Message from the Editors-in-Chief

Clocks & Sleep (ISSN 2624-5175) is a new and fresh alternative to publish your results in a fast but still rigorous and transparent peer review process, while in an open access model.

Besides open-access (free access for readers), Clocks & Sleep also provides different publication formats including article, short communications, regular reports, reviews, commentaries, and we also welcome registered reports.

Together, we can make Clocks & Sleep a dynamic and high quality open access circadian/sleep journal with the greatest possible reach and research impact.

Author Benefits

- **Open Access** Unlimited and free access for readers
- **Thorough Peer-Review**
- **No Space Constraints, No Extra Space or Color Charges** No restriction on the maximum length of the papers, number of figures or colors
- **Rapid Publication** First decision provided to authors approximately 19.5 days after submission; acceptance to publication is undertaken in 5.5 days (median values for papers published in this journal in the second half of 2022)
Aims and Scope

Clocks & Sleep is a multidisciplinary, peer-reviewed, open access journal publishing original research covering all aspects of biological rhythms and sleep in all organisms. Clocks & Sleep focuses on genetic, molecular, biochemical, neurological, neuroendocrine, behavioral, physiological, cognitive, and epidemiological factors and brain imaging, dreams, modeling, shiftwork, and clinical approaches and/or topics. We welcome original articles, reviews, short communications, and case reports on basic research, clinical research, and applied science.

Circadian and sleep physiology and their interactions;
Circadian and sleep-related disorders in psychiatry, psychology, and neurology;
Biological rhythms (circadian, seasonal, ultradian) and Zeitgebers (light, melatonin);
Sleep habits and health, daytime functioning and quality of life;
Cultural, historical, and societal aspects of sleep;
Sleep and circadian monitoring and assistance technology: wearables and nearables;
Computational modeling in the sleep and circadian fields;
Sleep–wake behavior and the 24 h society/life-style;
Environmental effects on sleep;
Biological rhythms and sleep-like behaviors in non-animal species and cell cultures.