

## Article

# Homology Modelling, Molecular Docking and Molecular Dynamics Simulation Studies of CALMH1 against Secondary Metabolites of *Bauhinia variegata* to Treat Alzheimer's Disease

Noopur Khare <sup>1,2</sup>, Sanjiv Kumar Maheshwari <sup>1</sup>, Syed Mohd Danish Rizvi <sup>3</sup> , Hind Muteb Albadrani <sup>4</sup>, Suliman A. Alsagaby <sup>4</sup> , Wael Alturaiki <sup>4</sup> , Danish Iqbal <sup>4,5,\*</sup> , Qamar Zia <sup>4,5</sup>, Chiara Villa <sup>6</sup> , Saurabh Kumar Jha <sup>7,8,9</sup>, Niraj Kumar Jha <sup>7,8,9</sup>  and Abhimanyu Kumar Jha <sup>7,\*</sup>

- <sup>1</sup> Institute of Biosciences and Technology, Shri Ramswaroop Memorial University, Barabanki 225003, Uttar Pradesh, India; noopur.khare2009@gmail.com (N.K.); sanjiv08@gmail.com (S.K.M.)
- <sup>2</sup> Department of Biotechnology, Dr. A.P.J. Abdul Kalam Technical University, Lucknow 226021, Uttar Pradesh, India
- <sup>3</sup> Department of Pharmaceutics, College of Pharmacy, University of Hail, Hail 2240, Saudi Arabia; sm.danish@uoh.edu.sa
- <sup>4</sup> Department of Medical Laboratory Sciences, College of Applied Medical Sciences, Majmaah University, Majmaah 11952, Saudi Arabia; h.albadrani@mu.edu.sa (H.M.A.); s.alsagaby@mu.edu.sa (S.A.A.); w.alturaiki@mu.edu.sa (W.A.); qamarzia@mu.edu.sa (Q.Z.)
- <sup>5</sup> Health and Basic Sciences Research Center, Majmaah University, Al Majmaah 15341, Saudi Arabia
- <sup>6</sup> School of Medicine and Surgery, University of Milano-Bicocca, 20900 Monza, Italy; chiara.villa@unimib.it
- <sup>7</sup> Department of Biotechnology, School of Engineering and Technology, Sharda University, Greater Noida 201310, Uttar Pradesh, India; Saurabh.jha@sharda.ac.in (S.K.J.); nirajkumarjha2011@gmail.com (N.K.J.)
- <sup>8</sup> Department of Biotechnology, School of Applied & Life Sciences (SALS), Uttaranchal University, Dehradun 248007, Uttarakhand, India
- <sup>9</sup> Department of Biotechnology Engineering and Food Technology, Chandigarh University, Mohali 140413, Punjab, India
- \* Correspondence: da.mohammed@mu.edu.sa (D.I.); abhimanyu2006@gmail.com (A.K.J.)



**Citation:** Khare, N.; Maheshwari, S.K.; Rizvi, S.M.D.; Albadrani, H.M.; Alsagaby, S.A.; Alturaiki, W.; Iqbal, D.; Zia, Q.; Villa, C.; Jha, S.K.; et al. Homology Modelling, Molecular Docking and Molecular Dynamics Simulation Studies of CALMH1 against Secondary Metabolites of *Bauhinia variegata* to Treat Alzheimer's Disease. *Brain Sci.* **2022**, *12*, 770. <https://doi.org/10.3390/brainsci12060770>

Academic Editor: Claudio Torres

Received: 15 February 2022

Accepted: 31 May 2022

Published: 12 June 2022

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

**Abstract:** Calcium homeostasis modulator 1 (CALHM1) is a protein responsible for causing Alzheimer's disease. In the absence of an experimentally designed protein molecule, homology modelling was performed. Through homology modelling, different CALHM1 models were generated and validated through Rampage. To carry out further in silico studies, through molecular docking and molecular dynamics simulation experiments, various flavonoids and alkaloids from *Bauhinia variegata* were utilised as inhibitors to target the protein (CALHM1). The sequence of CALHM1 was retrieved from UniProt and the secondary structure prediction of CALHM1 was done through CFSSP, GOR4, and SOPMA methods. The structure was identified through LOMETS, MUSTER, and MODELLER and finally, the structures were validated through Rampage. *Bauhinia variegata* plant was used to check the interaction of alkaloids and flavonoids against CALHM1. The protein and protein–ligand complex were also validated through molecular dynamics simulations studies. The model generated through MODELLER software with 6VAM A was used because this model predicted the best results in the Ramachandran plot. Further molecular docking was performed, quercetin was found to be the most appropriate candidate for the protein molecule with the minimum binding energy of  $-12.45$  kcal/mol and their ADME properties were analysed through Molsoft and Molinspiration. Molecular dynamics simulations showed that CALHM1 and CALHM1–quercetin complex became stable at 2500 ps. It may be seen through the study that quercetin may act as a good inhibitor for treatment. With the help of an in silico study, it was easier to analyse the 3D structure of the protein, which may be scrutinized for the best-predicted model. Quercetin may work as a good inhibitor for treating Alzheimer's disease, according to in silico research using molecular docking and molecular dynamics simulations, and future in vitro and in vivo analysis may confirm its effectiveness.

**Keywords:** homology modelling; LOMETS; MUSTER; iGEMDOCK; AutoDock vina

## 1. Introduction

Alzheimer's disease is a long-term illness that causes brain cell loss and degeneration. The most common kind of dementia is Alzheimer's disease, which is characterised as a gradual loss of mental, communicative, and social abilities that makes it difficult for a person to operate independently [1]. Current Alzheimer's disease medicines may temporarily alleviate symptoms or delay the progression of the illness. Medications can often assist patients with Alzheimer's disease enhance their neuron function. For those with Alzheimer's disease, a variety of programs and services can be quite beneficial [2].

Intracellular calcium ( $\text{Ca}^{2+}$ ) dynamics govern key neuronal functions such as neurotransmission, synaptic plasticity, learning, and memory, and signalling cascades, cytoskeleton modifications, synaptic function, and neuronal survival are all affected by changes in  $\text{Ca}^{2+}$  dynamics [3]. Several investigations have indicated the essential role of  $\text{Ca}^{2+}$  dysregulation in central Alzheimer's disease-related pathogenic processes since the first systematic hypothesis was proposed twenty years ago (AD). Disturbances in  $\text{Ca}^{2+}$  signals were discovered in the early stages of Alzheimer's disease, even before the build-up of amyloid  $\beta$ -peptide (A $\beta$ ), a clinical marker of the disease [4]. A growing body of evidence shows that mutations in AD-related genes such as presenilins, amyloid precursor protein, or apolipoprotein-E affect  $\text{Ca}^{2+}$  signalling, leading to apoptosis, synaptic plasticity failure, and neurodegeneration [5].

$\text{Ca}^{2+}$ o (extracellular calcium) plays an important part in physiological processes. In a number of physiological and pathological circumstances, changes in  $\text{Ca}^{2+}$ o concentration ( $[\text{Ca}^{2+}$ o]) have been discovered to modify neuronal excitability, although the mechanisms by which neurons detect  $[\text{Ca}^{2+}$ o] remain unknown [6]. Calcium homeostasis modulator 1 (CALHM1) expression has been shown to generate cation currents in cells and enhance the concentration of cytoplasmic  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}$ i]) in response to  $\text{Ca}^{2+}$ o removal and subsequent addition. It is unclear if CALHM1 is a pore-forming ion channel or a modulator of endogenous ion channels. CALHM1 is also expressed in mouse cortical neurons, which respond to reduced  $[\text{Ca}^{2+}$ o] with increased conductivity and potential firing action, as well as a significantly higher  $[\text{Ca}^{2+}$ i] when  $\text{Ca}^{2+}$ o is withdrawn [7]. Those reactions, on the other hand, are significantly reduced in mouse neurons that have had CALHM1 genetically eliminated. These findings demonstrate that CALHM1 is an evolutionarily conserved family of ion channels that senses membrane voltage and external  $\text{Ca}^{2+}$  levels and plays a role in cortical neuronal excitability and  $\text{Ca}^{2+}$  homeostasis, notably in response to decreasing and restoring  $[\text{Ca}^{2+}$ o] [8].

The absence of an experimentally characterized structure has hampered progress in determining the function of CALHM1 in Alzheimer's disease. The two most common experimental approaches for determining the structure of proteins are X-ray crystallography and nuclear magnetic resonance (NMR) spectroscopy. These techniques, however, have requirements such as a high time and personnel needs [9]. Obtaining protein sequences, on the other hand, is much easier than obtaining protein structure, thanks to current sequencing methods. As a result, databases such as UniProt (<https://www.uniprot.org/> (accessed on 7 January 2021)) and TrEMBL (Translated EMBL) (<https://www.uniprot.org/statistics/TrEMBL> (accessed on 8 January 2021)) include many protein sequences. In the late twentieth century, computational approaches for predicting the structure of proteins gave a sequence of amino acids. The information essential for a protein's correct folding is encoded in its amino acid sequence, according to research (Anfinsen's dogma). Homology modelling (based on sequence comparison) and threading are presently the most used computational approaches for predicting protein structure (based on sequence comparison) [10].

The goal of this research was to create useful models of the CALHM1 computational protein structure. As a result, additional research and analysis of CALHM1 function in Alzheimer's disease will be aided [11]. Comparative modelling was carried out in the absence of its experimentally deduced structure using the software programs MODELLER (<https://salilab.org/modeller/> (accessed on 15 January 2021)), LOMETS (Lo-

cal MetaThreading Server) (<https://zhanglab.ccmb.med.umich.edu/LOMETS/> (accessed on 19 January 2021)) and MUSTER (MUlti-Sources ThreadER) (<https://zhanglab.ccmb.med.umich.edu/MUSTER/> (accessed on 30 January 2021)) [12]. RAMPAGE (Ramachandran Plot Assessment) (<http://mordred.bioc.cam.ac.uk/~rapper> (accessed on 3 February 2021)) was then used to test the model structure. Using SPDBV (Swiss PDB Viewer) (<https://spdbv.vital-it.ch/> (accessed on 5 February 2021)) software, the energy minimisation of the four modelled structures was carried out. Using GOR4 (Garnier–Osguthorpe–Robson) (<https://npsa-prabi.ibcp.fr/NPSA/npsagor4.html> (accessed on 5 February 2021)), CFSSP (Chou and Fasman Secondary Structure Prediction Server) (<http://www.biogem.org/tool/chou-fasman/> (accessed on 5 February 2021)), and SOPMA (Self-Optimized Prediction System with Alignment) algorithms (<https://npsa-prabi.ibcp.fr/cgi-bin/npsaautomat.pl?page=/NPSA/npsasopma.html> (accessed on 5 February 2021)) also generated secondary protein structure [13].

## 2. Material and Methods

The protein structure prediction modelling for comparative modelling consisted of the following steps. Target identification came first, followed by alignments of the target and prototype sequences. The model was built when the alignment template procedure was completed. Finally, the model's strength, steric collisions, and stability were evaluated.

### 2.1. Protein Sequence Retrieval

The CALHM1 protein sequence (accession number: Q8IU99 (CAHM1\_HUMAN)) was saved from the UniProt database (<https://www.uniprot.org/> (accessed on 7 January 2021)) [14].

### 2.2. Protein Secondary Structure Prediction

The CALHM1 protein sequence (accession number: O43315 (AQP9 HUMAN)) was further subjected to secondary structure prediction on the ExPASy server using GOR4, SOPMA and CFSSP [15].

### 2.3. Protein Tertiary Structure Prediction through Template Identification

A thorough search of the PDB (Protein Data Bank) (<http://www.rcsb.org/> (accessed on 16 February 2021)) was conducted to search the most similar sequences already known for experimentally designed structures. The template protein structures (6VAM A and 6LMT A) were analysed as the most accurate template for identifying the three-dimensional protein structure based on various factors such as E-value, percentage identity, alignment score, and query coverage [16].

### 2.4. Modelling

The protein CALHM1 three-dimensional structure was calculated using MODELLER version 9.15, LOMETS, and the MUSTER server. MODELLER carries out a comparative modelling of the proteins according to the identified template. LOMETS is based on a metathreading technique for identifying the protein structure based on a template. MUSTER is based on a protein threading algorithm, which identifies PDB library template structures [17]. It generates sequence–template alignments with multiple structural data by combining different sequences. Several models were created through two templates, and a comparison of their DOPE score was selected for the best model [18].

### 2.5. Validation of the Structure

The RAMPAGE server was used to create Ramachandran plots in order to validate the predicted protein structures by looking at criteria such as preferred, allowed, and outside amino acid residue areas. The pdb files of the best target gene models predicted by MODELLER, LOMETS, and MUSTER were sent to the RAMPAGE service to create Ramachandran plots. Plots were identified for the anticipated structures, and the plots

were matched to determine the best structure among the projected structures and further studies. Validation of the protein structure's quality was also carried out using the ProSA server [12].

#### 2.6. Energy Minimisation of the Predicted Molecule

For SPDBV to achieve the lowest energy conformation, the identified and analysed models were subjected to energy minimisation.

#### 2.7. Preparation of Ligand Molecule

The flavonoids and alkaloids structure of the plant *Bauhinia variegata* were retrieved in sdf format from the PubChem online database. The stem bark of the plant contains beta-carotene, quercetin, stigmasterol, hentriacontane, flavanone, isoquercitroside, kaempferol-3-glucoside, lupeol, myricetol, phenanthriquinone, quercitroside, rutoside, xanthophyll, dihydroquercetin, octacosanol, and beta-sitosterol. All the structures were retrieved in 3D structure in SDF format and were further converted into pdb format through online converting tool [19].

#### 2.8. Initial Docking through iGEMDOCK Software

Initial docking was performed to screen the ligands on the basis of the binding energy. The docking process was carried out through iGEMDOCK version 2.1. The result was in the form of an electrostatic force, hydrogen bonds, and Van Der Waals forces [20]. The docking was performed between protein and ligand with a population size of 200 and the number of generations was 70 with 2 solutions [21].

#### 2.9. Final Molecular Docking through AutoDock Vina and Drug Likelihood Property Analysis

The ligands were screened through iGEMDOCK and these screened ligands were tested against CALHM1 protein through AutoDock vina software. This software tool is freely available online. The protein CALHM1 was assigned with Kollman charges and polar hydrogens. The screened ligands were added with nonpolar hydrogen atoms and with Gasteiger partial charges. The torsion angles were allowed to rotate freely. A grid box of  $80 \times 80 \times 80$  Å was adjusted in such a manner that it was covering the target molecule to give the best docked result. The docking algorithm was adjusted to 100 runs. The default parameters were the Lamarckian genetic algorithm (LGA) and the empirical free energy function. The best-targeted molecule was screened further based on its minimal binding energy (Kcal/mol) [22].

Drug likelihood analysis was done through Molsoft (<http://www.molsoft.com/> (accessed on 2 March 2021)) and Molinspiration (<http://www.molinspiration.com/> (accessed on 2 March 2021)). Different properties of the screened ligand were analysed through pkCSM [23].

#### 2.10. Molecular Dynamics Simulations

According to the molecular docking results, a molecular dynamics simulation was performed. The molecule which showed the minimum binding energy with the protein molecule was compared with the protein molecule for the dynamics study. The Groningen Machine for Chemical Simulations (GROMACS) 4.5.6 package was used to run molecular dynamics simulations. For the simulations, Gromacs was utilised to build the protein target and ligand file. With the help of an online server PRODRG2.5, the topology parameters of the ligand were generated [24]. The protein and ligand complex was placed inside the shell. The volume of the box was  $284.14 \text{ nm}^3$  and the distance between the protein molecule and the box was kept at 1.0 nm. After adding 8 sodium ions to the shell, simple point charges and water molecules were neutralized. Energy minimisation was achieved using the steepest approach of 8 ps. The machine was balanced at 40 ps when the temperature was raised to 300 K. The simulations at 10 ns were performed at 1 bar and at the temperature

of 300 K. Finally, an all-bond restriction was employed to keep the ligand from migrating during molecular dynamics [25].

### 3. Results and Discussion

#### 3.1. Protein Sequence

The protein sequence of CALHM1 was retrieved in FASTA format from the UniProt database as shown in Figure 1.

```

      10      20      30      40      50
MMDKFRMIFQ FLQSNQESFM NGICGIMALA SAQMYSAFDF NCPCLPGYNA
      60      70      80      90     100
AYSAGILLAP PLVLFLLGLV MNNVSMMLAE EWKRPLGRRR KDPAVLRMYF
     110     120     130     140     150
CSMAQRALIA PVVWVAVTLL DGKCFLLCAFC TAVPVSALGN GSLAPGLPAP
     160     170     180     190     200
ELARLLARVP CPEIYDGDWL LAREVAVRYL RCISQALGWS FVLLTTLLAF
     210     220     230     240     250
VVRSVRCFT  QAAFLKSKYW SHYIDIERKL FDETCTEHAK AFAKVCIQQF
     260     270     280     290     300
FEAMNHLELE GHTHGTLLATA PASAAAPTTP DGAEEREKLE RGITDQGTMM
     310     320     330     340
RLLTSWHKCK PPLRLGQEEP PLMGNGWAGG GPRPPRKEVA TYFSKV

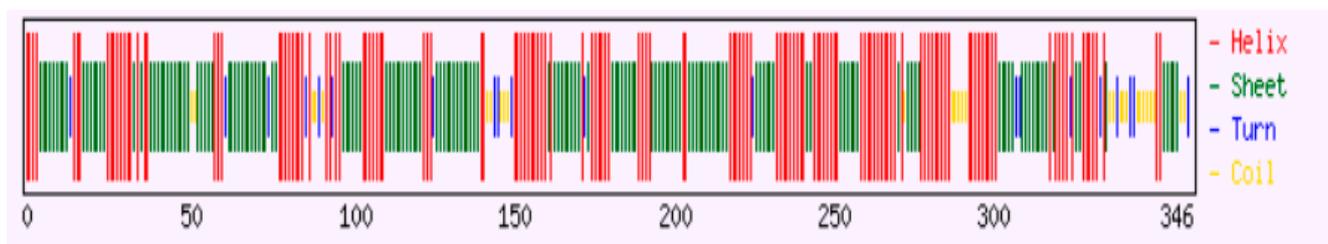
```

**Figure 1.** Protein sequence of CALHM1.

#### 3.2. Protein Secondary Structure Prediction

The secondary structure prediction of CALHM1 was carried out with the aid of methods such as Chou and Fasman Secondary Structure Prediction Server (CFSSP), Garnier–Osguthorpe–Robson (GOR4), and the Self-Optimised Prediction Method with Alignment (SOPMA). Information from GOR4, CFSSP, and SOPMA Expaty tools were obtained and the secondary structures such as alpha helix, beta strand, and random coil for the target CALHM1 were extracted.

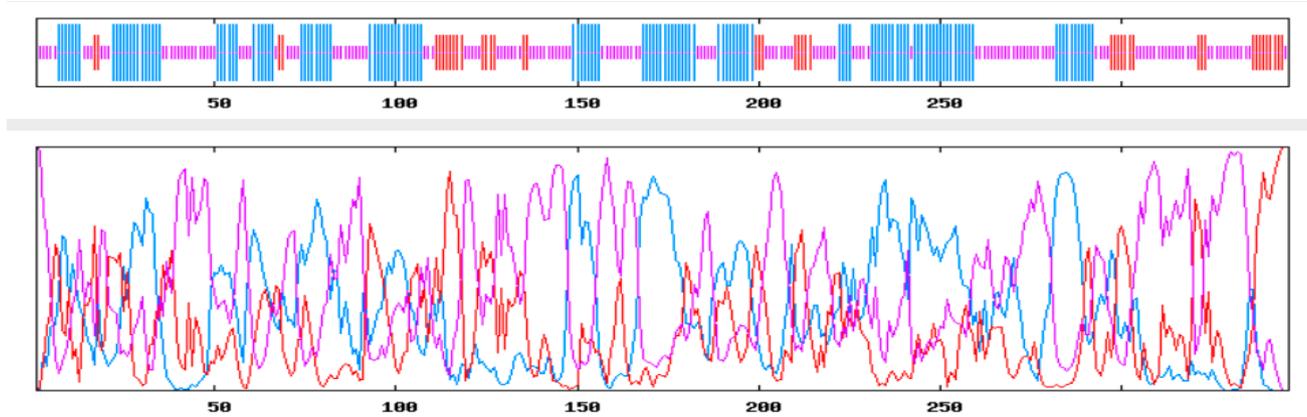
Chou and Fasman Secondary Structure Prediction Server (CFSSP) is an empirical predictive tool of secondary protein structures. The method depends on analyses of the relative frequencies in alpha helices, beta sheets, and turns of each amino acid based on known protein structures solved with X-ray crystallography. The analysis of the CFSSP showed that CALHM1 consisted of 271 alpha helix, 248 extended strands, and 34 turns, as shown in Figure 2.



**Figure 2.** CFSSP result.

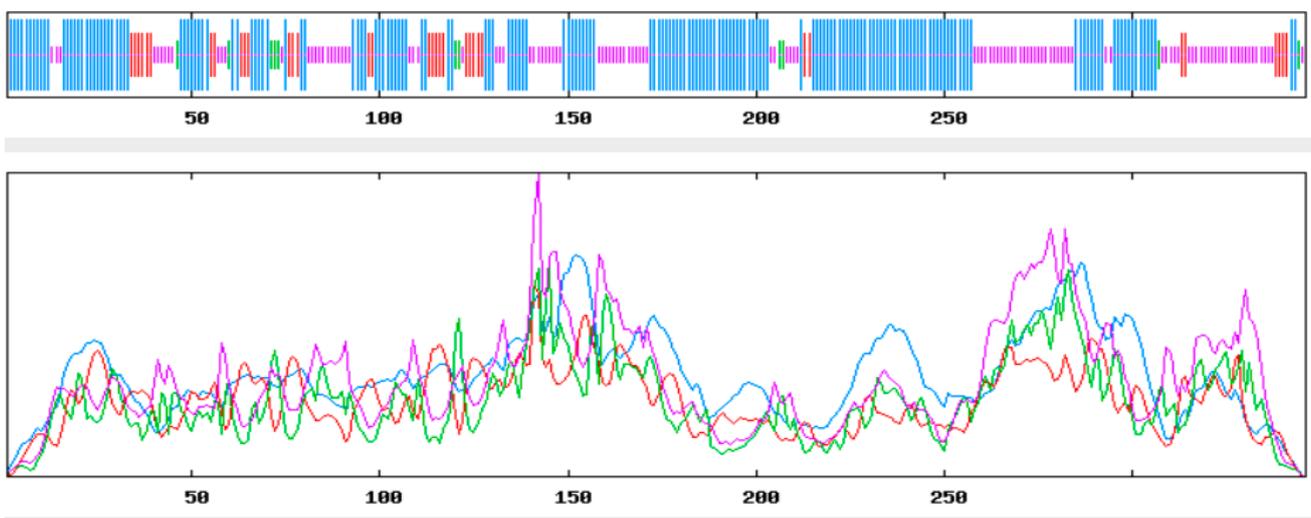
The Garnier–Osguthorpe–Robson (GOR4) method is a technique based on information theory to predict the secondary structures in proteins. It uses probability factors derived from empirical research of known tertiary protein structures solved using X-ray

crystallography. The analysis of GOR4 showed that CALHM1 consisted of 133 alpha helix, 45 extended strands, and 168 random coils, as shown in Figure 3.



**Figure 3.** GOR4 result (dark blue is denoting alpha helix, light blue is denoting pi helix, dark pink is denoting beta bridge, red is denoting extended strands).

The Self-Optimised Prediction Method with Alignment (SOPMA) is an ExPASy server protein-aided secondary structure prediction tool. Using consensus estimation from several alignments, the algorithm contributes to significant advances in protein secondary structure. Analysing SOPMA, CALHM1 consisted of 182 alpha helix, 34 extended strands, and 119 random coils as shown in Figure 4.



**Figure 4.** SOPMA result (dark blue is denoting alpha helix, green is denoting pi helix, dark pink is denoting beta bridge, red is denoting extended strands).

### 3.3. Template Identification

PDB Blast was performed to define CALHM1 modelling prototype structures for comparative homology modelling. We compared the templates and selected two of them (6VAM A and 6LMT A) based on their query cover, E-value and identity as shown in Table 1. Using MODELLER software, the two structures were downloaded from PDB for modelling the protein.

**Table 1.** CALHM1 BLAST parameters.

Query Cover	E-Value	Identity	Accession
99%	$6 \times 10^{-169}$	68.36%	6VAM A
88%	$4 \times 10^{-139}$	58.82%	6LMT A

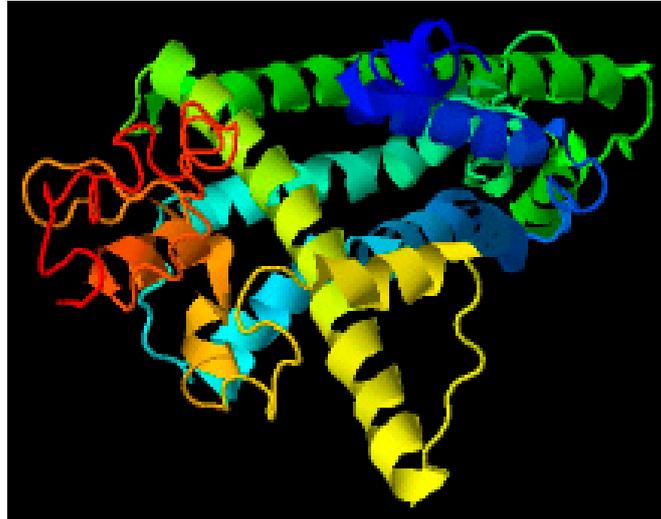
### 3.4. Modelling through MODELLER

Through 6VAM A and 6LMT A prototype files, structures were modelled using MODELLER version 9.15 software for the protein CALHM1. Fifty models were produced using 6VAM A and 6LMT A modellers. With the help of the DOPE score as a criterion, we selected one best model for 6VAM A (Model 1) as shown in Figures 5 and 6LMT A (Model 2) as shown in Figure 6.

**Figure 5.** Best predicted model by MODELLER (6VAM A).**Figure 6.** Best predicted model by MODELLER (6LMT A).

### 3.5. Structure Prediction through LOMETS Server

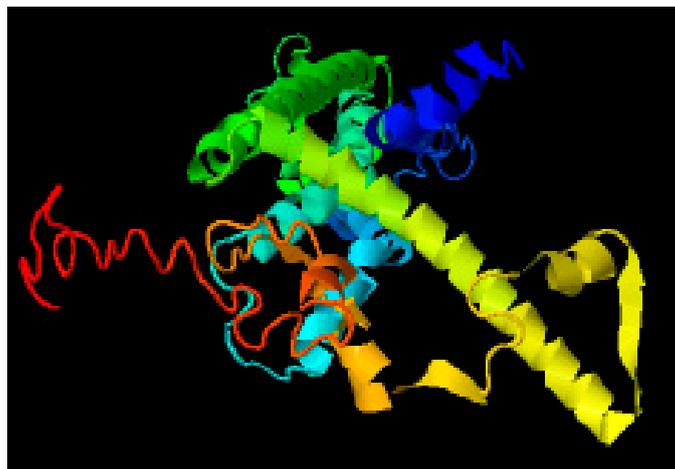
LOMETS server was used as a meta threading approach to identify the 3D structure of the given sequence. Ten protein structures were generated, and the best structures were further evaluated. Comparing the Z-score and maximum coverage, the best model among them was selected as shown in Figure 7.



**Figure 7.** Best predicted model by LOMETS.

### 3.6. Protein Structure Prediction Using MUSTER Server

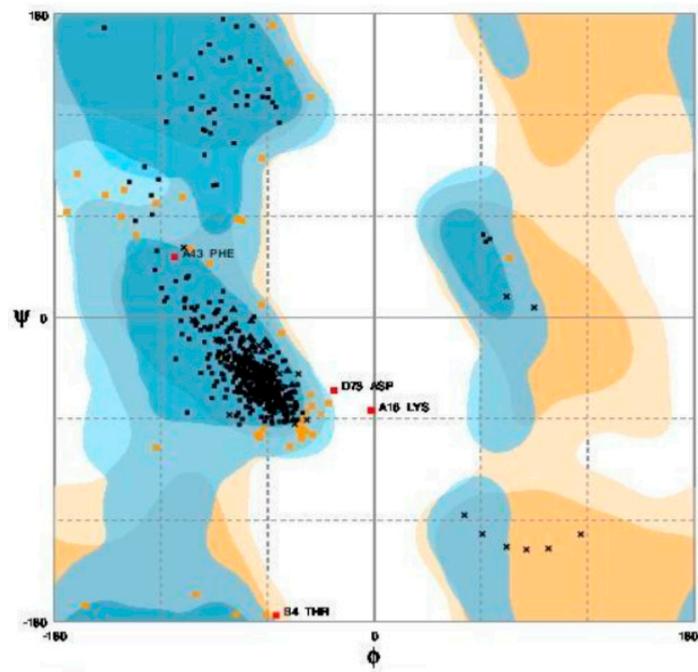
In addition, the MUSTER online server was used for protein threading. This server created ten different protein sequence models, among which the structure with the lowest Z-score and the maximum coverage was chosen as the fittest structure as shown in Figure 8.



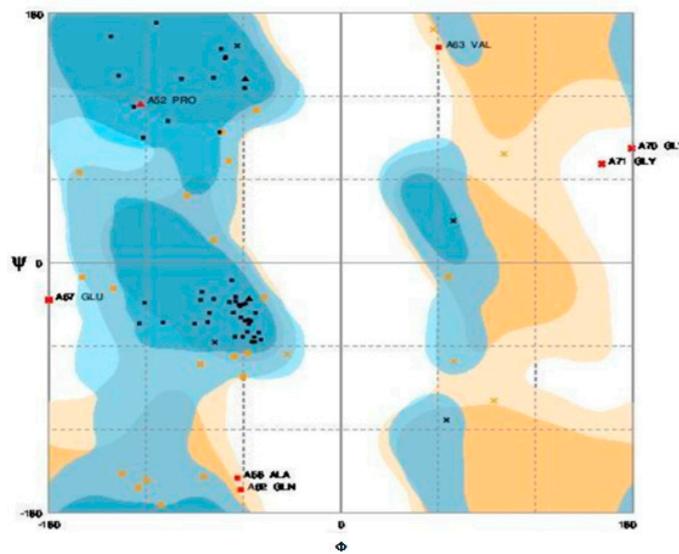
**Figure 8.** Best predicted model by MUSTER.

### 3.7. Structure Validation Using Ramachandran Plot

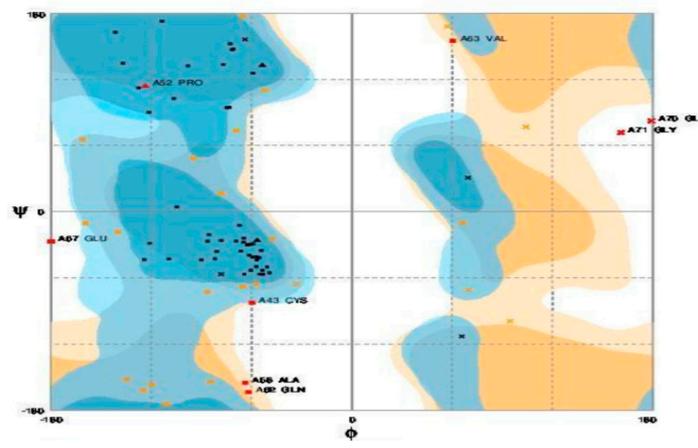
The selected four protein structures were uploaded to RAMPAGE to analyse the predicted structures, which produced the Ramachandran plots for the predicted protein structures as shown in Figure 9. In this plot, the amino acids (residues) have been identified in three distinct regions. The three distinct regions were favoured region, allowed region, and outlier region as shown in Table 2. Further structure validation was also performed through the ProSA server (<https://prosa.services.came.sbg.ac.at/prosa.php> (accessed on 3 February 2021)) to analyse the protein structure as shown in Figure 10.



(a)

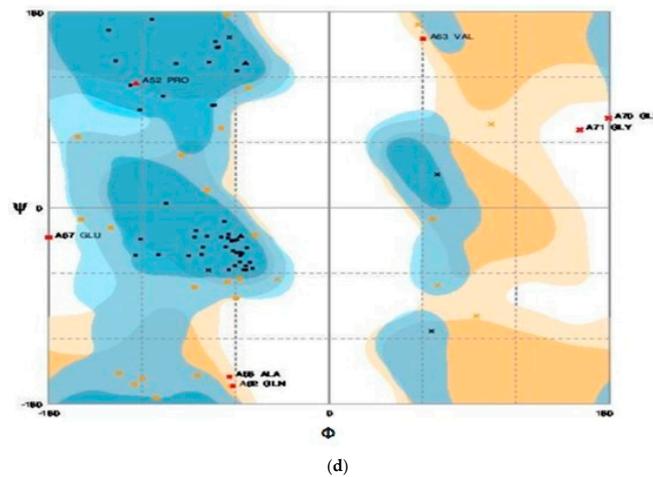


(b)



(c)

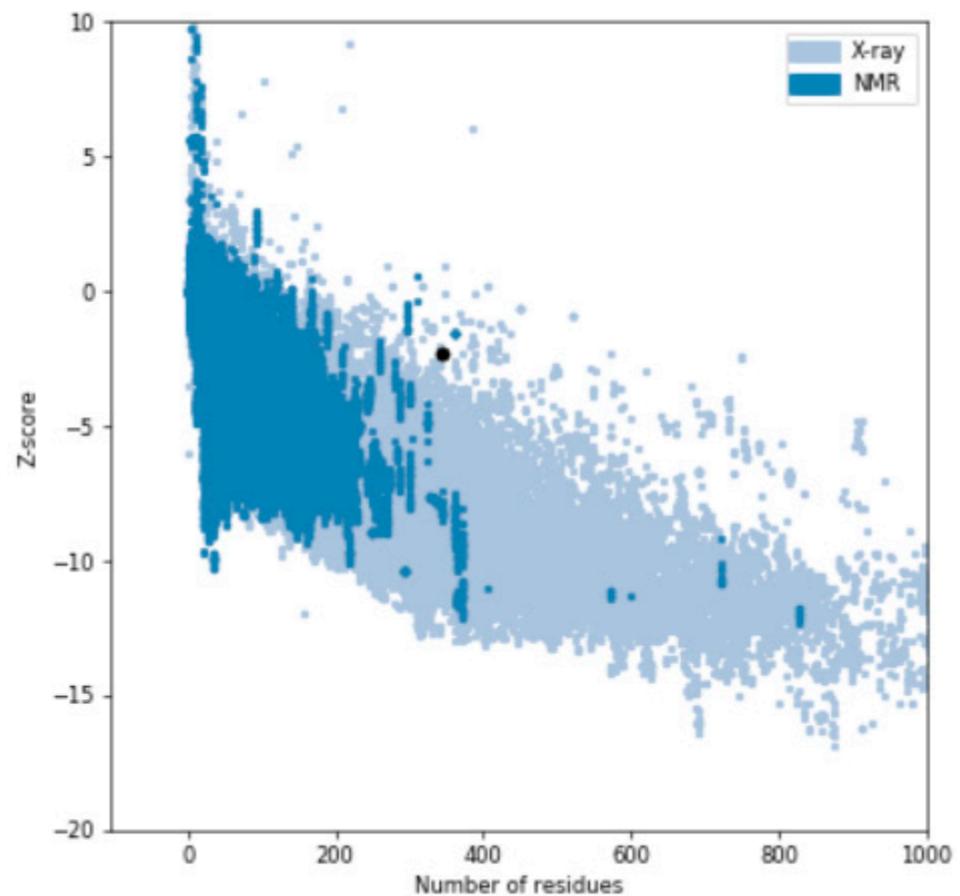
Figure 9. Cont.



**Figure 9.** Ramachandran plots for (a) MODELLER (6VAM A); (b) MODELLER (6LMT A); (c) LO-ETS server; (d) MUSTER server.

**Table 2.** Ramachandran plot for each model.

	MODELLER		LOMETS	MUSTER
	6VAM A	6LMT A		
Favoured region	187	172	177	196
Allowed region	5	6	14	10
Outlier region	2	3	15	6



**Figure 10.** Quality of the protein structure (ProSA Server).

### 3.8. Energy Minimisation

The energy minimisation was carried through SPDBV (Swiss PDB Viewer) (<https://spdbv.vital-it.ch/> (accessed on 5 February 2021)) software for the predicted models. The values retrieved from the energy minimisation were analysed to identify the best protein structure which was predicted as shown in Table 3. MODELLER 6VAM A had the least energy content ( $E = 2468.876$  KJ/mol).

**Table 3.** Energy minimisation values through SPDBV.

	MODELLER		LOMETS	MUSTER
	6VAM A	6LMT A		
Energy (KJ/mol)	2468.876	5688.255	10,265.889	8714.236

### 3.9. Ligands from *Bauhinia variegata*

The three-dimensional structure in sdf format were downloaded from PubChem. The secondary metabolites were xanthophyll, beta-carotene, beta-sitosterol, dihydroquercetin, quercetin, stigma sterol, hentriacontane, octacosanol, flavanone, isoquercitroside, kaempferol-3-glucoside, lupeol, myricetol, phenanthriquinone, quercitroside, and rutoside, as shown in Table 4.

**Table 4.** Compounds and their respective PubChem IDs.

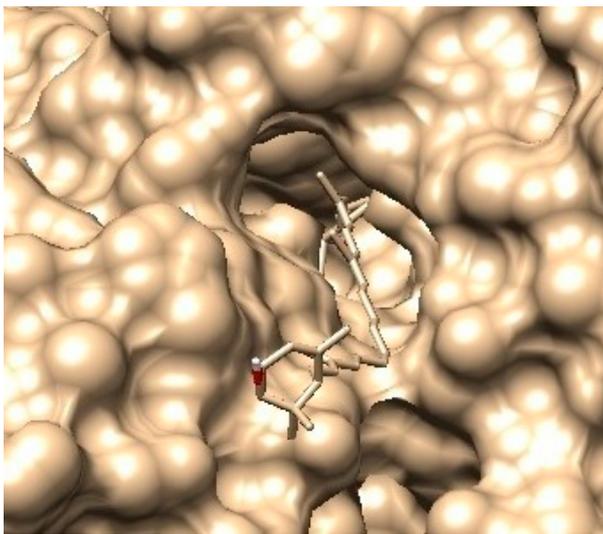
Compound	PubChem ID
Hentriacontane	CID: 12410
Octacosanol	CID:68406
Stigmasterol	CID:5280794
Betasitosterol	CID:222284
Flavanone	CID:10251
Isoquercitroside	CID:5484006
Kaempferol-3-glucoside	CID:6325460
Lupeol	CID:259846
Myricetol	CID:5281672
Phenanthriquinone	CID:6763
Quercitroside	CID:5280459
Rutoside	CID:5280805
Xanthophyll	CID:5281243
Beta- carotene	CID:5280489
Dihydroquercetin	CID:439533
Quercetin	CID:5280343

### 3.10. Screening of Ligands through iGEMDOCK

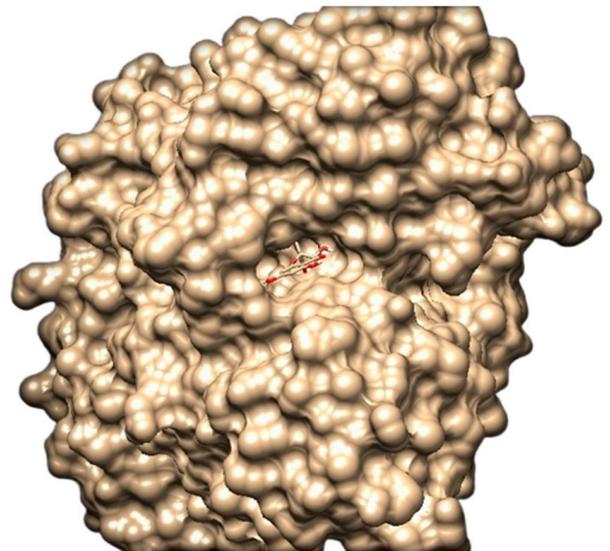
All the downloaded ligands were interacted with the protein molecule (CALHM1). Table 5 shows how the Van der Waal forces, binding energy, and hydrogen bond were used to filter the best docked molecules. The structure of the screened docked protein–ligands are shown in Figure 11.

**Table 5.** Initial docking by iGEMDOCK.

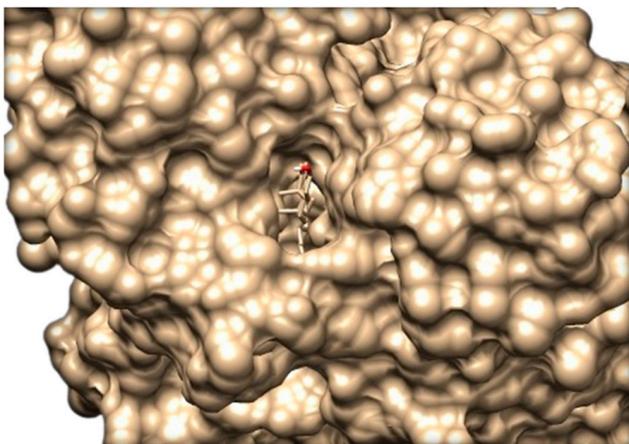
Ligands	Binding Energy	VDW	HBond
Quercetin (CID: 5280343)	−12.66	−22.13	−2.34
Dihydroquercetin (CID: 439533)	−10.30	−21.11	−2.18
Beta-carotene (CID: 5280489)	−10.26	−20.11	−3.42
Xanthophylls (CID: 5281243)	−8.20	−11.33	−4.57
Stigma sterol (CID: 5280794)	−7.80	−29.20	−7.6
Beta-sitosterol (CID: 222284)	−6.70	−30.29	−3.41



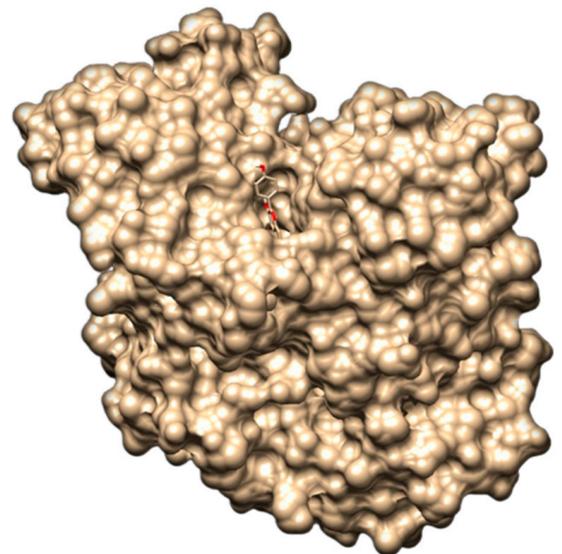
(a)



(b)

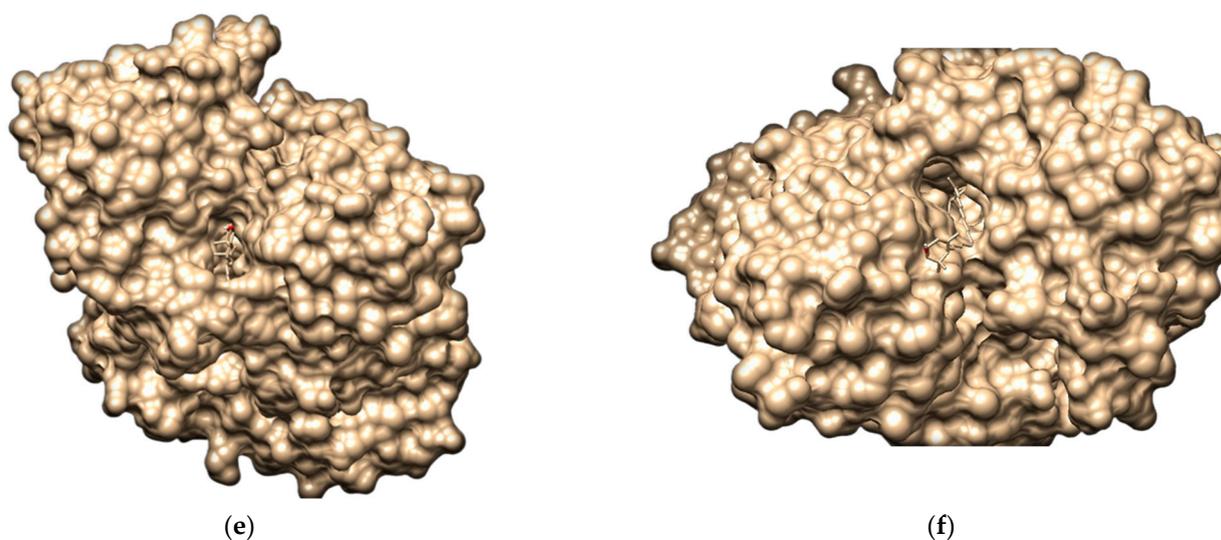


(c)



(d)

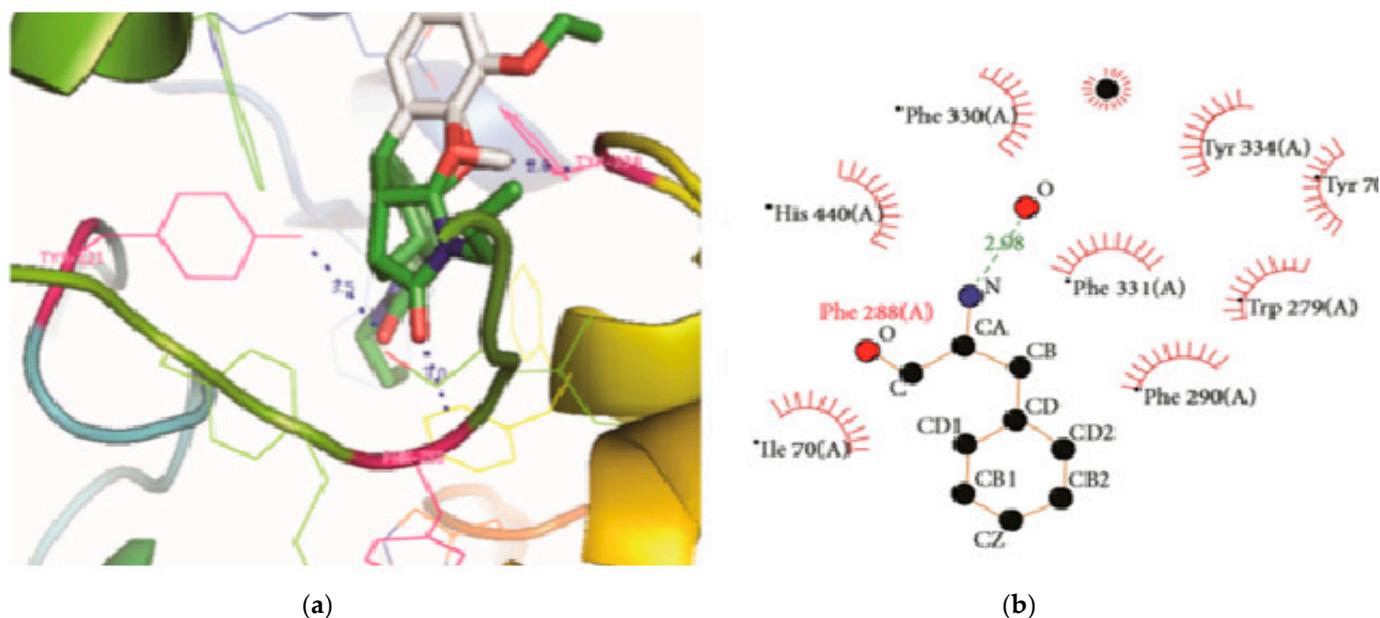
**Figure 11.** *Cont.*



**Figure 11.** Molecular docking analysis: (a) pose view of CALHM1 with betacarotene; (b) pose view of CALHM1 with betasitosterol; (c) pose view of CALHM1 with quercetin; (d) pose view of CALHM1 with stigmasterol; (e) pose view of CALHM1 with xanthophyll; (f) pose view of CALHM1 with dihydroquercetin.

### 3.11. Molecular Docking Analysis through AutoDock Vina

Using the AutoDock vina program, the screened ligands were docked with CALHM1. The ligands were then sorted according to their minimal binding affinity. The optimum posture was determined based on the lowest binding affinity, as illustrated in Figure 12. Quercetin (CID: 5280343) exhibited the lowest binding affinity with CALHM1 according to molecular docking findings. The optimum energy value after comparing the poses of quercetin with CALHM1 was  $-12.45$  Kcal/mol, as indicated in Table 6. The AutoDock vina energies were evaluated.



**Figure 12.** CALHM1 docking and Ligplot interaction with quercetin. (a) The hydrogen bond distance between the docked ligand and the active site is shown; (b) a two-dimensional depiction of a ligand and a protein residue.

**Table 6.** Docking result of quercetin against CALHM1.

S.No	Mode	Affinity (kcal/mol)	Distance From Best Mode RMSD l.b	Distance From Best Mode RMSD u.b
1.	1	−12.45	0.000	0.000
2.	2	−12.34	21.115	20.357
3.	3	−12.12	12.235	12.514
4.	4	−11.65	9.656	6.524
5.	5	−11.25	8.459	2.722
6.	6	−10.81	8.287	10.650
7.	7	−9.45	7.775	1.089
8.	8	−9.32	6.002	11.924
9.	9	−8.23	6.028	14.615

### 3.12. Cheminformatics Properties and Lipinski's Rule of Five Validation of Quercetin

The cheminformatics properties were studied for quercetin. The properties were molecular formula, molecular weight (g/mol), molar refractivity (cm<sup>3</sup>), density (cm<sup>3</sup>), drug likeness, etc., as shown in Table 7. The molecular weight of quercetin was 302.24 g/mol, the value of log P was 0.56, molecular refractivity was 122.60 cm<sup>3</sup>. The comparative result of quercetin predicts it to be a good candidate. Quercetin was also validated for its Lipinski's rule of five properties, the value of quercetin predicted <10 hydrogen bond acceptors, <5 hydrogen bond donors, <500 g/mol molecular weight, <5 log P value [26].

**Table 7.** Cheminformatics properties of quercetin.

Molecular Formula	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>
Molecular weight (g/mol)	302.24
Hydrogen bond acceptor	7
Hydrogen bond donor	5
Rotatable bonds	1
Log <i>p</i>	0.56
No of atoms	22
Polar surface area (A <sup>2</sup> )	103.49 A <sup>2</sup>
Molar refractivity (cm <sup>3</sup> )	122.60
Density (cm <sup>3</sup> )	1.23
Molar volume (cm <sup>3</sup> )	268.73 cm <sup>3</sup>
Drug likeness	1
Lipinski validation	yes
GPCR ligand	−0.06
Ion channel modulator	−0.19
Kinase inhibitor	0.28
Nuclear receptor ligand	0.36
Protease inhibitor	−0.25
Enzyme inhibitor	0.28

### 3.13. Quercetin's Pharmacokinetic Properties

Properties such as absorption, distribution, metabolism, excretion and toxicity properties (ADMET) were analysed for quercetin under pharmacokinetics.

The absorption property was analysed by intestinal water solubility at  $-2.925 \log \text{ mol/L}$ , and the intestinal solubility was found to be 96.902 percent, and the skin permeability value was  $-2.735 \log \text{ Kp}$ , which showed a strong quercetin structure that validated its good behaviour in terms of drug likeness. The blood brain barrier (BBB) and central nervous system (CNS) permeability values of quercetin were analysed for distribution properties with a weak BBB value of  $-1.098 \log \text{ BB}$ . However, the permeability value of the central nervous system (CNS) was  $-3.065 \log \text{ PS}$ . The CYP3A4 substrate, which is the isoform of cytochrome P450, confirmed the metabolism property. The property of excretion showed that the total clearance value was 0.407, which showed that quercetin had nontoxic actions, and nontoxicity was inferred [27]. Table 8 shows all of the results.

**Table 8.** Pharmacokinetic properties of quercetin.

S.No.	Property	Model Name	Predicted Value	Unit
1.	Absorption	Water solubility	$-2.925$	Numeric ( $\log \text{ mol/L}$ )
2.	Absorption	Caco <sub>2</sub> permeability	$-0.229$	Numeric ( $\log \text{ Papp}$ in $10^{-6} \text{ cm/s}$ )
3.	Absorption	Intestinal absorption (human)	96.902	Numeric (% absorbed)
4.	Absorption	Skin permeability	$-2.735$	Numeric ( $\log \text{ Kp}$ )
5.	Absorption	P-glycoprotein substrate	Yes	Categorical (Yes/No)
6.	Absorption	P-glycoprotein I inhibitor	No	Categorical (Yes/No)
7.	Absorption	P-glycoprotein II inhibitor	No	Categorical (Yes/No)
8.	Distribution	VDss (human)	1.559	Numeric ( $\log \text{ L/kg}$ )
9.	Distribution	Fraction unbound (human)	0.206	Numeric ( $F_u$ )
10.	Distribution	BBB permeability	$-1.098$	Numeric ( $\log \text{ BB}$ )
11.	Distribution	CNS permeability	$-3.065$	Numeric ( $\log \text{ PS}$ )
12.	Metabolism	CYP2D6 substrate	No	Categorical (yes/no)
13.	Metabolism	CYP3A4 substrate	No	Categorical (yes/no)
14.	Metabolism	CYP1A2 inhibitor	Yes	Categorical (yes/no)
15.	Metabolism	CYP2C19 inhibitor	No	Categorical (yes/no)
16.	Metabolism	CYP2C9 inhibitor	No	Categorical (yes/no)
17.	Metabolism	CYP2D6 inhibitor	No	Categorical (yes/no)
18.	Metabolism	CYP3A4 inhibitor	No	Categorical (yes/no)
19.	Excretion	Total clearance	0.407	Numeric ( $\log \text{ ml/min/kg}$ )
20.	Excretion	Renal OCT2 substrate	No	Categorical (yes/no)
21.	Toxicity	AMES toxicity	No	Categorical (yes/no)
22.	Toxicity	Max. tolerated dose (human)	0.499	Numeric ( $\log \text{ mg/kg/day}$ )
23.	Toxicity	hERG I inhibitor	No	Categorical (yes/no)
24.	Toxicity	hERG II inhibitor	No	Categorical (yes/no)

Table 8. Cont.

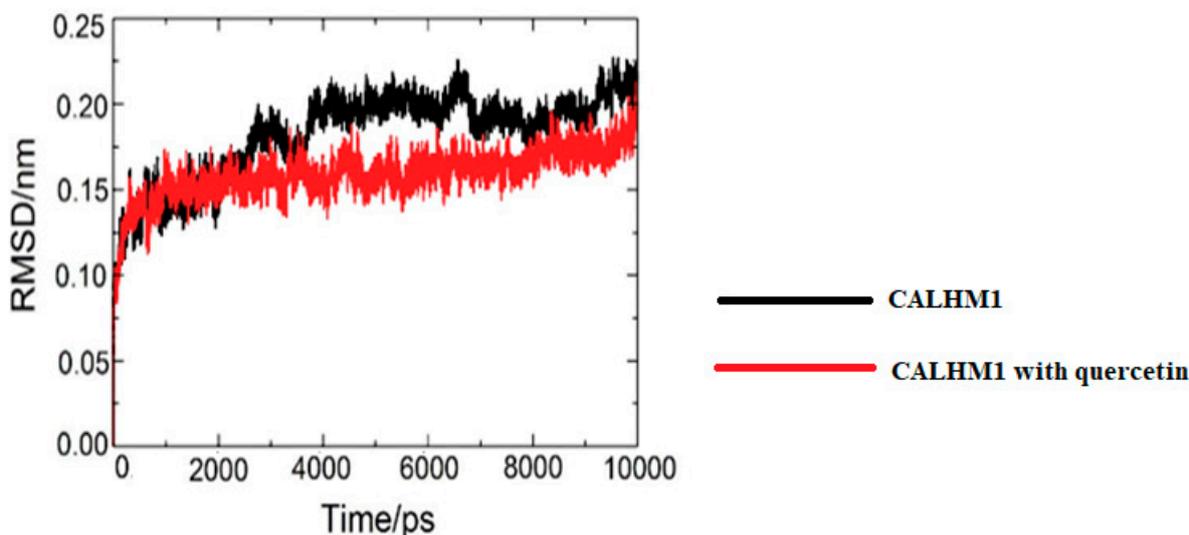
S.No.	Property	Model Name	Predicted Value	Unit
25.	Toxicity	Oral rat acute toxicity (LD50)	2.471	Numeric (mol/kg)
26.	Toxicity	Oral rat chronic toxicity (LOAEL)	2.612	Numeric (log mg/kg_bw/day)
27.	Toxicity	Hepatotoxicity	No	Categorical (yes/no)
28.	Toxicity	Skin sensitisation	No	Categorical (yes/no)
29.	Toxicity	<i>T. pyriformis</i> toxicity	0.288	Numeric (log µg/L)
30.	Toxicity	Minnow toxicity	3.721	Numeric (log mM)

### 3.14. Molecular Dynamic Simulations Analysis

The protein target (CALHM1) along with quercetin and CALHM1 were selected for the molecular dynamics simulations to check the conformations. Using the GROMACS, the trajectories were analysed in terms of RMSD (root mean square deviation), Rg (radius of gyration), SASA (solvent accessible surface area), and RMSF (root mean square fluctuation).

### 3.15. Root Mean Square Deviation (RMSD)

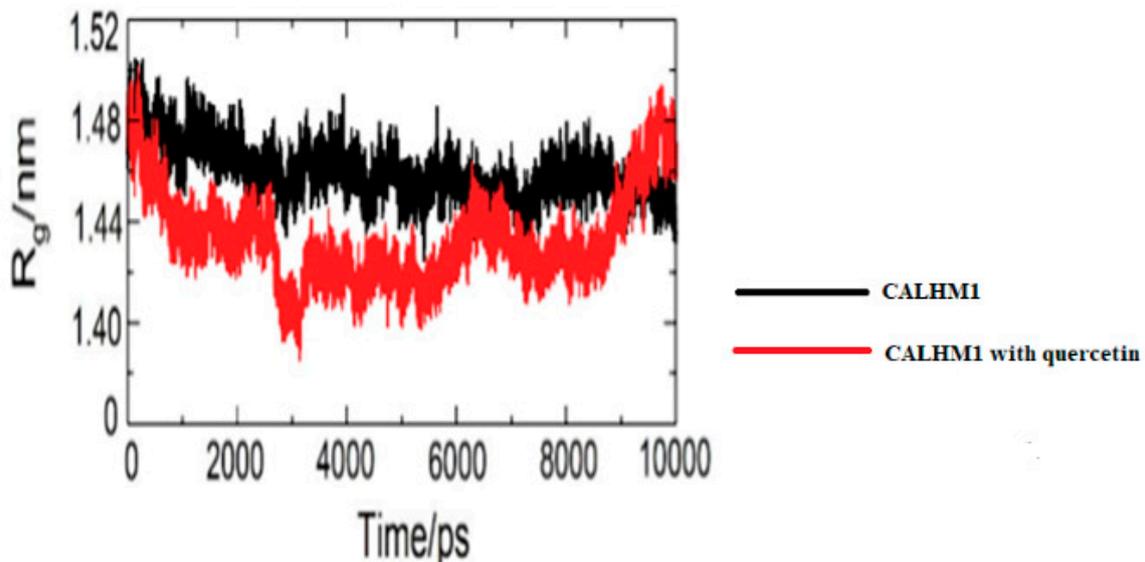
The RMSD was used to identify the stability of unliganded CALHM1 and CALHM1 with quercetin. The system was in balance, with RMSD fluctuating about 2500 ps. As seen in Figure 13, the backbone atoms grew up to around 0.23 nm before stabilising until the end of the simulation, showing that the molecular system was then properly set.



**Figure 13.** Time dependence of root mean square deviation. RMSD values for unliganded CALHM1 and CALHM1–quercetin complex.

### 3.16. Radius of Gyration

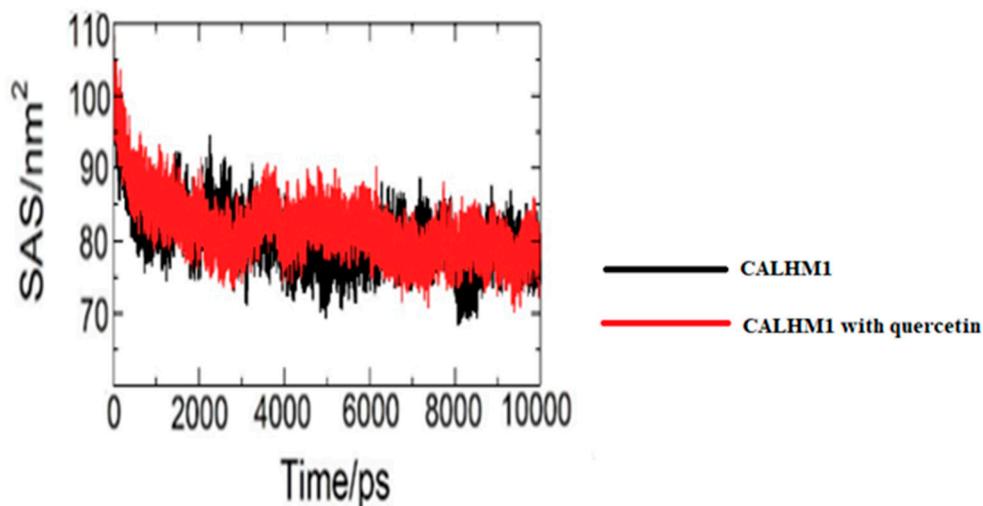
After around 2500 ps, the systems stabilised, indicating that the molecular dynamics simulation equilibrated. The CALHM1–quercetin binding was anticipated to be excellent based on the radius of gyration. As illustrated in Figure 14, the environment does not alter during contact.



**Figure 14.** Radius of gyration ( $R_g$ ) during 10,000 ps of MD simulation of unliganded CALHM1 and CALHM1–querctin complex.

### 3.17. Solvent Accessible Surface Area (SASA)

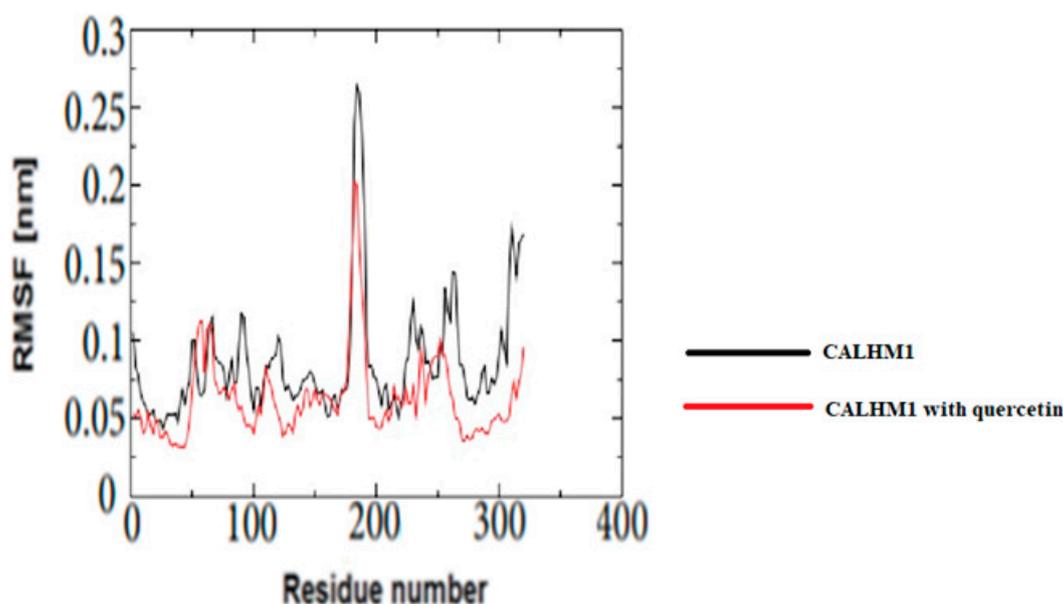
The CALHM1 total solvent exposed surface area was displayed at 10,000 ps. The differences seen in the SASA graph were a bit similar to those of the radius of gyration. As demonstrated in Figure 15, it can be seen that there is a similarity between the SASA and the radius of gyration, which shows the accuracy in the simulation results.



**Figure 15.** Solvent accessible surface area (SASA) during 10,000 ps of MD simulation of unliganded CALHM1 and CALHM1–querctin complex.

### 3.18. Root Mean Square Fluctuation (RMSF)

The RMSF was used to investigate the mobility of CALHM1 residues in the presence and absence of ligands. The findings show that variations greater than 0.25 nm indicate residues located far from each ligand's binding sites. Furthermore, as seen in Figure 16, the residues in contact with the querctin were the most stable and had the lowest RMSF values.



**Figure 16.** The RMSF values of unliganded CALHM1 and CALHM1–querçetin complex.

#### 4. Conclusions

In recent years, there has been a huge growth in the use of various software and algorithms to predict protein structure using *in silico* methods. However, the precision of structure prediction, the severity of fold assignment errors, and the modelling of side chains and loops all need a significant body shift. CALHM1 (calcium homeostasis modulator 1) is involved in the pathogenesis of Alzheimer’s disease. CALHM1’s various models were developed and verified using homology modelling and Rampage. The interaction of alkaloids and flavonoids with CALHM1 was tested using the *Bauhinia variegata* plant. The model created with MODELLER software and 6VAM A was chosen because it performed best on the Ramachandran plot. Querçetin was shown to be the best choice for the protein molecule, with a minimum binding energy of  $-12.45$  kcal/mol, and its ADME qualities were assessed using Molsoft and Molinspiration. At 2500 ps, CALHM1 and the CALHM1–querçetin combination became stable, according to molecular dynamics simulations. Finally, the *in silico* analysis suggested that querçetin might be a suitable therapeutic inhibitor. Querçetin may operate as a good inhibitor for treating Alzheimer’s disease, according to *in silico* research using molecular docking and molecular dynamics simulations, and future *in vitro* and *in vivo* investigations may establish its therapeutic potential.

**Author Contributions:** N.K.—Performed the entire experiment. S.K.M., S.M.D.R., H.M.A., S.A.A., W.A., Q.Z. and C.V.—They all helped in performing the experiment. S.K.J. and N.K.J.—They both helped in designing and preparing the manuscript. D.I. and A.K.J.—They conceived the idea and prepared the manuscript. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by a Deanship of Scientific Research at Majmaah University under project no. R-2022-177.

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Acknowledgments:** The authors are very thankful to the Institute of Technology and Management, Meerut, Uttar Pradesh, India, Shri Ramswaroop Memorial University, India and Institute of Applied Medicines and Research, Ghaziabad, India for providing a good platform to carry out the research work. The authors would also like to thank Deanship of Scientific Research at Majmaah University for supporting this work under project no. R-2022-177.

**Conflicts of Interest:** The authors declare no conflict of interest.

## References

1. Chandra, P.M.; Venkateshwar, J. Biological evaluation of Schiff bases of new isatin derivatives for anti Alzheimer's activity. *Asian J. Pharm. Clin. Res.* **2014**, *7*, 114–117. Available online: <https://innovareacademics.in/journals/index.php/ajpcr/article/view/966> (accessed on 31 December 2020).
2. Khare, N.; Maheshwari, S.K.; Jha, A.K. Screening and identification of secondary metabolites in the bark of *Bauhinia variegata* to treat Alzheimer's disease by using molecular docking and molecular dynamics simulations. *J. Biomol. Struct. Dyn.* **2020**, *39*, 5988–5998. [[CrossRef](#)]
3. Ma, Z.; Siebert, A.P.; Cheung, K.H.; Lee, R.J.; Johnson, B.; Cohen, A.S.; Foskett, J.K. Calcium homeostasis modulator 1 (CALHM1) is the pore-forming subunit of an ion channel that mediates extracellular Ca<sup>2+</sup> regulation of neuronal excitability. *Proc. Natl. Acad. Sci. USA* **2012**, *109*, E1963–E1971. [[CrossRef](#)]
4. Syrjanen, J.L.; Michalski, K.; Chou, T.H.; Grant, T.; Rao, S.; Simorowski, N.; Furukawa, H. Structure and assembly of calcium homeostasis modulator proteins. *Nat. Struct. Mol. Biol.* **2020**, *27*, 150–159. [[CrossRef](#)] [[PubMed](#)]
5. Rubio, M.F.; Seto, S.N.; Pera, M.; Bosch, M.M.; Plata, C.; Belbin, O.; Soininen, H. Rare variants in calcium homeostasis modulator 1 (CALHM1) found in early onset Alzheimer's disease patients alter calcium homeostasis. *PLoS ONE* **2013**, *8*, e74203.
6. Ma, Z.; Tanis, J.E.; Taruno, A.; Foskett, J.K. Calcium homeostasis modulator (CALHM) ion channels. *Pflüg. Arch.-Eur. J. Physiol.* **2016**, *468*, 395–403. [[CrossRef](#)] [[PubMed](#)]
7. Taruno, A.; Vingtdeux, V.; Ohmoto, M.; Ma, Z.; Dvoryanchikov, G.; Li, A.; Koppel, J. CALHM1 ion channel mediates purinergic neurotransmission of sweet, bitter and umami tastes. *Nature* **2013**, *495*, 223–226. [[CrossRef](#)] [[PubMed](#)]
8. Nacmias, B.; Tedde, A.; Bagnoli, S.; Lucenteforte Cellini, E.; Piaceri, I.; Sorbi, S. Lack of implication for CALHM1 P86L common variation in Italian patients with early and late onset Alzheimer's disease. *J. Alzheimer's Dis.* **2010**, *20*, 37–41. [[CrossRef](#)]
9. Bigiani, A. Calcium homeostasis modulator 1-like currents in rat fungiform taste cells expressing amiloride-sensitive sodium currents. *Chem. Senses* **2017**, *42*, 343–359. [[CrossRef](#)] [[PubMed](#)]
10. Dreses, W.U.; Lambert, J.C.; Vingtdeux, V.; Zhao, H.; Vais, H.; Siebert, A.; Pasquier, F. A polymorphism in CALHM1 influences Ca<sup>2+</sup> homeostasis, A $\beta$  levels, and Alzheimer's disease risk. *Cell* **2008**, *133*, 1149–1161. [[CrossRef](#)]
11. Dreses, W.U.; Vingtdeux, V.; Zhao, H.; Chandakkar, P.; Davies, P.; Marambaud, P. CALHM1 controls the Ca<sup>2+</sup>-dependent MEK, ERK, RSK and MSK signaling cascade in neurons. *J. Cell Sci.* **2013**, *126*, 1199–1206. [[CrossRef](#)] [[PubMed](#)]
12. Wu, S.; Zhang, Y. MUSTER: Improving protein sequence profile–profile alignments by using multiple sources of structure information. *Proteins* **2008**, *72*, 547–556. [[CrossRef](#)] [[PubMed](#)]
13. Orry, A.J.; Abagyan, R. *Homology Modeling: Methods and Protocols*; Humana Press: New York, NY, USA, 2012.
14. Karim, R.; Aziz, M.; Al, M.; Shatabda, S.; Rahman, M.S.; Mia, M. CoMOGrad and PHOG: From computer vision to fast and accurate protein tertiary structure retrieval. *Sci. Rep.* **2015**, *5*, 13275. [[CrossRef](#)]
15. Drozdetskiy, A.; Cole, C.; Procter, J.; Barton, G.J. JPred4: A protein secondary structure prediction server. *Nucleic Acids Res.* **2015**, *43*, W389–W394. [[CrossRef](#)]
16. Liu, J.; Wu, T.; Guo, Z.; Hou, J.; Cheng, J. Improving protein tertiary structure prediction by deep learning and distance prediction in CASP14. *Proteins* **2022**, *90*, 58–72. [[CrossRef](#)]
17. Waterhouse, A.; Bertoni, M.; Bienert, S.; Studer, G.; Tauriello, G.; Gumienny, R.; Schwede, T. SWISS-MODEL: Homology modelling of protein structures and complexes. *Nucleic Acids Res.* **2018**, *46*, W296–W303. [[CrossRef](#)] [[PubMed](#)]
18. Marhefka, C.A.; Moore, B.M.; Bishop, T.C.; Kirkovsky, L.; Mukherjee, A.; Dalton, J.T.; Miller, D.D. Homology modeling using multiple molecular dynamics simulations and docking studies of the human androgen receptor ligand binding domain bound to testosterone and nonsteroidal ligands. *J. Med. Chem.* **2001**, *44*, 1729–1740. [[CrossRef](#)] [[PubMed](#)]
19. Khare, P.; Kishore, K.; Sharma, D. A study on the standardization parameters of *Bauhinia variegata*. *Asian J. Pharm. Clin. Res.* **2017**, *10*, 133–136. [[CrossRef](#)]
20. Dallakyan, S.; Olson, A.J. Small-molecule library screening by docking with PyRx. In *Chemical Biology*; Humana Press: New York, NY, USA, 2015; pp. 243–250.
21. Nousheen, L.; Akkiraju, P.C.; Enaganti, S. Molecular docking mutational studies on human surfactant protein-D. *World J. Pharm. Res.* **2014**, *3*, 1140–1148.
22. Fuhrmann, J.; Rurainski, A.; Lenhof, H.P.; Neumann, D. A new Lamarckian genetic algorithm for flexible ligand-receptor docking. *J. Comput. Chem.* **2010**, *31*, 1911–1918. [[CrossRef](#)]
23. Pires, D.E.; Blundell, T.L.; Ascher, D.B. pkCSM: Predicting small-molecule pharmacokinetic and toxicity properties using graphbased signatures. *J. Med. Chem.* **2015**, *58*, 4066–4072. [[CrossRef](#)] [[PubMed](#)]
24. Van, S.P.D.; Lindahl, E.; Hess, B.; Groenhof, G.; Mark, A.E.; Berendsen, H.J. GROMACS: Fast, flexible, and free. *J. Comput. Chem.* **2005**, *26*, 1701–1718.
25. Iqbal, D.; Khan, M.S.; Waiz, M.; Rehman, M.T.; Alaidarous, M.; Jamal, A.; Alothaim, A.S.; AlAjmi, M.F.; Alshehri, B.M.; Banawas, S.; et al. Exploring the Binding Pattern of Geraniol with Acetylcholinesterase through In Silico Docking, Molecular Dynamics Simulation, and In Vitro Enzyme Inhibition Kinetics Studies. *Cells* **2021**, *10*, 3533. [[CrossRef](#)]

26. Iqbal, D.; Rehman, M.T.; Bin Dukhyil, A.; Rizvi, S.M.D.; Al Ajmi, M.F.; Alshehri, B.M.; Alsaweed, M. High-Throughput Screening and Molecular Dynamics Simulation of Natural Product-like Compounds against Alzheimer's Disease through Multitarget Approach. *Pharmaceuticals* **2021**, *14*, 937. [[CrossRef](#)] [[PubMed](#)]
27. Ongey, E.L.; Yassi, H.; Pflugmacher, S.; Neubauer, P. Pharmacological and pharmacokinetic properties of lanthipeptides undergoing clinical studies. *Biotechnol. Lett.* **2017**, *39*, 473–482. [[CrossRef](#)] [[PubMed](#)]