Message from the Editor-in-Chief

The recent consensus regarding child and adolescent health and development is that focus should not only be devoted to what sounds serious now but that our perspective should extend to considering the roots, where a healthy childhood and adolescence is essential to achieving full potential as an adult—i.e., the past mirrors the future. *Future* is an international peer-reviewed journal published online with a particular focus on the research areas of growth and development and school health, and the disciplines covered include but are not limited to maternal care, sexual and reproductive medicine, child and adolescent health, and mental health. *Future* is dedicated to enhancing the value of research and helping researchers, health providers, families, and policymakers through improved understanding of the health and development of children and adolescents in the future. Our *Future* team and the distinguished Editorial and Reviewer Board warmly invite you to publish your high-quality research work with us. Let us work together to promote lifecycle health and ensure a better future for children and adolescents!

Author Benefits

- **Open Access** Unlimited and free access for readers
- **No Copyright Constraints** Retain copyright of your work and the free use of your article
- **Thorough Peer-Review**
- **No space constraints, no extra space or color charges** No restriction on the maximum length of the papers, number of figures, or colors
- **Rapid Publication** First decisions in 15 days; acceptance to publication in 3 days (median values for MDPI journals in the second half of 2022)
**Aims and Scope**

*Future* (ISSN 2813-2882) is an international peer-reviewed journal published online with a particular focus on the research areas of growth and development and school health. The Journal links clinical practice, public health, and implementation science to promote the health of the whole children and adolescents across the disciplines of (including but not limited to) maternal care, sexual and reproductive medicine, child and adolescent health, and mental health.

*Future* is dedicated to publishing high-quality original articles, critical reviews, research notes, protocols, case reports, and short communications in the realization of human potential for development requires age-specific investment throughout childhood and adolescence. The Journal aims to enhance the value of research, and help researchers, health providers, families, and policymakers a better understanding of the health and development of children and adolescents in the future.

- Growth and development;
- Diet and nutrients;
- Nutrition and environment epidemiology;
- Health-related behaviors and intervention;
- School health promotion policies and practices;
- Child health and care;
- Adolescent health and wellbeing;
- Mental health;
- Global health and education.