Abstract: Urban areas with an imbalanced vulnerability to disasters have garnered attention. Building an urban resilience index helps to develop a progressively favored instrument for tracking progress toward disaster-resilient cities. However, there remains a lack of empirical studies on measuring urban resilience, with limited focus on the spatial-temporal characteristics of urban resilience to disasters, particularly relevant in developing nations like China. Thus, a refined urban resilience index to disasters based on the subcomponents of infrastructure, environment, socio-economy, and institution is suggested in this study. This index-based assessment framework is applied and validated to measure the spatial-temporal resilience using a real-world case study in Chengdu, China. The main findings of this study indicate that: (1) the overall urban resilience of Chengdu has been growing toward better conditions, with infrastructural resilience accounting for the majority of this growth. (2) The distribution of urban resilience exhibits a regional disparity and a spatially polarized pattern. (3) The agglomeration characteristics of urban resilience are significant. (4) There is a clear regional mismatch in the distribution of urban resilience to disaster risk. The validated model offers a comprehensive and replicable approach for urban resilience assessment and planning, especially for disaster-frequent regions.

Keywords: urban resilience; disasters; resilience assessment; urban planning; Chengdu city

1. Introduction

The world is urbanizing. More than two-thirds of the world’s population is anticipated to reside in urban areas by 2050, up from about 57 percent of the total population in 2021 (UN, 2022 [1]). Empirical data have demonstrated that rapidly increasing urbanization and population growth drive, to a large extent, the impact of disasters, hence amplifying the worldwide risk (UNISDR, 2017 [2]). Asia experienced the most frequent occurrence of disasters in 2020, and developing countries were more severely affected by these disasters compared to industrialized countries (UNDRR, 2020 [3]). Especially China, the largest developing nation, experienced a rapid rise in urbanization following the initiation of the reform and the adoption of an opening policy in the 1980s. China’s urbanization rate as of 2022 was 64.7%, and by 2035, it was anticipated to rise to 75–80% (State Council, 2022 [4]). However, urban settlements are a relatively new phenomenon in human history. With more and more people residing in urban areas, our society grows more complex, and the environments become less certain, making it progressively challenging to ensure the sustainability of our social, economic, and ecological systems. It is, hence, crucial to assess the resilience of urban areas and systems while addressing disasters in this particular scenario. Urban resilience, which refers to the capacity of a city’s systems to withstand, absorb, and adapt to the impacts of various shocks and pressures by effectively utilizing available resources, has received significant attention across a variety of fields.
and disciplines due to its potent analytical capabilities (Cutter et al., 2008 [5]; Ahern, 2011 [6]). Urban resilience, as a theoretical tool, has gained popularity in urban planning and governance as cities face uncertainties and challenges such as disasters and climate change (Leichenko, 2011 [7]; Mehmood, 2016 [8]; Béné et al., 2018 [9]).

Research from various academic fields has enhanced our understanding of disaster, vulnerability, and risk management in urban areas, contributing to the advancement of urban resilience in recent years (Gencer, 2013 [10]). Resilient planning focuses on the ability of individuals, communities, and cities to effectively deal with various challenges and uncertainties and takes advantage of possibilities for transformational and sustainable development. A literature review of the studies on urban resilience showed that concepts such as definition (Meerow et al., 2016 [11]; Meerow & Newell, 2019 [12]), theoretical framework (Ribeiro & Gonçalves, 2019 [13]), and assessment (Sharifi & Yamagata, 2016 [14]; Diahat et al., 2022 [15]), as well as diverse disasters, such as floods (Song et al., 2019 [16]; Bertilsson et al., 2019 [17]; Yu et al., 2023 [18]), hurricanes (Campanella, 2006 [19]; Burton, 2015 [20]), tsunamis (Tumini et al., 2017 [21]), earthquakes (Ainuddin & Routray, 2012 [22]; Allan, 2013 [23]), climate change (Boyd & Juhola, 2015 [24]; Zheng et al., 2018 [25]; Lu et al., 2022 [26]), extreme weather (Chorynski et al., 2023 [27]) and post-disaster reconstruction (Guo, 2012 [28]; Xu & Shao, 2020 [29]) have been investigated worldwide. The spatial scale of these resilience-related studies varied from global (Leitner et al., 2018 [30]; Langemeyer et al., 2021 [31]), and regional (Christopherson et al., 2010 [32]; Peng et al., 2017 [33]; Huang, 2022 [34]) to national (DeWit et al., 2020 [35]; Elkhidir et al., 2023 [36]), and urban (Cariolet et al., 2019 [37]; Sharifi, 2019 [38]), rural (Scott, 2013 [39]; Huang et al., 2018 [40]; Baldwin et al., 2023 [41]), as well as community (Berkes & Ross, 2013 [42]; Fang et al., 2018 [43]; Rapaport et al., 2018 [44]), and building (Roostaei et al., 2019 [45]).

To conclude, numerous pieces of literature works outline methodological approaches to index construction; yet, there is still no agreed-on standard for the measurement of urban resilience (Cutter et al., 2008 [5]; Sherrieb et al., 2010 [46]; N. Lam et al., 2016 [47]; Du et al., 2020 [48]; Shi, et al., 2021 [49]; Mehryar & Surminski, 2022 [50]). Therefore, there is a need to develop a method to measure the resilience of different urban systems and how these should be designed, implemented, and monitored. However, the existing resilience assessment indicators mainly focus on a single part of the urban system such as energy (Sharifi & Yamagata, 2016 [14]), water supply (Milman, 2008 [51]), economic sector (Mai et al., 2021 [52]), or ecosystem (Colding, 2007 [53]; Zhao et al., 2021 [54]) and lack an understanding of the integrated and comprehensive urban system resilience. Moreover, there is little empirical research to explore which set of indicators plays an important role in determining the level of urban resilience to disasters in the local context, especially in developing countries like China.

China is one of the countries that have been frequently stricken by diverse disasters with severe consequences (Yang et al., 2015 [55]; Shi et al., 2016 [56]). As one of the most densely populated and economically developing areas in China, the Sichuan Basin is frequently affected by a variety of disasters (Shi et al., 2016 [56]). The losses caused by various disasters in Chengdu City showed an increasing trend by the municipal government. Currently, some works of literature on urban resilience are illustrated in Chengdu from the perspective of agro-ecosystems (Abramson, 2020 [57]), system dynamics (Mou et al., 2021 [58]), urban agglomeration (Lu et al., 2022 [59]) and rural community (Yang, 2020 [60]). However, few studies have been conducted to construct an index system and reveal the variation in urban resilience there. Thus, taking the disaster-prone city of China as an example, we conducted a study to empirically evaluate the spatial-temporal variations of urban resilience in Chengdu City.

2. Methodology
2.1. Study Area and Data Sources

The Sichuan Basin, one of China’s most populous and economically advanced regions, is regularly hit by a range of disasters, the most common of which are earthquakes, geo-
logical hazards, and floods. Recently, for instance, there was a great deal of damage and casualties caused by the significant earthquakes that happened in 2008, 2013, 2017, and 2022, as well as the floodings that occurred in 2011, 2013, 2018, and 2020. Hence, as the most densely populated area, the development of Chengdu is facing the threat of numerous disasters and risks.

Chengdu (30°05′–31°26′ N, 102°54′–104°53′ E) is a mega-city that serves as the capital of the Chinese of Sichuan province (Figure 1). To date, it is one of the most populous cities in Western China with a 21.19 million population on 14,335 Km² of land. Meanwhile, Chengdu is a very large regional city, which has direct jurisdiction over 20 county-level administrative units. Thus, this study attempts to divide the study area into three areas, namely, urban center, suburban areas, and exurban areas, which are determined by the situation of land use (Figure 2), population, and urbanization in different areas.

Figure 1. The location and study area of Chengdu City.

Figure 2. The land use patterns of Chengdu.
The socio-economic data used for measuring urban resilience in this study were primarily obtained from The Statistical Yearbook of Chengdu Municipality (2001–2021), as well as from the Statistical Yearbook of 20 county-level administrative units, respectively. The spatial data come from the Resource and Environmental Science and Data Center of the Chinese Academy of Sciences. Finally, land data have been accessed from the Chengdu Municipal Bureau of Planning and Natural Resources.

2.2. Urban Resilience Assessment Framework

2.2.1. The Process of Measurement Selection

This section provides a systematic literature analysis of assessment methodologies for urban resilience to disasters, aiming to design the framework of urban resilience assessment. First, the search terms were: “urban resilient” AND (“assess” or “measur” or “evaluat” or “index”). Second, the exclusion criteria were developed, as follows: (1) urban resilience was not the primary emphasis; (2) disaster issues were not tackled; (3) an assessment index was not formulated; (4) a case study was not incorporated. In total, 46 records were generated from the search and included in the analysis. The PRISMA flow diagram of the search and review is presented in Figure 3. The second phase of assessment establishment involves identifying and creating appropriate metrics based on existing literature. A list of approximately 80 measurements that were suitable for the study was collected first. Then, the Delphi method and expert consultation were applied here for indicator reduction, which is a qualitative approach to indicator screening. After indicator screening and reselection, the justification for the remaining 30 measurements and their respective subcomponents and their effects on urban resilience are discussed in this study.

![Figure 3. PRISMA flow diagram.](image)

2.2.2. Acquisition of Measurement Weight

In this study, the weight of each measurement in the indicator system is determined by the method of combining the analytic hierarchy process and the entropy weight method (AHP-EWM) (Song et al., 2021 [61]; Yu et al., 2024 [62]). AHP is based on subjective information, and EWM is based on the degree of information disorder in the assessment system. AHP is sensitive to the perceptions of interviewees, and EWM is susceptible to extreme values. To minimize the potential bias caused by AHP, EWM was employed for objective weighting.

The AHP method facilitates the determination of the relative importance of various indicators through expert scoring and involves the following steps (Saaty, 1977 [63]): firstly,
the judgment matrix is constructed by 30 experts who are tasked to compare all evaluation indicators in pairs using the relative importance scale by conducting a structured questionnaire survey (Table 1). Among them, 10 are professional planning teachers, 10 are urban planners and 10 are government staff from a City Planning and Emergency Management Agency. Secondly, the subjective weight \( w_a \) is calculated by multiplying the maximum eigenvalue \( \lambda_{max} \) by the eigenvector \( W \) of the judgment matrix, as shown in Equation (2). Finally, it is ensured that the consistency ratio \( CR \) is less than 0.1, indicating reasonable calculation results. The \( CR \) is obtained by dividing the consistency index \( CI \) by the randomness index \( RI \), as shown in Equation (3). The \( CI \) is calculated by Equation (4), while the values of \( RI \) correspond to the matrix order in Table 2.

\[
A = \begin{bmatrix}
a_{11} & a_{12} & \cdots & a_{1n} \\
a_{21} & a_{22} & \cdots & a_{2n} \\
\vdots & \vdots & \ddots & \vdots \\
a_{n1} & a_{n2} & \cdots & a_{nn}
\end{bmatrix}, a_{ij} = 1
\]  \quad (1)

\[
w_{aj} = \lambda_{max} \times W
\]  \quad (2)

\[
CR = \frac{CI}{RI}
\]  \quad (3)

\[
CI = \frac{\lambda_{max} - n}{n - 1}
\]  \quad (4)

where \( a_{ij} \) \((i, j = 1, 2, \ldots, n)\) represents the importance score of the \( i \)th measurement compared to the \( j \)th measurement. \( w_{aj} \) denotes the subjective weight assigned to the \( j \)th measurement. \( \lambda_{max} \) and \( W \) are the maximum eigenvalues and eigenvectors, respectively, derived from the judgment matrix \( A \). \( CR, CI \) and \( RI \) represent the consistency ratio, consistency index and randomness index of all expert scores, respectively.

**Table 1. AHP scale.**

<table>
<thead>
<tr>
<th>The Level of Importance</th>
<th>Numerical Value</th>
<th>Reciprocal Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extreme importance</td>
<td>9</td>
<td>1/9 (0.111)</td>
</tr>
<tr>
<td>Very strong to extreme importance</td>
<td>8</td>
<td>1/8 (0.125)</td>
</tr>
<tr>
<td>Very strong importance</td>
<td>7</td>
<td>1/7 (0.143)</td>
</tr>
<tr>
<td>Strong to very strong importance</td>
<td>6</td>
<td>1/6 (0.167)</td>
</tr>
<tr>
<td>Strong importance</td>
<td>5</td>
<td>1/5 (0.200)</td>
</tr>
<tr>
<td>Moderate to strong importance</td>
<td>4</td>
<td>1/4 (0.250)</td>
</tr>
<tr>
<td>Moderate importance</td>
<td>3</td>
<td>1/3 (0.333)</td>
</tr>
<tr>
<td>Equal to moderate importance</td>
<td>2</td>
<td>1/2 (0.500)</td>
</tr>
<tr>
<td>Equal importance</td>
<td>1</td>
<td>1 (1.000)</td>
</tr>
</tbody>
</table>

**Table 2. RI value corresponds to the matrix order.**

<table>
<thead>
<tr>
<th>Order</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>RI</td>
<td>0</td>
<td>0</td>
<td>0.58</td>
<td>0.89</td>
<td>1.12</td>
<td>1.26</td>
<td>1.32</td>
<td>1.41</td>
<td>1.46</td>
<td>1.49</td>
<td>1.52</td>
<td>1.54</td>
</tr>
</tbody>
</table>

When using EWM to calculate the weight of factors, there are the following steps (Zhu et al., 2020 [64]): the first step is the standardization of measured values. Then, the standardized value is denoted as \( p_{ij} \), which is estimated by Equation (5). And the entropy value of the \( j \)th indicator \( e_j \) is calculated by Equation (6). The range of entropy value \( e_j \) is \([0, 1]\). The larger the \( e_j \) is, the greater the differentiation degree of index \( j \) is, and more information can be derived. Hence, a higher weight should be given to the index.
Therefore, in the EWM, the objective weight \( w_{bj} \) of the \( j \)th measurement can be calculated by Equation (7).

\[
p_{ij} = \frac{x_{ij}}{\sum_{j=1}^{n} x_{ij}} \tag{5}
\]

\[
e_j = -\frac{1}{\ln n} \sum_{i=1}^{n} p_{ij} \ln(p_{ij}) \tag{6}
\]

\[
w_{bj} = \frac{1 - e_j}{\sum_{j=1}^{n} (1 - e_j)} \tag{7}
\]

where \( p_{ij} (i, j = 1, 2, \ldots, n) \) indicates the percentage of the score of the \( i \)th alternative in the \( j \)th measurement, and \( e_j \) represents the entropy of the \( j \)th measurement. Thus, \( w_{bj} \) is the objective weight assigned to the \( j \)th measurement.

Crucially, as shown by Equation (8), the multiplicative normalization method, which is suggested by Fan et al. (2023) [65], is applied in this study to balance \( w_{aj} \) and \( w_{bj} \).

\[
w_{ij} = \frac{w_{aj} \times w_{bj}}{\sum_{j=1}^{n} (w_{aj} \times w_{bj})} \tag{8}
\]

where \( w_{ij} \), \( w_{aj} \), and \( w_{bj} \) represent the integrated weight, subjective weight, and objective weight of the \( j \)th measurement, respectively.

### 2.2.3. Dimension and Indicator System of Urban Resilience

To date, there is a consensus within urban studies that urban resilience is a multi-faceted concept that includes different subsystems such as social, economic, institutional, infrastructural, and environmental or ecological components (Bruneau et al., 2003 [66]; Cutter et al., 2008 [5]; Norris et al., 2008 [67]; Burton, 2015 [20]; Kwok et al., 2016 [68]; Ainuddin & Routray, 2012 [22]; Cutter et al. 2010 [69]; Moghadas et al., 2019 [70]). Based on these findings, this paper proposes a theoretical framework and index of urban resilience, which aims to categorize the research into one of these five aforementioned subsystems (Figure 4).

Table 3 presents a refined indicator system that this research considers well-balanced from a statistical viewpoint and that may be appropriate for measuring urban resilience to disasters. Undoubtedly, infrastructural resilience is the fundamental dimension of urban resilience (Qin et al., 2017 [71]). Infrastructure resilience is related to the physical aspects of the city system, including the vital facilities that support our society and city’s ability to respond to and recover from disasters. Thus, it is crucial to strike a balance between environmental concerns and development objectives in order to promote the creation of secure and habitable communities, which is essential for achieving urban resilience2 (Cutter et al., 2008 [5]). Environmental resilience indicators conceptually relate to natural resources and ecosystems that enhance the absorptive capacity and are vital for fostering urban resilience to disasters. Furthermore, socio-economic resilience indicators proposed here are intended to capture the differential social capacities and economic resources of cities that affect their propensity to respond to external stressors such as the impact and threat of disasters. Lastly, institutional resilience primarily assesses the operations of local governments, such as the presence of disaster management plans and policies, as well as their capacity to effectively communicate and collaborate with other stakeholders before, during, and after disasters, which is also crucial for the functioning of the overall city system.
Table 3. Measurements composing the urban resilience index.

<table>
<thead>
<tr>
<th>Dimension</th>
<th>Indicator</th>
<th>Measurement</th>
<th>Weight</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 Housing capacity</td>
<td>M1</td>
<td>Housing area per capita (+)</td>
<td>0.030</td>
<td>Norris et al., 2008 [67]; Cutter et al., 2008 [5]; Cutter et al., 2010 [69]; Scherzer et al., 2019 [72]; Yang et al., 2020 [73]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td>12 Evacuation capacity</td>
<td>M2</td>
<td>Urban road area per capita (+)</td>
<td>0.017</td>
<td>Cutter et al., 2010 [69]; ARUP 2014 [75]; Burton 2015 [20]; Baba et al., 2020 [76]; Kawakubo et al., 2020 [77]; Liu et al., 2021 [78]</td>
</tr>
<tr>
<td></td>
<td>M3</td>
<td>Length of refuge road per capita (+)</td>
<td>0.024</td>
<td>Burton 2015 [20]; Cai et al., 2018 [79]; Yang et al., 2020 [73]; Zhu et al., 2021 [80]; Liu et al., 2021 [78]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]; Serdar et al., 2022 [83]; Buck et al., 2022 [84]; Liu et al., 2022 [85]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td>13 Transportation access</td>
<td>M4</td>
<td>Number of public vehicles per 10,000 persons (+)</td>
<td>0.023</td>
<td>Burton 2015 [20]; Hung et al., 2016 [87]; Scherzer et al., 2019 [72]; Zhang et al., 2021 [88]; Liu et al., 2021 [78]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td></td>
<td>M5</td>
<td>Number of private cars per 10,000 persons (+)</td>
<td>0.018</td>
<td>Joerin et al., 2014 [86]; Hung et al., 2016 [87]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td>14 Public utilities</td>
<td>M6</td>
<td>Electricity and water supply coverage (+)</td>
<td>0.021</td>
<td>Burton 2015 [20]; Cai et al., 2018 [79]; Yang et al., 2020 [73]; Zhu et al., 2021 [80]; Liu et al., 2021 [78]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td>15 Shelter capacity</td>
<td>M7</td>
<td>Public space area per capita (+)</td>
<td>0.020</td>
<td>Burton 2015 [20]; Hung et al., 2016 [87]; Kawakubo et al., 2020 [77]; Cai et al., 2018 [79]; Moghadas et al., 2019 [70]; Yang et al., 2020 [73]; Javadpoor et al., 2021 [81]; BUCK &amp; Buck, 2022 [84]</td>
</tr>
<tr>
<td></td>
<td>M8</td>
<td>Number of schools and parks per 10,000 persons (+)</td>
<td>0.044</td>
<td>Burton 2015 [20]; Hung et al., 2016 [87]; Kawakubo et al., 2020 [77]; Cai et al., 2018 [79]; Moghadas et al., 2019 [70]; Yang et al., 2020 [73]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td>16 Medical capacity</td>
<td>M9</td>
<td>Number of hospital beds per 10,000 persons (+)</td>
<td>0.037</td>
<td>Burton 2015 [20]; Hung et al., 2016 [87]; Cai et al., 2018 [79]; Baba et al., 2020 [76]; Yang et al., 2020 [73]; Cardoni et al., 2021 [91]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td>17 Communication capacity</td>
<td>M10</td>
<td>Number of mobile phones per 10,000 persons (+)</td>
<td>0.027</td>
<td>Burton 2015 [20]; Yang et al., 2020 [73]; Javadpoor et al., 2021 [81]; Cardoni et al., 2021 [91]; Buck et al., 2022 [84]; Liu et al., 2022 [85]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td></td>
<td>M11</td>
<td>Number of Internet users per 10,000 persons (+)</td>
<td>0.021</td>
<td>Burton 2015 [20]; Yang et al., 2020 [73]; Javadpoor et al., 2021 [81]; Cardoni et al., 2021 [91]; Buck et al., 2022 [84]; Liu et al., 2022 [85]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td>18 Flood resistance capacity</td>
<td>M12</td>
<td>Density of drainage (+)</td>
<td>0.033</td>
<td>Wang et al., 2019 [92]; Zhang et al., 2021 [88]; Zhu et al., 2021 [80]; Liu et al., 2022 [85]; Yu et al., 2023 [18]</td>
</tr>
</tbody>
</table>
Table 3. Cont.

<table>
<thead>
<tr>
<th>Dimension</th>
<th>Indicator</th>
<th>Measurement</th>
<th>Weight</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>D2 Environmental resilience (0.191)</td>
<td>I9 Natural buffers</td>
<td>M13 Proportion of natural land in built-up area (+)</td>
<td>0.036</td>
<td>Cutter et al., 2014 [90]; Kawakubo et al., 2020 [77]; Abenayake et al., 2018 [93]; Moghadas et al., 2019 [70]; Scherzer et al., 2019 [72]; Buck et al., 2022 [84]; Yu et al., 2023 [18]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M14 Proportion of water and woodland area (+)</td>
<td>0.028</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I10 Urban ecosystem</td>
<td>M15 Green area rate of built-up area (+)</td>
<td>0.034</td>
<td>Joerin et al., 2014 [86]; ARUP 2014 [78]; Abenayake et al., 2018 [93]; Zhang et al., 2021 [88]; Yang et al., 2020 [73]; Zhu et al., 2021 [80]; Liu et al., 2022 [85]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td>I11 Ecological capacity</td>
<td></td>
<td>M16 The population density (−)</td>
<td>0.040</td>
<td>Qin et al., 2017 [71]; Zhang et al., 2021 [88]; Yang et al., 2020 [73]; Zhu et al., 2021 [80]; Cardoni et al., 2021 [91]; Zhao et al., 2022 [74]</td>
</tr>
<tr>
<td>I12 Food security</td>
<td></td>
<td>M17 Cultivated land area per capita (+)</td>
<td>0.055</td>
<td></td>
</tr>
<tr>
<td>I13 Independent population</td>
<td></td>
<td>M18 Percentage of population aged 15–64 (+)</td>
<td>0.033</td>
<td>Cutter et al., 2014 [90]; Burton 2015 [20]; Hung et al., 2016 [87]; Moghadas et al., 2019 [72]; Yang et al., 2020 [73]; Javadpoor et al., 2021 [81]; Anelli et al., 2022 [94]</td>
</tr>
<tr>
<td>I14 Employment</td>
<td></td>
<td>M19 Unemployment rate (−)</td>
<td>0.029</td>
<td>Cutter et al., 2010 [69]; Qin et al., 2017 [71]; Moghadas et al., 2019 [70]; Yang et al., 2020 [73]; Ji et al., 2021 [95]; Javadpoor et al., 2021 [81]; Anelli et al., 2022 [94]; Buck et al., 2022 [84]</td>
</tr>
<tr>
<td>I15 Household budget capacity</td>
<td></td>
<td>M20 Average saving rate (= household savings/income) (+)</td>
<td>0.023</td>
<td>Cutter et al., 2008 [5]; Hung et al., 2016 [87]; Qin et al., 2017 [71]; Moghadas et al., 2019 [70]; Yang et al., 2020 [73]; Baba et al., 2020 [76]; Yang et al., 2020 [73]; Gerges et al., 2022 [82]; Anelli et al., 2022 [94]</td>
</tr>
<tr>
<td>D3 Socio-economic resilience (0.306)</td>
<td>I16 Education level</td>
<td>M21 Percent population educated with high school (+)</td>
<td>0.033</td>
<td>Cutter et al., 2008 [5]; Hung et al., 2016 [87]; Qin et al., 2017 [71]; Moghadas et al., 2019 [70]; Yang et al., 2020 [73]; Ji et al., 2021 [95]; Cardoni et al., 2021 [91]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td></td>
<td>I17 Education access</td>
<td>M22 Number of teachers per 10,000 persons (+)</td>
<td>0.025</td>
<td>Yang et al., 2020 [73]; Liu, X. et al., 2021 [85]; Lu et al., 2022 [26]</td>
</tr>
<tr>
<td></td>
<td>I18 Health access</td>
<td>M23 Number of doctors per 10,000 persons (+)</td>
<td>0.058</td>
<td>Norris et al., 2008 [67]; Cutter et al., 2010 [69]; Baba et al., 2020 [76]; Yang et al., 2020 [73]; Liu, X. et al., 2021 [78]; Javadpoor et al., 2021 [81]; Gerges et al., 2022 [82]; Buck et al., 2022 [84]; Gerges et al., 2022 [82]</td>
</tr>
<tr>
<td>I19 Social capital</td>
<td></td>
<td>M24 Number of NPOs and NGOs per 10,000 persons (+)</td>
<td>0.036</td>
<td>Cutter et al., 2010 [69]; Sherrieb et al., 2010 [46]; Burton 2015 [20]; Yang et al., 2020 [73]; Gerges et al., 2022 [82]; Buck et al., 2022 [84]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M25 Percent population employed in social organization (+)</td>
<td>0.030</td>
<td></td>
</tr>
<tr>
<td>I20 Social innovation</td>
<td></td>
<td>M26 Percent population employed in creative class occupations (+)</td>
<td>0.041</td>
<td>Norris et al., 2008 [67]; Sherrieb et al., 2010 [46]; Burton 2015 [20]; Zheng et al., 2018 [25]; Scherzer et al., 2019 [72]</td>
</tr>
</tbody>
</table>
### Table 3. Cont.

<table>
<thead>
<tr>
<th>Dimension</th>
<th>Indicator</th>
<th>Measurement</th>
<th>Weight</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>D4</td>
<td>Institutional resilience (0.192)</td>
<td>I21 Risk management capacity</td>
<td>0.039</td>
<td>Zheng et al., 2018 [25]; Scherzer et al., 2019 [72]; Baba et al., 2020 [76]; Javadpoor et al., 2021 [81]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>I22 Social insurance</td>
<td>0.044</td>
<td>Cutter et al., 2010 [69]; Zheng et al., 2018 [25]; Yang et al., 2020 [73]; Zou et al., 2021 [80]; Liu et al., 2021 [78]; Gerges et al., 2022 [82]; Buck et al., 2022 [84]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>I23 Disaster mitigation community</td>
<td>0.079</td>
<td>Cutter et al., 2010 [69]; Ainuddin &amp; Routray 2012 [22]; Cutter 2016 [96]; Zhang et al., 2021 [88]; Javadpoor et al., 2021 [81]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>I24 Funding</td>
<td>0.031</td>
<td>Cutter 2016 [96]; Zheng et al., 2018 [25]; Scherzer et al., 2019 [72]; Zhang et al., 2021 [88]; Zhao et al., 2022 [74]</td>
</tr>
</tbody>
</table>

Note: a This measurement is a composite index that combines the number of casualties in traffic accidents and fire accidents; b this measurement is a composite index that combines national insurance systems, such as health insurance and unemployment insurance.

It is important to note that both AHP and EWM calculations were based on a hierarchy consisting of dimensions and measurements, and the indicator layer was used to represent the measurements for later analysis and discussion.

#### 2.2.4. Processing of Data

After collecting the raw indicators, the data items then underwent a process of transformation, normalization, and theoretical orientation. The study employed min–max scaling, a widely used normalization technique in social indicators research (Tarabusi and Guarini, 2012 [97]). Equations (9) and (10), therefore, were used to maximize and minimize the raw data separately.

\[
x_{ij} = \frac{X_{ij} - \min X_j}{\max X_j - \min X_j} \quad (9)
\]

\[
x_{ij} = \frac{\max X_j - X_{ij}}{\max X_j - \min X_j} \quad (10)
\]

where \( i \) refers to the \( i \)th sample (\( i = 1, 2, \ldots, n \)), \( j \) refers to the \( j \)th measurement (\( j = 1, 2, \ldots, m \)), \( \max \) is the maximum value of a given measurement, and \( \min \) is the minimum value of the given measurement.

The URI advanced in this research is the weighted sum of the four components and each component is the weighted sum of several individual measurements. Equations (11) and (12) for calculating the URI is as follows:

\[
\text{URI} = \sum_{i=1}^{4} w_i D_i \quad (11)
\]

\[
D_i = \sum_{j=1}^{m} w_{ij} M_{ij} \quad (12)
\]

where URI is the Urban Resilience Index; \( D_i \) is the resilience dimension index; \( M_{ij} \) is the standardized value of each individual measurement; \( w_i \) is the weight of each dimension, and \( w_{ij} \) is the weight of each individual measurement.
3. Results and Analysis

3.1. Temporal Variations of Urban Resilience at City Scale

3.1.1. Time-Series Analysis

The temporal resilience is visualized from 2000 to 2020 in Figure 5. The results show that since 2000, Chengdu’s overall urban resilience index (URI) to disasters has increased continuously, although there was also a decline and slow growth period. We could see the infrastructure resilience (InfR) grow steadily at a comparable rate. Socio-economic resilience (SER) and institutional resilience (InsR) have also increased since 2000 but experienced some fluctuation. In comparison, environmental resilience (ER), measured by natural resources and ecological system-related indicators, has been stable from 2000 to 2007, then dropped rapidly after 2008, and rebounded a bit after 2016.

![Figure 5. URI assessment results in Chengdu City from 2000 to 2020.](image)

3.1.2. Subcomponents Analysis

Figure 6 shows that the score of infrastructure resilience is generally on the rise. The increase in the evacuation capacity and shelter capacity mainly contributed to the growth of InfR, which reflects the emphasis on physical connectivity in urban resilience building by engineering solutions. However, with the slowdown of urbanization and infrastructure construction, the scores of some indicators have also slowed down recently, such as transportation access, medical capacity, communication capacity, public utilities, and flood resistance capacity.

As shown in Figure 7, the score of environmental resilience remained stable from 2000 to 2007, then dropped rapidly after 2008, and rebounded a bit after 2016. Among the ER indicators, only the score of urban ecosystems is increasing, which shows that urban planning only applied engineering construction to build urban resilience and lacked ecological adaptation and nature-based solutions. However, the score of the urban ecosystem has continued to stagnate after 2007, as the greening project reached its end. The rapid increase in urban population and the expansion of urban land led to a decline in ER, which is the process of invading natural and agricultural land with built-up areas.

From Figure 8, the score of socio-economic resilience grew rapidly from 2000 to 2009 and grew slowly in fluctuations after 2009. The increase in social capital, health access, and innovation mainly contributed to the growth of SER. The score of independent population began to decline in 2011, which calls for urban planning to focus on vulnerable groups, such as the elderly and children. The decrease in employment and household budget...
capacity also reminds us that, in recent years, the socio-economic system has become less stable than before.

Figure 6. InfR assessment results in Chengdu City.

Figure 7. ER assessment results in Chengdu City.

Figure 8. SER assessment results in Chengdu City.

Figure 9 shows that the score of institutional resilience has generally increased, except for the decline in 2012 and 2020 due to the instability of funding. Among these indicators,
the increase in disaster mitigation community mainly contributed to the growth of InsR. Although the risk management capacity has increased a lot, the score has stagnated in recent years, which may be because the control of various accidents by traditional urban management methods has reached the limit. In addition, the planning and construction of disaster prevention communities have been greatly improved, but the current coverage rate is still very low, only 21.16%.

![Figure 9. InsR assessment results in Chengdu City.](image)

### 3.1.3. Validations

The study conducted by Cai et al. (2018) [79] indicates that a mere 45% of the existing studies have made efforts to develop quantitative resilience indices. Significantly, only a small proportion (10.3%) have employed empirical methods to validate the generated resilience index. Validation is essential for ensuring that indices can be used as dependable instruments for decision-making. The challenge of validation arises for multiple reasons, such as the varying definitions of relevant concepts and the data unavailability.

In this section, this study attempted to validate the measurement by testing the impact of resilience on a city’s economic losses. In particular, this study regressed the relative economic losses caused by disasters in the 20 years of urban resilience assessment. This study hypothesizes that a city with a low urban resilience score is more vulnerable to disasters, thus resulting in higher economic losses. The variable of relative economic losses is defined by Equation (13). We scaled the original total economic losses of the disaster by the city’s GDP.

\[
\text{Relative Economic Losses from Disasters} = \frac{\text{Total Economic Losses in Disasters}}{\text{City’s GDP}}
\]  

(13)

In the regression model, as Equation (14) shows, the relative economic loss of Chengdu city in year \(i\) is the dependent variable, while the resilience level of the city in year \(i\) is the key explanatory variable. Relative losses are log-transformed in advance. This study applied the urban population as the control variable in the regression, while considering the economic volume of a city and the impact of disasters as dependent variables.

\[
\ln \text{Relative loss}_i = \beta_0 + \beta_1 \text{Resilience}_i + \beta_2 \text{Population}_i + \epsilon_i
\]  

(14)

Table 4, which summarizes the regression results, demonstrates a correlation between resilience and relative economic loss of \(-1.0747\), with a \(p\)-value less than 0.05. Thus, the findings support the hypothesis, according to which the resilience measure is significantly negatively correlated with the relative economic losses suffered by the city. The findings show that the urban resilience assessment system in this study, to a certain extent, is a valid and reliable measure of a city’s resilience to cope with disasters.
Table 4. Regression results of validation.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Regression Coefficient</th>
<th>Standard Error</th>
<th>p</th>
<th>adj. R²</th>
</tr>
</thead>
<tbody>
<tr>
<td>Constant</td>
<td>0.7230</td>
<td>0.0351</td>
<td>0.006 ***</td>
<td></td>
</tr>
<tr>
<td>Resilience</td>
<td>−1.0747</td>
<td>0.0188</td>
<td>0.020 **</td>
<td></td>
</tr>
<tr>
<td>Population</td>
<td>0.3470</td>
<td>0.3220</td>
<td>0.132</td>
<td>0.166</td>
</tr>
</tbody>
</table>

*** p < 0.01, ** p < 0.05.

3.2. Spatial Distribution of Urban Resilience at County Scale

3.2.1. Spatial Features Analysis

Based on the ArcGIS 10.5 software, Natural Breaks (Jenks) is used to classify urban resilience into five categories: very high, high, intermediate, low, and very low. Consequently, Figure 10 visualizes the spatial distribution of urban resilience in Chengdu City in 2020. It is worth noting that this categorization of urban resilience at the county scale is based on the scores of the URI, but not the true resilience situation, which cannot be directly measured. The results show that (1) there are three very high and two high resilience units, and all are located in the urban center area; (2) most of the units are of intermediate resilience, mainly concentrated in the suburbs, with some distribution in the exurban area as well; (3) the low resilience is mainly distributed in the exurban area, and there is also a unit in very low resilience. The assessment results indicate that, at the city scale, there is a significant spatial differentiation in the distribution of urban resilience. Meanwhile, there are also gaps within each area.

Figure 10. Spatial distribution of urban resilience in Chengdu City.

With regards to infrastructure resilience, the assessment results suggest that InfR is concentrated in the urban center area, but the vast majority of the exurban areas have low InfR to cope with disasters (Figure 11). The results indicate that urban planning in China is still dominated by the central place principle, which determines the allocation of public resources and facilities. Consequently, essential public services such as healthcare, transportation, shelters, and schools remain predominantly concentrated in the urban center. The distribution of resources in Chengdu exhibits spatial disparities, leading to the spatial differentiation of InfR.
Concerning socio-economic resilience, the assessment results reveal that many counties in the intermediate SER, and urban centers have the highest ER but most exurban counties are low in SER (Figure 13). The results suggest that development-oriented urban planning in Chengdu City created spatial and social segregation and manifested in the spatial distribution of SER. The improvement of the built environment and better medical and educational conditions attracted more educated people to the urban center. Meanwhile, the concentration of population has also strengthened the concentration of social and economic resources.

Institutional resilience is concentrated in the urban center area, as shown in Figure 14, and the scores of other areas are relatively low. The results imply that, currently, most counties in Chengdu have room for improvement in building InsR. Furthermore, InsR is less affected by spatial differentiation yet is more closely related to government policy formulation and implementation. Thus, the spatial distribution of InsR varies from area to area.

Figure 11. Spatial distribution of InsR in Chengdu City.

Figure 12. Spatial distribution of ER in Chengdu City.
Institutional resilience is concentrated in the urban center area, as shown in Figure 14, and the scores of other areas are relatively low. The results imply that, currently, most counties in Chengdu have room for improvement in building InsR. Furthermore, InsR is less affected by spatial differentiation yet is more closely related to government policy formulation and implementation. Thus, the spatial distribution of InsR varies from area to area.

Figure 13. Spatial distribution of SER in Chengdu City.

Figure 14. Spatial distribution of InsR in Chengdu City.

3.2.2. Cluster Analysis

This study used ArcGIS 10.5 software to calculate the spatial autocorrelation Moran index of urban resilience. Table 5 shows that the Z score was greater than 1.96, some were even greater than 2.58, and p values were all more than 0.01, indicating that it passed the 1% significance level test. This further indicates a significant correlation in the spatial distribution of urban resilience in different sub-components, and the agglomeration characteristics are significant. Figure 15 further visualizes the spatial correlation of urban resilience, and the urban resilience and four subcomponents of the study area have spatial agglomeration characteristics within the city. The spatial agglomeration characteristics of urban resilience in the urban center, suburban, and exurban areas of Chengdu are obvious, and a significant distribution of “cold hot spots” exists in the spatial distribution. First, the urban resilience “H-H” cluster (high-efficiency type) was largely concentrated in the urban center, and the “L-H” agglomeration area (hollow type) is mostly distributed in the suburban area, which is similar in InfR, SER, and InsR. On the contrary, the “L-L” agglomeration area (inefficient type) of ER is mainly distributed in urban centers and suburban areas.
4. Discussion


This study builds an integrated framework based on the four dimensions of urban resilience in the above-illustrated theoretical framework (Figure 5) in order to investigate the approach to urban resilience planning in Chengdu. The four distinct dimensions, namely built environment, natural environment, socio-economy and urban governance, are treated as four single resilience approaches in the streamlined schematic model shown in Figure 16. In this case city, in Chengdu, the current urban resilience building is mainly based on the infrastructure approach, which is engineering resilience, and needs to transform to socio-ecosystem resilience thinking. Specifically, based on the urban resilience planning framework, engineering-oriented and development-aimed are the main approaches applied in Chengdu, which is mostly led by the government. Importantly, more resilience-building approaches need to be introduced, for example, nature-based solutions, such as green-infrastructure, as well as coordinated socio-ecosystem development and broad social collaboration and participation. This study suggests that resilience thinking should be conceptualized and operationalized in urban planning, especially in the context of current spatial planning reforms.

Table 5. The Moran’s index and p values of the urban resilience.

<table>
<thead>
<tr>
<th>Dimension</th>
<th>Moran’s I</th>
<th>p-Value</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>URI</td>
<td>0.3355</td>
<td>0.017</td>
<td>2.381</td>
</tr>
<tr>
<td>InfR</td>
<td>0.4372</td>
<td>0.003</td>
<td>2.927</td>
</tr>
<tr>
<td>ER</td>
<td>0.5886</td>
<td>0.001</td>
<td>3.779</td>
</tr>
<tr>
<td>SER</td>
<td>0.3126</td>
<td>0.005</td>
<td>2.792</td>
</tr>
<tr>
<td>InsR</td>
<td>0.3955</td>
<td>0.024</td>
<td>2.255</td>
</tr>
</tbody>
</table>

Figure 15. Spatial agglomeration of urban resilience in Chengdu City.
Secondly, in this study, institutional resilience is another important part of overall resilience, while it is hard to quantify, as statistical data on the disaster management institutions, disaster relief plan, and policy were limited. Although the current system construction related to resilience in China is not perfect, it is already on the way. In the next step, more quantifiable policies and measures are needed to monitor changes in the resilience of the urban system, such as the coverage rate of disaster insurance, the percentage of the population employed in emergency services, etc.

Thirdly, the emphasis on justice, inclusion of vulnerable groups, and a participatory approach is called for in setting the agenda and designing the practices of future planning. An equity issue arises from the political interpretation of resilience in the socio-ecological system. In this study, there is evidence that the independent population is declining, employment is unstable, and household budgeting capacity is stagnating. Therefore, it is necessary to improve the ability of the urban system to deal with risks through the efforts of the whole society, rather than a small part of the class.

Last but not least, although environmental resilience has been rebuilt a bit, it is still at a relatively low level. Many studies have demonstrated that urban ecosystem services, such as green infrastructure, can serve as a crucial means of foresting resilience in urban environments (McPhearson et al., 2015 [98]; Wu et al., 2020 [99]). Despite accumulating evidence showing that the ability of urban systems to cope with disasters is directly linked to the quality, quantity, and variety of environmental resilience, urban ecosystems have not been sufficiently integrated into our urban governance and planning agenda for resilience. This study suggests that ecosystem services and natural buffers play a vital role in connecting planning, management, and governance approaches that aim to achieve more sustainable cities and serve as essential components in enhancing the resilience of urban systems.

4.2. Spatial Imbalance between Resilience and Disaster Risk

Based on the urban resilience assessment results, combined with the spatial correlation analysis of disaster risk in each county, this section aims to explore whether there is a spatial mismatch of resilience to cope with disaster risk. Figure 17 shows the spatial distribution of disaster risk, which is based on the disaster maps released by the government. Then, the spatial results of the resilience and the disaster risk of different counties were combined, and these combinations were clustered into five groups (Table 6). Consequently, the spatial correlation between resilience and disaster risk is further visualized in Figure 18. The results indicate that only nine counties in Chengdu City have matched resources to cope with and

![Figure 16. The framework of urban resilience planning based on four dimensions.](image-url)
adapt to disasters. Among them, three districts possess an excess of resources, and all of these districts are located in the urban center, where urban resilience is over-resourcefully planned. However, a total of eleven counties lack adequate adaptation resources, rendering them susceptible and vulnerable to disasters, and these counties are situated in suburban and exurban areas. Moreover, four districts are deficient and two are severely deficient, and all of them are located in exurban areas. Most of the counties in exurban areas have low resilience and high risk, so they are deficient or even severely deficient in resources and the capacity to adapt to disasters by themselves. Therefore, the resource allocation and capacity in Chengdu City is uneven in terms of spatial distribution, and there is a clear mismatch and imbalance between urban resilience and disaster risk.

The seriousness of the situation arises from the spatial imbalance in the allocation of urban resilience in Chengdu to disasters. This study attempts to analyze the mechanism of the current spatial imbalance of urban resilience to disaster risk. The first is the way the government allocates resources. China’s urban planning, currently, is still dominated by the central place theory, and the allocation of various public resources is subordinated to population criteria. This has resulted in a concentration of various infrastructure and public facilities, such as schools, hospitals, transportation, etc., in urban centers, which explains why the infrastructure resilience of urban centers is much higher than suburban and exurban areas. The second is about resource allocation by market. The result of marketization is that capital flows to the better-developed area, referring to urban center areas with good infrastructure and built-up environments, which leads to social and economic resources, for instance, employment opportunities, educated people, and innovative talents
flowing into this area. This process explains why socioeconomic resilience also clusters in urban centers. Finally, there are also negative externalities from the market. While various resources are concentrated in the city center, without reasonable planning and policy control, the negative externalities of the market could cause environmental issues and ecological degradation due to the market chasing the maximization of private interests.

![Spatial correlation between resilience and disaster risk in Chengdu City](image)

**Figure 18.** Spatial correlation between resilience and disaster risk in Chengdu City.

The correlation analysis using the spatial matching view between disaster risk and urban resilience enhances our understanding of our ability to withstand disasters. Additionally, it offers valuable insights into how urban planning can mitigate the effects of disasters, particularly by optimizing the distribution of public resources. Several policy implications are proposed for planning resilience to reduce the vulnerability of city areas. First, the distribution of adaptation resources should be accompanied by the expansion of city areas that are marginalized and vulnerable, shifting the way public resources are planned and allocated based on population size. Second, the population should be incentivized to disperse into suburban and exurban areas by means of available public transportation infrastructure. Furthermore, a polycentric network and decentralized urban system are promoted instead of a monocentric and hierarchical system (Sharifi, 2019 [38]; Bixler et al., 2020 [100]). Third, the government should balance the decentralization and marketization of planned adaptation resources, such as medical resources, shelters, and road networks. Then, the government should plan and consider the allocation of public adaptation resources to ensure spatial resilience equilibrium with the current level of disaster risk. Fourth, emphasis should be made on the distribution and provision of social resources and the development of institutions, as achieving a fair distribution of constructed resources and built environments is challenging. Finally, strict environmental protection policies and environmental planning tools should be emphasized to offset the negative externalities of marketization and thus improve environmental resilience.

5. Conclusions

This paper presents one of the attempts to integrate urban resilience with the empirical study of China’s urban planning context by developing a theoretically sound and empirically valid measurement framework of urban resilience to disasters. The empirical analysis results show that although Chengdu’s urban resilience has grown in the last two
decades, it is largely a government-led approach that lacks attention to ecological and institutional systems. Further analysis of the four subsystems of urban resilience reveals exciting results that the infrastructure and socio-economic resilience all presented a polarized pattern. Furthermore, given spatial distribution, there is a significant spatial differentiation in the distribution of urban resilience in Chengdu, and the spatial resilience allocation to disasters exhibits that the spatial imbalance is serious and noticeable. Based on this empirical case, some solid suggestions and evidence-based implications on resilience planning and sustainable development are concluded, especially for disaster-prone countries. The assessment model of the urban resilience index suggested in this study has the potential to forecast urban resilience evolution and can be extrapolated and generalized to other cities or regions.

This study advances the current empirical research on the urban resilience index, making it possible to operationalize the concept of resilience applied in urban planning. However, the limitation of this study lies in the selection of indicators and the unavailability of data. The indicators selected in this paper cannot fully reflect the characteristics of urban resilience due to the fact that city areas are complex systems, especially those used for representing resilience in the environmental and institutional subsystems. Consequently, future studies could explore more measurable indicators to assess environmental and institutional resilience, and more spatial data are also recommended. Last, many indicators in this study are only counted for municipal units due to the difficulty of obtaining statistical data at the town level and below in China; thus, more community-level resilience evaluation studies are encouraged to capture the characteristics of China’s micro-scale urban resilience in the future.

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