



Article Seed Priming and Foliar Application with Ascorbic Acid and Salicylic Acid Mitigate Salt Stress in Wheat

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Abstract: Ascorbic acid (AA) and salicylic acid (SA) are naturally active antioxidants that protect against plant stresses, including salinity. We studied the physiological response of wheat to AA and SA (100, 200 ppm) as well as the combined treatment of AA and SA (100 ppm) through application as both priming and foliar spray treatments under saline conditions. The results showed that wheat plants under salt-affected soils exhibited numerous physiological effects in plant metabolism, which subsequently affected the qualitative and quantitative parameters of growth and yield. Moreover, the photosynthetic pigments, antioxidant content, and yield are significantly enhanced under the combined treatment of AA and SA. In contrast, the application of AA and SA lowered the osmolytes and lipid peroxidation content under saline conditions. Accordingly, the enhancement of the mentioned parameter was related to the scavenging of the reactive oxygen species and decreasing the oxidative stress on the plant under the salinity stress. Our results explore the significance of applied AA and SA as efficacious compounds in wheat farming under saline conditions. The combined application of (100 ppm) AA with (100 ppm) SA using priming or a foliar spray can be a promising treatment for beneficent wheat growth and productivity improvement under salt-affected soil conditions.

Keywords: wheat; salinity stress; enzymatic antioxidants; yield; ascorbic acid; salicylic acid



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1. Introduction

The salinity problem worldwide increases due to marginal lands being brought into production, unsustainable irrigation and land clearing, and the management practices of salinity [1,2]. In general, plants' physiological processes are disrupted by salt stress as a result of increasing osmotic pressure, nutritional imbalance, salt toxicity, and oxidative stress [3] and consequently decrease the yield [4,5]. Seed germination significantly decreased under salinity stress, reducing the vegetative growth and reproductive behavior, resulting in yield losses [6,7]. Osmotic stress induced by salinity and ionic stress causes the increase in reactive oxygen species (ROS) production in the plant, which causes damage to cell organelles and membrane components and causes cell and plant death at severe levels of salinity [8].

Wheat (*Triticum aestivum*) is the most important crop among other cereals due to its domestication and contribution as an important part of daily man food calories and protein intake [9–11].

Despite the fact that breeders significantly improve wheat grain yield potential, progress in increasing wheat yield in less favorable environments, such as salt-affected soils, is difficult to achieve [12,13]. Numerous stress elicitor applications ameliorate the plant response to salinity stress, subsequently decreasing ROS accumulation [14–16]. Scientists have used various techniques to overcome salinity, and one of them is using certain eco-friendly compounds to overcome various stresses on plants [17,18]. Ascorbic and salicylic acids are antioxidant compounds produced endogenously in plant cells as signal

molecules [19]. They have been investigated as the most cost-efficient and efficacious compounds as they enhance tolerance to salinity for many plants, such as wheat [20,21], mung bean [19], and maize [22]. Under different abiotic stresses, the antioxidants positively detoxify ROS by triggering H_2O_2 scavenging enzymes (catalase, peroxidase, etc.) in whole plant cells [23,24].

Ascorbic acid (an antioxidant with low molecular weight) acts as a scavenger of ROS in plants, improving growth and increasing stress tolerance [25,26]. It has a vital role in plant cell division and expansion, photosynthesis, flowering regulation, senility in leaves, apical meristem formation, and detoxification and stress defense by neutralizing the ROS [27], in addition to being a cofactor for enzyme activity [28]. Exogenous applied AA enhances the production of ascorbic acid endogenously in plant cells, which mitigates the adverse effects of salt stress in many crops [29,30].

The application of exogenous SA decreased the adverse impacts of salinity in plants and promoted the physiological and biochemical parameters of wheat and several crops under abiotic stress conditions [31–34].

Priming seeds enhance seed germination, as well as seedling development, by expediting the pre-occurrence of metabolic events and overcoming adverse conditions by activating a stress–responsive system [35,36].

Therefore, this study was carried out to study the growth, productivity, and physiological response of wheat under salt affected-soil conditions, the practicability of priming seeds or foliar application with ascorbic and salicylic acids, and the different doses and their synergetic impact on plant growth and yield improvement for wheat varieties.

2. Materials and Methods

Two field experiments were conducted at South El Husainia Plain, El Sharkia Gov., Egypt ($31^{\circ}00'15''$ N $32^{\circ}08'15''$ E) through two consecutive winter seasons 2018/2019 and 2019/2020. To investigate the physiological effects and productivity of wheat under salt-affected soil conditions and its response to seed priming and foliar application with ascorbic and salicylic acids, all the growth parameters, photosynthetic pigments, soluble sugars, antioxidant enzymes, total phenols, and lipid peroxidation were investigated. Moreover, the osmolytes, yield, Na⁺/K⁺ ratio, and protein content were also assessed in the seeds of wheat plants.

The trial was sown in a randomized complete block design (RCBD), with four replications, while the plot size of each treatment was 10.5 m². The experiment was achieved in the same place in the two seasons and irrigated using the flood irrigation method. The experimental site soil's physical and chemical properties are shown in Table 1. In addition, the meteorological conditions of the experimental site in seasons 2018/2019 and 2019/2020 are shown in Table 2.

C	EC	pH (1:2.5)	Texture	Cations (mL Equivalent L ⁻¹)				Anions (mL Equivalent L ⁻¹)		
Season	(dS m ⁻¹) in (1:5) Extract	p11 (1:2.5)	lexture	Ca ²⁺	Mg ²⁺	Na ⁺	K*	HCO ₃ -	Cl-	SO4 ²⁻
2018/2019	6.5	8.20	Clay	10.00	17.91	54.93	1.54	1.68	60.75	21.95
2019/2020	6.2	8.20	Clay	10.00	17.71	51.93	1.55	1.68	57.75	21.76

Table 1. The soil physical and chemical properties of the experimental site in seasons 2018/2019 and 2019/2020.

Wheat grains cv. Masr 1 were sown on the 12 and 14 November in the 2018/2019 and 2019/2020 seasons, respectively. In total, 35 kg P_2O_5 ha⁻¹ in the form of calcium super phosphate (15.5% P_2O_5) was added during soil preparation. At the same time, 215 kg nitrogen ha⁻¹ as urea (46% N) was added before irrigation in three recommended doses.

The treatments were as follows: AA (0, 100, 200 ppm), SA (0, 100, 200 ppm) and combined treatment of 100 ppm AA plus 100 ppm SA. Those treatments were applied as seed priming and foliar spray application. Priming treatments were achieved by soaking wheat seeds for 8 h and then air dried before sowing. The foliar application was undertaken 35 and 50 days after sowing (DAS).

Month	Temperature °C		Precipitation (mm)	Perennial Average	
	Max	Min	1	0	
11/2018	26.4	17.9	0		
12/2018	21.7	13	11		
1/2019	19.9	11.4	20	- 1	
2/2019	22.7	13.6	5	54	
3/2019	25.8	15.5	2		
4/2019	26.6	16.4	16		
11/2019	24.7	17	12		
12/2019	21	12.7	16		
1/2020	18.8	9.9	2	70	
2/2020	19.9	10.5	26	73	
3/2020	21.7	12.1	8		
4/2020	24.8	14.3	9		

Table 2. Meteorological conditions of the experimental site in seasons 2018/2019 and 2019/2020.

All other cultural practices were achieved as recommended by Egyptian Field Crops Research Institute for wheat cultivation in the region.

Growth characters were measured, and samples of six average plants were taken, at 65, 80, and 95 DAS, from each plot at random, and at the same time, other plant samples were taken and dried at 70 °C in the oven to a constant weight. According to Hunt [37] formulas, leaf area index (LAI), net assimilation rate (NAR), and crop growth rate (CGR) were calculated:

LAI = leaf area of plant $(cm^2)/land$ area occupied by plant (cm^2) .

CGR (g m⁻² day⁻¹) =
$$(W_2 - W_1)/(t_2 - t_1)$$
.

NAR (g m⁻² day⁻¹) = (W₂ - W₁)(log_e A₂ - log_e A₁)/(A₂ - A₁)(t₂ - t₁).

where:

 $A_2 - A_1$ = the difference in leaf area (cm²) between two taken samples.

 $W_2 - W_1$ = the difference between two samples in accumulated dry weight (g) of whole plants.

 $t_2 - t_1$ = number of days between two consecutive samples (day).

 $Log_e = natural logarithm.$

Photosynthetic pigments (chl *a*, chl *b*, and carotenoids) content of leaves were estimated at 80 DAS, according to Lichtenthaler and Buschmann [38].

2.1. Assay of Antioxidant Enzymatic Activities

Fresh wheat leaf samples were homogenized in a chilled mortar along with liquid nitrogen. Next, 0.1 mM disodium EDTA and 0.1 g polyvinylpyrrolidone were mixed with 5 mL of 100 mM potassium-phosphate (K-P) buffer (pH 7.0). Then, the samples were filtered, and the enzyme assays were achieved from the supernatants. Determination of superoxide dismutase activity was performed according to Scebba et al. [39]. A 2 mL leaf extract was mixed with a 3 mL solution mixture consisting of 50 mM K-P buffer (pH 7.8), 13 mM L-methionine, 0.1 mM EDTA, 75 μ M nitroblue tetrazolium, and 2 μ M riboflavin. The reaction was initiated by exposing the mixtures to fluorescent light (cool white) for 15 min, and the resulting blue reaction color was spectrophotometrically determined at 560 nm. Determining catalase activity was performed according to Aebi [40]. The, 3 mL of the reaction solution containing leaf extract, 50 mM K-P buffer (pH 7.0), and 30% H₂O₂ (w/v), was used for assaying CAT activity. The changes in the absorbance of H₂O₂ at 240 nm was measured as the activity of the CAT enzyme. Determination of peroxidase enzymatic activity was achieved using guaiacol according to Maehly and Chance [41] by adding 0.5 mL leaf extract to 3 mL reaction mixture containing 10 mM K-P buffer (pH 7.0), 10 mM H_2O_2 , and 20 mM guaiacol. As a result of tetraguaiacol production, the increase

in absorbance was determined at 470 nm. Determination of APX activity was achieved according to method of Chen and Asada [42].

2.2. Soluble Sugar Determination

Soluble sugar content in leaves was determined following the procedures modified by Yemm and Willis [43]. Extraction of soluble sugars occurred by dipping in 10 mL 80% ethanol (v/v) at 25 °C overnight with periodical shaking. Then, 3.0 mL of anthrone reagent (150 mg anthrone + 100 mL 72% H₂SO₄ (v/v)) freshly prepared as reacting reagent was added to 0.1 mL of the extract in a boiling water bath for 10 min, and the contents of the soluble sugars analyzed in leaf extracts were determined as glucose equivalent.

2.3. Determination of Lipid Peroxidation

Malondialdehyde (MDA) content in wheat leaves in the form of lipid peroxidation level was assayed according to the standard method of Heath and Packer [44]. The absorption of the supernatant was determined at 532 and 600 nm wavelengths, respectively. Using an absorption coefficient of 155 mM⁻¹ cm⁻¹, the MDA content was calculated.

2.4. Determination of Glycine Betaine, Total Phenols, and Proline

Glycine betaine (GB) content in wheat plant leaves was determined according to Grieve and Grattan [45]. Next, 125 mg of dried finely powdered leaf material was mechanically shaken in 5 mL of distilled water at 25 °C for 24 h. The filtrates of the samples were diluted in 1:1 ratio with 2 N HCl. Then, the mixed solution was cooled for 1 h on ice with interrupted vortexing; after that, 0.2 mL of cold potassium iodine reagent was added, and the mixture was softly vortexed. Samples were stored at 4 °C for 16 h and centrifuged for 15 min at 12,000 × g. One mL micropipette was used to separate the supernatant. After that, the crystals of the peridotite complex were dissolved in 9 mL reagent grade 1, 2-dichloro ethane. The absorbance was measured after 2 h at 365 nm.

The Folin–Ciocalteu method was achieved to determine the total phenolic contents in the plant leaf extract according to Kaur and Kapoor [46]. Next, 0.2 mL of plant extract samples was completed to 3 mL with distilled water, then mixed with 0.5 mL of Folin– Ciocalteu reagent for 3 min. Then, 2 mL of 20% (w/v) sodium carbonate was added. After one hour of allowing the mixture to stand in the dark, absorbance was measured at 650 nm.

The content of proline in the wheat leaves was assayed according to Bates et al. [47]. Then, 0.25 g fresh leaves were homogenized in 2.5 mL of 3% sulfosalicylic acid and centrifugated for 10 min at $10,000 \times g$. Next, 2.5 mL supernatant was relocated to test tubes containing 2.5 mL sulfosalicylic acid and 1 mL each of acid–ninhydrin solution and glacial acetic acid and incubated at 100 °C for 1 h. Then, 2 mL toluene was added to the incubated mixture to terminate the reaction with continuous stirring for 15–20 s. Chromophore containing toluene layer was separated, and absorbance was determined at 528 nm.

2.5. Determination of Na⁺ and K⁺ Ion Content

Sodium and potassium ion content in wheat plant were determined as mmole kg^{-1} dry weight, according to Allen et al. [48].

2.6. Determination of Yield and Yield Attributes

At harvesting time, plant height (cm), spike length (cm) and spike weight (g), 1000-grain weight (g), grain and straw yields (t ha^{-1}) as well as harvest index were determined.

2.7. Determination of Nitrogen and Protein Content in Wheat Seeds

Using Micro-Kjeldahl method, nitrogen content in wheat seeds was determined following Bremner and Mulvaney [49]. The values of nitrogen content in the wheat seeds were determined from the standard curve and expressed as a percentage of dry weight according to the methods of Thaltooth et al. [50] and Yagoob and Yagoob [51].

Protein content percentage = total nitrogen (%) \times 6.25

2.8. Statistical Analysis

Statistical analysis of variance was performed for taken data of the two seasons according to Steel and Torrie [52]. The average for treatments was compared using Fisher's least significant difference (LSD) test at 0.05 level of significance.

3. Results

3.1. Growth Parameters

The foliar spraying and priming with AA and SA significantly increased the height of the wheat plant, crop growth rate, and net assimilation rate compared with the control (Table 3). In general, priming with AA and SA was more significant than foliar spraying on plant height, CGR, and NAR for the two studied growth periods. However, the highest values of plant height, CGR, and NAR were observed as a result of priming wheat seeds with the combined treatment (100 ppm) in both growing seasons. The increase in plant height due to priming with 100 ppm AA and 100 ppm SA was 5% in the two seasons compared to priming with water. At the same time, the CGR increased as a result of the same treatment by 16% for the first period and 13% for the second period in the two seasons. In addition, the increase in NAR was 15% for the first period and 14% for the second period.

Table 3. Growth parameters (plant height, CGR, and NAR) of wheat plants treated with AA and SA as priming and foliar application at different concentrations in the two winter seasons 2018/2019 and 2019/2020.

Treatments		Plant Height (cm)	CGR (g m (65–80 Day)	⁻² Day ⁻¹) (80–95 Day)	NAR (g m (65–80 Day)	⁻² Day ⁻¹) (80–95 Day)
				2018/2019		
	Water	90.75 ^f	14.12 ^h	17.05 g	10.27 ^f	11.37 g
Priming	A 100	92.75 bcde	15.38 ^{de}	18.22 ^{cd}	10.98 ^d	12.24 ^d
	A 200	94.25 ^b	16.04 abc	18.84 ^b	11.37 ^b	12.59 ^b
1 mining	S 100	92.25 cdef	15.19 ef	17.99 ^{de}	10.82 ^d	12.08 ^e
	S 200	93.50 bc	15.78 ^{bcd} 18.55 ^{bc}		11.23 bc	12.43 ^c
	A 100 + S 100	95.50 ^a	16.41 ^a	19.34 ^a	11.62 ^a	12.80 ^a
	Water	89.50 ^g	13.45 ⁱ	16.31 ^h	10.09 ^g	11.13 ^h
	A 100	91.50 def	14.80 fg	17.72 ^{ef}	10.81 ^d	11.97 ^e
Foliar spray	A 200	92.25 cdef	15.61 cde	18.34 cd	11.17 ^c	12.34 cd
ronar spray	S 100	91.00 ^{ef}	14.57 g	17.42 ^{fg}	10.63 ^e	11.80 ^f
	S 200	92.00 cdef	15.23 ef	17.99 ^{de}	10.98 ^d	12.04 ^e
A 100 + S 100		93.25 bcd	16.17 ^{ab}	18.94 ^b	11.41 ^b	12.66 ab
LSI	O 0.05	1.23	0.38	0.36	0.16	0.15
				2019/2020		
	Water	92.3 ^f	14.74 ^f	17.26 ^g	10.32 ^g	11.42 ⁱ
	A 100	94.3 ^{cd}	15.87 ^{cd}	18.63 cde	11.14 ^{cd}	12.39 ef
Priming	A 200	96.0 ^{ab}	16.44 ^b	19.30 ^b	11.48 ^b	12.71 ^{bc}
1 mining	S 100	93.5 cdef	15.54 ^{de}	18.45 cde	10.96 ^{de}	12.24 fg
	S 200	95.0 ^{bc}	16.28 bc	18.85 bc	11.44 ^b	12.63 cd
	A 100 + S 100	97.0 ^a	17.08 ^a 19.93 ^a		11.88 ^a	13.07 ^a
Foliar spray	Water	90.5 ^g	13.85 ^g	16.84 ^h	10.17 ^g	11.22 ^j
	A 100	93.0 def	15.59 ^{de}	18.15 ^{ef}	10.89 ^e	12.10 g
	A 200	94.8 bc	16.25 bc	18.74 ^{cd}	11.25 °	12.49 ^{de}
	S 100	92.5 ^{ef}	15.17 ^e	17.83 ^f	10.72 ^f	11.93 ^h
	S 200	94.0 cde	15.84 ^{cd}	18.29 def	11.13 cd	12.18 ^g
	A 100 + S 100	95.3 ^{bc}	16.88 ^a	19.24 ^b	11.55 ^b	12.82 ^b
LSI	D 0.05	1.22	0.40	0.39	0.15	0.15

Letters represent significant differences between treatments at p < 0.05 level according to the LSD test.

The leaf area index of the wheat plants was significantly affected under the saline condition in the two seasons during the three periods of vegetative growth (Figure 1). However, the LAI of wheat plants treated with AA and SA as a priming application was more significant than that treated with the foliar application, especially in the first period at 65 DAS, in the two studied seasons compared to control treatments. The most significant



LAI was achieved in priming wheat seeds with 100 ppm AA and SA followed by priming with 200 ppm AA in the three periods and the two seasons.

Figure 1. Leaf area index (LAI) of wheat affected by AA and SA treatments in two winter seasons 2018/2019 and 2019/2020; (**A**,**B**) LAI at 65 DAS, (**C**,**D**) LAI at 80 DAS, (**E**,**F**) LAI at 95 DAS. Data are mean \pm standard error (*n* = 4). Letters represent significant differences between treatments at *p* < 0.05 level according to the LSD test.

3.2. Photosynthetic Pigments

Photosynthetic pigments (chl *a*, chl *b*, and carotenoids) in wheat leaves were significantly affected under the saline conditions at 80 DAS (Figure 2). The contents of chl *a*, chl *b*, and carotenoids were significantly increased in treated plants (priming and foliar spray) compared to control treatments. The highest significant values of chl *a*, chl *b*, and carotenoids were achieved as a result of priming wheat seeds with 100 ppm AA and SA, followed by foliar spray treatment with 100 ppm AA and SA.



Figure 2. Photosynthetic pigments of wheat leaves affected by AA and SA treatments in the two winter seasons 2018/2019 and 2019/2020. (**A**,**B**): chlorophyll *a*, (**C**,**D**): chlorophyll *b*, and (**E**,**F**): carotenoids. Data are mean \pm standard error (*n* = 4). Letters represent significant differences between treatments at *p* < 0.05 level according to LSD test.

3.3. Antioxidant Enzyme Activities

Antioxidant enzymes SOD, CAT, APX, and POD activities in untreated plants were significantly decreased under saline conditions (Figure 3). Conversely, the antioxidant enzyme activities in the exogenous application treatments of AA and/or SA as priming or a foliar spray significantly increased the antioxidant enzyme activities under saline conditions in the two growing seasons. The highest activity of enzymes was achieved by the combined treatment of AA and SA as priming with 100 ppm. It significantly increased SOD by 59%; CAT by 12%; APX by 8%; and POD by 19%, compared to the control.





3.4. Soluble Sugar Content

The total soluble sugars content in wheat plant leaves increased under salt-affected soil conditions. The content increased further upon foliar and priming application of AA and SA in the two seasons (Figure 4). The increase in soluble sugar content was positively correlated with increasing the concentration of the AS and SA treatments. However,

priming treatments produced more soluble sugars than foliar treatments. The priming with combined 100 ppm AA and SA treatment achieved the highest significant values of the soluble sugars compared to control treatments. This treatment increased the soluble sugar level significantly by 19% compared to the control.



Figure 4. Wheat leaf soluble sugar content affected by AA and SA treatments at 80 DAS during the two winter seasons (**A**) 2018/2019 and (**B**) 2019/2020. Data are mean \pm standard error (*n* = 4). Letters represent significant differences between treatments at *p* < 0.05 level according to LSD test.

3.5. Lipid Peroxidation

Lipid peroxidation in wheat plant leaves increased under salt-affected soil conditions and decreased due to the applications of AA and SA as priming and/or foliar in the two seasons (Figure 5). The decrease in lipid peroxidation with priming treatments was higher than with foliar treatments in the two seasons. The highest decrease in lipid peroxidation was achieved with the combined treatment of 100 ppm AA and 100 ppm SA as priming, then followed by the foliar spray with 100 ppm AA and 100 ppm SA compared with the control. The combined treatment of 100 ppm AA and 100 ppm SA as priming significantly decreased lipid peroxidation in the two successive seasons.



Figure 5. Lipid peroxidation in wheat affected by AA and SA treatments at 80 DAS during the two winter seasons (**A**) 2018/2019 and (**B**) 2019/2020. Data are mean \pm standard error (*n* = 4). Letters represent significant differences between treatments at *p* < 0.05 level according to LSD test.

3.6. Glycine Betaine, Total Phenols, and Proline

Glycine betaine, total phenols, and proline concentrations in wheat leaves increased under salt-affected soil conditions in the two seasons (Figure 6). Applying AA and SA as priming or a foliar spray decreased glycine betaine, total phenols, and the proline content in wheat plant leaves. The reduction rate increases with a higher concentration of AA and SA. The combined priming treatment resulted in the lowest values among all treatments. It significantly lowered the glycine betaine level by 60%, total phenols by 74%, and proline by 30%, compared with the control.



Figure 6. Effect of foliar spray and priming with antioxidant AA and SA on proline (**A**,**B**); glycine betaine (**C**,**D**); and total phenols (**E**,**F**) contents of wheat leaves in the two winter seasons 2018/2019 and 2019/2020. Data are mean \pm standard error (n = 4). Letters represent significant differences between treatments at p < 0.05 level according to the LSD test.

3.7. Ion Homeostasis

The sodium and potassium content, as well as the Na⁺/K⁺ ratio, in the wheat plants were affected by salt stress, as shown in Figure 7. However, priming or a foliar spray of AA and SA decreased the Na⁺ content and Na⁺/K⁺ ratio in wheat leaves. The reduction rate increases with a higher concentration of AA and SA. The combined AA and SA priming application resulted in the lowest values among all treatments. It significantly lowered the Na⁺ content by 27% and Na⁺/K⁺ ratio by 49% compared to the control. At the same time, the application of AA and SA increased the K⁺ content in wheat leaves. The rate of enhancement is significantly triggered by a higher concentration of AA and SA. The 100 ppm AA and 100 ppm SA combined priming treatment resulted in the highest values for the K⁺ content among all treatments. It significantly increased the K⁺ content level by 44% compared to the control.



Figure 7. Effect of antioxidant AA and SA as a foliar spray and priming on sodium content (**A**,**B**); potassium content (**C**,**D**); and Na⁺/K⁺ ratio (**E**,**F**) of wheat leaves in the two winter seasons 2018/2019 and 2019/2020. Data are mean \pm standard error (n = 4). Letters represent significant differences between treatments at p < 0.05 level according to the LSD test.

3.8. Yield and Yield Components

The wheat yield and yield attributes were significantly affected by salt stress under salt-affected soil conditions in the two growing seasons (Table 4). However, applying antioxidants increased the spike length, spike weight, 1000-grain weight, grain yield, straw yield, and harvest index in wheat. Those increases increased with increasing the concentration of antioxidants compared with untreated plants in the two growing seasons. The priming treatments gave values for yield and yield components higher than the foliar spray treatments. At the same time, the application of the 100 ppm AA and 100 ppm SA combined priming treatment resulted in the significantly highest values for yield. Then, in second came the priming with 200 ppm AA and combined foliar spray with 100 ppm AA and SA compared with the control.

Treat	tments	Spike Length (cm)	Spike Weight (g)	1000-Grain Weight (g)	Grain Yield (t ha ⁻¹)	Straw Yield (t ha ⁻¹)	Harvest Index		
		2018/2019							
Priming	Water	11.2 ^{ef}	4.12 ^f	48.4 ^h	6.99 ^e	11.4 ^c	38.1 ^e		
	A 100	12.3 bcd	4.51 bcd	53.0 ^d	7.59 bcd	11.9 ^{ab}	38.9 ^d		
	A 200	12.8 ^{ab}	4.67 ^b	54.3 ^b	7.93 ^{ab}	12.0 ^a	39.7 ^{ab}		
1 mining	S 100	11.9 ^{cd}	4.46 ^{cde}	51.7 ^f	7.51 ^{cd}	11.9 ^{ab}	38.8 ^d		
	S 200	12.4 abc	4.56 bcd	53.9 °	7.79 bc	12.0 ^{ab}	39.4 bc		
	A 100 + S 100	13.0 ^a	4.82 ^a	55.1 ^a	8.13 ^a	12.1 ^a	40.2 ^a		
	Water	11.0 ^f	4.00 f	47.6 ⁱ	6.70 ^f	11.3 ^c	37.2 ^f		
	A 100	12.0 ^{cd}	4.41 ^{de}	51.4 ^f	7.51 ^{cd}	11.8 ^{ab}	38.8 ^d		
Foliar spray	A 200	12.4 ^{abc}	4.53 bcd	53.2 ^d	7.75 ^{bc}	11.9 ^{ab}	39.4 bc		
ronur spruy	S 100	11.6 def	4.32 ^e	50.1 ^g	7.28 ^d	11.7 ^b	38.3 ^e		
	S 200	11.8 cde	4.44 ^{cde}	52.5 ^e	7.64 bc	11.9 ^{ab}	39.2 bcd		
	A 100 + S 100	12.8 ab	4.61 bc	54.2 ^{bc}	7.95 ^{ab}	12.1 ^a	39.7 ^{ab}		
LSE	D 0.05	0.504	0.122	0.377	0.242	0.185	0.420		
					/2020				
	Water	11.3 ^d	4.18 ^f	48.6 ⁱ	7.07 ^f	11.5 °	38.1 ^f		
	A 100	12.5 ^{abc}	4.66 bcd	53.2 ^d	7.89 bcd	12.0 ^{ab}	39.6 bc		
Priming	A 200	13.0 ^{ab}	4.81 ^b	54.7 ^b	8.16 ^b	12.2 ^a	40.1 ^b		
11111116	S 100	12.1 ^c	4.61 ^{cde}	52.1 ^f	7.79 ^{cde}	12.0 ^{ab}	39.5 ^{cd}		
	S 200	12.6 abc	4.72 bc	54.2 ^c	8.05 bc	12.1 ^{ab}	40.0 ^b		
	A 100 + S 100	13.3 ^a	5.01 ^a	55.4 ^a	8.42 ^a	12.2 ^a	40.9 ^a		
Foliar spray	Water	11.1 ^d	4.08 ^f	47.7 ^j	6.98 ^f	11.4 ^c	38.0 ^f		
	A 100	12.3 bc	4.50 de	51.6 ^g	7.65 ^{de}	11.9 ^b	39.2 ^{de}		
	A 200	12.6 abc	4.68 bc	53.4 ^d	7.99 ^{bc}	12.0 ^{ab}	39.9 ^b		
	S 100	11.9 ^c	4.46 ^e	50.3 ^h	7.55 ^e	11.8 ^b	38.9 ^e		
	S 200	12.0 ^c	4.61 ^{cde}	52.8 ^e	7.90 bcd	11.9 ^{ab}	39.8 bc		
A 100 + S 100		13.0 ab	4.78 bc	54.4 ^{bc}	8.13 ^b	12.2 ^a	40.1 ^b		
LSE	0.05	0.535	0.120	0.344	0.219	0.176	0.349		

Table 4. Yield and yield attributes of wheat affected by foliar and priming application with variousrates of antioxidants during 2018/2019 and 2019/2020 seasons.

Letters represent significant differences between treatments at p < 0.05 level according to the LSD test.

3.9. Protein Content in Seeds

As shown in Figure 8, the wheat treated with AA and SA increased the protein content in seeds. A higher concentration of AA and SA directly resulted in a higher level of protein content in the seeds. Furthermore, the combined priming with 100 ppm AA and SA treatment resulted in the highest values for protein content in seeds among all treatments. It significantly increased the protein content level by 11% in the two seasons compared to the control.



Figure 8. Effect of foliar spray and priming with antioxidant AA and SA on the protein content of wheat seeds in the two winter seasons (**A**) 2018/2019 and (**B**) 2019/2020. Data are mean \pm standard error (*n* = 4). Letters represent significant differences between treatments at *p* < 0.05 level according to the LSD test.

3.10. Correlation of Grain Yield with Growth, Physiological Parameters, and Yield Attributes

The association between the two traits represents the performance of treatments under such situations for which the data were recorded. PH showed a significant relationship with CGR, LAI, NAR, chl a, chl b, carotenoids, TSS, SOD, CAT, APX, POD, K, spike length, spike weight, 1000-grain weight, grain yield, straw yield, and the harvest index as well as protein content. Other traits exhibited a significant negative correlation in the two seasons, except that those parameters exhibited non-significant relationships in the 2019/2020 season (Figure 9). The results indicated that the yield increased with higher PH, LAI, CGR, NAR, chl a, chl b, carotenoids, TSS, SOD, CAT, POD, APX, and decreasing proline, MDA, total phenols, glycine betaine, Na and Na/K ratio. The studied parameters showed more significant positive and negative correlations in the 2019/2020 season than in 2018/2019.



Figure 9. Correlation coefficients of wheat grain yield on growth, physiological traits, and yield components in the two seasons (**A**) 2018–2019 and (**B**) 2019–2020. According to the color scale, the darker positive scale represents most treatment responses, while the darker negative stripes show the least response. The dark red color shows a high positive association, and the dark blue shows a high negative correlation between traits. Similarly, as the color intensity decreases, the treatments show moderate performance in both the positive and negative ranges.

4. Discussion

Salinity stress caused a significant reduction in the LAI, CGR, and NAR of wheat plants under saline soil conditions, as shown in the results in the two seasons. The priming and foliar application of AA and SA enhanced the LAI, CGR and NAR, especially AA and SA priming. The AA and SA priming improved dehydrogenase and α -amylase activities compared to the control treatment. The α -amylase enzyme in seeds hydrolyses starch to maltodextrin, sucrose, glucose, etc., to supply metabolites and energy to initiate seed germination and activate the growth of seedlings [53]. Moreover, AA and SA priming lowers the stress effect on seeds, which helps them to overcome adverse abiotic stress at the germination phase [54]. Subsequently, the increased tillers count leads to more vigorous seedlings at the beginning of the wheat plant growth phase [55,56]. At the same time, the foliar application of AA and SA mitigates the salinity effect by stimulating growth parameters that subsequently lead to a significant increase in the LAI, CGR, and NAR. The enhancement of the plant growth parameters reflects the effect of AA and SA signal molecules responsible for stimulating tolerance in plants to abiotic stress. The improvement of plant growth may be due to the inhibition of Na⁺ and Cl⁻ harmful effects in the saline condition. In addition, it may be due to triggering the antioxidant machinery and its effect on membrane permeability and lipid peroxidation. Furthermore, it may prevent the lowering of cytokinin and IAA content, which subsequently reduces stress-induced wheat growth inhibition [57,58].

According to our study, photosynthetic pigments were reduced under saline soil conditions. The reduction in photosynthetic pigments may be due to the minimized absorption rate of light required for the photosynthesis process [59]. The application of AA and SA reduces the deleterious effect of salinity by increasing and upregulating the synthesis of photosynthetic pigments. However, photosynthetic pigment content is considered a significant parameter for crop salt tolerance [60]. The application of AA and SA improved photosynthetic pigments by inhibiting the chlorophyllase effect in plants [61]. Exogenous AA and SA application is predictable to control stomatal opening under stress. Then, it subsequently lowers the transpiration, maintains turgor, and improves the growth and productivity of plants under stress conditions [62–64]. The AA and SA reduce the salinity harmful effect by elevating the antioxidant machinery and decreasing the ROS. This, in turn, stimulates cell division and elongation, prevents chlorophyll breakdown, and enhances photosynthesis by inhibiting chlorophyll oxidase enzymes [65,66].

To overcome ROS's harmful effect on susceptible macromolecules, plants increase the antioxidant enzyme activities for mediating the fast scavenging of toxic ROS. Increasing antioxidant activities overcomes the toxic levels of ROS [67]. The antioxidant enzymes SOD, CAT, POD, and APX are involved in H_2O_2 detoxification. In the current study, those enzymes were decreased under salinity stress, and this may be due to the increasing ROS-mediated oxidative stress and cell injury in wheat plants. The application AA and SA as priming and/or foliar spray increased the activities of those enzymes. The suggested mechanism of those enzymes is to scavenge H_2O_2 by converting it into H_2O and O_2 and cease its toxicity [4].

Under soil saline conditions, the glycine betaine, total phenols, and proline contents increase, and those increases have an important role to overcome the undesirable effect of salinity stress and ameliorate plant growth [68]. Proline, a water-soluble amino acid and useful solute, is considered an osmoprotectant and preserves the pressure of cell turgor [69]. However, the application of AA and SA under the conditions of this study lowers the undesirable effect of salinity on wheat plant growth and decreases the glycine betaine, total phenols, and proline accumulations. These results are supported by other studies where AA and SA reduced total phenols under salinity stress in wheat [57], as well as the proline content under salinity stress in tomatoes [70], sweet peppers [71], and soybeans [72].

In this study, the results show that under salt-affected soil, the K⁺ content decreased, and the Na⁺ content increased in the wheat leaves. This may be due to an ionic imbalance [73] as a result of the cells' plasma membrane disorder in the integrity as well as a

negative correlation among the sodium elements and other nutrients [74,75]. Moreover, AA and SA applications affect many fundamental physiological actions in plants, such as rising nutrient uptake and lowering Na⁺ contents under salinity stress [76,77]. In addition, AA and SA applications switched the selectivity of the Na⁺ and K⁺ uptake and lowered the Na⁺/K⁺ ratio, which protected the cell membrane from harm [78].

The decreases in yield and its components under saline soil conditions may be a result of the reduction in photoassimilation assembly, as well as photoassimilation motivation, which achieved the lowest values in the harvest index [79]. Furthermore, the yield reduction may be a result of the reverse effect of salinity stress on plant growth parameters and physiological processes such as photosynthesis, water absorbance, and grain filling [80]. Nevertheless, in this study, AA and SA improved tolerance to salinity in wheat plants and promoted yield, especially, with combined treatments. The function of AA and SA on yield is maybe due to their important role in tolerance to stress. In general, AA and SA decrease oxidative stress and increase plant growth and yield under salt stress as described earlier by Li et al. [81], Hafez and Gharib [82], El-Hawary and Nashed [22], and El-Hawary et al. [83].

The protein content in wheat seeds was affected by salinity, and this may be due to the inhibitory effect on plant growth and its chemical contents. Those variations were reflected in productivity and its components as well as the protein percentage content in seeds. The application of AA and SA, especially with the combined treatments, significantly increased the protein content in wheat seeds. However, it can be concluded that AA and SA enhance protein synthesis and delay senescence [84].

5. Conclusions

As meteorological conditions during vegetation growth influenced plant growth and grain filling in the first season as the temperature was high, the study represented the important role of ascorbic and salicylic acids in intermediating the reverse effects of salt stress on growth, yield, and physiological traits. Priming and foliar spray application of AA and SA significantly ameliorated the growth and yield of wheat under saline soil conditions by stimulating stress tolerance and increasing the activity of plant enzymes. Moreover, based on the present findings, it can be concluded that ascorbic acid at 100 ppm with salicylic acid at 100 ppm as priming or a foliar spray could be recommended for obtaining better growth and yield of wheat plants under salt-affected soil conditions. However, for more application of ascorbic and salicylic acids to different wheat genotypes under salt-affected soil conditions, more studies should be undertaken to optimize the application. Information in this regard would also help wheat producers, as well as in breeding programs, to select the appropriate wheat cultivars that can be successfully exploited under salt-affected soil. The estimation of ascorbic and salicylic acid application on wheat in different growth stages of wheat could provide the possibility of selecting salt tolerant wheat genotypes at early growth stages.

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