

Article Residual Stresses Control in Additive Manufacturing

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Abstract: Residual stresses are one of the primary causes for the failure of parts or systems in metal additive manufacturing (AM), since they easily induce crack propagation and structural distortion. Although the formation of residual stresses has been extensively studied, the core factors steering their development in AM have not been completely uncovered. To date, several strategies based on reducing the thermal gradients have been developed to mitigate the manifestation of residual stresses in AM; however, how to choose the optimal processing plan is still unclear for AM designers. In this regard, the concept of the yield temperature, related to the thermal deformation and the mechanical constraint, plays a crucial role for controlling the residual stresses, but it has not been duly investigated, and the corresponding approach to control stresses is also yet lacking. To undertake such study, a three-bar model is firstly used to illustrate the formation mechanism of the residual stress and its key causes. Next, an experimentally calibrated thermomechanical finite element model is used to analyze the sensitivity of the residual stresses to the scan pattern, preheating, energy density, and the part geometry and size, as well as the substrate constraints. Based on the numerical results obtained from this analysis, recommendations on how to minimize the residual stresses during the AM process are provided.

Keywords: additive manufacturing; residual stress control; thermomechanical simulation; strategical assessment

1. Introduction

Metal additive manufacturing (AM) is an advanced processing technology of increasing industrial significance due to its unique advantages and its feasibility to fabricate complex structures with high-performance [1,2]. During the AM process, the material experiences repeated spatially variable heating and cooling cycles. Locally, non-uniform thermal expansion and contraction happen at the vicinity of the melt pool, where high temperature gradients arise during the printing process and lead to thermal deformations and residual stresses, these being detrimental for the geometrical accuracy and the final mechanical properties of the AM components [3,4].

Due to the large number of variables involved in the AM process, the combination of experiments and numerical simulations is quite useful to study the thermo-mechanical behavior, duly accounting for the limitations of experimental measurements and the mandatory validation of the computational models [5–9]. In this line, Lu et al. [6,7] studied the residual stresses and distortion of Ti-6Al-4V single-wall and rectangular parts using a finite element (FE) model calibrated by establishing an in situ system with integrated infrared imaging sensor, thermocouples, digital image correlation, and displacement sensor, which can measure the detailed temperature and distortion of Ti-6Al-4V parts manufactured by directed energy deposition (DED). Cao et al. [8] developed an efficient FE model by combining the dynamic mesh method and the equivalent boundary condition to accelerate the thermo-mechanical simulations of laser powder bed fusion (LPBF).



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Several studies have been performed on the optimization of the process to reduce the residual stresses and distortion. It is found that optimizing the deposition sequence or the process parameters [5,10–12] and preheating the substrate before the AM [3,9] can minimize the residual stresses and warpage. Nevertheless, such strategies based on managing the thermal gradients in metal AM are limited, due to the use of a high-energy beam as the heat source. For example, preheating the substrate or build chamber may increase the risk of microstructure coarsening; the optimization of path and process parameters is relatively complex, and it needs to give consideration to the microstructural evolution. Additionally, the use of assistant tools, such as in the rolling technique [13] and laser shock peening [14], during AM or the post-processing stress relieving (by heat or mechanical treatments) [15,16] favor stress reduction, but increase both manufacturing time and cost. Although these strategies have been proposed, their combined necessary comparison and

To date, the formation of residual stresses is mainly attributed in the existing literature to the "temperature gradient mechanism" [17–19]; little attention has been paid to the "yield temperature", another crucial factor related to the mechanical constraint. As known, free temperature deformation causes no stress, even if the thermal gradient is important. Based on this concept, the optimization of the substrate restraints should be addressed to reduce the stress development during the metal AM processes, as a new control route, parallel to the conventional thermal gradient management.

evaluation for optimizing the AM process when printing complex components must be

Thereby, the objective of this work is to uncover the key mechanisms that drive the residual stresses in AM and to make a comprehensive assessment on their control strategies. To this end, a simple three-bar model used in welding is firstly employed to illustrate the two core factors, namely, the thermal gradient and the yield temperature, as responsible for the emergence of the residual stresses in AM. Based on this new appreciation, the sensitivity of the stress development to the scan pattern, preheating, the part geometry and size, and the mechanical constraint of the substrate is studied using a 3D coupled thermo-mechanical FE model for AM. Finally, some recommendations for fabricating high-quality AM parts are given.

2. Experimental Setup

further investigated.

A 40-layer Ti-6Al-4V block ($125 \times 35 \times 20 \text{ mm}^3$) was deposited by DED on an annealed Ti-6Al-4V substrate ($200 \times 100 \times 25 \text{ mm}^3$) clamped as a cantilever, as shown in Figure 1a. The laser-based DED machine employed includes a semiconductor laser diode with a maximum output power of 6 kW, a DPSF-2 high-accuracy powder feeder, a five-axis numerical control robot and a hermetic processing chamber filled with argon. Before DED, the Ti-6Al-4V powders with a diameter of between 53–325 µm were dried in a vacuum oven at 130 °C for 2 h.



Figure 1. DED process: (**a**) in situ experimental set-up; (**b**) scanning path used; (**c**) locations of two thermocouples (TC1-TC2) and one displacement sensor (DS) at the bottom surface of the substrate.

The process parameters are: a laser power of 2 kW, a scan speed of 15.0 mm/s, a laser beam diameter of 5.0 mm, and an up-lift height of 0.5 mm; an alternating longitudinal-

transverse printing pattern is used, as shown in Figure 1b. During the DED process, two *Omega GG-K-30* thermocouples and one *WXXY PM11-R1-20L* displacement sensor are used to measure the temperature and the vertical displacement of the bottom of the substrate without preheating, as shown in Figure 1c.

3. Numerical Simulation

3.1. Thermomechanical Analysis for AM

In this work, an in-house coupled thermo-mechanical FE software, *COMET* [20,21], is utilized to perform the mechanical analyses. For each time step, the thermal analysis is performed firstly, and then the computed temperature field is used to solve the stress problem.

The energy balance equation for the transient thermal analysis is:

$$\dot{H} = -\nabla \cdot \mathbf{q} + \dot{Q},\tag{1}$$

where \hat{H} is the enthalpy rate, Q is the heat source, and \mathbf{q} is the heat flux, defined by Fourier's law:

$$\mathbf{q} = -k\nabla T,\tag{2}$$

where *k* is the thermal conductivity, and ∇T is the temperature gradient.

The convective heat dissipation is computed by Newton's law:

$$q_{conv} = h_{conv}(T - T_{am}), \tag{3}$$

where h_{conv} is the heat convective coefficient, *T* is the component temperature, and T_{am} is the ambient temperature.

The heat loss by radiation, q_{rad} , is defined by Stefan–Boltzmann's law:

$$q_{rad} = \varepsilon_{rad} \sigma_{rad} \left(T^4 - T^4_{am} \right), \tag{4}$$

where ε_{rad} is the surface emissivity, and σ_{rad} is the Stefan–Boltzmann constant.

The balance of momentum equation for the stress analysis is:

$$\nabla \cdot \mathbf{s} + \nabla p + \mathbf{b} = 0 \tag{5}$$

$$\left(\nabla \cdot \mathbf{u} - e^T\right) - \frac{p}{K} = 0, \tag{6}$$

where the Cauchy stress tensor σ is split into its deviatoric and spherical parts, **s** and *p*, respectively, as

$$\boldsymbol{\sigma} = p\boldsymbol{I} + \mathbf{s}(\mathbf{u}),\tag{7}$$

b is the body force, **u** is the displacement, *K* is the bulk modulus, and e^T is the thermal deformation, defined as:

$$e^{T}(T, f_{S}) = \alpha(T - T_{0}) + \beta f_{S}, \qquad (8)$$

where f_S is the solid fraction, T_0 is the initial temperature, and α and β are the thermal expansion and shrinkage coefficients, respectively.

In this work, a *J*2-thermo-elasto-visco-plastic model is utilized in the solid phase, corresponding to the temperatures from T_{am} to the annealing temperature, T_{anneal} . All the material properties are supposed to be temperature dependent. The von Mises yield surface is expressed as:

$$\Phi(\mathbf{s}, q_h, T) = \|\mathbf{s}\| - \sqrt{\frac{2}{3}} \left[\sigma_y(T) - q_h \right], \qquad (9)$$

where σ_y is the yield stress, and q_h is the stress-like variable controlling the hardening, defined as:

$$q_h(\xi, T) = -\left[\sigma_{\infty}(T) - \sigma_y(T)\right] \left[1 - e^{-\delta(T)\xi}\right] - h(T)\xi,$$
(10)

where ξ is the isotropic strain-hardening variable, σ_{∞} is the saturation flow stress, and the parameters *h* and δ are used to model the linear and exponential hardening laws, respectively. The deviatoric counterpart of Cauchy's stress tensor is defined as:

$$\mathbf{s} = 2G(\mathbf{e} - \mathbf{e}^{vp}),\tag{11}$$

where *G* is the shear modulus, **e** is the total (deviatoric) strain obtained from the total strain tensor $\varepsilon(\mathbf{u}) = \nabla^{sym}(\mathbf{u})$, and \mathbf{e}^{vp} is the visco-plastic strain. Based on the principle of maximum plastic dissipation, the evolutions of both the visco-plastic strain tensor and the isotropic strain-hardening variable are expressed as:

$$\dot{\mathbf{e}}^{vp} = \dot{\gamma}^{vp} \frac{\partial \Phi(\mathbf{s}, q_h)}{\partial \mathbf{s}} = \dot{\gamma}^{vp} \frac{\mathbf{s}}{\|\mathbf{s}\|} = \dot{\gamma}^{vp} \mathbf{n}$$
(12)

$$\dot{\xi} = \dot{\gamma}^{vp} \frac{\partial \Phi(\mathbf{s}, q_h)}{\partial q_h} = \sqrt{\frac{2}{3}} \dot{\gamma}^{vp}, \tag{13}$$

where **n** stands for the normal vector to the yield surface, and $\dot{\gamma}^{vp}$ is the visco-plastic multiplier, defined as:

$$\dot{\gamma}^{vp} = \left\langle \frac{\partial \Phi(\mathbf{s}, q_h)}{\eta} \right\rangle^{\frac{1}{m}},$$
(14)

where *m* is the rate sensitivity and η is plastic viscosity.

Note that as $T \rightarrow T_{anneal}$, the yield stress tends to null. Hence, the deviatoric Cauchy stress is reduced to:

$$\mathbf{s} = \eta \left(\dot{\gamma}^{vp} \right)^m \mathbf{n} = \eta_{eff} \dot{\mathbf{e}}^{vp}, \tag{15}$$

where $\eta_{eff} = \eta \left(\dot{\gamma}^{vp}\right)^{m-1}$ stands for the effective viscosity. Hereby, the materials are characterized by a purely viscous law when $T > T_{anneal}$. A non-Newtonian behavior with m > 1 is used for the mushy phase ($T_{anneal} < T < T_{melt}$), while a Newtonian law, m = 1, features the liquid phase ($T > T_{melt}$). The details of this model for AM simulation are given in previous works [22–24].

3.2. FE Modelling of AM

To model the printing process, a time-marching scheme, featured by a time step, $\Delta t = t^{n+1} - t^n$, is used, allowing for the time discretization. Hence, the melting pool can move according to the deposition path from the current position at time t^n to that at time t^{n+1} . In this interval, the elements corresponding to the melting pool are heated and, at the same time, the feeding powders conform the metal deposition.

Thereby, the simulation software parses the same file (CLI format) following the real printing path as used to inform the 3D printer. The *birth-and-death-element* technique is utilized to activate the elements belonging to the new deposit layer. Thus, the simulated strategy for the building process requires an ad hoc procedure to classify the elements into: activated, active, and inactive element. At each time step, the elements corresponding to the melting pool (active) and to the deposit layers (activated) are sought by an octree-based searching algorithm. Both the active and activated elements are included in the current computational domain, but the inactive ones are neither assembled nor computed.

Figure 2 shows the different AM geometries and the corresponding FE meshes. The geometry in Figure 2a corresponds to the in situ experimental work-piece, while Figure 2b,c depict the two four-layer blocks with the different geometries: rectangular and square shapes, respectively. The mesh size is $1 \times 1 \times 0.5$ mm³ for the deposit, while it is larger for the substrate, increasing with the distance from the printing region. The temperature-



dependent mechanical and thermal properties of Ti-6Al-4V, used for both the build and the substrate, are from references [25,26].

Figure 2. FE mesh models: (**a**) 40-layer rectangular block; (**b**) 4-layer rectangular block; (**c**) 4-layer square block. The lines AB and EF at the build-substrate interface are used to analyze the residual stresses while the lines CD and GH at the deposit top are used to analyze the displacement of DED parts.

3.3. Model Calibration

Prior to studying the sensitivity of the residual stresses to the AM variables, the thermo-mechanical model needs to be calibrated to ensure its prediction accuracy. Figure 3 compares the measured and calculated thermo-mechanical results of the 40-layer block. Note that the agreement between the simulation and the experiment is remarkable, as reported in reference [20]. The fluctuations in the plots are due to the use of the alternating longitudinal-transverse scan path (Figure 1b) in the DED process. The differences between the numerical and experimental results are attributed to the simplifications of the thermal boundary conditions in the building process. For instance, the non-uniform gas flow inside the processing chamber adopted to avoid oxidation during DED process is not modeled.



Figure 3. Comparison between simulated and measured thermo-mechanical results of the block.

The thermal boundary conditions used for the simulation are: a laser efficiency of 0.37, a heat convection coefficient of 5 W/(m². $^{\circ}$ C), a heat emissivity of 0.45, and an ambient temperature of 25. $^{\circ}$ C.

This successful model calibration illustrates that the FE software is a powerful pool to predict the AM process. Thereby, the software can be employed to study the effect of different AM variables in order to optimize the fabrication process.

4. Residual Stresses and Distortions

First, the generation of residual stresses and their key factors are analyzed based on a simple three-bar model. Next, the effect of the scan pattern, the preheating, the energy density, the part geometry, and the mechanical constraint of the substrate on the mechanical responses during the AM process are studied to identify the optimal strategy to mitigate residual stress and distortion.

4.1. Key Factors for the Formation of Residual Stresses in AM

From the viewpoint of the mechanical response, the AM process is similar to welding due to the use of a high energy beam as the input heat in both cases, as shown in Figure 4a,b. In welding, a three-bar model [27] is employed to demonstrate the formation of residual stresses, as shown in Figure 4c. The three bars are one central AM-bar and two lateral base-bars of equal lengths, and their cross-sectional areas are S_{AM} and $S_{base}/2$, respectively. The left end of all three bars is fixed, while the right end is bound with a movable rigid link. For simplicity, the material of the three-bars is assumed to be elastic-perfectly plastic under loading, with a temperature-independent Young's modulus *E*, a thermal expansion coefficient α , and a yield stress σ_Y . As thermal straining depends on incremental temperature, the base-bar temperature is set at 0 °C for simplicity. When heating the AM-bar, its thermomechanical response is subjected to the maximum heating temperature T_{max} (points *A*, *B*, or *D*), as shown in Figure 4d. Figure 4e lists the residual stresses in the AM-bar for different heating processes; the detailed deduction can be found in reference [27]. Here, T_Y is the yield temperature, which is defined as the temperature that causes the material yielding in the AM-bar fixed at both ends either by heating or cooling, and expressed as:

$$T_Y = \left(\frac{S_{AM}}{S_{base}} + 1\right) \frac{\sigma_Y}{\alpha E} = m \frac{\sigma_Y}{\alpha E},\tag{16}$$

where *m* represents the degree of mechanical restraint from the base-bars. Usually, *m* is unchanged in welding, allowing for the fixed geometry and size of the given weldments (see Figure 4a), but this is not the case for AM, because the substrate size can be chosen before printing a component (see Figure 4b).



Figure 4. The formation of residual stresses in welding and AM processes.

Based on this three-bar model, two key factors are identified as responsible for the development of residual stresses in AM.

The first one is the maximum temperature difference (MTD) between the AM-bar and the base-bar during the thermal cycling. As the base-bar temperature is 0 °C, MTD is equal to the maximum heating temperature T_{max} reached in the AM-bar. As known, MTD corresponds to the maximum temperature gradient (MTG) around the melt pool during the printing process. It can be seen from Figure 4d that the smaller the T_{max} , the smaller the developed residual stresses. The second factor is the yield temperature, T_Y , which is very important but not commonly considered in the past. By reducing S_{base} , T_Y is increased, and this favors the reduction in the residual stresses by reducing the formation of plastic strain (see stages $\rightarrow \rightarrow$ in Figure 4d). In addition, the slope of the line *OA* in elasticity, $|k_{OA}| = \frac{\alpha E}{m}$, which determines the range of the elastic behavior, is also a function of *m*.

4.2. Effect of the Scan Pattern

In this section, four different scan patterns are chosen to investigate their effect on the residual stress and distortion: 90° alternating scan, outer-inner scan, island scan, and S scan proposed in [28]; they are shown in Figure 5a.



Figure 5. Rectangular block: (**a**) scan patterns; (**b**) temperature and (**c**) von Mises stress during the deposition of the 2nd layer; (**d**) residual stresses; (**e**) final distortions (displacements norm); (**f**) residual von Mises stresses along the AB line at the baseplate top; (**g**) final vertical displacements along the CD line at the deposit top.

Figure 5b,c show the computed temperature and the corresponding stress fields when depositing the second layer, respectively. Note that, for the 90° alternating scan, the large residual stress produced after the 1st layer is significantly alleviated during the printing of the second layer, because using the shorter scan path increases the heat concentration, favoring the MTG reduction and stress relaxation. Likewise, the island pattern with the shorter scan line yields the lowest stress level in the four cases. Contrariwise, high stresses appear in the deposit manufactured by the outer–inner scan (covering many long scan lines), which increases the nonuniformity of the temperature distribution (see Figure 5b). The S-pattern presents a slight reduction in the stresses due to its shorter scan line.

Figure 5d,f show the contour-fills of von Mises residual stresses and the stress distributions at the build–substrate interface for the different building strategies. It can be seen that the 90° alternating and island patterns yield the smallest residual stresses, whereas the outer-inner scan displays a conspicuous stress accumulation. Although the S-pattern favors stress mitigation, its effect is limited.

Figure 5e,g show the final distortion contour-fills and the vertical displacement distributions on the built top for the different scan patterns. The 90° alternating and island scans produce the smallest vertical displacement due to their shorter scan line. The outer–inner and S scans lead to a noticeable longitudinal bending of the deposit and an undulant displacement distribution, respectively, thus reducing the geometrical precision of the parts.

Although optimizing the printing path can minimize MTG and the residual stresses in the inner of the deposit by uniformizing the temperature distribution during AM process, it fails to alleviate the stress concentrations (see Figure 5d) at the built basement where the highest MTG occurs with the strongest mechanical constraint.

4.3. Influence of Preheating, Deposit Height and Energy Density

Usually, preheating the substrate before AM is a very efficient method to reduce the MTG induced by the printing process. Here, two different preheating conditions are considered: (i) a 500 °C preheating temperature for the whole substrate and (ii) using the transverse scan to preheat the deposit surface of the substrate, respectively. Figure 6a,b show the corresponding mechanical responses of the four-layer rectangular block. Note that, compared with the reference with no preheating (see Figure 5), the laser preheating fails to refrain the development of the stresses, while preheating the whole baseplate achieves a pronounced reduction in the residual stresses (see Figure 6g). Regrettably, a high preheating temperature easily causes microstructural coarsening and yields poor mechanical properties [29]. Additionally, no obvious difference is found in the part displacements for the different preheating conditions (see Figure 5g and 6h).

The deposited height of the AM part also affects the residual stresses, allowing for the potential intrinsic heat treatment (IHT) effect on the stress relaxation as the printing process extends [13]. Figure 6c,d present the contour-fills of the residual stresses and deformations of the rectangular blocks with an increased built height: 4 mm (8-layer) and 6 mm (12-layer), respectively. Apparently, the inner residual stresses are gradually mitigated as the printing height increases, due to IHT and reduced MTG. However, stress concentrations still hold at the corner of the builds. The part distortions are barely changed with the built height.

As is known, the laser energy density can significantly influence the magnitude of the MTG during the AM process. Thereby, its effect on the mechanical behavior of AM components is examined next. Figure 6e,f show the predicted mechanical results for the low and high energy densities, *ED*, respectively. Observe that increasing the *ED* favors stress minimization but leads to a larger part warpage. The reason for this is that a higher *ED* tends to yield larger MTG and plastic deformation; it can also promote stress relief by ITH if the localized heat is sufficiently accumulated (see Figure 5c), especially for AM Ti-6Al-4V [30] or low-temperature transformation alloys [31], in which their solid-state phase-transformations can help stress relaxation.



Figure 6. Contour-fills of residual von Mises stresses and the vertical displacements for different AM processes: preheating (a) the whole substrate to 500 °C and (b) the deposit region on the substrate surface by laser (transverse scan); increasing the deposit height to (c) 4 mm and (d) 6 mm, respectively; using the (e) lower and (f) higher energy to fabricate AM block, respectively; (g) residual von Mises stresses along the AB line at the substrate top; (h) vertical displacements along the CD line at the deposit top.

4.4. Effect of the Substrate Stiffness and the Part Geometry

While the residual stresses in AM can be reduced using the above approaches focusing on reducing the MTG, they have no effect on preventing stress concentrations (see Figures 5d and 6). To address this problem, it is possible to prevent the residual stress initiation by increasing T_Y (reducing the substrate restraint) from the purely mechanical point of view (see Figure 4). Thereby, the sensitivity of the mechanical constraints of the substrate on residual stresses is evaluated by simulating the four-layer square blocks fabricated on the same sized substrates but with different cut settings, as shown in Figure 7a.



Figure 7. Square block: (**a**) different substrate designs; (**b**) von Mises stress field; (**c**) final distortions (displacements norm); (**d**) residual von Mises stresses along the EF line at the baseplate top; (**e**) vertical displacements along the GH line at the deposit top.

Referring to the bar model (see Figure 4c), the upper part of the substrate near the AM deposit acts as a base-bar, while the rest of the substrate is rigid (see Figure 7a). According to Equation (16), the area of the upper of the substrate (marked by yellow lines) decreases from S_{b0} to S_{b4} , as shown in Figure 7a; thus, the corresponding yield temperature T_Y rises in sequence, favoring the mitigation of the residual stress (plastic deformation) during AM.

Figure 7b,d display the contour-fills of the residual stresses and the stress distributions at the deposit–substrate interface for different substrate settings. Note that the residual stresses are remarkably minimized by lowering the mechanical restraint of the substrate. For the S_{b4} sample, both the inner stresses and the stress concentration at the corner of

the deposit are much lowered, almost without compromising the distortions, as shown in Figure 7c,e.

Regarding the part geometry, the square block yields a larger residual stress (Figure 7b) than the rectangular block (see Figure 5d), due to the use of longer scan lines during the deposition of the last layer.

5. Conclusions

In this work, a 3D coupled thermomechanical FE model for AM is firstly calibrated by in situ temperature and displacement measurements using a 40-layer block. This done, a three-bar model is used as a conceptual aid to understand the generation of residual stresses in AM and to extract the two key causes: (i) the maximum temperature gradient, MTG, and (ii) the yield temperature, T_Y , related to the mechanical restraint during thermal deformation. Next, utilizing the calibrated thermomechanical model, several strategies on reducing the residual stresses, such as the optimization of path and process parameter and preheating of the substrate and design of the substrate, are systematically evaluated. It is found that the approaches previously developed based on the MTG control can minimize the inner residual stress of the builds but are useless for avoiding the residual stress concentrations at the deposited basement, this often being the source of cracking and failure of the parts. Contrarily, the proposed strategy of increasing T_Y , by lowering the mechanical restraint of the substrate to AM deposit, efficiently prevents the development of the residual stress and stress concentration during the printing process.

Concurrently controlling the MTG and T_Y and utilizing the IHT annealing (if possible) can be used for mitigating the residual stresses during the DED processes. However, the LPBF process is typically characterized by higher MTG and weaker IHT; thus, increasing T_Y to control the stress accumulation would be highly beneficial.

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