



Article Modified Approach Using *Mentha arvensis* in the Synthesis of ZnO Nanoparticles—Textural, Structural, and Photocatalytic Properties

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Abstract: Zinc oxide arouses considerable interest since it has many applications—in microelectronics, environmental decontaminations, biomedicine, photocatalysis, corrosion, etc. The present investigation describes the green synthesis of nanosized ZnO particles using a low-cost, ecologically friendly approach compared to the classical methods, which are aimed at limiting their harmful effects on the environment. In this study, ZnO nanoparticles were prepared using an extract of Mentha arvensis (MA) leaves as a stabilizing/reducing agent, followed by hydrothermal treatment at 180 °C. The resulting powder samples were characterized by X-ray diffraction (XRD) phase analysis, infrared spectroscopy (IRS), scanning electron microscopy (SEM), and electron paramagnetic resonance (EPR). The specific surface area and pore size distribution were measured by the Brunauer-Emmett-Taylor (BET) method. Electronic paramagnetic resonance spectra were recorded at room temperature and at 123 K by a JEOL JES-FA 100 EPR spectrometer. The intensity of the bands within the range of $400-1700 \text{ cm}^{-1}$ for biosynthesized ZnO (BS-Zn) powders decreased with the increase in the Mentha arvensis extract concentration. Upon increasing the plant extract concentration, the relative proportion of mesopores in the BS-Zn samples also increased. It was established that the photocatalytic performance of the biosynthesized powders was dependent on the MA concentration in the precursor solution. According to EPR and PL analyses, it was proved that there was a presence of singly ionized oxygen vacancies (V_0^+) and zinc interstitials (Zn_i) . The use of the plant extract led to changes in the morphology, phase composition, and structure of the ZnO particles, which were responsible for the increased photocatalytic rate of discoloration of Malachite Green dye.

Keywords: zinc oxide; photocatalysis; defect structure; hydrozincite



Citation: Stoyanova, D.; Stambolova, I.; Blaskov, V.; Georgieva, P.; Shipochka, M.; Zaharieva, K.; Dimitrov, O.; Markov, P.; Dyakova, V.; Kostova, Y.; et al. Modified Approach Using *Mentha arvensis* in the Synthesis of ZnO Nanoparticles—Textural, Structural, and Photocatalytic Properties. *Appl. Sci.* 2022, *12*, 1096. https://doi.org/

Academic Editors: Antonio Zucca, Maria Milanova and Martin Tsvetkov

Received: 28 December 2021 Accepted: 18 January 2022 Published: 21 January 2022

10.3390/app12031096

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1. Introduction

Generally, metal oxide particles have wide practical applications and can be applied in biomedicine, different tools, batteries, heavy industrial equipment, pipes and fittings for offshore applications, for antibacterial and photocatalytic purposes, as well as to enhance the life of base materials. One of the most widely used metal oxides is ZnO. The latter has been studied intensively with respect to its application in various devices: transistors, sensors, catalysts/photocatalysts, Ultra Violet (UV) adsorbers, pigments, photoelectrodes, solar cells), antibacterial coating and packaging, in the cosmetic industry as sunscreens, in medicine (drug delivery), etc., due to its excellent physicochemical, electronic, and antibacterial characteristics [1–5].

Additionally, the incorporation of nano-ZnO and nanosilica can yield self-cleaning epoxy coatings with desirable properties, such as easy sliding of water droplets. Other researchers have incorporated nanosilica, ZnO, alumina, and similar additives to improve the mechanical strength of epoxy coatings and to block UV light [6–12]. Among the various metal oxides, ZnO is considered to be one of the most promising materials for photocatalytic and corrosion protective applications, especially after additional polymeric modifications [13–15]. Additionally, this compound ensures an enhanced protective ability by forming corrosion products with barrier properties on the metal surface [15].

ZnO is a well-known II–VI wide band gap (3.2 eV) semiconductor material. The electronic structure and the valence state of the zinc and oxygen ions are influenced by the nature and concentration of intrinsic and extrinsic defects. Different point defects could occur in the crystal lattice of ZnO: oxygen vacancies (V_0), oxygen interstitials (O_i), zinc vacancies (V_{Zn}), zinc interstitials (Zn_i), etc. [16].

One of the most important applications of ZnO is in the field of heterogeneous photocatalysis for the removal of various organic pollutants in waste waters and air [17]. The UV irradiation of the semiconductor photocatalysts initiates a reaction by producing photoexcited electron-hole pairs, which can react further with the adsorbed pollutant molecules. As a result of the oxy/redox processes, complete mineralization of the contaminants occurs [18]. Various synthesis methods of photo-catalytically active ZnO nanoparticles (ZNP) have been applied: thermal evaporation [19], chemical vapor deposition (CVD) [20], mechano-chemical preparation [21], sol–gel [22] spray pyrolysis [23], hydrothermal synthesis [24], precipitation [25], etc. Most of the abovementioned conventional procedures are complex, based on the application of toxic reducing and stabilizing agents. In addition, the particles produced by the classical chemical methods tend to form agglomerates. The hydrothermal approach is a simple low-cost method that allows the preparation of nanosized powders, which have a high degree of crystallinity and high chemical activity. In this technique, the morphology of nanoparticles can be controlled by optimizing various reaction conditions [26].

The so-called "green synthesis" of particles, using bio-organisms (plants, algae, and microbes) is a relatively new strategy for the preparation of ZNP and other oxide particles. It is environmentally friendly, has a low cost, and it allows the preparation of stable nano-sized particles. The use of hazardous organic compounds (solvents and stabilizing agents) is avoided. The main constituents in the plants: polyphenols, terpenoids, etc., act as stabilizing and reducing agents. The plant-mediated synthesis of ZnO particles is a complex process. According to Huang et al. [27], it consists of the movement of delocalized pi-electrons in aromatic rings, hydroxyl chelation to Zn ions, oxidation of hydroxyl groups, and reduction of Zn ions. The plant extract plays a capping role in ZnO synthesis, thus preventing agglomeration processes. The use of biological templates changes the final surface properties of ZnO by controlling of the morphology and size. Many parameters influence the particle shape and size: temperature, reaction time, pH, type, and concentration of the both the zinc source and plant [28]. Various plants and exotic fruits have been used in ZnO biosynthesized particles: *Coriandrum sativum* [29], *Garzinia mangostana* [30], *Cannabis sativa* [31], *Brassica oleracea* [32], *Cassia fistula* [33], *Mentha spicata* [34], *Mentha pulegium* [35], etc. *Mentha arvensis* (belongs to the family Lamiaceae) is widely applied in medicine and in pharmaceuticals for the

treatment of infectious diseases due to its antioxidizing and antimicrobial properties, which appear as a result of presence of different organic compounds: terpenoids, flavonoids, etc. Ahmad et al. [36] studied the antimicrobial properties of TiO₂ particles obtained by *Mentha arvensis* extract-mediated synthesis. Another research group used *Mentha arvensis* for synthesis of stable Au nanoparticles [37]. According to the best of our knowledge, studies concerning the photocatalytic properties of ZnO nanoparticles, synthesized with *Mentha arvensis* as a reducing agent, are very scarce. Manuja et al. prepared ZnO for energy applications, by means of *Mentha arvensis* leaves [38]. In the present article, we show the successful application of *Mentha arvensis* leaf extract in the synthesis of ZnO particles, possessing enhanced photocatalytic efficiency. The aim of the present research work is (1) to determine whether *Mentha arvensis*-mediated hydrothermal ZnO powders are efficient photocatalysts for discoloration of water contaminated with Malachite Green (MG dye) and (2) to check whether the application of the plant extract contributes suitable structural and textural characteristics of the photocatalytic properties.

2. Materials and Methods

2.1. Chemicals

Zinc acetate Zn $(CH_3COO)_2 \cdot 2H_2O$ (p.a.; Valerus Ltd., Sofia, Bulgaria) and urea CH_4N_2O (p.a.; Valerus Ltd.) were used as a zinc precursor and precipitating reagent.

2.2. Preparation of Mentha arvensis (MA) Leaf Extract

The *Mentha arvensis* (**MA**) leaves (from a region located in the north of Bulgaria) were washed and left to dry; 12 g of **MA** leaves was ground into powder using a mortar, and the powder was mixed with 230 ml double-distilled water. The mixture was heated at 60 °C for 10 min under continuous magnetic stirring. In order to obtain the final extract, the solution was centrifuged at $4000 \times$ rpm for 20 min, after which the material was filtered by KA2 filter paper (100 pcs, PAPIRNA Perstejn s.r.o., Perstejn, Chech Republic).

2.3. Preparation of Green Synthesized ZnO Particles

Zinc acetate aqueous solution (0.2 M) and urea aqueous solution (0.6 M) were used as the initial precursor solution and precipitating reagent. According to the research work of Mohammadi et al., the highest adsorption of ZnO particles occurs at pH = 8 [39], and for this reason, we adjusted pH of the solution to 8 (using ammonium hydroxide). Zinc precursor solution was poured into beaker, and then the evaluated quantity of the as-prepared extract **MA** was added and stirred at a rate of 200 rpm. The resulting mixture was transferred into an autoclave, and it was maintained at 180 °C. The so-obtained precipitates were washed and dried in an oven, after which they were treated at 170 °C for 3 h. Powders containing 0% **MA**, 10% **MA**, and 20% **MA** are denoted as G0, G1, and G2 respectively. Figure 1a represents the experimental scheme of the *Mentha arvensis* approach for ZnO synthesis.



Figure 1. Experimental scheme of bio-mediated ZnO powder preparation—(**a**); scheme illustrating the reducing/stabilizing role of the *Mentha arvensis* extract—(**b**).

It has been proved that the *Mentha arvensis* extract consists mainly of cellulose (38–42%), hemicellulose (27–30%) and lignin (12–8%) [38]. During the biosynthesis, an interaction between the hydroxyl groups and Zn^{2+} ions leads to the reduction and formation of the zinc complex (Figure 1b). Then, a reaction occurs between the reduced zinc and the dissolved oxygen in the reaction mixture, which leads to conversion into ZnO. The final stage is the nucleation and stabilization of zinc oxide.

2.4. Characterization of the Samples

The phase composition of the samples was investigated by means of X-ray diffraction (XRD) using a Bruker D2 Phaser diffractometer, Karlsruhe, Germany (Cu K α radiation; $\lambda = 0.154056$ nm at 40 kV).

An automated apparatus NOVA Win-CFR Quantachrom-Gas Sorption System, Florida, USA was applied to estimate the pore size distribution (DFT method).

The infrared spectra (4000–400 cm⁻¹ region) were registered using a Thermo Scientific Nicolet iS5 Fourier-transform IR spectrometer (KBr pellets, resolution of 2 cm⁻¹).

Scanning electron microscopy (SEM) micrographs were recorded on a JEOL JEM-200CX at an accelerating voltage of 80 keV. The TEM observations were carried out using a transmission electron microscope, JEOL JEM 1011, at an accelerating voltage of 100 kV. Prior to the TEM measurements, the powders were suspended in ethanol and were then deposited on a carbon replica and evaporated on a copper grid (d = 3 mm). For a better contrast, the grid with the sample was re-coated with porous carbon.

Room-temperature photoluminescence (PL) of powders were performed by means of a Varian Cary Eclipse spectrofluorimeter (excitation wavelength of 325 nm).

In order to obtain information about the chemical composition of the samples, EDX analyses were carried out by means of a Quantax 220 Bruker apparatus.

Electronic paramagnetic resonance spectra (EPR) were recorded at room temperature by a JEOL JES-FA 100 EPR spectrometer operating in the X-band with a standard TE_{011} cylindrical resonator at a modulation frequency of 100 kHz, microwave power of 3 mW, modulation amplitude of 0.2 mT, time constant of 0.1 s, and sweep time of 2 min.

The XPS measurements were carried out on AXIS Supra electron spectrometer (Kratos Analitycal Ltd., AlK α radiation, photon energy of 1486.6 eV) using the commercial dataprocessing software of Kratos Analytical Ltd. The binding energies (BE) were determined with an accuracy of ± 0.1 eV. The chemical compositions in the depth of the films were determined monitoring the areas and binding energies of the C1s, O1s, and Zn2p photoelectron peaks.

2.5. Photocatalytic Activity Tests

The photocatalytic properties were tested using MG as a model pollutant dye (10 ppm dissolved in 150 ml DD water) under polychromatic UV-A illumination ($\lambda_{max} = 365$ nm, BLB lamp of power of 18 W, light intensity of 5×10^{-5} W/cm²). The course of the oxidative discoloration reaction was monitored by a UV–visible absorbance spectrophotometer UV-1600PC (wavelength range 200–800 nm). The samples were left under dark conditions for 30 min, after which the irradiation was switched on to obtain adsorption-desorption equilibrium.

2.6. Recyclability Tests

The recyclability of the biosynthesized samples was estimated by performing three consecutive cycles using the samples that represented the best results. After each cycle, the powder was removed from the dye solution and it was washed with deionized water and dried at 60 $^{\circ}$ C.

3. Results and Discussion

The X-ray diffraction patterns of the reference ZnO sample after treatment at 170 °C showed narrow and sharp diffraction peaks, corresponding to a well-crystallized wurtzite polycrystalline phase (Figure 2: inset).



Figure 2. XRD patterns of bio-mediated samples and the reference sample G0 (inset); **o**-Zinc Hydroxide Carbonate (Hydrozincite) Zn₅(OH)₆(CO₃)₂, PDF 72-1100, Wurtzite-PDF 89-7102.

The plant extract influenced the phase composition of the biosynthesized samples: the powders consisted of wurtzite phase and a small quantity of hydroxide zinc carbonate (Figure 2). The increased concentration of the MA extract resulted in a broadening of the peaks, i.e., it suppressed the crystallization degree (the (101) peak intensity decreased significantly). The hydroxide zinc carbonate phase became almost amorphous. Similar results were obtained by Elumalaia et al. for plant-mediated ZnO, using *V. trifolia* extract [40]. The mean crystallite size (D), lattice strain (ε), and unit cell parameter (a) of the zinc oxide and hydrozincite phases are represented in Table 1.

Sample	Phase	D, nm	$\epsilon imes 10^{-3}$, a.u.	a, Å
G0	Wurtzite	14.8	1.1	3.249
G1	Wurtzite	9.8	4.2	3.257
	Hydrozincite	11.5	3.6	13.714
G2	Wurtzite	8.6 (left)	3.3	3.245
	Hydrozincite	7.6	4.2	13.720

Table 1. Calculated values of the mean crystallite size (D), lattice strain (ε), and unit cell parameter (a) of the wurtzite and hydrozincite crystallographic phases.

These parameters were calculated by the PowderCell 2.4 program [41] and using the Williamson–Hall equation [42], and they are listed in Table 1. The average crystallite size of the wurtzite and hydrozincite phases decreased with increasing amount of the MA plant extract used for the preparation of samples. The mean crystallite size of the ZnO and hydrozincite phases in G2 was smaller than that in sample G1 and reference ZnO (Meron Girma Demissie et al.), proving that the crystallite sizes of the green synthesized ZnO decreased with increasing amount of the plant extract [43]. The higher concentration of the plant extract led to effective stabilizing and capping of the ZnO nanoparticles, thus preventing particle aggregation and the particle growth rate.

Hydroxide Carbonate (Hydrozincite) Zn5(OH)₆(CO₃)₂, PDF 72-1100, Wurtzite-PDF 89-7102.

Figure 3a represents the chrysanthemum-like morphology of the G0 sample, while Figure 3b reveals a plate-like structure in aggregated form—conglomerates of the biomediated particles. Figure 4a represent the TEM of the reference sample, which consists of many aggregated particles with different sizes. When the **MA** extract was added as a reducing agent, the samples were mainly composed of tiny separated particles, which confirms the role of **MA** extract for prevention or retardation of particle agglomeration (Figure 4b). The particle size of the plant-mediated powder G1 in the TEM photograph was about 30 to 100 nm, which is higher than that obtained by Scherrer's equation.



(a)

(b)





(a)



(b)

Figure 4. TEM photographs of G0 (a) and G1 (b) powders.

EDX analyses of all samples were carried out at six different points and revealed a similar elemental composition. Zinc, oxygen, and carbon only without any other elements were registered in the spectrum of the reference samples (Figure 5).



Figure 5. EDX spectrum of the plant-mediated G2 powder and the reference powder (inset); the arrow indicates Au originating from conductive material.

All of the samples had similar pore size distribution curves. The reference ZnO powders exhibited one narrow peak corresponding to micropores (size up to 10 nm) and a broad area peak, corresponding to a small quantity of mesopores within the region of 20 to 50 nm (Figure 6).



Figure 6. Pore size distribution curves of plant-mediated ZnO samples.

The biosynthesized samples exhibited an increased share and size of the pores in comparison to the reference powder, which were responsible for the increased specific area (80 and 140 m²/g for G1 and G2, respectively). The average pore size of G0 was 9.5 nm, while the G1 and G2 powders had pores size 16 nm and 17 nm, respectively.

The IR spectrum of the **MA** extract had a band, located at 1065 cm⁻¹, which could be assigned to the C-O bond from biomolecules [44] (Figure 7). The band at 1634 cm⁻¹ belongs to an aromatic ring [45], while the one at 1573 cm⁻³ corresponds to the N-H bending vibration of amine or amide groups, which could be due to the presence of different phytochemical constituents [36].



Figure 7. Infrared spectra of plant-mediated ZnO samples.

The band at 2960 cm⁻¹ corresponds to asymmetric C-H stretching, while the bands at 2924 cm⁻¹ and 2852 cm⁻¹ correspond to saturated sp³ carbon [46]. In the IR spectra of the particles obtained by us, a difference in the intensity of the bands within the range of 400–1700 cm⁻¹ was observed, as it decreased with the increase in the **MA** extract quantity. All spectra showed broad bands in the region of 466 cm⁻¹, which is characteristic for the formation of the Zn-O bond. At 948 and 707 cm⁻¹, peaks could be attributed to CH₃ bending modes, while the band at 1047 cm⁻¹ corresponds to the carbonate group [47]. The strong peaks at 1402 and 1500 cm⁻¹ belong to carboxylate stretching modes [48]. The shoulder at 1636 cm⁻¹ derived from the **MA** extract was also observed in the spectra of the G1 and G2 samples [46], while the one at 1384 cm⁻¹ corresponds to the C-H group in an aldehyde compound [36].

EPR spectroscopy is an effective technique to identify unpaired electrons so that the surface paramagnetic defects, radicals, cations or clusters are easily detected through EPR signals. The spectrum of the G1 sample consisted of two signals, S1 and S2 (Figure 8). The S1 signal was recorded at g = 1.9534, which is attributed to ionized oxygen vacancy defects (V₀⁺) [49]. The second signal was detected at a g-value of 1.997 (S2). According to literature data, the signal with a g-factor close to the free electron 2.0023 in ZnO refers to singly ionized oxygen vacancies (V₀⁺) defects [50,51].



Figure 8. EPR spectra of plant-mediated ZnO powders.

Other researchers detected a similar peak with g = 2.003, attributed to Zn vacancy [52] or nonaxial negatively charged Zn vacancy complexes [53]. In the spectrum of the G2 sample, the S1 signal disappeared, while a new resonance signal was detected at 322 mT with g = 2.04 (S3). Zhang et al. [51] observed a similar signal in N-implanted ZnO at 324 mT

(g = 2.0025), which was attributed to V_0 - V_{Zn} clusters. Other researchers recorded a signal at g = 2.03, associated with negatively charged zinc vacancy-interstitial zinc (V_{Zn}^- :Zn_i⁰) complexes [53].

In order to investigate the type of atomic-scale defects in the samples, the PL spectra were measured at room temperature using a 325 nm excitation source. Figure 9 illustrates these results and as one can see, the spectra were very similar, with some intensity variations. More specifically, each spectrum exhibited a low-intensity UV near band-edge (NBE) emission at 375 nm and several intensive bands in the visible region. It is well known that the intensity ratio of the NBE to the defect-related visible emission could be taken as an indication of the crystalline quality of the sample [54]. As can be seen, the relatively strong intensity of the visible emission suggests a high degree of defect concentration in the samples. The latter observation is in agreement with the XRD results presented above (see Figure 1). The main peaks in the visible band were located at 425 nm, 514 nm, and 607 nm and correspond to violet, green, and yellow emission, respectively. Based on previous studies, the prevailing violet emission can be attributed to the recombination of an electron in the defect state of zinc interstitials (Zn_i) with a hole in the valence band [55]. The green band at 514 nm is correlated with the recombination of electrons in the ionized oxygen vacancies (V_0) with holes in the valence band [56]. The weak yellow emission (607 nm) seems to involve interstitial oxygen ions (O_i^{-}) present on the surface of the samples [57]. Different origins of visible luminescence in ZnO nanostructures are fabricated by the chemical and evaporation methods.



Figure 9. PL spectra of plant-mediated ZnO powders.

The XPS analysis showed that C, O, and Zn peaks were registered on the surface (Figure 10a).

The O1s peaks were deconvoluted by Lorentzian–Gaussian curve fitting into two components (Figure 10b). The first one at ~530.2 eV was assigned to lattice oxygen in ZnO, and the second one at ~532.2 eV corresponded to hydroxyl groups adsorbed on the surface of the powders.



Figure 10. Cont.



Figure 10. XPS spectrum of the photocatalyst: survey scan: (**a**) deconvoluted O1s peak, (**b**) absorbance spectrum, (**c**) absorbance spectrum with Kubelka–Munk transformation, (**d**) Tauk plot from UV-Vis analysis (**e**) of *Mentha arvensis*-mediated ZnO photocatalyst.

UV-vis diffuse-reflectance spectroscopy (DRS) was applied to determine the band gap energy E_g of **MA**-mediated ZnO powders. The diffuse-reflectance spectra (DRS) were recorded on a Thermo Evolution 300 UV-VIS spectrometer, Waltham, Massachusetts, USA within the wavelength range of 190 nm to 1100 nm. The changes in the form of the bands and in their relative intensity (caused by the mirrors) were taken into account by Kubelka–Munk transformation:

$$F(R) = \frac{(1-R)^2}{2R} = \frac{k}{s}$$
(1)

where **R** is reflectance, **s** is the scattering coefficient, and **k** is the coefficient of molar absorbability [58]. The optical band gap was evaluated using the equation of Tauc:

$$(\alpha hv)^{\frac{1}{n}} = A(hv - E_g) \tag{2}$$

In Equation (2), α is the coefficient of absorbance, **A** is a constant of proportionality, *h* is Planck's constant, and *v* is the frequency of the photon. **E**_g is the optical band gap, and in our case of direct transition, **n** equals $\frac{1}{2}$ [59]. The obtained DRS spectra acquire the form of the Kubelka–Munch's function and therefore the Tauk equation becomes:

$$(hvF(R\infty))^{\frac{1}{n}} = A(hv - E_g)$$
(3)

The extrapolation of the linear section of the graph $(h\nu F(R\infty))^{1/n}$ from $h\nu$ gives the value of the optical width of the energy band gap. The UV-vis absorption spectra of the ZnO powders showed absorption peaks at 336.6 nm for G2 and 341.1 nm for G1 (Figure 10c–e). Figure 10e represents Tauc's types of plots and estimated band gap values. The band gap of the reference ZnO powder was 3.24 eV, while the biosynthesized powders had lower band gap values (2.97 and 2.91 eV for G1 and G2, respectively). This fact is explained by the substitution of some plant chemicals into the ZnO lattice sites [60] or by the presence of defects in the ZnO lattice, which are situated below the conduction band [61].

The photocatalytic properties of the samples were investigated in the reaction of the photocatalytic discoloration of Malachite Green dye as a model contaminant in aqueous solutions (Figure 11a). The values of the calculated pseudo-first-order kinetic apparent rate constants increased in the following order: G0 sample ($k_0 = 4.4 \times 10^{-3} \text{ min}^{-1}$) < G1 ($k_2 = 5.4 \times 10^{-3} \text{ min}^{-1}$) < G2 ($k_2 = 11.8 \times 10^{-3} \text{ min}^{-1}$) for 120 min of UV irradiation. The highest degree of discoloration of the model contaminant dye (74%) was achieved in the presence of the G2 photocatalyst. The samples G0 and G1 exhibited lower discoloration values: 45% and 41%, respectively.

The performed three consecutive photocatalytic activity tests showed that the discoloration degree of the model dye decreased very slightly from the first until the third cycle in the presence of G2 and consequently maintained the photocatalytic efficiency relatively well. The tests are demonstration of the stability of the MA-mediated ZnO powders (Figure 11b). It is well known that the UV light irradiation cause photogeneration of electrical charges, which occurs inside biosynthesized ZnO. (Figure 11c). The first stage is adsorption of the model dye. In our case, it could be supposed that π - π interactions with the aromatic rings belonging to the plant extract occur. The redox reactions on the oxide surface produce effective oxidizing agents such as hydroxyl free radicals (OH⁻) and superoxide ions (O_2^{-}) , which play important roles in the photocatalytic discoloration of the model dye. According to the research work of [62], the photodegradation of MG dye occurs through three reactions: N-demethylation, decomposition of the benzene structure, and cleavage of the conjugated structure. It is known that the dye color is due to delocalization of π electrons of the benzene ring. Photoexcitation causes jumping of π -electrons from the valence band over the band gap to the conduction band, and the delocalization is disrupted. The final stage is mineralization of the organic pollutant [63]. The hydrothermal synthesis enables preparation of low-aggregated zinc oxide particles under mild conditions and easy control of technological parameters. Our previous experiments on ZnO particle synthesis involved the use of urea as a precipitating agent in view of the highest photocatalytic efficiency in the oxidative dye degradation. The use of urea as a precipitating agent ensured homogeneous precipitation, while NaOH led to faster precipitation and a lower surface area. The samples obtained using urea had a higher specific surface area and greater share of mesopores. Only a few studies have reported the preparation of ZnO by hydrothermal treatment of a precipitate, obtained using a plant extract [64]. In the present study, we used the advantages of both: the hydrothermal synthesis and the application of a plant extract as a stabilizing/reducing agent. As a result, highly effective ZnO photocatalysts with a high specific surface area $(80-140 \text{ m}^2/\text{g})$ and larger share of mesopores (pore sizes: 16– 17 nm) were obtained. The higher surface area and pore size ensure better charge diffusion, mass transportation, and a faster reaction rate of discoloration. On the contrary, common green synthesis (with conventional precipitant NaOH) without hydrothermal activation leads to the preparation of particles with a lower specific surface area and smaller pore

sizes [65]. The method proposed by us involves three stages: precipitation by means of the Mentha arvensis extract, hydrothermal treatment, and a final low-temperature treatment to effectively control the texture and morphology, thus ensuring the successful preparation of highly active photocatalysts. Our experimental results have proved that the Mentha arvensismediated ZnO powders exhibit increased photocatalytic efficiency for UV-light irradiation, causing discoloration of the model dye in comparison to that obtained by a non-modified approach. Both the EPR and PL studies have proved convincingly the presence of Zni and V_0 defects. It is likely that ZnO is modified by nitrogen, originating from the precipitant. It was revealed that the N ion implantation can induce a large number of V_{Zn} and V_0 defects [51]. Pei and co-workers [66] reported that the presence of both Zn_i and V_0 in ZnO is beneficial for achieving good transportation and separation of photo-excited charge carriers, thus causing the improvement of the ZnO photocatalytic performance. Hence, our PL and EPR results suggest that the as-prepared samples could be promising candidates for efficient photocatalysts. In addition to the presence of the defects in ZnO, the degree of crystallinity favorably influences the rate of the photocatalytic process. There is great disagreement between studies concerning the role of this structure parameter in the dye photodegradation. The multiple data have revealed that highly crystalline materials are efficient photocatalysts [67], but some researchers have reported that the amorphous or poorly crystallized structure could promote the photocatalytic properties [68,69]. In our case, the best photocatalyst G2 (it exhibited the highest photocatalytic discoloration rate) had a two-phase crystalline structure: poorly crystallized wurtzite and almost amorphous hydrozincite. Guo et al. [70] also revealed that the combination of crystalline and amorphous phases in ZnO/TiO_2 ensured a larger number of active sites, originating from the lattice defects. In addition, the presence of two or more crystalline phases also favors the photocatalytic performance due to the presence of numerous interphase defects. A similar effect was observed for nanoparticles, consisting of mixed TiO_2 phases [71–74]. The morphological (particle shape and size) and textural (specific surface area, pore sizes) features are also responsible for the better electron-hole diffusion, mass transportation, and improved activity of the plant-mediated ZnO powders. The use of the plant extract leads to a decrease in the crystallite size (proved by the XRD), which is responsible for the higher specific area. Other researchers have also proved that the enhanced photocatalytic ability of ZnO NPs, prepared via *Hibiscus sabdariffa* extract, is favored by the smaller crystallite size [75]. The plant extract yields plate-like morphology and well-defined mesoporous structure with the greatest share of mesopores in comparison with the reference sample. The larger number of mesopores ensures more active sites and facilitates the diffusion of large reactant molecules [74]. Microscopic observations have confirmed that application of MA leads to more effective particle separation, probably due to the presence of long-chain phytochemicals [76].

The results obtained in the present study have proved the positive role of **MA** extract as a reducing/capping agent in the control over all of the above-mentioned factors, responsible for the increased photocatalytic efficiency of plant-mediated ZnO powders. We hope that the newly obtained zinc-containing composite material, possessing a bi-phase structure, can find applications not only in the field of photocatalytic processes, but also in some other fields of solid-state materials chemistry.



Figure 11. Cont.





4. Conclusions

It has been established that the application of **MA** extract in the bio-hydrothermal synthesis of ZnO particles induced a series of beneficial physicochemical effects: decrease in the crystallite size, increased share of mesopores, formation of a two-phase (hydrozincite and wurtzite) crystalline structure, smaller band gap value, and formation of lattice defects (Zn_i and V_0). All of these effects determined the improved photocatalytic efficiency for discoloration of Malachite Green dye under UV light.

The best *Mentha arvensis*-modified ZnO sample exhibited a 74% discoloration degree of the Malachite Green model contaminant dye for 120 min under UV light. The reusability, monitored in three consecutive tests, proved the stability of the best **MA**-mediated ZnO. The applied simple and non-toxic approach for the preparation of stable and effective ZnO powders enables possibilities for a wide scope of applications.

In addition, the green-synthesized particles with modified structure and morphological features could be used for the preparation of a zinc precursor solution for obtaining ZnO nanoparticles or ZnO-based nanocontainers with an inhibitor serving as an effective anticorrosion layer on steel. The dependence between the plant extract content and the physicochemical features of the green synthesized particles can be used as a means for the fine tuning of their final properties. This would allow us to widen the practical application of ZnO not only as a photocatalyst but also in other areas related to the protection of the environment, human health, and enhanced corrosion resistance of different industrial and civil structures.

Author Contributions: Conceptualization, D.S., I.S. and V.B.; methodology, D.S., I.S., P.G., K.Z. and V.B.; formal analysis M.S., R.M., O.D., P.M., V.D., Y.K., G.T., investigation M.S., R.M., O.D., P.M., V.D., Y.K., G.T., K.Z.; writing—original draft preparation; writing—review and editing: D.S., I.S., N.B. (Nelly Boshkova), N.B. (Nikolai Boshkov) and V.B.; visualization.; R.M., O.D., P.M., G.T., K.Z., D.S. and I.S. All authors have read and agreed to the published version of the manuscript.

Funding: National Science Fund, Bulgaria, KP-06-N37/16 (KΠ-06-H37/16) "New environmentally friendly one- and multi-layer coatings for corrosion protection of structural materials with wide application".

Acknowledgments: The authors express their gratitude for the Project with the National Science Fund, Bulgaria, KP-06-N37/16 (KΠ-06-H37/16) "New environmentally friendly one- and multi-layer coatings for corrosion protection of structural materials with wide application" for the financial support to realize these investigations.

Conflicts of Interest: The authors declare no conflict of interest.

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