Variation in Water Uptake Dynamics of Dominant Wood Plants of *Pinus taiwanensis* Hayata Communities Based on Stable Isotopes

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**Abstract:** Plant community formation is determined by plant competition, while the water uptake depth of vegetation is regarded as a critical factor in maintaining species coexistence under competition. However, the source variation of montane plant water uptake remains poorly understood, especially under the condition of climate change. We introduced stable hydrogen and oxygen isotopes to investigate the water uptake pattern of the trees and shrubs in a *P. taiwanensis* Hayata community in subtropical mountains. The results showed that the main sources of water uptake in plants varied with soil water content, due to variations in annual precipitation distribution. In July and September, under extremely wet conditions, the evergreen conifer species *P. taiwanensis* and the shrub *Eurya muricata* mainly absorbed water from the deep soil layer (40–80 cm, more than 70%). By contrast, the deciduous shrub *Rhododendron dilatatum* largely relied on upper soil water (0–40 cm, 75.4%) in July but the same deep water source in September. In August and the non-growing season (January), when soil moisture content was low, plants preferred surface layer soil water (0–20 cm, above 50%). In October, the soil water in the middle (20–40 cm) and deep layers (40–80 cm) were the main water source of the three plants. However, the plant water sources showed great difference between *P. taiwanensis* and shrubs in November: *P. taiwanensis* absorbed more water from the soil surface layers (89.5%), while *R. dilatatum* mainly took up surface soil water (54.2%) and *E. muricata* predominantly obtained water from surface soil water (49.6%) and the deep soil layer (39.3%). These findings suggest that the water uptake of dominant woody plants in a *P. taiwanensis* community has great plasticity, and its water uptake depth varies with soil water content. In addition, these co-existing species generally absorbed water from similar soil layers in the *P. taiwanensis* community and exhibited a hydrological niche overlap, indicating a very possible competition between species in future water-limited conditions caused by climate change.

**Keywords:** *Pinus taiwanensis* community; stable isotopes; hydrological niche; subtropical mountains

1. Introduction

Water is the main limiting factor in the distribution and development of terrestrial ecosystems [1,2]. Climate brings a series of impacts and challenges to terrestrial ecosystems in the context of globalization characterized by climate warming and precipitation pattern change [3]. Comparatively, mountain ecosystems are more sensitive to global change, as well as being more susceptible and having more difficulty recovering [4,5]. Montane ecosystems are sentinels of the response of ecosystems to global change. The study of water sources and utilization characteristics of montane forest ecosystems is of great significance...
for understanding and shaping the evolution of the global water cycle in the background of climate change.

Montane coniferous forests are of particular importance to the local hydrological cycle because of their important effects on rainfall interception, redistribution, soil water storage, evapotranspiration, and runoff [6,7]. A reduction of available water for montane vegetation will result in damage to the health of these forests and an increase in the incidence of forest fires, which then affects the annual water budget [8–11]. Montane environments are highly heterogeneous and anisotropic in soil and bedrock geology. Often, there are large differences in soil depths and resulting subsurface storage capacities due to complex terrain and glacially formed landscape features, which impact available water during the growing season [12–14]. The root structure of montane forests is highly dependent on this subsurface structure, with limited root depth due to shallow soils, or with limited access to groundwater due to bedrock fractures. Many studies have explored the relationship between root water uptake and rooting depth in horizontal landscapes [15–18], but few have investigated these processes of different species within montane forest communities.

Stable isotope analyses of plant xylem water and various potential water sources make it possible to identify the problems concerning plant water uptake [19–23]. By contrasting the isotopic characteristics of each source, many of these studies concluded that plant roots accessed water from a variety of sources [24]. For example, subalpine trees, Abies lasiocarpa (Subalpine fir) and Picea engelmannii (Engelmann spruce) in the Canadian Rocky Mountains absorb water from different water sources, based on seasons and their corresponding availability [24]. Isotopically different vegetation water of co-existing species has also indicated niche segregation of water uptake in mixed stands [25,26].

Due to limited growing season length and groundwater availability, montane forests heavily rely on limited soil moisture to maintain evapotranspiration [24,27–29]. Existing literature suggests that the coexistence of fir and spruce forests is also a rare phenomenon in the future due to increasing droughts and decreasing soil water storage. This water limitation restricts tree-line advancement to higher elevations and finally the forest population growth [24]. Current research on montane forest species mainly focused on physiological and biological differences arising from altitude, climate [30,31], and species management [32]; however, there is little on evapotranspiration and water use in montane coniferous forests. The P. taiwanensis forest is a typical montane coniferous forest ecosystem in a subtropical region, which plays an extremely important role in ecological hydrology. Facing the challenge of climate change, the water use strategy toward different species (P. taiwanensis, E. muricata, and R. dilatatum) in community affects their coexistence and succession. Therefore, to improve the current incomplete understanding of water use in subtropical montane forests, this study was designed to identify and describe water use in montane forests based on hydrogen and oxygen stable isotope analysis and finally achieve three main objectives: (1) to determine the montane forest water source in rainy and dry seasons; (2) to distinguish the relative source water contribution of the xylem water of different species in a P. taiwanensis community by using Bayesian mixed model; and (3) to evaluate hydrological niche partitioning of different species with respect to resource use in the long term.

2. Materials and Methods

2.1. Study Site

This study was conducted at the Lushan Forest Ecosystem Positioning Observation Station of the China Terrestrial Ecosystem Research Network (CTERN) in Lushan Nature Reserve, Jiujiang City, Jiangxi Province, China (Figure 1) (115°51′–116°07′ E, 29°30′–29°41′ N), with elevations ranging from 30 to 1474 m [33]. It is a subtropical monsoon climate region, with an average annual temperature of 21.6 °C and an average annual precipitation of 2070 mm. According to Chen et al. [34], the rainfall in Lushan was mainly in the rainy season (April to September, 1486.71 mm). The Lushan frost period lasts up to 150 days, with an annual average of 191 foggy days.
Lushan is located in the vast plain of the middle and lower reaches of the Yangtze River, and surrounded by Poyang Lake. Complex terrain and special climatic conditions contribute to richly bio-diversified habitats [35]. At the low altitude (50–600 m) of Lushan Mountain are evergreen forests, dominated by a considerable number of Fagaceae tree species, with some shrubs and evergreen woodland species; at the middle and high altitudes (600–1100 m) are the dominated vegetation including Moso bamboo, Pinus taiwanensis, and Cryptomeria japonica (L. f.) D. Don (introduced about 50 years ago; at higher elevations (>1100 m) are only sporadic woody broadleaf and conifers species, most of which are deciduous shrubs [33,35]. Although coniferous forests are at medium and high altitudes, there grow the most representative coniferous species of Cryptomeria japonica and Pinus taiwanensis yet [36]. Within the depth interval of 0–80 cm of the soil profile, the soil bulk density ranges from 0.83 to 1.45 g/cm³ and increases with depth, while the soil porosity ranges from 42.17% to 60.24% and decreases with depth. The soil texture is silty clay loam, with an average organic matter content of 36.32 g/kg. Originating from afforestation in barren hills, Lushan Mountain is poor in soil and barren in rock [37].

2.2. Experimental Design and Sample Collection

Figure 1. Location of the study site.

Three 10 m × 10 m fixed plots (29°33′31″ N, 115°57′46″ E) of a Pinus taiwanensis community were selected at the altitude of 1096 m in Lushan Mountain. These plots for each species were close to each other to ensure that the microenvironment of each plot was consistent, including soil condition and micro-geomorphology. Three tree species in this typical community were selected as our research objects, evergreen and main species Pinus taiwanensis, evergreen shrub species Eurya muricata and deciduous shrub Rhododendron dilatatum. Among them, R. dilatatum is the species with a growth period from March to November. Detailed information is shown in Table 1 and Figure 1. All the plants studied herein are three representative specimens collected and preserved in JXAU (Tree Herbarium in College of Forestry, Jiangxi Agricultural University), first identified in the wild by Dr. M. Tang, a teacher of plant taxonomy from the College of Forestry of Jiangxi Agricultural University and then confirmed by checking ‘Flora of China’ in terms of their species identity.
Table 1. Information on sample plot and tree species.

<table>
<thead>
<tr>
<th>Tree Species</th>
<th>Number of Tree Species</th>
<th>Proportion of Tree Numbers/%</th>
<th>Average Tree Diameter/cm</th>
<th>Average Tree Height/m</th>
</tr>
</thead>
<tbody>
<tr>
<td>P. taiwanensis</td>
<td>177</td>
<td>28.78</td>
<td>15.95</td>
<td>14.06</td>
</tr>
<tr>
<td>E. muricata</td>
<td>31</td>
<td>5.04</td>
<td>5.37</td>
<td>2.82</td>
</tr>
<tr>
<td>R. dilatatum</td>
<td>92</td>
<td>14.96</td>
<td>4.2</td>
<td>3.47</td>
</tr>
</tbody>
</table>

In order to verify the variation in the seasonal water sources of plants, we selected the typical months in rainy and dry seasons in the Lushan area for continuous sampling in 2020. The sampling time is from July to December 2020, during which sampling was suspended in December due to heavy snow but continued in January of the following year as a supplement. During each sampling, three P. taiwanensis sample trees with an average height and diameter at breast height (and not affected by artificial interference) were chosen and then three mature and suberized branches with a length of 2–5 cm and a diameter of 0.2–0.5 cm were selected from each tree [38]. E. muricata and R. dilatatum were selected from the sample trees and obtained under the same procedure. Soil samples were selected from the same land growing the sample trees. There were five layers of soil samples (0–10, 10–20, 20–40, 40–60, 60–80 cm) (due to fertile soil and more diverse rock types in the deep layer). The collected soil samples were divided into two parts, one for drying method (drying at 105 °C for 24 h, respectively) to determine moisture content, and the other for rapid cryopreservation after sealing with parafilm [39]. The particle size distribution of the soil is shown in Table 2, soil particle size was measured using a Malvern Mastersizer 3000 (Malvern Panalytical, London, UK) laser diffractometer.

Table 2. Soil particle size composition and maximum and minimum water holding capacity.

<table>
<thead>
<tr>
<th>Soil Layer/cm</th>
<th>Clay Content%/</th>
<th>Silt Content%/</th>
<th>Sand Content%/</th>
<th>Saturated Moisture Holding Capacity%/</th>
<th>Field Moisture Holding Capacity%/</th>
</tr>
</thead>
<tbody>
<tr>
<td>0–10</td>
<td>0.16 ± 0.03b</td>
<td>9.14 ± 0.95b</td>
<td>90.70 ± 0.98a</td>
<td>78.47 ± 0.83a</td>
<td>49.40 ± 5.78a</td>
</tr>
<tr>
<td>10–20</td>
<td>0.44 ± 0.02a</td>
<td>15.43 ± 0.24a</td>
<td>84.13 ± 0.27b</td>
<td>74.77 ± 2.79a</td>
<td>52.73 ± 4.59a</td>
</tr>
<tr>
<td>20–40</td>
<td>0.24 ± 0.10b</td>
<td>10.76 ± 2.32b</td>
<td>89.01 ± 2.42a</td>
<td>66.57 ± 14.47a</td>
<td>45.99 ± 6.44a</td>
</tr>
<tr>
<td>40–60</td>
<td>0.10 ± 0.07b</td>
<td>7.19 ± 1.30b</td>
<td>92.71 ± 1.36a</td>
<td>58.56 ± 14.92a</td>
<td>40.03 ± 7.64a</td>
</tr>
<tr>
<td>60–80</td>
<td>0.17 ± 0.04b</td>
<td>8.57 ± 0.30b</td>
<td>91.27 ± 0.33a</td>
<td>51.24 ± 11.26a</td>
<td>37.37 ± 6.04a</td>
</tr>
</tbody>
</table>

Note: clay: <0.002 mm, silt: 0.002–0.02 mm, sand: 0.02–2 mm. Single factor analysis method was used in the table, and Duncan method was used in multiple comparisons. Letter marking method: the same letter indicates no difference between soil layers, and different lowercase letters indicate difference between soil layers (p < 0.05, N = 3).

2.3. Sample Analysis and Calculation

Meteorological data acquisition was based on the fixed meteorological observation tower, which was established at Lushan Forest Ecosystem Positioning Observation Station, 0.5 km away from the sample site and China Meteorological Data Network (https://data.cma.cn/, 15 January 2021, Lushan Station). A polyethylene plastic bottle and funnel were used to collect precipitation, and a plastic ball was put on the funnel to prevent rainwater from evaporation. Precipitation samples were collected at Lushan Guling Protection Station, 3 km away from the sample site, and rainfall was collected at 8:00 (Beijing Time) every day from June to November, with a final total of 48 samples collected. The collected precipitation samples were immediately packed in 30 mL plastic bottles. All the isotope samples were sealed with parafilm after collection, and quickly transported back to the laboratory with refrigerators or ice bags. Plants, soil samples, and precipitation were all in cryopreservation at −4 °C.

Soil moisture content samples were processed by the drying method, and then immediately taken back to the laboratory every month, with a final total of 90 samples. According to the Nielson classification system, a coefficient of variation, CV, between 10% and 100% is medium, CV ≤ 10% is weak, and CV ≥ 100% is strong [40]. Thus, the coefficient of variation was calculated as:
In our study, the FAO Penman–Monteith method was adopted to estimate the potential evapotranspiration in Lushan Mountain, specifically expressed as [41]:

$$ET_P = \frac{0.408 \Delta (R_n - G) + \gamma \frac{900}{T_a + 27} u_2 VPD}{\Delta + \gamma (1 + 0.34 u_2)}$$

where $ET_P$ is the reference potential evapotranspiration (mm/d), $R_n$ is the net radiation [MJ/(m·d)], $G$ is the soil heat flux [MJ/(m·d)], $\gamma$ is the psychrometer constant, $T_a$ is the daily average air temperature at 2 m (°C), $u_2$ is the wind speed at 2 m (m/s), $VPD$ is vapor pressure deficit (kpa), and $\Delta$ is the slope of the vapor pressure curve (kpa/p).

Soil water and plant xylem water were extracted using a cryogenic vacuum distillation system (LI-2000, LICA United Technology Limited, Beijing, China) to yield samples of soil water and twig xylem water (water extraction rate of ~99%) for stable isotopic analysis. The low temperature extraction of soil and plant samples lasted more than 2.5 h to ensure a complete removal [42,43]. Prior to this, we removed the phloem of three plants in order to avoid isotopic fractionation of xylem water and contamination by isotopic enriched water, respectively. After extraction, the obtained water (1–2 mL) was filtered (0.22 µm), and hydrogen and oxygen isotope analysis was performed using an elemental analyzer (Thermo Scientific Flash 2000 HT) coupled with an isotope ratio mass spectrometer (IRMS, Delta v Advantage) with a total of 144 samples. Briefly, the filtered water sample was transferred into a 1.5 mL glass bottle and loaded into the sample tray of the autosampler AS-300. A microinjector (0.5 µL, Thermo Scientific) on the autosampler automatically aspirated 0.2 µL of the water sample and injected it into the pyrolysis furnace of the elemental analyzer. Then, water rapidly reacted at a high temperature of 1380 °C to generate H2 and CO. The H2 and CO were driven by a He gas flow with a flow speed of 110 mL/min, which were dehydrated by a desiccant and separated by chromatographic column. Finally, hydrogen and oxygen isotopic composition analysis was carried out in an isotope ratio mass spectrometer. Extracting water from plant tissues using cryogenic vacuum distillation can co-distill organic materials (e.g., ethanol and methanol), but that would not affect the measurement results of the IRMS method, respectively [42]. In addition, high-purity CO, H2, and CO were introduced as reference gases at the initial stage of analysis of each sample during sample measurement. Then, the standard materials with known $\delta^2$H and $\delta^{18}$O were used to calibrate the $\delta$ value of the reference gas and then use the calibrated $\delta$ value of the reference gas to calibrate the $\delta$ value in the sample. Data processing and analysis were performed by Isodat 3.0 software (Thermo Scientific, Waltham, MA, USA). Regularly collected rainwater was also filtered and measured in the machine, with a total of 48 (June to November) [44], an analysis error $\delta^D$ of less than 0.4‰, and $\delta^{18}$O of less than 0.15‰. The measured hydrogen and oxygen isotope ratio in water samples is a thousand difference from the standard average oceanic water (SMOW), which is expressed as [45]:

$$\delta X = \left( \frac{R_{sample}}{R_{standard}} - 1 \right) \times 1000 \text{‰}$$

where $R_{sample}$ and $R_{standard}$ represent the isotope ratio of the samples and the Vienna Standard Mean Ocean Water, respectively.

The isotope composition characteristics of different water sources were analyzed by mathematical statistics. When plants had multiple potential water sources, the isotope characteristics of lignified branches of plants were the mixture of isotope characteristics of multiple water sources [46]. The intersection between the vertical line of the xylem water isotope and the horizontal line of the soil water isotope could roughly determine the water source of the plant [47]. However, this graphical inference method was used as a preliminary judgment of the main water sources of plants. To quantify the proportion of soil water contribution to plants, the MixSIAR Bayesian mixing model was used in this calculation, since it integrated uncertainties related to multiple sources and discrimination factors [48]. The xylem isotope values $\delta^D$ and $\delta^{18}$O of three trees species were used as
mixture data inputs into MixSIAR, meantime, the averages and standard errors of isotope values (δD and δ18O) from various soils layers (0–10, 10–20, 20–40, 40–60, and 60–80 cm) were used as source data and input into MixSIAR. The source data had no concentration dependence. Individual effects as a random occurrence were included in all analyses. The discrimination data were set to zero for both δD and δ18O because isotopic fractionation did not occur during plant water uptake, such as isotopic characteristics and available sources, the details of which are provided in Wang et al. [42]. Besides, the model was also adopted to examine the δD and δ18O values of the three potential xylem water sources, namely, the surface soil layer (0–20 cm), middle soil layer (20–40 cm), and deep soil layer (40–80 cm), thus reducing experimental error and increasing the accuracy of calculation [42]. For the convenience of subsequent description and comparison, we also define the upper soil layer (0–40 cm) and used it uniformly throughout the text, respectively.

All data analyses in this paper were analyzed in the SPSS 16.0 software, which was developed by Norman H. Nie, C. Hadlai (Tex) Hull and Dale H. Bent. at Stanford University (IBM/SPSS, Chicago, IL, USA), and the differences in soil moisture content between soil layers and between months were all analyzed with One-way ANOVA, and multiple comparisons were performed by Duncan’s method. Before ANOVA analysis, the data were tested for normal distribution and homogeneity of variance, and the results showed that the data met the requirement of variance test. Calculation of the moisture source was performed in R studio 3.5.0, and our mapping was done in Origin 2017.

3. Results
3.1. Variations of Rainfall and Soil Water Content

The distribution of precipitation was uneven throughout the whole year of 2020, with the rainfall of 2732.0 mm, 777.0 mm more than the mean annual rainfall (1955–2020), and the average temperature of 12.51 °C. The maximum rainfall happened on 8 July 2020, exactly 194.8 mm, and the maximum monthly rainfall occurred in July, 145.8% of the average in the same month of the previous years. Moreover, the rainfall in September increased to 104.8% of the amount in the same period of last year. By contrast, the average maximum air temperature appeared in August (23.08 °C) (Figure 2).

![Figure 2](image-url)  
**Figure 2.** Monthly variation of multiyear precipitation (1955–2020), temperature, and precipitation in 2020 in the study site.

The potential evapotranspiration (ETp) range of Lushan Mountain in 2020 was 0.02–2.34 mm, and 50% of the daily ETp was less than 0.4 mm/d. The frequency accumulation curve of potential evapotranspiration also shows that in Lushan occurred a considerable number of low evaporative water consumptions in the year (Figure 3a). Combining the results in the sampling periods of isotopic precipitation, soil and plants, we found that high ETp mainly occurred in the rainy season, while low ETp mostly appeared in the low temperature dry season (Figure 3b). It is worth noting that even in high temperature and rainy seasons, the potential evapotranspiration reached close to 0 mm.
Figure 2. Monthly variation of multiyear precipitation (1955–2020), temperature, and precipitation in 2020 in the study site.

The potential evapotranspiration ($ET_p$) range of Lushan Mountain in 2020 was 0.02–2.34 mm, and 50% of the daily $ET_p$ was less than 0.4 mm/d. The frequency accumulation curve of potential evapotranspiration also shows that in Lushan occurred a considerable number of low evaporative water consumptions in the year (Figure 3a). Combining the results in the sampling periods of isotopic precipitation, soil and plants, we found that high $ET_p$ mainly occurred in the rainy season, while low $ET_p$ mostly appeared in the low temperature dry season (Figure 3b). It is worth noting that even in high temperature and rainy seasons, the potential evapotranspiration reached close to 0 mm.

Figure 3. Frequency distribution of potential evapotranspiration ($ET_p$) are shown in Figure (a). CET$_p$ represents the frequency of $ET_p$ in each group, and each group is a sequential accumulation of 0.1 mm; CL represents fitted curve of CET$_p$; CFL is frequency accumulation curve, respectively. In Figure (b), P is the daily precipitation; $ET_p$ is the potential evapotranspiration, and Sampling is the date of sampling. Isotopic values of precipitation ($\delta D$ of P), P. taiwanensis ($\delta D$ of P), E. muricata ($\delta D$ of E) and R. dilatatum ($\delta D$ of R) are also shown in Figure (b), respectively.

During this study period, there was no significant change of soil moisture content in the P. taiwanensis community. However, the changes of water content in different soil layers were different, and the variation of surface soil moisture content was the most dramatic, ranging from 33.40% to 62.73%. The coefficient of variation (CV) in different soil layers fluctuated between 5.41% and 26.22%, and the least variation was in the middle layer (10–60 cm). The soil water content decreased with soil depth, the largest difference of soil water content among soil layers was in July, and the smallest was in August (Figure 4).

3.2. Isotopic Composition of Rainfall, Soil Water and Plant Water

We collected precipitation samples from each precipitation event from June to November, and obtained the local metric water line (LMWL) ($\delta D = 6.07\delta^{18}O + 8.42$) (Figure 5). The slope and intercept were both lower than the global metric water line (GMWL) ($\delta D = 8\delta^{18}O + 10$) [49]. The soil water evaporation line ($\delta D = 5.77\delta^{18}O - 12.95$) was below the LMWL, which indicates that precipitation fractionates isotopic compositions in varying degrees due to the different evaporation.
During this study period, there was no significant change of soil moisture content in different months from July to January of the following year. The isotopic values of precipitation varied significantly during the sampling periods, ranging in δD from −111.93 to −25.39‰, with the average of −74.02‰, and in δ18O from −19.71 to −9.87‰, with the mean value of −13.58‰, correspondingly. The variation of isotopic values was similar in soil water to that in precipitation, ranging in δD from −130.28 to −48.15‰, with the average of −95.24‰ and in δ18O from −19.24 to −6.43‰, with the average of −14.26‰, respectively. Additionally, the variation range of δD and δ18O in plant water was from −16.71 to −8.24‰ and from −112.72‰ to −64.18‰ correspondingly, while the average value was −12.50 and −87.11‰, respectively (Figure 5).

**Figure 4.** Monthly variation of water content during observation period. Mean and SD of three replicates are shown, and mean values with the same letter indicate no significant difference at \( p \leq 0.05 \) level according to One-way ANOVA test. (a-f) respectively represent the chronological months from July to January of the following year.

**Figure 5.** Distribution of precipitation, soil water, and plant water δ18O–δD relationship. Local meteoric water lines (black line): \( \delta D = 6.078\delta^{18}O + 8.42 \) (\( n = 48, R^2 = 0.47 \)), soil water evaporation line (red line): \( \delta D = 5.77\delta^{18}O – 12.95 \) (\( n = 90, R^2 = 0.82 \)), and stem water content line (blue line): \( \delta D = 4.95\delta^{18}O – 25.18 \) (\( n = 54, R^2 = 0.79 \)), respectively.

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3.3. Relationship between Isotopic Compositions in Soil and Xylem Water

The isotopic composition of soil water at different depths was affected by early precipitation, while the deep soil water was affected by earlier precipitation (Figure 6). In July and September with abundant rainfall, there was a great variation on isotopic composition in the 0–80 cm soil layer, and the δD value of soil water increased with the soil depth (Figure 6a,c). The change trend in δD of soil water was consistent among August, October, November and January of following year, while δD of upper soil water (0–40 cm) was always higher than that of the lower soil horizons due to different evaporation. Specifically, in August, δD of soil water decreased with soil depth in the 0–40 cm soil layer but increased with the soil depth in the 40–80 cm soil layer (Figure 6b), while in October and November (Figure 6d,e), the isotopic value of soil water demonstrated a downward trend toward depletion in the 0–60 cm layer but an upward trend toward enrichment in the 60–80 cm layer. In contrast, the isotopic value of soil water slightly changed in the 40–80 cm soil layer but drastically decreased with the soil depth in the 0–40 cm layer. The δD values of soil water ranged from $-130.28\%$ to $-48.15\%$ during our study period.

![Figure 6](image_url)  
**Figure 6.** Seasonal variations of δD in soil horizons (0–80 cm) and xylem water (vertical dash) from *P. taiwanensis* and understory shrub species. Error bars and column widths represent standard errors (N = 3). (a–f) represent the chronological months from July to January of the following year.

There were no significant differences ($p > 0.05$) between the respective δDs of *P. taiwanensis*, *E. muricata*, and *R. dilatatum* from July to January, suggesting that plants absorbed soil water primarily from the same depths. Xylem water δDs of three species in August, November, and January were broadly similar to that of soil water at the 0–20 cm depth (Figure 6b,e,f). In July and September, the intersection point of the isotope characteristic line between the stem water and soil profile of *P. taiwanensis* and *E. muricata* was below 40 cm (Figure 6a,c). However, the main water sources of *R. dilatatum* were slightly different in July, and the intersection was near the soil layer of 20–40 cm. Besides, in September, its intersection...
was similar to that of *P. taiwanensis* and *E. muricata*. In October, the water used sources of the three plants remained similar, with the intersection between 10 and 40 cm soil layers (Figure 6d).

### 3.4. Water Uptake Patterns of *P. taiwanensis* and Understory Shrub Species

The contribution ratios of the three potential soil water sources (0–20, 20–40, and 40–80 cm) to plant water uptake are shown in Figure 7, with significant differences between different months. In the months with extremely abundant rainfall (July and September), the evergreen conifer species *P. taiwanensis* and the evergreen shrub *E. muricata* mainly absorbed water from the deep soil layer (all more than 70%). By contrast, the deciduous shrub *R. dilatatum* strongly relied on upper soil water (75.4%) in July, and took up the same deep water source in September.

![Figure 7. Seasonal variations in proportion of water uptake from different soil layers based on MixSIAR of *P. taiwanensis*, *E. muricata* and *R. dilatatum*. Error bars represent standard deviations (N = 3). (a–f) represent the chronological months from July to January of the following year.](image)

The surface soil water (0–20 cm) became the main source of the three species in August and January of the following year, when the precipitation decreased, compared with that in the same month of the previous years. When the precipitation in October was compared with that in the same period of the previous years, it was found that the soil water in the
deep layers (40–80 cm) was the main water source of the three plants. Moreover, the greatest difference in water source between P. taiwanensis and shrubs occurred in November, when the precipitation increased slightly, compared with that in the same period of the previous years, and the contribution of 0–20 cm soil water to the three tree species (P. taiwanensis, E. muricata, and R. dilatatum) were 89.5%, 49.6%, and 54.2% and the contribution of deep soil water to the two shrubs were 39.3% and 29.9%, respectively.

4. Discussion

4.1. Water Use Patterns of Main Arbor and Shrub Species in P. taiwanensis Community

Based on this study, we found that there were monthly dynamic changes of water use in P. taiwanensis, E. muricata, and R. dilatatum during the study period. In the rainy months (July to September), plants generally preferred absorbing water from the deep soil layer (40–80 cm), except in August. They preferred the surface soil layer (0–20 cm) in August and the months with less rainfall (October to January of the next year). It should be noted that the results of the seasonal water use pattern conflicts with those from most previous studies in subtropical and humid regions, which found that plants generally had shallow roots and absorbed topsoil water [50]. Particularly, plants absorbed deep water during the rainy season, which might be attributed to the low rainfall and plant water consumption. On the one hand, during this season, rainfall was extremely abundant, 70% higher than the monthly average in the previous decades, and the soil moisture content was then kept in a state of supersaturation for a long time because of continuous rain (Figure 2). Accordingly, plants had to endure water logging stress, which resulted in the decrease of the surface root activity [51–53]. Since the flooding stress on the deep root was reduced due to the better water conductivity of sandy deep soil (Table 2), plants then turned to this deep soil water. On the other hand, trees have the capability of storing water [54], and releasing less water by transpiration on the continuous rainy days [55,56]. A total of 50% of $ET_p$ in 2020 was smaller than 0.4 mm/d, according to Figure 3a; the distribution of $ET_p$, and the average $ET_p$ in the early period of our sampling time (7d) was 0.5 mm/d according to Figure 3b, indicating a very low water consumption of plant transpiration (which might be attributed to the inclusion of plant transpiration in the $ET_p$). It was inferred that early rainfall was still stored in branches in the late samplings. Then, the isotopic characteristics of stem water demonstrated a consistency with earlier precipitation, which replenished the deep soil water by infiltration (Figure 3). Overall, these two factors together contribute to the deep soil water use of plants in the months with extremely abundant rainfall. Comparatively, plants still preferred surface layer soil water (0–20 cm) in August with normal rainfall. These results confirmed the previous studies about subtropical coniferous plantation that trees tapped shallower soil water sources (0–10 cm) during the wet season [47,57].

Furthermore, this study also revealed that plants increasingly absorbed surface layer soil water (0–20 cm) in the early and middle periods of the dry season (October to January). When the precipitation was compared with that in previous years (Figure 2, October), it was found that soil water in deep layers (40–80 cm) was the main source of the three plants, and the contribution of 0–20 cm soil water to the three tree species (P. taiwanensis, E. muricata, and R. dilatatum) more than 50% in November and January. A similar pattern was also found by Muñoz-Villers et al. [57] in Tropical montane cloud forests, whose study demonstrated that the increase in shallow soil water uptake across investigated species was related to the reduction of transpiration. In central Panama, Schwendenmann et al. [26] uncovered that the deciduous species Cedrela odorata showed the lowest daily transpiration rate and consistent use of shallow soil water in the dry season. Then, they concluded that the water use strategy might be related to the availability of soil water and that enough surface soil water and root biomass might be conducive to plant transpiration [26,58,59]. The study of Deng et al. [60] in Beijing’s mountain areas revealed that P. orientalis preferred upper soil moisture in the dry seasons as long as the supply met the demand. Combining all the previously mentioned, this study suggested that the three tree species could flexibly
shift their water sources from shallow soil water to deep soil water according to soil water availability and water requirements.

4.2. Dynamic Niche Partitioning in Water Uptake among *P. taiwanensis* Community

The main water sources of *P. taiwanensis, E. muricata,* and *R. dilatatum* in our study were not always consistent among different months. Specifically, *R. dilatatum* or *P. taiwanensis* used different water sources from those of the other two tree species in July and November, which could be attributed to the roots “niche differentiation”, the alleviation of water competition, and the horizontal segregation of water absorption between species during the wet period, although a replenishment of water supply occurred along the vertical axis during the dry period [61]. Dynamic niche partitioning in root water uptake facilitated efficient water use in the more richly diverse grassland plant communities [62]. Xu et al. [63] found that the dominant coniferous forest species, the middle and associated species in southwest China had complementary and changing water use strategies. However, the way to absorb water from similar soil layers by co-existing species tends to show hydrological niche overlap and then causes competition in water-limited conditions [47]. Wang et al. [42] investigated three typical plants (Stipa bungeana, Artemisia gmelinii, and Vitex negundo) in the Loess Plateau and found that there was little difference in the main water sources of the three native plants during the growing season. Similarly, Zhang et al. [64] studied the water use pattern of two dominant species of shrubs, *C. korshinskii* and *R. soongorica,* and found that the source was basically in competition in each month. They proposed that the tree species of the same dominant class in the ecosystem had similar water sources, which is consistent with the discovery of Nie et al. [65] in the subtropical karst area of China. Thus, it can be concluded that in an artificial coniferous forest ecosystem with a single advantage, the water use patterns of arbors and shrubs are flexibly and complementarily coordinated.

5. Conclusions

In this study, a stable isotope was introduced to distinguish the sources of water uptake among the dominant species in a *P. taiwanensis* community. Our results suggested that the plants could switch their water uptake depth to adapt to soil moisture conditions in different periods. In the growing season (July to October), when the surface soil water content was extremely abundant, the dominant species in a *P. taiwanensis* community mainly absorbed water from the deep soil layer (40–80 cm), but turned to absorb surface soil water (0–20 cm) when the content lowered. The surface soil water (0–20 cm) became the main sources of the three species in November and January of the following year. These findings indicated that excessive shallow soil water supply would lead to a decrease of shallow root activity and then the deep soil water uptake of plants. In addition, the water uptake of dominant woody plants in *P. taiwanensis* community has great plasticity and the water uptake depth varies with soil water availability. The changing water use pattern of vegetation in a community is beneficial for adaptation to the wet environment, but the same hydrological niche might result in water competition in future climate change.

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