Abstract: Reinforced concrete (RC) has been commonly used as a construction material for decades due to its high compressive strength and moderate tensile strength. However, these two properties of RC are frequently hampered by degradation. The main degradation processes in RC structures are carbonation and the corrosion of rebars. The scientific community is divided regarding the process by which carbonation causes structural damage. Some researchers suggest that carbonation weakens a structure and makes it prone to rebar corrosion, while others suggest that carbonation does not damage structures enough to cause rebar corrosion. This paper is a review of the research work carried out by different researchers on the carbonation and corrosion of RC structures. The process of carbonation and the factors that contribute to this process will be discussed, alongside recommendations for improving structures to decrease the carbonation process. The corrosion of rebars, damage to passive layers, volume expansion due to steel oxidation, and crack growth will also be discussed. Available protection methods for reducing carbonation, such as rebar structure coating, cathodic protection, and modifier implementation, will also be reviewed. The paper concludes by describing the most significant types of damage caused by carbonation, testing protocols, and mitigation against corrosion damage.

Keywords: concrete carbonation; concrete protection; inhibitor addition; corrosion testing; concrete degradation; cathodic protection

1. Introduction to Carbonation and Its Mechanisms

Concrete is made by creating a paste out of Portland cement and water. This paste is essential for coating and bonding small and large aggregates to form masses of concrete. Concrete becomes harder and stronger as the paste undergoes a chemical reaction called hydration. Despite having very high compressive strength, concrete has low tensile strength. Therefore, steel bars can be embedded in concrete to improve its tensile strength; such concrete is called reinforced concrete (RC). RC is a frequently-used construction material in buildings, bridges, power plants, pipelines, and other infrastructure elements. Therefore, infrastructure often deteriorates with age because of carbonation-induced steel corrosion. Carbonation occurs when two of the compounds present in concrete, namely carbon dioxide ($CO_2$) and calcium hydroxide ($Ca(OH)_2$), react to produce calcium carbonate ($CaCO_3$) [1,2]. The estimated annual maintenance cost associated with corrosion in homes, commercial buildings, bridges, dams, ports, and other physical infrastructure elements worldwide exceeds $1.8 trillion, which translates to 3–4% of the gross domestic product (GDP) of industrialized countries [1–3]. Therefore, preventing corrosion or rust is vital to ensure the durability of RC and the maintenance of related economic activities.
Carbonation occurs when CO$_2$, as natural gas in the air, penetrates the surface of concrete through the dry portions of interconnected pores in concrete microstructures, and reacts with Ca(OH)$_2$ in the moist portions of pores to form CaCO$_3$ and water (H$_2$O) [3,4].

\[
\text{CO}_2 + \text{Ca(OH)}_2 \rightarrow \text{CaCO}_3 + \text{H}_2\text{O}
\]

When Ca(OH)$_2$ from the paste is consumed, the hydration of calcium-silicate-hydrate (C-S-H) releases calcium oxide (CaO), which reacts with diffused CO$_2$ to form carbonates. The remaining CO$_2$ continues to react with C-S-H to form additional CaCO$_3$. The carbonation process requires water because CO$_2$ dissolves in water to form carbonic acid H$_2$CO$_3$ [2]. The schematic diagram in Figure 1 depicts the adsorption of water and CO$_2$ by concrete. The water seeps in through small, interconnected pores, while CO$_2$ settles in large pores. The interconnected pores merge into large pores to supply the water required to form carbonic acid:

\[
\text{CO}_2 + \text{H}_2\text{O} \rightarrow \text{H}_2\text{CO}_3
\]

Figure 1. Carbonation assisted by water and CO$_2$ adsorption [5].

A chemical reaction occurs with H$_2$CO$_3$, which is formed in the pores of the concrete, producing a desirable product of cement hydration Ca(OH)$_2$, which strengthens the concrete matrix. This reaction also produces CaCO$_3$ and water [1,3,6,7]:

\[
\text{H}_2\text{CO}_3 + \text{Ca (OH)}_2 \rightarrow \text{CaCO}_3 + 2\text{H}_2\text{O}
\]

Carbonation destroys a passive layer formed by alkaline concrete, but does not influence the rate of corrosion. An oxide film of corrosion products covers metal surfaces and acts as a barrier preventing additional chemical reactions. This is the main function of the passive layer in decreasing corrosion damage [8].

A high-alkaline concrete environment creates a passive film around steel bars. Concrete is considered high-alkaline when its pH is around 12.5 because 25% to 50% of the weight of the fresh cement paste is Ca(OH)$_2$. The chemical reaction that forms the passive film is as follows: the hydroxide (OH$^-$) from the solution first reacts with dissolved iron (Fe) in the outer passive film layer. This reaction produces iron hydroxide (Fe(OH)$_2$), which
further reacts with oxygen and water to form ferric iron(III) oxide hydroxide (Fe(OH)$_3$), which is the passive layer, as shown in the following chemical reaction equations [8]:

$$\text{Fe}^{2+} + 2\text{OH}^- \rightarrow \text{Fe(OH)}_2$$

$$\text{Fe(OH)}_2 + 0.5 \text{O}_2 + \text{H}_2\text{O} \rightarrow \text{Fe(OH)}_3$$

The carbonation reaction reduces the pH of the pore solution to less than 9 because of Ca(OH)$_2$ reduction, which leads to the destruction of the passive oxide layer protecting the steel bars from corrosion [9]. However, carbonation increases the compressive and tensile strength of concrete. When the passive layer breaks down due to carbonation, the bond between the steel bars and the concrete is broken. Consequently, corrosion occurs in the steel bars, causing their strength to decrease and their volume to increase [2]. Subsequently, the increased volume of corroded steel bars leads to internal stress within the concrete, which may cause cracking or spalling in the concrete cover and reduced structural capacity of structural elements such as columns and beams.

### 1.1. Factors Contribute to Carbonation

The main factors that cause carbonation are dry-wet cycles, relative humidity, temperature, and CO$_2$ concentration, all of which are environmental factors. Moreover, certain factors that lead to carbonation are related to concrete’s microstructural properties and materials, such as concrete’s porous structure and the number of chemical compounds that can react to form carbonation [7].

Low-permeability concrete can restrict CO$_2$ penetration if it has a low water-to-cement ratio, high cement content, and high compressive strength [2]. This is because an increase in the water-to-cement ratio can be related to increased porosity and CO$_2$ transport. Furthermore, if the concrete is completely dry or wet, carbonation does not occur unless the relative humidity is between 50% and 70%. If the relative humidity is below 50%, the moisture level is not adequate for reactions to take place; if the relative humidity is above 70%, the high level of moisture in pores restricts CO$_2$ penetration [10]. The optimum relative humidity for the carbonation process is 65% [11].

Moreover, a previous study revealed that CO$_2$ penetration increases as temperature increases, as higher temperatures make concrete more porous [12,13]. In 2005, the atmospheric CO$_2$ concentration was about 380 parts per million (PPM), up from 280 PPM in 1975; this increase occurred because of temperature changes. Therefore, climate change has accelerated the initiation of corrosion in RC by enabling harmful substances from the environment, such as CO$_2$ and chloride, to penetrate RC. For example, if the temperature increases by 2 °C because of global warming, the steel corrosion rate may increase by 15% [1,10]. In addition, the mean daily temperature affects the carbonation depth. For example, if a concrete structure is located in an area with a mean daily temperature of 27 °C, it will undergo more carbonation than the same structure located in an area with a mean daily temperature of 9 °C [11]. Furthermore, carbonation often occurs in areas of building facades that are exposed to rainfall, shaded from sunlight, or located in indoors [12,14].

CO$_2$ diffusion and carbonation reactions occur only in mortar, which consists of water, cement, and sand. This means that using less mortar or a coarser aggregate will decrease the carbonation depth. Carbonation depth is further decreased if small coarse aggregates are used, because they have a larger surface area thus providing a longer and more arduous path for CO$_2$ diffusion Figure 2 [14]. Using small coarse aggregates with fine aggregates is preferable when designing durable concrete with ordinary Portland cement. While coarse aggregate grading does not affect the depth of carbonation, increasing the size of large coarse aggregates will increase the size and porosity of the interfacial transition zone, which may increase the carbonation depth. The interfacial transition zone is a thin shell between aggregate particles and hydrated cement paste, which significantly affects the permeability and durability of concrete [15].
A previous study showed that CO₂ gas penetrates the concrete surface through the sand-cement connection gap [14]. This means that increasing the sand volume in concrete also increases CO₂ penetration. However, another study revealed that increasing the sand volume of concrete reduces the water-to-cement ratio and makes the path of CO₂ penetration more complex, thus reducing the depth of carbonation and air permeability [15].

![High CO₂ Penetration vs. Low CO₂ Penetration](image)

**Figure 2.** The effects of mortar and coarse aggregate contents on a concrete mixture’s carbonation resistance [16].

Using graded fine aggregates in concrete retards CO₂ penetration more than using only sand as a fine aggregate. In other words, graded aggregates help to delay CO₂ penetration. In addition, applying thicker concrete covers or plastering covers delays CO₂ penetration in RC structures, thereby extending the life of the passive film around steel bars [17].

### 1.2. Carbonation Depth with Time

Carbonation depth is one of the most important parameters when considering concrete damage [6,9,13]. As stated above, carbonation lowers the pH of concrete; therefore, measuring the low pH region of concrete can indicate carbonation depth. A commonly used method for measuring carbonation depth is to apply phenolphthalein (a pH indicator) spray on freshly fractured sections. The spray turns the section color from gray to dark pink if the pH has not been altered (i.e., the pH is around 13). Meanwhile, the color of the concrete does not change if the pH of the region is 8–9, thus indicating the carbonation depth [18–20].

Multiple factors contribute to carbonation depth, including the concentration of CO₂ in the environment, relative humidity, and the type of cement. Table 1 highlights some of the major factors that control carbonation depth in field and laboratory environments. It can be seen that carbonation in concrete structures does not occur in isolation; induced or produced stresses, progressive changes within the concrete and the environment, inhomogeneity, and additives also contribute significantly to carbonation depth. CO₂ enters concrete within a few hours of casting, and the depth of its penetration increases gradually [21].

Models used to measure carbonation depth can be modified according to the factors mentioned above; the simplest is that the carbonation depth (in mm) increases with the square root of the time (years). The rate of carbonation slows due to existing factors and factors that arise over time. CO₂ easily diffuses through pores, but reactions with Ca(OH)₂ are slow since they are gas-solid phase reactions. Continuous carbonation and hydration of concrete causes the sealing of micro-pores, which, in turn, hinders diffusion. As a result, the rate of CO₂ diffusion decreases, thus slowing the carbonation rate [22–24].

Another method used to measure carbonation depth is microstructural analysis. CaCO₃ is a chemical product formed during carbonation, and locating its presence in the depth profile via microstructural analysis can indicate the depth of the carbonation.
The contribution of carbonation to corrosion is similar to that of chloride corrosion, which decreases passivity and damages the passive layer. If the passive layer is not damaged, electron and ion transport across the passive layer remain limited. Once the passive layer is damaged, transport across the interface begins, and corrosion is initiated. Corrosion spreads as further physicochemical processes take place on the rebar surface.

Table 1. Previous research on factors that control carbonation depth.

<table>
<thead>
<tr>
<th>Carbonation Depth</th>
<th>Environment</th>
<th>Major Findings</th>
<th>Research Focus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depth increases with stress</td>
<td>Lab exposure</td>
<td>Low load decreases carbonation, while high load increases carbonation. Unstressed structure life decreased by 1/3 under combined stress.</td>
<td>Flexural stress effect on carbonation [25]. Stress effect on carbonation [26].</td>
</tr>
<tr>
<td>Carbonation depth increases</td>
<td>Natural exposure</td>
<td>More corrosion is needed to generate cracks on the surface.</td>
<td>Cover depth effect on carbonation-induced corrosion [27].</td>
</tr>
<tr>
<td>Carbonation time increases</td>
<td>Field exposure</td>
<td>Recycled coarse aggregate controls carbonation more effectively than nono-SiO₂.</td>
<td>Inhomogeneities in carbonation depth recycled aggregate [28].</td>
</tr>
<tr>
<td>Carbonation depth varies</td>
<td>Recycled mixed concrete</td>
<td>Among porosity, aggregate size, and their distribution, porosity in the interfacial transition zone makes the greatest contribution to carbonation.</td>
<td>Interfacial transition zone changes under supercritical carbon dioxide [29].</td>
</tr>
<tr>
<td>Carbonation depth decreases under sCO₂</td>
<td>Lab exposure</td>
<td>Carbonation depth increases exponential function for temperature, power function for CO₂, and polynomial function for relative humidity.</td>
<td>Carbonation depth as a function of temperature, humidity, and CO₂ [24].</td>
</tr>
<tr>
<td>Carbonation depth decreases for BF slag</td>
<td>Accelerated lab environment</td>
<td>Among Portland cement, fly ash, and blast furnace slag, the latter yields the lowest uptake.</td>
<td>Changes in CO₂ uptake due to different mineral additions [30].</td>
</tr>
<tr>
<td>Carbonation depth depends on additives</td>
<td>Natural and accelerated environment</td>
<td>It is hard to establish a correlation between lab-simulated and natural data. Only a simplistic model can be useful.</td>
<td>Carbonation modeling under normal and accelerated conditions [31].</td>
</tr>
<tr>
<td>Carbonation changes with temperature, humidity, and CO₂</td>
<td>Natural environment</td>
<td>Climatic changes (e.g., changes in CO₂ concentration, humidity, and temperature) contribute to carbonation and induce damage.</td>
<td>Carbonation depth changes under climate changes [32]. Climate change impact on faster CO₂ ingress [33].</td>
</tr>
<tr>
<td>Uniform carbonation</td>
<td>Lab accelerated environment</td>
<td>Ambient pressure carbonation corrosion delays corrosion initiation.</td>
<td>Ambient pressure carbonation curing [34].</td>
</tr>
<tr>
<td>Carbonation increases</td>
<td>Accelerated carbonation</td>
<td>Carbonation decreases the strength of concrete and increases corrosion damage.</td>
<td>Accelerated carbonation testing in a sewage environment [35].</td>
</tr>
<tr>
<td>Corrosion increases with carbonation</td>
<td>Accelerated environment</td>
<td>Chloride penetration significantly increases with carbonation and crack size.</td>
<td>Combined impact of carbonation and crack width on chloride-assisted corrosion [36].</td>
</tr>
<tr>
<td>Carbonation depth increases with sulfates</td>
<td>Lab simulated environment</td>
<td>Sodium sulfate, which sometimes exists in slag materials, increases carbonation.</td>
<td>Sulfate-assisted carbonation [37].</td>
</tr>
</tbody>
</table>

2. Corrosion of Concrete Structures

RC is a composite structure that acquires its high compressive strength from the ceramic matrix and its tensile strength from reinforced steel bars [38–40]. The compressive strength of an RC structure is compromised by carbonation, as mentioned in the previous section. The tensile strength of a concrete structure is reduced by the corrosion of its reinforced steel bars [41,42]. This corrosion is a multistep process that is initiated at the interface between the steel bars and mortar. The process of corrosion propagates due to oxide formation, which largely depends on the availability of oxygen and water at the
concrete–steel bar infiltration interface [43,44]. Figure 3 shows the corrosion process in straightforward terms, indicating where localized anodic and cathodic reactions occur in the steel rebar. At anodic sites, iron converts into ions with the generation of electrons. These electrons travel through the steel bar to cathodic sites, where they interact with oxygen and water to generate OH$^-$. Excess OH$^-$ ions aid the maintenance of high alkalinity at cathodic sites and foster corrosion at anodic sites. High alkalinity at cathodic sites breaks down the passive film and initiates cracking. The corrosion product formation is further directed to the area of major corrosion damage in the structure.

![Figure 3. The corrosion process in reinforced concrete [45].](image)

2.1. Steel Bar Corrosion in Concrete

The potential pH diagram, also known as a Pourbaix diagram, gives the first indication of corrosion for carbon steel in an aqueous solution with a pH value of 0–14. The pH level established in the concrete structure (approx. 13) allows a stable passive layer to form on the surface of the steel in the absence of dissolved chloride species [46]. Corrosion in metals consists of anodic and cathodic reactions. Metal ions or oxides are produced via an oxidation process, while hydrogen evolution and oxygen/water reduction are the most noticeable cathodic reactions. At a high pH, the dissolution of iron is balanced by hydroxyl ions, which form a stable passive film. If both reactions are balanced, corrosion will be very slow (if it occurs at all) [47,48].

Concrete structures’ porosity allows oxygen, water, and chloride species to infiltrate the steel bars embedded within concrete. Although carbonation does not directly contribute
to corrosion, it does decrease the effective cover thickness of the concrete structure [49,50].
The porosity of concrete and the carbonation processes that occur allow reactive species to
reach the steel bars and initiate corrosion due to the formation of microcells (anode and
cathode). These microcells are initiated due to localized differences of potential (i.e., the
potentials established for steel bars in concrete) and propagated due to differences in
oxygen and ionic concentration (concentration cells). In this case, the anode and cathode
are formed on the bars near to each other (in which case the corrosion cells are called
microcells), causing the uniform corrosion of steel bars. If anodes and cathodes are far
from each other, the corrosion cells are called macrocells, which cause predominantly
localized corrosion [51].

2.2. Volume Expansion around Concrete Bars

The initiation of rebar corrosion is largely attributed to the breakdown of the passive
film surrounding the rebar. Once this film breaks down, corrosion propagates due to
the formation of the corrosion product, which consists of iron oxides. Oxide formation around
the steel bar damages concrete either by thinning the rebar or generating stress around it.
The rebar is thinned when iron is converted to iron oxide. This is because the formation
of iron oxide decreases the effective cross-section of the rebar, hence increasing corrosion
and decreasing the rebar’s strength. Oxide formation also increases the volume of the area
around the bar, which generates stress. Although rebar thinning occurs very gradually, it
weakens the structure by decreasing the available amount of metallic steel.

The conversion of iron into iron oxide increases the volume of the area around the bar
by 2.2–6.4 times, depending on the type of oxide formed [29,30]. This increase in volume is
enough to generate internal cracks in a porous concrete structure. The corrosion product
accumulates over time, and internal cracks appear on the surface of the concrete due to
the volume expansion effect. Once cracks appear on the surface, water, oxygen, and other
reactive species can easily penetrate the rebar and cause significant damage.

3. Previous Research on Concrete Corrosion

3.1. Corrosion Mechanisms

Corrosion product analysis is a basic method for finding the species responsible for
corrosion. In cases of concrete damage, a sample may be acquired for analysis by breaking
up the structure near the rebar area and conducting a corrosion product analysis. This
type of analysis was carried out by Smanta et al., who used multimodal neutron and X-ray
tomography to characterize a corrosion product [52]. A sample was taken from a naturally
corroded 81-year-old bridge structure, and compared with a galvanostatically polarized
sample kept at a constant current in the laboratory. Qualitative and quantitative analyses
were carried out to determine the depth of corrosion and the iron-to-rust ratio. They found
that the corrosion product was approximately uniformly distributed around the rebar for
galvanostatically polarized samples, while pits formed in naturally corroded samples (and
the corrosion product was found in voids in the artificially polarized samples) [52].

The migration of the corrosion product was probably due to the highly corrosive
nature of the NaCl solution and the polarization. Further chemical analysis of the corrosion
product in voids may have authenticated the migration of corrosion product if hydrated
iron oxide had been discovered. Although the presence of a soluble corrosion product
has been reported by other researchers [21], there is a strong possibility of embedding the
released product in the sample surface during grinding. The product obtained from the
naturally corroded sample was similar to the product extracted from the lab-simulated
(galvanostatically polarized) sample. The researchers reported an iron-to-rust ratio of
3.91–4.24, which suggests that ferrous and ferric hydroxides had formed. Other researchers
also used X-ray and neutron tomography images to identify different phases present in
RC structure, along with moisture content [53–55]. It can be difficult to precisely quantify
phases, corrosion products, and water content using tomographic techniques alone; thus,
analytic modeling may be employed to complement tomographic results.
A concrete structure used in wastewater treatment and in sewer conditions suffered a microbial attack, which led to the formation of bacterial colonies in pores and cracks [56]. Such a problem can be avoided by generating hydrophobicity or applying a fine deposition of an antibacterial coating, as impermeability and antibacterial coatings decrease the chances that bacterial colonies will form [57,58]. Yunchao et al. studied concrete’s resistance to microbial corrosion and reported that cetyltrimethylammonium bromide (CTAB) aided the electrodeposition of copper on hardened cement paste. They tested the sample using X-ray diffraction, scanning electron microscopy, Fourier transform infrared spectroscopy (FTIR), and a simulated microbial corrosion environment. The CTAB-assisted copper coating provided a protective layer smoother than a similar layer without CTAB, thus providing more resistance to microbiological corrosion [59]. Low concentrations of CTAB are associated with uniform and smooth copper coatings; the smooth copper coating restricted bacterial activity > 95% in an E-coli electrolyte. The formation of such a uniform and smooth layer is attributed to freely available nucleation sites, the number of which decreased as the CATB concentration increased [60,61].

Gabriel et al. tested the corrosion of concrete by measuring corrosion potential, galvanostatic polarization (constant current), and concrete cover resistance. They reported that corrosion potential at the surface of the rebar was significantly different to that of the concrete surface. This is attributed to mass electron transport processes that occur from the concrete cover to the rebar. The current density and corrosion rate were high for rebar with low coverage (i.e., where the thickness of the concrete was low). The higher corrosion rate may have been due to the easy infiltration of corrosive species into the rebar [62]. The researchers suggested that rebar spacing, concrete cover thickness, and rebar diameter significantly affected corrosion current and corrosion potential. The tests were carried out in three simulated environments, i.e., normal lab environment, in a chamber containing 50% CO₂, and using concrete mixed with NaCl. Highest corrosion was observed for the NaCl samples, moderate for 50% CO₂ chamber samples and the lowest for normal lab environment samples. This increasing corrosion trend is attributed to damage to the passive layer caused by carbonation and NaCl.

Hussein et al. tested whether the corrosion performance of concrete depends on whether ribbed or flat steel bars are used. They reported corrosion performance in terms of crack width, reduction in the cross-section of the rebar, and the loss of mechanical properties. They found that crack width and the presence of flexural cracks decreased the corrosion performance of the tested concrete structure [63]. The crack width profile of a concrete structure can be used to predict how much damage has been done, but it does not necessarily indicate the decrease in tension stiffness. Crack width increases over time due to corrosion activity and the localized generation of stress. Although the decrease in the cross-section area was the same for the ribbed rebar and the smooth rebar, ribbed rebar probably provided sites for the local concentration of stress, thus lowering the structure’s bending capacity.

The entry of chloride ions into the rebar environment causes a localized decrease in pH, which increases localized corrosion. Tristan et al. studied the initiation of corrosion as a function of chloride diffusion, finding that high concentrations of chloride ions at the surface sped up the initiation of the corrosion process [64]. The time required to initiate chloride-assisted corrosion can be shortened by up to 40% if the diffusion coefficient of chloride ions is restricted to less than 100 nm. Once chloride ions reach a threshold value, corrosion propagation begins. Chloride-assisted corrosion causes the de-passivation of steel bars, which leads to severe concrete damage.

The placement of a steel bar in the concrete, its height inside the mortar, and its orientation also contribute to its corrosion performance. Yuxin et al. tested the effects of these design parameters on corrosion by arranging steel bars vertically and horizontally, with different distances between the surface and the steel bar interface. They tested the specimens’ corrosion performance by providing wet and dry cycles and recording the open circuit potential. An autopsy test was carried out by collecting samples near the rebar
areas and visualizing the defects. Many more defects (pores, cracks, and corrosion product accumulation) were identified in specimens with horizontally arranged steel bars than when the steel bars were arranged vertically [65].

Chloride ions significantly contribute to concrete corrosion, as the presence of chloride in the environment enhances corrosion propensity. Research on this matter was carried out by Fengyin et al., who compared naturally corroding structures in seawater with a structure potentiostatically polarized to 30 V in the same solution. A crack with a width of approximately 0.3 mm occurred in the naturally corroded sample after 700 days, while it took only 10 h for a crack of the same size to occur in the accelerated corrosion sample. The researchers attributed this fast corrosion to the migration of chloride ions, which was enhanced by the externally applied voltage [65].

Soil near the sea has high chloride content, which poses a severe threat to concrete structures in areas near the sea. Deqiang et al. compared corrosion in a soil environment with corrosion in seawater and in seawater containing a few sulfate ions. They reported that the threshold limit of saline soil is much higher than that of seawater. They also reported the inhibitory action of the small number of sulfate ions in the seawater environment [66].

A novel corrosion monitoring method based on electromagnetic sensors and acoustic emission sensors was carried out by Zhe et al. [67]. They developed sensors to record the activity produced inside concrete by the initiation and propagation of cracks. These sensors provided a non-destructive method for testing a concrete structure. The researchers conducted their experiment on stirrup- and longitudinal-reinforced bars in a simulated sea environment. Their results indicate that stirrup rebar structures suffer chloride corrosion much earlier than longitudinal rebar structures [68]. Other researchers have also used electromagnetic measurements, acoustic emission, and electrochemical sensors to monitor corrosion activity [68–70].

Measuring localized activity by non-destructive methods is a good option to detect a minute amount of damage before it propagates. During use of these methods, there is always a risk of noise signals from the surroundings which may easily lead to errors in the results, so caution should be observed during these non-destructive testing methods to minimize interruptions. The physical activity generated by localized stress can also be measured via insertion of a piezo-electric sensor to the closest proximity of the crack initiation sites. A small stress activity can be monitored in the form of voltage signals (piezo-electric material converts stress/pressure to voltage), which can subsequently be translated to corrosion activity.

Abbas et al. examined the combined effect of carbonation and chloride-induced corrosion by testing concrete specimens with different water-to-cement ratios and assessing their corrosion performance. Specimens with different ratios were first exposed to a CO₂ environment and then to the accelerated corrosion environment. The results showed that corrosion potential and linear polarization parameters were higher (i.e., more corrosion occurred) for the pre-carbonated samples than for other samples. They also reported that carbonation and the width of cracks increased as the water-to-cement ratio of the concrete increased [37].

Although corrosion potential and linear polarization methods have been used extensively for measuring the corrosion damage in concrete, they are not very accurate. Multiple physicochemical processes take place in RC structures, e.g., water infiltration, oxygen diffusion, movement of chloride ions, crack generation and corrosion product formation. These corrosion processes which dictate the overall corrosion potential are capable of changing over time. Furthermore, during corrosion potential measurements or linear polarization measurements, counter electrodes and reference electrodes are kept far from the rebar. This does not provide exact measurements for certain readings, as some of the processes taking place in the concrete are left unaccounted for due to the highly resistive electrolytic environment of concrete.

Chen et al. conducted a field investigation alongside simulated laboratory experiments coupled with theoretical analyses. The field investigation involved recording corrosion
potential, carbonation depth, and concrete resistivity. Meanwhile, laboratory tests were carried out to measure the chloride profile of the concrete, while the theoretical analyses were carried out using the Nernst equation and Butler-Volmer equation. The researchers revealed that none of the corrosion testing methods worked in isolation, as some of the field results needed to be supported by simulated results. The theoretical analyses that complemented the simulation added value to the results [71].

Wulong et al. studied stirrup rebar concrete under sustained loading, both with and without a chloride environment. They found that the horizontal legs of the RC beams corroded (as indicated by crack propagation and thickness of the corroding layer on the steel bars) primarily in the mid-span of the tensile zone and at the end of the compressive zone, regardless of the type of environment [72].

Xuhui et al. investigated corrosion-induced spalling and its effect on the shear strength of a concrete beam [73]. They used a mesoscale model to assess corrosion-induced spalling and a finite element model to link the corrosion damage, shear strength decrease, mechanical properties degradation, and mortar-to-rebar bond strength. They suggested that corrosion-induced spalling was initiated by inclined cracks in the rebar and was propagated diagonally towards the surface of the concrete. The crack propagation process worsened as corrosion of the rebar increased. The researchers also suggested that spalling is linked to cover thickness, stirrup spacing, and aggregate characteristics. Bond strength and damage to mechanical properties occurred only when the corrosion of the rebar increased significantly [73].

Figure 4 shows the cracking process in RC. Thin diagonal internal cracks initiate around the rebar steel when the corrosion process starts or when the passive layer breaks down. Upon increasing accumulation of corrosion product or the merging of cracks, the crack size further increases vertically towards the outside of the concrete surface. Once a crack emerges at the surface, major damage occurs due to the direct availability of oxygen to the rebar.

![Figure 4. Initiation and propagation of cracks in reinforced concrete [74].](image)

To reduce construction costs, Ditao et al. attempted to replace cement-based composite material with coral aggregate concrete [75]. Their concrete samples were made using ordinary Portland cement with coral sand and coral gravel with a particle size of 5–20 mm. The samples were electrochemically tested under forced chloride ion migration. Linear polarization resistance, electrochemical impedance spectroscopy, and scanning electron
microscopy were used to determine the corrosion rate and to characterize the corrosion product. The corrosion results were later modeled with life expectancy; the coral aggregate concrete yielded higher values than commonly used concrete samples [75].

Hafiza et al. studied corrosion-induced cracking as a function of multidirectional rebars and cover thickness [76]. They performed an accelerated corrosion test on concrete samples with unidirectional or multidirectional rebars. They also changed the cover depth of the mortar on the steel rebar. The width of the crack and its growth rate depended significantly on the confined pressure developed by the corrosion product. The concrete with unidirectional rebars and that with multidirectional rebars were both affected by corrosion product pressure, but this effect was more pronounced in the latter case. According to the findings, when concrete is covered insufficiently, the pressure imposed on one rebar can generate cracks on an uncracked rebar. Furthermore, cracks on a transverse rebar stop cracks from forming in longitudinal rebars, thus hiding the damage within the structure, which may lead to sudden failure [76].

Accelerated corrosion tests of steel are very commonly reported in the literature exploring corrosion resistance parameters. For instance, Qiang et al. studied the effect of the wiring method on the corrosion of steel rebars. They carried out electrochemical tests for corrosion characterization, mechanical testing, and surface morphology on samples containing a single connection of stirrup and longitudinal rebar and four concoctions (between longitudinal and stirrups). Only the number of rust-induced cracks was different with the wiring, whereas crack width, corrosion rate, and other corrosion parameters were the same for both samples. Therefore, the wiring method does not directly affect rebar corrosion [77].

3.2. Corrosion Protection in Concrete by Inhibitors

Inhibitors are chemical species that are added in small amounts to a corrosion environment to restrict corrosion. Farshad et al. added carboxylate derivatives as corrosion inhibitors in concrete and characterized the inhibitors’ absorption on the surface using electrochemical impedance spectroscopy; they analyzed the corrosion product using X-ray photoelectron spectroscopy. The inhibitor dosage and effective time of the inhibitor were optimized, and it was found that the efficiency of the corrosion inhibitors was directly related to the attractive and repulsive forces generated at the surface of the rebar. When the concentration of the inhibitors was high, local clusters occurred at the surface, which caused the imperfect formation of a passive layer due to intermolecular forces between local molecules. This imperfect passive inhibitor layer, in turn, caused localized corrosion.

Pei Zhen et al. also studied corrosion protection by inhibition using a nitrite-based compound with a D-sodium gluconate inhibitor. They carried out electrochemical testing by electrochemical impedance spectroscopy and potentiodynamic polarization. The corrosion product analysis was carried out by XPs and AFM. The utilized inhibitor weakened the adsorption of chloride ions on the surface of the rebar, which stopped pitting corrosion and crack formation near the steel bars [78].

Youcef et al. used amine-based inhibitors in 0.5 M NaCl solution and carried out characterization using potentiodynamic polarization and impedance spectroscopy. The reported inhibitors were chemically adsorbed on the surface and decreased the corrosion rate without affecting the strength of the concrete [79].

Ashish et al. reported the effects of two generic inhibitors (i.e., triethyl phosphate and salicylaldehyde) in a chloride solution and found that they enhanced corrosion resistance [80]. They reported that an optimum dose of the inhibitors can improve corrosion resistance by more than 90%. The corrosion testing was carried out by potentiodynamic polarization, while the corrosion product analysis was carried out by X-ray photoelectron spectroscopy. Corrosion parameters (e.g., corrosion potential and current density) were higher in concrete samples with the inhibitor than in concrete samples without it. The corrosion product consisted of FeOOH, Fe₂O₃, and Fe₃O₄ [80].
Oxygen diffusion in a concrete structure contributes substantially to the propagation of corrosion. This effect of oxygen diffusion was indicated in the work of Dena et al., using a cellular automation framework. Oxygen diffusion was higher around the edges of the rebar than at the core of the rebar, which changed the corrosion potential and current density. The developed model fitted well with experimental and field data [81].

Researchers have tested whether adding inhibitors to concrete affects corrosion resistance, and inhibition in hardened concrete has not been reported. In one such work, Xiao et al. injected nitrite-based inhibitors under pressurized conditions into a hardened structure, finding that the cement-to-water ratio, inhibitor injecting pressure, and time taken to contain the pressure all affect the infiltration of inhibitors. As the water-to-cement ratio was increased, the inhibitor penetration depth increased, indicating effective corrosion protection [71].

In other work, Jie et al. explored the corrosion resistance performance of organic core-shell corrosion inhibitors. They used polystyrene-based inhibitors and ran tests using potentiodynamic polarization, impedance spectroscopy, and scanning electron microscopy. They found that the inhibitors were adsorbed by the rebar surface and formed complexes that slowed corrosion. Furthermore, they reported that these inhibitors were highly efficient even when concrete was exposed to corrosive media for long periods [82].

3.3. Corrosion Protection in Concrete by Coatings

Microbial corrosion is common in concrete structures in sewer environments or in the sea. Micro-organisms such as bacteria and algae may increase the corrosion rate. However, adding a thin layer of Cu$_2$O to concrete can enhance the corrosion resistance of sewer structures. A study on this topic was carried out by Zhengyu et al., who coated concrete with a Cu$_2$O layer and investigated samples using XRD, SEM, and X-ray photoelectron spectroscopy [83]. Cu$_2$O-coated samples were tested in lab environments containing either sulfide reducing bacteria or sulfide oxidizing bacteria, and improvements were found under both conditions. The researchers observed good adhesion to the mortar but suggested further studies in sewer environments due to the complexity of such environments [83].

Deepak et al. achieved improved concrete corrosion performance by applying a fusion-bonded epoxy coating to the rebar; they also observed the coating’s effect on the type of corrosion mechanism [84]. They considered corrosion potential, linear polarization, and electrochemical impedance spectroscopy. Characterization of the corrosion product was carried out using scanning electron microscopy and energy-dispersive X-rays. The corrosion process in the coatings was best explained by impedance spectroscopy, which determined the corrosion initiation process more effectively than the other corrosion testing methods used in the study [84].

Abdulaziz et al. compared the corrosion performance of conventionally galvanized rebars and hot-dipped galvanized zinc-aluminum coatings [85]. A conventional zinc coating was modified by adding different percentages of aluminum. Corrosion testing was carried out using potentiodynamic polarization and impedance spectroscopy, while X-ray diffraction and Raman spectroscopy were employed for corrosion product analysis. The researchers suggested that zinc with the addition of 10% aluminum provides the optimum corrosion resistance by blocking reactive species from reaching the rebar [86].

Another study involving the surface modification of rebars to improve corrosion resistance was carried out by Liu et al., by applying a zinc phosphate conversion coating. The high corrosion resistance (as indicated by positive corrosion potential, low corrosion current, and high impedance values) was reported for the samples coated at 75 °C. Above this temperature, grain formation occurred, which increased porosity, allowing corrosion species to enter the rebar, thus increasing corrosion [86].

3.4. Corrosion Protection in Concrete by Cathodic Protection

An important corrosion protection method used in concrete structures involves converting steel bars from anode to cathode. The desired current for cathodic protection is
either provided by an external power source (impressed current cathodic protection) or by connecting the steel bars to an anodic material such as magnesium (sacrificial cathodic protection). Both methods are well-reported in the literature on the corrosion protection of concrete.

The schematic in Figure 5 shows sacrificial cathodic protection in which a reactive metal (e.g., magnesium or aluminum) provides the desired current to the rebar. The right-hand side of the schematic shows the impressed current method by which the current is supplied from an external source. A reference electrode is used to measure the potential between the rebar and the concrete mixture. The reference electrode helps establish and maintain the protection potential required during the cathodic protection process.

![Cathodic protection process](image)

**Figure 5.** Cathodic protection process by the sacrificial anode and impressed current methods [87].

Zhang et al. used an impressed current cathodic in an RC structure [88], and found that concrete structures can be efficiently protected by the cathodic protection method, but that an excessive current can cause side effects in the form of acidification at the anode-concrete interface. The researchers prepared samples with different binders and tested them in an accelerated corrosion environment while implementing different current densities. The results showed that variations in current density and binder materials contribute significantly to degradation [88].

Parsad et al. studied the impressed current corrosion protection of a rebar structure by using a carbon fiber-reinforced polymer (CFRP) anode [89]. Impressed current cathodic protection was used on non-corroded samples and pre-corroded samples. The corrosion of the rebar structure at the optimized current density was estimated by recording the corrosion potential, corrosion rate, bond stress, and loss of mass. The researchers reported that the utilized carbon-fiber-reinforced polymer can provide efficient cathodic protection. They used different current densities and found that increasing the current density improved corrosion resistance (reported as stable corrosion potential and high polarization resistance). Furthermore, bond strength decreased as the protection current density increased [89].

Sacrificial cathodic protection is not commonly used in studies of concrete corrosion, though some researchers have used this method for short-term corrosion protection. For instance, Parthiban et al. used a magnesium alloy anode for cathodic protection in rebars in a chloride environment and found that the anode provided high negative potential on all surfaces. Furthermore, the uniform negative potentials across the surface indicate effective cathodic protection. The concentration of chloride infiltration was also low at different sites.
The estimated effective cathodic protection period was three years; after this time, corrosion potential and chloride infiltration would change, indicating the initiation of corrosion [90].

Wang et al. investigated sacrificial cathodic protection using different anodes [91]. They simulated a corrosive environment in the lab using sacrificial anodes of aluminum, magnesium, and zinc alloys. The effectiveness of anodes was tested by recording the half-cell potential, electrochemical impedance spectroscopy, and titration analysis for chloride ions. These test results revealed that activity of the aluminum alloy anode ended much earlier than in the zinc and magnesium alloy anodes. The ineffectiveness of the aluminum anodes was probably due to the formation of alumina on the surface, preventing the further formation of ions and the release of electrons. Cathodic protection also aids the migration of chloride ions towards anodes, which increases the chloride content around the anode areas [91].

The throwing power of a rebar structure is important when determining the effectiveness of the cathodic protection method. Accordingly, Belleghem et al. carried out a study in which they recorded corrosion potential, polarization resistance, and galvanic corrosion over long periods under different environmental conditions [92]. Their results show that throwing power was highest during rainfall, when humidity was high, and when the temperature was low; throwing power decreased as the level of chloride content in the environment increased. They also reported that cathodic protection is more effective when it is implemented when corrosion is initiated [93]. The throwing power of localized anodes in concrete has also been reported to be effective under atmospheric conditions [92].

Although cathodic protection has been used extensively in concrete, its effectiveness depends on several parameters, including the electrical resistivity of the concrete, the distribution of current to the rebar structure, and protection potential. Arpit et al. examined the potential and current distribution in a cathodic protected concrete structure. They reported that 80% to 90% of the current density protects only the rebar near the surface of the concrete, while the lower part of the concrete is given very little protection. They also reported that the cathodic protection of a concrete structure depends heavily on the resistivity of the structure [94].

4. Discussion Summary

It can be concluded from the above discussion and review of previous empirical work that damage to concrete structures due to carbonation and corrosion is unavoidable. Although modifying the cement-to-water ratio and the design parameters of concrete can slow down the carbonation process, due to the porous structure of concrete and the availability of CO$_2$ in the environment the process cannot be eliminated. Concrete is porous, which means it can be infiltrated by CO$_2$ gas. Furthermore, the availability of CO$_2$, the dry-wet cycle, relative humidity, and temperature cycles are all uncontrollable. However, in general, using waterproofing additives (in liquid or powder form) can have a significant role in minimizing concrete porosity. In addition, low water content and the use of fine and coarse aggregate can retard CO$_2$ penetration. These modifications in concrete can delay CO$_2$ penetration for decades. A thick cover (minimum 4 cm) over the steel-bars contributes to delaying carbonation due to the long CO$_2$-path from the environment to the passive layer. Moreover, using cladding, plastering or painting over reinforced concrete may completely prevent the penetration of CO$_2$.

Carbonation depth does not directly contribute to corrosion, but it damages the passive layer, which initiates the corrosion process. The corrosion process is propagated due to the availability of active species e.g., chloride ions, sulfate ions and oxygen. Once corrosion propagates, differential oxygen cells and differential concentration cells establish inside the concrete. The differential oxygen cells create the potential gradient between the close proximity of the steel bar and the surrounding concrete environment. This potential gradient drives the electro-migration of active species including chloride ions towards the steel bar. These processes all together contribute to an environment which is very much conducive for pitting corrosion.
Furthermore, steel bars embedded in concrete structures can form oxides; while a layer can be added around steel bars to slow down corrosion, corrosion cannot be eliminated. The corrosion of concrete bars can be restricted by three methods: suppressing the anodic dissolution of the metal by providing a surplus of electrons, forming a metal oxide on the surface, and forming a barrier between environment and metal.

A surplus of electrons can be provided at the rebar by providing a precisely calculated current, which can be achieved using an external DC source or by connecting the rebar with more reactive material (e.g., magnesium or zinc). The process of providing a protective current via an external DC source is called impressed current cathodic protection; when the current is provided by a reactive metal, the process is called sacrificial cathodic protection. Researchers have explored both methods of cathodic protection, and found merits and demerits to its use. Although cathodic protection slows the corrosion process, it can impair the bond between the steel bar and the surrounding concrete. This decrease in the bond strength is attributed to the reduction of water around the steel bar, which causes the release of hydrogen, thus increasing pressure in the area.

The second significant problem with cathodic protection in concrete structures is the heterogeneity of the concrete environment. The surface of concrete is much more saturated with oxygen than the inside part, which generates differential oxygen concentration cells. While this contributes little to corrosion in new concrete, microcells formed due to variations in concentration gradient, moisture, and humidity do contribute noticeably to corrosion.

Corrosion inhibitors have been widely used to restrict the corrosion rate of concrete and have been reported to improve corrosion resistance by more than 90%. Inhibitors decrease corrosion either by adsorbing into the metal surface, blocking aggressive species from reaching the steel rebar surface, or slowing down their diffusion to the mortar-rebar interface. The main problems associated with the use of inhibitors are related to optimum dosage, inhibitor mixing, and inhibitor dose in hardened concrete. Other popular methods for restricting corrosion include modifying the concrete environment by enhancing alkalinity, combating chloride ions, and restricting oxygen diffusion. Furthermore, factors related to environment modification and inhibitor dose optimization can enhance the working life of a concrete structure.

Corrosion can also be resisted by coating steel rebars, for example, with thin Cu$_2$O coatings. These coatings provide resistance to microbial corrosion, which is widespread in sea and sewage environments. Cu$_2$O coatings provide a physical barrier that protects against the diffusion and infiltration of reactive species into the concrete, while also blocking the growth of micro-organisms that can severely damage concrete structures if they find a conducive environment for growth. Other metallic coatings (e.g., zinc and aluminum) can also be employed to protect rebars. Zinc and aluminum can be deposited as a thin oxide layer on rebars, as they adhere well to the surface of rebars. Furthermore, these coatings are not damaged by being submerged in concrete, which helps them slow down the initiation of corrosion. Fusion-bonded epoxy coatings stop the infiltration of water and oxygen into rebars, thus helping to avoid corrosion-related problems. While such coatings (which can be formed either on rebars or concrete) decrease corrosion problems, they add to the cost of construction. If necessary, a tradeoff can be made between bond strength, cost, and the working life of the concrete structure.

When ensuring the safety of a structure and determining its working life, it is important to carry out tests for carbonation depth, onset of rebar corrosion, rate of corrosion, concentration and depth of chloride ions, rebar mortar strength, and the overall strength of the RC structure. Different tests including chemical analysis, electrochemical measurement, flexural strength and compression strength measurement, and carbonation depth modeling have been applied according to the requirements of a certain aspect of the concrete, its properties, and the expertise of researchers. These include scanning electron microscopy to assess the microstructure of concrete, pore size, crack size and crack orientation. The onset of corrosion can be tested by various nondestructive methods, while the concrete strength and the strength of the bond between mortar and rebars can be assessed by destructive
testing. Furthermore, X-ray diffraction and X-ray photo spectrometer analysis can be used to evaluate the passive layer.

Corrosion-induced damage to concrete can be qualitatively and quantitatively defined by electrochemical testing. The corrosion process occurs near the rebar due to electron transfer and mass transfer across the rebar and passive layer interface. Electron-driven reactions at the rebar surface cause anode and cathode regions to form. The mass transfer-driven reaction (oxygen diffusion and water infiltration) causes the reduction of oxygen and water, as well as the formation of corrosion products. This electron transfer process occurs inwards from the rebar, while the mass transfer process occurs outward to the solution side. Each reaction that takes place at the interface develops a potential difference, and the combined result of all reactions is called the equilibrium potential or corrosion potential. This potential can be measured using an electrode with a fixed potential (called a reference electrode). This corrosion potential can be measured in the rebar using a simple test. A positive and stable corrosion value indicates low corrosion, while a negative value indicates instability.

Direct current-based linear polarization and potentiodynamic polarization tests also provide some insight into the occurrence of corrosion at the interface. In linear polarization methods, a low voltage window (−30 mV to 30 mV around open circuit potential) is provided around the cathodic and anodic region to determine the polarization resistance and corrosion rate. Although this test does not provide any details about localized corrosion, it does provide direct information about corrosion. The pitting propensity and stability of the passivity can be tested using a potentiodynamic test with a higher potential window for polarization. Electrochemical impedance spectroscopy is a detailed process for identifying different stages of corrosion from corrosion onset, water intake, passive layer damage, and major corrosion damage. Electrochemical impedance spectroscopy tests can be employed to study corrosion in detail, and the results of such tests can be compared with simulated models to make the results more meaningful.

Much effort has been made by researchers to establishing a correlation between the damage in natural field environments and in simulated laboratory environments. Furthermore, much data has been collected, but a precise correlation has not been identified. Additional in-depth studies are required to narrow this gap.

5. Conclusions

- The structure of the concrete in terms of its porosity, water-to-cement ratio, and aggregate size and distribution, significantly contributes to carbonation, as do environmental factors.
- Carbonation destroys the passive film of steel bars, but it does not corrode the bars.
- The initiation of corrosion can be studied by destructive and nondestructive methods.
- Cracks initiate horizontally by breaking down the passive film and then propagate vertically due to the volume expansion of the corrosion product around the rebar.
- Chloride ions are a major contributor to localized corrosion and damage to the passive layer.
- Protection methods can be applied as per the required service life of the RC structure. If a long service life is required, an effective protection method should be utilized.
- Corrosion protection can be achieved through cathodic protection, inhibitor addition, or the application of metallic or nonmetallic coatings, depending on the environment in which the concrete is built.
- Measurement of corrosion potential, linear polarization, potentiodynamic polarization, and electrochemical impedance spectroscopy can all be used for qualitative and quantitative corrosion analyses.
- Constituent analysis of the passive layer and corrosion product can be carried out by X-ray diffraction or X-ray photoelectron spectroscopy.
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