







Special Issue Reprint

Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements and Lifestyle

www.mdpi.com/books/reprint/5400

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ISBN 978-3-0365-3889-1 (Hardback) ISBN 978-3-0365-3890-7 (PDF)



This book presents the latest research published in the Special Issue *Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements, and Lifestyle* in the journal *Nutrients*. In this book, we explore the role of supplements, lifestyle choices, and nutritional status on COVID-19 patient outcomes and risk reduction.





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