







Special Issue Reprint

# Cardiovascular Risk Factors and Intervention Strategies for the Prevention of Cardiovascular Disease

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This reprint provides insights into the cardiovascular risk landscape, emphasizing the impact of major risk factors and their interaction with the cardiovascular system. In this Special Issue, the role of other less established risk factors such as uric acid, sleep disorders, or blood pressure variability has been taken into consideration. Evidence-based strategies to prevent the detrimental consequences of these risk factors have been focused on in this Special Issue, with particular emphasis on glycemic control, lipid management, hypertension diagnosis, blood pressure regulation, and implementation of lifestyle modifications. By implementing the most modern strategies and fostering collaboration across disciplines, we can reduce the cardiovascular risk, thereby avoiding adverse outcomes.





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