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Special Issue Reprint

## Effects of Physical Activity on Chronic Disease

**Edited by: Yoshiaki Minakata and Kazuhisa Asai**

This Special Issue focuses on the recent research on the effect of physical activity on chronic diseases, including COPD, other lung diseases, cognitive impairment, irritable bowel syndrome, and atherosclerosis. The associated factors, the evaluation methods, and the effective interventions were evaluated. Two review papers and eight original articles are included.

