Influence of Non-Uniform Rail Loads on the Rotation of Railway Sleepers

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Abstract: This article presents an innovative, two-stage railway track model, which takes into consideration the rotation of railway sleepers due to non-uniform loads on rails. Examples of determining the dynamic response of the railway track are provided. The calculations were performed for a curve, in which non-uniform loads on rails result from the distribution of vertical loads at different train speeds. The analysis was performed using a variable moment of inertia of a sleeper.

Keywords: displacement; sleeper rotation effect; non-uniform rail load; dynamic response of railway track in vertical plane

1. Introduction

The issue of railway mechanics is the subject of many studies, both regarding modelling and model analysis and experimental works in laboratory and operational conditions [1]. There are also theoretical and experimental studies being conducted that are related to the identification of railway track parameters that allow for improving the applied calculation models [2]. In the first models related to railways, analyses focused on a beam on an elastic foundation with static and dynamic loads (see, e.g., [3]). Apart from that, simplified models with focused parameters were analysed. Examples of such analyses are also the works conducted in the second half of the 20th century, e.g., [4,5]. These models, despite many simplifications, allowed for obtaining interesting results, introducing a substitute unevenness at the point of contact of the wheel and the rail, taking into account both the geometrical imperfections of the rolling surface of the rail head and the mechanical imperfections resulting from the uneven support of sleepers in the ballast. These studies allowed to expand the knowledge base in the scope of interaction between the vehicle and the track, also taking into consideration the stochastic nature of substitute unevenness and the relationship between interactions and train speeds.

Most of the works related to railway dynamics deal with the development of the concept of a beam on an elastic foundation. A broad review of these works was presented, e.g., [5,6]. Generalisations were applied in relation to introducing an axial force in rails [7,8]; a mobile load; and, first, one oscillating force, e.g., [9,10], and then multiple forces, e.g., [11].

Other generalisations concern the analysis of two layers (rail as a beam and sleeper layer)—see, e.g., [11,12]—as well as a multi-layer structure, e.g., [13–15]. Also, the problem of a critical load speed [4,9,11,16–19] and the stochastic properties of a rail foundation, e.g., [20], were analysed. Apart from linear models, cases of the unevenness of the rail foundation were also analysed, e.g., [1,10]. In the featured works, the rail was modelled as the Euler–Bernoulli beam; the analysis of the Timoshenko beam was presented, e.g., in [6,20]. Various methods were employed to analytically solve the problem of a variable mobile force. The basic method is to use the Fourier transform, e.g., [9,16], also with the application of wavelet approximation [13,19,20]. The described solutions and load functions in the form of Fourier series in a definite but sufficiently long range were applied...
successfully in [5] and specifically in [11], where the good consistency of the calculation results with the results of experimental tests was revealed. Examples of numerical analyses of the problem of a dynamic response and their experimental verifications were presented, e.g., in works [14,15,21].

This paper deals with a significant generalisation of the analysis presented in paper [11]. This generalisation consists of introducing sleeper rotations as stiffblocks in a multi-layer structure. Sleeper rotation is the result of uneven loads on rails, taking place specifically in curves.

Basic Assumptions

- A linear, two-layer track model in the vertical plane was analysed;
- The load of both rails $q_1$ and $q_2$ for any moment in time $t$ and $x$ coordinate can be presented as a sum of two elements: average load $q_{av}$ (symmetric) and antisymmetric $\Delta q$, i.e., (Figure 1):

$$q_{av}(x,t) = \frac{q_1(x,t)+q_2(x,t)}{2}$$
$$\Delta q(x,t) = q_1(x,t) - q_2(x,t) = -[q_1(x,t) - q_2(x,t)]$$

- The rails are modelled as Euler–Bernoulli beams and sleepers as stiffblocks, and fastening systems and a sleeper bed are treated as viscoelastic bonds (Figure 2);
- The assumption is that the distribution of the sleeper mass along its axis is symmetric in relation to the centre of mass, and its rotations in relation to the centre of mass are small, i.e., the vertical displacement of the sleeper under the rail can be presented as a product of the rotation angle $\alpha$ and the distance between the cross-section directly under the rail from the sleeper’s centre of mass $b$ (Figure 1).

Figure 1. Division of rail load into symmetric and antisymmetric components.
2. Movement Equations and Their Solutions

2.1. Solution for Time-Invariable Forces

With the adopted assumptions, two systems of movement equations are formed:

- For the symmetric load:

  \[
  EI \frac{\partial^4 y_{pa}}{\partial x^4} + N_t \frac{\partial^2 y_{pa}}{\partial x^2} + m_r \frac{\partial^2 y_{pa}}{\partial t^2} + c_r \left( \frac{\partial y_{pa}}{\partial t} - \frac{\partial y_{pa}}{\partial t} \right) + k_r (y_{ra} - y_{pa}) = q_{av}(x, t) 
  \]

- For the antisymmetric load:

  \[
  EI \frac{\partial^4 y_{pa}}{\partial x^4} + N_t \frac{\partial^2 y_{pa}}{\partial x^2} + m_r \frac{\partial^2 y_{pa}}{\partial t^2} + c_r \left( \frac{\partial y_{pa}}{\partial t} - b \frac{\partial \phi}{\partial t} \right) + k_r (y_{ra} - b \phi) = \Delta q(x, t) 
  \]

where

- \( y_{ra} \) —the rail displacement with an antisymmetric load (opposite signs for both rails) [m];
- \( I_p \) —the moment of inertia for individual sleepers (\( I_p = I_s / l_s \), where \( I_s \) —the moment of inertia of a sleeper [kgm^2], and \( l_s \) —the sleeper axis spacing along the track [m]);
- Other symbols: as in Figures 1 and 2.

The solutions for both load cases will be the sums of the solutions for the forces that are constant (non-oscillating—load symbol \( q_n \)) and time-variable (load symbol \( q_o \)). In a mobile coordinate system \( (y, \xi, x - vt) \), where \( v \) —the constant train speed, the system of Equation (2) takes the following form for a system of non-time-variable forces:
vehicle has the form of a Gaussian function, i.e., in the form of a Fourier series in $[0, \lambda]$ as follows:

$$EI \frac{d^4 y}{dz^4} + (N_k + m_r v^2) \frac{d^2 y}{dz^2} - c_r v \frac{dy}{dz} + k_r y_{ra} + c_r v \frac{dy_{pa}}{dz} - k_r y_{pa} = q^m_{av} (\xi)$$

$$m_r v^2 \frac{d^2 y_{pa}}{dz^2} - c_r v \frac{dy_{pa}}{dz} + k_p y_{pa} + c_r v \frac{dy_{pa}}{dz} - k_r y_{pa} + k_r y_{pa} = 0$$

When marking the vertical displacement of a sleeper under the rail with an antisymmetric load with $y_{p\Delta} = \varphi b$, the system of Equation (3)—in a mobile coordinate system with a non-oscillating load—assumes the following form:

$$EI \frac{d^4 y_{p\Delta}}{dz^4} + (N_k + m_r v^2) \frac{d^2 y_{p\Delta}}{dz^2} - c_r v \frac{dy_{p\Delta}}{dz} + k_r y_{ra} + c_r v \frac{dy_{p\Delta}}{dz} - k_r y_{p\Delta} = \Delta q^m (\xi)$$

$$I_p \frac{v^2}{b^2} \frac{d^2 y_{p\Delta}}{dz^2} - c_r v \frac{dy_{p\Delta}}{dz} + k_p y_{p\Delta} + c_r v \frac{dy_{p\Delta}}{dz} - k_r y_{p\Delta} = 0$$

It is assumed that the load in Equation (4) is distributed throughout the length of the rail. Another assumption is that the function of the load distribution for every wheel of a vehicle has the form of a Gaussian function, i.e.,

$$\rho (\xi) = \frac{Q}{\sigma \cdot \sqrt{2\pi}} e^{-\frac{(\xi - \lambda)^2}{2\sigma^2}} ; \xi \in [0, \lambda]; k = 1, \ldots, N$$

where

- $Q$—the static wheel load [N];
- $\sigma$—the distribution parameter (its value should allow for the distribution of the load of a single wheel in the rail axis to correspond to the real distribution) [m];
- $l_k$—the position of the wheel in relation to coordinate $\xi = 0$ [m];
- $\lambda$—the assumed span of distribution (outside the $[0, \lambda]$ interval, function $\rho$ practically equals 0);
- $N$—the number of analysed wheels of a vehicle.

Load functions are now transformed into Fourier series. The series factors, in a general case, i.e., with constant $a_0$, cosine components $a_i$, and sine components $b_i$, have the following form:

$$a_0 = \frac{NQ}{\lambda},$$

$$a_i = \frac{2Q}{\lambda} \cdot e^{-\frac{2\pi^2 c_i^2}{\lambda^2}} \cdot \left( \sum_{k=1}^{N} \cos \frac{2\pi l_k}{\lambda} \right),$$

$$b_i = \frac{2Q}{\lambda} \cdot e^{-\frac{2\pi^2 c_i^2}{\lambda^2}} \cdot \left( \sum_{k=1}^{N} \sin \frac{2\pi l_k}{\lambda} \right).$$

Therefore, the load on the right side of the first equation in system (4) can be formulated as follows:

$$q^m_{av} (\xi) = \frac{a_0}{2} + \sum_{i=1}^{\infty} (a_i \cdot \cos \Omega_i \xi + b_i \cdot \sin \Omega_i \xi);$$

$$\xi \in [0, \lambda]; \Omega_i = \frac{2\pi i}{\lambda}.$$  

It is assumed that the vertical displacements of the rail and sleeper can be presented in the form of a Fourier series in $[0, \lambda]$, i.e.,

$$y_{ra} (\xi) = \frac{y_{ra 0}}{2} + \sum_{i=1}^{\infty} (A_i \cdot \cos \Omega_i \xi + B_i \cdot \sin \Omega_i \xi);$$

$$y_{pa} (\xi) = \frac{y_{pa 0}}{2} + \sum_{i=1}^{\infty} (C_i \cdot \cos \Omega_i \xi + D_i \cdot \sin \Omega_i \xi);$$

$$\xi \in [0, \lambda]; \Omega_i = \frac{2\pi i}{\lambda}.$$
whereas the constants in Equation (9) are determined by the following formulas:

\[
A_i \left[ EI \Omega_i^4 - (N_i + m_i v^2) \Omega_i^2 + k_r \right] + B_i [-c_i v \Omega_i] + C_i [-k_r] + D_i [c_i v \Omega_i] = a_i
\]

\[
A_i [c_i v \Omega_i] + B_i \left[ EI \Omega_i^4 - (N_i + m_i v^2) \Omega_i^2 + k_r \right] + C_i [-c_i v \Omega_i] + D_i [-k_r] = b_i
\]

\[
A_i [-k_r] + B_i [c_i v \Omega_i] + C_i \left[ k_r + k_p - m_p v^2 \Omega_i^2 \right] + D_i \left[ - (c_r + c_p) v \Omega_i \right] = 0
\]

\[
A_i [-c_i v \Omega_i] + B_i [-k_r] + C_i \left[ (c_r + c_p) v \Omega_i \right] + D_i \left[ k_r + k_p - m_p v^2 \Omega_i^2 \right] = 0
\]

whereas the constants in Equation (9) are determined by the following formulas:

\[
y_{r0} = a_0 \left( \frac{1}{k_r} + \frac{1}{k_p} \right)
\]

\[
y_{p0} = \frac{b_0}{k_p}
\]

The same method is used in the antisymmetric form of rail and sleeper vibrations with a time-invariable load. If we express the load in Equation (5) as a Fourier series, in the same interval \([0, \lambda]\) as before (factors: \(c_0\)—constant, \(c_i\)—the amplitude of the cosine components, and \(d_i\)—the amplitude of the sine components):

\[
\Delta^v q(\xi) = \frac{c_0}{2} + \sum_{i=1}^{\infty} \left( c_i \cdot \cos \Omega_i \xi + d_i \cdot \sin \Omega_i \xi \right);
\]

\[
\xi \in [0, \lambda]; \Omega_i = \frac{2 \pi i}{A}
\]

and also expressing the searched-for functions of rail vibrations in the form of a Fourier series in the same interval \([0, \lambda]\), i.e.,

\[
y_{rA}(\xi) = \frac{y_{r0}}{2} + \sum_{i=1}^{\infty} \left( E_i \cdot \cos \Omega_i \xi + F_i \cdot \sin \Omega_i \xi \right);
\]

\[
y_{pA}(\xi) = \frac{y_{p0}}{2} + \sum_{i=1}^{\infty} \left( G_i \cdot \cos \Omega_i \xi + H_i \sin \Omega_i \xi \right);
\]

\[
\xi \in [0, \lambda]; \Omega_i = \frac{2 \pi i}{A}
\]

the formulas necessary to solve the problem are obtained.

Differentiating Equation (13) and substituting the obtained relationships with Equation (12) in Equation (5), the algebraic equations system with unknowns \(E_i, F_i, G_i, H_i\) is obtained:

\[
E_i \left[ EI \Omega_i^4 - (N_i + m_i v^2) \Omega_i^2 + k_r \right] + F_i [-c_i v \Omega_i] + G_i [-k_r] + H_i [c_i v \Omega_i] = c_i
\]

\[
E_i [c_i v \Omega_i] + F_i \left[ EI \Omega_i^4 - (N_i + m_i v^2) \Omega_i^2 + k_r \right] + G_i [-c_i v \Omega_i] + H_i [-k_r] = d_i
\]

\[
E_i [-k_r] + F_i [c_i v \Omega_i] + G_i \left[ k_r + k_p - I_p \frac{v^2}{\Omega_i^2} \right] + H_i \left[ -(c_r + c_p) v \Omega_i \right] = 0
\]

\[
E_i [-c_i v \Omega_i] + F_i [-k_r] + G_i \left[ (c_r + c_p) v \Omega_i \right] + H_i \left[ (k_r + k_p) - I_p \frac{v^2}{\Omega_i^2} \right] = 0
\]

and the constants in Equation (13) are determined by the following formulas:

\[
y_{rA0} = c_0 \left( \frac{1}{k_r} + \frac{1}{k_p} \right)
\]

\[
y_{pA0} = \frac{d_0}{k_p}
\]
2.2. Solution for Oscillating Forces

Thus, a set of equations necessary to determine the response of the system with load by time-invariable forces has been obtained. In the case of oscillating forces with the provided wheel frequency $\omega$ in a mobile coordinate system, Equation (2) describing the system vibrations with a symmetric load, are expressed in the form of a Fourier series in the interval $[0, \lambda]:$

$$\text{where } \lambda$$

The load in the first equation of system (16) can be formulated as follows:

$$q_{avc}(\xi, t) = q_{avc}(\xi) \cdot \cos \omega t + q_{avs}(\xi) \cdot \sin \omega t$$  \hspace{1cm} (17)

where $q_{avc}$ and $q_{avs}$ are the cosine and sine components of the symmetric load.

The following form \[16\] is used to obtain the stationary solution of system (16):

$$y_{ra}(\xi, t) = Y_{rac}(\xi) \cdot \cos \omega t + Y_{ras}(\xi) \cdot \sin \omega t$$  \hspace{1cm} (18)

$$y_{pa}(\xi, t) = Y_{pac}(\xi) \cdot \cos \omega t + Y_{pas}(\xi) \cdot \sin \omega t$$

When differentiating Equation (18), taking into consideration relationships (17), system (16) has the form of a system of four ordinary equations taking into consideration the cosine and sine components of the solutions of the following system:

$$L_1(Y_{rac}, Y_{rass}, Y_{pac}, Y_{pas}, P) \cdot \cos \omega t = q_{avc} \cdot \cos \omega t$$

$$L_2(Y_{rac}, Y_{rass}, Y_{pac}, Y_{pas}, P) \cdot \sin \omega t = q_{avs} \cdot \sin \omega t$$  \hspace{1cm} (19)

where $L_1$—$L_4$—the linear operators $Y_{rac}, Y_{rass}, Y_{pac},$ and $Y_{pas}$ of the functions and their derivatives; $P$—the vector of the model parameters ($EI, m_r, k_r$, etc., see Figure 2). For example, operator $L_1$ has the following form:

$$L_1 = EI \frac{d^4 Y_{rac}}{dt^4} - m_r \omega^2 Y_{rac} - 2m_r \omega^2 \frac{d^2 Y_{rass}}{dt^2} + (N_l + m_r \omega^2) \frac{d^2 Y_{rac}}{dt^2} + c_r \omega Y_{ras} - c_r \frac{d^2 Y_{rac}}{dt^2} -$$

$$- c_r \omega Y_{pas} + c_r \frac{d^2 Y_{rass}}{dt^2} + k_r Y_{rac} - k_r Y_{pac}$$  \hspace{1cm} (20)

To solve system (19), the same method as before is adopted, i.e., both the cosine and sine components of loads $q_{avc}$ and $q_{avs}$, as well as the unknown functions $Y_{rac}, Y_{rass}, Y_{pac},$ and $Y_{pas}$ describing the vibrations of the rail and the sleeper with a symmetric time-variable load, are expressed in the form of a Fourier series in the interval $[0, \lambda]$: 
\[ q_{q_{loc}}(\xi) = \frac{a}{2} + \sum_{i=1}^{\infty} \left( a_i \cdot \cos \Omega_i \xi + b_i \cdot \sin \Omega_i \xi \right); \]
\[ q_{\text{ave}}(\xi) = \frac{c}{2} + \sum_{i=1}^{\infty} \left( c_i \cdot \cos \Omega_i \xi + d_i \cdot \sin \Omega_i \xi \right); \]
\[ Y_{\text{loc}}(\xi) = \frac{Y_{\text{ave}}}{2} + \sum_{i=1}^{\infty} \left( A_i \cdot \cos \Omega_i \xi + B_i \cdot \sin \Omega_i \xi \right); \]
\[ Y_{\text{ave}}(\xi) = \frac{Y_{\text{ave}}}{2} + \sum_{i=1}^{\infty} \left( C_i \cdot \cos \Omega_i \xi + D_i \cdot \sin \Omega_i \xi \right); \]
\[ Y_{\text{ave}}(\xi) = \frac{Y_{\text{ave}}}{2} + \sum_{i=1}^{\infty} \left( E_i \cdot \cos \Omega_i \xi + F_i \cdot \sin \Omega_i \xi \right); \]
\[ Y_{\text{ave}}(\xi) = \frac{Y_{\text{ave}}}{2} + \sum_{i=1}^{\infty} \left( G_i \cdot \cos \Omega_i \xi + H_i \cdot \sin \Omega_i \xi \right); \]
\[ \xi \in [0, \lambda]; \Omega_i = \frac{2\pi}{L} \]

where—not to unnecessarily increase the number of symbols—the same symbols as in the case of the time-invariable load were used (i.e., \( a_0, a_1, \ldots \) and then \( A_i, B_i, \ldots \)). These values are of course different than the ones used previously in Formulas (8), (9), (12) and (13).

When differentiating relationships (22) and substituting them into (20), after reorganisation, a system of algebraic equations with unknown factors \( A_1-H_1 \) is obtained:

\[
\begin{align*}
A_1 \cdot P_1 + B_1 \cdot (-P_2) + C_1 \cdot P_3 + D_1 \cdot (-P_4) + E_1 \cdot P_5 + F_1 \cdot P_2 + G_1 \cdot (-P_3) + H_1 \cdot P_6 &= a_i \\
A_2 \cdot P_1 + B_1 \cdot P_4 + C_1 \cdot P_3 + D_1 \cdot (P_2) + E_1 \cdot (P_5) + F_1 \cdot P_2 + G_1 \cdot (P_3) + H_1 \cdot (P_6) &= b_i \\
A_3 \cdot (-P_3) + B_1 \cdot P_4 + C_1 \cdot P_1 + D_1 \cdot (-P_2) + E_1 \cdot P_3 + F_1 \cdot P_6 + G_1 \cdot (P_3) + H_1 \cdot P_2 &= c_i \\
A_4 \cdot (-P_4) + B_1 \cdot (P_3) + C_1 \cdot P_2 + D_1 \cdot P_1 + E_1 \cdot P_6 + F_1 \cdot P_3 + G_1 \cdot (-P_2) + H_1 \cdot (P_3) &= d_i \\
A_5 \cdot (-P_5) + B_1 \cdot P_2 + C_1 \cdot (-P_3) + D_1 \cdot P_6 + E_1 \cdot P_7 + F_1 \cdot (-P_3) + G_1 \cdot P_3 + H_1 \cdot (P_10) &= 0 \\
A_6 \cdot (-P_2) + B_1 \cdot (-P_5) + C_1 \cdot P_0 + D_1 \cdot (P_3) + E_1 \cdot P_8 + F_1 \cdot P_7 + G_1 \cdot P_{10} + H_1 \cdot P_3 &= 0 \\
A_7 \cdot P_3 + B_1 \cdot P_6 + C_1 \cdot (-P_5) + D_1 \cdot P_2 + E_1 \cdot (-P_9) + F_1 \cdot P_{10} + G_1 \cdot P_7 + H_1 \cdot (-P_8) &= 0 \\
A_8 \cdot P_6 + B_1 \cdot P_3 + C_1 \cdot (-P_2) + D_1 \cdot (-P_5) + E_1 \cdot (-P_{10}) + F_1 \cdot (-P_9) + G_1 \cdot P_8 + H_1 \cdot P_7 &= 0
\end{align*}
\]

where

\[
\begin{align*}
P_1 &= EI\Omega_i^4 - m_r\alpha^2 - (N_i + m_rv^2)\Omega_i^2 + k_r \\
P_2 &= c_r v\Omega_i \\
P_3 &= c_r \omega \\
P_4 &= 2m_r v \omega \Omega_i \\
P_5 &= k_r \\
P_6 &= 0 \\
P_7 &= -m_p \omega^2 - m_p v^2 \Omega_i^2 + k_r + k_p \\
P_8 &= (c_r + c_p)v\Omega_i \\
P_9 &= (c_r + c_p)\omega \\
P_{10} &= 2m_p v \omega \Omega_i
\end{align*}
\]
The constants present in the relationships (21) are determined from the system of equations:

\[
Y_{r01} \cdot (k_r - m_r \omega^2) + Y_{r02}(c_r \omega) + Y_{p01}(-k_r) + Y_{p02}(-c_r \omega) = a_0
\]

\[
Y_{r01} \cdot (-c_r \omega^2) + Y_{r02}(k_r - m_r \omega^2) + Y_{p01}(c_r \omega) + Y_{p02}(-k_r) = c_0
\]

\[
Y_{r01} \cdot (-k_r) + Y_{r02}(-c_r \omega) + Y_{p01}(k_r + k_p - m_p \omega^2) + Y_{p02}(c_r \omega + c_p \omega) = 0
\]

\[
Y_{r01} \cdot (c_r \omega) + Y_{r02}(-k_r) + Y_{p01}(-c_r \omega) + Y_{p02}(k_r + k_p - m_p \omega^2) = 0
\]

(24)

In reference to the antisymmetric load with a time-variable (oscillating) load, it is easy to notice that with the following substitution:

\[
q_{av}^o (\xi, t) := \Delta q^o (\xi, t);
\]

\[
y_{ra} = y_{r\Delta}^1;
\]

\[
y_{pa} = y_{p\Delta}^2;
\]

\[
m_p = \frac{l_p}{\pi}
\]

an equation is obtained, which—from the point of view of its structure—is identical to (16). Therefore, both the method of solving and the obtained formulas, with the substitution of (25), will be identical in reference to Formulas (21) and (22), in which the symbols of the functions describing the spatial constants and the cosine and sine components of the bending curve and the load curve should be changed (the “a” index should be changed to “Δ” in the components of the rail and sleeper displacement and the “av” index to “Δ” in the case of load components).

2.3. Solution for Track Response as a Two-Layer Structure

The method of solving the track response as a two-layer structure, with an uneven rail load and the assumption of sleeper rotation as stiffblocks, is as follows:

1. For the given functions of rails loads \( q_1 \) and \( q_2 \), determine the symmetric \( q_{av} \) and antisymmetric \( \Delta q \) components of the load according to Formula (1).
2. Isolate from every form of the load a time-invariable component and a time-variable component, i.e.,

\[
q_{av} = q_{av}^p + q_{av}^o
\]

\[
\Delta q = \Delta q^p + \Delta q^o
\]

(26)

3. Using symbol \( y_{r1} \) for the rail displacement for which the quasi-static load (time-invariable) is greater than for the other rail, which will be designated as \( y_{r2} \), respectively, the sleeper displacement under both rails, \( y_{p1} \) and \( y_{p2} \), determine them, using Formulas (8)–(15):

\[
y_{r1}(q_{av}^p) = y_{ra}(q_{av}^p) + y_{r\Delta}(\Delta q^p);
\]

\[
y_{r2}(q_{av}^p) = y_{ra}(q_{av}^p) - y_{r\Delta}(\Delta q^p);
\]

\[
y_{p1}(q_{av}^o) = y_{pa}(q_{av}^o) + y_{p\Delta}(\Delta q^o);
\]

\[
y_{p2}(q_{av}^o) = y_{pa}(q_{av}^o) - y_{p\Delta}(\Delta q^o)
\]

(27)

4. Using Formulas (17)–(24), determine the rail displacement and sleeper displacement for the time-variable load \( q^o \) (oscillating with a given frequency \( \omega \)):
5. If a variable load is polyharmonic (more than one frequency $\omega$), the calculations expressed with Formula (27) should be repeated as many times for as many harmonic components of time-variable force there are.

6. The total rail displacements and total sleeper displacements are a sum of these displacements resulting from the constant load (Formula (27)) and variable load (Formula (26)), whereas—in the case of a polyharmonic load, where there are $m$ harmonic components—Formula (28) should be applied $m$ times, and the results should be added.

### 3. Calculation Examples

The calculations of the track response according to the adopted model were performed using Mathcad Prime 3.1 software. The calculations for the time-invariable load and the calculations for the time-variable load were performed separately. The obtained results for both rails (with higher and lower loads) and sleepers (with higher and lower loads) were added in MS Excel 2021 software, and the results were presented in graphic form.

#### 3.1. Introductory Notes

A simplified model of vehicle movement in a curve was analysed (Figure 3, based on [22]). The simplification is based on the fact that we treated the vehicle as a stiff element, and, additionally, the rotation resulting from the deformation of the suspension springs was ignored. The reactions transferred through the vehicle wheels to both rails constituted—for a given value of the cant $h$, curve radius $R$, centre of mass position in relation to the rail heads $h_c$, and the vehicle speed $v$—constant rail loads different for both rails (symbols in Figure 3, $P_z$ and $P_w$).

![Figure 3. Vehicle movement as a stiff element in a curve [22]. Symbols used: $m$—vehicle mass [kg]; $g$—standard gravity [m/s$^2$]; $v$—train speed [m/s]; $R$—curve radius [m]; $h_c$—vehicle centre of mass position over rail head [m]; $h$—track cant [m]; $s$—track width (rail gauge) [m].](image-url)
The vertical reactions $P_z$ and $P_w$ and a horizontal reaction $H_z$ were determined using system equilibrium equations. These are expressed by the following formulas:

$$H_z = m \frac{v^2}{R} \cos \alpha - mg \sin \alpha$$

$$P_z = m \cdot g \cdot \left[ \frac{1}{2} \sin \alpha - \frac{h_c}{s} \cos \alpha \right] + \frac{v^2}{R} \cdot \left( \frac{1}{2} \sin \alpha + \frac{h_c}{s} \cos \alpha \right)$$

$$P_w = m \cdot g \cdot \left[ \frac{1}{2} \cos \alpha + \frac{h_c}{s} \sin \alpha \right] + \frac{v^2}{R} \cdot \left( \frac{1}{2} \sin \alpha - \frac{h_c}{s} \cos \alpha \right)$$

$$H_z = m \cdot \frac{v^2}{R} \cdot \cos \alpha - mg \cdot \sin \alpha$$

(29)

The trigonometric functions present in the formulas were determined from the following geometrical relationships:

$$\sin \alpha = \frac{h}{s}, \cos \alpha = \frac{b}{s}, h^2 + b^2 = s^2, b = \sqrt{s^2 - h^2}, \cos \alpha = \frac{1}{\sqrt{1 - \left( \frac{h}{b} \right)^2}}$$

(30)

In reference to the time-variable load—for the given vehicle axis configuration—multiple instances of geometrical unevenness of the rail were assumed. It was assumed—similarly to article [11]—that rail vibrations are driven by forces resulting from vertical displacements of the wheel along the unevenness for the given stiffness of the wheel–rail contact. This means that the force amplitude will be equal to the amplitude of the unevenness $r_0$ multiplied by the stiffness of the contact between the wheel and rail $k_c$, while the frequency of force changes will be based on the length of the wave of the unevenness $L_r$ and the given train speed $v$. If a single wave of unevenness described by the equation:

$$r(x) = r_0 \cos \frac{2\pi x}{L_r}$$

(31)

is analysed, the driving force for the first wheel of the vehicle will have the following form:

$$P(t) = r_0 \cdot k_c \cos \frac{2\pi vt}{L_s} = \Delta P \cdot \cos \omega t$$

(32)

where $\Delta P = r_0 k_c$, $\omega = \frac{2\pi v}{L_r}$.

The driving force for the following wheels will depend on the configuration of the train axles in reference to the given length $L_r$, which has been described in article [11].

3.2. Adopted Parameters

During the analyses, basic parameters were adopted for the track built, respectively, of the following:

- A 60 E1 rail, as the Euler–Bernoulli beam: $E = 2.1 \times 10^8$ N/m², $I = 3055 \times 10^{-8}$ m⁴, $m_r = 60$ kg.
- PS94 concrete sleepers, as stiffblocks: $A = 0.68/2$ m², $m_p = 267$ kg/m.
- An elastic fastening system with elastic-dampening parameters (rail–sleeper bonds): $k_r = 9.1 \times 10^7$ N/m, $c_r = 3950$ Ns/m.
- The foundation under the sleepers with elastic-dampening parameters (sleeper–foundation bonds): $k_p = 8.8 \times 10^7$ N/m², $c_p = 49,000$ Ns/m².
- A variable parameter of the train speed $v$ (force system) was adopted, which was changing from 0 km/h to 400 km/h, leading to a change in the wheel loads on the internal and external rails (higher and lower loads) with the given constant curve radius $R = 5580$ m, cant $h_p = 100$ mm, and wheel load on the axis $Q = 160$ kN. The values of the forces influencing the internal track $P_w$ (with lower load) and the external track $P_z$ (with higher load) were calculated with Formula (29), and they are, respectively,
$P_w = 64.1 \text{kN}$ and $P_z = 94.4 \text{kN}$. Examples of the calculations for the rails and sleepers for the speed $v = 170 \text{ km/h}$ are presented in the following chapters.

After determining the forces, the axle spacing corresponding to the actual spacing of the middle bogies EMU 250 Pendolino (Alstom, Warsaw, Poland) was assumed. Additionally, 8-m sections (the distance for which the track response is different than 0; 25.9 m in total) as well as the number of terms of the Fourier series expansion $n = 3000$ were adopted.

When describing the time-variable load, it was assumed, in accordance with [22], that the loading forces originate from the contact of the wheel and rail, which can be expressed with the formula $\Delta P = s_0 \times k_c$, where $s_0$—the displacement from the unevenness equal to 1 [$\mu\text{m}$] and $k_c$—the stiffness of the wheel–rail contact equal to $1.1 \times 10^6$ [$\text{kN/m}$]. The unevenness $s_0$ was assumed to be the rail bending between sleepers, where the unevenness length $L_s$ is equal to the sleeper spacing, which in this case is 0.6 m.

### 3.3. Example of Determining Rail and Sleeper Displacements with Time-Invariable Load

Figure 4 presents the bending of the rails and sleepers for the symmetric component of the time-invariable load for the speed $v = 170 \text{ km/h}$. The obtained graph of the rail and sleeper bending is, as assumed, symmetric. The ends of the graph equal 0, which also confirms the assumptions.

![Figure 4](image-url)

**Figure 4.** Bending of rails and sleepers for symmetric component of time-invariable load for $v = 170 \text{ km/h}$.

Figure 5 presents the bending of the rails and sleepers for the antisymmetric component of the time-invariable load for the speed $v = 170 \text{ km/h}$. For this purpose, it was necessary to determine the moment of inertia of a sleeper distributed over one running metre of track in relation to its middle axis. This parameter was obtained by dividing the sleeper into slices of 0.005 m with different cross-sections and calculating for them other moments of inertia.

![Figure 5](image-url)

**Figure 5.** Bending of rails and sleepers for antisymmetric component of time-invariable load for $v = 170 \text{ km/h}$. 
The next step was to add the symmetric and antisymmetric components for both rails. Figure 6 presents the bending of the rails and sleepers with higher loads for the time-invariable load component for $v = 170$ km/h, whereas Figure 7 presents the bending of the rails and sleepers with lower loads for the time-invariable load component for $v = 170$ km/h.

![Figure 6](image1.png)  
**Figure 6.** Bending of rails and sleepers with higher loads for time-invariable load component for $v = 170$ km/h.

![Figure 7](image2.png)  
**Figure 7.** Bending of rails and sleepers with lower loads for time-invariable load component for $v = 170$ km/h.

When comparing Figures 4 and 5, the bending of the rail with a lower load, $y_{r1}(q_{av}) = 0.93$ [mm], and with a higher load, $y_{r2}(q_{av}) = 1.02$ [mm], are obtained, with the latter value higher by nearly 9%. In the case of sleepers, the difference is even higher, and the displacements differ by over 11%, $y_{p1}(q_{av}) = 0.47$ [mm] and $y_{p2}(q_{av}) = 0.53$ [mm], which allows for concluding that sleeper rotation has occurred.

3.4. Example of Determining Rail and Sleeper Displacements with Time-Variable Load

Figure 8 presents the rail displacement, whereas Figure 9 shows the sleeper displacements caused by the time-variable symmetric load for $v = 170$ km/h and the rail unevenness up to $s_0 = 10 \times 10^{-6}$ m.

Figures 10 and 11 present the rail and sleeper displacements for the antisymmetric part of the time-variable load. When performing the calculations, the moment of inertia of one-half of a sleeper per one metre and the quadrupled force $\Delta q^d = 2 \times k_c \times s_0$ were taken into consideration.
Figures 8 and 9 present the rail and sleeper displacements for the time-variable symmetric load. When performing the calculations, the moment of inertia of one-half of a sleeper per one metre and the quadrupled force $\Delta q_0 = 2 \times k_c \times s_0$ were taken into consideration.

Figure 8. Rail displacement [mm] caused by time-variable symmetric load for $s_0$ increased tenfold and $v = 170$ km/h.

Figure 9. Sleeper displacement [mm] caused by time-variable symmetric load for $s_0$ increased tenfold and $v = 170$ km/h.

Figures 10 and 11 present the rail and sleeper displacements for the antisymmetric part of the time-variable load. When performing the calculations, the moment of inertia of one-half of a sleeper per one metre and the quadrupled force $\Delta q_0 = 2 \times k_c \times s_0$ were taken into consideration.

Figure 10. Rail displacement caused by time-variable antisymmetric load for $v = 170$ km/h.

Figure 11. Sleeper displacement caused by time-variable antisymmetric load for $v = 170$ km/h.
After adding the symmetric and antisymmetric parts of the time-variable load, the results of the rail and sleeper bending for every rail were obtained. Figures 12 and 13 present the obtained results for the rails with higher and lower loads, respectively, for \( v = 170 \) km/h.

![Graph](image1.png)

**Figure 12.** Rail and sleeper (with higher load) displacement caused by time-variable load for \( v = 170 \) km/h.

![Graph](image2.png)

**Figure 13.** Rail and sleeper (with lower load) displacement caused by time-variable load for \( v = 170 \) km/h.

When analysing the presented example, it can be concluded that the rail and sleeper displacements in both cases are similar, whereas the displacement for the rail and sleeper with a higher load (the applied load is 4 times higher) is twice as high.

4. Analysis of the Influence of Variable Parameters

In accordance with the outline described above, a series of analyses was performed for the following variable parameters: the speed \( v \in (0;400) \) and the individual moment of inertia of the sleepers \( I_p \). Displacement graphs and tables with the maximum bending for both rails, as well as tangent \( \alpha \) of the sleeper rotation, were obtained.

4.1. Speed

Figures 14 and 15 present the consolidated relationships between the rail and sleeper bending, respectively, with higher and lower loads and the changing speed in the assumed range from \( v = 0 \) km/h to \( v = 400 \) km/h.
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Figure 14. Maximum displacements of rails and sleepers with higher loads in relation to changing speed.

Figure 15. Maximum displacements of rails and sleepers with lower loads in relation to changing speed.

When comparing the bending of rails/sleepers with higher loads, it was noticed that along with an increasing speed, the linear bending increases as well. However, the bending of the rails/sleepers with lower loads takes place in a way that is difficult to describe. The displacements presented in Figure 15 decrease at the end of the graph. Initially, the results were interpreted as the track becoming more stiff due to the speed; however, after determining the bending of the rails/sleepers with higher loads, for which this phenomenon does not appear, the obtained results can be interpreted as the influence of sleeper rotation on bending (greater unloading of one of the rails), which appeared for the highest speeds. After superimposing sleeper bending for both rails, a graph of sleeper rotation for a given speed is obtained. Figure 16 presents the displacement of the sleepers under rails resulting from sleeper rotation for a hypothetical speed $v = 300 \text{ km/h}$.
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![Figure 16. Sleeper displacement under rails resulting from sleeper rotation for speed \( v = 300 \text{ km/h} \).](image)

With the assumption that the rotation angles are low, the tangent is equal to the sleeper rotation angle \( \alpha \) under the rail support points. Figure 17 presents \( \tan \alpha \) related to the changing speed.

![Figure 17. Maximum sleeper rotations in relation to changing speed.](image)

The aforementioned “exceptions” related to the linear graph of the rail and sleeper displacements present in the consolidated graphs, i.e., cases of a sudden increase in bending, for both rails appeared with the following speed values: \( v = 190 \text{ km/h} \), \( v = 230 \text{ km/h} \), \( v = 260 \text{ km/h} \), and \( v = 330 \text{ km/h} \). This graph of the rail/sleeper bending in these cases, both for the rails with a lower and higher load, is interpreted as the track resonance effect.

### 4.2. Influence of Sleeper’s Moment of Inertia

The individual moment of inertia for a sleeper was obtained by dividing the sleeper into slices of 0.005 m with different cross-sections and calculating for them \( I_s \)—the moment of inertia in accordance with the definition \( I_s = mr^2 \), where \( m \) is the slice mass and \( r \) is the distance between the middle of a slice to the sleeper axis. For example, for one-half of the PS94 sleeper, (Polish solution) (Plastwil, Ujście, Poland) the following results were obtained: \( I_s = 96.74 \text{ kgm}^2 \) and \( I_p = 161.24 \text{ kgm} \). The calculations presented in the sections above were performed for an individual moment of inertia of the sleeper \( I_p = 161.23 \text{ kgm} \). To show the influence of parameter \( I_p \), a section from \( I_p = 80 \text{ kgm} \)—half of the actual value—to
The individual moment of inertia for a sleeper was obtained by dividing the sleeper mass by the square of the sleeper length. The values of the moment of inertia were divided into slices of 0.005 m with a distance between the middle of a slice to the sleeper axis. For example, for one-half of the sleeper length, the moment of inertia was calculated using the moment of inertia definition $I_s = mr^2$, where $m$ is the slice mass and $r$ is the distance between the middle of a slice to the sleeper axis. The values obtained were assigned to sleepers lighter or heavier than PS94. Figure 18 presents the sleeper displacement under the rails resulting from the sleeper rotation for speed $v = 300$ km/h and $I_p = 80$ kgm.

After performing a series of analyses for individual $I_p$ values, it should be concluded that the increase in an individual moment of inertia of a sleeper leads to a reduction in the rotation effect. The quadruplication of the individual moment of inertia causes nearly a triple reduction in the displacements of the sleeper ends. Figure 19 presents the influence of an individual moment of inertia of a sleeper on its rotation with constant speed.

**Figure 18.** Sleeper displacement under rails resulting from sleeper rotation for speed $v = 300$ km/h and $I_p = 80$ kgm.

**Figure 19.** Influence of an individual moment of inertia of a sleeper on its rotation with constant speed $170$ km/k for the rail with greater load.

### 5. Summary and Conclusions

An original analytical model of a railway, taking into consideration sleeper rotations as stiffblocks, was presented in this article. In movement equations, an uneven load of rails was considered, which is present in curves with a speed different than the one with which the cant compensates for the lateral force and reduces the force system to one that is...
perpendicular to the straight line connecting the rail heads. This case is also present with the variable unevenness of the rolling surfaces of both rails.

The presented model significantly expands the scope of knowledge regarding an analytical description of the dynamic phenomena in a railway, specifically in reference to horizontal irregularities.

The broad scope of the parametric analysis of the model has revealed a significant influence of train speed on the diversity of sleeper displacement resulting from their rotations, as well as a significant influence of the moment of inertia on the parameters describing sleeper rotation.

Further analyses should be oriented on broadening the scope of variable parameters of the analysed model (non-uniform instances of unevenness of both rails; different track parameters, including the stiffness of fastening systems; etc.).

The model should also be improved by taking into consideration, e.g., asymmetric properties of a sleeper in relation to its centre of mass, which will enable the mitigation of the results of an uneven track load in horizontal irregularities.

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