



*Special Issue Reprint*

## **2nd Edition: Frontiers in Health Care for Older Adults**

[www.mdpi.com/books/reprint/9234](http://www.mdpi.com/books/reprint/9234)

Edited by  
Francisco José Tarazona-Santabalbina  
Sebastià Josep Santaegugènia Gonzàlez  
José Augusto García Navarro  
José Viña

ISBN 978-3-7258-0981-3 (Hardback)

ISBN 978-3-7258-0982-0 (PDF)



The increase we have witnessed in life expectancy in recent years has been a historical milestone in the history of humanity. Nevertheless, this social success presents great clinical and social challenges. After the first successful Special Issue on this topic, the Guest Editors aim to explore different initiatives that result in the health promotion of older adults, such as multicomponent physical exercise programs, interventions that try to avoid loneliness and social isolation and multidisciplinary assessment, and the treatment of frailty and other geriatric syndromes in various settings, such as the emergency unit, orthogeriatrics, and oncogeriatrics. Broadly, this Special Issue is seeking original submissions that examine (1) the method to detect and to reverse frailty and sarcopenia; (2) the method to diagnose early and prevent delirium and other geriatric syndromes; (3) best practices to manage the treatment of the older adults with specific situations, such as hip fracture or oncological disease; (4) best practices for designing, implementing, and/or evaluating integrated interventions to improve healthcare in older adults; and (5) best practices to develop healthcare to improve quality of life in older adults. Special interest will be given to innovative practices that expand and build upon geriatric approaches with multidisciplinary models. Other manuscript types of interest include relevant position papers, meta-analyses, reviews, brief reports, and commentaries.



Order Your Print Copy  
You can order print copies at  
[www.mdpi.com/books/reprint/9234](http://www.mdpi.com/books/reprint/9234)

MDPI Books offers quality open access book publishing to promote the exchange of ideas and knowledge in a globalized world. MDPI Books encompasses all the benefits of open access – high availability and visibility, as well as wide and rapid dissemination. With MDPI Books, you can complement the digital version of your work with a high quality printed counterpart.



## Open Access

Your scholarly work is accessible worldwide without any restrictions. All authors retain the copyright for their work distributed under the terms of the Creative Commons Attribution License.



## Author Focus

Authors and editors profit from MDPI's over two decades of experience in open access publishing, our customized personal support throughout the entire publication process, and competitive processing charges as well as unique contributor discounts on book purchases.



## High Quality & Rapid Publication

MDPI ensures a thorough review for all published items and provides a fast publication procedure. State-of-the-art research and time-sensitive topics are released with a minimum amount of delay.



## High Visibility

Due to our global network and well-known channel partners, we ensure maximum visibility and broad dissemination. Title information of books is sent to international indexing databases and archives, such as the Directory of Open Access Books (DOAB), and the Verzeichnis Lieferbarer Bücher (VLB).



## Print on Demand and Multiple Formats

MDPI Books are available for purchase and to read online at any time. Our print-on-demand service offers a sustainable, cost-effective and fast way to publish MDPI Books printed versions.