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Aims and Scope

Clocks & Sleep is a multidisciplinary, peer-reviewed, open access journal publishing original research covering all aspects of biological rhythms and sleep in all organisms. *Clocks & Sleep* focuses on genetic, molecular, biochemical, neurological, neuroendocrine, behavioral, physiological, cognitive, and epidemiological factors and brain imaging, dreams, modeling, shiftwork, and clinical approaches and/or topics. We welcome original articles, reviews, short communications, and case reports on basic research, clinical research, and applied science.

Circadian and sleep physiology and their interactions;
Circadian and sleep-related disorders in psychiatry, psychology, and neurology;
Biological rhythms (circadian, seasonal, ultradian) and Zeitgebers (light, melatonin);
Sleep habits and health, daytime functioning and quality of life;
Cultural, historical, and societal aspects of sleep;
Sleep and circadian monitoring and assistance technology: wearables and nearables;
Computational modeling in the sleep and circadian fields;
Sleep–wake behavior and the 24 h society/life-style;
Environmental effects on sleep;
Biological rhythms and sleep-like behaviors in non-animal species and cell cultures.

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