

Correction

# Correction: Brown, R.B. Sodium Chloride, Migraine and Salt Withdrawal: Controversy and Insights. *Med. Sci.* 2021, 9, 67

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## Text Correction

There was an error in the original publication [1]. Amount of sodium was incorrectly stated as sodium chloride.

A correction has been made to Section 4. Highly Processed Food Withdrawal, Paragraph Number 1:

The minimum daily amount of sodium required by the body is 500 mg; 1500 mg of sodium is an adequate daily intake amount; increased chronic disease risk is associated with an intake of more than 2300 mg of sodium; and the average American consumes 3400 mg of sodium a day [32].

The author states that the scientific conclusions are unaffected. This correction was approved by the Academic Editor. The original publication has also been updated.

## Reference

1. Brown, R.B. Sodium Chloride, Migraine and Salt Withdrawal: Controversy and Insights. *Med. Sci.* 2021, 9, 67. [[CrossRef](#)] [[PubMed](#)]



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