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Editorial

Present and Future Trends of Aesthetic Medicine

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The *Journal of Aesthetic Medicine* is an open access MDPI publication which serves as an international platform for publishing innovative research and advanced clinical practice in aesthetic medicine.

Aesthetic medicine has undergone substantial changes over the past few decades to become a medical discipline which provides patient care through clinical, psychological and societal means. The advancement of aesthetic treatments has been afforded thanks to major medical technology developments combined with biocompatible materials and minimally invasive techniques, which have made these treatments safer and more effective for a wider range of patients [1,2]. Non-invasive diagnostics serve as essential tools in this context because they guide appropriate treatment plans for patients [3,4].

The journal accepts original research articles, comprehensive reviews, and clinical studies that present innovative aesthetic techniques involving energy-based devices, regenerative approaches, and injectable treatments. The journal ensures the quality of its publications through its strict and rigorous peer-review process.

As an open access journal, we provide unrestricted access to scientific knowledge. We aim to share discoveries widely to all professionals, including readers who want to expand their expertise.

The *Journal of Aesthetic Medicine* will serve as an innovation driver through its support of high-quality research and its promotion of new trends in the field.

Conflicts of Interest: The author declares no conflict of interest.

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Short Biography of Author

Prof. Dr. Steven Paul Nisticò holds the position of Full Professor at the Department of Clinical, Internal, Anesthesiological, and Cardiovascular Sciences at the Sapienza University of Rome. He earned his Medical Degree in 1997 and completed his Specialization in Dermatology and Venereology in 2001 with the highest honours and praise at the Catholic University of the Sacred Heart in Rome. Since 2002, he has been a Specialist Medical Director in Dermatology at the University Hospital "Policlinico Tor Vergata" in Rome. During this time, he has conducted extensive research in molecular and clinical dermatology. Since 2003, he has been a University Researcher in Dermatology (Scientific Disciplinary Sector MED/35) at the Department of Systems Medicine at the University of Rome Tor Vergata. In 2008, he held the position of Honorary Research Fellow at the Wolfson Institute for Biomedical Research at the University College of London, UK, where he conducted experimental research in dermopharmacology under the guidance of Professor Salvador Moncada. Since 2012, he has been an Associate Professor (II fascia) in the scientific disciplinary sector MED/35 at the School of Medicine of the "Magna Graecia" University of Catanzaro (UMG), Department of Health Sciences. He has served as Director of the Specialization School and Chair of Dermatology since 2018, and was promoted to Full Professor (I fascia) in November 2021. He is also the Director of the Specialization School in Dermatology and the Second-level Master in Aesthetic Medicine at UMG. He is an expert at the European Medicines Agency (EMA). He has authored 230+ publications with 3000+ citations in international scientific journals (source: Google Scholar); he has been a speaker at major international dermatological congresses.