formulation in the Korean population. Differences in PK profiles and concentration-dependent toxicities were predicted according to CYP2D6 phenotype and dosage. Most modeling studies of tramadol used a population PK approach, and the literature using PBPK modeling focused on the PK profile of tramadol itself. However, this study developed a model with predictive power for tramadol and M1, the major active

metabolite. This model could be applied to predict concentration-dependent toxicity profiles in cases of tramadol overdose or abuse and also, CYP2D6-related drug interactions.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/1999-4923/11/11/618/s1, Figure S1: The predicted mean tramadol and *O*-desmethyltramadol concentration-time profiles after administration of 100 mg tramadol ER tablet twice daily (five times in total) for CYP2D6 poor metabolizer, intermediate metabolizer, extensive metabolizer and ultra-rapid metabolizer, respectively; Figure S2: The predicted mean tramadol and *O*-desmethyltramadol concentration of 200 mg tramadol ER tablet twice daily (five times in total) for CYP2D6 poor metabolizer, and ultra-rapid metabolizer, respectively; Figure S2: The predicted mean tramadol and *O*-desmethyltramadol concentration-time profiles after administration of 200 mg tramadol ER tablet twice daily (five times in total) for CYP2D6 poor metabolizer, extensive metabolizer and ultra-rapid metabolizer, intermediate metabolizer, extensive metabolizer and ultra-rapid metabolizer.

Author Contributions: J.-W.B., S.L. and K.-H.S. conceived and designed the experiments; H.-C.J., S.H.B. and K.-H.S. performed the experiments, simulations, and analyzed the data; H.-C.J., Y.J., S.H.B., A.K. and K.-H.S. reviewed the data and wrote the paper. All authors approved the final manuscript.

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Conflicts of Interest: The authors declare no conflict of interest.

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Article

## Lack of Correlation between In Vitro and In Vivo Studies on the Inhibitory Effects of (-)-Sophoranone on CYP2C9 Is Attributable to Low Oral Absorption and Extensive Plasma Protein Binding of (-)-Sophoranone

## Yu Fen Zheng <sup>1,†</sup>, Soo Hyeon Bae <sup>2,3,†</sup>, Zhouchi Huang <sup>3</sup>, Soon Uk Chae <sup>3</sup>, Seong Jun Jo <sup>3</sup>, Hyung Joon Shim <sup>3</sup>, Chae Bin Lee <sup>3</sup>, Doyun Kim <sup>3,4</sup>, Hunseung Yoo <sup>4</sup> and Soo Kyung Bae <sup>3,\*</sup>

- <sup>1</sup> School of Basic Medicine and Clinical Pharmacy, China Pharmaceutical University, 639 Longmian Road, Jiangning District, Nanjing 211198, China; 1020172557@cpu.edu.cn
- <sup>2</sup> Q-fitter, Inc., Seoul 06578, Korea; sh.bae@qfitter.com
- <sup>3</sup> College of Pharmacy and Integrated Research Institute of Pharmaceutical Sciences, The Catholic University, Korea, Bucheon 14662, Korea; hzc0826@catholic.ac.kr (Z.H.); zldtnseoz@naver.com (S.U.C.); sungjun6734@naver.com (S.J.J.); tony6533@naver.com (H.J.S.); aribri727@catholic.ac.kr (C.B.L.); doyun325@naver.com (D.K.)
- <sup>4</sup> Life Science R&D Center, SK Chemicals, 310 Pangyo-ro, Sungnam 13494, Korea; hs.yoo@sk.com
- \* Correspondence: baesk@catholic.ac.kr; Tel.: +82-2-2164-4054
- + These authors contributed equally to this work.

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**Abstract:** (-)-Sophoranone (SPN) is a bioactive component of *Sophora tonkinensis* with various pharmacological activities. This study aims to evaluate its in vitro and in vivo inhibitory potential against the nine major CYP enzymes. Of the nine tested CYPs, it exerted the strongest inhibitory effect on CYP2C9-mediated tolbutamide 4-hydroxylation with the lowest IC<sub>50</sub> (*K*<sub>i</sub>) value of 0.966  $\pm$  0.149 µM (0.503  $\pm$  0.0383 µM), in a competitive manner. Additionally, it strongly inhibited other CYP2C9-catalyzed diclofenac 4'-hydroxylation and losartan oxidation activities. Upon 30 min pre-incubation of human liver microsomes with SPN in the presence of NADPH, no obvious shift in IC<sub>50</sub> was observed, suggesting that SPN is not a time-dependent inactivator of the nine CYPs. However, oral co-administration of SPN had no significant effect on the pharmacokinetics of diclofenac and 4'-hydroxydiclofenac in rats. Overall, SPN is a potent inhibitor of CYP2C9 in vitro but not in vivo. The very low permeability of SPN in Caco-2 cells (P<sub>app</sub> value of 0.115 × 10<sup>-6</sup> cm/s), which suggests poor absorption in vivo, and its high degree of plasma protein binding (>99.9%) may lead to the lack of in vitro–in vivo correlation. These findings will be helpful for the safe and effective clinical use of SPN.

**Keywords:** (-)-sophoranone; CYP2C9; potent inhibition; in vitro; in vivo; drug interaction; low permeability; high plasma protein binding

## 1. Introduction

(-)-Sophoranone (SPN; Figure 1), a major bioactive flavonoid isolated from the roots of *Sophora tonkinensis*, is used in traditional Chinese medicine for the treatment of acute pharyngolaryngeal infections and sore throat [1–3]. It exhibits anti-inflammatory effects by inhibiting nitric oxide production in macrophages [4] and 5-lipoxygenase activity [3]. Several studies have also demonstrated its other biological activities, such as anti-cancer [5], anti-diabetic diabetic [6], and immunomodulatory [7] activities. In our previous study, after orally administering 12.9 mg/kg SPN to rats, the maximum



plasma concentration ( $C_{max}$ ) was approximately 13.1 ng/mL at 60 min [8]. Thus, although conclusive results are lacking, SPN is likely to be a promising drug candidate.



Figure 1. Chemical structure of (-)-sophoranone (SPN).

Drug-drug interactions can increase the likelihood of treatment failure or the frequency and severity of adverse events [9]. Thus, drug-drug interaction assessment is a critical component of new drug discovery and development as well as clinical practice [9,10]. The majority of known drug interactions occur because of inhibition of drug-metabolizing enzymes [11–13]. Among all drug-metabolizing enzymes, the cytochrome P450 (CYP) superfamily plays an important role in the oxidation of almost 90% of currently used drugs [14]. Among at least 57 human cytochrome P450 enzymes identified to date, 9 hepatic P450 enzymes (CYP1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1, and 3A4) have shown to play predominant roles in the metabolism of drugs and other xenobiotics [12]. Therefore, the inhibitory potential of SPN on the nine major CYP enzymes should also be investigated. There are a few reports on the in vitro and in vivo inhibitory effects of SPN on CYP enzymes. In rats, oral administration of 5 g/kg S. tonkinensis extract over 14 days was found to increase the plasma concentrations of metoprolol, omeprazole, and bupropion. This might be attributed to the inhibition of the activities of rat CYP enzymes, CYP2D6, CYP2C19, and CYP2B6 [15]. However, these results could not directly reflect the in vivo inhibitory potential of SPN on CYP enzymes due to multiple components of the extract. Several flavonoids, including SPN, have been found to inhibit CYP3A4-mediated reactions in vitro [16].

However, currently, there is limited information about SPN's in vitro inhibitory potentials, especially on the other eight CYP enzymes, thereby warranting further in vitro and in vivo investigations to improve our understanding of drug interactions with SPN. Using human liver microsomes in this study, we evaluated SPN's potential to inhibit CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1, and CYP3A4 in a reversible and time-dependent manner. We report herein that SPN is a potent inhibitor of CYP2C9 in vitro but not in vivo. To explain this lack of correlation between in vitro and in vivo results, we performed plasma protein binding of SPN and permeability test using Caco-2 cells.

## 2. Materials and Methods

## 2.1. Chemicals and Reagents

Pooled human liver microsomes from 150 donors (75 males; 75 females) were purchased from Corning Life Sciences (Woburn, MA, USA), and (-)-sophoranone (99.7% purity; SPN) was supplied by SK Chemicals Ltd. (Sungnam, Gyeonggi-do, Korea). β-Nicotinamide adenine dinucleotide phosphate disodium salt (NADP), glucose 6-phosphate disodium salt hydrate, glucose 6-phosphate dehydrogenase, MgCl<sub>2</sub>, and all chemicals including the specific substrates, its metabolites, and well-known inhibitors of nine P450s were purchased from Sigma–Aldrich Corporation (St. Louis, MO, USA), Santa Cruz Biotechnology (Dallas, TX, USA), or Cayman Chemicals (Ann Arbor, MI, USA) unless stated otherwise. The purity of all purchased compounds was higher than 97.0%. HPLC-grade acetonitrile and methanol were obtained from Burdick & Jackson Company (Morristown, NJ, USA). Caco-2 cells were supplied by the Korean Cell Line Bank (Seoul, Korea) and cultured according to the supplier's recommendations. Transwell (24-well, 6.5 mm polycarbonate inserts, 0.4- $\mu$ m pore) and cell culture reagents were purchased from Corning Life Sciences. Heparinized human plasma was obtained from donors at the Severance Hospital of Yonsei University Health System (Seoul, Korea) and stored at -80 °C prior to use.

## 2.2. Reversible Inhibition of (-)-Sophoranone towards the Nine CYP Isoforms in Human Liver Microsomes

The inhibitory effects of SPN on CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1, and CYP3A4 were evaluated in pooled human liver microsomes through the use of specific CYP probe substrates (cocktail assay), as previously described [17,18] with a slight modification. Concentrations of each CYP probe in Table 1 were used close to their reported K<sub>m</sub> values [17,18].

Briefly, a 90-µL incubation mixture, including pooled human liver microsomes (final concentration 0.1 mg/mL), 50 mM phosphate buffer (pH 7.4), each CYP-probe substrate cocktail set, and SPN  $(0-50 \ \mu\text{M})$ , was pre-incubated for 5 min at 37 °C. SPN was dissolved in methanol and spiked into the incubation mixture to a final concentration of 0.5% methanol. All P450-selective substrates (except coumarin due to solubility) were dissolved in methanol and serially diluted with methanol to the required concentrations, and the organic solvent was subsequently evaporated under a gentle stream of N2 gas to minimize the effects of organic solvents on CYP activities. On the other hand, coumarin dissolved in 50 mM phosphate buffer (pH 7.4) was directly added into the mixed tube. The reaction was initiated by adding 10-µL aliquot of NADPH-generating system (1.3 mM NADP<sup>+</sup>, 3.3 mM glucose 6-phosphate, 3.3 mM MgCl<sub>2</sub>, and 0.4 unit/mL glucose-6-phosphate dehydrogenase) before 15 min incubation at 37 °C in a shaking water bath. After incubation, the reactions were stopped by adding 200 µL of ice-cold acetonitrile containing 2 µM chlorpropamide as an internal standard. The incubation mixtures were centrifuged (16,000× g, 15 min) and 5  $\mu$ L of the supernatant was injected into the LC-MS/MS system. All incubations were performed in triplicate, and the data are shown as the mean ± standard deviation. Incubation samples containing well-known CYP inhibitors for each isozyme (Table 2) in parallel were included to compare inhibitory effects, all of which appear on the US FDA list of recommended or accepted in vitro inhibitors [12,19–21].

Additionally, to determine whether the inhibition of CYP2C9 by SPN was substrate specific, we also examined SPN's inhibitory effects on other CYP2C9-specific biotransformation pathways (i.e., diclofenac 4'-hydroxylation and losartan oxidation) in human liver microsomes [22,23]. Diclofenac and losartan were used at 5  $\mu$ M, respectively, and other procedures were similar to those of cocktail assays.

#### 2.3. Determination of the $K_i$ of (-)-Sophoranone on CYP2C9 Activity in Human Liver Microsomes

Among the nine tested CYP enzymes, SPN showed the lowest IC<sub>50</sub> value for CYP2C9 (Table 2). Based on the IC<sub>50</sub> values, the  $K_i$  values of SPN on CYP2C9 activity were determined. Briefly,  $K_i$  values were obtained by incubating various concentrations of two CYP2C9 probe substrates (50, 100, and 150  $\mu$ M tolbutamide; or 2, 5, and 10  $\mu$ M diclofenac) in the presence of 0–5  $\mu$ M SPN or 0–2  $\mu$ M sulfaphenazole, a well-known typical CYP2C9 inhibitor. Other procedures were similar to those of the reversible inhibition studies. All incubations were performed in triplicate, and the data are shown as the mean  $\pm$  standard deviation.

| CYPs            | <b>Probe Substrates</b>                                   | $K_m$ ( $\mu M$ )                    | Metabolite  | ESI <sup>a</sup>             | Q1 Ion $(m/z)$                             | Q3 Ion ( <i>m</i> / <i>z</i> )                       | Q1 Pre-bias (V)                     | CE <sup>b</sup> (eV) | Q3 Pre-bias (V)    |
|-----------------|---|--------------------------------------|---|------------------------------|--|--|-------------------------------------|----------------------|--------------------|
| 1A2             | Phenacetin  | 50                                   | Acetaminophen   | +                            | 152  | 110.2  | -14                                 | -12                  | -19                |
| 2A6             | Coumarin  | 5                                    | 7-Hydroxycoumarin   | +                            | 163  | 107  | -15                                 | -35                  | -15                |
| 2B6             | Bupropion   | 50                                   | 6-Hydroxybupropion  | +                            | 256  | 238  | -15                                 | -35                  | -15                |
| 2C8             | Rosiglitazone   | 10                                   | <i>p</i> -Hydroxyrosiglitaonze  | +                            | 374  | 151  | -15                                 | -35                  | -15                |
| 2C9             | Tolbutamide   | 100                                  | 4-Hydroxytolbutamide  | +                            | 287  | 87   | -15                                 | -35                  | -15                |
| 2C19            | Omeprazole  | 20                                   | 5-Hydroxyomeprazole   | +                            | 362  | 214  | -13                                 | -13                  | -22                |
| 2D6             | Dextromethorphan  | 5                                    | Dextrorphan   | +                            | 258  | 157  | -15                                 | -35                  | -15                |
| 2E1             | Chlorzoxazone   | 50                                   | 6-Hydroxychlorzoxazone  | I                            | 184  | 119.9  | 18                                  | 15                   | 24                 |
| 3A4             | Midazolam   | 2                                    | 1'-Hydroxymidazolam   | +                            | 342  | 203  | -15                                 | -35                  | -15                |
| Chlor           | propamide (Internal                                       | d                                    |   | +                            | 277  | 111  | -15                                 | -20                  | -15                |
|                 | standard)   | 7                                    |   | I                            | 275  | 190  | 15                                  | 35                   | 15                 |
| The o<br>heatir | ptimized ion spray voltage<br>12 block temperature of 400 | was 4 kV and a 1<br>0°C, and a drvin | nebulizing gas flow of 3 L/min,<br>or cas flow rate of 10 L/min. <sup>a</sup> | , heating gé<br>ESI, electro | as flow of 10 L/min,<br>sprav ionization m | an interface tempe<br>ode: <sup>b</sup> CE, collisio | rature of 300 °C, deso<br>n energy. | lvation line tempe   | erature of 250 °C, |
|                 | 0   |                                      | 00  |                              |  |  |                                     |                      |                    |

and internal standard used in the cocktail assays vine P450-probe substrates f the lita tobe ÷ ÷ dete the ç + -Table 1 Ontin

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| CYPs  | I                      | C <sub>50</sub> Values (µM) |                   |
|-------|------------------------|-----------------------------|-------------------|
| CIII5 | Well-Known I           | nhibitors                   | SPN               |
| 1A2   | α-Naphthoflavone       | $0.0458 \pm 0.00694$        | >50 a             |
| 2A6   | Tryptamine             | $2.98 \pm 0.635$            | >50 a             |
| 2B6   | Ticlopidine            | $2.19 \pm 0.513$            | >50 a             |
| 2C8   | Quercetin              | $8.51 \pm 0.958$            | $13.6 \pm 3.15$   |
| 2C9   | Sulfaphenazole         | $0.677 \pm 0.109$           | $0.966 \pm 0.149$ |
| 2C19  | S-benzylnirvanol       | $0.215 \pm 0.0228$          | $16.8 \pm 3.21$   |
| 2D6   | Quinidine              | $0.127 \pm 0.0192$          | >50               |
| 2E1   | Diethyldithiocarbamate | $12.0 \pm 3.67$             | >50 a             |
| 3A4   | Ketoconazole           | $0.0404 \pm 0.00821$        | >50               |

**Table 2.** IC<sub>50</sub> values of well-known CYP inhibitors and SPN in reversible inhibition studies using a cocktail assay (n = 3).

Data represent the mean  $\pm$  standard deviation of triplicate.  $^a$  The remaining activities at the highest concentration tested, 50  $\mu M$ , were greater than 80%.

## 2.4. Time-Dependent Inactivation of (-)-Sophoranone toward the Nine CYP Isoforms in Human Liver Microsomes

Pooled human liver microsomes (1 mg/mL) were incubated with SPN (0–50  $\mu$ M) for 30 min at 37 °C in the absence or presence of an NADPH-generating system (i.e., the "inactivation incubation"). After inactivation incubation, aliquots (10  $\mu$ L) were transferred into fresh incubation tubes (final volume 100  $\mu$ L) containing an NADPH-generating system and each P450-selective substrate cocktail set. The reaction mixtures were incubated for 15 min at 37 °C in a shaking water bath. After incubation, the reactions were stopped by adding 200  $\mu$ L of ice-cold acetonitrile containing 2  $\mu$ M chlorpropamide, as an internal standard. The incubation mixtures were centrifuged (16,000× *g*, 15 min) and 5  $\mu$ L of the supernatant was injected into the LC-MS/MS system. All incubations were performed in triplicate, and the data are shown as the mean ± standard deviation.

## 2.5. Caco-2 Cell Permeability of (-)-Sophoranone

Caco-2 cell permeability was assessed to predict the oral absorption of SPN. Cell culture and transport studies were performed as previously described [24,25]. Briefly, for the bi-directional transport studies, the cells were seeded at a density of  $1 \times 10^5$  cells/well, and the cell medium was replaced until they formed confluent monolayers. On the 25th day, the cell monolayers were washed with pre-warmed HBSS buffer. The bi-directional permeability assay was instigated by adding 10  $\mu$ M for propranolol, or 10  $\mu$ M and 50  $\mu$ M for SPN in HBSS to an apical well (200  $\mu$ L) for apical (A) to basolateral (B) transport or to a basolateral insert (800  $\mu$ L) for the B to A transport. Before the experiment, the integrity of the cell monolayers was evaluated by measuring the transpithelial electrical resistance using a Millicell ohmmeter. After 2 h incubation at 37 °C, samples were withdrawn from both sides, respectively. All samples were stored at -80 °C until LC-MS/MS analysis, and all experiments were performed in triplicate.

The apparent permeability coefficient (P<sub>app</sub>) was calculated using the following equation.

$$P_{app} = (V_r/C_0) \times (1/A) \times ([Drug]/t)$$

where,  $V_r$  is the volume of medium in the receiver chamber,  $C_0$  is the donor compartment concentration at time zero, A is the area of the cell monolayer, t is the treatment time of the drug, and [Drug] is the drug concentration in the receiver chamber.

## 2.6. Effects of (-)-Sophoranone on the Pharmacokinetics of Diclofenac in Rats

In this study, we investigated whether SPN, an in vitro potent inhibitor of CYP2C9, affects the pharmacokinetics of diclofenac in rats. Male Sprague–Dawley rats (8 weeks, 270–290 g) were purchased

from Orient Bio (Sungnam, Gyeonggi-do, Korea), and the protocol for pharmacokinetic interaction studies in rats was approved by the Institutional Animal Care and Use Committee (IACUC-CUK) at The Catholic University of Korea (Approval No. 2019-021, approved 31 May 2019). The procedures used for housing and handling were previously reported [18]. Before administration, rats were fasted for 12 h with free access to water. The carotid arteries of each rat were cannulated with a polyethylene tube (Clay Adams, Franklin Lakes, NJ, USA) for blood sampling. Each rat was individually housed in a rat metabolic cage and allowed to recover from anesthesia for 4-5 h prior to the start of the experiment. The rats were divided into two groups: (1) diclofenac alone (n = 6) and (2) SPN and diclofenac co-administration (n = 6). SPN was suspended in dimethylsulfoxide:PEG400:distilled water (5:60:35, v/v/v) and administered by oral gavage at a dose of 75 mg/kg in a volume of 5 mL/kg. Fifteen minutes after oral administration of SPN, 2 mg/kg diclofenac was dissolved in normal saline and administered by oral gavage. Approximately 0.25 mL of blood from each rat was collected into an Eppendorf tube before diclofenac dosing (0 min), and at 3, 5, 10, 15, 30, 45, 60, 90, 120, 180, 240, 360, and 480 min post-dosing. The blood samples were immediately centrifuged at  $13,000 \times g$  for 5 min at 4 °C. The plasma samples were divided into two Eppendorf tubes by 50  $\mu$ L and stored at -80 °C until LC-MS/MS analysis. After the experiments, the rats were euthanized with CO<sub>2</sub>.

## 2.7. Determination of the Unbound Fraction of (-)-Sophoranone in Plasma and Human Liver Microsomes

The plasma or liver microsomal protein bindings were performed using a rapid equilibrium dialysis device and cellulose membranes with a molecular weight cutoff of 8000 (Thermo Scientific, Rockford, IL, USA) [17]. The rat and human plasma samples (200  $\mu$ L) containing SPN at 10 and 50  $\mu$ M, respectively, were dialyzed against a dialysis buffer, phosphate-buffered saline (PBS, 400  $\mu$ L). The loaded dialysis plate was covered with sealing tape, placed on an orbital shaker at approximately 200 rpm, and incubated at 37 °C for 4 h. Thereafter, samples (100  $\mu$ L) from both PBS and plasma chambers were collected and mixed with an equal volume of blank plasma and PBS, respectively. All samples were stored at -80 °C until LC-MS/MS analysis. The unbound fraction of SPN in human (or rat) plasma was calculated by dividing the SPN concentration in PBS by that in plasma.

The human liver microsomal incubation mixtures (final concentration 0.1 mg/mL) without NADPH generating system were used to determine the unbound fraction of SPN. Other procedures were similar to those of plasma protein binding assay.

## 2.8. LC-MS/MS Analysis

## 2.8.1. In Vitro Samples

Metabolites of nine P450-selective substrates were analyzed using a Shimadzu Nexera X2 UPLC system coupled to an LCMS-8050 triple quadruple mass spectrometer (Shimadzu Corporation, Kyoto, Japan) equipped with an electrospray ionization interface as previously described with a slight modification [17,18]. Separation was performed on a reversed-phase column (Luna  $C_{18}$ , 50 mm  $\times$  2.0 mm i.d.; 3 µm particle size; Phenomenex, Torrance, CA, USA) maintained at 40 °C. The mobile phase consisted of distilled water containing 0.1% formic acid (A) and acetonitrile containing 0.1% formic acid (B), with a flow rate of 0.5 mL/min. The gradient elution program used was as follows: (1) Mobile phase A was set to 95% at 0 min, (2) a linear gradient was run to 5% in 2.6 min, and (3) a linear gradient was run to 95% in 3.0 min and re-equilibrated for 2 min. The total run time was 5 min. The optimized compound-dependent parameters of the metabolites of the nine P450-selective substrates and the internal standard are listed in Table 1. Three-day validations were performed to confirm the effectiveness of the LC-MS/MS system for simultaneous determination of the nine P450-selective substrate metabolites at the respective ranges of  $0.01-10 \ \mu\text{M}$  in blank microsomal incubation mixtures. We found that the precision ( $\leq 12.1\%$ ) and accuracy (95.4–110.2%) values were within acceptable ranges. Supplemental Figure S1 shows the representative LC-MS/MS chromatograms of a human liver microsomal incubation sample containing nine P450-selective metabolites and an internal standard.

The auto-optimized mass transitions were m/z 312 > 231 and m/z 437 > 207.1 for quantification of 4'-hydroxydiclofenac and losartan carboxylic acid, respectively. HPLC conditions were the same as those in the cocktail assay.

## 2.8.2. In Vivo Samples

The plasma concentrations of diclofenac and 4'-hydroxydiclofenac were determined by a previously reported LC-MS/MS method [26] with some modifications. Briefly, 50 µL aliquots of plasma were extracted with 300 µL aliquots of acetonitrile containing chlorpropamide (internal standard), followed by LC-MS/MS (Shimadzu Corporation). Chromatographic separation was performed on a Phenomenex Luna C<sub>18</sub> column (100 × 2.00 mm; 3.0 µm). The isocratic mobile phase consisted of 0.1% formic acid in distilled water (A) and 0.1% formic acid in acetonitrile (B) (45:55, *v*/*v*), with a flow rate of 0.3 mL/min. The transitions were *m*/*z* 296.0 > 214.0 for diclofenac, *m*/*z* 312 > 231 for 4'-hydroxydiclofenac, and *m*/*z* 277 > 111 for the internal standard. The data acquisition was computed using LabSolutions LCMS Ver.5.6 (Shimadzu Corporation). The calibration curves for diclofenac and 4'-hydroxydiclofenac were linear ( $r \ge 0.996$ ) over the concentration range of 20–5000 ng/mL.

The LC-MS/MS condition for the determination of SPN in plasma was the same with a previously reported method [27]. The calibration curve for SPN was linear ( $r \ge 0.995$ ) over the concentration range of 1–250 ng/mL.

## 2.9. Analysis of Inhibition Kinetics and Pharmacokinetic Parameters

The IC<sub>50</sub> values were calculated via nonlinear least-squares regression analysis from logarithmic plots of inhibitor concentration versus percentage of activity remaining after inhibition, using SigmaPlot (ver. 14.0; Systat Software Inc, Chicago, IL, USA). The  $K_i$  values were determined from the equations for a single substrate single inhibitor model and the software available in the SigmaPlot Enzyme Kinetics module. Competitive, non-competitive, uncompetitive, or mixed inhibition models were evaluated and ranked according to the best fit based on Akaike Information Criterion (AIC) values. For visual inspection, the data were presented as Dixon plots.

Pharmacokinetic parameters were calculated by a non-compartmental analysis using WinNonlin Professional software (version 5.2, Pharsight Corp., Mountain View, CA, USA) that used the total area under the plasma concentration–time curve from time zero to infinity (AUC<sub>∞</sub>) or the last measured time (AUC<sub>t</sub>). The logarithmic trapezoidal rule was used during the declining plasma level phase and the linear trapezoidal rule was used for the rising plasma-level phase. The peak plasma concentration ( $C_{max}$ ) and time to reach  $C_{max}$  ( $T_{max}$ ) were read directly from the experimental data. Statistically significant differences were recognized at *p* < 0.05.

#### 3. Results

#### 3.1. Reversible Inhibition of (-)-Sophoranone toward the Nine CYP Isoforms in Human Liver Microsomes

The inhibitory effects of SPN on the activities of nine CYP isozymes (CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1, and CYP3A4) in human liver microsomes are shown in Figure 2, and the IC<sub>50</sub> values are listed in Table 2. The IC<sub>50</sub> values for the positive controls used in the reversible inhibition studies were in an acceptable degree of accuracy with published values [12,19–21]. Of the P450 isoforms tested, SPN exerted the strongest inhibitory effect on CYP2C9-catalyzed tolbutamide hydroxylation, with an IC<sub>50</sub> value of 0.966 ± 0.149  $\mu$ M (Table 2). SPN showed weak inhibitory effects toward CYP2C8 and CYP2C19, with IC50 values of 13.6 ± 3.15  $\mu$ M and 16.8 ± 3.21  $\mu$ M, respectively. However, SPN had no apparent inhibitory effects toward the other CYPs tested (Table 2); the residual enzyme activities at the highest tested concentration (50  $\mu$ M) were greater than 80%, except for CYP2D6 (53.9 ± 3.53%) and CYP3A4 (53.3 ± 4.00%) (Figure 2).



**Figure 2.** Inhibition curves of SPN on the nine major P450 activities in human liver microsomes using substrate cocktails including CYP1A2 for phenacetin *O*-deethylase (**A**), CYP2A6 for coumarin 7-hydroxylase (**B**), CYP2B6 for bupropion hydroxylase (**C**), CYP2C8 for rosiglitazone *p*-hydroxylase (**D**), CYP2C9 for tolbutamide 4-hydroxylase (**E**), CYP2C19 for omeprazole 5-hydroxylase (**F**), CYP2D6 for dextromethorphan *O*-demethylase (**G**), CYP2E1 for chlorzoxazone 6-hydroxylase (**H**), and CYP3A4 for midazolam 1'-hydroxylase (**I**). The activity is expressed as a percentage of remaining activity compared with the control, no containing SPN. Data are the mean  $\pm$  standard deviation of triplicate incubations. The dashed lines represent the best fit to the data with non-linear regression.

To determine whether the inhibitory effects of SPN on CYP2C9 was substrate specific, we examined the inhibitory effects on other CYP2C9-specific biotransformation pathways (i.e., diclofenac 4'-hydroxylation and losartan oxidation) and found that SPN also markedly inhibited their activities, with IC<sub>50</sub> values of 0.879  $\pm$  0.0888  $\mu$ M and 0.455  $\pm$  0.0486  $\mu$ M, respectively, (Figure 3).



**Figure 3.** Inhibition curves of SPN on the CYP2C9-catalyzed diclofenac 4'-hydroxylation (**A**) and losartan oxidation (**B**) activities in human liver microsomes. Data are the mean  $\pm$  standard deviation of triplicate incubations. The dashed lines represent the best fit to the data with non-linear regression.

## 3.2. Determination of the K<sub>i</sub> of (-)-Sophoranone for CYP2C9 Activity

Based on the lowest IC<sub>50</sub> value for CYP2C9, to characterize the type of reversible inhibition of CYP2C9 by SPN, enzyme kinetic experiments were performed in the presence of various concentrations of SPN and tolbutamide, or diclofenac. Otherwise, identical samples containing a known potent CYP2C9 inhibitor (sulfaphenazole), were included in the analysis. Representative Dixon plots of CYP2C9 inhibition by SPN and sulfaphenazole in human liver microsomes are shown in Figure 4, and the Ki values are summarized in Supplemental Table S1. Using a nonlinear regression analysis, SPN demonstrated competitive inhibition against CYP2C9-catalyzed tolbutamide hydroxylation or diclofenac hydroxylation, with calculated  $K_i$  values of 0.503 ± 0.0383  $\mu$ M and 0.587 ± 0.0470  $\mu$ M (Figure 4A,B). Sulphafenazole competitively inhibited CYP2C9 with a  $K_i$  value of 0.267 ± 0.0170  $\mu$ M (Figure 4C), which was similar to a previously reported value [28].



**Figure 4.** Dixon plots to determine  $K_i$  values of SPN on the CYP2C9 enzyme activity, using tolbutamide (**A**) or diclofenac (**B**) as substrates. The well-known inhibitor of CYP2C9, sulfaphenazole, is used as a positive control (**C**) using tolbutamide as a substrate. The concentrations of tolbutamide were determined 50 (•), 100 ( $\bigcirc$ ), and 150 ( $\blacksquare$ )  $\mu$ M, respectively; diclofenac was used at 2 (•), 5 ( $\bigcirc$ ), and 10 ( $\heartsuit$ )  $\mu$ M, respectively. *v* represents formation rate of 4-hydroxytolbutamide (nmol/min/mg protein) or 4'-hydroxytolofenac (pmol/min/mg protein). Data are the mean ± standard deviation of triplicate incubations. The dashed lines of SPN (**A**,**B**) and sulfaphenazole (**C**) all fit well to competitive inhibition types.

## 3.3. Time-Dependent Inactivation of (-)-Sophoranone towards the Nine CYP Isoforms in Human Liver Microsomes

The IC<sub>50</sub> shift method incorporating a dilution is one of the most efficient and convenient methods for evaluating time-dependent inhibitory effects. A shift in IC<sub>50</sub> to a lower value ("shift") with pre-incubation indicates time-dependent inactivation [29–31]. After 30 min pre-incubation of SPN with human liver microsomes in the presence of NADPH, no obvious shift in IC<sub>50</sub> was observed for inhibition of the nine CYPs (Figure 5), suggesting that SPN is not a time-dependent inactivator for the nine CYPs.



**Figure 5.** Time-dependent inhibition curves of SPN on the nine major P450 activities in human liver microsomes using substrate cocktails after 30 min pre-incubation with the presence ( $\odot$ ) or absence ( $\bigcirc$ ) of an NADPH-generating system. Data are the mean  $\pm$  standard deviation of triplicate incubations.

#### 3.4. Caco-2 Cell Permeability of (-)-Sophoranone

A bi-directional permeability assay using Caco-2 monolayer cells was performed to predict the intestinal absorption of SPN. SPN showed very low permeability in both directions (from A-to-B and B-to-A). The calculated P<sub>app</sub> values of SPN from A-to-B were (0.115 ± 0.0369) × 10<sup>-6</sup> cm/s and (0.172 ± 0.0488) × 10<sup>-6</sup> cm/s at 10  $\mu$ M and 50  $\mu$ M, respectively, (n = 3, each). These results indicated that SPN is poorly absorbed in vivo. The P<sub>app</sub> values from B-to-A were (0.101 ± 0.00444) × 10<sup>-6</sup> cm/s at 10  $\mu$ M (n = 3) and (0.152 ± 0.0353) × 10<sup>-6</sup> cm/s at 50  $\mu$ M (n = 3). SPN was not a substrate for efflux transporters, that is, P-gp and BCRP, as the efflux ratio (B-to-A/A-to-B) is less than 2. The P<sub>app</sub> of

propranolol, a reference high permeable compound, from A-to-B and B-to-A were  $(26.8 \pm 3.31) \times 10^{-6}$  cm/s and  $(21.5 \pm 2.19) \times 10^{-6}$  cm/s, respectively, (*n* = 3, each), similar to the reported values [24,25].

## 3.5. Effects of (-)-Sophoranone on the Pharmacokinetics of Diclofenac in Rats

We conducted pharmacokinetic studies to investigate the effects of SPN on the pharmacokinetics of diclofenac in rats. Findings in the literature on the dried *S. tonkinensis* herbs indicate that a recommended daily dose for an adult human with the body weight of 60 kg were to be 6–10 g [32], which correlated to the equivalent dose ranges in rats, 0.620–1.03 g/kg [33]. He et al. [2] reported that the average contents of SPN in various *S. tonkinensis* samples were found to be approximately 2.53 mg/g (0.0253%). Reflecting this content, the dosage in rats, 0.620–1.03 g/kg of the dried herb, might be consistent with 15.7–26.1 mg/kg in terms of SPN. Thus, in this study, the SPN dose of 75 mg/kg was used in rats, which is approximately 2.87- to 4.87-fold greater than the recommended human dose.

The mean plasma concentration-time profiles of diclofenac and 4-hydroxydiclofenac after oral administration of diclofenac (2 mg/kg) in the absence or presence of oral co-administration of SPN (75 mg/kg) in rats are illustrated in Figure 6, and the relevant pharmacokinetic parameters are shown in Table 3. The plasma levels of diclofenac and 4-hydroxydiclofenac were similar in both groups (Figure 6A,B). Likewise, no significant differences were observed in any other pharmacokinetic parameter of diclofenac and 4'-hydroxydiclofenac (Table 3). The in vivo marker for CYP2C9 activity, expressed as the molar AUC ratio of 4'-hydroxydiclofenac to diclofenac, was not significant (0.799  $\pm$  0.167 versus 0.904  $\pm$  0.0534; *p* value of 0.215) in the presence or absence of SPN (Table 3). In the treatment group with co-administration of SPN, the C<sub>max</sub> of SPN was found to be 33.7  $\pm$  14.8 ng/mL (0.0732  $\pm$  0.0321  $\mu$ M) at approximately 60–75 min post-dose (Figure 6C). Given the  $K_i$  values of SPN on CYP2C9 activity (0.503  $\pm$  0.0383  $\mu$ M for tolbutamide hydroxylation and 0.587  $\pm$  0.0470  $\mu$ M for diclofenac hydroxylation), the plasma concentrations of SPN are too low to inhibit CYP2C9-mediated metabolism of diclofenac in vivo. Overall, the co-administration of SPN did not alter the pharmacokinetics of diclofenac and 4'-hydroxydiclofenac.



**Figure 6.** Mean plasma concentrations of diclofenac (**A**) and 4'-hydroxydiclofenac (**B**) after oral administration of diclofenac at a dose of 2 mg/kg without ( $\bullet$ , *n* = 6) or with ( $\bigcirc$ , *n* = 6) oral dosing of SPN (75 mg/kg) to rats. Mean plasma concentrations of SPN (**C**) after co-administration of SPN (75 mg/kg) and diclofenac (2 mg/kg) to rats ( $\blacktriangle$ , *n* = 6). Vertical bars mean standard deviation.

| Parameters  | Without SPN ( $n = 6$ ) | With SPN $(n = 6)$ |
|---|-------------------------|--------------------|
| Diclofenac  |                         |                    |
| AUC <sub>t</sub> (µg min/mL) <sup>a</sup>                             | $63.8 \pm 6.28$         | $69.4 \pm 2.98$    |
| $AUC_{\infty}$ (µg min/mL) <sup>b</sup>                               | $71.7 \pm 9.16$         | $80.8 \pm 7.78$    |
| $t_{1/2}$ (min) <sup>c</sup>  | $153 \pm 60.1$          | $173 \pm 41.5$     |
| C <sub>max</sub> (ng/mL) <sup>d</sup>                                 | $882 \pm 245$           | $787 \pm 104$      |
| T <sub>max</sub> (min) <sup>e</sup>                                   | 5 (3–5)                 | 5 (3–5)            |
| 4'-hydroxydiclofenac  |                         |                    |
| AUC <sub>t</sub> (µg min/mL)  | $44.8 \pm 6.38$         | $44.5 \pm 7.24$    |
| $AUC_{\infty}$ (µg min/mL)  | $68.6 \pm 12.1$         | $67.6 \pm 12.9$    |
| t <sub>1/2</sub> (min)  | $278 \pm 70.0$          | $296 \pm 59.7$     |
| C <sub>max</sub> (ng/mL)  | $180 \pm 55.2$          | $173 \pm 40.8$     |
| T <sub>max</sub> (min)  | 10 (10–30)              | 15 (10–30)         |
| Metabolic conversion ratio <sup>f</sup>                               |                         |                    |
| AUC <sub>∞</sub> , 4'-hydroxydiclofenac/AUC <sub>∞</sub> , diclofenac | $0.904 \pm 0.0534$      | $0.799 \pm 0.167$  |

Table 3. Mean (± standard deviations) pharmacokinetic parameters of diclofenac and 4'-hydroxydiclofenac after oral administration of diclofenac at a dose of 2 mg/kg without or with oral administration of SPN (75 mg/kg) to rats.

No significant differences were observed in all pharmacokinetic parameters of diclofenac and 4'-hydroxydiclofenac. <sup>a</sup> Total area under the plasma concentration–time curve from time zero to time last sampling time; <sup>b</sup> total area under the plasma concentration–time curve from time zero to infinity; <sup>c</sup> terminal half-life; <sup>d</sup> peak plasma concentration; <sup>e</sup> time to reach  $C_{max}$ . Median (ranges); <sup>f</sup> the metabolic conversion ratio,  $AUC_{\infty,4'-hydroxydiclofenac}/AUC_{\infty,diclofenac}$ , was calculated based on a molar basis.

## 3.6. Determination of the Unbound Fraction of (-)-Sophoranone in Plasma and Human Liver Microsomes

SPN was extensively bound to plasma proteins, regardless of species. The free fractions (%) of SPN at 10 and 50  $\mu$ M in human plasma were 0.0457  $\pm$  0.00612% and 0.0927  $\pm$  0.0400%, respectively, (n = 3, each). Similarly, when 10 and 50  $\mu$ M SPN were added to the rat plasma, the free fractions were 0.0380  $\pm$  0.0102% and 0.0531  $\pm$  0.0149%, respectively, (n = 3, each). After adding 10 and 50  $\mu$ M SPN to rat and human plasma, free fractions remained relatively unchanged, suggesting that SPN has no binding saturation in plasma.

SPN also exhibited marked non-specific bindings to human liver microsomes, although to a lesser extent than those in human plasma. The unbound fractions of SPN at 10 and 50  $\mu$ M were calculated to be 0.621  $\pm$  0.0405% and 0.724  $\pm$  0.170%, respectively (n = 3, each), at a microsomal protein concentration of 0.1 mg/mL.

#### 4. Discussion

This study focused on the in vitro and in vivo inhibitory effects of SPN on human CYPs, especially CYP2C9. We screened the inhibitory effects of SPN on the major human CYP isoforms (CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1, and CYP3A4) in human liver microsomes. Of the nine tested CYP isoforms, SPN exerted the strongest inhibitory effect on CYP2C9 activity, with the lowest IC<sub>50</sub> value of 0.966 ± 0.149  $\mu$ M (Table 2; Figure 2). In addition to CYP2C9, SPN mildly inhibited several CYP enzymes, with potency ranked in the order CYP2C8 > CYP2C19; the IC<sub>50</sub> values were 13.6 ± 3.15  $\mu$ M and 16.8 ± 3.21  $\mu$ M, respectively (Table 2; Figure 2). Although the IC<sub>50</sub> values could not been calculated, SPN also appears to weakly inhibit CYP2D6 and CYP3A4; the residual enzyme activities at the highest tested concentration (50  $\mu$ M) were 53.9 ± 3.53% and 53.3 ± 4.00%, respectively (Figure 2). No apparent inhibition of the other CYPs (CYP1A2, CYP2A6, CYP2B6, and CYP2E1) was observed (Figure 2). SPN also strongly inhibited other CYP2C9-catalyzed diclofenac 4'-hydroxylation and losartan oxidation activities (Figure 3). The inhibition activities were both competitive, with K<sub>i</sub> values of 0.503 ± 0.0383  $\mu$ M and 0.587 ± 0.0470  $\mu$ M, respectively. Pre-incubation

of SPN for 30 min with human liver microsomes and an NADPH-generating system did not alter the inhibition potencies against the nine CYPs, suggesting that SPN is not a time-dependent inactivator.

The reversible inhibition of SPN-mediated CYP3A4 activity was less consistent with the published literature. Li et al. [16] reported that among 44 tested flavonoids, SPN inhibited CYP3A4-catalyzed bufalin 5'-hydroxylation activity with a  $K_i$  value of 2.17  $\pm$  0.29  $\mu$ M. They only focused on the in vitro inhibitory potentials of several flavonoids against CYP3A4 activity. To the best of our knowledge, to date, bufalin has not been used as the in vitro probe substrate for the CYP3A4 activity, and the reference material of 5'-hydroxybufalin is not commercially available. Because of the presence of several binding regions within the CYP3A4 active site, multiple probe substrates are often used for in vitro CYP3A4-mediated drug–drug interaction studies, including midazolam, nifedipine, and testosterone [34]. In that study, when other CYP3A4 substrates were tested, the ranges of IC<sub>50</sub> values by SPN were reported to be 5.62–38.4  $\mu$ M [16]. Additionally, we examined the inhibitory effect on another CYP3A4-catalyzed testosterone 6 $\beta$ -hydroxylation and found that SPN also inhibited the activity with an IC<sub>50</sub> value of 31.5  $\pm$  4.79  $\mu$ M, which showed a higher percentage inhibition compared to midazolam (data not shown). Altogether, the in vitro CYP3A4 inhibition by SPN seemed to be substrate-specific.

Generally, alterations in the activities of hepatic CYPs through in vitro inhibition or induction represent the major mechanisms underlying pharmacokinetic drug–drug interactions [11–13]. It has been estimated that CYP2C9 is responsible for the metabolic clearance of up to 15–20% of all drugs undergoing phase I metabolism, including clinically important drugs such as *S*-warfarin, phenytoin, tolbutamide, losartan, and several anti-inflammatory drugs [23,35]. Considering that SPN is a potent CYP2C9 inhibitor in vitro, there may be potential for herb–drug interactions between SPN and CYP2C9 substrates after concomitant oral administration.

Using the in vitro reversible inhibition results, a clinical drug-drug interaction risk was initially predicted by the basic static model approach, as recommended by the EMA [36] and US FDA [37] with calculating the R<sub>1</sub> value (R<sub>1</sub> = 1 + [ $I_{max,u}/K_{i,u}$ ]), which representing the predicted AUC ratio in the presence or absence of inhibitor. Where, Imax,u (Cmax,u) is maximal free plasma concentration of the inhibitor and  $K_{i,u}$  is the unbound in vitro inhibition constant. However, little information is yet to be reported on the C<sub>max</sub> values of SPN after oral administration of SPN. As stated in the Introduction, from our previous study, the  $C_{max}$  of SPN was reported to be 13.1 ng/mL in rats after oral dosing of 12.9 mg/kg SPN in rats [8]. Thus, we investigated whether SPN affects the pharmacokinetics of diclofenac and 4'-hydroxydiclofenac, produced by hepatic CYP2C9 enzyme, in rats. In the group that received co-administration of SPN (75 mg/kg), the  $C_{max}$  of SPN was found to be 33.7 ± 14.8 ng/mL (0.0732  $\pm$  0.0321  $\mu$ M) at 60–75 min (Figure 6C). These results suggest that SPN has low oral bioavailability. The calculated values of  $I_{max, u}$  and  $K_{i,u}$  for SPN used in this study were 0.0420 ± 0.0184 nM and  $3.39 \pm 0.258$  nM ( $3.95 \pm 0.316$  nM for diclofenac 4'-hydroxylation), respectively. Considering these values, the  $R_1$  value of SPN for the inhibition of CYP2C9 in vitro was calculated as 1.0124 ( $K_i$ , u for tolbutamide 4-hydroxylation) or 1.0106 (Ki, u for diclofenac 4'-hydroxylation) which are both below the EMA and US FDA cut-off criteria of  $R_1$ , 1.02 [36,37], indicating that the potential for clinically relevant drug interaction-mediated CYP2C9 inhibition by SPN may be low and no clinical interaction studies are warranted. In our results, also no significant differences were observed in any of the other pharmacokinetic parameters of diclofenac and 4'-hydroxydiclofenac in rats in the absence or presence of oral co-administration of SPN at a dose of 75 mg/kg (Table 3). Furthermore, the molar metabolic conversion ratio, expressed as AUC4'-hydroxydiclofenac/AUCdiclofenac, which indicated a causal factor for the evaluation of the capacities of CYP2C9 activity in vivo, did not show significant differences (0.799  $\pm$  0.167 versus 0.904  $\pm$  0.0534) in both groups (Table 3).

To explain the lack of in vitro–in vivo correlation, we assessed two factors that could limit the accuracy of in vitro models in predicting metabolic drug interactions in vivo, which were SPN's degree of plasma protein binding and its permeability in Caco-2 cells. We found that SPN was extensively bound in both human and rat plasma proteins (>99.9%) with a mean unbound fraction value of 0.0574% in the range of 10 and 50  $\mu$ M. Thus, taking the plasma protein binding of SPN into account, the unbound

maximum concentrations of SPN in plasma might be  $0.0420 \pm 0.0184$  nM, which is much lower than the unbound K<sub>i</sub> values of SPN in vitro. Some drugs that indicate in vitro–in vivo discrepancy because of high plasma protein bindings have been reported [38-40]. Tolfenamic acid strongly inhibited CYP1A2 in vitro but not in vivo because of high plasma protein binding (99.7%) [38]. Montelukast is a very potent inhibitor of CYP2C8 in vitro with  $K_i$  values ranging from 0.0092–0.15  $\mu$ M [41]. However, in humans, montelukast has had no effect on the pharmacokinetics of the CYP2C8 substrates, pioglitazone [39] and rosiglitazone [40]. The high degree of protein binding of montelukast in plasma (>99.7%) is similar to that of tolfenamic acid and explicitly explains the lack of its in vivo interaction, irrespective of its strong inhibitor potency in vitro. The Caco-2 cell model is widely used to predict the absorption across the intestinal barrier, and a good correlation between its oral absorption in humans and its apparent permeability (Papp) across the Caco-2 cell barrier has been shown [24,25]. A recent study has provided some updated guidelines on how permeability values might correlate with human oral absorption: Low permeability (0–20% absorbed) is correlated to  $P_{app}$  values < 1–2 × 10<sup>-6</sup> cm/s; moderate permeability (20–80% absorbed) to  $P_{app}$  values  $< 2-10 \times 10^{-6}$  cm/s; and high permeability (80–100% absorbed) to  $P_{app}$  values > 10 × 10<sup>-6</sup> cm/s [42]. Propranolol had >90% human absorption and exhibited high permeability with a  $\rm P_{app}$  value of (26.8  $\pm$  3.31)  $\times$  10^{-6} cm/s in our assay. SPN exhibited a very low permeability with mean  $P_{app}$  values of  $0.115 \times 10^{-6}$  cm/s (0.429% of propranolol  $P_{app}$ ) and  $0.172 \times 10^{-6}$  cm/s (0.642% of propranolol P<sub>app</sub>) at 10 and 50  $\mu$ M, respectively, indicating that it is poorly absorbed in vivo. SPN was not a substrate for efflux transporters, that is, P-gp and BCRP, as the efflux ratio (B-to-A/A-to-B) is less than 2.

Overall, SPN is a potent inhibitor of CYP2C9 in vitro but not in vivo. This apparent discrepancy is due to the extensive plasma protein binding and very low permeability of SPN, which resulted in poor oral absorption. These approaches could help in making more reliable in vitro–in vivo extrapolations about the risk of in vivo inhibition potential. In conclusion, these findings have provided useful information on the safe and effective use of SPN in clinical practice.

**Supplementary Materials:** The following is available online at http://www.mdpi.com/1999-4923/12/4/328/s1, Figure S1: Typical LC-MS/MS chromatograms for the formed metabolites of the nine CYP-specific probe in human liver microsomes and their internal standard in the positive electrospray ionization mode. Table S1:  $K_i$  values and inhibition types for CYP2C9 by SPN and sulfaphenazole in human liver microsomes (n = 3).

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## Article Strong and Selective Inhibitory Effects of the Biflavonoid Selamariscina A against CYP2C8 and CYP2C9 Enzyme Activities in Human Liver Microsomes

So-Young Park <sup>1,2</sup>, Phi-Hung Nguyen <sup>3</sup>, Gahyun Kim <sup>2</sup>, Su-Nyeong Jang <sup>1,2</sup>, Ga-Hyun Lee <sup>1,2</sup>, Nguyen Minh Phuc <sup>2,4</sup>, Zhexue Wu <sup>2</sup> and Kwang-Hyeon Liu <sup>1,2,\*</sup>

- <sup>1</sup> BK21 Plus KNU Multi-Omics based Creative Drug Research Team, College of Pharmacy and Research Institute of Pharmaceutical Sciences, Kyungpook National University, Daegu 41566, Korea; soyoung561021@gmail.com (S.-Y.P.); wts1424@naver.com (S.-N.J.); lgh2710@gmail.com (G.-H.L.)
- <sup>2</sup> College of Pharmacy and Research Institute of Pharmaceutical Sciences, Kyungpook National University, Daegu 41566, Korea; hyunlove9137@naver.com (G.K.); phucnguyen0606@gmail.com (N.M.P.); wuzhexue527@gmail.com (Z.W.)
- <sup>3</sup> Institute of Natural Products Chemistry, Vietnam Academy of Science and Technology, 18-Hoang Quoc Viet, Cau Giay, Hanoi 100000, Vietnam; nguyenphihung1002@gmail.com
- <sup>4</sup> Vietnam Hightech of Medicinal and Pharmaceutical JSC, Group 11 Quang Minh town, Hanoi 100000, Vietnam
- \* Correspondence: dstlkh@knu.ac.kr; Tel.: +82-53-950-8567; Fax: +82-53-950-8557

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Abstract: Like flavonoids, biflavonoids, dimeric flavonoids, and polyphenolic plant secondary metabolites have antioxidant, antibacterial, antiviral, anti-inflammatory, and anti-cancer properties. However, there is limited data on their effects on cytochrome P450 (P450) and uridine 5'-diphosphoglucuronosyl transferase (UGT) enzyme activities. In this study we evaluate the inhibitory potential of five biflavonoids against nine P450 activities (P450s1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1, and 3A) in human liver microsomes (HLMs) using cocktail incubation and liquid chromatography-tandem mass spectrometry (LC-MS/MS). The most strongly inhibited P450 activity was CYP2C8-mediated amodiaquine N-dealkylation with IC50 ranges of 0.019~0.123 μM. In addition, the biflavonoids—selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone-noncompetitively inhibited CYP2C8 activity with respective  $K_i$  values of 0.018, 0.083, 0.084, 0.103, and 0.142  $\mu$ M. As selamariscina A showed the strongest effects, we then evaluated it against six UGT isoforms, where it showed weaker inhibition (UGTs1A1, 1A3, 1A4, 1A6, 1A9, and 2B7, IC50 > 1.7  $\mu$ M). Returning to the P450 activities, selamariscina A inhibited CYP2C9-mediated diclofenac hydroxylation and tolbutamide hydroxylation with respective  $K_i$  values of 0.032 and 0.065  $\mu$ M in a competitive and noncompetitive manner. However, it only weakly inhibited CYP1A2, CYP2B6, and CYP3A with respective K<sub>i</sub> values of 3.1, 7.9, and 4.5 µM. We conclude that selamariscina A has selective and strong inhibitory effects on the CYP2C8 and CYP2C9 isoforms. This information might be useful in predicting herb-drug interaction potential between biflavonoids and co-administered drugs mainly metabolized by CYP2C8 and CYP2C9. In addition, selamariscina A might be used as a strong CYP2C8 and CYP2C9 inhibitor in P450 reaction-phenotyping studies to identify drug-metabolizing enzymes responsible for the metabolism of new chemicals.

Keywords: biflavonoid; cytochrome P450; drug interactions; selamariscina A; uridine 5'-diphosphoglucuronosyl transferase

#### 1. Introduction

Flavonoids are polyphenolic secondary metabolites that are common in the plant kingdom and are ingested by humans in their food [1]. Flavonoids are grouped into various classes based on structure. These classes are: anthocyanidins, chalcones, flavanones, flavones, flavonoids, isoflavonoids, and biflavonoids [2]. Many pharmacological benefits have been ascribed to flavonoids, including antioxidant, anti-inflammatory, anti-cancer, antiviral, and hepatoprotective effects [3,4].

Having flavonoids in your diet may reduce the risk of atherosclerosis, cardiovascular disease, diabetes mellitus, osteoporosis, and certain cancers [4,5]. Because of flavonoids' benefits and wide distribution, their intake has risen steadily in recent years in the West and Asia. Daily intake of flavonoids has been estimated at 100 mg/day in the Asian population because of the high consumption of soy products [6,7]. On the other hand, daily intake of flavonoids has been estimated to be in the range of 20–50 mg/day in Western populations [8]. Further intake of flavonoids through dietary supplements and plant extracts with prescribed drugs is common. The vast body of literature describes the significant interactions between flavonoid herbs and therapeutic drugs.

Several flavonoids are substrates for cytochrome P450 (P450) and uridine 5'-diphosphoglucuronosyl transferase (UGT) enzymes [2], suggesting that flavonoids could inhibit the activities of these enzymes. A number of studies have demonstrated that flavonoids are potent inhibitors of CYP1A2, CYP3A, and UGT1A1 in vitro [5,8]. For example, the flavone tangeretin competitively inhibits the activity of CYP1A2 with a Ki value as low as 68 nM in human liver microsomes (HLMs) [9]. It also inhibits UGT1A1-mediated estradiol glucuronidation with an IC50 value of 1  $\mu$ M [10]. The flavonols quercetin and kaempferol inhibit the metabolism of nifedipine and felodipine by CYP3A4 in HLMs at concentrations larger than 10 µM. [11]. Animal studies show that oral quercetin increases the bioavailability of oral doxorubicin [12]. These results can be attributed to the reduced first-pass metabolism of doxorubicin due to quercetin-induced inhibition of CYP3A and/or enhanced doxorubicin absorption in the gastrointestinal tract via quercetin-induced inhibition of P-glycoprotein (P-gp). Surva Sandeep et al. (2014) reported that naringenin significantly increases the bioavailability of orally administered felodipine, a P-glycoprotein and CYP3A4 substrate drug, in rats, through the inhibition of intestinal P-gp and CYP3A4 [13]. Alnaqeeb et al. (2019) reported that quercetin and guava leaf extracts in combination with warfarin exert a greater increase on warfarin's  $C_{\text{max}}$  and International Normalized Ratio values than when used alone, indicating the inhibition of CYP2C8, 2C9 and 3A4, major warfarin-metabolizing enzymes [14]. Biflavonoids, formed by the covalent bond between two monoflavonoids, are a subclass of flavonoid [15]. They are secondary metabolites, but are limited to several species in plants such as Ginkgo biloba, Selaginella species, Hypericum perforatum, and Garcinia kola [16]. Befitting their status as flavonoids, they have anti-cancer, anti-microbial, antiviral, and anti-inflammatory properties [16]. In contrast to the extensive studies on drug interaction with flavonoids, data on the inhibitory effects of biflavonoids on P450 and UGT enzymes are rare, though biflavonoids are taken in the form of dietary supplements (e.g., Ginkgo biloba extract [17]). The inhibitory potential of amentoflavone, the major biflavonoid in Cupressus funebris, against P450 and UGT enzymes was only recently reported [18,19].

In this study, we evaluate the inhibitory effects of five biflavonoids—selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone (Figure 1)—on nine P450 enzymes using HLMs. We further investigate the ability of selamariscina A, which most strongly inhibited CYP2C8 and CYP2C9 activities, to inhibit six UGT isoforms. Furthermore, the inhibition mechanism and kinetic parameters ( $K_i$ ) were determined for selamariscina A and compared with those of montelukast, a well-known selective CYP2C8 inhibitor [20].



Figure 1. Chemical structures of biflavonoids from *Selaginella tamariscina*: selamariscina A (A), amentoflavone (B), robustaflavone (C), cupressuflavone (D) and taiwaniaflavone (E).

#### 2. Materials and Methods

#### 2.1. Chemicals and Reagents

We purchased acetaminophen, alamethicin, amodiaquine, bupropion, chenodeoxycholic acid, chlorzoxazone, dextromethorphan, estrone glucuronide, glucose-6-phosphate (G6P), glucose- 6-phosphate dehydrogenase (G6PDH), hydroxybupropion, magnesium chloride (MgCl2), N-acetylserotonin,  $\beta$ -nicotinamide adenine dinucleotide phosphate (NADP+), N-desethylamodiaquine, omeprazole, phenacetin, trifluoperazine, trimipramine, and uridine 5'-diphosphoglucuronic acid (UDPGA) from Sigma-Aldrich (St. Louis, MO, USA). 4-Hydroxydiclofenac, 4-hydroxytolbutamide, 5-hydroxyrosiglitazone, coumarin, diclofenac, midazolam, montelukast, mycophenolic acid, rosiglitazone, and tolbutamide came from Toronto Research Chemicals (Toronto, ON, Canada). We obtained 1'-hydroxymidazolam from Cayman Chemical (Ann Arbor, MI, USA), while 7-ethyl-10-hydroxycomptothecine (SN-38) was provided by Santa Cruz Biotechnology (Dallas, TX, USA). All solvents were LC-MS grade (Fisher Scientific, Pittsburgh, PA, USA). All the other reagents were of analytical or LC-MS grade and are commercially available. We purchased the pooled human liver microsomes (XTreme 200) from XenoTech (Lenexa, Kansas City, KS, USA). In this study, we used selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone identified from Selaginella tamariscina (Beauv.), which were collected at Yen Tu Mountain, Uong Bi town, Quang Nihn province, Vietnam. The information regarding the identification of their chemical structures was described in our previously published paper [21,22].

We isolated selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone from Selaginella tamariscina (Beauv.), which were collected at Yen Tu Mountain, Uong Bi town, Quang Nihn province, Vietnam. The five compounds were purified and examined by HPLC to get 95% purity. Their chemical structures were identified by analyzing their NMR data, which were in good agreement with those published in a previous report [21,22].

## 2.2. Inhibitory Effect of Five Biflavonoids against Human Cytochrome P450 Activity

The inhibitory potential of the five biflavonoids on the metabolism of nine P450 probe substrates was evaluated using previously developed methods with minor modifications [23,24]. Biflavonoids were dissolved in methanol. The final concentration of methanol in the incubation mixture was 1.0% (v/v). We used these P450 probe substrates: phenacetin for CYP1A2, coumarin for CYP2A6, bupropion for CYP2B6, amodiaquine for CYP2C8, diclofenac for CYP2C9, omeprazole for CYP2C19, dextromethorphan for CYP2D6, chlorzoxazone for CYP2E1 and midazolam for CYP3A (Table 1). The incubation mixtures containing pooled human liver microsomes (HLMs, XTreme 200, XenoTech),
P450 probe substrates, and inhibitor (0~20  $\mu$ M) were pre-incubated at 37 °C for 5 min. The concentration range of the inhibitor varied (0, 0.002, 0.005, 0.02, 0.05, and 0.2  $\mu$ M for CYP2C8; 0, 0.02, 0.05, 0.2, 0.5, and 2  $\mu$ M for CYP2C9; 0, 0.5, 2, 5, 10, and 20  $\mu$ M for other P450 isoforms). After pre-incubation, a reduced nicotinamide adenine dinucleotide phosphate (NADPH) generation system containing 1 unit/ml G6PDH, 1.3 mM  $\beta$ - nicotinamide adenine dinucleotide phosphate ( $\beta$ - NADP<sup>+</sup>), 3.3 mM MgCl<sub>2</sub>, and 3.3 mM G6P was added to initiate a reaction, and further incubated for 10 min at 37 °C. The reaction was stopped by adding 50  $\mu$ L of ice-cold acetonitrile containing 7 nM trimipramine (internal standard, IS). After centrifugation at 18,000 g (5 min, 4 °C), aliquots of supernatants were analyzed by LC–MS/MS (Shimadzu LCMS 8060 system, Shimadzu, Kyoto, Japan). All microsomal incubations were conducted in triplicate.

 Table 1. Selected reaction monitoring (SRM) condition for the major metabolites of the nine cytochrome

 P450 probe substrates and internal standard (IS).

| P450<br>Enzyme | Substrates       | Concentration<br>(µM) | Metabolites            | SRM Transition<br>(m/z) | Polarity         | Collision Energy<br>(eV) |
|----------------|------------------|-----------------------|------------------------|-------------------------|------------------|--------------------------|
| 1A2            | Phenacetin       | 100                   | Acetaminophen          | 152 > 110               | ESI <sup>+</sup> | 25                       |
| 2A6            | Coumarin         | 5                     | 7-Hydroxycoumarin      | 163 > 107               | ESI <sup>+</sup> | 17                       |
| 2B6            | Bupropion        | 50                    | 6-Hydroxybupropion     | 256 > 238               | ESI <sup>+</sup> | 20                       |
| 200            | Amodiaquine      | 1                     | N-Desethylamodiaquine  | 328 > 283               | ESI <sup>+</sup> | 17                       |
| 208            | Rosiglitazone    | 5                     | p-Hydroxyrosiglitazone | 374 > 151               | ESI <sup>+</sup> | 17                       |
| 200            | Tolbutamide      | 100                   | 4-Hydroxytolbutamide   | 287 > 89                | ESI <sup>+</sup> | 60                       |
| 209            | Diclofenac       | 10                    | 4-Hydroxydiclofenac    | 312 > 231               | ESI <sup>+</sup> | 15                       |
| 2C19           | Omeprazole       | 20                    | 5-Hydroxyomeprazole    | 362 > 214               | ESI <sup>+</sup> | 10                       |
| 2D6            | Dextromethorphan | 5                     | Dextrorphan            | 258 > 157               | ESI <sup>+</sup> | 35                       |
| 2E1            | Chlorzoxazone    | 50                    | 6-Hydroxychlorzoxazone | 184 > 120               | ESI-             | 18                       |
| 3A             | Midazolam        | 5                     | 1'-Hydroxymidazolam    | 342 > 203               | ESI <sup>+</sup> | 25                       |
| IS             | Trimipramine     | 0.007                 |                        | 295 > 100               | ESI <sup>+</sup> | 17                       |

ESI: Electrospray ionization (ESI) interface to generate protonated ions [M+H]<sup>+</sup> or deprotonated ion [M-H]<sup>-.</sup>

# 2.3. Kinetic Characterization of Five Biflavonoids on CYP2C8 in Human Liver Microsomes

To determine the inhibition mechanism and constants (Ki values) of the five biflavonoids against CYP2C8 activity, different concentrations of biflavonoids (0, 0.002, 0.005, 0.02, 0.05, and 0.2  $\mu$ M for selamariscina A; 0, 0.05, 0.02, 0.05, 0.2 and 0.5  $\mu$ M for the other four biflavonoids) were added to reaction mixtures containing different concentrations of amodiaquine (0.1, 0.4 and 1  $\mu$ M). The other conditions were the same as in the cytochrome P450 inhibition study.

# 2.4. Kinetic Characterization of Selamariscina A on Five P450 Enzymes in Human Liver Microsomes

We used HLMs to determine the mechanisms and constants (Ki values) for selamariscina A inhibition of CYP1A2, CYP2B6, CYP2C8, CYP2C9 and CYP3A. The selamariscina A (0~50  $\mu$ M) was added into the reaction mixtures, each of which contained concentrations of phenacetin (20, 50, and 100  $\mu$ M), bupropion (20, 50, and 100  $\mu$ M), amodiaquine (0.1, 0.4, and 1  $\mu$ M), rosiglitazone (2, 5, and 10  $\mu$ M), diclofenac (1, 4, and 10  $\mu$ M), tolbutamide (50, 100, and 200  $\mu$ M), and midazolam (0.5, 2, and 5  $\mu$ M). The substrates were used at concentrations approximately near to their respective Km values [25–27]. The concentration range of selamariscina A varied (0, 0.002, 0.005, 0.02, 0.05, and 0.2  $\mu$ M for CYP2C8; 0, 0.05, 0.02, 0.05, 0.2, and 0.5  $\mu$ M for CYP2C9; 0, 0.2, 0.5, 2, 5, and 20  $\mu$ M for CYP3A; 0, 0.5, 2, 5, 20, and 50  $\mu$ M for CYP1A2 and CYP2B6). The other conditions were the same as in the cytochrome P450 inhibition study.

#### 2.5. Time-Dependent Inhibition Assay

The time-dependent inhibition of selamariscina A against CYP2C8 and CYP2C9 enzymes was evaluated using an IC50 shift method. Selamariscina A was pre-incubated at six concentrations (0, 0.002, 0.005, 0.02, 0.05, and 0.2  $\mu$ M) with HLMs in the presence of an NDAPH generation system for 30 min

at 37 °C. The reaction was initiated by adding 1  $\mu$ M amodiaquine or 10  $\mu$ M diclofenac and further incubated for 10 min. Incubation was terminated by adding 50  $\mu$ L of ice-cold acetonitrile containing 7 nM trimipramine. After centrifugation, aliquots of supernatants were analyzed by LC–MS/MS.

#### 2.6. Inhibitory Effect of Selamariscina A against Human UGT Activity

The ability of selamariscina A to inhibit the metabolism of six UGT enzyme probe substrates was evaluated using previously developed methods with minor modifications [28]. The microsomal incubation was performed by dividing the non-interactive substrate cocktail sets (set A included SN-38 for UGT1A1, CDCA for UGT1A3 and TFP for UGT1A4 while set B included N-SER for UGT1A6, MPA for UGT1A9 and NX for UGT2B7) (Table 2). In brief, HLMs (0.25 mg/mL) were activated by incubation in the presence of alamethicin (25  $\mu$ g/mL) for 15 min on ice. After the addition of UGT probe substrates and inhibitor (0, 0.5, 2, 5, 20 and 50  $\mu$ M), the incubation mixtures were pre-incubated at 37 °C for 5 min. After pre-incubation, 5 mM UDPGA was added to initiate a reaction, and further incubated for 60 min at 37 °C. The reaction was stopped by adding 50  $\mu$ L of ice-cold acetonitrile containing 250 nM estrone glucuronide (IS). After centrifugation at 18,000 g (5 min, 4 °C), aliquots of supernatants were analyzed by LC–MS/MS. All microsomal incubations were conducted in triplicate.

**Table 2.** Selected reaction monitoring (SRM) condition for the major metabolites of the six uridine 5'-diphosphoglucuronosyl transferase (UGT) enzyme substrates and internal standard (IS).

| UGT<br>Enzyme | Substrates                   | Concentration<br>(µM) | Metabolites         | SRM<br>Transition ( <i>m</i> / <i>z</i> ) | Polarity         | Collision<br>Energy<br>(eV) |
|---------------|------------------------------|-----------------------|---------------------|---|------------------|-----------------------------|
| 1A1           | SN-38                        | 0.5                   | SN-38 glucuronide   | 569 > 393                                 | ESI+             | 30                          |
| 1A3           | Chenodeoxycholic acid (CDCA) | 2                     | CDCA-24 glucuronide | 567 > 391                                 | ESI-             | 20                          |
| 1A4           | Trifluoperazine (TFP)        | 0.5                   | TFP N-glucuronide   | 584 > 408                                 | ESI <sup>+</sup> | 30                          |
| 1A6           | N-Acetylserotonin (N-SER)    | 1                     | N-SER glucuronide   | 395 > 219                                 | ESI <sup>+</sup> | 10                          |
| 1A9           | Mycophenolic acid (MPA)      | 0.2                   | MPA 7-O-glucuronide | 495 > 319                                 | ESI-             | 25                          |
| 2B7           | Naloxone (NX)                | 0.2                   | NX 3-glucuronide    | 504 > 310                                 | ESI <sup>+</sup> | 30                          |
| IS            | Estrone glucuronide          | 0.25                  |                     | 445 > 269                                 | ESI-             | 35                          |

# 2.7. LC-MS/MS Analysis

All metabolites and the IS were separated on a Kinetex XB-C18 column ( $100 \times 2.10 \text{ mm}$ ,  $2.6 \mu\text{m}$ , 100 Å; Phenomenex, Torrance, CA, USA) and analyzed using a Shimadzu LCMS 8060 triple-quadrupole mass spectrometer coupled with a Nexera X2 ultra high-performance liquid chromatography system (Shimadzu, Kyoto, Japan) equipped with an electrospray ionization interface. The mobile phase consisted of 0.1% formic acid in water (A) and 0.1% formic acid in acetonitrile (B). The elution condition was set as 8% B (0–0.5 min), 8% $\rightarrow$ 60% B (0.5–5 min), 60% B (5–6 min), 60% $\rightarrow$ 8% B (6–6.1 min) and 8% B (6.1–9 min) for the analysis of metabolites of P450 probe substrates and set as 0% $\rightarrow$ 40% B (0–1 min), 40% $\rightarrow$ 50% B (1–5 min), 50% $\rightarrow$ 0% B (5–5.1 min), and 0% B (5.1–8 min) for the analysis of metabolites of UGT probe substrates. The flow rate was 0.2 mL/min. Electrospray ionization was performed in positive-ion mode at 4000 V or in negative-ion mode at –3500 V. The optimum operating conditions were determined as follows: vaporizer temperature, 300 °C; capillary temperature, 350 °C; collision gas (argon) pressure, 1.5 mTorr. Quantitation was conducted in selected reaction monitoring (SRM) modes with the precursor-to-product ion transition for each metabolite (Tables 1 and 2).

# 2.8. Data Analysis

We analyzed the data with Shimadzu LabSolution LC–MS software. The IC50 values were calculated by WinNonlin software (Pharsight, Mountain View, CA, USA). The type of inhibition and the apparent kinetic parameters for inhibitory activity (*Ki*) were determined by following several criteria: visual inspection of Dixon plots, Lineweaver–Burk double reciprocal plots, and secondary plots of Lineweaver–Burk plots versus biflavonoid concentrations, the size of the sum of squares of the residuals, Akaike Information Criteria values, the S.E. and 95% confidence interval of the parameter

estimates from the nonlinear regression analysis [29] using the WinNonlin software. The models tested included competitive, competitive partial, noncompetitive, noncompetitive partial, uncompetitive, uncompetitive partial, and mixed-type inhibition.

### 3. Results and Discussion

# 3.1. Inhibition of Cytochrome P450 Enzymes Activities by Five Biflaovnoids

The inhibitory potential of the five biflavonoids against cytochrome P450 enzyme activity was evaluated using HLMs (Table 3). We found selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone strongly inhibit CYP2C8 activity with respective IC50 values of 0.019, 0.084, 0.083, 0.083, and 0.12  $\mu$ M. They also show strong inhibition on CYP2C9 activity with IC50 values of 0.047, 0.15, 0.15, 0.21, and 0.20  $\mu$ M. Their inhibition of the other seven P450 isoforms was much lower (IC50  $\geq$  1.2  $\mu$ M) than on CYP2C8 and CYP2C9 (IC50  $\leq$  0.21  $\mu$ M). The IC50 value of the inhibition of diclofenac hydroxylase activity by amentoflavone that we found (0.15  $\mu$ M) is 4.3 times higher than the 0.035  $\mu$ M reported by von Moltke et al. (2004) [19]. The reason could be differences in incubation conditions, such as CYP2C19 probe substrate and concentrations (diclofenac 10  $\mu$ M versus S-mephenytoin 25  $\mu$ M) [30]. The inhibitory potential (IC50 = 1.3  $\mu$ M) of amentoflavone on CYP3A was similar to the previously reported value (IC50 = 4.3  $\mu$ M) [19].

Table 3. Inhibitory effects of five biflavonoids and montelukast against nine cytochrome P450 isoforms.

| P450   | Substrata        |                  |                | IC <sub>50</sub> ( | μΜ)              |                  |             |
|--------|------------------|------------------|----------------|--------------------|------------------|------------------|-------------|
| Enzyme | Substrate        | Selamaris-Cina A | Amento-Flavone | Robusta-Flavone    | Cupressu-Flavone | Taiwania-Flavone | Montelukast |
| 1A2    | Phenacetin       | 7.4              | 4.4            | 4.5                | 5.9              | 6.8              | >50         |
| 2A6    | Coumarin         | 11.6             | 11.9           | 11.8               | >20              | 10.6             | >50         |
| 2B6    | Bupropion        | 5.3              | 7.1            | 5.7                | 6.7              | 6.4              | >50         |
| 2C8    | Amodiaquine      | 0.019            | 0.084          | 0.083              | 0.083            | 0.12             | 0.52        |
| 2C9    | Diclofenac       | 0.047            | 0.15           | 0.15               | 0.21             | 0.20             | 9.73        |
| 2C19   | Omeprazole       | 13.3             | 3.4            | 6.4                | 3.0              | 5.0              | >50         |
| 2D6    | Dextromethorphan | 10.6             | 2.6            | 2.2                | 2.7              | 3.2              | >50         |
| 2E1    | Chlorzoxazone    | >20              | 3.3            | 2.9                | 2.3              | 6.0              | >50         |
| 3A     | Midazolam        | 2.7              | 1.3            | 1.2                | 1.5              | 1.2              | >50         |

As the five flavonoids strongly inhibited microsomal CYP2C8 activity, we sought to clarify the mechanism of inhibition. The Lineweaver–Burk plots, Dixon plots and secondary reciprocal plots indicated that selamariscina A, amentoflavone, robustaflavone, cupressuflavone, and taiwaniaflavone noncompetitively inhibited CYP2C8-mediated amodiaquine N-deethylation activity with Ki values of 0.018, 0.083, 0.084, 0.103, and 0.142  $\mu$ M, respectively (Table 4), which are lower than those of the well-known CYP2C8 inhibitors zafirlukast (0.39  $\mu$ M) [31] and quercetin (4.72  $\mu$ M) [32].

**Table 4.**  $K_i$  values for inhibition of CYP2C8-catalyzed amodiaquine *N*-deethylation in human liver microsomes by five biflavonoids.

| P450<br>Enzyme | Substrate   | Inhibitor  | <i>K</i> <sub>i</sub> (μM) <sup>a</sup>  | Mode of<br>Inhibition  |
|----------------|-------------|--|--|--|
| CYP2C8         | Amodiaquine | Selamariscina A<br>Amentoflavone<br>Robustaflavone<br>Cupressuflavone<br>Taiwaniaflavone | $\begin{array}{c} 0.018 \pm 0.002 \\ 0.083 \pm 0.009 \\ 0.084 \pm 0.016 \\ 0.103 \pm 0.017 \\ 0.142 \pm 0.026 \end{array}$ | Noncompetitive<br>Noncompetitive<br>Noncompetitive<br>Noncompetitive<br>Noncompetitive |

<sup>a</sup> Values represent the average ± standard error in triplicate.

Of the five biflavonoids, selamariscina A most strongly inhibited CYP2C8-mediated amodiaquine N-deethylation activity with a Ki value of  $0.018 \ \mu$ M, which is similar to the IC50 value of the known strong CYP2C8 inhibitor montelukast (0.020 μM) [31]. Further, its inhibitory potential against CYP2C8 was much stronger than other known CYP2C8 inhibitors axitinib (Ki = 0.17  $\mu$ M [33]), clotrimazole (IC50 = 0.78 μM [31]), felodipine (IC50 = 1.20 μM [31]), nilotinib (Ki = 0.10 μM [33]), and quercetin (Ki =  $1.56 \mu M$  [34]). We further evaluated the inhibition mechanism of selamariscina A, which showed the strongest CYP2C8 inhibition, for the other P450 enzymes. The inhibitory potential (Ki) of selamariscina A against P450 enzyme activities was in the order: CYP2C8 > CYP2C9 > CYP1A2 > CYP3A > CYP2B6 (Table 5, Figure 2 and Figure S1). To determine whether inhibition by selamariscina A was substrate-specific, we evaluated its inhibitory effects on CYP2C8-mediated rosiglitazone 5-hydroxylation. We found that it showed strong inhibition with a Ki value of  $0.010 \mu$ M in a substrate-independent manner. Selamariscina A also inhibited CYP2C9-mediated diclofenac and tolbutamide hydroxylation with Ki values of 0.032 and 0.065  $\mu$ M, respectively, in a substrateindependent manner. Its inhibitory potential against CYP2C9 was much stronger than other known CYP2C8 inhibitors sulfaphenazole (Ki =  $0.12-0.7 \mu M$  [35]), fluvoxamine (Ki =  $0.63-16 \mu M$  [35]), fluconazole (Ki =  $0.28 \,\mu$ M [36]), and fluoxetine (Ki =  $19-87 \,\mu$ M [35]). Its inhibitory potential for CYP2C8 and CYP2C9 was much stronger than other P450s.

**Table 5.**  $K_i$  values for the inhibition of CYP1A2-catalyzed phenacetin *O*-deethylation, CYP2B6-catalyzed bupropion hydroxylation, CYP2C8-catalyzed amodiaquine *N*-deethylation, CYP2C8-catalyzed rosiglitazone 5-hydroxylation, CYP2C9-catalyzed diclofenac 4-hydroxylation, CYP2C9-catalyzed tolbutamide 4-hydroxylation, and CYP3A-catalyzed midazolam 1'-hydroxylation in human liver microsomes by selamariscina A.

| P450<br>Enzyme | Substrate     | $K_{\mathrm{i}}$ ( $\mu\mathrm{M}$ ) <sup>a</sup> | Mode of Inhibition      |
|----------------|---------------|---|-------------------------|
| 1A2            | Phenacetin    | $3.1 \pm 0.6$                                     | Competitive             |
| 2B6            | Bupropion     | $7.9 \pm 1.1$                                     | Noncompetitive          |
| 200            | Amodiaquine   | $0.018 \pm 0.002$                                 | Noncompetitive          |
| 200            | Rosiglitazone | $0.010 \pm 0.003$                                 | Noncompetitive, partial |
| 200            | Diclofenac    | $0.032 \pm 0.007$                                 | Competitive             |
| 209            | Tolbutamide   | $0.065 \pm 0.01$                                  | Noncompetitive          |
| 3A             | Midazolam     | $4.5\pm0.5$                                       | Noncompetitive          |

<sup>a</sup> Values represent the average ± standard error in triplicate.

In addition, several P450 inhibitors including azamulin, clopidogrel, methoxalene, and ticlopidine [37–39] have been shown to be time-dependent inhibitors of cytochrome P450. We investigated the effect of incubation time on IC50 values of selamariscina A using the CYP2C8 substrate amodiaquine and the CYP2C9 substrate diclofenac. The inhibitory potential of selamariscina A against CYP2C8-mediated amodiaquine O-deethylase activity and CYP2C9-mediated diclofenac hydroxylase activity in HLMs pre-incubated in the presence of an NADPH generation system (IC50 values of 0.031 and 0.092  $\mu$ M, respectively) was a bit weaker than in untreated HLMs (IC50 values of 0.019 and 0.054  $\mu$ M, respectively). This suggests that selamariscina A is not a time-dependent inhibitor (data are not shown).



SelamariscinaA (µM)

**Figure 2.** Representative Dixon plots obtained from a kinetic study of CYP1A2-catalyzed phenacetin *O*-deethylation (**A**), CYP2B6-catalyzed bupropion hydroxylation (**B**), CYP2C8-catalyzed amodiaquine N-deethylation (**C**), CYP2C8-catalyzed rosiglitazone 5-hydroxylation (**D**), CYP2C9-catalyzed diclofenac 4-hydroxylation (**E**), and CYP3A-catalyzed midazolam 1'-hydroxylation (**F**) in the presence of different concentrations of selamariscina A in pooled human liver microsomes (XTreme 200, XenoTech). Each data point shown represent the mean ± standard error in triplicate for the samples.

### 3.2. Inhibition of UGT Enzymes Activities by Selamariscina A

The inhibitory potential of selamariscina A against uridine 5'-diphosphoglucuronosyl transferase (UGT) activity was evaluated using HLMs (Table 6). Selamariscina A inhibited UGT1A1 and UGT1A4

activity with IC50 values of 1.7 and 7.7  $\mu$ M, respectively. However, its inhibition of UGT1A1 and UGT1A4 isoforms was much weaker than that of CYP2C8 (IC50 = 0.019  $\mu$ M). The inhibitory potential of selamariscina A for UGT1A3, UGT1A6, UGT1A9, and UGT2B6 was negligible (IC50 > 40  $\mu$ M). The IC50 value of the inhibition of UGT1A1 activity by amentoflavone found in our study (1.7  $\mu$ M) is similar to its previously reported value (IC50 = 0.78  $\mu$ M) [18].

 Table 6. Inhibitory effects of selamariscina A against six uridine 5'-diphosphoglucuronosyl transferase (UGT) isoforms.

| UGT<br>Enzyme | Substrate             | IC50 (µM) <sup>a</sup> |
|---------------|-----------------------|------------------------|
| 1A1           | SN-38 *               | $1.7 \pm 0.5$          |
| 1A3           | Chenodeoxycholic acid | >50                    |
| 1A4           | Trifluoperazine       | $7.7 \pm 1.9$          |
| 1A6           | N-Acetylserotonin     | $46.1 \pm 11.7$        |
| 1A9           | Mycophenolic acid     | $40.4 \pm 11.1$        |
| 2B7           | Naloxone              | >50                    |

\* SN-38: 7-Ethyl-10-hydroxy camptothecin; <sup>a</sup> values represent the average ± standard error in triplicate.

#### 3.3. Comparison of the Selectivity of Selamariscina A and Montelukast for CYP2C8 Inhibition

Montelukast has been used to inhibit CYP2C8 in reaction-phenotyping studies [20]. We re-evaluated its inhibitory potential against the nine P450 isoforms in this study using HLMs (XTreme 200, XenoTech). Montelukast strongly inhibited CYP2C8 activity with an IC50 value of 0.52  $\mu$ M, but it showed weak inhibition on the other eight P450 enzymes (IC50 > 9.73  $\mu$ M) (Table 3). The IC50 value for the CYP2C8 isoform (IC50 =  $0.52 \mu$ M at 0.25 mg/mL microsomal protein concentration) was similar to previously reported values (IC50 =  $0.18 \mu$ M at 0.3 mg/mL microsomal protein concentration) [20]. However, montelukast showed more than 25 times weaker inhibition than selamariscina A (IC50 =  $0.019 \,\mu\text{M}$  at 0.25 mg/mL microsomal protein concentration). At 0.5  $\mu\text{M}$ selamariscina A concentration, approximately 25 times greater than the Ki value, selamariscina A was found to inhibit CYP2C8 and CYP2C9 by 92.8% and 88.6% respectively, and only slightly affected the enzyme activities of the other P450 isoforms (Figure 3). Selamariscina A at 0.5  $\mu$ M concentration inhibited none of the other P450 isoform-specific activities above 21.8% in HLMs, indicating that selamariscina A could be used as a selective CYP2C8 and CYP2C9 inhibitor in P450 phenotyping studies. Montelukast at 0.5 µM concentration, a well-known selective CYP2C8 inhibitor [20], showed moderate inhibition on CYP2C8 by 52.7% in pooled HLMs. At 5 µM concentration, montelukast inhibited CYP2C8 by 86.1% in HLMs; however, it also inhibited CYP2C9 and CYP2B6 activities by 31.0% and 20.4%, respectively in pooled HLMs. Montelukast (5 µM) showed negligible inhibition on the other six P450 isoforms. Selamariscina A could be useful as a strong CYP2C8 and CYP2C9 inhibitor in P450 reaction-phenotyping studies.



**Figure 3.** Inhibitory effects of selamariscina A ( $0.5 \ \mu$ M,  $\square$ ) and montelukast ( $0.5 \ \mu$ M,  $\blacksquare$ ;  $5 \ \mu$ M,  $\blacksquare$ ) on the enzymatic activities of nine P450 isoforms in pooled human liver microsomes ( $0.25 \ m$ g/mL, XTreme 200, XenoTech). Phenacetin ( $100 \ \mu$ M), coumarin ( $5 \ \mu$ M), bupropion ( $50 \ \mu$ M), amodiaquine ( $1 \ \mu$ M), diclofenac ( $10 \ \mu$ M), omeprazole ( $20 \ \mu$ M), dextromethorphan ( $5 \ \mu$ M), chlorzoxazone ( $50 \ \mu$ M), and midazolam ( $5 \ \mu$ M) were used as the respective substrates of P450s 1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1, and 3A. The data are means of the average ± standard error in triplicate.

#### 3.4. Evaluation of Drug Interaction Potential of Selamariscina A

It was estimated that an in vivo interaction potential via the inhibition of P450 would likely occur if the ratio of inhibitor  $C_{\text{max}}/K_i$  exceeded one and would be possible if it was between 0.1 and 1.0 [40,41]. Based on amentoflavone's maximum concentrations (0.041 and 0.063  $\mu$ M) in rat blood after a single oral dose of Selaginella doderleinii Hieron extracts (200 mg/kg; contents: 103.82 mg/g amentoflavone, 37.52 mg/g robustaflavone, 44.4 mg/g 2,"3'-dihydro-3',3"-biapigenin, 53.4 mg/g 3',3"-binaringenin, and 35.1 mg/g delicaflavone) [42] and Selaginella doderleinii Hieron extracts (600 mg/kg) [43], the respective values of  $C_{max}/K_i$  were 0.49 and 0.76 from the data of pooled HLMs ( $K_i = 0.083 \mu$ M), indicating that amentoflavone has possible drug interaction potential with CYP2C8 substrate drugs [44]. Recently, nanotechnology-based delivery systems such as liposomes have been developed for improving oral bioavailability [42]. The values of  $C_{\text{max}}$  (0.22  $\mu$ M) of amentoflavone after administration of liposome-based Selaginella doderleinii Hieron extracts (200 mg/kg) were 5.4 times higher than those of the control [42], resulting in a  $C_{max}/K_i$  value of 2.65, indicating that amentoflavone has drug interaction potential. In the case of selamariscina A, the present study provides the first published data on its pharmacokinetics in animals and humans. Therefore, it is difficult to estimate the drug interaction potential of selamariscina A for humans. However, selamariscina A might have drug interactions with CYP2C8 substrate drugs such as cerivastatin [45], paclitaxel [46], and rosiglitazone [47] because its CYP2C8 inhibitory potential was more than 4.5 times stronger than that of amentoflavone. Therefore, in vivo studies are necessary to determine whether drug interactions between selamariscina A and CYP2C8 or CYP2C9 substrates have clinical relevance.

# 4. Conclusions

In conclusion, we report that selamariscina A is a strong CYP2C8 and CYP2C9 inhibitor. When evaluated for amodiaquine *O*-deethylation and diclofenac hydroxylation inhibitory activity against CYP2C8 and CYP2C9, as well as seven other P450s, it exhibited above 50-fold selectivity. Like montelukast and sulfaphenazole, selamariscina A could be useful as a strong CYP2C8 and CYP2C9 inhibitor in P450 phenotyping studies when HLMs are the enzyme source. Additionally, selamariscina A might cause clinically relevant pharmacokinetic drug interactions with other co-administered drugs

metabolized by CYP2C8 or CYP2C9. These in vitro findings provide primary data for future in vivo animal and clinical studies on risk prediction related to the interaction of drugs with herbs.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/1999-4923/12/4/343/s1, Figure S1: Representative Lineweaver–Burk plots obtained from a kinetic study of CYP1A2-catalyzed phenacetin *O*-deethylation (A), CYP2B6-catalyzed bupropion hydroxylation (B), CYP2C8-catalyzed amodiaquine *N*-deethylation (C), CYP2C8-catalyzed rosiglitazone 5-hydroxylation (D), CYP2C9-catalyzed diclofenac 4-hydroxylation (E), and CYP3A-catalyzed midazolam 1'-hydroxylation (F) in the presence of different concentrations of selamariscina A. Each data point shown represent the mean ± standard error in triplicate samples.

**Author Contributions:** S.-Y.P. and K.-H.L. conceived and designed the experiments; S.-Y.P., P.-H.N., G.K., S.-N.J., G.-H.L., and N.M.P. performed experiments; S.-Y.P., Z.W., and K.-H.L. analyzed the data; S.-Y.P. and K.-H.L. wrote the paper. All authors have read and agreed to the published version of the manuscript.

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# Interpretation of Drug Interaction Using Systemic and Local Tissue Exposure Changes

# Young Hee Choi

Review

College of Pharmacy and Integrated Research Institute for Drug Development, Dongguk University\_Seoul, 32 Dongguk-lo, Ilsandong-gu, Goyang-si 10326, Gyeonggi-do, Korea; choiyh@dongguk.edu; Tel.: +82-31-961-5212

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**Abstract:** Systemic exposure of a drug is generally associated with its pharmacodynamic (PD) effect (e.g., efficacy and toxicity). In this regard, the change in area under the plasma concentration-time curve (AUC) of a drug, representing its systemic exposure, has been mainly considered in evaluation of drug-drug interactions (DDIs). Besides the systemic exposure, the drug concentration in the tissues has emerged as a factor to alter the PD effects. In this review, the status of systemic exposure, and/or tissue exposure changes in DDIs, were discussed based on the recent reports dealing with transporters and/or metabolic enzymes mediating DDIs. Particularly, the tissue concentration in the intestine, liver and kidney were referred to as important factors of PK-based DDIs.

Keywords: drug interaction; pharmacokinetics; tissue-specific; systemic exposure

# 1. Introduction

Drug-drug interactions (DDIs) are described as the pharmacokinetic (PK) or pharmacodynamic (PD) influence of a perpetrator drug on a victim drug, resulting in an unexpected effect. In practice, DDIs have gained much attention due to their changes of pharmacologic effects (i.e., the loss of efficacy or unintentional toxicity) [1]. The importance of DDIs is well-recognized by the fact that mismanaged DDIs constitute one of the major causes of drug withdrawal from the market (e.g., mibefradil, terfenadine, and cisapride) [2–4]. Numerous drug withdrawal cases, as well as serious side-effects caused by DDIs, including PK-based interactions, can be the result of accompanying clinically relevant PD interactions [1–4]. The DDIs that can change PK profiles involve: (1) Gastrointestinal absorption, (2) protein binding in plasma and/or tissue, (3) carrier-mediated transport across plasma membranes (e.g., hepatic or renal uptake and biliary or urinary secretion), and (4) metabolism. PD interactions, such as acting an agonist or antagonist at the receptor may also increase or decrease the effects of a drug [5].

Since the drug concentration at the target site drives its efficacy and toxicity [6], accurate measurement or prediction of drug concentrations at the target sites is necessary to evaluate DDIs [7–11]. Generally, it is assumed that the plasma drug concentration reflects its concentration in tissue, and drug concentrations in plasma and tissue are mostly thought to be similar. The direct measurement of drug concentration in tissue is practically limited, and the plasma drug concentration has been used as a surrogate for drug concentrations in tissue for PK-PD investigations [11–13]. Among possibly changed PK profiles in DDIs, transporter- and/or metabolic enzyme-mediated alteration of plasma concentrations [12,13]. Of course, plasma drug concentrations do not always reflect tissue concentrations [6,14–17], and moreover, a closer correlation of tissue concentration, not plasma concentration, with PD effects of drugs has emerged (e.g., an increased hepatic concentration of metformin is closely associated with a reduction of its lipid-lowering effect [20,21]).

Owing to the accumulation of scientific knowledge for understanding PK-related mechanisms of DDIs and awareness of DDIs, it has become a key issue when assessing DDIs to determine how a victim drug concentration changes at the target (pharmacological action) sites or in the whole body [22–24]. Regulatory agencies, such as the United States Food and Drug Administration (FDA) and European Medicines Agency (EMA) have published guidance for drug interaction studies, and they recommend that evaluation of PK-based DDIs be conducted for drugs under development and on the market [22,23]. As a result, detailed information about DDIs via metabolic enzymes and transporters have become available at the time of market approval. Nevertheless, the clinically relevant DDIs, leading to the loss of efficacy or advent of toxicity, have been increasing because polypharmacotherapy is becoming progressively more common. In addition, the underlying mechanisms of DDIs have been variously interpreted, which makes it difficult to explain a correlation of PK and PD changes in DDIs, as well as to predict their clinical relevance [25–29]. In other words, if the alteration of a PD effect is negligible even through a PK change of a victim drug was observed later, the DDI would be ignored at the time. In some cases, if the PK and PD changes of a victim drug are not related, it is likely that the critical underlying mechanism, that triggers a PK change of a victim drug, is mainly associated with a PD effect has not been investigated [25].

Considering that drug concentrations in plasma and tissue are important parameters to investigate DDIs in aspects of PK, as well as PD, we summarized how transporters or metabolic enzymes are involved in the changes of systemic exposure (represented by an area under the plasma concentration versus time curve (AUC)) and/or local tissue concentration of a victim drug in PK-based DDIs.

#### 2. Transporter and/or Metabolic Enzymes as Main Determinant Factors in PK-Based DDIs

The individual chemical properties of a victim drug or a perpetrator drug (i.e., molecular size, lipophilicity, ionization, and binding affinity, etc.) can determine its own PK characteristics and affect the PK change of counterpart individual drugs in DDIs [30–32]. In addition to the physicochemical properties of drugs, other factors determine the drug concentrations in plasma and tissue, like regulation of inward or outward flow of a drug into blood vessels or tissues by passive diffusion and/or transporters, metabolism by phase I and phase II metabolic enzymes, and/or transporter-mediated excretion (e.g., renal or biliary excretion) [25,33,34]. First of all, a perpetrator drug can affect transporter-mediated uptake and/or efflux of a victim drug across cell membranes of tissues, as well as its excretion from the tissue (e.g., to the blood or outside of the body). Also, a perpetrator drug is able to induce or inhibit metabolic enzymes and consequently change the enzyme-mediated elimination of a victim drug [25,35–37]. A transporter-mediated metabolite and/or parent form of a victim drug excretion can be altered by a perpetrator drug as well in DDIs. In other words, the interplay of transporters and metabolic enzymes in enterocytes, hepatocytes, and renal proximal tubules is shown in Figure 1, and their effects on systemic exposure and/or tissue concentration of a victim drug have been increasingly reported [25,33,34,38].

The functions of transporters are to uptake drugs into cells and to export drugs or drug metabolites from the cells. Each transporter has specific expression pattern in individual tissues. In particular, transporters expressed in the small intestine, liver, and kidneys are important for drug disposition and DDIs [39–42]. We summarized the possible transporters in the human intestine, liver, and kidneys that are able to cause clinically relevant DDIs in Table 1. Considering the absorption, distribution, metabolism and excretion (ADME) process of a drug, efflux transporters such as P-glycoprotein (P-gp; gene symbol ABCB1), the multidrug resistance protein 2 (MRP2; gene symbol ABCC2), and the breast cancer resistance protein (BCRP; gene symbol ABCG2) are localized to the apical membrane of enterocytes (Figure 1A), thereby regulating the bioavailability of orally administered substrate drugs. The concomitantly administered perpetrator drugs inhibited these efflux transporters, resulting in an increase in the bioavailability of the victim drug. In contrast, the bioavailability of the drug was reduced when these efflux transporters were induced by perpetrator drugs. After the absorbed drugs pass through the portal vein and reach the basolateral (i.e., sinusoidal) membrane of hepatocytes (Figure 1B),

uptake transporters in the basolateral membrane of hepatocytes mediate the drugs into hepatocytes as the most important site of drug metabolism. For example, organic anion-transporting polypeptides (OATPs) such as OATP1B1 (gene symbol SLCO1B1) and organic cation transporters (OCTs), such as OCT1 (gene symbol SLC22A1), mediate the transport of organic anions and organic cations, respectively. After which efflux transporters localized in the canalicular membrane of hepatocytes [(e.g., P-gp, BCRP, multidrug and toxin extrusion protein 1 (MATE1, gene symbol SLC47A1), multidrug resistance protein 2 (MRP2), and bile salt export pump (BSEP, gene symbol ABCB11)] mediate drug transport into the bile [34,43]. In hepatocytes, the drugs can be metabolized by phase I or phase II metabolic enzymes, and some of them are transported into bile [34,43]. Sometimes, for a small proportion, the efflux of the drug or metabolites across the basolateral membrane into can occur [34].

Drug transporters also play a major role in drug secretion from the renal proximal tubular cells into the urine (Figure 1C). Transporter-mediated uptake across the basolateral membrane of the proximal tubular cells and efflux across the luminal membrane mainly coordinate the renal secretion of a drug, which affects the drug concentration in the blood and kidneys. For the secretion of organic cation drugs, OCT2 (gene symbol SLC22A2), localized in the basolateral membrane uptakes the drug and subsequently, MATE1 and MATE2-K (gene symbol SLC47A2), localized in the luminal membrane, efflux the drug in the proximal tubular cells. Similarly, the uptake and efflux transporters for organic anions are also expressed in the kidney. Alternation of these processes by a concomitantly administered drug leads to reduced or increased renal clearance of the victim drug [43].

After uptake of a victim drug into the tissue, metabolic pathways are involved in PK-based DDIs as an elimination pathway. Cytochrome P450s (CYPs) and UDP-glucuronosyltransferases (UGTs) are the primary metabolic enzymes in phase I and phase II metabolism, as shown in Figure 1 [44,45]. CYP enzymes play a major role in drug elimination through oxidation, reduction, and hydroxylation. They are mainly present on the smooth endoplasmic reticulum and mitochondria of the hepatocytes and small intestinal epithelia, and to a lesser extent in the proximal tubules of the kidneys [46]. Their by-products of metabolism known as metabolites can be either, pharmacologically active or inactive [47]. Among the CYP enzymes in the human liver, CYP3A4 is the most abundant, followed by CYP2E1 and CYP2C9, representing approximately 22.1%, 15.3%, and 14.6% of the total CYP450s (based on protein content), respectively [48], among which the highly expressed CYP isoforms show high potential to cause metabolic DDIs. In addition, drugs or metabolites formed from phase I metabolism are conjugated with a hydrophilic compound with the help of transferase enzymes during the process of phase II metabolism. The most common phase II drug-metabolizing enzymes are UGTs, sulfotransferases (SULTs), N-acetyltransferases (NATs), glutathione S-transferases (GSTs), thiopurine S-methyltransferase (TPMT), and catechol O-methyltransferase (COMT), and glucuronidation by UGTs have been reported as major phase II enzyme-mediated DDIs [5,49]. Glucuronide conjugated products are mostly hydrophilic and are readily excreted from the body, mainly through efflux transporters in the liver, intestines, and kidneys (e.g., biliary excretion and renal excretion) [5,49,50]. UGTs are normally highly expressed in the liver and intestine, and their substrates are relatively more overlapping with each other compared to substrate for CYPs. Especially, UGT1A1, 1A3, 1A9, 2A1, or 2B7-mediated DDIs have commonly occurred. These pathways, including interplay of metabolic enzymes and transporters during the ADME of drugs, and any alterations of them may result in changes in the PK and PD of a victim drug [5,45].

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Figure 1. Representative transporters and metabolic enzymes in enterocytes (A), hepatocytes (B) and renal proximal renal tubules (C), which are possibly involved in DDIs.

| Protein     | Location  | Direction | Ref.      |
|-------------|---|-----------|-----------|
|             | Apical membrane in enterocyte                               | efflux    |           |
| P-gp (MDR1) | Canalicular membrane in hepatocyte                          | efflux    | [43,51]   |
| -           | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux    | _         |
| MDR3        | Canalicular membrane in hepatocyte                          | efflux    | [43]      |
| BSEP        | Canalicular membrane in hepatocyte                          | efflux    | [43]      |
|             | Apical membrane in enterocyte                               | efflux    |           |
| BCRP        | Canalicular membrane in hepatocyte                          | efflux    | - [43]    |
| -           | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux    | -         |
| MRP1        | Basolateral membrane in renal proximal tubule cell          | efflux    |           |
|             | Apical membrane in enterocyte                               | efflux    | -         |
| MRP2        | Canalicular membrane in hepatocyte                          | efflux    | -         |
| -           | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux    | [6,43]    |
|             | Basolateral membrane in enterocyte                          | uptake    | _         |
| MRP3        | Basolateral membrane in hepatocyte                          | efflux    | _         |
| -           | Basolateral membrane in renal proximal tubule cell          | efflux    | _         |
| MRP4        | Basolateral membrane in hepatocyte                          | efflux    | [38,43]   |
| WING 4      | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux    | _ [00,10] |
| MRP5,6      | Basolateral membrane in hepatocyte                          | efflux    | [43]      |
| OATP1B1     | Basolateral membrane in enterocyte                          | uptake    |           |
| 0/11/10/    | Basolateral membrane in hepatocyte                          | uptake    | [43 52]   |
| OATP1B3     | Basolateral membrane in enterocyte                          | uptake    | - [10,04] |
| 0/11/100    | Basolateral membrane in hepatocyte                          | uptake    | _         |

| Table 1. | Characteristics of | f transporters | mediating tl | he occurrence of | of clinically | relevant D | DIs. |
|----------|--------------------|----------------|--------------|------------------|---------------|------------|------|
|----------|--------------------|----------------|--------------|------------------|---------------|------------|------|

| Protein  | Location  | Direction                  | Ref.             |
|----------|---|----------------------------|------------------|
| OATP2B1  | Basolateral membrane in enterocyte                          | uptake                     | [43,53]          |
| 01111201 | Basolateral membrane in hepatocyte                          | uptake                     | [/]              |
| OAT1     | Basolateral membrane in renal proximal tubule cell          | uptake                     | [43]             |
| OAT2     | Basolateral membrane in hepatocyte                          | uptake                     | [38,43]          |
| 0/112    | Basolateral membrane in renal proximal tubule cell          | uptake                     | [00/10]          |
| OAT3     | Basolateral membrane in renal proximal tubule cell          | uptake                     | [43]             |
| OAT4     | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux/uptake <sup>2</sup> | . [10]           |
| OCT1     | Basolateral membrane in enterocyte                          | uptake                     |                  |
| 0011     | Basolateral membrane in hepatocyte                          | uptake                     | -                |
| OCT2     | Basolateral membrane in renal proximal tubule cell          | uptake                     | [43 54_56]       |
|          | Basolateral membrane in enterocyte                          | uptake                     | - [+0,04-00]     |
| OCT3     | Canalicular membrane in hepatocyte                          | efflux/uptake              | -                |
|          | Basolateral membrane in renal proximal tubule cell          | uptake                     | -                |
| MATE1    | Canalicular membrane in hepatocyte                          | efflux/uptake              |                  |
|          | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux/uptake <sup>2</sup> | [43,51]          |
| MATE2-K  | <sup>1</sup> Luminal membrane in renal proximal tubule cell | efflux/uptake <sup>2</sup> | -                |
| PEPT1    | Apical membrane in enterocyte                               | uptake                     |                  |
| 1 11 11  | <sup>1</sup> Luminal membrane in renal proximal tubule cell | uptake <sup>2</sup>        | [43 <i>,</i> 57] |
| PEPT2    | <sup>1</sup> Luminal membrane in renal proximal tubule cell | uptake <sup>2</sup>        | -                |

Table 1. Cont.

 $^1$  Luminal membrane means apical membrane.  $^2$  Uptake in apical membrane in kidneys represents a reabsorption pathway.

# 3. Effects of Transporter- or Metabolic Enzyme Mediated Changes of Systemic Exposure and/or Local Tissue Concentration on PD Effects

Regarding the effects of PK profile changes on DDIs, it is important to consider which PK parameters (or concepts) are primarily or closely associated with PD effects in DDIs [1]. The accurate measurement or prediction of the unbound (free) drug concentration at the target site is essential for evaluating DDIs [6,8–11]. When considering the protein binding of a drug, it is assumed that only free drugs, not bound to proteins and lipids in the blood and tissues, are metabolized and distributed to target sites where the free drugs exert their pharmacological effects [9,10,58,59]. Protein binding is possibly able to impact PK and PD, driven by the changes of free drug concentrations [58,59]. However, it has been generally accepted that the protein binding change of a victim drug shows little clinical significance in the majority of DDIs cases [58,60].

In the following section, we describe the effects of transporter- and/or metabolic enzymes-mediated DDIs, resulting in changes in systemic exposure or local tissue concentration of a victim drug, which affect PD effects. In particular, since transporters and metabolic enzymes are determinant factors causing DDIs, they are differently expressed and variously interplay together in individual tissues. Therefore, it is difficult to generally explain the systemic exposure and tissue concentration changes with PD effects in accordance with the change (e.g., inhibition or induction) of transporters or metabolic enzymes. Thus, we focused on the change of systemic exposure or tissue concentration in the liver and kidneys of a victim drug along with how their changes affect the PD effects. Several examples are presented in Table 2.

As a major site of drug absorption, the changes in transporters in the apical and basolateral membranes, as well as the metabolic enzymes of enterocytes determine the final amount of drug absorbed into systemic circulation [54,57]. An increase of drug absorption happens due to a drug influx

from the intestinal lumen into enterocytes, by an increase of influx transporter or a decrease of efflux transport in the apical membrane, a decrease of drug metabolism in enterocytes, or an increase of drug efflux from enterocytes to blood by an increase of transporter in the basolateral membrane [37,54,57]. Recently, drug catalysis by gut microbiota has emerged as one pathway to regulate drug absorption [61]. A change in drug absorption affects the systemic exposure and intestinal concentration of a drug, and they are generally similar in most cases. In particular, the changed intestinal concentration of a drug can drive the alterations of efficacy and toxicity that occur in the intestine [61,62].

In the liver, the changed final hepatic clearance of a victim drug affects its systemic and local tissue exposure depending on the contribution of the transporter and metabolic enzyme-mediated pathways (i.e., uptake or efflux of a victim drug across the basolateral membrane of hepatocyte, hepatic metabolism, and biliary excretion). There are two major cases. One is that the metabolic plus biliary efflux clearance is a determinant step in drug elimination, so the basolateral uptake becomes the rate-determining step in the hepatic clearance of the drug. In other words, the hepatic clearance is driven mainly by uptake clearance. The inhibition of uptake transporter in the basolateral membrane will increase plasma drug concentrations and systemic exposure of a victim drug, but will not significantly impact the liver AUC of a drug. This may be due to the victim drug being mainly eliminated by the liver [6], and the alteration of basolateral uptake into hepatocytes is the main factor behind the change in the plasma concentration of a victim drug.

The second is that the inhibition of metabolic enzymes or biliary efflux transporters can increase the liver AUC of a victim drug while minimally impacting its plasma AUC [63,64], which may be due to the elimination pathway after uptake into hepatocytes being a determinant factor for final hepatic clearance. In these examples, the changes of plasma and liver concentrations of the drug are not symmetric directions. This asymmetry may lead to misinterpretations of the plasma concentration and/or tissue concentration (e.g., the liver) of a victim drug in DDIs, and in particular, this issue is important to explain the association of PK and PD changes in DDIs [6].

In the kidneys, the alteration of systemic exposure (or plasma concentrations) of victim drugs in renal transporter-mediated DDIs is comparatively moderate compared with those in intestinal or hepatic-transporter mediated DDIs. However, a change in renal clearance of drugs that are mainly eliminated via renal routes can substantially affect the systemic levels of victim drugs, and sometimes these changes are related to efficacy and/or toxicity changes [38,54,65]. Moreover, if the kidneys are the pharmacological target site, a drug concentration change of a victim drug in the kidneys is a critical factor regulating the drug efficacy [66–69]. From here, we have divided the next section into three subsections as follows: (1) Systemic exposure change of a victim drug having a major PD effect; (2) tissue concentration changes of a victim drug having a major PD effect; and (3) additional factors affecting PD effects along with changes in systemic exposure or tissue concentration of a victim drug.

| Victim Drug                                  | Perpetrator Drug                          | Underlying Mechanism <sup>1</sup>  | PK Change of a Victim Drug                                       | PD Change of a Victim Drug  | Ref.         |
|--|---|--|--|---|--------------|
| Apixaban                                     | Ketoconazole                              | (-) P-gp in enterocyte   | AUC  | ADR↑ (bleeding risk)  | [70]         |
| Dabigatran                                   | Rifampin                                  | (+) P-gp in enterocyte   | AUCĮ   | TR ↔ safety ↔   | [71]         |
| Digoxin                                      | Rifampin                                  | (+) P-gp in enterocyte   | AUC  | TRL   | [72]         |
| Loperamide                                   | Quinidine                                 | (-) P-gp in enterocyte or brain  | AUCÎ   | ADRf(respiratory depression) by<br>P-gp inhibition in brain (not<br>enterocyte) | [73]         |
| Rosuvastatin                                 | Eltrombopag,<br>Fostamatinib              | (-) BCRP in enterocyte   | AUC  | ADR↑ (myopathy), TR↑  | [43,74,75]   |
| Clopidogrel                                  | Aspirin                                   | <ul><li>(+) P-gp in enterocyte</li><li>(+) CYP2C9 in hepatocyte</li></ul>                      | AUCJ, FJ,<br>H4 (active metabolite)↑                             | Platelet inhibition effect ↔  | [29]         |
| Digoxin                                      | Clarithromycin                            | <ul> <li>(-) P-gp in enterocyte</li> <li>(-) CYP2D6 or 3A4 inhibition in hepatocyte</li> </ul> | AUC↑, CLJ, CL <sub>R</sub> ↓ (by non-glomerular renal clearance) | ADR↑ (digoxin toxicity)   | [76]         |
| Atorvastatin                                 | Cyclosporine                              | <ul> <li>(-) OATP1B1, 1B3, 2B1 in hepatocyte</li> <li>(-) CYP3A in hepatocyte</li> </ul>       | AUC1, hepatic uptake   | Muscle-related toxicity <sup>↑</sup>  | [1,43,77,78] |
|  | Itraconazole                              | (-) CYP3A in hepatocyte  | AUC↑, hepatic uptake∺  | ,   | [62,79,80]   |
| Bosentan                                     | Clarithromycin                            | (-) OATP1B1, 1B3 in hepatocyte   | AUCT   | ADR↑<br>(cholestatic liver injury)  | [81,82]      |
| Pitavastatin                                 | Cyclosporine,<br>rifampin                 | (–) OATP1B1, 1B3, 2B1 in hepatocyte  | AUCT   | ADR↑  | [83,84]      |
| Atrovastatin,<br>simvastatin                 | Itraconazole,<br>mibefradil,<br>verapamil | (-) CYP3A4 in hepatocyte   | AUC1, C <sub>max</sub> 1   | ADR† (myopathy, fatal<br>rhadomyolysis)   | [85]         |
| Atrovastatin,<br>pravastatin,<br>simvastatin | Clarithromycin                            | <ul> <li>(-) OATP1B1, 1B3, 2B1 in hepatocyte</li> <li>(-) CYP3A4 in hepatocyte</li> </ul>      | AUC1, C <sub>max</sub> 1   | ADR↑ (myopathy, fatal<br>rhadomyolysis)   | [85]         |

Table 2. Examples of transporter- or metabolic enzyme-mediated DDIs.

| Victim Drug      | Perpetrator Drug                  | Underlying Mechanism <sup>1</sup>  | PK Change of a Victim Drug  | PD Change of a Victim Drug   | Ref.              |
|------------------|-----------------------------------|--|---|--|-------------------|
| Rosuvastatin     | Cyclosporine                      | (–) OATP1B1, 1B3, 2B1 in hepatocyte  | AUC $\uparrow$ , hepatic cons <sup>2</sup> $\vdash$                     | ADR↑   | [86,87]           |
|                  | Gemfibrozil                       | (-) OATP2B1 in hepatocyte  | AUC1, hepatic cons <sup>2</sup> H                                       | ADR↑   | [87,88]           |
| Simvastatin      | Cyclosporine                      | <ul><li>(-) OATP1B1 in hepatocyte</li><li>(-) CYP3A4 in hepatocyte</li></ul>                                 | AUC1  | ADR↑ (myopathy)  | [43]              |
| Adefovir         | Probenecid                        | (-) OAT1 in proximal tubule cell   | AUC1, CL <sub>R</sub> 1   | ADR↑ (nephrotoxicity)  | [43,89]           |
| Benzylpenicillin | Probenecid                        | (-) OAT3 in proximal tubule cell   | AUC1, CL <sub>R</sub> 1   | ADR↑   | [68]              |
| Digoxin          | Quinidine                         | <ul> <li>(-) CYP2D6 or 3A4 inhibition in<br/>hepatocyte</li> <li>(-) P-gp in proximal tubule cell</li> </ul> | AUC↑, CL↓, CL <sub>NR</sub> ↓, CL <sub>R</sub> ↓                        | ADR↑ (digoxin toxicity)  | [83,90]           |
| Lamivudine       | Trimethoprim<br>/sulfamethoxazole | (-) OCT2, MATE1, MATE2-K in<br>proximal tubule cell  | AUC1, CL <sub>R</sub> J   | ADR↑ (hepatotoxicity)  | [91,92]           |
|                  | Trimethoprim                      | (–) OCT2, MATE1 in proximal tubule<br>cell   | C <sub>max</sub> ↑, AUC↑, CL/F↓, CL <sub>R</sub> ↓                      | ADR↑ (plasma lactatef, lactic<br>acidosis especially in renal<br>dysfunction patients) | [93]              |
| Metformin        |                                   | (-) OCT2, MATE1, MATE2-K in<br>proximal tubule cell  | $C_{max}\uparrow$ , AUC $\uparrow$ , $CL_R\downarrow$                   | ADR↑ (plasma lactate↑, lactic acidosis)  | [94]              |
|                  | Dolutegravir                      | (-) OCT2 in proximal tubule cell   | C <sub>max</sub> ↑, AUC↑  | ADR↑ (plasma lactate↑, lactic<br>acidosis)   | [95]              |
| Pravastatin      | Paroxetine                        | <ul> <li>(-) Mrp2 in enterocyte;</li> <li>(-) Oatp2 in enterocyte/hepatocyte</li> </ul>                      | Intestinal absorption1, AUC1, hepatic cons1                             | Lipid-lowing effect \  | [20,21,96]        |
| Atorvastatin     | Rifampin                          | (-) OATPs in hepatocyte  | AUC1, hepatic uptake↓   | Lipid-lowing effect\   | [52,53,79,<br>97] |
| Atorvastatin     | Metformin                         | (-) MRP2 in hepatocyte   | Biliary excretion<br>L, hepatic cons $^2 \uparrow$                      | Lipid-lowing effect↑   | [98]              |
| Metformin        | Rifampin                          | (+) mRNA of OCT1 in blood cells  | AUC $\uparrow$ (probable hepatic cons <sup>2</sup> $\uparrow$ )         | Glucose-lowering effect↑   | [19]              |
| Metformin        | Lonicera japonica<br>extract      | (–) MATE1 in hepatocyte  | AUC $\stackrel{\square}{\dashv}$ , hepatic cons <sup>2</sup> $\uparrow$ | Glucose tolerance effect↑  | [67]              |

Table 2. Cont.

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| Victim Drug                           | Perpetrator Drug              | Underlying Mechanism <sup>1</sup>  | PK Change of a Victim Drug  | PD Change of a Victim Drug                              | Ref.                   |
|---------------------------------------|-------------------------------|--|---|---|------------------------|
| Metformin                             | Nuciferine                    | (-) OCT1 and MATE1 in hepatocyte   | Hepatic cons $^2\downarrow$   | Glucose-lowering effect\                                | [66]                   |
| Rosuvastatin                          | Rifampin                      | (-) OATP1B1, 1B3, 2B1 in hepatocyte  | AUCf, hepatic cons <sup>2</sup> J, renal cons <sup>2</sup> J, hepatic biliary excretion | ADR↑  | [87]                   |
| Metformin                             | Houttuynia cordata<br>extract | <ul> <li>(-) MATE1 in hepatocyte</li> <li>(-) OCT2 in proximal tubule cell</li> </ul>            | AUC1, $CL_R\downarrow$ , hepatic cons <sup>2</sup> $\uparrow$                           | Glucose tolerance effect↑                               | [99]                   |
| Metformin                             | Cimetidine                    | <ul> <li>(-) MATE1 in hepatocyte;</li> <li>(-) MATE1, MATE2-K in proximal tubule cell</li> </ul> | AUC1, hepatic cons $^2 \eta$ , (biliary excretion4), renal cons $^2 \eta$ , $CL_R J$    | Glucose-lowering effect↑                                | [51,55,56,<br>100,101] |
| Metformin                             | Pyrimethamine                 | <ul><li>(-) MATE1 in hepatocyte;</li><li>(-) MATE1 in proximal renal tubule</li></ul>            | AUC1, $C_{max}$ 1, $CL_{R}$ L, $CL_{CR}$ L, $S_{CR}^{3}$ 1, hepatic cons <sup>2</sup> 1 | Glucose lowering effect↑                                | [101-103]              |
| The DDI cases me<br>creatinine level. | ntioned in the main text      | is marked by bold style. $^{1}$ (–) and (+) presen   | t inhibition and induction, respectively. <sup>2</sup>                                  | Cons refers to concentration. $^3$ S <sub>CR</sub> refe | fers to a serum        |

Table 2. Cont.

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### 3.1. Changed Systemic Exposure of a Victim Drug Affecting the PD Effect

First of all, it is necessary to clarify the relevance of plasma drug concentration and plasma AUC when assessing DDIs. A plasma AUC alteration implies that the systemic exposure of a victim drug is changed by a perpetrator drug in DDIs, which does not consider the exact time point. Since the AUC is an integrated value from the plasma drug concentration-time curve, the AUC change is not identical to plasma drug concentration changes at all sampling points. If the plasma drug concentration at the specific time points affect PD effects, the plasma drug concentration with the sampling time point or periods should be mentioned to prevent confusion of plasma drug concentrations for plasma AUC. For example, C<sub>max</sub>, the highest plasma drug concentration that is generally related to toxicity, has been used to evaluate or predict a risk of toxicity change in DDIs [24]. Assuming that plasma drug concentrations reflect the efficacy or toxicity of a drug, the systemic exposure based on plasma AUC from time zero to last sampling time (or time infinity) is used as a proper parameter in the evaluation of DDIs by numerous investigators and regulatory regencies (e.g., FDA and EMA) [22-24]. The systemic exposure change based on plasma AUC is considered to trigger the drug efficacy or toxicity, and especially, the systemic exposure reflects the duration of drug efficacy: The higher plasma AUC results in a stronger efficacy and/or toxicity [24,25,38]. Of course, there may be an exception, such as onset time or duration time in drug efficacy not being reflected by systemic exposure of a drug (e.g., decreased plasma AUC of clopidogrel is not related to a reduction in anti-coagulant activity; [29]), which is described later in detail.

According to the guidelines for DDI studies suggested by FDA and EMA, the AUC ratio for a victim drug in the presence and absence of a perpetrator drug (AUC<sub>in the presence of a perpetrator/AUC<sub>in the absence of a perpetrator</sub>) > 5 is determined as a strong PK-based DDI occurrence, because a perpetrator drug may inhibit transporter- or metabolic enzyme-mediated clearance of a victim drug. The AUC ratio for a victim drug in the presence and absence of a perpetrator drug <0.5 is also considered, because a perpetrator drug acts as a strong inducer for transporter- or metabolic enzyme-mediated elimination. Both these strong DDI cases are recommended to be labelled as a victim drug [4,24]. Moreover, the plasma AUC represents systemic exposure of a victim drug, and is used as a critical parameter to adjust dosage regimens to clinical levels. Since the contribution of transporters and metabolic enzymes in the occurrence and/or severity of DDIs is different depending on the individual drug combinations, and because there is a pronounced inter-individual variability in the magnitude of the perpetrator effect, it is hard to predict the DDIs and it is necessary to evaluate them case-by-case.</sub>

There are several examples where the systemic exposure of a victim drug affects its pharmacological activity. For example, atorvastatin, a permeable drug (log  $D_{7.4} = 1.53$ ), is a substrate of the OATP transporter (e.g., OATP1B1, 1B3, and 2B1) and is eliminated primarily by hepatic CYP3A metabolism [52,77,78,97]. In a case of atorvastatin co-administered with cyclosporine as a strong OATP inhibitor and moderate CYP3A inhibitor, a 5- to 16-fold increase of plasma AUC of atorvastatin occurs, and a reduction of the atorvastatin dose is clinically recommended, due to an increased rate of muscle-related toxicity, such as myopathy and rhabdomyolysis [1,43,77,78]. Additional DDI studies of atorvastatin are useful for understanding the underlying mechanism of the AUC change of atorvastatin along with the occurrence of toxicity. Co-administered rifampin, an OATP inhibitor, leads to an increase of plasma AUC of atorvastatin, but co-administered itraconazole, a CYP3A inhibitor, does not cause any change of the plasma AUC of atorvastatin. This result suggests that hepatic uptake of atorvastatin via OATPs is the rate-determining step for the hepatic clearance of atorvastatin [62,79,80], and that the plasma concentration of atorvastatin does not reflect its liver concentration [53]. Although the relationship between an increase of atorvastatin AUC in plasma and its pharmacological activity (e.g., cholesterol lowering activity or toxicity) was not mentioned in this example, it is a good example of the contribution of transporter and metabolic enzymes to changes in plasma profiles of a victim drug that do not affect its tissue concentration (e.g., liver) in DDIs.

Co-administration of cimetidine, a MATE1 and OCT2 inhibitor [51,55,56,100,101], with metformin increases systemic exposure of metformin due to the reduction of renal clearance of metformin via inhibited tubular secretion. The effect of cimetidine on the renal excretion of metformin is time-dependent. In other words, cimetidine inhibited metformin renal secretion up to 6 h after cimetidine co-administration, accompanied by an increased blood lactate/pyruvate ratio from 4 h after cimetidine co-administration and reduced creatinine clearance as a dose and concentration-dependent adverse effect of metformin [100]. This is an example of the increased systemic exposure reflecting a toxicity risk of a victim drug in DDIs.

# 3.2. Changed Local Tissue Concentration of a Victim Drug Affecting the PD Effect

In contrast to the numerous DDIs evaluated by the changes of systemic exposure (i.e., plasma drug concentrations), there are also DDIs that show pharmacological action changes caused by the tissue concentration of a victim drug [53,62,98]. In vivo drug concentration at a target site triggering a PD effect is compared to in vitro efficient concentration, which has been used to explain PK-PD correlations of a victim drug in DDIs [66,98]. In vivo tissue concentration/in vitro half-maximal inhibitory concentration for inhibiting transporter or metabolic enzymes ([I]/IC<sub>50</sub>) or in vivo tissue concentration/in vitro inhibition constant for transporter-or metabolic enzyme ([I]/K<sub>i</sub>) of a perpetrator drug are used to investigate whether the tissue concentration of a victim drug. When the ratio of IC<sub>50</sub>/K<sub>i</sub> is over 2, the inhibitory interaction of a perpetrator drug to a victim drug can sufficiently happen in vivo in tissue [104,105]. Especially, if there is a tissue lag time relative to peak plasma concentration, the duration of drug efficacy or toxicity should also be considered [6,106,107].

After a drug is absorbed into blood and delivered to the tissue, the drug concentration in the tissue is the sum of the net membrane permeation by influx and efflux across the membrane and the intrinsic clearance by metabolism and/or excretion (e.g., biliary excretion in the liver and renal excretion in the kidneys) [33,34,108,109]. Although membrane permeation and intrinsic clearance are variable in individual tissues, drug influx consists of transporter-mediated uptake and passive diffusion from blood to tissue, as well as transporter-mediated active efflux. After the sum of membrane permeation, a drug is exposed to metabolic enzymes and/or excretion pathways within the localized tissue, which determines the drug concentration in the tissue, as well as the plasma drug concentration as systemic exposure of a drug.

When specific tissues are the pharmacological target sites to show drug efficacy and/or toxicity, drug concentration changes in these tissues strongly affect the PD changes in DDIs. The tissue concentration of a victim drug does not necessarily change in parallel to plasma AUC of a victim drug. Thus, it is necessary to choose a tissue to evaluate DDIs based on the pharmacological mechanism and major organ regulating drug disposition. The liver and/or kidneys are frequently involved in drug disposition pathways, but the pharmacological target organs absolutely depend on the individual drugs used. Time-dependent changes of drug concentrations in tissues also need to be considered, especially when onset or duration time is an important factor for drug efficacy [38].

There are several cases showing no change of AUC of a victim drug, even though there is a change of tissue drug concentration, which has been named a silent interaction [63,98]. In the case of atorvastatin with metformin co-administration as a silent interaction, co-administered metformin reduces the biliary excretion of atorvastatin by MRP2 inhibition, increasing the atorvastatin concentration in the liver without changes in total clearance or systemic exposure of atorvastatin [98]. Shin et al. [98] concluded that the increased atorvastatin concentration in the liver might consequently improve the lipid-lowering effect of atorvastatin as in similar DDI studies of statins and metformin [110,111].

In the case of rosuvastatin, the inhibition of OATP uptake by rifampin leads to an increase of blood AUC of rosuvastatin without any significant change to the hepatic AUC of rosuvastatin in rats [87]. Similarly, PBPK analysis of rosuvastatin in humans illustrated that the predicted liver concentrations of rosuvastatin are not significantly impacted. Moreover, the OATP1B1 polymorphism affects the plasma

concentrations of rosuvastatin without affecting its PD response [112]. These cases demonstrate that the plasma exposure changes do not reflect liver exposure changes without any relevant PD effects. This is because the rate-determining step in the hepatic clearance of rosuvastatin is uptake clearance via OATPs, even though rosuvastatin is also excreted into bile via MRP2/BCRP [74,75,86–88,112].

The case of metformin, an anti-diabetic agent, is an interesting example. Due to metformin's high pKa (most portions are positively charged at pH 7.4) and its negative logP value, the passive diffusion of metformin through cellular membranes is minor. Therefore, transporters are pivotal for metformin permeation through cellular membranes. In the intestine, apical OCT3 and basolateral OCT1 primarily mediate metformin absorption. In the liver, basolateral OCT1 and OCT3 uptake metformin from the sinusoidal blood into hepatocytes, whereas apical MATE1 is thought to efflux metformin into the bile. In renal proximal tubule cells, OCT2, MATE1, and MATE2-K are essential for the renal tubular secretory system of metformin [56]. The pharmacological action site of metformin is the liver, but renal excretion as an unchanged form, is the main elimination route of metformin, which primarily contributes to determining the systemic exposure of metformin along with intestinal absorption. Metformin disposition changes, such as in plasma and tissue concentration with relevant pharmacological effect alterations is determined by OCT and MATE mediated metformin transport. This has been proven based on studies conducted of metformin administration to patients with OCTs and MATEs genetic polymorphisms, as well as OCTs and MATEs knock-out mice [101,113–115]. With regards to DDIs of metformin, Cho et al. [19] reported that rifampin significantly enhanced the glucose-lowering action of metformin (54.5% of AUC<sub>glucose</sub> with P = 0.020) due to the increased mRNA level of OCT1 by rifampin probably enhancing hepatic uptake of metformin. Conversely, co-administration of an OCT1 inhibitor, verapamil, with metformin decreased the glucose-lowering effect of metformin without increases of systemic exposure of metformin in healthy participants [18]. In mice, co-infusion of cimetidine increases metformin concentrations in the liver and kidneys, due to the inhibition of mMate1-mediated metformin export to biliary excretion and renal excretion, respectively [51,55,56], suggesting that cimetidine exerts MATE1 inhibition-mediated interaction with metformin. In another mouse study, co-administration of metformin with pyrimethamine, a MATE inhibitor, also resulted in a ~2.5-fold increase in liver AUC of metformin compared with controls (i.e., metformin alone administration [101,102,114,115]). These examples indicate that the inhibition or induction of transporters primarily mediating drug disposition to pharmacological target tissue has a strong potential to alter the efficacy of the drug, regardless of the systemic exposure, such as plasma concentration.

Although we focused on DDIs in this review, similar phenomena have been observed in herb-drug interactions. Han et al. [67] reported that the glucose tolerance activity of metformin was enhanced without a change of metformin plasma concentration, because the metformin concentration in the liver increased as a result of a reduction of mate1-mediated biliary excretion of metformin in rats simultaneously treated with metformin and *Lonicera japonica* extract. Considering that renal clearance is the main route of metformin's elimination, only hepatic transporter-mediated interactions of metformin will impact its hepatic concentration, and therefore, affect the PD effect without the alteration of its plasma concentration.

Interestingly, there were several cases where the systemic exposure and tissue exposure of a drug changed in the opposite direction (e.g., increase of systemic exposure and decrease of hepatic exposure). For example, when paroxetine is co-administered with pravastatin in rats, paroxetine increased the systemic exposure and decreased the liver exposure of pravastatin by the combined effects of an increase in intestinal absorption and a decrease in hepatic uptake of pravastatin via Oatp2 inhibition as well as increased biliary excretion via Mrp2 inhibition [96]. The reduced hepatic exposure of pravastatin had a trend to weaken the lipid-lowing effect of pravastatin in diabetic rats [20,21] in spite of the increased systemic exposure of pravastatin. In a case of herb-drug interactions, You et al. [66] reported that the AUC of metformin was increased due to the decrease of oct2-mediated renal excretion of metformin, and thus, the metformin concentration in the kidneys increased due to the increase in

oct1-mediated renal uptake of metformin along with the enhancement of its glucose-lowering effect in rats with 28-day co-treatment of metformin and *Houttuynia cordata* (*H. Cordata*) extract. Considering that metformin's pharmacological action site is the liver, the enhanced glucose-lowering effect is probably due to increased hepatic uptake of metformin by the *H. Cordata* extract. In spite of an increase of metformin's systemic exposure, any toxicity of metformin identified as renal dysfunction and lactic acidosis were not observed. Thus, the metformin-*H. Cordata* extract combination case can be included as an example of a local tissue concentration change more strongly affecting the PD effect.

# 3.3. Additional Factors Affecting PD Effects with Changes of Systemic Exposure or Local Tissue Concentration of a Victim Drug

Additional underlying mechanisms can also cause PD alterations in DDIs. The first case represents how a PK change of an active metabolite can affect the PD effect in DDIs. In the case of clopidogrel with co-administration of aspirin, the systemic exposure of clopidogrel is reduced due to the intestinal P-gp induction lowering the bioavailability of clopidogrel, but the relative platelet inhibition effect of clopidogrel is not changed [29]. Since co-administered aspirin increases clopidogrel metabolism via CYP2C19 and the AUC of the active thiol metabolite, H4, of clopidogrel is consequently increased, the reduced platelet inhibition effect due to the reduced AUC of clopidogrel might be compensated for by an increase of H4's AUC [29]. This example indicates that the systemic exposure of a parent drug is not always able to explain the alteration of PD effect, and the systemic exposure of active metabolites can also cause PD changes. Thus, the systemic exposure of a parent drug, as well as active metabolites need to be considered together, especially when predicting pharmacological effects.

The second case is that the co-administration interval between a victim drug and a perpetrator drug can determine the PD effect. Co-administration of nuciferine, as a potential inhibitor of OCT1 and MATE, time-dependently reduced the glucose-lowering effect of metformin and the hepatic metformin concentration. The hepatic metformin concentration was increased until 1 h after nuciferine administration, which subsequently enhanced the glucose-lowering effect of metformin only during the 2.5-4 h after nuciferine co-administration [99]. If the metformin concentration in the liver is measured at longer time intervals after nuciferine co-administration, the increased hepatic metformin concentration, due to the increased OCT1 and reduced MATE1 transport activity for metformin movement by nuciferine would not be detected, and the alteration of the glucose-lowering effect would also be in the same direction. This example indicates that the onset and duration time of pharmacological action is one factor to be considered to evaluate the PK and PD changes in DDIs.

# 4. Challenging Experimental Approaches for Exploring the Transporter- or Metabolic Enzyme-Mediated Ddis

It is necessary to explore the expression or activity changes of transporters- or metabolic enzymes responsible for DDI occurrences. Even though the guidance from regulatory agents (e.g., EMA and FDA), labeling recommendations, and the reported references have informed the DDI potential, general in vitro and in vivo methods, as well as clinically designed approaches have been applied in DDI evaluations [22–25,37] and elsewhere, the inconsistency between the clinical relevance and the accumulated information (or experimental results) is still present [66,67,79,98] and elsewhere. Besides the conventional tools (e.g., western blot analysis, q-PCR analysis, permeability test, etc.) to measure the protein and mRNA expression or activity of transporters or metabolic enzymes in tissues, require a guess as to the target causing PK alteration. Therefore, the proteomic quantification methods with "total protein approach" (TPA) for transporters and metabolic enzymes in liver or intestines have been attempted [116]. The TPA-based quantification of transporters and enzymes in human liver tissue samples using liquid chromatography-tandem mass spectrometry can detect their protein expression levels, which could correlate with the results from the targeted proteomic quantification. This challenging TPA-based quantification can identify as many proteins as possible in a small volume of the same

sample and does not require standards [116,117]. In addition, unexpected interplay of transporters or metabolic enzymes in DDI events can be detected by TPA-based quantification approach.

As an experimental approach to investigate the tissue exposure, microdialysis technique in tissue distribution studies has recently been introduced, making it possible to measure the drug concentration at multiple time points in one living animal [118,119]. Animals are sacrificed at each sampling point using the classical experimental approaches to measure drug concentration in tissues, and at least four sampling time points are recommended to explain the tissue distribution pattern changes in DDIs, considering C<sub>max</sub> and terminal half-life [90,120]. Additionally, (1) composition of a victim drug and a perpetrator drug, and (2) the dosage regimen are suggested to be considered in designing in vivo conventional PK experiments. A perpetrator drug can be chosen as an index substrate, inhibitor or inducer of the transporter or metabolic enzyme responsible for the PK of a victim drug, or as a highly recommended drug in clinical combination therapies [3,25,28]. The dosage regimens, including doses, treatment period (i.e., single or multiple treatments), and drug-dosing schedule of a victim drug and a perpetrator drug, can result in different DDI events [6,22–25,66,67,121].

# 5. Concluding Remarks

Evaluations of DDIs are a crucial issue for drug efficacy and safety. Although methodologies to evaluate DDIs and information about mechanisms of PK-based DDIs have greatly advanced, the incidences and severity of DDIs still remain high in clinical cases. Moreover, previously unknown DDIs have been revealed and their mechanisms have been suggested in clinical DDI studies, but most of them have then been confirmed by, for example, in vitro studies through a reverse translation process. Since clinical DDI studies may not cover the numerous combinations and various factors that cause these outcomes, it is necessary to interpret the PK and PD data to provide a comprehensive understanding of DDIs with clinical relevance. Although there is currently no optimal way to study DDIs, its evaluation needs to be based on interpretation of the available data about PK-based DDIs, which can ensure the safety and maximal usefulness of DDI studies.

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# Effect of *Rumex Acetosa* Extract, a Herbal Drug, on the Absorption of Fexofenadine

Jung Hwan Ahn $^{\dagger},$  Jun<br/>hyeong Kim $^{\dagger},$  Naveed Ur Rehman, Hye-Jin Kim, Mi-Jeong Ahn and Hye<br/> Jin Chung  $^{\ast}$ 

College of Pharmacy and Research Institute of Pharmaceutical Sciences, Gyeongsang National University, Jinju 52828, Korea; anjh5803@naver.com (J.H.A.); jhk6914@naver.com (J.K.);

naveed.rehman50@gmail.com (N.U.R.); black200203@gmail.com (H.-J.K.); amj5812@gnu.ac.kr (M.-J.A.)

\* Correspondence: hchung@gnu.ac.kr; Tel.: +82-55-772-2430

+ These authors contributed equally to this work.

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**Abstract:** Herbal drugs are widely used for the auxiliary treatment of diseases. The pharmacokinetics of a drug may be altered when it is coadministered with herbal drugs that can affect drug absorption. The effects of herbal drugs on absorption must be evaluated. In this study, we investigated the effects of *Rumex acetosa* (*R. acetosa*) extract on fexofenadine absorption. Fexofenadine was selected as a model drug that is a substrate of *P*-glycoprotein (*P*-gp) and organic anion transporting polypeptide 1A2 (OATP1A2). Emodine—the major component of *R. acetosa* extract—showed *P*-gp inhibition in vitro and in vivo. Uptake of fexofenadine via OATP1A2 was inhibited by *R. acetosa* extract in OATP1A2 transfected cells. A pharmacokinetic study showed that the area under the plasma concentration—time curve (AUC) of fexofenadine was smaller in the *R. acetosa* extract coadministered group than in the control group. *R. acetosa* extract also decreased aqueous solubility of fexofenadine HCl. The results of this study suggest that *R. acetosa* extract could inhibit the absorption of certain drugs via intervention in the aqueous solubility and the drug transporters. Therefore, *R. acetosa* extract may cause drug interactions when coadministered with substrates of drug transporters and poorly water-soluble drugs, although further clinical studies are needed.

**Keywords:** *P*-glycoprotein (*P*-gp); organic anion transporting polypeptide 1A2 (OATP1A2); *Rumex acetosa*; pharmacokinetics; fexofenadine; drug interaction

# 1. Introduction

Oral drug administration is a preferred route, offering the advantages of convenience and safety. Many drug interactions with foods and other drugs occur via alteration of drug absorption. There are absorptive transporters, such as organic anion transporting polypeptide (OATP) and secretory transporters, including *P*-glycoprotein (*P*-gp), associated with drug absorption. To improve drug therapy, it is necessary to investigate possible interactions mediated by transporters that could alter systemic exposure of drugs.

P-gp, belonging to the ATP binding cassette superfamily, is an ATP-dependent efflux protein that excretes drugs out of cells [1–3]. P-gp is an important factor limiting the absorption of drugs and plays a key role in drug distribution and resistance [3,4]. For example, P-gp overexpression induced by a hypoxic environment in many cancers decreases the effects of chemotherapy [5,6]. Furthermore, drug–drug interactions may occur when substrates of P-gp (e.g., cimetidine, digoxin, doxorubicin, fexofenadine, and vinblastine) are coadministered with inhibitors of P-gp (e.g., atorvastatin, ketoconazole and quinidine) or inducers of P-gp (e.g., rifampin and clotrimazole) [7,8]. The OATP family is also an important transporter for drug disposition. The OATP members of the solute carrier (SLC) family, contributes to the uptake of substrates, including endogenous compounds



and drugs [9,10]. Drug–drug interactions and food–drug interactions mediated by these two active transporters—P-gp and OATP—have been reported. In addition, a study on medication use patterns revealed that 50% of 2590 study participants had taken at least one prescription drug during the week prior to the study, and 16% of them had taken one or more herbals/supplements [11,12]. Given that St. John's wort was found to increase *P*-gp expression [13], it is necessary to evaluate the effects of herbal supplements on these transporters. Despite the widespread use of herbal drugs in combination with drugs, there has been little research on the interactions between drugs and herbal medicines.

This study investigated the effects of *Rumex acetosa* (*R. acetosa*) extract on *P*-gp and OATP1A2 in vitro and on fexofenadine absorption in vivo. *R. acetosa*, used in folk remedies for skin diseases, has been singled out as a natural herbal medicine for its potential to be used in combination with fexofenadine [14]. *R. acetosa* is widely distributed in eastern Asia and decoction of this plant has been used for the treatment of several health disorders such as fever, gastro-intestinal problems, inflammatory diseases. It is belonging in the Polygonaceae family, known to produce many biologic metabolites [15]. Particularly, *R. acetosa* is rich in anthraquinones and flavonoids that have anti-inflammatory and antiproliferative effects [16,17]. Emodin, a major anthraquinone component of *R. acetosa* extract, is reported that has the potential for *P*-gp mediated drug interaction [18] and has various pharmacological effects, such as antidiabetic [19] and anticancer activities [20].

Fexofenadine, a selective histamine  $H_1$  receptor antagonist, is widely used for seasonal allergic rhinitis and chronic idiopathic urticarial treatment [21]. There is no evidence for cardiotoxicity associated with fexofenadine, the active metabolite of terfenadine, even though terfenadine is not used anymore due to the risk of cardiac arrhythmia. Fexofenadine was selected as a model drug that is a marker substrate of *P*-gp [22] and OATP1A2 [23]. Fexofenadine is considered a good model drug, because only around 5% of its dose is metabolized and most of the dose is excreted into urine (11%) and feces (80%) as the unchanged form [24,25], which means that metabolism can be excluded in interpreting the pharmacokinetics of fexofenadine.

To date, there have been many drug interaction studies involving *P*-gp or OATP. However, there have been few studies concerning drug interactions with herbal medicines involving both *P*-gp and OATP1A2. Furthermore, it has been reported that the emodin acts on *P*-gp as an inducer [26] or an inhibitor [18]. Our results clarify the inhibitory effect of emodin on the *P*-gp through in vitro and in vivo study. In addition, our findings include the fact that *R. acetosa* extract could affect drug absorption via intervention in the OATP-mediated influx and the aqueous solubility. These results indicate that the effects of herbal medicines such as plant extracts, on drug absorption must be considered in terms of not only efflux through *P*-gp, but also OATP-mediated influx and the aqueous solubility.

# 2. Materials and Methods

#### 2.1. Chemicals and Reagents

Fexofenadine hydrochloride and emodin were purchased from Tokyo Chemical Industry (Tokyo, Japan). Dimethyl sulfoxide (DMSO), terfenadine, verapamil, Dulbecco's modified Eagle's medium (DMEM) with high glucose, MEM non-essential amino acid solution (NEAA) and glutamine were purchased from Sigma-Aldrich (St. Louis, MO, USA). HPLC grade acetonitrile and water were purchased from Fisher Scientific Korea (Seoul, Korea). Emodin, emodin-8-*O*-β-*D*-glucoside, chrysophanol, chrysophanol-8-*O*-β-*D*-glucoside, physcion and physcion-8-*O*-β-*D*-glucoside isolated from *R. acetosa* were obtained from the pharmacognosy laboratory of the College of Pharmacy at Gyeongsang National University (Jinju, Korea) [27]. Fetal bovine serum (FBS), N-2-hydroxyethylpiperazine–N'-2-ethanesulfonic acid (HEPES) and Hanks' balanced salt solution (HBSS) were purchased from Corning (Manassas, VA, USA). Penicillin–streptomycin, Opti-MEM and 0.25% (*w/v*) trypsin–EDTA were purchased from Gibco (Carlsbad, CA, USA). Phosphate buffered saline (PBS) was purchased from Welgene (Gyeongsan, Korea). An MDR assay kit (fluorometric) was purchased from Abcam (Cambridge, UK).

#### 2.2. R. acetosa Extract

The *R. acetosa* extract was prepared by previously reported procedure [27]. Briefly, the dried whole part of *R. acetosa* was extracted with 70% ethanol. The extraction was performed by the Soxhlet extractor for 3 h at 80 °C. The extract was filtered and lyophilized.

The total phenol content and total flavonoid content of *R. acetosa* extract were 74.5 mg GAE (gallic acid equivalent)/g of dry weight and 180.3 µg QAE (quercetin equivalent)/g of dry weight, respectively. The contents of anthraquinones in *R. acetosa* extract were determined by HPLC. The contents of emodin, emodin-8-*O*- $\beta$ -D-glucoside, chrysophanol, chrysophanol-8-*O*- $\beta$ -D-glucoside, physcion and physcion-8-*O*- $\beta$ -D-glucoside in *R. acetosa* extract were 0.94 ± 0.15%, 1.29 ± 0.06%, 0.68 ± 0.09%, 0.77 ± 0.12%, 0.17 ± 0.02% and 0.41% ± 0.05% (*w/w*), respectively. The values were expressed as mean ± standard deviation.

# 2.3. Cell Culture

The Caco-2 (HTB-37<sup>TM</sup>) cells were purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA). OATP1A2/SLCO1A2 transfected HEK293 cells were purchased from Corning (New York, NY, USA). The Caco-2 cells were cultured in high glucose added DMEM with 10% FBS, 1% NEAA, 10-mM HEPES, 4-mM glutamine, 100 U/mL of penicillin and 100 µg/mL of streptomycin, and maintained in humidified 5% CO<sub>2</sub> at 37 °C. The medium of the Caco-2 cells was replaced 2–3 times per week.

The transfected HEK293 cells were cultured in high glucose added DMEM with 10% FBS and 1% NEAA, and maintained in 8% CO<sub>2</sub> with low humidity at 37 °C for 4 h. After incubation for 4 h, the medium of the transfected HEK293 cells was replaced with high glucose added DMEM with 10% FBS, 1% NEAA and 2-mM sodium butyrate, and incubated for 24 h.

# 2.4. Cytotoxicity Assay

The cytotoxicity of *R. acetosa* extract on Caco-2 cells and HEK293 cells was measured using an EZ-Cytox cell viability assay kit (Daeil Lab Service, Seoul, Korea). The cells were cultured in DMEM containing 10% FBS, 1% NEAA, 10-mM HEPES, 100 U/mL of penicillin and 100-µg/mL streptomycin without phenol red. The seeding density was  $3 \times 10^4$  cells/well for Caco-2 cells and  $2.5 \times 10^4$  cell/well for HEK293 cells, respectively. The Caco-2 cells were incubated for 7 days and the HEK 293 cells were incubated for 24 h after seeding. The medium was replaced with 50 µL of new medium containing *R. acetosa* extract at the concentrations of 1, 2, 5, 10, 20, 50 and 100 µg/mL achieved the 0.5% of DMSO content. After 15 min of incubation, 5 µL of EZ-Cytox reagent (water-soluble tetrazolium) was added to the cells, and the cells were incubated for 3 h. Cell viability was calculated as a percentage of the absorbance at 450 nm compared to untreated cells.

#### 2.5. P-gp Inhibition Test of Anthraquinones and R. acetosa Extract

The *P*-gp inhibition effect of anthraquinones from *R. acetosa* was evaluated via MDR assay kit using Caco-2 cells. It was reported that verapamil has concentration-dependent inhibition effects on absorptive and secretory transporters. Accordingly, 100- $\mu$ M verapamil was used as a positive control [28]. Caco-2 cells were cultured in 96-well plates at a density of 5 × 10<sup>5</sup> cells/mL and incubated in humidified 5% CO<sub>2</sub> at 37 °C for 24 h. They were treated with 6 test compounds (10  $\mu$ M) [18] or *R. acetosa* extract in HBSS and incubated for 15 min. The concentration levels of *R. acetosa* extract were 5, 10, 25 and 50  $\mu$ g/mL. The MDR dye-loading solution was added at a volume of 100  $\mu$ L and incubated. Fluorescence intensity was detected with a microplate reader Synerge H1 (Biotek, Winooski, VT, USA) at a wavelength of 490 nm for the excitation and 525 nm for the emission.

# 2.6. Fexofenadine Uptake Test Using OATP1A2/SLCO1A2 Transfected HEK293 Cells

The seeding density of the OATP1A2 overexpressed HEK293 cells was  $10^5$  cells/well. Verapamil was used as a positive control with a concentration of 100 µM [28]. The cultured cells were washed twice with warmed HBSS with 5-mM MES after removing the medium, then 15-µM fexofenadine was treated with *R. acetosa* extract of 10, 20 and 50 µg/mL. After 15 min of incubation in 8% CO<sub>2</sub> with low humidity at 37 °C, they were washed twice with cold HBSS. They were gently shaken after adding 120 µL of 50-ng/mL terfenadine in 80% acetonitrile. Terfenadine was used as an internal standard. After centrifugation at 10,000× *g* for 5 min, 50 µL of supernatant was mixed with 50 µL of 5-mM ammonium formate (pH 4). The liquid chromatography-tandem mass spectrometry (LC-MS/MS) was used to quantify the fexofenadine uptake amount [28,29].

#### 2.7. LC-MS/MS Analysis

The chromatographic analysis was performed using an Agilent 1260 series (Agilent, Germany) HPLC system. Chromatographic separation was achieved from the Phoroshell<sup>®</sup> column (C18,  $3.0 \times 50$  mm,  $2.7 \mu$ m). The mobile phase consisted of 5-mM ammonium formate (pH 4) in water (A) and acetonitrile (B). A gradient method was applied at a flow rate of 0.3 mL/min and, kept on the column temperature at 25 °C. The injection volume was 2 µL. An Agilent 6460 triple-quadruple mass spectrometer (Agilent Technologies, Singapore) with an electrospray ionization (ESI) source was used to detect the signal. It was operated in positive ion mode on multiple reaction monitoring (MRM). The monitored ions of fexofenadine and internal standard (terfenadine) were m/z 502 $\rightarrow$ 466 and m/z 472 $\rightarrow$ 436 [30,31], respectively. The collision energy and fragmentor of the ions were 25 V and 175 V for fexofenadine, and 25 V and 130 V for terfenadine, respectively. The data were acquired and processed using Mass Hunter Workstation B.06.00 software (Agilent Technologies, Singapore).

# 2.8. Animal Study

# 2.8.1. Animals

Male Sprague-Dawley rats (9 weeks, weighing  $300 \pm 50$  g) were purchased from Koatech (Pyeongtaek, Korea). The rats were acclimated in the Animal Laboratory (Gyeongsang National University) under controlled condition of temperature (between 20 and 23 °C) and humidity ( $50\% \pm 5\%$ ) and allowed free access to food and water for 7 days. All rats were allowed to recover for 1 day after cannulation into the carotid artery. The rats were fasted for 12 h with free access to water, before the pharmacokinetic experiments.

#### 2.8.2. Pharmacokinetic Study

The pharmacokinetic study was performed on a rat model. The dose of *R. acetosa* extract evaluated was 2 g/kg, the maximum dose without the toxicity in rats (unpublished data). The selected oral dose of emodin was 11 mg/kg that inhibited *P*-gp mediated efflux in rats from the reported study [32]. All test compounds—including 11 mg/kg of emodin and 2 g/kg of *R. acetosa* extract suspended in 0.5% carboxy methyl cellulose (CMC)—were administered orally to rats. Same volume of 0.5% CMC was administered to the vehicle control group rats. After 30 min, a single dose of 10 mg/kg of fexofenadine in 10% ethanol was orally administered to each group of rats [33]. Blood samples of 120  $\mu$ L were collected from the carotid artery at each time point (0, 0.25, 0.5, 0.75, 1, 1.5, 2, 4, 6, 8, 12 and 24 h) after oral administration of fexofenadine. The samples were then immediately centrifuged at 10,000× g and 4 °C for 10 min. All plasma samples were stored at −20 °C. The plasma concentrations of fexofenadine were determined by LC-MS/MS. All experimental procedures of the animal study were approved (GNU-170705-R0030, 5 July 2017) by the Animal Care and Use Committee of Gyeongsang National University, Korea.

#### 2.8.3. Sample Preparation

The method of sample preparation was a modified method of Isleyen et al. [34] for determination of fexofenadine plasma concentration. In summary, 50  $\mu$ L of 50-ng/mL terfenadine in acetonitrile solution was added to a 50- $\mu$ L aliquot of plasma, then 20  $\mu$ L of aqueous 13- $\mu$ M formic acid solution was added. After vortexing, 50  $\mu$ L of extraction solvent (a mixture of dichloromethane, ethyl acetate, diethyl ether at the ratio of 30:40:30, v/v/v) was added. The sample was then vortexed for 40 s. The protein precipitation was performed via centrifugation at 10,000× *g* and 4 °C for 5 min. The supernatant was cooled at -80 °C for 10 min. The upper fraction of the supernatant was transferred to a polypropylene tube and evaporated with N<sub>2</sub> gas. After being reconstituted with 200  $\mu$ L of the mobile phase initial composition [5-mM ammonium formate (at a pH of 4): acetonitrile = 60:40], an aliquot of 2  $\mu$ L was injected into LC-MS/MS.

#### 2.9. Physicochemical Interaction Study

To investigate the possible physicochemical interactions between drug and *R. acetosa* extract, Fourier transform infrared (FT-IR) spectrum measurement and solubility test were carried out.

FT-IR spectra of fexofenadine HCl, *R. acetosa* extract and mixture of fexofenadine-extract (1:1) were measured by Nicolet iS 50 FT-IR spectrometer (Thermo Scientific, Waltham, MA, USA) with attenuated total reflectance (ATR) mode.

The change on the solubility of fexofenadine after mixing with *R. acetosa* extract was tested. The method was modified previously reported method [35,36]. Briefly, 200 µg of fexofenadine and *R. acetosa* extract were placed in the tube after centrifugal vacuum evaporation of solvent. The control group has fexofenadine only, and the mixed group has both fexofenadine and the extract. A 200-µL aliquot of the simulated intestinal fluid (SIF, pH 6.8) without enzyme [37] was added to each tube. The tubes were then incubated in a shaking water bath at 37 °C for 12 h. The concentration of fexofenadine was 1 mg/mL, corresponding to the orally administered concentration to the rats (10 mg/5 mL/kg-fexofenadine with 5-mL/kg extract, total 10 mL). After the incubation, the tubes were centrifuged at 10,000× *g* for 10 min. The supernatant was filtered, diluted with mobile phase, and analyzed by LC-MS/MS.

# 2.10. Statistical Analysis

The statistical analysis was performed using one-way analysis of variance (ANOVA) followed by a Dunnett's multiple comparison test. A *p*-value of less than 0.05 was considered statistically significant.

#### 3. Results

#### 3.1. Cytotoxicity Assay

Cell viability was expressed as a percentage of the absorbance value obtained from the media only treated control group (Figure 1). Even though there were statistically significant differences in Caco-2 cell viability between control and *R. acetosa* treated groups at concentrations of 20, 10, 2 and 1  $\mu$ g/mL, the cell viability values were high enough to study (96.4% ± 1.3%, 95.0% ± 2.1%, 95.0% ± 1.2% and 95.5% ± 2.1% at concentrations of 20, 10, 2 and 1  $\mu$ g/mL, respectively). It is suggested that there is a negligible cytotoxic effect of *R. acetosa* on the Caco-2 cells at the concentration range of 1 to 100  $\mu$ g/mL.

There was no significant difference on the cell viability on HEK293 cells at the concentration ranges of 1 to 50 µg/mL. The cytotoxic effect of *R. acetosa* was only detected on HEK293 cells at a concentration of 100 µg/mL with the value of  $80.9\% \pm 11.7\%$ . This result suggests a dose window of *R. acetosa* extract for the experiment using HEK293 cells. It also indicates that the inhibitory effect of *R. acetosa* on fexofenadine uptake discussed in Section 3.2 was not due to the cytotoxic effects of *R. acetosa* on HEK293 cells at the concentration range tested.


**Figure 1.** Cytotoxicity of *R. acetosa* extract in (**A**) Caco-2 cells and (**B**) HEK293 cells (n = 6). Con—media only treated control; Veh—vehicle treated group; \*—p < 0.05 compared to media only treated control group.

#### 3.2. P-gp Inhibition Test of Anthraquinones and R. acetosa Extract

To determine inhibitory effect of anthraquinones on *P*-gp, an MDR kit was used. The accumulated amount of fluorescent dye in the cells represented the *P*-gp inhibition activity. The measured fluorescence intensity is expressed as a percentage of the fluorescence intensity in the control group and is shown in Figure 2. The verapamil, chrysophanol-8-*O*- $\beta$ -D-glucoside and emodin treated groups displayed significantly different fluorescence intensities in comparison to those of the control group. However, the chrysophanol-8-*O*- $\beta$ -D-glucoside and emodin treated groups showed significantly higher fluorescence intensities than the control group, with average values of 121.4% ± 2.3% and 147.2% ± 12.4%, respectively (mean ± standard deviation). This result suggests that chrysophanol-8-*O*- $\beta$ -D-glucoside and emodin affect the efflux of fluorescent dye from Caco-2 cells through *P*-gp inhibition. This is consistent with previous findings that emodin inhibits *P*-gp [18]. It is thus reasonable to suggest that herbal drug containing chrysophanol-8-*O*- $\beta$ -D-glucoside and emodin may also inhibit *P*-gp.



**Figure 2.** P-gp inhibitory effect of anthraquinones in Caco-2 cells. Cells were treated with 10- $\mu$ M anthraquinones or 100- $\mu$ M verapamil (n = 3). Con—vehicle treated control; Ver—verapamil; 1—chrysophanol; 2—chrysophanol-8-O- $\beta$ -D-glucoside; 3—emodin; 4—emodin-8-O- $\beta$ -D-glucoside; 5—physcion; 6—physcion-8-O- $\beta$ -D-glucoside; \*—p < 0.05 compared to control group.

The effects of *R. acetosa* extract on the *P*-gp were also assessed using an MDR kit. The measured fluorescence intensity is expressed as a percentage of the fluorescence intensity in the control group and is shown in Figure 3. There was no significant difference in fluorescence intensity between the control and the *R. acetosa* extract treated group. The significant inhibitory effect at the 95% confidence interval was only detected in the verapamil group used as a positive control. Although *R. acetosa* extract contains

chrysophanol-8-*O*- $\beta$ -D-glucoside and emodin at concentrations of 0.77% ± 0.12% and 0.94% ± 0.15% (*w/w*), respectively [27], inhibitory effects on *P*-gp could not be detected from *R. acetosa* extract at the concentrations tested in this assay. The concentrations of emodin and chrysophanol-8-*O*- $\beta$ -D-glucoside in *R. acetosa* extract may not be high enough to inhibit *P*-gp in Caco-2 cells.



**Figure 3.** P-gp inhibition test of *R. acetosa* extract using an MDR kit in Caco-2 cells (n = 6). Con—vehicle treated control; Ver—100-µM verapamil; \*—p < 0.05 compared to control group.

## 3.3. Fexofenadine Uptake Test with OATP1A2/SLCO1A2 Transfected HEK293 Cells

The decreased fexofenadine uptake in the OATP1A2/SLCO1A2 transfected HEK293 cells represented the inhibitory effects on OATP1A2. The accumulated amount of fexofenadine in the OATP/SLCO1A2 transfected cells (the control group) was higher than that of untransfected cells (untransfected control group), which means that the OATP1A2 gene was transfected and expressed sufficiently in the control group. In addition, the fexofenadine uptake was lower in the verapamil cotreated group than in the transfected control group. In the *R. acetosa* extract co-treated group, the uptake amounts of fexofenadine in the OATP1A2 transfected HEK293 cells were significantly lower than that in the control group (Figure 4). This result suggests that *R. acetosa* extract could affect the absorption of fexofenadine through the inhibition of OATP1A2.



**Figure 4.** Inhibitory effect of *R. acetosa* extract on fexofenadine uptake in OATP1A2/SLCO1A2 transfected HEK293 cells (n = 6). Con—OATP1A2/SLCO1A2 transfected control; Nov—untransfected control; Ver—100-µM verapamil; \*—p < 0.05 compared to control group.

#### 3.4. Pharmacokinetic Study

The mean arterial plasma concentration–time profiles of fexofenadine after the pharmacokinetic study of fexofenadine in a rat drug interaction model, are shown in Figure 5. The pharmacokinetic parameters of fexofenadine after oral coadministration of vehicle, emodin and *R. acetosa* extract are shown in Table 1. The area under the plasma concentration–time curve (AUC) values of fexofenadine were  $222.0 \pm 85.5$  ng·h/mL in the control group and  $411.9 \pm 189.1$  ng·h/mL in the emodin coadministered group. In the emodin group, the absorption of fexofenadine was significantly higher, with a larger fexofenadine AUC and no difference in T<sub>max</sub>. However, the fexofenadine AUC was lower, with a value of  $132.0 \pm 50.5$  ng·h/mL, in the 2 g/kg *R. acetosa* extract coadministered group. Because fexofenadine is characterized by limited metabolism, it is probable that the lower fexofenadine AUC is due to the inhibitory effect of *R. acetosa* extract on absorption. Consequently, *R. acetosa* extract could inhibit the absorption of fexofenadine via an intervention in OATP1A2.



**Figure 5.** Mean plasma concentration–time profiles of fexofenadine (ng/mL) after oral coadministration of fexofenadine (10 mg/kg) with vehicle (•; n = 6), emodin (11 mg/ kg,  $\bigcirc$ ; n = 6) and *R. acetosa* extract (2 g/kg,  $\forall$ ; n = 6) to rats. Bars represent standard deviations.

**Table 1.** Pharmacokinetic parameters of fexofenadine after oral coadministration of fexofenadine (10 mg/kg) with vehicle (control), emodin and *R. acetosa* extract to rats. Values represent means  $\pm$  standard deviations for AUC<sub>0-24 h</sub> and C<sub>max</sub> (ng/mL), median (range) for T<sub>max</sub>.

| Parameters                      | Control $(n = 6)$ | Emodin<br>11 mg/kg<br>( <i>n</i> = 6) | <i>R. acetosa</i> Extract<br>2 g/kg<br>( <i>n</i> = 6) |
|---------------------------------|-------------------|---------------------------------------|--|
| AUC <sub>0-24 h</sub> (ng·h/mL) | $222.0 \pm 85.5$  | 411.9 ± 189.1 *                       | $132.0 \pm 50.5$                                       |
| C <sub>max</sub> (ng/mL)        | $36.4 \pm 22.8$   | $53.4 \pm 33.9$                       | $32.9 \pm 28.5$  |
| T <sub>max</sub> (h)            | 0.75 (0.5–1)      | 0.75 (0.5-1)                          | 0.75 (0.25-8)  |

 $AUC_{0.24 h}$ , total area under the plasma concentration–time curve from time zero to 24 h;  $C_{max}$ —maximum plasma concentration;  $T_{max}$ —time to reach  $C_{max}$ , \*—p < 0.05 compared to vehicle only control group.

## 3.5. Physicochemical Interaction Study

To evaluate the possible physicochemical interactions between *R. acetosa* extract and fexofenadine, FT-IR spectrum of fexofenadine HCl showed the characteristic absorption bands at 3291.03 (OH stretching), 2936.14 (CH stretching), 2639.82 (OH of carboxylate), 1698.68 (CO stretching), 1448.00, 1403.11 (C=C stretching of aromatic ring), 1167.57 (CO stretching of tertiary alcohol) and 1067.94 (CO stretching of secondary alcohol) [38,39]. According to Figure 6, the mixture of *R. acetosa* extract and fexofenadine HCl showed the same bands compared to the pure fexofenadine HCl. It suggests that there is no significant physical interaction between fexofenadine molecule and *R. acetosa* extract component on fexofenadine functional groups.



**Figure 6.** FT-IR spectra of **(A)** fexofenadine, **(B)** a mixture of fexofenadine and *R. acetosa* extract and **(C)** *R. acetosa* extract.

However, there was significant difference on the solubility of fexofenadine after incubation with the extract (Table 2). The average solubilities of fexofenadine in SIF were  $1.03 \pm 0.04$  mg/mL and  $0.83 \pm 0.10$  mg/mL without and with *R. acetosa* extract, respectively. This result indicates that *R. acetosa* extract could alter the solubility of fexofenadine and lead to precipitation in gastro-intestinal tract.

**Table 2.** The solubility of fexofenadine HCl in simulated intestinal fluid (SIF) with and without *R*. *acetosa* extract.

| Solubility                             | Without <i>R</i> . <i>acetosa</i> Extract( $n = 3$ ) | With <i>R. acetosa</i> $Extract(n = 3)$ |
|--|--|---|
| Fexofenadine HCl concentration (mg/mL) | $1.03 \pm 0.04$                                      | $0.83 \pm 0.10$ *                       |
| *p < 0.05                              | compared to without R. acetosa extract.              |   |

#### 4. Discussion

Pharmacokinetic drug interactions involving drug absorption should be considered for optimum drug therapy, apart from the drug interactions attributed to the oxidative metabolism via the CYP-450 system of different isozymes [40]. Ostensibly harmless natural products—such as juices, fruits, vegetables and herbal products in the form of ayurvedic medicine—have been reported in several studies to potentially cause many drug interactions affecting drug absorption mediated by transporters [41,42]. For example, emodin—a potential antineoplastic drug and a major component of the *Rhamnus*, *Rumex*, *Aloe*, *Rheum* and *Cassia* species—has been reported to be a possible *P*-gp inducer [26] or an inhibitor [18].

This study evaluated the effects of *R. acetosa* extract on the drug transporters discussed above, as well as its potential for drug interactions, while presenting a clear view of the interactions of emodin with the transporter *P*-gp. The major six anthraquinones present in *R. acetosa* were shown in our previous study [27]. A prior cytotoxicity assay was performed to establish the working range for the extract suitable for optimal viability of the cells during the experiment. Afterwards, the effects of these six anthraquinones on P-gp were demonstrated individually with an MDR assay kit using Caco-2 cells. Verapamil, being an inhibitor of *P*-gp, served as a positive control. Only groups treated with chrysophanol-8-O-β-D-glucoside and emodin showed higher fluorescence intensity than the control group, with average values of  $121.4\% \pm 2.3\%$  and  $147.2\% \pm 12.4\%$ , respectively, suggesting *P*-gp inhibition. This result is consistent with those obtained in a study by Min et al. [18], in which emodin was shown to inhibit *P*-gp. On the other hand, the results from the *P*-gp inhibition test of R. acetosa extract suggest no significant inhibition of the efflux transporter, as opposed to the emodin and chrysophanol-8-O-β-D-glucoside, which in contrast showed significant inhibition of the P-gp transporter when treated individually. A possible explanation is that the emodin content may not be high enough to exert its inhibitory effect in the extract. Chemical contents of herbal plant extracts can vary depending on various factors such as climate, harvesting seasons and extraction solvent. The probability of inhibition of *P*-gp by *R. acetosa* extract cannot be ruled out.

OATP1A2—the uptake transporter used in our in vitro test—is widely expressed in the intestines and serves as a major uptake mechanism for fexofenadine [43,44]. Sometimes, a substrate of *P*-gp—such as this study's selected model drug, fexofenadine—can also be a substrate for the OATP uptake transporter [43,44], making it necessary to differentiate between the contributions of *P*-gp and OATP to potential drug interactions and those of other simultaneously administered drugs that could affect these transporters. Therefore, our in vitro studies were also performed with HEK293 cells transfected with the polypeptide transporter OATP1A2. *R. acetosa* extract was found to inhibit the uptake of fexofenadine through in vitro studies. In other words, the uptake of fexofenadine by OATP1A2 into cells declined when *R. acetosa* extract was used as a co-treatment. This result suggests that *R. acetosa* extract can affect the absorption of fexofenadine through the inhibition of OATP1A2.

A pharmacokinetic study was designed to verify the results of our in vitro study in view of the observed herbal extract's drug interactions at the uptake transporter for fexofenadine in rats. Rat model is considered unsuitable to predict metabolic drug interaction in human [45]. However, there is a correlation in drug intestinal permeability with both carrier-mediated absorption and passive diffusion mechanisms between rat and human [46]. Because the property of our selected model drug, fexofenadine, has little metabolism, it is reasonable to use the rat model for predicting the intervention of extract on absorption. All rats were divided into 3 groups: an emodin administration group, an R. acetosa administration group and a control group. Eleven milligrams per kilogram of emodin, 2 g/kg of *R. acetosa* extract and 0.5% CMC as a control was administered orally to each group. Fexofenadine at the dose of 10 mg/kg was given orally to each group after 30 min. The results showed a smaller AUC of fexofenadine (132.1  $\pm$  50.3 ng·h/mL) in the *R. acetosa* group in comparison to that of the control group, in which the AUC was 222.0 ± 92.1 ng·h/mL. These results suggest decreased absorption of fexofenadine in the rats treated with *R. acetosa* extract. In other words, the gut uptake transporter OATP1A2, which is responsible for fexofenadine absorption, was inhibited, as predicted by the in vitro results. Moreover, the alteration on the solubility of fexofenadine was also observed by *R. acetosa* extract through the physicochemical interaction study. The FT-IR spectra results suggest that there is no functional group interaction between fexofenadine and the component of *R. acetosa* extract. The fexofenadine solubility in SIF changed from  $1.03 \pm 0.04$  mg/mL to  $0.83 \pm 0.10$  mg/mL after mixing with the extract. It means that the solubility alteration could also be the reason for the decreased fexofenadine AUC by R. acetosa extract because fexofenadine HCl is Biopharmaceutics Classification System (BCS) class 3 drug with high solubility and low permeability. Drug interactions due to changes in solubility can be avoided by adjusting the administration time. R. acetosa extract contains many kinds of compounds, not only anthraquinones, but also flavonoids and polysaccharides [15]. They have also the possibility of interference with the drug absorption through the intervention to the transporters [47,48]. Particularly, one of the flavonoids of R. acetosa extract, epicatechin-3-O-gallate [49], also has an inhibitory effect on the OATP1A2 [50]. Moreover, there was the possibility that R. acetosa extract may change the gastric emptying time [51,52] and the pH in the gastro-intestinal tract when coadministered with the fexofenadine. The effects of anthraquinones on OATP have been rarely reported. Further studies are needed to elucidate the components in R. acetosa extract responsible for inhibition of fexofenadine absorption. Meanwhile, emodin increased the AUC for fexofenadine, possibly via the inhibitory effect on an efflux transporter of fexofenadine, P-gp [32], the effect of which on the uptake transporter of fexofenadine has yet to be fully understood.

Given the evidence from both in vitro and in vivo studies, *R. acetosa* extract should be used with caution when substrates of the drug transporters or poorly water-soluble drugs are prescribed.

#### 5. Conclusions

The present study evaluated the effects of *R. acetosa* extract on 2 active transporters, P-gp and OATP1A2 and the resulting effects on fexofenadine absorption through in vitro and in vivo studies. The findings suggest that emodin can enhance fexofenadine absorption via an inhibitory effect on *P*-gp. In addition, *R. acetosa* extract could decrease the absorption of fexofenadine via intervention in the aqueous solubility and the drug transporters.

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Article

# Prevalence of Potential Drug–Drug Interaction Risk among Chronic Kidney Disease Patients in a Spanish Hospital

## Gracia Santos-Díaz<sup>1</sup>, Ana María Pérez-Pico<sup>2</sup>, Miguel Ángel Suárez-Santisteban<sup>1,3</sup>, Vanesa García-Bernalt<sup>3</sup>, Raquel Mayordomo<sup>4</sup> and Pedro Dorado<sup>1,\*</sup>

- 1 Biosanitary Research Institute of Extremadura (INUBE), University of Extremadura, 06006 Badajoz, Spain; grsantosd@unex.es (G.S.-D.); miguelangel.suarez@salud-juntaex.es (M.Á.S.-S.)
- 2 Department of Nursing, University of Extremadura, 10600 Plasencia, Spain; aperpic@unex.es
- Nephrology Department, Virgen del Puerto Hospital, Servicio Extremeño de Salud, 10600 Plasencia, Spain; vanesa.garcia@salud-juntaex.es
- 4 Department of Anatomy, Cellular Biology and Zoology, University of Extremadura, 10600 Plasencia, Spain; rmayordo@unex.es
- Correspondence: pdorado@unex.es

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Abstract: Chronic kidney disease (CKD) is a major health problem worldwide and, in Spain, it is present in 15.1% of individuals. CKD is frequently associated with some comorbidities and patients need to be prescribed multiple medications. Polypharmacy increases the risk of adverse drug reactions (ADRs). There are no published studies evaluating the prevalence of potential drug-drug interactions (pDDIs) among CKD patients in any European country. This study was aimed to determine the prevalence, pattern, and factors associated with pDDIs among CKD patients using a drug interactions program. An observational cross-sectional study was carried out at Plasencia Hospital, located in Spain. Data were collected among patients with CKD diagnoses and pDDIs were assessed by the Lexicomp<sup>®</sup> Drug Interactions platform. Data were obtained from 112 CKD patients. A total number of 957 prescribed medications were acknowledged, and 928 pDDIs were identified in 91% of patients. Age and concomitant drugs were significantly associated with the number of pDDIs (p < 0.05). According to the results, the use of programs for the determination of pDDIs (such as Lexicomp<sup>®</sup>) is recommended in the clinical practice of CKD patients in order to avoid serious adverse effects, as is paying attention to contraindicated drug combinations.

Keywords: chronic kidney disease; drug-drug interactions; polypharmacy; adverse drug reactions; Lexicomp

## 1. Introduction

As specified by the Kidney Disease Improving Global Outcomes (NKF KDIGO) guidelines [1], chronic kidney disease (CKD) is defined as abnormalities of kidney structure or function, present for more than three months, with implications for health. CKD is a general term for various heterogeneous disorders affecting kidney structure and function with variable clinical presentations; in part, related to the cause, severity, and rate of progression. The glomerular filtration rate (GFR) is generally accepted as the best overall index of kidney function, and is classified into different stages (G1, G2, G3a, G3b, G4, and G5). The diagnostic criteria of CKD are those denominated as kidney damage markers or a threshold of GFR < 60 mL/min/1.73 m<sup>2</sup> (GFR categories G3a–G5), or both, for more than three months.

CKD is a major health problem worldwide; in 2017, 1.2 million people died from CKD. Furthermore, between 1990 and 2017, the global all-age mortality rate from CKD increased by 41.5% [2]. In Spain,



CKD is present in 15.1% of individuals and this prevalence is more than three times higher in men than in women (23.1% vs. 7.3%) and increases with age [3]. Diabetes and hypertension are the main causes of CKD in all high-income and middle-income countries and in many low-income countries [4]. Among other reasons, the prevalence of CKD is increasing worldwide due to the fact that the prevalence of both hypertension and diabetes is also rising. Diabetes is expected to increase by 69% in high-income countries and 20% in low-income and middle-income countries from 2010 to 2030 [5]. Regarding hypertension, it is predicted to increase by 60% from 2000 to 2025 [6]. Additionally, CKD is also associated with other comorbidities such as dyslipidemia, hyperuricemia, or cardiovascular disease [7], and patients need to be prescribed multiple medications.

Polypharmacy is usually defined as the concomitant prescription of five or more medications [8] and it is a major risk factor of drug–drug interactions, which increases with the number of prescribed drugs leading to 100% with eight or more medications [9]. The elderly are at risk for polypharmacy, and this fact increases the risk of adverse drug reactions (ADRs) from 13 to 58% with two and five medications, respectively. Seven or more medications increase the risk of ADRs to 82% [9].

Previous studies have evaluated the prevalence and severity of potential drug–drug interactions (pDDIs) using different drug–drug interaction programs among CKD patients from Brazil [10,11], India [12,13], Pakistan [14], Palestine [15], and Nigeria [16–19]; however, there are no published studies evaluating the prevalence of pDDIs among CKD patients in any European country.

Lexicomp<sup>®</sup> (Wolters Kluwer Clinical Drug Information) is considered one of the best performing drug–drug interaction programs and it was reported to be highly sensitive and specific (around 90–100%). It focuses on the depth and duplication of information and it is a resource of choices for locating the mechanism of a drug–drug interaction [20–22].

This study was aimed to determine the prevalence, pattern, and factors associated with potential drug–drug interaction among CKD patients attending a hospital nephrology department using the drug interaction program Lexicomp<sup>®</sup>.

## 2. Materials and Methods

#### 2.1. Subjects

An observational cross-sectional study was carried out at Virgen del Puerto Hospital in Plasencia (Cáceres, Spain). All participants were patients attended by the nephrology department, and were invited to participate in the study. The inclusion criteria were: patients with CKD diagnosis, over the age of 18, and having signed an informed consent form. Data were collected during 2019 and included: age, gender, list of medications at the time of last clinic visit, comorbidities, and serum creatinine.

The study was performed in accordance with the principles of the Declaration of Helsinki of 1975, revised in 2013, and approved by the Clinical Research Ethics Committee, Cáceres (reference: MASR/2016), and the Bioethics and Biosecurity Committee, University of Extremadura (reference: 64/2016).

The serum creatinine value was used to calculate eGFR (estimated glomerular filtration rate in mL/min/1.73 m<sup>2</sup>) and patients were classified following the criteria of the KDIGO Guideline 1 into different CKD stages: G1, eGFR  $\geq$  90; G2, eGFR 60–89; G3a, eGFR 45–59; G3b, eGFR 30–44; G4, eGFR 15–29; G5, eGFR < 15.

#### 2.2. Methods

The electronic drug-drug interactions (DDIs) checking platform Lexicomp<sup>®</sup> was used to evaluate patient medication regimens for pDDIs. The Lexicomp<sup>®</sup> (Wolters Kluwer Health Inc. Riverwoods, IL, USA) database system provides accurate information about the risk, type, mechanism, and pattern of distribution of pDDIs. It also gives recommendations on how to prevent and manage DDIs if they occur. This software identifies and classifies pDDIs into five types according to the degree of clinical significance. Type A: no known interaction, Type B: minor or mild interaction, Type C:

moderate or significant interaction, Type D: major or serious interaction, and Type X: contraindication or avoid combination.

## 2.3. Statistical Analysis

Descriptive statistics were used, and results were presented as percentages and frequencies. ANOVA Kruskal–Wallis test or Mann–Whitney t-test analyses were performed to evaluate the effect of covariates on the incidence of pDDIs. A *p*-value of less than 0.05 was considered statistically significant. All statistical analyses were performed using IBM SPSS v.22 (SPSS Inc., Chicago, IL, USA).

## 3. Results

#### 3.1. Clinical and Demographic and Characteristics of Patients

Data were obtained from 112 CKD patients, 69 (61.6%) females and 43 (38.4%) males. The mean age of this study population was  $77.1 \pm 10.4$  years: 11 patients (10.0%) were between 30 and 60 years, 8 (7.1%) were between 61 and 70 years, 44 (39.3%) were between 71 and 80 years, and 49 (43.7%) were older than 80 years (Table 1).

| Characteristics                   | N (%) or Mean $\pm$ SD |
|-----------------------------------|------------------------|
| Female                            | 69 (61.6)              |
| Male                              | 43 (38.4)              |
| Mean age (years)                  | $77.1 \pm 10.4$        |
| Age group (years)                 |                        |
| 30–60                             | 11 (10.0)              |
| 61–70                             | 8 (7.1)                |
| 71-80                             | 44 (39.3)              |
| >80                               | 49 (43.7)              |
| CKD stage                         |                        |
| 1                                 | 10 (8.9)               |
| 2                                 | 15 (13.4)              |
| 3a                                | 34 (30.3)              |
| 3b                                | 33 (29.5)              |
| 4                                 | 15 (13.4)              |
| 5                                 | 5 (4.5)                |
| Comorbidities                     | 91 (81.2)              |
| Hypertension                      | 52 (46.4)              |
| Diabetes mellitus                 | 25 (22.3)              |
| Dyslipidemia/hypercholesterolemia | 33 (29.5)              |
| Anemia                            | 13 (11.6)              |
| Hyperuricemia                     | 11 (9.8)               |
| Mean prescribed drugs per patient | $8.6 \pm 3.4$          |
| Number of prescribed drugs        |                        |
| <br>_≤5                           | 22 (19.6)              |
| 6-10                              | 59 (53.2)              |
| 11–15                             | 29 (25.9)              |
| ≥16                               | 2 (1.8)                |

**Table 1.** Characteristics of the study population (n = 112).

The most common comorbid conditions (Table 1) were hypertension in 52 patients (46.4%), diabetes mellitus in 25 (22.3%), dyslipidemia in 33 (29.5%), anemia in 13 (11.6%), and hyperuricemia in 11 (9.8%).

#### 3.2. Prevalence and Pattern of Potential Drug–Drug Interactions

A total number of 957 prescribed medications were identified. The minimum number of prescribed medications per patient was 1, the maximum was 17, and the mean number was

 $8.6 \pm 3.4$  medications. Only one patient was not taking any medication. The most commonly prescribed medications were omeprazole (30.6%), acetaminophen (30.6%), salicylic acid (26.1%), bisoprolol (25.2%), furosemide (22.5%), and allopurinol (21.6%).

Among 111 individuals 928 pDDIs were identified, and 67 (60.3%) patients showed 1–10 pDDIs, while 34 (30.6%) presented more than 10. Only 10 patients (9%) did not have any interaction (Table 2).

| Number of pDDIs | Ν  | %    |
|-----------------|----|------|
| None            | 10 | 9.0  |
| 1–5             | 40 | 36.0 |
| 6–10            | 27 | 24.3 |
| 11-15           | 15 | 13.5 |
| 16–20           | 11 | 9.9  |
| 21–25           | 4  | 3.6  |
| >25             | 4  | 3.6  |

Table 2. Frequency of potential drug-drug interactions (pDDIs) per patient (n = 111 \*).

\* One patient had not taken any drugs.

According to the Lexicomp<sup>®</sup> severity classification, 11 (1.2%) pDDIs were Type A (no known interaction), 84 (9.1%) were Type B (mild severity), 717 (77.3%) were Type C (moderate severity), 106 (11.4%) were Type D (major severity), and 10 (1.1%) were Type X (avoid drug combination) (Table 3).

**Table 3.** Severity of potential drug–drug interactions (pDDIs; n = 928) among studied chronic kidney disease (CKD) patients.

| Severity of pDDIs               | Ν   | %    |
|---------------------------------|-----|------|
| Type A (No known interaction)   | 11  | 1.2  |
| Type B (mild severity)          | 84  | 9.1  |
| Type C (moderate severity)      | 717 | 77.3 |
| Type D (major severity)         | 106 | 11.4 |
| Type X (avoid drug combination) | 10  | 1.1  |

Table 4 shows the most frequent pDDIs by severity group: levothyroxine + omeprazole with 9 cases in the Type B group (10.7%), acenocoumarol + omeprazole with 11 cases in Type C (1.5%), and acenocoumarol + allopurinol with 8 cases in Type D (7.5%).

| Severity of pDDI           | Ν   | PDDIs                            | Frequency (%) |
|----------------------------|-----|----------------------------------|---------------|
| Type B (mild severity)     | 84  | Levothyroxine + Omeprazole       | 10.7          |
|                            |     | Levothyroxine + Furosemide       | 9.5           |
|                            |     | Acenocoumarol + Spironolactone   | 7.1           |
| Type C (moderate severity) | 717 | Acenocoumarol + Omeprazole       | 1.5           |
|                            |     | Ferrous Sulfate + Omeprazole     | 1.3           |
|                            |     | Metformin + Acetylsalicylic Acid | 1.3           |
| Type D (major severity)    | 106 | Acenocoumarol + Allopurinol      | 7.5           |
|                            |     | Levothyroxine + Ferrous Sulfate  | 4.7           |
|                            |     | Tramadol + Trazodone             | 3.8           |

Table 4. Most frequent potential drug-drug interactions (pDDIs) by severity group.

In addition, Type X (avoid drug combination) pDDIs were found in 10 CKD patients (Table 5).

| Drug–Drug Interaction                         | Potential Adverse Effects  | Severity | Reliability Rating |
|---|--|----------|--------------------|
| Amitriptyline + Aclidinium                    | Aclidinium may enhance the anticholinergic effect of Anticholinergic Agents  | Major    | Fair               |
| Doxazosin + Dutasteride and Tamsulosin        | Alpha1-Blockers may enhance the<br>antihypertensive effect of<br>other Alpha1-Blockers   | Major    | Fair               |
| Dutasteride And Tamsulosin + Tamsulosin       | Alpha1-Blockers may enhance the<br>antihypertensive effect of<br>other Alpha1-Blockers   | Major    | Fair               |
| Levosulpiride + Solifenacin                   | Anticholinergic Agents may diminish the<br>therapeutic effect of Levosulpiride   | Major    | Fair               |
| Aclidinium and Formoterol + Propranolol       | Beta-Blockers (Nonselective) may diminish the<br>bronchodilatory effect of Beta2-Agonists  | Major    | Fair               |
| Metamizole + Dexketoprofen                    | Dexketoprofen may enhance the adverse/toxic<br>effect of Nonsteroidal<br>Anti-Inflammatory Agents  | Major    | Fair               |
| Tramadol and Acetaminophen<br>+ Buprenorphine | Opioids (Mixed Agonist/Antagonist) may<br>diminish the analgesic effect of Opioid Agonists   | Major    | Good               |
| Atenolol + Rivastigmine                       | Rivastigmine may enhance the bradycardic effect of Beta-Blockers   | Moderate | Fair               |
| Bisoprolol + Rivastigmine                     | Rivastigmine may enhance the bradycardic effect of Beta-Blockers   | Moderate | Fair               |
| Dexketoprofen + Acetylsalicylic Acid          | Salicylates may enhance the adverse/toxic effect<br>of Dexketoprofen. Dexketoprofen may<br>diminish the therapeutic effect of Salicylates.<br>Salicylates may decrease the serum<br>concentration of Dexketoprofen | Major    | Fair               |

**Table 5.** Potential drug–drug interactions Type X (avoid drug combination) found in the studied CKD patients.

It was also observed that some drugs were present in a large number of pDDIs such as hydrochlorothiazide (15%), acetylsalicylic acid (10%), or furosemide (9%). The most frequent drugs present in pDDIs in the study group are shown in Figure 1.



Figure 1. Frequency of main drugs with potential drug–drug interactions (n = 928).

## 3.3. Factors Associated with Potential Drug-Drug Interactions on CKD Patients

Age and concomitant drugs were significantly associated with the number of pDDIs (p < 0.05; Table 6). In contrast, demographic and clinical variables, such as gender, CKD stage, or the number of chronic comorbid diseases were not significantly associated with the number of pDDIs (Table 6).

| Variable                 | Number | Median<br>(25%–75% Percentile) | <i>p</i> –Value <sup>1</sup> |
|--------------------------|--------|--------------------------------|------------------------------|
| Gender                   |        |                                | 0.5768 <sup>2</sup>          |
| Female                   | 68     | 7 (2–12.7)                     |                              |
| Male                     | 43     | 7 (2–11)                       |                              |
| Age                      |        |                                | 0.0191                       |
| 30-60                    | 11     | 2 (0-5)                        |                              |
| 61–70                    | 8      | 3.5 (0.5–7.7)                  |                              |
| 71-80                    | 44     | 8 (3.2–16)                     |                              |
| >80                      | 48     | 8 (3–11)                       |                              |
| CKD stage **             |        |                                | 0.4930                       |
| G1                       | 10     | 3.5 (0.7-12.7)                 |                              |
| G2                       | 15     | 8 (3–12)                       |                              |
| G3a                      | 34     | 5 (1-9.2)                      |                              |
| G3b                      | 33     | 8 (3–13)                       |                              |
| G4                       | 14     | 4 (3–13)                       |                              |
| G5                       | 5      | 11 (4–17.5)                    |                              |
| Concomitant drugs        |        |                                | < 0.0001                     |
| ≤5                       | 21     | 1 (0-2)                        |                              |
| 6–10                     | 59     | 6 (4–9)                        |                              |
| 11–15                    | 29     | 16 (11–20)                     |                              |
| >15                      | 2      | 26 (16–36)                     |                              |
| Chronic comorbid disease |        |                                | 0.0611                       |
| 0                        | 20     | 6.5 (3.2–11)                   |                              |
| 1                        | 21     | 7 (2–12.5)                     |                              |
| 2                        | 20     | 6.5 (3–10.7)                   |                              |
| 3                        | 10     | 12 (7.2–20.5)                  |                              |
| 4                        | 17     | 7 (1–17.5)                     |                              |
| ≥5                       | 23     | 4 (1–7)                        |                              |

Table 6. Potential drug–drug interactions (pDDIs) among 111 \* CKD patients according to demographic and clinical variables groups.

\* One patient had not taken any drugs; \*\* according to the classification of chronic kidney disease from Kidney Disease: Improving Global Outcomes (KDIGO); <sup>1</sup> ANOVA Kruskal–Wallis test; <sup>2</sup> Mann–Whitney *t*-test.

## 4. Discussion

## 4.1. Frequency and Severity of Potential Drug–Drug Interactions

Table 8 shows previous reports in which the prevalence and severity of pDDIs has been evaluated on CKD patients. It is remarkable that there are two studies published in 2017 that were carried out in different hospitals in Nigeria, with different numbers of individuals, but their results are practically identical despite using different analysis tools [17,18].

| d on CKD patients.                              | Niii            |
|---|-----------------|
| ential drug-drug interactions has been evaluate | Number of Druge |
| which prevalence and severity of pote           | CUD Patients on |
| Table 7. Previous studies in                    | Number of       |

| Study                  | Number of<br>Patients<br>(% Female) | Years<br>(Mean ± SD) | Country   | CKD Patients on<br>Stage 5 or<br>Hemodialysis (%) | Software for<br>Potential DDI        | Number of Drugs<br>per Patient<br>(Mean ± SD) | Most Frequent Drug Combinations with<br>Potential DDIs (%)  | Number of Patients<br>with Potential DDIs<br>Contraindicated (%) |
|------------------------|-------------------------------------|----------------------|-----------|---|--------------------------------------|---|---|--|
| ia et al. [12].        | 205 (25.8%)                         | 48.6 ± 16.2          | India     | 68.5%   | Micromedex                           | $12.1 \pm 6.3$                                | Ascorbid Acid + Cyanocobalamine (12.4%)<br>Clonidine + Metoprolol (3.8%)<br>Amlodipine + Metoprolol (3.4%)<br>Insulin + Metoprolol (2.9%)                           | 0 (0.0%)   |
| uito et al. [10].      | 558 (45.3%)                         | n.s.                 | Brazil    | 6.6%  | Micromedex                           | $5.6 \pm 3.2$                                 | Furosemide + Aspirin (7.8%)<br>Enalapril + Furosemide (5.9%)<br>Captopril + Furosemide (5.1%)<br>Enalapril + Losartan (3.7%)  | 5 (0.9%)   |
| blin et al. [11].      | 65 (50.8%)                          | 59.1±14.7            | Brazil    | 100%  | Micromedex                           | $6.3 \pm 3.1$                                 | Calcium Carbonate + Atenolol (8.0%)<br>Calcium Carbonate + Ferrous Sulfate (8.0%)<br>Calcium Carbonate + Ticlopidine (6.3%)<br>Enalapril + Eritropoietin (4.5%)     | 2 (3.1%)   |
| de et al. [13].        | 120 (45%)                           | $58.5 \pm 8.4$       | India     | n.s.  | Medscape Drug<br>interaction checker | 9.4 ± 3.9                                     | Sodium Bicarbonate + Ferrous Sulfate (8.9%)<br>Calcium Carbonate + Ferrous Sulfate (5.5%)<br>Aspirin + Carvedilol (5.5%)<br>Sodium Bicarbonate + Allopurinol (5.5%) | 0 (0.0%)   |
| kamahi et al.<br>[15]. | 275 (45.1%)                         | $50.7 \pm 15.9$      | Palestina | 100%  | LexiComp                             | $7.9 \pm 2.4$                                 | Calcium Carbonate + Amlodipine (12.3%)<br>Calcium Carbonate + Aspirin (8.2%)<br>Aspirin + Furosemide (7.9%)<br>Aspirin + Enoxaparin (4.3%)                          | 2 (0.7%)   |
| nuyiwa et al.<br>[18]. | 123 (33.3%)                         | 53.8 ± 16.0          | Nigeria   | 69.9%   | Lexi-Interact database               | $10.1 \pm 4.0$                                | Calcium Carbonate + Ferrous Sulfate (8.4%)<br>Folic Acid + Furosemide (3.4%)<br>Calcium Carbonate + Calcidol (3.2%)<br>Vitamin E + Ferrous Sulfate (3.0%)           | $1\ (0.8\%)$   |
| oe et al. [17].        | 123 (48.8%)                         | 53.8 ± 16.0          | Nigeria   | %6.69   | Medscape Drug<br>interaction checker | $10.3 \pm 3.9$                                | Calcium Carbonate + Ferrous Sulfate (9.9%)<br>Folic Acid + Furosemide (3.4%)<br>Calcium Carbonate + Calcidol (3.2%)<br>Vitamin E + Ferrous Sulfate (3.0%)           | $1\ (0.8\%)$   |

| Study                     | Number of<br>Patients<br>(% Female) | Years<br>(Mean ± SD) | Country  | CKD Patients on<br>Stage 5 or<br>Hemodialysis (%) | Software for<br>Potential DDI           | Number of Drugs<br>per Patient<br>(Mean ± SD) | Most Frequent Drug Combinations with<br>Potential DDIs (%)   | Number of Patients<br>with Potential DDIs<br>Contraindicated (%) |
|---------------------------|-------------------------------------|----------------------|----------|---|---|---|--|--|
| Saleem et al. [14].       | 209 (39.2%)                         | 38.3 ± 16.8          | Pakistan | 74.2%   | Micromedex<br>Drug-Reax                 | n.s.  | Ferrous Sulfate + Omeprazole (5.8%)<br>Calcium/Vitamin D + Ciprofloxacin (4.8%)<br>Captopril + Furosemide (4.1%)<br>Calcium Gluconate + Ceftriaxone (3.6%) | 28 (13.4)  |
| Adibe et al. [16].        | 169 (52.1%)                         | $51.0 \pm 14.9$      | Nigeria  | 28.4%   | Medscape Drug<br>interaction<br>checker | <b>6.1</b> ± 2.0                              | Lisinopril + Furosemide (9.1%)<br>Furosemide + Calcium Carbonate (7.2%)<br>Calcium Carbonate + Lisinipril (6.1%)<br>Aspirin + Furosemide (4.6%)            | 0 (0.0%)   |
| Okoro and Farate<br>[19]. | 201 (66%)                           | $49.5 \pm 14.5$      | Nigeria  | 69.2%   | Omnio drug<br>interaction<br>checker    | $5.8 \pm 1.5$                                 | Calcium Carbonate + Ferrous Sulfate (45.8%)<br>Lisinopril + Furosemide (7.7%)<br>Captopril + Furosemide (6.6%)<br>Captopril + Spironolactone (6.6%)        | 5 (2.5%)   |
| Present study             | 111 (61.3%)                         | $77.1 \pm 10.4$      | Spain    | 4.5%  | LexiComp                                | $8.6 \pm 3.4$                                 | Acenocoumarol + Omeprazole (1.1%)<br>Ferrous Sulfate + Omeprazole (1.0%)<br>Metformin + Aspirin (1.0%)<br>Levothyroxine + Omeprazole (1.0%)                | 10 (9.0%)  |
|                           |                                     |                      |          |   | n.s.: not studied                       |   |  |  |

Table 8. Previous studies in which prevalence and severity of potential drug-drug interactions has been evaluated on CKD patients.

As mentioned, most of the pDDIs were Type C (moderate severity), and 12.5% were Type D (major severity) and Type X (avoid drug combination). These data are similar to those observed in a previous study in Palestinian patients [15]. Other studies highlighted differences in the frequency of pDDIs types (Table 8). Among other causes, the variability in the reported pDDIs could also be a consequence of using different screening platforms to analyze potential drug interactions. In our case, we used Lexicomp<sup>®</sup>, which classifies pDDIs in different levels of severity. However, other software (Micromedex Drug-Reax, Medscape Drug interaction checker, etc.) for similar drug combinations perform dissimilar categorizations, or find different pDDIs.

Even though the majority of pDDIs reported in this study were Type C, it is necessary to closely monitor patients in order to identify adverse events. Moreover, major severity drug interactions and avoided drug combinations present a high risk to the health of patients and, consequently, physicians or clinical pharmacists must analyze, detect, and early prevent pDDIs.

In the present study, the majority of the patients were in CKD stage 3, and only 4.5% of the total were in CKD stage 5 or hemodialysis. This result is comparable with another study from Brazil [10] in which patients in CKD stage 5 represented 6.6% of the total sample. However, in the remaining previous studies, most of the patients were in stage 5 or hemodialysis (Table 8). This could affect the number and type of prescribed treatment and, therefore, the pDDI. The present study did not only focus on patients on hemodialysis, but on all patients with CKD.

## 4.2. Factors Associated with Potential Drug-Drug Interactions

Regarding comorbid conditions, these appeared in 91 patients (81.2%), and the most frequent were hypertension (44.6%), dyslipidemia/hypercholesterolemia (28.6%), and diabetes mellitus (22.3%).

The prevalence of hypertension and diabetes in previous studies [10,13–15] were higher than those found in the present study. In addition, each country could have implemented different clinical guidelines for similar disease conditions, which results in the prescription of different drugs and thereby other pDDIs. The selected hospital is a reference hospital with a nephrology unit similar and representative of most hospitals in the country. The percentage of patients with chronic kidney disease is also similar to those other nephrology units in Spain.

In the present study, the mean age of patients was higher (77.1  $\pm$  10.4 years) than in the rest of the studies, which reported mean age data from 38.3  $\pm$  16.8 to 59.1  $\pm$  14.7 years (Table 8). Polypharmacy prevalence increases with advancing age [23], and hence also pDDIs. Furthermore, people aged 80 and over are still much more likely to have DDIs [24]. Therefore, the main reasons for the differences found in the present study, comparing to most of the previous studies, could be the different CKD stages, age, or the country of patients. These factors could affect the number and type of prescribed drug treatment and, therefore, the number and severity of pDDIs. On the other hand, the use of different software to evaluate the pDDIs in the reported studies (Table 8) could lead to differences of the severity of pDDIs. Furthermore, many of the analyzed drugs that appear in Lexicomp<sup>®</sup> do not appear in some other databases.

This could be one of the reasons for variability in the pattern of frequency and severity of pDDIs observed in the present study compared to previous studies.

#### 5. Conclusions

The frequency and severity of pDDIs could be affected by the type and number of drugs per patient, which, at the same time, could be influenced by comorbidities and age. On the other hand, the advancement of CKD increases the risk of a major cardiac event and the possibility of hospitalization, which increases the number of medications [25,26].

It should be noted that in CKD patients, the association of medications is sometimes inevitable, and according to the present results, the use of programs for determination of pDDIs (such as Lexicomp<sup>®</sup>) are recommended in clinical practice for CKD patients in order to avoid serious adverse effects, paying attention to the contraindicated drug combinations. Therefore, as a way to classify and

identify pDDIs according to interaction risk, severity, and reliability, it would be convenient to consider and evaluate pDDIs in clinical practice in order to avoid or prevent some avoidable adverse effects.

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# Article Subset Analysis for Screening Drug–Drug Interaction Signal Using Pharmacovigilance Database

Yoshihiro Noguchi<sup>1,\*</sup>, Tomoya Tachi<sup>1</sup> and Hitomi Teramachi<sup>1,2,\*</sup>

- <sup>1</sup> Laboratory of Clinical Pharmacy, Gifu Pharmaceutical University, 1-25-4, Daigakunishi, Gifu-shi, Gifu 501-1196, Japan; tachi@gifu-pu.ac.jp
- <sup>2</sup> Laboratory of Community Healthcare Pharmacy, Gifu Pharmaceutical University, Daigakunishi, Gifu-shi, Gifu 501-1196, Japan
- \* Correspondence: noguchiy@gifu-pu.ac.jp (Y.N.); teramachih@gifu-pu.ac.jp (H.T.); Tel.: +81-58-230-8100 (Y.N. & H.T.)

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Abstract: Many patients require multi-drug combinations, and adverse event profiles reflect not only the effects of individual drugs but also drug-drug interactions. Although there are several algorithms for detecting drug-drug interaction signals, a simple analysis model is required for early detection of adverse events. Recently, there have been reports of detecting signals of drug-drug interactions using subset analysis, but appropriate detection criterion may not have been used. In this study, we presented and verified an appropriate criterion. The data source used was the Japanese Adverse Drug Event Report (JADER) database; "hypothetical" true data were generated through a combination of signals detected by three detection algorithms. The accuracy of the signal detection of the analytic model under investigation was verified using indicators used in machine learning. The newly proposed subset analysis confirmed that the signal detection was improved, compared with signal detection in the previous subset analysis, on the basis of the indicators of Accuracy (0.584 to 0.809), Precision (= Positive predictive value; PPV) (0.302 to 0.596), Specificity (0.583 to 0.878), Youden's index (0.170 to 0.465), F-measure (0.399 to 0.592), and Negative predictive value (NPV) (0.821 to 0.874). The previous subset analysis detected many false drug-drug interaction signals. Although the newly proposed subset analysis provides slightly lower detection accuracy for drug-drug interaction signals compared to signals compared to the  $\Omega$  shrinkage measure model, the criteria used in the newly subset analysis significantly reduced the amount of falsely detected signals found in the previous subset analysis.

**Keywords:** subset analysis; signal detection algorithms; drug-drug interaction; spontaneous reporting systems

## 1. Introduction

Drug-induced adverse events (AEs) caused by individual drugs and drug combinations not only hinder treatment but also cause new health hazards. To alleviate this problem, AEs caused by individual drug candidates are closely monitored and investigated during the drug development and approval process [1]. Pre-marketing randomized clinical trials are performed under certain conditions associated with age, gender, and co-morbidities, and some AEs may not be detected. In particular, in pre-marketing randomized clinical trials, patients on combination therapy are usually excluded because the focus is to establish the safety and efficacy of single drugs and not to investigate drug–drug interactions [2]. However, in the real world, many patients suffer from a variety of co-morbidities and use a number of drugs to treat them. The concomitant use of two or more drugs increases the risk of AEs due to drug–drug interactions; the proportion of such AEs is estimated to be up to 30% of unexpected AEs [3]. Therefore, in order to use drugs appropriately in the real world, it is important to understand, in advance, the AEs caused by drug–drug interactions. Post-marketing analysis of AE reports could significantly contribute to the discovery of AEs caused by single drugs or drug–drug interactions that could not be detected before marketing.

For the safety surveillance of drugs, AE reports collected post-marketing are maintained by regulatory agencies as a spontaneous reporting system. There are several algorithms for detecting adverse event signals using the spontaneous reporting system [4]. Of these, the algorithms commonly used for quantitative signal detection include the proportional reporting ratio (PRR) [5], the reporting odds ratio (ROR) [6], the Bayesian confidence propagation neural network (BCPNN) [7], and the empirical Bayesian geometric mean (EBGM) [8].

Additionally, multiple statistical algorithms have been proposed for detecting drug–drug interaction signals [9,10]. However, calculation of the PRR, similar to the risk ratio, and the ROR, similar to the odds ratio, is simple, but that of other algorithms (particularly the algorithm for detecting drug–drug interaction signals) is very complicated.

Therefore, in order to detect the drug–drug interaction signals between  $drug D_1$  and  $drug D_2$ , the subset analysis that detects the signal of  $drug D_1$  using the ROR, which is easy to calculate in a subset of patient groups, is often reported [11–13].

Of previous studies, several [11,12] have used animal experiments and/or pharmacological data to ensure signal reliability, but the signals obtained with this analysis model are not strictly drug–drug interaction signals; they only showed the effect of drug combinations for the following two reasons [14]:

- 1. The subset analysis used in this study detects signals from the target AE when the patient group using *drug* D<sub>1</sub> takes *drug* D<sub>2</sub>. In all patient groups, when the signal value of the target AE is large for drug D<sub>2</sub>, the signal is detected regardless of whether the patient group is using *drug* D<sub>1</sub>.
- 2. Target AE signal intensities when a patient group using  $drug D_1$  takes  $drug D_2$  vs. that when a patient group using  $drug D_2$  takes  $drug D_1$  do not necessarily match. In other words, the value to be adopted as the target AE signal value when  $drug D_1$  and  $drug D_2$  are used concomitantly has not been fixed (i.e., no clear detection criteria have been defined for detecting drug–drug interaction signals).

On the other hand, because the ROR, often used in subset analysis, is easy to calculate, if these shortcomings are improved and the appropriate detection criterion can be set, it might lead to early detection of AEs caused by drug–drug interactions.

In this study, we proposed a new detection criterion for the subset analysis (the newly proposed subset analysis) and verified the detection power using the spontaneous reporting system.

#### 2. Materials and Methods

The design of this study is based on a previous paper that discussed trends in methods to detect the signals of AEs caused by individual drugs [15] or drug–drug interactions [14].

#### 2.1. Data Sources

The validation dataset was created from the Japanese Adverse Drug Event Report database (JADER), using data from the first quarter of 2004 to the fourth quarter of 2015. The JADER consists of four comma-separated values (csv) files as data tables: DEMO.csv (patient information), DRUG.csv (medicine information), HIST.csv (patient past history), and REAC.csv (AE event information). This study used 374,327 cases registered in the verification dataset.

However, the Japanese authority, the Pharmaceuticals and Medical Devices Agency (PMDA), which owns these data, does not permit sharing the data directly. Therefore, we do not own the JADER. It can be accessed directly here: [http://www.info.pmda.go.jp/fukusayoudb/CsvDownload.jsp] (in Japanese only).

#### 2.2. Definitions of Adverse Drug Events

The drugs targeted for the survey are all registered and classified as "suspect drugs" in the validation dataset. The AEs in JADER are based on the preferred terms (PTs) in the Medical Dictionary for Regulatory Activities Japanese version (MedDRA/J). The AE targeted for this study was Stevens–Johnson syndrome (SJS), which was extracted from the dataset using the PT in MedDRA/J. However, the choice of target adverse events is the same as in previous similar studies [14,15], and there was no medical or pharmacological reason for this choice.

## 2.3. "Hypothetical" True Data of Adverse Events for Comparative Verification

The signals obtained from the spontaneous reporting system including the JADER used in this study included unknown AEs that were also detected, which needs to be verified in order to confirm they were true AEs. Moreover, the information provided by the regulatory authorities, of course, does not include unknown AEs. That is, there are no "real" true data for every AE. Therefore, we set "hypothetical" true data because we cannot use "real" true data for validation in this study.

To verify the power of the subset analysis, we prepared "hypothetical" true data of AEs. To generate "hypothetical" true data, we excluded the  $\Omega$  shrinkage measure model [16] that detected the most conservative signal and the combination risk ratio model [17], which would not detect a signal with a small number of reports, from the five detection algorithms. That is, this study used the combination of signals detected by three algorithms (the additive model [18], the multiplicative model [18], and the chi-square statistical model [19]) as "hypothetical" true data.

#### 2.4. Statistical Models and Criteria

#### 2.4.1. Subset Analysis

To detect the signal for the interaction between  $drug D_1$  and  $drug D_2$ , we created subsets of the patient group using  $drug D_1$  (or the patient group using  $drug D_2$ ) (Table 1).

**Table 1.** The 4 × 2 contingency table for signal detection: AE: adverse event; n: the number of reports (e.g.,  $n_{+++}$ : the number of all reports,  $n_{111}$ : the number of *drug*  $D_1$ - and *drug*  $D_2$ -induced target AE reports).

|   | Target AE               | Other AEs               | Total                   |
|---|-------------------------|-------------------------|-------------------------|
| <i>Concomitant use</i> of <i>drug</i> $D_1$ and <i>drug</i> $D_2$ | <i>n</i> <sub>111</sub> | <i>n</i> <sub>110</sub> | $n_{11+}$               |
| only $drug D_1$   | <i>n</i> <sub>101</sub> | <i>n</i> <sub>100</sub> | $n_{10+}$               |
| only $drug D_2$   | <i>n</i> <sub>011</sub> | n <sub>010</sub>        | <i>n</i> <sub>01+</sub> |
| Neither <i>drug</i> $D_1$ or <i>drug</i> $D_2$                    | n <sub>001</sub>        | n <sub>000</sub>        | <i>n</i> <sub>00+</sub> |
| Total   | <i>n</i> <sub>++1</sub> | <i>n</i> <sub>++0</sub> | <i>n</i> +++            |

The following equations (Equations (1) and (2)) were used to calculate the ROR and 95% confidence interval (95% CI) of the target AE caused by *drug*  $D_1$  (or *drug*  $D_2$ ) from the generated subset, respectively. For the signal of a patient group on *drug*  $D_1$  that takes *drug*  $D_2$ , the number of each report can be expressed as follows:  $N_{11} = n_{111}$ ,  $N_{10} = n_{110}$ ,  $N_{01} = n_{101}$ ,  $N_{00} = n_{100}$ . On the other hand, for the signal of a patient group on *drug*  $D_2$  that takes *drug*  $D_1$ , the number of each report can be expressed as follows:  $N_{11} = n_{111}$ ,  $N_{10} = n_{110}$ ,  $N_{01} = n_{011}$ ,  $N_{00} = n_{010}$ .

$$ROR = \frac{N_{11}/N_{00}}{N_{01}/N_{10}}$$
(1)

$$\operatorname{ROR}(95\% \operatorname{CI}) = e^{\ln(\operatorname{ROR}) \pm 1.96\sqrt{\frac{1}{N_{11}} + \frac{1}{N_{10}} + \frac{1}{N_{01}} + \frac{1}{N_{00}}}}$$
(2)

In previous studies [11–13], if the signal for  $drug D_2$  was detected in the subset of a patient group using  $drug D_1$  or if the signal for  $drug D_1$  was detected in the subset of a patient group using  $drug D_2$ , this signal was considered the drug–drug interaction signal. The criterion that a signal only needs to be detected from a subset of either patient group is ambiguous, highlighting the two shortcomings mentioned earlier. Therefore, for the newly proposed subset analysis, a case was redefined as the drug–drug interaction signal if a signal was detected in both subsets of a patient group using  $drug D_1$  and a patient group using  $drug D_2$ .

## 2.4.2. $\Omega$ Shrinkage Measure Model

The  $\Omega$  shrinkage measure model [16] is based on a measure calculated as the ratio of the observed reporting ratio of the AE associated with the combination of two drugs and its expected value; this model is used by the Uppsala Monitoring Center (UMC) and the World Health Organization (WHO) Collaborating Centre for International Drug Monitoring for signal analysis of drug–drug interactions (Table 1, Equations (3)–(7)).

$$\Omega = \log_2 \frac{n_{111} + 0.5}{E_{111} + 0.5} \tag{3}$$

where  $n_{111}$  is the reported number of AEs caused by the combination of two drugs, and  $E_{111}$  is the expected value of AEs caused by the combination of two drugs.

 $\phi(0.975)$  is 97.5% of the standard normal distribution and  $\Omega_{025} > 0$  is used as a threshold to screen for signals under the combination of two drugs (Equation (4)).

$$\Omega_{025} = \Omega - \frac{\phi(0.975)}{\log(2)\sqrt{n_{111}}} \tag{4}$$

To calculate  $E_{111}$ , we used the following Equations (5)–(7).

$$f_{00} = \frac{n_{001}}{n_{00+}}, f_{10} = \frac{n_{101}}{n_{10+}}, f_{01} = \frac{n_{011}}{n_{01+}}, f_{11} = \frac{n_{111}}{n_{11+}}$$
(5)

$$g_{11} = 1 - \frac{1}{\max\left(\frac{f_{00}}{1 - f_{00}}, \frac{f_{10}}{1 - f_{10}}\right) + \max\left(\frac{f_{00}}{1 - f_{00}}, \frac{f_{01}}{1 - f_{01}}\right) - \frac{f_{00}}{1 - f_{00}} + 1}$$
(6)

When  $f_{10} < f_{00}$  (which denotes no risk of AE caused by drug  $D_1$ ), the most sensible estimator  $g_{11} = \max(f_{00}, f_{01})$  is yielded and vice versa when  $f_{01} < f_{00}$ .

Norén et al. re-expressed the observed and expected RRR  $f_{11}$  and  $g_{11}$  in terms of the observed number of reports  $n_{111}$  and expected numbers of reports  $E_{111} = g_{11} \times n_{11+}$ , respectively:

$$\frac{f_{11}}{g_{11}} = \frac{n_{111}/n_{11+}}{E_{111}/n_{11+}} = \frac{n_{111}}{E_{111}} \tag{7}$$

#### 2.5. Evaluation of Detection Models

#### 2.5.1. Using Evaluations of Classification in Machine Learning

The evaluation indicators that we set were *Accuracy* (Table 2, Equation (8)), *Precision* (*Positive predictive value; PPV*) (Table 2, Equation (9)), *Recall (Sensitivity)* (Table 2, Equation (10)), *Specificity* (Table 2, Equation (11)), *Youden's index* (Table 2, Equation (12)), *F*-measure (Table 2, Equation (13)), and *Negative predictive value* (*NPV*) (Table 2, Equation (14)).

$$Accuracy = \frac{TP + TN}{TP + FP + TN + FN}$$
(8)

$$Precision (Positive predictive value; PPV) = \frac{TP}{TP + FP}$$
(9)

$$Recall (Sensitivity) = \frac{TP}{TP + FN}$$
(10)

$$Specificity = \frac{TN}{FP + TN}$$
(11)

$$Youden's index = Sensitivity + Specificity - 1$$
(12)

$$F - measure = \frac{2 \times Recall \times Precision}{Recall + Precision}$$
(13)

Negative predictive value (NPV) = 
$$\frac{TN}{TN + FN}$$
 (14)

| Table 2. Agreement between the criterion A and the        | "hypothetical"   | true data. | AE: adverse | event, TP: |
|---|------------------|------------|-------------|------------|
| True Positive, FP: False Positive, FN: False Negative, TN | : True Negative. |            |             |            |

|                  |            | "Hypothet | ical″ True Data |
|------------------|------------|-----------|-----------------|
|                  |            | AE        | non-AEs         |
| an alucic model  | signal     | TP        | FP              |
| anaiysis moaei – | Non-signal | FN        | TN              |

## 2.5.2. Cohen's Kappa Coefficient

The commonality of the signals detected by each statistical model was evaluated using *Cohen's kappa coefficient* ( $\kappa$ ), proportionate agreement for positive rating ( $P_{\text{positive}}$ ), and proportionate agreement for negative rating ( $P_{\text{negative}}$ ), as reported in a previous study [14,15]. In this study, we investigated the similarities with  $\Omega$  shrinkage measure model for the previous/newly proposed subset analysis.

## 2.6. Analysis Software

The analysis software in this study used Visual Mining Studio (NTT DATA Mathematical Systems Inc., Shinjuku-ku, Tokyo, Japan) version 8.4 and Microsoft Excel 2019 (Microsoft Corp., Redmond, WA, USA).

## 3. Results

## 3.1. Evaluations of Classification in Machine Learning

Among all 374,327 cases analyzed, there were  $3924 drug D_1-drug D_2$ -SJS combinations. Of these, 923 combinations were detected by all three algorithms—the additive model [18], the multiplicative model [18], and the chi-square statistics model [19]. In this study, these combinations were treated as "hypothetical" true data.

The evaluation of the analysis model is shown in Tables 3 and 4.

Table 3. The number of True positive, False positive, True negative, and False negative.

| Analysis Model                   | TP  | FP   | TN   | FN  |
|----------------------------------|-----|------|------|-----|
| Previous subset analysis         | 542 | 1251 | 1750 | 381 |
| Newly proposed subset analysis   | 542 | 367  | 2634 | 381 |
| $\Omega$ shrinkage measure model | 538 | 174  | 2827 | 385 |

TP: True positive, FP: False positive, TN: True negative, FN: False negative.

| Analysis Model                   | Accuracy | Precision<br>(PPV) | Recall<br>(Sensitivity) | Specificity | Youden's<br>Index | F-Measure | NPV   |
|----------------------------------|----------|--------------------|-------------------------|-------------|-------------------|-----------|-------|
| Previous subset analysis         | 0.584    | 0.302              | 0.587                   | 0.583       | 0.170             | 0.399     | 0.821 |
| Newly proposed subset analysis   | 0.809    | 0.596              | 0.587                   | 0.878       | 0.465             | 0.592     | 0.874 |
| $\Omega$ shrinkage measure model | 0.858    | 0.756              | 0.583                   | 0.942       | 0.525             | 0.658     | 0.880 |

Table 4. Evaluation of detected drug-drug interaction signals.

PPV: Positive predictive value, NPV: Negative predictive value.

Table 3 shows the number of True positive (TP), False Positive (FP), True Negative (TN), and False Negative (FN).

A total of 1793 combinations were detected by the previous subset analysis (*True positive*: 542, *False positive*: 1251). On the other hand, the newly proposed subset analysis detected 909 combinations of signals (*True positive*: 542, *False positive*: 367) (Table 3).

The detection accuracy shown in Table 4 was calculated from the values shown in Table 3.

In addition, the newly proposed subset analysis confirmed that the signal detection was improved with respect to the indicators of *Accuracy* (0.584 to 0.809), *Precision* (*PPV*) (0.302 to 0.596), *Specificity* (0.583 to 0.878), *Youden's index* (0.170 to 0.465), *F-measure* (0.399 to 0.592), and *NPV* (0.821 to 0.874) as compared with the signal detection in the previous subset analysis (Table 3).

The values of each indicator of the  $\Omega$  shrinkage measure model were *Accuracy* (0.858), *Precision* (PPV) (0.756), *Recall (Sensitivity)* (0.583), *Specificity* (0.942), *Youden's index* (0.525), *F-measure* (0.658), and *NPV* (0.880) (Table 4).

## 3.2. Cohen's Kappa Coefficient

The similarity between the detection results of the  $\Omega$  shrinkage measure model and that of the newly proposed subset analysis was  $\kappa$  (95% CI): 0.375 (0.355–0.395),  $P_{\text{positive}}$ : 0.502, and  $P_{\text{negative}}$ : 0.870. The similarity was  $\kappa$  (95% CI): 0.355 (0.327–0.384),  $P_{\text{positive}}$ : 0.678, and  $P_{\text{negative}}$ : 0.674 when targeting three or more reports (Table 5).

|                                |                        | All Case              |                       | $n_{111} \ge 3$          |                       |                       |  |
|--------------------------------|------------------------|-----------------------|-----------------------|--------------------------|-----------------------|-----------------------|--|
| Analysis Model                 | к<br>(95% CI)          | P <sub>positive</sub> | P <sub>negative</sub> | к<br>(95% CI)            | P <sub>positive</sub> | P <sub>negative</sub> |  |
| Previous subset analysis       | 0.088<br>(0.071-0.105) | 0.325                 | 0.684                 | -0.120<br>(-0.151-0.088) | 0.556                 | 0.296                 |  |
| Newly proposed subset analysis | 0.375<br>(0.355–0.395) | 0.502                 | 0.870                 | 0.355<br>(0.327–0.384)   | 0.678                 | 0.674                 |  |

| Fable 5. The similarity l | between the | $\Omega$ shrinkage m | neasure model | and subset a | analysis |
|---------------------------|-------------|----------------------|---------------|--------------|----------|
|---------------------------|-------------|----------------------|---------------|--------------|----------|

 $n_{111}$ : targeting three or more reports,  $\kappa$ : *Cohen's kappa coefficient*,  $P_{\text{positive}}$ : proportionate agreement for positive rating,  $P_{\text{negative}}$ : proportionate agreement for negative rating.

## 4. Discussions

In this study, we evaluated the accuracy of drug–drug interaction signals for the newly proposed subset analysis that modified two shortcomings of the previous subset analysis on the basis of data from the spontaneous reporting system.

There were 3924 pairs of  $drug D_1$ - $drug D_2$ -SJS in the spontaneous reporting system, JADER. There are several known combinations of drugs that onset SJS by drug–drug interactions [20]. On the other hand, there are some combinations that have not yet been reported. Recently, we used the  $\Omega$  shrinkage measure model to report potential drug combinations for the onset of SJS in concomitant use with antiepileptic drugs [21]. Not all AEs have been identified and there are still many unknown AEs. Unfortunately, unknown AE data do not exist anywhere in the world; there were no "real" true data for AEs. Therefore, to verify the accuracy of the subset analysis, we needed to prepare "hypothetical" true data of AEs. A previous comparative study [14] of five algorithms for detecting drug–drug interaction signals revealed that the  $\Omega$  shrinkage measure model [16] detected the most conservative signal, while

the combination risk ratio model [17] did not detect any interaction signal in less than three reports due to the detection criterion. Therefore, of the five algorithms, we used the combination of signals detected by the three algorithms (the additive model, the multiplicative model, and the chi-square statistical model) as "hypothetical" true data.

Among the previous subset analysis, the newly proposed subset analysis, and the  $\Omega$  shrinkage measure model, most signals were detected by the previous subset analysis with 1793 pairs (45.7% of the total combinations, *Accuracy*: 0.584, *Precision (PPV)*: 0.302, *Recall (Sensitivity)*: 0.587, *Specificity*: 0.583, *Youden's index*: 0.170, *F-measure*: 0.399, and *NPV*: 0.821), followed by the newly proposed subset analysis with 909 pairs (23.2% of the total combinations, *Accuracy*: 0.809, *Precision (PPV)*: 0.596, *Recall (Sensitivity)*: 0.587, *Specificity*: 0.878, *Youden's index*: 0.465, *F-measure*: 0.592, and *NPV*: 0.874). In contrast, the  $\Omega$  shrinkage measure model detected the fewest signals with 712 pairs (18.1% of the total combinations, *Accuracy*: 0.858, *Precision (PPV)*: 0.756, *Recall (Sensitivity)*: 0.583, *Specificity*: 0.942, *Youden's index*: 0.525, *F-measure*: 0.658, and *NPV*: 0.880) (Table 2, Table 4).

This result indicates that the accuracy of signal detection has been greatly improved in the newly proposed subset analysis with a simple modification of the previous subset analysis. However, the newly proposed subset analysis exhibited slightly lower power and accuracy for detecting the drug–drug interaction signals compared to the  $\Omega$  shrinkage measure model.

Verification by the number of reports showed that when the number of reports ( $N_{11}$ ;  $n_{111}$ ) < 2, the accuracy (*Youden's index*, *F-measure*) of signal detection was higher in the newly proposed subset analysis than in the  $\Omega$  shrinkage measure model (*Youden's index*: the newly proposed subset analysis (0.337) vs. the  $\Omega$  shrinkage measure model (0.174), *F-measure*: the newly proposed subset analysis (0.448) vs. the  $\Omega$  shrinkage measure model (0.298)).

However, as the number of reports increased, the  $\Omega$  shrinkage measure model became more accurate (*Youden's index*: the newly proposed subset analysis (0.465) vs. the  $\Omega$  shrinkage measure model (0.525), *F-measure*: the newly proposed subset analysis (0.592) vs. the  $\Omega$  shrinkage measure model (0.658)) (Table 4).

Additionally, the *True positive* values for the previous subset analysis and the newly proposed subset analysis were the same (Table 3). Since all signals obtained by the newly proposed subset analysis were included in the previous subset analysis, this result indicates that the detection criterion of the previous subset analysis was loose and that the data contained false positives.

The similarity between the newly proposed subset analysis and the  $\Omega$  shrinkage measure model was  $\kappa$  (95% CI): 0.375 (0.355–0.395),  $P_{\text{positive}}$ : 0.502, and  $P_{\text{negative}}$ : 0.870. On the other hand, the similarity between the previously subset analysis and the  $\Omega$  shrinkage measure model was  $\kappa$  (95% CI): 0.088 (0.071–0.105),  $P_{\text{positive}}$ : 0.325, and  $P_{\text{negative}}$ : 0.684. Thus, the newly proposed subset analysis w more similar to the  $\Omega$  shrinkage measure model than the previously subset analysis. However, the similarity of the newly proposed subset analysis and the  $\Omega$  shrinkage measure model is not very high. Additionally, when the number of reports ( $N_{11}$ ;  $n_{111}$ ) was  $\geq$ 3, no significant change was observed in the similarity between the  $\Omega$  shrinkage measure model and the newly proposed subset analysis. Despite not being similar to the  $\Omega$  shrinkage model, the newly subset analysis showed a high degree of accuracy. This result suggests that the newly subset analysis may be detecting signals that the  $\Omega$  shrinkage model has failed to detect.

This study has the following three limitations. First, unfortunately, unknown AE data do not exist anywhere in the world [14]. Therefore, there were no "real" true data for AEs. Thus, for the purpose of verification, it was necessary to set "hypothetical" true data for AEs instead of "real" true data. Therefore, of the five algorithms for detecting drug–drug interaction signals, we used the combination of signals detected by the three algorithms (the additive model, the multiplicative model, and the chi-square statistical model) as "hypothetical" true data in this study. In other words, the hypothetical true data consisted of statistically based *drug*  $D_1$ –*drug*  $D_2$ –AE combinations, not pharmacologically based combinations.

Second, usually it is important to compare detection trends using all AEs recorded in the validation dataset created on the basis of a spontaneous reporting system; however, it takes an extremely long time to calculate signal values for all combinations of drug–drug interactions. Such a study design is not realistic. Therefore, this study targeted SJS, the same AE used in previous comparative studies [14,15]; if different reference sets were used, the possibility of obtaining different performance characteristics might not be ruled out. There are fewer enrolled cases than in the global dataset because JADER is limited to cases in Japan. However, the signal detection is based on a comparison between the ratio of reported cases (*N*) to expected values (*E*). Therefore, differences in the number of cases enrolled in the spontaneous reporting system had only a very small statistical impact in this study. Recently, validation of the number of cases enrolled in the spontaneous reporting system has also been reported by Caster et al. [22]. Moreover, differences in the way regulatory authorities think may result in a different tendency to register AEs to the spontaneous reporting system. For example, the Food and Drug Administration Adverse Events Reporting System (FAERS) in the United States has also registered reports from non-medical professionals, but JADER has not registered reports from patients until recently. It is unknown how the differences in registration tendencies affect the results of this study.

Finally, neither the general algorithms for detecting drug–drug interaction signals nor the proposed subset analysis in this study were antagonistic; only signals of synergistic interactions were detected [10].

#### 5. Conclusions

In recent years, the need for safety signal screening has been demanded, not only for single drugs but also for drug–drug interactions. Although several methods for detecting signals of drug interaction have been reported, it is difficult to say that these methods are used because many of them are complicated in calculation. Therefore, there were several cases [11–13] where subset analysis using the algorithm for detecting signals of single drugs (e.g., ROR [6]) was used for signal detection of drug–drug interactions before its validity was verified.

This study showed that there were many false positives in the existing subset analysis, albeit under limited conditions. Additionally, very simple modifications of the detection criteria were made to solve two problems associated with the previous subset analysis for exploring recently reported drug–drug interaction signals. This modification helped to reduce falsely detected signals found in the previous subset analysis.

Moreover, the newly proposed subset analysis is more similar to the  $\Omega$  shrinkage measure model than the previous subset analysis, but the similarity with the  $\Omega$  shrinkage measure model is not as high. However, the newly proposed subset analysis showed that although the detection accuracy of the drug–drug interaction signal was slightly lower than that of the  $\Omega$  shrinkage measure model, the detection accuracy was sufficient. This result may also indicate the possibility of detecting signals that cannot be detected by the  $\Omega$  shrinkage measure model.

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Review

# Mechanisms of CYP450 Inhibition: Understanding Drug-Drug Interactions Due to Mechanism-Based Inhibition in Clinical Practice

Malavika Deodhar<sup>1</sup>, Sweilem B Al Rihani<sup>1</sup>, Meghan J. Arwood<sup>1</sup>, Lucy Darakjian<sup>1</sup>, Pamela Dow<sup>1</sup>, Jacques Turgeon<sup>1,2</sup> and Veronique Michaud<sup>1,2,\*</sup>

- <sup>1</sup> Tabula Rasa HealthCare Precision Pharmacotherapy Research and Development Institute, Orlando, FL 32827, USA; mdeodhar@trhc.com (M.D.); srihani@trhc.com (S.B.A.R.); marwood@trhc.com (M.L.A.); ldarakijan@trhc.com (L.D.); ndow@trhc.com (P.D.); iturgeon@trhc
- marwood@trhc.com (M.J.A.); ldarakjian@trhc.com (L.D.); pdow@trhc.com (P.D.); jturgeon@trhc.com (J.T.) <sup>2</sup> Faculty of Pharmacy, Université de Montréal, Montreal, QC H3C 3J7, Canada
- Correspondence: vmichaud@trhc.com; Tel.: +1-856-938-8697

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Abstract: In an ageing society, polypharmacy has become a major public health and economic issue. Overuse of medications, especially in patients with chronic diseases, carries major health risks. One common consequence of polypharmacy is the increased emergence of adverse drug events, mainly from drug-drug interactions. The majority of currently available drugs are metabolized by CYP450 enzymes. Interactions due to shared CYP450-mediated metabolic pathways for two or more drugs are frequent, especially through reversible or irreversible CYP450 inhibition. The magnitude of these interactions depends on several factors, including varying affinity and concentration of substrates, time delay between the administration of the drugs, and mechanisms of CYP450 inhibition. Various types of CYP450 inhibition (competitive, non-competitive, mechanism-based) have been observed clinically, and interactions of these types require a distinct clinical management strategy. This review focuses on mechanism-based inhibition, which occurs when a substrate forms a reactive intermediate, creating a stable enzyme-intermediate complex that irreversibly reduces enzyme activity. This type of inhibition can cause interactions with drugs such as omeprazole, paroxetine, macrolide antibiotics, or mirabegron. A good understanding of mechanism-based inhibition and proper clinical management is needed by clinicians when such drugs are prescribed. It is important to recognize mechanism-based inhibition since it cannot be prevented by separating the time of administration of the interacting drugs. Here, we provide a comprehensive overview of the different types of mechanism-based inhibition, along with illustrative examples of how mechanism-based inhibition might affect prescribing and clinical behaviors.

**Keywords:** drug–drug interactions; mechanism-based inhibition; competitive inhibition; non-competitive inhibition; substrate; inhibitor; cytochromes P450

#### 1. Introduction

In clinical practice, the need for the use of multiple drugs is common, as patients often present with numerous chronic diseases. To improve commodity and drug adherence, several medications are often administered concomitantly. Although this may represent a preferred clinical strategy, the administration of two or more drugs at overlapping times increases the likelihood of drug–drug interactions [1,2]. As the risk of drug–drug interactions increases, the risk of debilitating, even fatal, adverse drug events also increases [3]. From a pharmacokinetics standpoint, drug–drug interactions occur when one drug—the perpetrator drug—alters the disposition of another co-administered drug—the victim drug.



Inhibition of cytochrome P450 (CYP450) enzymes is the most common mechanism leading to drug–drug interactions [4]. CYP450 inhibition can be categorized as reversible (including competitive and non-competitive inhibition) or irreversible (or quasi-irreversible), such as mechanism-based inhibition. Each type of interaction involves a distinct clinical management strategy. This is why a comprehensive understanding of mechanisms of CYP450-mediated metabolism inhibition is needed to prevent or mitigate these harmful drug interactions. This review will focus on the CYP450 enzymatic system with a special look at one specific type of CYP450 inhibition, namely mechanism-based inhibition; clinical cases involving mechanism-based inhibitors will be discussed in this context.

## 2. Basic Concepts of Enzyme, Substrate, and Inhibitor

For clarity, as we address the various types of drug metabolism inhibition, the concepts of active (orthosteric) and allosteric sites, substrates, and inhibitors need to first be reviewed.

#### 2.1. Active Site or Orthosteric Site of the Enzyme

The active or orthosteric site is a physical space or pocket within the protein structure of an enzyme where a molecule can bind and from where a catalytic reaction takes place to convert the molecule into a metabolite (addition of a hydroxyl moiety, removal of alkyl moieties, etc.). (Figure 1) For CYP450 isoforms, binding to the active site is independent of the NADPH-P450 oxidase reactions; however, the chemical reaction leading to the formation of the metabolite will employ electrons originated from NADPH.



**Figure 1.** Illustration of an enzyme with its active binding site for drug transformation and allosteric binding site (or regulatory site).

## 2.2. Allosteric Site

The allosteric site is a physical space or pocket within the protein structure of an enzyme spatially separated from the active site. (Figure 1) The allosteric site allows molecules to modulate enzyme activity. These molecules can be allosteric activators or allosteric inhibitors, depending on how they influence enzyme activity. Drugs can bind to this site and change the three-dimensional structure of the enzyme (conformational change). Allosteric inhibitors may render the active site no longer accessible for substrate binding or make the site unable to catalyze reactions. It is widely known that almost all cases of non-competitive inhibition are caused by allosteric regulation (see discussion in Section 3).

## 2.3. Substrates

Substrates are drugs that bind to the active site of an enzyme and are transformed into metabolites while being present in this active site. The biotransformation process of a drug may involve multiple enzymes leading to various metabolites; each metabolic route relies on specific characteristics.

The strength of attraction between an enzyme and a substrate is measured as the "binding affinity". A substrate can exhibit varying binding affinity for an active site depending on their chemical structure and physical properties. Based on their binding affinity for a specific enzyme, substrates can be classified into weak, intermediate, and strong affinity substrates. Advanced clinical decision support systems (such as MedWise<sup>™</sup>) depict the various degrees of affinity by different colors: light yellow (weak), dark yellow (intermediate), and orange (strong affinity).

#### 2.4. Binding Affinity

Binding affinity to an enzyme is measured by the  $K_m$ , i.e., the concentration at which 50% of the maximum metabolic reaction ( $V_{max}$ ) occurs; the lower the  $K_m$ , the greater the affinity. The intrinsic clearance measures the ability of an organ to clear unbound drug when there are no limitations to blood flow and binding considerations. The intrinsic clearance ( $CL_{int}$ ) of a substrate is defined by:

$$CL_{int} = \frac{Vmax}{(Km + [S])}$$

where [S] is the substrate concentration. In most clinical situations, liver enzymes are rarely saturated so that, generally, the substrate concentration is much smaller than the  $K_m$  and the equation can be simplified to:

$$CL int \approx \frac{Vmax}{Km}$$

The binding affinity of a substrate can be modified by the presence of other molecules (in many drug–drug interaction situations, the  $K_m$  is increased for the victim drug such that its  $CL_{int}$  is decreased).

## 2.5. Inhibitors

Drugs defined as inhibitors bind either to the active site or to an allosteric site of the enzyme. However, they can also bind to both; in these cases, the process is called "mixed inhibition" and can often be more potent than simple competitive or non-competitive inhibition. Inhibitors can be either substrates or non-substrates of the enzyme. As mentioned previously, non-substrate inhibitors typically bind to an allosteric site of the enzyme. If the inhibitor is a substrate transformed by the enzyme, the substrate itself or its metabolites could contribute to the inhibition mechanism. For example, studies on the inhibitory potency of gemfibrozil indicated that gemfibrozil is a potent inhibitor of CYP2C9 in vitro, but that it is a more potent inhibitor of CYP2C8 than CYP2C9 in vivo [5–7]. This observation is substantiated by several clinical reports of interactions between gemfibrozil and CYP2C8 substrates including cerivastatin, repaglinide, and glitazones [8–11]. The mechanism of this clinical interaction is explained by the formation of the major metabolite of gemfibrozil, gemfibrozil 1-O- $\beta$ -glucuronide, which was found to potently inhibit CYP2C8 [10,12].

#### 3. Mechanism of CYP450 Inhibition

Drug interactions due to drug metabolism inhibition are frequent since (1) CYP450-mediated metabolism is the major route of elimination for a large number of drugs, and (2) multiple drugs can compete for the same CYP450 active site. Mechanisms of CYP450 inhibition can be categorized as reversible (including competitive or non-competitive) or irreversible/quasi-irreversible (mechanism-based inhibition).

#### 3.1. Reversible CYP450 Inhibition

Reversible inhibition is a result of rapid association and dissociation between the substrate drugs and the enzyme and can be categorized as competitive or non-competitive. A third category, uncompetitive inhibitor, also considered as a reversible inhibition type, is a very rare phenomenon and

will not be considered in this current review; this type of inhibitor binds only the enzyme–substrate complex, leading to a dead-end complex.

#### 3.1.1. Competitive Inhibition

The ability of a single CYP450 isoform to metabolize multiple substrates is responsible for several drug interactions associated with reversible competitive inhibition. Competitive inhibition occurs when two substrates compete for the same active site—such as the prosthetic heme iron or substrate-binding region—of CYP450s. The competition is a function of the respective affinities of the two substrates for the binding site and their concentrations in the proximity of the enzyme. First, the most clinically relevant situation will be discussed.

## Two Substrates with Different Affinities Administered Concomitantly

This situation is often encountered in clinical practice. Under a competitive inhibition condition, a substrate with strong affinity (acting as a perpetrator) can displace a weaker substrate (behaving as a victim) from the active site (Figure 2), thus increasing the  $K_m$  of the victim drug (decreased affinity) and reducing the extent of its breakdown (decrease in its  $CL_{int}$ ) over a period of time.



**Figure 2.** Illustration of reversible competitive inhibition where ligand A (**orange**) is a substrate with strong affinity and ligand B (**yellow**) is a substrate with a weaker affinity for a specific enzyme (**purple**). As long as the concentrations of the two substrates are comparable, the stronger affinity substrate with higher binding affinity will be preferred at the active site of the enzyme resulting in an accumulation of ligand B.

For an active drug, the decrease in the  $CL_{int}$  of one of its metabolic pathways can lead to a decrease in the total clearance of the drug (capacity for eliminating the drug) and can result in increased plasma concentrations, potentially precipitating adverse effects. However, for prodrugs, this interaction can instead result in a decrease in the formation of the active metabolite, reducing drug efficacy. The magnitude of changes observed in the overall disposition of the victim drug (increase in its plasma levels) will be a function of the relative contribution of the inhibited metabolic pathway to the clearance of this drug. For example, if 15% of a drug is excreted unchanged in urine—35% by enzyme 1 and 50% by enzyme 2—a 50% decrease in the total CL of the victim drug is expected if enzyme 2 is inhibited:

$$CL = CL_{renal} + CL_{metabolic} = 0.15 + 0.85$$

and,

$$CL_{metabolic} = CL_{enzyme 1} + CL_{enzyme 2}$$

or,

0.85 = 0.35 + 0.5

under conditions of enzyme 2 inhibition (whether it is reversible or irreversible),

$$CL_{metabolic} = CL_{enzyme 1} + CL_{enzyme 2}$$

or,

$$0.35 = 0.35 + 0.0$$

and,

 $CL = CL_{renal} + CL_{metabolic} = 0.15 + 0.35 = 0.5$ 

Since,

$$CL = Dose/AUC_{0-\infty}$$

Under steady-state conditions, the area under the drug concentration curve (*AUC*) measured over a dosing interval ( $\tau$ ) is equal to  $AUC_{0-\infty}$ . Since the average concentration over a dosing interval ( $C_{av}$ ) at steady state can be estimated by  $AUC_{0-\tau}/\tau$ , the equation could be rearranged in a simpler manner to yield:

$$CL = Dose/(C_{av} \times \tau)$$

A 50% decrease in CL will be associated with a doubling in the average plasma concentrations of the victim drug.

According to a competitive inhibition mechanism, every substrate of an enzyme is a potential perpetrator drug (inhibitor) towards another substrate metabolized by the same enzyme. Competitive inhibition is almost immediate and the degree of inhibition of the enzyme does not change with time if the concentration of the two substrates remains the same.

In an example illustrating this scenario, theophylline (weak CYP1A2 substrate) is largely metabolized by CYP1A2 by binding to its active site. (Figure 3) If that active site is occupied by a stronger substrate like duloxetine (moderate CYP1A2 affinity substrate), breakdown of theophylline will be reduced ( $\downarrow$ CL<sub>int</sub>), leading to increased plasma levels of theophylline and possibly side effects (e.g., headache, nausea, vomiting). To minimize competitive inhibition, two competing substrates should be administered with as much time apart as possible.

| MEDICATIONS    | CYP1A2            | CYP2B6 | CYP2C8         | CYP2C9 | CYP2C19   | CYP2D6 | CYP3A4 |
|----------------|-------------------|--------|----------------|--------|-----------|--------|--------|
| Duloxetine     |                   |        |                |        |           |        |        |
| Theophylline   |                   |        |                |        |           |        |        |
|                |                   |        |                |        |           |        |        |
| egend          |                   |        |                |        |           |        |        |
| Weak Substrate | Moderate Substrat | te St  | rong Substrate |        | Inhibitor |        | MBI    |

**Figure 3.** CYP450 metabolic pathways involved in the metabolism of duloxetine and theophylline and their respective affinities are depicted. Competitive inhibition between duloxetine and theophylline will be expected at CYP1A2. Duloxetine acts as the perpetrator drug over theophylline, the victim drug.
# Two Substrates with Largely Different Concentrations

As mentioned previously, the competitive inhibition process is sensitive to substrate concentrations. If concentrations of the weaker affinity substrate are much higher than concentrations of the stronger affinity substrate, the weaker affinity substrate can displace the stronger affinity substrate and overcome the enzyme inhibition, which is why this type of inhibition is deemed reversible. (Figure 4) The greater the difference there is between the affinity of the weaker affinity substrate and the stronger affinity substrate, the more the concentration of the weaker affinity substrate needs to be increased to displace the stronger affinity substrate. This situation can be observed clinically when very high concentrations of a weak affinity substrate are present in the intestine or liver (high micromolar concentrations), following its oral administration, while concentrations of another higher affinity substrate have long been absorbed and distributed to various tissues leading to plasma concentrations in the low nanomolar range. In this case, the extent of victim drug inhibition would be minimal. A direct application of this principle is to alleviate the degree of inhibition by separating the time of administration of the two competing drugs.



**Figure 4.** Illustration of reversible competitive inhibition where ligand A (**orange**) is a substrate with strong affinity and ligand B (**yellow**) is a substrate with weaker affinity for a specific enzyme (**purple**). When the concentrations of the weaker affinity substrate are sufficiently high, it can outcompete the stronger affinity substrate for the active site of the enzyme.

# 3.1.2. Non-Competitive Inhibition

The non-competitive inhibitor does not generally have any structural resemblance to the substrate as it binds to an allosteric site. The non-competitive inhibitor will cause a conformational change in the structure of the active site such that the active site loses its affinity for the substrate. (Figure 5) Thus, there is no direct competition between the inhibitor and the substrate at the active site. This type of inhibition is often long lasting and cannot be overcome by increasing substrate concentrations. Under these conditions, a decrease in the  $CL_{int}$  of the substrate due to a decrease in its  $V_{max}$  is observed. Similar to competitive inhibitor is not changed, the amount of inhibition will not increase over time. This type of inhibition does not require the involvement of NADPH as a cofactor, i.e., the inhibitor is not metabolized by the enzyme, but merely sits in an allosteric site. Other non-competitive inhibition conditions may involve CYPb5 and/or CYP450 oxidoreductase as these factors have been shown to modulate CYP450 activities, at least in in vitro systems [13,14]. Separating the time of dosing will not alleviate non-competitive inhibitors at other CYP isoforms [15–17].



**Figure 5.** Illustration of reversible non-competitive inhibition. An inhibitor (**red**) binds to an allosteric site on the enzyme and causes conformational changes that prevent a substrate (**orange**) from binding to the active site. Over time, as the inhibitor is flushed out, the conformation of the enzyme can return to normal and substrate (**orange**) can bind to the active site again.

# 3.1.3. Mixed inhibition

In the case of mixed inhibition, both competitive and non-competitive inhibition occur. Mixed inhibitors can simultaneously bind to both the heme iron atom (at the active site) and lipophilic regions of the protein (allosteric site). Mixed inhibitors are usually more potent inhibitors than competitive or non-competitive inhibitors. Ketoconazole and fluconazole, both imidazole antifungals, exhibit potent mixed reversible inhibition of CYP3As. However, fluconazole is a weaker mixed reversible inhibitor compared to ketoconazole, mainly due to its lower lipophilicity (less binding to an allosteric site).

For a CYP3A substrate like midazolam, concomitant use of non-competitive or mixed CYP3A inhibitors will reduce its transformation to  $\alpha$ -hydroxy midazolam, increasing midazolam plasma levels and augmenting the risk of adverse drug events [18].

# 3.2. Irreversible CYP450 Inhibition

Several clinically important pharmacokinetic drug interactions result from a decrease in the metabolic clearance of a substrate due to CYP450 irreversible inhibition. Mechanism-based inhibition is a condition often encountered with irreversible CYP450 inhibitors.

# 3.2.1. Mechanism-Based Inhibition

Mechanism-based inhibition can be irreversible or quasi-irreversible. It generally derives from the activation of a substrate drug by a CYP450 isoform into a reactive metabolite, which binds to the enzyme heme prosthetic site (part of the active site), resulting in irreversible long-lasting loss of enzyme activity (decrease in  $V_{max}$ ). (Figure 6) Several drugs undergo metabolic activation by a specific CYP450 isoform to produce inhibitory intermediate metabolites, which can form stable intermediate complexes. As a result, the CYP450 isoform is sequestered in an inactive state. Even though the reactive intermediate metabolite plays a key role in the mechanism-based inactivation of the CYP450 isoform, in many instances, the exact reactive metabolite involved in this phenomenon is unknown.

In the case of quasi-irreversible inhibition, the metabolites form very stable complexes with the heme prosthetic site (metabolite–intermediate complex), so that the enzyme is sequestered in a functionally inactive state. This phenomenon is called quasi-irreversible since, in theory, this complex can be disrupted. In the case of irreversible inhibition, the metabolites covalently bind to the heme prosthetic site or the protein part of the CYP450, leading to irreversible inactivation [19,20].



**Figure 6.** Illustration of mechanism-based inhibition. The mechanism-based inhibitor (**orange**) binds to the active site as a substrate. During the normal process of metabolism, it forms either stable intermediate–enzyme complexes or reactive electrophilic species that can lock up or destroy the enzyme, and new enzyme synthesis is required to restore the enzymatic activity.

Hence, mechanism-based inhibition is active site mediated, and the allosteric site is not involved. In contrast to reversible inhibition mechanisms, mechanism-based inhibition is time dependent and NADPH dependent. This means that the enzyme has to start breaking down the substrate in order for inhibition to proceed. As more drug molecules are metabolized, more complexes are stably formed in the active sites, increasing inhibition over time before it reaches a plateau. Mechanism-based inhibition is therefore also saturable. New enzyme formation is necessary to restore activity: the relationship between the amount of intermediate complex formed and the speed of new enzyme synthesis dictate the equilibrium and extent of enzyme inhibition.

Mechanism-based inhibitors can be classified into two categories: metabolic–intermediate complex formation inhibitors and protein and/or heme alkylation inhibitors.

# Metabolic-Intermediate Complex Formation (or Alternate Substrate Inhibition)

Such a condition occurs when a stable intermediate metabolite formed during the normal metabolic cycle forms covalent bonds at the active site. This stable intermediate–enzyme complex is not easily broken by increasing substrate concentration. Since the enzyme structure remains otherwise unchanged, theoretically this reaction is reversible with time. However, in in vivo conditions, with this metabolic intermediate complex being excessively stable, the metabolic intermediate cannot be displaced and the enzyme remains inaccessible for metabolism so the reaction seems irreversible.

An example of alternate substrate inhibition is observed with paroxetine as its methoxy diene carbon moiety was found to be responsible for the formation of covalent bonds at the active site of CYP2D6 [21,22]. Another example of this type of inhibition was observed with clarithromycin when the nitrosoalkene intermediate generated by N-demethylation forms covalent bonds with the active site of CYP3A4 [23].

### Protein and/or Heme Alkylation (or Suicide Inhibition)

This situation takes place when a latent highly reactive (generally electrophilic) intermediate is formed in the catalysis process. The reactive intermediate forms covalent bonds (strong irreversible bonds) with the enzyme in a step that is not part of the normal metabolic pathway. This process can change the conformational structure of the enzyme significantly—it can even destroy the enzyme in some cases—making it functionally unviable. For example, inhibition of CYP2C19 by esomeprazole was found to be mediated by crosslinking the heme and apoprotein moieties in the enzyme, changing its conformational structure [24].

It is important to note that since mechanism-based inhibitors are substrates of the enzyme, they can also cause acute competitive inhibition when co-administered with other sensitive substrates. The difference between competitive inhibition and mechanism-based inhibition is that as the time period of exposure to mechanism-based inhibitors increases, the degree of inhibition also increases. (Table 1)

|                                   |                   | Inhibitor Type                         |                   |
|-----------------------------------|-------------------|--|-------------------|
| Characteristics                   | Competitive       | Non-Competitive<br>Non-Mechanism Based | Mechanism-Based   |
| Metabolism required               | No                | No                                     | Yes               |
| Active site mediated              | Yes               | No                                     | Yes               |
| Time dependent                    | No                | No                                     | Yes               |
| Substrate concentration dependent | Yes               | No                                     | Yes               |
| $K_m$ (victim drug)               | $\uparrow$        | $\leftrightarrow$                      | $\leftrightarrow$ |
| $V_{max}$ (victim drug)           | $\leftrightarrow$ | $\downarrow$                           | $\downarrow$      |
| CL <sub>int</sub> (victim drug)   | $\downarrow$      | $\downarrow$                           | $\downarrow$      |

Table 1. Summary of major pharmacokinetic characteristics of various drug inhibition models.

# 4. Clinical Cases

# 4.1. The Case of Omeprazole and Clopidogrel

Proton pump inhibitors (PPIs) are commonly prescribed along with antiplatelet drugs like clopidogrel to reduce the incidence of gastric bleeding during treatment with antiplatelet therapy [25,26]. Omeprazole has long been one of the most widely used PPIs [27]. Omeprazole is a known strong affinity substrate of CYP2C19, leading to the formation of its hydroxy and desmethyl metabolites. The antiplatelet drug clopidogrel is sequentially activated by CYP450 isoforms, including CYP2C19, into its active metabolite (H4) [28]. When omeprazole is co-administered with clopidogrel, omeprazole acts as a strong affinity substrate of CYP2C19 (perpetrator), whereas clopidogrel is a weaker sensitive substrate (victim). (Figure 7) Multiple in vitro studies have reported a potential pharmacokinetic interaction between omeprazole and clopidogrel [29–32]. A clinical study conducted by Angiolillo et al. demonstrated that plasma levels of clopidogrel's active metabolite H4, and consequently the platelet aggregation induced by adenosine diphosphate, were decreased when omeprazole and clopidogrel were administered concomitantly [30]. Various other clinical studies have demonstrated that co-administration of omeprazole and clopidogrel diminishes the antiplatelet activity of clopidogrel [31,32].

| MEDICATIONS | CYP1A2 | CYP2B6 | CYP2C8 | CYP2C9 | CYP2C19 | CYP2D6 | CYP3A4 |
|-------------|--------|--------|--------|--------|---------|--------|--------|
| Clopidogrel |        |        |        |        |         |        |        |
| Omeprazole  |        |        |        |        |         |        |        |
|             |        |        |        |        |         |        | _      |
|             |        |        |        |        |         |        |        |
| egend       |        |        |        |        |         |        |        |
| egend       |        |        |        |        |         |        |        |

**Figure 7.** CYP450 metabolic pathways involved in the metabolism of clopidogrel and omeprazole, and their respective affinities are depicted. Competitive inhibition will be expected at CYP3A4 and mechanism-based inhibition at the CYP2C19 enzymatic level. Clopidogrel is the victim drug and omeprazole acts as the perpetrator drug.

Since omeprazole is a strong affinity substrate for CYP2C19, an "immediate" competitive inhibition is expected between these two drugs. Since competitive inhibition was expected, separating time of administration was considered a logical mitigation strategy to avoid or alleviate the extent of the drug interaction [29]. Others have suggested that increasing the dose of clopidogrel might compensate for the diminished formation of the active metabolite [29]. These recommendations to separate the time of administration of the two drugs or to increase the dose of the victim drug (clopidogrel) come from a sound rationale and have been proven to be efficacious in mitigating drug interactions associated with competitive inhibition. However, it has been shown that following chronic administration, separating the time of administration does not alleviate the reduction in clopidogrel active metabolite (H4) caused by omeprazole [30,33]. This is due to the fact that omeprazole is not only a competitive inhibitor, but also a mechanism-based inhibitor of CYP2C19, which results in a gradual increase in irreversible inhibition of the CYP2C19 enzyme, to a point where clopidogrel activation and its clinical efficacy are significantly impaired. From these observations, the FDA warns that separating the time of administration between these two substrates will not alleviate this interaction [34].

Multiple studies have been conducted to determine the clinical impact of the potential reduced antiplatelet efficacy resulting from this interaction. In two retrospective studies looking at interactions between clopidogrel and PPIs and the effects on clinical outcomes, it was reported either that PPIs were associated with increased cardiac adverse events in acute coronary syndrome patients, or that cardiac adverse events were less common in PPI non-users [35,36]. Short-term mortality odds ratios also favored PPI non-users, but no significant differences were observed in long-term mortality [35]. Though a wide range of PPIs were reviewed, omeprazole and esomeprazole remained the most widely prescribed when all studies were combined. A similar study was conducted by Mahabaleshwarkar et al., which found that PPIs were slightly, but significantly, associated with all-cause mortality [37]. The odds ratio of adverse cardiac events and all-cause mortality for omeprazole in particular was 1.23. In another retrospective cohort study, clopidogrel use post discharge for acute coronary syndrome hospitalizations was studied [38]. Concurrent clopidogrel and PPI use was associated with an increased risk of death or rehospitalization; among patients prescribed a PPI, 60% were on omeprazole [38]. PPI plus clopidogrel use also remained significantly associated with recurrent acute coronary syndrome and revascularization procedures [38]. Another study evaluated the association between various PPIs (all PPIs combined) and individual PPI agents with clopidogrel use and increased risk of hospitalization [39]. There was no significant association between any PPI and increased risk of rehospitalization with clopidogrel, but this association was significant with omeprazole [39].

Several studies also report no change in the frequency of cardiovascular adverse events with omeprazole administration during clopidogrel treatment [26,40–42]. Dosing regimens in these studies suggest that the extent of interaction between clopidogrel (75 mg vs. 600 mg) and omeprazole (20 mg vs. 80 mg) may be dose dependent. If an alternative PPI has to be considered, in vitro studies using human liver microsomes have confirmed that PPIs like rabeprazole, lansoprazole, dexlansoprazole, and pantoprazole do not show evidence of mechanism-based inhibition [29]. Clinical studies have also reported that effects of lansoprazole and pantoprazole on clopidogrel antiplatelet activity are not as potent as omeprazole [43–45]. When clopidogrel and PPI coadministration is necessary, switching to a PPI other than omeprazole or esomeprazole may be considered, in light of the evidence presented herein.

#### 4.2. The Case of Paroxetine

The antidepressant paroxetine is a known substrate of CYP2D6, but also a potent mechanism-based inhibitor of this enzyme. As such, paroxetine is expected to inhibit its own metabolism over time. This has been illustrated in two clinical studies, where the  $C_{max}$  and AUC of paroxetine were increased 5.2- and 7-fold after 2 weeks of paroxetine administration, respectively [46,47]. In the second study, Laine et al. revealed that ultra-rapid metabolizers of CYP2D6 were converted to extensive or poor metabolizers with chronic paroxetine use [47]. The FDA-approved label states that paroxetine takes

nearly 10 days to achieve steady-state concentrations even though the drug has a reported elimination half-life of 21 h; so, within 4–5 days, steady-state levels should be reached under normal circumstances. The label also states that saturation of CYP2D6 contributes to the non-linear pharmacokinetics of paroxetine. Thus, it may be assumed that inhibition of its own mechanism contributes to achieving later than expected steady-state levels and clinical efficacy [48].

As paroxetine is a strong CYP2D6 affinity substrate, it can exhibit acute competitive inhibition when co-administered with sensitive substrates like nortriptyline. (Figure 8) Though separating the time of administration may seem appropriate initially, the effects of mechanism-based inhibition over time should be factored into medication risk management; dosage adjustment or substitution of the victim substrate may be necessary. The extent of this interaction also depends on when paroxetine and the victim drug are added to the regimen. If paroxetine is newly added to a victim drug that has already reached steady-state plasma levels, the extent of inhibition and plasma concentrations of the victim drug will increase over time until reaching a new steady state. However, if steady-state levels of paroxetine are already achieved before adding another sensitive substrate, the extent of inhibition will be maximum at initiation and will remain stable, since saturation of enzyme inhibition is already established.

| gend          |        |        |        |        |         |        |        |
|---------------|--------|--------|--------|--------|---------|--------|--------|
| Paroxetine    |        |        |        |        |         |        |        |
| Northptyline  |        |        |        |        |         |        |        |
| Nortrintvline |        |        |        |        |         |        |        |
| mebronitorio  | CYPTAZ | CYP2B6 | CYP2C8 | CYP2C9 | CYP2C19 | CYP2D6 | CYP3A4 |

**Figure 8.** CYP450 metabolic pathways involved in the metabolism of nortriptyline and paroxetine and their respective affinities for the isoform are depicted. Mechanism-based inhibition at CYP2D6 enzymatic level will be expected. Nortriptyline is the victim drug and paroxetine acts as the perpetrator drug for the CYP2D6 elimination pathway.

# 4.3. The Case of Erythromycin

Another example that illustrates the concept of saturability in mechanism-based inhibition is observed with the commonly used macrolide antibiotics erythromycin (Figure 9) or clarithromycin. These drugs are known to cause mechanism-based inhibition of CYP3A4. Clinical studies have demonstrated saturability (i.e., degree of inhibition reaches a maximum value) of enzyme inhibition using CYP3A4-sensitive substrates like alfentanil or midazolam with or without erythromycin pretreatment (treatment or control, respectively). In a study with healthy males after single or multiple oral dose(s) of erythromycin 500 mg, the effects on alfentanil pharmacokinetics were measured [49]. A 25% increase of alfentanil half-life was observed following a single erythromycin dose compared to control. After a 7-day pretreatment with erythromycin, the half-life of alfentanil was further increased by 25% (up to 56% compared to control), suggesting an increase in inhibition with time [49]. Similar effects were seen on clearance. Although a direct association of this potential drug interaction on clinical outcomes has not been systematically reported, two case reports suggest that erythromycin pretreatment may cause prolonged respiratory depression when alfentanil is administered compared to patients who did not receive erythromycin [50,51].

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| MEDICATIONS    | CYP1A2           | CYP2B6  | CYP2C8       | CYP2C9 | CYP2C19   | CYP2D6 | CYP3A4 |
|----------------|------------------|---------|--------------|--------|-----------|--------|--------|
| Erythromycin   |                  |         |              |        |           |        |        |
| Midazolam      |                  |         |              |        |           |        |        |
| _egend         |                  |         |              |        |           |        |        |
| Weak Substrate | Moderate Substra | te Stro | ng Substrate |        | Inhibitor |        | МВІ    |

**Figure 9.** CYP450 metabolic pathways involved in the metabolism of erythromycin and midazolam and their respective affinities for the isoform are depicted. Mechanism-based inhibition at the CYP3A4 enzymatic level will be expected. Midazolam is the victim drug and erythromycin acts as the perpetrator drug.

In another study with 12 healthy volunteers, the effects of erythromycin on midazolam metabolism were studied [52]. It was observed that the *AUC* of midazolam increased 2.3-fold after 2 days of erythromycin pretreatment, compared to control. Following 4 days of pretreatment, midazolam's *AUC* increase was 3.38-fold. After a 7-day pretreatment, a similar increase (3.38-fold) was observed, indicating an increase in inhibition with repeated administration of erythromycin and that a plateau effect had been reached after 4 days of exposure [52].

# 4.4. The Case of Mirabegron

A widely prescribed drug in the treatment of overactive bladder, mirabegron, also displays characteristics of mechanism-based inhibition for CYP2D6. (Figure 10) The difference in the degree of metabolism inhibition between a competitive inhibitor and a mechanism-based inhibitor is perceived when they are compared using the same victim drug. One study investigated the victim drug desipramine, with the potential competitive inhibitor duloxetine and the mechanism-based inhibitor mirabegron. In this study, duloxetine (moderate CYP2D6 affinity substrate) 30 mg twice a day was administered for 10 days, after which desipramine (weak CYP2D6 affinity substrate) 50 mg was administered as a single dose. Here, duloxetine would act as a competitive inhibitor and desipramine as a victim drug. Accordingly, a 1.2-fold increase in AUC and 0.6-fold increase in C<sub>max</sub> of desipramine was observed [53]. In a similar study design, desipramine was administered with or without mirabegron pretreatment. First, desipramine was administered alone and, after a washout period, mirabegron (100 mg) was administered for 13 days. On the fourteenth day, mirabegron 100 mg and desipramine 50 mg were co-administered. A 3.41-fold increase in the desipramine AUC was observed with mirabegron pretreatment compared to control [54]. This increase in the AUC of desipramine was much larger than the increase observed with duloxetine, a "purely" potential competitive inhibitor. It is important to note that in the short term, mechanism-based inhibitors can act as competitive inhibitors if the other drug has lower affinity for the metabolizing enzyme. Duloxetine and mirabegron are both substrates of CYP2D6 with moderate affinity, exhibiting potential competitive inhibition over desipramine; therefore, following a single dose of each drug, a similar level of CYP2D6 inhibition is expected towards the CYP2D6 victim drug. (Figure 10) The higher inhibition observed with multiple doses of mirabegron versus single dose of duloxetine is explained by the mechanism-based inhibition observed over time. Similar effects of chronic mirabegron administration on metoprolol (a weak CYP2D6 substrate) pharmacokinetics are also reported [54]. A 3.3-fold increase in the metoprolol AUC was observed following a pretreatment of 5 days with mirabegron in CYP2D6 normal (i.e., previously called "extensive") metabolizer subjects [55]. The coadministration of quinidine (a potent

CYP2D6 inhibitor) with metoprolol was associated with a similar magnitude of increase in metoprolol's AUC after a single dose [56]. The intensity of drug–drug interaction through "purely" competitive inhibition is expected to be lower between substrates compared to quinidine's inhibition; therefore, the mechanism-based inhibition property of mirabegron can explain why the magnitude of drug–drug interaction observed between mirabegron and metoprolol is similar to that observed between quinidine and metoprolol.

| MEDICATIONS    | CYP1A2            | CYP2B6 | CYP2C8        | CYP2C9 | CYP2C19   | CYP2D6 | CYP3A4 |
|----------------|-------------------|--------|---------------|--------|-----------|--------|--------|
| Mirabegron     |                   |        |               |        |           |        |        |
| Duloxetine     |                   |        |               |        |           |        |        |
| Desipramine    |                   |        |               |        |           |        |        |
| Metoprolol     |                   |        |               |        |           |        |        |
| gend           |                   |        |               |        |           |        |        |
| Weak Substrate | Moderate Substrat | te St  | rong Substrat |        | Inhibitor |        | MBI    |

**Figure 10.** CYP450 metabolic pathways involved in the metabolism of desipramine, duloxetine, metoprolol, mirabegron, and their respective affinities for the isoform are depicted. Competitive inhibition will be expected at CYP2D6 between duloxetine (perpetrator; CYP2D6 substrate with higher affinity) and either desipramine or metoprolol (victim drugs; both CYP2D6 substrates with weaker affinity). Mechanism-based inhibition at CYP2D6 will be expected between mirabegron and desipramine, metoprolol, or duloxetine.

In addition to the case examples discussed above, Figure 11 provides a list of CYP450 mechanism-based inhibitors, along with the enzyme inhibited and relevant CYP450 pathways involved in their metabolism. This list is not exhaustive, but provides a quick reference for commonly used medications.

In addition to drug–drug interactions, high variability in terms of CYP450 expression and/or activities can be explained by genetic polymorphisms in genes encoding specific isoforms (such as *CYP2C9, CYP2C19*, and *CYP2D6*). This variability on CYP450 expression/activities translates into intersubject variability in drug disposition and drug response. Often, the impact of genetic polymorphisms and drug–drug interactions on CYP450s have been studied separately. However, an interaction exists between these factors. Genetic polymorphisms could also contribute to variability observed in the magnitude of drug–drug interactions observed between two drugs. So, genetic polymorphisms in drug-metabolizing enzymes can affect the occurrence of phenoconversion induced by drug inhibitors. As reported by Storelli et al., differences in CYP2D6 inhibition observed in vitro with paroxetine (mechanism-based inhibitor) or duloxetine (competitive inhibitor) across *CYP2D6* genotypes were not related to their inhibition parameters but likely due to a differential level of functional enzymes as a function of the *CYP2D6* genotype [57,58].





# 5. Conclusions

Polypharmacy in many cases is deemed to be required and elderly patients are particularly prone to this phenomenon. Aging is associated with the presence of multiple independent chronic diseases and is almost always accompanied by multiple drug regimens. Polypharmacy has been associated with many adverse clinical outcomes, such as drug–drug interactions, leading to adverse drug events. Among these, mechanism-based inhibitor–victim drug combinations like clopidogrel and omeprazole are commonly prescribed. Drugs for overactive bladder like mirabegron and tricyclic antidepressants like paroxetine are also commonly prescribed in elderly populations. Polypharmacy is not necessarily synonymous with inappropriate treatment, but in several situations, it can lead to significant drug–drug interactions especially in the presence of mechanism-based inhibitor drugs,

as described in the current review. In these cases, polypharmacy might cause problems like blunted efficacy of clopidogrel due to the co-administration of omeprazole, or increased toxicity of other drugs co-administered with paroxetine or mirabegron. Clinicians must be able to recognize and intervene appropriately based on the mechanism of these interactions.

As highlighted in this current review, mechanism-based inhibition can cause severe clinical interactions. The magnitude of these interactions and their impacts depend on the duration of the mechanism-based inhibitor exposure and the exact time-point when the victim drug is introduced into the drug regimen. Without a comprehensive understanding of this mechanism, healthcare professionals might find it difficult to diagnose and mitigate these interactions. Separating the time of administration of interacting drugs cannot mitigate an interaction caused by mechanism-based inhibition. A careful titration of dose, monitoring of clinical effects, or switching to an alternate drug with a different metabolic pathway may become necessary to avoid such interactions. Advanced clinical decision support systems that consider and distinguish competitive versus mechanism-based inhibition. Using such tools can help pharmacists quickly identify and mitigate drug interactions, thus helping reduce preventable drug interactions.

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# Role of OATP1B1 and OATP1B3 in Drug-Drug **Interactions Mediated by Tyrosine Kinase Inhibitors**

Dominique A. Garrison <sup>†</sup>, Zahra Talebi <sup>†</sup>, Eric D. Eisenmann, Alex Sparreboom \* and Sharyn D. Baker \*

Division of Pharmaceutics and Pharmacology, College of Pharmacy, The Ohio State University, Columbus, OH 43210, USA; garrison.220@osu.edu (D.A.G.); talebi.9@osu.edu (Z.T.); eisenmann.11@osu.edu (E.D.E.)

\* Correspondence: sparreboom.1@osu.edu (A.S.); baker.2480@osu.edu (S.D.B.);

Tel.: +1-614-685-6014 (A.S.); +1-614-685-6016 (S.D.B.)

+ These authors contributed equally to this work.

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Abstract: Failure to recognize important features of a drug's pharmacokinetic characteristics is a key cause of inappropriate dose and schedule selection, and can lead to reduced efficacy and increased rate of adverse drug reactions requiring medical intervention. As oral chemotherapeutic agents, tyrosine kinase inhibitors (TKIs) are particularly prone to cause drug-drug interactions as many drugs in this class are known or suspected to potently inhibit the hepatic uptake transporters OATP1B1 and OATP1B3. In this article, we provide a comprehensive overview of the published literature and publicly-available regulatory documents in this rapidly emerging field. Our findings indicate that, while many TKIs can potentially inhibit the function of OATP1B1 and/or OATP1B3 and cause clinically-relevant drug-drug interactions, there are many inconsistencies between regulatory documents and the published literature. Potential explanations for these discrepant observations are provided in order to assist prescribing clinicians in designing safe and effective polypharmacy regimens, and to provide researchers with insights into refining experimental strategies to further predict and define the translational significance of TKI-mediated drug-drug interactions.

Keywords: OATP1B1; OATP1B3; tyrosine kinase inhibitors; drug-drug interactions

# 1. Introduction

The economic burden of drug-related morbidity and mortality as a result of non-optimized medication therapy is estimated to be more than 16% of total US health care annual expenditures [1]. Overlooking major pharmacokinetic characteristics of a drug is one of the key players in inappropriate pharmaceutical dosing, which can lead to reduced efficacy and an increased rate of adverse drug reactions (ADRs) requiring medical intervention [2]. Pharmacokinetic drug-drug interactions (DDIs) can be responsible for about half of all DDIs depending on the patient group [3,4]. Furthermore, these DDIs have the potential to cause very pronounced (several hundred-fold) and abrupt changes in concentration and effect of the victim drug, depending on the start and stop of the causative (perpetrator) comedication and on fluctuations of its concentration during therapy [2,5,6].

Different components in absorption, distribution, metabolism and excretion can affect the overall pharmacokinetic profile of drugs. For agents that primarily undergo hepatic elimination, transport-mediated mechanisms of hepatocellular uptake can have a particularly significant clinical impact on pharmacotherapy; thus, this field of research has gained increased attention in recent years [7]. The organic anion transporting polypeptides OATP1B1 and OATP1B3 are examples of such transporters that can facilitate the uptake of a diverse array of xenobiotics, including many anticancer drugs, into the liver in advance of metabolism, and that are sensitive to inhibition by other medicines given concurrently.



Two of the most commonly acknowledged risk factors of DDIs are polypharmacy and advanced age [2,8–10]. Consistent with this notion, cancer patients are particularly at high risk for the occurrence of potentially harmful DDIs, since they often take a large number of medications concomitantly, which tends to increase as their disease progresses, and because the majority of cancer diagnoses happens in older ages [10,11]. Indeed, prior investigations have demonstrated that as many as 30% of cancer patients receiving chemotherapeutic treatment are at a risk for DDIs [12,13]. As the number of new treatment options in oncology continues to grow, DDIs are increasingly recognized as significant health hazards that can negatively influence treatment outcomes. These issues are particularly concerning given the increasing use orally-administered chemotherapeutic agents. While such drugs offer advantages in terms of patient preference, the convenience of use, reduced healthcare resource utilization, the possibility to achieve sustained drug exposure associated with the need for chronic use without requiring prolonged drug infusions, and may improve the overall quality of life, recent studies have suggested that the use of such agents increases the risk of potentially serious DDIs with commonly used outpatient medications [14]. In addition, unsupervised administration of other medications as well as their possibly prolonged use has been advanced as concerns with oral chemotherapy drugs, which could potentiate DDIs that may remain unanticipated. Although recent studies have suggested that the prevalence of DDIs with oral chemotherapy drugs is as high as 50% with nearly 20% potentially increasing toxicity, the clinical impact of DDIs involving oral chemotherapy remains largely unstudied [10].

In this article, we provide an overview of this field of research in relation to tyrosine kinase inhibitors (TKIs), a rapidly expanding group of orally-administered drugs commonly used in the treatment of solid tumors and hematological malignancies, with particular emphasis on OATP1B1and OATP1B3-related mechanisms. In addition to reviewing existing published data, we aimed to identify potential knowledge gaps that could help improve our understanding of the clinical impact of DDIs mediated through this mechanism.

# 2. Tyrosine Kinase Inhibitors (TKIs)

Since the US Food and Drug Administration (FDA) approval of the first TKI, imatinib, in 2001 for the treatment of chronic myeloid leukemia (CML), almost 50 additional TKIs have been approved for the treatment of various cancers, and many more are currently being developed and evaluated [15,16]. Protein tyrosine kinases (PTKs) are enzymes that catalyze the transfer of a gamma phosphate group from adenosine triphosphate (ATP) to a tyrosine residue on a protein. The phosphorylation of PTKs leads to the downstream activation of signal transduction pathways that are important in the regulation of cell growth, differentiation, and a series of other physiological and biochemical processes involved in cell survival and migration. Dysregulation of PTK function results in proliferation disorders, with those most notably being cancers [17–19]. Because of their importance in signal transduction, many PTKs have been the target of therapeutic intervention with the use of small-molecule TKIs. As a result, TKIs function by competing with ATP for the ATP-binding pocket of PTKs, thus reducing the downstream signaling cascade and provide useful targeted strategies in oncogenic treatment [20,21].

While TKIs have revolutionized anticancer therapy, some challenges have also risen in the use of these agents. Unlike conventional cytotoxic agents that are given intravenously, TKIs are administered orally and daily for prolonged periods [22]. As mentioned before, while this is more convenient, this also increases their susceptibility to unpredictable patterns of oral absorption and causes both wide inter-individual pharmacokinetic variability and potential for DDIs with co-administered agents [23–25]. Most TKIs are highly prone to cause DDIs [26], as patients receiving these agents are often subsequently treated for concomitant diseases, and because polypharmacy is highly prevalent [25]. Comorbid conditions such as hypertension, chronic obstructive pulmonary disease, diabetes, cardiovascular disease, congestive heart failure, and peripheral vascular disease are frequently reported in the population of cancer patients [27], and this further increases the risk for potential DDIs. Indeed, a recent study indicated that 97.1% of patients receiving treatment with TKIs were using at least one other

drug simultaneously, with a median of 4 concurrent medications, and 47.4% experienced at least one potential TKI-mediated DDI [28]. In another study, 44.7% of the potential DDIs identified involving TKIs were considered severe [29]. Interestingly, most available data in this field have investigated TKIs as victims in DDIs [30–33], and conclusive information on their role as perpetrators in DDIs is generally lacking.

# 3. Organic Anion Transporting Polypeptides (OATPs)

The vast majority of orally-administered TKIs are eliminated from the body by enzyme-mediated metabolism, which occurs predominantly in the liver, followed by biliary or urinary excretion of the metabolites. These processes require drugs to cross the selectively permeable biological membrane of hepatocytes and are dependent, at least in part, on interaction with membrane transporters. These include the organic anion transporting polypeptides (OATPs), a family of influx transporters expressed in various tissues, including the liver [34–36]. Experimental studies with TKIs have predominantly evaluated transport by the liver-specific transporters OATP1B1 and OATP1B3, which are encoded by the SLCO1B1 and SLCO1B3 genes [37], respectively. Moreover, it has also been shown that some TKIs can additionally act as inhibitors of the transporters for which they are substrates [38]. Inhibition of OATPs can lead to defective elimination, result in sudden increases in plasma concentration and area under the curve (AUC) for drugs that are substrates of these transporters [36], and ultimately increase the risk of therapy-related side effects. Known substrates of OATP1B1 and OATP1B3 include statins, repaglinide, olmesartan, enalapril, valsartan, several xenobiotic glucuronide metabolites, as well as a host of cytotoxic chemotherapeutic agents, including the taxanes paclitaxel and docetaxel, the platinum-based drug cisplatin, and methotrexate. As hypertension and diabetes are among the prevalent comorbidities in cancer patients, many xenobiotic OATP1B1 and OATP1B3 substrate drugs are likely to be co-administrated with OATP-inhibitory TKIs, and therefore, clinically significant toxicities such as rhabdomyolysis, hyperkalemia, and hypoglycemia can be anticipated [39-41].

# 4. Regulatory Guidance Documents

As more and more DDIs involving uptake transporters have been reported in recent years, so have regulatory agencies such as the FDA and the European Medicines Agency (EMA) put increasing emphasis on investigating each new drug entity for their potential to induce/inhibit such transporters. It should be noted that both the "EMA Guideline on the Investigation of Drug Interactions" and "FDA guidance for In Vitro Drug Interaction Studies—Cytochrome P450 Enzyme- and Transporter-Mediated Drug Interactions" recognize the fact that the field of transporter interaction assessments is still rapidly evolving and therefore the recommendations offered are relatively flexible and advocate the use of a variety of methods. However, some specifications have been proposed as a means to ensure that the in vitro models have optimal prediction potential for transporter-mediated interactions:

- Both the FDA and EMA documents suggest that the sponsor should conduct in vitro studies to evaluate whether an investigational drug is an inhibitor of OATP1B1 and/or OATP1B3.
- Both documents recommend using an appropriate, predictive in vitro models, such as human hepatocytes or mammalian cells engineered to overexpress transporters of interest (e.g., CHO, HEK293, MDCK) to explore potential transporter interactions.
- Different concentrations of the investigational drug on the transport of a specific substrate should be investigated, such that at least 3 and 4 concentrations should be tested, according to EMA and FDA guidance documents, respectively, and values for the inhibition constant (Ki) should be obtained, with known inhibitors present as controls.
- According to EMA, Ki values that are lower than a concentration representing 25-fold the unbound hepatic inlet concentration after oral administration warrant the conduct of an in vivo DDI study with the use of a prototypical probe substrate. The most recent FDA guidance, which aligns with the EMA, uses unbound concentrations of the investigational drug, not the total drug, for the

calculation of R values with the formula  $R = 1 + ((fu, p \times Iin, max)/ IC_{50})$  where fu, p is the unbound fraction in plasma,  $IC_{50}$  is the half-maximal inhibitory concentration and Iin, max is the estimated maximum plasma inhibitor concentration at the inlet to the liver. An R-value  $\geq 1.1$  suggests that the drug has the potential to inhibit OATP1B1 and/or OATP1B3 in vivo.

- The 2017 version of the FDA guidance on in vitro assessment of DDIs requires a strategy employing
  a 30-min preincubation with the inhibitor before the addition of substrate. Although this design
  is recommended as it may lead to changes in the observed IC<sub>50</sub> values, the latest version of the
  guidance does not specify an exact duration of the preincubation conditions.
- The FDA guidance also mentions that the observed degree of inhibition by a particular agent can be dependent on the substrate used in the experiment, and therefore it has been suggested that substrates more likely to be used in clinical studies, or substrates that usually generate lower IC<sub>50</sub> values for known inhibitors should be chosen in in vitro investigations to avoid underestimation of effects in vivo.

# 5. Identification and Retrieval of Relevant Data

Acquisition of the data for this article was compiled independently up to and including June 2020 by various members of the Division of Pharmaceutics and Pharmacology at the Ohio State University with specific expertise in drug transporters (D.A.G.), pharmacy (Z.T.), and cancer pharmacology (E.D.E.), and subsequently reviewed by members with expertise in pharmacokinetics (A.S.) and TKIs (S.D.B.). Data on FDA-approved TKIs was extracted from the full prescribing information as provided by the respective drug manufacturers. A search was subsequently conducted using publicly-available, unpublished databases from the FDA and EMA guidance documents for industry to further collect information on OATP1B1 and OATP1B3 inhibition studies previously conducted for each of the TKIs (Figure 1). It should be noted that although published studies have indicated that certain TKIs such as erlotinib are inhibitors of 2B1 and can cause DDIs, this was considered beyond the scope of the present article since regulatory guidance documents lack information on this transporter [42].



**Figure 1.** Applied methods for the acquisition of relevant data on TKI-related interactions with OATP1B1 and OATP1B3.

All DDI data included for consideration focused exclusively on the TKIs as inhibitors of the transporter (the perpetrator) of interest. The selection of relevant literature articles for inclusion was performed based on predefined inclusion/exclusion criteria, where eligible articles included either peer-reviewed publications, meeting abstracts, and previously published reviews. As a primary search module, PubMed (National Library of Medicine) was utilized to identify potentially relevant publications using the following MeSH terms in the search strategy: ["TKI of interest"] AND [OATP1B1] or ["TKI of interest"] AND [OATP1B3]. Google Scholar was consecutively consulted to ensure no published article of relevance to this literature review was omitted. Three authors (D.A.G., Z.T., and E.D.E.) independently reviewed the collected data for eligibility and accuracy. In our analysis,

concordant outcomes were defined as those for which the prescribing information, documentation from the FDA and/or EMA, and all the retrieved published literature on a specific TKI were in agreement that the TKI was either an inhibitor or not an inhibitor of OATP1B1 and/or OATP1B3. Outcomes were considered discordant outcomes if the identified reports on a particular TKI regarding its inhibitory properties towards OATP1B1 and/or OATP1B3 were conflicting. All data of relevance was tabulated to highlight such discrepancies (see below).

# 6. Effects of TKIs on the Function of OATP1B1 and OATP1B3

A descriptive summary of the main findings resulting from surveying the available prescribing information (PIs), and FDA and EMA guidance documents are shown in Table 1. The PIs showed that of the 48 FDA-approved TKIs evaluated, 7 (15%) are claimed to be inhibitors of OATP1B1 and 5 (10%) are inhibitors of OATP1B3. In addition, it is reported that of those 48 TKIs, 22 (48%) and 21 (44%) are reported in the PIs to not be inhibitors of OATP1B1 or OATP1B3, respectively. However, it is of note that the PIs for 19 (40%) of the TKIs do not mention whether or not drug interactions with OATP1B1 are of concern, and 22 (46%) do not mention that information for OATP1B3. As shown in Table 1, some inconsistencies were observed for some TKIs between what is reported in the regulatory guidance. Many of the differences can be accounted for by differences in cutoff for IC<sub>50</sub> values (shown in Supplementary Materials Tables S1–S9).

| ТКІ            | Disease Indication   | Kinase<br>Target |     | OATP1B | 1   | OATP1B3 |     |     |
|----------------|--|------------------|-----|--------|-----|---------|-----|-----|
|                |  |                  | PI  | FDA    | EMA | PI      | FDA | EMA |
| Bacritinib     | Rheumatoid Arthritis   | JAK              | No  | No     | No  | Yes     | Yes | No  |
| Ceritinib      | Metastatic Non-Small Cell Lung Cancer  | ALK              | No  | Yes    | No  | No      | Yes | No  |
| Crizotinib     | Metastatic Non-Small Cell Lung Cancer  | ALK,<br>ROS1     | No  | Yes    | -   | No      | Yes | -   |
| Laroctrectinib | Solid Tumors   | NTKR             | No  | No     | Yes | No      | No  | No  |
| Lenvatinib     | Differentiated Thyroid Cancer, Renal Cell<br>Carcinoma, Hepatocellular Carcinoma   | VEGFR            | No  | Yes    | Yes | No      | No  | No  |
| Lorlatinib     | Anaplastic Lymphoma Positive Metastatic<br>Non-Small Cell Lung Cancer  | ALK              | No  | No     | Yes | No      | No  | Yes |
| Midostaurin    | Acute Myeloid Leukemia, Aggressive<br>Systemic Mastocytosis, Associated<br>Hematological Neoplasm, Mast Cell<br>Leukemia | FLT3             | Yes | Yes    | Yes | -       | Yes | No  |
| Osimertinib    | Metastatic Non-Small Cell Lung Cancer  | EGFR             | No  | No     | Yes | No      | No  | Yes |

Table 1. Comparison of regulatory guidance documents on OATP1B inhibition by FDA-approved TKIs.

"Yes" indicates a TKI as an OATP1B1/3 inhibitor provided by the prescribing information, FDA documents, or EMA documents. "No" indicates a TKI is not an inhibitor of OATP1B1/3 inhibitor provided by the prescribing information, FDA documents, or EMA documents. Sources: PI, FDA, EMA documents provided on public databases, details of the links can be found in the Supplementary Materials. Access date: May 2020.

Next, we conducted a literature search on published data addressing OATP1B1 or OATP1B3 inhibition by different TKIs. In vitro, in vivo, and clinical data were extracted. The details of the articles were inserted into tables (shown in Supplementary Materials Tables S1–S9) [43–47] For alectinib, avapritinib, baracitinib, brigatinib, cobimetinib, dacomitinib, encorafenib, erdafitnib, fedratinib, gilteritinib, ibrutinib, laroctrectinib, lorlatinib, midostaurin, pexidartinib, ponatinib, trametinib, and zanbrutinib no published reports were found. In data collected for 17 TKIs, the results of the published data were largely inconsistent in that some of the published results for a given TKI identified the TKI as an inhibitor of OATP1B1 or OATP1B3, while other sources identified it expressly as a non-inhibitor. It should be noted that different transfected cell lines (Flp-In T-Rex293, HEK293, MDCK-II, CHO, SF9, or HepaRG) and different substrates were used in the various studies. The latter included estradiol-17b-p-glucuronide (E2G), 8-(2-(fluoresceinyl)-aminoethylthio)-adenosine-3',5'-cyclic

monophosphate (8FcA), fluorescein (FL), 2',7'-dichlorofluorescein (DCF), valsartan, atorvastatin, SN-38, Na-Fluo, fluvastatin, estrone-3-sulfate (E1S) for OATP1B1 and taurocholic acid (TCA), cholecystokinin octapeptide (CCK-8) for OATP1B3. Furthermore, the preincubation time, the method of detection, the data analysis metric (percent inhibition or IC<sub>50</sub>), and even the concentration of the TKI were found to vary among the published reports. The details of these methodological differences are summarized in Table 2.

Data from clinical and in vivo studies were also collected and reviewed for this article, the results of which can be seen in the supplements. Very few studies have directly investigated the role of OATPs in TKI pharmacokinetics with different methodologies, however the results from available studies seem to be consistent with regulatory data. Since the main scope of this review is to focus on discrepancies between published data and FDA and EMA guidelines, their results were not further explored here. Moreover, as OATP1B1 and OATP1B3 substrates used in the retrieved data have complex pharmacokinetic profiles involving drug-metabolizing enzymes and other transporters, the results of such case reports should be carefully analyzed to decide on the importance of each part of the pathway [48–59].

# 6.1. Omissions

In numerous studies, TKIs have been indicated as victims in DDIs while considerably less is known about their role as perpetrators via transporter inhibition [32,60–64]. In this context, it is noteworthy that transporter inhibition studies are not required by regulatory agencies for approval, but rather recommended to evaluate DDI potential [38].

Currently, there are 20 FDA approved TKIs for which the PI does not contain any information on their inhibitory effects on OATP1B1 and/or OATP1B3, and this is the case for both agents approved long ago as well as those that were approved more recently. The transport interactions of some of these omitted drugs have been examined by academic investigators as reported in the published literature, and it seems prudent that this information is captured and included in the future in individual PIs and regulatory databases alike. Interestingly, we found that some of the PIs address DDIs that are plausibly attributable to OATPs but this is not always consistently acknowledged due to inconclusive mechanistic insights. For example, dasatinib can dramatically increase plasma levels of the dual OATP1B1 and CYP3A4 substrate, simvastatin, and the individual contribution of each one of these pharmacokinetic components to the DDI is not clearly defined. On the other hand, for many TKIs, no data were found in the published literature on their potential to inhibit OATP1B1 and/or OATP1B3.

#### 6.2. Discrepancies

The discrepancies observed during our evaluation can be categorized into two groups: discrepancies between the information provided by EMA and FDA, and discrepancies between different published articles. Table 1 summarizes the cases where data provided by FDA and EMA data were not congruent in terms of reported OATP-inhibitory properties of TKIs. Specific discrepancies of interest are highlighted below. Authors do acknowledge that reporting an IC<sub>50</sub>, even when it is relatively low, does not guarantee a significant clinical impact, unless special formulas are implemented, therefore the inconsistencies reported here, address instances where the guidance is not followed and the reported IC<sub>50</sub> is not further explored:

- The PI and FDA guidance documents for baricitinib report the agent as an OATP1B3 inhibitor, whereas the EMA documents claim that it is not an inhibitor of this transporter. The existence of this discrepancy is not explained or discussed in any of the regulatory materials.
- For ceritinib, the PI and EMA state that based on in vitro data, the TKI is unlikely to inhibit OATP1B1 and OATP1B3 at clinically-relevant concentrations. However, the FDA guidance document for ceritinib reports that ceritinib inhibits OATP1B1 and OATP1B3 by 31.8% and 24.1%, respectively, and that because the R-value is <1.25, an in vivo study was considered unnecessary.</li>

However, the FDA guidance on DDI potential states that a drug has the potential to inhibit OATP1B1 or OATP1B3 in vivo if the R-value is >1.1

- The PI for crizotinib reports the TKI as not an inhibitor of OATP1B1 or OATP1B3, but the FDA guidance reports that crizotinib demonstrated a weak, concentration-dependent inhibitory effect on pravastatin, an OATP1B1 substrate, and rosuvastatin, an OATP1B3 substrate uptake, with IC<sub>50</sub> values of 48  $\mu$ M and 44  $\mu$ M, respectively.
- The PI and FDA documents state that OATP1B1 and OATP1B3 are not inhibited by laroctrectinib, although the EMA materials state that there are inhibitory effects of laroctrectinib on OATP1B1 with an  $IC_{50}$  of 48  $\mu$ M.
- For lenvatinib, the PI states that there is no potential to inhibit OATP1B1 *in vivo*, whereas in the FDA guidance it is concluded that lenvatinib inhibited OATP1B1 with an  $IC_{50}$  of 7.29  $\mu$ M.
- The PI and FDA report that lorlatinib does not inhibit OATP1B1 and OATP1B3, while the EMA claims that this TKI has the potential to inhibit these transporters at clinically-relevant concentrations.
- For osimertinib, the PI and FDA information state that is no observed inhibition of OATP1B1 and OATP1B3, whereas the EMA claims that osimertinib inhibits transport by OATP1B1 and OATP1B3 albeit at concentrations that are unlikely to result in a clinically-significant DDI.

Some of the potential explanations for these discrepancies are similar to those responsible for the apparent discrepant data between different published articles and are discussed in more detail below. However, some interesting points might explain the inconsistencies in regulatory data, such as the equations used to establish whether a clinical evaluation is indeed necessary for the drug or not. While EMA suggests calculating (R = 1 + Iu,in,max/Ki or  $IC_{50} \ge 1.04$ , FDA uses a different equation and different cutoff criteria (R = 1 + Iu,in,max/Ki or  $IC_{50} \ge 1.04$ , FDA uses a different suggested in the latest FDA draft guidance, although prior versions of this document have proposed alternative criteria for consideration. It has also been suggested recently that, while most of the proposed equations and criteria hold merit, they are different in terms of their potential to ultimately arrive at false positive and false negative predictions. In particular, it has been suggested that the equation applied in the EMA guidance has a lower positive predictive value than the one proposed in the current FDA guidance, which offers arguably more dependable predictions [65]. When comparing data from these two regulatory agencies, this aspect should be taken into consideration, along with different manners of data reporting (either with or without calculation of the R-value), and variation in reported IC<sub>50</sub> values that could be due to differences in the applied methods.

The results of our comparative literature survey also show that there are instances of substantial inconsistency between reports in the published literature as well as between published studies and publicly-available data reported by manufacturers. Since all this collective work is ultimately aimed at improving clinical decision making, it is pertinent to establish an unequivocal, dependable approach to data interpretation. The following are some of the elements that can potentially contribute to the reported inconsistencies:

- Inhibitor concentration: A large number of the published articles have relied on the use of a single concentration of TKI, although regulatory guidance documents specifically recommend the need to perform experiments with at least 3–4 different concentrations, in order to more rigorously evaluate potential inhibitory properties. This is exemplified by a recent study involving the TKIs afatinib, nintedanib, lenvatinib, and ceritinib in which diverse degrees of inhibition were observed depending on the concentration (up to 30 μM), and where some concentrations would even increase transport function [66]. As TKIs tend to get concentrated in the liver and can potentially increase intracellular levels that are much higher than concurrent levels in plasma [2], the selection of relevant concentration ranges to be used in in vitro uptake studies requires careful consideration.

- Data reporting: Several studies have only reported results as percent inhibition relative to control, while more quantitative measures (IC<sub>50</sub> or inhibition constant) might be more informative and offer increased predictive value. According to regulatory guidance documents, certain equations could be utilized to predict if the observed degree of inhibition has potential clinical relevance. However, such strategies are rarely implemented and reported studies often fail to include positive and negative control inhibitors into the experimental design, which is recommended in the regulatory guidance documents. These issues complicate the interpretation of data and can result in discrepant views on extrapolating from in vitro studies to the clinical situation, as reported for ruxolitinib or crizotinib, where experimental data would suggest statistically significant but not clinically relevant degrees of inhibition [67–69].
  - Substrate selection: Since substrate-dependent inhibition by xenobiotics, including TKIs, has been well documented and is acknowledged expressly in the FDA guidance document, the degree to which findings obtained with one particular substrate can be extrapolated to other conditions is uncertain, and potentially accounts for several reported inconsistencies. Substrate-dependent inhibition has been previously reported when comparing inhibitory properties in OATP1B1-overexpressed models comparing the substrates fluorescein (FL), 2',7'-dichlorofluorescein (DCF), atorvastatin, SN-38, and valsartan, as well as in a recent study comparing E2G and 8Fc-A [66], where some TKIs such as lapatinib, pazopanib, and nintedanib show inhibitory effects with some but not all test substrates. The difference between the results for different substrates is occasionally quite substantial; for example, ceritinib can cause 50% inhibition of OATP1B1 function when using FL, DCF, atorvastatin, or SN-38 as test substrates, but causes an apparent increase (by 50%) in OATP1B1-mediated transport of valsartan. Similar results have been reported for nintedanib, which stimulated the OATP1B1-mediated uptake of FL and valsartan, while inhibiting that of DCF and SN-38 (by 70%). One strategy recommended by the FDA to prevent the creation of such apparent, internally conflicting results is to advocate the use of test substrates in the in vitro model system that is predicted to generate the lowest  $IC_{50}$  value, or alternatively, to use the most clinically-relevant substrate. While this is a generally useful approach, several published examples highlight the limitations associated with this strategy. For example, Koide et al., have demonstrated that the use of DCF as a model substrate generates the lowest IC<sub>50</sub> values for most but not necessarily all substrate-inhibitor combinations [66,68] and that TKIs with known OATP1B1-inhibitory properties, such as pazopanib, fail to affect transport function when using the clinically relevant substrates atorvastatin and valsartan [70–73]. The reported differences in inhibitory properties of TKIs toward the function of transporters such as OATP1B1 as a function of the test substrate used in in vitro studies can directly impact calculated R-values, and influence the reliability of DDI predictions and the clinical decision-making process, especially for weak-to-moderate inhibitors [74].
  - Incubation conditions: Several studies have demonstrated that the mechanism by which TKIs inhibit the function of OATP1B1 and/or OATP1B1 can be time-dependent [75], for example in the case of pazopanib, where preincubation times are inversely correlated with the degree of transport inhibition such as that longer preincubation times result in lower IC<sub>50</sub> estimates [72]. The FDA guidance recommends the inclusion of a preincubation condition, in addition to simultaneous incubation of inhibitor and substrate, to ensure that optimal prediction values can be derived from in vitro experiments. Despite this recommendation, most of the published literature fails to provide specific detail on the design of the reported experiments where the preincubation condition was to include preincubation times of up to 30 min in the experimental study design, recent studies have demonstrated that more prolonged times, for example, one hour in the case of dasatinib or even up to three hours for other compounds, may be required to obtained reliable results [45,76]. Proper consideration of this aspect is especially relevant for a class of agents such as TKIs as they are generally administrated daily for prolonged periods, and may cause transporter inhibition

predominantly through an indirect, kinase-mediated mechanism involving post-translational events that affect tyrosine phosphorylation. This suggests that a comprehensive evaluation of TKI-transporter inhibition studies require careful consideration and optimization of preincubation times in order to derive translationally useful DDI predictions.

- Cell line selection: Although regulatory guidance documents do not currently expressly specify any particular cell-based model system for standardized use in in vitro transporter studies, prior findings have supported the notion that the choice of cell lines used for transfection can influence conclusions about inhibitory properties of xenobiotics. Indeed, McFeely et al. have argued that the selection of cell lines as one of the most important factors contributing to variability in observed OATP-mediated transport inhibition when using in vitro models [75]. In addition to intrinsic differences between commonly used cell lines that may be linked with differential baseline expression of other transport mechanisms of putative relevance and artificial compensatory dysregulation of other transporters in overexpressed models, factors such cell origin (e.g., mammalian vs amphibian), cell passage number, cell culture conditions, and maintenance procedures, seeding density, media composition (e.g., presence of binding proteins), and duration of time that cells are in culture (e.g., expression drifting), which are often not clearly documented, could further affect the outcome of each study [77].
- Other contributing variables: In addition to the considerations outlined above as well as in Table 2 and Supplementary Materials Tables S1-S9, several other factors can contribute to variation in the reported transport inhibition data. These include the use of non-standardized software when calculating kinetic parameters such as IC<sub>50</sub> or Ki, and the implementation of varying methods in quantifying levels of substrate drugs used in the transport assays [77,78]. An example of the latter would the use of an LC-MS/MS-based method to measure the intracellular levels of unchanged substrate drugs, whereas more commonly studies would employ the use of fluorescent substrates of radiolabeled substrates that would be analyzed for total fluorescence or total radioactivity, respectively, and thus would simultaneously measure the total of the parent drug and metabolite(s) formed intracellularly. This is an important methodological difference as certain compounds can undergo rapid enzyme-mediated metabolism once inside cells to form metabolites that may easily escape detection and result in underestimating the actual extent of uptake. Furthermore, even the use of identical protocols in different locales can influence the outcome of particular experimental studies as a result of uncontrollable factors such as interlaboratory differences, as has been documented extensively before for P-glycoprotein IC<sub>50</sub> determinations [77]. It should also be pointed out that inconsistencies, as reported here for inhibition of OATP1B1- and OATP1B3-mediated transport, are relatively common and have previously been documented for models involving several other drug-metabolizing enzymes and transporters with a putative relevance in predicting clinically relevant DDIs [77,79,80].

| ткі       | 1B1<br>Inhibitor | Reported Values  | 1B3<br>Inhibitor | Reported<br>Values  | Model                         | Pre-Incubation<br>(mins) | Substrate                                  | References         |
|-----------|------------------|--|------------------|---|-------------------------------|--------------------------|--|--------------------|
|           | Yes              | >60% inhibition at 10 µM   |                  |   | Flp-In<br>T-Rex293/OATP1B1*1A | 15                       | 0.1 mM (3H)<br>(E2G)                       | FDA: No [68,70,81] |
| Bosutinib | No               | 121 ± 6% function<br>remaining after<br>incubation with<br>10 μM | No               | $\begin{array}{c} 109\pm5\%\\ function\\ remaining\\ after\\ incubation\\ with\\ 10\ \mu M \end{array}$ | HEK293/OATP1B1 or<br>3        | UNK                      | 300 nM E3S<br>(1B1) or 2 nM<br>CCK-8 (1B3) |                    |
|           | Yes              | >25% 10 µM on<br>E2G, >50% on 8Fc-A                              |                  |   | HEK293/OATP1B1                | 15                       | E2G<br>8Fc-A                               |                    |

| ТКІ           | 1B1<br>Inhibitor | Reported Values  | 1B3<br>Inhibitor | Reported<br>Values   | Model                         | Pre-Incubation<br>(mins) | Substrate  | References                  |
|---------------|------------------|--|------------------|--|-------------------------------|--------------------------|--|-----------------------------|
|               | No               | >15 µM   | No               | >10 µM   | MDCK-II cell<br>monolayers    | UNK                      | OATP1B1:<br>2 μM; E2G<br>OATP1B3:<br>2 μM CCK  | EMA: No [66,82]             |
| Cabozantinib  | Yes              | 59% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   |                          | 3 μM FL  |                             |
|               | Yes              | 61% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   |                          | 1 µM DCF   |                             |
|               | Yes              | 74% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   |                          | 1 μM Valsartan   |                             |
|               | Yes              | 50% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   | 10                       | 3 μM FL  | FDA: Yes, PI: No<br>[66]    |
|               | Yes              | 50% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   | 10                       | 1 µM DCF   |                             |
| Ceritinib     | Yes              | 50% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   | 10                       | 0.5 μM<br>atorvastatin   |                             |
|               | Yes              | 50% inhibition at<br>30 μM                                       |                  |  | HEK/OATP1B1                   | 10                       | 1 μM SN-38   |                             |
|               | No               | 150% stimulation at<br>30 μM                                     |                  |  | HEK/OATP1B1                   | 10                       | 1 μM valsartan   |                             |
| Crizotinib    | No               |  | No               |  | HEK/OATP1B1 or 1B3            |                          | 11nM (3H]E3S<br>[1B1)<br>50nM<br>(3H)TCA (1B3)<br>0.5 μM<br>fluvastatin<br>(1B1)<br>2 μM<br>fluvastatin (;<br>1B1) | FDA: Yes, PI: No<br>[67,68] |
|               | Yes              | >25% inhibition at<br>10 µM                                      |                  |  | HEK293/OATP1B1                | 15                       | E2G<br>8Fc-A   |                             |
|               | No               |  | No               |  | CHO/OATP-1B1 and<br>-1B3      | UNK                      | 0.25 μCi/mL<br>(3H)ES (for<br>OATP-1B1) or<br>(3H)CCK-8<br>(for<br>OATP-1B3)                                       | NI [68,70,81,83]            |
| Erlotinib     | Yes              | >60% decrease at 10 µM   |                  |  | Flp-In<br>T-Rex293/OATP1B1*1A | 15                       | 0.1 mM (3H)<br>(E2G)   |                             |
|               | No               | 104 ± 5% function<br>remaining after<br>incubation with<br>10 μM | Yes              | 50%<br>inhibition<br>at<br>1.19 μM                                       | HEK293/OATP1B1 or<br>3        | UNK                      | 300 nM E3S<br>(1B1) or 2 nM<br>CCK-8 (1B3)   |                             |
|               | Yes              | >25% inhibtion at<br>10 µM on E2G, >50%<br>inhibition on 8Fc-A   |                  |  | HEK293/OATP1B1                | 15                       | E2G<br>8Fc-A   |                             |
|               | Yes              | >70% decrease with 10 µM   |                  |  | Flp-In<br>T-Rex293/OATP1B1*1A | 15                       | 0.1 mM (3H)<br>E2G   | NI [67,68,70,81]            |
|               | Yes              | 50% inhibition at<br>17.2 ± 1.47 μM,                             | Yes              | 18.8 ±<br>2.74 mM  | HEK293/OATP1B1,<br>OATP1B3,   |                          | fluvastatin  |                             |
| Gefitinib     |                  |  | Inducer          | EC50<br>value of<br>14.1 ± 4.6<br>mM                                     | HEK293/ OATP1B1,<br>OATP1B3,  |                          | (3H)TCA  |                             |
|               | No               | $105\pm3\%$ function remaining after incubation with $10~\mu M$  | No               | 78 ± 3%<br>function<br>remaining<br>after<br>incubation<br>with<br>10 μM | HEK293/OATP1B1 or<br>3        | UNK                      | 300 nM E3S<br>(1B1) or 2 nM<br>CCK-8 (1B3)   |                             |
|               | Yes              | >25% inhibition at<br>10 µM on E2G, >75%<br>inhibition on 8Fc-A  |                  |  | HEK293/OATP1B1                | 15                       | E2G<br>8Fc-A   |                             |
| Trans (1 - 1) | Yes              | ~20% inhibition at<br>10 μM                                      |                  |  | Flp-In<br>T-Rex29/OATP1B1     | 15                       | 0.1 mM (3H)<br>E2G   | NI [47,68,70]               |
| Imatinib      | No               |  |                  |  | Sf9 /OATP1b1                  | 5                        | 1 μM Na-Fluo   |                             |
|               | Yes              | >25% inhibition at<br>10 μM on both                              |                  |  | HEK293/OATP1B1                | 15                       | E2G<br>8Fc-A   |                             |

# Table 2. Cont.

| ТКІ        | 1B1<br>Inhibitor | Reported Values   | 1B3<br>Inhibitor             | Reported<br>Values   | Model                      | Pre-Incubation<br>(mins) | Substrate  | References                |
|------------|------------------|---|------------------------------|--|----------------------------|--------------------------|--|---------------------------|
|            | Yes              | >70% inhibition at<br>10 μM                                       |                              |  | HEK293/OATP1B1             | 15                       | E2G8Fc-A   | YES [68,70,81,84,85]      |
|            | Yes              | >70% inhibition at 10 µM  |                              |  | Flp-In T-Rex29/<br>OATP1B1 | 15                       | 0.1 mM (3H)<br>E2G   |                           |
|            | No               |   | Yes,<br>slight<br>inhibition |  | CHO/ OATP-1B1 or<br>-1B3   | UNK                      | fluro-methotrexa   | te                        |
| Lapatinib  | Yes              | 50% inhibition at<br>4.0 μM (Sd:2.1)                              |                              |  | CHO-OATP1B1                | 15-30                    | (3H) E2G   |                           |
|            | No               | 123 ± 13% function<br>remaining after<br>incubation with<br>10 μM | No                           | $\begin{array}{c} 98 \pm 16\% \\ function \\ remaining \\ after \\ incubation \\ with \\ 10 \ \mu M \end{array}$ | HEK293/OATP1B1 or<br>3     | UNK                      | 300 nM E3S<br>(1B1) or 2 nM<br>CCK-8 (1B3)                                   |                           |
|            | No               |   |                              |  | HEK/OATP1B1                | 10                       | 3 µM FL  | EMA:No [66,81]            |
|            | No               |   |                              |  | HEK/OATP1B1                | 10                       | 1 µM DCF   |                           |
|            | No               |   |                              |  | HEK/OATP1B1                | 10                       | 0.5 μM<br>atorvastatin   |                           |
| Neratinib  | Yes              | 30% inhibition at<br>30 μM  |                              |  | HEK/OATP1B1                | 10                       | 1 μM SN-38   |                           |
|            | No               |   |                              |  | HEK/OATP1B1                | 10                       | 1 μM valsartan   |                           |
|            | No               | 123 ± 13% function<br>remaining after<br>incubation with<br>10 μM | Yes                          | 50%<br>inhibition<br>at 18.13<br>± 1.21  | HEK293/OATP1B1 or<br>3     | UNK                      | 300 nM E3S<br>(1B1) or 2nM<br>CCK-8 (1B3)                                    |                           |
|            | No               |   |                              |  | HEK/OATP1B1                | 10                       | $3\mu MFL$   | NI<br>[66,68,70,83,86,87] |
|            | Yes              | ~50% inhibition at 30 µM  |                              |  | HEK/OATP1B1                | 10                       | 1 µM DCF   |                           |
|            | Yes              | ~50% inhibition at 30 µM  |                              |  | HEK/OATP1B1                | 10                       | 0.5 μM<br>atorvastatin   |                           |
|            | Yes              | ~50% inhibition at<br>30 µM                                       |                              |  | HEK/OATP1B1                | 10                       | 1 μM SN-38   |                           |
|            | Yes              | ~50% inhibition at 30 µM  |                              |  | HEK/OATP1B1                | 10                       | 1 μM valsartan   |                           |
|            | Yes              | >95% inhibition at 10 µM  |                              |  | Flp-In T-Rex29/<br>OATP1B1 | 10                       | 0.1 mM (3H)<br>E2G   |                           |
| Nilotinib  | No               | $110\pm7\%$ stimulation at 10 $\mu M$                             | No                           | $\begin{array}{c} 100 \pm 3\% \\ function \\ remaining \\ after \\ incubation \\ with \\ 10 \ \mu M \end{array}$ | HEK293/OATP1B1 or<br>3     | UNK                      | 300 nM E3S<br>(1B1) or 2nM<br>CCK-8 (1B3)                                    |                           |
|            | Yes              | >80% inhibition at<br>0–20 µM                                     |                              |  | HEK/OATP1B1                |                          | 5–40 μM 8Fc-A<br>or<br>2 μM E2G  |                           |
|            | Yes              | 50% inhibition at<br>1.3 μM                                       | Yes                          |  | HEK293/OATP1B1 or<br>3     |                          | E2G or<br>8FcA   |                           |
|            | Yes              | $>\!\!50\%$ at 10 $\mu M$ , IC_{50}: $\sim\!\!1~\mu M$            |                              |  | HEK293/OATP1B1             | 15                       | E2G or<br>8FcA   |                           |
|            | Yes              | 50% inhibition at 2.78 $\pm$ 1.13 $\mu M$                         | No                           |  | CHO/ OATP-1B1 or<br>-1B3   |                          | 0.25 μCi/mL<br>(3H)ES (for<br>OATP-1B1) or<br>(3H)CCK-8<br>(for<br>OATP-1B3) |                           |
|            | No               | 312% stimulation at<br>30 μM                                      |                              |  | HEK/OATP1B1                |                          | $3\mu MFL$   | No [66]                   |
| Nintedanib | Yes              | 74% inhibition at<br>30 μM  |                              |  | HEK/OATP1B1                |                          | 1 µM DCF   |                           |
|            | No               | 133% stimulation at<br>30 μM                                      |                              |  | HEK/OATP1B1                |                          | 1 μM Valsartan   |                           |
|            | Yes              | 78% inhibition at<br>30 μM  |                              |  | HEK/OATP1B1                |                          | 1 μM SN-38   |                           |

# Table 2. Cont.

| ткі         | 1B1<br>Inhibitor | Reported Values  | 1B3<br>Inhibitor | Reported<br>Values  | Model                          | Pre-Incubation<br>(mins) | Substrate   | References               |
|-------------|------------------|--|------------------|---|--------------------------------|--------------------------|---|--------------------------|
|             | No               | 120% stimulation at<br>30 μM   |                  |   | HEK/OATP1B1                    | 10                       | $3  \mu M  FL$  | Yes [66,68,70-73,83]     |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 µM DCF  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 0.5 μM<br>atorvastatin  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 µM SN-38  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 μM valsartan  |                          |
|             | Yes              | 50% inhibition 3.89<br>± 1.21 μM   | No               |   | CHO/ OATP-1B1 or<br>-1B3       |                          | 0.25 μCi/mL of<br>(3H)ES (for<br>OATP-1B1) or<br>(3H)CCK-8<br>(for<br>OATP-1B3) |                          |
| Pazopanih   | Yes              | >50% inhibition<br>with 8Fc-A, >90%<br>inhibition with E2G   |                  |   | HEK293/OATP1B1                 | 15                       | E2G or<br>(1B1),8FcA<br>(1B1, 1B3)  |                          |
| i azopanio  | Yes              | 50% inhibition at<br>0.79 μM   |                  |   | CHO-OATP1B1                    | 15-30                    | (3H)-EG   |                          |
|             | No               |  |                  |   | HEK293/OATP1B1                 |                          | SN-38   |                          |
|             | Yes              | >95% inhibition at   |                  |   | Flp-In                         | 15                       | 0.1 μM (3H)   |                          |
|             | Yes              | IC <sub>50</sub> E1S: 1.42 $\pm$ 0.23,<br>IC <sub>50</sub> E2G: 13.5 $\pm$ 6.0   |                  |   | HEK293/OATP1B1                 | 0                        | (3H) E1S and<br>(3H)<br>E2G   |                          |
|             | Yes              | $\begin{array}{c} \text{IC}_{50} \text{ E1S:} 0.594 \pm \\ 0.030 \text{ IC}_{50} \text{ E2G:} 7.25 \\ \pm 0.53 \end{array}$                |                  |   | HEK293/OATP1B2                 | 1                        | (3H) (E1S) and<br>(3H)<br>E2G   |                          |
|             | Yes              | $\begin{array}{c} {\rm IC}_{50} \; {\rm E1S:} \; 0.374 \; \pm \\ 0.074, \; {\rm IC}_{50} \; {\rm E2G:} \; 2.58 \\ \pm \; 0.77 \end{array}$ |                  |   | HEK293/OATP1B4                 | 30                       | (3H) E1S and<br>(3H)<br>E2G   |                          |
|             | Yes              | $\begin{array}{c} \text{IC}_{50} \text{ E1S: } 0.530 \pm \\ 0.022 \text{, IC}_{50} \text{ E2G:} 2.03 \\ \pm 0.71 \end{array}$              |                  |   | HEK293/OATP1B5                 | 60                       | (3H) E1S and<br>(3H)<br>E2G   |                          |
|             | No               | 30% stimulation  |                  |   | HEK293/OATP1B6                 | 10                       | 0.5 μM<br>Atorvastatin  | FDA: No<br>[66,68,70,88] |
| Regorafenib | Yes              | 50% inhibition at<br>~10 μM  | No               |   | HEK293/OATP1B1/1B3             | 2                        | estrone-3-sulfate<br>(1B1)/taurocholic<br>acid (1B3)                            |                          |
|             | Yes              | >50% inhibition at<br>10 μM  |                  |   | Flp-In T-Rex29/<br>OATP1B1     | 15                       | 0.1mM (3H)<br>E2G   |                          |
|             | Yes              | >50% inhibition  |                  |   | HEK293/OATP1B1                 | 15                       | E2G, 8FcA   |                          |
|             | Yes              | >25% inhibition at<br>10 µM on 8Fc-A   |                  |   | HEK293/OATP1B1                 | 15                       | E2G, 8FcA   | No [68–70]               |
| Ruxolitinib | No               |  |                  |   | HepaRG                         |                          | 4 nM E3S  |                          |
|             | Yes              | ~20% inhibition at<br>10 μM  |                  |   | Flp-In T-Rex29/<br>OATP1B1     | 15                       | 0.1mM (3H)<br>E2G   |                          |
|             | Yes              | >75% at 10 µM on both  |                  |   | HEK293/OATP1B1                 | 15                       | E2G, 8FcA   | NI [66,70,81]            |
|             | Yes              | >90% inhibition at 10 µM   |                  |   | Flp-In<br>T-Rex293/OATP1B1*1A  | 15                       | (3H) E2G 0.1<br>mM  |                          |
|             | Yes              | 50% inhibition at<br>69.6 μM   |                  |   | Flp-In T-Rex293/<br>OATP1B1*1A | 15                       | 0.1 mM (3H)<br>docetaxel  |                          |
| Sorafenib   | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 3 µM FL   |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 µM DCF  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 0.5 μM<br>atorvastatin  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 µM SN-38  |                          |
|             | No               |  |                  |   | HEK/OATP1B1                    | 10                       | 1 μM valsartan  |                          |
|             | No               | 96 ± 7% function<br>remaining after<br>incubation with<br>10 μM  | Yes              | 68 ± 0.5%<br>function<br>remaining<br>after<br>incubation<br>with | HEK293/OATP1B1 or<br>3         | UNK                      | 300nM E3S<br>(1B1) or 2nM<br>CCK-8 (1B3)  |                          |

Table 2. Cont.

| ТКІ        | 1B1<br>Inhibitor | Reported Values   | 1B3<br>Inhibitor | Reported<br>Values  | Model                          | Pre-Incubation<br>(mins) | Substrate   | References          |
|------------|------------------|---|------------------|---|--------------------------------|--------------------------|---|---------------------|
|            | Yes              | >25% decrease at<br>10 µM   |                  |   | Flp-In<br>T-Rex293/OATP1B1*1A  | 15                       | 0.1 mM (3H)<br>E2G  | NI [68,70,84]       |
| Sunitinib  | No               | 109 ± 10% function<br>remaining after<br>incubation with<br>10 μM | No               | 101 ±<br>10%<br>function<br>remaining<br>after<br>incubation<br>with<br>10 μM | HEK293/OATP1B1<br>or 3         | UNK                      | 300nM E3S<br>(1B1) or 2nM<br>CCK-8 (1B3)  |                     |
|            | Yes              | >25% inhibition   |                  |   | HEK293/OATP1B1                 | 15                       | E2G, 8FcA   |                     |
|            | Yes              | >25% inhibition at 10 µM  |                  |   | Flp-In T-Rex293/<br>OATP1B1*1A | 15                       | 0.1 mM (3H)<br>E2G  | NI [53,68,70,83,84] |
| Vandetanib | No               |   | Yes              | 50%<br>inhibition<br>at 18.13<br>± 1.21                                       | CHO/ OATP-1B1 or<br>-1B3       |                          | 0.25 μCi/mL of<br>(3H)ES (for<br>OATP-1B1)<br>or (3H)CCK-8<br>(for<br>OATP-1B3) |                     |
|            | No               | 110 ± 6% function<br>remaining after<br>incubation with<br>10 μM  | Yes              | 71± 5%<br>function<br>remaining<br>after<br>incubation<br>with<br>10 μM       | HEK293/OATP1B1<br>or 3         | UNK                      | 300nM E3S<br>(1B1) or 2nM<br>CCK-8 (1B3)  |                     |
|            | Yes              | >25% inhibition at<br>10 µM                                       |                  |   | HEK293/OATP1B1                 | 15                       | E2G, 8FcA   |                     |

Table 2. Cont.

UNK indicates not mentioned in the study/Unknown. NI is not indicated

# 7. Conclusions

The development and use of TKIs as molecular targeted therapies for the treatment of a diverse array of malignant diseases continues to rapidly increase, and 50 of such agents have now been approved for human use. However, polypharmacy regimens commonly applied in oncology with these TKIs creates a high risk for the occurrence of clinically-relevant DDIs. Although the extent to which such DDIs are influenced by the ability of many TKIs to impact the function of transporter-mediated uptake mechanisms in hepatocytes remains relatively poorly studied, data have accumulated in recent years highlighting that TKIs can act as perpetrators in DDIs by inhibiting OATP1B1 and/or OATP1B3. Many of these recent observations have been made with the use of transfected cell-based in vitro models, and a summary of this available evidence has identified substantial methodological differences between various studies and has highlighted several important limitations in the chosen approaches that have generated incongruent reports. Given that these in vitro studies are the most frequently employed nonclinical tool in aiding decision making for patient care, it is pertinent that regulatory guidance documents and available published literature provide consistent and corresponding results. To further improve consistency in the outcome of transporter-mediated DDI studies involving TKIs, specific recommendations are offered that may assist investigators in the design of future studies in order to provide unequivocal data pertaining to the inhibitory potential of both established as well as investigational TKIs that could be rationally used to further refine the predictive ability of DDIs and ultimately optimize the outcome of treatment in patients with cancer.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/1999-4923/12/9/856/s1, Table S1: Prescribing Information, Table S2. FDA guidance for TKI interactions with OATP1B1 and OATP1B3, Table S3. EMA guidance for TKI interactions with OATP1B1 and OATP1B3, Table S3. EMA guidance for TKI interactions with OATP1B1 and OATP1B3, Table S4. Comparison of PI, FDA, and EMA regulatory documents, Table S5. In vitro studies for TKIs as perpetrators in OATP-mediated DDIs, Table S6. In vivo studies for TKIs as perpetrators in OATP-mediated DDIs, Table S6. In vivo studies for TKIs as perpetrators on the PI, FDA, and EMA guidance documents to the literature for OATP1B1 inhibition and OATP1B3 inhibition, Table S9. TKIs for which no relevant literature was found for OATP-mediated inhibition by TKIs.

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# Article BCS Class IV Oral Drugs and Absorption Windows: Regional-Dependent Intestinal Permeability of Furosemide

# Milica Markovic<sup>1</sup>, Moran Zur<sup>1</sup>, Inna Ragatsky<sup>1</sup>, Sandra Cvijić<sup>2</sup> and Arik Dahan<sup>1,\*</sup>

- <sup>1</sup> Department of Clinical Pharmacology, School of Pharmacy, Faculty of Health Sciences, Ben-Gurion University of the Negev, Beer-Sheva 8410501, Israel; milica@post.bgu.ac.il (M.M.); moranfa@post.bgu.ac.il (M.Z.); inna.ragatsky@gmail.com (I.R.)
- <sup>2</sup> Department of Pharmaceutical Technology and Cosmetology, Faculty of Pharmacy, University of Belgrade, Vojvode Stepe 450, 11221 Belgrade, Serbia; sandra.cvijic@pharmacy.bg.ac.rs
- \* Correspondence: arikd@bgu.ac.il; Tel.: +972-8-647-9483; Fax: +972-8-647-9303

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Abstract: Biopharmaceutical classification system (BCS) class IV drugs (low-solubility low-permeability) are generally poor drug candidates, yet, ~5% of oral drugs on the market belong to this class. While solubility is often predictable, intestinal permeability is rather complicated and highly dependent on many biochemical/physiological parameters. In this work, we investigated the solubility/permeability of BCS class IV drug, furosemide, considering the complexity of the entire small intestine (SI). Furosemide solubility, physicochemical properties, and intestinal permeability were thoroughly investigated in-vitro and in-vivo throughout the SI. In addition, advanced in-silico simulations (GastroPlus<sup>®</sup>) were used to elucidate furosemide regional-dependent absorption pattern. Metoprolol was used as the low/high permeability class boundary. Furosemide was found to be a low-solubility compound. Log D of furosemide at the three pH values 6.5, 7.0, and 7.5 (representing the conditions throughout the SI) showed a downward trend. Similarly, segmental-dependent in-vivo intestinal permeability was revealed; as the intestinal region becomes progressively distal, and the pH gradually increases, the permeability of furosemide significantly decreased. The opposite trend was evident for metoprolol. Theoretical physicochemical analysis based on ionization, pKa, and partitioning predicted the same trend and confirmed the experimental results. Computational simulations clearly showed the effect of furosemide's regional-dependent permeability on its absorption, as well as the critical role of the drug's absorption window on the overall bioavailability. The data reveals the absorption window of furosemide in the proximal SI, allowing adequate absorption and consequent effect, despite its class IV characteristics. Nevertheless, this absorption window so early on in the SI rules out the suitability of controlled-release furosemide formulations, as confirmed by the in-silico results. The potential link between segmental-dependent intestinal permeability and adequate oral absorption of BCS Class IV drugs may aid to develop challenging drugs as successful oral products.

Keywords: BCS class IV drugs; segmental-dependent intestinal permeability; intestinal absorption; oral drug delivery; biopharmaceutics; physiologically-based pharmacokinetic (PBPK) modeling; furosemide

# 1. Introduction

The biopharmaceutical classification system (BCS) developed by Amidon et al. revealed that the solubility/dissolution of the drug and its intestinal permeability are the two key factors that dictate drug absorption following oral administration [1,2]. Drug solubility in the gastrointestinal milieu may change in different intestinal segments, e.g., due to pH changes, in a fairly predictable

manner; depending on the pKa, the solubility of acidic drugs may increase as the luminal pH rises in more distal regions of the small intestine, and vice versa for basic drugs [3–5]. On the other hand, time- and segmental-dependent intestinal permeability is more complicated and harder to predict [1]. Mechanisms contributing to segmental-dependent permeability throughout the gastrointestinal tract (GIT) include different morphology along the GIT, variable intestinal mucosal cell differentiation, changes in the drug concentration (in case of carrier-mediated transport), modulation of tight junction permeability, and luminal contents and properties, e.g., pH, transporter expression, variability in the structure/composition of the intestinal membrane itself, and more [6–11].

The four BCS classes highlight the limiting factors of the absorption process: (1) Class I, high-solubility high-permeability drugs, indicate the easier and straightforward development process, and complete absorption is expected; (2) Class II, low-solubility high-permeability drugs, indicate that a solubility/dissolution limitation is expected; (3) Class III, high-solubility low-permeability drugs, indicate that the intestinal absorption of this class of drugs will be limited by the permeability rate; and (4) Class IV, low-solubility low-permeability drugs [12]. Since Class IV drugs suffer from inadequate solubility and permeability, they have very poor oral bioavailability and are inclined to exhibit very large inter- and intrasubject variability. Therefore, unless the drug dose is very low, they are generally poor oral drug candidates. Yet, according to some estimates, ~5% of the world's top oral drugs belong to this class [13–15]. In some cases, this is due to the absorption window, which is often critical for the success or failure of a certain drug. In order to gather information about the drug absorption window, extensive work and thorough analysis of luminal conditions and drug absorption is needed, within different locations throughout the GIT. Here, we present such analysis for BCS class IV drug, furosemide [16].

Furosemide is a powerful loop diuretic and is indicated for treating edematous conditions associated with heart, renal, and hepatic failure, as well as for the treatment of hypertension [17,18]. Drug therapy with furosemide is often complex, due to apparent erratic oral systemic availability and unpredictable responses to an administered dose [19]. Even though furosemide is a class IV drug, it is a very common and widely prescribed drug on the market.

In this work, we aimed to investigate the reason for apparent success of furosemide as a marketed product, despite its poor biopharmaceutical properties, and classification as BCS class IV drug, in order to allow development of future class IV compounds. We posit that segmental-dependent permeability of furosemide may contribute to its absorption complexity and provide a certain absorption window in which the drug has suitable permeability and, hence, gets absorbed. For this reason, we investigated the in-vivo intestinal permeability of furosemide throughout different segments of the small intestine. Solubility studies, as well as theoretical physicochemical analysis of furosemide and advanced modern in-silico GastroPlus<sup>®</sup> simulations, were performed, in order to elucidate the mechanistic reasons behind the experimental results. Furosemide data were compared to the  $\beta$ -blocker metoprolol, the Food and Drug Administration (FDA) reference drug for the low/high permeability class boundary. Overall, this experimental setup allowed us to reveal important insights on the performance of furosemide, despite its unfavorable drug-like properties, and discuss extrapolation of these insights to other BCS class IV drug candidates.

# 2. Methods

#### 2.1. Materials

Furosemide, metoprolol, phenol red, potassium chloride, potassium phosphate monobasic, potassium phosphate dibasic, sodium chloride, acetic acid, maleic acid, *n*-octanol, and trifluoroacetic acid (TFA) were all purchased from Sigma Chemical Co. (St. Louis, MO, USA). Acetonitrile and water, ultra-performance liquid chromatography (UPLC) grade were purchased from Merck KGaA, Darmstadt, Germany. Remaining chemicals were of analytical reagent grade.

#### 2.2. Solubility Studies

The pH-dependent solubility studies were performed using the shake flask method, as previously reported [20–23]. The equilibrium solubility of furosemide was determined at both 37 °C and at room temperature (25 °C), in phosphate buffer pH 7.5, acetate buffer pH 4.0, and maleate buffer pH 1.0. Surplus quantity of furosemide was introduced to glass vials holding buffer solutions with different pH; the pH of those solutions was measured following drug addition to the buffers and, consequently, placed in the shaking incubator (100 rpm) at 37 °C. The vials were centrifuged (10,000 rpm, 10 min), and the supernatant was instantly analyzed by UPLC. The dose number for furosemide was calculated using the established equation:  $D_0 = M/V_0/C_s$ ; *M* being the highest single-unit dose strength of furosemide (taken as 80 mg [24]),  $V_0$  is the initial volume of water (250 mL), and  $C_s$  is the solubility at each pH; the drug is considered highly soluble if the  $D_0 < 1$ .

# 2.3. Evaluation of Octanol-Buffer Partition Coefficients (Log D)

Furosemide and metoprolol experimental octanol-buffer partition coefficients (Log D) were studied at pH 6.5, 7.0, and 7.5 using the shake-flask method [8,11]. Drug solutions in octanol-saturated phosphate buffer (pH 6.5, 7.0, 7.5) were equilibrated at 37 °C for 48 h. The octanol and water phase were divided via centrifugation, and the drug content in the water phase was quantified using UPLC; the furosemide/metoprolol concentration in the octanol phase was determined by mass balance.

# 2.4. Physicochemical Analysis

The theoretical fraction extracted into octanol ( $f_e$ ) was calculated using the following equation [25,26].

$$f_{e} = \frac{f_{u}P}{1 + f_{u}P},$$

in which P represents the octanol-water partition coefficient of the unionized drug form, and  $f_u$  is the fraction unionized of the drug at a certain pH. Experimental Log P values were taken from the literature for both furosemide (2.29) [27] and metoprolol (2.19) [28]. The  $f_u$  versus pH was plotted according to the Henderson-Hasselbalch equation, using the pK<sub>a</sub> literature values: 9.68 for metoprolol [29] and 3.8 for furosemide [24].

#### 2.5. Rat Single-Pass Intestinal Perfusion

Effective permeability coefficient (Peff) of furosemide versus metoprolol in various intestinal segments was assessed using the single-pass rat intestinal perfusion (SPIP) in-vivo model. The murine studies were completed according to the approved protocol by Ben-Gurion University of the Negev Animal Use and Care Committee (Protocol IL-08-01-2015). The animals (male Wistar rats weighing 230–260 g, Harlan, Israel) were housed and handled according to Ben-Gurion University of the Negev Unit for Laboratory Animal Medicine Guidelines. All animals were fasted overnight (12-18 h) with free access to water; rats were randomly allocated to different experimental groups. The intestinal perfusion study was performed according to the previous reports [7,9,30-32]. Animals were anesthetized via intramuscular injection of 1 mL/kg ketamine-xylazine solution (9%:1%) and placed on a heated (37 °C) surface (Harvard Apparatus Inc., Holliston, MA, USA); the rat abdomen was uncovered via a midline incision (~3 cm). Permeability (Peff) was measured in proximal jejunum (starting 2 cm lower from the ligament of Treitz), mid-small intestine (SI) segment (isolated between the end of the upper and the beginning of the lower segments), and distal segment of the ileum (ending 2 cm above the cecum) accounting for the complexity of the entire SI [7]. Intestinal segments were cannulated on both ends and perfused with drug-free buffer. Working solutions containing furosemide (320 µg/mL), metoprolol (400 µg/mL), and phenol red (a non-absorbable marker for water flux measurements) were prepared with potassium phosphate monobasic and sodium phosphate dibasic, to achieve pH of 6.5, 7.0 and 7.5; osmolarity (290 mOsm/L) and ionic strength in all buffers was maintained throughout the study. Drug solutions were incubated in a 37 °C water bath. Steady-state environment was ensured by perfusing the drug-containing buffer for 1 h, followed by additional 1 h of perfusion, during which sampling was done every 10 min. The pH of the collected samples was measured in the outlet sample to verify that there was no pH change throughout the perfusion. All samples were assayed by UPLC. The length of each perfused intestinal segment was measured in the end of the experiment. The effective permeability (P<sub>eff</sub>; cm/s) through the rat SI wall was calculated according to the following equation:

$$P_{\text{eff}} = \frac{-\text{Qln}\left(\text{C'}_{\text{out}}/\text{C'}_{\text{in}}\right)}{2\pi\text{RL}},$$

in which Q is the perfusion buffer flow rate (0.2 mL/min);  $C'_{out}/C'_{in}$  is the ratio of the outlet/inlet drug concentration adjusted for water transport; R is the radius of the intestinal segment (conventionally used as 0.2 cm); and L is the exact length of the perfused SI segment as was measured at the experiment endpoint [7,33,34].

#### 2.6. Analytical Methods

Concentration of furosemide and metoprolol was evaluated using an UPLC instrument Waters Acquity UPLC H-Class (Milford, MA, USA), with a photodiode array detector and Empower software. Furosemide and metoprolol were separated on Acquity UPLC XTerra C18 3.5  $\mu$ m 4.6 mm × 250 mm column (Waters Co., Milford, MA, USA). Gradient mobile phase, going from 70:30% to 90:10% v/v 0.1% trifluoroacetic acid in water/acetonitrile, respectively, on a flow rate of 1 mL/min (25 °C). The inter- and intraday coefficients of variation were < 1.0% and 0.5%, respectively.

# 2.7. Statistics

Solubility studies were performed in four replicates; Log D studies were performed in six replicates, whereas animal perfusion studies were n = 4. Values are expressed as means  $\pm$  standard deviation (SD). To determine statistically significant differences among the experimental groups, a 2-tailed nonparametric Mann–Whitney U test for 2-group comparison was used; p < 0.05 was termed significant.

# 2.8. In-Silico Simulations

Computer simulations of furosemide absorption and concomitant plasma concentrations following oral administration in humans were conducted using GastroPlus<sup>TM</sup> software package (v. 9.7.0009, 2019, Simulations Plus Inc., Lancaster, CA, USA). The required input data regarding drug physicochemical and pharmacokinetic properties were experimentally determined, taken from literature or in-silico predicted. Human permeability values throughout the SI were calculated from the experimental rat single-pass intestinal perfusion data, using the software integrated "permeability converter". Drug disposition was best described by three-compartmental pharmacokinetic model, whereas the relevant parameters (clearance (*CL*), volume of distribution (*V*d) and distribution constants between central and peripheral compartments) were estimated using PKPlus software module, based on the in-vivo plasma concentration data for an intravenous (i.v.) bolus dose [35]. The application of three-compartmental model to describe furosemide pharmacokinetics has already been reported in literature [36,37]. Graphical data from literature were digitized using DigIt<sup>TM</sup> program (version 1.0.4, 2001–2008, Simulations Plus, Inc., Lancaster, CA, USA). Physiological parameters were the software default values representing fasted state physiology of a healthy human representative.

The software simulates drug absorption from the GIT using the integrated Advanced Compartment Absorption and Transit (ACAT) GIT model that consists of nine compartments (stomach, duodenum, two segments of jejunum, three segments of ileum, caecum, and ascendant colon). These compartments are linked in series, and the amount of drug dissolved and absorbed from each compartment is calculated by the system of differential equations. More details on the ACAT model can be found in the literature [38,39]. Regarding the fact that furosemide is a poorly-soluble drug, the model accounted for the effect of bile salt on drug solubility and diffusion coefficient. Drug dissolution rate under physiological conditions was predicted using the software default Johnson dissolution equation (based on modified Nernst-Bruner equation) [40].

The validity of the model (i.e., the selection of input values) was validated by comparison of the prediction results (bioavailability (F), maximum plasma concentration ( $C_{max}$ ), time to reach  $C_{max}$  ( $t_{max}$ ), and area under the plasma concentration-time curve (AUC<sub>0-∞</sub>)) with published data from the in-vivo studies for peroral (p.o.) drug administration. Percent prediction error (%PE) between the predicted and mean in-vivo observed data from a clinical study was calculated using the following equation:

$$%PE = \frac{(Observed value - Predicted value) \times 100}{Observed value}$$

In the next step, the generated model was used to mechanistically interpret furosemide regional absorption pattern, and to estimate the outcomes for various hypothetical drug dissolution scenarios (illustrating drug dissolution from immediate-release (IR) and controlled-release (CR) oral formulations). In the last case, hypothetical dissolution profiles were used as additional inputs to describe drug release rate in-vivo, and the selected dosage form was "CR dispersed" to allow input of the tabulated dissolution data.

# 3. Results

The solubility values obtained for furosemide at 37 °C and at room temperature (25 °C) are summarized in Table 1, as well as the corresponding dose number (D<sub>0</sub>). Furosemide showed pH-dependent solubility, in accordance with its acidic nature. It can be seen that, while, at pH 7.5, furosemide has suitable solubility (as evident by D<sub>0</sub> lower than 1), at the lower pH values, 1.0 and 4.0, it is poorly soluble. When taking 80 mg as the highest dose strength, although D<sub>0</sub> < 1 was obtained at pH 7.5, at pH 1.0 and 4.0, the D<sub>0</sub> is higher than 1; hence, furosemide was found to be a low-solubility compound according to the BCS.

**Table 1.** Furosemide solubility values ( $\mu$ g/mL) at the tree pH values 1.0, 4.0, and 7.5, at 37 °C (upper panel), and at room temperature (25 °C; lower panel), as well as the corresponding dose number (D<sub>0</sub>) calculated for an 80-mg dose. Data presented as mean  $\pm$  SD; n = 6.

| At 37 °C |                    |                              |
|----------|--------------------|------------------------------|
| pH       | Solubility (µg/mL) | Corresponding D <sub>0</sub> |
| 1        | $19.4 \pm 3.7$     | 16.5                         |
| 4        | $65.5 \pm 9.0$     | 4.8                          |
| 7.5      | $8340.1\pm81.6$    | 0.04                         |
| At 25 °C |                    |                              |
| pН       | Solubility (µg/mL) | Corresponding D <sub>0</sub> |
| 1        | $40.3 \pm 16.2$    | 7.9                          |
| 4        | $56.7 \pm 12.2$    | 5.6                          |
|          | 0==0 ( 110 1       | 0.04                         |
| 7.5      | $8550.6 \pm 149.4$ | 0.04                         |

Octanol-buffer partition coefficient values of furosemide and metoprolol at the three pH values 6.5, 7.0, and 7.5 (representing the conditions throughout the small intestine) are presented in Figure 1. Both drugs presented a clear pH-dependent Log D values across the studied pH range, with opposite trends; while furosemide's partitioning decreases as the pH rises, metoprolol shows higher partitioning into octanol at higher pH (metoprolol is the acceptable reference drug for the low/high permeability class boundary). In addition, furosemide's Log D at pH 6.5 was higher than that of metoprolol at the same pH; this is a surprising finding since Log D may sometimes be used as a surrogate for passive
permeability. Indeed, at higher pH values (7.0 and 7.5), metoprolol Log D increases, while furosemide decreases, and metoprolol Log D becomes higher than furosemide.



**Figure 1.** The octanol-buffer partition coefficients, Log D, for furosemide and metoprolol at the three pH values 6.5, 7.0, and 7.5. Data are presented as the mean  $\pm$  S.D.; *n* = 6 in each experimental group.

Furosemide and metoprolol physicochemical properties are presented in Table 2. Figure 2 presents furosemide versus metoprolol theoretical fraction unionized ( $f_u$ ) and fraction extracted into octanol ( $f_e$ ) as a function of pH. The plots have a standard sigmoidal shape, with opposite trends for furosemide vs. metoprolol. The  $f_e$  vs. pH plot follows the same pattern to the  $f_u$  plot, only with a shift to the right (higher pH values) for acidic drug (furosemide), and to the left (lower pH values) for basic (metoprolol) drugs. The shift magnitude in both cases equals Log(P - 1) at the midpoint of the  $f_e$  and  $f_u$  curves [25,26]. The experimental drug octanol-buffer partitioning at the three pH values (6.5, 7.0, and 7.5) are illustrated in Figure 2, as well, and it can be seen that they were in excellent agreement with the theoretical plots.

| Drug       | Chemical Structure   | pKa | Log P | PSA   |
|------------|--|-----|-------|-------|
| Furosemide |  | 3.8 | 2.3   | 127.7 |
| Metoprolol | H <sub>3</sub> CO<br>H <sub>3</sub> CO | 9.7 | 2.2   | 53.2  |

Table 2. Physicochemical parameters and chemical structure of furosemide and metoprolol.



**Figure 2.** The theoretical fraction unionized ( $f_u$ ) and fraction extracted into octanol ( $f_e$ ) plots as a function of pH for furosemide and metoprolol, as well as experimental buffer-octanol partitioning of the drugs in the three pH values 6.5, 7.0, and 7.5 (n = 5).

The effective permeability coefficient (P<sub>eff</sub>, cm/sec) values of furosemide and metoprolol determined using the single-pass intestinal perfusion (SPIP) rat model, in three intestinal segments, namely proximal jejunum (pH 6.5), mid small intestine (pH 7.0), and distal ileum (pH 7.5), are presented in Figure 3. It can be seen that significant regional-dependent permeability of furosemide throughout the small intestine was evident: the permeability of furosemide gradually decreases, while the permeability of metoprolol gradually increases, as the SI segments become more distal.



**Figure 3.** Effective permeability values (P<sub>eff</sub>; cm/s) obtained for furosemide and metoprolol after in-situ single pass perfusion to the rat proximal jejunum at pH 6.5, mid-small intestine at pH 7.0, and to the distal ileum at pH 7.5. Mean  $\pm$  S.D.; n = 4 in each experimental group; \*\* p < 0.01, \*\*\* p < 0.001.

The input data regarding drug physicochemical and pharmacokinetic properties, used for in-silico simulations, are presented in Table 3. The simulated furosemide plasma concentration profile following p.o. administration is depicted in Figure 4, along with the mean profiles observed in the in-vivo studies. In addition, the observed and model predicted pharmacokinetic parameters are compared in Table 4. The presented data demonstrate that the generated model adequately describes furosemide absorption and disposition. The course of the predicted plasma profile fairly resembles the observed

data. However, certain variations are observed between the mean in-vivo data from different studies referring to the same drug dose (Figure 4, Table 4). Indeed, it has been reported that furosemide oral absorption is highly variable between individuals, e.g.,  $C_{max}$  varied three-fold, and  $t_{max}$  varied five-fold [36,37,41]; moreover, individual AUC values for 40 mg furosemide oral dose varied between 1.57 and 3.76 µg·h/mL (more than two-fold) [36,37,41], and even larger AUC values were observed in another study with the same drug dose (2.23–6.10 µg·h/mL) [42], indicating that, regardless of the high PE(%) values in Table 4, the model predicted value of 3.66 µg·h/mL is not an overestimate of the extent of drug absorption. In addition, extensive intrasubject variability was observed for orally dosed furosemide, and these variations were attributed to the absorption process (i.e., day to day variations in physiological factors) since the repeated i.v. doses showed only marginal intrasubject variability [36,37,41]. Considering pronounced inter- and intraindividual variability in furosemide oral absorption, the simulated profile can be seen as a reasonable estimate (Figure 4). Moreover, the predicted fraction of oral drug absorption (cc. 52%) is in accordance with the values reported in the literature [36,37].

| Parameter   | Value   | Source   |
|---|---|--|
| Molecular weight (g/mol)                              | 330.75  | /  |
| Log D (pH 7.5)  | -1.0818   |  |
| Solubility at 37 °C (µg/mL)                           | 19.4 (pH 1.0)<br>65.5 (pH 4.0)<br>8340.1 (pH 7.5)   | experimental values  |
| pK <sub>a</sub> (acid)                                | 3.8   | [24]   |
| Human effective permeability, P <sub>eff</sub> (cm/s) | $\begin{array}{l} 0.4043 \times 10^{-4} \; ({\rm duodenum, jejunum}) \\ 0.2246 \times 10^{-4} \; ({\rm ileum 1 \; and \; 2}) \\ 0.1392 \times 10^{-4} \; ({\rm ileum \; 3, \; caecum, \; colon}) \end{array}$ | values converted using<br>GastroPlus™ integrated<br>"permeability converter" based on<br>experimental rat perfusion data |
| Diffusion coefficient (cm <sup>2</sup> /s)            | $0.7289 \times 10^{-5}$   | GastroPlus™ calculated value<br>(based on molecular weight)  |
| Mean precipitation time (s)                           | 900   |  |
| Particle density (g/mL)                               | 1.2   | CastroPlusTM default values  |
| Particle radius (µm)                                  | 25  | Gastion fus default values   |
| Blood/plasma concentration ratio                      | 1   | -  |
| Plasma fraction unbound (%)                           | 1   | [24]   |
| Clearance, CL (L/h/kg)                                | 0.121   |  |
| Volume of distribution, Vd (L/kg)                     | 0.043   | -  |
| Distribution constant k <sub>12</sub> (1/h)           | 0.964   | calculated using GastroPlus™   |
| Distribution constant k <sub>21</sub> (1/h)           | 1.614   | i.v. data [35]   |
| Distribution constant k <sub>13</sub> (1/h)           | 0.925   | -  |
| Distribution constant k <sub>32</sub> (1/h)           | 0.708   | -  |
| Regional pH in the GIT                                | 1.3; 6.0; 6.2; 6.4; 6.6; 6.9; 7.4; 6.4; 6.8   |  |
| Regional volume of fluid in the GIT (mL)              | 46.56; 40.54; 150.00; 119.30; 91.71; 68.88;<br>48.57; 46.44; 49.21  | GastroPlus™ default values for<br>stomach, duodenum, jejunum 1,<br>jejunum 2, ileum 1, ileum 2, ileum                    |
| Regional transit time in the GIT (h)                  | 0.25; 0.26; 0.93; 0.74; 0.58; 0.42; 0.29; 4.13;<br>12.38  | 3, caecum, and ascendant colon   |

Table 3. The selected input parameters for furosemide absorption GastroPlus<sup>®</sup> simulation.



**Figure 4.** GastroPlus<sup>®</sup> simulated (line) versus mean observed (markers) plasma concentration profiles following p.o. administration of furosemide. Mean observed values represent 40 mg immediate-release (IR) tablet profile I [43] and 40 mg IR tablet profile II [37].

**Table 4.** Comparison between GastroPlus<sup>®</sup> simulated and in-vivo observed furosemide pharmacokinetic parameters following p.o. drug administration.

|                                     | 4                      | 0 mg p.o. Dose          |           |         |          |
|-------------------------------------|------------------------|-------------------------|-----------|---------|----------|
| Parameter                           | In-Vivo I <sup>a</sup> | In-Vivo II <sup>b</sup> | Predicted | PE(%) I | PE(%) II |
| C <sub>max</sub> (µg/mL)            | 0.61                   | 0.75                    | 0.71      | -17.14  | 5.54     |
| t <sub>max</sub> (h)                | 1.5                    | 1.12                    | 1.36      | 9.33    | -22.22   |
| $AUC_{0\to\infty}$ (µg·h/mL)        | 2.13                   | 2.44                    | 3.66      | -71.25  | -50.06   |
| $AUC_{0\rightarrow 24 h}$ (µg·h/mL) | 2.11                   | 2.33                    | 2.52      | -19.25  | -8.15    |
| F (%)                               | NA                     | NA                      | 52.2      | NA      | NA       |

<sup>a</sup> Refers to the mean plasma profile from [43] (40 mg IR tablet); <sup>b</sup> refers to the mean plasma profile from [37] (40 mg IR tablet); NA, not available/not applicable.

The predicted furosemide dissolution and absorption profiles following an IR oral formulation (IR tablet) are illustrated in Figure 5. The generated profiles clearly indicate that drug permeability is the limiting factor for absorption under fasted state GIT conditions. Namely, although furosemide is a low-solubility drug, due to ionization at the elevated pH conditions in the proximal SI, drug dissolution from an IR formulation is expected to be fast (>85% in 30 min). Therefore, furosemide absorption from an IR formulation is mainly governed by poor permeability. The predicted regional-dependent absorption distribution (Figure 6) further highlights the role of furosemide segmental absorption on the overall drug bioavailability. As implied by the regional-dependent permeability data, but also considering the surface area available for absorption, furosemide absorption predominantly happens in the proximal parts of the SI (76.6% of the total amount absorbed into the enterocytes) passes into systemic circulation through mid and distal GIT regions.



**Figure 5.** GastroPlus<sup>®</sup> simulated dissolution and absorption profiles following p.o. administration of 40 mg furosemide dose (dissolution profile was simulated using the software default Johnson equation).



**Figure 6.** GastroPlus<sup>®</sup> simulated regional absorption of furosemide following p.o. administration of 40 mg drug dose (the simulated values refer to the fraction of drug dose that entered into the enterocytes).

The prediction results corresponding to various dissolution scenarios are presented in Figure 7b–d and Table 5. According to the simulated data, furosemide release rate from an oral formulation highly impacts the concomitant absorption process, whereas prolonged drug release rate leads to marked delay in the rate and extent of drug absorption. The estimated pharmacokinetic parameters (Table 5) indicate that furosemide bioavailability would show more than a 10-fold decrease in case the complete drug dissolution is achieved within 24 h in comparison to 15 min. A similar trend is observed for C<sub>max</sub> and AUC values (17.75- and 17.38-fold decrease, respectively), while t<sub>max</sub> would be prolonged (about two-fold). It is interesting to note that t<sub>max</sub> increases with decrease in drug dissolution up to some point, but further decrease in drug dissolution (e.g., 85% in more than 6 h) would not cause additional delay in peak plasma concentration. This is because, after cc. 2 h, the drug leaves proximal parts of the intestine, where majority of furosemide absorption takes place, and, later on, in mid and especially distal intestine, only a small fraction of drug can be absorbed, as illustrated in Figure 7d.



**Figure 7.** GastroPlus<sup>®</sup> simulated furosemide dissolution profiles (**a**); and (**b**) the corresponding simulated plasma profiles; (**c**) absorption profiles; and (**d**) regional absorption distribution.

Table 5. GastroPlus<sup>®</sup> predicted pharmacokinetic parameters for different furosemide virtual dissolution profiles from 40 mg p.o. dosage forms.

| Dissolution   | C <sub>max</sub> (µg/mL) | t <sub>max</sub> (h) | $AUC_{0 \rightarrow \infty}$ (µg·h/mL) | F (%) |
|---------------|--------------------------|----------------------|--|-------|
| 85% in 15 min | 0.71                     | 1.36                 | 3.65                                   | 51.91 |
| 85% in 1 h    | 0.64                     | 1.76                 | 3.71                                   | 46.35 |
| 85% in 6 h    | 0.15                     | 2.80                 | 0.80                                   | 16.64 |
| 85% in 8 h    | 0.11                     | 2.80                 | 0.61                                   | 12.73 |
| 85% in 12 h   | 0.08                     | 2.80                 | 0.41                                   | 8.65  |
| 85% in 24 h   | 0.04                     | 2.80                 | 0.21                                   | 4.36  |

## 4. Discussion

BCS class IV drugs (e.g., sulfamethoxazole, ritonavir, paclitaxel, and furosemide) exhibit numerous unfavorable characteristics (low solubility and permeability, high presystemic metabolism, efflux transport), which make their oral drug delivery challenging. In addition to this, class IV drugs often demonstrate inter/intra-subject variability. Indeed, following oral administration, the absorption and bioavailability of furosemide are highly variable (37–51%) [35,41]. It has been suggested that this variability is highly depend on the absorption process [41], which in turn is dependent on drug aqueous solubility and intestinal permeability following oral administration [1,44]. It has also been hypothesized that variable gastric/intestinal first-pass metabolism can be a factor in causing incomplete and irregular furosemide absorption in humans [45]. Despite the unfavorable class IV drug characteristics, furosemide was shown to be exceptionally useful and successful marketed drug product for the treatment of edema [17]. For this reason, we decided to investigate furosemide's solubility and in-vivo regional-dependent permeability throughout the GIT, as main parameters that guide absorption of oral drugs.

It was shown that a correlation between human Peff in the jejunum and physicochemical parameters advocates that there is a high pH-dependent influence on the passive intestinal permeability in-vivo [46]. Indeed, furosemide in-vivo permeability data demonstrate a downward trend towards the distal intestinal segments as the pH gradually increases, a trend that can be expected for acidic drugs, since the pH in the intestinal lumen gradually increases towards distal SI regions (Figure 3). Many BCS class IV drugs are substrates for efflux transporters [47]. There is some evidence that furosemide might be a substrate for efflux transporters [48,49]; thus, such permeability trend could also be influenced by the P-glycoprotein (P-gp) transporter in which expression levels are increased from proximal to distal SI segments [6,50–52]. Since metoprolol's intestinal permeability is passive and does not involve carrier-mediated absorption, it exhibited pH-dependent intestinal permeability, with reverse tendency compared to furosemide; as a basic drug, metoprolol showed upward increase in permeability towards distal SI segments with rising pH values (Figure 3). At any point throughout the SI, furosemide exhibited significantly lower permeability than the benchmark (metoprolol's jejunum permeability), which confirms its BCS low-permeability classification and incomplete absorption. Despite the fact that furosemide is a low-permeability drug, the higher permeability in the proximal intestinal regions provides a window for furosemide absorption, and we posit that this is one of the main reasons for furosemide's sufficient bioavailability and success as a marketed drug. Theoretical fu and fe as a function of pH were found to be in excellent correlation to these in-vivo data. In addition, in-silico modeling indicated that furosemide dissolution from an IR formulation would be fairly complete before the drug leaves proximal SI (Figure 5), although the drug is generally classified as low-soluble, enabling timely delivery of the dissolved drug to the distinct absorption site. Complete furosemide dissolution under physiological conditions is also confirmed by the experimental solubility results (Table 1).

Furosemide Log D studies showed higher partition coefficient in comparison to metoprolol at pH 6.5, whereas, in the in-vivo intestinal perfusion experiment, furosemide showed significantly lower jejunum permeability than metoprolol (Figure 1). A possible reason for this difference in the partitioning and in-vivo permeability can be the polar surface area (PSA) of both drugs [53]. A sigmoidal relationship between the fraction absorbed following oral administration and the dynamic polar surface area was reported in the past [54–56]. It was shown that orally administered drugs with large PSA (>120) are hardly absorbed by the passive transcellular route, while drugs with a small PSA (<60) are almost completely absorbed [55,56]. This is in agreement with our results, as furosemide has much higher PSA (127.7) than metoprolol (53.2) [54,55]. Another reason for the difference in the partitioning and in-vivo permeability may be the presence of active efflux transport involved in the intestinal permeability. The influence of efflux transport at pH 6.5 (proximal intestinal segments) could decrease furosemide's permeability in-vivo, which was not accounted for in the octanol partitioning studies.

The Log P value of furosemide (2.3) is in the close proximity to that of metoprolol (2.2), pointing to high permeability (Table 2). However, the Log P calculation is based on the unionized drug fraction, and, since furosemide has acidic nature it is likely that, once it passes the acidic stomach environment, it will mostly be in ionized form (the pH throughout the GIT varies from 5.9–6.3 in the proximal SI to 7.4–7.8 in distal SI segments; pH in the colon is fluctuating between pH 5–8 [57]); therefore the high furosemide Log P is not in correspondence with permeability in-vivo. Thus, we posit that no single parameter can be used for measuring the drug absorption process, but rather, a combination of physicochemical parameters and in-vitro and in-vivo findings, as well as careful consideration of inclusion criteria prior to making decisions. Despite the high Log P value for furosemide, it was indeed confirmed that furosemide is a BCS class IV drug, based on both the solubility data (Table 1) and the intestinal permeability (Figure 3).

Suitable formulation is the main approach to create an efficacious drug product for the administration of BCS class IV drugs [47]. Absorption windows in the proximal intestinal segments can restrict the oral drug bioavailability and can be a significant limitation for the development of CR drug formulation. The underlying reasons are mechanistically explained by our in-silico results (Figure 7). As mentioned, furosemide permeability results revealed acceptable permeability in the

proximal segments of the SI, which is presumably the reason why furosemide has appropriate drug bioavailability, despite being a BCS class IV drug. However, since CR products release the drug over 12–24 h, mostly in the colon, (transit time throughout the small intestine is 3–4 h [58]), the fact that furosemide is mainly absorbed from proximal SI segments, (with decreased permeability at distant GIT segments) prevents the formulation of furosemide as a CR product, as shown previously [21,59,60]. However, we believe that formulations based on gastro-retentive dosage forms (GRDF) can be shown as prosperous for furosemide [61]. There are several similar examples in the literature where absorption window occurs in the upper GI, and this has been used to create GDRF formulations to improve the drug absorption, such as riboflavin [62] and levodopa [59,63].

Several types of bariatric surgeries (specifically Roux-en-Y gastric bypass and mini bypass) result in bypassing the upper SI. In cases where the absorption window is indeed in this upper SI region, the absorption following the bariatric surgery can be hampered vastly, since the actual segment responsible for the majority of absorption is bypassed [64–66].

# 5. Conclusions

Regional-dependent permeability throughout the small intestine was evident for furosemide. The permeability of furosemide gradually decreases throughout the small intestine as a function of the pH change in the intestinal lumen. However, at any point throughout the small intestine, furosemide exhibited significantly lower permeability than the benchmark of metoprolol's permeability in the jejunum, which may explain the incomplete absorption of the drug. We propose that, for a drug to be classified as BCS low-permeability, its intestinal permeability should not match/exceed the low/high class benchmark anywhere throughout the intestinal tract, as well as is not restricted necessarily to the jejunum. Nevertheless, low-permeable drugs should not be treated as 'unfavorable' by default; instead, therapeutic potential and suitable formulation strategies should be considered on a case-by-case basis, taking into account the overall results of in-vitro, in-vivo, and in-silico testing, throughout the entire gastrointestinal tract.

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Review



# Drug–Drug Interactions Involving Intestinal and Hepatic CYP1A Enzymes

# Florian Klomp<sup>1</sup>, Christoph Wenzel<sup>2</sup>, Marek Drozdzik<sup>3</sup> and Stefan Oswald<sup>1,\*</sup>

- <sup>1</sup> Institute of Pharmacology and Toxicology, Rostock University Medical Center, 18057 Rostock, Germany; florian.klomp@uni-rostock.de
- <sup>2</sup> Department of Pharmacology, Center of Drug Absorption and Transport, University Medicine Greifswald, 17487 Greifswald, Germany; Christoph.Wenzel@med.uni-greifswald.de
- <sup>3</sup> Department of Experimental and Clinical Pharmacology, Pomeranian Medical University, 70-111 Szczecin, Poland; marek.drozdzik@pum.edu.pl
- \* Correspondence: stefan.oswald@med.uni-rostock.de; Tel.: +49-381-494-5894

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**Abstract:** Cytochrome P450 (CYP) 1A enzymes are considerably expressed in the human intestine and liver and involved in the biotransformation of about 10% of marketed drugs. Despite this doubtless clinical relevance, CYP1A1 and CYP1A2 are still somewhat underestimated in terms of unwanted side effects and drug–drug interactions of their respective substrates. In contrast to this, many frequently prescribed drugs that are subjected to extensive CYP1A-mediated metabolism show a narrow therapeutic index and serious adverse drug reactions. Consequently, those drugs are vulnerable to any kind of inhibition or induction in the expression and function of CYP1A. However, available in vitro data are not necessarily predictive for the occurrence of clinically relevant drug–drug interactions. Thus, this review aims to provide an up-to-date summary on the expression, regulation, function, and drug–drug interactions of CYP1A enzymes in humans.

Keywords: cytochrome P450; CYP1A1; CYP1A2; drug–drug interaction; expression; metabolism; regulation

#### 1. Introduction

The oral bioavailability of many drugs is determined by first-pass metabolism taking place in human gut and liver. In this regard, a considerable fraction of the administered dose is presystemically eliminated by intestinal and hepatic phase I and/or phase II drug metabolism Consequently, only a minor fraction of the administered dose reaches the central compartment and in turn the site of action. Thus, alterations of the aforementioned presystemic metabolism in terms of inhibition or induction of the involved metabolizing enzymes may result in two unwanted clinical scenarios: (1) increased drug exposure as caused by enzyme inhibition with an increased risk of side effects up to drug-related toxicity, and (2) subtherapeutic drug levels due to induction of the respective metabolizing enzymes, which may threaten the therapeutic drug effects [1,2].

During the last decades, it was clearly demonstrated that major cytochrome P450 (CYP) enzymes such as CYP3A4, CYP2C9/19, and CYP2D6 play a major role in first-pass metabolism of drugs [3–5]. Here, extensive pharmacokinetic and pharmacogenetic studies have been conducted and identified these enzymes as crucial determinants in the pharmacokinetics and, in turn, for efficacy and safety of their substrates [6–9]. However, beside these major enzymes, the information about other CYPs that are considerably expressed in the human intestine or liver and significantly involved in the metabolism of frequently used drugs is much more limited. Examples for these somewhat "under-investigated" enzymes are CYP1A1 and CYP1A2, which are involved in the metabolism of about 10% of the drugs on the market [10,11]. Despite their clinical relevance, considerably fewer studies related to human

pharmacokinetics and drug–drug interactions compared to the above-mentioned major enzymes have so far been published. For example, Medline search (via PubMed<sup>®</sup>) on "human pharmacokinetics" and certain enzymes listed 6379 entries for CYP3A4, 2902 for CYP2C9/19, and 2794 for CYP2D6, but "only" 734 and 1749 have been found for CYP1A1 and CYP1A2, respectively (assessed 22 October, 2020). Thus, the aim of this mini review article is to provide an up-to-date overview about the current knowledge on the expression, regulation, and clinically relevant drug–drug interactions of CYP1A1 and CYP1A2 in humans.

## 2. Expression

CYP1A1 and CYP1A2 belong to the CYP1 gene family; they are highly conserved and located on chromosome 15 [10,12]. CYP1A2 is constitutively expressed at high levels in human liver, whereas CYP1A1 was shown to be expressed at markedly lower levels in the organ but is also found in extrahepatic tissues including lung, intestine, prostate, kidney and placenta [11,13–19]. However, data on the protein abundance of hepatic CYP1A1 are conflicting; some studies demonstrated its absence in human liver, while others could clearly quantify the enzymatic protein [14,16,18,20–23]. In particular, recent mass spectrometry-based studies have demonstrated a substantial abundance of CYP1A1 in the human liver ranging from 0.5 to 9 pmol/mg microsomal protein [18,23].

In general, the available data on CYP1A1/2 expression are somewhat limited. There are sporadic studies on intestinal or hepatic CYP1A1 and/or CYP1A2 gene expression or protein abundance that are partly inconsistent and conflicting (Table 1). To overcome this limitation counteracting reliable conclusions, especially on the role of intestinal and hepatic CYP1A1, comprehensive information about gene and protein expression of CYP1A1 and CYP1A2 in intestinal and hepatic tissues from the same individuals are needed. So far, only one study from our group is available that included intestinal and hepatic tissue samples in parallel from organ donors, in order to overcome the known issue of high inter-subject variability in the expression of metabolizing enzymes [24]. However, this study only considered CYP1A2, but not CYP1A1.

| Table 1. Overview of available data on mRNA expression and protein abundance of cytochrome              |
|---|
| P450 (CYP) 1A1 and CYP1A2 in the human intestine and liver (+, gene/protein expression was              |
| shown; -, not investigated n.d., not detectable; PTC, proteomics; WB, Western blot). Data are ranked in |
| chronological order (publication date).   |
|   |

| Liver |                     |      |                     | Small | Intestine           |      |                     |           |
|-------|---------------------|------|---------------------|-------|---------------------|------|---------------------|-----------|
| CY    | P1A1                | CY   | P1A2                | CY    | P1A1                |      | CYP1A2              |           |
| Gene  | Protein<br>(Method) | Gene | Protein<br>(Method) | Gene  | Protein<br>(Method) | Gene | Protein<br>(Method) | Reference |
| -     | n.d.<br>(WB)        | -    | + (WB)              | -     | -                   | -    | -                   | [20]      |
| +     | -                   | +    | + (WB)              | -     | -                   | -    | -                   | [13]      |
| -     | + (WB)              | -    | -                   | -     | -                   | -    | -                   | [25]      |
| -     | -                   | -    | -                   | +     | + (WB)              | n.d. | -                   | [26]      |
| -     | -                   | -    | -                   | -     | + (WB)              | -    | -                   | [27]      |
| +     | -                   | +    | -                   | +     | -                   | n.d. | -                   | [15]      |
| +     | n.d.<br>(WB)        | +    | + (WB)              | -     | -                   | -    | -                   | [21]      |
| -     | + (WB)              | -    | + (WB)              | -     | -                   | -    | -                   | [14]      |
| -     | + (WB)              | -    | -                   | -     | + (WB)              | -    | -                   | [16]      |
| +     | -                   | +    | -                   | +     | -                   | n.d. | -                   | [17]      |
| -     | -                   | +    | + (PTC)             | -     | -                   | -    | -                   | [28]      |
| -     | + (PTCs)            | -    | + (PTC)             | -     | -                   | -    | -                   | [23]      |
| -     | -                   | -    | + (PTC)             | -     | -                   | -    | n.d. (PTC)          | [29]      |
| -     | -                   | -    | -                   | -     | + (PTC)             | -    | +, traces (PTC)     | [30]      |
| -     | -                   | +    | + (PTC)             | -     | -                   | n.d. | n.d. (PTC)          | [24]      |
| -     | -                   | -    | + (PTC)             | -     | -                   | -    | -                   | [31]      |
| -     | -                   | -    | -                   | +     | -                   | n.d. | -                   | [32]      |
| -     | n.d.<br>(PTC)       |      | + (PTC)             | -     | n.d.<br>(PTC)       | -    | n.d. (PTC)          | [22]      |
| -     | + (PTC)             | -    | + (PTC)             | -     | -                   | -    | -                   | [18]      |

Compared to CYP3A4 and CYP2C9, which are the most abundant intestinal CYP enzymes [16,24], CYP1A1 expression is rather little in the intestine and highly variable as well [16,30] (Figure 1). Paine et al. were able to detect CYP1A1 enzyme in only three of 31 investigated human jejunal samples at a range of 3.6 to 7.7 pmol/mg (Western blotting), while Miyauchi et al. using the targeted proteomics approach found CYP1A1 in 15 out of 28 analyzed human small intestinal samples (range: 0.07–2.3 pmol/mg) [16,30]. In parallel, also Shrivas et al. found CYP1A1 only in three out of 32 human liver microsomal samples using global proteomics [23]. Those findings indicate a substantial inter-subject variability in CYP1A1 protein that is most likely attributed to the individual lifestyle, including exposure to different diets or smoking, which were already shown to be important determinants of variability in the expression as well as the metabolic function of CYP1A enzymes [13,21,27,33]. In addition, experimental conditions may have partly contributed to the observed variability.



**Figure 1.** Comparative intestinal and hepatic gene expression and protein abundance of CYP1A1 and CYP1A2 (mean  $\pm$  SD). Relative gene expression and absolute protein abundance of clinically relevant CYP450 enzymes in the human liver is presented in section (**A**,**B**) (data taken from Drozdzik et al. 2019 (**A**) and Achour et al. 2014 (**B**)). Sections C and D show relative gene expression and absolute protein abundance of clinically relevant CYP450 enzymes in the human small intestine observed in 30 ((**C**), own unpublished data) and 28 human jejunal tissue samples ((**D**), Miyauchi et al. 2016).

In contrast to the mentioned controversies on CYP1A1, CYP1A2 is doubtlessly expressed at considerable levels in the human liver, but not in the intestine (Table 1). A meta-analysis on the expression of 15 hepatic drug-metabolizing enzymes revealed that CYP1A2 contributes about 10% to all CYP enzymes [34]. After CYP3A4, CYP2E1, and CYP2C9, CYP1A2 showed the fourth highest protein abundance of all investigated hepatic CYP enzymes. These data have been confirmed by more recent mass spectrometry-based studies [24,31,35–37]. The mean hepatic microsomal protein abundance ranged from 14 to 35 pmol/mg, as determined by targeted proteomics [18,22,28,31,36,38]. Former data as derived from immunostaining studies determined considerably higher abundance, up to 65 pmol/mg [39,40], which might be interpreted with caution considering the issue of unspecific binding of antibodies. As a general feature of CYP1A1 and CYP1A2 expression, one must consider a substantial inter-subject variability, which seems to be caused by a complex interplay of genetic, epigenetics, and environmental factors [11,41].

# 3. Regulation

#### 3.1. Transcriptional Regulation

The promoter region of CYP1A1 and CYP1A2 genes contains several Aryl hydrocarbon receptor (AhR) response elements [42,43], which, after binding of respective compounds, initiate coordinated transcription of both genes. Consequently, both genes are highly inducible by AhR ligands such as polycyclic aromatic hydrocarbons (PAHs), dioxins and numerous xenobiotics [44]. Examples for well-established experimental inducers are 2,3,7,8-tetrachlorodibenzo-p-dioxon (TCDD), 3-methlycholanthrene and  $\beta$ -naphthoflavone [45,46]. In addition, omeprazole was shown to be a potent model inducer for CYP1A1 and CYP1A2 [47-49]. There is evidence that the induction of CYP1A1 by AhR is stronger than that of CYP1A2 [44,49,50]. This is also in agreement with the fact that tissues possessing high expression of CYP1A1 (i.e., lung, placenta, intestine, urinary bladder) also show high expression levels of AhR [51]. Table 2 provides an overview of in vitro, in vivo, and ex vivo data on CYP1A1/1A2 induction by clinically relevant drugs. In this regard, albendazole, carbamazepine, omeprazole, lansoprazole, primaquine, and rosiglitazone were shown to be strong inducers of both, expression and metabolic activity of CYP1A1 and CYP1A2 [48-50,52]. As discussed later, these findings do not necessarily translate for all compounds to clinically relevant drug-drug interactions (e.g., for omeprazole). Relevant exogenous sources of AhR activators are charcoal grilled food, tobacco smoking as well as other natural sources including broccoli or fish oil supplementation, which strikingly induce endogenous eicosanoids [11,53,54]. Consequently, some of these environmental factors may contribute to the substantial variability in the expression and function of both CYP1A isoenzymes. Associated with this-tobacco smoking, especially, was shown to have significant effects on the pharmacokinetics and actions of many CYP1A substrates (see paragraph "Drug-Drug Interactions").

| Drug                        | Object of Investigation    | Induction Effect  | Reference |
|-----------------------------|----------------------------|---|-----------|
| Albendazole (5–30 µM)       | HepG2 cells                | ↑CYP1A1 (32-fold) and CYP1A2<br>mRNA (5.6-fold); ↑EROD-activity<br>(4-fold)       | [49,50]   |
| Carbamazepine (7–183 µM)    | HepaRG cells               | ↑CYP1A2 mRNA (10-fold)  | [52]      |
| Carbamazepine               | Pediatric patients         | ↑hepatic CYP1A2 activity (CBT,<br>2.2-fold)                                       | [55]      |
| Lansoprazole (50 µM)        | Human hepatocytes          | ↑CYP1A2 mRNA (26-fold);<br>↑CYP1A2 protein (32-fold);<br>↑EROD activity (32-fold) | [48]      |
| Omeprazole (0.03–3 µM)      | Human hepatocytes          | ↑CYP1A1 mRNA (37-fold)<br>↑CYP1A2 mRNA (12-fold);                                 | [47]      |
| Omeprazole (50 µM)          | Human hepatocytes          | ↑CYP1A2 protein (4.6-fold);<br>↑EROD activity (39-fold)                           | [48]      |
| Omeprazole (25 µM)          | HepG2 cells                | ↑CYP1A1 and CYP1A2 mRNA   | [49]      |
| Omeprazole (treatment)      | Human duodenal<br>biopsies | ↑CYP1A1 protein; ↑EROD activity<br>(2.2-fold)                                     | [56]      |
| Omeprazole (20 mg SID, 4 d) | Human liver biopsies       | ↑CYP1A2 protein (3.4-fold);<br>↑EROD activity (6-fold)                            | [57]      |
| Phenobarbital (100–250 µM)  | Human hepatocytes          | ↑EROD activity (1.9-fold)<br>↑CYP1A2 mRNA (1.5-fold);                             | [46]      |
| Phenobarbital (1 mM)        | Human hepatocytes          | ↑CYP1A2 protein (1.8-fold); ↑POD  | [58]      |
| Primaquine (10–30 μM)       | HepG2 cells                | ↑CYP1A1 (~7-fold) and CYP1A2<br>(~3-fold) mRNA; ↑EROD-activity<br>(7.5-fold)      | [49,50]   |

Table 2. Impact of clinically relevant drugs, smoking, and diet on the induction of CYP1A1/1A2 mRNA, protein, and activity.

| Drug                        | Object of Investigation | Induction Effect                 | Reference  |
|-----------------------------|-------------------------|----------------------------------|------------|
|                             |                         | ↑CYP1A1 (~9-fold) and CYP1A2     |            |
| Quinine (30 µM)             | HepG2 cells             | mRNA (2.4-fold); ↑EROD-activity  | [50]       |
|                             | -                       | (5.5-fold)                       |            |
| Rifampicin (10/33 µM)       | Human hanatocytes       | ↑CYP1A1 (2.2-fold) and CYP1A2    | [47 59_61] |
| Khamplent (10/35 µW)        | Tullian nepatocytes     | mRNA (2.2-fold)                  | [47,57-01] |
| Rifampicin (20/50 µM)       | Human hepatocytes       | ↑EROD-activity (2.3-fold)        | [46]       |
|                             |                         | ±CYP1A2 mRNA (0.8-fold);         |            |
| Ritonavir (0.1–5 µM)        | Human hepatocytes       | ±CYP1A2 protein (1.0-fold);      | [58]       |
|                             |                         | ↑POD activity (1.6-fold)         |            |
| Ritonavir (1–25 µM)         | Human hepatocytes       | ↑CYP1A2 mRNA (4-fold); ↑POD      | [61]       |
|                             |                         | activity (2-fold)                | [0-]       |
|                             | ** 1                    | ↑CYP1A2 mRNA (11-fold);          | [ (0]      |
| Rosiglitazone (10 µM)       | Human hepatocytes       | TCYP1A2 protein (7-fold); TEROD  | [48]       |
|                             | ** 1. 1                 | activity (37-fold)               | [(0]]      |
| Smoking                     | Human liver biopsies    | TEROD activity (3.3-fold)        | [62]       |
| Smoking (3–30/d), 7d        | Human duodenai          | ↑EROD activity (4.2-fold)        | [56]       |
| 0                           | biopsies                | CVD1 A 1 months at the section   |            |
| Chargrilled meat diet (7 d) | biopsies                | CVP1A2 activity (CBT 19-fold)    | [33]       |
|                             | biopsies                | C11 1A2 activity (CD1, 1.9-101d) |            |

Table 2. Cont.

↑, increase; ±, unchanged; CBT, caffeine breath test; EROD, 7-ethoxyresorufin O-deethylase; POD, phenacetin O-deethylation.

As already described for genes regulated by other nuclear receptors (e.g., *ABCB1* by pregnane-X-receptor (PXR)), a partial transactivation of human CYP1A by nuclear receptors other than AhR is possible. In this regard, CYP1A1 and 1A2 were also shown to be induced upon activation of the human constitutive androstane receptor (CAR) [63]. This explains considerable induction of CYP1A enzymes by typical CAR ligands, such as carbamazepine, phenobarbital and phenytoin. On the other side, the relevance of PXR in the regulation of CYP1A seems to be negligible as shown in vitro [47,59,60] and in vivo [64].

### 3.2. Impact of Gender, Age, and Diseases

In addition to the described transcriptional regulation, also several nongenetic factors seem to influence CYP1A2 expression and function. For example, protein abundance and metabolic CYP1A2 activity for different substrates was shown to be considerably lower in woman than in men [31,65–67]. However, as smoking and the intake of oral contraceptives (inhibitors of CYP1A function) represent substantial confounders of CYP1A2 expression and function, those data have to be interpreted with caution and need further verification. Moreover, in analyzing potential gender differences in the pharmacokinetics of CYP1A substrates, dose-adjustment was shown to be essential as demonstrated for tizanidine [68]. There is also evidence that CYP1A2 activity is significantly higher in younger (<20 years) than in older people (>20–60 years and >60 years) [65].

Disease-related changes have been also reported for CYP1A. Here, CYP1A2 expression in liver dysfunction and cholestasis was found to be decreased [40,69]. Other studies failed to confirm those differences in vivo [53,54] and in human liver tissue at both, mRNA and protein levels [40,70]. More recent mRNA expression data demonstrated that the expression of CYP1A2 was decreased by about 90% in hepatocellular carcinoma livers, 80% in alcoholic cirrhosis, and 65% in severe cirrhosis [71]. In parallel, analysis of liver biopsy samples of patients with chronic hepatitis C revealed significantly lower gene expression levels of CYP1A1 and CYP1A2 [72,73]. These data have been recently confirmed by a targeted proteomic analysis [74]. Likewise, nonalcoholic fatty liver disease (NAFLD) was associated with decreased mRNA, protein amount, and functional activity of microsomal CYP1A2 compared to healthy liver tissue [75].

#### 3.3. Genetics and Epigenetics

The large inter-individual variability in the elimination of drugs undergoing CYP1A2 metabolism has been attributed to genetic and environmental factors [11,76,77]. In this regard, Rasmussen and colleagues demonstrated in a large study in 378 mono- and dizygotic twins for the caffeine metabolic ratio (a surrogate for CYP1A2 activity) a strong overall heritability of 0.72 [78].

Common polymorphisms in the CYP1 gene have been found to be only of limited relevance for human drug metabolism. However, considering the involvement of CYP1A enzymes in bioactivation of procarcinogens, many studies investigated certain single nucleotide polymorphisms in association to various types of cancer [10,11]. The Pharmacogene Variation Consortium website (www.pharmvar. org) lists 15 alleles for CYP1A1 [79]. Of the most frequent variants m1 to m4, only the common non-synonymous variant CYP1A1\*2C (rs1048943, 2454A>G, Ile462Val), which has a global minor allele frequency of about 12%, was shown to be associated with substantially modified enzymatic activity, i.e., 6- to 12-fold higher for its substrates  $17\beta$ -estradiol and estrone [80]. This variant was associated with an increased risk for lung cancer in Chinese and breast, and prostate cancer in Caucasians [10,11].

Several alleles, namely 24, have been also reported for CYP1A2 [79], of which only the most established will be briefly mentioned here. The CYP1A2\*6 variant was shown to result in a nonfunctional protein [81]. However, considering the rare occurrence of this and other variants [82], they are expected to be of limited clinical relevance. The CYP1A2\*1C was associated with reduced CYP1A2 induction by cigarette smoking in Japanese [83]. On the contrary, the CYP1A2\*1F variant (–163C>A) was linked with enhanced enzyme inducibility in Caucasian smokers [53,84] and heavy coffee drinkers [85]. Interestingly, carriers of the combined genotype CYP1A2\*1C/\*1F were not inducible by the AhR ligand omeprazole [86]. Both variants were described to increase the susceptibility to certain cancers. Despite the described multiplicity of CYP1A2 polymorphisms, clear gene dose relationships by comparing common SNPs to the respective protein abundance or metabolic phenotype could not be demonstrated yet. Thus, so far no single SNP or haplotype in the CYP1A2 gene seems to be predictive [41]. In this regard, a multivariate linear modeling by Klein et al. revealed that genetic polymorphisms contribute about 35% of hepatic CYP1A2 activity variation, whereas some 40% of the variation were explained by nongenetic factors together [40].

However, the clinical impact of genetic variation in terms of susceptibility factors for cancer or pharmacokinetics, efficacy and safety of certain CYP1A substrates is not systematically covered here but was excellently summarized by others [10,11,87–90].

Finally, there is also evidence for an epigenetic regulation of CYP1A2 expression as concluded from the observation that the extent of DNA methylation of a CpG island close to the translation start site was inversely correlated to the hepatic CYP1A2 mRNA expression [53,54]. Recent studies point also to an involvement of certain microRNAs in the expression and induction of CYP1A2 [91,92].

#### 4. Metabolic Function, Substrates, and Inhibitors

#### 4.1. Metabolic Features

Considering that CYP1A2 shares about 80% amino acid sequence identity with CYP1A1, it is not surprising that the substrate specificities of these enzymes often overlap, owing to a CYP1 family–specific distortion of the F helix in the area of the substrate binding cavity, which produces bending of the helix and results in the formation of an enclosed and planar substrate binding site observed in both CYP1A1 and CYP1A2 [93]. It has been demonstrated that commonly used probe drugs for CYP1A2 such as caffeine, theophylline, phenacetin, propranolol, and 7-ethoxyresorufin are metabolized by both CYP1A isoenzymes [94,95]. Despite this considerable similarity, CYP1A1 shows a preference for planar aromatic hydrocarbons (e.g., naphthalene, PAHs), while CYP1A2 prefers aromatic amines and heterocyclic compounds (e.g., 2-naphthylamine, xanthines) (Table 3). The metabolic feature of CYP1A1 in combination with its expression pattern in tissues potentially exposed to high amounts of PAHs (e.g., the lung via tobacco smoke, the intestine via charbroiled food) makes it plausible that

increased expression and function of CYP1A1 may result in higher formation rates of potentially carcinogenic metabolites. In this regard, benzo[a]pyrene and other procarcinogens (e.g., arylarenes, nitroarenes, arylamines) are bioactivated by CYP1A1 to reactive and carcinogenic intermediates such as epoxides which may cause DNA damage and in long term malignancies. In the same manner, CYP1A2 is involved in the bioactivation of heterocyclic aromatic amines (HAAs) originating from cook muscle meats such as beef, pork, or fish to carcinogenic hydroxylamines. Thus, it can be assumed that induction of CYP1A1/1A2 in smokers by inhaling frequently high amounts of PAHs may contribute to strikingly increased risk for lung cancer [96]. However, the toxicological impact of both isoenzymes on the bioactivation of carinogenes from environmental compounds is beyond the scope of this article but summarized elsewhere [11,97].

| Substrate    | Drug Class   | Metabolic Reaction                                   | Contribution of<br>CYP1A2 (Other CYPs) | Reference |
|--------------|--|--|--|-----------|
| Aminopyrine  | Analgesic drug   | N-demethylation                                      | 40-50% (CYP2C8/2C19)                   | [98]      |
| Agomelatine  | melatonin receptor agonist<br>(antidepressant)             | hydroxylation and<br>demethylation                   | 90% (10% CYP2C9)                       | [99]      |
| Caffeine     | CNS stimulant  | N-demethylation                                      | >95%                                   | [94,95]   |
| Clozapine    | Atypical antipsychotic drug                                | N-demethylation and<br>N-oxidation                   | 40-55% (CYP3A4/2C19)                   | [100]     |
| Dacarbazine  | Anticancer drug  | N-demethylation                                      | 20-40% (CYP1A1/2E1)                    | [101]     |
| Duloxetine   | Antidepressant   | 4-, 5- and 6-hydroxylation<br>major extent substrate | 30-40% (CYP2D6/2C9)                    | [102]     |
| Flutamide    | Non-steroidal antiandrogen                                 | 2-Hydroxylation                                      | ~25% (CYP3A4/2C19)                     | [103]     |
| Leflunomide  | Disease-modifying<br>anti-inflammatory drug                | N-O bond cleavage                                    | 40-55%                                 | [104]     |
| Melatonin    | Pineal hormone   | 6-hydroxylation and<br>O-demethylation               | 40-60% (CYP1A1/1B1)                    | [105]     |
| Mirtazapine  | Antidepressant   | 8-hydroxylation and<br>N-demethylation               | 30-50% (CYP3A4/2D6)                    | [106]     |
| Nabumetone   | NSAID  | aliphatic hydroxylation                              | 30-40% (CYP2C9)                        | [107]     |
| Olanzapine   | Atypical antipsychotic drug                                | N-demethylation and<br>7-hydroxylation               | 30-40% (CYP2D6)                        | [108]     |
| Phenacetin   | Analgesic drug   | O-deethylation and<br>C-hydroxylation                | 86%                                    | [94]      |
| Promazine    | Antipsychotic drug   | N-demethylation and<br>5-sulfoxidation               | 30-45% (CYP2C19/3A4)                   | [109]     |
| Propranolol  | β-Blocker  | N-deisopropylation, and 4-<br>and 5-hydroxylation    | 30-50% (CYP2D6)                        | [110]     |
| Ramelteon    | Melatonin receptor agonist<br>(hypnotic)                   | Aliphatic hydroxylation                              | ~50% (CYP2C19/3A4)                     | [111]     |
| Rasagiline   | Antiparkinson drug   | N-dealkylation and<br>hydroxylation                  | >50%                                   | [112]     |
| Riluzole     | Antiglutamate agent<br>(treatment of ALS)                  | N-hydroxylation                                      | ~80%                                   | [113]     |
| Ropinirole   | Antiparkinson drug   | N-depropylation and<br>hydroxylation (major)         | 30-45%                                 | [114]     |
| Ropivacaine  | Local anesthetic drug                                      | 3-, 4-hydroxylation                                  | 50-65% (CYP3A4)                        | [115]     |
| Tacrine      | cholinesterase inhibitor<br>(Alzheimer's disease)          | 1-, 2-, 4- and<br>7-Hydroxylation                    | 50-65%                                 | [116]     |
| Theophylline | Bronchodilator<br>(Asthma/COPD)                            | N-demethylation                                      | 90–95%                                 | [117]     |
| Tizanidine   | Muscle relaxant  | Hydroxylation  | 80–95%                                 | [118,119] |
| Verpamil     | Calcium channel blocker                                    | N-demethylation and<br>N-dealkylation                | 20-30% (CYP2C8/3A4)                    | [120]     |
| Zolmitriptan | Selective 5-HT <sub>1B/1D</sub><br>(treatment of migraine) | N-demethylation and<br>O-demethlyation               | 30–40%                                 | [121]     |

Table 3. Overview for clinically relevant drugs undergoing significant CYP1A2-mediated metabolism (≥25%).

5-HT, 5-hydroxy tryptamine; ALS, Amyotrophic lateral sclerosis; CNS, central nervous system; COPD, Chronic obstructive pulmonary disease; NSAID, non-steroidal anti-inflammatory drug.

#### 4.2. Substrates

Under the consideration that CYP1A1 is markedly lower expressed in the human liver than CYP1A2 and is also considered to be of extrahepatic relevance, its impact on the metabolic clearance of drugs was formerly assumed to be negligible [10,11]. In contrast to this conclusion, recent studies have clearly verified CYP1A1 protein abundance in human intestine and liver, which challenges the former paradigm of the pharmacokinetically irrelevant CYP1A1 [18,23,30]. Moreover, 15–20 years ago, several studies convincingly demonstrated high metabolic CYP1A1 activity of intestinal and hepatic microsomal fractions [14,27,122]. Associated to this, riociguat (guanylate cyclase stimulator used for the treatment of pulmonary hypertension) and granisetron (5-HT3 receptor antagonist for the treatment of nausea and vomiting following chemotherapy or radiotherapy) were shown to be highly and specifically biotransformed by CYP1A1 [18,122]. In addition, the tyrosine kinase inhibitors axitinib, erlotinib, gefitinib, and ningetinib as well as the toll-like receptor agonist imiquimod and conivaptan (inhibitor of the antidiuretic hormone) have been reported as substrates of CYP1A1 [18,123,124]. Thus, one has to conclude that CYP1A1 should be considered as an additional potentially relevant clearance pathway for some drugs. However, in the past, the metabolic stability of a drug was in most cases studied by using human liver microsomes or recombinant CYP1A2, but not for both isoforms of CYP1A, as done in very recent studies [18,123]. Consequently, the individual contribution of CYP1A1 to the metabolism of established CYP1A2 substrates as summarized in Table 3 remains uncertain, and asks for additional research efforts. However, even today, these kind of head-to-head comparisons of CYP1A1 and CYP1A2 in drug metabolism are challenging because established manufactures of life science consumables (e.g., Thermo Fisher Scientific and Corning) do not provide microsomal preparations of recombinant CYP1A1, but almost exclusively CYP1A2.

It was estimated by analyzing the metabolic pathways of about 250 frequently used drugs, that CYP1A2 is involved in the biotransformation of about 10% of drugs on the market [10]. CYP1A2-typical biotransformation reactions include N-demethylation of caffeine to 1,7-dimethylxanthine (paraxanthine), N-demethylation of clozapine, O-deethylation of phenacetin, and N-demethylation as well as 8-hydroxylation of theophylline. In particular, caffeine and phenacetin were frequently used as probe compounds in vitro and for phenotype determination in vivo [11,125]. Due to its high abundance in the human liver, CYP1A2 plays an important role in the metabolism of many clinically important drugs, including antipsychotics (clozapine, olanzapine), antidepressants (duloxetine, agomelatine, mirtazapine), cardiovascular drugs (propranolol, verapamil), non-steroidal anti-inflammatory drugs (NSAID) (phenacetin), the Alzheimer's disease drug tacrine, a cholinesterase inhibitor, the muscle relaxant tizanidine, antiparkinson drugs (rasagilin, ropinirol), and the methylxanthines caffeine, and theophylline [10,11]. Over 100 clinically used drugs have been described to be substrates of CYP1A2 [11]. However, many compounds are subjected to complex metabolism by several CYP enzymes so that the allover contribution of CYP1A2 is limited (~5–20%) and dominated by other pathways. Examples for drugs that are frequently and somewhat misleadingly labelled as typical CYP1A2 substrates are acetaminophen, amitriptyline, bupivacaine, carbamazepine, estradiol, fluvoxamine, haloperidol, imipramine, lidocaine, mianserin, naproxen, ondansetrone, triamterene, warfarin, and zolpidem. Although, CYP1A2 contributes to their metabolism, relevant drug-drug interactions (DDIs) cannot be expected as other metabolic pathways take over in the case of CYP1A2 inhibition. Thus, Table 3 summarizes only drugs whose systemic clearance is assumed to be >25% dependent on CYP1A2 metabolism based on the invitro phenotyping studies and human pharmacokinetic data, as also suggested by the current Food and Drug Administration (FDA) guidance of drug-drug interactions (https://www.fda.gov/regulatory-information/search-fda-guidance-documents/vitro-druginteraction-studies-cytochrome-p450-enzyme-and-transporter-mediated-drug-interactions). Similar to CYP3A4, CYP1A2 is a rather low affinity but high capacity metabolic enzyme. Thus, only very high concentrations of respective substrates are able to cause competitive inhibition (e.g., by extremely high doses of caffeine).

Endogenous substrates of CYP1A include arachidonic acid, bilirubin, prostaglandins, estrogens, melatonin and retinoic acid [11,126].

# 4.3. Inhibitors

Established inhibitors of CYP1A function include 7-hydroxyflavone and  $\alpha$ -naphthoflavone that have been extensively used in vitro [11,14,18,94]. Ketoconazole, a potent inhibitor of CYP3A4 and P-glycoprotein, was also shown to inhibit CYP1A1 in a significant manner [27]. Again, we must state that there are so far insufficient data on the specific inhibitory properties of established CYP1A2 inhibitors on the function of CYP1A1. Considering the similarity in terms of sequence and function, one may hypothesize again a substantial overlap between both isoenzymes. An exception of this conclusion is furafylline, a methylxanthine, which was demonstrated to inhibit specifically CYP1A2 but not CYP1A1 [94]. Thus, it serves as an in vitro tool to distinguish between the metabolic activites of both isoenzymes in microsomal studies.

Typical inhibitors of CYP1A2 are rather small molecules, which are often heterocyclic or halogenated. Drugs resulting in potent competitive but reversible inhibition of CYP1A2 include fluoroquinolones such as ciprofloxacin and enoxacin, selective serotonin reuptake inhibiting (SSRI) antidepressants fluvoxamine and fluoxetin, the azole antimycotics ketoconazole, and clotrimazole, as well as estrogens (oral contraceptives). Some drugs (e.g., amiodarone, carbamazepine, duloxetine, isoniazid, resveratrol, and rofecoxib) were described to be mechanism-based inhibitors [11], i.e., they cause irreversible inhibition of CYP1A enzymes, which requires de novo synthesis of the respective proteins, which, in turn, results in long-lasting enzyme inhibition. Table 4 provides an overview of clinically used drugs that were identified as potent inhibitors of CYP1A. As it can be seen from the given inhibition potency, such as ciprofloxacin (Ki, 144 nM for CYP1A2), fluxoxamine (Ki, 11-40 nM for CYP1A2), or ketoconazole (Ki, 40 nM for CYP1A1) are especially expected to cause clinically relevant drug–drug interactions [27,127,128].

| Drug                              | Drug Class   | In Vitro System            | Inhibitory Effect<br>(Isoenzyme)                   | Reference      |
|-----------------------------------|--|----------------------------|--|----------------|
| Alosetron <sup>1</sup>            | 5HT <sub>3</sub> -receptor<br>antagonist (irritable<br>bowel syndrome) | HLM                        | IC <sub>50</sub> = 2 μM (CYP1A2)                   | [129]          |
| Amiodarone <sup>1</sup>           | Antiarrhythmic drug  | HLM                        | $IC_{50} = 86 \ \mu M$                             | [130]          |
| Artemesinin <sup>1</sup>          | Antimalaria drug   | HLM                        | Ki = 0.43 μM (CYP1A2)                              | [131]          |
| Carbamazepine 2                   | Anticonvulsant   | HLM                        | n.d. (CYP1A2)                                      | [13 <b>2</b> ] |
| Celecoxib <sup>1</sup>            | COX-2 inhibitor  | HLM                        | Ki = 25.4 μM (CYP1A2)                              | [127]          |
| Circus flaure sine 1              | Antibiotic   | HLM                        | 70.4% (CYP1A2)                                     | [133]          |
| Cipronoxacin -                    | (fluoroquinolone)  | HLM                        | Ki = 144 nM (CYP1A2)                               | [127]          |
| Cimetidine <sup>1</sup>           | H <sub>2</sub> -receptor antagonist                                    | HLM                        | Ki = 200 μM (CYP1A2)                               | [134]          |
| Clotrimazole <sup>1</sup>         | Antifungal agent   | human<br>lymphoblast cells | Ki = 7.9 $\mu$ M (CYP1A2)                          | [135]          |
| Desogestrel <sup>1</sup>          | Hormone<br>(oral contraceptive)  | HLM                        | $\mathrm{Ki}=39.4~\mu\mathrm{M}~(\mathrm{CYP1A2})$ | [127]          |
| Duloxetine <sup>2</sup>           | Antidepressant (SSRI)  | HLM                        | n.d. (CYP1A2)                                      | [136]          |
| Enoxacin <sup>1</sup>             | Ântibiotic<br>(fluoroquinolone)  | HLM                        | 74.9% (CYP1A2)                                     | [133]          |
| Ethinyl<br>estradiol <sup>1</sup> | Hormone<br>(oral contraceptive)  | HLM                        | $\mathrm{Ki}=10.6~\mu\mathrm{M}~(\mathrm{CYP1A2})$ | [127]          |
| Fluoxetine <sup>1</sup>           | Antidepressant (SSRI)  | HLM                        | $Ki = 4.4 \ \mu M (CYP1A2)$                        | [137]          |
|                                   |  |                            | $Ki = 33 \ \mu M \ (CYP1A1)$                       | [128]          |
| Fluvoxamine <sup>1</sup>          | Antidepressant (SSRI)  | HLM                        | Ki = 40  nM (CYP1A2)                               | [128]          |
|                                   |  |                            | Ki = 11 nM (CYP1A2)                                | [127]          |

Table 4. Overview of clinically relevant drugs with inhibitory properties on CYP1A1/1A2.

| Drug                      | Drug Class                         | In Vitro System            | Inhibitory Effect<br>(Isoenzyme)                                 | Reference      |
|---------------------------|------------------------------------|----------------------------|--|----------------|
| Isoniazid <sup>2</sup>    | Antibiotic                         | HLM                        | Ki = 285 μM (CYP1A2)   | [138]          |
| Ketoconazole <sup>1</sup> | Antifungal agent                   | HIM                        | Ki = 40  nM (CYP1A1)   | [27]           |
| Reloconazoie              | Antinungaragent                    | HLM                        | $IC_{50} = 0.33 \ \mu M \ CYP1A2)$                               | [139]          |
| Miconazole <sup>1</sup>   | Antifungal agent                   | human<br>lymphoblast cells | $Ki = 3.2 \ \mu M \ (CYP1A2)$                                    | [135]          |
| Nifedipine <sup>1</sup>   | Calcium channel blocker            | HLM                        | n.d. (CYP1A1)<br>n.d. (CYP1A2)                                   | [94]           |
| Norfloxacin <sup>1</sup>  | Antibiotic<br>(fluoroquinolone)    | HLM                        | 55.7% (CYP1A2)   | [133]          |
| Paroxetine <sup>1</sup>   | Antidepressant (SSRI)              | HLM                        | Ki = 5.5 μM (CYP1A2)   | [137]          |
| Propafenone <sup>1</sup>  | Antiarrhythmic drug                | HLM                        | $IC_{50} = 29 \ \mu M$   | [130]          |
| Propranolol               | Beta blocker                       | HLM                        | n.d. (CYP1A1)<br>n.d. (CYP1A2)                                   | [94]           |
| Resveratrol <sup>2</sup>  | Natural compound                   | HLM                        | $IC_{50} = 23 \ \mu M \ (CYP1A1)$<br>Ki = 2.2 $\mu M \ (CYP1A2)$ | [140]<br>[141] |
| Riluzole <sup>1</sup>     | Amyotrophic lateral sclerosis drug | HLM                        | Ki = 12.1 $\mu$ M (CYP1A2)                                       | [113]          |
| Rofecoxib <sup>2</sup>    | COX-2 inhibitor                    | HLM                        | Ki = 6.2 μM (CYP1A2)   | [127]          |
| Sertraline <sup>1</sup>   | Antidepressant (SSRI)              | HLM                        | Ki = 8.8 μM (CYP1A2)   | [137]          |
| Sulconazole               | Antifungal agent                   | human<br>lymphoblast cells | $Ki = 0.4 \ \mu M \ (CYP1A2)$                                    | [135]          |
| Thiabendazol <sup>2</sup> | Antifungal/antiparasitic<br>agent  | HLM                        | Ki = 1.54 $\mu$ M (CYP1A2)                                       | [131]          |
| Tioconazole <sup>1</sup>  | Antifungal agent                   | human<br>lymphoblast cells | $Ki = 0.4 \ \mu M (CYP1A2)$                                      | [135]          |
| Tolfenamic acid           | NSAID                              | HLM                        | Ki= 1.4 µM (CYP1A2)  | [127]          |

Table 4. Cont.

<sup>1</sup> Competitive (reversible) inhibitor; <sup>2</sup> mechanism-based (irreversible) inhibitor; 5-HT, 5-hydroxy tryptamine; COX, cyclooxygenase; HLM, human liver microsomes; IC<sub>50</sub>, half maximal inhibitory concentration; Ki, inhibition constant; NSAID, nonsteroidal anti-inflammatory drug; SSRI, selective serotonin reuptake inhibitor.

## 5. Drug-Drug Interactions

Under consideration of the high number of frequently prescribed drugs that were described to be substrates (Table 3), inhibitors (Table 4), or inducers (Table 2) of human CYP1A1/A2, several unwanted drug–drug interactions can be assumed in the case of combined administration.

#### 5.1. Inhibition Studies

In this regard, the most pronounced interactions have been described for the combination of CYP1A substrates with potent inhibitors including ciprofloxacin, fluvoxamine, ethinyl estradiol, and rofecoxib. Their combination with established CYP1A substrates resulted in clinically relevant interactions increasing the systemic drug exposure of caffeine, clozapine, mirtazapine, olanzapine and theophylline by 1.5 to 3-fold [106,131,142–144]. For agomelatine, ramelteon, tracrine, and tizanidine much more dramatic increases of serum area under the concentration-time curve (AUC) by 10–190-fold have been observed [118,119,145,146], which is expected to cause drug-related side effects and even toxicity. For example, the elevation of plasma levels of clozapine by ciprofloxacine resulted in rhabdomyolysis, delirium, and death during combination in psychotic patients [147,148].

The reasons for these dramatic interactions might be due to extensive metabolism by CYP1A enzymes and/or a high volume of distribution of the victim drug (e.g., 168 and 349 l for tizanidine and tacrine). In order to estimate the in vivo potential of a certain CYP1A inhibitor (Table 4) of an in vitro function, to cause clinically relevant interactions, focusing on the observed inhibitory potential (Ki, IC<sub>50</sub> value) alone is not sufficient, but additional pharmacokinetic aspect of the perpetrator compounds must be considered as well. For sufficient inhibitory potential in vivo, a perpetrator drug needs to

generate free unbound concentrations (fraction unbound, fu) around or above the observed Ki/IC<sub>50</sub> value and needs to be present in the systemic circulation for several hours to cause substantial metabolic inhibition as determined by an elimination half-life of several hours. Consequently, fluvoxamine and ciprofloxacin that are characterized by rather low-to-medium protein binding (fu, 0.23 for fluvoxamine and fu, 0.8 for ciprofloxacin), but high serum levels as caused by their comparatively high administered doses (50–100 mg for fluvoxamine, 100–750 mg for ciprofloxacin) and medium to long terminal half-lives (4–7 h for ciprofloxacin, 17–22 h for fluvoxamine), cause that both drugs are strong inhibitors of CYP1A2 in vivo, and cause many clinically relevant drug–drug interactions.

This scenario is not true for other drugs mentioned in Table 4. For example, although the NSAIDs celecoxib and tolfenamic acid demonstrated a considerable inhibition of CYP1A2 in human liver microsomes (HLM) with a Ki values of  $25 \,\mu$ M and  $1.4 \,\mu$ M [127], they did not show clinically relevant interactions, most likely due to their high protein binding of ~98% and 99.7%, respectively. As a conclusion, drugs undergoing substantial CYP1A1/2 metabolism should be combined with caution together with the perpetrator drugs mentioned in Table 5. If possible, dose escalation combined with therapeutic drug monitoring should be used for CYP1A2 drugs with a narrow therapeutic index such as theophylline, clozapine or tizanidine. Whether the mentioned in vivo inhibitors of CYP1A2 may also cause clinically relevant interactions with CYP1A1 substrates remains uncertain and requires further studies.

| Substrate (Victim Drug)        | Substrate (Victim Drug) Perpetrator<br>(Inhibitor) |   | Reference                       |
|--------------------------------|--|---|---------------------------------|
| Agomelatine                    | Fluvoxamine  | AUC ↑ 60-fold   | Product information             |
| Caffeine<br>(137 mg, SD)       | Thiabendazol (500 mg, SD)                          | AUC $\uparrow$ 1.6-fold<br>$t_{1/2} \uparrow$ 2.4-fold          | [131]                           |
| Clozapine<br>(50–700 mg)       | Fluvoxamine (50–100 mg, SID, MD)                   | $C_{SS} \uparrow 5-10$ -fold                                    | [149]                           |
| Clozapine<br>(2.5–3.0 mg/kg)   | Fluvoxamine (50 mg, SID, MD)                       | $C_{SS} \uparrow 3$ -fold                                       | [150]                           |
| Clozapine<br>(200–350 mg)      | Fluvoxamine (50 mg, SID, MD)                       | $C_{SS} \uparrow 2.2\text{-fold}$                               | [142]                           |
| Clozapine<br>(150–400 mg)      | Ciprofloxacin (250 mg BID, 7 d)                    | $C_{SS} \uparrow 1.3$ -fold                                     | [151]                           |
| Duloxetine<br>(60 mg, SD)      | Fluvoxamine (100 mg SID, 16 d)                     | AUC $\uparrow$ 5.6-fold<br>C <sub>MAX</sub> $\uparrow$ 2.4-fold | [102]                           |
| Melatonin<br>(5 mg, SD)        | Fluvoxamine (50 mg, SD)                            | AUC $\uparrow$ 17-fold<br>C <sub>MAX</sub> $\uparrow$ 12-fold   | [105]                           |
| Mirtazapin<br>(15–30 mg)       | Fluvoxamine (50–100 mg, SID, MD)                   | $C_{SS} \uparrow 1.3$ -fold                                     | [106]                           |
| Olanzapine<br>(10 mg, SD)      | Fluvoxamine (100 mg, SID, 14 d)                    | AUC $\uparrow$ 1.5-fold<br>C <sub>MAX</sub> $\uparrow$ 1.6-fold | [143]                           |
| Propranolol<br>(160 mg, SID)   | Fluvoxamine (100 mg)                               | $C_{MAX} \uparrow 5$ -fold                                      | [152]                           |
| Ramelteon<br>(16 mg, SD)       | Fluvoxamine (100 mg BID, 3 d)                      | AUC $\uparrow$ 190-fold<br>C <sub>MAX</sub> $\uparrow$ 70-fold  | Product<br>information<br>[111] |
| Ropivacaine<br>(0.6 mg/kg, iv) | Ciprofloxacin (500 mg BID, 2.5 d)                  | CL↓31%  | [153]                           |
| Tacrine<br>(40 mg, SD)         | Fluvoxamine (100 mg SID, 6 d)                      | AUC ↑ 8.3-fold<br>C <sub>MAX</sub> ↑ 5.6-fold                   | [145]                           |
| Theophylline<br>(250 mg, SD)   | Fluvoxamine (75 mg, SD)                            | AUC $\uparrow$ 2.4-fold<br>t <sub>1/2</sub> $\uparrow$ 2.5-fold | [144]                           |

Table 5. Overview of clinically relevant interaction as caused by inhibition of CYP1A1/1A2 enzymes.

| Substrate (Victim Drug)         | Perpetrator<br>(Inhibitor)                     | PK Change   | Reference |
|---------------------------------|--|---|-----------|
| Theophylline<br>(3.4 mg/kg, SD) | Ciprofloxacin (500 mg BID, 3 d)                | CL↓19%<br>t <sub>1/2</sub> ↑26%                               | [154]     |
| Tizanidine<br>(4 mg, SD)        | Rofecoxib (25 mg SID, 4d)                      | AUC ↑ 13.6-fold<br>C <sub>MAX</sub> ↑ 6.1-fold                | [146]     |
| Tizanidine<br>(4 mg, SD)        | Ciprofloxacin (500 mg BID, 3 d)                | AUC $\uparrow$ 10-fold<br>C <sub>MAX</sub> $\uparrow$ 7-fold  | [118]     |
| Tizanidine<br>(4 mg, SD)        | Fluvoxamine (100 mg SID, 4d)                   | AUC ↑ 33-fold<br>C <sub>MAX</sub> ↑ 12-fold                   | [119]     |
| Tizanidine<br>(4 mg, SD)        | Ethinyl estradiol 20–30 μg, gestodene<br>75 μg | AUC $\uparrow$ 3.9-fold<br>C <sub>MAX</sub> $\uparrow$ 3-fold | [155]     |
| Ropivacaine<br>(0.6 mg/kg, iv)  | Ciprofloxacin (500 mg BID, 2.5 d)              | CL↓31%  | [153]     |

↑, increase; ↓, decrease; AUC, area under the concentration-time curve; BID, twice daily; CL, clearance; Cmax, maximum serum concentration; Css, trough serum concentrations at steady-state; d, days; MD, multiple doses; PK, pharmacokinetic; SID, once daily; SD, single dose; t1/2, elimination half-life.

#### 5.2. Induction Studies

On the other side, carbamazepine, lansoprazole, omeprazole, phenobarbital, primaquine, and rosiglitazone were reported to be potent inducers of CYP1A1/1A2 by binding to AhR or CAR receptor as briefly described above [44,46–49] (Table 2), while the effects of prototypical PXR activators such as rifampicin, ritonavir and St. John's wort are rather negligible [47,58–60,156]. Of these drugs, omeprazole was one of the most potent and most extensively investigated inducer in vitro and in vivo, resulting in several-fold induction of the gene expression, protein abundance and metabolic function of CYP1A1/2. However, significant effects on the pharmacokinetics and efficacy of CYP1A substrates have not been observed yet. Well-established substrates, including caffeine, phenacetin, theophylline, or propranolol did not show any changes in their pharmacokinetics in the presence of omeprazole [157–160]. Thus, one might conclude that the interaction potential of omeprazole and other proton pump inhibitors for clinically relevant DDIs might be very limited although there are also data from a case report indicating slight increase in CYP1A2 metabolism [161]. An explanation could be found in the relatively low peak concentrations of omeprazole (0.7–4.6  $\mu$ M) in the systemic circulation compared to the inductive in vitro concentrations (25-50 µM) and its short half-life of 0.5–1 h (Regardh et al. 1990). In contrast to this, treatment with carbamazepine considerably induced clozapine metabolism, leading to significantly lower serum level in schizophrenic patients [149]. Carbamazepine was furthermore shown to induce hepatic caffeine metabolism as well as the systemic clearance of olanzapine and mirtazapine in a significant manner [55,162,163]. Thus, it can be stated that CYP1A2 substrates should not be combined with carbamazepine or dose-adjustment should be taken into account.

However, estimations on potential drug interactions using in vitro data on induction properties alone can be misleading. An example for that phenomenon is ritonavir, a HIV protease inhibitor. Although it showed no (or only weak) induction of CYP1A2 mRNA and activity in human hepatocytes [58,61], the pharmacokinetics of caffeine and olanzapine was significantly affected, i.e., AUC was reduced by 75% and 53% [164,165]. To overcome decreased drug efficacy due to the considerable changes in the pharmacokinetics, Jacobs et al. (2014) proposed that doubling the dose of olanzapine as a successful strategy in the case of co-medication with ritonavir [166]. The same disconnection between in vitro and in vivo effects could be observed for rifampicin, which has not been shown to be an AhR ligand and demonstrated also only a weak induction of CYP1A2 expression and metabolic function in human hepatocytes [46,47,59,61]. Accordingly, rifampicin premedication for 5–15 days reduced serum AUC of caffeine and tizanidine by 50–60% [64,164]. The reasons for this surprising finding might rely on nuclear receptor cross-talk or insensitivity of the respective in vitro on

nuclear receptor activation [167]. Table 6 provides an overview about clinically relevant interactions of CYP1A substrates caused by enzyme induction.

| Substrate (Victim Drug)             | Perpetrator                                      | PK Change  | Reference      |
|-------------------------------------|--|--|----------------|
| Antipyrine<br>(20 mg/kg, SD)        | Smoking  | CL↑46%   | [62]           |
| Caffeine<br>(100 mg, SD)            | Carbamazepine<br>(400 mg, SID, 14 d)             | CL ↑ 27–47%  | [163]          |
| Caffeine<br>(2 mg/mg, SD)           | Lopinavir (400 mg)/Ritonavir (100 mg), BID, 14 d | MR ↑ 43%   | [168]          |
| Caffeine<br>(200 mg, SD)            | Rifampicin (400 mg BID, 14 d)                    | AUC↓60%<br>CL↑214%   | [164]          |
| Caffeine<br>(200 mg, SD)            | Ritonavir (400 mg BID, 14 d)                     | AUC↓75%<br>CL↑290%   | [164]          |
| Clozapine<br>(150–900 mg)           | Smoking (7–>20/d)                                | $C_{SS} \downarrow 50\%$<br>$C_{SS} \downarrow 40\%$             | [169]<br>[170] |
| Clozapine<br>(325 mg)               | Omeprazole<br>(40–60 mg, MD)                     | $C_{SS} \downarrow 42-45\%$                                      | [161]          |
| Clozapine                           | Carbamazepine                                    | $C_{SS}\downarrow 50\%$  | [149]          |
| Duloxetine<br>(86–102 mg, MD)       | Smoking  | $C_{SS} \downarrow 53\%$   | [171]          |
| Estradiol<br>(1–2 mg)               | Smoking  | $C_{SS}\downarrow43\%$   | [172]          |
| Mirtazapine<br>(15–30 mg, SID, 7 d) | Carbamazepine<br>(200-400 mg, BID, 21 d)         | AUC $\downarrow 63\%$<br>C <sub>max</sub> $\downarrow 44\%$      | [173]          |
| Mirtazapine<br>(30 mg, SID, 28 d)   | Smoking  | $C_{SS}\downarrow 41\%$  | [174]          |
| Olanzapine                          | Carbamazepine                                    | CL $\uparrow$ 46%<br>t <sub>1/2</sub> $\downarrow$ 20%           | [162]          |
| Olanzapine<br>(10 mg, SD)           | Rifampicin, 600 mg, SID, 7 d                     | $\overrightarrow{AUC} \downarrow 48\%$ $C_{max} \downarrow 11\%$ | [175]          |
| Olanzapine                          | Ritonavir<br>(300–500 mg BID, 3–5 d)             | AUC $\downarrow$ 53%<br>C <sub>MAX</sub> $\downarrow$ 40%        | [165]          |
|                                     | Smoking (light, 1–4/d)                           | AUC $\downarrow 45\%$  | [176]          |
| Olanzapine                          | Smoking (medium, >5)                             | AUC $\downarrow 68\%$  | [176]          |
|                                     | Smoking (heavy, 7–>20)                           | $C_{SS} \downarrow 67\%$   | [169]          |
| Theophylline                        | Smoking  | CL $\uparrow 58-100\%$<br>$t_{1/2} \downarrow 63\%$              | [177]          |
| Tizanidine                          | Rifampicin, 500 mg, SID, 5 d                     | AUC↓53%  | [64]           |
| Tizanidine                          | Smoking  | AUC ↓ 33%  | [68]           |
| Verapamil                           | Smoking  | AUC ↓ 20%  | [178]          |

Table 6. Overview of clinically relevant interaction as caused by induction of CYP1A1/1A2 enzymes.

 $\uparrow$ , increase;  $\downarrow$ , decrease; AUC, area under the concentration-time curve; BID, twice daily; CL, clearance; C<sub>max</sub>, maximum serum concentration; Css, trough serum concentrations at steady-state; d, days; MD, multiple doses; MR, metabolic ratio; PK, pharmacokinetic; SID, once daily; SD, single dose; t<sub>1/2</sub>, elimination half-life.

Although it was shown in vitro experiments that CYP1A1 can be inhibited and induced by several compounds (Tables 2 and 4), there are to the best of our knowledge no clinical drug–drug interactions that can be attributed by specific CYP1A1 inhibition or induction. However, considering the overlap in substrate recognition, inhibitors, and inducers one might speculate similar interactions as described for CYP1A2 substrates (Tables 5 and 6). Accordingly, relevant DDIs have been estimated for CYP1A1 [179]. Nevertheless, given the low expression levels of CYP1A1 in human intestine and liver (if even), the extent of these interactions is expected to be much lower than those caused by inhibition or induction of hepatic CYP1A2.

#### 5.3. Impact of Smoking and Diet

Finally, smoking can have a profound effect on the pharmacokinetics and efficacy of several CYP1A1/2 substrates, which is comparable to potent inducing drugs, as summarized in Table 6. In all summarized examples, the systemic drug exposure of CYP1A substrates was significantly decreased in smokers compared to nonsmokers by 30–70% (Figure 2). Thus, smokers require higher doses than nonsmokers. A questionable benefit might be that smokers show also less adverse drug reactions than nonsmokers [177,180]. However, this is so far only well established in neuropsychopharmacology, i.e., treatment with antipsychotics and antidepressants. Here, individual dose adjustment is routinely performed in dependence on therapeutic drug monitoring [181].



time (d)

**Figure 2.** Schematic overview of potential interaction scenarios of tobacco smoking. In scenario 1, a nonsmoker reaches the steady state conditions of a certain CYP1A1/2 substrate after 5–6 half-lives using standard doses. After start smoking, CYP1A enzymes are significantly induced in intestine and liver resulting in increased drug clearance and decreasing plasma levels of the respective drug. In scenario 2, a smoker, who has already substantially higher expression and metabolic activity of CYP1A1/2, requires significantly higher doses to reach the therapeutic range. After stopping smoking, CYP1A1/2 will gradually return to the native expression levels, while the daily drug doses are not adjusted, which results in markedly increased and potentially toxic plasma concentrations.

It was shown that tobacco consumption induces CYP1A2 activity in a dose-dependent manner; smoking of daily 1–5, 6–10 and >10 cigarettes increases CYP1A2 activity 1.2-, 1.5- and 1.7-fold [182]. The maximum induction effect is already reached after smoking about 10 cigarettes daily, which abates after about three days of stopping smoking [182,183]. In particular, the latter effect may cause safety issues in the case of treatment with highly CYP1A-metabolized drugs with serious side effects, such as clozapine, olanzapine, tacrine, theophylline, or tizanidine. In this case, systemic drug exposure will substantially increase due to decreasing metabolic capacity, but unchanged high doses associated with an augmented risk for side effects, or even drug-related toxicity (Figure 2). Associated with this, cases of agranulocytosis and seizures have been reported for clozapine [181,184]. Because nicotine alone does not possess any inductive effects on CYP1A, the same risk is true in case of using e-cigarettes and other ways of nicotine substitution [185]. This should be considered by adjusting the appropriate dose, especially in case of changes in smoking habit (Figure 2).

Although a chargrilled meat diet was shown to significantly induce intestinal CYP1A1 protein as well as the metabolic activity of hepatic CYP1A2, as concluded from the caffeine breath test [33], altered pharmacokinetics of tacrine and caffeine could not be observed in a respective clinical study [186]. Some in vivo findings suggest also a potential in vivo inducing effects of broccoli [187] and another brassica vegetable, kale [188], on CYP1A2 mediated metabolism of caffeine. The brassica vegetable CYP1A2 induction is most probably mediated by 3,3'-diindolylmethane (DIM), a condensation product

of indole-3-carbinol being a metabolite of the indole glucosinolate glucobrassicin. DIM has been shown to induce CYP1A2 in cultured human liver slices [189]. However, there is a lack of information about brassica vegetables interaction with clinically relevant drugs.

## 6. Summary and Conclusions

CYP1A1 and CYP1A2 are expressed in human intestine and liver. However, their intersubject expression and function is highly variable as most likely caused by genetic, epigenetic, environmental factors (smoking, diet) and diseases. Considering the high number of drugs that have been identified as substrates, inhibitors, or inducers of CYP1A enzymes, many clinically relevant interactions have been reported and can be expected for other substrates. Thus, respective combinations should be avoided or appropriate dose adjustment is recommended in case of victim drugs with a narrow therapeutic index. In general, there is a substantial lack of data regarding CYP1A1 and its distinct role in the pharmacokinetics of drugs. However, from today's perspective, its allover contribution to serious drug–drug interactions seems to be limited considering its low expression levels and the potential functional compensation by CYP1A2. On the other hand, CYP1A2 has to be considered as one of the big five hepatic drug metabolizing enzymes (along with CYP3A4, CYP2C9, CYP2C19, CYP2D6, CYP2E1), which is of high clinical relevance in terms of inter-subject variability of drug efficacy and safety, as well as drug–drug interactions.

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Article



### Oral Proteasomal Inhibitors Ixazomib, Oprozomib, and Delanzomib Upregulate the Function of Organic Anion Transporter 3 (OAT3): Implications in OAT3-Mediated Drug-Drug Interactions

Yunzhou Fan, Zhengxuan Liang, Jinghui Zhang and Guofeng You \*

Department of Pharmaceutics, Rutgers, The State University of New Jersey, 160 Frelinghuysen Road, Piscataway, NJ 08854, USA; yunzhou.fan@rutgers.edu (Y.F.); zhengxuan.liang@rutgers.edu (Z.L.); jinghui.zhang@rutgers.edu (J.Z.)

\* Correspondence: gyou@pharmacy.rutgers.edu; Tel.: +1-848-445-6349

Abstract: Organic anion transporter 3 (OAT3) is mainly expressed at the basolateral membrane of kidney proximal tubules, and is involved in the renal elimination of various kinds of important drugs, potentially affecting drug efficacy or toxicity. Our laboratory previously reported that ubiquitin modification of OAT3 triggers the endocytosis of OAT3 from the plasma membrane to intracellular endosomes, followed by degradation. Oral anticancer drugs ixazomib, oprozomib, and delanzomib, as proteasomal inhibitors, target the ubiquitin-proteasome system in clinics. Therefore, this study investigated the effects of ixazomib, oprozomib, and delanzomib on the expression and transport activity of OAT3 and elucidated the underlying mechanisms. We showed that all three drugs significantly increased the accumulation of ubiquitinated OAT3, which was consistent with decreased intracellular 20S proteasomal activity; stimulated OAT3-mediated transport of estrone sulfate and p-aminohippuric acid; and increased OAT3 surface expression. The enhanced transport activity and OAT3 expression following drug treatment resulted from an increase in maximum transport velocity of OAT3 without altering the substrate binding affinity, and from a decreased OAT3 degradation. Together, our study discovered a novel role of anticancer agents ixazomib, oprozomib, and delanzomib in upregulating OAT3 function, unveiled the proteasome as a promising target for OAT3 regulation, and provided implication of OAT3-mediated drug-drug interactions, which should be warned against during combination therapies with proteasome inhibitor drugs.

Keywords: drug transporter; ubiquitination; ixazomib; regulation

### 1. Introduction

Organic anion transporter 3 (OAT3), which is encoded by the SLC22A8 gene, is primarily expressed at the basolateral membrane of kidney proximal tubules, and actively translocates corresponding substrates from the blood into renal tubule epithelial cells. Those substrates are then effluxed out of the apical membrane into urine by other transporters [1–3]. OAT3 is involved in the renal elimination of various kinds of important clinical drugs from the kidney, such as anticancer agents (e.g., methotrexate), antivirals (e.g., tenofovir, valacyclovir), antibiotics (e.g., benzylpenicillin, cefotaxime), antihypertensives (e.g., furosemide, sitagliptin), H2 receptor antagonists (e.g., cimetidine, famotidine), and nonsteroidal anti-inflammatory drugs (e.g., ketoprofen, ibuprofen) [4–6]. Therefore, the renal OAT3 function is a critical determinant in drug clearance out of the body, and in the pharmacokinetic and pharmacodynamic properties of drugs, which ultimately affect the drugs' efficacy and systemic or renal toxicity.

Combination therapies by coadministration of different drugs are often used for treatment of a single or multiple diseases. If one drug is an inhibitor, substrate, or inducer of OAT3, it will inhibit uncompetitively or competitively, or stimulate the renal transport and

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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). excretion of other clinical substrates, cause potential drug-drug interactions (DDIs), and sequent intra- and interindividual variation in clinical response to drugs [6,7]. Transportermediated clinical DDIs have attracted the attention of academic, industrial, and regulatory agencies. OAT3-mediated DDIs abundantly exist between imipenem-cilastatin, piperacillintazobactam, bezafibrate-mizoribine, puerarin-methotrexate, benzylpenicillin–acyclovir, etc., and markedly alter the pharmacokinetic parameters of affected drugs [8–12]. Through inhibition of OAT1/3, probenecid, wedelolactone, and wogonin prevented the kidney accumulation of aristolochic acid and related nephropathy, apigenin- or cilastatin-ameliorated imipenem, or diclofenac-induced nephrotoxicity [13–17].

The transporter expression and function may be modulated by certain drugs, phytomedicines, or xenobiotics, resulting in altered disposition of clinical substances, which is an indirect manner of obtaining transporter-mediated DDIs, in contrast to direct interaction with the transporter-like inhibitors or substrates [4]. For example, administration of 1 $\alpha$ ,25-dihydroxyvitamin D3, mercuric chloride, or methotrexate decreased OAT3 expression in crude or basolateral membranes of rat kidneys; while the renal expression was increased in normal rats by ochratoxin A treatment, in diabetic rats by insulin or atorvastatin plus insulin treatment, or in obese rats by prebiotic *Lactobacillus paracasei* HII01 or xylooligosaccharide treatment [18–25].

OAT3 expression and activity can be regulated through posttranslational modifications, including phosphorylation, ubiquitination, and SUMOylation [26-28]. As ubiquitination of OAT3 is an initiating process that triggers the internalization of OAT3 from the plasma membrane to intracellular endosomes, it is a critical molecular mechanism for OAT3 regulation [29,30]. Our lab demonstrated that activation of protein kinase C (PKC) could enhance OAT3 ubiquitination, and accelerate OAT3 internalization and subsequent degradation [27]. The transport activity and quantity of OAT3 on the plasma membrane were then reduced. Since proteasome inhibition can affect ubiquitination of targeted proteins and degradation, modulation of proteasome activity could potentially interfere with the physiological function of transporters. Proteasome inhibitors have shown to influence the copper transporter 1, Na<sup>+</sup>/H<sup>+</sup> exchanger-3, ATP-binding cassette transporters A1 (ABCA1) and ABCG1, organic-anion-transporting polypeptide (OATP) 1B3, metal transporter ZIP14, and OAT1 [31–36]. However, it is not clear whether OAT3 can be regulated by controlling proteasome activity. Ixazomib, oprozomib, and delanzomib are oral proteasome inhibitors that target the ubiquitin-proteasome system for multiple myeloma treatment. In the present study, we investigated the influence of ixazomib, oprozomib, and delanzomib on OAT3 expression and transport activity, and elucidated the underlying mechanisms.

### 2. Materials and Methods

### 2.1. Materials

COS-7 cells and HEK293 cells were purchased from ATCC (Manassas, VA, USA). [<sup>3</sup>H]labeled estrone sulfate (ES) and [<sup>3</sup>H]-labeled p-aminohippuric acid (PAH) were ordered from PerkinElmer (Waltham, MA, USA). Mouse anti-Myc antibody (9E10) was purchased from Roche (Indianapolis, IN, USA). Mouse anti-E-Cadherin antibody was from Abcam (Cambridge, MA, USA). Streptavidin agarose resin, protein G agarose, and Sulfo-NHS-SSbiotin were ordered from Thermo Scientific (Rockford, IL, USA). The 20S proteasome assay kit was ordered from Cayman Chemical Company (Ann Arbor, MI, USA). Mouse anti-βactin antibody, normal mouse IgG, and mouse anti-ubiquitin antibody were obtained from Santa Cruz Biotechnology (Dallas, TX, USA). Ixazomib, oprozomib, and delanzomib were purchased from Selleck Chemicals (Houston, TX, USA). Probenecid, lactacystin, epoxomicin and all other reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA).

### 2.2. Cell Culture

Parental COS-7 and parental HEK293 cells were cultured in Dulbecco's modified Eagle's medium (DMEM) (Corning, Tewksbury, MA, USA) supplemented with 10% fetal bovine serum (Gibco, Grand Island, NY, USA) at 37 °C in 5% CO<sub>2</sub>. Human OAT3expressing (hOAT3) COS-7 cells and hOAT3-expressing HEK293 cells were established in our group [37,38]. The hOAT3 cells were cultured in DMEM supplemented with 10% fetal bovine serum and 0.2 mg/mL G418 sulfate (Gibco, Grand Island, NY, USA).

### 2.3. Transport Measurement

The transport activity was assayed using the method published by our lab [30]. Cells per well were incubated in uptake solution of [<sup>3</sup>H]ES (250 nM) or [<sup>3</sup>H]PAH (20  $\mu$ M) in phosphate-buffered saline (PBS)/Ca<sup>2+</sup>/Mg<sup>2+</sup> (PBS/CM) for 3 min. After discarding the uptake solution, the cells were washed twice with cold PBS, then lysed in NaOH solution (0.2 N) and neutralized by adding HCl solution (0.2 N). The amount of ES or PAH uptake was assayed using a Beckman LS 6500 liquid scintillation counter.

### 2.4. 20S Proteasome Activity Assay

After incubation with ixazomib, oprozomib, delanzomib, or lactacystin for 6 h, hOAT3 cells were washed once with assay buffer (200  $\mu$ L) and solubilized in lysis buffer (100  $\mu$ L). Then, the supernatant (90  $\mu$ L) was removed to a black 96-well plate, and incubated with SUC-LLVY-AMC solution (10  $\mu$ L) for 1 h at 37 °C. Fluorescence intensity per well (excitation = 360 nm, emission = 480 nm) was assayed using a Molecular Devices Spectramax M3 microplate reader.

### 2.5. Cell-Surface Biotinylation

Cell surface hOAT3 expression was assayed using the procedures introduced by our group [39]. The hOAT3 cells were labeled with sulfo-NHS-SS-biotin solution (0.5 mg/mL in PBS/CM) on ice, with slow shaking for two continuous 20 min. After discarding the biotin solution, the cells were washed once with glycine solution (100 mM in PBS/CM) and incubated with glycine solution for 20 min to completely quench the unbound sulfo-NHS-SS-biotin. The cells were then lysed in lysis buffer consisted of 10 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM EDTA, 0.1% SDS, 1% Triton X-100, and 1% proteinase inhibitor cocktail. The cell lysates were centrifuged at  $16,000 \times g$  at 4 °C, and the supernatant was then mixed with streptavidin agarose resin (40 µL) to separate the cell surface proteins. The hOAT3 at the cell surface was detected by immunoblotting using the anti-Myc antibody.

### 2.6. Immunoprecipitation

The hOAT3 ubiquitination was investigated using the method published by our group [39]. The hOAT3 cells were lysed in lysis buffer consisted of 50 mM Tris-HCl, pH 8.0, 150 mM NaCl, 1% Triton X-100, 10% glycerol, 5 mM EDTA, 1 mM NaF, 20 mM N-ethylmaleimide, and 1% of proteinase inhibitor cocktail. Cell lysates were precleared with protein G agarose to decrease nonspecific binding at 4 °C for 2 h. Anti-Myc antibody was mixed with protein G agarose (30  $\mu$ L) and incubated at 4 °C for 2 h. The precleared protein was then added to antibody-bound protein G agarose suspension and mixed with end-over-end rotation at 4 °C overnight. Proteins coupled to protein G agarose were released with urea buffer containing  $\beta$ -mecaptoethanol and detected by immunoblotting using the anti-ubiquitin antibody.

#### 2.7. Degradation Assay of OAT3

The hOAT3 degradation was investigated using the method utilized in our group [38]. The hOAT3 cells were first labeled with sulfo-NHS-SS-biotin, then the biotinylated cells were treated with vehicle, ixazomib, oprozomib, or delanzomib at 37 °C for 0, 3, and 6 h. Then the cells were collected, and the undegraded cell surface hOAT3 was isolated and detected following the procedures in Section 2.5.

### 2.8. Electrophoresis and Immunoblotting

The electrophoresis and immunoblotting experiments were carried out using the method published by our group [30]. Protein samples were loaded on 7.5% precast

polyacrylamide gels and transferred onto polyvinylidene difluoride membranes. The immunoblot membranes were blocked with 5% nonfat dry milk in PBS-0.05% tween 20 for 1 h, and incubated with primary antibodies at 4 °C overnight, followed by incubation of horseradish peroxidase-conjugated secondary antibodies. The protein bands were visualized using a SuperSignal West Dura Extended Duration Substrate kit (Thermo Scientific, Rockford, IL, USA), and corresponding densities were analyzed using the FluorChem 8000 imaging system (Alpha Innotech Corp., San Leandro, CA, USA).

### 2.9. Data Analysis

One-way ANOVA or two-way ANOVA Tukey's test was utilized for statistical analysis among multiple groups by using GraphPad Prism software (GraphPad Software Inc., San Diego, CA, USA). Each experiment was repeated at least three times. A p value less than 0.05 was statistically significant, and a p value more than 0.05 was not statistically significant (ns).

### 3. Results

### 3.1. Effects of Ixazomib, Oprozomib, and Delanzomib on the Ubiquitination of OAT3

Ixazomib, oprozomib, and delanzomib, as proteasome inhibitors, target the ubiquitinproteasome system for cancer therapy. First, we investigated their effects on the intracellular ubiquitination of OAT3 in OAT3-expressing COS-7 cells. OAT3-expressing cells were treated with ixazomib, oprozomib, or delanzomib for 6 h, then harvested and lysed. OAT3 was pulled down from cell lysate by anti-Myc antibody (Myc tag was fused onto OAT3, enabling immunodetection), followed by immunoblotting (IB) using anti-ubiquitin antibody to probe the ubiquitinated OAT3. The results (Figure 1) showed that incubating cells with ixazomib, oprozomib, or delanzomib resulted in a significant accumulation of ubiquitinated OAT3, which was not because of the difference in immunoprecipitated OAT3, since there were similar quantities of OAT3 pulled down from all samples. Further study showed that like lactacystin, a classical proteasome inhibitor, ixazomib, oprozomib, and delanzomib inhibited the 20S proteasome activity by 50% (95% confidence interval (CI): 46% to 54%), 87% (95% CI: 83% to 91%), and 61% (95% CI: 57% to 65%), respectively, after 6 h of treatment (Figure 2). Therefore, the accumulation of ubiquitinated OAT3 was attributed to the decreased proteasome activity, suggesting that ubiquitinated OAT3 can be modulated by interfering the ubiquitin-proteasome system in the cell model that we used.



**Figure 1.** Effect of proteasomal inhibitors ixazomib, oprozomib, or delanzomib on the accumulation of ubiquitinated OAT3. Top panel: OAT3-expressing COS-7 cells were treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. Treated cells were then lysed, and OAT3 was immunoprecipitated with anti-Myc antibody or mouse IgG (as negative control, lane 5), followed by IB with anti-Ub. Bottom panel: The same immunoblot from the top panel was reprobed with anti-Myc antibody to determine the amount of OAT3 immunoprecipitated.



Figure 2. Effect of ixazomib, oprozomib, or delanzomib on the 20S proteasome activity. OAT3expressing COS-7 cells were treated with lactacystin (10  $\mu$ M), a classical proteasome inhibitor as positive control, ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. The 20S proteasome activity of cells was then performed. The 20S proteasome activity was expressed as the percentage of control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* p < 0.05.

### 3.2. Cis-Effect of Ixazomib, Oprozomib, or Delanzomib on OAT3-Mediated Uptake of Estrone Sulfate

As OAT3 has multispecificity toward multiple substrates, we investigated whether ixazomib, oprozomib, and delanzomib are inhibitors or inducers of OAT3 by performing a cis-inhibition assay. Estrone sulfate (ES) is a prototypical OAT3 substrate, and probenecid is a well-recognized competitive inhibitor of OAT3 [2,40]. We measured 3 min of uptake of [<sup>3</sup>H]ES (250 nM) into OAT3-expressing cells with or without probenecid, ixazomib, oprozomib, or delanzomib existing in the ES solution. The results (Figure 3) showed that probenecid inhibited OAT3-mediated transport of [<sup>3</sup>H]ES by 40% (95% CI: 34% to 46%), while ixazomib, oprozomib, and delanzomib did not have any effects, indicating that ixazomib, oprozomib, and delanzomib did not affect OAT3 function through direct interaction with the transporter.



**Figure 3.** Cis-effect of ixazomib, oprozomib, or delanzomib on OAT3-mediated uptake of [<sup>3</sup>H]ES. The uptake of [<sup>3</sup>H]ES (250 nM) in the presence of ixazomib (1  $\mu$ M), oprozomib (1  $\mu$ M), delanzomib (1  $\mu$ M), or probenecid (5  $\mu$ M) for 3 min was measured in OAT3-expressing COS-7 cells. Each data point represented only carrier-mediated transport after subtraction of values from parental cells. Uptake activity was expressed as the percentage of uptake measured in control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* *p* < 0.05; ns = not statistically significant.

# 3.3. Effects of Ixazomib, Oprozomib, or Delanzomib on OAT3-Mediated Uptake of Estrone Sulfate or P-Aminohippuric Acid

Since ixazomib, oprozomib, and delanzomib can increase OAT3 ubiquitination, we further investigated their effect on the transport activity. OAT3-expressing cells were treated with ixazomib, oprozomib, or delanzomib for 6 h, then OAT3-mediated uptake of ES was measured. The results (Figure 4A–C) showed that ixazomib, oprozomib, and delanzomib all induced a dose-dependent stimulation of ES uptake in OAT3-expressing COS-7 cells. The OAT3 transport activity was stimulated by 72% (95% CI: 46% to 97%), 45% (95% CI: 33% to 56%), and 48% (95% CI: 31% to 64%) at 30 nM ixazomib, 200 nM oprozomib, and 30 nM delanzomib, respectively. Consistently, 6 h of treatment with classical proteasome inhibitors lactacystin or epoxomicin stimulated the uptake of ES (Figure 4D). Besides, paminohippuric acid (PAH) is another OAT3 substrate [41,42]. Like ES, our result (Figure 5) showed that all three proteasome inhibitor drugs also significantly stimulated PAH uptake in a substrate-independent manner. Similar stimulative effects also existed in OAT3expressing HEK293 cells, excluding cell-specific effects of proteasome inhibitors (Figure 6). Further study showed that 10~40 nM ixazomib induced a dose-dependent inhibition of proteasome activity (Figure 7A), and there was a strongly association between transport activity and proteasomal activity (correlation coefficient was 0.98, Figure 7B). We selected the concentration of 30 nM ixazomib, 200 nM oprozomib, and 30 nM delanzomib for the following mechanisms study.



**Figure 4.** Effect of ixazomib, oprozomib, delanzomib, or classical proteasome inhibitors on OAT3 activity. OAT3-expressing COS-7 cells were treated with ixazomib (**A**), oprozomib (**B**), delanzomib (**C**), or classical proteasome inhibitors lactacystin or epoxomicin (**D**) at indicated concentrations for 6 h. The uptake of [<sup>3</sup>H]ES (250 nM) for 3 minu was then performed. Each data point represented only carrier-mediated transport after subtraction of values from parental cells. Uptake activity was expressed as the percentage of uptake measured in control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* *p* < 0.05; ns = not statistically significant.



**Figure 5.** Effect of ixazomib, oprozomib, or delanzomib on OAT3-mediated transport of p-aminohippuric acid. OAT3-expressing COS-7 cells were treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. The uptake of [<sup>3</sup>H]PAH (20  $\mu$ M) for 3 min was then performed. Each data point represented only carrier-mediated transport after subtraction of values from parental cells. Uptake activity was expressed as the percentage of uptake measured in control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* p < 0.05.



**Figure 6.** Effect of ixazomib, oprozomib, or delanzomib on OAT3 activity in OAT3-expressing HEK293 cells. OAT3-expressing HEK293 cells were treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. The uptake of [<sup>3</sup>H]ES (250 nM) for 3 min was then performed. Each data point represented only carrier-mediated transport after subtraction of values from parental cells. Uptake activity was expressed as the percentage of uptake measured in control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* p < 0.05.

## 3.4. Kinetic Analysis of the Effects of Ixazomib, Oprozomib, or Delanzomib on OAT3-Mediated Uptake of Estrone Sulfate

To examine the mechanism of ixazomib-, oprozomib-, and delanzomib-induced stimulation of OAT3 activity, we determined [<sup>3</sup>H]ES uptake at a series of concentrations (0.3~10  $\mu$ M). Eadie–Hofstee analyses of the derived data (Figure 8) showed that incubation of ixazomib (Figure 8A), oprozomib (Figure 8B), or delanzomib (Figure 8C) resulted in an increased maximum transport velocity V<sub>max</sub> (128 ± 3 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> with untreated cells and 176 ± 7 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> in the presence of ixazomib; 130 ± 2 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> with untreated cells and 223 ± 4 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> in the presence of oprozomib; 128 ± 11 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> with untreated cells and 175 ± 11 pmol·mg<sup>-1</sup>·3 min<sup>-1</sup> in the presence of delanzomib), with no significant change of substrate-binding-affinity Km for ES (4.2 ± 0.3  $\mu$ M with untreated cells and 6.0 ± 0.2  $\mu$ M in the presence of ixazomib; 4.3 ± 0.9  $\mu$ M with untreated cells and 4.9 ± 0.7  $\mu$ M in the presence of delanzomib). These results indicated that stimulated activity of ixazomib, oprozomib, and delanzomib resulted from an increase of the transport rate of OAT3, and not from an enhanced affinity at the substrate-binding site.



**Figure 7.** Dose-effect of ixazomib on the 20S proteasome activity. (**A**) OAT3-expressing COS-7 cells were treated with ixazomib at indicated concentrations for 6 h. The 20S proteasome activity of cells was then performed. The 20S proteasome activity was expressed as the percentage of control cells from three independent experiments. Values are means  $\pm$  S.D. (n = 3). \* *p* < 0.05. (**B**) Correlation analysis was performed between transport activity from Figure 4A and proteasomal activity from Figure 7A after ixazomib treatment.



**Figure 8.** Effect of ixazomib, oprozomib, or delanzomib on the kinetics of hOAT3-mediated estrone sulfate transport. OAT3-expressing COS-7 cells were treated with 30 nM ixazomib (**A**), 200 nM oprozomib (**B**), or 30 nM delanzomib (**C**) for 6 h, and initial uptake (3 min) of [<sup>3</sup>H]ES was measured at the concentration of  $0.3 \sim 10 \ \mu$ M. The data represent uptake into hOAT3-expressing cells minus uptake into mock cells (parental COS-7 cells). Values are means  $\pm$  S.D. (n = 3). V = velocity; S = substrate concentration.

### 3.5. Effect of Ixazomib, Oprozomib, or Delanzomib on OAT3 Expression

As ixazomib, oprozomib, and delanzomib did not alter the binding affinity of OAT3, the increase of transport activity may mainly result from the increased expression on the plasma membrane. OAT3-expressing cells were treated with ixazomib, oprozomib, or delanzomib for 6 h, and OAT3 expression on the plasma membrane and in the whole cell lysates were investigated. The result showed that treatment with ixazomib, oprozomib, or delanzomib all caused an increase of OAT3 expression on the cell membrane (Figure 9A,B) and in the whole cell lysate (Figure 9C,D), which was not because of the overall interference in cellular proteins, as there were similar quantities of membrane fraction marker E-Cadherin (Figure 9A) and whole cellular fraction marker  $\beta$ -actin (Figure 9C) in all samples.



**Figure 9.** Effect of ixazomib, oprozomib, or delanzomib on OAT3 expression. (**A**) Top panel: OAT3expressing COS-7 cells were treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. Cell-surface biotinylation was performed. Biotinylated (cell surface) proteins were separated with using streptavidin agarose resin and analyzed by IB with an anti-Myc antibody. Bottom panel: The same blot from the top panel was reprobed with an anti-E-Cadherin antibody. E-Cadherin is an integral membrane protein marker. (**B**) Densitometry plot of results from (**A**), top panel, as well as from other experiments. Values are means ± S.D. (n = 3). \* *p* < 0.05. (**C**) Top panel: OAT3-expressing COS-7 cells were treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) for 6 h. Cells were then lysed, followed by IB with anti-Myc antibody. Bottom panel: The same blot from the top panel was reprobed with an anti-β-actin antibody. β-actin is a cellular protein marker. (**D**) Densitometry plot of results from (**C**), top panel, as well as from other experiments. Values are means ± S.D. (n = 3). \* *p* < 0.05.

### 3.6. Effect of Ixazomib, Oprozomib, and Delanzomib on OAT3 Degradation

The ubiquitin–proteasome pathway ultimately affects the degradation of targeted proteins, therefore the degradation of cell-membrane OAT3 was investigated by biotinylation and isolation of cell-surface proteins. OAT3-expressing cells were first labeled with sulfo-NHS-SS-biotin on all membrane proteins at 4 °C, then biotinylated cells were incubated with ixazomib, oprozomib, or delanzomib for 3 and 6 h at 37 °C. At the time points, those cells were harvested and lysed, and cell-membrane proteins were enriched in streptavidin agarose beads, followed by immunoblotting detection of OAT3 using anti-Myc antibody. The results (Figure 10) revealed that compared to control, the degradation of cell membrane OAT3 was reduced markedly after 6 h incubation of the three drugs, and without effect at 3 h, indicating that ixazomib, oprozomib, and delanzomib chronically enhanced the stability of membrane OAT3.



**Figure 10.** Effect of ixazomib, oprozomib, or delanzomib on OAT3 stability. (**A**) OAT3-expressing COS-7 cells were biotinylated with membrane-impermeable biotinylation reagent sulfo-NHS-SS-biotin. Labeled cells were then treated with ixazomib (30 nM), oprozomib (200 nM), or delanzomib (30 nM) at 37 °C for 3 and 6 h, respectively. Treated cells were lysed, and cell-surface proteins were isolated using streptavidin-agarose resin, followed by IB with anti-Myc antibody. (**B**) Densitometry plot of results from (**A**), as well as from other experiments. The amount of undegraded cell-surface hOAT3 was expressed as % of total initial cell-surface hOAT3 pool. Values are means  $\pm$  S.D. (n = 3). \* *p* < 0.05; ns = not statistically significant. Two-way ANOVA Tukey's test was applied for statistical analysis.

### 4. Discussion

OAT3 function is predominantly dependent on the amount located on the plasma membrane, which can be regulated by mitogen-activated protein kinase (MAPK), protein kinase A (PKA), PKC signaling pathways [43–45]. Ubiquitination is a significant post-translational mechanism for OAT3 regulation. Our previous study had demonstrated the essential role of Nedd4-2 (a ubiquitin ligase) in the ubiquitination, surface expression, and transport activity of OAT3 [27]. Serum- and glucocorticoid-inducible kinases 1 (sgk1), PKC, janus tyrosine kinase 2 (JAK2) regulated OAT3 through Nedd4-2, which showed Nedd4-2 is molecular target for OAT3 regulation [27,37,38,46]. In this study, we further discovered proteasome was a novel target for regulation of OAT3 and stimulating OAT3 function can be achieved through inhibiting proteasomal activity.

COS-7 and HEK293 cells lacking in endogenous OATs were commonly utilized as heterologous expression systems for OATs. Both cell lines were broadly selected for study the regulation and mechanisms of the cloned OATs and other drug transporters in kidney with several advantages [13,47–49]. Expression of exogenous OAT3 will allow us to study the transport characteristics of OAT3 without being disturbed by other OATs. They are originated from the kidney and have the proteasome activity and signaling pathways involved in OAT3 regulation. COS-7 cells and HEK293 cells used in our studies will provide the research basis for the upcoming work focusing on validating whether primary epithelia possess the similar mechanisms.

Ixazomib is an FDA-approved anticancer drug, while oprozomib and delanzomib are in phases of clinical trials. All of them are administered orally, and preferentially bind reversibly (ixazomib and delanzomib) or irreversibly (oprozomib) and inhibit the chymotrypsin-like activity of the 20S proteasome in various tissues and organs. There were reports that ixazomib inhibited the proteasome activity in the whole blood and tumor; oprozomib could inhibit the proteasome activity in the blood, peripheral blood mononuclear cells, liver, kidney, and adrenal glands; and delanzomib inhibited the proteasome activity in blood mononuclear cells, kidney, and spleen [50–55]. Ixazomib prevented antibodymediated rejection in kidney transplantation and treated patients with metastatic kidney cancer [56,57]. Delanzomib can ameliorate lupus nephritis in mice [55]. These results suggested that proteasomal inhibitors can be used to treat kidney diseases, through proteasome inhibition-mediated reduction in aberrant cytokines and antibodies, or downregulation of nuclear factor kappa B-dependent gene expression and resulted tumor growth [58,59].

Ixazomib, oprozomib, or delanzomib treatment substantially increased the accumulation of ubiquitinated OAT3 (Figure 1), which was consistent with decreased 20S proteasomal activity in cell lysate in OAT3-expressing cells (Figure 2), stimulated OAT3-mediated transport of estrone sulfate and p-aminohippuric acid (Figures 4–6), and increased OAT3 membrane expression (Figure 9). The enhanced transport activity of OAT3 following drug pretreatment resulted from an increase in maximum transport velocity without altering the binding affinity of the transporter (Figure 8). Ubiquitinated OAT3 exhibited the molecular mass above 180 kDa, ~100 kDa more than OAT3 (~80 kDa). As ubiquitin is an 8-kDa polypeptide, OAT3 may be modified by poly- or multiubiquitination (Figure 1).

The OAT3 function was chronically stimulated with 6 h of treatment with ixazomib, oprozomib, or delanzomib. As the alteration of trafficking processes, including internalization or recycling of OATs, can be reflected in function change during acute regulation (such as 0.5 h), we can exclude the reduced internalization and increased recycling that are the underlying mechanisms for those drugs [27–30,39]. With further exploring, the degradation of OAT3 was decelerated by ixazomib, oprozomib, or delanzomib (Figure 10). Our results showed they inhibited the 20S proteasome activity (Figure 2), and there was a negative association between proteasomal activity and transport activity at 10–40 nM ixazomib (Figure 7B). Together, ixazomib-, oprozomib-, and delanzomib-upregulated OAT3 function was mainly through suppression of proteasome activity and decelerated degradation of OAT3.

The concentrations of ixazomib (10-40 nM), oprozomib (50-400 nM), and delanzomib (10–50 nM) used in our study are in the clinically therapeutic range. After once-weekly oral dosing of 2.23  $mg/m^2$  for 3 weeks in combination therapy with lenalidomide and dexamethasone, the mean maximum plasma concentration  $(C_{max})$  of ixazomib in multiple myeloma patients at day 1 and day 15 was 22.3 ng/mL (61.7 nM) and 31.4 ng/mL (87.0 nM), respectively [60]. For oprozomib, after 2 consecutive days weekly oral dosing at 210 mg/day for 4 weeks plus pomalidomide and dexamethasone in relapsed/refractory multiple myeloma patients, the mean  $C_{max}$  of oprozomib at day 1 and day 8 was 744 ng/mL  $(1.4 \ \mu\text{M})$  and  $1030 \ \text{ng/mL}$  (1.9  $\mu\text{M}$ ), respectively [61]. Until now, there were only reports about intravenous pharmacokinetic data of delanzomib in human. After 2 days weekly intravenous dosing 0.4–1.8 mg/m<sup>2</sup> for 2 weeks in patients with solid tumors and multiple myeloma, the mean  $C_{max}$  of delanzomib on day 1 was 88.4–557.3 ng/mL (0.2–1.3  $\mu$ M) [54]. Ixazomib and delanzomib have a long terminal plasma half-life of 3.6–11.3 days and  $62.0 \pm 43.5$  h, respectively [54,62]. Though oprozomib has a short plasma half-life of about 1 h resulting from rapid systemic clearance, the recovery of proteasome activity in tissues needed a longer time of 24~72 h due to irreversible binding [63,64]. Therefore, the inductive effects of ixazomib, oprozomib, and delanzomib on drug elimination and DDIs potentially exist, though they are administered once or twice weekly. The in vitro regulation and related mechanisms in cell models were reported in this study, and further in vivo study in Sprague Dawley rats by oral ixazomib will be performed to further explore the roles of ixazomib in proteasome activity, OTA3 ubiquitination, drug uptake in kidney slices, membrane and total expression in kidney, and renal clearance of drugs by kidney in our lab.

Ixazomib, oprozomib, or delanzomib are all indicated in combination with dexamethasone, a synthetic glucocorticoid for the treatment of patients with multiple myeloma [61,65,66]. Our previous study showed dexamethasone stimulates OAT3 transport activity and membrane expression through the serum- and glucocorticoid-inducible kinases 1 signaling pathway, suggesting the stimulatory effect on OAT3 may be further magnified using ixazomib, oprozomib, and delanzomib in combination with dexamethasone [37].

Ixazomib is a low-affinity substrate of P-glycoprotein (P-gp); is not a substrate of breast cancer resistance protein (BCRP), multidrug resistance protein 2 (MRP2), or hep-

atic OATPs; and is not an inhibitor of P-gp, BCRP, MRP2, OATP1B1, OATP1B3, organic cation transporter 2 (OCT2), OAT1, OAT3, multidrug and toxin extruder 1 (MATE1), or MATE2-K. Therefore, the manufacturer claimed that ixazomib is not expected to cause transporter-mediated drug–drug interactions [67]. Consistent with this, our study found that ixazomib is not an inhibitor of OAT3 (Figure 3). However, although ixazomib did not cause DDIs through direct interaction (inhibiting or competing) with the transporters, our study showed that ixazomib can upregulate OAT3 activity through induced membrane expression, which may affect the disposition of other drugs in an indirect manner of transporter-mediated DDIs. Besides, potential DDIs may be occurred by direct OATs induction. There were reports that ursolic acid and ciprofloxacin stimulated OAT1-mediated p-aminohippuric acid uptake, and 1,5-dicaffeoylquinic acid and 18β-glycyrrhetinic acid stimulated hOAT4-mediated estrone sulfate uptake [68,69].

Proteasome inhibition drugs are now well utilized for cancer treatment. In contrast, impaired proteasome function and related elevation of toxic intracellular protein or aggregates are involved in neurodegenerative disorders (e.g., Parkinson's disease, Alzheimer's disease) and cardiac dysfunctions, and enhancement of proteasome activity may also be a promising therapeutic strategy for those diseases [70–72]. PD169316, pyrazolones and chlor-promazine as small molecules, were found to be proteasome activators [70,73,74]. It would be interesting to study whether proteasomal activators can regulate the OAT3 function.

Our findings that oral proteasome inhibitors ixazomib, oprozomib, and delanzomib can increase OAT3 transport activity have important physiological implications. First, it can accelerate the drugs clearance from body, resulting in reduced plasma concentration and therapeutic efficacy of drugs. We can also use this mechanism for noninvasive detoxification in the event of drug overdoses. Second, it may enhance the entering and distribution of drugs in proximal tubular cells, leading to potential nephrotoxicity. Those points should attract the attention of physicians and pharmacists for rational use of medicines and irrational drug combinations, and avoiding potential drug–drug interactions. Third, bilateral ureteral obstruction (BUO), a common clinical disease, impaired renal elimination of drugs partly resulted from reduced cell-surface expression of OAT3 [75]. Proteasome inhibition may provide a potential strategy to reverse BUO or other kidney-disease-induced downregulation of OAT3. Last, it also can promote renal clearance of toxins, metabolites, signaling molecules, nutrients, and other substances as OAT3 substrates, and maintain homeostasis within the body.

### 5. Conclusions

Our studies showed for the first time that anticancer drugs ixazomib, oprozomib, and delanzomib had a critical role in upregulating OAT3 transport activity and expression, suggesting their potential impact on the OAT3-mediated drug disposition and clinical drug–drug interactions during combination therapies of proteasome inhibitor drugs and other types of drugs (Figure 11).





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### Article In Silico Prediction of Drug–Drug Interactions Mediated by Cytochrome P450 Isoforms

Alexander V. Dmitriev \*, Anastassia V. Rudik, Dmitry A. Karasev, Pavel V. Pogodin, Alexey A. Lagunin, Dmitry A. Filimonov and Vladimir V. Poroikov

Laboratory of Structure-Function Based Drug Design, Department of Bioinformatics, Institute of Biomedical Chemistry, Pogodinskaya Str. 10, bldg. 8, 119121 Moscow, Russia; rudik\_anastassia@mail.ru (A.V.R.); dmitry.karasev@ibmc.msk.ru (D.A.K.); pogodinpv@gmail.com (P.V.P.); alexey.lagunin@ibmc.msk.ru (A.A.L.); dmitry.filimonov@ibmc.msk.ru (D.A.F.); vladimir.poroikov@ibmc.msk.ru (V.V.P.)

\* Correspondence: a.v.dmitriev@mail.ru; Tel.: +7-499-246-3029

Abstract: Drug-drug interactions (DDIs) can cause drug toxicities, reduced pharmacological effects, and adverse drug reactions. Studies aiming to determine the possible DDIs for an investigational drug are part of the drug discovery and development process and include an assessment of the DDIs potential mediated by inhibition or induction of the most important drug-metabolizing cytochrome P450 isoforms. Our study was dedicated to creating a computer model for prediction of the DDIs mediated by the seven most important P450 cytochromes: CYP1A2, CYP2B6, CYP2C19, CYP2C8, CYP2C9, CYP2D6, and CYP3A4. For the creation of structure-activity relationship (SAR) models that predict metabolism-mediated DDIs for pairs of molecules, we applied the Prediction of Activity Spectra for Substances (PASS) software and Pairs of Substances Multilevel Neighborhoods of Atoms (PoSMNA) descriptors calculated based on structural formulas. About 2500 records on DDIs mediated by these cytochromes were used as a training set. Prediction can be carried out both for known drugs and for new, not-yet-synthesized substances. The average accuracy of the prediction of DDIs mediated by various isoforms of cytochrome P450 estimated by leave-one-out cross-validation (LOO CV) procedures was about 0.92. The SAR models created are publicly available as a web resource and provide predictions of DDIs mediated by the most important cytochromes P450.

**Keywords:** drug interaction; DDI; computational prediction; in silico; QSAR; drug metabolism; ADME; pharmacokinetics; CYP; polypharmacy; metabolic DDI; P450; 1A2; 2B6; 2C19; 2C8; 2C9; 2D6; 3A4

### 1. Introduction

For the treatment of complex disorders, patients often take multiple medications at the same time, which potentially cause drug–drug interactions (DDIs). Usually, DDIs are divided into three types: pharmaceutical, pharmacodynamic, and pharmacokinetic [1]. Pharmaceutical DDIs may appear due to physical or chemical interactions, for example, when drugs are mixed in a syringe before infusion, and such DDIs are rare. Pharmacodynamic DDIs may occur when a pair or more co-administered drugs act on the same physiological system or target. Pharmacokinetic DDIs are very common and occur when one of the drugs ("violator" or "precipitant" drug) affects the absorption, distribution, metabolism, or excretion of another drug ("victim" or "object" drug). Such DDIs provoke an increase or a decrease in the exposure of an object drug and lead to a change in drug pharmacological action. In this study, we focused on the pharmacokinetic DDIs at the metabolism level (biotransformation), the so-called "metabolic DDIs."

The most common drug-metabolizing enzymes (DMEs) in the first phase of xenobiotic metabolism in the human body are several isoforms of the cytochrome P450 superfamily. The U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (FDA CDER) requires determining which

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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). drug-metabolizing enzymes (CYP3A, CYP2D6, CYP2C19, CYP2C9, CYP2C8, CYP2B6, or CYP1A2) metabolize the investigational drug during in vitro studies of metabolic DDIs estimates [2].

In silico methods can help prioritize drug discovery efforts by guiding, but not replacing, in vitro and in vivo experiments. Previously, we presented a comprehensive review of the methods for predicting the DDIs related to the inhibition or induction of DMEs [3]. Most of such in silico methods predict DDIs indirectly. A recently presented machine learning (ML) method used different molecular fingerprints to classify compounds as inhibitors or noninhibitors of five major cytochrome P450 isoenzymes [4]. Ligand-based and structure-based methods dealing with substrates, inhibitors [5,6], and inducers [7] of particular DMEs. Results of prediction could help to determine possible DDIs. However, such conclusions are not sufficiently reliable, as the pairs of substances that are substrates and inhibitors (or inducers) of DMEs may not exhibit DDIs. On the other hand, DDIs have often occurred between substances that could act as substrates, inducers, and inhibitors (that may act by various inhibition mechanisms); for example, this is a widespread case for cytochrome P450 CYP3A4 [8]. At best, a pair of potentially exhibiting DDI substances should be considered together during prediction as the whole entity. However, previously developed ligand-based and structure-based computational methods did not consider two substances in pairs simultaneously. Direct DDIs estimation methods for the pairs of substances include structure resemblance and functional similarities methods and literature-based DDIs prediction methods [9-14]. These methods deal with the pairs of substances but require information about the pharmacokinetics and pharmacodynamics [9,14], interaction profile, target and side-effects [10,13], and the phenotypic, therapeutic, chemical, and genomic properties [11] of substances or medical records [12]. It is clear that for new, not-yet-synthesized, and virtual substances, such information does not exist. The results of predictions of this group of methods [9–14] have often been presented as data sets containing a bulk conglomerate of information about potential DDIs predicted between the existing drugs. Such examples include 430,128 [10], 145,068 [13], and over 250,000 [14] records of unknown potential DDIs in the sets of predicted results. However, this bulk of information concerning drug pairs is provided without assessment of the possibility of DDIs manifestation.

The current study aimed to create the computational structure-activity relationship (SAR) models to predict metabolic DDIs mediated by CYP1A2, CYP2B6, CYP2C19, CYP2C8, CYP2C9, CYP2D6, or CYP3A4. We have previously developed models for DDIs severity prediction [15,16] that used the PASS (Prediction of Activity Spectra for Substances) program and PoSMNA (Pairs of Substances Multilevel Neighborhoods of Atoms) substructural descriptors. These models were able to predict the classes of DDIs severity for pairs of molecules according to OpeRational ClassificAtion (ORCA). In the current study, we used the same methods and descriptors but implemented them to predict whether two molecules would manifest metabolic DDIs mediated by the seven cytochromes mentioned above. Due to the limited possibilities of creating an appropriate training set, the stereochemical features of molecules were not taken into account by our descriptors. In addition, in the current realization of the method, DDI predictions were obtained in qualitative mode ("YES" or "NO"). Unlike other ligand-based and structure-based methods [4–8], our approach operated with two substances in pairs at once. This is reasonable for the DDI phenomenon, in which two substances interact simultaneously. It gives a direct indication of DDIs for the pairs of molecules without suggestions of the role of particular compounds, which is not always obvious (without consideration of inhibition or induction of a particular enzyme). In contrast to structure resemblance, functional similarities, and literature-based DDIs prediction methods [9–14], our prediction method uses only structural formulas of compounds; it does not require any information about their biological activity. This means that our method can be applied for not-yet-investigated, new, and virtual substances. Moreover, our method provides a probabilistic assessment of possible DDIs and evaluates the possibility of DDIs manifestation for predicted pairs.

### 2. Materials and Methods

2.1. Information on DDIs and Training Set Creation

We used DDIs data collected from two sources of information. The first source was DrugBank Version 4.1 (University of Alberta and The Metabolomics Innovation Centre, Edmonton, AB, Canada) [17] that contains information about interactions derived from public drug databases. The second source of DDIs data was the Fujitsu ADME Database (Chemistry & Life Science Group, Fujitsu, Tokyo, Japan) [18].

The final data set includes information from both sources. It was used to create the training set containing information about 2345 pairs of single-component organic compounds that interacted due to CYP1A2, CYP2B6, CYP2C19, CYP2C8, CYP2C9, CYP2D6, or CYP3A4. The detailed information is presented in Table 1.

 Table 1. The number of drug-drug interactions (DDIs) mediated by various isoforms of cytochrome

 P450 in the training set.

| Isoforms of Cytochrome P450 | Number of DDIs |  |
|-----------------------------|----------------|--|
| CYP1A2                      | 132            |  |
| CYP2B6                      | 27             |  |
| CYP2C19                     | 80             |  |
| CYP2C8                      | 55             |  |
| CYP2C9                      | 204            |  |
| CYP2D6                      | 231            |  |
| CYP3A4                      | 1616           |  |

It is well known that CYP3A4 is the major isoform of human cytochrome P450 involved in drug metabolism and pharmacokinetic DDIs. As we can see from Table 1, the number of DDIs associated with CYP3A4 in the training set is twice as high as the number of pairs for the remaining six cytochromes. It fully reflects the real situation and illustrates that the training set is representative.

### 2.2. PASS

The PASS software (Laboratory of Structure-Function Based Drug Design, Institute of Biomedical Chemistry, Moscow, Russia) [19] is based on the advanced naïve Bayes classifier and predicts the profiles of biological activity for drug-like compounds. The PASS algorithm creates a classification model of structure–activity relationships based on the training set with structures and known biological activities of known pharmaceutical agents. The PASS prediction results are presented as a ranked list of various biological activities with calculated probabilities  $P_a$  ("to be active") and  $P_i$  ("to be inactive"). The most probable activities are those predicted with the maximum value  $\Delta P = P_a - P_i$ . Currently, PASS predicts more than 8000 types of biological activities, including pharmacological effects, mechanisms of action, influences on gene expression, toxic and adverse effects, and interactions with metabolic enzymes and transporters. Biological activities for particular molecules in the PASS program are represented qualitatively as "active" or "inactive." The structural formulae of drug-like organic compounds are described by Multilevel Neighborhoods of Atoms (MNA) descriptors.

The prediction of DDIs occurring due to interactions with various cytochrome P450 isoforms is similar to the prediction of biological activity using the PASS software. For DDIs prediction mediated by cytochrome P450 isoforms, the input data are represented by the pairs of structural formulas of studied drug-like compounds. The prediction results for each pair of compounds are presented by the probabilities  $P_a$  and  $P_i$  lists, which estimate DDIs that may occur due to interactions with CYP1A2, CYP2B6, CYP2C19, CYP2C8, CYP2C9, CYP2D6, and CYP3A4.

### 2.3. Pairs of Substances Multilevel Neighborhoods of Atoms Descriptors

To describe the structures of drug pairs, we used PoSMNA descriptors instead of the MNA descriptors applied in the standard PASS software version [19]. PoSMNA descriptors can be used to predict various phenomena, e.g., synergistic effects of two drugs or the prediction of DDIs. Initially, we developed and used PoSMNA descriptors to predict DDIs severity [15,16]. The set of PoSMNA descriptors is the direct product of a combination of two sets of MNA descriptors for each molecule in the DDI pair as {a,b,c, ... } × {d,e,f, ... } = {ad,ae,af, ... , bd,be,bf, ... , cd,ce,cf, ... }. MNA/2 (second level of MNA descriptors) for non-hydrogen heavy atoms is used for PoSMNA creation. The MNA descriptors are ordered lexicographically for each pair of compounds, for example, from string "C(C(CCC)C(CC-H)C(CC-H)) C(C(CCC)C(CC-H)O(CC))" to "-O(-C(-C-C-O))" (see the examples of PoSMNA descriptors for warfarin and naproxen in Figure 1).



Figure 1. Representation of the warfarin and naproxen molecules by Pairs of Substances Multilevel Neighborhoods of Atoms (PoSMNA) descriptors.

To create the models for DDIs prediction, PoSMNA descriptors were generated for all pairs of compounds with known DDIs mediated by CYP1A2, CYP2B6, CYP2C19, CYP2C8, CYP2C9, CYP2D6, or CYP3A4 isoforms of cytochrome P450 in the training set.

### 3. Results

To evaluate the DDIs prediction accuracy, the IAP (Invariant Accuracy of Prediction) values were calculated using leave-one-out cross-validation procedures (LOO CV). The IAP criterion is numerically equivalent to the AUC ROC (Area Under Curve of the Receiver

Operating Characteristic) [19]. The IAP value is a sample estimate of the probability randomly selected from an independent test set that will correctly classify positive and negative examples. The accuracy of the prediction of DDIs caused by different isoforms of cytochrome P450 is presented in Table 2.

Table 2. Accuracy of the DDIs prediction.

| Isoforms of Cytochrome P450 | IAP  |
|-----------------------------|------|
| Interaction CYP1A2          | 0.95 |
| Interaction CYP2B6          | 0.91 |
| Interaction CYP2C19         | 0.82 |
| Interaction CYP2C8          | 0.98 |
| Interaction CYP2C9          | 0.95 |
| Interaction CYP2D6          | 0.90 |
| Interaction CYP3A4          | 0.93 |
| Average                     | 0.92 |

The developed models showed good accuracy varying from 0.82 (for CYP2C19 DDIs) to 0.98 (for CYP2C8 DDIs) with an average IAP of about 0.92. It is essential that the accuracy for DDIs mediated by CYP3A4 is high (0.93) because interactions on the level CYP3A4 can cause severe DDIs that must be detected and avoided during the investigation of new drugs. Thus, the accuracy of SAR models is adequate to use this method for practical tasks of drug discovery and development.

The models created are freely available via the Internet on the Way2Drug.com web portal on the DDIs web-service [20] that allows for the prediction of various DDIs parameters and does not require registration or log-in. The combinations of warfarin taken regularly (widely used anticoagulant with narrow therapeutic index) with various nonsteroidal antiinflammatory drugs (NSAIDs) are common and can increase the risk of gastrointestinal bleeding [21]. As an example for illustrating the web-service analysis, the potential DDI for a pair of warfarin and naproxen (one of the commonly used NSAIDs) was predicted (see Figure 2).



Figure 2. DDI prediction for warfarin and naproxen performed using the web service [20].

The results of the prediction displayed in the block "Prediction of DDIs mediated by P450 (PASS double mol) (7 CYP)" show that the maximum  $\Delta P$  value (0.364) was calculated for cytochrome P450 CYP2C9 (see Table 3). Therefore, the DDI for warfarin and naproxen is most likely to occur at the level of biotransformation carried out by cytochrome P450 CYP2C9.

| Isoforms of Cytochrome P450 | $P_a$ | $P_i$ | $\Delta P$ |
|-----------------------------|-------|-------|------------|
| Interaction CYP2C9          | 0.382 | 0.018 | 0.364      |
| Interaction CYP2C19         | 0.174 | 0.346 | -0.172     |
| Interaction CYP2C8          | 0.017 | 0.313 | -0.296     |
| Interaction CYP2D6          | 0.057 | 0.406 | -0.349     |
| Interaction CYP2B6          | 0.04  | 0.553 | -0.513     |
| Interaction CYP1A2          | 0.011 | 0.617 | -0.606     |
| Interaction CYP3A4          | 0.004 | 0.739 | -0.735     |

Negative  $\Delta P$  values for the other six isoforms of cytochrome P450 indicate that these enzymes are not involved in DDIs at the level of warfarin and naproxen biotransformation.

### 4. Discussion

Because of polypharmacy, when several drugs are taken simultaneously, the phenomenon of metabolic DDIs may appear. DDIs manifest in the mutual influence of drugs on their biotransformation, its slowdown, or acceleration, and leads to a change in the pharmacological action of drugs.

To avoid drug withdrawal from the market due to DDIs, pharmaceutical companies perform in vitro and in vivo studies. Physiologically based pharmacokinetic (PBPK) modeling is the in silico method of DDIs prediction that has already proved its applicability in the drug discovery and development process. It is clear that in silico methods will be used more intensively to reduce investigation costs [3].

The main problem we consider is the study and use of the relationship of chemical compound structure and the phenomenon of metabolic DDIs mediated by the seven isoforms of cytochrome P450 most involved in drug metabolism. The models created can be applied for virtual and not-yet-synthesized molecules using only their structural formulas. The implementation of PoSMNA descriptors and the PASS program algorithm for DDIs prediction at the level of cytochromes P450 makes it possible to consider a pair of molecules interacting as one entity without specifying the roles (substrate, inhibitor or inducer, "object" or "precipitant" drug) of particular substances in the DDI process. Such an approach is unique and has already been used to create models for DDIs severity prediction [15,16]. However, when predicting the DDIs severity without taking into account concrete pharmacokinetic or pharmacodynamic DDIs mechanisms, the accuracy of the prediction was not high enough, as compared to that obtained in the current study that considers only pharmacokinetic DDIs mediated by the seven cytochrome P450 isoforms (0.84 for three classes and 0.75 for five classes of severity vs. 0.92 for DDIs prediction mediated by cytochrome P450 isoforms). Such a lower accuracy may be explained by the unclear separation of DDIs of these severity classes among themselves and the cases of DDIs in neighboring classes in the training set and by neglecting the DDIs mechanisms. In this study, the average accuracy of DDIs prediction at the level of cytochrome P450 isoforms is higher (0.92) due to the structural specificity of substances from the pairs that interact at a particular level of the cytochrome P450 isoform. Further research should combine the prediction of DDIs severity at the level of a particular metabolic enzyme. To achieve this goal, it is necessary to expand, improve, and refine the training sets.

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