Recent Advancements in Nanobiosensors: Current Trends, Challenges, Applications, and Future Scope

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Abstract: In recent years, there has been immense advancement in the development of nanobiosensors as these are a fundamental need of the hour that act as a potential candidate integrated with point-of-care-testing for several applications, such as healthcare, the environment, energy harvesting, electronics, and the food industry. Nanomaterials have an important part in efficiently sensing bioreceptors such as cells, enzymes, and antibodies to develop biosensors with high selectivity, peculiarity, and sensibility. It is virtually impossible in science and technology to perform any application without nanomaterials. Nanomaterials are distinguished from fine particles used for numerous applications as a result of being unique in properties such as electrical, thermal, chemical, optical, mechanical, and physical. The combination of nanostructured materials and biosensors is generally known as nanobiosensor technology. These miniaturized nanobiosensors are revolutionizing the healthcare domain for sensing, monitoring, and diagnosing pathogens, viruses, and bacteria. However, the conventional approach is time-consuming, expensive, laborious, and requires sophisticated instruments with skilled operators. Further, automating and integrating is quite a challenging process. Thus, there is a considerable demand for the development of nanobiosensors that can be used along with the POCT module for testing real samples. Additionally, with the advent of nano/biotechnology and the impact on designing portable ultrasensitive devices, it can be stated that it is probably one of the most capable ways of overcoming the aforementioned problems concerning the cumulative requirement for the development of a rapid, economical, and highly sensitive device for analyzing applications within biomedical diagnostics, energy harvesting, the environment, food and water, agriculture, and the pharmaceutical industry.

Keywords: nanobiosensor; nanomaterials; synthesis; nanotechnology; microfluidics; healthcare; point-of-care-testing (POCT)

1. Introduction

In recent times, nanomaterials have gained much interest because of the need to control substances required by the human body and the environment. Usually, nanostructured materials embrace at least below 100 nm in one dimension (1-D) [1]. The production of nanomaterials with definite properties is a substantial subsection of nanotechnology. The term nanotechnology deals with materials having nanoscales from nanometer to a few hundred nanometers in size, composed of organic matter, carbon, and metal oxides [2–6]. Nanotechnology relies on the ability to design, deploy, and develop, structures in the nano environment. These materials are called nanomaterials. Nanomaterials are often famed for fine to coarse particles due to their exceptional properties, like large surface-to-volume area, quantum mechanics effect, enhanced stability, and reactivity that provide a wide variety of advantages over regular materials in domains like electronics, medicine,
agriculture, food, and the pharmaceutical industry [7–11]. Nanomaterial synthesis describes the methods used for generating nanomaterials that arise widely in nature and are the entities of investigation in numerous fields, such as physics, chemistry, biology, geology, and electronics. The nanomaterial differs in different size, dimensions, shape, and morphology [12]. In order to achieve unique properties, the controlled nanomaterial synthesis and fine-tuning parameters require a good knowledge of reaction concentration, temperature, and time optimization [13,14]. This may further lead to the advent of multifunctional and novel nanotechnologies. In the current scenario, it is virtually impossible to carry out any application without nanomaterial synthesis. Nanomaterials find application in almost all fields of science and technology. Nanomaterial synthesis is essential for sensing, testing, and diagnostic applications [15–17].

Nanomaterials can be considered in either of these methods in terms of appearances wherein zero-dimension (0-D) is static at a solitary point (Ex: Fullerene), one-dimensional (1-D) can retain only a solo variable (Ex: Carbon nanotubes), two-dimensional (2-D) possesses a couple of variables (Ex: Graphene), three-dimensional (3-D) has all three variables (Ex: Graphite) [18,19]. Figure 1 shows the representation of 0-D, 1-D, 2-D, and 3-D nanomaterials. Further, nanomaterials are very important and play a dynamic role in pharmaceutical, clinical, biochemical, biological, and biomedical science, since their decisive nanosize dimensions are closer to cells, genetic molecules, microorganisms, and tissues. As in the nano environment, the physical, optical, chemical, and biological, properties are highly inclined by the particle dimension and pattern appearance. Due to their unique properties, the capability to produce nanomaterials with superb and meticulous quality is necessary for numerous application areas. The nanomaterial synthesis comprises two strategies: top-down and bottom-up, respectively. The fundamental parameters of synthesizing nanomaterial comprise precursor concentration, reaction time, and temperature. The parameters mentioned above play a considerable role in producing nanomaterials effectively and efficiently. The intelligent utilization of nanostructured materials is prophesied to increase the performance of biomolecular electronic devices with high selectivity, sensitivity, specificity, and the limit of detection [20,21].

![Figure 1. Schematic of 0-D, 1-D, 2-D, and 3-D, nanostructured materials.](image)

Presently, nanomaterials are undergoing rapid progress because of their immense potential applications in catalysis, electronics, biomaterials, structural components, and biosensors. The utilization of nanomaterials such as nanotubes, nanowires, and quantum dots in biosensor medical diagnostic devices is being probed. With the development in the properties of nanomaterials in a nanoscale environment, new devices such as smart biosensors can identify the minute concentration of the desired bio-sample that are emerging faster for real-time monitoring. Herein, nanomaterials are frequently used as transducer resources that are a significant part of the development of biosensors. Biosensors
are categorized into five types, namely: (i) analyte, (ii) bioreceptor, (iii) electrical interface, (iv) transducer, (v) signal processor, and (vi) display. Figure 2 shows the various modules of typical biosensors. Various analytes, like food samples, body fluids, and cell cultures, can be examined using biosensors. When the substance under test is introduced into a buffer solution, its elements are recognized (glucose, saliva, lactose, creatinine, and ammonia). Biorecognition generates a signal during the interface between the sample and components. At the same time, the transducer transmits a biorecognition signal into a measurable electrical signal, which specifies the existence of a biochemical or biological objective. The analyte-bioreceptor interactions are proportional to the electrical or optical signals generated by the transducers, which can be linked to the smartphone via a cloud database to access and store the real-time data, which can be numerical, graphical, or tabular in nature [22].

In 1962, a biosensor was initially described by Leland Charles Clark Jr., which perceived the idea of representing its components along with the approach of incorporating a bioreceptor with a transducer device. A biosensor is an electroanalytical device, mainly used for the identification of a biochemical reaction, that syndicates a biological or electrochemical constituent with a physico-chemical indicator. Usually, a biosensor involves a biorecognition element, a transducer constituent, and an electronic device which embraces an amplifier, microprocessor, and readout. As trends in technology have progressed, the development phase of biosensors also enhanced with automation, integration, and miniaturization concepts, with advancements in microfluidic technology. Further, the biosensor reader device interfaces with the supporting electronics or signal processors that are largely in charge of the user-friendly display of the results. The broad aim of designing the biosensor is to enable rapid, expedient assay at the point of care where the real time sample was acquired.

Microfluidics is the part of science and technology that deals with the design, development, and fabrication, of miniaturized biosensor devices to regulate, correlate, or adapt micro/nano fluids ranging from 1–100 microns in dimension [23]. This emerging cutting-edge technology is rewarding rapidly in several areas, in particular with nanotechnology, microelectronics, and molecular biology. Microfluidic devices have enlarged the current state-of-the-art to harness numerous leads, such as the better handling of reagents, high reproducibility, accurately controlled size, and minuscule volume allied with nanomaterial synthesis in a microscale platform, which has the potential to be used for diverse applications. It can regulate the physical elements like particle size, shape, and morphology of the nanocarriers, which would be extremely beneficial to increase its performance. Microfluidics offers numerous potential benefits in the biochemical and biomedical domains due to their superior control over concentration, high throughput, and safer working environment. Thus, it is very much clear that these improvements in microfluidic systems associated with nanotechnology are the outset to overlay the path for a cumulative number of studies to switch, in the future, from traditional-based approaches to lab-on-a-chip platforms. Diagnostics is of clinical importance both for the detection of disease and therapeutics. Further, microfluidic biosensing provides significant research opportunities, especially for clinical diagnosis, because of its various benefits. Early diagnostics plays a vital role in detecting (prevention) or resulting (prognosis) of a disease that can be executed with a POCT platform [24,25]. POCT includes instant testing near a patient at the locality where care is to be taken to enhance the healthcare devices. One of the essential components of POCT is the biosensor with an integrated device output.
This review critically discusses two broad areas: nanomaterials and biosensors. An overview is provided with classifications and methods involved in the nanomaterial synthesis and development of biosensors with design optimization, material, fabrication, and the testing of real samples. Specific emphasis is given to applications of nanobiosensors using microfluidic technology. This also discusses the topical state-of-the-art with comparative analysis in the field mentioned above. Further, discussions are carried out with recent advancements, challenges, and limitations, associated with nanobiosensors. Finally, the future scope of the area of nanobiosensors has been discussed.

2. Nanomaterial Synthesis

There are several techniques to synthesize nonmaterial through different kinds of processes. Generally, a nanostructure such as nanoclusters, nanorods, nanotubes, and nanowires, can range from 1 nm to 100 nm. Nanomaterials can be produced using diverse methods that depend on approach, reagent concentration, temperature, and time. Further, these structures can be generated by fading the size or constructing molecules from micro to nanomaterial [26]. Nanomaterials and fluid particles diffuse and are synthetic by these methods. Figure 3 depicts the several techniques involved in synthesizing nanomaterials. Usually, for producing nanomaterials, physical, chemical, biological, and hybrid, processes are opted based on the application [27–29]. Commonly, these methods are executed and classified under the conventional approach. Here, a nanomaterial synthesis method selection relies on the material of interest or type of nanomaterials, like dimensions, sizes, and quantity [30,31].
The two main approaches to nanomaterial synthesis can be categorized as top-down and bottom-up.

2.1. Top-Down Approach

Herein, the Big Structure Can Be Outwardly Controlled during The Processing of Anticipated Nanostructures. A major demerit of this method is the presence of imperfections in the formed nanostructure [32,33]. Further, surface defects can impact physical properties because of their high aspect ratio. Here, nanomaterials are produced via a bulk complement that percolates out systematically step by step, resulting in the generation of fine particles. Further, this approach comprises several methods extensively used in producing the mass production of nanomaterials, like electron beam lithography, sputtering, laser ablation, nanolithography, and thermal decomposition [34].

2.1.1. Nanolithography

Nanolithography is an investigation of synthesizing nanoscale with a framework of a minuscule feature generally from 2 nm to 100 nm range. Several nanolithographic procedures are accessible for producing nanomaterial [35], for instance, electron-beam, scanning probe lithography, optical, and nanoimprint. The essential advantage of this process is making a cluster from a single nanomaterial with a quantified structure and size [36,37]. Further, the only shortcoming is the need for expensive, bulky, and sophisticated instruments.

2.1.2. Mechanical Milling

This is one of the extensively used methods to produce numerous nanostructured materials. It is used for post-tempering and the purifying of produced nanomaterials for high throughout production, wherein many components are powdered in an idle situation [38,39]. The operating principle in mechanical milling is a plastic distortion that drives to a nanomaterial with varied size, structures, fracture consequences in condensed nanomaterial appearance, and cold bonding consequences in improved nanomaterial dimension [40].
2.1.3. Sputtering

Sputtering integrates the ousting of nanostructures on a surface morphology layer by exorcizing them from striking with ions [41,42]. Further, sputtering is often utilized for the confession of a thin film of nanostructures lagged by a mitigating procedure [43]. The layer of the film, reaction time, reagents concentration, and the thermal range of substrate form and anneal the size and structure of synthesized nanomaterials.

2.1.4. Thermal Decomposition

Thermal decomposition is an endothermic biochemical corrosion method that is generally produced by heating the intrudes engaged in connection with the prepared precursor [44,45]. At the anticipated temperature range, fundamentals will chemically become decayed, while undergoing a chemical reaction creating nanomaterials.

2.2. Bottom-Up Approach

Herein, the Atom-Sized Elements are Shadowed by Self-Assembly Resulting in the Formation of Nanomaterials [46]. During this process, the fundamental unit of a more prominent factor is the self-possessed nanomaterials. This approach has been utilized for producing quantum dots (QDs) during epitaxial expansion and the generation of nanostructures from colloidal distribution. Usually, this method produces fewer flaws and more homogenous chemical configurations [47]. Typically, this method is the accretion of material from slighter particles to certain clusters of nanostructures. Furthermore, this method includes several methods like sol-gel, hydrothermal, chemical vapor deposition (CVD), spinning, and pyrolysis [48].

2.2.1. Hydrothermal

The hydrothermal method has been valued and has acquired attention from several scientists and researchers in the generation of nanomaterials [49]. The hydrothermal-based nanomaterial synthesis has been effective for executing authoritative entities such as chemical oxides for sensing, microporous quartzes, multi-layered ceramic oxide, and hypersonic electrodes [50]. Hydrothermal deliberates the nanomaterial synthesis via biochemical solutions operated beyond the steaming point of water in a vacuum-packed temperature reaction above the atmospheric pressure [51]. This method can be simple and precise for obtaining the desired nanomaterials. However, it needs classy autoclaves and lacks safety parameters during the process.

2.2.2. Sol-Gel

Sol-gel is one of the most preferred methods to synthesize nanomaterial due to its simple process. In this, a colloidal absorption of solid is deferred in a fluid stage, and gel is a solid macroparticle submerged in a chemical reaction [52]. Usually, this method defines a wet-chemical procedure, including a biochemical reaction accomplishing as a precursor for a united structure of diverse materials. Here, chlorides and metal oxides prepare the precursor in the sol-gel method [53]. The chemical reaction is later dispersed in an analyte using a magnetic stirrer, sonication, or shaking. The following chemical reaction analyte includes both solid and liquid phases [54]. Further, the acquired reaction is unglued, and the filtered reaction is improved by sedimentation, filtration, and centrifugation, further eradicated by drying it in the micro hot air oven.

2.2.3. Chemical Vapor Deposition (CVD)

The CVD method bonds particles on a thin film substrate using gaseous reagents [55]. The solution chamber is the intermediate for conducting deposition at room temperature gradient by an amalgamation of gas atoms. Here, a reaction occurs when a warm material originates in contact with combined gas [56]. This process produces a thin film substrate
on the surface, which is enhanced and employed based on the application. CVD has benefits such as being highly pure, uniform, and has strong nanomaterials [57]. Here, the limitation is the need for sophisticated instruments and the release of gaseous products, which can be highly toxic.

2.2.4. Pyrolysis

Pyrolysis is mainly used in industries for producing very large-scale nanomaterials. It includes burning a reaction with a blaze at a high steam rate [58,59]. The precursor can be either liquid or vapor converted into an oven at a very high-pressure rate through a small hole where the flame can be functional [60]. This formed combustion is later air, characterized to recover the nanomaterials. The advantages of pyrolysis are easy to use, are economical, efficient, and are effective, with significant consequences.

Figure 4 shows a schematic of the top-down and bottom-up approaches of nanomaterials synthesis. Table 1 summarizes the different methods of nanomaterials synthesis.

<table>
<thead>
<tr>
<th>Techniques</th>
<th>Reaction Temperature and Time</th>
<th>Morphology</th>
<th>Size (nm)</th>
<th>Advantages</th>
<th>Disadvantages</th>
<th>Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hydrothermal</td>
<td>&gt;220 °C and ~12–24 h</td>
<td>Spherical</td>
<td>10–200</td>
<td>Control over a minimal size range and suitable form</td>
<td>Peripheral product, high pressure required</td>
<td>[61]</td>
</tr>
<tr>
<td>Sol-gel</td>
<td>Ambient environments, ~2–4 h</td>
<td>Spherical</td>
<td>400–650</td>
<td>Hybrid nanoparticles are made possible by producing atoms with the exact shape and length</td>
<td>Contains components of the sol-gel matrix on their surfaces</td>
<td>[62]</td>
</tr>
<tr>
<td>Pyrolysis</td>
<td>5–50 °C, a few h</td>
<td>Sphere with a smaller diameter</td>
<td>1200</td>
<td>High pace of output</td>
<td>Formation of large collections</td>
<td>[63]</td>
</tr>
<tr>
<td>Thermal decomposition</td>
<td>100–300 °C, ~24–36 h</td>
<td>Spherical with flakes</td>
<td>550–600</td>
<td>High scalability, decent shape control, and minimal size distribution</td>
<td>High temperature and inert environment requirements</td>
<td>[64]</td>
</tr>
</tbody>
</table>

Figure 4. Schematic of the top-down and bottom-up approaches of nanomaterials synthesis.

Further, producing nanomaterial in the microfluidic device is one of the most widely used techniques in recent times as it finds application in biochemical and biomedical domains due to its extensive benefits, such as low cost, simple, rapid, transportable, transparent operation, micro/nanoscale process, manipulability, and high-throughput during the synthesis of nanomaterial. It also plays a dynamic role in creating exact nanostructures
with varied size and morphology of the materials. Here, microfluidic technology eradicates the requirement of sophisticated instruments and is well suited for point-of-care applications because of its automation, integration, and miniaturization (AIM) concepts [65]. Being time-consuming, the necessity of expensive autoclaves, batch reactors, and high-power consumption are just a few factors associated with the current conventional techniques. Further, microfluidic deals with two kinds of methods in controlling fluid flow: chamber-based and continuous-flow-based strategies [66,67]. In the chamber-based process, the fluid will be statically placed inside the microreactor over some time. On the other hand, in the continuous-flow-based approach, the fluid will pass along the capillary concerned with time. Table 2 summarizes the comparison of traditional and microfluidic platforms for nanomaterial synthesis.

Table 2. Comparison of traditional and microfluidic platforms employed for synthesizing nanomaterials.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Conventional</th>
<th>Microfluidic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Device footprint</td>
<td>Sophisticated</td>
<td>Miniaturized</td>
</tr>
<tr>
<td>Reagent volume</td>
<td>Millilitres</td>
<td>Micro to nanolitres</td>
</tr>
<tr>
<td>Temperature</td>
<td>High</td>
<td>Low</td>
</tr>
<tr>
<td>Operation</td>
<td>Macroscale</td>
<td>Micro/nanoscale</td>
</tr>
<tr>
<td>Control Medium</td>
<td>Manual</td>
<td>Automatic</td>
</tr>
<tr>
<td>Execution time</td>
<td>More</td>
<td>Less</td>
</tr>
</tbody>
</table>

3. An Overview of Nanobiosensors

Nanobiosensors basically emerged from two areas: nanotechnology and biosensors. Typically, these are the sensors that are developed from nanomaterials and, fascinatingly, these are not the dedicated sensors that can identify the nano range measures and activities. Nanomaterials are of exclusive ability to humanity from nanotechnology with vital physiochemical properties that are extremely diverse from the same nanostructures produced at a bulk scale. Here, nanomaterials play an effective role in the detecting mechanism of biosensing technology. Further, integrated devices of nanomaterials with electrical components lead to microelectromechanical systems (MEMS) that are responsible for the means of transducers [68,69].

In the recent past, many nanomaterials have been explored in the tool of electrical and mechanical properties for their utilization in enhanced biological signal processing. A few extensively employed nanomaterials in sensing applications include nanowires, nanotubes, nanorods, and thin films, composed of crystalline matter. These can range from using amperometric devices for enzyme-based glucose sensing to using quantum dots (QDs) as fluorescent agents for binding detection and even bioconjugated nanomaterials for targeted biomolecular detection. These include colloidal nanomaterials that can be employed for immunosensing and immunolabeling applications by coupling with antibodies. These substances can also be utilized to improve detections made using an electron microscope. Additionally, metal-based nanomaterials are particularly good for electronic and optical applications. By taking advantage of their optoelectronic characteristics, they can be effectively used to detect nucleic acid sequences. Several nanomaterials have been described to investigate their properties and topical applications in biosensors. The attributes of the biosensor for better efficiency includes response time, selectivity, sensitivity, and linearity [70,71].

Research studies show a persistent upsurge concerning many nanomaterials with the scope of interest to implement either transducer or receptor operation to improve their multi-detection sensitivity and capability. Further, nanoparticles, nanotubes, quantum dots, and other biological nanomaterials, are examples of these nanomaterials [72,73]. These may support the transducer, bio-recognition component, or both. To enable the quick examination of numerous chemicals in vivo, nanosensors, nanoprobe, and other
nanodevices, have revolutionized biochemical and biological investigation disciplines. A
wide range of nanomaterials with various characteristics, including small size, faster,
shorter distances for electrons to traverse, reduced power, and lower voltages, have
emerged in recent years [74,75]. Nanomaterials like metal nanoparticles, oxide nanoparti-
cles, magnetic nanomaterials, carbon materials, and quantum dots, are now used as an
outcome of significant advancements in the field of nanotechnology to enhance the elec-
trochemical signals of biocatalytic measures that take place at the electrode and electrolyte
interference. Functional nanomaterials attached to biological molecules such as proteins,
peptides, and DNA, have been produced for use in biosensors. The top-to-bottom method
entails the use of chemical (isotropic) and physical (anisotropic) processes to micro/nano
machine macroscopic materials down to the necessary nanoscale environment [76]. This
process comprises a mixture of methods like laser ablation, lithography, chemical etching,
and ion milling. On the other hand, in a bottom-up strategy, the production of an initial
critical mass is followed by the accretion of material, which builds the material. Further,
molecular beam epitaxy, evaporation, physical or chemical vapor deposition, and protein-
polymer nanocomposites, are used under bottom-up nanofabrication [77,78].

3.1. Evolution of Nanobiosensors

IUPAC describes the nanobiosensor as an independent integrated device capable of
using a biological technique to offer a precise quantitative or semi-quantitative analytical
readout that a recognition element is physically reaching a transducer element [79]. The
nanobiosensors have shown potential interest and recompenses to harness biological sam-
ple for the early detection of viruses and pathogens after the discovery of nanomaterials.
There are mainly three generations of nanobiosensors [80]. In 1962, the electrode proposed
by Clark [81] is known as the first generation of nanobiosensor, and this is based on oxygen
dependence. In our earlier work, we have reported in detail about the three genera-
tions of nanobiosensor [22]. Table 3 summarizes the evolution pathway of nanomaterials
and biosensors that have undergone different development phases over the years.

Table 3. Evolution of the development of nanobiosensors.

<table>
<thead>
<tr>
<th>Year</th>
<th>Nanobiosensor Development Phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>1857</td>
<td>Michael Faraday was the first to report the synthesis of gold nanostructured materials [82].</td>
</tr>
<tr>
<td>1940</td>
<td>Fumed-based silica nanomaterials synthesized in USA [83].</td>
</tr>
<tr>
<td>1956</td>
<td>Lyons from the Cincinnati Pediatrics clinic demonstrated the first glucose enzyme electrode-based nanobiosensor [84].</td>
</tr>
<tr>
<td>1959</td>
<td>Richard Feynman, identified the bottom-up approach [85].</td>
</tr>
<tr>
<td>1960</td>
<td>Metallic nanopowder was produced for magnetic recording tapes [86].</td>
</tr>
<tr>
<td>1962</td>
<td>Radiimmuneoassay was created by Solomon Aaron Berson [87].</td>
</tr>
<tr>
<td>1965</td>
<td>The direct potentiometric measurement of urea following urease hydrolysis was one of the first publications in the field of biosensors that S. Katz presented [88].</td>
</tr>
<tr>
<td>1972</td>
<td>For the first time, Betso et al. demonstrated that cytochrome directly transfers electrons [89].</td>
</tr>
<tr>
<td>1973</td>
<td>W. Mindt developed a lactate electrode [90].</td>
</tr>
<tr>
<td>1974</td>
<td>Norio Taniguchi, a Japanese scientist, proposed Thin-film deposition and ion beam milling and used the term “nanotechnology” for the first time [91].</td>
</tr>
<tr>
<td>1976</td>
<td>Granqvist and Buhroman synthesized nanocrystals by inert gas evaporation [92].</td>
</tr>
<tr>
<td>1978</td>
<td>First microbe-based nanobiosensors [93].</td>
</tr>
<tr>
<td>1981</td>
<td>Eric Drexler proposed molecular nanotechnology [94].</td>
</tr>
<tr>
<td>1983</td>
<td>First surface plasmon resonance immune nanobiosensors [95].</td>
</tr>
<tr>
<td>1984</td>
<td>Cass was the first to propose ferrocene-mediated amperometric glucose nanobiosensor [96].</td>
</tr>
<tr>
<td>1985</td>
<td>Discovery of fullerenes and synthesis of CNTs used as nanobiosensor [97].</td>
</tr>
<tr>
<td>1990</td>
<td>Pharmacia Biacore projected an SPR-based nanobiosensor [98].</td>
</tr>
</tbody>
</table>
Bartlett et al. presented mediator-modified enzymes [99].

1995 i-STAT demonstrated a portable blood nanobiosensor [100].

1998 IUPAC introduced chemosensor in an analogy of nanobiosensor [101].

2005 Electrodeposition paints were first used as immobilization matrix for biosensors by Schulmann [102].

2017 Girbi developed a neuron-on-chip (NoC) nanobiosensor to quantify the nerve impulse conduction [103].

2021 Kulkarni et al. introduced an aluminium (Al) foil-based nanobiosensor [104].

After several improvements, the nanobiosensor has created an enormous trust toward balancing technology and healthcare, especially in biomedical applications where it is a boon for the early detection of several diseases that can help physicians make further decisions based on the initial test results [105]. Additionally, nanobiosensors are already employed as long-term commercial products and can be produced for specific uses.

### 3.2. Development of Nanobiosensors

Nanobiosensors are non-intrusive, responsive, and are designed using novel nano and biotechnology approaches. The real-time sensitive indicators generated by these sensors can be readily gathered and investigated. The nanobiosensor is encompassed of three modules: genetic probe comprising materials based on affinities like enzyme–substrate, antibody–antigen, DNA, and cell-based interactions. Further, a transducer translates biological data into an electrical signal and a data footage unit that includes loading and transmitting the information. Biological components can be nucleic acid, antibodies, and enzymes. Bioanalytes can be sensed by the biological probes linked with several synthesized nanomaterials like magnetic, metallic, graphene oxide, quantum dots, and CNTs. Transducers using electrochemical signals are potentiometric, amperometric, and voltammetric signals comprising fluorescence, colorimetric, and optical fibers. Different kinds of advanced nanomaterial have been employed for the production of novel nanobiosensors [106–108]. Thus, various forms of nanomaterials, from classy to economical, have been incorporated for designing and developing robust nanobiosensors.

The development of the nanobiosensor for the detection of biological, biomaterial, and electrochemical products, such as cholesterol, choline, dopamine, vitamin, blood glucose, creatinine, albumin, drugs, enzymes, protein, and nucleic acid, includes the conversion of biological or chemical reactions to electrical output [109]. This specifies the composition or concentration, rheological properties, amplitude, energy, pH, polarization, and decay time, based on stability and sensitivity within a few seconds of time. Due to their particular diverse behaviors, gold, silver, diamond, and platinum, nanoparticles are employed in the design and development of nanobiosensors. The transducers may be definite articles, plastics, fibers, metals, ceramics, silicon, and glasses, that convert medium into determinate signals like piezoelectric, electrochemical, optoelectronic, and thermal [110,111]. Further, the optimization constraints comprise the dynamic range of concentration and sensitivity, volume of the reaction sample, sensory nanomaterials, temperature, pH, detection time, and rheological factors [112].

Figure 5 shows the schematic representation of nanobiosensors, from analyte to application. Herein, it involves the design, development, optimization, characterization, material selection, fabrication, and testing of analytes on the miniaturized platform. Nanobiosensors are clustered into different types with prodigious contemplations on the nanostructured materials and biosensing process. These nanoparticles have great qualities that improve the sensing system. Basically, they comprise carbon nanotubes, nanowires, nanoparticles, and quantum dots (QDs) based nanobiosensors. Table 4 summarizes different types of nanomaterials used to create nanobiosensors.
Figure 5. Schematic representation of nanobiosensors, from analyte to application.

Table 4. Different types of nanomaterials are used to create nanobiosensors.

<table>
<thead>
<tr>
<th>Nanomaterials</th>
<th>Advantages</th>
<th>Disadvantages</th>
<th>Ref</th>
</tr>
</thead>
</table>
| Carbon nanotubes (CNTs) | • Imparts physical and mechanical properties to enhance conductivity and resistance to temperature  
• Better surface for preventing biological component movement | • Less solubility in an aqueous environment  
• Lack of selectivity | [113] |
| Quantum dots      | • Confinement of charge carriers  
• Size tunable bandwidth energy  
• Excellent fluorescence | • High toxicity using for in vitro systems  
• Blinking effect | [114] |
| Nanowires          | • Good charge conduction  
• Highly versatile  
• Good electrical and sensing properties | • No fluorescence  
• Large amount of surfactants | [115] |
| Nanoparticles      | • High loading efficiency  
• Good catalytic properties  
• High immobile efficiency | • Biocompatibility  
• Average optical signal | [116] |
| Nanorods           | • Size tunable energy regulation  
• Coupled with MEMS  
• Plasmonic material | • Metabolism varies with different materials  
• Few in vivo studies | [117] |
| Metal oxide nanomaterials | • Better electrical conductivity  
• UV absorption  
• Antimicrobial  
• Ability of photocatalytic | • Limited transfection efficiency | [118] |

Further, the production of nanobiosensors needs a critical selection of substrate for fabrication purposes, as the applied analyte on the nanomaterial surface on the biosensor should react efficiently and effectively. The materials for nanobiosensors employed must be suitable with appropriate properties. Initially, materials used for nanobiosensor fabrication were mainly silicon and glass. However, as technological advancements emerged, novel materials, including polymers, polyimide, paper, and Al foil, were used to develop nanobiosensors. Materials can be categorized into three types: polymeric, inorganic, and...
paper. The materials should have decent electrical, optical, thermal, and mechanical conductivity, with a high melting rate. Therefore, material selection is the key factor for manufacturing nanobiosensors, which is indispensable in POCT applications. The progressive techniques typically emphasize the principle and application of the sensing devices comprising laser ablation, 3D printing technology, and lithographical technique for several tenacities in developing nanobiosensors [119]. Further, these techniques may be attributed to large area devices, energy utilization, high resolution, impact on reaction sample, temperature parameters, crystallization, damage to the substrate, and carrier flexibility competence. The traditional method uses non-impact printing and screen printing technologies that are non-uniform, and indecisiveness, which functions on a descent-on-demand feature [120]. Table 5 illustrates various materials used for the development of nanobiosensors. Table 6 summarizes the several nanofabrication methods used in the development of nanobiosensors.

Table 5. Various substances used for the development of nanobiosensors.

<table>
<thead>
<tr>
<th>Substances/Ref</th>
<th>Melting Point (°C)</th>
<th>Thermal Conductivity (W/mK)</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polymethylmethacrylate [121]</td>
<td>125 °C</td>
<td>0.16–0.18</td>
<td>• Exceptional limpidity • High toughness and mechanical strength • High firmness • Excellent thermal consistency • Low water adsorption</td>
<td>• Brittle • Low resistance • Low chemical resistance • Chance of stress hitches • Needs extra equipment to fabricate</td>
</tr>
<tr>
<td>Polycarbonate [122]</td>
<td>265 °C</td>
<td>0.21–0.25</td>
<td>• Extreme impact resistance • Greater clarity</td>
<td>• Grazes easily • Expensive</td>
</tr>
<tr>
<td>Polytetrafluorethylene [123]</td>
<td>330 °C</td>
<td>0.28</td>
<td>• High-temperature tolerance • Outstanding lubricity</td>
<td>• Very smooth</td>
</tr>
<tr>
<td>Polyimide [124]</td>
<td>265 °C</td>
<td>0.12–0.36</td>
<td>• Superior temperature adaptability • High chemical resistance • Extraordinary mechanical capability</td>
<td>• High-cost fabrication</td>
</tr>
<tr>
<td>Glass [125]</td>
<td>1350 °C</td>
<td>0.86</td>
<td>• Inexpensive • Good protection power • Exceptional pellucidity</td>
<td>• Brittle • Bulky</td>
</tr>
<tr>
<td>Paper [126]</td>
<td>210 °C</td>
<td>0.04</td>
<td>• Economical • Simple • Automatic fluid flow • Ecological</td>
<td>• Low resolution • Restricted to simple designs</td>
</tr>
<tr>
<td>Cloth [127]</td>
<td>120 °C</td>
<td>0.083–0.18</td>
<td>• Abundant • Easy-to-use • Flexible</td>
<td>• Non-biodegradable • More weight</td>
</tr>
</tbody>
</table>
Table 6. Summaries of the several nanofabrication methods used in the development of nanobiosensors.

<table>
<thead>
<tr>
<th>Nanofabrication</th>
<th>Specifications</th>
<th>Merits</th>
<th>Demerits</th>
<th>Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lithography</td>
<td>Trace width = 0.05 mm</td>
<td>Excellent resolution</td>
<td>Requires clean room facility</td>
<td>[128]</td>
</tr>
<tr>
<td>UV-DLW</td>
<td>Wavelength = 405 nm</td>
<td>Superior resolution</td>
<td>Expensive tool</td>
<td>[129]</td>
</tr>
<tr>
<td>Voltera Inkjet printer</td>
<td>Trace width = 0.15 mm</td>
<td>Flexible substrates</td>
<td>Refilling of Ink such as carbon, gra-</td>
<td>[130]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>phone, silver</td>
<td></td>
</tr>
<tr>
<td>Screen printer</td>
<td>Trace width = 0.3 mm</td>
<td>Inexpensive</td>
<td>Less sensitive</td>
<td>[131]</td>
</tr>
<tr>
<td>Wax printer</td>
<td>100 to 500 μm</td>
<td>Reduce production time.</td>
<td>Limited materials</td>
<td>[132]</td>
</tr>
<tr>
<td>3D printer (FDM/SLA)</td>
<td>Resolution = 35–100 microns</td>
<td>Greater resolution and precision</td>
<td>Requires post-processing responsibilities like cleaning with IPA</td>
<td>[133]</td>
</tr>
<tr>
<td>Laser Ablation (CO$_2$)</td>
<td>Wavelength = 10.6 μm</td>
<td>Precise dissection, good efficacy</td>
<td>Bulky and costly</td>
<td>[134]</td>
</tr>
<tr>
<td>Photolithography</td>
<td>Max width = 325 mm, maximum</td>
<td>Photosensitive polymers are</td>
<td>Expensive mask</td>
<td>[135]</td>
</tr>
<tr>
<td></td>
<td>substrate thickness = 3 mm</td>
<td>essential</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soft lithography</td>
<td>Silicone elastomer (PDMS)</td>
<td>Apparent</td>
<td>Low thermal conductivity</td>
<td>[136]</td>
</tr>
<tr>
<td>Computer Numerical</td>
<td>Fast cutting speed = 8000</td>
<td>Rigid design, Require less</td>
<td>Expensive</td>
<td>[137]</td>
</tr>
<tr>
<td>Control (CNC) Milling</td>
<td>mm/min</td>
<td>maintenance</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Applications of Nanobiosensors

Nanomaterials can benefit numerous fields of study, ranging from biochemical, biomedical, pharmaceutical, agricultural, environmental, electronics, energy harvesting, and food technology [138–141]. It finds application in almost all fields of science and technology. Further, with biosensors introduction, the craze for nanomaterials has increased drastically, especially for POC applications. Since then, nanomaterials and biosensors are often called nanobiosensors. These nanobiosensors are highly versatile and multifunctional for monitoring and detecting analytes. Figure 6 shows a schematic of several applications of nanobiosensors.
4.1. Biomedical and Diagnostic Applications

Since the advent of nanobiosensors, they have been used extensively for the biological identification of serum carcinogens, antigens, and the causative organisms of several metabolic ailments. The employment of nanobiosensors in detecting ailments like diabetes, allergic reactions, cancer, and other diseases based on serum analysis, best suits routine diagnostic applications. From a clinical perspective, most of the investigated and compelling benefits of nanobiosensors have several therapeutic applications that are primarily made possible for POCT. Figure 6 shows the schematic process of nanobiosensors used for various biomedical and diagnostics applications. The applications include detecting urinary tract infections, cardiovascular disease (CVD), tissue regeneration, glucose in diabetic patients, and HIV-AIDS. Further, with the initiation of the nanobiosensor there has been rapid development in the diagnosis of cancer, chronic kidney disease (CKD), and tuberculosis [142–144]. Further, with the inclusion of a nanoscale environment, this has been promoted and made more accurate. Identifying enzymes has been immobilized due to the incorporation of nanoparticles, which has permitted the reuse and recycling of expensive enzymes. Applying nanotechnology like NEMS and MEMS has improved the overall testing process. Microarray and biochip-based technology have made it even more comfortable, reliable, and faster to test numerous diseases. Besides, nanobiosensors have enhanced accuracies and sensitivities, making them good potential candidates for biomedical and diagnostic applications [145]. Figure 7 shows the process of nanobiosensors used for various biomedical and diagnostics applications.
Figure 7. Shows the process of nanobiosensors used for various biomedical and diagnostics applications.

Nanobiosensors are versatile devices for biomedical screening for the early detection of several pathogens. Table 7 shows the different types of nanobiosensors in biomedical applications.

Table 7. Different types of nanobiosensors in biomedical applications.

<table>
<thead>
<tr>
<th>Nanobiosensor</th>
<th>Nanomaterials Used</th>
<th>Type of Sensor</th>
<th>Applications (Detection)</th>
<th>Limit of Detection (LOD)</th>
<th>Ref</th>
</tr>
</thead>
</table>
| Antibiotic residue sensor     | Au, Pt and SiO<sub>2</sub> NPs| Nano enzyme coupled with MIP as a bio-inspired body | Sulfadiazine                                   | IC15: 0.08 mg and IC50 6.1 mg/L           | [146]
| AChE                           | DNA based materials          | Electrochemical         | Phytophthora palmivora causing black pod rot in cacao pod | -                                         | [147]
| QD nanosensor                  | Gold nanoparticles           | Immunosensor            | Mycotoxins ZEA, DON, FB1/FB2                   | -                                         | [148]
| QD nanosensor                  | QDs                           | Fluorescence            | Pathogens                                      | -                                         | [149]
| Artificial nasal sensor        | Carbon                        | Profile of volatile organic compounds | Pathogens depending on the organic compounds released | Sensitivity of 85% to 95%                | [150]
| Acetylcholinesterase on white paper using indophenol acetate | Enzyme                        | Colored antiphon        | Paraoxon                                       | 3.5 μg/L                                  | [151]
| AChE                           | SMWCNTs                      | Electrochemical         | Methylparathion, parathion and paraoxon        | 0.4 pM                                    | [152]
| Surface plasmon resonance (SPR) | MWCNTs                      | SPR                     | Cymbidium Mosaic virus                         | -                                         | [153]
| Nucleic acid nanosensor        | CNTs                          | Immunosensor            | Ganoderma boninse                              | 0.2 ng/L                                  | [154]
| QD nanosensor                  | Quantum dots                 | Fluorescence            | Pathogens and viruses                          | -                                         | [155]
Siyi Hu et al. [156] developed an automatic all-in-one digital microfluidic-based analytical device for loop-mediated isothermal amplification (LAMP) based DNA extraction and amplification, using a nano-magnetic bead with a custom-made signal processing device for real-time monitoring and detection. Herein, the study reveals that the on-chip test’s extraction efficiency was on par with that of traditional off-chip techniques. The autonomous on-chip workflow had a processing time of only 23 min, which was quicker than the traditional method with 28 min 45 s. Concurrently, the number of samples used for the analysis on-site was expressively minuscule than that used in off-site trials; only 5 μL of E. coli analyte was essential for DNA extraction, and 1 μL of the template DNA was used for the quantification solution mixture (Figure 8A). Further, SARS-CoV-2 DNA reference constituents were used for detection purposes, with a detection limit of 10 copies/μL. The projected system offered a POCT with a robust on-site sample to answer within 60 min.

Sandra Garcia-Rey et al. [157] demonstrated a 3-D-printed microfluidic system for blood plasma separation. Herein, the proposed idea works on one-step fabrication processes through a layer-by-layer approach. Blood is the gold-standard biological fluid for a clinical study. A technique for the rapid prototype optimization of an operational plasma separation modular device was developed using a specially formulated resin and a high-resolution 3-D printing technique (Figure 8B). In this instance, the utilization of 3-D printing exemplifies the significant impact this microfluidic technology will have on the market for plasma separation biomedical devices.

Figure 8. (A) Structure diagram of an all-in-one system for sensing nucleic acid using LAMP [156]. (B) The 3-D-printed microfluidic analytical devices are applied for plasma separation and the iterative fabrication process workflow [157].

4.2. Environmental Applications

This is a comparatively wider area of application for nanobiosensors. This is because the environment experiences several quick changes almost every minute. Thus, it is crucial to determine toxic intermediate waste streams, that include heavy metals and air pollution. Additionally, monitoring atmospheric conditions like estimating temperature, humidity, and over-forecast features, are extremely meticulous and comprehensive tasks [158–160]. The nanobiosensors can be versatile in several forms of determining and monitoring. Utilizing microdevices like cantilever-based electronic probes that need minimum reaction samples are good technology invaders. Using a substrate-specific mechanism, nanobiosensors have been projected to detect biological oxygen, nitrates, and phosphates. These applications can be integrated on a single platform that allows multiplexing to sense the different contaminants, reducing the energy and time in nature. Further, these nanobiosensors are environmentally friendly and easy to use with remote access. Trends in nanobiosensor development for environmental and agricultural fields have seen progress ranging from particular sensing of mycotoxins, viruses, and signaling particles to reducing the overall time for detection. Table 8 shows the different types of nanobiosensors in environmental applications.
Table 8. Different types of nanobiosensors in environmental applications.

<table>
<thead>
<tr>
<th>Nanobiosensor</th>
<th>Nanomaterials Used</th>
<th>Type of Sensor</th>
<th>Applications (Detection)</th>
<th>Limit of Detection (LOD)</th>
<th>Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>AChE</td>
<td>SWCNTs and MWCNTs</td>
<td>Electrochemical</td>
<td>Parathion, Pesticides methylparathion, and paraoxan</td>
<td>0.5 pM</td>
<td>[161]</td>
</tr>
<tr>
<td>Plant hormone sensor</td>
<td>Receptor DAD2 from Petunia hybrid and HTLT from Striga hermohthica with green fluorescent protein</td>
<td>Fluorescent</td>
<td>Strigolactones as signaling molecules for plant growth and parasitism</td>
<td>High quantity testing approach</td>
<td>[162]</td>
</tr>
<tr>
<td>Smart</td>
<td>Zinc oxide and Copper</td>
<td>Electrochemical</td>
<td>Enhance the germination of tomato chili and cucurbits in Mexico</td>
<td>60 ppm</td>
<td>[163]</td>
</tr>
<tr>
<td>Acetylcholinesterase</td>
<td>Cholinergic enzyme</td>
<td>Amperometric</td>
<td>Chlorpyrifos</td>
<td>0.02 μg/L</td>
<td>[164]</td>
</tr>
<tr>
<td>Acetylcholinesterase</td>
<td>Cholinergic enzyme</td>
<td>Square wave voltammetry (SWV)</td>
<td>Malathion</td>
<td>0.33 ng/L</td>
<td>[165]</td>
</tr>
<tr>
<td>immobilised on CuO</td>
<td>Enzyme</td>
<td>Differential pulse voltammetry</td>
<td>Paraoxon</td>
<td>2 ng/mL</td>
<td>[166]</td>
</tr>
<tr>
<td>Pesticide nanobiosensor</td>
<td>Graphene with molecularly imprinted polymers</td>
<td>Electrochemical</td>
<td>Pesticide revealing of chlorothionil and chlorpyrifos methyl</td>
<td>0.14 mg/L</td>
<td>[167]</td>
</tr>
<tr>
<td>Molecular imprinted polymer</td>
<td>Mesoporous molecular sieves entrenched with carbon dots</td>
<td>Electrochemical</td>
<td>Natural plant Kaempferol polyphenol</td>
<td>14 μg/L</td>
<td>[168]</td>
</tr>
<tr>
<td>Agricultural nanosensor</td>
<td>ZnO and Cu</td>
<td>Electrochemical</td>
<td>Improve the germination of tomatoes, peppers, and other vegetables in Mexico</td>
<td>60 ppm</td>
<td>[169]</td>
</tr>
</tbody>
</table>

4.3. Food Industry

Nanobiosensors can also optimize numerous other detections, such as in the chemical and food industries. In food industries, substrates mixes into biological reactors, feeding nutrient stuff for different applications that can be controlled using these nanobiosensors. On an industrial scale, several commercial ingredients’ separation and preparation can be improved with these nanobiosensors [170–172]. For instance, a metallurgical process requires the separation of impurities that are present in a complex form and are gathered in the form of ores. Here, nanobiosensors can be employed to selectively separate the contaminants by experimenting with different alignments of detecting enzymes. Using highly sophisticated and precise molecules, mainly endocrine-disrupting substances, carcinogens, and unstable intermediates causing the disruption of appropriate hormonal systems in living beings have been discovered. Emerging biological and biochemical tests, combined with bioengineering-based revolutions, are certainly accessible applications of these detecting nanobiosensors. In the food industry, a few pollutants can be detected using nanobiosensors during harvest, storage, and transportation. Table 9 shows the different types of nanobiosensors in the food industry.
Table 9. Different types of nanobiosensors in the food industry.

<table>
<thead>
<tr>
<th>Nanobiosensor</th>
<th>Nanomaterials Used</th>
<th>Type of Sensor</th>
<th>Applications (Detection)</th>
<th>Limit of Detection (LOD)</th>
<th>Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toxin</td>
<td>SWCNTs</td>
<td>Optical and piezoelectric</td>
<td>Small toxins in food molecules</td>
<td>nM-fM</td>
<td>[173]</td>
</tr>
<tr>
<td>Aptamer sensor</td>
<td>Carbon</td>
<td>Aptamer</td>
<td>Antibiotic traces of carcinogens and acrylamide</td>
<td>12 ng/mL</td>
<td>[174]</td>
</tr>
<tr>
<td>Surface plasmon resonance</td>
<td>Carbon</td>
<td>Cantilever</td>
<td>Aflatoxins in rice and peanut</td>
<td>2.5 ppb</td>
<td>[175]</td>
</tr>
<tr>
<td>Melamine</td>
<td>DNA-Cu NPs</td>
<td>Fluorescence</td>
<td>Melamine in milk</td>
<td>50–100 μmol/L</td>
<td>[176]</td>
</tr>
<tr>
<td>Chemosynthetic mimotope peptide</td>
<td>Chemosynthetic peptide</td>
<td>Immunochromatographic</td>
<td>Ochratoxin A</td>
<td>0.196 ng/mL</td>
<td>[177]</td>
</tr>
<tr>
<td>Nanosensor</td>
<td>Sol-gel based ZnO NPs</td>
<td>β-galactosidase</td>
<td>E.coli</td>
<td>10^3 CFU/mL</td>
<td>[178]</td>
</tr>
<tr>
<td>Array sensor</td>
<td>Carbon</td>
<td>Molecular array</td>
<td>Screening of genetically modified organism</td>
<td>-</td>
<td>[179]</td>
</tr>
<tr>
<td>Viscosity</td>
<td>Magnetic particles</td>
<td>Variation in viscosity</td>
<td>Pathogens</td>
<td>-</td>
<td>[180]</td>
</tr>
<tr>
<td>Ag NPs</td>
<td>Urease-antibody</td>
<td>ELISA</td>
<td>Salmonella in food samples</td>
<td>10^2 CFU/mL</td>
<td>[181]</td>
</tr>
<tr>
<td>Antibody</td>
<td>ZnO</td>
<td>Sandwich ELISA</td>
<td>Salmonella typhimurium</td>
<td>-</td>
<td>[182]</td>
</tr>
<tr>
<td>Biofilm</td>
<td>Graphite oxide based aptamers</td>
<td>Electrochemical work station—DPV</td>
<td>Biofilms and Zearalenone Ochratoxin A</td>
<td>1.79 ng/mL–1.48 ng/mL</td>
<td>[183]</td>
</tr>
<tr>
<td>Carbon nanofibers (CNFs)</td>
<td>Nucleic acid aptamers</td>
<td>Electrochemical work station–SWV</td>
<td>Vibrio cholerae</td>
<td>1.25 × 10^-14</td>
<td>[184]</td>
</tr>
<tr>
<td>ZIF-8 Gold nanoparticles/Chitosan</td>
<td>Nucleic acid aptamers</td>
<td>Electrochemical work station—DPV</td>
<td>Bacillus cereus</td>
<td>3 CFU/mL</td>
<td>[185]</td>
</tr>
<tr>
<td>Multichannel nanosensor</td>
<td>Carbon particles</td>
<td>Immunosensor</td>
<td>Mainly used to measure the concentration of sweets such as saccharin, cyclamate, glucose, and sucrose</td>
<td>Saccharin 6–16 mM</td>
<td>[186]</td>
</tr>
<tr>
<td>Fe3O4 nanoparticles</td>
<td>Antibody</td>
<td>ELISA</td>
<td>Salmonella in milk</td>
<td>35 CFU/mL</td>
<td>[187]</td>
</tr>
<tr>
<td>Magnetic nanosensor</td>
<td>Antibody</td>
<td>ELISA with sandwich structure</td>
<td>Salmonella in chicken</td>
<td>10 CFU/mL</td>
<td>[188]</td>
</tr>
<tr>
<td>ZnO nanosensor</td>
<td>Antibody</td>
<td>ELISA with sandwich structure</td>
<td>Salmonella typhimurium</td>
<td>5 CFU/mL</td>
<td>[189]</td>
</tr>
</tbody>
</table>
4.4. Electronics Applications

Generally, microelectromechanical systems and electronic circuits have been constructed using silicon wafers. Integrated circuit commercialization started in 1965 using silicon-processing technologies in the microelectronics sector. Over time, there has been an increase in the progress made in shrinking circuit size [190]. Moore Law’s 1965 prediction sped up the development of smaller integrated circuits by reducing transistor size, increasing transistor density, and improving operating frequencies. Field effect transistors were first sized below 100 nm in 2000, ushering in the silicon nanoelectronics era. The production of chips using nanostructured materials has been considered by many businesses, including iMac G5, IBM, Intel, etc. In this context, graphene, mxene, CNTs, quantum dots, and fullerene can be discovered for the electronics nanosensor manufacturing industries. For instance, nantero has created the NRAM (nanotube-based/non-volatile random access memory) chip employing CNTs that may function as dynamic memory cells [191]. In 2006, IBM produced transistors based on CNTs [192]. Other nanomaterials are being studied for the manufacture of actuators, transducers, sensors, and high-k dielectrics, which include ferroelectric oxides barium titanate (BaTiO₃), which lead barium-strontium titanate ((Ba-Sr)-TiO₃) and zirconate titanate (Pb(Zr-Ti)O₃). Further, a technique for building electronic circuits by mounting electrical devices on flexible plastic substrates is known as flexible electronics, commonly referred to as flex circuits. These flexible electronics are widely used as wearable nanobiosensor devices for sensing various biological parameters, such as glucose, sweat, and pulse [193,194].

5. Limitations, Challenges, and Current Trends of Nanobiosensors

According to the statistics, the worldwide population is predicted to reach 8.5 billion by 2030, with gradual growth expected to reach the 9.8 billion mark by 2050 [195]. This may impact the healthcare domain with further challenges in requiring more diagnosis machines for each patient, lack of testing facilities, and increased time because of huge demand. Moreover, the diagnostic costs may increase two to three times, burdening the ordinary person in a developing country like India. Thus, there is a need to develop an in-house portable, low-cost POCT device that can produce instant results with advanced incorporated technology [196,197].

Engineered nanomaterials generally provide higher electrical, thermal, mechanical, and optical properties, have nanoscale size, intensify anticipated signals, and are well-suited to biological particles [198]. For instance, carbon materials can be used to conjugate biomolecules such as an antibody, enzymes, cells, and nucleic acids. Several researchers have reported that the inclusion of nanomaterials may drastically improve the performance of biosensors, selectivity, specificity, and lower detection limit by several orders of magnitude. Nanomaterials demonstrate augmented chemical activity, surface-to-volume ratio, mechanical potency, improved diffusivity, and electrocatalytic properties [199]. Further, these are predicted to play a substantial role in the high enactment of biosensors with the potential to be used for various applications to probe biomolecules like viruses, pathogens, bacteria, and nucleic acids.

The field of nanotechnology has grown by leaps and bounds where several intriguing nanomaterials are extensively used for diagnostics applications with fabricated or modified biosensors on different material substrates, few nanomaterials including carbon nanotubes, graphene, quantum dots, and nanocomposites. The first major application of the developed nanobiosensor was for sensing glucose [200]. However, the commercialization of nanobiosensors as a product has faced significant challenges in the post-hype of field. The growing public and regulatory concerns about the nonexistence of international guidelines for evaluating the safety of nanobiosensors with industrial/healthcare ethical needs are the most serious issues to be addressed before these products become commercially feasible.
Along with this, the significant challenge is portraying the immobilization process that can be used to closely connect two biomolecules onto a nanobiosensor [201]. Therefore, the method utilized to immobilize a given enzyme is one of the significant aspects of fabricating a consistent biosensor. An attractive candidate for immobilizing biomolecules on a transducer superficial that effectively maintains the bioactivity of the biomolecules is a nanomatrix. The biosensors automation, integration, and miniaturization based on their properties, size, and nanostructures, are a few ongoing challenges.

In recent years, the demand for POCT has increased drastically because of its rapid, reliable, robust, and economic features for the detection, testing, monitoring, and diagnosis of biomedical samples such as blood, urine, saliva, and DNA. This demand subsists in the areas of foodborne pathogens and bacteria detection, environmental pollutant monitoring, and biochemical assay. Due to the advancement in current trends of technology incorporated with cyber-physical systems and artificial intelligence, the development of intelligent nanobiosensors has immensely increased in the commercial market [202–204]. Generally, the nanobiosensors area is multidisciplinary and involves science, electronics, and mechanical challenges. The next-generation nanobiosensor platforms need substantial developments in sensitivity and selectivity to address the requirements in various fields containing pharmaceutical, drug delivery, pathogen detection, and in vitro biomedical diagnostics [205–207].

Further, diagnostic technology development has been crucial to the advancement of medicine. The capability to detect viruses and pathogens by sensing connected nucleic acid sequences, proteins, cell receptors, organelles, enzymes, and several other biomarkers, can offer biomedical healthcare professionals, scientists, and researchers, a clear idea of patients conditions and disease pathways can be provided by the nanobiosensors [208,209]. However, several of the traditional assays presently accessible are time-consuming, need a macro capacity of analytes, and may lead to unpredicted false results. Thus, there is a huge requirement for rapid, inexpensive, trustworthy, multiplexed screening to sense a broad range of analytes. The research should focus on nanomaterials and biosensors that aim to integrate nanoelectronics, sensors, and materials, into economical, effective, and environmentally friendly nanobiosensors, with interest in numerous fields such as food analysis, diagnostics, environment, and other industries for detecting and monitoring.

Further, SWOT analysis (strengths, weaknesses, opportunities, threats) was executed to visualize better and understand nanomaterials and biosensors used for several applications, as shown in Figure 9. The nanobiosensors domain has exceptional strengths and limitless chances in various fields. Moreover, it is apparent that there are large areas that can be improved in respective environments with advanced technology. Considering the advantages of this domain unification, we trust that these weaknesses can be overcome in the future. Furthermore, we believe that the association of nanomaterials and nanosensors with the progression of technology will shortly pave the way for attaining smart nanobiosensors with the incorporation of artificial intelligence, machine learning, and cyber-physical systems for POCT applications in the area time scenario [210].
Figure 9. Detailed SWOT analysis of nanomaterials and biosensors.

6. Conclusions and Future Scope

Nanobiosensor research aims to develop innovative technologies that can substantially contribute to the biomedical, biochemical, environmental, agricultural, and food industries, for detection and monitoring purposes. Moreover, the focus of the nanobiosensor is to benefit humanity and society. Due to the development of nanotechnology, new horizons for nanobiosensors to develop with dimensions suited for intracellular use that is submicron-sized as per the application. Attention should be given to investigating various special effects, like dimension, quantum size, and surface effect, that are exclusive to nanostructured materials synthesis and are essentially their most attractive feature. Further, the invention of novel nanomaterials is essential to be discovered to showcase even better properties for biosensing applications. Ideally, nanotechnology-based biosensors should be fully integrated within miniaturized microfluidic devices with on-chip sample handling, electronics, controller, and analysis. This will remarkably boost their operation by offering devices that are simple, portable, economic, eco-friendly, disposable, highly versatile, and diagnostic instruments. Although an extensive range of biosensors has been
designed in a previous couple of decades, the futuristic goal of high throughput, inexpensive, multiplexed operation for clinical diagnostic on a microfluidic-based lab-on-a-chip (LOC) devices are yet to be accurately realized. Literally, it is still not clear which nanobiosensor designs are best suited to which diagnostic tasks. Moreover, nanobiosensors that are operational in the traditional laboratory may not be used in the clinic or field for many reasons. Well-planned multidisciplinary research should be executed that includes engineers, bioscience researchers, scientists, and doctors, to reveal more advanced and inexpensive nanobiosensors. The future scope of the nanobiosensor should be highly significant, with a slogan for automation, integration, and miniaturization. By integrating and executing advanced technological features like internet-of-things (IoT), deep learning (DL), cloud computing, data analysis, cyber-physical systems (CPS), and artificial intelligence (AI) can lead to the commercialization of the product. Figure 10 shows the future scope of nanobiosensors. It mainly includes three technologies: nano, bio, and sensor; merging altogether produces a nanobiosensor for POCT applications.

![Nano-Bio-Sensor](image)

**Figure 10.** Future scope of nanobiosensors.

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