

Table S1. Mean concentration of biological indicators (n=1 307)

Biological indicator	Mean	(95% CI)	P10	P90
Glucose (mg/dL)	102.6	(100.4, 104.9)	81.0	164.0
HbA1C (%)	5.7	(5.7, 5.8)	4.9	9.0
Total cholesterol (mg/dL)	188.5	(185.4, 191.6)	145.0	246.0
LDL-cholesterol (mg/dL)	114.3	(111.8, 116.7)	78.5	158.8
VLDL-cholesterol (mg/dL)	40.2	(38.1, 42.2)	16.8	74.6
Non-HDL cholesterol (mg/dL)	146.1	(142.9, 149.3)	104.0	202.0
HDL cholesterol (mg/dL)	42.4	(41.5, 43.3)	31.0	57.0