MALDI-TOF MS-Based KPC Direct Detection from Patients’ Positive Blood Culture Bottles, Short-Term Cultures, and Colonies at the Hospital

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Abstract: Carbapenemase resistance in Enterobacterales is a global public health problem and rapid and effective methods for detecting these resistance mechanisms are needed urgently. Our aim was to evaluate the performance of a MALDI-TOF MS-based “Klebsiella pneumoniae carbapenemase” (KPC) detection protocol from patients’ positive blood cultures, short-term cultures, and colonies in healthcare settings. Bacterial identification and KPC detection were achieved after protein extraction with organic solvents and target spot loading with suitable organic matrices. The confirmation of KPC production was performed using susceptibility tests and blaKPC amplification using PCR and sequencing. The KPC direct detection (KPC peak at approximately 28.681 Da) from patients’ positive blood cultures, short-term cultures, and colonies, once bacterial identification was achieved, showed an overall sensibility and specificity of 100% (CI95: [95%, 100%] and CI95: [99%, 100%], respectively). The concordance between hospital routine bacterial identification protocol and identification using this new methodology from the same extract used for KPC detection was ≥92%. This study represents the pioneering effort to directly detect KPC using MALDI-TOF MS technology, conducted on patient-derived samples obtained from hospitals for validation purposes, in a multi-resistance global context that requires concrete actions to preserve the available therapeutic options and reduce the spread of antibiotic resistance markers.

Keywords: KPC; blood culture; short-term culture; MALDI-TOF MS

1. Introduction

Carbapenem resistance in Enterobacterales (CRE) is a worldwide public health problem, whose magnitude was enlarged after the SARS-CoV-2 pandemic [1–3]. In Argentina, we also witnessed a significant increase in the rate of CRE during 2020, with an alarming emergence of multiple carbapenemases producers [4]. CRE represent a global epidemiological risk for healthcare systems and a serious threat to actual and future antimicrobial treatments [5–7]. Klebsiella pneumoniae carbapenemase (KPC), the most prevalent variants being KPC-2 and KPC-3, are by now the most commonly reported carbapenemase around the world and are associated with high morbidity and mortality rates. Their location on
self-conjugative plasmids and frequent association with *K. pneumoniae* are some of the factors that contribute to their global dissemination [8].

Blood stream infection with CRE is associated with high mortality rates [9,10] and, as previously stated by Kumar et al. [11], the rapid instauration of adequate antibiotic therapy for bacteremia is crucial for patients’ prognoses, raising the need for new rapid methodologies for resistance detection to be developed.

Carbapenemase-producing *K. pneumoniae* is the most commonly isolated pathogen from rectal swabs when the surveillance of carbapenemase carriers in hospital closed units is carried out [12]. Screening is usually performed using chromogenic culture media, where carbapenem-resistant bacteria are recovered from a patient’s sample [13,14] and KPC confirmation is made afterwards using phenotypic synergy tests [15]. KPC producers are also commonly isolated from other types of clinical specimens, such as respiratory and urine samples [8,16].

KPC detection in clinical laboratories is typically accomplished using traditional phenotypic methods. Among these, synergy tests (using β-lactams and β-lactams inhibitors) via disk diffusion methods are commonly employed in low and moderate complexity facilities [15]. Additionally, colorimetric assays, such as a Blue Carba test [17] and Carba-NP [18], can be performed, but even though they are operator-friendly, they do not define the enzyme involved in the resistance mechanism and may not be attainable for every clinical laboratory. These culture-based methodologies are easy to perform but require the isolation of the pathogen on solid culture media after at least an 18–24 incubation period, and their sensibilities and specificities range from 84 to 100% and 91 to 100%, respectively [15]. Colorimetric assays to detect carbapenemase activity, along with bacterial identification, showing a high sensitivity and specificity, but most of them are generally expensive [15]. Carbapenemase genotypic detection (such as Polymerase Chain Reaction—PCR—assays or Whole Genome Sequencing—WGS) is highly sensitive but not commonly available in most clinical laboratories because of its elevated cost [21] and the necessity for trained personnel. Therefore, there is an ongoing effort to develop and validate new molecular and immunological methods for KPC detection in clinical settings.

Today, Matrix-assisted laser desorption ionization–time of flight mass spectrometry (MALDI-TOF MS) technology is extensively used worldwide for the microbial identification (ID) of bacteria and fungi [22,23]. Once the spectrometer is incorporated into the healthcare institution, the costs associated with sample processing are relatively low [23]. Antibiotic resistance detection is one of the current challenges that this technology faces [24]. Although MALDI-TOF MS hydrolysis assays have been described to detect carbapenemases, they are not commonly implemented in clinical laboratories [25]. The latest approaches in MALDI-TOF MS resistance detection involve the use of machine learning techniques to discriminate between resistant and susceptible isolates [26–28].

We formerly developed a methodology for CMY [29] and KPC [30] detection using MALDI-TOF MS from isolated colonies (COL), showing results with a high sensibility and specificity. The aim of this study was to evaluate the performance of a fast and easy bacterial identification and KPC detection protocol using MALDI-TOF MS from patients’ positive blood cultures, short-term cultures, and colonies in healthcare settings, testing its concordance with the results obtained in each hospital.

2. Materials and Methods

2.1. Control Strains

Recombinant strains (*E. coli* TOP10/pKPC-2 and *E. coli* TOP10/pKPC-3) [30,31] expressing the most prevalent KPC variants were used as controls, in order to establish the m/z value of the enzyme in the spectrum as a reference. Receptor strains (*E. coli* TOP10 and
$E.\ coli$ TOP10/pK19) not expressing the enzymes were evaluated as negative control spectra. Protein extraction with formic acid–isopropyl alcohol–water, 17:33:50 (v/v/v) (FA-ISO) was performed from isolated colonies (COL) on solid culture media [30]. $K.\ pneumoniae$ ATCC 700603 was also used as a negative control strain.

2.2. KPC Detection from Simulated Positive Blood Cultures, Short-Term Cultures and Colonies Using Previously Characterized Isolates

We evaluated a panel of 93 Enterobacterales ($K.\ pneumoniae$ and 33 Escherichia coli) for the bacterial identification and KPC detection from the simulated positive blood cultures and short-term cultures, and 118 Enterobacterales ($K.\ pneumoniae$, 28 $E.\ coli$, 12 Enterobacter cloacae complex, 3 Citrobacter braakii, and 15 Serratia marcescens) for the bacterial identification and KPC detection from the colonies (Table 1).

Table 1. Bacterial isolates evaluated from simulated positive blood cultures, short-term cultures, and isolated colonies.

<table>
<thead>
<tr>
<th>Species</th>
<th>Total Isolates</th>
<th>KPC-Producing Isolates</th>
<th>Non-KPC-Producing Isolates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Simulated positive blood cultures and short-term cultures</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$K.\ pneumoniae$</td>
<td>60</td>
<td>32</td>
<td>28</td>
</tr>
<tr>
<td>$E.\ coli$</td>
<td>33</td>
<td>5</td>
<td>28</td>
</tr>
<tr>
<td>Total</td>
<td>93</td>
<td>37</td>
<td>56</td>
</tr>
<tr>
<td>Isolated colonies</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$K.\ pneumoniae$</td>
<td>60</td>
<td>39</td>
<td>21</td>
</tr>
<tr>
<td>$E.\ coli$</td>
<td>28</td>
<td>4</td>
<td>24</td>
</tr>
<tr>
<td>$E.\ cloacae$ complex</td>
<td>12</td>
<td>7</td>
<td>5</td>
</tr>
<tr>
<td>$C.\ braakii$</td>
<td>3</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>$S.\ marcescens$</td>
<td>15</td>
<td>4</td>
<td>11</td>
</tr>
<tr>
<td>Total</td>
<td>118</td>
<td>55</td>
<td>63</td>
</tr>
</tbody>
</table>

All the isolates were previously characterized phenotypically using identification, disk diffusion tests, and synergy tests [32], and genotypically using PCR and sequencing [33] at Laboratorio de Resistencia Bacteriana (Facultad de Farmacia y Bioquímica, Universidad de Buenos Aires).

The sample processing from the simulated positive BC and COL was performed as previously described by Figueroa-Espinosa et al. [30]. The sample processing from the STC was performed the same way as from the isolated colonies [30].

We evaluated the bacterial identification results and calculated the KPC detection sensibility and specificity from a visual inspection of the KPC-producing and non-KPC-producing isolates’ spectra for every type of sample.

2.3. Clinical Samples

A total of 193 samples, collected during a 7-month period between 2022 and 2023, were included in this study: 78 positive BC bottles, 78 STC samples, and 37 COL samples. The samples showing positive growth for members of Enterobacterales were included for direct processing from the positive BC bottles (49 were analyzed at Hospital Alemán and 29 at Hospital de Clínicas). The bacterial identification and KPC detection were evaluated directly from the positive BC bottles ($n = 78$) and the corresponding STC ($n = 78$).

In addition, 37 carbapenem-resistant isolates recovered from rectal swabs ($n = 25$) and other clinical specimens ($n = 12$) were included. To test the bacterial identification and KPC detection from solid culture media, we selected blue colonies grown on CHROMagar™ KPC supplemented with meropenem (CHROMagar, Paris, France) recovered from rectal swabs, and isolates obtained from urine cultures grown on Mueller Hinton Agar (Laboratorio Argentino, Buenos Aires, Argentina) showing resistance to carbapenems. All the samples from the colonies were analyzed at Hospital Alemán.
As the patients’ personal information was encrypted, this study was exempted from the requirement of written informed consent. Additionally, it was approved by the Ethics Committee of Facultad de Farmacia y Bioquímica (Universidad de Buenos Aires) (RESCD-2020-134-E-UBA-DCT_FFYB, 20 August 2020).

2.4. Hospitals’ Bacterial Routine Identification

The bacterial routine identification at both hospitals was performed using the standard direct MALDI-TOF MS protocol [22] with STC obtained from positive BC bottles, and from isolated colonies for COL samples. A loopful of bacteria from the STC/colonies was laid onto a steel target plate with a wooden stick, then 1 µL of α-cyano-4-hydroxycinnamic acid (HCCA) was deposited on the spot. After drying at room temperature, an automatic analysis using MALDI-TOF MS’s flexAnalysis software was performed.

2.5. Protein Extraction from Patients’ Positive Blood Culture Bottles

As described previously [30], the protein extraction was performed using organic solvents. Briefly, 1.4 mL of positive blood culture was transferred to an eppendorf tube, which was centrifuged at 1.4 rpm for 5 min. One milliliter of the supernatant was collected and centrifuged at 13,000 rpm for 2 min, then the pellet was washed once with 1 mL of distilled water, vortexed for 30 s, and centrifuged at 13,000 rpm for 2 min. The bacterial pellet was re-suspended in 300 mL of distilled water and vortexed for 30 s at room temperature. Then, 900 mL of absolute ethanol (Sigma-Aldrich, Burlington, MA, USA) was added, vortexed for 30 s, and centrifuged at 13,000 rpm for 2 min. The supernatant was discarded and the pellet was re-suspended in 100 µL of extraction solvent (FA-ISO) (Sigma-Aldrich, USA). The suspension was vortexed for 30 s and centrifuged for 2 min at 13,000 rpm. The supernatant extract was used both for the bacterial identification and KPC detection using MALDI-TOF MS.

2.6. Protein Extraction from Short-Term Cultures

In addition to processing the samples directly from the BC bottles, protein extraction was also performed for the corresponding STC. Two drops (approximately 100 µL) of positive BC were plated onto Blood Agar plates and incubated at 37 °C for 4–5 h, in a 5% CO₂ atmosphere. Protein extracts from STC were obtained using the FA-ISO extraction method, as previously described by Figueroa-Espinosa et al. [30], on isolated colonies, but after a shorter incubation period (4–5 h instead of 18–24 h). The supernatant extract was used both for the bacterial identification and KPC detection using MALDI-TOF MS.

2.7. Protein Extraction from Colonies

The protein extraction was performed according to the Figueroa-Espinosa et al. [30] protocol (FA-ISO extraction method) from the isolated colonies on CHROMagar™ KPC, which was supplemented with meropenem and lawns grown on Mueller Hinton Agar after 18–24 h of incubation at 37 °C. Supernatant extracts were used both for the bacterial identification and KPC detection using MALDI-TOF MS.

2.8. Target Spot Loading for Bacterial Identification and KPC Detection

For the bacterial identification, 1 µL of protein extract was co-crystallized with 1 µL of HCCA matrix and analyzed after being dried at room temperature (one spot per sample).

For the KPC detection, protein extracts obtained from patients’ positive BC, STC, and COL were spotted onto the steel target plate using a double-layer sinapinic acid (SA) method, as follows: first, a layer of 0.7 µL of an SA-saturated solution (10 mg/mL SA in absolute ethanol) (Sigma-Aldrich, USA) was laid on the spot; after drying at room temperature, a second layer of 1 µL of an SA solution in acetonitrile (30:70 v/v) (Sigma-Aldrich, USA) and 0.1% trifluoroacetic acid (Sigma-Aldrich, USA) in water was deposited above the first one, and finally, 1 µL of the protein extract was added in the final step. The
samples were left to dry at room temperature and then analyzed using MALDI-TOF MS. For the KPC detection, each extract was analyzed in duplicate.

Additionally, ferulic acid (FA) matrix [34,35] was evaluated for the KPC detection: 1 µL of the protein extract was laid on the spot and 1 µL of an FA solution (12.5 mg/mL in acetonitrile–formic acid–distilled water 33:17:50) was added afterwards. Each extract was analyzed in duplicate.

2.9. Spectra Acquisition

For the bacterial identification in the low molecular weight range, spectra were obtained in the linear positive ion mode of a Microflex LT mass spectrometer (Bruker Daltonics, Bremen, Germany) with flexControl 3.4 software (Bruker Daltonics, Germany), using the automatic MBT_FC.par method with default parameters. Before each run, the spectrometer was calibrated using Bacterial Test Standard (Bruker Daltonics, Germany).

For the high molecular weight range analysis (KPC detection), spectra were obtained in the linear positive ion mode of the Microflex LT mass spectrometer (Bruker Daltonics, Germany) with flexControl 3.4 software, using the LP44_44kDa.par method.

At Hospital Alemán, the parameters were configured as follows: mass range: from 10,000 Da to 50,000 Da; spectrometer ion source 1: 19.99 kV; ion source 2: 17.94 kV; lens: 5.99 kV; pulsed ion extraction: 650 ns; detection gain: 3017 V; laser frequency: 60 Hz; and laser power: 90%. Each spectrum was obtained after 1000–1200 shots per spot.

At Hospital de Clínicas, the parameters were configured as follows: mass range: from 10,000 Da to 50,000 Da; spectrometer ion source 1: 19.94 kV; ion source 2: 17.78 kV; lens: 5.95 kV; pulsed ion extraction: 650 ns; detection gain: 2745 V; laser frequency: 60 Hz; and laser power: 90%. Each spectrum was obtained after 1000–1200 shots per spot.

The data were manually acquired using autoXecute mode at both hospitals. Before each run, the spectrometer was calibrated using Protein Standard II Calibration Mix (Bruker Daltonics, Germany), containing a mixture of Protein A and Trypsinogen.

2.10. Bacterial Identification Concordance Calculation

The bacterial identification concordance between the hospital routine method (direct MALDI-TOF MS protocol from STC or isolated colonies [22]) and the protein extraction using the FA-ISO method was calculated according to the following formula [36]:

\[
\text{Concordance} = \left( \frac{\text{No. of result matches}}{\text{total tests}} \right) \times 100
\]

When different species belonged to the *E. cloacae* complex, the group as a whole (the complex) was considered for the concordance analysis, regardless of species name, as recommended by the Argentinian National Network for Microbiological Identification by Mass Spectrometry [37].

2.11. Visual Spectra Analysis and Statistics for KPC Detection

The spectra obtained directly from patients’ positive BC, STC, and COL were analyzed visually using the flexAnalysis 3.4 software (Bruker Daltonics, Germany). We searched for the visual presence/absence of KPC peaks in every spectrum after baseline subtraction and smoothing, considering the expected size of the enzyme observed when analyzing the control strains as reference. In addition, we evaluated the intensity in the *y* axis (arbitrary units) for every spectrum in the expected KPC *m/z* position.

We also visually searched for a ~11,109 Da peak, which had previously been reported to be associated with a common KPC dissemination platform [38–40] on spectra acquired for bacterial identification with HCCA.

Only those samples for which bacterial identification with the FA-ISO extraction method was achieved were included for the KPC detection statistical analysis with ClinPro Tools, as we considered that failed identification was indicative of a low efficiency in the protein extraction process, which could lead to false negative results when detecting KPC for a producing culture.
The spectra of each protein extract were analyzed after automatic calibration and normalization with the software ClinPro Tools 3.0 (Bruker Daltonics) [41]. The statistical analysis was performed using the full raw spectra (10,000 to 50,000 Da) of the duplicates with the “Peak Statistic Calculation” tool. The area under the curve (AUC) of the ROC curve was evaluated for the selected peak between the KPC-producing and non-producing strains to determine the discriminative power, and the Genetic Algorithm (GA) was used to calculate the sensitivity and specificity.

2.12. Antimicrobial Susceptibility Testing and Genetic Characterization of Isolates

All the isolates were characterized phenotypically using disk diffusion tests according to the Clinical and Laboratory Standards Institute (CLSI) guidelines [42] at the hospitals. The production of carbapenemases was investigated with synergy tests using boronic acid (BOR), EDTA, and carbapenems [32] at both hospitals. A Blue Carba Test (bioMérieux, Craponne, France) [17] was performed at Hospital de Clínicas on most STC obtained from the positive BC bottles when requested by physicians, and an immunochromatographic assay (Buenos Aires, Argentina) [15] for carbapenemase detection was performed for two isolates at Hospital Alemán. The results obtained from the hospitals remained blinded and were not shared until the conclusion of the study, ensuring a double-blind approach.

Genotypic characterization was carried out at Laboratorio de Resistencia Bacteriana (Facultad de Farmacia y Bioquímica, Universidad de Buenos Aires) using PCR amplification performed on the total DNA using the primers and conditions described previously [33]. We searched for the carbapenemase-encoding genes usually found in Enterobacterales (blaKPC and blanDM), and blaNPC amplicons were sequenced on both strands using an ABI3730XL DNA Sequencer (Macrogen, Seoul, Republic of Korea).

3. Results
3.1. KPC-Producing Recombinant Strains Spectra Analysis

The KPC m/z observed in the control strains’ spectra obtained using SA as matrix was 28,679 Da for KPC-2 (Figure 1a) and 28,703 Da for KPC-3 (Figure 1b), with both peaks being absent for the receptor strains. These were considered as a reference for the visual evaluation of the clinical samples. The KPC variants’ m/z values were similar when analyzed at both hospitals.

![Figure 1](image_url) - Control strains spectra. Recombinant strains spectra expressing (a) KPC-2 or (b) KPC-3 are shown in red and receptor strains spectra are shown in blue (E. coli TOP10) and green (E. coli TOP10+pK19).
3.2. Bacterial Identification and KPC Detection from Simulated Positive Blood Cultures, Short-Term Cultures and Colonies Evaluated with Previously Characterized Isolates

The bacterial identification performed using the FA-ISO extraction method showed a complete concordance with the previous characterization results for all the isolates evaluated (93 *Enterobacterales* from simulated positive BC and STC and 118 from colonies).

For the visual detection of the KPC (peak ~28,680 Da) from the simulated positive BC and STC, both the sensitivity and specificity were 100% (CI95%: [90%–100%] for sensibility, CI95%: [93%–100%] for specificity).

Regarding the KPC visual detection from the isolated colonies, the sensitivity and specificity were also 100% (CI95%: [93%–100%] for sensibility; CI95%: [94%–100%] for specificity).

3.3. Bacterial Identification from Clinical Samples

Bacterial identification from the patients’ positive BC bottles using the FA-ISO extraction method was achieved in 71/78 samples. Seven BC samples rendered a not reliable identification (NRI) result, probably due to a low efficiency in the protein extraction process.

Considering the samples for which a successful identification was achieved from the patients’ BC bottles (*n* = 71), 41 samples were identified as *K. pneumoniae* by the hospital protocol, whereas the identification results using the FA-ISO extraction method were *K. pneumoniae* (*n* = 39) and *K. variicola* (*n* = 2); 1 sample identified as *K. variicola* by the hospital was identified as *K. pneumoniae* by the FA-ISO protocol; *E. coli* was concordantly identified in every case (*n* = 24), as well as *S. marcescens* (*n* = 5), the *E. cloacae* complex (*n* = 1), and *Proteus mirabilis* (*n* = 1) (Table 2). The concordance rate for bacterial identification directly from patients’ positive BC bottles reached 98% when considering the samples for which a successful identification was achieved.

### Table 2. Bacterial identification, KPC peak m/z and intensity of spectra after visual analysis from patients’ positive BC bottles. KPC mass value and intensities correspond to the average m/z for both spectra duplicates. Spectra intensities for KPC non-producing isolates were calculated considering the position of KPC peak m/z for KPC-producing isolates median.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Hospital Routine ID</th>
<th>ID from BC</th>
<th>KPC Peak m/z from BC (Da)</th>
<th>Intensity (a.u.)</th>
<th>Peak at m/z ~11,109 Da</th>
<th>Resistance Markers</th>
</tr>
</thead>
<tbody>
<tr>
<td>1HD02</td>
<td><em>K. pneumoniae</em></td>
<td><em>K. pneumoniae</em></td>
<td>28,687</td>
<td>762</td>
<td>(+)</td>
<td><em>blaKPC-2</em></td>
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<td><em>K. pneumoniae</em></td>
<td><em>K. pneumoniae</em></td>
<td>28,722</td>
<td>221</td>
<td>Absent</td>
<td><em>blaKPC-2</em></td>
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<td>1HD21</td>
<td><em>K. pneumoniae</em></td>
<td><em>K. pneumoniae</em></td>
<td>28,655</td>
<td>1095</td>
<td>(+)</td>
<td><em>blaKPC-2</em></td>
</tr>
<tr>
<td>1HD22</td>
<td><em>K. pneumoniae</em></td>
<td><em>K. pneumoniae</em></td>
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<td>613</td>
<td>(+)</td>
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<tr>
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<td><em>K. pneumoniae</em></td>
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<td>28,736</td>
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<td><em>K. pneumoniae</em></td>
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<td>NA</td>
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<tr>
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<td>130</td>
<td>Absent</td>
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<tr>
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<tr>
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<td>Absent</td>
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<tr>
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<tr>
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<td>NCD</td>
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<td>Sample</td>
<td>Hospital Routine ID</td>
<td>ID from BC</td>
<td>KPC Peak m/z from BC (Da)</td>
<td>Intensity (a.u.)</td>
<td>Peak at m/z ~11,109 Da</td>
<td>Resistance Markers</td>
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<tr>
<td>--------</td>
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<tr>
<td>HD15</td>
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<td>K. pneumoniae</td>
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* Samples not included in statistical analysis for KPC peak detection due to failed identification result, indicating a low efficiency in protein extraction process. Samples beginning with “1HD” and “HD” were analyzed at Hospital de Clínicas and Hospital Alemán, respectively. ID: bacterial identification, BC: blood culture, NRI: not reliable identification (score < 1.4), a.u.: arbitrary units, NA: not applicable, NCD: no carbapenemase genes detected (blaKPC/blaNDM).

Regarding the bacterial identification from the STC (n = 78), 45 samples identified by the hospital as K. pneumoniae were identified as K. pneumoniae (n = 40) and K. variicola (n = 5) by the FA-ISO extraction method. E. coli (n = 24), the E. cloacae complex (n = 2), K. variicola (n = 1), and P. mirabilis (n = 1) were concordantly identified by both methods. Five samples were identified as S. marcescens by the hospital, whereas the FA-ISO method identification result showed S. marcescens (n = 4) and S. ureilytica (n = 1) (Table 3). The concordance for the bacterial identification from the STC was 92%.

Table 3. Bacterial identification, KPC peak m/z and intensity of spectra after visual analysis from STC. KPC mass value and intensities correspond to the average m/z for both spectra duplicates. Spectra intensities for KPC non-producing isolates were calculated considering the position of KPC peak m/z for KPC-producing isolates median.

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Samples beginning with “1HC” and “HC” were analyzed at Hospital de Clínicas and Hospital Alemán, respectively. ID: bacterial identification, STC: short-term culture, a.u.: arbitrary units, NCD: no carbapenemase genes detected (blaKPC/blaNDM).
When comparing the bacterial identification from the COL samples \((n = 37)\) between the direct MALDI-TOF MS method on the isolated colonies (hospital routine identification) and the FA-ISO extraction method, there was a 100% concordance. Specifically, 36 isolates were identified as \(K.\ pneumoniae\) and one of them was identified as \(Proteus\ mirabilis\) (Table 4).

Table 4. Bacterial identification, KPC peak \(m/z\) and intensity of spectra after visual analysis from COL. KPC mass value and intensities correspond to the average \(m/z\) for both spectra duplicates. Spectra intensities for KPC non-producing isolates were calculated considering the position of KPC peak \(m/z\) for KPC-producing isolates median.

<table>
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<tr>
<th>Sample</th>
<th>Hospital Routine ID</th>
<th>ID from COL</th>
<th>KPC Peak (m/z) from COL (Da)</th>
<th>Intensity (a.u.)</th>
<th>Peak at (m/z) (\sim)11,109 Da</th>
<th>Resistance Markers</th>
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All COL samples were analyzed at Hospital Alemán. ID: bacterial identification, COL: isolated colonies, a.u.: arbitrary units.

3.4. KPC Detection from Patients’ Positive BC Bottles

The KPC producers (7 \(K.\ pneumoniae\)) evaluated directly from the patients’ positive BC bottles showed a peak between 28,655 Da and 28,740 Da (median = 28,722, CI95: [28,655 Da; 28,740 Da]) (Figure 2a). This peak was absent in the non-KPC producers’ spectra \((n = 64)\), although some intensity in the KPC \(m/z\) range was observed in some cases (background noise), but did not constitute a clear peak (Table 2). The intensities ranged from 221 a.u. to
1095 a.u. for the KPC producers (median = 610 a.u.) and from 0 a.u. to 176 a.u. (median = 27.5 a.u.) for the non-KPC producing strains (Figure 3a).

![Figure 2](image_url)  
**Figure 2.** Spectra obtained from (a) patients’ positive BC bottles; (b) STC; and (c) COL. KPC peaks on KPC producers’ spectra are shown in red and spectra from samples containing non-KPC-producing bacteria are shown in blue. The KPC m/z value of one spectrum is displayed as an example.

![Figure 3](image_url)  
**Figure 3.** Box plots showing median and interquartile range 95% for spectra intensities at KPC m/z obtained from (a) BC, (b) STC, and (c) COL. Intensities for KPC m/z of spectra obtained from samples containing KPC producers and non-KPC producers are shown in red and blue boxes, respectively. KPC m/z shown value corresponds to the median calculated for every type of sample.

For the calculation of the statistical parameters, we considered only the samples for which bacterial identification was achieved using the FA-ISO extraction method, indicating an efficient protein extraction process (see Section 2.11).

The statistical analysis with the ClinPro Tools showed a significant difference (p-value < 0.001) between the KPC producers and non-KPC producers for a selected peak at 28,724 Da. The AUC of the ROC curve for this specific peak was 0.98, indicating a great discrimination power between the groups. The sensibility and specificity for the KPC detection from the positive BC bottles, calculated using the GA tool, was 100% for both parameters (CI95%: [77%; 100%] for sensibility; CI95%: [97%; 100%] for specificity) (Table 5).
Table 5. Overall statistical results and comparison of calculated parameters for each type of sample (BC, STC, and COL).

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Positive BC</th>
<th>STC</th>
<th>COL</th>
<th>Overall</th>
</tr>
</thead>
<tbody>
<tr>
<td>KPC m/z median</td>
<td>28,722 Da</td>
<td>28,676 Da</td>
<td>28,683 Da</td>
<td>28,681 Da</td>
</tr>
<tr>
<td>CI95%: [28,655 Da–28,740 Da]</td>
<td>CI95%:</td>
<td>CI95%:</td>
<td>CI95%:</td>
<td>CI95%:</td>
</tr>
<tr>
<td>KPC m/z intensity</td>
<td>28,722 Da</td>
<td>28,676 Da</td>
<td>28,683 Da</td>
<td>28,681 Da</td>
</tr>
<tr>
<td>CI95%: [28,655 Da–28,740 Da]</td>
<td>CI95%:</td>
<td>CI95%:</td>
<td>CI95%:</td>
<td>CI95%:</td>
</tr>
<tr>
<td>median and range (KPC producers)</td>
<td>610 a.u.</td>
<td>835.5 a.u.</td>
<td>1503.5 a.u.</td>
<td>1095 a.u.</td>
</tr>
<tr>
<td>CI95%: [221 a.u.–1095 a.u.]</td>
<td>CI95%: [261 a.u.–1283 a.u.]</td>
<td>CI95%: [727 a.u.–3949 a.u.]</td>
<td>CI95%: [221 a.u.–3949 a.u.]</td>
<td></td>
</tr>
<tr>
<td>KPC m/z intensity</td>
<td>27.5 a.u.</td>
<td>48.5 a.u.</td>
<td>67 a.u.</td>
<td>46 a.u.</td>
</tr>
<tr>
<td>median and range (non-KPC producers)</td>
<td>(0 a.u.–176 a.u.)</td>
<td>(0 a.u.–520 a.u.)</td>
<td>(4 a.u.–519 a.u.)</td>
<td>(0 a.u.–520 a.u.)</td>
</tr>
<tr>
<td>KPC detection sensitivity</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>CI95%: [77%; 100%]</td>
<td>CI95%: [79%; 100%]</td>
<td>CI95%: [90%; 100%]</td>
<td>CI95%: [95%; 100%]</td>
<td></td>
</tr>
<tr>
<td>KPC detection specificity</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>CI95%: [97%; 100%]</td>
<td>CI95%: [97%; 100%]</td>
<td>CI95%: [91%; 120%]</td>
<td>CI95%: [99%; 100%]</td>
<td></td>
</tr>
</tbody>
</table>

BC: blood culture, STC: short-term culture, COL: isolated colonies, a.u.: arbitrary units.

3.5. KPC Detection from STC Samples

The KPC producers (8 K. pneumoniae) evaluated from the STC obtained from the positive BC bottles showed a peak between 28,660 Da and 28,728 Da (median = 28,676 Da, CI95%: [28,660 Da–28,728 Da]) (Figure 2b). This peak was absent in the non-KPC producers’ spectra (n = 70), although some intensity in the KPC m/z range was observed in some of them, but this did not constitute a clear peak (Table 3). The intensities ranged from 221 a.u. to 1283 a.u. for the KPC producers (median = 835.5 a.u.) and from 0 a.u. to 520 a.u. (median = 48.5 a.u.) for the non-KPC-producing strains (Figure 3b).

The statistical analysis with the ClinPro Tools showed a significant difference (p-value < 0.001) between the KPC producers and non-KPC producers for a selected peak at 28,686 Da. The AUC of the ROC curve for this specific peak was 0.97, indicating a great discrimination power between the groups. The sensibility and specificity for the KPC detection from the STC, calculated using the GA tool, was 100% for both parameters (CI95%: [97%; 100%] for sensibility; CI95%: [97%; 100%] for specificity) (Table 5).

3.6. KPC Detection from COL Samples

All the K. pneumoniae KPC producers evaluated from the COL (n = 18) showed a peak between 28,662 and 28,716 Da (median = 28,686 Da, CI95%: [28,662 Da–28,716 Da]) (Figure 2c), and the intensities ranged from 727 to 3949 a.u. (median = 1503.5 a.u.) (Figure 3c). This peak was not present in the non-KPC producers’ spectra (n = 19). When evaluating the intensities in the KPC m/z range for the COL for non-KPC producers, values in the range of 4–519 a.u. were observed (median = 67 a.u.) (Table 4).

The statistical analysis with the ClinPro Tools showed a significant difference (p-value < 0.001) between the KPC producers and non-KPC producers for a selected peak at 28,686 Da. The AUC of the ROC curve for this specific peak was 0.97, indicating a great discrimination power between the groups. The sensibility and specificity for the KPC detection from the COL, calculated using the GA tool, was 100% for both parameters (CI95%: [90%; 100%] for sensibility; CI95%: [91%; 100%] for specificity) (Table 5).

A comparison of the KPC m/z median, intensity median for the samples containing KPC producers and non-KPC producers, and sensibility and specificity for each type of sample evaluated in this study is shown in Table 5. The median m/z value for the KPC in all the KPC-producing samples (7 BC, 8 STC, and 18 COL) was 28,681 Da (CI95%: [28,676 Da–28,687 Da]), with a median intensity of 1095 a.u. In contrast, the median intensity for the non-KPC producers was only 45 a.u. The overall sensibility and specificity for the KPC detection were 100%, [CI95%: 95%; 100% and CI95%: 99%; 100%, respectively].
3.7. Peak at m/z ~11,109 Da Visual Detection

Considering all the samples included in this study (BC, STC, and COL), a ~11,109 Da peak, corresponding to the P019 protein associated with Tn4401a transposon carried by some KPC-producing \textit{K. pneumoniae} strains, was visually detected on 21/33 KPC producers’ spectra, ranging from 11,100 to 11,117 Da (median: 11,109 Da, [CI95%: 11,106 Da; 11,110 Da]), and it was not detected in the non-KPC producing isolates (Tables 2–4). This biomarker was successfully detected in the KPC producers from 3/7 positive BC bottles, 3/8 STC samples, and 15/18 COL samples, and its overall sensibility and specificity were 63% and 100%, respectively.

3.8. Ferulic Acid Matrix Performance for KPC Detection

The spectra acquired from all the protein extracts (BC bottles, STC, and COL) after loading the FA target spots showed similar results to those obtained with the SA. Moreover, the KPC peak detection was successfully achieved when FA was used as a co-crystallization matrix. Although background noise was observed when analyzing some non-KPC-producing isolates spectra, no distinct peaks in the KPC m/z range were observed when the FA matrix was employed (Figure 4).

![Figure 4. Comparison of spectra after target spot loading with (a) SA and (b) FA. KPC-producers' spectra are shown in red (red) and non-KPC producers' spectra are shown in blue. The KPC m/z value of one spectrum is displayed as an example.](image)

3.9. Antimicrobial Susceptibility Testing and Carbapenemase Gene Detection by PCR

Twenty-six \textit{K. pneumoniae} STC (18 \textit{K. pneumoniae}, 5 \textit{S. marcescens}, 2 \textit{E. coli}, and 1 \textit{E. cloacae} complex) were tested via Blue Carba tests at Hospital de Clínicas, and 12 of them rendered a positive result for carbapenemase production. When analyzed using PCR amplification, four of them were \textit{bla}\textsubscript{KPC} carriers and eight were \textit{bla}\textsubscript{NDM} carriers. Two samples (1HC15 and 1HC16) rendered a negative Blue Carba test result and \textit{bla}\textsubscript{NDM} was amplified using a PCR afterwards. The two isolates tested using immunochromatography at Hospital Alemán (HC64 and HC65) rendered a \textit{bla}\textsubscript{KPC} positive result via PCR.

All the KPC-producing isolates (8 BC/STC samples and 18 COL samples) showed cephalosporin and carbapenem resistance with disk diffusion tests. In addition, positive amplification for \textit{bla}\textsubscript{KPC} was obtained via a PCR assay. In total, 34 samples (10 BC/10 STC samples and 24 COL samples) showed positive amplification only for \textit{bla}\textsubscript{NDM} and 7 isolates (COL) were co-carriers of \textit{bla}\textsubscript{KPC} and \textit{bla}\textsubscript{NDM} (Tables 2–4). Two clinical isolates were positive for \textit{bla}\textsubscript{IMP} amplification (Table 4). Regarding the KPC variants, 21 isolates (8 BC/8 STC samples and 13 COL samples) carried \textit{bla}\textsubscript{KPC-2} and 5 isolates (COL samples) carried \textit{bla}\textsubscript{KPC-3} (Tables 2–4). Non-carbapenem resistant isolates rendered a negative result for the carbapenemase genes amplification, as expected.
4. Discussion

Previous studies have evaluated KPC detection from isolated colonies and simulated positive blood cultures using MALDI-TOF MS [30,43,44]. This is the first study including patients’ samples that was performed in the healthcare setting. Bacterial identification and KPC detection were successfully achieved from liquid culture media (BC broth), as well as from different solid culture media (Blood Agar, chromogenic media and Mueller Hinton Agar).

Moreira et al. reported a sensibility of 98.09% and specificity of 97.9% for KPC detection from isolated colonies [43] and a sensibility of 94.9% and specificity of 95.3% for KPC detection from simulated positive blood cultures [44]. However, it is worth noting that these statistical parameters were slightly lower than the ones reported in this study when evaluating the previously characterized isolates from our strain collection.

Regarding the patients’ samples, we proved that KPC detection from BC bottles and STC can be achieved during the first hours after the BC bottle becomes positive, reducing the turnaround time (TAT) of 24–48 h for traditional KPC phenotypic verification methods (used at clinical laboratories) (Figure 5). We strongly recommend conducting KPC detection solely after achieving a successful bacterial identification from the protein extract in the first place. This parameter acts as a “check-point” to ensure the efficiency of the protein extraction process before proceeding with the KPC detection. If the bacterial identification is unsuccessful, we suggest repeating the protein extraction protocol if the sample is still available.

MALDI-TOF MS KPC peak detection from rectal swab isolates, as well as isolates recovered from other clinical specimens, can significantly reduce the TAT of commonly used phenotypic synergy tests. This accelerated approach can assist in the clinical decision making process of isolating patients with KPC fecal carriage in hospital closed units (Figure 5).

For the KPC-2 producers, a KPC peak at approximately 28,681 Da was consistently detected after the visual analysis of the spectra of the KPC-producing samples, compared to the reference \( m/z \) observed in the control strains (E. coli TOP10/pKPC-2), with the exceptions of IHDI9, HC63, HC64, HD65, and POR15 (KPC-2 carriers). For these samples, the observed \( m/z \) values in the spectra were higher than those in the control strain spectrum.
Given the potential variation in the \( m/z \) value of the KPC peak, it is advisable to adopt an \( m/z \) range for the detection instead of a fixed peak value. The slight difference between the manually calculated KPC peak median values and the KPC peak values selected with the ClinPro Tools program may be attributed to the software parameters.

Previous studies have reported different KPC \( m/z \) values. Yoon et al. [45] estimated a KPC \( m/z \) of 28,718 Da when analyzing transformant strains after protein extraction with a lysis buffer from colonies grown in MacConkey Agar. Regarding the spectrometer parameters, this research group used a pulse ion extraction of 1200 ns. Moreira et al. [43] evaluated different pulse ion extraction settings using the same FA-ISO extraction method evaluated in this study [30], finding different KPC \( m/z \) ranges in each scenario. Performing various protein extraction methodologies and different acquisition parameters could then lead to different KPC \( m/z \) values. Nonetheless, Moreira et al. [43,44] reported a similar KPC peak range when analyzing isolated colonies and artificial positive BC, which aligns with the range observed for the samples analyzed in this study.

Although a direct comparison between both KPC detection approaches (mature protein versus biomarker) was not performed, it is evident that the KPC confirmation using KPC peak detection exhibited a higher sensitivity when compared to the biomarker approach (which relied on the detection of the previously reported \(-11,109\) Da peak). High sensitivity and specificity values for the KPC prediction have been reported for this peak in the United States [38,46] and Europe [39]. We previously observed a low sensitivity for KPC prediction using this biomarker in our region [30], which might be attributed to a different scenario for the circulation of the genetic platform responsible for its presence (Tn\[^{4401}\]a). Undoubtedly, the KPC peak detection strategy shows a much higher sensitivity than the \(-11,109\) Da peak approach, at least for the set of samples evaluated in this study.

Additionally, we observed that, while some samples contained non-KPC-producing bacteria and exhibited spectra with background noise at the KPC \( m/z \) position, a clear visual distinction could still be made between these spectra and the spectra with a clear KPC-peak. Although the KPC \( m/z \) intensity could be used as a parameter for differentiating the KPC producers from the non-KPC producers [30,43], we believe that a visual inspection of the spectra is still necessary, as automated software may not be able to distinguish between background noise and a true KPC-peak.

As previously mentioned by Moreira et al. [44], it is important to highlight that the equipment parameters should be tested and optimized in every MALDI-TOF spectrometer for KPC detection before analyzing patients’ samples. For this purpose, it would be ideal to evaluate control strains beforehand. In this study, we demonstrated a successful detection of the KPC peak using two different spectrometers in two different hospitals. To obtain reproducible results, the training of clinical laboratory staff would be relevant. We also recommend performing replicates of the target spot loading, as the results may vary between spots, due to possible differential protein co-crystallization.

We highlight the capacity of this protocol both to detect KPC presence and to identify the etiological agent from the same protein extract obtained using FA-ISO from BC, STC, and COL. Protein extracts can be used for bacterial identification and detecting the \(-11,109\) Da peak by analyzing the low molecular weight range, as well as detecting the KPC peak in the high molecular weight range, selecting the appropriate organic matrices and acquisition parameters. Additionally, this protocol can be implemented with commonly used chemical reagents and simple centrifugation and separation steps, making it an easy to perform methodology. It is also important to acknowledge that this methodology has its inherent limitations. Firstly, it was not feasible to use spectra intensities to discriminate between the KPC-producing and non-producing isolates. Secondly, the assay required an optimization of the equipment parameters and the use of a different calibrator and organic matrix for the protein detection compared to those employed for the bacterial identification. Lastly, the current methodology has a limited capacity for detecting a single enzyme (KPC) at this stage.
Ferulic acid matrix, which has previously been reported for high molecular weight protein detection [34,35], could be used as an alternative organic matrix for detecting the KPC peak in the high molecular weight range, as its performance was similar to that of sinapinic acid, giving more options to clinical laboratories in terms of available chemical reagents.

Clinical laboratories can incorporate this new rapid and simple methodology for KPC detection in selected samples on a daily basis, based on local epidemiology. The method is easily implementable and can be used to test any bacterial culture suspected of carbapenemase production, thus expanding the already established utility of MALDI-TOF MS. Unfortunately, the current methodology is unable to detect the NDM enzyme, probably due to its inefficiency in extracting membrane-anchored proteins [47]. However, in the future, it would be valuable to explore hybrid approaches that integrate machine learning techniques [26–28] with our KPC peak detection method to categorize CRE isolates based on the specific type of resistance mechanism they exhibit.

5. Conclusions

MALDI-TOF MS technology has significant potential in clinical settings for detecting antibiotic resistance, particularly in a multi-resistance global context. Once the spectrometer is acquired by the hospital or institution, this fast and effective MALDI-TOF MS protocol can quickly confirm KPC production, reducing the turnaround time compared to traditional phenotypic methods, optimizing the use of the available antibiotics and improving patients’ prognoses. Healthcare settings could benefit from a faster detection of resistance markers, thereby preserving the available therapeutic options and reducing the spread of antibiotic resistance. In conclusion, this study represents the pioneering effort to directly detect KPC using MALDI-TOF MS technology, conducted on patient-derived samples obtained from hospitals for validation purposes.


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Institutional Review Board Statement: The study was approved by the Ethics Committee of Facultad de Farmacia y Bioquímica (Universidad de Buenos Aires) (RESCD-2020-134-E-UBA-DCT_FFYB, 20 August 2020) for studies involving bacteria recovered from human clinical samples.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this study are available on request to the corresponding author.

Conflicts of Interest: The authors declare no conflict of interest.

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