Controlling Conditions of the One-Dimensional Consolidation Test on Peat Soil

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Abstract: This paper studies the changes in the loss on ignition (LOI), total nitrogen content (TN), and strain in a one-dimensional consolidation test on peat soil. The effects of small-range fluctuations in the ambient temperature and changes in the sample height on the consolidation process of peat soil are proposed and verify the inhibitory effect of thymol on the decomposition of organic matter. The results show that when the ambient temperature fluctuates in a small range, the consolidation rate is significantly affected. Under a low load, the ambient temperature increases by 1–2 °C, and the consolidation rate can be increased by up to 10 times. This study presents the changes in loss on ignition (LOI) and total nitrogen content (TN) during consolidation, which proves that soaking the samples with a thymol solution can effectively control the decomposition of organic matter in peat soil. The strain of peat soil at a height of 30 mm is greater than or equal to that of other height samples, while that of mucky soil is 20 mm. Therefore, 30mm is the recommended sample height for peat soil for the one-dimensional consolidation test.

Keywords: peat soil; one-dimensional consolidation test; control conditions; total nitrogen content; thymol

1. Introduction

Peat soil is a loose, water-rich accumulation that is formed from organic matter that has been deposited in swamp lakes after plant death [1] and accounts for ~5–8% of the total area of the Earth [2]. In China, 64% of peat is distributed in the Sichuan, Anhui, Heilongjiang, and Yunnan provinces [3]. The content of organic matter in peat soil is generally more than 10%, with some having an organic matter content as high as 98%. According to the Code for Investigation of Geotechnical Engineering (GB 50021-2001) [4], soil with an organic matter content of more than 60% is peat, and soil with an organic matter content that is more than 10% and less than or equal to 60% is peaty soil. According to the organic matter content (Wu), peaty soil can be further divided into low organic peaty soil (10% < Wu ≤ 25%), medium organic peaty soil (25% < Wu ≤ 40%), and highly organic peaty soil (40% < Wu ≤ 60%). Peat soil features a high water content, a large pore ratio, high compressibility, low strength, strong rheology, and compressibility that is 5–20 times higher than that of common soft clay [5,6]. A peat soil foundation can encounter several problems, such as a large amount of settlement and long settlement times [7]. For example, an embankment on a peat soil foundation in Canada has more than 7 m of settlement [8]. A highway in Miyazaki County, Japan, that is built on a foundation with a peat soil layer has more than 11 m, of settlement, as measured over four years [9]. After five years of operation, the accumulated settlement of the peat soil foundation under an expressway in Yunnan Province is 1.3 m, and settlement is still rapidly developing.

Because of the long settlement time and large deformations that can occur to peat soil foundations, researchers have studied the consolidation characteristics of peat soil [10–12].
While studying this process, it was found that temperature [13,14], stress conditions, and the over consolidation ratio influence the consolidation characteristics of peat soil [15,16].

Hanson et al. [17] studied the deformation difference of peat soil in the range of 15–65 °C for every temperature increase of 10 °C. The results show that the consolidation deformation of peat soil increases when the temperature increases. Fox and Edil (1996) compared the results of consolidation tests that were conducted at 24 °C and 35 °C and observed that the secondary consolidation coefficient of peat soil has a positive correlation with the temperature during testing. The creep temperature coefficient was first proposed by Fox and has shown to be able to modify the secondary consolidation coefficient. Mesri et al. [13], Madaschi and Gajo [14], and Dhowian and Edil [18] considered the results and conclusions from previous studies of the effect of temperature on the consolidation characteristics of peat soil, so the ambient temperature is controlled at about 20 °C in their research.

Due to the rich organic matter in peat soil, microorganisms propagate rapidly, and biological oxidation (mainly including humification and mineralization) occurs in an oxygen-rich environment, which leads to changes in the soil structure and properties [19]. Prokopovich [20] studied two peatlands in California and Florida and suggested that 80% of the subsidence in peatlands in a hot and humid climate is due to the biological oxidation of aerobic bacteria. Laiho [21] analyzed the carbon pool level of peatland, and Philben et al. [22] analyzed the change process of amino acids in peatland, which proved that the contact between peatland and air accelerated the decomposition of the organic matter that was present in the peat soil. Mesri et al. [13] found that the decomposition of peat soil is accelerated when it is consolidated in air and proposed that a 1% thymol solution should be used to control the decomposition of organic matter during consolidation tests. Klari et al. [23] demonstrated that thymol can effectively control bacterial reproduction.

Previous studies have found that the height of peat samples can also affect the consolidation characteristics and the reliability of test data [24]. Long and Boylan [25] compared the consolidation process of specimens with heights of 20 mm and 50 mm under the load of 20 kPa and 80 kPa and found that the primary consolidation time of a 50 mm specimen is longer under the load of 20 kPa, with negligible differences being found under the load of 80 kPa. The use of a specimen that is 50 mm in height is recommended to complete consolidation tests. Carlsten [26] studied Swedish peat samples with a height of 45 mm, while Janbu conducted one-dimensional consolidation tests on peat samples with a height of 50 mm. Lefebvre et al. [27] studied Canadian peat soils using specimens that were 38 mm in height.

Some researchers have suggested that a new method should be developed to study the compressibility of peat soil [28]. Previously, temperature, bio-oxidation, and sample height, which need to be controlled in experiments, had been shown to influence the consolidation behavior of peat soil. In current studies on the influence of temperature, the minimum temperature gradient is 10 °C, but small temperature fluctuations may affect the peat soil consolidation process. We also need to test the controlling effect of a thymol solution on biological oxidation. Researchers have not yet come to a unified conclusion on how to select the most appropriate sample height, which is worthy of further study.

2. Materials and Methods

In China, herbaceous peat is the main type of peat and demonstrates the characteristics of weak acidity (pH = 5–6), a high humic acid content, and a medium N content [8]. Figure 1 shows the organic carbon reserves of peatlands in all of the provinces in China. The peat reserves in Yunnan exceed 100 million tons, amount that is only lower to that of Sichuan Province. Undisturbed soil samples were obtained in Eryuan County, Dali City, Yunnan Province, China. The retrieved undisturbed soil was packed in sampling barrels, wrapped with plastic film, and then placed in a constant temperature and humidity curing box in the laboratory.
The peat reserves in Yunnan exceed 100 million tons, amount that is only lower than those of Shandong and Jiangsu. The retrieved undisturbed soil was packed in sampling barrels, which showed the temperature to be 20 °C. The sampling location in West Lake was at 26°0′55″ N and 100°3′12″ E and was at an altitude of 2060 m. The thin-walled soil sampler was used for drilling and sampling. The in situ temperature of the peat was measured by a JDC-2 geothermometer produced by China Shanglong Electric (Shanghai), which showed the temperature to be 20 °C.

The stratum information from top to bottom is as follows:

1. Sand (from 0 m to 3.3 m);
2. Clay (from 3.3 m to 5.1 m);
3. Peat (from 5.0 m to 5.3 m);
4. Clay (from 5.3 m to 8.9 m);
5. Peat (from 8.9 m to 9.6 m).

The sampling location in Eryuan County was at 26°7′18″ N and 99°58′14″ E and at an altitude of 2060 m. The thin-walled soil sampler was used for drilling and sampling. The in situ temperature of the peat soil was measured using a geothermometer, which determined that the in situ temperature was 23 °C. A previous study obtained a temperature of 21 °C at 1 m underground in Dali in June [29], which is similar to the data measured in this study. Table 1 shows the physical and mechanical properties of the soil samples.

This paper analyzes the effects of ambient temperature, thymol solution, and sample height on the consolidation characteristics of peat soil with a single-lever consolidation apparatus produced by China Nanjing Soil Instrument (Nanjing, Jiangsu). The diameter of the ring cutter sample was 61.8 mm, and the height was 20 mm for most tests, except for the analysis determining the influence of the sample height. The applied load ranged from 12.5 to 800 kPa, and a loading ratio of one was determined. Due to the long duration of the secondary consolidation process in peat soil, deformation of less than 0.05 mm/day [30] or 0.02 mm/day [31] is regarded as the condition marking the end of the test in some studies. In this study, two types of criteria were used to denote the end of the test and to determine different test purposes. One was a 24-hour loading period, as specified in the Test Methods of Soils for Highway Engineering (JTG 3430-2020) [32]; under these conditions, the deformation should less than 0.01 mm in the last hour. The other criterion...
indicates that deformation should be less than 0.01 mm/day to analyze the creep process of peat soil consolidation. Table 2 lists the specific test scheme and loading sequence.

Laboratory tests were conducted according to the JTG 3430-2020 [32]. The moisture content was measured by drying, and the oven temperature was set to 65 °C because the organic matter content was higher than 5%.

The concentration of the thymol solution was 1%, as recommended by Mesri et al. [13]. There are two ways to use thymol solution:

1. The first way is to spray a small amount of the thymol solution on the upper and lower surface of the soil sample and to wet the filter paper. During the test, a cotton cloth is covered with solution to maintain the moisture level.
2. The second way is to quickly pour the thymol solution into the consolidation box and to immerse the sample after the first load is added.

### Table 1. Physical and mechanical properties.

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Specimen</th>
<th>Organic Matter Content</th>
<th>Location</th>
<th>LOI (%)</th>
<th>Specific Gravity (g/cm³)</th>
<th>Density (g/cm³)</th>
<th>Moisture Content (%)</th>
<th>Saturation (%)</th>
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</thead>
<tbody>
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<td>T₁</td>
<td>Highly organic peaty</td>
<td>West Lake, Dali</td>
<td>58.8</td>
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<td>1.09</td>
<td>217.14</td>
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<td>62.36</td>
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<td>1.25</td>
<td>140.94</td>
<td>98.21</td>
</tr>
<tr>
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<td>1.25</td>
<td>162.05</td>
<td>99.57</td>
</tr>
<tr>
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<td>S₁</td>
<td>Highly organic peaty</td>
<td></td>
<td>42.6</td>
<td>1.9</td>
<td>1.27</td>
<td>167.31</td>
<td>98.52</td>
</tr>
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<td>(S stands for</td>
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<td>1.23</td>
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<tr>
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<td>1.25</td>
<td>162.05</td>
<td>99.57</td>
</tr>
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<td>Medium organic peaty</td>
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<td>1.89</td>
<td>1.3</td>
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<td>1.21</td>
<td>175.74</td>
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<td>362.75</td>
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<td>1.28</td>
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<td>1.23</td>
<td>114.16</td>
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<td>43.8</td>
<td>1.87</td>
<td>1.31</td>
<td>117.51</td>
<td>97.23</td>
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<td>S₉</td>
<td>Peat</td>
<td></td>
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<td>2.08</td>
<td>1.09</td>
<td>251.06</td>
<td>91.56</td>
</tr>
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<td>Highly organic peaty</td>
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<td>55.8</td>
<td>2.08</td>
<td>1.14</td>
<td>222.25</td>
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<td>H₁</td>
<td>Mucky soil</td>
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<td>2.18</td>
<td>1.71</td>
<td>51.21</td>
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<td>H₃</td>
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<td>2.01</td>
<td>1.18</td>
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<td></td>
<td>H₄</td>
<td>Highly organic peaty</td>
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<td>56</td>
<td>1.93</td>
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<td>338.25</td>
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</tr>
<tr>
<td></td>
<td>H₅</td>
<td>Peat</td>
<td></td>
<td>75.2</td>
<td>1.87</td>
<td>0.92</td>
<td>590.8</td>
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### Table 2. Test plan and loading sequence.

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<thead>
<tr>
<th>Purpose</th>
<th>Specimen</th>
<th>Height (mm)</th>
<th>Ambient Temperature (°C)</th>
<th>Thymol Concentration (%)</th>
<th>Load Level (kPa) and Loading Time</th>
<th>Total Time (d)</th>
</tr>
</thead>
<tbody>
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<td>Effect of test</td>
<td>T₁</td>
<td></td>
<td>Uncontrolled</td>
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<td>12.5 (24 h)-25 (24 h)-50 (24 h)-100 (24 h)-200 (24 h)-400 (24 h)-800 (53 h)</td>
<td>6.5</td>
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<td>temperature</td>
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<td>0</td>
<td>12.5 (24 h)-25 (24 h)-50 (24 h)-100 (24 h)-200 (24 h)-400 (24 h)-800 (53 h)</td>
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<tr>
<td></td>
<td>T₃</td>
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<td>Uncontrolled</td>
<td>0</td>
<td>12.5 (24 h)-25 (24 h)-50 (24 h)-100 (24 h)-200 (24 h)-400 (24 h)-800 (53 h)</td>
<td>8.2</td>
</tr>
<tr>
<td></td>
<td>T₄</td>
<td></td>
<td>Uncontrolled</td>
<td>0</td>
<td>12.5 (24 h)-25 (24 h)-50 (24 h)-100 (24 h)-200 (24 h)-400 (24 h)-800 (53 h)</td>
<td>8.2</td>
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Table 2. Cont.

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Specimen</th>
<th>Height (mm)</th>
<th>Ambient Temperature (°C)</th>
<th>Thymol Concentration (%)</th>
<th>Load Level (kPa) and Loading Time</th>
<th>Total Time (d)</th>
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<td>S₁</td>
<td>20</td>
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<td>0</td>
<td>12.5-25-50-100-200-400-800 (24 h per level)</td>
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<tr>
<td>S₂</td>
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<td>12.5-25-50-100-200-400-800 (24 h per level)</td>
<td>7</td>
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<tr>
<td>S₃</td>
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<td>12.5-25-50-100-200-400-800 (24 h per level)</td>
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<td>S₄</td>
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<tr>
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<tr>
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<tr>
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<tr>
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<td>12.5 (24 h)-25 (24 h)-50 (24 h)-100 (24 h)-200 (4 h)-400 (24 h)-800 (53 d)</td>
<td>59</td>
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<td>S₁₀</td>
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<tr>
<td>H₁</td>
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3. Results and Discussion

3.1. Effect of Test Temperature on Consolidation of Peat Soil

Low Load

After the load was loaded for 24 h, the data were collected, and the ambient temperature was measured using a HB6801 thermometer produced by CHINA HBO INSTRUMENT (Leqing, Zhejiang). The results are shown in Figure 2.

At the low-load level, small fluctuations in the ambient temperature had a significant impact on the consolidation rate of the peat soil. The higher the temperature was, the faster the consolidation rate was, as shown in Figure 2. For example, at the load of 12.5 kPa, when the ambient temperature increased by 1.7 °C, the consolidation rate increased from $1 \times 10^{-3}$ to $1 \times 10^{-2}$ mm/h, where there was a ten-fold increase in the consolidation rate. At the load of 25 kPa, the temperature rose by 1.95 °C, with an eight-fold increase being observed in the consolidation rate. Secondly, the effect of temperature on the consolidation deformation of peat soil increased with an increase in the organic matter content. Comparing the deformation rate, i.e., the broken lines of $T₁$ and $T₂$ in Figure 2, it can be seen that the correlation between the deformation rate and the temperature of $T₂$ (low organic peat soil) is weaker than that of $T₁$ (highly organic peat soil), indicating that when the organic matter content is higher, the influence of the temperature is more obvious.
between –

4. High Load

The influence of ambient temperature fluctuation on the consolidation of peat soil under high pressure (800 kPa) was analyzed by prolonging the loading time. The deformation and temperature data for high (daytime) and low temperatures (nighttime) were recorded continuously during the test, as shown in Figure 3.

Figure 2. Temperature effect at low load: (a) 12.5 kPa; (b) 25 kPa.

Figure 3 displays the significant effect of ambient temperature fluctuation on the consolidation rate of peat soil at high-load levels. Taking T₃ as an example, the average daytime temperature was 27 °C, which was accompanied by an average consolidation rate of $1.8 \times 10^{-2}$ mm/h. As the nighttime temperature dropped to 22 °C, the average consolidation rate was $4 \times 10^{-3}$ mm/h. With a temperature rise to 26 °C the next day, the consolidation rate of the soil sample rose to $9.3 \times 10^{-3}$ mm/h. This dynamic pattern shows that the temperature differences between day and night can cause conspicuous changes in the consolidation rate. As shown in Figure 3, by comparing the data for T₃ and T₄, the consolidation rate of peat with a high content of organic matter fluctuates more due to temperature than peat with a low content of organic matter does. This shows that the effect of temperature on the consolidation rate of peat soil is still positively correlated with the organic matter content under a high load.

Fluctuations in the ambient temperature have a direct impact on the consolidation rate of peat soil. Therefore, when conducting an indoor test on peat soil, controlling the ambient temperature is very important to ensure the accuracy of the test data.
5. Effect of thymol

Previous studies have shown that there is abundant plant debris in peat soil [33], that is largely composed of lignin, cellulose, and other macromolecular organic compounds. Macromolecular organics form monosaccharides ($C_6H_{12}O_6$) through the action of enzymes, which then escape because of the generation of $CO_2$ that is caused by microbial activity [34–36]. Equation (1) shows the reaction equation under proper ventilation, whereas Equations (2) and (3) are the reaction equations under poor ventilation conditions. The escape of $CO_2$ leads to a decrease in the total organic matter and a change in the loss on ignition. Therefore, loss on ignition characterizes the decomposition of organic matter from a macro perspective.

\[
\text{Microorganism} \rightarrow C_6H_{12}O_6 \rightarrow CO_2 \uparrow + H_2O + \text{Energy (1)}
\]

\[
C_6H_{12}O_6 \rightarrow CH_3CH_2CH_2COOH + CO_2 \uparrow + H_2 \uparrow \quad (2)
\]

\[
CO_2 + H_2 \rightarrow CH_4 \uparrow + H_2O \quad (3)
\]

Through chemical analysis, Berg and Mcclaugherty [37] found that due to the activity of soil microorganisms, macromolecular organics were mineralized, and the soil gradually released nitrogen from the organic matter in the form of the ammonium ion ($NH_4^+$) [38,39]. This transformation process is shown in Figure 4 [40]. Broadbent and Nakashima [41] verified the “flow” process of nitrogen after the death of barley plants using the isotope marking process. They determined that the annual mineralization rate of nitrogen was 6.3–7.4%. At present, the characterization of the decomposition degree of organic matter based on the nitrogen content has been widely used in agriculture. For example, Avnimelech et al. [42] examined the decomposition process of lake sediments by measuring the inorganic nitrogen content as well as other indicators. Davis et al. [43] analyzed the decomposition process of mangrove leaves by measuring the inorganic nitrogen content. Characterizing the decomposition degree of organic matter from a micro perspective using the total nitrogen content (TN) is therefore feasible, i.e., the decomposition degree of plants increases with an increase in the TN [44,45].

Thymol solution was used to control microbial reproduction and to reduce biological oxidation in peat soil test. During the analysis, the TN content and burnout were used to characterize the degree of organic matter bio-oxidation; the test results are shown in Figure 5.

![Figure 4](image_url)

**Figure 4.** Two patterns of nitrogen cycling.
Figure 5. Percentage change in LOI and TN content. (a) Percentage decrease in LOI (b) Percentage increase in TN content. (Note: Method ① is spraying thymol solution, method ② is immersing in thymol solution).

Figure 5a shows the percentage of loss on ignition before and after the test. The TN content was tested using a JR-600M soil nutrient rapid tester produced by CHINA JIRU YIQI (Weifang, Shandong), and the percent increase is shown in Figure 5b. The reduction of LOI and the increase in TN in the test group with the thymol solution were smaller, which shows that the sample that had been soaked with thymol solution effectively inhibited the decomposition of organic matter during consolidation. For a test lasting 7 days, spraying the thymol solution (method ①) is effective. For the 60-day test, the effect of immersing the sample in a thymol solution (Method ②) is more obvious, which may be because the spray method only works on the surface of the soil sample and because the inhibitory effect only lasts for a short time.

The filter paper on the surface of the soil sample without thymol (Figure 6) exhibited a brown substance after the test. This brown substance was the organic high-molecular compound (humus) that was formed in the humification process in peat soil [18]. The filter paper on the samples treated that had been with thymol remained white, verifying that the thymol solution inhibited the biological organic oxidation.

Figure 6. Post-test samples.

6. Effect of Specimen Height

The specimen height had a noticeable influence on the peat soil consolidation. The standard presently stipulates one-dimensional consolidation sample dimensions of 61.8 mm in diameter and 20 mm in height. Consolidation tests were conducted according to JTG 3430-2020 [32] on peat samples with diameters of 61.8 mm and heights of 20, 25, 30, 35, and 40 mm. The strain of the peat soil samples with different heights were compared (Figure 7), and the optimum sample height was explored.
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Figure 7. Strain of specimens at different heights. (a) 12.5 kPa, (b) 25 kPa, (c) 50 kPa, (d) 100 kPa, (e) 200 kPa, (f) 400 kPa, (g) 800 kPa.
The influence of sample height on the consolidation strain of mucky soil and peat was significantly different at the same load level, as shown in Figure 7. The strain of the mucky soil sample was the highest when the sample height was 20 mm, which decreased gradually when the sample height increased, which findings for Tianjin blow-fill soil [46]. The strain of peat soil first increases and then decreases when the sample height increases, and the strain is the largest when the height is 30mm. When the load is greater than 100 kPa, the strain of the peaty soil (10% ≤ Wu ≤ 60%) samples with heights from 20 mm to 40 mm is the same, but the strain of peat (Wu ≥ 60%) at the height of 30 mm is still the largest. It can be concluded that the strain of the peat soil with a height of 30mm is greater than or equal to that of peat soil of other heights. Therefore, for peat soils, specimens that are 30 mm in height should be used for consolidation tests.

7. Conclusions

This study investigated the influence of temperature, biological oxidation, and sample height on the one-dimensional consolidation characteristics of peat soil under different load levels. Based on the results, the main findings and conclusions can be summarized as follows:

(1) The small range fluctuation of ambient temperature can lead to significant changes in the peat consolidation rate, and when there is a higher amount of organic matter content, then there is a more significant the effect. In order to ensure that the one-dimensional consolidation test results can truly reflect the in situ tests, during the process of the test, especially when the loading time is long, the ambient temperature should be controlled to be the same as the in situ temperature.

(2) It has been verified that the decomposition of organic matter that is caused by environmental disturbances after soil samples are taken out of the ground can be inhibited by soaking the samples in a 1% thymol solution during the one-dimensional consolidation test.

(3) The influence of the sample height on the consolidation strain of peat soil is different from that of mucky soil. The strain of peat soil at 30mm height is greater than or equal to that of samples of other heights, while the strain of mucky soil with a sample height of 20 mm is the largest. Therefore, the use of a sample with a height of 30mm is suggested when conducting a one-dimensional consolidation test on peat samples.

The TN was used to characterize changes in the organic matter content in peat soil in this study. Although this method has been widely used in agronomy, this was the first application in geotechnical experiments. This provides a new method that can be used to study changes in the organic matter in peat soil and to determine its engineering characteristics; however, the standardization of its operation process needs further study. On the other hand, the solvent in the thymol solution used in this study was ethanol. During the test process the solubility will be reduced due to the volatility of ethanol, and some thymol crystals will be separated out. However, the results show that the volatilized solution still has the effect of inhibiting microbial decomposition. In order to be more conducive to environmental protection, future studies should focus on determining the optimal concentration of the thymol solution.

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