

# Bioremediation of Soil Contamination with Polycyclic Aromatic Hydrocarbons—A Review

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**Abstract:** Polycyclic aromatic hydrocarbons (PAHs) are considered hazardous pollutants due to their negative impact on the environment and human health. PAHs can accumulate and be retained in the soil, so PAH pollution is a worldwide problem. This review paper highlights the sources of PAH soil pollution, factors affecting the bioavailability of PAHs in soil, and soil bioremediation methods, as well as the advantages and limitations of the application of these methods. Aspects regarding the impact of the application of surfactants are presented in order to obtain good bioavailability during PAH bioremediation. Bioremediation techniques of soil polluted by these hydrocarbons are addressed: phytoremediation, rhizoremediation, composting, vermiremediation, micoremediation, and electrokinetic bioremediation of PAH-polluted soils. A comprehensive overview of bioremediation technologies for PAH-polluted soils is needed so that the right soil remediation technology is chosen. It has been observed the bioremediation of contaminated soils through rhizoremediation proved to be an effective process, the future of organic pollutants in interaction with plants and microbes must be researched. Vermiremediation, electrokinetic bioremediation, and microcomposting are effective processes for treating soils in situ. Phytoremediation is a sustainable and ecological method of PAH depollution. It improves soil fertility by releasing different organic matter in the soil, and it can be applied on a large scale.



Academic Editors: Nick B. Comerford, Paola Grenni and Dongxue Zhao

Received: 9 November 2024

Revised: 19 December 2024

Accepted: 23 December 2024

Published: 25 December 2024

**Citation:** Rusănescu, C.O.; Istrate, I.A.; Rusănescu, A.M.; Constantin, G.A. Bioremediation of Soil Contamination with Polycyclic Aromatic Hydrocarbons—A Review. *Land* **2025**, *14*, 10. <https://doi.org/10.3390/land14010010>

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**Keywords:** soil pollution; bioremediation; bioavailability; biodegradation

## 1. Introduction

Soil pollution with petroleum hydrocarbons (PAH) resulting from the oil industry or from human activities is a problem of worldwide interest.

PAH petroleum hydrocarbons are organic chemicals with two or more linked benzene rings, 16 of these hydrocarbons are considered priority contaminants due to their mutagenic, oncogenic, and teratogenic characteristics. Inhalation of PAHs is a risk for lung cancer. People can be exposed to PAHs through skin contact, inhalation, or ingestion of air and soil pollutants. Prolonged exposure to PAH pollution can affect health in the following ways: liver and kidney damage, decreased immunity, cataracts, respiratory diseases, skin, stomach, and lung cancer, cardiotoxicity, atherosclerosis, and apoptosis of endothelial cells [1–3].

Natural PAH pollution comes from the incomplete combustion of organic substances, biomass, and some fossil fuels [4,5] from industrial, mining, and agricultural activities [6]. This pollution can cause negative effects on living organisms [6,7].

Low molecular weight (LMW) 2–3 ring hydrocarbon compounds have been shown not to be carcinogenic, although they cause acute toxicity [8]. High molecular weight hydrocarbons (HMW), which have 4–7 rings, have mutagenic, teratogenic, and carcinogenic properties, although they have relatively lower toxicity [9].

PAHs pollute the environment through atmospheric deposition and direct releases from oil spills and use, municipal wastewater treatment plants, industrial discharges, stormwater runoff, landfill leachate, and surface runoff. PAH pollution in the world's oceans results from atmospheric sources in a proportion of 10–80%. PAHs are released into the air when released into water or soil, adsorb to dust particles in the atmosphere, and when adsorbed to particles, they undergo photooxidation in the presence of sunlight. PAHs reach surface waters through municipal effluents, industrial effluents, atmospheric precipitation, urban runoff (from impervious areas, highways, paved parking lots, roads, machine shops, slaughterhouses, and landfills), and oil spills [9].

Hydrocarbons can be easily adsorbed on the soil and can persist there for a long time [10]. Compared to rural areas, it was observed in urban and industrial areas that the pollution is high, and the PAH concentration in the soil depends on the distance from the emission source [11]. The dispersion of PAH compounds in the soil is affected by certain processes, such as biodegradation, abiotic degradation, sorption-desorption, bioaccumulation, volatilization, and leaching [3]. These processes are influenced by the physico-chemical properties of hydrocarbons (organic carbon–water partition coefficient, molecular weight, and octanol–water partition coefficient) and by soil characteristics: soil carbon concentrations, pH, texture, and moisture content [12]. PAH distribution in soil can be disturbed by environmental conditions such as precipitation and temperature [13]. Soil pollution with petroleum hydrocarbons can affect soil texture, hydraulic conductivity, structure, compaction, penetration resistance, mineral concentration, and heavy metal content [14].

The interaction of hydrocarbons with the soil can be achieved through biological, physical, and chemical processes.

Biological processes involve the biodegradation and bioavailability of hydrocarbons in the soil. The biodegradation process is carried out in two stages: physical degradation of PAH with the help of soil microbes and through the biological metabolism of hydrocarbons, in which the concentration of the pollutant is useful for degradation by microbial cells. These processes are influenced by some soil characteristics such as humidity, alkalinity, salinity, temperatures, nutrient content, and pre-exposure to hydrocarbons. The interaction of pollutants in soil depends on the salinity, humidity, and temperature of the soil. The PAH sequestration in the soil is carried out through chemical processes, oxidation/reduction reactions, solubilization, precipitation, sorption, and ion exchange, which depends on the available chemical species, redox conditions, and pH [13,14]. Once in the environment, hydrocarbons can be transferred to humans [15,16].

There are many publications related to PAH pollution and remediation techniques, but there are few works that have addressed bioremediation techniques [17–21]. Taking into account the fact that soil pollution with PAHs has a negative impact on health since pollutants can be transferred to living organisms in the air and water, the paper highlights the sources of soil pollution with PAHs, the factors that affect the bioavailability of PAHs in the soil, and aspects regarding the impact of surfactant application to achieve good bioavailability during PAH bioremediation.

The bioremediation techniques of soil polluted with these hydrocarbons are addressed: phytoremediation, rhizoremediation, composting, vermimmediation, and microremediation of PAH-polluted soils. These techniques are presented along with the mechanistic understanding of pollutant degradation. We have highlighted the advantages and limita-

tions of bioremediation techniques for PAH-polluted soils so that the most effective soil bioremediation techniques are chosen.

## 2. Sources of PAH Soil Pollution

The sources of soil pollution with PAHs are the result of anthropogenic activities: pyrogens from the processes of burning coal, electronic waste, burning petroleum fuels (gasoline and diesel) and other fossil fuels, fuel consumption, agriculture practices, oil production and gases, leakages from the transportation and storage of hydrocarbons, from loading and unloading, explosions from underground pipelines; biological or natural sources (volcanoes), synthesis of bacteria and algae, forest fires, oil seepage, the decomposition of vegetative waste and the erosion of sedimentary rocks containing petroleum hydrocarbons (Figure 1) [22–33].



**Figure 1.** Sources of PAH soil pollution (adapted from [3]).

Pyrogenic PAHs are emitted when biomass is processed at high temperatures, in the absence of oxygen or with low oxygen [5]. The emission of pyrogenic PAHs occurs when the pyrolytic refining of petroleum residues into smaller hydrocarbons occurs, the transformation of coal into coke/coal tar [23].
















The main sources of PAHs include oil spills from oceanic and river water, above-ground and underground oil storage tanks, seepage [23], and the accumulation of large amounts of gasoline and diesel emissions from transportation [7]. Natural sources of PAHs in the environment are forest fires and volcanic eruptions [24] (Figure 1).

Human exposure to PAH occurs due to soil and plant pollution [25]. It is important to know the sources of PAH contamination in soil to avoid or reduce ecological impacts and health risks. In Table 1, there are 15 PAHs considered possible carcinogenic pollutants by the US Environmental Protection Agency (EPA) [3].

Apart from coal burning, emissions from road traffic are a source of PAH in the soils of industrial and urban areas [29–32]. For example, traffic emissions have been identified as the main source of PAH pollution in soils from industrial areas in Shandong, China. Due to rapid urbanization, there has been a high number of vehicles on the roads. PAHs can result from tires and vehicle emissions, from asphalt pavements, and transported by runoff and dust on roadside soils [3]. Agricultural roadside soils, being a repository of PAHs, pose a threat to food safety as PAHs can be absorbed by crops and transferred through the food chain [3]. Antarctica was a pollution-free environment. Currently, tourism, military installations, traffic, and human activities have also polluted Antarctica; thus, fifty to ten PAHs were found in the soil of the Fildes Peninsula in the west of Antarctica, where there are human activities. The results demonstrated that local sources, such as burning and seepage of fossil fuels, were the most important sources of hydrocarbons. In the soils of

King George Island, Antarctica, PAHs were found from fuel spills, spilled oil, and released petrogen, resulting from the combustion of diesel, coal, incomplete combustion of fossil fuels, and crude liquid fuel.

**Table 1.** Physical and chemical properties of the 16 priority PAHs (data from [3]).

PAHs Compounds	No Benzene Rings	MW * (g/mol)	Solubility in Water (mg/L)	Boiling Point (°C)	Melting Point (°C)	Vapor Pressure at 25 °C, Pa	Structure
Naphthalene (Nap)	2	128.17	3.93	218	80.2	10.4	
Acenaphthylene (Acy)	3	152.2	3.93	265.280	92–93	$9 \times 10^{-1}$	
Acenaphthene (Ace)	3	154.2	1.93	278–279	90–96	$3 \times 10^{-1}$	
Fluorene (Flu)	3	166.2	1.68–1.98	293–295	116–118	$9 \times 10^{-2}$	
Phenanthrene (Phe)	3	178.2	1.2	339–340	96–101	$2 \times 10^{-2}$	
Anthracene (Ant)	3	178.2	0.076	340	216–219	$1 \times 10^{-3}$	
Fluoranthene (Fla)	4	202.26	0.2–2.6	375–393	107–111	$1.2 \times 10^{-3}$	
Pyrene (Pyr)	4	202.25	0.077	360–404	150–156	$6 \times 10^{-4}$	
Benzo(a)anthracene (BaA)	4	228.3	0.01	435	157–167	$2.8 \times 10^{-5}$	
Chrysene (Chr)	4	228.3	0.0028	441–448	252–256	$5.7 \times 10^{-7}$	
Benzo(b)fluoranthene (BbF)	5	252.31	0.0012	481	167–168	NA	
Benzo(k)fluoranthene (BkF)	5	252.31	0.00076	480–471	198–217	$5.2 \times 10^{-8}$	
Benzo(a)pyrene (BaP)	5	252.31	0.0023	493–496	177–179	$7 \times 10^{-7}$	
Dibenz(a,h)anthracene (DBaA)	5	278.4	0.0005	524	266–270	$3.7 \times 10^{-10}$	
Indeno(1,2,3-c,d)pyrene (InP)	6	276.33	0.062	530	162–163	NA	

\* MW—molecular weight.

There are regional and seasonal variations that also influence the level of soil pollution with PAHs. During the summer, the sources of PAH soil pollution were road traffic (54%), whereas during the winter, PAHs were emitted mainly from the burning of coal for heating (72%) resulting from the heating of homes. The appearance of PAHs in the Antarctic soil may be due to low temperatures, when gaseous PAHs condense, becoming less volatile.

### 3. Bioavailability of PAHs in Soil

The bioavailability of hydrocarbons depends on the microbiological and physico-chemical factors in the composting matrix, factors that determine which fraction of the soil can be transformed by microorganisms [34,35].

The bioavailable fraction of the total pollutants is the one that accumulates in the food chain [3], some are adsorbed by soil colloids and organic matter (OM). Some are combined with solid soil particles, preventing their contact with biological receptors. The unbound part of the pollutant can migrate into the soil. These pollutants can interact with microorganisms, animals, and plants and move with water in the environment. Soil fauna will absorb bioavailable pollutants through the gastrointestinal tract and through the epidermis, and the absorbed pollutants may be metabolized, excreted, or stored in various tissues or transferred to sites of toxicity (STA) (the organs/tissue where the toxic impact occurred) [30]. In the initial phase of the bioremediation process, depollution is efficient but limited by the kinetics of microbial degradation; in the second phase the removal rate of bioremediation is low and limited by slow desorption [35–37]. A high percentage of PAH compounds are not bioavailable to living beings due to the heterogeneity of soils. Bioavailability is reduced with the aging of PAHs in the soil, respectively, in concentration decrease in the pollutant due to the increase in contact time between soil and pollutant, due to adsorption on nano and micropores in soil and diffusion through dissolution sites [3].

The rate of PAH remediation can be slow or fast, depending on soil properties, the time required to generate derivatives (oxygenated derivatives) that are more harmful than the initial PAH compounds, and bioavailability [16]. The reduction in bioavailability and subsequent degradation is due to low water solubility and high hydrophobicity [17–21]. Bioavailability-based assessment is an important tool for the remediation of PAH-polluted sites [18].

#### 3.1. Factors Affecting PAH Bioavailability in Soil

PAHs are characterized by high hydrophobicity, thus increasing their affinity to be adsorbed in soil organic matter, being less available for biological absorption.

The factors that have an essential role in determining the bioavailability of PAHs are:

- The contamination time, the irreversible sorption of PAH, is proportional to the contact time, decreasing the bioavailability of pollutants for microorganisms and the degree of biodegradation [36–42]. Indigenous microorganisms could be inhibited in recently polluted soil because it has toxicity [43,44].
- Another factor that influences the bioavailability of PAHs is represented by their physico-chemical properties: the water solubility of PAHs is an important factor regarding their bioavailability. It is inversely proportional to the molecular weight of PAHs, which reduces their accessibility to microorganisms.

The increase in biodegradation rate was observed by adding organic co-substrates to the composting mixture, organic substrates are sources of organic matter that help microbial activity, thus improving the bioremediation process of PAH-polluted soils [37,45,46]. Organic matter content for soil is 3.68%, and for compost is 43.54% [45].

The water-extractable organic matter from manure compost increased the solubility of pyrene, benzo[a]pyrene, and phenanthrene, favoring their biodegradation [39].

Water-extractable organic matter with high molecular weight (>1000 Da) determined the improvement of solubility and biodegradation. In the presence of 1000 mg-C L<sup>-1</sup>, pyrene was degraded more by 118% compared to the mineral salt medium after 48 h of incubation [39].

The addition of compost improved PAH removal by 70% through degradation and 30% through desorption from the total loss [35].

The addition of compost to coal ash and coal tar polluted soils was beneficial, up to 94%, for improving PAH removal [35,47].

The stability of the used co-substrates that have more humic matter has an important role in stimulating the bioavailability and biodegradation of PAHs [37]. Microbial activity was increased by humic matter more than those developed in humus (aged organic matter), demonstrating that humus more strongly sequestered organic contaminants [38].

The bioavailability of the more easily degradable PAH with low molecular weight (LMW) was decreased due to enzyme inhibition, which is associated with biodegradation [48]. The bioavailability of PAH with high molecular weight (HMW) was increased by the production of inducible enzymes for catabolism [49].

The degradation rate is slower when the toxicity is higher, and when the HMW/LMW PAH ratio is higher, there is also a lower bioavailability [21].

It is important to achieve a correct optimization of these factors that affect PAH bioavailability in the soil in order to obtain an efficient remediation of PAH-polluted soils [21].

### *3.2. Aspects Concerning the Impact of Biosurfactants Application for Efficient Bioavailability*

Some polycyclic aromatic hydrocarbons, due to their ability to adhere to soil particles and to be released slowly in the water phase, are characterized by low solubility and high hydrophobicity [49,50]. The use of surfactants is an efficient method of removing hydrophobic organic substances from polluted soils [51,52]. According to research in which surfactants (Triton X100 and Tween 80) were used in non-ionic form and sodium dodecyl sulfate (SDS), in ionic form, increased the electroremediation of soil polluted with polycyclic aromatic and aliphatic hydrocarbons. Electro-osmosis removal of anthracene (59%) and n-hexadecane (69%) was improved by using Tween 80 in the anolyte together with SDS in the catholyte [51,52]. In order to obtain good bioavailability during PAH bioremediation, surfactants are applied. Biosurfactants are amphiphilic compounds excreted extracellularly that contain hydrophobic and hydrophilic fragments; they can accumulate between the fluid phases of an organism, reducing their interfacial and surface tension. Biosurfactants removed 93.5% of the total petroleum hydrocarbons [53]. Their functionality depends on increasing their solubility and reducing the surface tension of the interface [54–58]. The factors that influence the efficiency of these surfactants are the type and concentration of the surfactant, the hydrophobicity of PAH, temperature, DOM (dissolved organic matter), pH, microbial community, and salinity. For an effective PAH bioremediation, it is important to avoid inhibiting microbial activities by selecting surfactants [54–58]. Biosurfactants produced by microorganisms are more widely used because they are environmentally friendly [55,59]. Biosurfactants have a high potential to increase the performance of phytoremediation technology for soil treatment [53].

## **4. Bioremediation Techniques**

### *4.1. Bioremediation of PAH-Polluted Soils Using Composting*

Bioremediation is an in situ method carried out using microalgae, fungi, bacteria, actinomycetes, and protozoa [60,61]. Microorganisms detoxify, mineralize, and degrade PAHs by producing enzymes. Microorganisms have a higher efficiency of pollutant degradation when collected from contaminated sites because they are adapted to the pollutant environment [62]. Degradation of PAH in polluted soils using microbes is carried out under anaerobic and aerobic conditions [63].

The use of microalgae in the bioremediation of organically polluted soils is very effective; they assimilate pollutants from contaminated soils for biomass production. Biomass harvested from algae is a source of lipids, carbohydrates, proteins, and secondary metabolites that can be used as biofertilizers, raw materials for the production of biofuels, and animal feed [62].

Microalgae and cyanobacteria are effective in the decomposition of organic pollutants and in the remediation of soils polluted with polycyclic aromatic hydrocarbons [61]. Table 2 shows some microorganisms used for the decomposition of PAH compounds in the soil bioremediation process. It is observed that the bacterial strains degraded a mixture of polycyclic aromatic hydrocarbons (PAHs) consisting of fluoranthene, anthracene, phenanthrene, and pyrene (50 mg L<sup>-1</sup> each) within 21 days by about 52%, 69%, 73%, and 48% [62–66].

**Table 2.** Microorganisms used for the decomposition of PAH compounds in the soil bioremediation process (data from [3]).

Type	Genetically Modified Microorganism	PAH Compound	Degradation Efficiency (%)	References
Bacteria	<i>Pseudomonas</i> and <i>Methylophaga</i>	Phenanthrene, anthracene, fluoranthene, and pyrene	73%, 69%, 52%, and 48%	[63]
	<i>Delftia</i> sp. FM6-1	Phenanthrene	90 and 75%	[64]
	<i>B. subtilis</i>	Anthracene	99%	[65]
	<i>Cycloclasticus</i> (strain EGI FJ00013T)	Phenanthrene	100%	[66]
	<i>Kocuriaflava</i>	Phenanthrene, anthracene, and fluorene	55.13%, 59.01%, and 63.46%	[67]
	<i>Pseudomonas aeruginosa</i>	Pyrene	98.9%	[68]
	<i>Rhodococcus</i> sp. A2-3	Fluorene (100 mg/L and 400 mg/L)	100% and 89%	[69]
	<i>Gordonia</i> sp. SCSIO19801	Phenanthrene	80%	[70]
	<i>Leclerciaadecarboxylata</i> PS4040	Pyrene	61.5%	[71]
	<i>Acinetobacter</i> strain USTB-X	Pyrene	63%	[72]
	<i>Sphingomonaskoreensis</i> ASU-06	Naphthalene, phenanthrene, anthracene and pyrene	100%, 99%, 98%, 92.7%	[73]
	<i>Micrococcus luteus</i>	Naphthalene, phenanthrene, fluoranthene, and pyrene	687%, 62.9%, 61.4%, and 613%	[74]
	<i>Pseudomonas</i> strains	Phenanthrene	79.16%	[75]
	<i>P. aeruginosa</i> N6P6	Phenanthrene and pyrene	85.6% and 47.56%	[76]
	<i>Raoultellaornithinolytica</i>	Acenaphthene and fluorene	98.6% and 99.9%	[77]
Fungi	<i>Anthracophyllum discolor</i>	Phenanthrene, anthracene, fluoranthene, pyrene and benzo(a)pyrene	62%, 73%, 54%, 60%, and 75%	[78]
	<i>Aspergillus</i> sp. RFC-1	Naphthalene, phenanthrene, and pyrene	84.6%, 51.3%, and 55.1%	[79]
	<i>Cladosporium</i> sp. CBMAI 1237	Anthracene, anthrone, anthraquinone, acenaphthene, fluorene, phenanthrene, fluoranthene, pyrene, and nitropyrene	71%, 100%, 32%, 78%, 70%, 47%, 52%, 62%, and 64%	[80]
Algae	<i>Selenastrum capricornutum</i>	Benzo[a]pyrene	41%	[81]
	<i>Oscillatoriasp</i>	Pyrene	95%	[82]
	<i>Selenastrumcapricornutum</i> and <i>Scenedesmusacutus</i>	Benzo[a]Pyrene	99% and 95%	[83]

The bacteria *Delftia* sp. FM6-1, *Cycloclasticus*, and *Gordonia* sp. SCSIO19801 used phenanthrene as a source of carbon and energy, decomposing it in a proportion of 90%, 100%, and 80% [64–70]. The bacterial strain *Leclercia adecarboxylata* PS4040 degraded 61.5% of pyrene in 20 days when used as the sole source of carbon and energy [71]. The bacterial strain *Acinetobacter* USTB-X removed 63% of pyrene in 16 days from soil contaminated with polycyclic aromatic hydrocarbons (PAHs), using pyrene as the sole source of carbon and energy. The strain produced biosurfactants that improved pyrene removal [71,72]. The bacterial strain *Sphingomonaskoreensis* ASU-06 degraded in 15 days 92.7%, 99, 98, 100, and from 100 mg/L pyrene, anthracene, naphthalene and phenanthrene [73–77].

The degradation of three- and four-ring polycyclic aromatic hydrocarbons (PAHs) by a white-rot fungus, *Anthracophyllum discolor*, isolated from forest in Southern Chile, was evaluated. A removal of benzo(a)pyrene (75%), anthracene (73%), phenanthrene (62%), fluoranthene (54%), and pyrene (60%) was obtained in the autoclaved soil in which the fungus was inoculated in the absence of indigenous microorganisms, associated with the production of manganese peroxidase (MnP). Metabolites found in PAH degradation were phthalic acid, anthraquinone, 4-hydroxy-9-fluorenone, 9-fluorenone, and 4,5-dihdropyrene. The fungus *A. discolor* mineralized 9% of phenanthrene. The inoculation of the fungus *A. discolor* in the non-autoclaved soil did not improve the PAH removal efficiency. Adequate conditions must be found to promote successful fungal bioaugmentation in non-autoclaved soils [78–83]. Intra and extracellular enzymes of *Aspergillus* sp. RFC-1 degraded hydrocarbons as follows: 84.6%, 51.3%, and 55.1%, naphthalene, phenanthrene, and pyrene [84,85]. And the use of algae in the biodegradation of organic compounds was high [83–86]. High PAH concentrations (300 mg PAH/kg) caused a reduction in bacterial density compared to low concentrations (30 mg PAH/kg), which had no negative effect on microbes [63].

There are many microorganisms used to degrade PAHs in the soil [84,85]. Biodegradation of PAHs can be achieved under anaerobic or aerobic conditions [35]. Aerobic conditions were found to be more effective [86]. Composting is an in situ aerobic technique used to remediate PAH-polluted soils with the help of bacteria and fungi [45,87–90].

Composting depends on two mechanisms: degradation or decomposition of organic pollutants by microbes and adsorption with the help of organic matter (OM) [91].

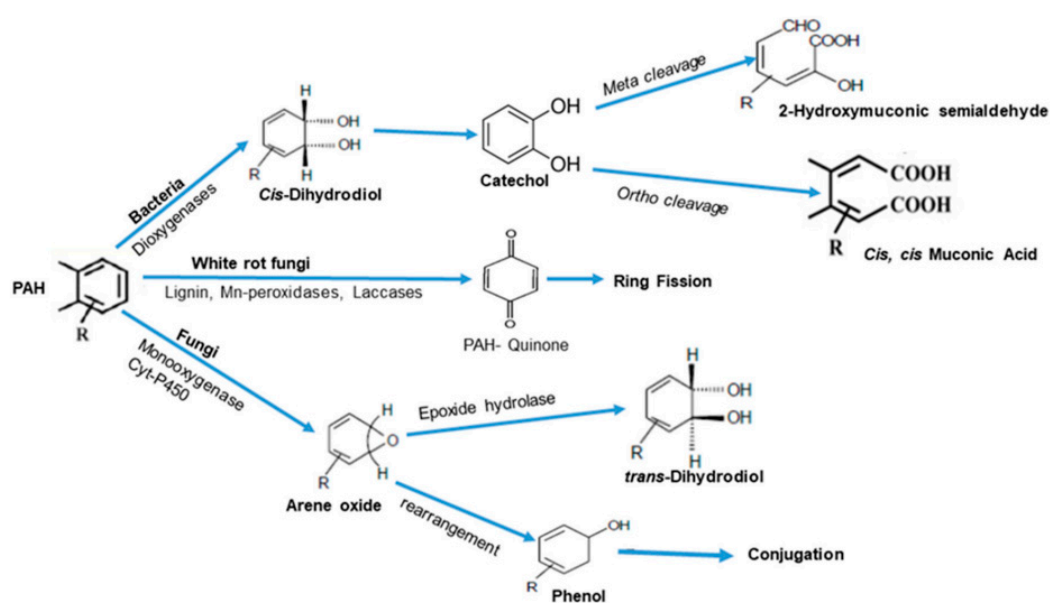
In the first stage, to produce compost, aeration conditions are necessary for microbial efficiency and temperatures of 25–45 °C (mesophilic ranges) and more than 45 °C (thermophilic ranges). An increase in the biodegradation rate of hydrocarbons was observed in the thermophilic and mesophilic temperature ranges. In the second stage, when the microbial activity is reduced, lower temperatures are required. It is necessary to ensure the humidity of the compost [35]. A degradation of 59% and 89% was obtained for PAHs with 4 and 3 benzene rings in reactors at mesophilic temperatures, and in those with thermophilic temperatures, the degradation rate was 41% and 71%. During 50 days of incubation at mesophilic temperatures of 28 °C, the elimination of alkanes and PAH was achieved. In the case of hydrocarbons with low molecular weight, a good degradation of 40.7–61.2% was obtained, in the case of those with high molecular weight, a lower degradation rate was obtained of 18.7–33.1% [35]. The more hydrocarbons have benzene rings, the more the biodegradation rate is affected. High concentrations of PAH can inhibit microbial activity. In the case of soluble compounds, the degradation rate is proportional to their concentration. Increasing the amount of compost added to PAH-polluted soil does not increase their removal rate [35]. Organic co-substrate must be provided to obtain the efficiency of the bioremediation process. The fine compost fraction (<3 mm) offers more accessibility to microorganisms and releases more nutrients compared to the coarse fraction (<5 mm) [85]. The proportion of earthworms and compost is very important. Thus, the removal of extractable petroleum hydrocarbons was effective for a ratio of 1:0.5–1:1 (soil/compost, g/g).



PAH biodegradation was not high when high proportions of compost were used (1:2 and 1:4), and earthworm activity was restricted [35].

It was found that after 15 months, adding compost to PAH-contaminated soil resulted in total decomposition of anthracene and pyrene and limited removal of benzo[a]pyrene [92].

There are many bacterial cultures that have the potential to biodegrade LMW PAHs directly, using them as the sole source of carbon and energy [91–96]. On the contrary, HMW-type hydrocarbons must accumulate in the body of microorganisms and then be decomposed through several pathways, according to Figure 2, into a bioavailable form that could be metabolized by microorganisms [86,89,97,98]. The first step in the degradation process is the hydroxylation of the aromatic ring with a dehydrogenase or di- or monooxygenase enzyme, with the formation of a cis-dihydrodiol, which is rearomatized by the action of dehydrogenase to an intermediate diol. These intermediate diols can then be cleaved by in-tradiol or extradiol ring-cleaving dioxygenases, by meta- or ortho-cleavage, leading to the following pyrocatechol acid intermediates and catechols that are converted to tricarboxylic acid [35].



**Figure 2.** Bacterial and fungal biodegradation pathways of PAHs (adapted from [35]).

By applying 380 g/kg sewage sludge compost to PAH-polluted soil for 19 months, the total petroleum hydrocarbons were reduced by 99%. Composting achieved the expansion, the transformation of pollutants into non-dangerous compounds, and their degradation [14]. The ways of biodegradation of high molecular weight hydrocarbons (HMW) require more research since there are few bacteria capable of degrading them. Their biodegradation takes place through co-metabolism in the case of benzo[a]pyrene [98–101].

#### 4.2. Micoremediation of PAH-Polluted Soils

PAH biodegradation in situ can also be achieved with the help of lignolytic and non-lignolytic fungi that can oxidize PAH using cytochrome P-450 monooxygenase and an enzymatic lignin degradation system for the oxidation of aromatic rings. An oxygen atom is incorporated in the aromatic nucleus, and the production of cis-transdihydrodiols is carried out by the remaining atom, which is reduced to water. The arene oxide formed is rearranged to form a phenol, which can be conjugated with gluconic acid, xylose, glucose, and sulfate. Lignolytic fungi, also called white rot fungi, can degrade PAHs under lignolytic and non-lignolytic culture conditions. Lignolytic enzymes oxidize

the PAH ring by producing hydroxyl free radicals by donating an electron; thus, PAH-quinones and acids are formed instead of dihydrodiols [35,102,103]. The white rot fungus *Pleurotus ostreatus alb* realizes the mineralization of PAHs, pyrene, phenanthrene, and anthracene [104–107].

Ligninolytic fungi generate extracellular enzymes that can break down many organic pollutants [108–116]. Ligninolysis is an oxidative process that works under nitrogen-limiting circumstances [117]. Extracellular peroxidases of ligninolytic fungi initially oxidize PAHs [118]. Through enzyme-mediated peroxidation of lignin, fungal manganese peroxidases oxidize PAHs. White rot fungi convert anthracene to anthraquinone [52]. The ligninolytic system has the following groups of enzymes: enzymes that produce H<sub>2</sub>O<sub>2</sub>, lignin peroxidase (LiP), Mn-dependent peroxidase (MnP), and phenol oxidase (tyrosinase, laccase). Although the decomposition of PAHs by fungi is slow, they can digest a wide range of xenobiotics [52]. In the last decade, fungi have been widely used in bioremediation [108]. Biotrophic and saprotrophic basidiomycetes can decompose harmful substances [108,110].

Fungi can adapt to the soil matrix in any conditions, can colonize biotic and abiotic surfaces, can reproduce, and have fungal enzymes such as lipase, epoxide hydrolases, cytochrome P450, monooxygenase, protease, and dioxygenases, which can degrade a range wide range of contaminants [111–115]. Micoremediation is a biological method for the immobilization, transformation, and degradation of pollutants in the environment [52,116–118].

By using the *Scopulariopsis brevicauli* fungus that was isolated in a PAH pollutant after 28 days of incubation, the following bioremediation yields were obtained: benzo[a]pyrene (82%), pyrene (64%), fluoranthene (62%), and phenanthrene (89%), in liquid medium. It was observed that this fungus has a good potential for bioremediation of PAH-contaminated soil [52].

#### 4.3. Vermiremediation

By using in situ earthworms to remediate PAH-polluted soils, it was evident at high PAH concentrations (less than 0.1 g/kg) that uptake of PAH compounds had little effect on earthworm survival. *Eisenia Andrei* earthworms, used in the treatment of sewage sludge, were found to contain some of the PAHs [119]. Decomposition was achieved by using *Eisenia Andrei* earthworms during 126 days for PAH (18.2 mg kg<sup>-1</sup>), as follows: PAH (20%), biphenyl (5%), BaP (73%) and benzo[e] pyrene (70%), in the soil with a higher number of earthworms (1000 individuals m<sup>2</sup>), in the soil with a low density of earthworms (250 individuals m<sup>2</sup>) PAH degradation was 27%, 25%, 68%, and 67% [120]. PAH, BaP, biphenyl, and benzo[e]pyrene were all degraded by 50% in sediments with a low earthworm density, no PAH, BaP, or benzo[e]pyrene were degraded, and only 30% of biphenyl a was removed [52]. By using two species of earthworms, *Lampitoma mauritii* (anecic) and *Drawidamodesta* (epigeic), for the bioaccumulation of polycyclic aromatic hydrocarbons, an increase in the level of macronutrients (NPK) and the reproduction of earthworms during the winter were observed, in which 68.6% of PAHs were removed [121]. Marine nematodes are the most important taxa in the soil ecosystem used as bioindicators for PAHs. Organic compounds act as a chemical signal for nematodes for reproduction, feeding, and communication. The compounds induce reactions that remove PAHs from the environment through bio-indicators [122].

After exposure to PAH compounds, some species, *O. campylocercoides*, *Rhabditis* sp., and *Ca-lamicrolaimus honestus*, were tolerant to PAH (chrysene, phenanthrene, and fluoranthene), other species were very sensitive: *Theristus pertenuis*, *Parasphaerolaimus paradoxus*, and *Encheliidae* sp. [123]. Earthworms are very often used in the assessment of PAH bioavailability in soil due to ease of monitoring, large body size, and sensitivity to pollutants. The

bioavailability of PAHs is realized by indirect and direct measurement methods using earthworms.

The direct method measures bioaccumulation, PAH concentration in earthworms, and critical body residues (CBR) [3]. The bioaccumulation of PAHs in earthworms is measured when the PAH concentration in the soil is in equilibrium. CBRs are associated with PAHs at lethal or semi-lethal concentrations in soil, the total concentration of PAHs in earthworms is determined when the pollutant concentration at the site of toxicity is greater than the toxicity threshold. It was found that the concentration of pyrene in earthworms increased with the accumulation of pyrene content in the soil. The aging of PAHs is a special problem and must be considered in experiments dealing with soil fauna. The indirect method of measurement is determined by the response of earthworms to pollutant exposure. The impact of fluoranthene (Fla) on earthworm growth was explored, and it was found that earthworm growth inhibition was directly proportional to Fla content and exposure time [3]. There was a dose–effect relationship between PAH pollutant concentration and earthworm mortality, and pollutant bioavailability could not be quantitatively estimated. PAH bioaccumulation in living organisms is associated with lipid content. Positive correlations were found between fatty acid content and PAH concentrations in marine fish, which mimicked the fact that PAH bioaccumulation is highly dependent on fatty acid content. Therefore, these studies may indicate that, in addition to fatty acids, other factors were responsible for the bioaccumulation of PAHs in marine fish.

Freshwater fish, compared to marine fish, are more prone to PAH contamination due to the higher concentration of PAHs in marine sediments than in freshwater sediments [3]. Compared to invertebrates, fish showed a higher metabolic and excretory rate for PAH; therefore, the concentrations of PAHs found in fish are low. Invertebrates are considered good indicators for PAH biomonitoring compared to fish. Animals applied in PAH biomonitoring in the coastal environment require various specific characteristics, such as wide distribution, easy to sample, higher salinity tolerance capacity, and higher bioaccumulation capacity. According to the requirements mentioned above, oysters and mussels are preferably applied as bioindicators for various PAHs and their derivatives.

#### 4.4. Electrokinetic Bioremediation

In situ application of bioremediation technology to PAH-polluted soils aims to absorb or transform organic pollutants into biomass or harmless metabolites by using microorganisms, animals, and plants to facilitate soil reuse [124–126]. Important factors in the effectiveness of soil bioremediation are soil properties and the surrounding environment, such as moisture, soil type, pH, organic matter content, temperature, soil fertility, pollutant properties, plant density, and root depth [127–129]. Microorganisms fed by plants that secrete micronutrients, carbohydrates, and amino acids can metabolize organic pollutants from the soil [130–132]. These nutrients are diffused near plant roots, and low soil permeability limits the movement of microorganisms in the soil, thus limiting the effect of large-scale soil bioremediation [133].

Studies have been carried out to highlight the impact of nutrient transport on soil bacteria during bioremediation [134]. Thus, it was discovered that by combining electrokinetic methods (electrophoresis, electrolysis, electromigration, and electroosmosis) and bioremediation in contaminated soil, nutrient transport was improved, and the rate of organic matter degradation was improved [135].

By using the *Ryegrass* plant to remediate oil-contaminated soil, it was observed that microorganisms migrated from the soil to the surroundings, thus determining the improvement of microbial activity and the removal rate of total petroleum hydrocarbons, it had a negligible effect on plant growth [134–136].

Through electrokinetic bioremediation, the degradation of organic pollutants in the soil was improved [125]. After electrokinetic bioremediation, over 40% of PAHs were removed [52]. Figure 3 shows electrokinetic bioremediation. The movement of the acid in the approach of the anode to the soil pores is favored by the action of the low-intensity direct current, breaking the connection between the pollutants and the soil. Through electroosmosis, nutrients and water migrate into the soil, the diffusion of pollutants is increased, and the total amount and microbial activity increase, thus facilitating the migration of microorganisms from rhizosphere soil to non-rhizosphere soil, and the pollutant elimination rate is improved.

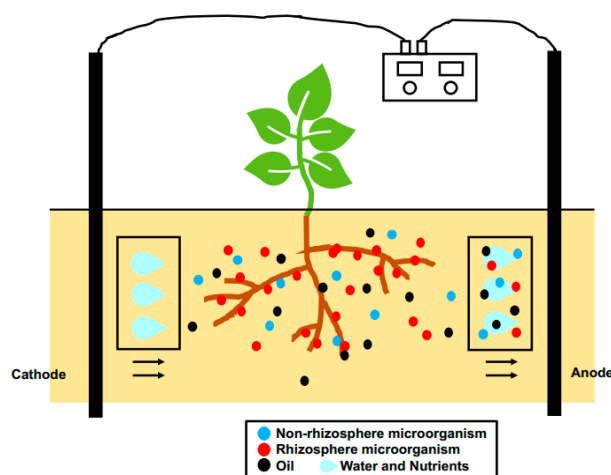


Figure 3. Electrokinetic bioremediation (adapted from [125]).

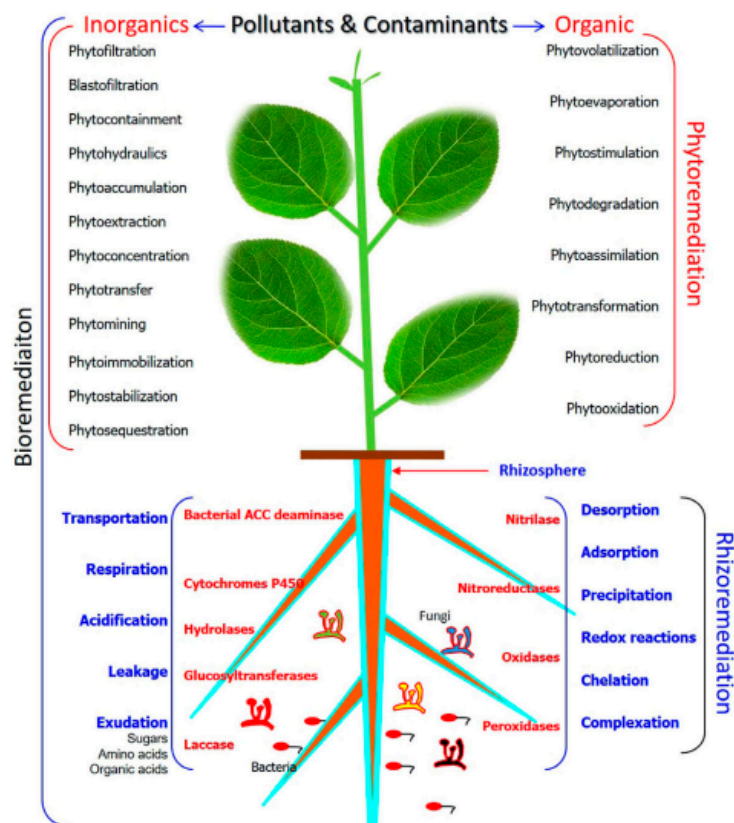
It was observed that through bioremediation, 52% of the total petroleum hydrocarbons were removed from the soil, and through the combined remediation and the addition of oxygen and nutrients, the biodegradability and bioavailability of the pollutants were improved, 80% of the petroleum hydrocarbons were degraded [125]. Through chemical oxidation with persulfate, the pollutants were eliminated from the soil, but the number of bacteria that degrade polycyclic aromatic hydrocarbons in the soil was reduced; thus, a decrease in bacteria was observed by 2.39 orders of magnitude in 30 days in the soil to which 3% persulfate was added (weight/weight), the addition of 1% persulfate reduced the bacterial richness by 0.94 orders of magnitude in 30 days [50]. For 1% persulfate ( $w/w$ ), the removal efficiency using chemical oxidation combined with bioremediation exceeded that of the single treatment, and polycyclic aromatic hydrocarbons in the soil were reduced [137].

According to Medina and collaborators, the number of soil bacteria recovered after persulfate depletion depends on the amount of oxidants in the soil [138]. By adding nano-iron loaded with biochar to persulfate, the total number of bacteria that degrade petroleum hydrocarbons increased [127]. Mora et al. [139] obtained an improvement in the biodegradability of petroleum hydrocarbons using permanganate as an oxidant, which allowed the growth of bacteria. After two months of bioremediation, the removal rate of aliphatic hydrocarbons was 92%, and of polycyclic aromatic hydrocarbons was 100% [139–141].

#### 4.5. Phytoremediation

In the phytoremediation process, plants are used to remove, adsorb, digest, or assimilate toxic pollutants from the soil [141]. The most used in situ techniques for removing organic substances from polluted soils are phytodegradation and phytoextraction [142–144]. In Figure 4, the schematic representation of the phytoremediation process is described.

Through phytodegradation, plant roots stimulate the activity of microbes, helping to improve mineralization at the root–soil interface [145,146].



**Figure 4.** Schematic representation of different phytoremediation techniques (adapted from [147]).

Within phytoremediation, the transformation and degradation of PAH are carried out by plant species through the secretion into the soil of enzymes such as hydrolase, dehydrogenase, monooxygenase, dehalogenase, dioxygenase, and peroxidase [63].

The remediation of PAH-polluted soils by plants is achieved through the accumulation capacity of plant organs used in the remediation process [146].

Thus, ornamental plants use enzymes to relocate PAH compounds from the roots to different parts of the plant tissue [148]. Through phytoremediation, rhizospheric microbial degradation is achieved, in which the population of microbes present in the soil, for their growth and development, feeds on organic substances as carbon substrates [52]

According to Tejeda-Agredano et al. (2013), a positive effect was obtained in 90 days on the rhizosphere by planting sunflowers due to the increase in the elimination rate of total PAHs by 16% compared to contaminated soil without plants [148]. Through molecular analysis, the positive effect of the rhizosphere on the expansion of PAH-degrading microbe populations was observed [147,148].

Enzyme activity helped ornamental plants to degrade organic pollutants. A greater degradation capacity of Fire Phoenix growing in PAH-contaminated soils was obtained due to the activities of peroxidase, dehydrogenase, and catalase in the rhizosphere soil [148–150].

Leguminous plants and herbs are used for the phytodegradation of organic substances through phytoremediation [150].

Some tropical plants are effective in PAH decomposition due to their tolerance to hydrocarbons; they have thick roots [151]. According to Parrish's research, phytodegradation is effective when used as a secondary treatment for the decontamination of PAH-contaminated soils [152].

Plants and animals use similar enzymes to achieve decontamination.

Microbes can mineralize organic pollutants. When organic pollutants enter plants, they can participate in the processes that plants engage in as a group of biochemical and physiological defense mechanisms. According to Dorantes and Dorantes (2012), plants are subjected to oxidative stress through pollution with organic pollutants, causing the accumulation of reactive oxygen species (ROS) in their cells [153]. Plants can stop the harmful effects of organic contaminants through the process of excretion. Excretion ensures that the toxic molecule only passes through the apoplast and is expelled from the plant rather than being chemically modified. This method works when highly mobile molecules with basic structures are involved [135].

The degree of bioaccumulation in plants and the physicochemical characteristics are closely related to the uptake and bioavailability of PAHs [154,155].

Plant roots absorb PAHs directly from the soil [156], and uptake is correlated with the amount of lipids in the roots [157]. The amount of PAHs in plant components is lower than that in the soil in which the plants grow. Large amounts of PAHs have been found in above-ground tissues, absorption through air-exposed leaves or other plant components explains the high concentrations in the aerial parts of plants [157]. According to the research of Huang et al. (2018), atmospheric PAH can reach exposed plant tissue through vapor retention of PAH in leaf cuticles or via particulate-bound compounds [158]. The migration of three- to four-ring PAHs occurs from the aerial parts of plants to the roots [158]. When plant areas are larger, PAH concentrations in above-ground components are higher. Medium molecular weight (MMW) and LMW (low molecular weight, less than four rings) PAHs from oil pollution are transferred from root to aboveground plant components [159,160]. According to Wang et al. (2020), mature vegetation with higher lipid content has higher PAH levels [160]. PAHs having LMW were found to be more widespread in plants [160].

HMW (high molecular weight, containing more than four rings) PAHs, which originate from the complete combustion of coal, coke, biomass, and dense traffic, usually adhere to the wax of the leaf cuticle and are easily washed away by atmospheric water [161]. LMW PAHs can be volatilized and reach leaves from polluted soil. They predominate in root tissues [162,163]. PAHs with two or three rings in their molecular structure have increased solubility in water, which increases their bioavailability to roots.

Phytoremediation is an ecological method of PAH remediation that uses ornamental, tropical plants with thick fibrous roots that have tolerance to high hydrocarbon concentrations [163–169]. Phytoremediation has a disadvantage in soil PAH depollution when used in large quantities due to the sensitivity to contamination, which can delay the formation of sufficient biomass to allow decomposition [164].

Direct plant uptake and metabolism, promotion of biodegradation by enhancing soil microbial activity and metabolic pathways with root-released compounds, and adsorption or mobilization of PAHs in the rhizosphere due to root surfaces are the main phytoremediation mechanisms of PAH-contaminated soils [52,165,166]. According to Xiao's research, it was observed that the ornamental plants *Fire Phoenix* and *Medicago Sativa Linn* have a good yield in the phytoremediation of PAH-contaminated soil after 150 days [167]. The depollution rate being 99.40% and 98.11%, these species of ornamental plants have a high potential for PAH removal [106]. In PAH-contaminated soils, *Fire Phoenix* improved soil physico-chemical properties (mainly available phosphorus) and cation exchange capacity [167]. A good capacity to accumulate poly-aromatic hydrocarbons from the soil was also observed in the shoots of *Brassica* plants. *Napus*, *Sorghum bicolor*, and *J. subsecundus* were used for phytoremediation; they survived PAH toxicity in the soil [168,169].

PAH accumulation rates in plants were estimated using the shoot concentration factor (SCF). It was expressed as the ratio of the PAH concentration in the plant shoot to the PAH concentration in the soil [169]. Phytoremediation, with special ornamental species, is an efficient method of depollution of PAH-contaminated soils. By adding a biosurfactant with a desorption and solubilization effect, at a concentration of 10%, to the gasoline-contaminated soil in which *Ludwigia octovalvis* used in soil remediation was planted, total removal of 93.5% of petroleum hydrocarbons and proliferation of bacteria were obtained from the surface of the long and fibrous root of the plant, which decomposed the pollutants (rhizodegradation) [53].

Different plant species can remove organic pollutants from polluted sites (Table 3).

**Table 3.** Plants used in the phytoremediation process.

Plant	Nature of Pollutant	Initial Concentration	Mechanism of Removal	% Removal	References
<i>Ludwigia octovalvis</i>	Gasoline	207,800 mg/kg TPH	Biosurfactant enhanced rhizodegradation	93.5	[53]
<i>Aegiceras corniculatum</i>	Brominated diphenyl ethers (BDE-47)	5 µg/gdw	Biostimulated degradation	58.2	[170]
<i>Phragmites australis</i>	PAHs	229.67 ± 15.56 µg/g	Rhizodegradation	58.47	[171]
<i>Luffa acutangula</i>	Anthracene and fluoranthene	50 mg/kg	Phytostimulation	85.9–99.5	[172]
<i>Sparganium</i> sp.	Polychlorinated biphenyls	6.260 ± 9.3 10 <sup>-3</sup> µg/g	Biostimulated rhizodegradation	91.5	[173]

PAHs: polyaromatic hydrocarbons, TPH: total petroleum hydrocarbon.

The use of the *Phragmites australis* plant for PAH depollution (229.67 ± 15.56 µg PAH/g sediment dry weight) in dredged sediments accelerated PAH oxidation by rhizodegradation, removing 58.47% of PAHs [170,171]. The use of *Luffa acutangula* and *Sparganium* sp. led to an elimination of PAH in the range of 85.9–99.5% [172,173]. A 57% reduction in PAH was observed after 6 months of phytoremediation with *Panicum virgatum*, *Schizachyrium scoparium*, and *Medicago sativa* plants. Anthracene and phenanthrene removal was achieved by combining phytoremediation with electrokinetic treatment. Combining phytoremediation with bioaugmentation using *Pseudomonas aeruginosa* resulted in a 68% reduction in PAH.

It is observed that the phytoremediation of PAH-polluted soils has a number of advantages: it is an ecological treatment, the cost is low, it preserves the soil structure, it prevents soil erosion, and by adding organic matter, soil fertility is improved [174]. Phytoremediation is influenced by pollutant concentration and toxicity, which can lead to longer remediation time, plant bioavailability, plant root depth, and slow plant growth rate, which can limit the application of phytoremediation [175]. After remediation, harvesting plants for biomass management generates other costs. Toxic pollutants accumulated in plants can be transferred along the food chain.

#### 4.6. Rhizoremediation

Rhizoremediation is a very good technique with a low impact on the environment to eliminate PAH from the soil [154], with the help of plants that use the microorganisms present in their roots to damage the hydrocarbons [52,176–179]. Plants aerate the soil

and microorganisms [180]. Plants naturally produce organic compounds (organic acids, sugars) that encourage microbial growth, produce catabolic responses to PAHs, and select PAH-degrading bacteria [181,182].

Plants from the *Poaceae* family are frequently used in rhizome treatment due to their rapid growth and development, fibrous roots, resistance to PAH, tolerance to stressful environmental conditions, and lower nutritional demand [56,183,184]. *Sudan grass*, after 20 days, had a hydrocarbon removal rate of 98% [159]. *Sudan grass* stimulated microbial growth [52]. The improvement of the dissipation of hydrocarbons was obtained by feeding the rhizosphere with *Sphingomonadales grass*.

Plants excrete organic chemicals that are produced during photosynthesis. These root exudates contain amino acids, sugars, proteins, alcohols, nucleotides, flavonones, phenolic chemicals, organic acids, and enzymes [185,186]. The rate of exudation is affected by the presence of pollutants, the age of the plants, and the availability of mineral nutrients. The rhizoremediation process is influenced by the time of exudation and the amount of root exudates [187,188]. Root exudates improve microbial metabolism due to the presence of organic pollutants, provide nitrogen and carbon to the microbes that degrade the organic pollutants, and improve the physical and chemical properties of the soil [189–191].

By applying biochar to PAH-polluted soil, an improvement in the community of microbes that metabolized PAHs from the polluted soil was found [192,193].

Solubility in water has been improved by adding surfactants; this helps microorganisms assimilate hydrophobic PAH compounds [53,194]. The removal of pyrene and phenanthrene from the soil was obtained following the addition of two root exudates (oxalic and citric acid) [189]. Rhizoremediation is an effective process of natural degradation of hydrocarbons by bacteria whose growth is enhanced by the compounds (flavonoids) released by the roots [161,190].

## 5. Comparison Between Bioremediation Techniques: The Advantages and Limits of the Application of Bioremediation

Applying bioremediation to soil, the diversity of microbes used, the concentration and toxicity of PAHs, and the physico-chemical properties of the polluted soil must be taken into account. In situ bioremediation advantages include the following: By applying in situ bioremediation methods, the contaminated soil should not be excavated [195,196]. Biological processes are ecological and include the presence of metabolically active microbial populations, suitable growth conditions, and the availability of nutrients and contaminants in the environment [52].

Through this method, solid and dissolved contaminants are treated, so it is a volumetric treatment [53]. Organic pollutants can be completely converted into carbon dioxide, water, and ethanol as the energy source [140]. Contaminants are not transferred to the environment but are removed [151]. By applying this method, the soil can be further used, being remediated [152].

Composting improves PAH removal, but research on compost stability and the use of surfactants for PAH removal must be continued. Composting is an ecological treatment carried out with low costs, and pollutants can be transformed into non-dangerous substances. The action of earthworms improves the soil structure with nutrients that favor plant growth and increases earthworm biomass, which can be harvested and used as animal feed [197,198].

Biosurfactants increase phytoremediation performance. Phytoremediation is the most sustainable and ecological method of PAH depollution, and it improves soil fertility by removing different organic matter in the soil, it can be applied on a large scale, is carried out at low cost, can be applied on a large scale, soil fertility is improved by releasing organic



matter into the soil [159]. Ornamental, tropical plants with thick fibrous roots with tolerance to high concentrations of hydrocarbons are used in the phytoremediation process [163]. Rhizome remediation has the advantage of effective plant tolerance to PAHs.

Root exudation into the rhizosphere provides better nutrient uptake for the rhizosphere microbiome. High biomass production provides OM and nutrients to the soil [189,190]. Plant tolerance to PAHs and the absorption of nutrients for the microbiome of the rhizosphere is ensured by the exudation of the roots in the rhizosphere and high biomass production [199,200].

Certain organic pollutants can be used by bacterial strains as a source of energy and carbon for development [71].

Electrokinetic remediation has advantages, including being effective with low permeability soil and low environmental impacts [195].

#### *Limits of In Situ Bioremediation*

Certain contaminants may not be converted into harmless products.

If the transformation stops at an intermediate compound, the intermediate may be more toxic and/or mobile than the initial compound and may persist in the environment [52].

Contaminants can be present as solids, liquids, and gases. It may take longer compared to other treatments such as incineration, excavation, and soil removal.

Further research is needed to develop and design bioremediation technologies that are appropriate for sites with complex mixtures of contaminants that are not uniformly dispersed in the environment [24].

For the application on large areas of land, the following aspects must be taken into account in order to obtain a high yield of remediation of PAH-polluted soils:

- The physical and chemical properties of the contaminated soil: soil profile, temperature, content of clay minerals in the soil, soil-water ratio, environmental conditions, and oxygen availability.
- Microbial community, resistance and interaction, microbial diversity, PAH concentration, mass transfer, toxicity, volatility, etc. Proper optimization of these parameters is required for field-scale applications. They develop genetic and physiological adaptations. It cannot be used in the case of depollution of highly polluted soils. Due to risk assessment, earthworms may not be suitable as biomonitoring agents [198,199]. The life cycle of earthworms (feeding, secretion, metabolism, and burrows). For PAH degradation, earthworms interact with biotic and abiotic factors [198,199].
- Evaluation of the pre-treatment and post-treatment of the site contaminated with PAH, it is necessary that in this phase, the biochemical conversions of the PAH compounds are invested so that after the treatment, they are completely removed, or they are transformed into non-toxic compounds.

Phytoremediation requires time, especially in heavily and moderately contaminated areas, due to the slow growth rate and low biomass production, this is why choosing suitable plants is fundamental. In the case of phytoremediation, the polluted soil is improved, but the molecular mechanism of PAH degradation or accumulation in plants has not been studied.

Phytoremediation has a disadvantage in the depollution of large sites with PAHs due to the sensitivity to contamination, which can delay the formation of sufficient biomass to allow decomposition [175]. Due to the slow growth rate and low biomass production, it takes time in highly polluted areas [200].

Rhizome remediation is limited by the fact that there are not enough surveys for large areas. It is not possible to determine the exact time for the degradation of the organic pollutant [199,200].

Research must be continued to identify and characterize the degradative enzymes of bacterial strains [71]. The mechanism by which earthworms biodegrade polycyclic aromatic hydrocarbons in soil is not yet known [120]. There is no relationship between changes in the microbial community through earthworm activity and increased PAH removal from soil. Further research is needed to highlight the role of earthworm-induced changes in soil microbial community structure in removal [120].

Electrokinetic remediation is not effective for all types of PAHs and has poor desorption ability and low solubility [196,197].

## 6. Conclusions

Soil pollution with PAHs has a negative impact on health because the pollutants can be transferred to living organisms' health in the air and in water. A comprehensive overview of bioremediation technologies for PAH-polluted soils is needed so that the right technology for soil remediation can be chosen. The bioremediation of contaminated soils through rhizoremediation proved to be an effective process, and the future of organic pollutants in interaction with plants and microbes must be researched. Microorganisms have a higher efficiency of pollutant degradation when collected from contaminated sites because they are adapted to the pollutant environment. Vermiremediation and electrokinetic bioremediation are effective processes for treating soils in situ. Biosurfactants increase the performance of phytoremediation technology for soil treatment. Phytoremediation is a sustainable and ecological method of PAH depollution; it improves soil fertility by releasing different organic matter in the soil, and it can be applied on a large scale.

After 150 days of phytoremediation with the ornamental plants *Fire Phoenix* and *Medicago Sativa Linn*, a depollution of 99.40% and 98.11% was obtained, and the physical-chemical properties of the soil (mainly available phosphorus) and the cation exchange capacity were improved [167]. By adding a biosurfactant with a desorption and solubilization effect, at a concentration of 10%, to the gasoline-contaminated soil in which *Ludwigia octovalvis* used in soil remediation was planted, total removal of 93.5% of petroleum hydrocarbons and proliferation of bacteria were obtained from the surface of the long and fibrous root of the plant, which decomposed the pollutants (rhizodegradation) [53]. *Sudan grass*, after 20 days, had a hydrocarbon removal rate of 98% [159].

By using the *Scopulariopsis brevicauli* fungus that was isolated in a PAH pollutant after 28 days of incubation, the following bioremediation yields were obtained: benzo[a]pyrene (82%), pyrene (64%), fluoranthene (62%) and phenanthrene (89%), in liquid medium. It was observed that this fungus has a good potential for bioremediation of PAH-contaminated soil [52]. After two months of bioremediation, the removal rate of aliphatic hydrocarbons was 92%, and that of polycyclic aromatic hydrocarbons was 100% [139–141].

To remediate soils polluted with PAHs in large areas, the most effective bioremediation method must be chosen, depending on the concentration and properties of petroleum hydrocarbons, soil characteristics, the duration of contact between hydrocarbons and soil, and climatic conditions. For each bioremediation method, there are limitations and advantages, a single treatment method cannot be used, and two or more methods could be combined for better efficiency of degradation or removal of PAH from soils.

**Author Contributions:** Conceptualization: C.O.R.; methodology: C.O.R.; investigation: C.O.R. and A.M.R.; formal analysis: G.A.C., I.A.I. and A.M.R.; visualization: G.A.C., I.A.I. and A.M.R.; resources: C.O.R.; writing—review and editing: C.O.R. and A.M.R. All authors have read and agreed to the published version of the manuscript.

**Funding:** The APC was funded by Politehnica Bucharest, Romania, within the PubArt Program.

**Data Availability Statement:** Not applicable.

**Acknowledgments:** C.O.R., I.A.I., A.M.R. and G.A.C., acknowledge the project, Establishment and operationalization of a Competence Center for Soil Health and Food Safety-CeSoH, Contract no.: 760005/2022, specific project no. 1, with the title, Soil Health and Food Safety by introducing a soil remediation protocol and developing mobile remediation equipment to reduce the concentration of organic/inorganic pollutants, Code 2, financed through PNRR-III-C9-2022-I5.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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