

Supplementary Materials: The NERSH International Collaboration on Values, Spirituality and Religion in Medicine: Development of Questionnaire, Description of Data Pool, and Overview of Pool Publications

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Questionnaire of the Network for Research in Faith and Health (NERSH) Religiosity/Spirituality in Health Professions (Generic Health Professions)

By filling out this questionnaire you agree to participate in this scientific survey on the impact of values on the health profession. Participation is voluntary. The questionnaire takes about 12 minutes to complete. Your responses will be confidential and your name will not be matched to your answers. If you are not comfortable answering any particular items, just leave those blank, although it will further the scientific validity if you complete the entire questionnaire.

We are grateful to all those involved in the optimization and further development of Farr Curlin's questionnaire and integration of other tools, leading to the present NERSH questionnaire: K. Baumann; A. Büssing; F. Curlin; E. Frick; N.C. Hvidt; R. Lawrence; E. Lee; Ch. Randwijk, M. Tryphon; I. Wermuth; A.Zahn.

Section A: DEMOGRAPHICS

1. Age: years

2. Gender:

- [1] Female
- [2] Male

3. Family status:

- [1] Married [2] Living with a partner
- [3] Divorced [4] Single [5] Widowed

4. Employment:

- [1] Part time
- [2] Full time

5. Workplace:

- [1] Hospital [2] Nursing home [3] Outpatient clinic etc.
- [4] Home care [0] Other

6. Speciality:

- [1] Internal medicine [2] Surgery [3] Orthopedics
- [4] Psychiatry (Psycho Therapy) [5] Neurology
- [6] Pediatrics [7] Geriatrics [8] Anesthesia
- [9] Obstetrics [10] Intensive Care
- [8] Other (specify)

7. Profession:

- [1] Medicine [2] Nursing [3] Chaplaincy
- [4] Psychosocial services [5] other

8. Employed: since: years

9. Religious affiliation:

- [1] None [2] Roman Catholic [3] Orthodox [4] Protestant
- [5] Muslim [6] Jewish [7] Buddhist [8] Hindu [9] No religious affiliation
- [10] Other (specify)

10. Please mark on the scale to what extend your (physical or psychological) health is impaired at the moment (0 = not at all, 100 = strongly).

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	10	20	30	40	50	60	70	80	90	100

Section B:

Your perspective on religiosity/spirituality and health

11. Overall, how much influence do you think religion/spirituality has on patients’ health?

- Very much ^[1] Much ^[2] Some ^[3] A little ^[4] Very little to none ^[5]

12. Overall, how much influence do you think religion/spirituality has on patients’ healing process?

- Very much ^[1] Much ^[2] Some ^[3] A little ^[4] Very little to none ^[5]

13. Is the influence of religion/spirituality on the following illnesses generally positive or negative?

	Generally positive	Generally negative	Both positive and negative	No influence
a) Psychiatric illnesses	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
b) Cancer	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
c) Chronic pain diseases	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
d) Cardiovascular diseases	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
e) Other: <i>✍</i>	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]

14. In general, is it appropriate for a physician to discuss religious/spiritual issues when a patient/relative brings them up?

- Always appropriate ^[1] Usually appropriate ^[2]
 Usually *inappropriate* ^[3] Always *inappropriate* ^[4]

15. In general, is it appropriate for a physician to inquire about a patient’s/relative’s religion/spirituality?

- Always appropriate ^[1] Usually appropriate ^[2]
 Usually *inappropriate* ^[3] Always *inappropriate* ^[4]

16. When, if ever, is it appropriate for a physician to talk about his or her own religious beliefs or experiences with a patient/relative?

- Never ^[1]
 Only when the patient/relative asks ^[2]
 Whenever the physician senses it would be appropriate ^[3]

17. When, if ever, is it appropriate for a physician to pray with a patient/relative?

- Never ^[1]
 Only when the patient/relative asks ^[2]
 Whenever the physician senses it would be appropriate ^[3]

18. How comfortable would you feel discussing a patient’s religious / spiritual concerns, if the patient / relative brought them up?

- Very comfortable ^[1] Comfortable ^[2]
 Uncomfortable ^[3] Very uncomfortable ^[4]

19. Do you ever inquire about patients’/relative’s religious/spiritual issues?

- No ^[2] Yes ^[1]

19.1. If YES, how often do you inquire?

- Rarely ^[1] Sometimes ^[2] Often ^[3] Always ^[4]

19.2. If YES, how often have patients/relatives seemed uncomfortable when you inquire?

- Never ^[1] Rarely ^[2] Sometimes ^[3] Often ^[4] Always ^[5]

20. Experiences with religiosity/spirituality in the clinical practice: How are your experiences considering the following statements?

	Never	Rarely	Sometimes	Often	Always
a) Patients/relatives mention religious/spiritual issues like God, prayer, meditation, the Bible, the Koran etc.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) Religiosity/spirituality in general influences the health of patients/relatives positively.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) Religiosity/spirituality helps patients to cope with and endure illness and suffering.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) Religiosity/spirituality leads patients to refuse, delay, or stop medically indicated therapy.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) Patients/relatives receive emotional or practical support from their religious community.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
f) Religiosity/spirituality gives patients a positive, hopeful state of mind?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
g) Religiosity/spirituality helps to prevent severe consequences of disease, i.e., suicide	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
h) Patients/relatives use religion/spirituality as a reason to avoid taking responsibility for their own health?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
i) Religiosity/spirituality is strengthened or deepened through the experience of illness?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

When a patient/relative ... ▼

you inquire about religious/spiritual issues: ▼


	Never	Rarely	Sometimes	Often	Always
a) presents with a minor illness or injury,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) faces a frightening diagnosis or crisis,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) faces the end of life,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) suffers from anxiety or depression,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) comes for a medical history and physical examination,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
f) faces an ethical quandary,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

21. In the following clinical situations, how often do you inquire about religious/spiritual issues?

22. When religious/spiritual issues come up in discussions with patients/relatives, how often do you respond in the following ways?

	Never	Rarely	Sometimes	Often	Always
a) I listen carefully and empathetically.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) I try to change the subject in a tactful way.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) I encourage patients/relatives in their own religious/spiritual beliefs and practices.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) I respectfully share my own religious ideas and experiences.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) I pray with the patient/relative.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

23. A patient presents to you with continued deep grieving two months after the death of his wife. If you were to refer the patient, to which of the following would you prefer to refer first?

- A health-care chaplain [1]
- A clergy member or other religious counselor [2]
- A psychiatrist or psychologist [3]
- Other (specify): [4]: 

24. In your experience with chaplains and other pastoral care professionals, have you been:


- Very satisfied [1] Satisfied [2] Dissatisfied [3]
- Very dissatisfied [4] I have had no prior experience [5]

25. Does anything discourage you from discussing religion/spirituality with patients/patients' relatives?

- No [2] Yes [1]

25.1. If YES, which of the following reasons discourage you?

(Check all that apply)

- General discomfort discussing religious matters [1]
- Insufficient knowledge/training [2]
- Insufficient time [3]
- Concern about offending patients/relatives [4]
- Concern that my colleagues will disapprove [5]
- Professional neutrality [6]
- Not my task [7]
- I refuse to speak of these matters in my work [8]
- Other (specify): [9] 

26. Overall, do you think the amount of time you spend addressing religious/spiritual issues is:


- Too much [1] Too little [2] The right amount [3]

27. Have you had any formal training regarding religion/spirituality in medicine?

No ^[2] Yes ^[1]

27.1 If YES, was your preparation from any of the following resources??"

(Check all that apply)

- Course ^{during} medical school, nursing school and/or university ^[1]
- Book or CME literature ^[2]
- Grand rounds or other conference ^[3]
- Training from your religious tradition ^[4]
- Other (specify): ^[5] 

27.2. Would you like more training regarding religion/spirituality in medicine?

No ^[2] Yes ^[1]

27.3. Would you like more training regarding religion/spirituality in medicine?

No ^[2] Yes ^[1]

28. The following questions deal with controversial issues in medicine.

Please note if you object to any of the following medical practices, and if so, whether your objection is for religious reasons, reasons unrelated to religion, or both.

	I have no objection	I have religious objections	I have other, primarily religious objections	I have not general objections
a) Physician-assisted suicide	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
b) Sedation to the point of unconsciousness in dying patients	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
c) Withdrawal of artificial life support	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
d) Abortion for congenital abnormalities	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
e) Abortion for failed contraception	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
f) Abortion in advanced stages of pregnancy for the purpose of protecting the mother	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]

29. Please imagine the following situation: A patient requests a legal medical procedure (e.g. an abortion), but the patient’s treating physician objects to the procedure for religious or moral reasons:

	Yes	No	Undecided
a) Does the physician have an obligation to present all possible options to the patient, including information about obtaining the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
b) Does the physician have an obligation to refer the patient to someone who does not object to the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
c) Would it be ethical for the physician to plainly describe to the patient why he or she objects to the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]

Please indicate whether you agree or disagree with each of the following statements.

	Agree strongly	Agree somewhat	Disagree somewhat	Disagree strongly
a) The value of a patient’s life is not tied to the patient’s quality of life	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) Physicians should strongly weigh patient <u>quality of life</u> when making recommendations about instituting or withdrawing life-sustaining treatments	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

Section C:
Your Religious/Spiritual Characteristics

**Note: Whether you consider yourself religious, spiritual, or neither,
your perspective is important.**

30. Regardless of your attitude toward particular religious beliefs, to what extent do you consider yourself a spiritual person? Would you say you are ...

- Very spiritual ^[1] Moderately spiritual ^[2]
 Slightly spiritual ^[3] Not spiritual at all ^[4]

31. Regardless of whether you belong to a particular religious group or attend religious services, to what extent do you consider yourself a religious person? Would you say you are...

- Very religious ^[1] Moderately religious ^[2]
 Slightly religious ^[3] Not religious at all ^[4]

32. Do you believe in God or a higher power?

- Yes ^[1] No ^[2] Undecided ^[3]

33. Do you believe there is a life after death?

- Yes ^[1] No ^[2] Undecided ^[3]

34. Think about how you try to understand and deal with major problems in your life: Do you look to God (or a higher power) for strength, support and guidance?

- Yes ^[1] No ^[2] Undecided ^[3]

35. Did you ever have a religious or spiritual experience that changed your life?

- No ^[2] Yes ^[1]

35.1 If YES, did the experience occur within the context of practicing medicine?

- No ^[2] Yes ^[1]

Please answer the following questions about your religious beliefs and/or involvement.

36. How often do you attend church or other religious meetings?

- | | |
|---|--|
| <input type="checkbox"/> more than once a week ^[6] | <input type="checkbox"/> once a week ^[5] |
| <input type="checkbox"/> a few times a month ^[4] | <input type="checkbox"/> a few times a year ^[3] |
| <input type="checkbox"/> once a year or less ^[2] | <input type="checkbox"/> never ^[1] |

37. How often do you spend time in private religious activities, such as prayer, meditation or Bible study?

- | | |
|--|---|
| <input type="checkbox"/> more than once a day ^[6] | <input type="checkbox"/> daily ^[5] |
| <input type="checkbox"/> a few times a week ^[4] | <input type="checkbox"/> once a week ^[3] |
| <input type="checkbox"/> a few times a month ^[2] | <input type="checkbox"/> rarely or never ^[1] |

38. In my life, I experience the presence of the Divine (i.e. God).

- | | |
|---|--|
| <input type="checkbox"/> definitely true of me ^[4] | <input type="checkbox"/> tends to be true of me ^[3] |
| <input type="checkbox"/> tends <i>not</i> to be true of me ^[2] | <input type="checkbox"/> definitely <i>not</i> true of me ^[1] |

39. My religious beliefs are what really lie behind my whole approach to life.

- | | |
|---|--|
| <input type="checkbox"/> definitely true of me ^[4] | <input type="checkbox"/> tends to be true of me ^[3] |
| <input type="checkbox"/> tends <i>not</i> to be true of me ^[2] | <input type="checkbox"/> definitely <i>not</i> true of me ^[1] |

40. I try hard to carry my religion over into all other dealings in life.

- | | |
|---|--|
| <input type="checkbox"/> definitely true of me ^[4] | <input type="checkbox"/> tends to be true of me ^[3] |
| <input type="checkbox"/> tends <i>not</i> to be true of me ^[2] | <input type="checkbox"/> definitely <i>not</i> true of me ^[1] |

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		Does not apply at all	Does not really apply	I can't decide (neither yes or no)	Applies quite well	Definitely applies
41.	We know that there are very different emotions, attitudes and opinions associated with spirituality. Please read the following statements and indicate how true each one is for you and your situation by circling one number per line.					
S3	I trust in God (or Allah, or JHW, respectively) and turn to Him.	0	1	2	3	4
S4	I am feeling guided and secure.	0	1	2	3	4
S5	I am convinced that soul has its origin in a higher dimension.	0	1	2	3	4
S6	I am convinced that there are higher forces and beings.	0	1	2	3	4
S8	I am convinced that people (or their soul) are reborn	0	1	2	3	4
S10	I try to develop wisdom.	0	1	2	3	4
S11	I strive for insight and truth.	0	1	2	3	4
S12	I strive for beauty and goodness.	0	1	2	3	4
S13	I strive for a more comprehensive consciousness/ awareness.	0	1	2	3	4
S14	My life is a search for answers.	0	1	2	3	4
S15	I am searching for deep insight into the context of life.	0	1	2	3	4
S16	I attempt to achieve openness of spirit.	0	1	2	3	4
S19	I am convinced that people are spiritual beings.	0	1	2	3	4
S21	I deal consciously with myself.	0	1	2	3	4
S22	I deal consciously with others.	0	1	2	3	4
S23	I deal consciously with my environment.	0	1	2	3	4
S25*	I work voluntarily for others.	0	1	2	3	4
S26	I attempt to practice generosity.	0	1	2	3	4
S28	I attempt to develop compassion.	0	1	2	3	4
S33	I have a spiritual orientation in life.	0	1	2	3	4
S34*	I am meditating.	0	1	2	3	4
S35	I pray for others.	0	1	2	3	4
S36	I pray for myself and my concerns.	0	1	2	3	4
S37	I read religious or spiritual books.	0	1	2	3	4
S38	I follow certain rituals or actions.	0	1	2	3	4
S39	I attempt to give expression to the Divine in creation.	0	1	2	3	4
S40	I do not feel alone, even if no one is with me.	0	1	2	3	4

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42. To what extent do you agree with the following statements?

	Strongly agree	Agree	Disagree	Strongly disagree
a) I feel a deep sense of responsibility for reducing pain and suffering in the world.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) The family in which I was raised emphasized the importance of serving those with fewer resources.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) For me, the practice of medicine is a calling.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) My religious beliefs influence my practice of medicine.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) I find it challenging to remain faithful to my religion in my work as a physician.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) My experiences as a physician have caused me to question my religious beliefs.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

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43. To what extent do you agree with the following statements?

	Strongly agree	Agree	Disagree	Strongly disagree
a) There is a God who concerns Himself with every human being personally.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) There is little that people can do to change the course of their lives.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) To me, life is meaningful only because God exists.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) In my opinion, life does not serve any purpose.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Life is only meaningful if you provide the meaning yourself.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) I have my own way of connecting with God without churches or religious services.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

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Below you will find statements given by other people. Please read the statements carefully and then indicate how true each is for you and your <u>current situation</u> by circling one number per line.		Does not apply at all	Does not really apply	I don't know (neither yes or no)	Applies quite well	Definitely applies
F4.2	My spirituality/religiosity helps me to have a deeper connection to my neighbors and the world around me.	0	1	2	3	4
F4.3	My spirituality/religiosity helps me to be aware of how I manage my life.	0	1	2	3	4
F4.4	My spirituality/religiosity helps me to cope better with illness (e.g. in my work with patients) or arising problems.	0	1	2	3	4
F4.7	Being engaged in religion or spirituality helps me to maintain and regain mental and physical health.	0	1	2	3	4
F5.1	Spiritual/religious activity generally brings me a feeling of contentment and inner peace.	0	1	2	3	4
F5.2	In everyday life, my spirituality/religiosity promotes my inner strength.	0	1	2	3	4

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The following questions deal with your satisfaction with various areas of your life. Please choose one answer for each question that you find most appropriate for your situation. If a question does not reflect your current situation, please simply leave it blank. I would describe my satisfaction with...:		Very dissatisfied	Dissatisfied	Mostly dissatisfied	Mixed feelings (equally satisfied and dissatisfied)	Mostly satisfied	Satisfied	Very satisfied
H1	... my family life ...	0	1	2	3	4	5	6
H2	... my friendships ...	0	1	2	3	4	5	6
H3	... workplace ...	0	1	2	3	4	5	6
H4	... myself ...	0	1	2	3	4	5	6
H5	... where I live ...	0	1	2	3	4	5	6
H6	... overall life ...	0	1	2	3	4	5	6
H7	... my financial situation ...	0	1	2	3	4	5	6
H8	... my future prospects ...	0	1	2	3	4	5	6
G1	... my health...	0	1	2	3	4	5	6
G3	... my ability to cope with everyday life ...	0	1	2	3	4	5	6
G4	... my fitness and vitality	0	1	2	3	4	5	6

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Thank you for your participation!

Fragebogen des NERSH
(Network for Research in Faith and Health)
www.nersh.org

Religiosität/Spiritualität in den Gesundheitsberufen

Mit der **Zurverfügungstellung** des anonym ausgefüllten Fragebogens erklären Sie Ihr **Einverständnis**, an der Befragung **freiwillig teilzunehmen**, und dass die erhobenen Daten in verschlüsselter Form **gesammelt** und zu wissenschaftlichen Zwecken **ausgewertet** werden.

Anonymität und Einhaltung der datenschutzrechtlichen Bestimmungen sind gewährleistet. Es steht Ihnen zu einzelne Fragen auszulassen, obwohl es der wissenschaftlichen Bewertung fördert, wenn Sie alle Fragen ausfüllen.

Im Folgenden wird aus Gründen der besseren Lesbarkeit nur ein grammatikalisches Geschlecht verwendet.

Mitarbeiter der Gesundheitsberufe und Patienten/Angehörige sind männlich und weiblich zu verstehen.

An der Optimierung und Weiterentwicklung des von Farr Curlin entwickelten Fragebogens sowie an dem Einbezug weiterer Instrumente, die zum NERSH-Fragebogen in seiner aktuellen Form geführt haben, waren beteiligt:

K. Baumann, A. Büssing, F. Curlin, E. Frick, N.C. Hvidt, R. Lawrence, E. Lee, Chr. Randwijk, I. Wermuth, A. Zahn

Sektion A: Demographische und Beruf-bezogene Daten

Zu Beginn bitten wir Sie um einige Angaben zu Ihrer Person.

(Die Anonymität und Einhaltung der datenschutzrechtlichen Bestimmungen wird gewährleistet!)

1. Alter: Jahre

2. Geschlecht:

- ^[1] weiblich
- ^[2] männlich

3. Familienstand:

- ^[1] verheiratet
- ^[2] mit Partner zusammenlebend
- ^[3] geschieden
- ^[4] alleinstehend
- ^[5] verwitwet


4. Arbeitsverhältnis:

- ^[1] Teilzeit
- ^[2] Vollzeit


5. Arbeitsort:

- Krankenhaus ^[1]
- Altenheim ^[2]
- Ambulatorium u.ä. ^[3]
- Häusliche Begleitung ^[4]
- andere ^[5]

6. Hauptarbeitsbereich:


- ^[1] Anästhesie
 - ^[2] Chirurgie
 - ^[3] Geriatrie
 - ^[4] Gynäkologie/Geburtshilfe
 - ^[5] Innere Medizin
 - ^[6] Intensivmedizin
 - ^[7] Neurologie
 - ^[8] Orthopädie
 - ^[9] Pädiatrie
 - ^[10] Psychiatrie/Psychotherapie
 - ^[11] andere
- 

7. Berufsfeld:

- ^[1] Medizin
- ^[2] Pflege
- ^[3] Seelsorge
- ^[4] Psychosoziale Dienste
- ^[5] andere 

8. Berufstätig (in diesem Beruf) seit: Jahren

9. Konfession/Religion:

- ^[1] keine
- ^[2] römisch-katholisch
- ^[3] orthodox
- ^[4] evangelisch
- ^[5] muslimisch
- ^[6] jüdisch
- ^[7] aus einer Religionsgemeinschaft ausgetreten
- ^[8] sonstige 

10. Bitte markieren Sie auf der Skala, wie stark (0=gar nicht, 100=sehr stark) Sie momentan gesundheitlich (psychisch und/oder somatisch) beeinträchtigt sind:

0
 10
 20
 30
 40
 50
 60
 70
 80
 90
 100

Sektion B:

Ihre Sichtweise auf Religiosität/Spiritualität und Gesundheit


11. Was denken Sie insgesamt darüber, wie sehr Religiosität/Spiritualität die Gesundheit von Patienten beeinflusst?

- ^[1] Sehr stark ^[2] Stark ^[3] Etwas ^[4] Gering ^[5] Sehr gering bis gar nicht

12. Was denken Sie insgesamt darüber, wie sehr Religiosität/Spiritualität das Gesundwerden von Patienten beeinflusst?

- ^[1] Sehr stark ^[2] Stark ^[3] Etwas ^[4] Gering ^[5] Sehr gering bis gar nicht

13. Ist der Einfluss von Religiosität/Spiritualität auf die folgenden Erkrankungen generell positiv oder negativ?

	Eher positiv	Eher negativ	Sowohl positiv als auch negativ (je nachdem)	Kein Einfluss
a) Psychiatrische Erkrankungen	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
b) Krebserkrankungen	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
c) Schmerzerkrankungen	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
d) Herz-Kreislauf-Erkrankungen	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
e) Andere ^[5] : 	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]

14. Finden Sie es im Allgemeinen angemessen, über religiöse/spirituelle Themen zu sprechen, wenn ein Patient/Angehöriger diese zur Sprache bringt?

- ^[1] Immer angemessen ^[2] Für gewöhnlich angemessen
 ^[3] Für gewöhnlich unangemessen ^[4] Immer unangemessen

15. Finden Sie es im Allgemeinen angemessen, Patienten/Angehörige zu ihrer Religiosität/Spiritualität zu befragen?

- ^[1] Immer angemessen ^[2] Für gewöhnlich angemessen
 ^[3] Für gewöhnlich unangemessen ^[4] Immer unangemessen

16. Wann ist es, wenn überhaupt, für einen Mitarbeiter angemessen, über die eigenen religiösen Überzeugungen oder Erfahrungen mit einem Patienten/Angehörigen zu sprechen?

- ^[1] Nie
 ^[2] Nur, wenn der Patient/Angehörige darum bittet/bitten
 ^[3] Immer, wenn der Mitarbeiter dies als angemessen empfindet

17. Wann ist es, wenn überhaupt, angemessen für einen Mitarbeiter, mit einem Patienten/Angehörigen zu beten?

- ^[1] Nie ^[2] Nur, wenn der Patient/Angehörige darum bittet/bitten
 ^[3] Immer, wenn der Mitarbeiter dies als angemessen empfindet

18. In welchem Ausmaß stimmen Sie folgender Aussage zu?

„Es wäre für mich in Ordnung, mit einem Patienten/Angehörigen über seine religiösen/spirituellen Belange zu sprechen, wenn der Patient/Angehörige diese zur Sprache bringt.“

^[1] Ich stimme voll zu

^[2] Ich stimme eher zu

^[3] Ich stimme eher nicht zu

^[4] Ich stimme überhaupt nicht zu

19. Fragen Sie jemals nach religiösen/spirituellen Belangen eines Patienten/Angehörigen?

^[2] Nein ^[1] Ja

19.1 Wenn JA, wie oft fragen Sie?

^[1] Selten ^[2] Manchmal ^[3] Oft ^[4] Immer

19.2 Wenn JA, wie oft schienen sich Patienten/Angehörige bei dieser Frage unwohl zu fühlen?

^[1] Nie ^[2] Selten ^[3] Manchmal ^[4] Oft ^[5] Immer

20. Erfahrungen mit Religiosität/Spiritualität in der klinischen Praxis: Wie sind Ihre Erfahrungen mit Blick auf folgende Aussagen?

	Niemals	Selten	Manchmal	Oft	Immer
a) Patienten/Angehörige erwähnen spirituelle bzw. religiöse Themen, z.B. Gott, Beten, Meditation, Bibel, Koran etc.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) Religiosität/Spiritualität beeinflusst die Gesundheit der Patienten/Angehörigen generell positiv.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) Religiosität/Spiritualität hilft Patienten/Angehörigen, Krankheit und Leiden zu bewältigen und zu ertragen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) Religiosität/Spiritualität führt dazu, dass Patienten/Angehörige medizinisch notwendige Therapien ablehnen, verzögern oder abbrechen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) Patienten/Angehörige bekommen emotionale oder praktische Unterstützung von ihrer religiösen Gemeinschaft bzw. Gruppe.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
f) Religiosität/Spiritualität verhilft Patienten/Angehörigen zu einem positiven und hoffnungsvollen psychischen Befinden.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
g) Religiosität/Spiritualität hilft schwere Folgen einer Krankheit, z.B. den tödlichen Verlauf durch Suizid, zu vermeiden.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
h) Patienten/Angehörige vermeiden aus religiösen Gründen, Verantwortung für ihr Leben zu übernehmen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
i) Die Erfahrung von Krankheit führt zu mehr Religiosität/Spiritualität.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

21. Wie oft fragen Sie in den folgenden klinischen Situationen von sich aus nach der Religiosität/Spiritualität der Patienten/Angehörigen?

→ Lassen Sie diese Fragen bitte unbeantwortet, wenn diese für Sie und Ihr Aufgabengebiet nicht zutreffen!

Wenn ein Patient/Angehöriger ... ▼


... fragen Sie nach religiösen/spirituellen Belangen ▼

	Niemals	Selten	Manchmal	Oft	Immer
a) sich mit einer banalen Erkrankung oder Verletzung vorstellt, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) mit einer angstbesetzten Diagnose konfrontiert wird oder vor einer Krise steht, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) mit dem Lebensende konfrontiert ist, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) unter Angst oder Depression leidet, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) zur Anamnese und körperlichen Untersuchung kommt, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
f) mit einem ethischen Dilemma konfrontiert ist, ...	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

22. Wie oft reagieren Sie mit den folgenden Verhaltensweisen, wenn religiöse/spirituelle Belange in Gesprächen mit Patienten/Angehörigen auftauchen?

	Niemals	Selten	Manchmal	Oft	Immer
a) Ich höre aufmerksam und einführend zu.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) Ich versuche, auf taktvolle Weise das Thema zu wechseln.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) Ich bestärke den Patienten/Angehörigen in seinen eigenen religiösen/spirituellen Überzeugungen und Gebräuchen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) In respektvoller Weise teile ich meine eigenen religiösen/spirituellen Vorstellungen und Erfahrungen mit.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) Ich bete mit dem Patienten/Angehörigen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

23. Ein Patient wendet sich an Sie mit anhaltender Trauer zwei Monate nach dem Tod seiner Frau. Wenn Sie diesen Patient weiter verweisen müssten, an welche der nachfolgend genannten Personen würden Sie ihn bevorzugt zuerst verweisen?

- Krankenhauseelsorger ^[1]
 Geistlicher bzw. Berater der betreffenden Religionsgemeinschaft ^[2]
 Psychiater oder Psychotherapeut ^[3]
 Andere ^[4]: 

24. Ihre Erfahrungen mit Krankenhauseelsorgern und anderen seelsorglich Tätigen waren:


- Sehr zufriedenstellend ^[1] Zufriedenstellend ^[2]
 Nicht zufriedenstellend ^[3] Überhaupt nicht zufriedenstellend ^[4]
 Ich habe keine Erfahrungen mit o.g. Professionen ^[5]

25. Hält Sie etwas davon ab, mit Patienten/Angehörigen über deren Religiosität/Spiritualität zu sprechen?

- ^[2]Nein ^[1]Ja

25.1 Wenn JA, welche(r) der nachfolgenden Gründe hält Sie davon ab?

(Mehrfachantwort möglich)

- Allgemeines Unbehagen beim Sprechen über religiöse/spirituelle Dinge ^[1]
 Ungenügendes Wissen /Ausbildung ^[2]
 Zu wenig Zeit ^[3]
 Sorge, Patienten/Angehörigen zu nahe zu treten ^[4]
 Sorge, mich der Kritik meiner Kollegen auszusetzen ^[5]
 Professionelle Neutralität ^[6]
 Nicht meine Aufgabe ^[7]
 Ich lehne es ab in meiner Arbeit darüber zu sprechen ^[8]
 Andere: ^[9] 


26. Halten Sie Ihren Zeitaufwand für die Thematisierung religiöser/spiritueller Belange insgesamt für:

- ^[1]Zu groß ^[2]Zu klein ^[3]Genau richtig

27. Haben Sie an einer Fortbildung bezüglich Religiosität/Spiritualität in der Medizin teilgenommen?

- ^[2]Nein ^[1]Ja

27.1 Wenn JA, welche Art(en) der Fortbildung haben Sie erhalten? (Mehrfachantwort möglich)

- Lehrveranstaltung während der Ausbildung oder des Studiums ^[1]
 Bücher oder Fachartikel ^[2]
 Klinikkonferenz oder andere Konferenzen / Tagungen ^[3]
 Fortbildung im kirchlichen oder religiösen Kontext ^[4]
 Andere ^[5] 

28. Nachfolgend geht es um kontrovers diskutierte Fragen im medizinischen Bereich. Bitte geben Sie an, ob Sie Vorbehalte gegen eine der nachfolgend genannten medizinischen Vorgehensweisen haben oder nicht. Wenn dies der Fall ist, unterscheiden Sie bitte, ob Ihre Vorbehalte aus religiösen Gründen oder anderen Gründen zustande kommen.

<i>Ich habe bei ...</i>	... keine Vorbehalte	... religiös bedingte Vorbehalte	... andere, nicht primär religiös bedingte Vorbehalte	generelle Vorbehalte
a) ärztlich assistiertem Suizid	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) Sedierung bis zur Bewusstlosigkeit bei sterbenden Patienten	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) Beendigung künstlichen, lebenserhaltenden medizinischen Maßnahmen	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) Schwangerschaftsabbruch bei angeborenen Fehlbildungen	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Schwangerschaftsabbruch nach Versagen kontrazeptiver Maßnahmen	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) Schwangerschaftsabbruch bei fortgeschrittener Schwangerschaft zum Schutz des Lebens der Mutter	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

29. Bitte stellen Sie sich die folgende Situation vor: Eine Patientin wünscht eine legale medizinische Behandlungsoption (z.B. einen Schwangerschaftsabbruch), aber der behandelnde Arzt hat aus religiösen oder moralischen Gründen Vorbehalte gegen diese.

	Ja	Nein	Weiß nicht
a) Hat der Arzt eine Verpflichtung, den Patienten über alle möglichen Behandlungsoptionen aufzuklären, inklusive Informationen über die vom Patienten gewünschte Behandlungsoption?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
b) Hat der Arzt eine Verpflichtung, den Patienten an jemanden zu vermitteln, der keine Vorbehalte gegen die verlangte Behandlungsoption hat?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
c) Wäre es ethisch vertretbar, wenn der Arzt dem Patienten ohne Umschweife beschriebe, warum er Vorbehalte gegen die gewünschte Behandlungsoption hat?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]

Sektion C:
Ihre religiösen/spirituellen Charakteristika

Vorbemerkung: Egal ob Sie sich selbst als religiös oder spirituell oder keines von beiden betrachten, **Ihre Perspektive ist wichtig!**

30. Unabhängig von Ihrer Einstellung zu bestimmten Glaubensvorstellungen oder Religionen, wie würden Sie sich selbst bezeichnen?

- ^[1] Sehr spirituell ^[2] Mäßig spirituell
 ^[3] Wenig spirituell ^[4] Überhaupt nicht spirituell

31. Unabhängig davon, ob Sie einer Religionsgemeinschaft angehören oder einen Gottesdienst besuchen, wie würden Sie sich selbst bezeichnen?

- ^[1] Sehr religiös ^[2] Mäßig religiös
 ^[3] Wenig religiös ^[4] Überhaupt nicht religiös

32. Glauben Sie an Gott oder eine jenseitige Realität?

- ^[1] Ja ^[2] Nein ^[3] Weiß nicht

33. Glauben Sie an ein Leben nach dem Tod?

- ^[1] Ja ^[2] Nein ^[3] Weiß nicht

34. Denken Sie nun bitte einmal darüber nach, wie Sie mit größeren Problemen in Ihrem Leben umgehen: Suchen Sie dann dabei bei Gott (bzw. einer göttlichen Instanz) nach Kraft, Unterstützung und Orientierung?

- ^[1] Ja ^[2] Nein ^[3] Weiß nicht

35. Haben Sie jemals eine religiöse oder spirituelle Erfahrung gemacht, die Ihr Leben verändert hat?

- ^[2] Nein ^[1] Ja

35.1 Wenn JA, haben Sie diese Erfahrung im Kontext Ihrer medizinischen Tätigkeit gemacht?

- ^[2] Nein ^[1] Ja

Bitte beantworten Sie die folgenden Fragen hinsichtlich ihrer religiösen Überzeugungen und/oder religiösen Einbindung.

36. Wie oft gehen Sie zur Kirche oder nehmen an anderen religiösen Veranstaltungen teil?

- | | |
|--|---|
| <input type="checkbox"/> ^[6] mehr als einmal pro Woche | <input type="checkbox"/> ^[5] einmal pro Woche |
| <input type="checkbox"/> ^[4] ein paar Mal pro Monat | <input type="checkbox"/> ^[3] ein paar Mal pro Jahr |
| <input type="checkbox"/> ^[2] einmal pro Jahr oder weniger | <input type="checkbox"/> ^[1] nie |

37. Wie oft verwenden Sie Zeit auf private religiöse Aktivitäten wie Gebet, Meditation oder dem Lesen, z.B. in der Bibel?

- | | |
|--|--|
| <input type="checkbox"/> ^[6] mehrmals am Tag | <input type="checkbox"/> ^[5] täglich |
| <input type="checkbox"/> ^[4] ein paar Mal pro Woche | <input type="checkbox"/> ^[3] einmal pro Woche |
| <input type="checkbox"/> ^[2] mehrmals pro Monat | <input type="checkbox"/> ^[1] selten oder nie |

38. In meinem Leben erfahre ich die Gegenwart des Göttlichen (bzw. von Gott)

- ^[4] trifft genau zu ^[3] trifft eher zu ^[2] trifft eher nicht zu ^[1] trifft gar nicht zu

39. Meine religiösen Überzeugungen bilden die Grundlage meiner Einstellung zum Leben.

- | | |
|---|---|
| <input type="checkbox"/> ^[4] trifft genau zu | <input type="checkbox"/> ^[3] trifft eher zu |
| <input type="checkbox"/> ^[2] trifft eher <u>nicht</u> zu | <input type="checkbox"/> ^[1] trifft gar nicht zu |

40. Ich bemühe mich sehr, meinen Glauben in allen Bereichen meines Lebens umzusetzen.

- | | |
|---|---|
| <input type="checkbox"/> ^[4] trifft genau zu | <input type="checkbox"/> ^[3] trifft eher zu |
| <input type="checkbox"/> ^[2] trifft eher <u>nicht</u> zu | <input type="checkbox"/> ^[1] trifft gar nicht zu |

41. Aus vielen Vorgesprächen wissen wir, dass es sehr verschiedene Gefühle, Einstellungen und Meinungen zum Thema Spiritualität gibt. Bitte überprüfen Sie, in wie weit die folgenden Aussagen für Sie zutreffend sind und kreuzen Sie bitte entsprechend an. ASP © Arndt Büssing		trifft gar nicht zu	trifft eher nicht zu	teils – teils (weder ja noch nein)	trifft eher zu	trifft genau zu
S3	Ich vertraue auf Gott (bzw. Allah) und wende mich ihm zu.	0	1	2	3	4
S4	Ich fühle mich geführt und geborgen.	0	1	2	3	4
S5	Ich bin davon überzeugt, dass meine Seele ihren Ursprung in einer höheren Dimension hat.	0	1	2	3	4
S6	Ich bin davon überzeugt, dass es höhere Kräfte und Wesenheiten gibt.	0	1	2	3	4
S8	Ich bin davon überzeugt, dass es eine Wiedergeburt des Menschen (oder seiner Seele) gibt.	0	1	2	3	4
S10	Ich versuche Weisheit zu entwickeln.	0	1	2	3	4
S11	Ich strebe nach Erkenntnis und Wahrheit.	0	1	2	3	4
S12	Ich strebe nach Schönheit und Güte.	0	1	2	3	4
S13	Ich strebe nach einem umfassenderen Bewusstsein.	0	1	2	3	4
S14	Mein Leben ist ein Suchen und Fragen nach Antworten.	0	1	2	3	4
S15	Ich suche nach tiefen Einsichten in die Lebenszusammenhänge.	0	1	2	3	4
S16	Ich versuche Offenheit des Geistes zu erlangen.	0	1	2	3	4
S19	Ich bin davon überzeugt, dass der Mensch ein geistiges Wesen ist.	0	1	2	3	4
S21	Ich gehe bewusst mit mir selbst um.	0	1	2	3	4
S22	Ich gehe bewusst mit meinen Mitmenschen um.	0	1	2	3	4
S23	Ich gehe bewusst mit meiner Umwelt um.	0	1	2	3	4
S25	Ich engagiere mich ehrenamtlich für andere.	0	1	2	3	4
S26	Ich übe Großzügigkeit.	0	1	2	3	4
S28	Ich versuche Mitgefühl zu entwickeln.	0	1	2	3	4
S33	Ich habe eine geistliche Orientierung in meinem Leben.	0	1	2	3	4
S34	Ich meditiere.	0	1	2	3	4
S35	Ich bete für andere.	0	1	2	3	4
S36	Ich bete für mich und meine Belange.	0	1	2	3	4
S37	Ich lese religiöse bzw. spirituelle Schriften.	0	1	2	3	4
S38	Ich befolge bestimmte Rituale oder Handlungen.	0	1	2	3	4
S39	Ich versuche dem Göttlichen in der Schöpfung Ausdruck zu verschaffen.	0	1	2	3	4
S40	Ich bin nicht alleine, auch wenn niemand bei mir ist.	0	1	2	3	4

42. Inwieweit stimmen Sie den folgenden Aussagen zu oder nicht zu?

	Stimme voll und ganz zu	Stimme zu	Stimme nicht zu	Stimme überhaupt nicht zu
a) Ich empfinde eine große Verantwortung, Schmerz und Leid in der Welt zu verringern.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) In der Familie, in der ich aufwuchs, wurde betont, wie wichtig es ist, sich für bedürftige Mitmenschen einzusetzen.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) Für mich ist die Ausübung einer medizinischen Tätigkeit eine Berufung.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) Meine religiösen Überzeugungen beeinflussen meine praktische medizinische Tätigkeit.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Ich empfinde es als herausfordernd, meinen religiösen Überzeugungen bei meiner klinischen Arbeit treu zu bleiben.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) Die Erfahrungen meines Berufs haben dazu geführt, dass ich meine religiösen Überzeugungen in Frage stelle. © Farr Curlin 2007 Q32 (2 Items siehe Durel Items 29 and 30)	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

43.

a) Es gibt einen Gott, der sich persönlich mit jedem Menschen befasst.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) Die Menschen können selbst wenig tun, um den Lauf ihres Lebens zu verändern.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) Für mich hat das Leben nur einen Sinn, weil es Gott gibt.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) Meiner Meinung nach dient das Leben keinem Zweck.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Das Leben hat nur dann einen Sinn, wenn man ihm selbst einen Sinn gibt.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) Ich trete mit Gott auf meine eigene Weise in Verbindung, ohne Kirchen oder Gottesdienste.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

44. Im Folgenden finden Sie Aussagen, wie sie von anderen Menschen geäußert wurden. Bitte überprüfen Sie, inwieweit diese für Sie persönlich <u>momentan</u> zutreffend sind.		trifft gar nicht zu	trifft eher nicht zu	(weder ja noch nein) teils-teils	trifft eher zu	trifft genau zu
F4.2	Meine Religiosität/Spiritualität verhilft mir zu einer tieferen Beziehung mit meiner Umwelt und meinen Mitmenschen.	0	1	2	3	4
F4.3	Durch meine Religiosität/Spiritualität gehe ich mit meinem Leben bewusster um.	0	1	2	3	4
F4.4	Meine Religiosität/Spiritualität hilft mir, mit Krankheit (die mir z.B. in meinem Berufsumfeld begegnet) besser umzugehen.	0	1	2	3	4
F4.7	Die Ausübung meiner Religiosität/Spiritualität hilft mir, geistige und körperliche Gesundheit zu erhalten bzw. wieder zu erlangen.	0	1	2	3	4
F5.1	Wenn ich meine Religiosität/Spiritualität ausübe, dann erfahre ich im allgemeinen Zufriedenheit und inneren Frieden.	0	1	2	3	4
F5.2	Im Alltag fördert meine Religiosität/Spiritualität meine innere Kraft.	0	1	2	3	4

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45. Die folgenden Fragen beziehen sich auf Ihre Zufriedenheit hinsichtlich verschiedener Bereiche des Lebens. Bitte kreuzen Sie für jede Frage die Antwort an, die Ihnen passend erscheint. Falls eine Frage für Ihre Situation nicht zutreffend ist, lassen Sie diese einfach unbeantwortet. Die Zufriedenheit mit würde ich wie folgt beschreiben:		sehr unzufrieden	unzufrieden	eher unzufrieden	uneinheitlich (sowohl als auch)	eher zufrieden	zufrieden	sehr zufrieden
H1	... meinem Familienleben ...	0	1	2	3	4	5	6
H2	... meinen Freundschaften ...	0	1	2	3	4	5	6
H3	... meinem Arbeitsplatz...	0	1	2	3	4	5	6
H4	... mir selber ...	0	1	2	3	4	5	6
H5	... meinem Wohnumfeld ...	0	1	2	3	4	5	6
H6	... meinem Leben im allgemeinen ...	0	1	2	3	4	5	6
H7	... meiner finanziellen Situation ...	0	1	2	3	4	5	6
H8	... meinen Zukunftsaussichten ...	0	1	2	3	4	5	6
G1	... meiner Gesundheitssituation...	0	1	2	3	4	5	6
G3	... meinen Fähigkeiten zur Alltagsbewältigung ...	0	1	2	3	4	5	6
G4	... meiner Fitness und Vitalität	0	1	2	3	4	5	6

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VIELEN DANK FÜR IHRE TEILNAHME!

Questionnaire of the
Network for Research in Faith and Health (NERSH)
Religiosity/Spirituality in Health Professions

By filling out this questionnaire you agree to participate in this scientific survey on the impact of values on the health profession. Participation is voluntary. The questionnaire takes about 12 minutes to complete. Your responses will be confidential and your name will not be matched to your answers. If you are not comfortable answering any particular items, just leave those blank, although it will further the scientific validity if you complete the entire questionnaire.

We are grateful to all those involved in the optimization and further development of Farr Curlin's questionnaire and integration of other tools, leading to the present NERSH questionnaire:
K. Baumann, A. Büssing, F. Curlin, E. Frick, N.C. Hvidt, R. Lawrence, E. Lee, Ch. Randwijk, M. Tryphon, I. Wermut, A.Zahn

Section A:
DEMOGRAPHICS

1. Age: years

2. Gender:

- ^[1] Female
- ^[2] Male

3. Family status:

- ^[1] Married ^[2] Living with a partner
- ^[3] Divorced ^[4] Single ^[5] Widowed

4. Employment:

- ^[1] Part time
- ^[2] Full time

5. Workplace:

- ^[1] Hospital ^[2] Nursing home ^[3] Outpatient clinic etc.
- ^[4] Home care ^[0] Other

6. Speciality:

- ^[1] Internal medicine ^[2] Surgery ^[3] Orthopedics
- ^[4] Psychiatry (Psycho Therapy) ^[5] Neurology
- ^[6] Pediatrics ^[7] Geriatrics ^[8] Anesthesia
- ^[9] Obstetrics ^[10] Intensive Care
- ^[8] Other (specify)

7. Profession:

- ^[1] Medicine ^[2] Nursing ^[3] Chaplaincy
- ^[4] Psychosocial services ^[5] other

8. Employed since: years

46. 9. Religious affiliation:

- ^[1] None ^[2] Roman Catholic ^[3] Orthodox ^[4] Protestant
- ^[5] Muslim ^[6] Jewish ^[7] Buddhist ^[8] Hindu ^[9] No religious affiliation
- ^[10] Other (specify)

47. 10. Please mark on the scale to what extend your (physical or psychological) health is impaired at the moment (0=not at all, 100=strongly).

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	10	20	30	40	50	60	70	80	90	100

Section B:
Your perspective on religiosity/spirituality and health

11. Overall, how much influence do you think religion/spirituality has on patients' health?

- Very much ^[1] Much ^[2] Some ^[3] A little ^[4] Very little to none ^[5]

12. Overall, how much influence do you think religion/spirituality has on patients' healing process?

- Very much ^[1] Much ^[2] Some ^[3] A little ^[4] Very little to none ^[5]

13. Is the influence of religion/spirituality on the following illnesses generally positive or negative?

	Generally positive	Generally negative	Both positive and negative	No influence
d) Psychiatric illnesses	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
e) Cancer	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
f) Chronic pain diseases	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
g) Cardiovascular diseases	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]
e) Other: 	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]

14. In general, is it appropriate for a physician to discuss religious/spiritual issues when a patient/relative brings them up?

- Always appropriate ^[1] Usually appropriate ^[2]
 Usually *in*appropriate ^[3] Always *in*appropriate ^[4]

15. In general, is it appropriate for a physician to inquire about a patient's/relative's religion/spirituality?

- Always appropriate ^[1] Usually appropriate ^[2]
 Usually *in*appropriate ^[3] Always *in*appropriate ^[4]

16. When, if ever, is it appropriate for a physician to talk about his or her own religious beliefs or experiences with a patient/relative?

- Never ^[1]
 Only when the patient/relative asks ^[2]
 Whenever the physician senses it would be appropriate ^[3]

17. When, if ever, is it appropriate for a physician to pray with a patient/relative?

- Never ^[1]
 Only when the patient/relative asks ^[2]
 Whenever the physician senses it would be appropriate ^[3]

18. How comfortable would you feel discussing a patient’s religious / spiritual concerns, if the patient / relative brought them up?

- Very comfortable ^[1]
 Comfortable ^[2]
 Uncomfortable ^[3]
 Very uncomfortable ^[4]

19. Do you ever inquire about patients’/relative’s religious/spiritual issues?

- No ^[2]
 Yes ^[1]

19.1 If YES, how often do you inquire?

- Rarely ^[1]
 Sometimes ^[2]
 Often ^[3]
 Always ^[4]

19.2 If YES, how often have patients/relatives seemed uncomfortable when you inquire?

- Never ^[1]
 Rarely ^[2]
 Sometimes ^[3]
 Often ^[4]
 Always ^[5]

20. Experiences with religiosity/spirituality in the clinical practice: How are your experiences considering the following statements?

	Never	Rarely	Sometimes	Often	Always
h) Patients/relatives mention religious/ spiritual issues like God, prayer, meditation, the Bible, the Koran etc.	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
i) Religiosity/spirituality in general influences the health of patients/relatives positively.	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
j) Religiosity/spirituality helps patients to cope with and endure illness and suffering.	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
k) Religiosity/spirituality leads patients to refuse, delay, or stop medically indicated therapy.	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
l) Patients/relatives receive emotional or practical support from their religious community.	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
m) Religiosity/spirituality gives patients a positive, hopeful state of mind?	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
n) Religiosity/spirituality helps to prevent severe consequences of disease, i.e. suicide	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
o) Patients/relatives use religion/spirituality as a reason to avoid taking responsibility for their own health?	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]
p) Religiosity/spirituality is strengthened or deepened through the experience of illness?	<input type="checkbox"/> ^[1]	<input type="checkbox"/> ^[2]	<input type="checkbox"/> ^[3]	<input type="checkbox"/> ^[4]	<input type="checkbox"/> ^[5]

21. In the following clinical situations, how often do you inquire about religious/spiritual issues?

When a patient/relative ... ▼
issues: ▼


... you inquire about religious/spiritual

	Never	Rarely	Sometimes	Often	Always
a) presents with a minor illness or injury,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) faces a frightening diagnosis or crisis,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) faces the end of life,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) suffers from anxiety or depression,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) comes for a medical history and physical examination,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
f) faces an ethical quandary,	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

22. When religious/spiritual issues come up in discussions with patients/relatives, how often do you respond in the following ways?

	Never	Rarely	Sometimes	Often	Always
a) I listen carefully and empathetically.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
b) I try to change the subject in a tactful way.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
c) I encourage patients/relatives in their own religious/spiritual beliefs and practices.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
d) I respectfully share my own religious ideas and experiences.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]
e) I pray with the patient/relative.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]	<input type="checkbox"/> [5]

23. A patient presents to you with continued deep grieving two months after the death of his wife. If you were to refer the patient, to which of the following would you prefer to refer first?

- A health-care chaplain [1]
- A clergy member or other religious counselor [2]
- A psychiatrist or psychologist [3]
- Other (specify): [4]: 

24. In your experience with chaplains and other pastoral care professionals, have you been:


- Very satisfied ^[1] Satisfied ^[2] Dissatisfied ^[3]
 Very dissatisfied ^[4] I have had no prior experience ^[5]

25. Does anything discourage you from discussing religion/spirituality with patients/patients' relatives?

- No ^[2] Yes ^[1]

25.1 If YES, which of the following reasons discourage you?

(Check all that apply)

- General discomfort discussing religious matters ^[1]
 Insufficient knowledge/training ^[2]
 Insufficient time ^[3]
 Concern about offending patients/relatives ^[4]
 Concern that my colleagues will disapprove ^[5]
 Professional neutrality ^[6]
 Not my task ^[7]
 I refuse to speak of these matters in my work ^[8]
 Other (specify): ^[9] 

26. Overall, do you think the amount of time you spend addressing religious/spiritual issues is:

- Too much ^[1] Too little ^[2] The right amount ^[3]

27. Have you had any formal training regarding religion/spirituality in medicine?


- No ^[2] Yes ^[1]

27.1 If YES, was your preparation from any of the following resources?"?

(Check all that apply)

- Course ^{during medical school, nursing school and/or university} ^[1]
 Book or CME literature ^[2]
 Grand rounds or other conference ^[3]

Training from your religious tradition ^[4]

Other (specify): ^[5] 

27.2. Would you like more training regarding religion/spirituality in medicine?

- No ^[2] Yes ^[1]

27.3. Would you like more training regarding religion/spirituality in medicine?

- No ^[2] Yes ^[1]

28. The following questions deal with controversial issues in medicine.

Please note if you object to any of the following medical practices, and if so, whether your objection is for religious reasons, reasons unrelated to religion, or both.

	I have no objection	I have religious objections	I have other, not primarily religious objections	I have general objections
a) Physician-assisted suicide	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) Withdrawal of artificial life support	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) Sedation to the point of unconsciousness in dying patients	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) Withdrawal of artificial life support	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Abortion for congenital abnormalities	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) Abortion for failed contraception	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
g) Abortion in advanced stages of pregnancy for the purpose of protecting the mother	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

29. Please imagine the following situation: A patient requests a legal medical procedure (e.g. an abortion), but the patient’s treating physician objects to the procedure for religious or moral reasons:

	Yes	No	Undecided
a) Does the physician have an obligation to present all possible options to the patient, including information about obtaining the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
b) Does the physician have an obligation to refer the patient to someone who does not object to the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]
c) Would it be ethical for the physician to plainly describe to the patient why he or she objects to the requested procedure?	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]

Please indicate whether you agree or disagree with each of the following statements.

	Agree strongly	Agree somewhat	Disagree somewhat	Disagree strongly
a) The value of a patient’s life is not tied to the patient’s quality of life	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) Physicians should strongly weigh patient <u>quality of life</u> when making recommendations about instituting or withdrawing life-sustaining treatments	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

Section C:
Your Religious/Spiritual Characteristics

**Note: Whether you consider yourself religious, spiritual, or neither,
your perspective is important.**

30. Regardless of your attitude toward particular religious beliefs, to what extent do you consider yourself a spiritual person? Would you say you are ...

- Very spiritual ^[1] Moderately spiritual ^[2]
 Slightly spiritual ^[3] Not spiritual at all ^[4]

31. Regardless of whether you belong to a particular religious group or attend religious services, to what extent do you consider yourself a religious person? Would you say you are...

- Very religious ^[1] Moderately religious ^[2]
 Slightly religious ^[3] Not religious at all ^[4]

32. Do you believe in God or a higher power?

- Yes ^[1] No ^[2] Undecided ^[3]

33. Do you believe there is a life after death?

- Yes ^[1] No ^[2] Undecided ^[3]

34. Think about how you try to understand and deal with major problems in your life: Do you look to God (or a higher power) for strength, support and guidance?

- Yes ^[1] No ^[2] Undecided ^[3]

35. Did you ever have a religious or spiritual experience that changed your life?

- No ^[2] Yes ^[1]

35.1 If YES, did the experience occur within the context of practicing medicine?

- No ^[2] Yes ^[1]

Please answer the following questions about your religious beliefs and/or involvement.

36. How often do you attend church or other religious meetings?

- more than once a week ^[6] once a week ^[5]
 a few times a month ^[4] a few times a year ^[3]
 once a year or less ^[2] never ^[1]

37. How often do you spend time in private religious activities, such as prayer, meditation or Bible study?

- more than once a day ^[6] daily ^[5]
 a few times a week ^[4] once a week ^[3]
 a few times a month ^[2] rarely or never ^[1]

38. In my life, I experience the presence of the Divine (i.e. God).

- definitely true of me ^[4] tends to be true of me ^[3]

tends *not* to be true of me ^[2] definitely *not* true of me ^[1]

39. My religious beliefs are what really lie behind my whole approach to life.

definitely true of me ^[4] tends to be true of me ^[3]
 tends *not* to be true of me ^[2] definitely *not* true of me ^[1]

40. I try hard to carry my religion over into all other dealings in life.

definitely true of me ^[4] tends to be true of me ^[3]
 tends *not* to be true of me ^[2] definitely *not* true of me ^[1]

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41.	We know that there are very different emotions, attitudes and opinions associated with spirituality. Please read the following statements and indicate how true each one is for you and your situation by circling one number per line.	Does not apply at all	Does not really	I can't decide (neither yes or no)	Applies quite well	Definitely applies
S3	I trust in God (or Allah, or JHW, respectively) and turn to Him.	0	1	2	3	4
S4	I am feeling guided and secure.	0	1	2	3	4
S5	I am convinced that soul has its origin in a higher dimension.	0	1	2	3	4
S6	I am convinced that there are higher forces and beings.	0	1	2	3	4
S8	I am convinced that people (or their soul) are reborn	0	1	2	3	4
S10	I try to develop wisdom.	0	1	2	3	4
S11	I strive for insight and truth.	0	1	2	3	4
S12	I strive for beauty and goodness.	0	1	2	3	4
S13	I strive for a more comprehensive consciousness/ awareness.	0	1	2	3	4
S14	My life is a search and ask for answers.	0	1	2	3	4
S15	I am searching for deep insight in context of life.	0	1	2	3	4
S16	I attempt to achieve openness of spirit.	0	1	2	3	4
S19	I am convinced that people are spiritual beings.	0	1	2	3	4
S21	I deal consciously with myself.	0	1	2	3	4
S22	I deal consciously with others.	0	1	2	3	4
S23	I deal consciously with my environment.	0	1	2	3	4
S25*	I work voluntary for others.	0	1	2	3	4
S26	I attempt to practice generosity.	0	1	2	3	4
S28	I attempt to develop compassion.	0	1	2	3	4
S33	I have a spiritual orientation in life.	0	1	2	3	4
S34*	I am meditating.	0	1	2	3	4
S35	I pray for others.	0	1	2	3	4
S36	I pray for myself and my concerns.	0	1	2	3	4
S37	I read religious or spiritual books.	0	1	2	3	4
S38	I follow certain rituals or actions.	0	1	2	3	4
S39	I attempt to give expression to the Divine in creation.	0	1	2	3	4
S40	I do not feel alone, even if no one is with me.	0	1	2	3	4

42. To what extent do you agree with the following statements?

	Strongl y agree	Agree	Disag ree	Strongl y disagree
a) I feel a deep sense of responsibility for reducing pain and suffering in the world.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) The family in which I was raised emphasized the importance of serving those with fewer resources.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) For me, the practice of medicine is a calling.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) My religious beliefs influence my practice of medicine.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) I find it challenging to remain faithful to my religion in my work as a physician.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) My experiences as a physician have caused me to question my religious beliefs.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

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43. To what extent do you agree with the following statements?

	Strongl y agree	Agree	Disag ree	Strongl y disagree
a) There is a God who concerns Himself with every human being personally.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
b) There is little that people can do to change the course of their lives.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
c) To me, life is meaningful only because God exists.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
d) In my opinion, life does not serve any purpose.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
e) Life is only meaningful if you provide the meaning yourself.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]
f) I have my own way of connecting with God without churches or religious services.	<input type="checkbox"/> [1]	<input type="checkbox"/> [2]	<input type="checkbox"/> [3]	<input type="checkbox"/> [4]

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44.	Below you will find statements given by other people. Please read the statements carefully and then indicate how true each is for you and your <u>current situation</u> by circling one number per line.	Does not apply at	Does not really	I don't know (neither yes or no)	Applies quite well	Definitely applies
F4.2	My spirituality/religiosity helps me to have a deeper connection to my neighbors and the world around me.	0	1	2	3	4
F4.3	My spirituality/religiosity helps me to be aware of how I manage my life.	0	1	2	3	4
F4.4	My spirituality/religiosity helps me to cope better with illness (e.g. in my work with patients) or arising problems.	0	1	2	3	4
F4.7	Being engaged in religion or spirituality helps me to maintain and regain mental and physical health.	0	1	2	3	4
F5.1	Spiritual/religious activity generally brings me a feeling of contentment and inner peace.	0	1	2	3	4
F5.2	In everyday life, my spirituality/religiosity promotes my inner strength.	0	1	2	3	4

45.	The following questions deal with your satisfaction with various areas of your life. Please choose one answer for each question that you find most appropriate for your situation. If a question does not reflect your current situation, please simply leave it blank. I would describe my satisfaction with....:	Very dissatisfied	Dissatisfied	Mostly dissatisfied	Mixed feelings (equally satisfied and dissatisfied)	Mostly satisfied	Satisfied	Very satisfied
H1	... my family life ...	0	1	2	3	4	5	6
H2	... my friendships ...	0	1	2	3	4	5	6
H3	... workplace ...	0	1	2	3	4	5	6
H4	... myself ...	0	1	2	3	4	5	6
H5	... where I live ...	0	1	2	3	4	5	6
H6	... overall life ...	0	1	2	3	4	5	6
H7	... my financial situation ...	0	1	2	3	4	5	6
H8	... my future prospects ...	0	1	2	3	4	5	6
G1	... my health...	0	1	2	3	4	5	6
G3	... my ability to cope with everyday life ...	0	1	2	3	4	5	6
G4	... my fitness and vitality	0	1	2	3	4	5	6