



nutrients



Special Issue Reprint

Dietary Intake and Chronic Disease Prevention

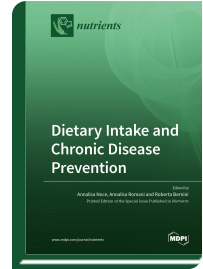
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This reprint describes how lifestyle changes can impact the incidence and progression of chronic non-communicable diseases. In this context, regular physical activity and healthy nutritional habits are very important. Moreover, natural bioactive compounds could represent a new adjuvant therapy in the clinical management of these pathological conditions.



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