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Impact Factor 5.0

CiteScore 9.1

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# Nutrients

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# Message from the Editors-in- Chief

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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## **Editors-in-Chief**

Prof. Dr. Lluís Serra-Majem  
Prof. Dr. María Luz Fernandez

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## **Aims**

*Nutrients* will consider manuscripts for publication that provide novel insights into the impacts of nutrition on human health or novel methods for assessing nutritional status. This includes manuscripts describing the outcomes of animal studies that have relevance to human health.

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## Scope

- Macronutrients
- Micronutrients
- Essential nutrients
- Bioactive nutrients
- Nutrient requirements
- Nutrient sources
- Human nutrition aspects
- Functional foods
- Nutraceuticals
- Health claims
- Public health
- Diet-related disorders
- Metabolic syndrome
- Malnutrition
- Nutritional supplements
- Sport nutrition
- Nutritional status and body composition
- Bariatric surgery
- Sarcopenia
- Nutritional physiology
- Nutrigenomics

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## Author Benefits

### Open Access

Unlimited and free access for readers

### No Copyright Constraints

Retain copyright of your work and free use of your article

### Thorough Peer-Review

### 2024 Impact Factor: 5.0

(*Journal Citation Reports* - Clarivate, 2025)

### Discounts on Article Processing Charges (APC)

If you belong to an institute that participates with the MDPI Institutional Open Access Program

### No Space Constraints, No Extra Space or Color Charges

No restriction on the maximum length of the papers, number of figures or colors

### Journal Rank

JCR - Q1 (Nutrition and Dietetics) /  
CiteScore - Q1 (Nutrition and Dietetics)

### Coverage by Leading Indexing Services

Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases

### Rapid Publication

A first decision is provided to authors approximately 15 days after submission; acceptance to publication is undertaken in 2.4 days (median values for papers published in this journal in the second half of 2025)

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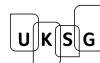
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European Sport Nutrition Society (ESNS)

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Società Italiana di Scienze dell'Alimentazione (SISA) - Italian Society of Food Sciences

Nutrition Society of New Zealand (NSNZ)

Ocular Wellness & Nutrition Society (OWNS)

Spanish Nutrition Foundation (FEN)

Spanish Nutrition Society (SEN)

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