Abstract: The plastic scintillation optical fiber (PSOF) detector, characterized by its large contact area with measurement targets, effectively detects and quantifies radiation in diverse radiation-contaminated areas and liquid environments. While it is extensively utilized for measuring alpha, beta, gamma, and neutron radiations, comprehensive documentation on the spectrum measurement and energy calibration methods for gamma nuclides has not been reported. Accurate energy calibration is crucial for the precise quantification of radiation doses from various sources. The pulse-height spectrum produced by the PSOF detector does not display a Compton maximum because of the significant Gaussian energy broadening. Additionally, this spectrum compresses as the distance increases between the radiation source and the light measurement device. In this study, the energy spectrum of a PSOF for gamma nuclides was characterized by energy calibrations using Compton edge (CE). The CE channel in the measurement spectrum of the PSOF detector for three gamma nuclides was identified using the first-order differentiation method. This technique was successfully applied to spectra measured at various radiation source positions to determine the attenuation coefficients. The proposed energy calibration method allows for the conversion of pulse-height spectra obtained from alpha, beta, and neutron radiation measured with PSOF detectors into energy spectra.

Keywords: plastic scintillation optical fiber; energy calibration; first-derivative method

1. Introduction

A plastic scintillation optical fiber (PSOF) comprises a core constructed from a thin plastic scintillator, with diameters ranging from hundreds to thousands of micrometers. The core interacts with radiation, emitting scintillation light that is transmitted to both ends via total internal reflection. A notable advantage of the PSOF is its expanded contact area with measurement objects, which surpasses that of conventional cylindrical scintillators [1]. Consequently, PSOF detectors have been utilized extensively for the localization and quantification of radiation sources across various contaminated areas and for monitoring radiation in liquid environments. Following the Fukushima Daiichi Nuclear Power Plant (FDNPP) accident, the Japan Atomic Energy Agency (JAEA) used a PSOF detector in field studies to evaluate surface contamination in forest areas and to determine radiocesium levels in sediments from Fukushima's irrigation ponds [2–4]. Additionally, in February 2020, the Tokyo Electric Power Company (TEPCO) implemented a PSOF detector in the FDNPP drainage system to monitor $^{90}$Sr, commencing operations [5]. The PSOF detector can be used to monitor daughter nuclides of $^{238}$U for process control in mining operations and to assess tritium levels for onsite monitoring in rivers adjacent to nuclear facilities [6–8]. Moreover, a PSOF detector offers several benefits, including outstanding flexibility, suitability for extended-length installations, cost-effectiveness, excellent water resistance, and immunity to electromagnetic interference [9]. It is proficient in determining the position...
and dosage of gamma radiation sources [10,11]. Despite active research on nuclide identification through the analysis of energy spectra from plastic scintillators, the specific energy spectrum for each gamma nuclide measured by the PSOF remains undocumented [12–14].

A drawback of plastic scintillators is the absence of a clear full-energy absorption peak (FEP) in energy spectra, which results from their low atomic number and density [15]. Consequently, energy calibration in plastic scintillators primarily relies on the Compton edge (CE) energy, which is precisely determined for each gamma energy by Compton kinematics. In these spectra, the Compton maximum (CM), which is slightly lower in energy than the CE, is typically observed as a peak due to the energy-broadening effect. Energy calibration commonly employs the relationship between the CM and CE [16–18]. However, in the PSOF’s measured pulse-height spectrum, the CM is indiscernible due to substantial energy broadening, necessitating an alternative approach to calibration.

The Compton continuum in the pulse-height spectrum of the scintillator approximates a Gaussian convolution of the Fermi–Dirac distribution function. Utilizing the first-derivative method, the channel corresponding to the CE can be identified by locating the local minimum in the first derivative of the spectrum [19–22]. Due to noise amplification by the derivative process, denoising and smoothing techniques can be applied to the spectra to mitigate these effects. In this study, a single-stranded PSOF detector with a length of 10 m and a diameter of 2 mm was constructed. Given the low light yield and significant Gaussian energy-broadening (GEB) effect characteristic of the PSOF, a high-amplification, low-noise, charge-sensitive amplifier was employed for energy calibration. This calibration involved using the first-derivative method to derive the energy spectrum for gamma nuclides. Additionally, the attenuation coefficient of the PSOF was determined by identifying the CE channel at each gamma nuclide position.

2. Materials and Methods

In this study, the PSOF detector system comprised a PSOF (SCSF-78, Kuraray, Tokyo, Japan), a PMT (H6533, Hamamatsu Photonics, Shizuoka, Japan), a charge-sensitive amplifier (CR-110, Cremat, Newton, MA, USA), and a multichannel analyzer (MCA, K102, Kromek, County Durham, UK). The PSOF diameter, set at 2 mm, was determined using the continuous slowing-down approximation (CSDA) range to ensure effective energy transfer from electrons produced through interactions with gamma nuclides. Over 98 wt% of the PSOF’s core material is polystyrene, which has a CSDA range of approximately 1.6 mm for a CE energy of $^{137}$Cs (477.3 keV) [23–25], allowing for adequate measurement of the CE energy of $^{137}$Cs and other low-energy gamma nuclides. Figure 1 shows the overall experimental setup.

![Figure 1. Experimental setup for measuring the gamma-ray energy spectrum using a PSOF detector.](image)

The PSOF was encased in a light-tight, flexible black shrink tube (FP-301, 3M) and optically connected to the PMT window using a silicone rubber-based optical interface (EJ-560, Eljen Technology, Sweetwater, TX, USA). Measurements were conducted with three gamma nuclides ($^{138}$Ba, $^{22}$Na, and $^{137}$Cs) positioned 1 m away from the PMT to record the pulse-height spectra. Additionally, the position of the $^{137}$Cs gamma-ray source was varied.
at 1 m intervals within a range of 1–5 m to capture pulse-height spectra at varying distances. These spectra were subjected to noise removal and smoothing, and the first derivative was applied to determine the CE channel as the local minimum. Energy calibration was then performed using the CE channel to convert the pulse-height spectrum of each nuclide into an energy spectrum. The attenuation coefficient of the PSOF was calculated based on the CE from the pulse-height spectrum at each source position.

Figure 2 illustrates the process applied for denoising and smoothing the pulse-height spectrum. Initially, the bin width of the pulse-height spectrum was reduced to minimize spectrum oscillations. Noise within the spectrum was then eliminated using wavelet denoising with MATLAB’s “wdenoise“ command. Following this, the region of interest (ROI) was established, avoiding the distortion of adjacent channels from edges due to threshold settings during spectrum measurement. The spectrum was subsequently smoothed using Savitzky–Golay filtering to further enhance data quality.

![Figure 2](image)

**Figure 2.** Flowchart detailing the denoising and smoothing processes for pulse-height spectra.

### 3. Results

The pulse-height spectrum of the PSOF is devoid of the CM due to the pronounced GEB effect. Consequently, energy calibration of the PSOF necessitates using the CE channel, which is determined through the first-derivative method. This method, however, amplifies the noise present in the measured pulse-height spectrum, requiring the subsequent implementation of noise reduction and smoothing techniques. The full width at half maximum (FWHM) of the scintillator increases with rising energy levels. In particular, the pulse-height spectrum of the PSOF shows a decreasing coefficient value as the channel number increases, underscoring the significant impact of the GEB effect. To address local oscillations in the measured pulse-height spectrum, this study employed a sequence of bin-width optimization, wavelet denoising, and Savitzky–Golay filtering. Figure 3 illustrates the spectrum at each stage of noise reduction and smoothing applied to the measured pulse-height spectrum.

Figure 4 displays the pulse-height spectrum of the PSOF detector for each gamma nuclide following denoising and smoothing, successfully eliminating local oscillations without distorting the spectrum through excessive smoothing. After noise removal, first-
order differentiation was applied to the spectrum, and the local minimum was identified to determine the CE channel for each nuclide, resulting in CE channel values of 1296.5, 1968.5, and 2896.5 for the CE energies of 207.3, 340.7, and 477.3 keV corresponding to the $^{133}\text{Ba}$, $^{22}\text{Na}$, and $^{137}\text{Cs}$ gamma-ray sources, respectively. The first derivatives of the pulse-height spectra for these gamma nuclides are depicted in Figure 5.

![Figure 5](image-url)

**Figure 3. Cont.**
Figure 3. Denoising and smoothing stages of the measured pulse-height spectrum for the $^{22}$Na gamma nuclide: (a) initial measured spectrum from PSOF, (b) after bin-width optimization, (c) following wavelet denoising, (d) setting of region of interest (ROI) and application of Savitzky–Golay filtering.

Energy calibration was conducted through linear regression of the CE channel against the CE energy of the gamma nuclides. Figure 6 presents the linear regression and the linearity between the CE channel and the CE of the measured spectra, yielding a linear regression factor of 0.9927, which signifies successful energy calibration for the three gamma nuclides. Figure 7 shows the energy spectrum for each nuclide within the PSOF detector, demonstrating that the identification of individual gamma nuclides is feasible.
Figure 4. Measured, denoised, and smoothed pulse-height spectra of the PSOF detector for $^{133}$Ba, $^{22}$Na, and $^{137}$Cs gamma nuclides.

Figure 5. First derivatives of the pulse-height spectra for $^{133}$Ba, $^{22}$Na, and $^{137}$Cs gamma nuclides.

The pulse-height spectrum of the PSOF exhibits variability dependent on the position of the gamma source. This variability was analyzed by assessing the changes in the CE channel across the pulse-height spectrum at each specific position of the $^{137}$Cs gamma-ray source. Figure 8 illustrates the pulse-height spectrum of the PSOF detector corresponding to each position of the $^{137}$Cs gamma-ray source. Through exponential fitting of the pulse-height spectrum at these positions, it was confirmed that the PSOF could effectively distinguish nuclides from gamma-ray sources located at different distances. Figure 9 shows the CE channels for each position of the $^{137}$Cs gamma-ray source.
Figure 6. Locations of Compton edges (CEs) in the pulse-height spectra.

Figure 7. Energy spectra of the PSOF detector for $^{133}$Ba, $^{22}$Na, and $^{137}$Cs gamma nuclides.

Furthermore, the maximum length of the PSOF used in the detector was determined by the attenuation coefficient, which is a critical parameter. While PSOF manufacturers typically state that the attenuation length exceeds a certain threshold, these stated lengths do not account for the spectral response and optical coupling characteristics of the optical measurement device in the PSOF detector. Consequently, the attenuation coefficient derived from the CE of the pulse-height spectrum for each gamma source position provides a more accurate measure. Utilizing the first-derivative method, the attenuation coefficient of the PSOF was determined to be $0.2337 \text{ m}^{-1}$, corresponding to an attenuation length of 4.2790 m.
Figure 8. Pulse-height spectra of a $^{137}$Cs gamma-ray source positioned at 1, 2, 3, 4, and 5 m.

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4. Discussion

Effective decontamination of large areas contaminated by significant nuclear events necessitates the deployment of rapid and precise technologies for measuring radiation dose distribution and identifying radionuclides [9]. Although the PSOF detector has proven effective in rapidly measuring dose distributions across contaminated areas, it previously lacked the capability to identify specific gamma nuclides. In this study, we introduced a method for the energy calibration of spectra measured from gamma-ray sources using the PSOF detector, significantly expanding the applicability of PSOF detectors to include gamma nuclide identification. Additionally, the energy calibration method developed in this research allows for the conversion of pulse-height spectra from alpha, beta, and neutron radiation measured with PSOF detectors in prior studies into energy spectra [6,7,26]. This study employed bin-width optimization, wavelet denoising, and Savitzky–Golay filtering on measured spectra to identify the CE channel using a first-derivative method. Because differentiation inherently amplifies noise, it is crucial to effectively remove this noise without distorting the spectrum’s overall trend. The denoising and smoothing techniques illustrated in Figure 2 successfully eliminate noise while preserving the trend of...
the pulse-height spectrum, making them suitable for the precise analysis of spectra from various scintillators, including PSOF.

Additionally, we developed a method to determine the attenuation coefficient of the PSOF within the detector by leveraging the CE channel based on the position of the gamma nuclide. The PSOF features a continuous and skewed emission wavelength, and its attenuation coefficient varies with the wavelength. Moreover, the characteristics of the wavelength transmitted to the light measurement device also depend on the status of the optical connection. Therefore, the approach of measuring the attenuation coefficient using the CE channel proves to be both straightforward and effective for determining the maximum operational length of the PSOF.

5. Conclusions

In this study, we utilized a PSOF detector to obtain and analyze the pulse-height spectra of various gamma-ray source positions and nuclides. The CE channel was determined through the first-derivative method applied to the pulse-height spectrum. Subsequently, the pulse-height spectrum for each nuclide was calibrated into PSOF energy spectra using the identified CE channels. Moreover, the attenuation coefficient for the PSOF detector was calculated based on the CE derived from the pulse-height spectrum at each position. This established PSOF energy spectrum facilitates the identification of nuclides using a PSOF detector, and the derived attenuation coefficient informs the selection of the maximum operational length of the PSOF. However, due to attenuation effects, the pulse-height spectrum of the PSOF varies with the position of the radiation source. Thus, the accurate identification of nuclides from unknown radiation sources necessitates the simultaneous determination of both the nuclide and the source’s position. In future work, we will aim to incorporate the time-of-flight method to enhance the accuracy of nuclide identification and to expand this research to include the analysis of multiple nuclides in a multi-nuclide environment using various PSOF detectors.

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