



*Special Issue Reprint*

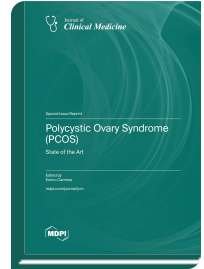
## **Polycystic Ovary Syndrome (PCOS): State of the Art**

[www.mdpi.com/books/reprint/9299](http://www.mdpi.com/books/reprint/9299)

Edited by  
Enrico Carmina

ISBN 978-3-7258-1133-5 (Hardback)

ISBN 978-3-7258-1134-2 (PDF)



This Special Issue of the *Journal of Clinical Medicine* is dedicated to polycystic ovary syndrome (PCOS). It includes 12 interesting papers from all around the world that contribute important new information regarding the pathogenesis, clinical evaluation, and treatment of this very common disorder that affects about 10% of all women during their adult life. The first paper presents an evolutionary model of PCOS that has profound consequences on the methods of preventing and treating this syndrome. Other papers describe problems related to differential diagnosis from hypothalamic amenorrhea and the use of questionnaires for detecting alterations in the quality of life of these women. Two papers are dedicated to sexual problems that may arise in these patients. Many papers analyze the actual treatment of PCOS, from the promotion of physical activity to the use of oral versus intravaginal contraceptives. Articles also investigate how to optimize the clomiphene induction of ovulation or to improve pregnancy outcomes. One paper analyzes the importance of hypoglycemia in determining the long-term effects of different diets. Finally, two important papers report on the results of new treatments for high body weight in women with PCOS.



Order Your Print Copy  
You can order print copies at  
[www.mdpi.com/books/reprint/9299](http://www.mdpi.com/books/reprint/9299)

MDPI Books offers quality open access book publishing to promote the exchange of ideas and knowledge in a globalized world. MDPI Books encompasses all the benefits of open access – high availability and visibility, as well as wide and rapid dissemination. With MDPI Books, you can complement the digital version of your work with a high quality printed counterpart.



### **Open Access**

Your scholarly work is accessible worldwide without any restrictions. All authors retain the copyright for their work distributed under the terms of the Creative Commons Attribution License.



### **Author Focus**

Authors and editors profit from MDPI's over two decades of experience in open access publishing, our customized personal support throughout the entire publication process, and competitive processing charges as well as unique contributor discounts on book purchases.



### **High Quality & Rapid Publication**

MDPI ensures a thorough review for all published items and provides a fast publication procedure. State-of-the-art research and time-sensitive topics are released with a minimum amount of delay.



### **High Visibility**

Due to our global network and well-known channel partners, we ensure maximum visibility and broad dissemination. Title information of books is sent to international indexing databases and archives, such as the Directory of Open Access Books (DOAB), and the Verzeichnis Lieferbarer Bücher (VLB).



### **Print on Demand and Multiple Formats**

MDPI Books are available for purchase and to read online at any time. Our print-on-demand service offers a sustainable, cost-effective and fast way to publish MDPI Books printed versions.