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Cyclometalated and NNN Terpyridine Ruthenium Photocatalysts and Their Cytotoxic Activity

Maurizio Ballico ^{1,*}, Dario Alessi ¹, Eleonora Aneggi ¹, Marta Busato ¹, Daniele Zuccaccia ¹, Lorenzo Allegri ², Giuseppe Damante ², Christian Jandl ³ and Walter Baratta ^{1,*}

- ¹ Dipartimento di Scienze Agroalimentari, Ambientali e Animali, Università di Udine, Via Cotonificio 108, I-33100 Udine, Italy; alessi.dario@spes.uniud.it (D.A.); eleonora.aneggi@uniud.it (E.A.); marta.busato@uniud.it (M.B.); daniele.zuccaccia@uniud.it (D.Z.)
- ² Dipartimento di Medicina, Istituto di Genetica Medica, Università di Udine, Via Chiusaforte, F3, I-33100 Udine, Italy; allegri.lorenzo@spes.uniud.it (L.A.); giuseppe.damante@uniud.it (G.D.)
- ³ Department of Chemistry & Catalysis Research Center, Technische Universität München, Ernst-Otto-Fischer-Str. 1, 85748 Garching bei München, Germany; christian.jandl@tum.de
- * Correspondence: maurizio.ballico@uniud.it (M.B.); walter.baratta@uniud.it (W.B.)

Abstract: The cyclometalated terpyridine complexes [Ru(η^2 -OAc)(NC-tpy)(PP)] (PP = dppb 1, (*R*,*R*)-Skewphos 4, (*S*,*S*)-Skewphos 5) are easily obtained from the acetate derivatives [Ru(η^2 -OAc)₂(PP)] (PP = dppb, (*R*,*R*)-Skewphos 2, (*S*,*S*)-Skewphos 3) and tpy in methanol by elimination of AcOH. The precursors 2, 3 are prepared from [Ru(η^2 -OAc)₂(PPh₃)₂] and Skewphos in cyclohexane. Conversely, the NNN complexes [Ru(η^1 -OAc)(NNN-tpy)(PP)]OAc (PP = (*R*,*R*)-Skewphos 6, (*S*,*S*)-Skewphos 7) are synthesized in a one pot reaction from [Ru(η^2 -OAc)₂(PPh₃)₂], PP and tpy in methanol. The neutral NC-tpy 1, 4, 5 and cationic NNN-tpy 6, 7 complexes catalyze the transfer hydrogenation of acetophenone (S/C = 1000) in 2-propanol with NaOiPr under light irradiation at 30 °C. Formation of (*S*)-1-phenylethanol has been observed with 4, 6 in a MeOH/*i*PrOH mixture, whereas the *R*-enantiomer is obtained with 5, 7 (50–52% *ee*). The tpy complexes show cytotoxic activity against the anaplastic thyroid cancer 8505C and SW1736 cell lines (ED₅₀ = 0.31–8.53 μ M), with the cationic 7 displaying an ED₅₀ of 0.31 μ M, four times lower compared to the enantiomer 6.

Keywords: ruthenium; photocatalysis; transfer hydrogenation; cyclometalation; terpyridine; reduction; cytotoxicity

1. Introduction

The design of efficient homogeneous catalysts for selective organic transformations occurring under benign conditions is an issue of great concern for the preparation of a number of value-added products [1]. In this context, the ruthenium catalysts [RuCl(η^{6} -arene)(TsDPEN)] [2], [RuCl₂(PP)(NN)] [3–6] (PP = diphosphine, NN = diamine, amino-pyridine), developed by Noyori, have found broad applications in the asymmetric hydrogenation with H₂ [7] and transfer hydrogenation (TH) with 2-propanol of carbonyl compounds to alcohols, via bifunctional catalysis [8,9]. Conversely, the ruthenium complexes [Ru(bpy)₃]X₂ (X = Cl, PF₆), containing bpy (2,2'-bipyridine) as a non-innocent ligand, have been used in C-X (X = C, N, O) coupling reactions in the presence of light via photochemical processes [10–12]. Notably, these complexes have been sparingly described in the photoreduction of carbonyl compounds, the Ru(bpy)₃]²⁺/viologen couple has been found to reduce 2-phenyl-2-oxoethanoic acid with triethanolamine (TEOA) as a sacrificial hydrogen donor [13]. In order to achieve efficient light-activated reactions, the choice of suitable stable ligand is crucial.

The tridentate tpy (2,2':6',2"-terpyridine) ligand has been used to prepare robust photocatalysts with good conjugation between the aromatic rings and the metal [14]. Tpy

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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/license s/by/4.0/). can also behave as a mono N or bidentate NN ligand [15,16], while the cyclometalated NC mode has been barely reported for Ir [17], Zn [18], Pd [19], and Pt [20,21] complexes, and no examples have been described for ruthenium. Regarding the tpy derivatives [22,23], [RuCln(tpy)(PPh₃)_{3-n}]X_{2-n} (n = 1, 2) [24,25] and [RuCl₂(p-cymene)]₂/tpy [26] have proven to catalyze the reduction of carbonyl and aromatic nitro compounds, respectively, at a high temperature. Conversely, under irradiation, [RuCl₂(tpy)(2,2'-bisquinoline)] catalyzes the TH of NAD⁺ to NADH with HCO₂Na in water [27], [RuCl(tpy)(diphosphine)]Cl [28] catalyzes the TH of carbonyl compounds with 2-propanol, while the Ru(tpy)_{2²⁺} complexes generate hydrogen from TEOA [29,30]. Interestingly, in the electrochemical CO₂ reduction, [Ru(tpy)(bis-carbene)(MeCN)][PF₆]₂ has proven to increase the rate 10-fold upon visible light illumination via a photon-assisted electrocatalysis [31,32].

In order to develop ruthenium derivatives that can find applications in catalysis and medicine, we have isolated a number of carboxylate derivatives $[Ru(\eta^1-OAc)_2(PP)(en)]$ [33], $[Ru(\eta^2-OAc)(CO)(PP)(NN)]OAc$ [34,35], $[Ru(\eta^1-OAc)(CNN)(PP)]$ [36], which efficiently catalyze the reduction of carbonyl compounds, through a rapid Ru-OCOR carboxylate displacement. Interestingly, the complexes $[Ru(\eta^1-OAc)(CO)(PP)(phen)]OAc$ [37,38] showed high cytotoxicity against cancer cell lines and reacted with NADH as a hydrogen donor, affording Ru-H species [39] that may play a role in disturbing the cellular redox homeostasis [40–42]. It is worth noting that ruthenium carboxylates are reactive species which can be employed for the synthesis of electron reach ruthenium cyclometalated complexes via a concerted carboxylate-assisted deprotonation process [43–47], which can find applications in catalysis [48–57], photochemistry [58–60], and medicine [61,62].

Herein, we report a straightforward preparation of neutral cyclometalated [Ru(η^2 -OAc)(NC-tpy)(PP)] and cationic [Ru(η^1 -OAc)(NNN-tpy)(PP)]OAc (PP = diphosphine) terpyridine complexes starting from ruthenium acetate precursors. The derivatives containing a chiral diphosphine show asymmetric photocatalytic transfer hydrogenation of acetophenone and cytotoxic activity toward anaplastic thyroid cancer cell lines.

2. Results and Discussion

2.1. Synthesis of NC- and NNN-Terpyridine Ruthenium Complexes with Diphosphine Ligands

Treatment of the complex $[Ru(\eta^2-OAc)_2(dppb)]$ with one equiv. of tpy in methanol at 55 °C for 2 h afforded the neutral NC–terpyridine derivative $[Ru(\eta^2-OAc)(NC-tpy)(dppb)]$ (1), as yellow precipitate isolated in 74% yield, via a "rollover" cyclometalation of tpy and elimination of acetic acid (Scheme 1)



Scheme 1. Synthesis of $Ru(\eta^2-OAc)(NC-tpy)(dppb)$] (1).

The ³¹P{¹H} NMR spectrum of **1** in CD₂Cl₂ displays two doublets at δ 56.7 and 52.0 with a ²*J*(P,P) of 37.1 Hz, for the phosphorous trans to O and N atoms, respectively, as inferred from 2D ¹H-³¹P HMBC NMR spectrum (Figure S7). The signals of the H6 and H6"

tpy protons are at δ_{H} 8.61 and 8.48, and the latter upfield shifted compared to the free ligand (δ 8.69) [62] (Figure 1).



Figure 1. NMR numbering scheme of the tpy ligand in the $[Ru(\eta^2-OAc)(NC-tpy)(PP)]$ (**a**) and $[Ru(\eta^1-OAc)(NNN-tpy)(PP)]OAc$ (**b**) complexes.

In the ¹³C{¹H} NMR spectrum, the cyclometalated carbon C3' appears at δ 182.7 (²*J*(C,P) = 18.0 and 8.4 Hz), whereas the signal at δ 184.5 is attributed to the carboxylate CO group. The resonances of the C6 and C6" carbons are at δ 148.6 and 148.5, close to that of free tpy (δ 149.5) [63], whereas the C4' carbon atom of the cyclometalated pyridine is significantly downfield shifted at δ 154.5 ($\Delta\delta$ = 16.3) and coupled with a phosphorous atom (²*J*(C,P) = 3.7 Hz). The structure of **1** in the solid state was confirmed by an X-ray diffraction experiment (Figure 2).



Figure 2. ORTEP style plot of compound **1** (one out of two independent molecules) in the solid state (CCDC 2302606). Ellipsoids are drawn at the 50% probability level. Hydrogen atoms and cocrystalized solvent molecules are omitted for clarity. Selected bond lengths [Å] and angles [°]: Ru1– C7 2.026(4), Ru1–N1 2.114(3), Ru1–O1 2.231(2), Ru1–O2 2.256(3), Ru1–P1 2.2511(14), Ru1–P2 2.2709(14), C7–Ru1–N1 79.50(12), C7–Ru1–O1 105.73(11), N1–Ru1–O1 84.67(11), C7–Ru1–P1 85.82(9), N1–Ru1–P1 92.85(10), O1–Ru1–P1 167.47(6), C7–Ru1–O2 160.55(11), N1–Ru1–O2 87.21(10), O1–Ru1–O2 58.52(8), P1–Ru1–O2 109.15(6), C7–Ru1–P2 100.08(10), N1–Ru1–P2 172.82(8), O1–Ru1– P2 88.57(8), P1–Ru1–P2 94.27(6), O2–Ru1–P2 91.33(7).

Complex **1** crystallizes in a pseudo-octahedral geometry, showing a cyclometalated NC-terpyridine, a diphosphine and a chelate acetate ligand. The distortions arise from the small O1–Ru–O2 angle of the acetate (58.52(8)°), with similar Ru–O bond distances of 2.256(3) and 2.231(2) Å, not affected by the different *trans* P and C ligands. The Ru1–N1

(2.114(3) Å) and the Ru1–C7 (2.026(4) Å) lengths are in line with those of tpy [64–67], and NC-cyclometalated [65,68,69] ruthenium complexes. The X-ray analysis shows the presence of additional intramolecular π - π interactions between a phenyl group of dppb and the N-coordinated pyridine ring, in agreement with the behavior of **1** in solution with one phenyl displaying an upfield ¹H NMR signal (δ_{H} 5.93). Although the "rollover" cyclometalation of tpy, affording a bidentate NC-ligand with a pendant pyridine, has been sparingly described for Pd, Pt and Zn complexes [16,18,20,21], no examples of this type of tpy coordination at ruthenium have been reported. It is worth noting that this ruthenium C-H activation may allow for the functionalization of tpy at the 3' and 5' positions of the internal pyridine.[15].

Following the procedure described for **1**, chiral NC-terpyridine complexes have been obtained from diacetate ruthenium precursors containing chiral diphosphines. Thus, treatment of $[\text{Ru}(\eta^2-\text{OAc})_2(\text{PPh}_3)_2]$ with the (R,R)-Skewphos (1 equiv) in cyclohexane at reflux (4 h) results in the formation of the intermediate $[\text{Ru}(\eta^2-\text{OAc})_2((R,R)-\text{Skewphos})]$ (**2**) isolated in 77% yield (Scheme 2).



Scheme 2. Synthesis of the neutral [Ru(η²-OAc)(NC-tpy)(PP)] complexes.

The ³¹P{¹H} NMR spectrum of **2** in CD₃OD shows a singlet at δ_P 65.9, whereas the ¹H signal at δ_H 1.67 is for the two acetate methyl groups, in accordance with a complex of C₂ symmetry. Similarly, the enantiomer [Ru(η^2 -OAc)₂((*S*,*S*)-Skewphos)] (**3**) has been prepared from [Ru(η^2 -OAc)₂(PPh₃)₂] and (*S*,*S*)-Skewphos and isolated in 83% yield (Scheme 2).

Reaction of the precursor **2** with tpy (1 equiv) in methanol at 55 °C for 1 h results in the formation of the neutral NC-terpyridine derivative [Ru(η^2 -OAc)(NC-tpy)((*R*,*R*)-Skewphos)] (**4**), isolated in 65% yield as a single stereoisomer, as revealed by NMR analysis (Scheme 2). The ³¹P{¹H} NMR spectrum of **4** in CD₂Cl₂ shows two doublets at δ 70.6 and 54.0 with a ²*J*(P,P) value of 45.0 Hz for the phosphorous *trans* to the acetate O and N atoms, respectively (Figure S22). The resonances of the terminal H6 and H6" pyridine protons of tpy are at δ_{H} 8.63 and 8.30, the latter showing a long-range coupling with the P atom at δ_{P} 54.0. Finally, the broad singlet at δ_{C} 184.1 is for the acetate CO and the doublet of doublets at δ_{C} 182.4 with ²*J*(C,P) = 16.1, and 8.8 Hz is for the cyclometalated Ru-C3' atom. Also, in this case, the resonance of C4' is significantly downfield shifted compared to that of the free ligand ($\Delta\delta$ = 15.9)[62]. According to the procedure described for **4**, the reaction of **3** with tpy affords the acetate [Ru(η^2 -OAc)(NC-tpy)((*S*,*S*)-Skewphos)] (**5**) isolated in 70% yield (Scheme 2). Conversely, cationic chiral NNN-terpyridine complexes have been obtained through a one-pot reaction starting from $[Ru(\eta^2-OAc)_2(PPh_3)_2]$, PP and tpy, via the intermediate $[Ru(OAc)_2(PP)(PPh_3)]$ (PP = Skewphos) in a protic solvent. Thus, treatment of $[Ru(\eta^2-OAc)_2(PPh_3)_2]$ with one equivalent of (R,R)-Skewphos in MeOH at reflux for 4 h, followed by reaction with tpy, affords the derivative $[Ru(\eta^1-OAc)(NNN-tpy))((R,R)-$ Skewphos)]OAc (**6**), isolated as a single stereoisomer in 90% yield (Scheme 3).



Scheme 3. Synthesis of the cationic [Ru(η¹-OAc)(NNN-tpy)(PP)]OAc complexes.

The ³¹P{¹H} NMR spectrum of **6** in CD₃OD shows two doublets at δ 52.8 and 36.1 with ²*J*(P,P) = 39.1 Hz for the phosphorous *trans* to O and N atoms, respectively, as inferred from the ⁴*J*(H,P) long-range coupling between the terminal *ortho* H6 and H6" of tpy and the P *trans* to N, determined by a ³¹P-¹H HMBC 2D NMR experiment (Figure S30). The ¹H NMR spectrum displays the H6" proton at δ 6.82, strongly upfield shifted ($\Delta \delta$ = 1.87) compared to the free ligand, with an NOE interaction with the *ortho* phenyl protons at δ 7.05 (Figure S31). Finally, the two resonances at δc 179.9 and 178.4 are for the bound and free acetate CO groups, respectively. Similarly, the enantiomer [Ru(η^1 -OAc)(NNN-tpy)((*S*,*S*)-Skewphos)]OAc (7) has been isolated in 86% yield from [Ru(η^1 -OAc)₂(PPh₃)₂], (*S*,*S*)-Skewphos and tpy in methanol (Scheme 3). Control ³¹P{¹H} NMR experiments show that in methanol, [Ru(η^1 -OAc)₂(PPh₃)₂] reacts with (*S*,*S*)-Skewphos at reflux, affording [Ru(η^1 -OAc)((R,R)-Skewphos))(PPh₃)] as the main species, while **3** is present in a small amount (<3%) (Figure S32).

The formation of the neutral and cationic tpy chiral ruthenium complexes is summarized in Scheme 4.



Scheme 4. Pathways of the formation of the neutral and cationic tpy ruthenium complexes, with the proposed intermediates in the blue boxes.

Thus, $[Ru(\eta^2-OAc)_2(PP)]$, obtained from $[Ru(\eta^2-OAc)_2(PPh_3)_2]$ and PP in cyclohexane at reflux, reacts with tpy in methanol at 55 °C, affording the cyclometalated species $[Ru(\eta^2-OAc)(NC-tpy)(PP)]$ (PP = dppb, Skewphos). No cleavage of the Ru-C bond occurs by protonation with HOAc (3 equiv) in 2-propanol at 90 °C, whereas upon irradiation at 30 °C in methanol, the cationic derivative $[Ru(\eta^1-OAc)(NNN-tpy)(PP)]OAc$ is formed (52% of **6** from **5** in 12 h) (Figure S33). Conversely, these derivatives can be easily obtained by reaction of $[Ru(\eta^2-OAc)_2(PPh_3)_2]$ with PP and tpy in methanol, by displacement of PPh₃ and acetate (Scheme 4). Thus, the facile metalation of the species $[Ru(\eta^2-OAc)_2(PP)]$ with tpy, compared to $[Ru(\eta^1-OAc)(\eta^2-OAc)(PP)(PPh_3)]$, clearly indicates that the C-H cleavage, which requires a free coordination site, is prevented by the presence of a coordinated triphenylphosphine. It is worth noting that the acetate ligand plays a noninnocent role stabilizing coordinatively unsaturated intermediate species and acting as a weak base for the C-H bond activation, with the solvent (cyclohexane vs. methanol) strongly affecting the resulting products.

2.2. TH of Acetophenone Photocatalyzed by Tpy Ruthenium Complexes.

Complexes 1 and 4–7 (S/C = 1000) with NaO*i*Pr have been found to be active in the TH of acetophenone at 30 °C under light irradiation using a solar simulator (Scheme 5), whereas 2, 3, which do not contain tpy, show no activity. The reactions were carried out using 2-propanol as the only hydrogen donor, without sacrificial agents (e.g., triethanolamine) and with no addition of photosensitizers.



Scheme 5. Photocatalytic transfer hydrogenation of acetophenone

The cyclometalated **1** photocatalyzes the TH of acetophenone (0.1 M) in 2-propanol with NaO*i*Pr (2 mol %) at 30 °C, affording 93% conversion into 1-phenylethanol in 18 h and with TOF of 83 h⁻¹ (entry 1 of Table 1), whereas in the dark, **1** is completely inactive, affording no significant formation of alcohol (< 2 %) at reflux temperature.

Table 1. Photocatalytic TH of acetophenone (0.1 M) with **1**, **4**-**7** (S/C = 1000) at 30 °C in the presence of 2 mol% NaO*i*Pr.

Entry	Complex	Solvent	Time ª (h)	Conv. ^b (%)	TOF50 c	ee ^b
					(h-1)	(%)
1	1	iPrOH	18	93	83	rac
2	4	iPrOH	16	96	81	rac
3	4	<i>i</i> PrOH/MeOH (1:1)	32	93	47	52 <i>S</i>
4	5	iPrOH	18	95	85	rac
5	5	<i>i</i> PrOH/MeOH (1:1)	34	91	40	50 R
6	6	iPrOH	9	97	136	rac
7	6	iPrOH/MeOH (1:1)	28	92	56	51 <i>S</i>
8	7	iPrOH	9	99	140	rac
9	7	<i>i</i> PrOH/MeOH (1:1)	28	94	51	52 R

^a Irradiation hours. ^b The conversions and ee were determined by GC analysis. ^c Turnover frequency (moles of ketone converted to alcohol per mole of catalyst per hour) at 50% conversion.

With the chiral derivative **4**, acetophenone is quantitatively reduced in 2-propanol in 16 h to the alcohol racemate (TOF = 81 h⁻¹, entry 2), whereas in an *i*PrOH/MeOH mixture (1/1 in volume), (*S*)-1-phenylethanol (93% conv.) is formed with 52% *ee* (TOF = 47 h⁻¹, entry 3). Conversely, the enantiomer **5** gives (*R*)-1-phenylethanol (91% conv) with 50% *ee* in the *i*PrOH/MeOH mixture, whereas a racemic mixture is obtained in 2-propanol (entries 5 and 4). The cationic NNN–ruthenium complexes **6** and **7** afford 97 and 99% conversion of acetophenone in 9 h with TOF = 136 and 140 h⁻¹, respectively (entries 6 and 8). By employment of the *i*PrOH/MeOH (1/1) mixture, **6** affords (*S*)-1-phenylethanol (92% conv) with 51% *ee* after 28 h of irradiation, while 7 gives the *R*-alcohol with 52% *ee* and 94% conv. (entries 7 and 9). An effect of the media on the catalytic asymmetric reduction of ketones with ruthenium catalysts has been described, resulting in some cases in an inversion of enantioselectivity by changing the polarity and bulkiness of the solvent [4,70]. It is worth noting that no reductive pinacol coupling of acetophenone has been observed upon irradiation in the presence of these tpy ruthenium complexes in basic 2-propanol.[71]

Control experiments show that the neutral NC and cationic NNN complexes **5** and **7** are active only upon irradiation showing an "on/off" behavior and that the conversion follows a zero-order kinetic with respect to the substrate (Figure 3).

The comparison of the activity of the neutral **5** with the cationic **7** complexes, which show much the same *ee* values in the TH of acetophenone and a faster rate for **7** with respect to **5**, suggests that the catalysis occurs via similar NNN active species (Scheme 6). NMR experiments show that **7** reacts with NaO*i*Pr (3 equiv) in 2-propanol-*d*⁸ at RT, under irradiation (30 min), affording the red-orange alkoxide [Ru(O*i*Pr)(NNN-tpy)((*S*,*S*)-Skewphos)](O*i*Pr) (**a**) species (δ_P 50.5 and 38.4 with ²*J*(P,P) = 35.2 Hz) [28] (Scheme 6, Figure S36). Further irradiation (> 2 h) leads to the brown mono hydride [RuH(NNN-tpy)((*S*,*S*)-Skewphos)](O*i*Pr) (**b**), as the main product, via a light-induced β -hydrogen elimination (Scheme 6). The same hydride species **b** has been observed in the reaction of **5** with NaO*i*Pr (3 equiv) in 2-propanol/toluene-*d*⁸ upon irradiation (6 h), while in the dark, the hydride complex is not formed (Figure S37).



Figure 3. Photocatalytic TH of acetophenone (0.1 M) in *i*PrOH/MeOH (1/1 in volume) with the NC and NNN complexes **5** and **7** at S/C = 1000 and NaO*i*Pr (2 mol%) at 30 °C, over time, with or without light irradiation.



Scheme 6. Proposed mechanism for the photocatalytic TH of carbonyl compounds promoted by **4**-7, via the [RuX(NNN-tpy)((*S*,*S*)-Skewphos)](O*i*Pr) (X = O*i*Pr **a**, H **b**, OCH(Me)Ph **c**).

Based on these results, it is likely that with the NNN-tpy complexes, the photocatalytic TH occurs through the substitution of the coordinated acetate induced by light, affording the isopropoxide species **a**. Subsequently, the hydride **b** is formed via a light-driven β -*H*-elimination, which may occur through displacement of a pyridine moiety, with acetone extrusion [72]. The insertion of acetophenone into the Ru-H bond affords the alkoxide **c** that reacts with 2-propanol, leading to 1-phenylethanol and the isopropoxide **a** (Scheme 6). Conversely, the use of the cyclometalated NC-tpy derivatives requires the conversion to NNN species. The asymmetric TH of acetophenone with the NC and NNN-tpy ruthenium complexes **4–7** indicates that this reduction takes place

through a well-defined and robust chiral photocatalyst, without release of the N and P ligands.

2.3. Effects of Ruthenium Complexes on Cell Viability in ATC Cell Lines.

Anaplastic thyroid cancer (ATC), while rare, remains one of the deadliest cancers known, showing a median overall survival of 3 months [73]. The lack of a standardized treatment protocol for the therapy of this type of neoplasm has resulted in a strong pressure to search for new therapeutic approaches in the cure of this cancer. Several therapeutic strategies were thus developed, ranging from more classical methods such as inhibition of cyclin-dependent kinases [74], to more innovative ones including the use of epigenetic drugs [75–77]. However, so far, all efforts made in the search for new molecules that can counteract the very high mortality of ATC have often been thwarted by the relative ease with which cancer cells are able to gain drug resistance. For these reasons, the development of new molecules that can increase ATC treatment options is crucial in an effort to extend the life expectancy. A preliminary assessment of the effects of the compounds under consideration involved studying their effectiveness in terms of cell viability. In order to evaluate the antitumor efficacy of ruthenium compounds, they were administered to ATC cells (SW1736 and 8505C) and to a non-tumorigenic thyroid cell line (Nthy-ori 3-1) at increasing doses, and an MTT assay was performed. Once the effects in terms of cell viability were observed, the effective dose 50 (ED₅₀) was calculated by interpolation of the scatter plot curve (dose/effect). The two lines of ATC were similarly sensitive to each of the compounds tested, with the ED₅₀ spanning from 0.3 to 8 μ M, calculated at a 72 h time point (Table 2).

	ED50			
Complex	SW1736 (µM)	8505C (μM)	Nthy-ori 3-1 (µM)	
1	8.53 ± 0.98	7.73 ± 1.02	10.59 ± 1.28	
4	2.18 ± 0.16	1.95 ± 0.23	3.88 ± 0.31	
5	2.11 ± 011	2.06 ± 0.26	4.18 ± 0.09	
6	1.39 ± 0.14	1.88 ± 0.21	4.38 ± 0.13	
7	0.31 ± 0.11	0.75 ± 0.09	4.85 ± 0.17	
[RuCl(NNN-tpy)((R,R)-Skewphos)]Cl [28]	3.36 ± 0.42	4.57 ± 0.53	6.91 ± 0.62	
[RuCl(NNN-tpy)((<i>S,S</i>)-Skewphos)]PF ₆ [28]	2.63 ± 0.14	2.25 ± 0.17	7.21 ± 0.74	
Cisplatin	6.40 ± 1.54	5.20 ± 1.82	11.28 ± 0.96	

Table 2. ED₅₀ values (μ M ± SD) calculated from MTT test for the complexes **1**, **4–7** and cisplatin on ATC cell lines and nontumorigenic thyroid cells (Nthy-ori 3-1) after 72 h.

Overall, all tested compounds proved less effective at reducing the cell viability of nontumorigenic cells. This is evidenced by the fact that ED₅₀ in Nthy-ori 3-1 cells was consistently higher than that of SW1736 and 8505C, with increases ranging from 1.4- to 16-fold. Interestingly, compound 7 showed the highest difference between effects in ATC lines and nontumorigenic cells (Table 2). The neutral complexes **1**, **4** and **5** show moderate cytotoxicity, with the Skewphos derivatives being more efficient with respect to the dppb one, but no effect of chirality has been observed. For the cationic complexes, **7** bearing (*S*,*S*)-Skewphos displays a cytotoxicity (ED₅₀ = 0.31 µM) four times higher with respect to its enantiomer **6** (ED₅₀ = 1.39 µM). In addition, the related chloride [RuCl(NNN-tpy))((*S*,*S*)-Skewphos)]PF₆ shows a higher ED₅₀ value of 2.63 µM, indicating that the cell viability depends on the chirality of the complex and the nature of the anionic ligand, with the acetate derivative being more cytotoxic with respect to the chloride one. These chiral tpy acetate compounds show ED₅₀ 2 to 20 times lower than cisplatin, confirming that these

derivatives are more efficient than the classical chemotherapy agents in reducing cell viability in ATC cells. Viability effects were also observed on a non-tumor line, although they were significantly less relevant than in ATC cells. Analysis of cell viability alone is not sufficient to formulate hypotheses about the mechanism of action of these molecules, but it is presumable that they act at the level of the cell cycle or cell proliferation. For this reason, noncancer cells also experience their effects even if attenuated, since, as an in vitro model, they are immortalized and subject to a high rate of cell proliferation. The present data on ruthenium compounds on cell viability should be considered as the first step, as well as the starting point of further, more specific and more in-depth studies, aimed at evaluating other biological effects (cell aggressiveness, change in gene expression pattern) as well. Despite the preliminary nature of the results, the evidence of greater efficacy of these compounds than cisplatin is a very encouraging indication, especially considering that one of the main problems in the management of ATC is the high growth rate of this tumor, which makes blocking proliferation necessary as a first approach before enacting more targeted therapies. In addition, the lower ED50 of the compounds here investigated compared with cisplatin could suggest the use at lower doses, thus limiting the known adverse effects.

3. Materials and Methods

3.1. General Experimental Information

All reactions were carried out under an argon atmosphere using standard Schlenk techniques. The solvents were carefully dried by standard methods and distilled under argon before use. The ruthenium complexes [RuCl2(PPh3)3],[78] [RuCl2(dppb)(PPh3)][79] and $[Ru(\eta^2-OAc)_2(dppb)][80]$ were prepared according to the literature procedures, whereas all other chemicals were purchased from Merck and Strem and used without further purification. NMR measurements were recorded on an Avance III HD NMR 400 spectrometer. Chemical shifts (ppm) are relative to TMS for ¹H and ¹³C{¹H}, whereas H_3PO_4 was used for ${}^{31}P{}^{1}H$. The atom-numbering scheme for the NMR assignment of the terpyridine ligand in the ruthenium complexes is presented in Figure 1. Elemental analyses (C, H, N) were carried out with a Carlo Erba 1106 analyzer, whereas GC analyses were performed with a Varian CP-3380 gas chromatograph equipped with a 25 m length MEGADEX-ETTBDMS- β chiral column, with hydrogen (5 psi) as the carrier gas and flame ionization detector (FID). The injector and detector temperature was 250 °C, with initial T = 95 °C ramped to 140 °C at 3 °C/min for a total of 20 min of analysis. The tr of acetophenone was 7.55 min, while the $t_{\mathbb{R}}$ of (*R*)- and (*S*)-1-phenylethanol was 10.49 min and 10.71 min, respectively.

3.2. *Experimental Synthetic Procedure and Characterization Data for Ruthenium Complexes* Synthesis of [Ru(η²-OAc)(NC-tpy)(dppb)] (1).

[Ru(η^2 -OAc)(dppb)] (100.0 mg, 0.155 mmol) and tpy (37.0 mg, 0.159 mmol, 1.02 equiv) were dissolved in methanol (5 mL) and stirred at 55 °C for 2 h until a yellow precipitate was formed. The solid was filtered, washed with methanol (1 mL) and *n*-pentane (5 × 5 mL) and dried under reduced pressure. Yield: 93.9 mg (74%). Elemental analysis calcd (%) for C₄5H₄₁N₃O₂P₂Ru (818.86): C 66.01, H 5.05, N 5.13; found: C 65.95, H, 5.10, N 5.20. ¹H NMR (400.1 MHz, CD₂Cl₂, 25 °C): δ 8.61 (dd, ³*J*(H,H) = 5.0 Hz, ⁴*J*(H,H) = 1.8 Hz, 1H; tpy (H6")), 8.52 (d, ³*J*(H,H) = 8.0 Hz, 1H; tpy (H3")), 8.48 (br d, ³*J*(H,H) = 5.8 Hz, 1H; tpy (H6)), 8.11 (br t, ³*J*(H,H) = 7.4 Hz, 2H; Ph), 7.94 (d, ³*J*(H,H) = 1.7 Hz, 1H; tpy (H3")), 7.85 (t, ³*J*(H,H) = 8.2 Hz, 2H; Ph), 7.81 (td, ³*J*(H,H) = 7.6 Hz, ⁴*J*(H,H) = 1.7 Hz, 1H; tpy (H4")), 7.63–7.57 (m, 3H; Ph), 7.56–7.43 (m, 4H; Ph and tpy (H5'), (H4), (H4')), 7.38 (td, ³*J*(H,H) = 7.4 Hz, ⁴*J*(H,H) = 1.8 Hz, 2H; Ph), 7.32–7.27 (m, 3H; Ph), 7.26–7.19 (m, 3H; Ph and tpy (H5")), 6.96 (t, ³*J*(H,H) = 6.1 Hz, 1H; tpy (H5)), 6.79 (td, ³*J*(H,H) = 7.5 Hz, ⁴*J*(H,H) = 1.3 Hz, 1H; Ph), 6.56 (td, ³*J*(H,H) = 7.8 Hz, ⁴*J*(H,H) = 2.1 Hz, 2H; Ph), 5.93 (t, ³*J*(H,H) = 8.4 Hz, 2H; Ph), 3.03 (*pseudo*-q, *J* = 13.0 Hz, 1H; PCH₂), 2.56 (tt, *J*(H,P) = 13.6 Hz, *J*(H,H) = 3.1 Hz, 1H;

PCH₂), 2.41–1.78 (m, 4H; PCH₂CH₂), 1.65–1.46 (m, 1H; CH₂), 1.22 (s, 3H; CH₃CO). ¹³C{¹H} NMR (100.6 MHz, CD₂Cl₂, 25 °C): δ 184.5 (s; COCH₃), 182.7 (dd, ²*J*(C,P) = 18.0 Hz, ²*J*(C,P) = 8.4 Hz; tpy (C3')-Ru), 163.7 (s; *ipso* tpy (C2)), 163.0 (s; *ipso* tpy (C2')), 158.5 (s; *ipso* tpy (C2'')), 154.5 (d, ³*J*(C,P) = 3.7 Hz; tpy (C4')), 148.6 (br s; tpy (C6'')), 148.5 (br s; tpy (C6)), 147.0 (s; *ipso* tpy (C6')), 140.6 (d, ¹*J*(C,P) = 34.0 Hz; *ipso*-Ph), 139.4 (d, ¹*J*(C,P) = 43.7 Hz; *ipso*-Ph), 136.4 (s; tpy (C4''), 135.5 (s; tpy (C4), 134.6-126.4 (m; Ph), 122.1 (d, ⁴*J*(C,P) = 2.3 Hz; tpy (C5), 122.0 (s; tpy (C5''), 119.9 (s; tpy (C3)), 119.4 (s; tpy (C3'')), 117.2 (s; tpy (C5'), 30.6 (d, ¹*J*(C,P) = 25.4 Hz; PCH₂), 27.5 (d, ¹*J*(C,P) = 30.7 Hz; PCH₂), 25.7 (br s; CH₂), 24.1 (s; OCOCH₃), 22.2 (br s; CH₂). ³¹P{¹H} NMR (162.0 MHz, CD₂Cl₂, 25 °C): δ 56.7 (d, ²*J*(P,P) = 37.1 Hz), 52.0 (d, ²*J*(P,P) = 37.1 Hz).

Synthesis of $[Ru(\eta^2-OAc)_2((R,R)-Skewphos)]$ (2).

[Ru(η^2 -OAc)(PPh₃)₂] (200.0 mg, 0.268 mmol) and (*R*,*R*)-Skewphos (120.8 mg, 0.274 mmol, 1.02 equiv) were suspended in cyclohexane (10 mL) and stirred at reflux for 4 h until a yellow solution was formed. The solvent was removed under reduced pressure, and *n*-heptane (10 mL) was added to the residue. The suspension was stirred at room temperature for 1 h then kept at –20 °C until a dark yellow precipitate was formed. The solid was filtered, washed with diethyl ether (2 × 2 mL) and *n*-heptane (3 × 5 mL) and dried under reduced pressure. The compound is air-sensitive and must be stored under inert gas. Yield: 136.6 mg (77%). Elemental analysis calcd (%) for C₃₃H₃₆O₄P₂Ru (659.66): C 60.09, H 5.50; found: C 60.15, H 5.45. ¹H NMR (400.1 MHz, CD₃OD, 25 °C): δ 7.99–6.94 (m, 20H; aromatic protons), 3.06–2.94 (m, 2H; PCHCH₃), 2.04 (tt, ³*J*(H,H) = 20.6 Hz, ³*J*(H,P) = 5.2 Hz, 2H; CHCH₂), 1.67 (s, 6H; OCOCH₃), 0.95 (dd, ³*J*(H,P) = 13.3 Hz, ³*J*(H,H) = 6.9 Hz, 6H; PCHCH₃). ¹³C{¹H} NMR (100.6 MHz, CD₃OD, 25 °C): δ 186.0 (br s; RuOCOCH₃), 137.2 (d, ¹*J*(C,P) = 10.3 Hz; *ipso*-Ph), 135.1–126.7 (m; aromatic carbon atoms), 36.4 (t, ²*J*(C,P) = 4.8 Hz; CHCH₂), 26.3 (*pseudo*-t, *J*(C,P) = 16.5 Hz; PCHCH₃), 23.3 (s; OCOCH₃), 16.3 (br s; PCHCH₃). ³¹P{¹H} NMR (162.0 MHz, CD₃OD, 25 °C): δ 65.9 (s).

Synthesis of $[Ru(\eta^2-OAc)_2((S,S)-Skewphos)]$ (3).

Complex **3** was prepared following the procedure used for **2** employing (*S*,*S*)-Skewphos (120.8 mg, 0.274 mmol, 1.02 equiv) in place of (*R*,*R*)-Skewphos. Yield: 148.0 mg (83%). Elemental analysis calcd (%) for $C_{33}H_{36}O_4P_2Ru$ (659.66): C 60.09, H 5.50; found: C 60.01, H 5.54. NMR data of **3** were identical to those of the enantiomer **2**.

Synthesis of $[Ru(\eta^2-OAc)(NC-tpy)((R,R)-Skewphos)]$ (4).

 $[Ru(\eta^2-OAc)_2((R,R)-Skewphos)]$ (2) (100.0 mg, 0.152 mmol) and tpy (36.5 mg, 0.156 mmol, 1.03 equiv) were dissolved in methanol (4 mL) and stirred at 55 °C for 1 h until a dark red solution was formed. The solvent was removed under reduced pressure and the residue was dissolved in diethyl ether (2 mL). The mixture was filtered to eliminate 6 that formed as a red product in a small amount. The orange solution was concentrated under reduced pressure to almost 0.5 mL, and n-heptane (5 mL) was added. The suspension was kept at -20 °C until a yellow precipitate was formed. The solid was filtered, washed with *n*-heptane (2 × 2 mL) and *n*-pentane (2 × 3 mL) and dried under reduced pressure. Yield: 82.0 mg (65%). Elemental analysis calcd (%) for C46H43N3O2P2Ru (832.89): C 66.34, H 5.20, N 5.05; found: C 66.25, H 5.15, N 4.96. ¹H NMR (400.1 MHz, CD₂Cl₂, 25 °C): δ 8.63 (d, ³*J*(H,H) = 4.2 Hz, 1H; tpy (H6")), 8.45 (d, ³*J*(H,H) = 8.0 Hz, 1H,; tpy (H3")), 8.30 (d, ³*J*(H,H) = 5.4 Hz, 1H; tpy (H6)), 8.10 (d, ${}^{3}J$ (H,H) = 8.1 Hz, 1H; tpy (H4')), 7.92 (d, ${}^{3}J$ (H,H) = 8.1 Hz, 1H; tpy (H3)), 7.82 (td, ³*J*(H,H) = 7.8 Hz, *J*(H,H) = 1.6 Hz, 1H; tpy (H4")), 7.73–7.65 (m, 2H; Ph), 7.70 (d, ³*J*(H,H) = 8.1 Hz, 1H; tpy (H5')), 7.62–7.47 (m, 3H; Ph and tpy (H4)), 7.45–7.29 (m, 12H; Ph), 7.28–7.23 (m, 1H; tpy (H5")), 7.03 (t, ³J(H,H) = 6.2 Hz, 1H; tpy (H5)), 6.94 (t, ³*J*(H,H) = 7.2 Hz, 1H; Ph), 6.58 (td, ³*J*(H,H) = 7.9 Hz, ⁴*J*(H,H) = 1.5 Hz, 2H; Ph), 6.18 (t, ³*J*(H,H) = 8.2 Hz, 2H; Ph), 3.52–3.39 (m, 1H; PCHCH₃), 2.58–2.46 (m, 1H; PCHCH₃), 2.43–2.27 (m, 1H; CHCH₂), 1.89 (dddd, ${}^{2}J$ (H,H) = 32.4 Hz, ${}^{3}J$ (H,P) = 29.0 Hz, ${}^{3}J$ (H,H) = 14.4 Hz, ${}^{3}J$ (H,P) = 3.0 Hz, 1H; CHCH₂), 1.55 (s, 3H; OCOCH₃), 1.52 (dd, ³*J*(H,H) = 12.5 Hz, ³*J*(H,H) = 7.5 Hz, 3H; CHCH₃), 0.85 (dd, ³*J*(H,H) = 11.2 Hz, ³*J*(H,H) = 7.0 Hz, 3H; CHCH₃). ¹³C{¹H} NMR (100.6

MHz, CD₂Cl₂, 25 °C): δ 184.1 (s; RuOCOCH₃), 182.4 (dd, ²*J*(C,P) = 16.1 Hz, ²*J*(C,P) = 8.8 Hz; tpy (C3')-Ru), 163.6 (s; *ipso* tpy (C2)), 162.6 (s; *ipso* tpy (C2')), 158.5 (s; *ipso* tpy (C2'')), 154.1 (d, ³*J*(C,P) = 3.7 Hz; tpy (C4')), 148.8 (br s; tpy (C6'')), 148.6 (br s; tpy (C6)), 146.9 (s; *ipso* tpy (C6')), 143.9 (d, ¹*J*(C,P) = 35.2 Hz; *ipso*-Ph), 136.4 (s; tpy (C4''), 135.7 (s; tpy (C4), 134.9–126.4 (m; Ph), 122.6 (d, ⁴*J*(C,P) = 2.3 Hz; tpy (C5), 121.9 (s; tpy (C5''), 120.3 (s; tpy(C3)), 119.3 (s; tpy (C3'')), 117.7 (s; tpy(C5'), 38.5 (t, ²*J*(C,P) = 6.2 Hz; CHCH₂), 33.3 (d, ¹*J*(C,P) = 24.9 Hz; PCHCH₃), 25.1 (s; OCOCH₃), 20.6 (dd, ¹*J*(C,P) = 31.5 Hz, ³*J*(C,P) = 5.1 Hz; PCHCH₃), 19.3 (d, ²*J*(C,P) = 6.6 Hz; PCHCH₃), 18.0 (br s; PCHCH₃). ³¹P{¹H} NMR (162.0 MHz, CD₂Cl₂, 25 °C): δ 70.6 (d, ²*J*(P,P) = 45.0 Hz), 54.0 (d, ²*J*(P,P) = 45.0 Hz).

Synthesis of $[Ru(\eta^2-OAc)(NC-tpy)((S,S)-Skewphos)]$ (5).

Complex **5** was prepared following the procedure used for **4**, employing [Ru(η^2 -OAc)₂((*S*,*S*)-Skewphos)] (**3**) (100.0 mg, 0.152 mmol) in place of **2**. Yield: 88.0 mg (70%). Elemental analysis calcd (%) for C₄₆H₄₃N₃O₂P₂Ru (832.89): C 66.34, H 5.20, N 5.05; found: C 66.27, H 5.18, N 5.06. NMR data of **5** were identical to those of the enantiomer **4**.

Synthesis of $[Ru(\eta^1-OAc)(NNN-tpy)((R,R)-Skewphos)]OAc$ (6).

[Ru(η²-OAc)₂(PPh₃)₃] (100.0 mg, 0.134 mmol) and (R,R)-Skewphos (60.4 mg, 0.137 mmol, 1.02 equiv) were suspended in methanol (5 mL) and stirred at reflux for 4 h. The dark yellow solution was cooled at RT and concentrate at almost 2 mL under reduced pressure. Tpy (32.0 mg, 0.137 mmol, 1.02 equiv) was added, and the mixture was heated at reflux for 1 h until a dark red solution was formed. The addition of diethyl ether (10 mL) afforded the precipitation of the complex as a red-orange solid that was filtered, washed with of diethyl ether (5 × 10 mL), n-pentane (2 × 10 mL) and dried under reduced pressure. Yield: 108 mg (90%). Elemental analysis calcd (%) for C48H47N3O4P2Ru (892.94): C 64.57, H 5.31, N 4.71; found: C 64.55, H 5.25, N 4.66. ¹H NMR (400.1 MHz, CD₃OD, 25 °C): 8 8.86 (d, ³*J*(H,H) = 5.6 Hz, 1H; tpy (H6)), 8.29 (d, ³*J*(H,H) = 7.9 Hz, 1H; tpy (H3')), 8.10– 8.02 (m, 2H; tpy (H3") and (H4')) 8.01-7.91 (m, 3H; tpy (H3), (H4), (H5')), 7.82 (br t, ³J(H,H) = 7.8 Hz, 1H; Ph), 7.74-7.65 (m, 3H; Ph and (H4")), 7.48 (td, ³/(H,H) = 7.6 Hz, ⁴/(H,H) = 1.4 Hz, 1H; Ph), 7.43-7.24 (m, 7H; Ph and tpy (H5)), 7.15 (m, 2H; Ph), 7.09 (td, ³J(H,H) = 7.9 Hz, ⁴*J*(H,H) = 2.2 Hz, 2H; Ph), 7.05 (t, ³*J*(H,H) = 8.1 Hz, 2H; Ph), 6.93 (td, ³*J*(H,H) = 8.0 Hz, ⁴*J*(H,H) = 2.2 Hz, 2H; Ph), 6.87 (ddd, ³/(H,H) = 7.3 Hz, ⁴/(H,H) = 5.9 Hz, ⁵/(H,H) = 1.1 Hz, 1H; tpy (H5")), 6.82 (d, ³*J*(H,H) = 5.6 Hz, 1H; tpy (H6")), 6.39 (t, ³*J*(H,H) = 8.1 Hz, 2H; Ph), 3.99-3.85 (m, 1H; PCHCH₃), 2.81 (qt, ²*J*(H,H) = 15.2 Hz, ³*J*(H,H) = 3.9 Hz; 1H; CHCH₂), 2.68-2.56 (m, 1H; PCHCH₃), 2.31-2.05 (m, 1H; CHCH₂), 1.92 (s, 3H; OCOCH₃), 1.55 (dd, ³J(H,P) = 12.4 Hz, ³*J*(H,H) = 7.6 Hz, 3H; CHCH₃), 1.30 (s, 3H; RuOCOCH₃), 0.60 (dd, ³*J*(H,P) = 12.0 Hz, ³*I*(H,H) = 6.8 Hz, 3H; CHCH₃). ¹³C{¹H} NMR (100.6 MHz, CD₃OD, 25 °C): δ 179.9 (s; RuOCOCH₃), 178.4 (s; OCOCH₃), 160.5 (d, ³J(C,P) = 2.2 Hz; *ipso* tpy (C2)), 159.2 (d, ³J(C,P) = 2.9 Hz; tpy (C6)), 158.6 (d, ${}^{3}J(C,P)$ = 2.9 Hz; *ipso* tpy (C2')), 157.8 (s; *ipso* tpy (C2''), 155.5 (s; tpy (C6")), 155.4 (s; *ipso* tpy (C6')), 141.6 (d, ¹J(C,P) = 35.9 Hz; ipso Ph), 138.0 (s; tpy (C4")), 137.5 (s; tpy (C4)), 137.2 (s; tpy (C4')), 136.4-126.8 (m; Ph), 126.0 (s; tpy (C5)), 125.3 (s; tpy (C5")), 123.5 (s; tpy (C5')), 122.3 (s; tpy (C3")), 122.2 (s; tpy (C3)), 121.5 (s; tpy (C3'), 37.0 (t, ²*J*(C,P) = 5.9 Hz; CHCH₂), 32.4 (d, ¹*J*(C,P) = 22.7 Hz; PCHCH₃), 23.8 (d, ⁴*J*(C,P) = 3.7 Hz; RuOCOCH₃), 22.5 (s; OCOCH₃), 20.1 (dd, ¹*J*(C,P) = 28.2 Hz, ³*J*(C,P) = 4.8 Hz; PCHCH₃), 18.1 (d, ²*J*(C,P) = 5.9 Hz; PCHCH₃), 16.9 (br s; PCHCH₃). ³¹P{¹H} NMR (162.0 MHz, CD₃OD, 25 °C): δ 52.8 (d, ²*J*(P,P) = 39.1 Hz), 36.1 (d, ²*J*(P,P) = 39.1 Hz).

Synthesis of $[Ru(\eta^1-OAc)(NNN-tpy)((S,S)-Skewphos)]OAc (7)$.

Complex 7 was prepared following the procedure used for **6** employing (*S*,*S*)-Skewphos (60.4 mg, 0.137 mmol, 1.02 equiv) in place of (*R*,*R*)-Skewphos. Yield: 103.0 mg (86%). Elemental analysis calcd (%) for C₄₈H₄₇N₃O₄P₂Ru (892.94): C 64.57, H 5.31, N 4.71; found: C 64.59, H 5.34, N 4.76. NMR data of 7 were identical to those of the enantiomer **6**.

3.3. Typical Procedure for the Photocatalytic TH of Acetophenone.

The ruthenium catalyst solution used for the photocatalytic TH was prepared by dissolving the complexes **1**, **4-7** (0.02 mmol) in 2-propanol (5 mL). The catalyst solution (250 μ L, 1.0 μ mol) and a 0.1 M solution of NaO*i*Pr (200 μ L, 20 μ mol) in 2-propanol were added subsequently to the acetophenone solution (1.0 mmol) in 2-propanol or a 2-propanol/MeOH (1:1 v/v) mixture (final volume 10 mL). The resulting solutions were stirred in a thermostated water bath at 30 °C. Irradiation of the samples was carried out using a 300 W Xenon Arc Lamp (LSB530A, LOT-Oriel, Darmstadt, Germany), emitting in the range 200-2500 nm (solar simulator). Samples were purged with Ar at least 15 min before irradiation. The reaction was sampled by removing an aliquot of the reaction mixture, which was quenched by the addition of diethyl ether (1:1 v/v), filtered over a short silica pad and submitted to GC analysis. The base addition was considered as the start time of the reaction. The S/C molar ratio was 1000/1, whereas the base concentration was 2 mol% with respect to the ketone substrate (0.1 M).

3.4. Cytotoxicity Assays

3.4.1. Cell Lines:

In this study, we used two different human anaplastic thyroid cancer cell lines (SW1736 and 8505C) and a non-tumorigenic thyroid cell line (Nthy-ori 3-1) that were grown as previously described [81]. All cell lines have been validated by short tandem repeat and tested for being mycoplasma-free. Cells were grown in RPMI 1640 medium (EuroClone, Milan, Italy) supplemented with 10% fetal bovine serum (Gibco Invitrogen, Milan, Italy), 2 mM L-glutamine (EuroClone, Milan, Italy), and 50 mg/mL gentamicin (Gibco Invitrogen, Milan, Italy). Cells were maintained in a humidified incubator (5% CO₂, 37 °C).

3.4.2. MTT Cell Viability Assay:

In order to test cell viability, we applied the methylthiazolyldiphenyl-tetrazolium bromide (MTT) assay as previously described [82]. SW1736, 8505C and Nthy-ori 3-1cells (3000 cells/well) were plated onto 96-well plates in 200 μ L medium/well and were allowed to attach to the plate for 24 h (t₀). Plates were then treated either with DMSO or with each of the different compounds at different concentrations for 72 h. Then, 4 mg/mL MTT (Merck, Darmstadt, Germany) was added to the cell medium, and cells were cultivated for another 4 h in the incubator. The supernatant was removed, 100 μ L/well of DMSO (Merck, Darmstadt, Germany) was added, and the absorbance at 570 nm was measured. All experiments were run sixfold and cell viability was expressed as a fold change compared to control. ED₅₀ was calculated by interpolation of the scatter plot obtained by crossing each dose with its own observed effect.

3.5. X-ray Crystallography

Single crystals of the complex **1** were obtained by slow cooling of a concentrated solution of the species in CH₂Cl₂/heptane. X-ray diffraction data were collected on a Bruker D8 Venture single crystal x-ray diffractometer equipped with a CPAD detector (Bruker Photon II), an IMS microsource with MoK_{α} radiation (λ = 0.71073 Å) and a Helios optic using the APEX3 Version 2019-1.0 software package. For additional details about collection and refining of data, see the Supporting Information. CCDC 2302606 contains the supplementary crystallographic data for this paper. These data are provided free of charge by The Cambridge Crystallographic Data Centre.

4. Conclusions

In summary, we have reported a straightforward preparation of a rare example of NC-cyclometalated terpyridine complexes $[Ru(\eta^2-OAc)(NC-tpy)(PP)]$ (PP = dppb, Skewphos) from the acetate compounds $[Ru(\eta^2-OAc)_2(PP)]$ and tpy, the chiral derivatives being isolated as single stereoisomers. Conversely, the cationic NNN-terpyridine

derivatives [Ru(η^1 -OAc)(Skewphos)(NNN-tpy)]OAc are prepared from [Ru(η^2 -OAc)₂(PPh₃)₂], Skewphos and tpy. The neutral NC-tpy and the cationic NNN-tpy complexes catalyze the transfer hydrogenation of acetophenone under light irradiation at 30 °C and with an enantioselectivity of 50-52% with the chiral phosphine and using an *i*PrOH/MeOH mixture. The tpy complexes have proven to be cytotoxic against the anaplastic thyroid cancer 8505C and SW1736 cell lines, with ED₅₀ values ranging from 0.31 to 8.53 µM. The NNN-tpy derivative with (*S*,*S*)-Skewphos displays an ED₅₀ = 0.31 µM, four times higher compared to its enantiomer. Further studies are ongoing to broaden the chemistry of chiral ruthenium complexes based on polypyridine and phosphine ligands for photocatalytic transformations and for their use as metallodrugs.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/molecules29092146/s1: copies of NMR spectra of the isolated complexes **1-7** and mechanistic NMR studies, X-ray diffraction parameters of compound **1**, GC-FID chromatograms related to the catalytic reactions promoted by the ruthenium derivatives and diagrams that demonstrate the effect of complex on cell viability in ATC cells. References [83–90] are cited in the supplementary materials.

Author Contributions: Conceptualization, E.A., M.B. (Marta Busato) and D.Z.; methodology, D.A. and G.D.; software, M.B. (Marta Busato) and L.A.; validation, L.A. and M.B. (Marta Busato); formal analysis, L.A.; investigation, M.B. (Maurizio Ballico), L.A. and C.J.; resources, L.A. and M.B. (Maurizio Ballico); data curation, L.A. and M.B. (Maurizio Ballico); writing—original draft preparation, M.B. (Maurizio Ballico) and W.B.; writing—review and editing, M.B. (Maurizio Ballico) and W.B.; visualization, L.A., M.B. (Maurizio Ballico) and W.B.; supervision, W.B. and G.D.; project administration, W.B.; funding acquisition, W.B. All authors have read and agreed to the published version of the manuscript.

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