

Special Issue Reprint

# In Vitro Models of Tissue and Organ Regeneration

Edited by Patrick C. Baer and Ralf Schubert

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Editors

Patrick C. Baer Ralf Schubert



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## About the Editors

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Patrick C. Baer is a cell biologist and Associate Professor of Experimental Medicine at the Hospital of the Goethe University in Frankfurt/M. He completed his studies in biochemistry at the Technical University of Darmstadt and received his doctorate at the Goethe University of Frankfurt/M. P.C.B. has currently published over 100 research articles, including three book chapters and three patents. P.C.B. has been working with cell culture models of proximal and distal tubular epithelial cells of the kidney for more than 25 years. The research areas of P.C.B. also focus on the isolation, culture and differentiation of mesenchymal stromal/stem cells (MSCs) and the transplantation of MSCs or their derivatives (conditioned medium, extracellular vesicles) to improve organ regeneration.

#### **Ralf Schubert**

Ralf Schubert Ph.D., is an Associate Professor with tenure at the Department of Pediatrics at the University Hospital Frankfurt, Goethe University and is the Head of the Pneumological/ Immunological Laboratory. He graduated from the Technische Universität Darmstadt with a Ph.D. degree in Immunology and recieved his postdoctral training at the Medical School at the University of California, San Diego. He has been working in the field of immunology for more than 20 years and the research activity of his group is focused on the investigation of cellular and molecular mechanisms of inflammatory lung diseases such as bronchial asthma. There work is especially concerned with rare diseases such as Ataxia telangiectasia, and bronchiolitis obliterans. He has authored more than 180 scientific publications in international journals on this topic and has received numerous national and international grants. Current projects focus on the regulatory role of microRNAs in the resolution of inflammation in in vivo and in vitro models.





### Editorial In Vitro Models of Tissue and Organ Regeneration

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The recovery of cells after tissue and organ injury is a complex process. To understand the underlying molecular biological mechanisms, more detailed insights into the cellular processes of repair and regeneration are urgently needed. Based on this knowledge, this Special Issue focuses on current in vitro systems exploring repair and regeneration mechanisms. Experimental research approaches to investigate the mechanisms involved and laboratory methods to establish and optimise models for tissue and organ repair and regeneration, as well as theoretical modelling and computational models, but also review papers are included here. Eleven articles are published in the Special Issue, which deals with various tissue and organ regeneration questions or the modelling or summary of the research models used in this process.

Shyam et al. comprehensively summarise various methods involved in developing 3D cell culture systems, emphasising the differences between 2D and 3D systems and methods involved in recapitulating the organ-specific 3D microenvironment [1]. They also discuss the latest developments in 3D tissue model fabrication techniques, microfluidicsbased organ-on-a-chip, and imaging as a characterisation technique for 3D tissue models. Lieto et al. summarise current research to accurately evaluate ocular toxicity and drug effectiveness [2]. The recent achievements in tissue engineering of in vitro 2D, 2.5D, 3D, organoid and organ-on-chip ocular models and in vivo and ex vivo ocular models were discussed in terms of their advantages and limitations. Another review by Young et al. looks in detail at different strategies for fatty liver treatment in non-alcoholic fatty liver disease [3]. They discuss various defatting strategies, including in vitro use of pharmacologic agents, machine perfusion of extracted livers, and genomic approaches targeting specific proteins. Another work by Hentabli et al. deals with modelling a neural network for bioactivity prediction [4]. This paper describes a novel technique based on a deep learning convolutional neural network for predicting chemical compounds' bioactivity. The authors explain the importance of this work by stating that determining and modelling the possible behaviour and effects of molecules requires the study of the basic structural features and physicochemical properties that determine their behaviour in chemical, physical, biological and environmental processes.

Two original works use in vitro models of mesenchymal stromal/stem cells (MSCs) to investigate regenerative purposes. Barbon and coworkers use an in vitro conditioning regimen of MSCs towards the endothelial lineage to stimulate coagulation factor VIII production [5]. The background of this work was the development of a cell therapy for the treatment of Haemophilia A and, therefore, for future pre-clinical investigation using preconditioned MSCs. Leppik and coworkers demonstrate a new perspective on bone tissue engineering [6]. The work shows that MSCs survive cryopreservation on scaffolds and, after thawing, could be released as ready-to-use products for permanent implantation during surgery.

In addition, two other in vitro studies use epithelial cell systems to investigate their differentiation or their involvement in inflammatory processes. Primary alveolar epithelial cells' main limitation is the difficulty of maintaining the type II phenotype in culture.

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Marhuenda and coworkers show that culturing primary alveolar epithelial cells on lung extracellular matrix-derived hydrogels facilitated the prolonged culturing of these cells and enhanced the preservation of the type II phenotype [7]. Baer and coworkers characterised the mRNA expression of renal proximal tubular epithelial cells and the cargo in extracellular vesicles in an inflammatory microenvironment [8]. This study demonstrates the altered miRNA expression of epithelial cells and their released vesicles during induced inflammation, with only three miRNAs overlapping between cells and vesicles. The background to this study is that understanding the precise molecular and cellular mechanisms that lead to inflammation is the most important way to identify targets for the prevention or treatment of inflammation.

Steyn-Ross and coworkers describe the ex vivo quantification of tissue oxygen consumption by measuring oxygen partial pressure as a function of probe depth using thin slices of cortical brain tissue [9]. The authors confirm that a previously published diffusionconsumption model provides an excellent description of the oxygen-tension distribution in a thin slice of active tissue.

Finally, this Special Issue contains two publications addressing issues using in vivo models. Azam and coworkers investigated the prevention of neuroinflammation in vitro and in vivo using an herbal extract and purified dioscin [10]. The in vitro study demonstrates protection against lipopolysaccharide-activated inflammatory responses in microglial cells. The following in vivo study shows that dioscin upregulates brain-derived neurotrophic factor and cAMP-response element binding protein phosphorylation in the cerebral cortex and hippocampus regions of the mouse brain. The authors conclude that dioscin protects against neurotoxicity. Esteves-Monteiro and coworkers evaluated changes in ileum and colon histomorphometry and Angiotensin II reactivity in a rat model of diabetes mellitus. They showed the structural remodelling of the gut wall with a decreased contractile response to Angiotensin II [11]. They summarise that these findings may help to explain diabetic dysmotility.

Conflicts of Interest: The authors declare no conflict of interest.

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## **Review Fabrication and Characterization Techniques of In Vitro 3D Tissue Models**

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Abstract: The culturing of cells in the laboratory under controlled conditions has always been crucial for the advancement of scientific research. Cell-based assays have played an important role in providing simple, fast, accurate, and cost-effective methods in drug discovery, disease modeling, and tissue engineering while mitigating reliance on cost-intensive and ethically challenging animal studies. The techniques involved in culturing cells are critical as results are based on cellular response to drugs, cellular cues, external stimuli, and human physiology. In order to establish in vitro cultures, cells are either isolated from normal or diseased tissue and allowed to grow in two or three dimensions. Two-dimensional (2D) cell culture methods involve the proliferation of cells on flat rigid surfaces resulting in a monolayer culture, while in three-dimensional (3D) cell cultures, the additional dimension provides a more accurate representation of the tissue milieu. In this review, we discuss the various methods involved in the development of 3D cell culture systems emphasizing the differences between 2D and 3D systems and methods involved in the recapitulation of the organ-specific 3D microenvironment. In addition, we discuss the latest developments in 3D tissue model fabrication techniques, microfluidics-based organ-on-a-chip, and imaging as a characterization technique for 3D tissue models.

Keywords: in vitro models; 2D and 3D cell cultures; 3D tissue models; 3D bioprinting; confocal microscopy

#### 1. Introduction

In vitro two-dimensional (2D) cell culture methods are a widely used tool for understanding biological functions such as cellular interaction, mechanisms of disease initiation and progression, production of proteins, cellular biology, and, more recently, the development of engineered tissue mimics. In a 2D environment, cells are grown as a monolayer over a flat plastic surface, where they adhere and spread. However, the simplicity of this model makes the depiction and simulation of complex tissue structures challenging. Two-dimensional monolayer cultures have been used for decades to study the cellular responses to biochemical and biophysical cues. These systems do not always mimic human physiological conditions despite providing significant advancements in the understanding of cellular behavior [1], thereby resulting in non-predictive results.

In recent years, the paradigm has shifted towards three-dimensional (3D) cell cultures. Increasing research-based evidence suggests that 3D tissue models are a better option for mimicking complex tissue or organ architecture (cell–cell and cell–matrix interactions) and physiology [2]. These models are gaining importance from basic research to advanced application-based research such as drug testing/screening and other translational purposes. In human tissue, cells are encapsulated within extracellular matrix (ECM) proteins in a 3D environment [3]. The ECM function under defined biophysical and biochemical signals, which regulate cellular functions such as proliferation, adhesion, migration, differentiation,

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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). and morphogenesis and maintain homeostasis [4]. Hence, different 3D models are evolving with the combination of cells and proteins to recapitulate native organs and the cellular microenvironment. This aids in understanding the various organs and tissue functions under a controlled laboratory setting and offer the possibility to generate organ-specific and personalized drug testing platforms [5].

Recent advances in microfabrication techniques and tissue engineering technology have influenced the development of complex culture systems and biomimetic microfluidic platforms to capture the structural and functional complexity of the native physiological environment. Tissue engineering is a subfield of regenerative medicine that aims to repair, replace, or regenerate tissues or organs. This is achieved through the translation of fundamental principles of physics, chemistry, and biology combined with the principles of materials engineering and cell transplantation. The goal of this approach is to mimic native tissues that can function as medical devices with therapeutic benefits to regenerate damaged tissues, function as a platform to study drug cytotoxicity at a cellular and molecular level, and model disease under laboratory conditions [6,7]. With these advancements, 3D models with ECM-mimicking proteins could recapitulate the microarchitecture and functional cellular environment of the native organ. In recent years, organ-on-the-chip technology has been gaining prominence due to its ability to simulate organ-level physiology by recreating the multicellular connections and interfaces, vascular perfusion, mechanical cues, and chemical gradient under highly controlled environments.

The bioengineering and designing of complex biomimetic tissue for model systems involve considering several design characteristics and parameters. A 3D tissue model system can be generated through the fabrication of spheroids and organoids; however, while being able to provide a 3D microenvironment, a critical challenge with these systems is the lack of vasculature, which is essential in providing oxygen and nutrients while removing metabolic waste from cells. Alternatively, a scaffold that mimics the ECM is generated via techniques such as 3D bioprinting, electrospinning, and solvent casting/particulate leaching (SCPL) to create porous structures that house the cells, growth factors, vasculature, and transcription factors. The choice of biomaterial to generate the ECM is critical. There are a variety of natural and synthetic biomaterials available, with each having its own benefits and limitations. There has been an increased interest in the combination of biomaterials to generate hybrid biomaterials, which enhance the structural and biological properties of biomaterials. Another consideration is the choice of cells, which is dependent on the tissue being modeled. Stem cells are state-of-the-art in tissue engineering due to their differentiation potential into any cell lineage. Figure 1 summarizes the essential considerations in the realm of 3D tissue models. In the following sections, we discuss the types of 3D tissue models, types of biomaterials and their key characteristics, techniques used in the mimicking of tissue architectures and generation of porous scaffold structures, the types of cells used in 3D models, and their advantages and disadvantages, concluding with the imaging modalities of tissue architecture.

It is often challenging to directly study and observe the complex mechanisms of human development and disease due to a lack of experimental accessibility to biological processes. As a result, the use of model systems that recapitulate these functions ex vivo has been of primary interest to researchers. Two-dimensional culture systems have been established as standard protocols to observe cellular behavior; however, these systems do not completely recapitulate the cellular microenvironment. For instance, the epithelia of the small intestine is an active and rapidly renewing tissue that can undergo tissue widening and form compact folds, invaginations, evaginations, and wavy morphologies [8]. Similarly, in the cardiovascular system, myocardial fibrillar proteins form a 3D complex structure that changes orientation during systole and diastole, resulting in the cardiac tissue undergoing cyclic stress, torsion, and compression [9,10]. These microenvironments represent a major challenge to replicate in vitro. The replication of tissue-specific conditions within a 3D model can offer the ability to study these complex mechanisms and enable a deeper understanding of the role in human development and disease progression and as a platform for drug testing. The key differences between 2D and 3D cell cultures are tabulated in Table 1. There are several strategies to fabricate and characterize 3D tissue models. In this review, we have explored the various types of 3D model strategies involved in the fabrication of complex models. Importantly, we have also explained unique imaging techniques involved in the characterization of 3D tissue models.



Figure 1. Schematic representation of considerations in the fabrication of 3D tissue models.

S.No	Characteristics	2D Cell Cultures	3D Cell Cultures	Ref
1	Cell morphology	Cell shape is elongated and grows on a flat 2D surface.	Natural cell shape is preserved with spheroids or organoids structures and with other 3D models	[11]
2	Cell proliferation	Cell growth in 2 dimensions is rapid and does not mimic in vivo	Cell growth is realistic under 3D culture conditions	[12]
3	Cell and ECM interactions	Growing on a flat surface is not mimicking the native tissue environment. There is no cell and ECM interactions.	Cells and ECM interact with each other and make a 3D environment such as the existing interactions in native tissues. These models reduce the cost of in vivo testing.	[1,13]
4	Cell–Cell Interactions	Multi-cell interactions cannot mimic the native organ environment.	Multi-cell interactions in different 3D tissue models can mimic the native environment.	[14]
5	Cell differentiation	Less resemblance to the native tissue.	Mimics native tissue-like differentiation and markers expression are close to the native tissues.	[15]

Table 1. Key differences between 2D and 3D cell cultures for modeling in vivo conditions.

S.No	Characteristics	2D Cell Cultures	3D Cell Cultures	Ref
6	Vasculature	2D co-culture vasculature studies do not mimic the native vascular system.	Ability to incorporate complex vasculature in the 3D model	[16]
7	Protein and gene expression	Lack of 3D culture conditions, the expression levels may not show much resemblance to in vivo	Show resemblance with in vivo environment	[3]
8	Drug response efficacy	Low or sometimes not predictable due to cells growing on plastic substrate	Predictable as structure is—in vivo environment.	[3,17]
9	Apoptosis and viability (tumor models)	Sensitive to study the target drugs	High resistance to the anti-cancer drugs, which replicates the in vivo environment.	[12,18]
10	Mechanical stimulation	Mechanical stimulation may not mimic the native tissue	We can apply mechanical stimulus according to the native environment and it is an accurate representation of cells in vivo.	[14]
11	Physiological relevance	Highly non-relevant to the physiological environment.	Feasible to make physiologically relevant nutritional and oxygen conditions.	[1]
12	Exposure to culture condition	All cells receive nutrients and growth supplements equally.	The core site of the models will not obtain enough nutrients. Different approaches are explored to improve upon the nutrient and oxygen diffusion to the core site.	[13]
13	Experimentation and analysis	Easy to handle and highly reproducible.	Handling is difficult when compared to 2D cultures, less reproducible, and difficult to handle.	[19]
14	Characterizations	Easy to characterize the cells for experiment with any instrument. Well-established characterization techniques are available.	Difficult to characterize the 3D models. Specific instrumentation is required. Time consuming and not so well-established.	[20]
15	Cost	Inexpensive and well established	Expensive and requires further standardization.	[18]

#### Table 1. Cont.

#### 2. Types of 3D Tissue Models

2.1. Anchorage Independent (Non-Scaffold Based) 3D Tissue Models

2.1.1. Spheroids

Spheroids are perfectly spherical cellular aggregates in suspension generated from primary cell types and cell lines. The term was coined in 1970 by Sutherland et al. when the group dissociated Chinese Hamster V79 lung cells which formed spherical aggregates [21]. There are various techniques involved in the fabrication of spheroid, including the hanging drop technique, microwell hanging drop technique, liquid overlay technique, microwell array from micropatterned agarose wells, rotating wall vessel, and magnetic levitation (Figure 2A(i–vi)) [22,23]. Microfluidic technology and 3D bioprinting have also been utilized in the generation of spheroids [24–26]. The most common applications of spheroids are in creating tumor models, stem cell research, tissue engineering, and transplantation therapy. The key advantages of using this method as a 3D tissue model are that it facilitates cell–cell and cell–matrix interactions providing a physiochemical environment similar to in vivo while maintaining intrinsic phenotypic properties and improving the viability and proliferation of cells [23].



**Figure 2.** Common fabrication techniques used for the creation of spheroids, organoids, and cell sheet (**A**) (i) Hanging drop method (ii) Spontaneous spheroid formation (iii) suspension culture (iv) ECM method (v) Magnetic levitation method, (vi) Microfluidic device method. Altered and reproduced with permission from [27] under Open Access CC BY 4.0. MDPI (**B**) Schematic representation of cell sheet engineering.

However, there are several drawbacks to this method. Due to the lack of vasculature within the aggregates, the supply of nutrients to the core of spheroids is limited, and this limitation becomes pronounced with larger spheroid aggregates as it forms a diffusion gradient [23]. Additionally, despite the various techniques utilized in spheroid formation, each has its own unique challenges. For example, the hanging drop method is a simple method to implement and provides uniform spheroid shapes with greater control over spheroid shapes. However, it is tedious to handle and time-consuming, and inefficient due to low throughput. In other spheroid formation techniques, long-term survivability and tedious media exchange are the key challenges [28]. Despite exhibiting a 3D structure, inherently, spheroids lack the complex architecture of tissues in vivo and, therefore, cannot completely recapitulate the physiological environment.

#### 2.1.2. Organoids

Organoids are 3D self-aggregating assemblies containing multiple cell types arranged spatially, such as cells in a tissue, recapitulating cellular and molecular stages in early organ development [29,30]. They have been used as tissue models to explore mechanisms of organ development. Organoids are increasingly being used in medical research, specifically

in preclinical studies and in 3D tissue models, to study cellular interactions and drugtoxicology, pharmacology, and microbiology [29]. The 3D architectural and functional similarities to the tissue of origin make organoids an excellent model for studying complex cell-cell interactions and tissue development. The fabrication of organoid models is similar to the processes involved in the generation of spheroids (Figure 2A(i-vi)) [27,31]. However, the key difference is that in organoid formation, pluripotent stem cells and embryonic stem cells are given specific signaling cues that act as instructions to form 3D organoids of a variety of tissues [31]. Organoids have been employed in the generation of optical cups, liver, brain, lung, and heart [32-36]. They have also been used to model disease conditions to study disease development and progression. For example, in a recent study by Richards et al., cardiac organoids with oxygen-diffusion gradients were fabricated to model the human heart after myocardial infarction while recapitulating the hallmarks of myocardial infarction [36]. Yang et al. developed a mice 3D testicular organoid using testicular cells from BALB/c mice to investigate Zika-virus-induced mammalian testicular damage [37]. The key challenge of using organoids is the lack of vasculature. Optimization of the conditions for incorporating more than one type of cells to mimic in vivo structure is required [38]. Additionally, the effect of ECM composition and cell-matrix interaction requires further investigation to develop robust model systems. While there have been significant advances to overcome this challenge, research into multi-organ communication requires further investigation.

#### 2.1.3. Cell Sheet Engineering

Cell sheet engineering is a form of tissue engineering methodology that does not require a scaffold. In this method, cells are grown in vitro by placing a single-type cell on a stimuli-sensitive polymer (Figure 2B). In a culture environment suitable for cell growth, cells are grown till a three-dimensional cell sheet is generated. By inducing a stimulus such as heat, the polymer becomes hydrophilic, enabling the detachment of the cell sheet from the polymer base [39]. Cell sheet engineering has applications among various organs such as the heart, cornea, bladder, liver, and bone. The key advantage of using cell sheet engineering is the ability to co-culture cells and generate a vasculature network. For example, Sakaguchi et al. observed that endothelial cells within cell sheets spontaneously form blood vessel networks as in vivo capillaries [40]. Wu et al. investigated the therapeutic benefits of cell sheets derived from umbilical cord mesenchymal stem cells on rat models with induced ischemic heart failure [41]. The authors subjected H9C2 cardiomyocytes under hypoxia conditions and starvation to observe cell apoptosis as a 2D model, and an ischemic model was made by subjecting rats with Left Anterior descending artery (LAD) ligation to induce ischemic conditions [41]. The study observed that the cell sheets improved cell retention in the myocardium affected by ischemic heart failure, improved cardiac function, attenuated cardiac fibrosis, and induced neovascularization [41]. While recent research indicates that cell sheet engineering may pose a viable therapeutic solution, a major drawback of this method is the generation of hypoxic conditions within thicker cell sheets. Additionally, the lack of well-developed vascular networks within the cell sheet at the time of the generation of sheets poses further translational limitations [42].

#### 2.2. Anchorage Dependent (Scaffold Based) 3D Tissue Models

3D tissue models offer the versatility of generating mini-organs that mimic in vivo physiology of a specific tissue. However, these models do not completely recapitulate the characteristics of the tissue. Spheroids and organoids have major drawbacks, such as poor mechanical strength and closed 3D geometry. This results in decreased oxygen and nutrients delivery to the center and hampers the use of conventional assays and instrumentation for screening studies such as nutrient and oxygen transport, absorption kinetics of drugs, and cell–cell interactions [43,44]. The paradigm of tissue engineering involves the conglomeration of living cells within bioartificial support to generate a 3D living structure with mechanical, structural, and functional properties equivalent to human tissue [45].

While the generation of artificial constructs is primarily for regenerative purposes, artificial tissues are being developed to replace reliance on animal models, which are dissimilar to human physiology and do not provide accurate predictions for human tissue responses. The conventional methods, from the perspective of tissue engineering for regenerative purposes, rely on the generation of support structures that act as a temporary scaffold to aid tissue regeneration while gradually degrading and being replaced by autologous tissues [46]. However, from the perspective of modeling, tissue replication should be designed to recapitulate the specific conditions being mimicked. This process is extremely complex due to several factors involved in the mimicking of tissue. Specifically, each tissue exhibits varying features such as porosity, ECM composition, cell phenotypes, and signaling pathways [47]. Ergo, the fundamental elements to consider in the designing of artificial tissue are the material for scaffolds, the cell source, the chemical stimuli, and the method for generating the correct tissue architecture. Additionally, it is pertinent that the choice of material is significantly dependent on the tissue being mimicked as the material will form the ECM, and therefore, the scaffold must meet the specific mechanical, chemical, physical, and biological requirements to achieve cell diffusion, proliferation, viability, and functionality [46]. The key modalities used in the generation of scaffolds for 3D tissue models are Solvent Casting Particulate Leaching (SCPL), Electrospinning, and 3D Bioprinting. Figure 3 provides a schematic representation of the methods, and Table 2 highlights the advantages and disadvantages each method has to offer.



Figure 3. Schematic representation of the methods used in the generation of 3D tissue architecture.

Method	SCPL	Electrospinning	3D Bioprinting
Advantages	Control over pore size and density, ease of fabrication	Highly efficient and well-understood process, in-expensive, controllable fiber dimensions, high resolution	Moderate resolution, diverse choice of biomaterials, dimensional control, cheap, variation in geometry, spatial control of cells deposition.
Disadvantages	Residual solvents and salts, generally isotropic properties, weaker mechanical integrity	3D architecture is challenging, toxic solvents, lower mechanical properties, inhomogeneous cell distribution, time consuming.	Finding the right bio-inks with the right sterilizable and cross-linkable properties. Limited devices can print whole organ, application dependent

Table 2. The advantages and disadvantages of fabrication methods used in creating 3D architectures.

#### 2.2.1. Solvent Casting Particulate Leaching (SCPL)

SCPL is a popular technique used in the fabrication of highly porous polymer scaffolds for hard tissues such as bone and teeth. In this method, a salt that is insoluble in the polymer is admixed in a polymer solution followed by an evaporation process to remove the solvent, resulting in a salt-polymer composite. The composite matrix is then submerged in water to leach out the salt resulting in a highly porous structure (Figure 3a) [48]. Through this method, 50–90% porosity is achieved [49]. A key advantage of this method is the relative ease and low cost associated with the fabrication of highly porous and tunable pore size that enables the migration of cells within the scaffolds [50]. Similar processes that are employed in the generation of highly porous structures are freeze-drying [51,52], thermal-induced phase separation (TIPS) [53], and gas foaming [54]. The advantages and disadvantages of this method are covered in Table 2.

#### 2.2.2. Electrospinning

The term is derived from electrostatic spinning and is a method that utilizes a highvoltage electric field to draw charged threads of ultrafine nanometric scale fibers from polymer melts or solutions [55,56]. The technique is complicated and involves a process where a charged droplet of polymer in a liquid phase under high voltage results in an electrostatic repulsion counteracting surface tension and elongation of the droplet to a critical point of liquid stream eruption termed a Taylor cone [56]. As shown in Figure 3b, a standard electrospinning system consists of a syringe pump, a metallic needle, a high-voltage DC supply, and a grounded collector. In the process of electrospinning, solvents evaporate, and the resulting fibers are solidified to form nonwoven fibrous membranes. Typically, cells suspended in cell culture media are seeded on electrospun mats in tissue culture well plates to cultivate cells within the scaffold [57]. Recently, there have been advances in incorporating cells within the polymer solution as a cell-laden bioink to generate cell-laden fibrous structures [39]. This technique was first introduced by Townsend-Nicholson et al., who used a coaxial system to encapsulate cells in a bio-suspension within an outer core of PDMS [40]. The key material and process parameters that need to be considered in the generation of either electrospinning or cell-electrospinning are viscosity, applied electric field, feed rate, and the distance between the nozzle and collector plate, along with environmental factors such as room temperature, relative humidity [39]. Table 2 summarizes the advantages and disadvantages of using such a system.

#### 2.2.3. Bioprinting

3D bioprinting is the layer-by-layer deposition of cell-laden biomaterials in 3D space based on a predetermined geometry. Complex geometries and shapes are designed through computer-aided design (CAD) software or geometries extracted from medical images. The main modalities of 3D bioprinting are based on the delivery system of the cell-laden biomaterials termed bio-inks and include extrusion-based (extrusion can be achieved via pneumatic, piston, or screw), inkjet (thermal or piezoelectric), and laser-assisted [58] (Figure 4). In a typical extrusion-based 3D bioprinting system, bioink is extruded via a needle, and based on the pattern generated in a CAD file, a 3D structure in a bottom-up approach is generated (Figure 4A). Three-dimensional bioprinting is a rapidly evolving technology employed to print a variety of tissue structures of various organs, and the frontier of 3D bioprinting is the printing of a complete artificial whole organ, which was most recently achieved by Mirdamadi et al. [59] using a novel technique termed Freeform Reversible Embedding of Suspended Hydrogels (FRESH). In the study, the authors modified an extrusion-based bioprinter and embedded alginate in a support bath comprised of gelatin microparticles suspended in a calcium chloride solution [59]. The core principle is that the gelatin microparticles act as a support bath with multiple crosslinking strategies to gel the different types of hydrogels while providing support for embedded hydrogels that would normally collapse in conventional additive manufacturing processes as they are being printed (Figure 4F) [60]. Senior et al. modified the FRESH bioprinting approach to generate stable hydrogels with low viscosity, termed Suspended Layer Additive Manufacturing (SLAM) [61]. In their study, bioinks with low viscosity in the liquid phase prior to gelation were extruded in an agarose gel that exhibited shear thinning property as the material was extruded and regained its structure upon removal of the shear force entrapping the suspended hydrogel [61]. A crosslinker was then allowed to diffuse through the agarose fluid gel, which resulted in the hydrogel forming stable structures and could be easily removed from the fluid gel [61] (Figure 4G). While microgel support baths have been used to demonstrate full organ printing [59], a shift from this paradigm is the bioprinting of a sacrificial bioink within a slurry-support bath comprised of cellular spheroids in a technique termed sacrificial writing into functional tissue (SWIFT) (Figure 5). Skylar-Scott et al. reported the use of this technique to generate a living matrix primarily composed of tightly compacted tissue-specific organ building blocks from iPSC-derived embryoid bodies, multicellular spheroids, or organoids [62]. Within the living matrix, a sacrificial ink is patterned and embedded via 3D printing, which, when removed, yields perusable branching channels and conduits, thereby resembling vascularized networks (Figure 5) [62,63]. While Support bath systems with extrusion-based bioprinting could be an effective platform in the fabrication of microtissues, however, controlling the position within the 3D space is a challenge [63]. Novel methods to circumvent these challenges are emerging within the scientific community and have been covered elsewhere [63].



**Figure 4.** Modalities of 3D Bioprinting (**A**) Extrusion based printing (**B**) Inkjet Printing (**C**) Laser Induced Printing (**D**) Kanzen Spheroid and needle array (**E**) Stereolithography (**F**) FRESH 3D printing method (**G**) SLAM 3D Printing. (**D**) reproduced under the terms and conditions of the Creative Commons CC BY 4.0 License [64] Copyright 2017, The Authors. Published by Springer-Nature Publishing. G reproduced under the terms and conditions of the Creative COMMONS CC BY 4.0 License [61] Copyright 2019, The Authors. Published by Advanced functional materials.



**Figure 5.** Schematic representation of the SWIFT process. Copyright © 2023 The Authors [62], some rights reserved, exclusive licensee American Association for the Advancement of Science. Distributed under a Creative Commons Attribution Non-Commercial License 4.0.

3D bioprinting offers versatility in controlling essential parameters such as bioink composition, printing speed, needle gauge, extrusion pressure, and scaffold geometry. However, despite the plethora of biomaterials available for this technique (Table 3), each biomaterial has unique properties that must be optimized to generate suitable constructs. A major benefit of this method is the ability to generate a complex vasculature network via bioinks laden with endothelial cells, as shown in recent research by Noor et al. [65]. Despite the large library of biomaterials that can be used, not all materials have gelling properties required to hold the shape fidelity of the final printed structure and need to be modified to enhance mechanical strength along with chemical, physical, and biological properties. In certain circumstances, bioinks are stabilized through post-processing crosslinking mechanisms via photon activation through UV light in the presence of a photoinitiator or via ionic crosslinking in the presence of divalent cations. While 3D bioprinting offers vast opportunities, it is severely limited by the availability of printers capable of printing whole organs [66]. Additionally, further research into improving the print resolution of the printed construct and encapsulation of cell densities from a clinical translation outlook remains a challenge [67].

#### 2.2.4. Organ-on-a-Chip

The process of developing novel drugs and medical interventions requires the use of in vitro modeling, followed by animal studies, to test the safety and efficacy of newly developed drugs before testing on humans. However, animal models do not provide accurate predictions for human responses. Clinical trials are time-consuming and not cost-effective in the long run. Most novel drugs fail in clinical trials, and therefore, there is a need to develop a system or model that mimics human physiology, remains cost-efficient, and has the capability to provide accurate data. In contrast to biological approaches to generate 3D tissue models, organ-on-a-chip (OOC) systems are used to recapitulate tissue and organ structure by leveraging microfluidic physics along with microfabrication engineering techniques and biomaterials to create micro-physiological systems that model tissue structure and disease conditions. Research into the development of microfluidic channels to study signal pathways, drug responses, and tissue functions is ongoing [68]. For example, Zhao et al. employed OOC to create a platform to generate chamber-specific cardiac tissue and disease modeling to measure contractile force in ventricles and atriums and their response in the presence of drugs [69]. Similarly, Parsa et al. developed a platform to study mechanisms of cardiac hypertrophy with low cell volume [70].

There is a wide range of organ systems that have been modeled on an OOC platform, including the heart [71], kidney [72], brain [73], lung [74], intestine [75], liver [76], and eyes [77]. Additionally, OOC has been employed to study tissue-specific diseases. Costa et al. reported the use of microfluidics to mimic arterial thrombosis in vitro [78]. The study was designed to replicate a three-dimensional architecture of coronary arteries under healthy and stenotic conditions by modeling healthy and stenotic arteries to create a microfluidic chip with inlets and outlets to allow perfusion through the system [78]. This enabled the authors to study the effect of shear rates within arteries and enable a better understanding of arterial thrombosis [78]. Microfluidic technology has also been leveraged as a tool to generate spheroids and organoids [26], study drug pharmacokinetics, and the generation of micro bioreactors where 3D bio-printed tissue constructs can receive oxygen and nutrients under laminar flow conditions. While most microfluidic systems use a design-based approach and leverage fluid behavior on a microscale, the lack of ECM or an in-vivo-like microenvironment is a drawback in OOC. OOC technology is based on the use of soft lithography to generate molds of microchannels with the use of polydimethylsiloxane (PDMS) as a substrate material. The high resolution offered by stereolithography and the ability to miniaturize the microenvironment enables researchers to study complex diseases and their behavior in a heterogeneous environment. In designing and production of OOC, the selection of cells and biomaterials must be given extensive consideration. In order to improve the relevance of OOC, it is crucial to include vascular networks that can provide efficient nutrient and oxygen diffusion across the tissue or microfluidic channels. There has been a focus on the incorporation of scaffolds or hydrogels into microfluidic systems to overcome this drawback. The presence of an ECM-like matrix to house cells provides both biophysical and chemical cues that aid in the development of a more in-vivo-like microenvironment. Figure 6 provides a schematic representation of the microfluidic system integrated with hydrogels to generate 3D in vitro models to study disease. For example, Shang et al. used 3D bioprinting to generate biomimetic hollow blood capillaries [79]. The authors created microchannels using 3D printing and injected a composite of GelMA and Alginate incorporated with human umbilical cord endothelial cells (HUVECS), the hydrogel being crosslinked with either barium or calcium chloride Figure 7i and studied the proliferation of cells in the hollow chamber [79]. Hong et al. used 3D bioprinting to fabricate cancer spheroids for evaluating the drug resistance of cancer cells [80]. In their study to evaluate the efficacy of drug resistance of cancer cells, the authors printed 3D miniwells using poly (lactic acid) in a grid structure. The authors then embedded drug-resistant MCF-7 breast cancer cells in a gelatin-alginate hydrogel bioink and 3D bioprinted into the mini-wells to encourage single spheroid formation [80]. The use of hydrogels encapsulated within microfluidic devices to provide a more comprehensive in-vivo-like environment could change the research field towards lesser reliance on animal models.



Figure 6. Microfluidic system integrated with hydrogels and cells to provide in-vivo-like 3D microenvironment with biochemical and biophysical cues that result in enhanced differentiation of stem cells or reprogrammed cells, generate functionally mature tissue specific cells and enable a structurally organized microenvironment.



**Figure 7.** Fabrication of microfluidic chip to generate an in vitro model to simulate hollow biomimetic capillary using 3D bioprinting and hydrogel. (i) fabrication of templates and microfluidic device (ii) simulating hollow blood capillary. Comparison of templated printed using 3D printing, with (iii) fused deposition model (FDM) and (iv) using hydrogels and extrusion-based bioprinting. (v) fabrication and characterization using fluorescence microscopy of diverse hollow structures (vi) barrier function of hollow hydrogel microfiber with cells. Image reprinted with permission from [79] Copyright © 2023 by the authors ACS Biomaterials Science and Engineering.

Despite the significant advantages this technology has to offer, there are several challenges that need to be addressed. For example, PDMS is the most common material used as a substrate to build a microfluidic device. However, it is known that PDMS absorbs small molecules such as drugs and may have an impact on drug bioactivity in OOC devices designed to study cell behavior and drug efficiency [81]. While there are other materials that can be used in the generation of microfluidic devices, PDMS is one of the most predominantly used materials that is used in the generation of microfluidic devices, and these materials have been thoroughly reviewed elsewhere [82]. The lack of multi-organ interaction and communication is a drawback of this technology. However, researchers have reported the generation of multi-organ/human-on-a-chip. Abaci et al. reported a conceptual study on the design parameters and considerations in developing such a model [83]. The benefits offered by OOC technology outweigh the drawbacks, which have resulted in the continued development of this technology. With the incorporation of novel biomaterials and nanotechnology, OOC platforms are expected to evolve with technological advancements in the future.

#### 3. Biomaterials for 3D Tissue Modelling

Advances in research have led to the development of improved 3D tissue models for in vitro studies. Cells in nature reside in a molecular matrix composed of protein, glycosaminoglycan, and glycoconjugate, termed the extracellular matrix (ECM). The ECM provides physical scaffolding, biochemical cues, and mechanical stability to cells and is necessary for morphogenesis and homeostasis [84]. The engineering of ECM that mimics native tissue matrix begins with the identification of a biomaterial that is critical in the formation of a scaffold. The choice of biomaterial is dependent on the tissue being modeled. Biomaterials are based on three categories (a) Polymers, (b) metallic, and (c) ceramics. Factors that influence the choice of materials are the type of tissue being mimicked, structural integrity, adequate mechanical environment, bioactivity, biocompatibility, and biodegradability [84]. The biomaterial should provide structural support for cellular attachment, growth, proliferation, and migration while consisting of adequate mechanical properties and an environment native tissue matrix provide to cells. Materials should be bioactive and biocompatible to provide bioactive cues and growth factors while reducing the risk of immunological response in the presence of an artificial scaffold. Additionally, the scaffold or matrix should act as a support structure facilitating correct localization and retention at the site of tissue damage [85]. While biodegradability is key for the formation of the vascular network and allows for patients' own ECM to replace the scaffold and degrade over time without any cytotoxic effects [86], this factor is organ-specific. For example, in regenerative medicine for hard tissues such as bone or teeth, materials are engineered from metallic or ceramic biomaterials to reduce the rate of biodegradability. Table 3 provides a summary of the various biomaterials and their pros and cons.

**Table 3.** List of Biomaterials, both natural and synthetic employed in tissue engineering and their advantages and disadvantages.

Biomaterial	Туре	Pros	Cons	Ref
Collagen	Natural	High biocompatibility, biodegradable, high cell adhesion, and cell remodeling. Has high printability, is biocompatible, low immunogenicity	Poor mechanical properties, unpredictable degradation in vivo, high thrombogenic potential	[87]
Gelatin	Natural	Cheap, biocompatible, easy to modify, good proliferation, biodegradable	Brittleness, low mechanical properties, fast degradation	[88]
Chitosan	Natural	Biocompatible, biodegradable, high cell proliferation	Lower mechanical properties, immunogenic	[89]
Fibrin	Natural	High cell adhesion and viability, quick gelation and good cell migration, and vascularization	low printability, biocompatibility, low mechanical strength	[90]
Hyaluronic Acid	Natural	Biocompatible, biodegradable, high cell proliferation and viability, high printability	low mechanical strength	[91]
Alginate	Natural	Biocompatible, biodegradable, sustained release, adoptable mechanical strength with cell growth, rapid gelation	low cell adhesion	[92]
Pectin	Natural	Cheap, biocompatible, can be modified, plant derived, good cell proliferation, biodegradable	Poor mechanical properties, Slower gelation time	[93]
Decellularized ECM	Natural	Keeps vasculature network intact	Variation caused by different decellularization methods,	[94]

	Table 3. Cont.			
Biomaterial	Туре	Pros	Cons	Ref
Starch	Natural	Cheap, biocompatible, versatile rheology,	Poor mechanical properties, slower gelation time, needs high temperature (70–90 °C) to gelatinize, at higher temperatures, phase separation between composite materials may occur	[95]
Fucoidan	Natural	Good bioactive properties, biocompatible, biodegradable, used to enhance properties of other natural biomaterials	Does not gel on its own, crosslinking strategies need to be optimized, high synthesis cost	[96]
Silk Fibroin	Natural	Biocompatible, good mechanical properties	High cost of production,	[97]
Hydroxyapatite	Natural/Synthetic Synthesis	Bioactive, biocompatible, hydrophilic,	brittleness, low tensile strength and fracture toughness	[98,99]
Polycaprolactone (PCL)	Synthetic	Moderate mechanical strength. Biocompatible	Slow degradation, lower cell adhesion/aggregation, hydrophobic, inflammation due to acid degradation products	[100]
Poly Lactic-co-Glycolic Acid (PLGA)	Synthetic	Biocompatible, biodegradable, immunogenic	Brittle and relatively hard, lower cell adhesion/aggregation, inflammation due to acid degradation products	[101]
Poly(itaconate-co- citrate-cooctanediol) (PICO)	Synthetic	Biocompatible, biodegradable, cheap, good mechanical properties, fast crosslinking, non-cytotoxic to cells	UV cross linking	[102]
Poly (ethylene glycol) (PEG)	Synthetic	Biocompatible, biodegradable, can be modified with various functional groups	Moderate mechanical strength, low printability, difficulty in scalability, Lower cell adhesion	[92]
Polyphosphazenes	Synthetic	Biocompatible, good mechanical properties, slow degradation (hard tissues)	Slow degradation (soft tissues)	[97, 103]
Polyurethanes	Synthetic	Good mechanical properties, good rheological properties	Poor degradability, copolymerization is required	[104]
Polyanhydrides	Synthetic	Good flexibility, controllable degradation rates	Weak mechanical properties	[104]
Poly(propelene- fumarate)	Synthetic	Good processability, good ductility, biocompatibility, easily forms covalent polymer networks	Challenging to handle the material due to high viscosity, increased cytotoxicity and acute inflammation, variation in molecular weight between crosslinking agents	[105, 106]
Metals	Synthetic	Biocompatible with good mechanical properties, low degradability (Tissue dependent)	Subject to oxidation, low degradability (Tissue dependent), may be cytotoxic due to release of free metal ions	[107]
Ceramics	Synthetic	Osteoinductive and osteoconductive in bioactive ceramics, low toxicity, biocompatible, angiogenetic potential,	High brittleness, weak, low bioactivity	[107]

#### Characterization and Optimization of Biomaterials

There is a plethora of biomaterials available in the generation of ECM, such as structures, and the choice of biomaterial is highly dependent on the tissue of interest. On the formation of stable tissue-like constructs through any of the biofabrication techniques, the constructs should be subjected to various characterization techniques to ensure that they meet the parameters as close as possible to native tissue. Table 4 highlights the fundamental properties and the quantitative methods utilized in the characterization of these properties of biomaterials.

**Table 4.** List of quantitative methods utilized in the characterization of the fundamental properties of biomaterials.

Characterization		Properties	Method
	Swelling Ratio	Fraction increase in weight of hydrogel due to water absorption	Weighing difference
Physical	Degradation rate	Fractional decrease in material to facilitate tissue growth	Collagenase and Weight measurement
	Porosity and Morphology	Determination of porous structure to facilitate cellular impregnation and proliferation	Scanning Electron Microscope (SEM), Brunauer, Emmett and Teller (BET) technique
	FTIR Spectroscopy	Investigate formation of Chemical Bonds	Standard FTIR Protocol
Chemical	H-NMR	Investigate the Molecular Structure	Standard NMR Protocol
	Degree of Functionalization	Quantify functional groups	Habeeb Method
	Mechanical Loading	Determine elasticity of biomaterials	Youngs Modulus, Tension, Compression, Shear, Torsion, Yield Strength, Ultimate Yield Strength
Mechanical	Rheology	Determine viscoelastic characteristics such as Shear Thinning, Viscosity, Storage and Loss Modulus	Rheometer, Viscometer
	Printability	Determine optimum parameters to enable efficient printing e.g., Needle Gauge, Print speed, Extrusion Pressure, Geometry, laser power, UV Crosslinking	Based on the tissue architecture equipment
	Cell Volume	Optimize quantity of cells required for functional models	Cell Culture methods
	Cell Viability and Proliferation	Determine and monitor the response and health of cells, survivability, and spread tissue model	CCK-8, MTT, XTT, Live/Dead
Biological	Cytotoxicity, Adhesion	Determine toxicity of biomaterials on cells and how well cells adhere to surface of tissue models.	Fluorescence microscopy, Confocal Microscopy
	Immunostaining	Identification and assessment of the topographical distribution of cells, proteins, and detect antigen levels. Eg F-Actin/DAPI	Immunohistochemistry, Flow cytometry, Western Blotting, ELISA, Immuno-electron Microscopy

#### 4. Cell Sources

The incorporation of cells is essential in the generation of functional 3D tissue models. In general, cells can either be seeded on an existing carrier matrix or can be encapsulated within a biomaterial [108]. The factor governing cell incorporation is dependent on the tissue architecture fabrication method. While there are various methods to create scaffolds for 3D tissue models, the choice of the cell is highly dependent on the tissue being modeled. Primary cells closely mimic in vivo physiological state of the tissue or organ of interest; however, not all organs or tissues have primary cells in sufficient quantities or have limited proliferative potential. Figure 8 provides a schematic representation of the various cell sources [108–112].



**Figure 8.** Schematic representation of the Cell Sources. (**A**) skeletal myoblasts, (**B**) adipose-derived stem cells, (**C**) cardiac 'progenitor' cells and cardio sphere-derived cells (**D**) bone marrow-derived stem cells (**E**) Embryonic stem cells derived from the blastocyst (**F**) induced pluripotent stem cells derived from skin. Modified and adapted with permission from [113] under creative commons license CC BY 4.0. Copyright 2015 The Authors. Journal of Cellular and Molecular Medicine published by John Wiley & Sons Ltd. and Foundation for Cellular and Molecular Medicine.

Recent findings on the differentiation of stem cells towards any tissue-specific lineages have led to significant advancements in tissue modeling and have been reviewed exhaustively elsewhere [108,111,112]. The conglomeration of novel biomaterials fabrication strategies, advances in stem cell biology, and 3D bioprinting has evolved as a next-generation technology for in vitro tissue model development. Table 5 provides a summary of the advantages and disadvantages of the various cells used in 3D bioprinting.

Cell category	Pros	Cons	Reference
Mesenchymal Stem Cells	Can differentiate into many types of cells	Limited in quantity, differentiation capacity diminishes with age	[113,114]
Adult stem cell	Can differentiate into cells of the lineage it belongs to, main function is to repair the organ they are found in	Limited in quantity, expensive Limited capacity to divide	[85]
Adipose Derived Stem Cells	Multipotent, easily isolated, easily available	Low survival	[115]
Embryonic stem cells	Can differentiate into any cells in the right conditions,	Ethical concerns, allogenic and hence require immunosuppressants	[114]
Induced Pluripotent Stem Cells	Can be reprogrammed to embryonic stem cell-like state, can differentiate into any cell,	teratomas formation	[114]

 Table 5. Advantages and Disadvantages of the various types of stem cells found within the human body.

#### 5. Imaging Modalities of 3D Tissue Models

There are a variety of methods used in the generation of 3D tissue models which have been discussed. While characterization methods are employed to ensure that the physical, mechanical, chemical, and biological parameters are met, these methods are often destructive and do not provide an insight into what is happening in the tissue once it is constructed. Therefore, additional methods are required to characterize and ensure that the final tissue model works as intended. In 2D cell culture and model systems, imaging, molecular, and immunohistochemistry techniques are commonplace. However, in a 3D system, advanced techniques are essential. Imaging techniques allow observation of the live-cell morphology and other organelles within the cells from 3D tissue models. Scanning electron microscopy analysis helps to find the cell morphology, migration, attachment, and cell-cell and cell-matrix interaction. Recent techniques have shown the real-time analysis of biological parameters in 3D cell/tissue models. Ruslan et al. used polymer-conjugated nanoparticles to identify  $O_2$  in cells present in the 3D tissue models [116]. Muller et al. used nanoparticle-based fluroionophore to study live analysis of K<sup>+</sup> flux in 3D tissue models and animals [117]. Cell density can be analyzed with the presence of nucleated cells with H&E-stained histologic section photographs by using the ImageJ tool [118]. Table 6 provides a summary of the common advanced imaging techniques used for the analysis and examination of 3D tissue models, and Figure 9 provides the use of Optical Coherence Tomography (OCT) to characterize hydrogels.

 Table 6. Common advanced imaging techniques used to analyze 3D tissue models and live cells within scaffolds.

Imaging Modalities	Characteristics	Application	Ref
Fluorescence	Cells are marked with fluorescence markers and a sample is irradiated with wavelengths between visible and ultraviolet to reveal fluorescent species.	Cell viability, proliferation	[119]
Confocal Imaging	Advanced version of fluorescence resulting in high-resolution images by collecting light from a single plane of focus and eliminating out-of-focus light	Cellular Structure, viability, live imaging, 3D reconstruction	[120]
Scanning Electron Microscope (SEM)	A technique used to produce high-resolution images of surface topography by scanning with electrons on the surface	Surface morphology	[121]

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Imaging Modalities	Characteristics	Application	Ref	
Transmission Electron Microscope (TEM)	A technique in which electrons pass through ultrathin samples to generate high-resolution images	Characterization of pore structure, nano structures	[122]	
Fluorescence Recovery After Photobleaching (FRAP)	A high-intensity laser causes bleaching in a region of interest (ROI) and gradual recovery of fluorescence from the surrounding environment to the bleached area is observed.	Used to study oxygen and nutrient diffusion across cells and tissue structures.	[119]	
Fluorescence Loss in Photobleaching (FLIP)	Involves repeated bleaching of an ROI and measuring fluorescence intensity outside the bleached area where a drop in fluorescence intensity due to bleached non-fluorescent molecules provides quantitative data on molecular mobility.	Molecular mobility, exchange of molecules between cell compartments	[123]	
Fluorescence localization after photobleaching (FLAP)	Involves labeling molecules with two fluorescent labels: one to be bleached locally and the second is a reference label that remains intact. By measuring the difference between bleached and unbleached signals gives an absolute FLAP signal which can be used to track the labeled molecule.	Ability to identify molecules and populations that have varying speeds and have dissimilar dynamics.	[123]	
Fluorescence Resonance Energy Transfer (FRET)	A physical process in which a molecular fluorophore is excited and a nonradiative energy transfer occurs to another fluorophore through intermolecular long-range dipole-dipole coupling. This process is highly dependent on the distance between two fluorophores.	Live -cell analysis of cell biology, cellular interaction in 3D scaffolds, Protein–protein interaction, receptor activation, intramolecular distances	[124,125]	
Fluorescence Lifetime Imaging Microscopy (FLIM)	A method in which the fluorescence decay time is measured. In combination with FRET, this method can be used to map spatial distribution to indirectly measure bimolecular interactions, concentration, and conformational changes.	Measuring intramolecular distances, evaluate therapeutic efficacy in drug screening	[119]	
Phosphorescence Lifetime Imaging Microscopy (PLIM)	Similar to FLIM; however, this process images phosphorescence quenching.	Measuring partial oxygen concentration and identify hypoxic environment.	[119]	
Optical Coherence Tomography (OCT)	Measures optical backscatter from different microstructural features within materials and tissues to generate high-resolution images of the cross-sections of tissue.	Quantify changes in porosity of scaffold, pore size, pore interconnectivity, cell dynamics and tissue development.	[126,127]	
Micro-Computerized Tomography (MCT)	Involves exploiting variations in X-ray absorption, refraction, and scattering to form contrast alterations resulting in spatial distribution of material densities and providing 3D images of the internal structure.	Largely used in bone tissue models, as this technique offers the ability to form contrasts between soft and hard tissues.	[119]	

Table 6. Cont.



**Figure 9.** (a) Schematic representation of FRAP method, (b) Example of a FRAP experiment (c) Anatomy of a typical FRAP curve. Modified and reprinted with permission from [123] under creative commons CC BY 4.0. Copyright © 2023 by the authors; licensee MDPI, Basel, Switzerland.

#### 5.1. Fluorescence Recovery after Photobleaching (FRAP) Using Confocal Microscopy

Confocal fluorescence microscopy is an advanced method of fluorescence microscopy where high-resolution images can be obtained by the introduction of a spatial pinhole before the light source and the detector [128]. The aperture of the pinhole can be controlled to limit diffraction and thereby eliminate out-of-focus light from the sample. FRAP is a method used to study the movement of molecules that have been doped with a fluorescent dye (Figure 9) [123]. In FRAP, mobile fluorescent molecules are bleached by a high-intensity laser source. The bleached molecules are exchanged with fluorescent molecules from the surrounding area resulting in a recovery of fluorescent intensity. This information is plotted on a recovery curve and can be used to study the behavior of the molecules (Figure 9) [129]. The key advantage of using FRAP with confocal microscopy is that a small region in high resolution can be observed. For example, it is possible to study oxygen diffusion in a scaffold. Lee et al. used this method to examine the microscale diffusion of oxygen in scaffolds generated via electrospinning [130]. By introducing simulated cell concentrations, the study reports the ability to predict the efficiency of the scaffold. However, this technique requires further standardization protocols to be established as a viable method to characterize 3D tissue models.

#### 5.2. Optical Coherence Tomography (OCT)

OCT is a type of imaging modality that performs high-resolution, cross-sectional imaging of microstructures in biological materials by measuring optical backscatter from different microstructural features within materials and tissues [126]. OCT can be used to observe the spatial and temporal changes of these features in real-time and in three dimensions, allowing the screening, identification, and optimization of parameters that

govern the usability of tissue [131]. A key feature of OCT is capturing details in high resolution between 15–20 µm depths, thereby allowing the ability to observe scaffold architecture in intricate details [131]. The characteristics of scaffold architecture include parameters such as porosity, pore size, and degree of pore interconnectivity, which influence cellular activity, including cell adhesion, distribution, and proliferation [119,131]. A nondestructive method, OCT imaging, can be used to quantify changes in porosity as the scaffold degrades and cellular growth profile. For example, Zheng et al. used OCT to demonstrate the importance of OCT in the reconstruction of scaffold architecture and cell adhesion by capturing high-resolution images of two scaffolds with different seeding densities of human embryonic kidney cells [131]. Their study concluded that OCT is a viable method that can be used to optimize the parameters of scaffolds. More recently, Wang et al. used OCT to capture high-resolution images of the inner microstructures of cell-laden 3D-printed scaffolds. The study incorporated C3A cells in the gelatin-alginate hydrogel with varying pore sizes and utilized OCT to quantify morphological features, including pore size, pore shape factor, volume porosity, and the interconnectivity of the pores, as shown in Figure 10 [132]. Ultimately, this imaging modality has the capability to improve the understanding of the intricate structures, thereby leading to improved scaffold architecture designs, efficiently mimicking in vivo architecture and improving the efficacy of 3D tissue models.



**Figure 10.** Cell-laden 3D bioprinted structures with varying pore size characterized using OCT (A1–A6) Macrographs (B1–B6) Micrographs, (C1–C6) C OCT Cross-sectional images to a depth of 3 mm. (D1–D6) en-face OCT images. (E1–E6) rendering in 3D and (F1–F6,G1–G6) 3D reconstruction of hydrogel exhibiting variation in pore size. Image reprinted with permission from [132] under the creative commons license CC BY 4.0. Copyright © 2023 by the authors; Scientific Reports [132].

#### 6. Other Imaging Modalities

While FRAP and OCT are imaging modalities that can be utilized to perform characterization on 3D tissue models, confocal microscopy imaging provides other methods to characterize and analyze 3D tissue models. Such modalities include Fluorescence Loss in Photobleaching (FLIP), Fluorescence localization after photobleaching (FLAP), Fluorescence Resonance Energy Transfer (FRET), Fluorescence Lifetime Imaging Microscopy (FLIM), Phosphorescence Lifetime Imaging Microscopy (PLIM), and Micro-Computerized Tomography (MCT), and a summary of their characteristics and application can be found



in Table 6. Figure 11 provides a workflow of the modalities. Ishikawa-Ankerhold et al. have provided an exhaustive review of the same [123].

**Figure 11.** (a) workflow of FRET (b) Workflow of FLIP, (c) workflow of FLAP, (d) workflow of Photoactivation. Images reprinted with permission from [123] under creative commons CC BY 4.0. Copyright © 2023 by the authors; licensee MDPI, Basel, Switzerland.

#### 7. Conclusions and Future Perspective

This review highlights the vast potential of 3D in vitro models for the generation of tissue mimics, disease modeling, and assessment of innovative drugs toward personalized medicine over 2D models. While 2D modeling is a traditional and established method, it lacks the capability to replicate human physiology and diseased conditions. In the context of tissue engineering, the various methods used in the generation of artificial constructs, along with their advantages and disadvantages, are discussed. The potential role of these methods in regenerative medicine is also highlighted. Biomaterials play an important role in the generation of such constructs and models. The choice of biomaterials that have the capability to closely replicate human physiology and promote cellular functions within artificial constructs is critical when considering modeling. With the advent of various stem-cell types, specifically iPSCs (induced pluripotent stem cells), research in disease

modeling and personalized medicine has taken an innovative direction. The key advantage of employing the strategy of using 3D in vitro model systems is a reduced dependence on animal models, which are dissimilar to human physiology.

Most reviews discuss the state-of-the-art in tissue engineering research and regenerative medicine; however, methods used in the assessment of artificially generated constructs are a key area that is often neglected. An important aspect of 3D models and tissue engineering is to ensure that the artificial construct has the capability to replicate physiological conditions as closely as possible. Methods such as FTIR, mechanical testing, and biological activity assays to determine cell proliferation and survivability, to name a few, enable researchers to establish artificial tissues as efficient models and maintains standardization from a regulatory perspective. This review provides an exhaustive analysis of the various characterization methods used to evaluate artificially constructed 3D models along with various imaging modalities. Imaging has the capability to provide researchers with a tool to observe the functioning of cells at a microscopic level. It provides a platform where researchers can develop a deeper understanding of the attributes involved in the development and progression of the disease through direct observation. Methods such as optical coherence tomography are used in observing the structure of scaffolds in 3D, while FRAP and FRET can be employed to observe cellular functions.

A key challenge with 3D in vitro modeling is that while it has the capability to closely mimic human physiological conditions, it is an incomplete model, hence the reliance on animal models. Towards the future (Figure 12), it is imperative to focus on research towards the development of models that completely considers and mimics various factors and functions within the human body. The choice of biomaterials to have the right cellular microenvironment, appropriate mechanical properties as that of the relevant tissues of interest, the right orientation of cell/s, vascular networks, immune cells, the spatio-temporal release of necessary factors needed for the differentiation or growth of cells, and other factors unique to the tissues of interests, such as conduction properties in case of cardiac and neural tissues. This will allow researchers to work with improved 3D models, develop an improved understanding of diseases, and provide targeted solutions which are easy to manufacture, economically viable, and safe to administer. Furthermore, with the recent implementation of FDA Modernization Act 2.0, we envision that more emphasis will be given to complex and more sophisticated human physiology-relevant 3D in vitro tissue models for drug testing applications in the near future.



Figure 12. The future of in vitro models: a perspective.

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# **Looking into the Eyes—In Vitro Models for Ocular Research**

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**Abstract:** Animal research undoubtedly provides scientists with virtually unlimited data but inflicts pain and suffering on animals. Currently, legislators and scientists alike are promoting alternative in vitro approaches allowing for an accurate evaluation of processes occurring in the body without animal sacrifice. Historically, one of the most infamous animal tests is the Draize test, mainly performed on rabbits. Even though this test was considered the gold standard for around 50 years, the Draize test fails to mimic human response mainly due to human and rabbit eye physiological differences. Therefore, many alternative assays were developed to evaluate ocular toxicity and drug effectiveness accurately. Here we review recent achievements in tissue engineering of in vitro 2D, 2.5D, 3D, organoid and organ-on-chip ocular models, as well as in vivo and ex vivo models in terms of their advantages and limitations.

**Keywords:** in vitro eye models; 3D eye models; tissue engineering; ocular toxicity; eye irritation; corneal equivalents

# 1. Introduction

The number of factors that can damage human tissues increases every year. For example, smog, substances contained in cosmetics, unnatural food additives, and UV radiation have a harmful effect on our skin and eyes. Moreover, every year industry delivers thousands of new chemical substances which are necessary for new medicines, chemicals, or food additives. Therefore, biocompatibility assessments of each new compound, especially one that involves animal testing, is impossible. Moreover, the number of studies performed on animals has to be limited in Europe by the law (i.e., Directive 2010/63/EU).

Optic neuropathies, such as glaucoma, anterior ischaemic optic neuropathy (AION), traumatic optic neuropathies, optic neuritis, etc., need new treatment options, which in turn require the development of disease models [1]. However, the pathophysiological mechanisms of these diseases are not fully understood; therefore, developing an animal model is a tough challenge. Moreover, due to the physiological differences, animal models differ significantly from human diseases [2]. For example, rodents' eyes do not have maculae or foveae, and 85–90% of their optic nerve axons decussate to the other side of the brain [1]. On the other hand, monkeys' anatomy of the retina and optic nerve is almost identical to that of human eyes. Still, monkey breeding is complicated, very expensive, and time-consuming; therefore, the number of tests performed on individual animals is limited. As a result, monkeys are often used in the stage just before clinical trials on humans [1].

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Historically, one of the most popular experiments performed on animal eyes is the Draize test. Developed in 1944 by American toxicologists John H. Draize and Jacob M. Spines, it was widely used to study cosmetics and other chemicals. However, the test arouses many controversies due to the lack of reliable and objective results. In fact, the test was never correctly validated. Briefly, the test is based on applying the test substance directly to the eye, but the exposition time is not well defined. After observing the eye reaction for some time, the substance is washed from the eye, and the animal is observed for another two weeks. The result is subjectively assessed by the operator [3]. Moreover, the test is considered incorrect mainly due to anatomical and biochemical differences between the human and the animal (mostly the rabbit) eye. Therefore, currently, the Draize test is not performed. Instead, chemicals are usually tested using the EpiOcular eye irritation test, in vitro cytotoxicity assay, and irritation tests on the rabbit's skin. Each of these tests has advantages and disadvantages, but none of them allows for multifactorial compound-eye interaction evaluation. The EpiOcular eye irritation test is an in vitro alternative which allows for the assessment of acute eye irritation in response to the topical administration of chemicals onto the EpiOcular cornea epithelial model. The test makes cytotoxic effect measurement possible and provides a tool for eye-hazardous chemical identification.

For these reasons, it is crucial to develop new in vitro tissue models to study all substances for ocular treatment and to understand the development and molecular causes of eye diseases [4]. Here, we summarized all cellular and tissue-specific animal models used in in vitro eye studies.

#### 2. Eye Structure

The eye is a highly complex biological machine (Table 1). The human eye has the shape of a sphere about 24 mm in diameter. It is filled with a vitreous body that allows the shape of the ball to be maintained. It is located in the eye socket, which reduces the risk of mechanical damage. The eye is divided into two parts: external and internal. The eye's outside layers are tough, elastic structures, with a white sclera and transparent cornea which provide eye shape [5]. The second inner layer is the vascular membrane, including the iris, ciliary body, and choroid. The third layer is the retina. It consists of light receptors, cells, nerve fibers, and blood vessels originating from the central retinal artery [6]. The primary function of the eye is to convert light pulses into electrical signals, which are transmitted to the brain and converted into images. Light is refracted by the cornea and the lens, which results in a sharp, inverted, reduced image formed on the retina. The amount of light reaching the receptors is regulated by the iris, which changes pupil diameter [6].

The retina in vertebrates is characterized by light-sensitive structures and covers 60% of the back of the eyeball. It is located above the choroid. It consists of 10 cell layers and contains photoreceptors called rod cells and cone cells [7]. These cells contain a visual pigment which is located in the cell membrane. Rod cells allow the recognition of shapes and motion at low light intensity [8]. Cone cells are responsible for seeing color and detail in a more intense light than rod cells. Individual cone cells differ in sensitivity at wavelength, which allows us to distinguish colors. In humans, cone cells are concentrated in the macula—a small pocket of the retina center. The optic nerve's axons that leave the retina at the ONH form a blind spot. There are no photoreceptors in that spot [9].

The eyeball is surrounded by the connective tissue—the sclera. It is a hard layer protecting the inner structures of the eye. In addition, it stiffens the eyeball like a bag of collagen and elastic fibers [10]. The sclera is thinner, more permeable to light, and creates a transparent cornea on the front. It refracts the light rays so that they fall on the lens. It is susceptible to pain and able to partially regenerate. It is avascular and consists of six layers (epithelial, Bowmann, stroma, Dua's, Descemet, and endothelial).

The conjunctiva lines the inner surface of the eyelid. It contains a lot of mucous cells, which ensures the constant humidity of the eyeball—it produces mucus and tears. It covers the eyeball up to the edge of the cornea. It has a very high regeneration ability. The conjunctiva is sensitive to any irritation, such as smoke, dust, or chemical substances.

These factors can lead to conjunctivitis. During this type of inflammation, blood vessels are firmly filled with blood, causing redness and swelling of the eye [11]. Glands are dispersed in the conjunctiva, and the lids secrete mucus, water, and lipids, forming a tear film whose primary function is to moisturize and cleanse the eye from undesired foreign bodies if needed. There are many glands dispersed in the conjunctiva and the lids that secrete mucus, water, and lipids, thus forming the tear film. However, the main lacrimal gland (responsible for emotional tears) is outside the eye structure.

Membrane	Part of Membrane	Structure and Function
	Sclera	<ul> <li>✓ composed of collagen fibers</li> <li>✓ surrounds 80% of the eye</li> <li>✓ opaque</li> <li>✓ protects against mechanical injuries</li> <li>✓ place of muscle attachment</li> <li>✓ maintains the oval shape of the eyeball</li> </ul>
Fibrous tunic	Cornea	<ul> <li>✓ avascular, consists of six layers</li> <li>✓ surrounds 20% of the eyeball (from the front)</li> <li>✓ transparent, permeable to light</li> <li>✓ protects against mechanical injuries</li> <li>✓ refracts the rays of light</li> <li>✓ directs the light on the lens</li> <li>✓ sensitive to pain</li> <li>✓ the ability to regenerate from the limbus</li> </ul>
	Iris	<ul> <li>✓ round, can change diameters</li> <li>✓ around the pupil</li> <li>✓ regulates the amount of light entering the inside of the eye</li> <li>✓ contains a pigment in the epithelial layer on top of the muscular layers</li> </ul>
Vascular anteriorly	Ciliary body	<ul> <li>✓ the muscle surrounding the lens</li> <li>✓ changes the convexity of the lens (accommodation)</li> <li>✓ connects the choroid with the iris</li> <li>✓ responsible of the secretion of the aquous humor in the anterior chamber</li> </ul>
	Choroid	<ul> <li>✓ covers the retina</li> <li>✓ consists of a dense network of capillaries of large diameter</li> <li>✓ nourishes the cells of the eye</li> <li>✓ it absorbs excess light</li> </ul>
Nervous	Retina	<ul> <li>✓ pigmented, photosensitive layer of the eye</li> <li>✓ it determines the reception of visual impressions</li> <li>✓ contains photosensitive cells (cone cells, rod cells)</li> <li>✓ contains the macula of the retina and the blind spot (wherein the optic nerve head (ONH) is located)</li> </ul>

Table 1. Layers of the eyeball and their functions.

Even though the eye is a very specialized organ, there is significant progress in the development of tissue engineering, and newer and more suitable in vitro models are emerging. The search for such models is caused, among others, by increasing awareness of the welfare of animals used in experiments, including toxicological effects [12].

#### 3. In Vitro Ocular Models

Over the years, many alternative assays were developed to accurately evaluate ocular toxicity and drug effectiveness. Here we present recent achievements in tissue engineering of various ocular models in terms of their advantages and limitations (see also Figures 1 and 2).

#### 3.1. 2D Eye Models

Currently, 2D models are the most popular ones in ocular research. Two-dimensional cell line culture is an inexpensive, well-established model providing results that are easy to compare with the vast literature. However, the unquestionable drawback of these culture systems is the lack of predictivity in research connected with the fact that cells growing on a flat surface are not an equal representation of the cell environment in the organism.

# 3.1.1. Pigment Epithelium Cell Lines

One of the most common 2D models is immortalized retinal pigment epithelium (RPE) cell lines. Primary cultures of retinal cells are challenging to handle. Obtaining a homogenous cell line that is not contaminated with other eye cells is challenging. Furthermore, isolated cells often quickly change their properties. For example, cells can lose keratin-containing intermediate filaments [13]. Cell transformation using the SV40 virus managed to obtain a line that retains the characteristics of retinal cells [14]. These cells are characterized by appropriate polarization and monocellular epithelial cell formation.

In 1995, RPE cells were first isolated by Davis et al. from a patient. However, the RPE cell line was only used in toxicity tests because the cells lost the characteristics of normal metabolism, adequate cytoskeleton polarization, and enzyme activity [14]. In the literature, primary models of RPE cell culture obtained from mice (i.e., Mouse Retinal Pigment Epithelial Cells-Hpv16 E6/E7, Immortalized) [15], rats (RPE primary cells isolated from PVG rats susceptible to experimental uveitis development; RPE isolated from Long Evans rats) [16,17], chickens (primary RPE cells isolated from domestic chickens embryos at stages 29–31 of development) [18], bovines (primary RPE cells) [19], and frogs (Xenopus laevis isolated primary RPE cells) [20] have also been described.

The human cell line ARPE-19 has structural and functional properties characteristic of RPE cells in vivo (in rats, RPE-J) [11]. This line is essential because the number of tissue donors is limited [21]. Studies on ARPE19 showed several features confirming the usefulness of this line for retinal pigment epithelial examination, such as expression of characteristic RPE cell markers, CRALBP, and RPE65, secretion of IL-6 and IL-8, as well as morphological polarization in monolayers, and ability form tight-junctions [22,23].

RPE-340 are primary cells isolated from humans which have epithelial morphology, but after several passages, their ability to replicate is limited [24]. Human RPE cells are good models for pharmacodynamic and physiological evaluation of a drug's effect on the choroid-RPE-photoreceptor, but after 40–60 population doublings, they go into a senescence state [24]. To develop a cell line with an extended lifespan, RPE-340 was transfected with a plasmid expressing the human telomerase reverse transcriptase subunit (hTERT), creating a new cell line—hTERT-RPE-1 (human retinal pigment epithelial RPE-1) [25]. This way, the lifespan of hTERT-RPE-1 is extended without any alterations in the population, doubling time and RPE-340 characteristic features [26]. hTERT-RPE-1 is reported to be an excellent model for epigenetic regulation studies [27–29]. Unfortunately, this line still has its limitations. The handling lasts 20 passages longer than RPE-340, but after this period, the cells change their morphology and function under the phenomenon called deadaptation [30,31]. Due to the low availability of primary human RPE cultures, validating and comparing this cell line with immortalized cell lines is challenging. The perfect line of human RPEs has yet to be developed.



**Figure 1.** Schematic diagram of of eye models types. The figure was created using SMART (Servier Medical ART) modified graphics, licensed under a Creative Commons Attribution 3.0. Generic License.



**Figure 2.** Schematic diagram of eye organoids. The figure was created using SMART (Servier Medical ART) modified graphics, licensed under a Creative Commons Attribution 3.0. Generic License.

The R28 immortalized retinal precursor cell line originating from postnatal day 6 rat retinal culture has been frequently used in in vitro and in vivo studies [32]. R28 provides an important system for understanding retinal cell behavior aspects such as differentiation, cytotoxicity, light stimulation, and neuroprotection. Although R28 originated from single clones, they remained highly heterogenous, suggesting the precursor character of these cells [32]. This cell model has been used in various toxicity experiments in vitro [33–37]. In addition, R28 exerts a high potential for studying the neuroprotective properties of chemical compounds [38–40]. Latanoprost was one of the drugs validated on R28 under the angle of cytoprotective properties [33].

RGC-5 was previously described as a rat-derived, transformed retinal ganglion cell line and is widely used in glaucoma research [41]. After more than 220 published papers worldwide involving the use of the RGC-5 cell line, it was reported that these cells are in fact 661W, a mouse SV-40 T antigen transformed photoreceptor cell [41,42]. The 661W cell line was present in the laboratory of origin of RGC-5; therefore, the most probable scenario was the cross-contamination of the newly developed cell line with 661W. This incident has shown how crucial the proper culture protocols and DNA profiling of newly-developed cell lines are. 661W is a model of cone photoreceptor cells. This cell line was widely used as a model for research on macular degeneration, but studying retinal ciliopathies such as retinitis pigmentosa is believed to be possible [43]. 661W shows properties of both retinal ganglion and photoreceptor cells, providing a functional photoreceptor model [43,44]. Moreover, 661W are believed to be an alternative model to the hTERT-RPE-1 cell line previously used for small molecule screening to identify new treatments for retinal ciliopathies [45]. 661W shows potential in studying ciliopathy disease genes not expressed or expressed at a low level in hTERT-RPE-1 cells [43].

#### 3.1.2. Cornea Cells

The primary cornea cultures on which the individual in vitro models were developed come mainly from rabbits. Rabbit corneal epithelial cells (RbCEpC) help assess drug safety, pharmaceutical effects, corneal development, pathology, glaucoma, viral infections, keratitis, ocular hypertension, and even special contact lenses that provide sustained, extended-release of ophthalmic drugs [31]. Human corneal epithelial cells (HCEpC) have been used as models for studying corneal damage and reconstruction, re-epithelialization of the eye following surgery, and the effects of degradative enzymes. Corneal research mainly focuses on developing a model of drug permeation through this structure [46]. The models of corneal culture used in cellular research concern simple monolayers, the multilamellar epithelium, and very complex three-dimensional (3D) tissues resembling the functional cornea. HCEpC was used to create a single cellular layer later used for transplantation [47].

Several commercially available in vitro cornea models are destined to be cultured in 2D models (monolayers). One such model is HCE-T, in which cells are grown on the collagen membrane and are located at the air-liquid interface with the serum-free medium. The cells have the features of the primary cell line and form a stratified epithelium whose morphology can be modulated with calcium. Moreover, the cells expressed specific corneal epithelial cell markers such as epidermal growth factor (EGF), EGF receptor, basic fibroblast growth factor (basic FGF), transforming growth factor-beta 1 (TGF-beta 1), and interleukin-1 alpha (IL-1 alpha) [48].

# 3.1.3. Corneal Endothelial Cells

The role of corneal endothelial cells (CECs) is to control corneal transparency. Unfortunately, the cells exhibit limited proliferative capability; therefore, their dysfunction may be one of the causes of blindness. One of the gold standards in treatment of corneal endothelial dysfunction is the donor isolated corneal transplant [49]. The first culture of human corneal endothelial cells from donors was established by Pistov et al. in 1988 [50], and from that time, plenty of protocols and newly designed biomaterials for the propagation of these cells were developed [51]. However, due to the low proliferation rate of primary CECs culture, protocols for immortalized cells were established [52,53]. Currently, several immortalized human CECs are available in the market and are used mainly to understand corneal endothelial cell dysfunctions. Two clonal cell lines derived from the immortalization of human corneal endothelial cells (obtained from the donor) were described by Valtink et al. [54]: B4G12 and H9C1 cells. B4G12 cells are polygonal, strongly adherent cells, which form a strict monolayer and H9C1 cells are less adherent and formed floating spheres. Both cell lines exhibited the characteristic expression of corneal endothelial cell markers; however, on different levels. Therefore, the authors concluded that the B4G12 cell line is a good model of differentiated CECs, and H9C1 is a good model for developing or transitional CECs. Alternatives for donor corneal endothelial cells or cornea endothelial cell lines may be pluripotent stem cell-derived corneal endothelial cells. The cells generated from a cryopreserved human embryonic stem cell (hESC) are stable, express corneal endothelial cell markers, and have an improved proliferation rate compared to primary CECs [55,56].

#### 3.1.4. Conjunctival Cells

The most popular eye conjunctival test model is the rabbit conjunctiva. For the first time in 1996, Saha et al. isolated the primary culture of the rabbit's conjunctiva. The model created by him represents a tight epithelial barrier [57]. This model is constantly being improved. The most significant difficulty was adapting the cells of this model to contact with air, just like in the natural eye. The use of additional filters (for example, the Transwell filter) allowed cell growth at the air-liquid interface. The layers of the conjunctival epithelial cells showed transepithelial resistance and a difference in potential [58]. The conjunctival epithelial cells are polygonal with many microvilli [59]. The primary culture of conjunctival cells was also obtained from bovines [59] and rats. The immortalized rat conjunctival (CJ4.1A) cell line was created by transfection of SV 40 [60]. CJ4.1A expresses the SV40 T antigen, conjugal cytokeratin 4, and cytokeratin specific for goblet cells 7, but

not the cytokeratin 12. The line's lifespan is very long—line cells can be cultured for over 60 passages, and the population doubling times were  $22 \pm 7 h$  [60].

The development of methods for obtaining the primary culture of conjunctival cells has contributed to the development of transplantation techniques for heterotopic or allogeneic grafts. After severe damage to the conjunctiva, it is possible to restore its function by taking a piece of epithelium from a healthy eye, multiplying it in a cell culture, and implanting it in the affected conjunctiva [61]. Besides the primary cell culture, several established conjunctiva cell culture lines also exist. An example would be two human immortalized conjunctival cell lines: HCjE [62] and IOBA-NHC [63]. These cells have a typical epithelial morphology of the human epithelium, and after exposure of the cells to inflammatory mediators (IFN $\gamma$  and/or TNF $\alpha$ ), they increase the expression of the intercellular adhesion molecule (ICAM)-1 and MHC class II cell surface receptor (HLA-DR) [63].

The above-mentioned 2D models have their advantages but also their limitations. Firstly, these models are exceptionally delicate, and their manipulation must be meticulous. For example, the layer is easily damaged and dried. In addition, the models do not take into account cell to cell communication and the influence of immunological factors, which probably have a tremendous impact on the regeneration of this structure. Finally, based on these models' results, it is impossible to recapitulate all the processes occurring in the cornea in the human eye [64]. Therefore, the researchers decided to develop more complex, multicellular eye models.

#### 3.2. 3D Models

Three-dimensional models better replicate the organism-environment compared to two-dimensional cultures. Cells grow in every dimension and closely replicate tissue in vitro, which complements 2D cell culture [65]. Although 3D models provide us with more information than 2D models, they are more challenging to handle. Multilayer models respond to more and more questions about corneal damage and disfigurement, but they are still far from the complex equipment that the eye is. For example, they lack the lacrimal apparatus responsible for cleansing and supporting regeneration [66]. Few 3D cornea models have been developed to this point.

EpiOcular<sup>™</sup>, developed in 2010, was obtained from cultured human epithelial cells. The cells showed a morphology and expression of biomarkers similar to the intact human cornea and maintained its thickness and permeability [67]. The EpiOcular model was used to assess the eye irritation potential of surfactant and surfactant-based formulations. Based on the protocol, the compound is considered to be an irritant when more than 50% of the cell die as compared to the negative control [68,69]. This test is validated and under review by the European Center for the Validation of Alternative Methods (ECVAM).

Clonetics (cHCEC) was developed in 2011 and was obtained from human corneal epithelial cells. Research using the model provides information on the assessment of corneal penetration by various chemical compounds (e.g., ophthalmic drugs) [68]. cHCEC was examined by RT-PCR for the expression profile of drug-metabolizing enzymes (e.g., CYP P450s and UGT1A1) and transporters in cHCE in comparison to the human cornea [70].

The SkinEthic (HCE) 3D cornea model comprises immortalized human mucosa cells; cells are grown at the air-liquid interface using a polycarbonate membrane. Under appropriate conditions, the cells differentiate and form the three-dimensional (3D) stratified epithelium and have non-keratin structures [69]. The advantage of the model is the possibility of administering dissolved substances in organic and inorganic solvents at any concentration (a very concentrated solution or minimal drug application concentrations can be applied) and the preservation of conditions similar to the eye mucosa of the human eye. Immortalized cells are grown in a dedicated medium and form a histologically multilayered construct with a thickness of  $60 \mu$ m. The HCE secretes the same mucins found in the human cornea in vivo and expresses CD44 and keratin. This model is used to study phototoxicity, irritation, corrosivity, and the transport of substances [71,72].

The LabCyte CORNEA-MODEL is produced from normal human cornea epithelial cells [73]. It was developed by differentiating and stratifying cornea epithelial cells and is meant to be used to identify irritant chemicals in eye irritation tests. The corneal epithelial cells are cultivated on an inert filter substrate for 13 days with a medium containing 5% FBS. Proliferating cells build up in a multilayer structure consisting of a fully differentiated epithelium with features of the average human corneal epithelial tissue [74].

The limited source of corneal tissue to form a 3D-model, the short-lived life cycle of the corneal cells themselves, and the time-consuming culture contribute to problems with the industrialization of culture. The use of many commercially available 3D models was limited by the rapid differentiation of cells leading to problems with maintaining cell culture [75]. Many attempts have been made to increase the in vitro culture cycle of corneal epithelial cells concerning telomerase reverse transcription gene transfection, viral transfection, and the induction of spontaneous mutations. Nevertheless, the abnormal phenotype of these cells, which can lead to the potential risk of tumorigenesis, is not desired in the construction of new cornea models. Therefore, Li et al. enriched cornea cells with limbal stem cells providing additional expansion and development stimulation [75]. The addition of limbal stem cells promoted development and cell expansion. Moreover, it enabled the large-scale production of a new 3D model. Use of the corneal stromal layer of the animal to stimulate a specific microenvironment for limbal stem cells resulted in their differentiation into cornea epithelial cells.

Zuguo et al. proposed a new in vitro xeropthalmia model by dissecting the conjunctival epithelium and subconjunctival matrix, culturing it on a collagen I coated dish submerged in a culture medium. The in vitro dry eye model is obtained after 4–20 days. The invention can be used to research dry eye squamous metaplasia, ocular surface epithelial barrier damage, epithelial mucin change, to test new drugs, or to find new methods for dry eye treatment [76].

The model created by Minami et al. consists of bovine epithelial, stromal, and endothelial cells in a collagen gel matrix. The epithelium consists of five to six layers, and the epithelial cells produce keratin, which is a fundamental multilayer model for the cornea [77]. In addition, some corneal models use cell lines from different animals. In these models, individual layers come from mice, rabbits, bovines, and pigs [65,78,79].

#### 3.3. 2.5D Models

2.5D models seem to be an alternative approach compared to 2D and 3D cultures. In 2D, cells are grown on a flat surface, while 3D models are based on cells embedded in an extracellular matrix (ECM) and/or scaffolds that provide a proper three-dimensional environment. In 2.5D cultures, cells are grown in an extracellular matrix (ECM) layer which often is not flat but unregular with projections and grooves, thus, providing an intermediate between 2D and 3D conditions [80].

# 3.4. Ex Vivo Models

One alternative to the Draize test is harvesting organs for examination from animals used for meat (ex vivo model). Eyeballs are isolated from bovines (BCOP), rabbits (IRE), pigs (PCOP), and chickens (ICE). This test was accepted internationally in 2009 and is used to research if significant tissue damage can occur [81]. Tests on the models mentioned above are based mainly on histological and light transmittance through cornea analysis. The pigs' cornea provides the highest degree of similarity to the human cornea, especially in tests involving substances dissolved in water [82]. Unfortunately, all the models mentioned above have serious drawbacks, primarily resulting from anatomical differences. In addition, these models can only be used to study individual eye structures. Therefore, they do not allow for general-purpose research. It is vital to create cell microenvironments that support tissue differentiation and changes, tissue-tissue communication, and spatiotemporal chemical and mechanical gradients of the microenvironment of living organs [83].

Yu F. proposed an ex vivo mammalian cornea culture system used for chemical tests of consumer products [84]. This system closely resembles in vivo testing by maintaining the corneal structure, architecture, and epithelial cell interaction. The cornea or the whole eye is excised and placed on an agar or collagen scaffold. It is then submerged in a culture medium until the medium covers the limbus. The upper part of the cornea is not submerged in medium. The tested reagent is administered directly to the cornea. The inventor claims that the system may be used to replace the use of Draize's test in many situations. This system allows drug testing without using live animals. The corneas or eyeballs may be, for example, easily acquired when dissecting rabbits for meat or fur industry purposes.

# 3.5. Spheroids, Organoids, and Organ-on-Chips

New techniques and technologies in cell culture allow the development of more proper and scientific-useful models for ocular research. Here we described three types of it: spheroids, organoids, and organ-on-chips, a summary of which is presented in Table 2.

#### 3.5.1. Spheroids

Spheroids are self-assembly aggregated cells that spontaneously organize themselves into spherical-shaped structures. This phenomenon occurs naturally during embryogenesis, morphogenesis, or organogenesis. In in vitro culture, single cells may constitute multicellular spheroids after applying appropriate cell culture techniques (i.e., pellet culture, the hanging drop method, culture in the extracellular matrix, or others) [85]. Spheroids may have a different biological response to various factors due to the presence of a concentration gradient of nutrients, oxygen, or metabolites between cells from the outside and the inside part of the spheroid. Spheroids are mainly used in cancer research [86,87]. However, the technique of 3D multicellular culture with spheroids is also used in cellular research. Lu et al., using air-lifting 3D spheroid formation techniques, developed an in vitro model for research on the ocular surface and tear film systems. The model was composed of rabbit conjunctival epithelium and lacrimal gland cell spheroids [88]. The model allowed for the creation of the aqueous and mucin layers of the tear film, which may facilitate research on dry eye. A Japanese-German research group generated multicellular spheroids from human-donor RPE cells cultured in a methylcellulose matrix [89,90]. The model mimics the in vitro drusen model, which might help understand the pathogenesis of drusen-related diseases such as AMD. Sherwin's group from New Zeeland developed methods for isolation and propagation of spheroid human peripheral cornea using a clear cornea component of the rim isolated from a donor [91,92]. They found that generated spheroids implanted into frozen-stored corneoscleral tissue worked as limbal stem cell centers and proliferated to reproduce limbal cells. Spheroids are also used in ocular cancer research. There are several spheroid models of retinoblastoma (cells isolated from human intraocular tumors) which are used to develop new cancer treatments [93] or to understand retinoblastoma pathophysiology [94,95].

#### 3.5.2. Organoids

Organoids are stem cell derived 3D structures with organ-level functions. They are composed of self-organizing organ-specific cells derived from embryonic stem cells, induced pluripotent stem cells, or organ-restricted adult stem cells [96,97].

One of the most well-known ocular organoid models is a model described by Eiraku et al. [98]. The authors used mouse embryonic stem cells and show that ESCs in differentiation medium are self-organizing into optic-cups in 3D culture. Susaimanickam et al. developed an organoid model based on human embryonic stem cells (ESCs) or human induced pluripotent stem cells (iPSCs) cultured in a retinal differentiation medium supplemented with noggin [99]. The addition of noggin is crucial because of the protein's (a BMP inhibitor) involvement in the retinal differentiation of pluripotent stem cells during embryonic and organoid development. After two weeks, the culture gave rise to retinal and corneal primordia, and after six to eight weeks, primordia developed into minicorneas with specific

morphological and marker similarities to the human cornea. This model may be used in basic research and regenerative applications. In addition, the use of organoid models with different ranges of time culture could provide us with data regarding drug toxicity in different stages of eye development. A congruous model or cornea organoids was developed by Foster et al. [100]. In this model of the cornea, three distinct cell types with the expression of key epithelial, stromal and endothelial cell markers were obtained. Mellough et al. in 2012 showed that ESC and iPSC cultured in ventral neural induction media (VNIM) supplemented with noggin, Dickkopf-1, Insulin-like growth factor 1, Lefty A, Human Sonic Hedgehog, and 3, 30, 5-triiodo-L-thyronine may develop retinal photoreceptor cells [101]. Later, they showed that VNIM can differentiate both EPS and iPSC cells, but the presence of IGF-1 is essential for the development of 3D ocular-like structures containing retinal pigmented epithelium, neural retina, primitive lens, and corneal-like structures [102]. In the latest work, Mellough et al. found that different embryoid bodies' (EBs) generation protocols affect the method and maintenance conditions that determine the later differentiation and maturation of retinal organoids [103]. The generation of more advanced in vitro multiocular organoids from human iPSCs cells was proposed by Isla-Magrané et al. [104]. In this protocol, organoids are differentiated in three different media, which leads to obtaining multicellular organoids after 150 days. Firstly, 75% confluent hiPSCs were cultured on Matrigel in an induction medium (DMEM/F12, 5% fetal bovine serum, nonessential amino acids, GlutaMax, N2, B27, β-glycerol phosphate, nicotinamide, Noggin, DKK1, bFGF) for 30 days. Next, all-trans retinoic acid (ATRA) was added for the next 60 days. Finally, cells maintained in a medium with ATRA for the next 60 days develop multiocular and corneal organoids, and cells cultured without ATRA and with triiodothyronine develop retinal organoids, RPE organoids, and multiocular organoids.

Recently, the National Centre for the Replacement Refinement & Reduction of Animals in Research (NC3Rs) and The National Eye Institute established a relationship that will result in the construction of organoids for drug screening, disease modeling, and regenerative medicine [105]. Therefore, a retinal 3D model is constantly being developed to fulfill those criteria [105–107]. The retinal 3D model contains bioprinted Müller cells, microglia, neurons, and RPE cells [108].

#### 3.5.3. Organ-on-Chips

Organ-on-chips (OoC) are structures created by combining microfluidic technology, biomaterials, and cell culture methods [97]. Many organ-on-chips were used to research the permeability of the epithelium. Puleo et al. created a microfluidic device consisting of a bilayer structure of a corneal epithelial layer, a layer of stromal cells, and collagen vitrigel substrate [109]. Bennet et al. invented a cornea organ chip including epithelial layers, Bowman's membrane, basement membrane, and a device simulating tear flow dynamics. The measurement of epithelium permeability underflow showed results similar to in vivo measurements [110]. Cornea and retina chips are powerful and promising in vitro tools to study drug effects and therapeutic approaches, yet the chips are still minimal and straightforward 60 [97].

Recently, Seo and Huh proposed a cornea-on-chip "human blinking eye model" [111]. The system mimicked spontaneous eye blinking in humans with keratinocytes cultured to mimic the epithelial cells and form a corneal structure. Blinking imitation was performed by integrating a tear chamber in a 3D-printed eyelid [112].

DynaMiTES' Dynamic Micro Tissue Engineering System was developed from cornea immortalized cells. The system allowed for the measuring of transepithelial electrical resistance in real-time by implementing two electrodes into the system, providing a non-invasive way to monitor cell conditions [113].

Although organoids and organ-on-chips carry indisputable benefits, their potential in drug testing has yet to be closely examined. The main issues concerning drug assays relate to permeation and accessibility of the ocular surface of the tested models [97].

# 3.6. In Silico Analysis

In silico analysis is often used to meet the 3Rs regulations (replacement, reduction, and refinement) [114]. Many in silico models have been proposed up to this point in time. One of them is a quantitative structure-property relationship (QSPR) model proposed by Vincze et al. to study corneal permeability. The model is based on corneal-PAMPA (Parallel artificial membrane permeability assay) experimental data and different in silico drug transport parameters (Caco-2 and jejunal permeability) [115]. The test provided good predictions and is suitable for efficiently shortening the examined drugs list, provided we have comparable experimental data at our disposal. However, although promising, in silico studies currently do not provide us with enough data to regard drugs as safe. Therefore, experimental testing should be carried out to confirm the result of the studies.

 Table 2. Spheroids, organoids, and microphysiological models for in vitro ocular research.

Spheroids						
Initial cells	Targeted cells	Culture techniques	Research possibilities	References		
primary rabbit conjunctival epithelial cells (CECs) and lacrimal gland (LG) cell	cells that produce the aqueous and mucin layers of the tear film	an orbital shaker than Matrigel <sup>®</sup> matrix	dry eye disease	[88]		
human RPE cells (hRPECs) obtained from donors	retinal pigment epithelium	culture in methylcellulose	Drusen-associated degeneration in the retina	[89,90]		
human peripheral cornea	transplantable elements for limbal stem cell repopulation and limbal reconstruction	clear cornea component of the rim from a human donor	Regenerative medicine	[91,92]		
human retoinoblastoma	human retoinoblastoma	different techniques	retinoblastoma	[93–95]		
		Organoids				
Initial cells	Targeted cells	Culture techniques	Research possibilities	References		
mouse embryonic stem cell (ESCs)	mechanically rigid pigment epithelium, embryonic optic cup, stratified neural retinal tissue	G-MEM supplemented with knockout serum replacement, nonessential amino acids, pyruvate, mercaptoethanol.	development of eye, eye disorders, disease modeling,	[98]		
human embryonic stem cells (ESCs) or human induced pluripotent stem cells (iPSCs)	after two weeks: retinal and corneal primordia, after six to eight weeks: primordia developed into minicorneas with specific morphological and marker similarities to the	culture in a retinal differentiation medium supplemented with noggin.	neurodevelopmental disorders, disease modeling,	[99]		
human induced pluripotent stem cells	cornea, harboring three distinct cell types with the expression of key epithelial, stromal and endothelial cell markers.	multistep procotol	investigating corneal developmental processes and their disruptions in diseased condition	[100]		
human embryonic stem cells (ESCs), human induced pluripotent stem cells (iPSCs)	3D ocular-like structures contains: retinal pigmented epithelium, neural retina, primitive lens and corneal-like structures.	differentiation: ventral neural induction media (VNIM) with IGF-1	development of eye, eye disorders, disease modeling,	[102]		
human induced pluripotent stem cells (iPSCs)	3D multiocular organoids contans: retinal pigment epithelium, retina, and cornea.	multistep procotol	model the crosstalk between different cell types in eye development and disease	[104]		

Organs on Chip					
Initial cells	Targeted cells	Culture techniques	Research possibilities	References	
epithelium/stromal cells and keartnocytes isolated from rabbit eyes	microfluidic device consisting of a bilayer structure of corneal epithelial layer, a layer of stromal cells, and collagen vitrigel substrate	microfluidic devices containing collagen vitrigel (CV)	miniaturizing the standard transepithelial permeability (TEP) assay in order to measure the integrity of an array of corneal tissue micropatches.	[109]	
immortalized human corneal epithelial cells	microengineered corneal epithelium-on-a-chip	porous membrane embedded microfluidic platform separated a chip into an apical and basal side	preclinical evaluations of potential therapeutic drugs and to mimic the environment of the human cornea.	[110]	
human cells derived from the cornea and conjunctiva	mimic spontaneous eye blinking in humans	dome-shaped three-dimensional (3D) scaffolds in in vivo-like spatial arrangements	used for disease modeling and drug testing	[111]	
human corneal epithelial (HCE–T) cells	dynamic cell cultivation and dynamic drug absorption testing on physiological barriers	DynaMiTES	improvement of common in vitro drug testing procedures	[112]	

# Table 2. Cont.

#### 4. Conclusions

Tissue engineering is one of the most rapidly developing scientific disciplines. It allows an easy and more reliable study of the effects of various factors and substances (including drugs). The development of this field will contribute to the invention of more advanced methods of combating diseases, repairing damaged tissues as a result of trauma, and to the ability to change and improve the function of given structures. At the same time, it will limit the number of animals used for experiments, which are now often indispensable research models. Currently, scientists are trying to fine-tune in vitro models and combine as many elements as possible to create a fully functional organ. One of the paths leading to this goal is the development of bioreactors. Bioreactors extend the time of in vitro culturing through specific, periodic exchanges of the culture medium. Physical factors are strictly controlled, e.g., temperature, pH, oxygen, and carbon dioxide. Additionally, they enable the precise delivery of nutrients and the removal of unnecessary metabolites from the nutrient solution [116,117].

All of the research models mentioned above have their limitations and advantages. Different Draize test alternative models provide more extensive flexibility in our research. Currently, 2D cultures are the most common research models. The reason is that 2D cultures are relatively inexpensive, more modulable, and easy to maintain [118]. Because of reproducible results obtained in controlled conditions [119], big-scale screening assays should be performed on these models. The main weakness of 2D models is their low ability to recreate the complexity of different cell classes and matrices interaction [118]. On the other hand, 3D multilayer models seem to be sufficient for small-scale drug toxicity and irritation assays. These models more closely resemble the eye microenvironment and consider cell-to-cell interactions, providing more relevant results. Moreover, 2D and 3D models seem to be limited in immunological disorders, such as allergy or sensitivity, because of their low of complexity. This problem could be addressed with organoids, which generate remarkable research outcomes, but only after long and arduous steps of standardization and testing [118].

Both in vitro and ex vivo models share one major limitation: the lack of vascularization [120]. The immune cells and vascularization should be introduced to these models to address this problem more appropriately. Organ-on-chip technology may be applied to facilitate the manipulation of more complex research models [120,121]. For example, including blood vessels in the model is possible by applying a forced flow supplied by on-chip technology. All that remains is to hope that the current development of in vitro models in ocular research allows for the complete elimination of the need to conduct tests on living organisms in the near future.

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# **A Review of Defatting Strategies for Non-Alcoholic Fatty Liver Disease**

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Abstract: Non-alcoholic fatty liver disease is a huge cause of chronic liver failure around the world. This condition has become more prevalent as rates of metabolic syndrome, type 2 diabetes, and obesity have also escalated. The unfortunate outcome for many people is liver cirrhosis that warrants transplantation or being unable to receive a transplant since many livers are discarded due to high levels of steatosis. Over the past several years, however, a great deal of work has gone into understanding the pathophysiology of this disease as well as possible treatment options. This review summarizes various defatting strategies including in vitro use of pharmacologic agents, machine perfusion of extracted livers, and genomic approaches targeting specific proteins. The goal of the field is to reduce the number of necessary transplants and expand the pool of organs available for use.

Keywords: liver; steatosis; defatting; molecular biology

# 1. Introduction

The liver is a complicated organ, and one of its main functions is to regulate lipid homeostasis through the interplay of various hormones, nuclear receptors, and transcription factors [1]. This includes conducting synthesis of new lipids, coordinating their transport to other parts of the body, and utilizing them as energy substrates [2]. Any imbalance between these pathways can result in the accumulation of fat. In the absence of alcohol consumption, non-alcoholic fatty liver disease (NAFLD) is characterized by the build-up of ectopic fat in the liver, also known as steatosis [3]. NAFLD is the current liver pandemic sweeping the globe. It is estimated that about 25% of the world's population is affected by NAFLD [4]. There is a very close association with dyslipidemia, type 2 diabetes, central obesity, and metabolic syndrome, each with an occurrence of 69%, 23%, 51%, and 43%, respectively [4]. Consequently, the rate of NAFLD diagnoses has been steadily rising with the ever-increasing obesity burden. Although the prevalence of this disease is so high, public knowledge of its existence and effects is still lacking.

More information is constantly being revealed on the pathophysiology of NAFLD, however, the general concept is that more lipids are being retained than the hepatocyte is able to expel. The four major pathways regulating lipid acquisition and disposal include uptake of free circulating fatty acids, de novo lipogenesis, fatty acid oxidation and transportation of lipid to the outside of liver as very low-density lipoproteins (VLDL) [5] (Figure 1). Focusing on the uptake of circulating lipids, it is directly proportional to the concentration of plasma free fatty acids (FFAs) that are mainly derived from the body's supply of adipose tissue [6]. This mechanism will be explored more in terms of genetic modifications that can be made to lipid transport proteins. Lipid accumulation can be characterized as either microsteatosis or macrosteatosis. Microsteatosis represents small lipid droplets that do not displace the cell's nucleus, and these livers generally are not associated with many complications. Macrosteatosis, which involves displacement of the nucleus, is a condition that can range from simple lipid build-up with minimal effects to

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). non-alcoholic steatohepatitis (NASH) that could result in fibrosis, cirrhosis, and eventual end-stage liver disease [3]. With these complications in mind, one can imagine how NAFLD has become a leading cause for liver transplantation as well as the reason for many livers not being suitable for donation. Donor liver steatosis is a significant risk factor for posttransplant complications due to its increased susceptibility to ischemia reperfusion injury (IRI) which could result in post-operative graft dysfunction, graft loss and requirement for re-transplantation [7].



**Figure 1.** Major pathways regulating lipid acquisition and disposal inside the liver. Uptake of free circulating lipids and de novo lipogenesis increase the amount of fat in liver cells. Several fatty acid oxidation mechanism and transport of fat as low density lipoproteins (VLDL) decrease the amount of fat inside the liver cells (Created with BioRender.com).

Regardless of how fat accumulates in the hepatocytes, its presence can result in endoplasmic reticulum, oxidative, and mitochondrial stress along with impaired autophagy [3]. The two-hit hypothesis was proposed in 1998 by Day and James to explain the pathogenesis of NAFLD [8]. According to their model, the "first hit" occurs when triglycerides (TGs) build-up in the hepatocytes. Inflammation and necrosis follow in the lipid-filled hepatocytes when the TGs undergo peroxidation, thus signifying the "second hit". With the progression of more cellular damage, NAFLD can evolve into NASH that is characterized by increased amounts of inflammation. Of the patients with NASH, approximately 5–18% develop cirrhosis, and when combined with fibrosis, about 38% develop cirrhosis [9]. Patients with NASH and fibrosis or cirrhosis are at an increased risk of hepatocellular carcinoma.

A large amount of research has gone into understanding the pathophysiology of NAFLD in order to find ways to prevent and possibly reverse fat accumulation in hepatocytes. This paper will review current in vitro defatting techniques and machine perfusion therapy along with exploring possible genomic approaches that could affect fatty acid transport into hepatocytes as well as de novo lipogenesis. Targeting specific genes and proteins involved in the mechanism of steatosis could be a potential avenue of future treatment for both donors and those on the transplant list.

# 2. In Vitro Defatting Techniques

Over the years, there have been several studies conducted to determine the effects of in vitro defatting strategies. In 2013, Nativ et al. explored the effect of macrosteatosis reduction approaches on lipid droplet size as well as hepatocyte viability and functions specific to the liver [10]. In this experiment, primary hepatocytes from lean Zucker rats were cultured in a medium with equal amounts of both oleic and linoleic acids to induce steatosis [10–12]. Then, forskolin (a glucagon mimetic), the PPAR $\alpha$  agonists (GW7647, GW501516), scoparone, hypericin (a pregnane X receptor [PXR] ligand), visfatin (an adipokine), and amino acids were used as a cocktail for defatting purposes [9]. This cocktail had been shown to reduce macrosteatosis by activating hepatocellular TG metabolism [12]. This study showed that macrosteatosis can be inducible in primary hepatocytes. They also concluded that accelerated macrosteatotic reduction led to a faster recovery of urea secretion and bile canalicular formation with the same viability as seen in lean rat hepatocytes. These results indicate that hepatocyte functional recovery is dependent on either macrosteatosis reduction time or direct effects of the SRS.

Nativ et al. conducted another study to determine the sensitivity of hepatocytes to hypoxia/reoxygenation (H/R) stress after exposure to defatting protocol [13]. They used the same protocol including SRS enriched with L-carnitine. They showed that the amount of steatosis is correlated with vulnerability to H/R injury, and lean or microsteatotic hepatocytes are resistant to injury. These macrosteatotic hepatocytes have less ability to produce ATP and that is related to increased production of reactive oxygen species. Lean and microsteatotic hepatocytes also showed improved activity in liver function like urea secretion and bile canalicular transport compared to those with macrosteatosis. They recommended that the lipid lowering defatting agents and combinations could be beneficial to overcome H/R stress and provide a possible recovery mechanism for discarded macrosteatotic liver grafts [13].

Another experiment conducted in 2016 by Yarmush et al. examined the use of a defatting cocktail, as described by Nativ et al. [10,13], on HepG2 cells with induced steatosis [14]. They performed their experiment under normoxic and hyperoxic conditions. They showed that TG storage levels decreased along with an increase in beta-oxidation, the tricarboxylic acid cycle, and the urea cycle. All these parameters were augmented by SRS and hyperoxic conditions. They also found that the rate of extracellular glucose uptake was miniscule compared to the amount supplied by glycogenolysis within the cell which has also active glycolysis. In conclusion, both glycolysis and beta-oxidation were occurring at the same time, which is not expected under normal conditions. Typically, glycolysis occurs when the body is in the fed state while beta-oxidation occurs during fasting. However, the combination of defatting agents does not mimic any known metabolic conditions, so the unusual result could be anticipated.

In 2018, Boteon et al. focused to determine the effect of defatting agents on primary human liver cells [15]. This was the first study to use primary human hepatocytes (PHH), which were isolated from discarded donor livers in this type of experiment. PHH cells were incubated with standard medium supplemented with FFAs, consisting of palmitic, linoleic, and oleic acids. Forskolin, GW7647, hypericin, scoparone, GW501516, visfatin, and L-carnitine were added and incubated for 48 h. They successfully reduced the intracellular lipid accumulation by 54% and TG levels by 35%. Furthermore, production of ketone bodies was increased, indicating that beta-oxidation was occurring at a higher rate. In cytotoxicity experiments, they used human intra-hepatic endothelial cells (HIEC) and human cholangiocytes, and the viability was measured for all cultures, including PHH. They demonstrated an 11% increase in viability of PHH treated with defatting drugs compared to the fatty control group. Moreover, there was no difference in viability between the treated and control groups of HIEC while the viability of human cholangiocytes improved, although this result was not statistically significant. It was the first study to prove that

defatting drug cocktails have efficacy in reducing lipid content of PHH while causing no harm to non-parenchymal cells.

Recently, Aoudjehane and colleagues used a novel defatting cocktail in 3 different human culture models: PHH with induced steatosis, PHH isolated from a steatotic liver, and precision-cut liver slices (PCLS) from a steatotic liver [16]. They used a similar defatting cocktail (including forskolin, L-carnitine, and a PPAR $\alpha$  agonist GW7647) in addition to two new agents, rapamycin and necrosulfonamide. Rapamycin is an immunosuppressant that can reduce steatosis by inhibiting mammalian target of rapamycin (mTOR). This action promotes lipogenesis, TG secretion, and macro-autophagy [17–19]. Necrosulfonamide (NSA) is an inhibitor of an effector in the necroptosis pathway that recently was revealed as a regulator of TG storage in the liver [20]. The new cocktail showed a significant decrease in lipid droplets and TG levels in steatosis-induced PHH, PHH isolated from fatty livers and also in PCLSs. Additionally, they reported a reduction in endoplasmic reticulum stress and reactive oxygen species production. By using PCLS, this study was the first to demonstrate defatting agents are successful in a model that maintains the 3D structure of liver tissue and the interactions between hepatocytes and other liver cell types. Table 1 summarizes chemicals that have been used in in vitro experiments.

First Author	Year	In Vitro Model	Defatting Strategy	Effects of Agents
Mao et al. [10]	2013	Rat hepatocytes	Forskolin, PPARα and δ agonist, scoparone, hypericin, visfatin, amino acids	Faster steatosis reduction; recovery of urea secretion and bile canalicular formation
Nativ et al. [13]	2014	Rat hepatocytes	Forskolin, PPAR $\alpha$ and $\delta$ agonist, scoparone, hypericin, visfatin, amino acids $\pm$ L-carnitine $\pm$ 90% O <sub>2</sub>	Higher reduction in TGs, increase in β-oxidation and ATP levels with L-carnitine and hyperoxia
Yarmush et al. [14]	2016	Human hepatoma cells	Forskolin, PPAR $\alpha$ and $\delta$ agonist, scoparone, hypericin, visfatin, amino acids $\pm 90\% O_2$	Decreased TGs, increased β-oxidation, TCA cycle and urea cycle, especially with hyperoxia
Boteon et al. [15]	2018	PHH, HIEC, human cholangiocytes	Forskolin, PPARα and δ agonist, scoparone, hypericin, visfatin, L-carnitine	PHH-decrease in lipids and TGs; increased viability of PHH and cholangiocytes; no cytotoxic effects on HIEC
Aoudjehane et al. [16]	2020	PHH, PHH from human fatty liver, human PCLS	Forskolin, L-carnitine, PPAR α and δ agonist, rapamycin, necrosulfonamide	Decrease in lipids and TGs and endoplasmic reticulum stress and production of reactive oxygen species

Table 1. Summary of In Vitro Defatting Techniques.

#### 3. Machine Perfusion Defatting Techniques

3.1. Preclinical Studies

The detrimental effects of static cold storage on transplantable livers have produced a need for a more efficient strategy to store organs for future use, such as ex vivo machine perfusion. Ex vivo machine perfusion has been shown to not only reduce storage injury, but also provides an opportunity to treat damaged livers before transplantation. Much research has gone into this field over recent years leading it to become an alternate strategy to reduce preservation injury [21].

Bessems et al. conducted a study to compare cold storage versus machine perfusion [21]. They induced macrosteatosis in a rat model by feeding it a methionine and choline-deficient diet before using either hypothermic cold storage or machine perfusion (4 °C) for 24 h. They reported that machine perfused livers had significantly less damage as well as higher bile production, ammonia clearance, urea production, oxygen consumption, and ATP levels compared to static cold storage samples. Additionally, Kron et al. tested similar experiment to determine the viability of machine perfused grafts after transplantation [22]. After inducing macrosteatosis, livers were transplanted after either <1 h of cold storage, 12 h of cold storage, 12 h of cold storage followed by 1 h of hypothermic oxygenated perfusion (HOPE) or 12 h of cold storage followed by 1 h of hypothermic nonoxygenated perfusion (HNPE). They reported that HOPE therapy before transplantation resulted in significantly decreased reperfusion injury evidenced by less oxidative stress, nuclear injury, macrophage activation and fibrosis after one week. However, these protective effects were lost with the absence of oxygen in the perfusate, and this study did not find any reduction in the level of steatosis after HOPE therapy. Early trials of normothermic (37 °C) machine perfusion with an oxygenated blood-based perfusion system showed that a reduction in steatosis could be achieved in porcine models [23]. Even without the addition of a pharmacologic defatting cocktail, Jamieson et al. observed a 13% reduction in diet-induced liver steatosis after 48 h of normothermic ex vivo machine perfusion. However, other studies have since shown that the use of defatting cocktails further enhances the effect of machine perfusion.

Nagrath et al. showed results describing a 65% reduction in hepatocyte TG content after normothermic perfusion with a defatting cocktail (PPAR $\alpha$  ligand (GW7647), a PPAR $\delta$ ligand (GW501516), hypericin, scoparone, forskolin and visfatin) for three hours [12]. They concluded that more oxygen availability led to an increase in beta-oxidation and subsequent reduction in steatosis. Although, normothermic perfusion alone still reduced TG content by 30%, demonstrating the inherent defatting capabilities of this technique. They further tested if subnormothermic (20 °C) perfusion with the same defatting cocktail [12] would have an equivalent effect while being easier to maintain [24]. The results revealed no significant reduction in intracellular lipid content after six hours of perfusion in livers from obese Zucker rats. This indicates that higher temperatures may be required for cellular metabolism, specifically for beta oxidation, to take place at a high rate.

Another novel mechanism for liver defatting was described by Vakili et al. and involves the use of glial cell line-derived neurotrophic factor (GDNF) [25]. They had previously explained the mechanism behind the protective effect of GDNF against high-fat diet-induced steatosis in mice by reducing PPAR $\gamma$  expression [26] and wanted to test the potential of it before transplantation. Steatotic and lean donor livers were both perfused with either the vehicle, GDNF, or the same defatting cocktail described previously. They found that GDNF was equally effective as the defatting agents [12] at reducing TG content in hepatocytes (>40% reduction); however, GDNF induced less liver damage than the defatting cocktail, indicated by a significant rise in lactate dehydrogenase activity. Moreover, GDNF may prove to be a more suitable option for treating livers ready for transplant.

In a recent study, Raigani et al. demonstrated how a defatting cocktail in normothermic perfusion improves markers of cell viability in mouse model [27]. They implemented the same defatting cocktail supplemented with L-carnitine and amino acids [12]. They showed a reduction in perfusate lactate and better bile quality along with a decrease in inflammatory markers such as tumor necrosis factor- $\alpha$  (TNF $\alpha$ ), NF- $\kappa$ B, and apoptosis markers, specifically caspase-3 and Fas cell surface death receptor. The results also showed an increase in gene expression of mitochondrial beta-oxidation markers; however, there was not a significant reduction in hepatocyte steatosis. They concluded that perhaps a clinical improvement in liver function is more important than decreasing lipid content alone. Table 2 summarize the preclinical studies.

#### 3.2. Clinical Trials

Although much work has been done dealing with fatty livers in animal models, researchers are still working out the kinks when conducting studies on human livers. In 2010, Guarrera and colleagues first experimented with human livers to see if hypothermic machine perfusion (HMP) would preserve the organs better than cold storage, and they found that HMP is promising to use before transplantation and may improve graft function depending on early biochemical markers [28]. Other studies have looked at using hypothermic machine perfusion to assess the quality of liver grafts [29,30]. Both groups used human livers, some potentially transplantable and some discarded mainly due to steatosis. The studies found that damaged livers released higher levels of injury markers such as AST, ALT, and lactate dehydrogenase (LDH). Discarded donor livers also had a lower ATP recovery rate compared to the potentially transplantable group. At hypothermic temperatures, both groups also found that the morphology was preserved with or without oxygen supplementation.

First Author	Year	Temperature of Perfusion	Additional Agents	Effects of Perfusion
Bessems et al. [21]	2007	Hypothermic	None	Less cell damage; increased bile production, ammonia clearance, urea production, O <sub>2</sub> consumption, and ATP levels
Kron et al. [22]	2017	HOPE HNPE	None	HOPE: less oxidative stress, nuclear injury, macrophage activation and fibrosis; no decrease in steatosis HNPE: loss of protective effects seen with HOPE therapy
Jamieson et al. [23]	2011	Normothermic	None	13% reduction in steatosis
Nagrath et al. [12]	2009	Normothermic	PPAR $\alpha$ and $\delta$ ligands, hypericin, scoparone, forskolin and visfatin	65% reduction in TG content
Liu et al. [24]	2013	Subnormothermic	PPAR $\alpha$ and $\delta$ ligands, hypericin, scoparone, forskolin and visfatin	No significant reduction in steatosis
Vakili et al. [25]	2016	Normothermic	GDNF or PPARα and δ ligands, hypericin, scoparone, forskolin and visfatin	GDNF: equally effective as defatting agents at lowering TGs, and caused less liver damage (rise in LDH activity)
Raigani et al. [27]	2020	Normothermic	PPARα and δ ligands, hypericin, scoparone, forskolin, visfatin, L-carnitine and amino acids	Decreased perfusate lactate, better bile quality, and decreased inflammatory markers; increased β-oxidation markers; no significant reduction in steatosis

Table 2. Summary of Machine Perfusion Techniques-Preclinical Studies.

Clinical trials using HOPE to preserve livers destined for transplant have also been underway in recent years. These studies evaluated liver function in transplant patients after their organ was preserved using HOPE or static cold storage. One study specifically looked at the risk of non-anastomotic biliary strictures (NAS) and found that livers preserved with HOPE had significantly less occurrences of biliary strictures, post reperfusion syndrome, and early allograft dysfunction [31]. Two other studies have also used HOPE to preserve grafts but observed differences in liver enzymes and function after transplantation [32,33]. Both groups found that patients who received livers preserved using HOPE had significantly lower levels of liver injury enzymes, graft dysfunction, 90-day complications and hospital stay. These results are very promising for the future of liver transplantation.

A great deal of research has also gone into the effects of normothermic machine perfusion on liver graft quality. There have been several studies specifically using normothermic perfusion to assess graft viability by evaluating markers like injury enzymes, lactate clearance, and bile production [34–36]. These studies were performed on previously discarded livers and determined that they were suitable for transplant after normothermic perfusion. Grafts perfused before transplant typically resulted in better patient outcomes and less post-surgery complications. There has also been more interest in normothermic perfusion for treating hepatic steatosis. For example, Liu et al. investigated changes in the lipid profiles on ten perfused livers [37]. They found that perfusate TG levels significantly increased from 1-h to 24-h of treatment; however, there was a decrease in perfusate levels of total cholesterol, high-density lipoproteins, and low-density lipoproteins. Additionally, there was no significant decrease in steatosis histologically. They believed their findings to be due to differences in hepatic morphology compared to animal models along with

the chronic accumulation of fat in humans compared to diet-induced steatosis in animal experiments. Although the increase in perfusate TGs indicates that active metabolism occurred in the grafts. Moreover, normothermic machine perfusion may be a potential starting point for liver defatting if combined with pharmacological cocktails.

Boteon and colleagues conducted an experiment using normothermic machine perfusion supplemented with a previously described defatting cocktail [12] to assess intracellular lipid reduction in ten discarded livers [38]. Compared to a control group perfused with vehicle only, the five livers perfused with defatting agents for six hours had a reduction in tissue TGs and macrosteatosis by 38% and 40%, respectively. The team also saw increased beta-oxidation with higher ATP production along with enhanced viability markers such as urea production, bile production, and lowered injury enzymes. With such promising results, one could get excited about the future of pre-transplant liver treatment. Even though the same group has previously demonstrated minimal cytotoxicity of these drugs directly on cholangiocytes and intrahepatic endothelial cells [16], the systemic effects have not yet been investigated in humans. More extensive trials would need to take place to establish drug safety before this defatting strategy could be implemented in patients. In Table 3, perfusion methods in clinical trials have been summarized.

Table 3. Summary of Machine Perfusion Techniques-Clinical Trials.

First Author	Year	Temperature of Perfusion	Additional Agents	Effects of Perfusion	
Guarrera et al. [28]	2010	Hypothermic	None	May improve graft function	
Monbaliu et al. [29] Abudhaise et al. [30]	2012 2018	Hypothermic	None	Discarded livers had higher levels of injury markers in the perfusate	
van Rijn et al. [31]	2021	HOPE	None	Less occurrence of biliary strictures, post reperfusion syndrome, and allograft dysfunction	
Czigany et al. [32] Ravaioli et al. [33]	2021 2020	HOPE	None	Lower levels of liver injury enzymes, graft dysfunction, 90-day complications, and hospital stay	
Watson et al. [34] Mergental et al. [35] Quintini et al. [36]	2018 2020 2022	Normothermic	None	Discarded livers were suitable for transplantation after perfusion	
Liu et al. [37]	2018	Normothermic	None	Increased perfusate TG levels during treatment; no significant decrease in steatosis histologically	
Boteon et al. [38] 2019 Normothermic		PPARα and δ ligands, hypericin, scoparone, forskolin and visfatin	Reduction in TGs and macrosteatosis, increased β-oxidation, higher ATP levels, and enhanced viability		

#### 4. Genomic Approaches for Defatting Strategies

Hepatic steatosis is the result of dysfunction between the four major pathways regulating lipid metabolism in the liver. These pathways include the uptake of fatty acids (FAs), de novo lipogenesis, beta-oxidation, and transport out of hepatocytes [5]. Abnormal levels of proteins associated with both the uptake and transport of lipids and de novo lipogenesis have been documented in patients with NAFLD, and these provide a potential target for treatment. Specifically, this section will focus on recent studies that have incorporated genomic approaches to influence the processes involved in intracellular lipid accumulation.

To begin with hepatocyte lipid transport, FAs are primarily moved into the cells by transporters with diffusion playing a much smaller role [39]. The main proteins involved in this process include fatty acid transport proteins (FATP), cluster of differentiation 36 (CD36), and caveolins, all located in the plasma membrane. Out of six possible FATPs, FATP2 and FATP5 are primarily found in the liver and have been implicated in the pathogenesis of NAFLD [40]. Studies have shown that both FATP2 and FATP5 are expressed at higher levels in patients with NAFLD that progresses to NASH [5].

Falcon et al. conducted a study to characterize the role of FATP2 in lipid transport [41]. By using an adeno-associated virus (AAV)-based knockdown strategy, they were able to inhibit the function of FATP2 in vivo using mouse models. One week after injection with the viruses, a 40% decrease in intracellular lipid uptake was observed in the FATP2 knockdown mice compared to control. The team also found that knockdown of FATP2 resulted in lowered liver TGs but did not affect hepatic free and esterified cholesterol levels. Liver injury enzymes, liver histology, and feeding behavior were also not affected by inhibition of FATP2, indicating this as a promising route for further investigation. Additionally, early studies also using AAV-based strategies showed that knockout of FATP5 also significantly reduces FA uptake in hepatocytes, TG content, and reverses steatosis [42,43].

CD36 is also found at higher levels in patients with NAFLD. CD36 is a translocase protein that aids in the transport of long-chain FAs and is regulated by PPAR- $\gamma$ , pregnane X receptor, and liver X receptor [44]. Wilson et al. determined the role of CD36 in the pathogenesis of NAFLD [45]. They found that deletion of the *Cd36* gene in mice fed with a high-fat diet resulted in reduced liver lipid content and hepatocyte FA uptake. Additionally, the mice had improved whole-body insulin sensitivity and reduced liver inflammatory markers, making this protein an excellent target for NAFLD gene therapy.

The caveolin protein family consists of three members, termed caveolins-1, 2, and 3, found in the plasma membrane and whose function is to facilitate protein trafficking and lipid droplet formation [40]. Early studies found that caveolin-1 levels were increased in mice fed a steatosis-inducing high-fat diet for 14 weeks, indicating that caveolins may be implicated in the pathogenesis of NAFLD [46]. In contrast, recently, Li et al. demonstrated that wild-type mice fed a high-fat diet with NAFLD had markedly reduced expression of the caveolin-1 gene [47]. Similarly, mice with caveolin-1 knockdown had augmented steatosis, increased plasma cholesterol, and elevated liver injury enzymes, whereas overexpression of the gene resulted in significantly attenuated lipid accumulation in hepatocytes. Another study aimed to determine the protective mechanism behind caveolins in NAFLD through both in vitro and in vivo methods [48]. Taken together, this study revealed decreased levels of caveolins and autophagy-related proteins when exposed to high levels of FAs for an extended period of time. They further concluded that the inhibition of Akt/mTOR pathway was involved in the protective role of caveolin-1 in autophagy and lipid metabolism in NAFLD.

Fatty acid binding protein (FABP) is another lipid transport protein that is found intracellularly. Following passage through the plasma membrane, lipids are not allowed to travel freely through the cytosol; instead, FABPs shuttle them between different organelles where various metabolic processes take place. Specifically, FABP1 is the predominant isoform found in the liver [40]. It is thought that FABP1 is cytoprotective due to its ability to facilitate the oxidation or TG incorporation of potentially lipotoxic FAs that accumulate in the cytosol [49]. An early study demonstrated that patients with NAFLD had much higher mRNA levels of FABP1 compared to controls [50]. The authors concluded that this was a compensatory mechanism where the cell attempted to store or release excess lipid. However, the enhanced FA trafficking may lead to storage of harmful lipid levels, promoting steatosis. Knocking out FABP1 in mice resulted in decreased hepatic TGs and lipid disposal pathways, as expected [51]. Additionally, a more recent study of FABP1 knockout found that expression of inflammatory and oxidative stress markers, as well as a marker of lipid peroxidation, were also significantly decreased [52]. Findings like these indicate that attenuation of FABP1 production could be a potential route of treatment for NAFLD.

De novo lipogenesis (DNL) enables the liver to synthesize new FAs from acetyl-CoA [5]. The two main enzymes involved are acetyl-CoA carboxylase (ACC) and fatty acid synthase (FASN). Once the new FAs have been synthesized, they must undergo a myriad of modifications before being stored as TGs or exported as VLDL particles [5]. Thus, an increased rate of DNL could easily cause accumulation of lipids inside hepatocytes, leading to steatosis and eventually NAFLD.

Two key transcription factors involved in the regulation of DNL include sterol regulatory element-binding protein1c (SREBP1c) and carbohydrate regulatory element-binding protein (ChREBP) [5]. Beginning with SREBP1c, it is activated by insulin and liver X receptor  $\alpha$  [53]. Studies have found elevated levels of SREBP1c in patients with NAFLD [54] along with an expected rise in hepatic TG levels in mice genetically engineered to overexpress the protein [55]. Moreover, SREBP1c knockout mice displayed decreased levels of mRNAs encoding enzymes like ACC and FASN, both critical for DNL [56]. ChREBP, on the other hand, is only activated by carbohydrates and does not facilitate fat-induced lipogenesis, whereas high-fat diets may reduce the activity of ChREBP [5]. Lizuka et al. reported that ChREBP knockout in mice resulted in reduced hepatic TG synthesis by 65%, but insulin resistance, delayed glucose clearance, and intolerance to simple sugars was also observed [57]. This goes to show the importance of ChREBP in both DNL and glucose metabolism. Another experiment demonstrated that ChREBP knockout protected against fructose-induced steatosis in mice while enhancing hepatic damage through increased cholesterol synthesis and resultant cytotoxicity [58]. This finding leads the authors to believe that ChREBP may have a cytoprotective effect by limiting cholesterol toxicity. Thus, increased levels of ChREBP in patients with NAFLD may be due to a defense mechanism to prevent progression to NASH. It has also been postulated that lipogenesis may cause steatosis but prevents disease conversion to NASH [59]. Finally, hepatic overexpression of ChREBP in mice produced steatosis from upregulated DNL, but also maintained insulin sensitivity and glucose tolerance [60]. As detailed, both transcription factors of DNL play important roles in the pathogenesis of NAFLD, however, it was concluded that SREBP1c is the predominant regulator [60]. Patients with NAFLD had lowered levels of ChREBP while SREBP1c was upregulated, causing increased activity of ACC and FASN.

As previously stated, ACC is a crucial enzyme that regulates the rate-limiting step of DNL and is elevated in response to SREBP1c in NAFLD patients. Early studies were conducted with knockout of different isomers of the enzyme. Mao et al. generated liverspecific ACC1 knockout mice where generation of malonyl-CoA, the product of ACC1, was 75% lower compared to control mice, and the livers accumulated 40–70% less TGs after feeding a fat-free diet for 10 days [61]. However, the synthesis of lipogenic enzymes was increased in ACC1 knockout livers, possibly due to overexpression of ACC2. Another study demonstrated that inhibition of both ACC1 and ACC2 achieved reversal of hepatic steatosis, reduced malonyl-CoA levels, and improved insulin sensitivity by increasing the rate of beta-oxidation [62]. Very recently, a great deal of work has been done to create small molecule inhibitors of ACC1 and 2. Matsumoto et al. used GS-0976 (fircosostat) in mice with diet-induced steatosis to inhibit both isoforms which resulted in significantly reduced TG hepatocyte content, histologically [63]. The small molecule also reduced the areas of hepatic fibrosis and treated high levels of liver injury markers, indicating a potential use in NASH as well as NAFLD. Another novel small molecule inhibitor specific for ACC1, called compound 1, has been investigated for its potential role in the treatment of NAFLD [64]. It has been shown that dual inhibition of ACC1 and 2 causes increase in plasma TG levels, which could be harmful to some patients [63]. However, selective ACC1 inhibition in mice did not affect plasma TG levels compared to controls while still achieving a significant reduction in hepatic steatosis and fibrosis. The study concluded that this effect is due to preserved activity of ACC2 that compensates for the loss of malonyl-CoA production from ACC1. Overall, these drugs show great promise in the future of NAFLD/NASH treatment.

FASN is another key enzyme involved in DNL whose primary role is converting malonyl-CoA to palmitate [5]. Similar to ACC, studies have also been done to show to effects of modifying the activity of FASN in hepatocytes. A study was conducted to evaluate the effects of FASN knockout in mice fed a zero-fat diet [65]. After prolonged fasting, the mice unexpectedly displayed hypoglycemia, fatty liver, and defects in PPAR $\alpha$  expression which is a transcription factor integral to beta oxidation of FAS. Overexpression of FASN did not induce any histological changes in liver; however, complete genetic ablation of FASN resulted in a decline in cell proliferation and a rise in apoptosis [65]. Although inhibition of FASN may improve liver viability by decreasing DNL, it seems to have more important regulatory properties that are disastrous for the cell if interrupted.

Another enzyme involved in liver lipid metabolism is stearoyl-CoA desaturase-1 (SCD1), and it is responsible for conversion of saturated Fas to monounsaturated Fas [5]. This effect is thought to be protective against NAFLD [60]. To corroborate this thought, Li et al. discovered that incubation of hepatocytes with saturated Fas lowered cell viability while incubation with monounsaturated Fas did not affect viability even though there was enhanced lipid accumulation [66]. Within the same study, SCD1 knockout was performed in mouse hepatocytes with diet-induced NASH and resulted in increased fibrosis and cellular apoptosis. Therefore, inhibition of SCD1 could exacerbate NAFLD or NASH due to excessive build-up of cytotoxic lipid species when monounsaturated Fas are not created to be safely stored. Overall, SCD1 proves to be a potential effective target for the treatment of NAFLD progression.

In a recent study, it has been shown that the transcription factor zinc fingers and homeoboxes 2 (ZHX2) also has a role in NASH models [67]. ZHX2 suppressed NASH progression in steatotic hepatic cells and downgraded inflammation and fibrosis in liver. Conversely, knocking out ZHX2 exacerbated NASH progression in animal models which was confirmed by increased lipid accumulation, aggravated inflammation, and increased fibrosis scores in liver. This protective effect is predominantly through activation of the phosphatase and tensin homolog (PTEN) gene by ZHX2.

In addition to the characterized genes and their functions in lipid accumulation in hepatocytes, functional genomics will help us find novel genes for defatting purposes. Recently, Hilgendor et al. used genome wide CRISPR screening for adipocytes and sorted the cells according to their lipid content. They identified candidate adipogenic regulators [68]. Similar experiments will shed light on hepatocyte lipid accumulation and will give us some novel targets to prevent fat accumulation in hepatocytes.

Improvement of techniques and a more affordable cost in next generation sequencing have allowed researchers to accumulate more genetic information from patients. In this regard, genome-wide association studies (GWAS) will identify genes and their associated alterations in the genome (called SNPs) with a trait or disease like NAFLD. Two independent groups used large cohorts (10k and 20k) to find a novel association between NAFLD and target genes in European ancestry [69,70]. PNPLA3 has been characterized as a risk factor for the susceptibility of fat accumulation. Further studies in different geographic locations and with more diversity in race are necessary to conclude the gene-trait interaction. Table 4 summarizes the gene manipulations for liver defatting.

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Gene	First Author	Year	Type of Modification	Effect of Genomic Modification
FATP2	Falcon et al. [41]	2010	Knockdown	Decreased lipid uptake and lower liver TGs
FATP5	Doege et al. [42] Doege et al. [43]	2006 2008	Knockout	Decreased lipid uptake, lower TGs, and reverses steatosis
CD36	Wilson et al. [45]	2016	Knockout	Decreased lipid uptake, lower TGs, improved insulin sensitivity and reduced inflammatory markers
Caveolin-1	Li et al. [47] Li et al. [47]	2017 2017	Knockdown Overexpression	Increased steatosis, plasma cholesterol, and liver injury enzymes Decreased lipid accumulation
FABP1	Martin et al. [51] Mukai et al. [52]	2009 2017	Knockout Knockout	Lower TGs and decreased lipid disposal pathways Decreased expression of inflammatory markers
SREBP1c	Shimano et al. [55] Liang et al. [56]	1997 2002	Overexpression Knockout	Higher TG levels Decreased ACC and FASN mRNA levels (needed for DNL)
	Lizuka et al. [57]	2004	Knockout	Lower TGs, but higher insulin resistance, delayed glucose clearance and simple sugar intolerance
ChREBP	Zhang et al. [58]	2017	Knockout	Protection against steatosis but enhanced hepatic damage
	Benhamed et al. [60]	2012	Overexpression	Produced steatosis but maintained insulin sensitivity and glucose tolerance

Table 4. Summary of Genomic Approaches for Liver Defatting.

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Gene	First Author	Year	Type of Modification	Effect of Genomic Modification
ACC1/ACC2	Mao et al. [61]	2006	Knockout	Less production of malonyl-CoA, less TG accumulation; increased synthesis of lipogenic enzymes
	Savage et al. [62]	2006	Knockdown	Reversed steatosis, reduced malonyl-CoA, improved insulin sensitivity, and increased β-oxidation
	Matsumoto et al. [63]	2020	Small molecule inhibitors (ACC1/2)	Lower TGs, reduced fibrosis and lowered liver injury markers; higher plasma TGs
	Tamura et al. [64]	2021	Small molecule inhibitors (ACC1)	Reduction in steatosis and fibrosis; no change in plasma TGs
FASN	Li et al. [65]	2016	Knockout	Hypoglycemia, liver steatosis, and decreased $\beta$ -oxidation; decline in cell proliferation and rise in apoptosis
SCD1	Li et al. [66]	2009	Knockout	Increased fibrosis and cellular apoptosis
ZHX2		2022	Overexpression	Stopped progression of steatosis and reduced liver inflammation
	Zhao et al. [67]		Knockout	Increased lipid accumulation, increased fibrosis and enhanced liver inflammation

Table 4. Cont.

### 5. Additional Interventions for Liver Defatting

Both surgical and medical interventions have been shown to have an effect on people diagnosed with NAFLD. For example, bariatric surgery is an option for patients with obesity-related diseases who are able to commit to long-term medical follow-up. It has been shown that after bariatric surgery, patients have significant improvement in steatosis (resolution of NASH in 80% of patients in first year following surgery), which is related to the improvement in insulin resistance [71,72]. In addition to the resolution of NASH, decreasing fibrosis in the liver could be beneficial for the health of the liver [73]. However, some studies have controversial results regarding improvement in liver fibrosis in NASH patients [72]. In a recent long term follow-up study, NASH resolution in liver samples was observed in 84% of patients 5 years after bariatric surgery, and the reduction in liver fibrosis was most prominent in the first year with continued progression through 5 years [74].

Another option to possibly treat people with NAFLD includes the use of currently available medicines. One of the major drivers of NASH is insulin resistance as well as the dominant characteristics of type 2 diabetes and obesity. In addition to insulin resistance, dysfunction and dysregulation of adipose tissue leads to increased circulating fatty acids, carbohydrates and causes generation of hepatic lipid accumulation, cell injury on hepatocytes, increased inflammation, and liver fibrosis in the long run [75–77]. Glucagonlike peptide 1 (GLP-1) is an intestinal hormone that has a role in regulation of glucose metabolism. It stimulates insulin secretion, proinsulin gene expression and  $\beta$ -cell proliferative and anti-apoptotic pathways, as well as inhibiting glucagon release, gastric emptying, and food intake [78]. GLP-1 receptor agonists are a class of drugs that are beneficial to break the insulin resistance pattern of NAFLD. Liraglutide (one of the FDA approved GLP-1 receptor agonists) has been shown to improve liver function levels and reduce liver fat progression [79]. It has histologically been proved that it is beneficial for NASH resolution at liver tissue [80]. Another GLP-1 receptor agonist, semaglutide, is approved for the treatment of type 2 diabetes [81] and is being studied for use in weight management [82]. Semaglutide has a similar mechanism of action as liraglutide, but the metabolic effects of semaglutide are more robust [83-85]. Besides its effect on control of diabetes and weight loss, it reduces the AST levels and inflammation markers in liver [86]. In a recent randomized, placebo-controlled, phase 2 trial, it has been showed that semaglutide increased the NASH resolution compared to placebo in patients with biopsy-confirmed NASH and liver fibrosis. However, they did not show improvement in liver fibrosis [87].

#### 6. Conclusions

NAFLD is an ever-growing problem affecting millions of people each day, but there is not currently a recommended treatment to prevent or cure this formidable disease. The increasing number of liver transplants due to NAFLD has led to a huge need for suitable donor livers to be available. In addition, many potential grafts are discarded because they are also too steatotic for successful transplantation. Much research has focused into defatting strategies to treat those living individuals with NAFLD and techniques to generate suitable donor grafts for transplantation. Medical and surgical interventions, targeting specific proteins or identification of novel target genes for defatting purposes, defatting using pharmacologic agents, and machine perfusion of extracted livers are all exciting avenues to explore for future treatment of this disease (Figure 2). However, issues are likely to arise with any method due to the extremely interconnected physiology of the liver where one change could have many effects far from the intended result. Therefore, all possibilities must be taken into careful consideration when developing treatments for NAFLD.



**Figure 2.** Overview of the different approaches for defatting purposes. Red arrow shows the beneficial effect of down regulation of target genes while green arrow demonstrates the positive effect of upregulation on defatting in third panel. Fourth panel summarizes the structure of known chemicals from in vitro defatting experiment. Perfusion of liver on normo- and hypothermic machine has great premise for future therapeutic approaches (Created with BioRender.com).

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# Article Convolutional Neural Network Model Based on 2D Fingerprint for Bioactivity Prediction

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Abstract: Determining and modeling the possible behaviour and actions of molecules requires investigating the basic structural features and physicochemical properties that determine their behaviour during chemical, physical, biological, and environmental processes. Computational approaches such as machine learning methods are alternatives to predicting the physiochemical properties of molecules based on their structures. However, the limited accuracy and high error rates of such predictions restrict their use. In this paper, a novel technique based on a deep learning convolutional neural network (CNN) for the prediction of chemical compounds' bioactivity is proposed and developed. The molecules are represented in the new matrix format Mol2mat, a molecular matrix representation adapted from the well-known 2D-fingerprint descriptors. To evaluate the performance of the proposed methods, a series of experiments were conducted using two standard datasets, namely the MDL Drug Data Report (MDDR) and Sutherland, datasets comprising 10 homogeneous and 14 heterogeneous activity classes. After analysing the eight fingerprints, all the probable combinations were investigated using the five best descriptors. The results showed that a combination of three fingerprints, ECFP4, EPFP4, and ECFC4, along with a CNN activity prediction process, achieved the highest performance of 98% AUC when compared to the state-of-the-art ML algorithms NaiveB, LSVM, and RBFN.

Keywords: activity prediction model; biological activities; bioactive molecules; convolutional neural network; deep learning

# 1. Introduction

Extraction of the structural activity relationship (SAR) [1,2] information from chemical datasets relies on the pairwise structural comparison of all toxicophore features and small molecules, which highlights the degree of the structural relationship between the compounds [3–6]. The Quantitative Structure–Activity Relationship (QSAR) can correlate the compound's chemical and structural features with its physicochemical or biological properties. The molecular descriptors are applied for encoding the features, while the QSAR model identifies the mathematical relationship between the descriptors and the biological features or other relevant properties of the known ligands for predicting the unknown ligands. These QSAR studies are able to reduce the failure costs of potential drug molecules, as they easily identify the promising lead molecules and reduce the number of expensive experiments. These are considered important tools in the pharmaceutical industry since they have identified many high-quality leads during the early stages of drug discovery.

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). A great deal of information is contained in the molecular structure of a compound: For example, it indicates the number of elements or describes its shape and electrostatic field [7,8]. The collection of atoms that constitute a molecule can be symbolically represented in many ways. It is not easy to determine the optimum approach that represents the molecular structure that is suited for all applications [9–11].

Generally, molecules are represented using their molecular or structural formulae and line drawings, which indicate the number of atoms for various elements present in the single molecule of a compound, for example,  $H_2O$  indicates the presence of two hydrogens and one oxygen atom in a water molecule. In many cases, the molecular formula alone cannot represent the chemical structure. For instance, in isomers, molecules with a similar molecular formula show a different atomic arrangement. The structural formula depicts the molecular structure and represents the individual bonds between all atoms as lines.

Many chemoinformatics methods are based on numerical descriptors that include a description of the molecular structure and properties. These descriptors are used as input data for various statistical and data mining techniques. The other types of property descriptors are generally used in the diversity analysis, selection of the representative compound subsets, combinatorial library design, and QSAR studies. Thus, the fingerprint  $\mathcal{X}$  of molecule A is represented using a sequence of numbers:

$$\mathcal{X}_{A} = \{x_1, x_2, x_3, \dots, x_n\}$$

where  $x_i$  refers to the i-th structural unit in molecule A, i.e., bonds, atoms, or fragments. The value n represents the length or size of all fingerprints, i.e., the number of molecular properties.

The 2D fingerprint descriptors are also used to provide a rapid screening step during substructure and similarity searches [1,10]. These 2D fingerprints are categorised based on the methods used, for example, the fragment dictionary and hashed methods illustrated in Figure 1. The fingerprints are generated using a fingerprinting process that converts a chemical structure into a binary form (i.e., a string of 0 s and 1 s). The binary form depicts the chemical shorthand, which indicates the presence/absence of the structural features in a molecule.



**Figure 1.** Two examples showing the generation of a molecular fingerprint: (a) Dictionary-based fingerprint and (b) hashed-based fingerprint.

The molecule-based fingerprints are represented by dividing the molecules into fragments of specific substructures and structural features. In this kind of representation, the fingerprint length is based on the number of fragments present in the dictionary, where every bit position in the binary string is assigned to one particular sub-structural feature in the dictionary. Thus, the bits can individually or in combination represent the presence or absence of the features [10,12].

The state-of-the-art 2D fingerprint technique used in the present study was based on QSAR, which can predict and measure all biological activities of the compounds. In this study, eight different 2D fingerprints were investigated for bioactivity prediction, which was generated using the PaDEL descriptor software. Here, the 2D fingerprint descriptors were used with the CNN model for predicting the biological activities and studying the combination and the integration of various fingerprints in the CNN architecture. The next sections describe the background and design of the novel technique. The performance of the proposed technique was evaluated after conducting several experiments based on the structure or bioactivity prediction.

## 2. Results

The proposed code was implemented in public DL software, Keras [13], based on Theano [14]. The experiments were conducted using the Dell Precision T1700 CPU system with 16 GB memory and the professional-grade NVIDIA GeForce GTX 1060 6 GB graphics.

The proposed novel CNN model for predicting the molecular bioactivities was a ligand-based activity prediction or target-fishing technique that could be used for unknown chemical compounds. It was a deep learning system consisting of an adapted molecular matrix representation, "Mol2mat", which incorporated all the substructural data on the molecules based on their fingerprint features for predicting their activities. This proposed CNN method was then compared to three different ML algorithms described in the WEKA-Workbench, NaiveB, LSVM, and RBFN, using optimal parameters obtained from previous work using the same datasets [15], as previously explained in Section 4.4.

We also determined the computing prediction accuracy of this deep learning system by applying the technique described in Section 4.2, using eight fingerprint representatives. The results derived from these fingerprints were then compared using the Analysis of variance (ANOVA) technique as a significance test and a violin-plot with boxplot charts. The five fingerprint representatives that showed the best CNN configuration were further chosen as the best representatives. This encompassed Stage 1 of the analysis and is described in detail below. In Stage 2, these five representatives were assessed using all probable combinations, such as 2, 3, 4, or 5. The results acquired from Stage 2 were further compared using their violin-plot charts, and the best fingerprint combination was noted. Stage 2 is described in more detail below. In Stage 3, all results were compared for the best combination derived from the previous stages with three known ML algorithms, NaiveB, LSVM, and RBFN. The proposed CNN model in this paper will be henceforth referred to as CNNfp.

#### 2.1. Benchmarking

The proposed technique was evaluated by comparing it with three other machine learning methods using WEKA-Workbench [16] methods, including a Naive Bayesian classifier (NaiveB) [17], LibSVM [18], and a Radial basis function network (RBFN) [19]. Finding the best values for the classifier's parameters is a difficult task. However, the best probable setup for the LSVM classifier was identified by the WEKA-Workbench. In this paper, the linear kernel was used for SVM, and the values of 0.1, 1.0, and 0.001 were used for the Gamma, Cost, and Epsilon parameters, respectively. For the NaiveB classifier, a supervised discretisation technique was used to convert the numeric attributes to the nominal attributes, while the minimal standard deviation limit for the RBFN classifier was 0.01. All the remaining parameters of the classifiers used the default values in the WEKA-Workbench.

## 2.2. Stage 1

In this stage, the prediction accuracies of the 24 activity classes present in an MDDR1, MDDR2, and Sutherland datasets were determined and compared using eight fingerprint



representatives. Figure 2 summarises the CNN configuration, which used the Mol2mat molecular representation.

Figure 2. A summary of the proposed CNN configuration that uses the Mol2Mat representation.

In Stage 1, the eight fingerprints described above were studied based on two parameters. The first parameter included the accuracy response vs. the number of iterations, while the second parameter included the MSE response vs. the number of epochs. These were studied in a 2D graph consisting of the training data results.

Figure 3a presents a graphical result for the number of iterations vs. the accuracy. It also presents eight lines of the different fingerprints. The ECFC4 fingerprint displayed a speed augmentation in their prediction accuracy from the third epoch, whereas the EPFP4 fingerprint showed better accuracy in 17 epochs. However, the AlogP and the MDL fingerprints displayed the lowest prediction accuracy values. The mean squared error or loss value showed similar results to the accuracy performance, as shown in Figure 3b. The novel CNN model could accurately predict biological activities with an average MSE value of 0.0054 for ECFC4 and 0.002 for the ECFP4 fingerprints.

Figure 4 shows the comparison of the prediction accuracy values for Stage 1 experiments that were conducted using the CNN model for eight fingerprint representatives using the violin-plot charts. The construction of violin-plot charts is shown on the right-hand side of this figure.



Figure 3. Evaluation of eight fingerprints based on their (a) accuracy and (b) MSE performance.



Figure 4. Prediction accuracy values of the CNN model for the eight fingerprint representatives using the violin-plot charts.

The violin-plot charts are able to remove the conventional boxplot elements and plot each activity class as a single point. Figure 2 indicates that the eight fingerprint representatives showed a clear difference in their average prediction accuracy values. The ECFC4 showed the best average accuracy of 90.17. The graph fingerprint came next with a value of 74.84, closely followed by the CDKFp and ECFP4 fingerprints, which showed similar average accuracy values of 72.28 and 71.97, respectively. The worst average accuracy values were displayed by PubChem (53.88), MDL 26.25, and AlogP, with an accuracy value of only 22.45. Using these results, and based on the ANOVA significant test results, a small *p*-value of 0.04 was noted, which highlighted the difference between all the fingerprints.

Furthermore, the AlogP, MDL, and PubChem fingerprints were regarded as the worst contenders as they showed a higher variance between all the biological activity classes. Thus, CDK, ECFP4, ECFC4, EPFP4, and graph were some of the best fingerprints and could be forwarded to Stage 2 to improve all the results based on the probable combination cases of two, three, four, or five of the best fingerprints. The combinations were based on the fusion of the extracted feature levels.

In this stage, we used better techniques to combine the various sources of knowledge available in the area of deep learning [20–22]. Firstly, we proposed a feature extraction step to present each selected molecular fingerprint. This combination significantly improved the models, since they could benefit from every molecular fingerprint and combine all the extracted features from various sources after a flattened layer, which followed the max-pooling layer. This helped them convert the 2D matrix data into the vector. As a result, they could process the output data using the fully connected layers, known as the dense layers. This section described the CNN architecture utilised in this study and how many CNN architectures can be combined into a single model. The next section will describe the performance evaluation.

## 2.3. Stage 2

In this stage, the prediction accuracies for the different combination cases of the five fingerprint representatives were determined. Table 1 presents 26 possible combinations for these five fingerprints, including combinations of two, three, four, and five combinations of the CDK, ECFP4, ECFC4, EPFP4, and graph fingerprints. Henceforth, each combination case will be based on its name (A–Z), and each row will represent one combination case. Case A consists of two combinations, while Case Z consists of five fingerprint combinations.

 Table 1. Probable combination cases for the five best fingerprints.

Labels	Combination	CDK	ECFP4	EPFP4	Graph	ECFC4
А	2	$\checkmark$	$\checkmark$			
В	2	$\checkmark$		$\checkmark$		
С	2	$\checkmark$			$\checkmark$	
D	2	$\checkmark$				$\checkmark$
Е	2		$\checkmark$	$\checkmark$		
F	2		$\checkmark$		$\checkmark$	
G	2		$\checkmark$			$\checkmark$
Н	2			$\checkmark$	$\checkmark$	
Ι	2			$\checkmark$		$\checkmark$
J	2				$\checkmark$	$\checkmark$
K	3	$\checkmark$	$\checkmark$	$\checkmark$		
L	3	$\checkmark$	$\checkmark$		$\checkmark$	
М	3	$\checkmark$	$\checkmark$			$\checkmark$
Ν	3	$\checkmark$		$\checkmark$	$\checkmark$	
0	3	$\checkmark$		$\checkmark$		$\checkmark$
Р	3	$\checkmark$			$\checkmark$	$\checkmark$
Q	3		$\checkmark$	$\checkmark$	$\checkmark$	
R	3		$\checkmark$	$\checkmark$		$\checkmark$
S	3		$\checkmark$		$\checkmark$	$\checkmark$
Т	3			$\checkmark$	$\checkmark$	$\checkmark$
U	4	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	
V	4	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$
W	4		$\checkmark$		$\checkmark$	$\checkmark$
Х	4	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$
Y	4		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Ζ	5	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$

The colors are used to differentiate between each level. Combination of 2 blue; Combination of 3 orange; Combination of 4 yellow; Combination of 2 green.

The 26 combinations of the five fingerprints were investigated, as shown in Table 1. Figures 5 and 6 summarise the CNN configuration for the combination case between the CDK, ECFP4, and EPFP4 fingerprints, referred to as "K", as an example using the Mol2mat molecular representation. As seen in both figures, the model has three branches, with a matrix ( $32 \times 32$ ) as the input and two Conv. layers and max-pooling for each branch concatenate layer to merge all extracted features into one array. Finally, there are two hidden layers with 256 and 128 neurons and an output layer with 10 outputs. Rectified linear activation functions are used in each hidden layer, and a SoftMax activation function is used in the output layer.

0         0         0         160       input_1[0][0]         160       input_2[0][0]         160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
0         0         160       input_1[0][0]         160       input_2[0][0]         160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
0         160       input_1[0][0]         160       input_2[0][0]         160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
160       input_1[0][0]         160       input_2[0][0]         160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
160       input_2[0][0]         160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
160       input_3[0][0]         2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
2320       conv2d_1[0][0]         2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
2320       conv2d_3[0][0]         2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
2320       conv2d_5[0][0]         0       conv2d_2[0][0]         0       conv2d_4[0][0]         0       conv2d_6[0][0]         0       max pooling2d 1[0][0]
0     conv2d_2[0][0]       0     conv2d_4[0][0]       0     conv2d_6[0][0]       0     max pooling2d 1[0][0]
0 conv2d_4[0][0] 0 conv2d_6[0][0] 0 max pooling2d 1[0][0]
0 conv2d_6[0][0] 0 max pooling2d 1[0][0]
0 max pooling2d 1[0][0]
0 max_pooling2d_2[0][0]
0 max_pooling2d_3[0][0]
0 dropout_1[0][0]
0 dropout_2[0][0]
0 dropout_3[0][0]
0 flatten_1[0][0] flatten_2[0][0] flatten_3[0][0]
2,408,704 concatenate_1[0][0]
32,896 dense_1[0][0]
0 dense_2[0][0]
2,

**Figure 5.** A summary of the CNN configuration for a combination case named "K" using a Mol2mat representation.



Figure 6. A CNN Model configuration for a combination case named "K" using the Mol2mat representation.

Figure 7 compares the prediction accuracy values for the Stage 2 experiments for all 26 combination cases with the help of violin-plot charts.





The results in Figure 7 show a *p*-value of 0.031 based on the ANOVA significance test results, indicating that the difference between all the combination cases is significant. The violin-plot charts plotted each activity class as the point. It was seen that the D, O, R, and T combination cases displayed the highest prediction accuracy, >80%, and a low variance amongst all the activity classes. The combination cases were plotted in different boxplot charts to determine the distribution of the activity classes based on the low- and high-diversity values noted for each activity class. Figure 8 compares the prediction accuracies for all experiments in Stage 2 for the D, O, R, and T combination cases, which were plotted using the Boxplot charts.



**Figure 8.** A comparison of the prediction accuracies for the D, O, R, and T combination cases, plotted using the boxplot charts.

Based on the violin-plot charts presented in Figure 7 and the Boxplot chart shown in Figure 8, a *p*-value of 0.048 was calculated based on the ANOVA significance test results. This indicated the significance of the difference between all the models. The R combination displayed the best average prediction accuracy of 99.17, indicating that a combination of the three fingerprints, ECFP4, EPFP4, and ECFC4, showed good performance compared to the other combinations.

The R combination also showed a lower variance of 5.52 compared to the other cases. Furthermore, this combination showed higher stability even when placed in a high- or low-diversity class. Meanwhile, the D, O, and T combinations displayed a mean prediction accuracy of 97.45, 97.03, and 97.72, respectively. They also displayed higher variance than the R combination. These combination cases showed a variance prediction accuracy of 12.62, 17.97, and 10.81, respectively, indicating that R was the best fingerprint combination seen in Stage 2.

#### 2.4. Stage 3

In Stage 3, the authors compared the results for the best combination of ECFP4, EPFP4, and ECFC4, as established in Stage 2, with those obtained from the standard ML algorithms existing in a WEKA-Workbench: NaiveB, LSVM, and RBFN.

Tables 2–4 show the sensitivity, specificity, and AUC values for all the datasets used here. A visual inspection of all tables could be used to compare the performance of the prediction accuracies of all four algorithms. However, the authors applied a quantitative boxplot chart to compare these algorithms. This process quantifies the agreement level between all the multiple sets and ranks the different objects.

Activity		CNNfp			NaïveB			RBFN			LSVM	
Index	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC
7707	1.00	1.00	1.00	0.99	1.00	0.99	0.63	1.00	0.82	0.93	0.95	0.94
7708	1.00	1.00	1.00	0.97	1.00	0.99	0.51	1.00	0.75	0.96	0.96	0.96
31420	1.00	1.00	1.00	1.00	1.00	1.00	0.96	0.96	0.96	0.92	0.99	0.96
42710	0.99	0.99	0.99	0.94	1.00	0.97	0.43	1.00	0.72	0.95	0.99	0.97
64100	0.97	0.99	0.98	0.95	1.00	0.97	0.97	0.90	0.94	0.96	0.99	0.98
64200	0.96	0.99	0.98	0.87	0.95	0.91	0.43	1.00	0.71	0.94	1.00	0.97
64220	1.00	1.00	1.00	0.97	0.99	0.96	0.95	0.97	0.96	0.92	1.00	0.96
64500	1.00	1.00	1.00	0.91	0.93	0.92	0.44	1.00	0.72	0.84	0.95	0.90
64350	1.00	1.00	1.00	0.94	0.96	0.95	0.80	1.00	0.90	0.90	0.94	0.92
75755	1.00	1.00	1.00	0.94	0.98	0.96	0.76	1.00	0.88	0.94	0.97	0.96
mean	0.98	0.99	0.99	0.94	0.98	0.96	0.69	0.98	0.84	0.93	0.97	0.95

Table 2. Sensitivity, specificity, and AUC values for all the prediction models using an MDDR1 dataset.

Table 3. Sensitivity, specificity, and AUC values for the prediction models using an MDDR2 dataset.

Activity		CNNfp			NaïveB			RBFN			LSVM	
Index	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC
9249	1.00	1.00	1.00	0.91	0.99	0.95	0.82	0.98	0.90	0.95	0.97	0.96
12455	1.00	1.00	1.00	0.88	0.97	0.92	0.66	0.98	0.82	0.93	0.96	0.94
12464	1.00	1.00	1.00	0.85	0.99	0.92	0.75	0.95	0.85	0.89	0.97	0.93
31281	1.00	1.00	1.00	0.94	1.00	0.97	0.53	1.00	0.76	0.95	0.97	0.96
43210	0.99	0.99	0.99	0.84	0.99	0.91	0.78	0.97	0.87	0.93	0.96	0.94
71522	1.00	1.00	1.00	0.82	0.99	0.91	0.75	0.97	0.86	0.91	0.97	0.94
75721	1.00	1.00	1.00	0.91	0.99	0.95	0.86	0.98	0.92	0.96	0.97	0.96
78331	0.98	0.99	0.99	0.81	0.96	0.89	0.79	0.93	0.86	0.81	0.96	0.88
78348	0.99	0.99	0.99	0.65	0.99	0.82	0.74	0.96	0.85	0.88	0.97	0.92
78351	0.99	0.99	0.99	0.82	0.94	0.88	0.59	0.96	0.78	0.91	0.95	0.93
mean	0.99	0.99	0.99	0.84	0.98	0.91	0.73	0.97	0.85	0.91	0.97	0.94

Table 4. Sensitivity, specificity, and AUC values for the prediction models using a Sutherland dataset.

A ativity Class		CNNfp			NaïveB			RBFN			LSVM	
Activity Class	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC	Sens	Spec	AUC
Estrogen receptor	1.00	1.00	1.00	1.00	1.00	1.00	0.62	0.70	0.64	0.98	1.00	0.99
Dihydrofolate reductase	0.99	0.99	0.99	0.99	1.00	0.99	0.86	0.80	0.84	0.90	0.98	0.94
Cyclooxygenase-2 inhibitors	1.00	1.00	1.00	1.00	0.99	1.00	0.93	0.76	0.84	1.00	0.99	0.99
Benzodiazepine receptor	1.00	1.00	1.00	0.94	0.61	0.78	0.99	0.65	0.82	0.95	0.92	0.93
mean	0.99	0.99	0.99	0.98	0.90	0.94	0.85	0.73	0.79	0.95	0.97	0.96

Boxplot charts were used to assess the performance of a set of fingerprints, ECFP4, EPFP4, and ECFC4, using three algorithms (RBFN, NaiveB, and LSVM).

Here, MDDR1, MDDR2, and the Sutherland datasets, with their activity classes described in Tables 5–7, were regarded as judges. In contrast, parameters such as sensitivity, specificity, and AUC, measured using different prediction algorithms, were regarded as objects. The outputs of this test included *p*-value, median, and variance. Figure 9 shows the results of the boxplot chart, where the sensitivity values of the six algorithms were compared. The results show a *p*-value of 0.008 based on the ANOVA significance test results, which revealed a significant difference between all algorithms. The CNNfp algorithm showed a high sensitivity of 0.985, while the NaiveB and LSVM ML algorithms showed a high variance of 0.15 and 0.23, respectively, compared to the CNNfp. Diversity in all sensitivity values was especially seen in the algorithms that displayed a variance of  $10^{-4}$ . Furthermore, these models showed a mean sensitivity of 0.90 and 0.74, respectively.

Activity Index	Activity Class	Active Molecules	Pairwise Similarity
07707	Adenosine agonists A1	207	0.229
07708	Adenosine agonists A2	156	0.305
31420	Rennin inhibitors	1130	0.290
42710	CCK agonists	111	0.361
64100	Monocycliclactams	1346	0.336
64200	Cephalosporins	113	0.322
64220	Carbacephems	1051	0.269
64500	Carbapenems	126	0.260
64350	Tribactams	388	0.305
75755	Vitamin D analogues	455	0.386

Table 5. MDDR activity classes for DS1 dataset.

Table 6. MDDR activity classes for DS2 dataset.

Activity Index	Activity Class	Active Molecules	Pairwise Similarity
09249	Muscarinic (M1) agonists	900	0.111
12455	NMDAreceptor antagonists	1400	0.098
12464	Nitric oxide synthase inhibitor	505	0.102
31281	Dopamine hydroxylase inhibitors	106	0.125
43210	Aldose reductase inhibitors	957	0.119
71522	Reverse transcriptase inhibitors	700	0.103
75721	Aromatase inhibitors	636	0.110
78331	Cyclooxygenase inhibitors	636	0.108
78348	Phospholipase A2 inhibitors	617	0.123
78351	Lipoxygenase inhibitors	2111	0.113

Table 7. Sutherland activity classes.

Activity Class	Active Molecules	Pairwise Similarity
Estrogen receptor	141	0.468
Ddihydrofolate reductase	393	0.502
Cyclooxygenase-2 inhibitors	303	0.687
Benzodiazepine receptor	306	0.536



**Figure 9.** Boxplot chart results based on comparing the sensitivity values of different algorithms: CNNfp, NaiveB, RBFN, and LSVM.

Figure 10 shows the boxplot chart results after comparing the specificity values of the CNNfp, NaiveB, RBFN, and LSVM algorithms. The NaiveB and RBFN ML algorithms showed a higher variance of 0.01 and 0.04, respectively, compared to the CNNfp. This diversity in all specificity values was especially seen in the algorithms that displayed a

variance of  $2.5 \times 10^{-5}$ . Furthermore, the CNNfp algorithm showed a high specificity value of 1.0, whereas the NaiveB and the RBFN algorithms displayed average specificity values of 0.99 and 0.98, respectively. The results showed a small *p*-value of  $3.5 \times 10^{-5}$ , highlighting a significant difference between all algorithms.



**Figure 10.** Boxplot chart results based on comparing the specificity values of different algorithms: CNNfp, NaiveB, RBFN, and LSVM.

Figure 11 describes the Boxplot chart results after comparing the AUC values of the CNNfp, NaiveB, RBFN, and LSVM algorithms. The LSVM, NaiveB, and RBFN ML algorithms showed a higher variance of 0.125, 0.083, and 0.033, respectively, compared to CNNfp. This diversity in all AUC values was especially seen in the algorithms that displayed a variance of  $4.13 \times 10^{-5}$ . A combination of the Mol2mat with the CNNfp algorithm showed an AUC value of 0.99, whereas the LSVM, NaiveB, and RBFN algorithms displayed higher average AUC values of 0.96, 0.99, and 0.85, respectively. The results showed a *p*-value of  $4.2 \times 10^{-3}$ , highlighting a significant difference between all algorithms.



Figure 11. Boxplot chart results based on the comparison of the AUC values of different algorithms: CNNfp, NaiveB, RBFN, and LSVM.

The boxplot chart results (Figures 9–11) showed that the use of CNNfp was very efficient and convenient and presented less severe outliers in comparison to the NaiveB, RBFN, and LSVM algorithms, thereby indicating the effectiveness of this prediction approach. The results presented in Tables 2–4 for all three datasets show that the combination of ECFP4, EPFP4, and ECFC4 fingerprints with a CNN activity prediction method resulted in the lowest variance for the sensitivity, specificity, and AUC values for all activity classes compared to the traditional NaiveB, RBFN, and LSVM algorithms. These results suggest that a deep learning technique could be a promising, novel, and effective method of predicting the activities of a range of chemical compounds.

# 3. Discussion

## 3.1. Similarity Searching

Comparing unknown molecules to known chemical compounds allows us to predict the activities of targets that are unknown compounds. Thus, the target compounds will exhibit the activities of similar compounds. Several successful target prediction techniques have been proposed in the literature [11,23,24]. For example, the authors in [25] implemented a method for activity prediction using the Multi-level Neighbourhoods of Atoms (MNA) structural descriptor. This descriptor is generated based on the connection table and the table of atoms that represent each compound. A specific integer number is given to each descriptor according to its dictionary. The Tanimoto coefficient was effectively used to calculate the molecular similarity. The target compound activities were then predicted based on the activities of the most similar known compound.

A number of machine learning techniques have been used for activity prediction (target), including Binary Kernel Discrimination (BKD), Naive Bayesian Classifier (NBC), Artificial Neural Networks (ANN), and Support Vector Machines (SVM). The authors of [26] predicted five different ion channel targets using BKD and two different types of activity data. They found that the effectiveness of the model increased using highly similar activity classes. However, if this similarity was too low, the models would not work. As it is simple to build a network to include many sources of significant information about molecular structure, the authors of [27] used data fusion to aggregate the results of BIN searches using multiple reference structures. The authors in [28] presented a new classifier of Kinase Inhibitors using the NBC model. One advantage of this method that was noted is finding compounds that are structurally unrelated to known actives or novel targets for which there are inadequate data to develop a specific kinase model. In [29], the authors summarised how networks could conduct the equivalent of discriminant and regression analyses and underlined how initial overtraining and overfitting could lead to poor prediction performance. According to their predictions, the next revolution in QSAR will focus on developing better descriptors for connecting chemical structure to biological activity. The authors of [30] created a set of SVM classifiers that collectively account for 100 different forms of drug molecule action.

In their study, the multilabel-predicted chemical activity profiling was successfully accomplished by SVM classifiers, and they suggest that the proposed approach can forecast the biological activities of unidentified chemicals or signal negative consequences of drug candidates. In [11,31], the Bayesian belief network classifier was applied to predict the compound's target activities. The authors applied a novel technique to extend previous work, based on a convolutional neural network that uses the 2D fingerprint representation to predict the possibly bioactive molecules. The proposed CNN model for activity prediction also included the substructural information of the molecule.

### 3.2. Convolutional Neural Network for Biological Activity Prediction

In [32], the authors used Merck's drug discovery datasets and showed that Deep Neural networks (DNN) could obtain better prospective predictions than the existing machine learning methods. In addition, The Multi-Task Deep Neural Network (MT-DNN) model [33] demonstrated good performance by training the neural network with a number of output neurons, where the input molecule's activity is predicted by every neuron using different assays. In addition, [34–36] demonstrated how MT-DNN may be scaled to incorporate big databases such as PubChem Bioassays [37] and ChEMBL [38].

However, several issues and limitations still exist with the current methods. For instance, these methods work with targets that already have more available data and, thus, they cannot predict novel targets. Additionally, the current DL approaches rely on fingerprints, such as ECFP [39], which limit feature discovery to the composition of the particular chemical structures identified by the fingerprinting process [10,34,40]. This reduces their ability to discover arbitrary features. Moreover, the existing DL methods are blind to the target, as they are not able to elucidate the potential molecular interactions.

Another commonly used method is applying the similarity principle [41], which claims that substances with similar structures have similar biological characteristics. However, the authors in [42] discovered that it frequently fails because minor structural modifications can diminish the ligand's pharmacological activities that describe the molecular similarity within the substructures.

In order to address these issues and limitations, a novel Convolutional Neural Network (CNN)-based model using a 2D Fingerprint was proposed in this study for bioactivity prediction. This technique can be used for several applications such as bioactivity prediction, molecular searching, molecular classification, and virtual screening. The next section provides a description of how the suggested strategy was developed.

## 4. Materials and Methods

This section explains how this model is used for identifying and predicting the bioactivities of chemical compounds. First, we describe how various experimental benchmarks can be built and then utilised for system testing. Next, we discuss the systems for input representation and data encoding and deep convolutional network architecture.

### 4.1. Data Sets

The proposed prediction model was experimentally evaluated using multiple datasets. This study used three datasets (Tables 5–7), which were described earlier in [43,44] and used in several studies for validating the ligand-based virtual screening methods [7,11,24,31,45,46].

The datasets used are disparate, including a structurally homogeneous dataset, as shown in Figure 12, and a structurally diverse dataset, as shown in Figure 13 [3].

The original version of the MDDR database includes 707 distinct activity classes. The mean pair-wise similarity (MPS) was then computed for each activity class. The mean pair-wise similarity (MPS) of each set of active molecules was used to estimate the diversity. The mean pairwise similarity (MPS) for 102,000 compounds selected randomly from MDDR was 0.200. Figure 14 presents how the MPS can divide the dataset into high- and low-diversity active classes, so that the cut-off point between the high- and low-diversity groups is equal to 0.200. This method is briefly explained and demonstrated in [3].

These datasets, MDDR1 and MDDR2, comprise 10 homogeneous and heterogeneous activity classes; the Sutherland dataset comprises four activity classes each. Tables 5–7 list the activity classes, molecules in each class, and diversity between classes. These tables were created using ECFP4 to estimate the mean pairwise Tanimoto similarity across all of the chemical pairs within each class (extended connectivity).

As noted above, the MPS values identify the diversity of activity classes that are used to evaluate the similarity search methods and biological activity prediction. Thus, the MPS values were used to compare the three used databases, as shown in Figure 15.



Figure 12. Examples of low-diversity molecules in the MDDR dataset.



Figure 13. Examples of high-diversity molecules in the MDDR dataset.



Figure 14. The average pairwise similarity (MPS) across each set of active molecules.

Box plots are the chart type that is used to visually present the distribution of all numerical data based on their average values and quartiles (or percentiles). Generally, box plots are applied in descriptive statistics since they help in overviewing the set of distributed data along with its range. The right-hand side of Figure 15 depicts the creation of a box, while the median MPS value is represented by the medium segment in the box. The first and third quartiles' MPS values are shown in the lower quartile and the upper quartile, while an empty circle represents the outlier.



Figure 15. Comparison of MPS values of the three databases using boxplot.

#### 4.2. Input Representation

One of the major issues affecting chemoinformatics and QSAR applications is the need for good input features. The general graph-based storage format for chemical compounds' numerical properties can be calculated using a variety of techniques. Fingerprints are a specific type of complex descriptor that detects the feature distribution from the bit string representations [3]. However, a feature extraction step was necessary to analyse the data in the machine learning technique. The performance of all learning algorithms is enhanced by this stage, which aids in expressing the interpretable data in the machines. Even the best algorithms may perform poorly if the wrong features are used, while simple techniques also perform well if suitable features are applied. Feature extraction techniques can be unsupervised or manually conducted. Here, the authors have presented a new molecular representation, Mol2mat (molecule to matrix), used to reshape each fingerprint molecule representation into a 2D array malleable for use in deep learning architecture.

In this study, the authors investigated eight different 2D fingerprints that were generated using Scitegics Pipeline Pilot software [47]. These included the 120-bit ALOGP, 1024-bit CDK (CDKFP), 1024-bit Path Fingerprints (EPFP4), 1024-bit ECFP4, 1024-bit ECFC4, 1024bit Graph-Only Fingerprints (GOFP), 881-bit PubChem Fingerprints (PCFP), and the 166-bit Molecular Design Limited (MDL) fingerprints. Table 8 describes the storage of the fingerprint representatives for every molecule in a 2D array, with the help of the row-major order, and also describes every matrix representation Mol2mat size for each fingerprint.

Fingerprint	Features Size	$\sqrt{Features Size}$	Mol2mat Size $n \times n$
ALOGP	120	10.95	$11 \times 11$
CDK	1024	32	$32 \times 32$
ECFC4	1024	32	$32 \times 32$
ECFP4	1024	32	$32 \times 32$
EPFP4	1024	32	$32 \times 32$
GOFP	1024	32	$32 \times 32$
PCFP	881	29.68	$30 \times 30$
MDL	166	12.88	$13 \times 13$

Table 8. Details of every matrix size for every fingerprint.

To show the difference between different 2D fingerprint representations used in this paper, the authors plotted the scatter graphs in Figure 16 using 5083 molecules (from the MDDR dataset) that are grouped into ten activity classes. These scatter plots were used to establish the relationships between the various compounds belonging to the same class. The molecules were represented by different individual 2D fingerprints and descriptors. In addition, to represent their features, the representation was reduced to a 3D structure using the Principal Component Analysis (PCA) method.



**Figure 16.** 3D–scatter plots based on seven fingerprints and representations of descriptors: (a) ALogP, (b) CDKFp, (c) ECFP4, (d) EPFP4, (e) GraphOnly, (f) MDL, and (g) PubchemFp of 5083 different molecules that were selected from the 10 biological activity classes of the MDDR dataset.

As shown in Figure 16, the ECFP4 2D fingerprint representation can be easily observed and was not overlapping. In addition, the molecules' biological activities can be segregated. This shows that the suggested 2D fingerprint representation may be successfully used for predicting the biological activity of various chemical substances.

After the generation of the eight fingerprints, the molecular fingerprints were stored in a 2D array using the row-major order, as shown in Algorithm 1.

Algorithm 1 is A summary of the storage of the fingerprints in a 2D array to yield the Mol2mat presentation.

### Algorithm 1: Storing fingerprint in a 2D array

```
1 INPUT: FP:array of Fingerprint molecular representation.
 2
              N:size of matrix
 3 OUTPUT: Mol2Mat: matrix of FingerPrint representation;
 4 Begin
 5 P \leftarrow Get_fingerprint_features_size(FP) Using Table 4
 6 Mol2Mat \leftarrow Create_matrix_of_size(N,N);
 \mathbf{7} \ \mathbf{k} \leftarrow 1;
 s for i = 1 to n do
       for j = 1 to n do
 9
10
           Mol2Mat(i,j) \leftarrow FP(k);
11
           \leftarrow k +1 ;
12
       \mathbf{end}
13 end
14 end.
```

Algorithm 1 summarises the storage of the fingerprint in a 2D array using the rowmajor order in pseudo-code form. The algorithm's output was a 2D array of Mol2mat representations of the input molecule. Figure 17 summarises the design of the Mol2mat presentation process.



Figure 17. A summary of the newly proposed Mol2mat presentation process.

After evaluating each fingerprint, the authors assessed all the probable combinations based on the five best descriptors. The combinations were based on the fusion of the extracted feature levels. The combination of multi-CNN can be performed as illustrated in [48,49]. Initially, the combination cases for 2, 3, 4, and 5 were generated by selecting two fingerprints, then three, followed by four, and finally, all five. Thereafter, the best combination was chosen.

# 4.3. Convolutional Neural Network

The default architecture was seen to be a convolutional architecture with fully connected layers. The authors used the Krizhevsky principles [50] for designing the CNN model configuration that was used for viewing the source code [51]. This configuration followed the earlier generic design [50]. Figure 18 presents the general CNN configuration, where the image was passed through the stack of convolutional (conv.) layers. The convolution step employed a max-pooling layer. It was observed that this combination improved the accuracy model and enhanced the CNN configuration.



Figure 18. The general CNN configuration.

The flattened layer came after the max-pooling layer. This transformed the 2D matrix data into a single vector, assisting in processing the output that had dense layers, i.e., fully connected layers. The final layer was made of the classification Softmax layer [52,53].

Although CNN displayed good results for the feature learning and the prediction tasks, recent studies have shown a better performance by fusing different CNNs [20,21,54,55]. These combinations can be implemented using feature concatenation or by computing the average or output prediction scores derived from various CNNs.

Some studies [48,49] described the combination of 3 CNN models, as shown in Figure 19. These models were based on the fusion of the information level. Fusion could be performed early in the network after modifying the 1st-layer convolution filters for an extension of time, or it could be performed later, after placing 2 different single-frame networks and then fusing their outputs after the processing. The yellow, green, red, and blue boxes depict the fully connected, normalisation, convolution, and pooling layers, respectively. In a Slow Fusion model, the highlighted columns share the parameters.

In this stage, we used better techniques to combine the various sources of knowledge available in the area of deep learning [20–22]. Firstly, we proposed a feature extraction step for presenting every selected molecular fingerprint. This combination significantly improved the models, since they could benefit from every molecular fingerprint and then combine all the extracted features from various sources after a flattened layer, which followed the max-pooling layer. This helped them convert the 2D matrix data into the vector. As a result, they could process the output data using the fully connected layers, called the dense layers. In this section, we described the CNN architecture used in this research and how we can combine multi CNNs in one model. In the next section, we will describe the performance evaluation.



Figure 19. Different approaches used for fusing the information present in the CNN layers.

#### 4.4. Network Architecture

As mentioned above, eight fingerprint representatives were generated using the Scitegics Pipeline Pilot software [47]. They were further stored in the 2D array with a row-major order for deriving a novel matrix representation Mol2mat, which used the above-mentioned algorithm.

As previously stated, a few fingerprints complemented one another, and their combination yielded good results. This indicated that different fingerprints generated differing results with regard to biological activity prediction or similarity searches. This further indicated that the different QSAR models could be developed based on different fingerprints with similar accuracy. Currently, researchers tend to combine and merge all fingerprints and descriptor sets, which comprise various types of fingerprints [3]. After evaluating each fingerprint, the authors assessed all the probable combinations based on the five best descriptors. The combinations were based on the fusion of the extracted feature levels.

In the present study, we used better techniques for combining the various sources of knowledge available in the area of deep learning [20–22]. Firstly, we proposed a feature extraction step for presenting every best molecular fingerprint in which all molecules were passed through 2 conv. layers, using a ( $3 \times 3$ ) feature map size for convolution and one max-pooling layer. This combination significantly improved the models since they could benefit from every molecular fingerprint and combine all the extracted features from various sources after a flattened layer. As a result, they could process the output data using the fully connected layers. The first two fully connected layers were built using a different number of nodes in every combination. Table 9 presents these node numbers in detail in every combination. The combination cases for 2, 3, 4, and 5 were generated by selecting two fingerprints, then three, followed by four, and finally, all five. The best combination was then chosen.

Combined Case	Combined Layer Size	Number of Nodes in 1st Fully Connected Layer	Number of Nodes in 2nd Fully Connected Layer
2 Fingerprints	6272	128	64
3 Fingerprints	9408	256	128
4 Fingerprints	12,544	512	256
5 Fingerprints	15,680	1024	512

Table 9. Details of the first and second fully connected layers for every combination.

The final layer included the Softmax layer [50,52,53]. Figure 20 describes the configuration of the combined CNN, which was used to assess 3 fingerprints.

The target was as follows: to predict if the specific chemical compound, *i*, showed activity for target, *t*. These data could be encoded in the binary form,  $y_{it}$ , where  $y_{it} = 1$  for the active compound and  $y_{it} = 0$  for the inactive compound. This also included the prediction of the compound's behaviour from targets, simultaneously. In the training stage, a general back-propagation algorithm was used to determine the CNN and decrease the cross-entropy of all targets and the activation of the output layer.



Figure 20. The configuration of the combined CNN that was used for 3 fingerprints.

# 5. Conclusions

This study has investigated the use of molecular fingerprinting in the Convolution Neural Network model to predict the activities of ligand-based targets. The results indicate that the combination of the ECFP4, EPFP4, and ECFC4 fingerprints with a CNN activity prediction method produced the lowest variance for the sensitivity, specificity, and AUC values for all the activity classes, when compared to the three traditional ML algorithms of NaiveB, LSVM, and RBFN, available in the WEKA-Workbench. The paper described a novel Mol2mat process, which showed low overlap and was able to segregate all the biological activities of the chemical compounds. A combination of three fingerprints with CNN was used on some popular datasets, and the performance of this combination was compared to that of three traditional ML algorithms. The proposed algorithm achieved good prediction rates (where the low- and high-diversity datasets displayed a 98% AUC value). The results also showed that combining the ECFP4, EPFP4, and ECFC4 fingerprints with CNN improved the performance of both the heterogeneous and homogeneous datasets. In this study, the authors have shown that this combination of fingerprints with the CNN technique is a convenient and stable prediction process, which could be used for determining the activities of unknown chemical compounds. However, this field needs to be investigated further, and better accuracy prediction processes must be developed for high-diversity activity compounds.

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# Article In Vitro Conditioning of Adipose-Derived Mesenchymal Stem Cells by the Endothelial Microenvironment: Modeling Cell Responsiveness towards Non-Genetic Correction of Haemophilia A

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Abstract: In recent decades, the use of adult multipotent stem cells has paved the way for the identification of new therapeutic approaches for the treatment of monogenic diseases such as Haemophilia A. Being already studied for regenerative purposes, adipose-derived mesenchymal stem cells (Ad-MSCs) are still poorly considered for Haemophilia A cell therapy and their capacity to produce coagulation factor VIII (FVIII) after proper stimulation and without resorting to gene transfection. In this work, Ad-MSCs were in vitro conditioned towards the endothelial lineage, considered to be responsible for coagulation factor production. The cells were cultured in an inductive medium enriched with endothelial growth factors for up to 21 days. In addition to significantly responding to the chemotactic endothelial stimuli, the cell populations started to form capillary-like structures and up-regulated the expression of specific endothelial markers (CD34, PDGFR $\alpha$ , VEGFR2, VE-cadherin, CD31, and vWF). A dot blot protein study detected the presence of FVIII in culture media collected from both unstimulated and stimulated Ad-MSCs. Remarkably, the activated partial thromboplastin time test demonstrated that the clot formation was accelerated, and FVIII activity was enhanced when FVIII deficient plasma was mixed with culture media from the untreated/stimulated Ad-MSCs. Overall, the collected evidence supported a possible Ad-MSC contribution to HA correction via specific stimulation by the endothelial microenvironment and without any need for gene transfection.

**Keywords:** adipose-derived stem cells; Haemophilia A; coagulation factor VIII; endothelial differentiation; stem cell therapy; regenerative medicine

# 1. Introduction

Stem cell therapy research is advancing rapidly as a novel regenerative approach to treat both acquired and genetic diseases [1]. The rationale behind this is that patients suffering from organ and tissue dysfunctions can be treated with transplanted stem cells which have the potential to restore specific tissue compartments [2].

Over the last few decades, Haemophilia A (HA) has been investigated among the genetic diseases that could be treated with this regenerative strategy. There is not yet a definitive cure for this pathology, and current therapy consists of the so-called replacement

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). treatment, which aims to sufficiently increase the concentration of the missing coagulation factor VIII (FVIII) to prevent or stop spontaneous and traumatic hemorrhages [3,4].

With the progress in biomedical engineering, preclinical and clinical research has started to conceptualize and develop long-term treatments for HA by using gene and cell therapy. Although recently receiving promising results in phase I/II trials [5,6], adeno-associated virus (AAV) gene therapy is not exempt from important concerns, including capsid-specific T-cell responses, which reduce transgene expression and cause hepatotoxicity. Another consideration to be made is in regards to the fact that viral vector production on a clinical scale is costly and variable [7]. Furthermore, the clinical development of AAV-FVIII still appears to be more complicated in comparison with AAV-factor IX (FIX) due to (1) the difficulty of efficient AAV vector packaging for large FVIII cDNA, and (2) the uncertain choice of liver target cell [8]. Notably, phase I/II studies reporting long-term follow-up highlighted an unexpected decline in FVIII levels after 1 year and continuously during the following 5 years post AAV-mediated expression [9,10].

According to experimental and clinical experience, the cell compartments that produce FVIII are mainly represented by endothelial sinusoidal cells. In fact, it is well known that liver-transplanted patients resolve the hemorrhagic disease [11,12]. Considering that, HA cell therapy is based on the hypothesis that the transplantation of exogenous cells capable of releasing FVIII could become a functional cure for coagulation deficiency. A variety of genetically modified cells has been tested so far as delivery vehicles for FVIII, including hematopoietic stem/progenitor cells [13-15], bone marrow-derived mesenchymal stem cells [7,16,17], endothelial cells [18], human placental cells [19], and adipose stromal cells [20]. Despite promising pre-clinical results, the development of effective cell therapy approaches for HA treatment may benefit from providing insights into non-genetically modified cell populations able to produce FVIII and endowed with high engraftment potential. Indeed, pre-clinical studies have already demonstrated the therapeutic potential of non-transduced cell populations in correcting the Haemophilia A phenotype, resorting to the transplantation into animal HA models of tissue-specific cells such as Liver Endothelial Sinusoidal Cells (LESCs) [21] and human pluripotent stem cell (hPSC)-derived LSEC progenitors [22]. Based on the previous research, either hepatocytes or LSECs could be candidate cells for the therapeutic intervention of HA; nevertheless, the transplantation of stem cells rather than already specialized cells seems to be the most promising approach due to the greater proliferative and differentiation potential of cell populations with stem/progenitor characteristics [23]. For Haemophilia A stem cell therapy, the efficacy of bone marrow-derived cell transplantation has already been demonstrated by Follenzi and collaborators [24]. Bone marrow has been considered for ages the main multipotent stem cell source for regenerative therapies, but its clinical use faces some practical difficulties, such as extraction procedures, which are highly invasive for the donor, and cell yield, which is highly variable and dependent on the age of the donor [25]. Thus, more accessible stem cell sources have recently been studied, such as peripheral blood [26–28] and adipose tissue [29,30]. In recent years, Adipose-derived Stromal Cells (ADSCs) have proven to have ideal characteristics for regenerative purposes [31]. In addition to decreased sampling risk for individual donors, easier method for isolation, and a higher number of isolated stromal cells, ADSCs are superior to BMSCs in some biological features, including the immunomodulatory properties and the secretion of a variety of growth factors and cytokines, as well as anti-apoptosis and anti-inflammation potential [32]. What is more, in vitro ADSC cultures are identified by an active proliferation rate, a multidifferentiative capacity for mesodermal, endodermal, and ectodermal lineages [33], and a lack of major histocompatibility class II (MHC II) [34]. This last feature appears to be fundamental for the treatment of genetic pathologies such as Haemophilia A since the patient cells are affected by the mutation. Using non-immunogenic stem cells, the isolation source can safely be allogenic without having to fall into the genetic modification of autologous cells.

This work investigated the in vitro conditioning of a commercial adipose-derived stromal cell line of human origin, called Adipose-derived Mesenchymal Stem Cells (AdMSCs), to in vitro model cell responsiveness towards the endothelial microenvironment, which may resemble the sinusoidal endothelial niche. Evidence has already been reported in the literature about ADSC differentiative potential towards the endothelial lineage [35–37], with scant studies having also preliminarily demonstrated that undifferentiated and non-transfected human adipose stem cells express FVIII [38] at low but significant levels (0.03  $\mu$ g/mL per 10<sup>5</sup> cells in 48 h; ~30% of normal human plasma FVIII level) [20]. However, a systematic in vitro characterization of ADSC responsiveness towards the endothelial microenvironment in terms of FVIII expression is currently missing. Thus, for the first time in ADSC literature, we herein focused on their ability to express and release FVIII after specific endothelial stimulation and without any genetic manipulation in order to make them acquire LESC-like functionality.

## 2. Results

## 2.1. Characterization of Ad-MSC Cultures

First of all, the commercial Ad-MSC primary cell line was analyzed for its stemness features. A morphological characterization of Ad-MSC cells by optical microscopy highlighted their spindle-shaped morphology, which is typical of mesenchymal/stromal cells and was maintained over passages in sub-confluent culture conditions (Figure 1a,b). In parallel, the specific immunophenotype of Ad-MSCs was characterized by flow cytometry and defined to be CD90<sup>+</sup>/CD105<sup>+</sup>/CD44<sup>+</sup>/CD29<sup>+</sup>/CD14<sup>-</sup>/CD45<sup>-</sup> (Figure 1c).



**Figure 1.** Characterization of Ad-MSC cultures. Morphological analysis by optical microscopy of Ad-MSCs at passage 3, in (a) sub-confluence and (b) confluence conditions (Scale bar: 100  $\mu$ m). (c) Cytometric evaluation of Ad-MSC immunophenotype. Data are presented as percentage of positive cells (gray profile) in comparison with the isotype control (white profile).

# 2.2. Cell Migration Capacity

The capacity of Ad-MSC to respond to the endothelial microenvironment was evaluated by testing their migration across a porous filter under the stimulation of endothelial factors [namely, vascular endothelial growth factor (VEGF), human basic fibroblast growth factor (hFGF-b), epidermal growth factor (EGF), insulin-like growth factor-1 (IGF-1), heparin, and ascorbic acid], which were present in the upper or in the bottom side of the membrane. Figure 2 shows the images of the untreated cultures (Figure 2a) and the cells treated with the endothelial medium (Figure 2b,c). The nuclei count demonstrated that Ad-MSCs are responsive to the endothelial microenvironment, as evidenced by the significant ( $p \le 0.05$ ) increase in cells that crossed the filter with respect to the control cultures (Figure 2d). In particular, specific endothelial growth factors demonstrated the ability to both stimulate cell migration and exert a strong chemotactic effect on the treated cultures.



**Figure 2. Cell migration assay.** Optical microscopy of Ad-MSCs migrated through the porous filter after 24 h of incubation: (a) untreated cells vs. cultures treated with differentiation medium for (b) migration or (c) chemotaxis evaluation (Scale bar: 100  $\mu$ m). (d) Effects on cell migration and chemotaxis of endothelial growth factors. The results are reported as mean of three different experiments  $\pm$  standard deviation. (\* *p* < 0.05).

## 2.3. Endothelial Differentiation

To confirm Ad-MSC responsiveness to an endothelial-like microenvironment in vitro, the cells underwent a specific differentiation treatment through a 7-, 14- and 21-day stimulation with endothelial growth medium containing specific inductive factors, (i.e., VEGF, hFGF-b, EGF and IGF-1). In parallel, Ad-MSCs grown in a proliferation medium were considered as the undifferentiated control.

This differentiation treatment was demonstrated to induce changes in Ad-MSC morphology during the first seven days of stimulation. When cultured in an endothelial medium, the cells stopped proliferating and acquired a more elongated morphology, and started to organize into capillary-like structures (Figure 3a).



**Figure 3. Morphology and gene expression profile of differentiated Ad-MSCs. (a)** Phase-contrast micrographs of Ad-MSC population cultured in proliferative medium (untreated cells) or in endothelial differentiative medium for 7, 14 and 21 days (Scale bar: 100  $\mu$ m). (b) Real Time PCR analysis of endothelial mRNAs expression on untreated cells or in Ad-MSCs cultured in induction medium for 7 (T7), 14 (T14) and 21 (T21) days. Relative gene expression was defined as an n-fold difference referred to the calibrator sample (HUVEC cultures); the housekeeping gene (GAPDH) expression was considered to validate the amplification efficiency of target genes. In the right bottom of the figure, the measured units on the x-axis and y-axis of other graphs are indicated. (\* *p* < 0.01). **Abbreviations:** *PDGFR* $\alpha$ , *Platelet Derived Growth Factor Receptor Alpha; VE-cadherin, vascular endothelial cadherin; vWF, von Willebrand factor.* 

Gene expression analysis revealed that the specific induction treatment significantly stimulated the transcription of genes associated with the endothelial lineage, i.e., CD34, *Platelet-Derived Growth Factor Receptor Alpha (PDGFRa), vascular endothelial (VE)-cadherin,* CD31, and *von Willebrand factor (vWF)*. This confirmed the high responsiveness of Ad-MSCs to the endothelial microenvironment in vitro (Figure 3b).

The flow cytometry study of the differentiated Ad-MSCs and untreated controls corroborated the gene expression results, demonstrating that the stimulation with specific growth factors enhanced the expression of vascular-endothelial proteins (Figure 4). In particular, Ad-MSC cultures were found to be negative for CD31, CD34, VEGFR2, and VE-cadherin when maintained in basal conditions (Figure 4a) but were able to respond to the endothelial stimulation by activating the expression of these specific lineage proteins (Figure 4b).



**Figure 4. Protein expression study.** Flow cytometry study of endothelial protein expression in (a) untreated cells or (b) Ad-MSCs cultured in induction medium for 21 days. Data are presented as percentage of positive cells (gray profile) in comparison with the isotype control (white profile). Abbreviations: *VEGFR2, Vascular Endothelial Growth Factor Receptor 2; VE-cadherin, vascular endothelial cadherin.* 

## 2.4. FVIII Release

The final aim of Ad-MSC endothelial differentiation was to verify their capacity to increase the expression and release of FVIII in response to specific stimulation treatment. Both gene (Figure 5a) and protein (Figure 5b) expression studies highlighted that Ad-MSCs expressed the FVIII gene and protein in basal conditions. When cultured in an endothelial inductive medium, they significantly up-regulated the transcription of the *FVIII* gene (p < 0.01) in comparison with the untreated control, whereas no significant differences were detected among the treated samples. (Figure 5a). In addition, a sustained synthesis and release of the corresponding protein over time were demonstrated following dot blot analysis on cell supernatants (Figure 5b).



**Figure 5. FVIII expression.** (a) Real-Time PCR analysis of FVIII mRNA expression in untreated cells or in Ad-MSCs cultured in induction medium for 7 (T7), 14 (T14), and 21 (T21) days (\*: p < 0.01 in comparison with the untreated cells). (b) Dot blot evaluation of FVIII release into the culture media of untreated cells and 7 (T7), 14 (T14), 21 (T21) day-differentiated Ad-MSCs. (c) Dot blot densitometry and relative intensity of protein dots calculated using Image J software. Results are normalized towards the undifferentiated sample.

#### 2.5. Coagulation Assay

The activated partial thromboplastin time (aPTT) test was performed to investigate any effect of the FVIII released by untreated/differentiated Ad-MSCs on blood coagulation. Culture medium collected from undifferentiated cells (Test sample 1) or Ad-MSCs stimulated with endothelial medium for 7 (Test sample 2) and 14 days (Test sample 3) was mixed with FVIII deficient plasma, and the aPTT time was measured in seconds. The aPTT correction by this mixing suggested that the added test sample likely contained the missing coagulation factor (FVIII). In addition, the correction of the clotting time of the deficient plasma is proportional to the concentration (% activity) of FVIII in the sample (Figure 6b), interpolated from a calibration curve constructed using pooled human plasma [39]. The results of the coagulation test were also reported as the aPTT ratio (aPTT(r)) of patient-to-normal clotting time (Figure 6b), which is often used to improve the comparability of the results between different clinical laboratories [40].



**Figure 6. Coagulation assay.** (a) aPTT reduction after mixing FVIII deficient plasma with culture medium collected from undifferentiated cells (Test sample 1) or Ad-MSCs stimulated with endothelial medium for 7 (Test sample 2), 14 (Test sample 3), and 21 days (Test sample 4). (b) Results of the aPTT assay reported as aPTT ratio and FVIII activity.

As shown in Figure 6, a reduction in aPTT time and aPTT(r), together with a progressive increase in FVIII activity, were registered in supplemented vs. normal deficient plasma.

### 3. Discussion

As a monogenic disease, Haemophilia A seems to be an ideal candidate to be treated with stem cell therapy. Since the genetic mutation affects the activity of coagulation factor VIII, advanced therapies may be based on the replacement of the deficient gene with the healthy gene that generates the functional protein (gene therapy), as well as on the incorporation of a full array of wild type genes and proteins through the transplantation of healthy cells, which may be able to restore the altered ones (cell therapy) [41]. Regarding cell therapy, both pre-clinical [42–44] and clinical [45,46] trials have proven to successfully correct Haemophilia A phenotype by means of lentiviral and adeno-associated vector-mediated expression of FVIII in adult stem cells, autologous fibroblasts, platelets, or hematopoietic stem cells. Significant breakthroughs regarding advanced therapies

for Haemophilia A are related to pre-clinical trials in the field of stem cell transplantation [21,24,47,48]. Unlike gene transfection-based strategies, the administration of nongenetically modified cells ensures to overcome the risks of DNA mutation and immune response in the patient. On the other hand, the possibility of using adult stem cell populations assures more abundant, accessible, and rich cell sources than embryonic/induced pluripotent stem cells or tissue-specific cells. In particular, adipose tissue has been recognized as the ideal source for stem population extraction in terms of cell abundance and tissue accessibility. Despite having already been investigated for cell therapy applications [49], adipose-derived stem cells are still little considered for Haemophilia A treatment [20,38].

This work investigated the endothelial induction of an Ad-MSC primary cell line, with the final aim to demonstrate their capability to secrete FVIII after specific stimulation. To the best of our knowledge, this is the first report about adipose stem cell capacity to produce FVIII in vitro after endothelial stimulation and without resorting to gene transfection. Based on this preliminary in vitro study, Ad-MSCs will be tested for the transplantation into the liver circulation of HA rat models in order to correct the pathologic phenotype.

As already demonstrated in the literature, stem cells can respond to specific stimuli, such as tissue damage, by migrating from their niche and entering the bloodstream to reach the site where they are recruited for tissue regeneration (homing) [50]. In the case of cell therapy strategies, cell migration from the site of the implant to the damaged tissue is a fundamental step of the regenerative process. Herein, the response of Ad-MSC to endothelial growth factors was assessed, demonstrating increased migration/chemotactic activity when the cells were conditioned by an endothelial milieu. In particular, soluble factors which were used to stimulate Ad-MSCs are proangiogenic mediators which regulate the proliferation and migration of endothelial cells and promote angiogenesis [51,52]. Since these microenvironmental cues may be present in the vascular niche associated with the endothelial sinusoid compartment of the liver, it is tempting to hypothesize an instructive effect on Ad-MSC recruitment during local and systemic administration of the cell therapy.

The differentiative potential of adipose-derived MSCs toward the endothelial lineage has already been widely demonstrated by a variety of studies focused on promoting the angiogenesis of injured tissues by stem cell-based therapy to develop new endothelial cells [35–37]. On the contrary, very few investigations have thought to take advantage of this property to contribute to FVIII production and restore the endothelial cell component that is not functional in Haemophilia A patients [20,38]. In this study, the acquisition of endothelial-like characteristics by induced Ad-MSCs was demonstrated at the gene and protein levels. Both early and late endothelial markers were taken into consideration. In particular, CD34 and PDGFR $\alpha$  are generally regarded as vascular endothelial progenitor markers [53,54], while VE-cadherin, CD31, and vWF are expressed by mature endothelial cells [55]. As evidenced by the qPCR results, in most cases, the expression of the target genes and differentiation period were directly proportional. Only CD31 expression was up-regulated by endothelial induction and seemed to be maintained at the same level for all the stimulation period. In parallel, flow cytometry confirmed the acquired expression of CD34, CD31, and VE-cadherin in endothelial-induced Ad-MSCs, also highlighting the positivity of stimulated cultures to VEGFR2, which was indicated as a marker of functional endothelial precursors [56].

A further element pointing to stem cell therapy for Haemophilia A treatment is the fact that a modest increase in coagulation factor expression levels is enough to obtain a healthy phenotype [57]. In this in vitro study, Ad-MSCs were confirmed to express the FVIII gene at lower levels in the undifferentiated state, demonstrating an ability to increase gene expression along time in response to the specific stimuli provided by the endothelial microenvironment. In addition to FVIII mRNA expression, it was fundamental to demonstrate protein production and secretion within the cell culture medium. The paracrine activity of undifferentiated Ad-MSCs was largely documented in the literature, their secretome being enriched with a variety of growth factors [i.e., hepatocyte growth factor (HGF),

granulocyte and macrophage colony-stimulating factors, tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), VEGF, brain-derived neurotrophic factor (BDNF), nerve growth factor (NGF), interleukins (ILs) 6, 7, 8 and 11], as well as extracellular vesicles [58,59]. This secretome is responsible for the trophic effects exerted by Ad-MSCs on the protection, survival, and differentiation of several endogenous cells/tissues, in addition to their immunomodulatory properties [59]. On the other hand, no studies investigated the secretome of these cells after endothelial differentiation, but it is likely to speculate that this kind of stimulation may induce an increase in the secretion of molecules/factors related to angiogenesis processes. Regarding the release of coagulation factors for Hemophilia cell therapy, Ad-MSCs were induced to secrete factors VIII and IX by gene transfer approaches [20,33,60], whereas, to our knowledge, no evidence has been reported so far about the enhancement of coagulation factor release after endothelial differentiation of these cells. In this study, only FVIII release was assessed into differentiated cell culture media since the main focus was the possible contribution of Ad-MSCs to the correction of the coagulation factor deficiency in Hemophilia A patients. The protein expression study allowed for the detection of secreted FVIII in the culture media collected by basal and conditioned Ad-MSC cultures. Remarkably, the functionality of secreted FVIII was assessed by the aPTT test.

Together, the collected data pointed out the high responsiveness of Ad-MSCs to the endothelial microenvironment, offering preliminary directions to approach the restoration of the vascular compartment with transplanted Ad-MSCs capable of secreting FVIII. Further validation of cell homing and engraftment into the liver sinusoidal compartment will be performed by in vivo studies of Ad-MSC administration to animal models affected by Hemophilia A.

Lastly, substantial limitations of this in vitro modeling study need to be mentioned, being mainly represented by the failure to replicate the innate complexity of in vivo organ systems. For example, a multitude of soluble factors and signaling molecules mediate the effects of hepatic vascular niche on stem/progenitor cell recruitment [61]. This means that the heterogeneity of the in vivo microenvironment can hardly be reproduced ex vivo. Additionally, interactions between different cell types, cell-matrix interplay, or biochemical processes of cell turnover and metabolism can hardly be captured by in vitro models, which are still far from simulating three-dimensional microarchitecture and the compartmentation of organs [62]. Other drawbacks may regard difficulties in converting in vivo doses to in vitro concentrations, as well as problems derived from long-term in vitro culture. However, this study may be considered a valid starting point for the pre-clinical translation of Ad-MSC therapy into animal HA models.

## 4. Materials and Methods

### 4.1. In Vitro Culture of Human Adipose-Derived Mesenchymal Stem Cells (Ad-MSCs)

The primary cell cultures of human Ad-MSCs were purchased from Tebu bio (Le Perray-en-Yvelines, France) and grown in complete Human Mesenchimal Stem Cell (hMSC) Expansion Media, according to the protocol recommended by the company. Briefly, the vial of cells was defrosted in a 37 °C water bath with constant, moderate agitation until the ice in the ampoule was no longer visible. Under a laminar flow hood, the vial content was transferred to a sterile 15 mL tube and centrifuged at 1500 rpm for 10 min (min) after the addition of the complete culture medium (10 mL). After discarding the supernatant, the pellet was re-suspended in 5 mL of hMSC Expansion Media, seeded into a T-25 (25 cm<sup>2</sup>) culture flask, and incubated at 37 °C, 5% CO<sub>2</sub>, and 90% humidity. The cells were ready to pass between 3 and 7 days after seeding and were sub-cultured at a density of 7000 cells/cm<sup>2</sup>. Ad-MSCs were purchased at passage two and grown until passage four/five before preparing the following experiments for specific differentiation.

## 4.2. Morphological Evaluation by Optical Microscopy

Ad-MSC cultures were observed daily by optical microscope DM/IL (Leica, Wetzlar, Germany) to estimate cell viability and investigate their specific morphology at different
sub-confluence stages. Pictures were taken with a Nikon Digital Sight Ds-SMCc camera (Nikon Corporation, Tokyo, Japan).

#### 4.3. Immunophenotype Characterization by Flow Cytometry

After expansive culture, the cells were harvested by a treatment with EDTA/tripsyn, centrifuged at 1500 rpm for 5 min and re-suspended in Phosphate-Buffered Saline (PBS) (Sigma Aldrich, Darmstadt, Germany) and 0.2% Bovine Serum Albumin (BSA) was added (Sigma-Aldrich). The cells were then labeled for 15 min at room temperature (RT) in the dark with 5  $\mu$ L of the following primary antibodies: Fluorescein isothiocyanate (FITC)-conjugated anti-CD14, anti-CD45, and anti-CD105 (Santa Cruz Biotechnologies, Dallas, TX, USA); Phycoerythrin (PE)-conjugated anti-CD29, anti-CD44 and anti-CD90 (BioLegend, San Diego, CA, USA). The negative controls were prepared by labeling cells with 5  $\mu$ L of FITC- and PE-conjugated isotypic antibodies (Santa Cruz and BioLegend) for 15 min at RT in the dark. The data for 10,000 total events were acquired by a FACS Canto cytometer (Becton Dickinson, Franklin Lakes, NJ, USA) and analyzed by Flowing Software 2 Turku Bioscience Centre, Turku, Finland); the results were expressed as a percentage of positive cells compared to the negative isotype control.

# 4.4. Endothelial Differentiation

For induction of endothelial differentiation, Ad-MSCs at passage four were seeded on 6-well plates at a density of 10,000 cells/cm<sup>2</sup>. Upon reaching about 70–80% confluence, the cells were treated for specific endothelial induction. To this end, Ad-MSCs were grown for 7, 14, or 21 days (d) in Endothelial Growth Medium (EGM)-2 (Lonza, Basel, Switzerland) with SingleQuots containing vascular endothelial growth factor (VEGF), human basic fibroblast growth factor (hFGF-b), epidermal growth factor (EGF), insulin-like growth factor-1 (IGF-1), heparin, ascorbic acid, and 2% fetal bovine serum. In parallel, the undifferentiated control was prepared by treating cells with an expansion medium only.

# 4.5. Cell Migration Assay

The stimulating effect of the endothelial microenvironment on cell migration was evaluated by the Boyden chamber experiment. Ad-MSCs ( $5 \times 10^4$  cells/cm<sup>2</sup>) were seeded on the upper side of a 5.0 µm pore Transwell insert (Corning Inc., Corning, NY, USA) in differentiation medium EGM-2. Inserts were placed in a 24-well plate containing an expansion medium (lower chamber). In parallel, the chemotactic effect induced by the endothelial treatment was investigated by seeding cells in the expansion medium into the upper side of the insert and by adding EGM-2 into the lower chamber. As a control, the cells were maintained in an expansion medium in both the insert and the lower chamber. After 24 h (h), Ad-MSC cultures were fixed in 4% paraformaldehyde (PFA) (Sigma-Aldrich), and the upper membrane of the insert and mounted with DAPI. Ad-MSC migration was quantified by fluorescence microscopy: the number of nuclei in the lower side of the membrane was counted in five random fields per insert (magnification × 100) by using Image J Software (U. S. National Institutes of Health, Bethesda, MD, USA).

# 4.6. Acquisition of Endothelial-like Characteristics

# 4.6.1. Gene Expression Study by qPCR

The acquisition of endothelial-like characteristics was first investigated at the mRNA level, verifying the up-regulated expression of specific markers after cell differentiation. To this end, total RNA was extracted from both differentiated cells and undifferentiated control by using Trizol<sup>®</sup> Reagent (Sigma-Aldrich), according to the manufacturer's protocol. After quantification by the Eppendorf BioPhotometer Spectrophotometer (Eppendorf, Hamburg, Germany), the isolated RNA was analyzed for the expression of CD34, Platelet-derived Growth Factor Receptor alpha (PDGFR $\alpha$ ), Vascular Endothelial cadherin (VE-cadherin), CD31, von Willebrand Factor (vWF), and FVIII.

For relative quantification, the target gene expression for all experimental samples is expressed as an n-fold difference referred to as a base sample called the calibrator. In this study, Human Umbilical Vein Endothelial Cells (HUVECs) were considered as the calibrator sample. After stabilization in culture, total RNA from HUVECs was isolated and quantitated as previously described.

For qPCR, the total RNA (500 ng per 100  $\mu$ L final reaction volume) from the experimental and calibrator samples was reverse-transcribed using random primers and Multi-Scribe Reverse Transcriptase (High-Capacity cDNA reverse transcription kit, Applied Biosystems, Foster City, CA, USA). The reaction mixture was incubated for 10 min at 25 °C and then at 37 °C for 120 min. cDNA was stored at -80 °C until use. The transcriptional levels of the above-mentioned genes were measured by means of quantitative real-time PCR (qPCR) using the relative quantification method (2<sup> $-\Delta\Delta$ Ct</sup> method) [63]. The method was validated for our experimental system by verifying that the efficiencies of amplification of the targets and the glyceraldehyde 3-phosphate dehydrogenase (GAPDH) genes were similar. TaqMan<sup>®</sup> Gene Expression Assays specific for the above-mentioned endothelial markers were purchased from Applied Biosystems (Table 1).

**Table 1. Oligonucleotides for qPCR analysis.** TaqMan<sup>®</sup> Gene Expression Assays for relative gene expression analysis. **Abbreviations:**  $PDGFR\alpha$ , *Platelet Derived Growth Factor Receptor Alpha; VE-cadherin, vascular endothelial cadherin; vWF, von Willebrand factor, FVIII, factor VIII.* 

Target Gene	TaqMan <sup>®</sup> Probe ID	Species	Amplicon Length (bp)
CD34	Hs02576480_m1	Human	63
PDGFRα	Hs00998026_m1	Human	60
VE-cadherin	Hs00170986_m1	Human	70
CD31	Hs01065282_m1	Human	67
vWF	Hs01109446_m1	Human	56
FVIII	Hs00252034_m1	Human	127

To avoid amplifying contaminated genomic DNA, the primer pair was placed at the junction between two exons. The qPCR assay was performed using the ABI PRISM 7300 Sequence Detection system. The PCR reaction was run in a mixture (30  $\mu$ L) containing 15  $\mu$ L of 2× TaqMan Universal PCR Master Mix, 1.5  $\mu$ L of 20× TaqMan Gene Expression assay (all reagents from Applied Biosystems), 12.5  $\mu$ L of water, and 1  $\mu$ L of cDNA template. Fifty cycles of amplification were performed at 95 °C (15 s) and 60 °C (1 min), and mRNA expression levels were normalized against quantified GAPDH expression for each sample.

# 4.6.2. Protein Expression Study by Flow Cytometry

After qPCR analysis, the activation of specific endothelial markers by differentiated Ad-MSCs was also assessed by a protein expression study. The flow cytometry analysis was performed as already described in paragraph 2.3, labeling both 21-day-differentiated cells and undifferentiated cultures with the following primary antibodies: FITC-conjugated anti-CD34 and anti-CD31; PerCP-Cy<sup>™</sup>5.5 (PC 5.5)-conjugated anti-Vascular Endothelial Growth Factor Receptor (VEGFR) and anti-VE-cadherin (Cell Signaling Technology, Danvers, MA, USA).

#### 4.7. FVIII Protein Study

The capacity of Ad-MSC to release FVIII after endothelial stimulation was assessed by a dot blot assay. Culture media of 7, 14, and 21 days differentiated cells and undifferentiated control were collected and preserved at -80 °C until the time of analysis.

For Dot Blot evaluation, the samples (8  $\mu$ L) were spotted onto an Immobilon<sup>®</sup> membrane (Merck-Millipore, Darmstadt, Germany) and allowed to stand for 90 min at RT. The membrane was then saturated for 2 h with PBS, containing 5.0% (w/w) skim milk, and challenged for 2 h with a sheep anti-human FVIII (Affinity Biologicals, Hamilton, ON, Canada) in PBS-skim milk. After washing (3  $\times$  5 mL, for 10 min) with PBS, the membrane

was incubated for 2 h with a peroxidase-conjugated donkey anti-sheep IgG (Affinity Biologicals) as the secondary antibody. The membrane was finally stained with the ECL<sup>®</sup> staining kit (GE-Healthcare, Buckinghamshire, United Kingdom) using a Molecular Imager VersaDoc MP4000 instrument (BioRad, Hercules, CA, USA). For semiquantitative analysis of the protein expression, dot blot densitometry and relative dot intensity were calculated using ImageJ software and normalizing data towards the untreated sample.

### 4.8. Coagulation Assay

The presence of biologically active FVIII in Ad-MSC supernatants was determined by performing the aPTT test, which defines the partial thromboplastin time as the time it takes for a clot to form, measured in seconds.

The aPTT was determined routinely using a HemosIL aPTT SynthASil with synthetic phospholipids and silica as an activator on an Automated Coagulation Laboratory (ACL) analyzer (ACL TOP 700 and ACL TOP 500, Instrumentation Laboratory SpA, Milan, Italy). The range of normal aPTT ratios was 0.82–1.20.

The test is based on a comparison of the ability of the different test samples to correct the aPTT of a plasma totally deficient in the coagulation factor to be measured but containing normal amounts of the other factors (i.e., FVIII deficient plasma). Thus, aPTT was measured on human FVIII-deficient plasma or mixtures (1:1) of deficient plasma and cell culture medium collected from untreated Ad-MSCs (Test sample 1) and cells treated with endothelial induction factors for 7 (Test sample 2) and 14 days (Test sample 3). An anticoagulant (sodium citrate) was also added to each test sample (9:1). Results were presented as aPTT time (seconds), aPTT ratio, and FVIII activity (%).

#### 4.9. Statistics

All of the data are expressed as means of at least three different experiments  $\pm$  Standard Deviation (SD). Statistical significance was determined by an unpaired *t*-test. The differences were considered to be significant with *p* values of  $\leq 0.05$ .

#### 5. Conclusions

This preliminary in vitro study demonstrated that Ad-MSCs are conditioned by the endothelial microenvironment by enhancing their migration/chemotaxis response to specific soluble factors and upregulating specific endothelial markers at both the gene and protein level. For the first time, we demonstrated that these cells, when properly stimulated, are able to upregulate the gene and protein expression of the coagulation factor VIII without the need to resort to gene transfection strategies. This evidence makes Ad-MSCs promising candidates to be used in Haemophilia A cell therapy and lays the groundwork for the future pre-clinical investigation of Ad-MSCs for cell therapy approaches on haemophilic animal models.

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# Article A New Perspective for Bone Tissue Engineering: Human Mesenchymal Stromal Cells Well-Survive Cryopreservation on β-TCP Scaffold and Show Increased Ability for Osteogenic Differentiation

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Abstract: The clinical breakthrough of bone tissue engineering (BTE) depends on the ability to provide patients routinely with BTE products of consistent pharmacological quality. The bottleneck of this approach is the availability of stem cells. To avoid this, we suggest immobilization of random-donor-derived heterologous osteoinductive MSCs onto osteoconductive matrices. Such BTE products could then be frozen and, after thawing, could be released as ready-to-use products for permanent implantation during surgery. For this purpose, we developed a simple protocol for cryopreservation of BTE constructs and evaluated the effects of this procedure on human MSC (hMSCs) metabolic and osteogenic activity in vitro. Our findings show that hMSCs can be freeze-thawed on a  $\beta$ -TCP scaffold through a technically simple procedure. Treated cells sustained their metabolic activity and showed favorable osteogenic potential. Mechanistically, HIF1 $\alpha$  and YBX1 genes were activated after freeze-thawing, and supposed to be linked to enhanced osteogenesis. However, the detailed mechanisms as to how the cryopreservation procedure beneficially affects the osteogenic potential of hMSCs remains to be evaluated. Additionally, we demonstrated that our BTE products could be stored for 3 days on dry ice; this could facilitate the supply chain management of cryopreserved BTE constructs from the site of manufacture to the operating room.

Keywords: human MSCs; cryopreservation; osteogenic differentiation; scaffold; 3D culture

# 1. Introduction

Large non-healing bone defects, largely irrespective their etiology, constitute a major challenge for patients and physicians [1–3]. Treatment of choice is with autologous bone grafts [4]; however, several other treatments are also used [5–7]. These methods are not always effective, but even where they are, the morbidity associated with autologous tissue harvesting is considerable, fueling the search for alternatives.

Bone tissue engineering (BTE) is one such alternative approach, which holds great promise for promoting bone healing and regeneration while overcoming some of the drawbacks of current techniques. BTE approaches typically combine bone forming stem or progenitor cells with scaffolds, which restore missing bone volume and signaling molecules, which control cell–cell and cell–scaffold interactions in the bone defect. Among many different materials used to construct scaffolds, the biodegradable ceramic scaffolds with desirable

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). pore size, porosity, and mechanical properties are probably the most preferable in BTE, since these materials generally show better tissue responses compared to polymers and metals [8]. Tricalcium phosphate (TCP) ceramics in contrast to other ceramics (for example hydroxyapatite) found wide application in the clinic due to their osteoconductivity and bioresorbability [9]. Clinical BTE approaches have demonstrated encouraging early outcomes [10]. However, in these types of approaches availability of stem cells is a bottleneck of the whole procedure. Isolation, characterization, and expanding of autologous mesenchymal stem cells (MSCs) or use of cryopreserved dissociated stem cell populations from cryobanks [11] need significant investment of time and resources that limits translation of BTE approaches into clinic. To be able to provide BTE products of consistent medicinal quality, conducive to routine clinical use, we proposed to immobilize random-donor-derived osteoinductive MSCs onto osteoconductive matrices. These BTE products were then frozen and released ready-to-use for permanent implantation during surgery after thawing.

The work builds on earlier work which has definitively established that cryopreserved MSCs maintain potential for proliferation and osteogenic differentiation in vitro [12–15] and in vivo [16,17]. The methods used, however, were not conducive to clinical application. A recent pilot study of Hernandez–Tapia showed that osteoblasts have good survival rate after cryopreservation on  $\beta$ -TCP scaffold [18]. The equally recent study of Mutsenko et al. [19] showed that MSCs could be frozen in 3D collagen-hydroxyapatite scaffold without significant loss of cell viability. Although these studies use technically challenging methodology, they represent invaluable first steps towards the creation of a tissue-engineered constructs biobanks.

In the present study, we developed a simple protocol for cryopreservation of BTE constructs (human MSCs seeded on 3D  $\beta$ -TCP scaffold) and evaluated the effects this procedure has on human MSCs metabolic and osteogenic activity in vitro.

#### 2. Results

### 2.1. Effect of Cryopreservation on hMSCs Metabolic Activity

First, we analyzed how cryopreservation affects the metabolic activity of cells frozen on scaffold granules following common freezing protocol and whether the cells could recover their activity with time. Our results show that MSCs retained approximately 40% of their metabolic activity at first two days after cell thawing as compared to control (not frozen) cells (Figure 1A), and at later time points cells increased their activity to the level of control cells. We also compared recovery of cells frozen in this way with the cells frozen by mean of "air-dry" freezing protocol. No significant difference in metabolic activity of these two groups of cells post-thaw was detected for all time points (Figure 1B). Based on this the "air-dry" protocol was chosen for the following experiments.

In addition, we analyzed if "air-dry" 3D cryopreserved hMSCs could be stored at -20 °C, in dry ice or in a combination of both. We compared the metabolic activity of cryopreserved cells stored in (1) liquid nitrogen, (2) liquid nitrogen and -20 °C, (3) liquid nitrogen and dry ice (3 days), and (4) liquid nitrogen, dry ice (3 days) and -20 °C (1 day) after thawing. Our results show that cells did not survive storage at -20 °C (Figure 1D); however, storage in dry ice for 3 days did not negatively affect cell metabolic activity after thawing. The combination of both storage conditions, dry ice, and -20 °C had a significant negative effect on cell metabolic activity at 2 and 7 days after thawing (Figure 1D).

To compare the cell distribution on a scaffold before and after freezing, live cells were visualized with Calcein AM and DAPI staining. As can be seen from Figure 2, there were less cells present on a granule surface and more cells present inside pores in the samples 1-h post-thaw (Figure 2C,D) as compared to control samples without freezing.

### 2.2. Cryopreserved hMSCs Show Stronger Osteogenic Activity Than Control Cells

In order to analyze if cryopreservation has effect on osteogenic potential of hMCS post-thawing and therefore on future use of these cells in BTE approaches, cells after cryopreservation were thawed and cultured for two weeks in osteogenic-supplemented medium (Figure 1C). There was no difference in the level of alkaline phosphatase (ALP) expression among control and cryopreserved cells at day 7 of culture in osteogenic-supplemented medium. In both type of cells expression of ALP was significantly higher than in cells cultured in growth medium (Figure 1E).

The results of osteogenic gene expression analysis are presented in Figure 3. Surprisingly, the expression of all tested genes was enhanced in the experimental group as compared to control (not frozen) cells. Expression of early markers of osteogenesis RunX2, Col1, and ALPL in the experimental group peaked on day 7 of osteogenic culture, whereas in the control group it did not peak until day 14. Col1 expression was significantly higher (p < 0.05) in experimental group cells as compared to control cells at day 7 of osteogenic culture. On the contrary, its expression was significantly (p < 0.05) higher in control group cells at day 14 of culture. Expression of the SPP1 gene was low in both groups of cells on day 7, but was significantly increased on day 14 in the experimental group as compared to control group cells (p < 0.01). None of osteogenic marker genes was expressed in cells cultured in growth medium except for SPP1, which showed strong up regulation on day 14 of culture (Supplementary Figure S1). In the control-DMSO group, in which cells were treated with freezing medium but were not frozen, expression of osteogenic marker genes was similar as in control cells except for Col1. This gene was highly upregulated in these cells at day 7 of osteogenic culture (Supplementary Figure S1).



**Figure 1.** hMSCs preseeded on scaffolds retain their metabolic activity after cryopreservation. (A) Metabolic activity of MSCs was measured 1, 2, 4, and 7 days after cryopreservation, shown in % of control cells metabolic activity. MSCs were preseeded on scaffolds 48 h prior to cryopreservation. (B) There was no significant difference in metabolic activity of hMSCs processed with two different cryopreservation protocols and measured 2 days after cryopreservation. (C) Metabolic activity of control and experimental cells at 7 and 14 days of culture in osteogenic supplemented medium showed no significant differences. (D) hMSCs were first cryopreserved in liquid nitrogen and either stored for 3 days on dry ice or stored for 3 days on dry ice and 1 day at -20 °C. The metabolic activity of cells was measured at days 2 and 7 post-thaw and is shown in % of metabolic activity of cells stored in liquid nitrogen only. (E) ALP expression is significantly enhanced in both, control and experimental group cells at day 7 of culture in osteogenic-supplemented medium, as compared to cells cultured in growth medium. (\* p < 0.05, <sup>§</sup> p < 0.01).



**Figure 2.** hMSCs distribution on a  $\beta$ -TCP scaffold granule before and post-thawing. Control hMSCs were seeded on a  $\beta$ -TCP scaffold and cultured either for 24 (**A**) or 72 h (**B**). Experimental hMSCs were seeded on a  $\beta$ -TCP scaffold, cultured for 24 h, frozen in liquid nitrogen for seven days, thawed, and cultured for 1 (**C**) and 48 (**D**) hours. All cells are stained with Calcein AM and DAPI. Dotted line shows the edges and pores of  $\beta$ -TCP granule. (5× magnification; scale bar = 100  $\mu$ M).



**Figure 3.** Osteogenic marker genes mRNAs expression in control and experimental cells. Expression of osteogenic marker genes was evaluated in experimental and control group hMSCs at days 7 and 14 of culture in osteogenic-supplemented medium. (\* p < 0.05; \*\* p < 0.01).

# 2.3. Cryopreservation Has an Effect on Expression of Hypoxia-Related Genes

Hypothesizing that the positive effect of cryopreservation on hMSCs osteogenic differentiation could be promoted by the difference of oxygen concentration developed due to temperature difference, we compared expression of hypoxia-related genes in experimental and control cells (Figure 4). The results showed that expression of the major hypoxia marker gene HIF1 $\alpha$  and several of its target genes was affected by cryopreservation (Figure 4 and Supplementary Figure S2). Expression of HIF1 $\alpha$  in the experimental group cells was significantly (p < 0.05) higher than in the control cells one day post-thaw. On day seven, expression of HIF1 $\alpha$  and its target genes PDK1, SLC2A1, EGLN1, and BNIP3 was higher in cells which had undergone the cryopreservation procedure compared to control cells, albeit not significantly. Expression of VEGF mRNA was significantly lower on days 1 and 7, and significantly higher on day 14 of culture in the experimental group cells as compared to controls (Figure 4A).



**Figure 4.** mRNA levels of gene expression of HIF1- $\alpha$ , YBX1, and VEGF and IL-6 protein secretion at days 1, 7, and 14 of culture. (**A**) Expression of HIF1 $\alpha$ , YBX1, and VEGF genes was evaluated in experimental and control group hMSCs at days 1, 7, and 14 of culture in osteogenic-supplemented medium. (**B**) Concentration of IL-6 was measured in medium supernatants of both groups at days 1, 2, 3, and 7 of culture. (\* *p* < 0.05).

#### 2.4. Cryopreservation Enhances YBX1 Expression but Has No Effect on Wnt/Smad Pathways

We analyzed if the freezing procedure has an effect on expression of the cold shock protein YBX1, known to react to low temperature and to be an important regulator of transcription [20]. Expression of this gene was significantly (p < 0.05) enhanced as early as 1 day after thawing in the experimental group and remained high until day 7 of culture. On day 14 of culture, expression of this gene was the same in both experimental and control group cells (Figure 4).

In order to investigate if the freezing procedure could have effect on key signaling (Wnt and SMAD) pathways in hMSCs and thereby influence hMSCs osteogenic potential, we analyzed expression of Wnt3a, SMAD5, MAPK8, and MAPK14 genes early after the freezing and thawing event (1 day) as well as at later time points (7 and 14 days). No significant difference in expression of these genes among experimental and control group cells was found at any time point (Supplementary Figure S3).

# 2.5. Effect of Cryopreservation on Interleukin Expression

We evaluated if cryopreservation has an effect on hMSC's IL-10 and IL-6 expression 1–7 days into osteogenic culture, as the mediators could be important for future use of these cells in BTE approaches (Figure 4B). In both control and experimental cells, expression of IL-10 was below detection level of our method (data not shown). Concentration of IL-6 was lower in the experimental group on days 1, 2, and 3 as compared to control-group medium supernatant. On day 7 of osteogenic culture, the difference in expression of IL-6 between two groups of cells lost statistical significance.

#### 3. Discussion

The clinical breakthrough of bone tissue engineering depends on the ability routinely to provide patients with BTE products of consistent pharmacological quality. For this reason, the ability to batch-produce and cryogenically preserve tissue engineered construct represents major progress. Cryopreservation is the use of very low temperature to maintain living cells and tissues in a quiescent status for a long period, without losing their structure and function [21]. Several works have been devoted to the cryopreservation of engineered biological constructs [18,19,22–24], which could guide our experimentation on the cryopreservation of biofabricated BTE constructs.

In the present study we evaluated whether hMSCs retain their activity after cryopreservation on  $\beta$ -TCP scaffolds. Our results showed that despite the blunted metabolic activity at early time points after thaw and presumably representing a modicum of cell attrition, hMSCs quantitatively regain their metabolic activity later. This temporal loss of metabolic activity could be explained by the loss of cells from the scaffold granule surface, as was shown by Calcein and DAPI staining of cells one-hour post-thaw (Figure 2C, Supplementary Figure S4). These findings are in accordance with other studies, showing that Callithrix jacchus MSCs and cells of human osteoblastic cell lines sustain their activity after being frozen on hydroxyapatite or  $\beta$ -TCP scaffolds, respectively [18,19]. In contrast to both these studies, we employed the simplest cell culture and cryopreservation procedures in order to develop protocols which can be later easily translated to clinical application. Therefore, we used a commonly used  $\beta$ -TCP scaffold, MSCs generated from pooled bone marrow mononuclear cells of eight third-party donors and an "air-dry" cryopreservation protocol, which involved the use of standard cell culture equipment and reagents. We also evaluated whether 3D-cryopreserved hMSCs could survive storage at -20 °C, dry ice, or a combination of both. Our results clearly demonstrate that cells seeded on β-TCP scaffold and stepwise cryopreserved could not be stored at -20 °C as that dramatically effects metabolic activity of cells post-thaw. However, cryopreserved BTE constructs could be stored at least for 3 days on dry ice without an apparent impact on post-thaw cell activity. Cryopreserved hMSCs-coated matrix also survived the storage on dry ice followed by 1 day at -20 °C, albeit with significant loss of metabolic activity post-thaw. This information will guide the supply chain management of cryopreserved BTE constructs from the site of manufacture to the operating room.

Osteogenic potential is arguably one of the most important characteristics of biofabricated BTE constructs; therefore, we evaluated how cryopreservation on 3D scaffold affects hMSCs osteogenic potential. Our results showed that osteogenic potential of frozen cells was rather improved. ALP activity of control and experimental cells was the same at day 7 of osteogenic culture (Figure 3). According to the osteogenic marker gene expression analysis, hMSCs osteogenic differentiation was accelerated after freezing/thawing procedure, as most of the analyzed markers were expressed earlier in experimental cells than in control cells. It has been previously shown that MSC retain osteogenic differentiation ability after cryopreservation [25,26], but for hMCSs cultured and cryopreserved on  $\beta$ -TCP scaffold this was not shown before. The effect of increased osteogenic potential was not observed in our "DMSO-control" cells, demonstrating that increased osteogenic gene expression is rather induced by physical effects and not by components of the cryopreservation medium (e.g., DMSO).

We hypothesized that increased osteogenic gene expression could either be a result of unspecific up-regulation of major pathways due to the cryopreservation procedure and/or reaction to the oxygen gradient induced by temperature changes [27,28]. To validate this hypothesis, we analyzed expression of key signaling stem cell fate marker genes and expression of hypoxia-related genes. Results of this analysis showed that expression of Wnt3A, MAPK8, MAPK14, and SMAD5 was not significantly altered in cryopreserved cells (Supplementary Figure S1), whereas the expression pattern of hypoxia related genes differed between control and experimental cells. Expression of HIF1 $\alpha$  gene and its target genes PDK1, SLC2A1, EGLN1, and BNIP3 was upregulated in experimental group cells on day 7, whereas in control cells those genes were only upregulated on day 14 of culture. It was previously shown that hypoxia promotes osteogenesis of human MSCs in a HIF-1dependent manner [29]. We speculate that the cryopreservation procedure affects HIF1 $\alpha$ expression, and this mechanism stimulates osteogenesis. In addition, VEGF, a known target of HIF1 $\alpha$ , was also significantly upregulated in experimental group cells (Figure 4). A previous study had shown that RunX2 acts together with HIF1 $\alpha$  to stimulate angiogenic gene expression in bone cells [30]. Our results are in accordance with it.

We also verified if transcription of cold shock protein YBX1, known to regulate expression of HIF1 $\alpha$  [31], was activated after cryopreservation (Figure 4). YBX1 protein possess a cold shock domain and stimulates translation of proteins under low temperature [20,32]. YBX1 protein was shown to be a critical regulator of HIF1 $\alpha$  expression in sarcoma cells [33]; however, less is known about the role of this protein in MSCs. Our results show that cryopreservation affects YBX1 gene expression in hMSCs, which would be compatible with a role in the response of the MSCs to cryopreservation and enhancement of their osteogenic potential.

#### 4. Materials and Methods

#### 4.1. hMSCs Culture and Seeding on β-TCP Granules

Human bone marrow MSC cells (hMSCs) were provided by Department for Children and Adolescents, Division for Stem Cell Transplantation and Immunology, University Hospital Frankfurt. The MSCs were generated from pooled, previously isolated, and cryopreserved mononuclear cells from eight random bone marrow donors by plastic adherence, which have been expanded to near-confluence and cryopreserved in small aliquots as described in detail elsewhere [34]. It has already been demonstrated that these MSCs were effective in the treatment of patients with acute steroid-resistant acute GvHD [35,36]. For subcultures,  $3.5 \times 105$  hMSCs were seeded in T175 cell culture flasks (Sarstedt, Nümbrecht, Germany) and cultured in animal-free growth medium (10% CruxRufa Media Supplement; (TrinovaBiochem, Giessen, Germany); 1 IU/mL of heparin (Ratiopharm, Ulm, Germany); GlutaMax Gibco<sup>™</sup> DMEM, (Thermofischer, Dreieich, Germany)) at 37 °C, 5% CO<sub>2</sub> in a humidified incubator until 80-90% confluence. The culture medium was changed every three to four days and the cells were expanded until passage 5. These MSCs were used either for experiments or stored in liquid nitrogen for future use. Before cryopreservation, hMSC was assessed for expression of typical MSC cell surface markers by using flow cytometry analysis. Phenotypical analysis showed that these cells express high levels of surface proteins CD90 and CD105, but very low or no expression of hematopoietic cell markers CD45 and CD34 (data not shown [34,37]).

For 3D hMSC culture, 500  $\mu$ L of  $\beta$ -TCP scaffold granules (ChronOS Granules, 1.4–2.8 mm, 60% porosity; Synthes, Oberdorf, Switzerland) were placed in 6.5-mm Transwell <sup>®</sup> membrane inserts (3.0  $\mu$ m pore, polycarbonate, Corning, Wiesbaden, Germany) allocated in individual wells of a 24-well plate. Then 2  $\times$  10<sup>5</sup> hMSCs in 150  $\mu$ L of PBS (Gibco) were dripped slowly on the scaffolds and incubated for 10 min at 37 °C. After incubation, the cell suspension not absorbed by the scaffold was removed, dripped again over the material, and incubated for another 10 min. This step was repeated twice. Afterwards, 1 mL of pre-warmed growth medium was added to each well and cells were further incubated at 37 °C, 5% CO<sub>2</sub> in a humidified incubator for 24 h.

# 4.2. Effect of Cryopreservation on Cell Activity

In order to evaluate the effect of cryopreservation on cell metabolic activity, osteogenic differentiation, and interleukin expression, the scaffold granules with seeded cells were frozen, thawed, and cultured for two weeks in either growth or osteogenic-supplemented medium (experimental group). In the control group, cells were treated the same way as in experimental group except for freeze-thawing.

# 4.3. Cryopreservation and Thawing of hMSCs on β-TCP-Scaffold

For "standard protocol" cryopreservation, scaffold granules seeded with cells and cultured for 24 h were transferred into a cryovial, and entire culture medium was exchanged with 1 mL of cold fresh-prepared freezing medium (10% v/v DMSO, 25\% human AB serum (Sigma–Aldrich, Heidelberg, Germany) in DMEM Glutamax). The cryovial with cells was stored at -80 °C for 24 h in a controlled rate freezing container (Nalgene <sup>®</sup> Mr. Frosty, Merck, Darmstadt, Germany) and then transferred into a liquid nitrogen for at least 7 days' storage. For thawing, a cryovial with hMSCs-seeded β-TCP scaffold granules was removed from the nitrogen tank, briefly warmed in a water bath (37 °C) for 1 min. The cryovial content was transferred into one well of a 24-well-plate and the entire freezing medium was aspirated. Cells were washed with 1 mL of fresh, pre-warmed growth medium, and cultured in 1 mL of growth medium (at 37 °C; 5% CO<sub>2</sub>) for 48 h at which time the cell metabolic activity was assayed.

For the "air-dry protocol" cryopreservation [19], scaffold granules seeded with cells were transferred into a cryovial and the entire culture medium was exchanged with 1 mL of cold fresh-prepared freezing medium. After 15 min incubation on ice, medium was soaked out and cryovial with cell-coated scaffold (without medium) was first frozen at 80 °C in a controlled rate freezing container for 24 h, and subsequently stored in liquid nitrogen for at least 7 days. For thawing, a cryovial with hMSCs-seeded  $\beta$ -TCP scaffold granules was removed from the nitrogen tank, briefly warmed in a water bath (37 °C) for 1 min. One mL of pre-warmed growth medium was quickly added and the complete cryovial content was transferred into one well of a 24-well-plate. Cells were incubated at 37 °C, 5% CO<sub>2</sub> for 48 h before cell metabolic activity was assayed.

In order to control for possible effects of DMSO in freezing medium on cell activity after thaw, cells in "DMSO control" group were treated the same way as described in "air-dry protocol", but the freezing step (-80 °C, 24 h, and liquid nitrogen storage) was omitted.

# 4.4. Effect of Storage Temperature

To analyze if cryostorage temperature has an effect on the functionalized  $\beta$ -TCP scaffold, cryovials with 3D cryopreserved cells were first stored in liquid nitrogen (7 days) and then either directly thawed and cultured or stored for 1 day at: -20 °C (freezer); for 3 days in dry ice (Styrofoam container filled with dry ice = -78.5 °C); or for 3 days in dry ice and 1 day at 20 °C. Thereafter, cells were thawed as described and cultured for 48 h or 7 days before metabolic activity of cells was measured.

#### 4.5. Cell Metabolic Activity Measurements

Metabolic activity of cells cultured on scaffold granules was measured by means of alamarBlue assay (Bio-Rad, Germany) according to the manufacturer's protocol 48 h after thaw in experimental or 72 h after seeding in control groups, respectively. Briefly, growth medium was soaked out and 400  $\mu$ L of fresh growth medium and 40  $\mu$ L of alamarBlue reagent were added to the cell-seeded scaffold granules. After 4 h of incubation at 37 °C, absorbance of conditioned medium was measured at 570 and 600 nm by means of Tecan Plate reader (Tecan, Crailsheim, Germany) and the percentage reduction of alamarBlue was calculated according to the manufacturer's instructions. Three samples were analyzed for each group and the mean value and standard deviation were calculated.

# 4.6. hMSCs Distribution on Scaffold Granules

To visualize hMSCs, seeded on  $\beta$ -TCP scaffold, before and after freezing-thawing procedure, Calcein AM (BD Pharmingen, Heidelberg, Germany) and DAPI (Life Technologies, Darmstadt, Germany) staining were applied. Scaffold granules with cells were transferred into a well of 24-well plate and 1 mL of pre-warmed growth medium with 20  $\mu$ M Calcein AM was added. Cells were incubated for 40 min at 37 °C; washed several times with PBS; and DAPI (1  $\mu$ g/mL in PBS) was added. After 10 min of incubation, cells were washed several times with PBS. hMSCs adherence and distribution on a scaffold was then assessed by directly viewing the samples with fluorescence microscopy using a Zeiss Axioobserver Z1 (Zeiss, Göttingen, Germany).

# 4.7. Osteogenic Differentiation

In order to evaluate the effect of cryopreservation on hMSCs osteogenic differentiation, cells after thawing were cultured for 24 h in growth medium and then growth medium was supplemented with 10-7 M of dexamethasone, 10 mM of  $\beta$ -glycerophosphate, and 0.05 mM of ascorbic acid-2-phosphate (Osteogenic medium, OM), all obtained from Sigma-Aldrich (Heidelberg, Germany). Cells from the control group were cultured in growth medium for 48 h after seeding, whereupon medium was changed to osteogenic-supplemented medium. Cells from both groups were cultured for another two weeks in osteogenic-supplemented medium and medium was changed every 3–4 days.

# 4.8. Gene Expression Analysis

For gene expression analysis, total RNA from cells was isolated using RNeasy Mini Kit (Qiagen, Hilden, Germany) following the manufacturer's instructions. Purity and quantity of RNA were measured using an Infinite 200PRO NanoQuant device (Tecan, München, Germany). DNase-treated RNA samples were reverse-transcribed using iScript Select cDNA Synthesis Kit (Bio-Rad, Feldkirchen, Germany) according to the manufacturer's instructions. The RT-qPCR reaction was performed using the cDNA equivalent of 10 ng RNA and the RT2 SYBR Green qPCR Mastermix (Qiagen, Hilden, Germany). All samples were amplified in duplicates using a CFX96 Touch Real-Time PCR Detection System (Bio-Rad, Feldkirchen, Germany) with human gene specific primers (RT2 qPCR Primer Assays, Qiagen, Hilden, Germany), and thermal profile of 1 cycle with 10 min of 95 °C, 40 cycles with 15 s of 95  $^{\circ}$ C, and 1 min of 60  $^{\circ}$ C followed by dissociation curve. GAPDH was used as reference gene in each experiment. A melting curve analysis was applied to ensure the specificity of the PCR procedure. Relative quantification of messenger RNA (mRNA) levels of the target genes was analyzed using the comparative CT (threshold cycle values) method  $(2^{-\Delta Ct})$  [38]. The results are presented as relative quantification (RQ), which is expression fold change compared to the reference gene. Three samples were analyzed for each group and mean value and standard deviation were calculated for further analysis.

# 4.9. Alkaline Phosphatase Expression Assay

As a marker of osteogenesis, ALP expression was assessed on day 7 of osteogenic culture according to the manufacturer's protocol (Sensolyte pNPP Alkaline Phosphatase Detection Kit, Anaspec Inc., Köln, Germany). Granules with seeded cells were washed twice with 1x assay buffer and cells were lysed with lysis buffer (0.02% Triton X-100 in  $1 \times$  assay buffer). Cell lysates were collected into fresh micro tubes and processed for ALP activity measurements. Absorbance was measured at 405 nm by means of Infinite 200PRO NanoQuant plate reader (Tecan, Crailsheim, Germany). The absolute ALP value for each sample was calculated against an alkaline phosphatase standard curve.

# 4.10. ELISA

The effect of cryopreservation on interleukin (IL)-6 and IL-10 expression in hMSCs was evaluated using ELISA. The concentration of interleukins was measured in cell conditioned medium collected at days 1, 2, 3, and 7 post-thawing by means of human IL-6 DuoSet <sup>®</sup>

ELISA and human IL-10 DuoSet<sup>®</sup> ELISA (R&D Systems, Wiesbaden-Nordenstadt, Germany) in accordance with the manufacturer's instructions. The absorbance was measured at 450 nm and cytokine concentrations were calculated based on calibration curve plotted with different standards concentrations by means of Magellan Software.

## 4.11. Statistical Analysis

All experiments were done in triplicates. The data are presented as mean  $\pm$  SD and significance level was set at *p* < 0.05. Nonparametric Kruskal–Wallis test followed by Bonferroni-corrected multiple Conover–Iman post hoc analysis was consequently applied. A *p* < 0.05 indicated statistical significance. Statistics were calculated using the software Bias 11.12 (Epsilon-Verlag, Darmstadt, Germany).

#### 5. Conclusions

Our findings show that hMSCs can be freeze-thawed on  $\beta$ -TCP scaffold through a technically simple procedure and thus provide a critical step towards the development of clinical-grade BTEs for functional bone augmentation. Cells treated in this fashion sustained their metabolic activity and showed favorable osteogenic potential after cryopreservation. The detailed mechanisms as to how the cryopreservation procedure beneficially affects the osteogenic potential of hMSCs, specifically the roles of YBX1 and HIF1 $\alpha$  genes, should be investigated in future studies.

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# **Communication Lung Extracellular Matrix Hydrogels Enhance Preservation of Type II Phenotype in Primary Alveolar Epithelial Cells**

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Abstract: One of the main limitations of in vitro studies on lung diseases is the difficulty of maintaining the type II phenotype of alveolar epithelial cells in culture. This fact has previously been related to the translocation of the mechanosensing Yes-associated protein (YAP) to the nuclei and Rho signaling pathway. In this work, we aimed to culture and subculture primary alveolar type II cells on extracellular matrix lung-derived hydrogels to assess their suitability for phenotype maintenance. Cells cultured on lung hydrogels formed monolayers and maintained type II phenotype for a longer time as compared with those conventionally cultured. Interestingly, cells successfully grew when they were subsequently cultured on a dish. Moreover, cells cultured on a plate showed the active form of the YAP protein and the formation of stress fibers and focal adhesions. The results of chemically inhibiting the Rho pathway strongly suggest that this is one of the mechanisms by which the hydrogel promotes type II phenotype maintenance. These results regarding protein expression strongly suggest that the chemical and biophysical properties of the hydrogel have a considerable impact on the transition from ATII to ATI phenotypes. In conclusion, culturing primary alveolar epithelial cells on lung ECM-derived hydrogels may facilitate the prolonged culturing of these cells, and thus help in the research on lung diseases.

Keywords: extracellular matrix; hydrogels; alveolar cells; type II phenotype; YAP

# 1. Introduction

The fundamental questions on the precise mechanisms underlying alveolar epithelial cells (AECs) damage and epithelium repair in relevant diseases, such as acute respiratory distress syndrome or chronic obstructive pulmonary disease, are still unsolved. Although it is well-known that the alveolar epithelium is repaired by the proliferation of type II AECs (ATIIs), which differentiate into type I phenotype cells (ATIs), the involved mechanisms are still poorly understood [1]. In fact, a limitation hampering translational studies in lung diseases is the difficulty of maintaining the type II phenotype of primary AECs in vitro. Indeed, it is widely known that ATII-to-ATI transdifferentiation occurs very quickly in vitro; thus, primary type II AECs neither adequately proliferate, nor can be subcultured under conventional culture conditions [2].

To extend the maintenance of the type II AECs proliferative phenotype in vitro, it was proposed to coat the culture plates with hydrogels, such as Matrigel, resembling the

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). extracellular matrix (ECM) [3]. Moreover, pioneering studies on subculturing strategies for primary ATII cells [4] employed inhibitors of Rho kinases, as the connection between the activation of the Rho pathway and cell mechanosensing of the ECM is well-established [5]. However, although the relationship between ATII phenotype maintenance in vitro and culturing cells on ECM-like substrates was proposed three decades ago [6], the problem remains open, probably because no hydrogels derived from lung ECM were available.

Interestingly, based on an initial report for obtaining hydrogels from the ECM of decellularized lungs [7], we have recently described a procedure for preparing such hydrogels by exclusively using lung ECM, with no need to add potentially toxic external cross-linkers [8]. If used as a culture substrate, this hydrogel, which realistically mimics the native lung ECM, could be particularly well-suited for providing a physiomimetic microenvironment to primary AECs. Therefore, we hypothesized that a lung ECM-based hydrogel would slow down the ATII-to-ATI transdifferentiation mediated by the inhibition of the Rho pathway, resulting in a decrease in F-actin polymerization and the formation of focal adhesions, as well as nuclear YAP activation [9–11].

#### 2. Results

# 2.1. Primary Alveolar Epithelial Cells Form Monolayers on Lung-Derived Hydrogels

Isolated AECs were grown either in lung-derived hydrogels or plates for four days. Cells were able to form a monolayer on a lung-derived hydrogel, as shown in bright-field images in Figure 1. Differences in the morphology of the cells as a function of the substrate were also noticeable as shown by confocal images in Figure 2. Throughout the culture, cells on plates started to show a more flattened shape as well as larger cytoplasms (cells cultured on plates presented, in general, sizes about 5 times larger than cells cultured on hydrogels), and the presence of vacuoles was noticeable. On the contrary, AECs cultured on hydrogels showed cuboidal shapes, and even their microvilli, a phenotypical characteristic of ATII cells [12], could be distinguished. Cells cultured on plates formed monolayers faster (day 3 vs. day 4).



**Figure 1.** Rat primary alveolar cells were cultured either on porcine lung-derived hydrogel (**A**) or on a plate (**B**). Bright field images were taken every 24 h from day 1.



**Figure 2.** Three-dimensional representation of primary alveolar type II cells cultured for three days on hydrogel (**A**) and on a plate (**B**). Nuclei are stained in blue and actin cytoskeleton in red. In the case of the hydrogel-cultured cell, it can be distinguished by a cuboidal morphology and the presence of microvilli, indicated by arrows. In the case of the cell cultured on a plate, a more spread out and wider cytoplasm can be observed showing increased size.

# 2.2. Culture of Alveolar Epithelial Cells on Lung-Derived Hydrogels Preserves the Expression of Type II Markers for Longer Periods

The results of the genetic expression of ATI and ATII typical markers (from day 2 to 5) are shown in Figure 3A. The gene expression of *sftpc* and *sftpb* decreased over time. There was a significant increase in ATII markers (surfactant proteins B and C) at earlier times (day 2 and day 3) in cells cultured on lung-derived hydrogels. There was no increase in ATI markers over time in cells cultured on hydrogels, in contrast to cells cultured on plates, where the expression of *pdpn* and *aqp5* increased with time (classical ATI markers). These results show that the ATII phenotype and gene expression levels were maintained for longer in lung-derived hydrogels. The results from immunostaining are shown in Figure 3B–E, revealing that the differential expression of *surfactant* protein C caused by the substrate was noticeable not only at the gene expression level, but also at the protein level. SPC expression was higher in cells cultured on lung hydrogels compared to that of cells cultured on a plate, as shown by the immunostainings. Furthermore, culture time affected cells differently depending on the substrate they were cultured on. Indeed, cells cultured on lung hydrogel were able to maintain the SPC expression over time, whereas cells cultured on a plate rapidly lost this ability.



**Figure 3.** ATII cells were cultured either on hydrogel (HG) or a tissue culture plate (TCP). ATII typical marker surfactant proteins C (*sftpc*) and B (*sftpb*) and ATI typical marker aquaporin 5 (*aqp5*), podoplanin (*pdpn*) were studied at different time points (from day 2 to day 5) by qPCR (**A**). Relative gene expression is shown. Expression of surfactant protein C (SPC) was studied using immunofluorescence on ATII cells cultured on hydrogel at day 2 (**B**) and day 4 (**D**) and on a plate at day 2 (**C**) and day 4 (**E**). \* *p* < 0.05, \*\*\* *p* < 0.001.

# 2.3. Culture of Primary Alveolar Epithelial Cells in Lung-Derived Hydrogels Inhibits Type II-to-Type I Transdifferentiation by Altering the Hippo/Rho Pathway

Since YAP is a key mechanotransduction protein, its expression was studied in cells cultured on hydrogels or plates for three days (Figure 4A,B). In cells cultured on hydrogels, the YAP protein was located mainly in the cytoplasm, which indicates that it was being phosphorylated and subsequently degraded. In contrast, in cells cultured on plates, nuclear active YAP was observed. Specifically, there was a two-fold increase in the amount of nuclear YAP when cells were cultured on a plate compared to that of cells cultured on hydrogels, indicating a higher transcriptional activity in the first group (Figure 4C).



**Figure 4.** Alveolar type II cells were cultured on hydrogel (**A**) or on a plate (**B**) and stained for YAP protein (green). YAP nuclear and cytoplasmic expressions were quantified and expressed as the nuclei/cytoplasm fluorescence ratio in both conditions hydrogel (HG) and tissue culture plate (TCP) (**C**), \*\*\* p < 0.001.

Owing to the role of focal adhesions (FAs) and the actin cytoskeleton in sensing extracellular matrix cues and transmitting them to the cell, the expressions of actin and paxillin, which is one of the proteins comprising FAs, were studied. Both were reported to be implicated in the hippo pathway, by inhibiting it and promoting the YAP nuclear expression. In cells cultured for three days on lung-derived hydrogels, a poor focal adhesion assembly was observed by the paxillin immunostaining. Moreover, no stress fibers were formed as indicated by the phalloidin staining (Figure 5A). On the contrary, in cells that were cultured for three days on a plate, assembled paxillin and stress fibers were clearly observed (Figure 5B). The role of Rho, which is involved in the maturation of focal adhesions and YAP regulation [13,14] was studied by the use of the ROCK inhibitor (Y27632). The results show that it could play a role in the maintenance of the ATII phenotype, as reflected by an increase in SPC in conventional culture (p = 0.02) (Figure 5D) together with a decrease in focal adhesion size (p = 0.001) (Figure 5D), suggesting that the use of HGs as a substrate for AECs culture could be inhibiting the Rho pathway, and thus allowing for type II phenotype maintenance.





**Figure 5.** Representative images of focal adhesions (FAs) in cells cultured on hydrogels (**A**) and plate (**B**). Red: phalloidin, green: paxillin, blue: nuclei. Quantification of the FA length (**C**) and the intensity of surfactant protein C (SPC) of alveolar type II cultured on hydrogels for 3 days with (Y27632) and without (CTRL) the addition of the ROCK inhibitor (**D**), \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001.

# 2.4. Primary Alveolar Epithelial Cells Cultured on Lung-Derived Hydrogels Can Be Subcultured

The potential ability to subculture primary ATII cells was studied. Cells were cultured for 3 days on lung hydrogels and, after that time, lung-derived hydrogels were digested with collagenase, and cells were seeded again on plates. Sixteen hours later, they were immunostained for typical epithelial (EpCAM) and ATII (SFTPC) markers (Figure 6). Subcultured cells were positive for both, EpCAM and SFTPC markers. These results indicate that lung-derived hydrogels allow for primary AECs subculture.



**Figure 6.** Alveolar type II cells were cultured on hydrogels for three days. After that time, they were subcultured on plates and stained for surfactant protein C (red) and EpCAM (green).

#### 3. Discussion

We have provided evidence that using lung-derived ECM hydrogels as a culture substrate allows the maintenance of the type II phenotype in primary AECs to be enhanced. Moreover, our results for YAP and when using ROCK inhibitors on cells cultured on lung hydrogels, which preserve several proteins from their native organs [7], suggest that the biophysical properties of the hydrogel have a high impact on cell mechanosensing pathways, thereby playing a role in the maintenance of type II phenotype. This first-time study culturing cells on lung ECM-derived hydrogels, which was carried out in rat primary AECs as a proof of concept, opens the door for further research in primary human AECs, with a potential future impact on cell therapies for diseases such as pulmonary fibrosis and acute lung injury [15,16].

Similar results to those obtained in the present study were provided by Shannon and coworkers [6], who conducted the first study showing the importance of the protein content of the substrate in the maintenance of ATII morphology and phenotype. The main limitation of that first study was the inability of the cells to form a monolayer, which is easily accomplished in our lung-derived hydrogel. Since then, efforts have been made to improve the ability to maintain the ATII phenotype, which has only been achieved by media supplementation [3,17–19]. Both the biochemical and physical properties of the substrate are involved in cell behavior. It is worth noting that cells formed a monolayer slower in hydrogels than on plates, which could be due to the fact that cells proliferate quicker on the plate or that the ATII-to-ATI transdifferentiation allows for a faster substrate coverage, as ATI cells are much larger in size. In view of the differing stiffness of the hydrogels when compared to the culture plate and the cuboidal morphology of the cells, differences in their cytoskeleton distribution and the formation of focal adhesions, which are key points in the crosstalk of cell-ECM, were expected. Cells cultured on hydrogels showed shorter focal adhesions that correlated with a decreased YAP translocation to the nuclei. YAP is an important transcription factor that is implied in the regulation of several genes, and it is reported to be associated with inflammatory and epithelial damage situations in vivo where the ATII-to-ATI transdifferentiation is required [20,21]. In this case, YAP nuclear location of cells cultured on a plate could be triggering the differentiation in the ATI cell population. As Rho is implicated in the maturation of focal adhesions [14], and previous authors have pointed to it as a key factor in the transdifferentiation process [4,22], its role was studied. The determination of the individual contribution of different Rho proteins would be highly interesting. However, as it would be complex [14], we studied this effect through its inhibition using Y27632. The obtained results support the implication of Rho in the ATII phenotype, as its inhibition produced an increase in SPC and decrease in FAs only in cells cultured on a plate. The origin of this inhibition of the Rho pathway, although out of the scope of the present work, is probably related to the complex molecular composition of lung-derived hydrogels and their biomechanical properties.

Primary ATII cells have previously been subcultured [4] by coculturing them with fibroblasts as feeder cells and with the addition of the Rho inhibitors. The role of fibroblasts in maintaining the ATII phenotype is not exactly known but it could be that they work as a source of the keratinocyte growth factor (KGF). The addition of KGF has been used by other authors to increase the phenotypic features of ATII cells [3,19], and in turn, to inhibit Rho kinases, which are shown to play a key role in the ATII-to-ATI transdifferentiation [22]. In our case, the use of lung-derived hydrogels as substrates for culturing allows these cells to be subcultured without the of use of additional chemicals or cocultures. Therefore, culturing primary alveolar epithelial cells on lung ECM-derived hydrogels may facilitate the prolonged culturing of these cells, and thus help in the research of lung diseases. However, more research should be carried out regarding the number of possible passages, especially considering that factors different from the ATI-to-ATII transdifferentiation would limit the time that these primary cells could be maintained in vitro. Further research is also needed to determine which components of ECM-derived hydrogels have more impact on the maintenance of the type II phenotype in vitro. As the extracellular matrix used to produce hydrogels in the present work was obtained from lung tissue, it is expected that some key biochemical and biophysical factors specific to the lung are being preserved in the process of hydrogel production. The identification of these factors, although out of the scope of the present work, would allow the development of novel optimized scaffolds for the in vitro culture of pulmonary cells.

# 4. Materials and Methods

Unless otherwise specified, all reagents were purchased from ThermoFisher Scientific (Waltham, MA, USA) or Sigma-Aldrich (Saint Louis, MO, USA).

#### 4.1. Decellularized Lung Extracellular Matrix Hydrogels Preparation

Lung-derived hydrogels were prepared by following a previously described protocol [23]. Briefly, porcine lungs were decellularized by consecutive perfusion of the following reagents through the vasculature and the airways: 0.1% Triton X-100 and 2% SDC for 24 h at 4 °C, and NaCl 1 M and DNase solution for 1 h at 4 °C. Three washes of miliQ water were performed between consecutive reagent perfusion, and a last wash of PBS 1X was carried out. Decellularized lungs were cut into small pieces, freeze-dried (Telstar Lyoquest-55 Plus, Terrassa, Spain) and milled in liquid N<sub>2</sub> (SPEX SamplePrep, Metuchen, NJ, USA). The obtained powder was resuspended at 20 mg/mL in 0.01 M HCl and pepsin digested at a 1/10 proportion under magnetic stirring at room temperature for 16 h. To produce hydrogels, the digested solution was pH-adjusted to 7.4  $\pm$  0.4 by using 0.1 M NaOH and incubated at 37 °C for 20 min.

# 4.2. Primary Alveolar Epithelial Cells Isolation

The procedure was approved by the Ethical Board for Animal Research of the University of Barcelona, in compliance with regional, national and European regulations. Rat lungs were obtained from 180–250 g Sprague Dawley male rats. The animals were intraperi-

toneally anesthetized with 1 g/kg urethane and euthanized by exsanguination. AECs were isolated following a protocol described in [24]. Briefly, lungs were perfused with saline through the pulmonary artery and were resected en bloc. Three bronchioalveolar lavages were performed with 10 mL of PBS 1X to remove alveolar macrophages. Then, lungs were digested with 50 mL of 0.25% of trypsin through the airways for 30 min, cut into small pieces, and digested in a 100 units/mL DNase solution. The resulting suspension was filtered through a 100 µm and a 40 µm mesh and centrifuged through a Percoll (GE HealthCare, Chicago, IL, USA) gradient at  $500 \times g$  for 20 min. The band containing ATII cells was recovered and digested using 20 units/mL of DNase. The resulting solution was centrifuged for 15 min at  $500 \times g$ , and the pellet was resuspended in DCCM-1 (Biological Industries, Kibbutz Beit Haemek, Israel) medium and cultured for 1 h. Subsequently, medium containing ATII non-adherent cells was recovered and centrifuged for 10 min at  $800 \times g$ . Cells were finally counted and seeded either on 24-well culture plates or on top of lung-ECM hydrogels.

#### 4.3. Rho Kinase Inhibition Assay

For the inhibition of the Rho pathway, Y27638 (10  $\mu M$ ) was added to the medium for 24 h.

### 4.4. Reverse Transcription qPCR

For studying the expression of ATI and ATII markers, cells were cultured either on plastic or lung-derived hydrogels for different times, and RNA was subsequently extracted from samples by employing the RNeasy kit (Qiagen, Hilden, Germany). The cDNA was obtained by a reverse transcription-polymerase chain reaction (TaqMan Reverse Transcription Reagents, Invitrogen, Waltman, MA, USA) according to the manufacturer's instructions. The expression level of surfactant protein C (*sftpc*), surfactant protein B (*sftpb*), aquaporin 5 (*aqp5*) and podoplanin (*pdpn*) was studied using the Taqman Fast Advanced Master Mix and the TaqMan Gene Expression Assays in a StepOnePlus thermocycler (Applied Biosystems, Waltham, MA, USA). The expression level of genes was normalized to the constitutively expressed gene PPIA and calculated using the  $2^{-\Delta\Delta Ct}$  method [25].

#### 4.5. Immunohistochemistry and Image Processing

For immunohistochemistry experiments, cells were fixed with 4% paraformaldehyde for 30 min. Primary antibodies were incubated overnight, and secondary antibodies were incubated for 2 h at 37 °C. Nuclei were stained with Hoechst 33342. To avoid unspecific binding, especially in the hydrogel samples, a blocking buffer consisting of 2% BSA (Thermo Fisher, MA, USA) diluted in PBS 1X (Gibco, MA, USA) was employed for 40 min. Primary antibodies employed were rabbit anti-SFTPC (Invitrogen, Waltman, MA, USA), mouse anti-YAP (Santa Cruz Biotechnology, Dallas, TX, USA) and EpCAM (Miltenyi, Bergisch Gladbach, Germany). Secondary antibodies used were goat anti-rabbit cy5 (Abcam, Cambridge, UK) and goat anti-mouse Alexa Fluor 488 (Abcam, Cambridge, UK). Images were acquired with a Nikon Confocal Eclipse Ti microscope using a  $20 \times Plan$ Fluor Multi-immersion objective (0.75 NA) in the case of the SFTPC, EpCAM and YAP staining with a 10× objective (0.3 NA) for the bright field images, and a 100× objective (1.45 NA) for the paxillin and actin images. Nuclear images were obtained at 450 nm when illuminating the sample at 408 nm. Samples were excited at 488 nm and acquired at 515 nm for YAP, EpCAM and Paxillin images, and excited at 543.5 nm and acquired at 605 nm for SFTPC and actin stains.

For the analysis of YAP images, five images per condition were randomly selected and analyzed using a blind procedure with ImageJ Software. Quantification of the ratio nuclear fluorescence/cytoplasmic fluorescence was assessed following a previously described procedure [26] with slight modifications. To calculate the total cell fluorescence, a triangle threshold was employed, and the integrated fluorescence was calculated in the YAP channel. For calculating the YAP nuclear fluorescence, the perimeter of the nuclei was delimited by the Huang threshold in the DAPI channel. After that, the resulting mask was redirected to the YAP channel and the integrated intensity contained in the nuclear perimeter was obtained. To calculate the cytoplasmic fluorescence, the differences in the intensities in the total cell and in the nuclei were calculated.

For focal adhesion length measurements, five representative adhesions per cell in paxillin stainings at the cell edge were manually quantified with Image J Software.

### 4.6. Statistical Analysis

Data are expressed as mean  $\pm$  SE unless stated otherwise. Statistical analysis was performed with Graphpad Prism software. Differences in ATI/ATII markers gene expression and YAP nuclear/cytoplasmic expression were analyzed using paired *t*-test. A *p*-value < 0.05 was considered significant.

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Article



# microRNA Expression of Renal Proximal Tubular Epithelial Cells and Their Extracellular Vesicles in an Inflammatory Microenvironment In Vitro

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Abstract: Renal proximal tubular epithelial cells (PTCs) are central players during renal inflammation. In response to inflammatory signals, PTCs not only self-express altered mRNAs, microRNAs (miRNAs), proteins, and lipids, but also release altered extracellular vesicles (EVs). These EVs also carry inflammation-specific cargo molecules and are key players in cell-cell-communication. Understanding the precise molecular and cellular mechanisms that lead to inflammation in the kidney is the most important way to identify early targets for the prevention or treatment of acute kidney injury. Therefore, highly purified human PTCs were used as an in vitro model to study the cellular response to an inflammatory microenvironment. A cytokine-induced inflammatory system was established to analyze different miRNA expression in cells and their EVs. In detail, we characterized the altered miR expression of PTCs and their released EVs during induced inflammation and showed that 12 miRNAs were significantly regulated in PTCs (6 upregulated and 6 downregulated) and 9 miRNAs in EVs (8 upregulated and 1 downregulated). We also showed that only three of the miRNAs were found to overlap between cells and EVs. As shown by the KEGG pathway analysis, these three miRNAs (miR-146a-5p, miR-147b, and miR-155-5p) are functionally involved in the regulation of the Toll-like receptor signaling pathway and significantly correlated with the inflammatory mediators IL6 and ICAM1 released by stimulated PTCs. Especially with regard to a possible clinical use of miRs as new biomarkers, an accurate characterization of the miR expression altered during inflammatory processes is of enormous importance.

**Keywords:** renal tubular cells; epithelial cells; proximal tubule; extracellular vesicles; cytokines; inflammation; inflammatory microenvironment; kidney

# 1. Introduction

Renal proximal tubular epithelial cells (PTCs) are not only an integral part of the nephron, which is responsible for the reabsorption of water, electrolytes, and other substances from the filtrate produced by the glomerulus, but they are also central players during renal inflammation and mediate the response to inflammation during kidney diseases [1]. Inflammation in the proximal tubular segment is often associated with an immune response to injury or infection [2]. The inflammatory process involves the activation of immune cells, the release of pro-inflammatory molecules, the recruitment of inflammatory cells to the affected area, and tissue damage. This inflammation can lead to various renal diseases, including acute and chronic renal injury, tubulointerstitial nephritis, and finally, fibrosis [3,4].

During the inflammatory process, renal tubular epithelial cells are exposed to various stimuli, such as cytokines, chemokines, and damage-associated molecular patterns. In

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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). response to these inflammatory signals, PTC release extracellular vesicles (EVs) that carry inflammation-specific cargo molecules [5]. These EVs are than taken up by neighboring cells or transported to distant sites, where they can influence the immune response and contribute to the progression or resolution of inflammation. EVs are small membranebound particles released by nearly all cell types, including renal tubular epithelial cells, and they play crucial roles in cell-to-cell communication. There are different types of known EVs, leading to their classification according to their sub-cellular origin, release pathways, and size [6]. On the one hand, there are EVs released by budding from the cells' plasma membrane, known as microvesicles, ectosomes, or microparticles. On the other hand, there are EVs which are generated inside multivesicular bodies and are secreted by the fusion of the body with the plasma membrane, known as exosomes. Both subtypes are mainly involved in intercellular communication in health and disease. Besides these types, there are also apoptotic bodies belonging to the class of EVS, which, however, have a different task compared to the other subgroups. Apoptotic vesicles are released from the plasma membrane during programmed cell death and therefore transport substances from dying cells [7].

All EVs exhibit some diversity, particularly in terms of their surface molecules, which allows them to be targeted to recipient cells. It has been shown that when EVs attach to a target cell, they trigger signaling pathways via receptor-ligand interactions or internalization via endocytosis or phagocytosis or even by fusion with the membrane of the target cell [8]. It has also been shown that EVs from parent cells can interact in a specific manner with recipient cells, e.g., in the renal nephron, and it has further been suggested that a specific signaling pathway exists from proximal to distal tubular epithelial cells [9]. The signaling pathways and communication via EVs are mostly accomplished by nucleic acids, lipids, proteins, and carbohydrates included in the EVs. By delivering their content into the cytosol of a target cell, EVs can modify the physiological state of the recipient cell [8]. In particular, small RNA molecules, so-called microRNAs (miRNAs), were proven to play a central role as epigenetic regulators in this context, since they regulate gene expression via post-transcriptional mechanisms. Therefore, they are touted as the next generation of biomarkers for different human diseases and biological states [9]. They were, inter alia, shown to prevent the uncontrollable progression of inflammation but were also shown to be frequently dysregulated in the development of renal fibrosis and other diseases [10,11]. Since free RNA included in serum or medium is relatively instable, EVs could serve as a protector of RNA from degradation and therefore contribute to the status of a potential biomarker [12].

In our present study, highly purified human renal proximal tubular epithelial cells were used as an in vitro model to study the cellular response to an inflammatory microenvironment. Therefore, a cytokine-induced inflammatory system was established to analyze different miRNA expression levels in cells and their EVs. Specifically, we describe and discuss the altered miRNA expression of PTC and their released EVs during induced inflammation. Especially with regard to a possible clinical use of miRs as new biomarkers, the accurate characterization of the miR expression altered during inflammatory processes is of enormous importance.

#### 2. Results

# 2.1. Characterization of PTCs and Their EVs

Cultured PTCs displayed an epithelial morphology with a highly compact cell monolayer (Figure 1A). The expression of the characteristic markers CD13 and CD26 was shown via flow cytometry. In addition, the expression of the epithelial cell adhesion molecule (Ep-CAM) and the marker CD63, a characteristic marker of exosomes, was shown (Figure 1B). After incubation in an inflammatory microenvironment, the cells retained their epithelial morphology but showed smaller gaps at some sites of the cell monolayer.



**Figure 1.** Characterization of PTCs (**A**,**B**) and EVs isolated from PTC supernatant (**C**,**D**). (**A**) Characteristic phase contrast microscopy of confluent PTCs cultured in standard cell culture. (**B**) Representative flow cytometric overlay histograms of characteristic PTC marker expression (CD13, CD26, and Ep-CAM), and of CD63, a characteristic marker of exosomes. The black histograms represent isotype controls. (**C**) Representative nanoparticle tracking analysis (NTA) of EVs isolated from unstimulated PTC after standard cell culture for 48 h. (**D**) Representative flow cytometric overlay histogram of PTC-EVs isolated using EpCAM-beads and immunostained with CD63-APC. The black histogram represents an unstained control. (**E**) Representative nanoparticle tracking analysis (NTA) of EVs isolated from PTCs after culture in an inflammatory microenvironment for 48 h.

SEC-isolated PTC-EVs were characterized via nanoparticle tracking analysis (NTA) (Figure 1C,E) and flow cytometry (Figure 1D). EVs isolated from unstimulated controls showed a mean size of  $173.7 \pm 24.2$  nm (distribution between 24 and 484 nm), with an average concentration of  $8.47 \times 10^{10}$  particles/mL (n = 3, Figure 1C). EVs isolated from stimulated cells were slightly larger in their average mean size (192.3  $\pm$  23.8 nm, distribution between 60 and 576 nm), and with a slightly increased concentration ( $9.48 \times 10^{10}$  particles/mL, n = 3, Figure 1E). Nevertheless, these differences were not significant. Flow cytometric analyses further showed CD63 expression on magnetic-bead-purified PTC-EVs (using specific EpCAM-marked magnetic beads) (Figure 1D).

Additional qPCR analyses to validate the effect of an inflammatory microenvironment on the cells showed significantly upregulated mRNA expression levels of interleukin (IL) 6 (IL6), IL1 $\beta$ , and intercellular adhesion molecule 1 (ICAM1) (Figure 2A–C). For these experiments, we used a total of six PTC samples: two identical purifications that were also used for miR sequencing and four additional cell cultures.



**Figure 2.** Validation of inflammatory stimulation of PTCs. mRNA expression of selected factors under an inflammatory culture condition for 48 h: (**A**) IL6, (**B**) IL1 $\beta$ , and (**C**) ICAM1. The expression levels in each experiment were normalized to a housekeeping gene ( $\beta$ -actin) and expressed relative to the control using the  $\Delta\Delta$ CT method (Expression). A mixture of pro-inflammatory cytokines (stimulation) significantly increased the mRNA expression of all three readouts after 48 h of incubation. Mean  $\pm$  SEM, \* *p* < 0.05 (A, B), \*\*\* *p* < 0.001 (C), *n* = 6.

#### 2.2. Effect of Inflammation on the miR Expression in PTC and Their EVs

To sequence all samples, the high-throughput Illumina sequencing technology together with the Miseq instrument were used, resulting in the generation of raw DNA sequence reads. In this study, a total of around 9,000,000 raw reads were obtained from miRNAs and the slightly longer so-called piwi-interacting RNAs (piRNAs) of PTCs or of EVs released from PTCs, respectively. Nevertheless, the actual number of reads was approximately 1,500,000 reads for samples obtained from the PTCs and 50,000 reads for samples obtained from the EVs.

To finally determine the identity and quantity of all reads included in each sample, the raw data of the sequencing were uploaded to the Qiagen database for further analysis. Therefore, the specific miRNAs and piRNAs that corresponded to the raw reads generated from Illumina sequencing were evaluated. Hierarchical clustering in the form of a heatmap should give an overview about the differences in the quantities of the different miRNAs and piRNAs between the unstimulated controls and the stimulated samples. Those miRNAs and piRNAs that had a minimum log fold change (log<sub>2</sub>FC) of > $\pm$ 0.75 and an adjusted *p* value (p-adj) of less than 0.1 were each shown in a heatmap as up- or downregulated (Figure 3A,B, Supplementary Tables S1 and S2). Of the detected small RNAs from PTCs, there were 13 upregulated and 10 downregulated (Figure 3A, Supplementary Table S1). Of the detected miRNAs and piRNAs from the EV samples, there were 16 upregulated and 34 downregulated (Figure 3B, Supplementary Table S2).

For further analyses, we only used highly significant regulated miRNAs (p-adj < 0.05) with a minimum  $\log_2$ FC of >±1, and no piRNAs (Figures 4A,B and 5). We found 12 miRNAs in the PTC samples, of which 6 (miR-146A-5p, miR-147b, miR-146a-3p, miR-155-5p, miR-99b-5p, and miR-100-3p) were upregulated and 6 were (miR-210-3p, miR-128-3p, miR-186-5p, miR-335-5p, miR-140-3p, and miR-296-3) downregulated (Figure 4A), and 9 miRNAs in the EVs from PTCs, of which 8 were upregulated (miR-146a-5p, miR-146a-5p, miR-155-5p, miR-141-3p, miR-23b-3p, miR-147b, miR-320c, and miR-3613-5p) and 1 was downregulated (miR-3687) (Figure 4B).

The Venn diagram shows the overlap of the highly significant miRNAs found in PTCs (12 miRNAs) and their EVs (9 miRNAs) (Figure 5A). These three miRNAs (miR-146a-5p (log<sub>2</sub>FC 3.384 (PTC) and 1.944 (EVs)), miR-147b (log<sub>2</sub>FC 4.244 (PTC) and 3.007 (EVs)), and miR-155-5p (log<sub>2</sub>FC 2.438 (PTC) and 1.232 (EVs)), also shown in Tables S1 and S2) were then used for network analyses to identify the contribution of these miRNAs to biological processes and target interactions (using miRNet 2.0, miRTarBase v8.0) (Figure 5B,C). In total, the three miRNAs were predicted to be involved in 55 pathways, including the Toll-like receptor signaling pathway (p-adj < 0.0000305), the T cell receptor signaling pathway (p-adj < 0.000142), and the B cell receptor signaling pathway

(p-adj < 0.00677), and were predicted to target 3775 genes (Figure 5B,C and Supplementary Figure S1). Shared targets in the Toll-like receptor signaling pathway for miR-146a-5p and miR-155-5p were IL6, ICAM1, NFkB1, FADD, RHOA, RAC1, CXCL8, STAT1, and FOS and COL4A2 for miR-147b and miR-155-5, respectively.







**Figure 4.** RNAseq analysis of miRNA extracted from (**A**) PTCs and (**B**) their EVs. Volcano Plot combining log fold change (log<sub>2</sub>FC) analysis. Fold changes with a highly significant upregulation or downregulation are highlighted (log<sub>2</sub>FC >  $\pm 1$ ; p-adj < 0.05).


**Figure 5.** Venn diagram and network analysis. (**A**) Venn diagram to show the overlapping highly significant regulated miRNA from PTCs and their EVs. Only three miRNAs (miR-146a-5p, miR-147b, and miR-155-5p) overlapped between the two groups (Venny 2.1.0). (**B**,**C**) Network analyses showing miRNA target interactions. Network visualization: miR (blue squares) and the potentially interacting gene network (magenta and green dots) created with miRNet 2.0 (miRTarBase). (**B**) Dissected miRNA–target interactions and functional associations through network-based visual analysis (miRNet). miR-146a-5p, miR-155-5p, and miR-147b regulate 1092 genes, including ICAM1 and IL6. (**C**) Interaction and targets involved in Toll-like receptor signaling pathway.

The expression of the three miRNAs found (Figure 5A) was then further validated using the purchasable miRCURY system from Qiagen. Using this system, we confirmed the highly significant upregulation of all three miRNAs after the incubation of PTCs in the inflammatory microenvironment (Figure 6). Nevertheless, due to a lack of samples, we did not validate the expression of the miRNAs in EVs.



**Figure 6.** Validation of miR-146a-5p, miR-147b, and miR-155-5p expression in unstimulated PTCs (controls) and after stimulation. Values were normalized using the UniSP6 spike-in control primer set. Data are mean  $\pm$  SEM of three independent experiments. Significance was calculated using Student's *t*-test. \* *p* < 0.05; \*\*\* *p* < 0.001.

Finally, we examined whether the three miRNAs found correlated with the levels of the three inflammatory molecules from the PCR of the associated samples (see Figure 2). This showed that both IL6 and ICAM correlated well with the reads of the three miRNAs (for all correlations: r > 0.89, p < 0.05) (Figure 7A,B). Nevertheless, this was not the case for IL1 $\beta$  (p not significant for all the correlations).



**Figure 7.** Correlations. Correlation of overlapping miRNAs (reads of miR-146a-5p, miR-147b, and miR-155-5p) with (**A**) IL6- and (**B**) ICAM1-mRNA expression.

#### 3. Discussion

Understanding the precise molecular and cellular mechanisms that lead to inflammation in the kidney is the most important way to identify early targets for the prevention or treatment of acute kidney injury. Inflammation is a physiological process to protect the body from acute injury induced, for example, by toxins or pathogens. It is mediated by inflammatory cytokines, such as IL1 $\beta$ , IFN $\gamma$ , and TNF $\alpha$ , released by immune cells, but also by resident tissue cells like PTCs. Thus, PTCs are involved in physiological and pathophysiological processes. The transmission of intercellular signal molecules is of great significance, including endocrine, paracrine, and autocrine biochemical pathways. Following injury or the stimulation of tubular epithelial cells, various cascades of mediator systems may be activated, leading to an increased local release of cytokines, chemokines, and other pro-inflammatory molecules. All these locally produced mediators may subsequently lead to injury enhancement, either directly or indirectly through increased the immigration of proinflammatory cells such as macrophages and lymphocytes [13]. In addition, the expression of various intracellular non-coding RNAs (miRNAs, long non-coding RNAs, and piRNAs) is altered, and extracellular vesicles as mediators of cell-cell communication are released with a cargo of inflammation-specific molecules [5,14]. Although the mechanisms regulating inflammation and the subsequent defense mechanism have not been fully elucidated, recent evidence suggests that non-coding RNAs, particularly miRNAs, play a critical role in the generation and control of the inflammatory response. These non-coding RNAs are critical for the stability and maintenance of mRNA at a post-transcriptional level. Several miRNAs, such as miR-146 and miR-155, have been shown to be important regulators of inflammation-related mediators [15]. Alexander and co-workers showed that miR-146a and miR-155 are present in exosomes and pass between immune cells in vivo and demonstrated that exosomal miR-146a inhibits while miR-155 promotes endotoxin-induced inflammation in mice [15].

There are currently limited data on altered miRNA expression in renal epithelial cells and their EVs during episodes of renal inflammation in general. Nevertheless, several studies investigated the involvement of miRNA during injury and repair in the kidney [16]. Recent studies have shown that miRNAs play a critical role in the development of acute renal failure. The overexpression of miR-150 in mice generated renal cell injury due to the downregulation of a growth factor receptor and the consequent enhancement of inflammation and the apoptosis of interstitial cells [17]. The upregulation of miR-687 in renal tubular epithelial cells both in vitro and in vivo induced renal injury by suppressing the expression of specific molecules, the activation of the cell cycle, and the induction of apoptosis [18]. On the other hand, the upregulation of miR-21 has been shown to ameliorate induced kidney injury by inhibiting inflammation and cell apoptosis [19]. Joo and coworkers demonstrated that miR-125b expression was enhanced in injury and protected the kidney from cisplatin-induced kidney injury [20]. Another study suggested that miR-155 had a protective role in cisplatin-induced nephrotoxicity [21]. The induction of miR-26a has been shown to increase tubular cell viability through the modulation of a growth and a transcription factor during kidney injury in an in vivo model [22]. Several other studies showed the influence of specific miR on cell viability and proliferation during renal regeneration (reviewed in [16]).

EVs released by (renal) cells are important mediators of cell-cell-communication and signal transduction. Urinary EVs have been intensely investigated and characterized for use as diagnostic non-invasive biomarkers of inflammatory renal diseases [23]. However, their specific cellular origin is unclear, as they could originate from any of several cell types from the kidney and bladder. For this reason, the accurate characterization of altered miRNA expression in inflammatory processes in a well-defined system of highly purified and differentiated PTCs and their released EVs is necessary. For example, Wang and co-workers identified differential expression levels of miRs and proteins from PTC-derived exosomes, a specific subpopulation of EVs, under different disease-culture conditions and described different readouts linked to renal pathological processes [14]. They identified different miRs differently expressed in exosomes between the control and the inflammatory group, such as miR-200a, miR-222, and miR-204, which were previously attributed a role within the renal disease pathways [14]. Another study by the same authors used a Transwell system to examine the molecular content and function of EVs released from the apical and the basolateral surface of polarized human primary tubular epithelial cells under inflammatory diseased conditions [5]. They used multiomic analysis to characterize the distinct molecular profiles of miRs, proteins, and lipids released from EVs of the apical versus basolateral cell membranes. The study demonstrated that EVs released, particularly basolaterally, play a central role in modulating tubulointerstitial inflammatory responses observed in immune-mediated renal disease.

Our data revealed that miR 146a, miR-155, and miR-147b were significantly upregulated in both PTCs and EVs after inflammatory stimulation. All three miRNAs have been implicated in inflammatory processes and are directly involved in the Toll-like receptor signaling pathway [24,25]. Following this, the expression of the three microRNAs has been found increased in patients with bacterial sepsis [26]. Whilst it has been proposed that the overexpression of miR-147b inhibited LPS-induced inflammation via the inhibition of the p38 MAPK signaling pathway and alleviates inflammation and apoptosis in acute lung injury, miR-146a and miR-155 have emerged as important transcriptional regulators in the regulation of NF-κB-driven inflammation [27,28]. LPS-induced inflammation in human microvascular endothelial cells showed increased levels of IL6 and ICAM1 together with an upregulation of miR-146a [29]. The overexpression of miR-146a resulted in the downregulation of IL6, as well as ICAM1, while the inhibition of miR-146a led to opposite effects. In this regard, Zhou and co-workers reported a positive feedback loop between miR-155-5p, STAT3, and NF-κB in A. cantonensis infection and the miR-155-5p-dependent expression of eosinophil inflammatory cytokines such as CCL6/C10, ICAM1, and MMP9 [30]. In inflammatory responses, the NF-kB-miR-155 axis and the NF-kB-miR-146a axis regulate the intensity and duration of inflammation [31]. As one of the first miRNAs identified as an immune system regulator, miR-146 is rapidly expressed upon NF-KB activation and downregulates IRAK1 and TRAF6 to reduce the activity of NF-κB by a negative regulatory loop mechanism [32]. miR-146a is involved in the pathogenesis and progression of several immune inflammatory diseases such as rheumatoid arthritis, inflammatory bowel disease, multiple sclerosis, psoriasis, atherosclerosis, hepatitis, or chronic obstructive pulmonary disease.

Like miR-146, miR-155 also plays a critical role in inflammatory diseases such as inflammatory autoimmune diseases (e.g., rheumatoid arthritis, systemic lupus erythematosus, multiple sclerosis, type 1 diabetes, and systemic sclerosis) and is abnormally expressed in inflammatory bowel disease, colitis ulcerosa, and neuroinflammation [33]. miR-155 is rapidly upregulated by NF- $\kappa$ B within the inflammatory response. Once activated, miR-155 controls the expression of both IKK $\beta$  and IKK $\varepsilon$ , forming a positive feedback loop, which leads to the repression of NF- $\kappa$ B activation [31]. Thus, miR-155 and miR-146 regulate the inflammatory response in a combinatorial manner [34]. Clinical and preclinical studies have shown that renal miR-155 expression increases significantly in acute renal failure [35]. An in vitro study has shown that the overexpression of miR-155 promoted cellular apoptosis and suppressed proliferation, while the inhibition of miR-155 expression exerted opposite effects [36]. For this reason, we additionally examined the correlation of the miRs found with the molecules IL6, IL1 $\beta$ , and ICAM1, which are increased by inflammation, and we were able to show that all three miRs correlate with the expression of IL6 and ICAM1, but not with that of IL1 $\beta$ .

miR-146a is also involved in the regulation of inflammation in the kidney. Fu and co-workers reported that miR-146a reduced lupus-erythematosus-induced renal injury in MRL/lpr mice by downregulating the NF- $\kappa$ B pathway [37]. In addition, a protective effect of miR-146 against kidney injury in diabetic nephropathy rats through mediating the NF- $\kappa$ B signaling pathway has also been shown [38]. It is tempting to speculate about the role of miR-147b in renal inflammation. Interestingly, a recent publication described renal injury due to the induction of miR-147 during cold-storage-associated transplantation [39]. miR-147 suppressed NDUFA4, resulting in mitochondrial damage and renal tubule cell death.

In summary, our current study provides further insight into the inflammatory response of renal proximal tubular epithelial cells. We characterized their altered expression of small RNAs in response to cytokine stimulation and compared it with their altered cargo to released EVs. We found three characteristic miRNAs, miR-146a, miR-147b, and miR-155, which were significantly upregulated in cells and in EVs, and thus may play a critical role in regulating the inflammatory response in the kidney.

#### 4. Materials and Methods

#### 4.1. Isolation and Culture of Human Renal Proximal Tubular Epithelial Cells

Human renal proximal tubular epithelial cells (PTCs) were separated as described previously [40]. Briefly, PTCs were isolated after nephrectomies from tissue not involved in renal cell carcinoma. Kidney tissue was minced with crossed blades, digested with collagenase/dispase, and forced through a sieve (106  $\mu$ m). The tissue slurry was then incubated with collagenase IV, DNase, and MgCl2 and centrifuged over a Percoll density gradient. PTCs were then isolated in high purity using a mAb against aminopeptidase M (CD13) and the Mini-MACS system (Miltenyi, Bergisch Gladbach, Germany). Cells were characterized as previously described [40,41], seeded in cell culture plates, and cultured in standard culture medium (Medium 199 (M4530, Sigma, Taufkirchen, Germany) with a physiologic glucose concentration (100 mg/dL) and with 10% fetal bovine serum (FBS; Biochrom, Berlin, Germany)). The medium was replaced every three to four days, and confluent cells were passaged via trypsinization. Cells isolated from four different patients were used. Cells between passages 3 and 6 were used for the experiments. Selected PTCs were used for further characterizations via flow cytometry, as previously described [40].

## 4.2. Preconditioning in an Inflammatory Microenvironment

Cells were grown in culture flasks (75cm<sup>2</sup>) in standard cell culture medium until confluence. The cells were then washed and kept in serum-free medium 199 for 48 h, either in standard medium (controls) or in an inflammatory microenvironment. The inflammatory microenvironment was induced by culturing PTCs in medium with a mixture of cytokines (CM) containing  $\gamma$ -interferon (200 U/mL), interleukin-1 $\beta$  (25 U/mL), and TNF- $\alpha$  (10 ng/mL). Then, PTCs were used for direct miR isolation (see Section 4.5), and EVs were isolated from the supernatant via size exclusion chromatography (SEC) (see Section 4.3).

In addition, the effect of the inflammatory microenvironment was checked via qPCR analysis. The complete method was described earlier [42]. The primers used were IL6 (150 bp, forward AAA GAT GGC TGA AAA AGA TGG ATG C, reverse ACA GCT CTG GCT TGT TCC TCA CTA C), IL1 $\beta$  (83 bp, forward AGC TGA TGG CCC TAA ACA GA, reverse AGA TTC GTA GCT GGA TGC CG), ICAM1 (135 bp, forward CAA CCT CAG CCT CGC TAT GG, reverse CGG GGC AGG ATG ACT TTT GA).

#### 4.3. Isolation of Extracellular Vesicles

The preconditioned supernatant was used to isolate EVs from cells cultured under normal and inflammatory pretreatment for 48 h (growth area of 150 cm<sup>2</sup> with 16 mL of serum-free DMEM). After 48 h of incubation, the medium was centrifuged for 10 min at  $600 \times g$  in order to remove cell debris, and then filtered using a 0.45 µm PVDF filter and concentrated approximately 40-fold via centrifugation at  $2800 \times g$  for 20 min using a Vivaspin<sup>®</sup> Turbo 30 MWCO Centrifugal Filter. The concentrated medium was then used for the isolation of EVs via SEC using Sepharose CL-2B columns [43,44]. The concentrated medium was applied onto a Sepharose CL-2B column, which was washed and equilibrated with PBS. As elution buffer, PBS was applied to the column until 18 flow-through fractions with a respective volume of 500 µL were collected. The fractions 7–12 containing extracellular vesicles were pooled and subsequently concentrated (to approximately 400 µL EV solution) using a 3 kDa molecular weight cut-off Amicon filter by centrifuging for 25 min at  $2800 \times g$ . EV samples were used immediately for characterization or miR isolation. Selected EV isolations were used for further characterizations.

### 4.4. Characterization of Extracellular Vesicles

We used nanoparticle tracking analysis (NTA) to determine the size distribution and concentration of the isolated EVs, as previously described [42]. In brief, 10  $\mu$ L of concentrated EV solution was diluted 1:100 and immediately analyzed using a NanoSight NS500 (Malvern Panalytical, Malvern, UK) according to the manufacturer's instructions (camera settings: level 14, camera gain 1.5, and temperature 28 °C). Videos were analyzed with the Nano Sight NTA 3.2 software (threshold 14, gain 1.5).

To further analyze PTC-EVs via flow cytometry, a commercially available Flow Detection Magnetic Bead Reagent Kit was used (Invitrogen, Carlsbad, CA, USA, No. 10618D (anti-EpCAM)). In brief, a 40 µL anti-EpCAM magnetic bead solution was added to 1 mL of isolation buffer (PBS, 2% FCS, 1 mM EDTA, 0.1% Sodium azide) and placed on a magnetic stand for 2 min. Then, the supernatant was removed, and the bound beads were washed and re-suspended in 90 µL of isolation buffer. Then, a 20 µL SEC-isolated PTC-EV solution in PBS was added and incubated overnight at 4 °C. The sample was then washed twice with 1 mL of isolation buffer before the beads were re-suspended in isolation buffer (300  $\mu$ L). The bead-EV solution (100  $\mu$ L) was then stained with 20  $\mu$ L of APC-labeled anti-CD63 detection antibody (ImmunoTools, Friesoythe, Germany) and incubated under rotation at RT in the dark for 45 min and washed and re-suspended in a 300  $\mu$ L isolation buffer. The samples were measured using a flow cytometer (BD Biosciences, Heidelberg, Germany) and analyzed on the instrument until 10,000 events were detected. As a control for the fluorescent measurements, a 100 µL bead-EV solution without detection antibody was mixed with 200  $\mu$ L of isolation buffer and measured. In addition, we used commercially available Dynabeads M-280 (Fisher Scientific, Schwerte, Germany, No. 11205D) to calibrate forward and sideward scatter in the flow cytometric measurement.

## 4.5. Isolation of miR from PTC

For miR extraction from cultured PTC, the NucleoSpin® miRNA kit (Macherey-Nagel, Düren, Germany) was used in accordance with the manufactures protocol. First, cells were harvested by adding 1.0 mL of Nucleozol to each flask (75 cm<sup>2</sup>) and then scratching all cells from the bottom. The mixture was then transferred into a new 1.5 mL tube, and 400  $\mu$ L of RNase free water was added to each sample and mixed by shaking the tube vigorously multiple times. Afterwards, the mixture was incubated for 5 min at RT. The samples were centrifugated at  $12,000 \times g$  for 15 min at RT. Then, 300  $\mu$ L of each supernatant was transferred to a new tube, and 100  $\mu$ L of 100% ethanol was added and incubated for 5 min at RT. Afterwards, a NucleoSpin RNA Column was placed into a 2 mL tube and the supernatants were loaded onto the column. The supernatant was collected for further miRNA extraction. Next, 350 µL of buffer was added to the column and the tubes were centrifugated for 1 min at  $11,000 \times g$ . The flow-through was discarded, and 100  $\mu$ L of rDNase was added to the column to digest DNA. The samples were incubated for around 15 min at RT. In the meantime, the flow-through containing small RNAs was used for adjusting binding conditions for small RNAs by adding 300 µL of Buffer MP to each flow-through. After vortexing the samples for 5 s, the tubes were centrifuged for 3 min at  $11,000 \times g$  to pellet the protein. To remove the protein precipitate, the samples were loaded onto a NucleoSpin Protein Removal Column in a 2 mL tube. After a centrifugation step for 1 min at 11,000  $\times$  g, the column was discarded, 800  $\mu$ L of buffer was added to each flow-through, and the samples were vortexed for 5 s. To bind small RNA, for each sample, a new NucleoSpin RNA Column was placed in a 2 mL tube, and 725  $\mu$ L of the sample was loaded onto the column. The tubes were centrifuged for 30 s at  $11,000 \times g$ , and the flow-through was discarded. This step was repeated until the whole sample was loaded onto the column. In the next step, the columns were washed by adding 600  $\mu$ L of buffer. After a centrifugation step for 30 s at  $11,000 \times g$ , the flow-through was discarded, and afterwards, 700 µL of buffer was added to each sample. Again, the tube was centrifugated at 11,000  $\times$  g for 30 s and, 250  $\mu$ L of buffer was added and the tube was centrifugated for 2 min at  $11,000 \times g$  to remove all residuals from the membrane. The column was transferred to a new collection tube, and  $15–30 \ \mu\text{L}$  of nuclease-free water was added on the center of the membrane. After incubation for 1 min at RT, a centrifugation step followed for 1 min at  $11,000 \times g$  to recover the miR.

## 4.6. Isolation of miR from EVs

Whole miR was isolated from EVs using the NuceloSpin® miRNA Plasma Kit (Macherey-Nagel, Düren, Germany) according to the manufacturer's instructions. Therefore, 90  $\mu$ L of buffer was added to 300  $\mu$ L of the sample and mixed by vortexing the tube for 5 s. The mixture was incubated for 3 min at RT, and in connection, 30  $\mu$ L of buffer was added. The sample was mixed by vortexing it for 5 s, and it was incubated for 1 min at RT. Afterwards, the tube was centrifugated at  $11,000 \times g$  for 3 min at RT. The clear supernatant was transferred to a new 2 mL tube and mixed with 400 µL of isopropanol. The mixture was then transferred onto an miRNA column which was placed into a collection tube and centrifugated at  $11,000 \times g$  for 2 min at RT. The flow-through was discarded, and 100  $\mu$ L of buffer was applied on the column. Again, the tube was centrifugated at  $11,000 \times g$  for 30 s at RT, and 700  $\mu$ L of buffer was added. After another centrifugation step at 11,000  $\times$  g for 30 s at RT, the flow-through was discarded, and the washing step was repeated with 250  $\mu$ L of buffer, and the tube was centrifugated for 2 min at  $11,000 \times g$  to remove all residuals from the membrane. The column was transferred to a new collection tube, and 30  $\mu$ L of nuclease-free water was added on the center of the membrane. After a centrifugation step for 1 min at  $11,000 \times g$  to recover the miR, the tube was incubated for 1 min at RT.

#### 4.7. miR Sequencing

The concentration of miR was analyzed using the HS RNA Kit for TapeStation 4150 (Agilent, Waldbronn, Germany). The miR library was prepared using the QIAseq miRNA Library Kit according to the manufacturer's instructions. After library preparation, the DNA concentration was analyzed by using a Qubit dsDNA Assay Kit in Qubit 3.0 Fluorometer (ThermoFisher Scientific, Darmstadt, Germany). In addition, the DNA quality was checked using an HS DNA Kit of the Bioanalyzer 2100 (Agilent, Waldbronn, Germany). Next-generation sequencing (NGS) was performed using the MiSeq Reagent Kit v3 (Illumina, San Diego, CA, USA), PhiX Sequencing Control v3, and MiSeqTM Desktop Sequencer. For this, samples were pre-diluted (1:5 or 1:10) and prepared for sequencing according to the manufacturer's instructions. Samples were loaded into the MiSeqTM Desktop Sequencer in a sequencing cassette, and sequencing was performed.

Coverage files were converted into raw count matrices using the Qiagen pipeline. A priori filtering for sparse read counts was applied. The bioinformatics tool iDEP.96 was used to statistically analyze and display the miR sequencing data [45]. We performed a hierarchical cluster analysis of raw count data using the normalized read counts of the DESeq2 package. Kyoto encyclopedia of genes and genomes (KEGG) pathway analysis based on microRNA signature was performed with miRNet (miRTarBase v8.0) [46] for all the identified miRNAs. The Venn diagram was created in Venny 2.1.0 [47].

#### 4.8. Validation of miR Expression

For the validation of selected miRNAs, cDNA synthesis was performed using the miRCURY LNA miR Assay Kit (339340, Qiagen, Venlo, The Netherlands) according to the manufacturer's protocol. In brief, a master mix was prepared on ice containing 5  $\mu$ L 2× miRCURY SYBR<sup>®</sup> Green Master Mix, 0.5  $\mu$ L ROX Reference Dye, 1  $\mu$ L PCR primer (miR-146a-5p, No. YP00204688; miR-147b, No. YP00204368; miR-155-5p, No. YP02104687; all from Qiagen) and 1  $\mu$ L of RNase free water per sample. After vortexing, 7  $\mu$ L of the Master mix and 3  $\mu$ L of the cDNA template were loaded onto a 96-well PCR plate. For the no-template controls, 3  $\mu$ L of RNase free water was used. Quantitative PCR was carried out under the following conditions: two minutes at 95 °C for enzyme activation, then 10 s at 95 °C and 60 s at 56 °C for 40 cycles. For the quantification of the PCR fragments, we used the ABI Prism<sup>®</sup> 7900HT Fast Real-Time PCR System with a Sequence Detection System SDS 2.4.1 (Thermo Fisher Scientific, Darmstadt, Germany). Relative quantification was carried out with the  $\Delta\Delta$ CT method using spike-in control UniSP6 (Qiagen, No. YP00203954) for normalization [48], and the level of target gene expression was calculated using  $2^{-\Delta\DeltaCt}$ .

## 4.9. Statistical Analysis

For the analysis of qPCR data, we used Student's *t*-test. The data are expressed as mean  $\pm$  SEM. *p* values < 0.05 were considered significant. The statistical analysis and Pearson r value correlation of the measured data as well as their graphic representation was performed with the software GraphPad Prism 7.04.

**Supplementary Materials:** The supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/ijms241311069/s1.

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Article



# Determination of Krogh Coefficient for Oxygen Consumption Measurement from Thin Slices of Rodent Cortical Tissue Using a Fick's Law Model of Diffusion

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Abstract: To investigate the impact of experimental interventions on living biological tissue, ex vivo rodent brain slices are often used as a more controllable alternative to a live animal model. However, for meaningful results, the biological sample must be known to be healthy and viable. One of the gold-standard approaches to identifying tissue viability status is to measure the rate of tissue oxygen consumption under specific controlled conditions. Here, we work with thin (400 µm) slices of mouse cortical brain tissue which are sustained by a steady flow of oxygenated artificial cerebralspinal fluid (aCSF) at room temperature. To quantify tissue oxygen consumption (Q), we measure oxygen partial pressure (pO<sub>2</sub>) as a function of probe depth. The curvature of the obtained parabolic (or parabola-like)  $pO_2$  profiles can be used to extract Q, providing one knows the Krogh coefficient  $K_t$ , for the tissue. The oxygen trends are well described by a Fick's law diffusion-consumption model developed by Ivanova and Simeonov, and expressed in terms of ratio (Q/K), being the rate of oxygen consumption in tissue divided by the Krogh coefficient (oxygen diffusivity  $\times$  oxygen solubility) for tissue. If the fluid immediately adjacent to the tissue can be assumed to be stationary (i.e., nonflowing), one may invoke conservation of oxygen flux  $K \cdot (\partial P / \partial x)$  across the interface to deduce  $(K_t / K_f)$ , the ratio of Krogh coefficients for tissue and fluid. Using published interpolation formulas for the effect of salt content and temperature on oxygen diffusivity and solubility for pure water, we estimate  $K_{\rm f}$ , the Krogh coefficient for aCSF, and hence deduce the  $K_{\rm t}$  coefficient for tissue. We distinguish experimental uncertainty from natural biological variability by using pairs of repeated profiles at the same tissue location. We report a dimensionless Krogh ratio  $(K_t/K_f) = 0.562 \pm 0.088$  (mean  $\pm$  SD), corresponding to a Krogh coefficient  $K_t = (1.29 \pm 0.21) \times 10^{-14} \text{ mol}/(\text{m}\cdot\text{s}\cdot\text{Pa})$  for mouse cortical tissue at room temperature, but acknowledge the experimental limitation of being unable to verify that the fluid boundary layer is truly stationary. We compare our results with those reported in the literature, and comment on the challenges and ambiguities caused by the extensive use of 'biologically convenient' non-SI units for tissue Krogh coefficient.

**Keywords:** Krogh coefficient; mouse cortical slice; diffusion–consumption equation; oxygen flux in brain tissue; thin-slice metabolism

## 1. Introduction

The acute ex vivo brain slice technique [1] is widely used by electrophysiologists as an experimental tool for probing neurophysiological health and disease. Because brain slices lack a blood flow, a continuous supply of glucose and oxygen must enter the tissue by diffusion from the perfusing liquid that serves as an artificial cerebral spinal fluid (aCSF) to maintain cell vitality. This slow diffusion of essential elements, combined with inevitable mechanical damage by the sectioning procedure, compromises the viability of the bulk

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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). tissue. As a result, for slice experimentalists in general (and particularly those wishing to follow the time course of tissue repair and regeneration), it is essential to have an objective and validated method for quantifying the health of test slices. Electrophysiological methods are commonly used to assess slice viability [2,3]. However, functional electrophysiological output, while helpful, does not provide a direct or complete readout of tissue status [4]. A cleaner approach would be to measure tissue oxygen consumption—healthier tissue consumes more oxygen [5–7]—providing a direct signal of cell viability.

Oxygen consumption can be quantified from thin sections of living tissue by profiling oxygen tension (partial pressure) as a function of tissue depth, probing from the upper surface to the lower surface. The curvature of the pressure vs. depth profile allows extraction of Q, the rate of oxygen consumption per unit volume of tissue, provided one knows the Krogh coefficient,  $K_t$ , for the tissue. The Krogh coefficient is a lumped constant that describes oxygen permeability, being the product of oxygen diffusion coefficient (D)and oxygen solubility (S). Because oxygen solubility is difficult to measure in metabolising tissue [8], the  $K_t$  lumped constant is usually reported for active tissue experiments. A wide range of values of Krogh coefficient for biological tissue appear in the literature [8–15], so it is not immediately clear which value to choose. In addition, most reported values assume a bath temperature of 37 °C, while many experiments (including those reported here) are run at room temperature (20–25 °C). The fluid Krogh coefficients K<sub>f</sub> for pure water and saline are known to increase with temperature, so it is very probable that a temperature correction for  $K_t$  would also be required. For these reasons, we sought to derive a tissue  $K_t$ value specific to our experimental conditions and, in so doing, provide a unified theoretical and experimental framework for deriving  $K_t$  for other experimental models.

A complicating factor when attempting to compare metabolic studies is the fact that at least six different compound units for Krogh coefficient are in common use (see Table 1 for a survey), and while these are all metric combinations, none adhere to the SI standard. This unfortunate state of affairs makes study comparisons challenging since multiple unit interconversions are required, leading to potential ambiguity and error. In this paper, our measurements for oxygen partial pressure [mmHg] and probe depth [ $\mu$ m] are dictated by the instrumentation at hand (Clark-style oxygen electrode and micromanipulator, respectively), but we ensure that our final Krogh results are either quoted in ratio form ( $K_t/K_f$ ) [tissue:fluid Krogh ratio, dimensionless] or using standard SI [mol/(m·s·Pa)].

	Unit	Reference
1	$\frac{\text{mol}}{\text{m}\cdot\text{s}\cdot\text{Pa}}$	SI
2	mmol cm·min·mmHg	Ivanova & Simeonov (2012) [10]
3	mmol cm·min·torr	Kawashiro & Scheid (1976) [12]
4	$\frac{nM \cdot mm^3}{mm \cdot s \cdot mmHg}$	van der Laarse et al. (2005) [13]
5	$\frac{mL}{cm \cdot min \cdot atm}$	Ganfield et al. (1970) [8]
6	$\frac{\text{cm}^3}{\text{cm}\cdot\text{min}\cdot\text{atm}}$	Chen & Liew (1975) [11]; Poole et al. (2020) [15]
7	mL cm·s·mmHg	Sasaki et al. (2012) [14]

**Table 1.** Selection of non-SI units for oxygen Krogh coefficient appearing in the physiology literature. The numerator represents quantity of gas, e.g., (mmol  $O_2$ ), (mL  $O_2$ ), (cm<sup>3</sup>  $O_2$ ), etc. Bracketed rows of the table indicate equivalent units.

The goals in this paper are twofold. Building on earlier work by Ivanova & Simeonov (2012) [10], our first goal is to provide a unified mathematical foundation for the experimental determination of the Krogh coefficient in a thin slice of metabolically active tissue sustained by a continuous flow of oxygenated fluid. Our second is to demonstrate application of the theory to slices of mouse cortex in order to quantify error bounds on the Krogh coefficient, and to identify limitations in the theory. Our overarching motivation is to provide a strong theoretical and experimental basis for quantifying oxygen consumption in mouse cortical slices, thereby allowing clear and unambiguous classification of tissue viability status.

The paper is structured as follows. In Section 2.1, we present the classical 1D Fick's law partial differential equation (PDE) model to describe the concentration-driven diffusion of oxygen through a thin slab of metabolically active tissue. At steady-state, the oxygen concentration and gas pressure (tension) at a given depth *x* will be unchanging; so, the PDE reduces to a second-order differential equation in oxygen tension *P* whose curvature is proportional to *Q*, the rate of oxygen consumption per unit volume of tissue. By selecting an idealised piecewise-linear model for consumption rate (Section 2.2), the differential equation can be solved exactly. In Section 2.3, we list the Ivanova & Simeonov [10] solutions for three distinct boundary conditions, but choose here to work with dimensioned quantities, and to show explicitly the mirror symmetry of the *P* vs. *x* solutions about the slice central axis at x = 0. In Section 2.4, we demonstrate the validity of these solutions via optimised curve fits to four representative oxygen profiles obtained from cortical slices sustained in our perfusion bath (described later in Section 3.1).

Section 2.5 surveys the surprisingly wide range of non-SI but 'biologically convenient' units used for Krogh coefficient in the literature, and comments on the potential ambiguity that can arise for unit conversions involving  $V_m$ , the molar volume of oxygen. In Section 2.6, we use literature sources to investigate the temperature dependence of the Krogh coefficient of pure water, then consider the effect on  $K_f$  of adding salts and glucose to create aCSF, the artificial cerebrospinal fluid. We conclude the theoretical discussion in Section 2.7 by describing how the tissue Krogh coefficient  $K_t$  can be determined via flux conservation across the tissue–fluid boundary.

Materials and Methods (Section 3) details how the slices of brain tissue are prepared and sustained with a steady flow of oxygenated aCSF in the perfusion bath (Section 3.1). Section 3.2 describes the experimental setup that allows dual-hemisphere recording of both LFP (local-field potential) electrical activity and oxygen-tension variation with depth using a pair of oxygen probes co-located with the LFP wire electrodes. Our standard protocol (Section 3.3) is to measure oxygen tension as a vertical profile, with soundings taken every 50 µm through the fluid and tissue. The resulting pO<sub>2</sub> pressure profiles are processed using custom-written MATLAB software (Section 3.4) to locate the slice centre, then extract the ( $Q/K_t$ ) curvature via iterative curve fitting. If a stationary fluid layer is detected, then the Krogh ratio ( $K_t/K_f$ ) can be determined, and hence an estimate for  $K_t$  for a given pO<sub>2</sub> profile.

We present our results in Section 4 for a range of fluid flow rates. The statistics for our  $K_t$  determinations show a large scatter about the mean value. By using pairs of repeated profiles at the same tissue location, we are able to distinguish natural biological variability from true experimental uncertainty. Our results suggest that, when comparing profiles from different locations within the same slice, natural variability in tissue Krogh coefficient is about three times larger than experimental errors arising from measurement uncertainty, curve fitting, and boundary gradient calculations. In Section 5, we discuss our findings, and compare our results with Krogh coefficient values reported by other workers. We acknowledge limitations in our experimental approach, and make suggestions for future work.

#### 2. Theoretical Background: Model Equations and Solutions

## 2.1. Diffusion Equations

Krogh's foundation paper of 1919 [16] examined oxygen flow from a blood capillary source to surrounding metabolically active muscle tissue. He assumed an ideal twodimensional (2D) geometry in which a cylindrical capillary of radius r is enclosed within a concentric outer cylinder of tissue of radius R > r, then solved the 2D Fick's law of diffusion to give an expression for oxygen tension as a function of distance from the centre of the capillary.

For our ex vivo slice preparation, there is no blood supply. Instead, a steady flow of oxygenated perfusion fluid passing above and below the slice provides the tissue with oxygen via diffusion from the fluid to the tissue. The slice of brain material can be treated as a horizontal plane sheet of homogeneous tissue sufficiently thin that all of the diffusing oxygen enters through the top and bottom plane faces with a negligible amount through the edges (see Figure 1 for geometry). Oxygen concentration is then a function of vertical displacement from the centre of the slice, and the problem becomes one-dimensional.



**Figure 1.** Representative P(x) solutions of Ivanova & Simeonov diffusion–consumption Equations (4) and (5), assuming a piecewise linear model (6) for consumption rate (see blue curve in Figure 2). Shading represents thin slab of tissue which extends from -L to L. Here,  $P_s$  = surface pressure;  $P^*$  = critical pressure below which oxygen consumption is restricted;  $\delta$  = depth at which pressure reaches critical value. (a) If minimum tension exceeds  $P^*$ , pressure profile is a simple parabolic function of depth. (b) If the pressure profile crosses the  $P^*$  boundary, the central portion forms a flattened hyperbolic-cosine (cosh) 'basin' that smoothly merges with parabolic 'wings' for  $P > P^*$ . (c) If the surface tension falls below the critical value, the cosh basin extends to the tissue boundaries.

We wish to derive an expression describing the steady-state condition in which the local diffusive supply of oxygen exactly balances the local metabolic demand. Our derivation of Equation (4) follows Ganfield et al. (1970) [8] but uses updated naming conventions for symbols.

The concentration *C* of oxygen [SI units: mol/m<sup>3</sup>] in the tissue is modelled as a 1D Fick's law diffusion–consumption process,

$$\frac{\partial C}{\partial t} = D \frac{\partial^2 C}{\partial x^2} - Q(C) \tag{1}$$

where *D* is the diffusion coefficient  $[m^2/s]$  of oxygen in tissue, and *Q* is the rate of oxygen consumption  $[mol/(m^3 \cdot s)]$ . From Henry's gas law, oxygen concentration *C* in the tissue is proportional to local oxygen partial pressure (tension) *P* [Pa] with proportionality constant *S*  $[mol/(m^3 \cdot Pa)]$  being the gas solubility (also known as Henry's law constant *H*) in tissue, with

$$C = PS \tag{2}$$

allowing (1) to be rewritten in terms of oxygen tension P,

$$S\frac{\partial P}{\partial t} = DS\frac{\partial^2 P}{\partial x^2} - Q(P) \tag{3}$$

At steady state, the oxygen concentration (and pressure) is unchanging. Setting the left-hand side of (3) to zero gives the steady-state condition that diffusive oxygen supply in the tissue matches local metabolic demand,

$$DS \frac{\partial^2 P}{\partial x^2} = Q(P)$$

which we rewrite as,

$$K\frac{\partial^2 P}{\partial x^2} = Q(P) \tag{4}$$

where  $K \equiv DS$  is the Krogh diffusion coefficient [mol/(m·s·Pa)], a lumped constant giving the permeability of oxygen in tissue.

Following Ivanova & Simeonov [10], we define oxygen flux *q* (rate of oxygen flow per unit area of tissue) [mol/( $m^2 \cdot s$ )],

$$q(x) = K \frac{\partial P}{\partial x} \tag{5}$$

(Strictly speaking, the right-hand side of (5) should carry a minus sign indicating that oxygen flows in the direction in which pressure *decreases*, but for simplicity we follow the Ivanova & Simeonov convention, and treat flux as an unsigned quantity).

Assume the tissue slice has thickness 2*L*. The goal is to write down analytic expressions for oxygen consumption Q(x) and flux q(x) as a function of tissue depth x (with  $-L \le x \le L$ ), where x = 0 locates the centre of the slice.

Ivanova & Simeonov [10] have solved differential Equations (4) and (5) by assuming an idealised form (Figure 2) for the Q(P) consumption vs. tension profile, then applying appropriate boundary conditions.



**Figure 2.** Two models for oxygen consumption rate in tissue as a function of oxygen tension. Ivanova and Simeonov's piecewise-linear model of Equation (6) (blue curve) approximates the first-order Michaelis–Menton form  $Q(P) = Q_0 P/(K_M + P)$  with Michaelis constant  $K_M = P^*/2$  (red curve).

Their solutions take the form of pressure–depth (P vs. x) profiles that are symmetric about x = 0, and take one of three forms:

- simple parabolic if minimum tension P<sub>min</sub> exceeds a critical tension value P<sup>\*</sup>;
- (b) mixed parabolic/hyperbolic-cosine (cosh) if the P(x) profile crosses the  $P^*$  boundary;
- (c) hyperbolic-cosine if the tension at the x = L tissue surface,  $P_s$ , is less than  $P^*$ .

Once the theoretical pressure profile has been established, the oxygen consumption rate can be determined—provided the Krogh coefficient K (tissue oxygen permeability) is known or can be assumed.

Because their solutions provide the foundation for the metabolic analyses reported here, we summarise the Ivanova and Simeonov (I & S) model and their mathematical solutions in the following two subsections.

## 2.2. Model for Oxygen Consumption vs. Oxygen Partial Pressure

Ivanova and Simeonov [10] treat respiring tissue as a continuous medium with distributed oxygen consumption that exhibits two behaviours: (i) If the local oxygen tension exceeds a critical pressure  $P^*$ , then consumption is maximal with  $Q = Q_0$ , a constant. In this regime, oxygen supply matches metabolic demand. (ii) If, however, oxygen tension falls below the critical value,  $P < P^*$ , then consumption drops off linearly with pressure such that Q = 0 at P = 0. This gives the I & S piecewise-linear consumption–pressure model,

$$Q(P) = \begin{cases} (P/P^*) Q_0, & 0 \le P \le P^* \\ Q_0, & P > P^* \end{cases}$$
(6)

illustrated in Figure 2. This simple piecewise form provides an elegant approximation to more complicated curvilinear relationships such as Michaelis–Menten and its generalisations,

$$Q(P) = Q_0 \frac{P^n}{K_M^n + P^n} \tag{7}$$

illustrated for the n = 1 case in Figure 2. The Michaelis constant  $K_M$  is the oxygen pressure corresponding to half-maximum oxygen consumption:  $Q(K_M) = Q_0/2$ .

The significant advantage of the Ivanova and Simeonov piecewise form (6) is that it permits exact analytic solutions of the diffusion and flux differential Equations (4) and (5). In addition, pleasingly, we find that the I & S solutions provide a good match with the pressure profiles we measured within thin (400  $\mu$ m) slices of mouse cortical tissue.

## 2.3. Solution of Ivanova & Simeonov Diffusion Equations

Oxygen flux is directed from the oxygenated aCSF (artificial cerebral spinal fluid) into the tissue depth through the surface boundary ( $x = \pm L$ ) marking the upper and lower interfaces between tissue and the surrounding perfusion fluid. Oxygen diffusion and consumption within the tissue are controlled by the oxygen tension  $P_s$  at the tissue surface. Because of the compound nature of the I & S oxygen consumption model (6), there are three distinct cases to consider:

- (a) if the surface pressure  $P_s$  is sufficiently high such that tissue pressure everywhere exceeds the critical value, i.e.,  $P(x) > P^*$ , then oxygen consumption rate is constant throughout the tissue:  $Q(x) = Q_0$ ;
- (b) if the surface oxygen tension is insufficiently high, then the declining internal tissue pressure may reach the critical value at some depth  $x = \pm \delta$ , i.e.,  $P(|\delta|) = P^*$ , in which case we separate the tissue into 'outer' layers ( $\delta < x \le L$ ) and ( $-L \le x < -\delta$ ) which are well supplied with oxygen so that  $Q(x) = Q_0$ , and an 'inner' layer ( $-\delta \le x \le \delta$ ) with linearly restricted oxygen supply:  $Q(P) = (P/P^*)Q_0$ ;
- (c) if the surface pressure lies *below* the critical value,  $P_s < P^*$ , then  $P(x) < P^*$  everywhere in the slice, and consequently consumption rate scales linearly with pressure:  $Q(P) = (P/P^*)Q_0$ .

These three cases result in three different tension–depth profiles as illustrated in Figure 1. Note that, because of the assumed slab symmetry of the 1D slice, the pressure curves are all symmetric about the slice centre at x = 0. The three sets of I & S solutions are itemised below:

**Case (a):**  $P(x) > P^* \implies Q(x) = Q_0 = \text{const}$ 

$$P(x) = P_{\rm s} - \frac{Q_0}{2K} \left( L^2 - x^2 \right), \qquad -L \le x \le L$$
(8a)

$$q(x) = Q_0 x \tag{8b}$$

This is the simplest case. The tension profile is parabolic throughout, and the flux profile is linear with zero flux at the slice centre.

**Case (b):** Profile crosses critical value at depth  $x = \pm \delta$ : i.e.,  $P(|\delta|) = P^*$ For inner layer  $(-\delta \le x \le \delta)$ :

$$P(x) = P^* \frac{\cosh(\alpha x)}{\cosh(\alpha \delta)}, \quad \text{with } \alpha \equiv \sqrt{\frac{Q_0}{P^*K}}$$
(9a)

$$q(x) = K \cdot \left( \alpha P^* \frac{\sinh(\alpha x)}{\cosh(\alpha \, \delta)} \right)$$
(9b)

For outer layer ( $\delta < x \leq L$ ):

$$P(x) = P^* + [\alpha P^* \tanh(\alpha \delta)](x - \delta) + \frac{Q_0}{2K}(x - \delta)^2$$
(10a)

$$q(x) = K \cdot \left( \alpha P^* \tanh(\alpha \, \delta) \,+\, \frac{Q_0}{K} (x - \delta) \right) \tag{10b}$$

These equations for pressure and flux also apply to the mirror-image outer layer  $(-L \le x < -\delta)$  after making the substitution  $(\delta \to -\delta)$  in Equation (10). Note that the value of  $\delta$  in Equations (9) and (10) is unknown in advance, and must be determined numerically by solving the nonlinear equation,

$$\tanh(\alpha \,\delta) \,=\, \frac{1 - P_{\rm s}/P^*}{\alpha(\delta - L)} \,+\, \frac{1}{2}\alpha(\delta - L) \tag{11}$$

**Case (c):**  $P_{\rm s} < P^* \implies$  entire profile lies below critical oxygen tension

$$P(x) = P_{\rm s} \frac{\cosh(\alpha x)}{\cosh(\alpha L)}, \qquad -L \le x \le L \tag{12a}$$

$$q(x) = K \cdot \left( \alpha P_{\rm s} \, \frac{\sinh(\alpha x)}{\cosh(\alpha L)} \right) \tag{12b}$$

Note that Ivanova & Simeonov present their theoretical solutions in terms of *dimensionless* lengths ( $x_n \equiv \alpha x$ ,  $L_n \equiv \alpha L$ ,  $\delta_n \equiv \alpha \delta$ ), whereas we have chosen to work with dimensioned length quantities (x, L,  $\delta$ ). With this change in notation, our Equations (8)–(12) are fully equivalent to their solutions (15)–(25).

A significant feature of these equations is that consumption rate  $Q_0$  and Krogh coefficient *K* always appear as a lumped ratio,  $(Q_0/K)$ ; this is an inevitable consequence of the way diffusion equation (4) has been set up. This means that, using oxygen pressure measurements taken entirely within the slice, it is not possible to determine  $Q_0$  unless the *K* is known, and vice versa. However, if there is a stationary boundary layer of fluid immediately adjacent to the tissue surface, then we can assume conservation of oxygen flux across the surface (from fluid to tissue at x = L), and use the known value of Krogh coefficient of water to determine the Krogh coefficient for tissue. This idea is developed further in Section 2.7.

The ratio  $(Q_0/K)$  [SI: Pa/m<sup>2</sup>] has a physical meaning. For the pure parabolic profile (8) of Figure 1a,  $(Q_0/K)$  is the *curvature* of the pressure parabola at the x = 0 midpoint of the tissue slab. Suppose the pressure curve is fitted to the polynomial  $P(x) = ax^2 + c$ , then the

quadratic coefficient, doubled, gives the curvature:  $(Q_0/K) = 2a$ . More generally,  $(Q_0/K)$  can be thought of as the *metabolic rate per unit permeability* for oxygen in tissue.

#### 2.4. Representative Oxygen Tension Profiles

Figure 3 shows four representative sets of oxygen partial-pressure measurements obtained from 400- $\mu$ m slices of mouse cortical tissue using the methods described in Section 3; note that, compared with the exemplar traces of Figure 1, the graph axes here have been rotated 90° counterclockwise.



**Figure 3.** Parabolic and para–cosh curve fits for four representative tension vs. depth profiles measured from healthy slices of mouse brain tissue at room temperature (~20 °C). The grey shading indicates the 400-µm extent of the slice for  $-200 \le x/\mu m \le 200$ , with x = 0 µm marking the central plane of symmetry of the slice. (a) Parabolic profiles showing no restriction of metabolic rate. (b) Insufficient oxygen tension leads to flattened profiles with a cosh-modulated central basin joined to parabolic wings to the left and right.

Each dataset has been fitted to either the parabolic profile of Equation (8) as shown in Figure 3a, or to the mixed parabolic-cosh-parabolic profile of Equations (9) and (10) (Figure 3b). Oxygen tension reaches its minimum value at the centre of the slice. Typically, when the flow rate of the perfusing aCSF is reduced, oxygen tension at the tissue/fluid boundary is reduced, and the entire profile is displaced towards the zero-pressure axis. The flattened curves in panel (b) are an indicator of insufficient oxygen tension to satisfy local metabolic demand.

#### 2.5. Choice of Units: SI vs. 'Biological'

As described in Section 2.1, the Krogh coefficient quantifies the permeability of oxygen in tissue, with SI units mol/(m·s·Pa) representing (molar amount of gas) per (unit distance in tissue × unit time × unit pressure). In the physiology literature, we find that it is common for authors to use a wide range of 'biologically convenient' (non-SI) units for the Krogh coefficient. Table 1 illustrates the dimensional diversity for choice of units with length (cm, mm); time (min, s); pressure (atm, mmHg, torr); gas amount (mmol, nM·mm<sup>3</sup>, cm<sup>3</sup>, mL).

While it is straightforward to convert between units of length, time, and pressure, e.g.,

$$1 \text{ atm} = 101.325 \text{ kPa} = 760 \text{ mmHg} = 760 \text{ torr}$$

the conversions between the various units for gas amount (mmol, cm<sup>3</sup>, mL) require that we know the value of the gas molar volume at a specified temperature and pressure. If the author has not stated the temperature and pressure conditions for the metabolic measurements, then the gas molar volume is unknown. One might consider assuming IUPAC *standard* temperature and pressure (STP) conditions, or, alternatively, the NIST definition for *normal* temperature and pressure (NTP), and then apply ideal gas theory to compute  $V_{\rm m}$ , the oxygen volume per mole,

$$pV = nRT \implies V_{\rm m} = \frac{RT}{p}$$

where R = 8.314462 J/(mol·K) is the universal gas constant. The resulting STP and NTP values for  $V_{\rm m}$  for an ideal gas are listed in Table 2; note that the IUPAC definition for STP changed in 1982. We observe that the molar volume at NTP is ~10% larger than that for either definition of STP.

**Table 2.** Ideal-gas molar volumes (L/mol) for STP and NTP temperature and pressure definitions. Bracketed value in first row is the actual (non-ideal) molar volume for  $O_2$  at STP (pre-1982).

Standard	Temperature, T	Pressure, p	<b>Molar Volume</b> , V <sub>m</sub>
STP (IUPAC to 1982)	273.15 K (0 °C)	1 atm = 101.325 kPa	22.414 (22.392)
STP (IUPAC after 1982)	273.15 K (0 °C)	100 kPa	22.711
NTP (NIST)	293.15 K (20 °C)	1 atm	24.055

Of course, real gases are only approximately ideal. The measured molar volume for oxygen (at T = 273.15 K, p = 1 atm) is 22.392 L/mol ([17] [p. 329, Table 6]), about 0.1% below the ideal gas value of 22.414 L/mol.

## 2.6. Krogh Coefficient for Oxygen in Water

In our slice experiments (see Section 3 for details), oxygen is delivered to the tissueslice via diffusion from the surrounding no-Magnesium (no-Mg) aCSF perfusate. Table 3 lists its chemical composition. The no-Mg fluid contains glucose; three chloride salts (NaCl, KCl, CaCl<sub>2</sub>); and pH buffering agents (NaHCO<sub>3</sub>, HEPES). We assume the buffering agents have negligible impact on oxygen transport and solubility.

**Table 3.** Chemical composition of Normal and no-Magnesium (no-Mg) artificial cerebrospinal fluids (aCSF) used in mouse cortical thin-slice experiments. Last column lists chloride concentrations for the no-Mg fluid. Total chloride concentration  $\Sigma = 4.928$  g/L corresponds to chlorinity [ $m_{Cl}$ ] = 4.904 g/kg.

Species	Molar Mass	Normal aCSF	no-Magne	sium aCSF	Chloride Content
	(g/mol)	(mM)	(mM)	(g/L)	(g/L)
NaCl	58.44	130	130	7.597	4.609
KCl	74.55	2.5	5	0.373	0.177
MgCl <sub>2</sub>	95.21	1	_	_	_
CaCl <sub>2</sub>	110.98	2	2	0.222	0.142
NaHCO <sub>3</sub>	84.01	2.5	2.5	0.210	
NaOH	40.00	3.5	3.5	0.140	
HEPES	238.30	10	10	2.383	
D-glucose	180.16	20	20	3.603	
					$\Sigma = 4.928$

Relative to pure water, the glucose content of aCSF is expected to increase fluid viscosity slightly, thereby reducing gas diffusivity within the fluid. The presence of dissolved salts will reduce oxygen solubility ('salting-out' effect) by an amount proportional to total chlorinity (chloride content expressed in g of Cl<sup>-</sup> per kg of solution). In addition to these direct solute effects, both O<sub>2</sub> transport and solubility vary with temperature but in opposite directions: O<sub>2</sub> diffusivity increases moderately strongly with temperature, while O<sub>2</sub> solubility decreases less strongly, so the Krogh coefficient, being the product of diffusion and solubility, is expected to increase weakly as fluid temperature increases.

## 2.6.1. Diffusion Coefficient for Oxygen in Water

Han and Bartels (1996) [18] give an interpolation formula for the temperature dependence of oxygen diffusion [in cm<sup>2</sup>/s] in pure water. We convert to SI units [m<sup>2</sup>/s] by adjusting their base-10 exponential offset from  $-4.410 \rightarrow -8.410$ , and their formula now reads,

$$\log_{10}\left[\frac{D(T)}{m/s^2}\right] = -8.410 + \frac{773.8}{T} - \left(\frac{506.4}{T}\right)^2$$
(13)





**Figure 4.** Temperature dependence of oxygen diffusion, solubility, and permeability in pure water, and in no-Mg artificial cerebral spinal fluid (aCSF). (a) Oxygen diffusion in aCSF (dashed-red trace) is depressed by ~1% relative to pure water (solid blue trace) by small viscosity increase caused by presence of 0.02 mol/L glucose. (b) Oxygen solubility in aCSF is reduced by ~5% by 'salting out' effect of chloride salts (dashed-blue trace) with chlorinity  $[m_{Cl}] = 4.904$  g/kg; and by a further ~0.5% by glucose effect. (c) Oxygen Krogh coefficient in fluid is given by the product of diffusion and solubility, K = DS. Glucose effect is assumed to be cumulative, resulting in a ~1.5% depression below the saline curve. Asterisk (\*) marks the value ( $K^* = 2.5 \times 10^{-14}$  mol/(m·s·Pa)) used by Ganfield et. al. (1970) [8] for Krogh coefficient for fluid at 20 °C.

## 2.6.2. Solubility of Oxygen in Water

For oxygen solubility in pure water and saline solutions, Green and Carritt (1967) [19] provide an interpolation expression that shows explicit dependence on both fluid temperature and chloride content,

$$\alpha = 10^{-3} \exp\left\{ \left( -7.424 + \frac{4417}{T} - 2.927 \ln T + 0.04238 T \right) - [m_{\rm Cl}] \left( -0.1288 + \frac{53.44}{T} - 0.04442 \ln T + 7.145 \times 10^{-4} T \right) \right\}$$
(14)

where  $\alpha$  is the Bunsen absorption coefficient of oxygen, i.e., the volume of gas (T = 0 °C and p = 1 atm) dissolved per unit volume of solvent when the partial pressure of oxygen is 1 atm; [ $m_{Cl}$ ] is the chlorinity, defined as the amount of chloride in grams per 1000 g of solution. Expression (14) has been used by Stroe and Janssen (1993) [20] (but note their Equation (5) has omitted '*T*' in the final term in the chlorinity component), and the chlorinity expression of (14) is recommended by Forstner and Gnaiger (1983) [17].

To convert (14) from (volume ratio per atm) to oxygen solubility *S* in SI units  $[mol/(m^3 \cdot Pa)]$ , we write

$$\frac{S(T, [m_{\rm Cl}])}{\text{mol}/(\text{m}^3 \cdot \text{Pa})} = \alpha \times \left(\frac{1 \text{ atm}}{101\,325 \text{ Pa}}\right) \left(\frac{1 \text{ mol}}{22.392 \text{ L}}\right) \left(\frac{10^3 \text{ L}}{1 \text{ m}^3}\right) = 4.4075 \times 10^{-4} \,\alpha \tag{15}$$

where the (22.392 L) divisor is the (non-ideal) molar volume for O<sub>2</sub> at 0 °C, 1 atm. The oxygen solubility curve for pure water and for no-Mg aCSF saline (chlorinity  $[m_{Cl}] = 4.904$  g/kg) are illustrated in Figure 4b.

A recent NASA–JPL report ([21] [Table 5.5, pp. 5–162] on atmospheric data tabulates a list of Henry's law constants  $[mol/(L \cdot atm)]$  for pure water. After converting to SI, the entry for oxygen reads,

$$\frac{S(T)}{\text{mol}/(\text{m}^3 \cdot \text{Pa})} = 9.8692 \times 10^{-3} \exp\left[-161.6 + \frac{8160}{T} + 22.39 \ln T\right]$$
(16)

We compared S(T) of (16) against the zero-chlorinity limit S(T, 0) of (15) for the temperature range  $0 \le T/^{\circ}C \le 50$ , finding excellent agreement with an rms difference of ~0.72%. We choose to use (15) for our aCSF solubility modelling because of its convenient inclusion of salting-out effects.

For completeness, we also list the two-parameter expression for  $O_2$  solubility in pure water extracted from the comprehensive online database of Henry's law constants maintained by Sander (2015) [22],

$$\frac{S(T)}{\text{mol}/(\text{m}^3 \cdot \text{Pa})} = S_{\text{ref}} \exp\left[1500\left(\frac{1}{T} - \frac{1}{T_{\text{ref}}}\right)\right]$$
(17)

where  $S_{\text{ref}} = 1.3 \times 10^{-5} \text{ mol}/(\text{m}^3 \cdot \text{Pa})$  at reference temperature  $T_{\text{ref}} = 298.15 \text{ K}$  (25 °C). As expected, this two-parameter, two-sig-fig fit is less accurate than Green and Carritt (15) (rms difference ~2.6% for [0–50] °C), but has the advantage of direct interpretation of its numerical coefficients.

#### 2.6.3. Glucose Effects on Oxygen Diffusion and Solubility

Stroe-Biezen et al. (1993) (see Figures 7, 8 of [23]) quantified the effect of dissolved glucose on oxygen transport in water at 25 and 37 °C for glucose concentration  $C_g$  ranging from 0 to 1 mol/L. Their O<sub>2</sub> diffusion and O<sub>2</sub> concentration graphs reveal slow monotonic decays as glucose content is increased. By interpolating for  $C_g = 0.02 \text{ mol/L}$  (see Table 3), we are able to estimate the glucose depression effects for our no-Mg perfusion fluid:

- O<sub>2</sub> diffusion coefficient: 1% depression
- O<sub>2</sub> solubility: 0.5% depression

We assume these effects are temperature independent, but also cumulative when computing the Krogh permeability for oxygen in aCSF, leading to a net 1.5% depression below the saline curve as illustrated in Figure 4c.

Our brain-slice experiments were run at room temperature which typically lay within 20 to 25 °C. Reading off the aCSF curve (dashed-red trace) of Figure 4c, this temperature range corresponds to Krogh permeabilities [2.262 to 2.348]  $\times 10^{-14}$  mol/[m·s·Pa], suggesting a reasonable working value for  $K_f$ , the Krogh coefficient for no-Mg aCSF at room temperature is

$$K_{\rm f} = (2.30 \pm 0.04) \times 10^{-14} \,\,{\rm mol/[m \cdot s \cdot Pa]} \tag{18}$$

## 2.7. Krogh Coefficient for Tissue via Flux Conservation

In their oxygen profile measurements for a cat cerebral cortex, Ganfield et al. (see Figure 4 in [8]) observed a linear decrease in  $O_2$  tension across a narrow layer (~40 µm) of solution immediately above the surface of the tissue, indicating a thin boundary layer of nonflowing solution exists above the tissue slice. Equating the oxygen flux  $q_f$  crossing this fluid layer to  $q_t$ , the flux crossing the tissue surface, and the tissue Krogh coefficient  $K_t$  can be determined as a fraction of  $K_f$ , the (assumed) Krogh permeability of the fluid.

We now derive three distinct expressions for  $K_t$  corresponding to the three possible  $O_2$  tension profiles illustrated in Figure 1: (a) parabolic; (b) parabolic–cosh; (c) cosh.

Assume the perfusion fluid is nonflowing and biologically inert. Because no oxygen is consumed in the fluid, Equation (4) for  $O_2$  diffusion within the fluid reads

$$\left(\frac{\partial^2 P}{\partial x^2}\right)_{\rm f} = 0 \implies \left(\frac{\partial P}{\partial x}\right)_{\rm f} = c_1 \implies P_{\rm f}(x) = c_1 x + c_2$$

with  $c_1$ ,  $c_2$  being constants. Thus pressure varies linearly with depth within the nonflowing fluid layer. Let the stationary layer have thickness  $\Delta x$ , then from definition (5), the O<sub>2</sub> flux across the fluid layer will be,

$$q_{\rm f} = K_{\rm f} \left(\frac{\partial P}{\partial x}\right)_{\rm f} \approx K_{\rm f} \left(\frac{\Delta P}{\Delta x}\right)_{\rm f} \tag{19}$$

where  $\Delta P$  is the pressure change across fluid layer  $\Delta x$ .

## (a) Parabolic profile

Define coefficient  $a \equiv (Q_0/2K)$  in Equation (8a). Then, O<sub>2</sub> tension in tissue is

$$P_{\rm t}(x) = P_{\rm s} - a(L^2 - x^2) \tag{20}$$

giving a pressure gradient at the x = L boundary,

$$\left(\frac{\partial P_{t}}{\partial x}\right)\Big|_{x=L} = 2aL \tag{21}$$

so the incoming O<sub>2</sub> flux at the fluid-tissue interface will be

$$q_{t}(L) = K_{t}\left(\frac{\partial P_{t}}{\partial x}\right)\Big|_{x=L} = 2aLK_{t}.$$
(22)

Equating fluid flux (19) with tissue-boundary flux (22), we obtain the desired expression for Krogh permeability in tissue,

$$K_{\rm t} = K_{\rm f} \left(\frac{\Delta P}{\Delta x}\right)_{\rm f} \cdot \frac{1}{2aL} \tag{23}$$

Note that is a particular case of the general form which applies for all tissue profiles,

$$K_{\rm t} = K_{\rm f} \left(\frac{\Delta P}{\Delta x}\right)_{\rm f} \left/ \left(\frac{\partial P_{\rm t}}{\partial x}\right) \right|_{x=L}$$
(24)

## (b) Parabolic-cosh mixed profile

Making the following substitutions in (10b) in favour of coefficient a,

$$\frac{Q_0}{2K_t} = a, \qquad \alpha = \sqrt{\frac{Q_0}{P^*K_t}} = \sqrt{\frac{2a}{P^*}}, \qquad \alpha P^* = \sqrt{2aP^*}$$

we obtain the pressure gradient at the x = L boundary,

$$\left(\frac{\partial P_{t}}{\partial x}\right)\Big|_{x=L} = \sqrt{2aP^{*}} \tanh\left(\sqrt{\frac{2a}{P^{*}}}\delta\right) + 2a(L-\delta)$$
(25)

Substituting (25) in (24) gives the tissue Krogh coefficient for the mixed pressure profile (hyperbolic-cosine centre with parabolic wings). Note that in the limit  $\delta \rightarrow 0$ , the paracosh boundary gradient (25) collapses to the (23) parabolic profile value of 2aL, as expected.

## (c) Cosh profile

From (12b), the pressure gradient at the fluid–tissue boundary x = L is

$$\left(\frac{\partial P_{t}}{\partial x}\right)\Big|_{x=L} = \alpha P_{s} \tanh(\alpha L) = \sqrt{\frac{2a}{P^{*}}} P_{s} \tanh\left(\sqrt{\frac{2a}{P^{*}}}L\right)$$
(26)

giving tissue Krogh permeability on substitution into (24).

#### 3. Materials and Methods

In this section, we describe the experimental setup to measure  $pO_2$  profiles in thin slabs of mouse cortical tissue, and outline the software techniques used to analyse the profiles to extract ( $Q/K_t$ ) curvatures and ( $K_t/K_f$ ) Krogh ratios.

#### 3.1. Tissue Preparation

The brain was rapidly dissected from adult male and female C57 mice anaesthetised with CO<sub>2</sub>, then submerged in ice-cold 'Normal' artificial cerebrospinal fluid (aCSF); see Table 3 for chemical composition. Coronal 400  $\mu$ m-thick sections were sliced between +1 to -5 Bregma using a vibrotome (Campden Instruments Ltd., Sileby, Leics, UK). The slices were then immersed at room temperature in no-magnesium (no-Mg) aCSF (see Table 3, columns 4–6). All solutions were made in double-distilled water and pre-oxygenated (95% oxygen, 5% nitrogen) using an oxygen concentrator (Perfecto2, Invacare, Auckland, New Zealand) prior to use.

#### 3.2. Data Recording

At least 60 min after preparing the tissue, the slices were transferred one at a time to a submersion-style perfusion bath based on a design by Thomas [24] (see Figure 5), and continuously perfused with aCSF. This design of the perfusion bath allows each hemisphere of the slice to be treated independently, but in this study both halves of the slice were exposed to identical experimental conditions. The aCSF flow rate was set at 0.5 mL/min for the repeated-profile experiments; flow values used in other experiments were [1, 2, 10] mL/min. Our expectation was that lower aCSF flow rates might favour the formation of a stationary boundary layer, but recognised that lower flows would restrict  $O_2$  supply and could compromise tissue function.

Slices were perfused throughout with no-Mg aCSF. Removing magnesium from the aCSF unblocks NMDA receptors [25], resulting in the generation of ongoing spontaneous bursts of paroxysmal neuronal activity known as seizure-like events (SLEs) [26]; these fast voltage transients provide a convenient and sensitive indicator of tissue viability, and allow correlation of neurophysiological activity with tissue-oxygen profile characteristics.

SLEs were detected using a 75  $\mu$ m diameter Ag/AgCl wire electrode inserted into the 400  $\mu$ m-thick tissue slice, and measured as an extracellular local-field potential difference developed between active tissue and a common-ground electrode (Ag/AgCl disc) placed some distance from the slice in the perfusion bath. The analog signal was amplified (1000×) and filtered (bandpass 1–100 Hz, notch filter at 50 Hz) (Model 3000 differential amplifier, A-M Systems, Sequim, WA, USA), then digitised at 1000 s<sup>-1</sup> (PowerLab, ADInstruments, Bella Vista, NSW, Australia) and recorded using LabChart 7 (ADInstruments, Australia).



**Figure 5.** Perfusion bath and experimental setup for measuring oxygen-pressure profiles within a thin slice of mouse cortical tissue. (a) Exploded CAD model showing the separate components of the dual-compartment slice perfusion apparatus. (b) Assembled perfusion bath; arrows indicate direction of solution flow. (c) Enlarged view of the brain slice (grey 'pancake' shape) and its support structures; the slice sits on a nylon net (shown as a black-shaded horizontal surface). (d) Overview of experimental setup showing left and right pairs of micromanipulators, local-field potential (LFP) electrodes, oxygen probes. (e) Zoomed view of in situ cortical slice sitting on nylon net, and probed by LFP (Ag/AgCl wires) and oxygen (glass) electrodes. (f) Distribution of recording locations (black dots) within the slice cerebral cortex. For illustrative purposes, locations are shown on a single slice (but slices anterior to the one shown were used in some cases). Repeat profiles captured from some locations are not differentiated. (g) Representative arrangement of LFP electrode and oxygen probe for a single recording location, expanded from the shadowed region in (f).

Oxygen partial pressures (pO<sub>2</sub>) were measured using a Clark-style oxygen electrode (50  $\mu$ m tip diameter, Unisense Ltd., Aarhus, Denmark) inserted into the tissue slice. Prior to experiments, the oxygen electrode was polarised to ensure a stable output signal, then two-point calibrated using (a) aCSF equilibrated with room air (pO<sub>2</sub> = 160 mmHg), and (b) a solution of 0.1-M sodium ascorbate (zero-point). The pO<sub>2</sub> data were sampled at ~4.8 Hz using SensorTrace (v1.8, Unisense Ltd., Denmark).

#### 3.3. Experimental Protocol

Once the slice was established in the perfusion bath, the Ag/AgCl wire electrode was inserted into layer III/IV of the cerebral cortex, with no specific cortical region targeted. If robust SLE activity was detected at that location (indicating viable tissue), the oxygen sensor was positioned using a precision micromanipulator (FX-117, Minitool Inc., Los Gatos, CA, USA) as close as practicable to the Ag/AgCl electrode, placing the tip of the oxygen probe in the bath fluid about 200  $\mu$ m above the slice surface.

The pO<sub>2</sub> vertical profile was recorded every 50 µm by lowering the oxygen probe in 50-µm steps downwards through the upper fluid layer, then through the full depth of the 400-µm tissue slab, continuing until the tip had penetrated ~100 µm beyond the lower slice surface into the lower fluid layer. It was essential to include O<sub>2</sub> soundings in the upper and lower fluid layers for two reasons. First, because of lack of visual contrast, it was not possible to accurately discern when the probe entered or exited the tissue, so the locations of the slice centre (x = 0) and slice boundaries ( $x = \pm L$ ) could only be determined later, during the curve-fitting stage, by assuming that the curve minimum marked the (zero-flux) centre of symmetry. Second, we were seeking evidence of a nonflowing boundary layer in order to apply the flux-conservation argument of Equation (19); this would manifest as an abrupt change in profile gradient on crossing the tissue–fluid boundary as the *P* vs. *x* profile curve transitions from parabolic to linear.

Some profiles exhibited a smooth tissue–fluid boundary crossing similar to those shown in Figure 3, so were not suitable for estimation of tissue Krogh coefficient. In contrast, Figure 6a,b,d display a clear gradient discontinuity at the lower tissue–fluid interface, but no gradient break at the upper interface. We attribute this profile asymmetry to a design characteristic of the slice perfusion system: the finely-woven nylon netting on which the slice sits (see Figure 5c,e) seems to support the formation a locally static fluid layer immediately adjacent to the lower surface of the slice, without impeding the bulk flow of solution below the net. If the fluid is static (i.e., no advection), then oxygen transport through the fluid layer adjacent to the slice is via diffusion only; therefore, diffusive flux through the layer should match that entering the tissue, so the Equation (19) assumption of flux conservation should be applicable here.

The fact that the probe detects a lower-surface stagnant layer in many—but not all—profiles suggests that the emergent location of the probe tip relative to the weave structure of the netting may be significant, but this aspect remains unresolved at present.

## 3.4. Numerical Methods and Curve Fitting

Each pressure profile consists of a vector of ~20 oxygen tension readings [mmHg] recorded at 50-µm intervals during a micromanipulator-controlled vertical descent starting in the fluid above the slice, then stepping down through the fluid into the tissue slice, through the slice, then continuing for several steps beyond the tissue into the fluid beneath. Tissue thickness is  $2L = 400 \ \mu$ m, so either 8 or 9 samples will lie within the tissue. The precise position of the oxygen probe tip relative to the tissue boundary is not easily visualised, so the metabolic centre of the slice is determined mathematically by fitting a parabola to the profile: the dP/dx = 0 pressure minimum locates the zero-flux reference depth x = 0.



**Figure 6.** Representative O<sub>2</sub> pressure profiles drawn from datasets v4 (first two columns) and v5 (third column). Profiles (**a**,**b**,**d**,**f**) show a gradient discontinuity at the lower boundary; profiles (**c**,**e**) do not. Negative/positive locations correspond to points lying above/below the x = 0 line of symmetry. Key: × = sample values;  $\otimes$  = samples selected for 9-point in-tissue curve-fit (parabola or paracosh); dashed-green = extrapolation of parabola/paracosh curve into fluid layers above (left) and below (right) the tissue–fluid interface; dashed-red = tangent to curve at boundary with slope  $(\partial P/\partial x)|_{x=L}$  [mmHg/µm]; solid-black linear segments identify linear pressure trends in proximal fluid layer; 'Curv' =  $10^3 \times \text{curvature} = 10^3 \times (2a) \text{ [mmHg/µm]}$ . Gradient ratios 'slopeL/tang', 'slopeR/tang' give estimates for above-slice, below-slice ( $K_t/K_f$ ) Krogh ratios; ratios exceeding cutoff value 0.725 are rejected.

**Case (a):** If the profile shape is accurately modelled as parabolic, then Equation (20) applies, and the oxygen pressure gradient in tissue is given by

$$\frac{\partial P_{\mathrm{t}}}{\partial x} = 2ax \rightarrow 2aL$$
 at the  $x = L$  boundary

**Case (b):** If the pressure curve is 'flat-bottomed', then Equations (9) and (10) apply, indicating that the profile is a 'paracosh' mixed case with a hyperbolic-cosine (cosh) core for  $(-\delta \le x \le \delta)$ , and parabolic wings for  $(|x| > \delta)$ . Paracosh fitting proceeds by iterating curvature  $(Q/K_t) = 2a$  and critical pressure  $P^*$  to maximise agreement between the paracosh curve and the subset of  $(x_i, P_i)$  data points lying within the tissue boundaries. Paracosh optimisation makes use of MATLAB function fminsearchbnd [D'Errico (2022), www.mathworks. com/matlabcentral/fileexchange/8277-fminsearchbnd-fminsearchcon, (accessed 29 June 2022)] which adds bounded constraints to the standard fminsearch optimiser; in our case, we require that both 2a and  $P^*$  be non-negative. The critical depth  $\delta = \delta(P_s, P^*, 2a)$  is obtained via a separate iteration on Equation (11) with surface pressure  $P_s$  fixed by linear interpolation of the  $(x_i, P_i)$  data pairs bracketing the  $x = \pm L$  boundaries. Once the paracosh curve parameters ( $2a, P^*, \delta$ ) have been established, the pressure gradient at the x = L boundary is given by Equation (25).

**Case (c):** The cosh-only profile ( $P_s < P^*$ ) was never encountered in any of our oxygen tension soundings; nevertheless, the case-(b) curve-fitting algorithm should work equally well here.

If a clear gradient break could be identified at the tissue–fluid boundary, a straight line was fitted to the linear pressure trend in the fluid adjacent to the slice edge. The tissue–fluid Krogh ratio  $(K_t/K_f)$  was then obtained using the flux conservation expression of Equation (24).

#### 4. Results

We analysed five distinct  $pO_2$  profile datasets [labelled v1 to v5] but discarded the first two because of oxygen-probe calibration issues. The remaining datasets are:

**Dataset v3** (10 mL/min): Recorded from 19 cortical locations from 4 slices (1 animal); n = 19 profiles

**Dataset v4** (1 and 2 mL/min): Recorded from 8 locations from 4 slices (1 animal), repeated at 1 and 2 mL/min for each location; n = 16 profiles

**Dataset v5** (0.5 mL/min): Recorded from 6 cortical locations from 2 slices (1 animal), each profile repeated once, giving 6 profile pairs; n = 12 profiles

This gave a total of 47 oxygen tension profiles as summarised in Table A1. Most of the curves (31 of 47) were well-fitted with a simple parabola; the remainder (16 of 47) were fitted with a mixed paracosh function (identified with 'Flat = 1' table entry); none of the profiles exhibited a purely cosh shape. The proportion of flattened curves decreased as aCSF flow rate was reduced: [42%, 31%, 25%] for [v3, v4, v5], respectively. Provided that each curve was correctly classified as parabolic or paracosh, we found no discernible difference between  $K_t$  estimates derived from the parabolic set compared with the paracosh set.

#### 4.1. Oxygen Tension Profiles in Fluid and Tissue

Figure 6 shows six representative profiles with pressure gradient discontinuities evident at neither, one, or both tissue–fluid boundaries at  $x = \pm L$ , slice half-thickness being  $L = 200 \ \mu\text{m}$ . If the adjacent fluid exhibited a linear P(x) trend, we took this as evidence of a local nonflowing fluid layer which should permit estimation of the ( $K_t/K_f$ ) Krogh ratio via conservation of O<sub>2</sub> flux across the interface (see Equation (24)).

For each P(x) pressure profile, Krogh ratio retrievals proceed via two independent curve-fitting steps. First, the optimal value of profile curvature  $(Q/K_t) \equiv 2a$  is determined by minimising the rms difference between measured  $(x_i, P_i)$  data points and iterated  $(x_i, P(x_i))$  parabola/paracosh predictions for the eight or nine locations  $x_i$  lying within the  $-L \leq x \leq L$  tissue boundaries. The resulting pressure gradient at the boundary  $(\partial P/\partial x)|_{x=L}$  is then calculated using Equation (21) (parabola) or Equation (25) (paracosh): see red 'tangent' extrapolations in Figure 6.

Second, the pressure values in the proximal fluid above and below the slice are inspected for linear trends  $\Delta P / \Delta x$ , whose slope is markedly *lower* from the tissue tangent extrapolations; a clear gradient break suggests a locally stationary fluid layer. For our experimental setup, these gradient breaks were common at the lower interface (at x = L), but rarely occurred at the top interface (x = -L), except at the lowest perfusion rates. We attribute this top/bottom—left/right on the graphs—asymmetry to the presence of the fine nylon mesh that supports the underside of the slice (see Figure 5); evidently, the weave of the net can create a 'shadow zone' that shields the slice from longitudinal advective currents.

If the fluid pressure gradient was similar to, or larger than, the extrapolated tissue gradient (i.e., if  $(K_t/K_f) \gtrsim 1$ ), then the candidate ratio was immediately rejected (no stationary layer, therefore flux conservation assumption is invalid). However, a more stringent acceptance criterion is needed since some apparently stationary cases may be 'contaminated' by weak residual advective flows. After inspecting scatter plots of Krogh

ratio vs. curvature (see Figures 7 and 8a), and Krogh ratio histograms for  $(K_t/K_f) < 1$  (Figure 9), we set the ratio cutoff at

$$(K_{\rm t}/K_{\rm f})^{\rm max} = 0.725$$

This selection was made on the basis that candidate Krogh ratios evidently fall into two clusters:

- candidate ratios larger than unity are biologically disallowed (oxygen permeability in tissue cannot be greater than permeability in fluid);
- candidate ratios larger than 0.73 appear to form part of the K<sub>t</sub>/K<sub>f</sub> > 1.0 'disallowed' cluster (e.g., see panel (a) of Figure 7);
- the aggregated histogram ratios of Figure 9 suggest a clear break between 'allowed' and 'disallowed' clusters if we set the cutoff at  $K_t/K_f = 0.725$ .

#### 4.2. Scatter Plots of Krogh Ratio vs. Curvature

Individual scatter distributions for  $(K_t/K_f)$  candidate Krogh ratios vs. profile curvature are displayed as separate panels in Figure 7, then aggregated into a unified clustergraph in Figure 8a; Figure 8b shows the apparently sigmoidal dependence of profile curvature on perfusion flow rate. The scatterplots of Figure 7 are segregated by interface (upper/lower) and by dataset (v3/v4/v5). Perfusion rates decrease from left to right: 10 mL/min (v3), 1 or 2 mL/min (v4), 0.5 mL/min (v5). We see that, on average, lower flow rates are associated with lower curvatures ('flatter' parabolic/paracosh curves). Since curvature =  $2a = (Q/K_t)$ , then O<sub>2</sub> consumption rate also scales down as O<sub>2</sub> supply becomes more restricted (assuming  $K_t$  can be taken as a nominal constant). In contrast, flow rate appears to have no influence on *plausible* Krogh ratios (i.e., those that fall below the proposed 0.725 cutoff). These contrary sensitivities to fluid O<sub>2</sub> transport rates are summarised in Table 4.

The distribution of candidate Krogh ratios within a given dataset (v3/v4/v5) appears qualitatively rather noisy and erratic, unlike the curvature distributions. This is particularly evident in the paired observations in v4 and v5. For v4, each slice location was profiled twice, first at perfusion rate 1 mL/min, then at the doubled rate 2 mL/min. For every pair, doubling the flow rate raised the curvature by a roughly similar proportion; however, the impact on Krogh ratio was unpredictable and scattered (e.g., see outlier pair 414/416 in Figure 7e), particularly for those candidate Krogh ratios lying in the nominated rejection zone. We attribute this increased scatter to three possible sources:

- Krogh ratio requires separate tissue and fluid curve fits, so variance in the ratio will be the *sum* of the individual curve-fitting variances for tissue and fluid gradients;
- the flux conservation argument used to derive Equation (24) is invalid if the proximal fluid layer is not stationary (hence the need to impose a Krogh ratio cutoff);
- formation of a local stagnant layer is not guaranteed, even within the closely woven structure of the nylon net that supports the slice.

We note that reducing the flow rate increases the proportion of candidate Krogh ratios that lie within our nominal acceptance range (i.e.,  $(K_t/K_f) < 0.725$ ), particularly for the lower interface (see bottom row of Figure 7). Evidently, stagnant layer formation is more probable at low flow rates.

**Table 4.** Sensitivity of profile curvature and Krogh ratio to variations in aCSF flow rate. Column headings identify the datasets used for computing statistics; the v4-dataset is partitioned into its highand low-flow subsets. Perfusion rates decrease from left to right across the columns. Krogh statistics summarise the x = L (lower interface) retrievals, but note that candidate Krogh ratios that exceed the  $(K_f/K_f)^{max} = 0.725$  cutoff have been excluded (see Table A1).

Flow (mL/min)	v3 10.0	v4 (hi) 2.0	v4 (lo) 1.0	v5 0.5	All
<b>Curvature</b> , (2 <i>a</i> )					
$10^3 \times \text{mean}$	6.55	5.02	4.23	3.14	
$10^3 \times stdev$	1.38	0.85	0.80	0.90	
Ν	19	8	8	12	
<b>Krogh ratio</b> , $(K_t/K_f)$					
mean	0.553	0.595	0.538	0.568	0.562
stdev	0.083	0.140	0.082	0.072	0.088
N	11	5	5	9	30



**Figure 7.** Distribution of Krogh ratios as a function of curvature of fitted parabolic/paracosh function. Results are clustered by dataset (three columns: v3/v4/v5) and interface (two rows: upper/lower). Dashed-red horizontal marks the selected cut-off between accepted (below red line) and rejected (above line) Krogh ratios. Scanning from left to right, lower aCSF flow rates are generally associated with reduced curvature values, implying increasingly constrained O<sub>2</sub> consumption. Linked pairs show repeated sampling at the same location. For v4, flow rate was set at 1 (open circles) or 2 mL/min (filled circles); for v5, flow rate was fixed at 0.5 mL/min. Outlier pairs 414/416 (v4) and 507/508 (v5) have very discrepant Krogh ratio estimates at the lower interface, possibly due to mechanical disturbance of the slice during withdrawal of O<sub>2</sub> probe prior to repeat sounding. See Figure 6 and Table A1.



**Figure 8.** Flow rate clustering and curvature dependence aggregated across (lower interface) of Figure 7d–f. (a) Aggregated scatterplot of candidate Krogh ratio  $(K_t/K_f)$  vs. curvature of fitted parabolic/paracosh function, clustered by flow rate [10, 2, 1, or 0.5] mL/min, as indicated by shaded convex-hull polygons (computed via MATLAB function convhull). Qualitatively, the polygon centroids move to the left as flow rate decreases, implying that curvature decreases (profiles become flatter) as perfusion flow rate is reduced. This trend is made quantitative in (b) with a sigmoid fit to the Table 4 curvature means (magenta asterisks) at each flow rate. The fitted curve is  $y = y^{\text{max}} \cdot x^n/(K^n + x^n)$  with  $[y^{\text{max}} = 7.5 \times 10^{-3} \text{ mmHg}/\mu\text{m}^2; K = 0.75 \text{ mL/min}; n = 0.75].$ 

Unlike the v4 pairs, the perfusion rate for the v5 paired observations (Figure 7c,f) was maintained at a constant value (0.5 mL/min); consequently, the profile repeats typically have smaller Cartesian separation (the links are smaller) than is the case for v4, and the average link length can be taken as an overall measure of the experimental uncertainty associated with our method. Nevertheless, we still see an outlier pair 507/508 at the lower interface with an abrupt reduction in the candidate Krogh ratio. While the 507/508 profile graphs in Figure 6c,f show consistent in-tissue curvature values, the proximal fluid environment immediately above and below the tissue changes dramatically in the ~1 min between the 507 and 508 soundings: the later profile shows clear evidence of stationary fluid layers at the upper and lower boundaries, while no evidence was apparent in the earlier profile. Perhaps the withdrawal and reinsertion of the O<sub>2</sub> probe caused a subtle change in the seating of the tissue slab that favoured the formation of stagnant zones?

## 4.3. Histograms for Krogh Ratio and Profile Curvature

In Figure 9, we present histograms for Krogh ratios aggregated over the [v3, v4, v5] datasets shown in Figure 7, but restrict the analysis to  $(K_t/K_f) \leq 1.0$  [allowing  $(K_t/K_f) > 1.0$  would imply that O<sub>2</sub> permeability in tissue *exceeds* that in fluid; this is physiologically implausible]. Krogh ratios are biased towards larger values at the upper tissue–fluid interface (Figure 9a), and smaller values at the lower interface (panel (b)); this is consistent with our observation that well-defined stagnant layers are a common occurrence at the lower boundary, but rare at the upper boundary. Setting an upper bound of  $(K_t/K_f)^{max} = 0.725$  provides a clean separation between accepted and rejected Krogh ratio candidates.

Figure 10 histograms the profile curvatures across each of the [v3, v4, v5] datasets. It confirms the earlier observation that smaller aCSF flow rates are associated with tissue profiles that have weaker (flatter) curvature, indicating that restricting oxygen flow leads to constrained metabolic activity.



**Figure 9.** Histograms for Krogh ratios aggregated over [v3, v4, v5] datasets illustrated in Figure 7, but restricted to domain ( $K_t/K_f$ )  $\leq$  1.0. Red-dashed line marks the accept/reject boundary set at 0.725: only Krogh ratios below cutoff are associated with a well-defined stationary layer. Comparing panels (**a**, **b**), the lower tissue–fluid interface is more likely to form a nonflowing boundary layer. In panel (**c**), for each profile, the smaller of the [upper interface, lower interface] Krogh ratio is selected.

#### 4.4. Possible Linkage between SLE Activity and Formation of Stationary Boundary Layer

We postulated that detection of a stagnant fluid layer at the tissue–fluid interface might require the maintenance of at least a minimum level of metabolic activity within the tissue. The 'stationary fluid' idealisation requires that—close to the tissue surface—oxygen diffusion (a molecular random walk with net  $O_2$  motion directed towards the face of the tissue) through the fluid strongly dominates any residual advective bulk flow ( $O_2$  in fluid moving parallel to the tissue). However, if the tissue is not drawing much oxygen from the fluid, then diffusive flux across the interface will be low, and the  $O_2$  advective component may no longer be insignificant, meaning that the flux conservation argument fails because the local fluid layer is insufficiently 'stationary'.



**Figure 10.** Curvature histograms for each of the [v3, v4, v5] datasets illustrated in Figure 7. As flow rate decreases from (**a**)  $10 \rightarrow$  (**b**) [1 or 2]  $\rightarrow$  (**c**) 0.5 mL/min, average curvature decreases, meaning that the parabolic/paracosh curves become 'flatter' with shallower wings. For fixed *K*<sub>t</sub>, a flatter curvature implies reduced metabolism.

We chose to test this hypothesis on the v3-database since this used the fastest aCSF flow rate (10 mL/min), thus maximising both  $O_2$  delivery and the potential for seizure-like electrical activity. For each of the nineteen pressure soundings, we identified four consecutive seizure-like events (SLEs) that occurred around the time of profile acquisition, and computed average values for three SLE parameters: peak-to-peak amplitude [ $\mu$ V]; duration [s]; inter-event frequency [s<sup>-1</sup>].

We found that SLE amplitude (but not SLE duration or frequency) correlated *negatively* with ( $K_t/K_f$ ) Krogh ratio for the under-slice interface ( $R^2 = 0.23$ , p = 0.03). That is, a tissue location generating smaller SLEs was *less* likely to display the pressure-gradient discontinuity associated with a nonflowing fluid layer at the x = L boundary. Conversely, a site generating larger SLEs was more likely to show evidence of a stationary fluid layer.

#### 4.5. Estimation of Krogh Coefficient for Cortical Tissue at Room Temperature

We now have sufficient data to derive an estimate for  $K_t$ , the oxygen Krogh coefficient for mouse cortical tissue at room temperature. In Section 2.6, we computed a

theoretical value for  $K_f$ , the Krogh coefficient for the no-Mg aCSF (no-magnesium artificial cerebrospinal fluid) used to supply oxygen and glucose to the 400 µm-thick slice of brain tissue (18),

$$K_{\rm f} = (2.30 \pm 0.04) \times 10^{-14} \,\,{\rm mol/[m \cdot s \cdot Pa]}$$
<sup>(27)</sup>

This value is based on that for pure water, but adjusted for the presence of dissolved salts and glucose. As displayed in Figure 4, the coefficient is weakly temperature dependent. If the aCSF temperature were to rise from 20 to 25 °C,  $K_f$  would increase by ~4% from [2.262 to 2.348] ×10<sup>-14</sup> mol/[m·s·Pa]. We have chosen the middle of the range, with an uncertainty of ±2%.

From the Table 4 statistics for the tissue–fluid ratio of Krogh coefficients  $(K_t/K_f)$ , we learn that the Krogh ratio is completely insensitive to perfusion rate, so we are justified in combining all datasets (last column of Table 4) to give an aggregate (mean  $\pm$  standard deviation) statistic,

$$(K_t/K_f) = 0.562 \pm 0.088$$
 (dimensionless;  $N = 30$ ) (28)

The standard deviation in the ratio is ~16% of the mean. This uncertainty estimate is almost an order of magnitude larger than the 2% relative uncertainty in  $K_f$  for the perfusion fluid, so the latter can be neglected as source of uncertainty in the Krogh ratio. How much of this uncertainty is due to experimental error (e.g., probe calibration and positioning, pressure measurement, in-tissue and in-fluid curve fitting, tissue movement, unsteady flow rates, degraded stagnant layer, etc.), and how much arises from the natural variability of living cortical tissue?

The [v4, v5] repeated profiles—shown as linked pairs in Figure 7e,f—allow us to apportion the relative contributions of experimental and biological sources of variation. There are eight linked pairs (four in each of [v4, v5]) that lie entirely within the ( $K_t/K_f$ ) < 0.725 acceptance zone. Let (A, B) represent the (first, second) elements of the eight pairs of Krogh ratios retrieved at each repeated location. Define the biological and experimental contributions to the variance (i.e., square of the standard deviation) of the Krogh ratios as  $\sigma_{\text{biol}}^2$  and  $\sigma_{\text{expt}}^2$ , respectively. Then, the following variance identities should apply,

$$var(A - B) = \sigma_{expt}^{2}$$
 (biology cancels)  

$$var(A + B) = \sigma_{expt}^{2} + \sigma_{biol}^{2}$$
 (both contribute)  

$$\Rightarrow \sigma_{biol}^{2} = var(A + B) - var(A - B)$$

Our pairwise variance calculations give

=

$$var(A+B) = 0.0263$$
,  $var(A-B) = \sigma_{expt}^2 = 0.0069$ ,  $\implies \sigma_{biol}^2 = 0.0194$ 

implying that  $[\sigma_{biol}^2 / (\sigma_{expt}^2 + \sigma_{biol}^2)] = 74\%$  of the variance in our Krogh ratio determinations is biological in origin, and the remaining 26% is attributable to experimental uncertainty.

Finally, we compute the room temperature Krogh coefficient for mouse cortical tissue by taking the product of (27) and (28),

$$K_{\rm t} = (1.29 \pm 0.21) \times 10^{-14} \,\,{\rm mol}/[{\rm m} \cdot {\rm s} \cdot {\rm Pa}] \tag{29}$$

where we have carried forward the 16% uncertainty from (28).

## 5. Discussion

In this paper we have sought to provide a theoretical and experimental basis for determining oxygen consumption in thin slices of mouse brain tissue. Oxygen consumption within metabolically active tissue can be deduced from the curvature of  $pO_2$  oxygen profiles using Fick's law of diffusion, so long as the oxygen diffusion and solubility coefficients

of tissue are known. Because oxygen solubility in tissue is difficult to measure, it is standard practice to work with the Krogh coefficient  $K_t$ , a lumped measure of oxygen permeability given by the product of diffusion and solubility coefficients for oxygen. Early work by Buerk & Saidel [27] identified the Michaelis–Menton kinetics model as the most accurate description of pO<sub>2</sub> gradients in tissue slices; its piecewise-linear approximation (see Equation (6)) provides the basis of the analytical solution published by Ivanova & Simeonov [10] and extended here. We followed Ganfield et al. [8] in assuming the existence of a narrow but stationary (i.e., non-flowing) boundary layer of fluid in close proximity to the tissue surface, then invoking conservation of oxygen flux across the fluid/tissue interface in order to deduce a value for  $K_t/K_f$ , the dimensionless ratio of tissue–fluid Krogh coefficients. By construction, the perfusion fluid is a passive, non-biologically active medium, so the fluid Krogh coefficient  $K_f$  can be calculated from well-established interpolation formulas that are functions of both water temperature and saline concentration; this then allows tissue Krogh coefficient  $K_t$  to be determined.

There are alternative ways to measure the tissue Krogh coefficient experimentally; however, these are generally not appropriate for soft, delicate tissue such as brain. For example, the original gaseous diffusion method described by Krogh (1919) [16] involved separating two chambers with a stretched membrane, allowing measurement of gas diffusion through the membrane from one chamber to the other. A similar direct measurement method was applied by Sasaki et al. [14], using microscopy techniques to measure the flux of oxygen across thin (10–20  $\mu$ m) arteriolar walls. Such methods are not easily applied to a slice of brain tissue since it is very easily damaged by physical manipulation.

It is informative to compare our value for tissue Krogh coefficient with those published in the literature. This requires appropriate unit conversions from SI to the various alternative unit systems in use. We select two of the more common metric choices:

> (mL O<sub>2</sub>)/(cm·min·atm): Ganfield et al. [8] (mmol O<sub>2</sub>)/(cm·min·mmHg): Ivanova & Simeonov [10]

and list the unit-remapped values for our estimate for Kt,

$$\begin{split} K_t &= (1.29 \pm 0.21) \times 10^{-14} \text{ mol} / [\text{m} \cdot \text{s} \cdot \text{Pa}] \\ &= (1.76 \pm 0.29) \times 10^{-5} \text{ mL} / [\text{cm} \cdot \text{min} \cdot \text{atm}] \\ &= (1.03 \pm 0.17) \times 10^{-9} \text{ mmol} / [\text{cm} \cdot \text{min} \cdot \text{mmHg}] \end{split}$$

Using the second set of units (mL/[cm·min·atm]), Ganfield et al. (1970) derive a Krogh coefficient for cat cortex of  $1.29 \times 10^{-5}$ , about 27% lower than our  $1.76 \times 10^{-5}$  estimate. Their result is unexpectedly low, given that they were working at 37 °C, while our value was derived at room temperature.

Ivanova & Simeonov (2012) tabulate a range of Krogh coefficients at 37 °C for a variety of different tissues drawn from the work of several authors. Using the third set of units (mmol/[cm·min·mmHg]), their quoted values for  $10^9 \times K_t$  covered the range

0.59 (kidney), 0.65 (liver), 1.35 (brain), 1.44 (heart),

so our value of  $1.03 \times 10^{-9}$  for mouse cortex is certainly plausible, given the temperature difference.

We have focused on calculating tissue/fluid Krogh ratio ( $K_t/K_f$ ) in the first instance. The advantage of working with a dimensionless ratio is that it should aid direct comparison between studies since it eliminates the need for non-SI unit conversions. Although the biological significance of expressing Krogh permeability as a ratio is uncertain, it is plausible that the  $K_t/K_f$  ratio may be less sensitive to temperature than either component. If so, this would be advantageous when attempting to compare the findings of different research groups working with a range of perfusion temperatures. This idea remains to be tested experimentally.

Our method for computing the Krogh ratio is dependent of the formation of a stationary boundary layer at the tissue–fluid interface. As discussed previously, a nonflowing fluid layer was often detected at the lower interface, but rarely at the upper interface. This asymmetrical behaviour is probably a favourable artifact created by the support netting on which the slice sits: it seems that the tight weave of the netting can provide shielding from the bulk advective flow. This likely explains some of the variability in our  $K_t$  estimate, because precise positioning of the oxygen electrode within this stationary layer could not be guaranteed from one recording location to the next.

Importantly, when (repeat) profiles were collected from the *same* location, the variance in the  $K_t/K_f$  ratio was substantially lower (contributing only 26% of the total variation), indicating that the majority of the variability was of biological origin. This hints at the possibility that the oxygen permeability characteristics of brain tissue are not uniform across and between slices, with potential influences from variation in cortical layer structure, variation in regional cortical anatomy, and spatial differences in tissue viability. In these experiments, we did not attempt to control for specific cortical anatomical location or for non-uniformity in slice viability.

In summary, we have found that the Ivanova & Simeonov diffusion–consumption model provides an excellent description of oxygen-tension distribution within a thin slice of active tissue. We have extended the model to include the effects of a stationary fluid layer at the boundary, and have shown how to compute the ratio of tissue and fluid Krogh coefficients via a flux conservation argument. Being dimensionless, the Krogh ratio allows unambiguous and direct comparisons between studies by different researchers, since it obviates the need for unit conversions. The mapping to dimensioned Krogh coefficients can be delayed until the choice of units for the fluid Krogh coefficient has been made.

Author Contributions: Experiment design and data acquisition, L.J.V.; data analysis, L.J.V. and D.A.S.-R.; mathematical development, D.A.S.-R. and M.L.S.-R.; software, D.A.S.-R.; original draft preparation, D.A.S.-R. and L.J.V.; manuscript review and editing, D.A.S.-R., M.L.S.-R., J.W.S. and L.J.V. All authors have read and agreed to the published version of the manuscript.

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Informed Consent Statement: Not applicable.

**Data Availability Statement:** The MATLAB paracosh curve-fitting codes plus associated sample pO<sub>2</sub> depth profiles will be supplied on request to the corresponding author (D.A.S.-R.).

Conflicts of Interest: The authors declare no conflict of interest for this work.

## Abbreviations

1D	one-dimensional
aCSF	artificial cerebral spinal fluid
Ag/AgCl	silver/silver chloride (electrode)
I & S	Ivanova and Simeonov (2012)
IUPAC	International Union of Pure and Applied Chemistry
LFP	local-field potential
NIST	National Institute of Standards and Technology
NMDA	N-methyl-D-aspartate
no-Mg	no magnesium
PDE	partial differential equation
pO <sub>2</sub>	partial pressure of oxygen
rmse	root-mean-square error
SD	standard deviation
SLE	seizure-like event
## Appendix A. Curve-Fitting Summary

**Table A1.** Summary table for 47 pO<sub>2</sub> pressure profiles. 'Ref' = vnn where v = [3, 4, 5] identifies dataset, nn = profile index; 'Flow' = aCSF flow rate [mL/min]; 'Flat' = flag indicating paracosh (1) or parabolic (0) fit; 'rmse' = rms error for curve fit [mmHg]; 'Curvature' =  $10^3 \times (2a)$  [mmHg/µm<sup>2</sup>]; P<sub>s</sub> = fitted surface pressure at x = L boundary [mmHg]; P<sub>min</sub> = fitted pressure at x = 0 [mmHg]; 'Tangent' =  $(\partial P / \partial x)|_{x=L}$  [mmHg/µm]; 'Ratio (top)', 'Ratio (bot)' = Krogh ratio (K<sub>t</sub> / K<sub>t</sub>) at upper, lower interface. NB: Values in [brackets] are to be disregarded (existence of stationary layer is implausible).

Ref	Flow	Flat?	rmse	Curvature	$P_{\rm s}$	P <sub>min</sub>	Tangent	Ratio (top)	Ratio (bot)
301 302 303 304 305 306 307 308 309 310 311 312 313 314 315 316 317 318 319	$\begin{array}{c} 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 10.0\\ 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6.69 5.05 7.87 5.13 6.22 7.03 6.12 5.12	$\begin{array}{c} 120.2 \\ 124.2 \\ 83.3 \\ 131.7 \\ 165.8 \\ 170.5 \\ 205.6 \\ 154.1 \\ 134.4 \\ 191.1 \\ 134.9 \\ 121.4 \\ 191.1 \\ 187.2 \\ 47.5 \\ 133.4 \\ 95.0 \\ 135.1 \\ 135.0 \\ 135.1 \\ 49.2 \end{array}$	$\begin{array}{c} 0.8\\ 0.0\\ 0.0\\ 31.0\\ 45.0\\ 67.0\\ 26.2\\ 33.1\\ 15.2\\ 0.0\\ 0.0\\ 57.3\\ 1.3\\ 29.8\\ 0.0\\ 8.9\\ 0.0\\ 12.6\\ 0.0 \end{array}$	$\begin{array}{c} 1.194\\ 1.311\\ 1.247\\ 1.007\\ 1.208\\ 1.035\\ 1.795\\ 1.210\\ 1.193\\ 1.570\\ 1.270\\ 1.338\\ 0.962\\ 1.575\\ 0.698\\ 1.245\\ 1.155\\ 1.225\\ 0.710\\ \end{array}$		$      \begin{bmatrix} 1.018 \\ 0.505 \\ 0.981 \\ 1.032 \\ 0.930 \\ 0.640 \\ 0.608 \\ 0.649 \\ 0.538 \\ 0.462 \\ 0.563 \\ 0.908 \\ 1.049 \\ 0.7564 \\ 1.314 \\ 0.675 \\ 0.479 \\ 0.551 \\ 0.417 \\      \end{bmatrix}     $
$\begin{array}{c} 401\\ 402\\ 403\\ 404\\ 405\\ 406\\ 407\\ 408\\ 409\\ 410\\ 411\\ 412\\ 413\\ 414\\ 415\\ 416\\ \end{array}$	$\begin{array}{c} 1.0\\ 1.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 2.0\\ 1.0\\ 1.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 2.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 1.0\\ 2.0\\ 2.0\\ 1.0\\ 1.0\\ 1.0\\ 1.0\\ 1.0\\ 1.0\\ 1.0\\ 1$	1 1 0 0 0 0 0 0 0 0 0 1 0 0 0 1 0 0 1	$\begin{array}{c} 1.51\\ 2.15\\ 2.48\\ 1.47\\ 1.36\\ 5.27\\ 4.18\\ 3.78\\ 1.43\\ 0.90\\ 2.77\\ 2.00\\ 2.85\\ 1.39\\ 3.83\\ 3.74 \end{array}$	$\begin{array}{c} 4.50\\ 3.90\\ 5.09\\ 4.56\\ 4.49\\ 5.51\\ 5.62\\ 2.81\\ 3.69\\ 3.72\\ 3.98\\ 4.82\\ 4.16\\ 5.61\\ 6.09\end{array}$	60.6 73.6 119.8 115.0 93.6 128.3 145.0 171.3 58.3 40.0 89.6 89.3 99.1 68.2 140.7 78.7	$\begin{array}{c} 0.0\\ 0.0\\ 18.0\\ 23.8\\ 3.8\\ 18.5\\ 34.8\\ 59.0\\ 2.1\\ 0.0\\ 15.1\\ 9.7\\ 2.7\\ 0.0\\ 28.6\\ 0.0\\ \end{array}$	$\begin{array}{c} 0.739\\ 0.758\\ 1.018\\ 0.912\\ 0.897\\ 1.098\\ 1.102\\ 1.123\\ 0.562\\ 0.543\\ 0.745\\ 0.796\\ 0.965\\ 0.753\\ 1.121\\ 0.979\end{array}$	$ \begin{bmatrix} 0.947 \\ 0.740 \\ 1.022 \\ 1.132 \\ 0.845 \\ 0.894 \\ 1.013 \\ 0.856 \\ 1.378 \\ 1.250 \\ 1.365 \\ 1.226 \\ 0.570 \\ 0.949 \\ 0.656 \\ 1.102 \end{bmatrix} $	$\begin{array}{c} 0.461\\ 0.565\\ 0.428\\ 0.704\\ 0.582\\ [0.766]\\ 0.458\\ [0.998]\\ [1.151]\\ [1.185]\\ [1.355]\\ 0.717\\ 0.637\\ 0.447\\ 0.668\\ [1.229] \end{array}$
501 502 503 504 505 506 507 508 509 510 511 512	$\begin{array}{c} 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \\ 0.5 \end{array}$	$ \begin{array}{c} 1 \\ 1 \\ 0 \\ 0 \\ 1 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	$\begin{array}{c} 0.58 \\ 1.33 \\ 1.64 \\ 1.11 \\ 2.82 \\ 4.69 \\ 0.61 \\ 1.04 \\ 3.77 \\ 2.78 \\ 1.47 \\ 1.56 \end{array}$	$\begin{array}{c} 4.57\\ 3.55\\ 3.05\\ 3.16\\ 3.95\\ 3.72\\ 2.31\\ 2.52\\ 3.94\\ 3.41\\ 1.86\\ 1.66\end{array}$	49.9 50.0 92.3 90.8 71.8 79.4 50.7 58.6 99.7 110.2 185.9 162.8	$\begin{array}{c} 0.0\\ 0.0\\ 31.3\\ 27.7\\ 3.7\\ 4.9\\ 4.5\\ 8.2\\ 21.0\\ 41.9\\ 148.7\\ 129.6 \end{array}$	0.675 0.596 0.610 0.631 0.745 0.462 0.504 0.788 0.683 0.372 0.332	[0.949] [1.070] [0.752] 0.614 [0.958] [0.830] [0.849] 0.685 0.488 0.560 [0.835] [0.985]	$\begin{array}{c} 0.541\\ 0.553\\ [1.150]\\ [1.103]\\ 0.675\\ 0.629\\ [1.093]\\ 0.607\\ 0.430\\ 0.512\\ 0.608\\ 0.557\end{array}$

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Article



# *Dioscorea nipponica* Makino Rhizome Extract and Its Active Compound Dioscin Protect against Neuroinflammation and Scopolamine-Induced Memory Deficits

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Abstract: Activation of microglial cells by intrinsic or extrinsic insult causes neuroinflammation, a common phenomenon in neurodegenerative diseases. Prevention of neuroinflammation may ameliorate many neurodegenerative disease progressions. Dioscorea nipponica Makino (DN) extract can alleviate muscular atrophy and inflammatory diseases; however, the efficacy and mechanism of action in microglial cells remain unknown. The current study investigates the possible antiinflammatory effects and mechanisms of Dioscorea nipponica Makino ethanol extract and its steroidal saponin dioscin. Our in vitro study shows that Dioscorea nipponica rhizome ethanol extract (DNRE) and dioscin protect against lipopolysaccharide (LPS)-activated inflammatory responses in BV-2 microglial cells by inhibiting phosphorylation and the nuclear translocation of nuclear factor kappalight-chain-enhancer of activated B cells (NF- $\kappa$ B), resulting in the downregulation of pro-inflammatory cytokines and enzymes. Consistent with our previous report of dioscin-mediated enhancement of neurotrophic factors in dopaminergic cells, here we found that dioscin upregulates brain-derived neurotrophic factor (BDNF) and cAMP-response element binding protein (CREB) phosphorylation (pCREB) in the cerebral cortex and hippocampus regions of the mouse brain. Scopolamine treatment increased pro-inflammatory enzyme levels and reduced the expression of BDNF and pCREB in the hippocampus and cortex regions, which led to impaired learning and referencing memory in mice. Pre-treatment of dioscin for 7 days substantially enhanced mice performances in maze studies, indicating amelioration in cognitive deficits. In conclusion, DNRE and its active compound dioscin protect against neurotoxicity most likely by suppressing NF-KB phosphorylation and upregulating neurotrophic factor BDNF.

Keywords: *Dioscorea nipponica* Makino; dioscin; anti-inflammatory; LPS; neuroinflammation; cognitive deficits

## 1. Introduction

Neuroinflammation is a vital pathological feature of neurodegenerative disease progression, including Alzheimer's disease [1,2]. Brain-residing macrophages, the microglia, can sense exogenous neurotoxins such as lipopolysaccharide (LPS)—the outer membrane polysaccharide component of Gram-negative bacteria). LPS binds to toll-like receptor 4 (TLR4) in the microglia, which stimulates an innate immune response [2–4]. Following TLR4 signalling activation, a downstream signalling cascade activates nuclear factor kappa-B

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). (NF-κB), and this triggers the release of pro-inflammatory cytokines, including tumour necrosis factor-α (TNF-α), interleukin-1β (IL-1β), and interleukin-6 (IL-6) [5,6]. The inducible pro-inflammatory mediator isoforms of nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) are also upregulated in this process, and increase the production of nitric oxide (NO) and prostaglandin E2 (PGE2), which further exaggerate neuroinflammation [7].

The forebrain cholinergic neurons play an important role in controlling the centralnervous-system-regulated cognitive functions [8]. It has been seen that cholinergic decline impacts cognitive functions and disrupts anti-inflammatory pathways. Cholinergic signalling has been seen to regulate peripheral cytokine productions via anti-inflammatory mechanisms [9]. Scopolamine is an anticholinergic drug that impairs cognitive functions and learning memory, which resembles molecular and behavioural features of Alzheimer's disease by impairing cholinergic neurotransmission in the hippocampus and prefrontal cortex [10,11]. In addition, these neuropsychiatric changes also involve the upregulation of pro-inflammatory cytokines and inflammasome components in different brain regions [12].

Dioscorea nipponica (DN), a species of the Dioscorea genus belonging to the family Dioscoreaceae, is an important herb in Chinese traditional medicine [13]. It has commonly been prescribed to treat respiratory illnesses such as dry cough and bronchitis, rheumatism and analgesia, stimulate blood circulation, and enhance digestion and diuresis [13,14]. Major compounds found in *Dioscorea nipponica* are steroidal saponins, such as dioscin [13], and stilbene derivatives, such as diosniponol C and diosniposide A [15]. Recent findings have shown that bioactive compounds of Dioscorea nipponica, and steroidal saponin, attenuate cardiovascular diseases, improve immune functions, and prevent cancer progression [13]. Dioscorea nipponica has also been shown to promote muscle differentiation, restore muscle atrophy, and recover from injury by inhibiting the NF- $\kappa$ B pathway [16]. The total saponin fraction and phenolic compounds from *Dioscorea nipponica* extract have been shown as potential modulators of the MAPK signalling pathway in an inflammatory disease model [15,17]. However, the biological impact of *Dioscorea nipponica* in neuroinflammation progression or prevention is largely unknown. Therefore, this study investigates the possible anti-inflammatory effect of Dioscorea nipponica rhizome ethanol extract (DNRE) on microglial cell activation and pro-inflammatory cytokine production.

#### 2. Results

## 2.1. DNRE Protects Microglial Cells from LPS-Induced Stress

To test the hypothesis that DNRE treatment could ameliorate inflammatory cell death and reduce NO release from microglia, we tested different doses of DNRE (10–400  $\mu$ g/mL). The treatment with DNRE was shown to have a dose-dependent effect in reducing NO release, but high doses of DNRE (200–400  $\mu$ g/mL) showed toxicity (Figure 1A). Thus, considering the non-toxic dose and IC<sub>50</sub> of MTT assay (152.2997  $\mu$ g/mL), the better effect was attributed to the dose of 50–100  $\mu$ g/mL (Figure 1A,B). Therefore, we chose 10–100  $\mu$ g/mL for the rest of the study. This effect might be related to the antioxidant effect of DNRE (0.01–1.0 mg/mL), which was supported by the DPPH scavenging assay and LPS-induced ROS release by DCFDA assay (Figure 1C,D).



Figure 1. Cont.



**Figure 1.** DNRE treatment protects microglial cells. (**A**) MTT assay (IC<sub>50</sub> = 152.2997  $\mu$ g/mL) and (**B**) nitric oxide release assay for LPS-treated BV-2 cells with or without different doses of DNRE. (**C**) Sigmoid plot for determination of IC<sub>50</sub> value of DNRE of DPPH free radical scavenging. The half maximal inhibitory concentration (IC<sub>50</sub>) was calculated from the equation (y = mx-c) obtained from the sigmoid curve. The value of 'y' was changed to 50, and we were subjected to determine value of 'x', which is the IC<sub>50</sub> value. (**D**) Fluorescence microscopy of DCFDA assay for LPS-treated BV-2 cells with or without DNRE, and measurement of fluorescence intensity using ImageJ software. ns—not significant compared with non-treated; each shape (circles, triangles, squares, etc.) is representative of the number of repetitions of a particular group; ### *p* < 0.001 compared with non-treated; \*\* *p* < 0.01, \*\*\* *p* < 0.001 comparing LPS vs. LPS + DNRE; <sup>\$\$\$\$</sup> *p* < 0.001 comparing low-dose DNRE (10–20 µg/mL) vs. mid-to-high-dose DNRE (50–400 µg/mL), <sup>@@@</sup> *p* < 0.001 comparing mid-dose DNRE (50–100 µg/mL) vs. high-dose DNRE (200–400 µg/mL).

## 2.2. DNRE Pre-Treatment Suppresses Inflammatory Mediators following LPS Toxication

In response to the microglial activation, pro-inflammatory mediator iNOS and COX-2 levels also increase via a mechanism involving increased NO and PGE2 level [7]. Several studies reported that systemic injection of LPS triggers neuroinflammation, leading to neurodegeneration and cognitive dysfunction [18–20]. As we have seen, DNRE treatment significantly reduced NO release and scavenged DPPH radicals; therefore, we investigated DNRE's impact on post-LPS-treated inflammatory biomarkers. Pre-treatment of DNRE showed a dose-dependent effect in reducing inflammatory enzymes COX-2 and iNOS mRNA and protein levels (Figure 2A,B). DNRE pre-treatment was shown to reduce, by at least twofold, iNOS mRNA or protein level (Figure 2A,B), signifying DNRE-treated decrease in NO release. This result was further justified by the reduction in mRNA level of IL-1 $\beta$  and IL-6 at least twofold in LPS-induced BV-2 microglial cells (Figure 2C). DNRE also significantly downregulated LPS-induced increase inflammatory cytokine TNF- $\alpha$  production in BV-2 microglial cells (Figure 2C).







**Figure 2.** DNRE activities on inflammatory mediators. (**A**) mRNA and (**B**) protein expression of inflammatory enzymes in LPS (200 ng/mL)-treated BV-2 cells with or without different doses of DNRE. (**C**) mRNA expression of pro-inflammatory cytokines in LPS-treated BV-2 cells with or without DNRE. ns—not significant compared with non-treated; each shape (circles, triangles, squares, etc.) is representative of the number of repetitions of a particular group; ### p < 0.001 compared with non-treated; \*\* p < 0.01, \*\*\* p < 0.001 comparing LPS vs. LPS + DNRE.

#### 2.3. DNRE Inhibits Nuclear Translocation of NF-κB

LPS-induced microglial activation hyperactivates the MAPK pathway and exaggerates inflammation by promoting transcription factors such as NF- $\kappa$ B [4]. DNRE treatment dose-dependently decreased phosphorylation of MAPK signalling by reducing p-ERK, p-JNK, and p-p38 (Supplementary Figure S1) in LPS-treated BV-2 cells.

Phosphorylation of the p65 subunit of NF- $\kappa$ B translocates into the nucleus to translate inflammatory cytokines such as IL-1 $\beta$ , and causes inflammation. As we found that DNRE reduced phosphorylation of several biomarkers of MAPK signalling, we investigated whether DNRE treatment inhibited nuclear translocation of transcription factor NF- $\kappa$ B. LPS induction activates NF- $\kappa$ B by phosphorylating I $\kappa$ B at the cytosol, promoting the p65 subunit of NF- $\kappa$ B translocation into the nucleus [4]. DNRE treatment (100 µg/mL) was shown to inhibit I $\kappa$ B phosphorylation (Figure 3A) and reduce p65 permeation into the nucleus (Figure 3B). To confirm this finding, we used fluorescence microscopy to visualise DNRE impact on phosphorylated p65 subunit, and found a similar decrease to that observed with the WB probe (Supplementary Figure S2).



**Figure 3.** DNRE effects on nuclear factor. (**A**) Protein expression of IκB and densitometric calculation. (**B**) Protein expression of phosphorylated NF-κB (p-p65) of nuclear and cytoplasmic fractions of BV-2 cells treated with or without LPS (200 ng/mL). ns—not significant compared with non-treated; each shape (circles, triangles, squares, etc.) is representative of the number of repetitions of a particular group; ## p < 0.01 compared with non-treated; \*\* p < 0.01 comparing LPS vs. LPS + DNRE.

## 2.4. Anti-Neuroinflammatory Activities of Dioscin

Multiple studies have indicated that DNRE consists of steroidal saponin derivatives; dioscin is the most abundant among them [21]. In addition, our recent study found that dioscin ameliorates MPP<sup>+</sup>-induced neurotoxicity via autophagy [22]. We observed that dioscin substantially downregulates inflammatory enzymes iNOS and COX-2 in LPS-activated BV-2 cells. Thus, we used HPLC fingerprinting to identify and quantify dioscin in DNRE (Figure 4A). Comparing the retention times with standard dioscin (Figure 4A top), we confirmed the identity of dioscin in DNRE (Figure 4A bottom). Subsequently, we

calculated the concentrations of dioscin using peak area, and found that  $7.07 \pm 2.95 \ \mu g$  of dioscin is present per milligram of our ethanolic crude extract of DN. Interesting unknown peaks were observed between retention time 5–10 min, before dioscin peaks, in the DNRE chromatogram. We speculate that these could be other saponin constituents of DNRE; further analysis should be performed to identify these constituents.



**Figure 4.** HPLC screening was conducted to identify the presence of and quantify dioscin in DNRE. (A) Representative chromatogram showing retention time and area of a standard steroidal saponin dioscin (**top**) and dioscin in DNRE (**bottom**). (**B**) The antioxidative capacity of dioscin (Dio) was measured using ABTS assay; an equimolar amount of DNRE and Dio was used, and the spectrophotometric measurements are expressed as  $\mu$ M of Trolox per mg of DNRE or Dio. (**C**) Nuclear and cytosolic fractions were isolated from LPS-activated BV-2 microglial cells pre-treated with or without different doses of dioscin and probed with anti-phosphorylated NF- $\kappa$ B (p-p65).

Since DNRE-mediated neuroprotection partly relies on its potential antioxidant effects, we tested whether dioscin possesses an antioxidant effect. In the ABTS analysis, dioscin showed more efficiency in free radicals scavenging than DNRE (Figure 4B). Previously, we showed that dioscin is a potential neuroprotector in an MPP<sup>+</sup>-induced Parkinson's disease model [22], where dioscin showed a substantial reduction of apoptosis and upregulated neurotrophic factors such as BDNF and pCREB. Additionally, dioscin ameliorated inflammatory enzyme upregulation in LPS-stimulated in vitro model. Thus, we tested the speculation that dioscin could ameliorate phosphorylation and nuclear translocation of NF-κB p65 subunits (Figure 4C). We used two doses of dioscin and found that both doses are highly capable of downregulating p65's redistribution. Since NF-κB p65 phosphorylation and nuclear localisation could transcribe multiple inflammatory cytokines, one of the therapeutic strategies is to prevent p65 nuclear translocation [23]. Our data suggest that the

dioscin of DNRE could be an inhibitor of p65 phosphorylation and translocation, which could prevent neuroinflammation.

## 2.5. Dioscin Ameliorates Scopolamine-Induced Learning Deficits

Based on our previous finding of dioscin-induced improvement on neurotrophic factors in neuronal cells [22], we tested dioscin's impact on the scopolamine-induced amnesic mice model. Scopolamine is an anticholinergic drug that antagonises cholinergic receptors and impairs hippocampal and prefrontal cortex transmission that deficits learning acquisition [10]. Intraperitoneal injection of scopolamine also stimulates systemic and consequent neuroinflammation in C57BL/6 mice [12]. Dioscin (60 mg/kg) treatment for 7 days ameliorated scopolamine-induced deficits in spatial learning memory in mice (Figure 5A–C).



**Figure 5.** Dioscin effect on scopolamine-induced amnesic mice model. (A) Trajectory map used by animals during training and data acquisition in MWM pool; B = starting point and E = hidden platform. (B) Distance travelled by and latency to find a hidden platform in MWM; ns—not significant compared scopolamine vs. dioscin + scopolamine, \*\* p < 0.01 comparing scopolamine vs. dioscin + scopolamine. (C) Mice intensity of arms entry and alterations in Y-maze assay followed by treatment vs. non-treated.

## 2.6. Dioscin Ameliorates Scopolamine-Induced Neurotrophic Factor Deficits

Scopolamine treatment significantly upregulated pro-inflammatory enzyme iNOS and COX-2 expression (Figure 6A) in the cerebral cortex and hippocampus, which was significantly reduced by dioscin treatment. In addition, dioscin treatment also significantly improved neurotrophic factors BDNF and pCREB expressions (Figure 6B). These results indicate that dioscin ameliorates pro-inflammatory enzymes and neurotrophic factors induced by scopolamine, and improves spatial learning memory. Our findings also suggest that the dioscin might have a better effect on the cerebral cortex region than on the hippocampus; however, further investigation needs to be conducted to understand region-specific effects.



**Figure 6.** Dioscin effect on scopolamine-stimulated inflammatory response. (**A**) Dioscin treatment and pro-inflammatory response in cerebral cortex and hippocampus, and (**B**) neurotrophic factors. Sco, Scopolamine; Dio, Dioscin; each shape (circles, triangles, squares, etc.) is representative of the number of repetitions of a particular group; \* p < 0.05, \*\* p < 0.01, and \*\*\* p < 0.001 comparing scopolamine vs. dioscin + scopolamine.

#### 3. Discussion

Microglia are tissues residing macrophages that maintain the neuronal microenvironment and respond to endogenous and/or exogenous injury. Unlike peripheral macrophages, microglia possess phenotype-based polarisation features, which allow them to function as innate immune system modulators [24]. LPS can stimulate the microglial M1 phenotype and induce an inflammatory response via increasing cytokine release. This study hypothesised that DNRE could ameliorate LPS-induced microglial shifting and downregulate inflammatory response. DNRE has substantially decreased NO release and phosphorylation of different downstream effectors of MAPK signalling in LPS-activated BV-2 microglia.

LPS activates microglia and releases pro-inflammatory enzymes and cytokines, such as iNOS, IL-1 $\beta$ , IL-6, and TNF- $\alpha$  [25]. These are the key mediators of acute and chronic inflammation, leading to neurodegenerative diseases. In this study, LPS treatment substantially

increased NO release and, subsequently, mRNA level of iNOS, IL-1 $\beta$ , IL-6, and TNF- $\alpha$ , and protein level of iNOS in BV-2 microglial cells. This indicates that DNRE pre-treatment might have reversed the M1 polarisation and reduced pro-inflammatory cytokines mRNA and protein expression. COX-2 is another pro-inflammatory enzyme synthesising proinflammatory prostaglandin E2 (PGE2) when exposed to LPS [26]. Consistently, LPS treatment significantly increased both COX-2 mRNA and protein levels that were alleviated by DNRE pre-treatment. Thus, we assume that DNRE pre-treatment could inactivate the NF- $\kappa$ B phosphorylation and MAPK signal transduction pathways (Supplementary Figure S1) responsible for pro-inflammatory cytokine production [17,27,28].

Several previous studies have published that DNRE contains bioactive compounds, including phenols and saponins [15,29], and these compounds might have been responsible for anti-inflammatory activity in this study. Among the several compounds, dioscin has been found to act as a primary bioactive compound in DNRE [29], which has shown anti-inflammatory activity in several independent studies [30,31]. In this study, HPLC fingerprinting assay found substantial levels of dioscin in DNRE. Dioscin also showed significant inhibition of NF- $\kappa$ B (p65) nuclear translocation, suggesting that DNRE-mediated inhibition of neuroinflammation could be associated with the presence of dioscin.

Our previous study [22] showed that dioscin is a potential bioactive compound that enhances neurotrophic factors in neuronal cells. In corroboration to prior findings, we found that dioscin treatment improves spatial and reference memory in scopolaminetreated animal models. MWM is not a maze in the usual sense–a labyrinth; instead, it uses hippocampal synaptic plasticity and NMDA receptor function [32]. We found that dioscin treatment improved mice performance in the search-to-platform area and avoided latency, which indicated improvement in synaptic plasticity. BDNF and other neurotrophic factors regulate the neural plasticity network [33]; dioscin treatment significantly upregulated neurotrophic factors in the hippocampus and cortex region. Our data validate the mice performances in MWM and Y-maze analyses.

Scopolamine inhibits cholinergic transmission in the hippocampus and prefrontal cortex region, affecting spatial and related learning memory. In this process of neurocognitive impairments, scopolamine increases inflammatory cytokines TNF- $\alpha$ , IL-6 and IL-1 $\beta$  [12], and enzymes iNOS and COX-2 [34]. In the animal model of scopolamine, dioscin treatment for 7 days reduced pro-inflammatory mediators, which follows the inhibition of NF- $\kappa$ B phosphorylation. In agreement with our previous reports, this study found that dioscin provides neuroprotection possibly via the upregulation of neurotrophic factors in different brain regions. This study provides a scientific basis for ethnobotanical use of DNRE and suggests further investigation needs to be conducted with its potential active compound, dioscin, emphasising the regulation of neurotrophic factors.

#### 4. Materials and Methods

## 4.1. Chemicals

DNRE was purchased from Korea Plant Extract Bank (ID: PBC-464AS), lipopolysaccharide (LPS; *Escherichia coli*; 055:B5), dimethyl sulfoxide (DMSO), 3-(3,4-dimehylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), and scopolamine hydrochloride were obtained from Sigma-Aldrich (St. Louis, MO, USA). Foetal bovine serum (FBS) (#16000-442; Gibco, NY14072, USA), phosphate-buffered saline (PBS), and Dulbecco's modified Eagle's medium (DMEM) were purchased from Gibco-BRL Technologies (Gaithersburg, MD, USA). Trizol was purchased from Invitrogen Life Technologies (Carlsbad, CA, USA). RIPA buffer (10x) was purchased from Millipore (Milford, MA, USA), and protease and phosphatase inhibitors were obtained from Roche (Indianapolis, IN, USA).

#### 4.2. Cell Culture and Treatment

The BV-2 microglial cells were a generous gift from Dr K. Suk (Kyung-Pook National University, South Korea) [35]. Cells were grown in DMEM supplemented with 5% (v/v) FBS and 1% (v/v) of penicillin/streptomycin in a maintained incubator (37 °C and 5% CO<sub>2</sub>).

Upon reaching confluency (80–90%), cells were trypsinised (0.05% trypsin-EDTA) for subculture and/or for seeding before respective treatment. For each experiment, cells from at least three consecutive passages were used. The BV-2 cells were exposed to different doses of DNRE (10–400  $\mu$ g/mL) and dioscin (200 and 400 ng/mL) for 2 h before being exposed to LPS (200 ng/mL) for 24 h.

## 4.3. Cell Viability and Nitric Oxide Assay

For assessing cell viability and nitric oxide (NO) release, the BV-2 cells were seeded at  $5 \times 10^3$  cells/well in a 96-well plate. Upon reaching approx. 80% confluency, cells were treated with various doses of DNRE (10–400 µg/mL) with or without LPS (200 ng/mL), and incubated for 24 h. Subsequently, the culture medium was collected for colourimetric NO release assay using Griess reagent; measurements were detected at 540 nm on the UV spectrum using a microplate reader (SunriseTM, Tecan Trading AG, Switzerland).

For cell viability, 20  $\mu$ L of MTT (5 mg/mL) was added and incubated for 45 min. Following this, culture media was removed, and 200  $\mu$ L of DMSO was added to dissolve the formazan crystals. Absorption was measured at 552 nm using a microplate reader.

## 4.4. DPPH Free Radical Scavenging Assay

2,2-Diphenyl-1-picrylhydrazyl (DPPH; 95%) was purchased from Thermo Fisher Scientific (Ward Hill, MA 01835, USA). A working stock of DPPH (200  $\mu$ M/L) was prepared in ethanol (99%), and was added to different concentrations of DNRE to make up a final volume of 300  $\mu$ L/well in a 96-well plate. The first lane contained DPPH + ethanol as the control, and an additional lane was filled with ethanol alone as a blank (negative control). Absorbance was measured in a microplate reader at 520 nm. The calculation for DPPH radical inhibition was as follows:

% of DPPH radical inhibition = 
$$\left[\frac{Abs_{control} - (Abs_{sample} - Abs_{blank})}{Abs_{control}}\right] \times 100 \quad (1)$$

## 4.5. DCFDA Assay

To detect the intracellular ROS release after LPS induction, we used ROS-sensitive fluorescent dye, 2',7'-dichlorofluorescein diacetate (DCFDA; Sigma-Aldrich). BV-2 cells ( $2.5 \times 10^5$  cells/mL) were cultured in 6-well plates in regular media. Upon reaching the confluency (60–70%), LPS (200 ng/mL) followed by DNRE (10–100 µg/mL) was treated for 2 h in a serum-free media. Later, treated or non-treated cells were incubated for an additional 30 min at 37 °C with DCFDA (10 µM final concentration) and then washed twice with ice-cold PBS. Images were immediately captured using a fluorescence microscopy system (Nikon Eclipse Ts2R). The fluorescence intensity was calculated using ImageJ (Java 1.8.0\_172, NIH).

## 4.6. ABTS Radical Scavenging Activity

The total antioxidant activity of the DNRE and Dio was measured using the ABTS + radical cation decolourisation assay [36]. A 7.4 mM of ABTS was mixed in equal volume with 2.6 mM potassium persulfate. The mixture was then stored in the dark at room temperature (RT) for 12–14 h before use. After radical generation, the ABTS radical solution was diluted with deionised water until its absorbance was  $0.70 \pm 0.02$  at 734 nm. Then 0.9 mL of ABTS radical solution was mixed with 0.1 mL of samples, and the absorbance was measured at 734 nm. The antioxidant activity of the DNRE and Dio were expressed as Trolox equivalents antioxidant capacity (TEAC) or mM of Trolox equivalent per mg of extract (mM Trolox eq./mg extract).

#### 4.7. Nucleic–Cytosolic Fraction Preparation

BV-2 cells were seeded into a 60 mm cell culture Petri dish at  $2.5 \times 10^5$  cells/mL and ~80% confluency; cells were treated with LPS or LPS + DNRE, or were not treated, for

24 h. Washed twice with ice-cold PBS, nucleic acid lysis buffer and 10% NP-40 (detergent) were used to collect cytosolic fractions at 4000 rpm for 10 min. Pellets were dissolved in extraction buffer (containing 20 mM HEPES, 20% glycerol and 0.2 mM EDTA) and incubated on ice for 30 min with occasional tapping to liberate the mixture to collect nucleic acid fractions. The mixture was centrifuged at 13,000 rpm for 15 min to collect nucleic acid fraction as supernatant, and both fractions were quantified and prepared for Western blot analysis.

#### 4.8. Immunofluorescence

As described by Runwal et al. (2019) [37], treated and non-treated cells were washed with cold PBS once, followed by fixation with 4% cold PFA. Next, cells were permeabilised with 0.1% (v/v) Triton X-100 for 10 min at room temperature and washed (2x). Subsequently, primary antibody (anti-pNF- $\kappa$ B) at 2 µg/mL was added and incubated overnight at 4 °C. The next day, cells were counterstained with chicken anti-rabbit secondary antibodies (CAR-594; A21201 Invitrogen) at room temperature for 1 h. Finally, cells were stained with DAPI (2 µg/mL), and images were captured using a wide-angle fluorescence microscope, and were processed by NIS-Elements software (BR-2.01.00, NY 11747-3064, New York, USA).

#### 4.9. Determination of a Possible Active Compound in the Extract

We performed high-performance liquid chromatography (HPLC) to determine and quantify a marker compound in DNRE [21,38,39]. A Thermo Scientific (Ultimate 3000) HPLC system (Thermo Scientific, Korea) equipped with a UV detector and 20  $\mu$ L injection loop was used. We used a gradient system consisting of (A) 0.1% acetic acid in distilled water, and (B) 100% acetonitrile, and separated using Diamonsil (C18; 250 × 4.6 mm; 5  $\mu$ m) column. The gradient ratio was set to 45:55 (A:B) for 30 min at the flow rate of 1.0 mL/min, and the UV detection was set to 210 nm. Using these conditions, we detected and quantified dioscin in the extract.

#### 4.10. Animals Handling and Treatment

Male 8-week-old C57BL/6 (20–25 g) mice were purchased from Daehan Bio-Link, South Korea. All animals were housed in a controlled environment, as described by Jo and colleagues [40]. Five animals per group (control, scopolamine, and dioscin + scopolamine) were acclimatised for 1 week in different cages before experiments (Figure 7). Scopolamine (2 mg/kg) was administered intraperitoneally, and dioscin (60 mg/kg) and saline (control) were administered orally, for 7 consecutive days. All experiments were approved by the Institutional Animal Care and Use Committee (IACUC), Konkuk University (IACUC no- KUB201101).



Figure 7. Schematic presentation of scheduling for animal grouping, treatment, behaviour, and sacrifice.

## 4.11. Y-Maze Test

We used a Y-maze assay for spatial and reference memory assessment [41]. A 'Y' shaped maze with three identical arms, each arm separated at a  $120^{\circ}$  angle, was used for the test. Mice were placed at the centre of the maze, and latency to move and altered entry into different arms were noted for 5 min. Mice with intact memory should show less interest to re-visit recently entered arm, while those with impaired memory have high interest to re-visit.

## 4.12. Morris Water Maze Test

A Morris water maze (MWM) [32] evaluates the spatial memory of rodents, which relies on rodents' navigation skills to find the submerged escape platform. This test used a circular pool (122 cm) with a hidden platform. The aim of the animal was to find a short and direct path to the hidden platform from the start position. We used two back-to-back training sessions with 2 h intervals for 2 days before treatment. Post-treatment, for the respective treatment plan, the spatial acquisition was measured and data analysed using SMART 3.0 software (Ver. 3.0, Harvard Apparatus, Holliston, MA 01746, USA).

## 4.13. Reverse Transcription–Polymerase Chain Reaction (RT–PCR)

BV-2 cells were washed twice with ice-cold PBS, and 1 mL of trizol reagent was added to each well and incubated at room temperature for 30 s. Cells were collected carefully to an Eppendorf tube followed by centrifugation. We used the ReverTra Ace- $\alpha$  kit (Toyobo, Osaka, Japan) to isolate first-strand cDNA, according to the manufacturer's instructions. In addition, 1 µL of RT-mixture templet was used for further amplification in the presence of specific primers (Table 1). PCR products were electrophoresed in 1.5% agarose gel containing GelRed<sup>®</sup> Nucleic Acid Gel Stain (Biotium Inc., Fremont, CA 94538, USA).

Gene	Primer Sequence	Size (bp)	
iNOS	F 5'-GAG GTA CTC AGC GTC CTC CA-3' R 5'-AGG GAG GAA AGG GAG AGA GG-3'	444	
COX-2	F 5'-TGA GTG GTA GCC AGC AAA GC-3' R 5'-CTG CAG TCC AGG TTC AAT GG-3'	319	
TNF-α	F 5'-TTC GAG TGA CAA GCC TGT AGC-3' R 5'-AGA TTG ACC TCA GCG CTG AGT-3'	390	
ΙL-1β	F 5'-CAA GGA GAA CCA AGC AAC GA-3' R 5'-TTG GCC GAG GAC TAA GGA GT-3'	428	
IL-6	F 5'-GGA GGC TTA ATT ACA CAT GTT-3' R 5'-TGA TTT CAA GAT GAA TTG GAT-3'	435	
GAPDH	F 5'- ACC ACA GTC CAT GCC ATC AC-3' R 5'- CCA CCA CCC TGT TGC TGT AG-3'	472	

Table 1. Specific primer sequences used in this study.

## 4.14. Western Blot Analysis

The cells were washed twice with ice-cold PBS and lysed using lysis buffer (1x RIPA lysis buffer containing a protease and phosphatase inhibitor (1:1) cocktail). Equal protein  $(20 \ \mu g/10 \ \mu L)$  were loaded to each lane for electrophoresis in ~8–15% sodium dodecyl sulphate-polyacrylamide electrophoresis (SDS-PAGE) gel. Electrophoresed proteins were then transferred onto polyvinylidene-difluoride (PVDF) membranes (Millipore, Bedford, MA, USA). The membranes were incubated at room temperature with 5% skim milk to prevent nonspecific binding. Then the blots were incubated overnight at 4 °C on a rocking platform with specific primary antibodies, including anti-iNOS (#A0312, ABclonal), anti-COX-2 (M-19 #sc1747, Santa Cruz biotechnology), anti-p38 (#9212S, cell signaling), anti-pp38 (#9201S, cell signaling), anti-JNK (#9253S, cell signaling), anti-pJNK (#9251S, cell signaling), anti-ERK (#91012S cell signaling), anti-pERK (#9101S, cell signaling), anti-NF-κB/p65 (F-6 #sc-8008, Santa Cruz biotechnology), anti-pNF-κB/pp65 (#3033S, cell signaling), anti-IkB (#4812S, cell signaling), anti-pIkB (#2859S, cell signaling), anti-nucleolin (#14574; cell signaling) at concentration of 1:1000, and anti- $\beta$ -actin (#C4; Santa Cruz biotechnology) at concentration of 1:5000. The next day, each blot was incubated at room temperature with either an anti-mouse or anti-rabbit (1:10,000) secondary antibodies. The blots were visualised with an enhanced chemiluminescence detection system (LAS 500; GE Healthcare Bio-Sciences AB, 751 25, Uppsala, Sweden) per the recommended protocol.

#### 4.15. Statistical Analysis

All statistical analyses were performed using GraphPad Prism (by Dotmatics, version-8.0.1; La Jolla, CA, USA) software. Data represent the mean  $\pm$  SEM (standard error mean) of three independent experiments, at least. We used one-way ANOVAs followed by Sidak's multiple comparisons to determine the statistical significance. The *p*-values were considered significant at <0.05.

## 5. Conclusions

DNRE pre-treatment significantly reversed LPS-mediated microglial activation, resulting in the downregulation of NF- $\kappa$ B (p65) phosphorylation and subsequent neuroinflammation. We found that dioscin, an active compound of DNRE, reduces p65 phosphorylation in vitro and upregulates neurotrophic factors in the hippocampus and cortex region of scopolamine-induced mice. Our data indicate that the DNRE-mediated amelioration of neuroinflammatory responses and memory deficits is partly attributed to the dioscin effect.

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## Article Histomorphometry Changes and Decreased Reactivity to Angiotensin II in the Ileum and Colon of Streptozotocin-Induced Diabetic Rats

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Abstract: Diabetes mellitus (DM) is a chronic progressive metabolic disorder associated with several gastrointestinal complications, affecting up to 75% of patients. Knowing that Angiotensin II (AngII) also regulates intestinal contraction, we decided to evaluate changes in ileum and colon histomorphometry and AngII reactivity in a rat model of DM. Streptozotocin (STZ, 55 mg/kg) was administered to induce DM to 24 adult male Wistar rats. Diabetic rats displayed all the characteristic signs of type 1 DM (T1DM) and fecal excretion increased about 4-fold over 14 days, while the excretion of controls remained unaltered. Compared to controls, diabetic ileum and colon presented an increase in both macroscopic (length, perimeter and weight) and microscopic (muscular wall thickness) parameters. Functionally, AngII-induced smooth muscle contraction was lower in diabetic rats, except in the distal colon. These differences in the contractile response to AngII may result from an imbalance between AngII type 1 (antagonized by candesartan, 10 nM) and type 2 receptors activation (antagonized by PD123319, 100 nM). Taken together, these results indicate that an early and refined STZ-induced T1DM rat model already shows structural remodelling of the gut wall and decreased contractile response to AngII, findings that may help to explain diabetic dysmotility.

**Keywords:** diabetes mellitus; STZ; ileum histomorphometry; colon histomorphometry; smooth muscle contraction; Angiotensin II receptors

## 1. Introduction

Diabetes mellitus (DM) is a complex chronic progressive metabolic disorder, medically incurable, that can affect almost every organ system [1]. There are different animal models of DM, but streptozotocin (STZ) has been the agent of choice to chemically induce diabetes in rats and mice, causing the selective destruction of pancreatic  $\beta$ -cells. High doses of STZ are associated with type 1 DM (T1DM) induction, while multiple low doses are usually associated with a high fat diet to cause insulin resistance, characteristic of type 2 DM (T2DM) [2–4]. In this animal model of T1DM structural, functional and biochemical alterations resemble those observed in human diabetic patients [5]. Over time, several investigators have used this model with different portions of the intestine, making it harder to compare results [6–8]. For that reason, we decided to assess whether two weeks is sufficient to induce ileum and colon alterations that resemble those observed in long-lasting STZ models [9,10].

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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Gastrointestinal (GI) complications of DM are very important as they can be associated with significant morbidity, affecting up to 75% of patients [11]. The most common GI complications include esophageal dysmotility, gastroparesis, enteropathy and colonic disorders, such as chronic constipation and diarrhea [7,12]. Since these symptoms are not considered important causes of mortality in patients with DM they are often neglected [13]. However, it is important to recognize that they negatively influence health status and quality of life [13,14].

The pathogenesis of diabetic intestinal dysfunction seems to be multifactorial, related to the accumulation of advanced glycation end-products (AGE), injury of the enteric nervous system (ENS) or interstitial cells of Cajal, and muscular layers fibrosis [8]. Several studies also indicate that diabetic autonomic neuropathy causes damage to the ENS and changes the number and size of myenteric neurons throughout the entire GI tract in rats [15–20]. It has also been described as a deficit in the intestine's cholinergic neurotransmission, since the response to exogenous acetylcholine (ACh) seems to be impaired in the ileum (30 days after STZ-induction) and colon of long-term diabetic rats (60 weeks) [21,22]. Mechanical factors can also contribute to intestinal disorders, since DM seems to cause structural remodeling that can affect histomorphometry and biomechanical properties, increasing stiffness, and decreasing the resting compliance and relaxation capacity of the intestinal wall [9,10,23].

The renin–angiotensin system (RAS) is mostly known for its effects in the cardiovascular and renal systems but it also has an influence in other systems, such as the GI tract, which expresses all of the RAS components [24,25]. Angiotensin II (Ang II) is the major effector peptide of this system, and most of its functions are mediated by the Ang II type 1 receptor (AT<sub>1</sub>R), while activation of the Ang II type 2 receptor (AT<sub>2</sub>R) usually counteracts them [26,27]. In the colon, Ang II contracts circular and longitudinal smooth muscle in response to direct activation of post-junctional AT<sub>1</sub>R and indirect activation of pre-junctional AT<sub>1</sub>R in myenteric and submucosal neurons [26–29]. Curiously, the human colonic smooth muscle is more sensitive to Ang II than to acetylcholine (ACh), but the physiological importance of Ang II in the GI tract is still not completely understood [25,30,31]. Interestingly, there is little information on RAS alterations in the intestine of diabetic individuals, but recently one study concluded that ACE gene polymorphism in patients with T2DM influences intestinal motility, since those patients presented a prevalent genotype that was associated to constipation [32].

Considering the above, the aim of this study was to evaluate the structural (macro and microscopic histomorphometry) and functional (smooth muscle reactivity to Ang II) impact of T1DM in the ileum and colon of a refined rat model, just two weeks after induction.

#### 2. Results

## 2.1. Animal Welfare and Monitorization

STZ-induced rats had an initial glycemia of 99.30  $\pm$  3.29 mg/dL that increased to 395.09  $\pm$  13.80 mg/dL within 48 h (p < 0.0001, n = 23), while control rats had an initial glycaemia of 105.63  $\pm$  6.31 mg/dL that was roughly the same within 48 h (111.14  $\pm$  5.41 mg/dL; p > 0.05, n = 8). On d7 and d14, almost all STZ rats had glycemia above 500 mg/dL, while control animals presented glycemic values of 105.57  $\pm$  4.76 mg/dL (n = 8) on the 14th day.

The parameters documented during the daily monitorization (body weight, water/food intake and fecal excretion) are shown in Figure 1. In the control group (n = 8), rats progressively gained weight, their weight being  $7.8\% \pm 0.73\%$  higher by d14 than on d0 (before fasting). Diabetic rats (n = 21) had a consistent weight loss that was more pronounced on d2 (5% less compared to the previous day) and then maintained that weight for the remainder of the protocol ( $7.66 \pm 1.04\%$  lower at d14 when compared to the initial weight before fasting) (Figure 1a). Water intake was significantly higher in diabetic rats comparing to controls that maintained a constant water intake through all the experimental protocol:  $37.54 \pm 0.53$  mL/day (n = 8). The STZ group drank more water since d1 ( $48.38 \pm 1.16$  mL), but their water intake increased progressively throughout the protocol, reaching values 7 times higher than those of control animals at d14: 264.08  $\pm$  12.18 mL (n = 16) (Figure 1b). Despite the weight loss, STZ rats' food intake was significantly higher than controls after the 3rd day. Diabetic rats started the experimental protocol eating 13.25  $\pm$  1.86 g in the first day, and progressively increased food consumption until the last day, when the intake was 49.08  $\pm$  2.64 g/rat (n = 16). The control group maintained a constant food intake during the experimental time, with a mean consumption of 22.44  $\pm$  0.38 g/day (n = 8) (Figure 1c).



**Figure 1.** Evaluation during the experimental protocol (14 days) in control (CTRL, n = 8) and streptozotocin-induced diabetic rats (STZ, n = 16–21) of: (**a**) body weight; (**b**) water intake; (**c**), food intake and (**d**) fecal excretion. Values are mean  $\pm$  SEM and unpaired student's *t* test was used to compare the two experimental groups (CTRL and STZ). \* Statistical difference, p < 0.05.

To our knowledge, this is the first study to quantify fecal excretion in STZ-induced diabetic animals. Non-diabetic animals maintained a relatively stable fecal excretion during the entire experimental period (7.75  $\pm$  0.18 g/day/rat, *n* = 8), whereas diabetic rats gradually increased their fecal excretion, reaching values 4 times higher than those obtained in the first day (d1: 7.11  $\pm$  0.34 g/rat; d14: 30.79  $\pm$  0.73 g/rat; *p* < 0.0001, *n* = 16) (Figure 1d).

## 2.2. Ileum and Colon Macroscopic Evaluation

Comparing to control animals, all segments of the intestines of STZ rats seemed enlarged. In addition, upon the opening of the abdomen of STZ-induced rats it was easy to perceive an extremely dilated cecum that produced a "mass effect", pushing the intestine to the side. The colon length was significantly higher in diabetic animals compared to the control group (Figure 2a,b:  $25.75 \pm 0.77$  cm, n = 14 vs.  $19.63 \pm 0.47$  cm, n = 12, p < 0.05). Since some animals were heavier than others, colon length *per* body weight was measured and the difference between the two groups was maintained (Figure 2b). The circumferential perimeter of the intestinal portions was also measured, being significantly higher

in the STZ-induced rats (n = 11) compared to non-diabetic rats (n = 8) both in the colon  $(15.45 \pm 0.58 \text{ mm vs. } 11 \pm 0.46 \text{ mm}, p < 0.0001$ , respectively) and ileum  $(12.55 \pm 0.31 \text{ mm})$ vs.  $9.38 \pm 0.32$  mm, p < 0.0001, respectively) (Figure 2c). The relative weight of the whole intestine segment studied (with fecal content) was higher in STZ-induced animals than in controls (2.69  $\pm$  0.10 g/g of body weight, n = 21 vs. 1.80  $\pm$  0.05 g/g of body weight, n = 12; p < 0.0001, respectively). This increase was also observed at the individual intestinal segments free of fecal content (Figure 2d). Furthermore, no differences were found between STZ-induced animals and controls in the wet-to-dry ratio of all the segments studied (ileum:  $5.23 \pm 0.37$  vs.  $5.61 \pm 0.33$ ; PC:  $5.17 \pm 0.24$  vs.  $4.52 \pm 0.20$ ; MC:  $4.84 \pm 0.30$  vs.  $5.16 \pm 0.21$ ; DC:  $5.07 \pm 0.20$  vs.  $4.86 \pm 0.28$ , respectively, p > 0.05 for all). The 2-way ANOVA results showed an interaction between the experimental group (control or STZ) and the intestinal segments (p < 0.0001), in accordance with our visual observation of the marked dilatation of the intestine in STZ-induced animals. The relative fecal content weight was also higher in STZ-induced animals than in controls (7.10  $\pm$  0.15 g/g of body weight, n = 21 vs.  $2.66 \pm 0.11$  g/g of body weight, n = 12; p < 0.0001). To our knowledge, this is the first time that the weight of intestinal content is reported in STZ rats.



**Figure 2.** Macroscopic evaluation of the ileum and colon of control (CTRL, black bars, n = 8-12) and streptozotocin-induced diabetic rats (STZ, white bars, n = 11-14): (**a**) representative images of the colon length; (**b**) quantitative analysis of colon length (left *y* axis) and colon length *per* rat weight (right *y* axis); (**c**) tissue circumferential perimeter of the colon and ileum and (**d**) relative weight of intestinal segments (without fecal content) expressed as g of colon or ileum/g of body weight. Values are mean  $\pm$  SEM and unpaired student's *t* test was used to compare the two experimental groups (CTRL and STZ). \* Statistical difference, p < 0.05.

## 2.3. Ileum and Colon Microscopic Evaluation

The results of the histomorphometric evaluation of the intestines of STZ-induced animals (n = 8) were concordant with the macroscopic data, showing an increase in the thickness of the intestinal wall of the ileum, proximal colon (PC), middle colon (MC) and distal colon (DC) compared to controls (n = 4), as can be observed in Figures 3 and 4a (ileum:  $671.64 \pm 74.34 \ \mu m$  vs.  $404.97 \pm 82.04 \ \mu m$ ; PC:  $666.66 \pm 32.340 \ \mu m$  vs.  $389.24 \pm 39.03 \ \mu$ m; MC:  $589.03 \pm 17.88 \ \mu$ m vs.  $376.06 \pm 50.62 \ \mu$ m; DC:  $570.93 \pm 27.16 \ \mu$ m vs.  $430.42 \pm 26.26 \mu m$ , respectively, p < 0.01 for all). The intestinal wall thickness increase was similar for all the intestinal segments, as 2-way ANOVA showed a nonsignificant association (p = 0.1681) between experimental group and intestinal segment. Both ileum (longitudinal muscle:  $81.02 \pm 7.66 \,\mu\text{m}$  vs.  $31.18 \pm 5.44 \,\mu\text{m}$ , circular muscle:  $116.12 \pm 4.59 \ \mu m \ vs. \ 44.47 \pm 10.40 \ \mu m$ , submucosa:  $41.68 \pm 1.68 \ \mu m \ vs. \ 17.47 \pm 2.13 \ \mu m$ , mucosa:  $432.82 \pm 20.59$  μm vs.  $311.85 \pm 24.51$  μm, respectively, *p* < 0.01 for all) and middle colon (longitudinal muscle:  $48.93 \pm 2.93 \ \mu m$  vs.  $29.66 \pm 4.25 \ \mu m$ , circular muscle:  $142.55 \pm 8.37 \ \mu m \ vs. \ 74.31 \pm 10.9 \ \mu m$ , submucosa:  $56.39 \pm 4.09 \ \mu m \ vs. \ 35.63 \pm 6.47 \ \mu m$ , mucosa:  $341.17 \pm 13.79 \ \mu\text{m}$  vs.  $236.46 \pm 34.58 \ \mu\text{m}$ , respectively, *p* < 0.05 for all) presented increased thickness of all the intestinal layers assessed in STZ-induced rats compared to controls (Figure 4b). In the PC, the submucosa was the only layer that presented a similar thickness between STZ-induced animals and controls ( $50.47 \pm 7.33 \ \mu m \ vs. \ 33.81 \pm 6.00 \ \mu m$ , respectively, p = 0.1104), while all the other segments were thicker in diabetic animals compared to controls (longitudinal muscle: 57.02  $\pm$  6.90  $\mu$ m vs. 34.64  $\pm$  4.29  $\mu$ m, circular muscle: 205.2  $\pm$  17.00  $\mu$ m vs. 90.14  $\pm$  11.33  $\mu$ m, mucosa: 353.97  $\pm$  14.27  $\mu$ m vs.  $230.64 \pm 26.18 \,\mu$ m, respectively, *p* < 0.05 for all). DC only showed an increase in the muscle thickness (longitudinal muscle:  $52.51 \pm 2.72 \ \mu m \ vs. \ 28.51 \pm 1.67 \ \mu m$ , circular muscle:  $150.54 \pm 14.58 \ \mu m vs. 87.21 \pm 7.06 \ \mu m, p < 0.01$  for both; submucosa:  $66.11 \pm 7.70 \ \mu m vs.$  $53.27 \pm 7.54 \ \mu\text{m}$  and mucosa:  $301.77 \pm 10.00 \ \mu\text{m}$  vs.  $261.42 \pm 16.49 \ \mu\text{m}$ , p > 0.05 for both) (Figure 4b). The 2-way ANOVA showed an association between the experimental group (control vs. STZ) and the intestinal layers thickness (longitudinal muscle, circular muscle, submucosa and mucosa) for the ileum (p = 0.0058), PC (p = 0.002), MC (p = 0.0027) but not for the DC (p = 0.1109).

## 2.4. Ileum and Colon Functional Evaluation

To assess whether intestinal muscle contraction is altered in diabetic animals, ileum and colon reactivity to exogenously applied KCl (Figure 5), ACh (Figure 6) and Ang II (Figure 7) was evaluated. For the concentration–response curves to ACh and Ang II the results were expressed using two recognized pharmacological concepts: the maximum contractile effect ( $E_{max}$ , expressed in mN/g) and the concentration of agonist capable of causing 50% of the maximal contraction (EC<sub>50</sub>, expressed in uM). In all intestinal segments (ileum, PC, MC and DC) the contractile response to 125 mM KCl (and the ACh concentration-dependent contraction were similar in both control and STZ-induced animals (Figure 6), with comparable  $E_{max}$  and EC<sub>50</sub> values, presented in Table 1.

Regarding reactivity to Ang II, this RAS effector peptide caused a concentrationdependent contraction in control and diabetic animals (Figure 7). The contractile response to Ang II normalized to the tissue weight was lower (but with the same  $EC_{50}$ ) in the ileum, PC and MC of STZ-induced animals. Interestingly, the maximum response in the DC was similar between control and STZ-induced animals, but the  $EC_{50}$  of that portion of diabetic colon was significantly lower than that of controls (Table 2).



**Figure 3.** Representative microscopic photographs of intestinal segments of control (CTRL, **a**,**c**,**e**,**g**) and streptozotocin-induced diabetic rats (STZ, **b**,**d**,**f**,**h**), stained with hematoxylin and eosin: ileum (**a**,**b**); proximal colon (**c**,**d**); middle colon (**e**,**f**) and distal colon (**g**,**h**). The scale bar (100 μm) is valid for all images.



**Figure 4.** Morphometric evaluation of intestinal segments (ileum, proximal colon, middle colon and distal colon) of control (CTRL, n = 4) and streptozotocin-induced diabetic (STZ, n = 8) rats: (**a**) total wall thickness (µm) of each intestinal segment; (**b**) thickness (µm) of the intestinal layers (longitudinal muscle, circular muscle, submucosa and mucosa) of each intestinal segment. Values are mean  $\pm$  SEM and a 2-way ANOVA followed by an unpaired t test with Welch's correction was used to compare the two experimental groups (CTRL and STZ). \* Statistical difference p < 0.05 vs. correspondent control.



**Figure 5.** Contractile response to KCl (125 mM) in the ileum, proximal colon, middle colon and distal colon of control (CTRL, n = 6) and streptozotocin-induced diabetic rats (STZ, n = 10). Data are expressed as mN of force *per* g of fresh tissue (mN/g). Values represent the median (95% confidence limits) and a Mann–Whitney test was used to compare the two experimental groups (CTRL and STZ).



**Figure 6.** Concentration-response curves to ACh in the ileum, proximal colon, middle colon and distal colon of control (CTRL, n = 6-7) and streptozotocin-induced diabetic rats (STZ, n = 10). Data are expressed as mN of force per g of fresh tissue (mN/g). Values are mean  $\pm$  SEM.



**Figure 7.** Concentration-response curves to Angiotensin II in the ileum, proximal colon, middle colon and distal colon of control (CTRL, n = 5-8) and streptozotocin-induced diabetic rats (STZ, n = 5). Data are expressed as mN of force *per* g of fresh tissue (mN/g). Values are mean  $\pm$  SEM.

Table 1. $E_{max}$ (mN/g) and EC <sub>50</sub> ( $\mu$ M) values of smooth muscle contraction induced by ACh appli-
cation in the ileum, proximal colon, middle colon and distal colon of control (CTRL, $n = 6-7$ ) and
streptozotocin-induced diabetic rats (STZ, $n = 10$ ).

	Ileum	Proximal Colon	Middle Colon	Distal Colon	
Control					
E <sub>max</sub> (mN/g)	165.9 [116.4–216.0]	141.0 [116.7–278.5]	184.7 [68.95–378.8]	313.4 [176.2–823.1]	
EC <sub>50</sub> (µM)	0.85 [0.32–3.53]	1.15 [0.22–14.70]	3.41 [1.1-4.8]	2.74 [0.94–7.47]	
		STZ			
E <sub>max</sub> (mN/g)	79.06 [34.65–338.9]	158.0 [75.0–569.5]	143.6 [86.56–411.3]	271.7 [163.6–370.9]	
EC <sub>50</sub> (μM)	0.82 [0.27-1.87]	114.0 [8.31–3408]	18.96 [0.87–75.7]	2.94 [0.28–142.0]	
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For comparison between the two experimental groups (CTRL and STZ) we used a Mann–Whitney test. Values are median (95% confidence limits).

	Ileum	Proximal Colon	Middle Colon	Distal Colon
		Control		
E <sub>max</sub> (mN/g)	305.3 [138.6–620.5]	181.5 [136.0–297.0]	276.6 [246.4–451.1]	344.4 [222.4–433.5]
EC <sub>50</sub> (μM)	8.29 [1.24–24.68]	1.10 [0.36–2.12]	3.80 [1.95–4.76]	40.50 [17.08–309.3]
		STZ		
E <sub>max</sub> (mN/g)	71.20 [12.3–100.6] *	50.46 [15.32–78.15] *	100.6 [22.86–163.5] *	263.5 [165.0–415.9]
EC <sub>50</sub> (µM)	7.985 [0.31–8.89]	0.59 [0.35–14.93]	2.60 [0.89–7.81]	4.17 [0.84-8.38] *

**Table 2.**  $E_{max}$  (mN/g) and EC<sub>50</sub> ( $\mu$ M) values of smooth muscle contraction induced by Angiotensin II application in the ileum, proximal colon, middle colon, and distal colon of control (CTRL, n = 5–8) and streptozotocin-induced diabetic rats (STZ, n = 5).

For comparison between the two experimental groups (CTRL and STZ) we used a Mann–Whitney test. Values are median (95% confidence limits). \* p < 0.05 vs. correspondent control.

Knowing that the differences observed in the contractile response to Ang II could result from an imbalance between AT<sub>1</sub>R and AT<sub>2</sub>R mediated effect, we decided to further characterize the response to Ang II. The contractile response to Ang II was antagonized by candesartan (10 nM), an AT<sub>1</sub>R antagonist, in all four intestinal segments of both control (in mN/g for all, ileum: 54.20  $\pm$  4.50 vs. 2.35  $\pm$  1,60; PC: 17.37  $\pm$  3.14 vs. 1.07  $\pm$  0.49; MC:  $12.42 \pm 2.23$  vs.  $0.28 \pm 0.15$ ; DC:  $15.85 \pm 1.32$  vs.  $0.16 \pm 0.08$ ; p < 0.05 for all) and STZ-induced rats (ileum:  $35,75 \pm 11,06$  vs.  $-0.87 \pm 2,78$ ; PC:  $24.80 \pm 9.45$  vs.  $0.78 \pm 1.19$ ; MC :95.86  $\pm$  29.03 vs. 5.20  $\pm$  6.39; DC: 288.48  $\pm$  49.08 vs. 5.57  $\pm$  5.54; p < 0.05 for all) (Figure 8a). Differently, PD123319 (AT<sub>2</sub>R antagonist, 100 nM) decreased the response to Ang II in the ileum (12.43  $\pm$  1.03 mN/g vs. 11.02  $\pm$  1.21 mN/g, p < 0.05) and increased the response in all colonic segments of control animals (in mN/g for all, PC:  $19.95 \pm 3.34$  vs.  $22.02 \pm 3.45$ ; MC:  $14.99 \pm 1.97$  vs.  $17.48 \pm 2.44$ ; DC:  $19.88 \pm 2.82$  vs.  $23.50 \text{ mN/g} \pm 2.64$ ; p < 0.05 for all), but was unable to modify Ang II-induced contraction in the ileum (92.58  $\pm$  21.23 mN/g vs. 104.24  $\pm$  23.50 mN/g), MC (146.13  $\pm$  18.53 mN/g vs.  $127.88 \pm 21.89$  mN/g) and DC of diabetic rats ( $236.37 \pm 19.03$  mN/g vs.  $248.38 \pm 25.64$  mN/g; p > 0.05 for all), decreasing it in the PC (166.14  $\pm$  20.49 vs. 108.45  $\pm$  19.00; p < 0.05) (Figure 8b).



**Figure 8.** Angiotensin II contractile effect (expressed as percentage of change) in the ileum, proximal colon (PC), middle colon (MC) and distal colon (DC) of control (CTRL, n = 5–8) and streptozotocininduced diabetic rats (STZ, n = 4–6) in the presence of the following antagonists: (**a**) candesartan (AT<sub>1</sub>R antagonist, 10 nM) and (**b**) PD123,319 (AT<sub>2</sub>R antagonist, 100 nM). Values are mean  $\pm$  SEM. For statistical analysis we used a paired t test between the effect in the absence and presence of the antagonist.\* p < 0.05 vs. the correspondent response to Angiotensin II in the absence of the antagonist.

## 3. Discussion

Our data show that the diabetic rat model chosen (DM chemically induced by an IP STZ injection, maintained for 14 days) presented all the typical signs of T1DM: body weight loss, polyphagia, polyuria and polydipsia [33–37]. In addition, diabetic rats gradually increased their fecal excretion whereas non-diabetic animals maintained a relatively stable fecal excretion during the entire experimental period. As pointed out before, this is the first study to quantify fecal excretion in STZ-induced diabetic animals. Besides the increase in mass, the fecal pellets from the diabetic group were well formed but were larger, wider and darker than those from the control group. These findings could eventually be attributed to polyphagia and intestinal distension, differing from Cuervas–Mon and collaborators' data, who described STZ-induced diabetic rats' feces as thick and amorphous, compared to those of control animals [38].

To our knowledge, this study is the first to show that the colon length and the perimeter of the ileum and colon are increased in this early DM model, and that the differences between control and STZ correlate to the different portions studied, in accordance with our visual observation of the marked dilatation of the intestine in STZ-induced animals.

Indeed, enlargement and increased length of the intestine and colon of STZ rats were already described by others, 10 and 8 weeks after DM induction, respectively [39,40]. A possible explanation for the increase in colon and intestine length described in these studies is the remodeling of the extracellular matrix (due to increased production of collagen type 1) and AGE accumulation [40]. In this study we decided to measure only the length of the colon, as it is macroscopically difficult to distinguish ileum boundaries. Our data also show that just 2 weeks after induction, STZ-induced rats present an increase in ileum and colon weight. Forrest and colleagues found that dry colon weight increased significantly in diabetic animals (8 weeks after induction) compared to controls and suggested that this could be related to increased colon length, since weight per length did not differ between the two experimental groups [35]. Others observed that weight, but not length, of insulintreated diabetic rats was significantly higher compared to controls, thus contradicting Forrest and collaborators [41,42]. A possible explanation for the intestinal wall weight increase may be related to the tissue water content, which has been reported to be higher in diabetic animals [39]. However, we did not observe any difference between control and STZ-induced animals in the wet-to-dry ratio of the intestinal segments studied, results that are corroborated by other researchers [35]. For the time being, there is no clear answer as to which mechanisms are triggering the intestinal mass increase in diabetic animals, but Jervis and colleagues suggested that this enlargement could be an adaptation to polyphagia, a characteristic sign of the disease, since intestinal smooth muscle cells are plastic and adapt to functional demand, by remodeling [43]. Curiously, other causes of polyphagia such as lactation or hypothalamic lesions seem to induce similar intestinal consequences [44–46]. On the other hand, another study revealed that even when the food intake of diabetic rats was matched to that of controls, the intestinal weight of diabetic animals remained higher [9].

Our study innovatively uncovers several early histomorphometric alterations in the ileum and colon of T1DM rats and these alterations did not differ according to the different portions studied. Indeed, there are no previous histopathological data on the colon of STZ-induced rats just 2 weeks after induction, although a previous study showed similar results in the ileum 7 and 14 days after induction [9]. The same authors also studied histological characteristics of the middle colon, reporting increased intestinal wall thickness in longer STZ-induced models (4 and 8 weeks after induction) compared to controls [10].

Contrary to what happens when we look at the intestinal wall as a whole, the differences seen by layers are determined by the portion studied. This occurs since in the distal colon only the muscle layers are affected. So, the variation in thickness of the layers of the intestinal wall between diabetic and control animals becomes progressively less evident in the proximal–distal direction (from ileum to distal colon), in agreement with what was previously described by Fregonesi and collaborators [18]. This is a curious finding that reinforces the relevance of studying several intestinal segments to avoid generalizing phenomena that may occur in specific regions. Several studies indicate that increased intestinal thickness in diabetic animals may be due to: a) increased mucosa proliferation (due to higher food intake, increased expression of glucagon-like peptide 2, accumulation of AGE and/or suppression of apoptosis) and b) increased muscle layers (due to AGE mediated effects, collagen type I accumulation and/or smooth muscle cells hypertrophy) [33,40,47–51]. However, further studies are needed to understand if any of the possibilities mentioned above explain the histomorphometric alterations observed, or if there are other mechanisms involved.

The studies conducted on ileum and colon reactivity suggest that there are no changes in the intestinal function of STZ-induced rats just two weeks after induction, since the contractile response to KCl and ACh remained unchanged in all segments studied. Previous studies using rat ileum showed a decrease in the contractile response to ACh 30 days and 6 months after STZ-induction, but this change does not seem to be related to cholinergic innervation damage or acetylcholinesterase activity modification [21,38,52]. Concerning the colon, it was not possible to find differences between the contractile response to ACh in control and STZ-induced rats, injected 30 days previously [52]. However, in a genetic model of T2DM, after a long period of disease (60 weeks) the contractile response to carbachol (an ACh mimetic) in the PC was lower than that of controls, while the response in the DC appeared to be unaffected [22]. Thus, it seems that cholinergic activity in the colon and ileum of diabetic animals may depend on several factors, such as type of diabetes, intestinal segment affected and diabetes evolution time, suggesting that main alterations in diabetic intestinal motility are probably related to changes in smooth muscle layers and non-cholinergic innervation [21,22,38].

We therefore decided, in an innovative way, to evaluate the reactivity of the ileum and colon of diabetic animals to Ang II. The results presented in the functional studies suggest a loss of contractile force in response to Ang II in the ileum, PC and MC but not in the DC of STZ-induced rats, compared to controls, probably due to the fact that the distal segments of the GI tract are the last ones to be affected by diabetic complications [18]. To our knowledge this is the first time that an altered Ang II response is reported in diabetic animals, an effect that could be associated with the structural alterations observed, loss of specific neurons (mostly in the myenteric plexus) and changes in the local tissue levels of Ang II [17,27,53]. Ang II activates both receptors in the smooth muscle cells but also presynaptic receptors in other cells crucial for colonic function, an intricate network that has been reported to be altered in the diseased colon [27,29,54]. Regarding Ang II-mediated effects, it is known that contractile responses in intestinal smooth muscle occur mainly through the activation of  $AT_1R$ , while  $AT_2R$ 's role according to our group and others, seems to be more important under pathological conditions [27,55,56]. Not surprisingly, we observed that the AT<sub>1</sub>R antagonist (candesartan, 10 nM) completely abolished AngII-mediated contractile response in the ileum and all colon segments of both control and diabetic animals. However, the blockade of AT<sub>2</sub>R with PD123319 (100 nM) was more intriguing. In the colon of control rats, we observed that the AT<sub>2</sub>R-associated counterbalance of Ang II AT<sub>1</sub>R-mediated contractile effects was no longer present in the DC and MC of diabetic animals, and was even reversed in the PC, as we have reviewed previously [53]. Interestingly, the contractile effect of Ang II in the ileum of control rats was decreased in the presence of PD123319. This points to a putative contractile effect mediated by the  $AT_2R$ , which although uncommon was previously described in other studies [57,58]. Even so, in the ileum this is not observed, reinforcing the idea that under pathological conditions the effect mediated by the AT<sub>2</sub>R in the ileum and throughout the colon is loss/altered, as previously described by our group in an experimental model of colitis in rats [27,53,59].

#### 4. Materials and Methods

## 4.1. Animals and Housing

Since female rats seem to be less sensitive to STZ [7], forty-seven male Wistar rats, 10 to 14 weeks in age (weighing 300–400 g), were used in this study, including control (n = 24)

and diabetic (n = 23) animals, that were distributed between the different experimental protocols. All control animals were used in the experimental procedures (since we used the same intestinal portions in different functional studies), but only eight of these rats were daily monitored in the animal house facility. Control animals were used in collaboration with other groups that collected organs such as heart, muscle and brain, in a perspective of reducing animals used in experimental research. Sample size was decided using the free software Sample Size Calculator (<sup>©</sup>2022—ClinCalc LLC, https://clincalc.com/stats/ samplesize.aspx). Animals were maintained at the ICBAS-UP rodent animal house facility and the project was approved by the animal welfare body (P311/2019). This work followed the ARRIVE guidelines for reporting experiments with animals [60] (see supplementary material). Animals were maintained in a 12 hours' light/dark cycle, with controlled ventilation, temperature (20–24 °C) and relative humidity (40–60%). All animals were housed in groups of two in Sealsafe Plus GR900 Tecniplast® cages with proper bedding (Corncob ultra 12, Ultragene), with free access to autoclaved tap water (two bottles per cage) and laboratory rodent food (4 RF21, Mucedola S.r.l., Italy). Environmental enrichment such as paper tunnels and nesting material was provided in all animal cages.

## 4.2. Diabetes Induction

On the day of DM induction (d0) animals were fasted for 4 h (food taken from the box where the animals were housed) with free access to water. The STZ solution (S0130, Sigma-Aldrich, St. Louis, MO, USA; 55 mg/mL in citrate buffer, pH 4.5) was prepared just prior to the injection, since a freshly prepared solution is considered to be more effective [4]. Diabetes was randomly induced by a single intraperitoneal injection of 55 mg/kg of STZ (a concentration that has proven successful in our group (data not published) and also by other authors [61]), under the analgesic effect of tramadol (Tramal® oral suspension, 100 mg tramadol/mL, Grünenthal, Portugal) (20 mg/kg, PO), administered moments before [4]. The total volume of STZ solution (55 mg/kg) administered to each animal depended on its weight on the day of induction, ranging from 0.3 to 0.4 mL. Rats had ad libitum access to water and food until the end of the protocol (day 14). Animals were considered diabetic if 48 h after STZ injection their blood glucose was ≥250 mg/dL, a situation that occurred in 23 of the 32 animal that were induced (diabetes induction success of 72%). These 23 hyperglycemic rats were included in the STZ group and used in the respective experimental protocols. Glycemia was evaluated using a FreeStyle Precision Neo (Abbott, Canada) glucometer. The blood glucose level of diabetic rats was measured by puncturing one of the tail veins at d0 (control value), d2 (to confirm or discard DM) and d7. On d14, animals were sacrificed by decapitation, using a guillotine suitable for rats (Small Guillotine, Harvard Apparatus) and blood glucose levels were obtained from blood samples collected from the abdominal aorta.

#### 4.3. Animal Monitorization and Welfare Evaluation

The animals included in this project were daily monitored (11:00 h to 13:00 h) throughout the entire protocol (d0–d14), and all information was registered in an individual evaluation table (confounders were not controlled). The evaluation started in the maintenance room, assessing the coat's appearance, piloerection, animal's posture, abdominal discomfort and changes in the breathing pattern (welfare evaluation). Then, in the observation room and with the cage open, the same parameters were observed, and the animals' hydration status was evaluated. Monitoring proceeded by weighing the animal and water/food in order to calculate daily intake. The appearance of the feces was also evaluated, and fecal pellets were weighed 48 h after collection to assure uniform drying of all collected samples. The cages were changed every 2 days or whenever they became excessively wet due to diabetes-associated polyuria.

## 4.4. Intestinal Macroscopic Evaluation

On protocol d14 control and STZ-induced rats were euthanized. The abdomen was opened, and the overall appearance of the viscera was evaluated. The abdominal aorta was identified and punctured to collect blood to measure glycemia. The ileum and colon were collected and weighed intact and after cleaning gently their content using Krebs-Henseleit solution (in mM: 118 NaCl; 4.8 KCl; 2.5 CaCl<sub>2</sub>·2H<sub>2</sub>O; 1.2 NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O; 1.2 MgSO<sub>4</sub>·7H<sub>2</sub>O; 25 NaHCO<sub>3</sub>; 0.02 Na<sub>2</sub>EDTA; 0.3 Ascorbic acid; 11 monohydrated glucose). The longitudinal length of the colon was measured and a 1 cm portion of the ileum and middle colon was opened through the non-mesenteric border and laid flat to measure the circumferential perimeter (mm).

## 4.5. Intestinal Microscopic Evaluation

Samples (0.5 cm long) of the ileum and colon of diabetic and control animals were collected for histological examination. More precisely, the portion of the ileum was collected 3 cm proximal to the ileocecal junction; the proximal colon (PC) was collected 3 cm distal from the cecum; the distal colon (DC) 3 cm proximal to the anus and the middle colon (MC) 3 cm proximal to where the DC was collected. Each sample was opened through the anti-mesenteric border and fixed in 4% formalin. Samples were routinely processed and paraffin-embedded, cut in 3  $\mu$ m-thick sections and stained with hematoxylin-eosin (HE) for histological evaluation [10]. Each section was evaluated under an optical microscope (Nikon, model Eclipse E600, Nikon Instruments, Miami, FL, USA) and photographed in two or three different representative regions with objective lens of 4×, 10× and 20× (magnification of 40×, 100× and 200×). The images were used to measure the thickness of the mucosa, submucosa, circular muscle and longitudinal muscle, always by the same person, using the free ImageJ<sup>®</sup> software 1.53t. For each sample the layer thickness was measured in nine different locations and averaged. The measurements were only carried out in images where all the intestinal wall could be observed.

## 4.6. Intestinal Functional Evaluation

Four 1 cm long portions were collected from the ileum and colon of diabetic and control animals to evaluate smooth muscle contraction. The ileum was taken 2 cm proximal to the ileocecal junction; the PC 2 cm distal from cecum; DC 2 cm from anus and MC 2 cm proximal to the DC. Each sample was mounted in a vertical organ bath along its longitudinal axis, fixed to the bottom of the bath and to an isometric transducer (UGO BASILE S.R.I., Italy, Model 7004) using sewing threads. The bath was continuously aerated with carbogen (95%  $O_2$  and 5%  $CO_2$ ) and maintained at  $37 \pm 1$  °C. Tissues were stretched to an initial resting tension of 1 g and mechanical responses were recorded using a PowerLab system (ADInstruments, Oxford, UK). All tissues were washed twice, every 15 min, and triggered with 10  $\mu$ M of ACh. They were then washed and allowed to stabilize for 15 min more before starting one of the following protocols:

- a cumulative concentration–response curve to ACh (Sigma-Aldrich, USA; 1 nM to 10 mM)
- a non-cumulative concentration-response curve to Ang II (Sigma-Aldrich, USA), according to the range of concentrations that was previously determined in other studies of this research group: ileum, PC and MC: 300 pM to 100 nM; DC: 1 nM to 300 nM [27]. Between each Ang II concentration tissues were washed for 1 h (every 15 min), to avoid receptor desensitization.
- the response to a single concentration of Ang II (Ileum, PC and MC: 30 nM, DC: 100 nM) in the absence and presence of candesartan (a kind gift from Dr. Fredrik Palm, Uppsala University, Sweden; 10 nM, AT<sub>1</sub>R antagonist) or PD123319 (Sigma-Aldrich, USA; 100 nM, AT<sub>2</sub>R antagonist). Tissues were incubated for 20 min with the antagonists before the second stimulation with Ang II.

At the end of every protocol, the contractile response to potassium chloride (KCl, 125 mM) was recorded.

Finally, each portion used in the functional study was weighed immediately after the protocol (fresh weight) and after drying for 48 h, at room temperature (dry weight). The fresh weight was used to normalize the contractile response. Fresh and dry weight were used to calculate the wet-to-dry ratio, as an index of edema, according to the following equation: WtDr = (WetWeight – DryWeight)/DryWeight.

## 4.7. Statistical Analysis

The GraphPad Prism<sup>®</sup>8.1.2 software was used for statistical analysis of data. The unpaired Student's t-test was used to analyze animal monitorization and macroscopic evaluation. For comparison between two experimental groups (CTRL and STZ) the Student's t test was used for variables with a Gaussian distribution and the Mann–Whitney test for those with a non-Gaussian distribution. The two-way ANOVA was used to look for interaction in the data from histological evaluation and functional data. Accordingly, data were expressed as mean  $\pm$  SEM for the Student's *t*-test and median [95% CI] for the Mann–Whitney test where "*n*" indicates the number of animals per group. In all cases, a *p* value of less than 0.05 was considered to denote a statistically significant difference.

## 5. Conclusions

The results presented in this study demonstrate that it is possible to refine a classic animal model of T1DM, improving animal welfare. In this early (two-week evolution) STZ-induced T1DM model we observed (Figure 9): (1) all the characteristic signs of T1DM (polydipsia, polyuria, polyphagia and body weight loss) and increased fecal excretion; (2) increased length, perimeter and weight in the ileum and colon; (3) increased thickness of several histological intestinal layers (less evident in CD) of the ileum and colon, and (4) decreased Ang II-induced smooth muscle contraction (less evident in the DC) associated with altered balance between the function of Ang II receptors. These reported histomorphometric differences and altered reactivity may help to explain diabetic enteric dysmotility and will be deepened in future studies.



**Figure 9.** Schematic representation of the major findings observed in this early T1DM model. Diabetic rats showed typical DM signs (**left** part of the scheme). The ileum and colon revealed an increase in both macro/microscopic parameters and a decrease in Ang II-induced smooth muscles contraction, mediated by both AT<sub>1</sub>R and AT<sub>2</sub>R activation (**right** part of the scheme).

Supplementary Materials: The supporting information can be downloaded at: https://www.mdpi. com/article/10.3390/ijms232113233/s1

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