

New compounds from *Rhodiola kirilowii*

Helmut Wiedenfeld^{1*}, Monika Zych², Waldemar Buchwald³, Mirosława Furmanowa²

¹*Pharmaceutical Institute, University of Bonn, An der Immenburg 4, D-53121 Bonn, Germany*

²*Department of Biology and Pharmaceutical Botany, Medical University of Warsaw, 02-097, Warsaw, Poland*

³*Research Institute of Medicinal Plants, 61-707 Poznań, Poland*

Abstract

Five compounds were isolated from root extracts of *Rhodiola kirilowii*: arbutin, epigallocatechin gallate, rhodiocyanoside A, fructopyrano-(1-4)-glucopyranose and lotaustralin. The first four compounds were found in this plant for the first time. Lotaustralin, salidroside, daucosterol and tyrosol were already described to be contained. Especially salidroside (as a *Rhodiola* marker compound) could not be detected in our samples. The structures were established by NMR studies.

Keywords

Rhodiola kirilowii; arbutin; epigallocatechin gallate; rhodiocyanoside A; lotaustralin; fructopyrano-(1-4)-glucopyranose.

Introduction

Rhodiola kirilowii (Reg.) Reg. (Crassulaceae) is used in the Chinese traditional medicine for the enhancement of the ability of anti-anoxia, it shows anticoagulative properties and decreases the level of blood sugar. *Rh. kirilowii* is also said to protect people efficiently against cardiopulmonary function problems when moving to high altitude (4500 m) [1]. The plant was reported to contain salidroside, tyrosol, daucosterol, lotaustralin, sucrose, beta-sitosterol [2,3,4,5]. Our reinvestigation of

cultivated *Rh. kirilowii* led to the isolation of 5 compounds which were identified by NMR-studies as arbutin (1), epigallo-catechin gallate (2), rhodiocyanoside A (3), lotaustralin (4), fructopyrano-(1-4)-glucopyranose (5).

Results and Discussion

The genus *Rhodiola* contains 15 species; among them *Rh. rosea*, *Rh. quadrifida* and *Rh. kirilowii* are used medicinally. Especially the species *rosea* is investigated intensively [2,3]. *Rh. kirilowii* is traditionally used in Northern China and in southern parts of the former USSR. It is mainly applied to protect and to reduce cardiopulmonary pathological damages occurring in high altitudes [1]. As ingredients, salidroside, tyrosol, daucosterol, lotaustralin, sucrose, beta-sitosterol are mentioned [4,5,6,7]. Our reinvestigation of cultivated plant material led to the isolation of arbutin, rhodiocyanoside A, epigallocatechin gallate, fructopyrano-(1-4)-glucopyranose and lotaustralin.

Only lotaustralin is already mentioned as being contained in the plant [8]. Especially the absence of the marker compound salidroside seems to be remarkable. Arbutin, rhodiocyanoside A and epigallocatechin gallate are reported to have antibacterial, histamine release inhibiting and antioxidative as well as antiallergic properties, respectively [9,10,11,12].

Experimental

Plant material

Roots and rhizomes of *Rh. kirilowii* were collected in September 2003 and identified in the Research Institute of Medicinal Plants, Poznań. The plant growth was controlled: The reaction and mineral components of the soil, the air temperature, the average sum of humidity and rain as well as the sun periods were monitored permanently.

Instruments

HPLC: Dionex system (pump 480, Gina 50 autosampler, DAD 320s) with a CC 250/4 Nucleodur C₁₈ Pyramid, 5 μ, column (Macherey-Nagel, Germany); data

acquisition: Chromeleon V. 6.40, build 800. NMR: Bruker AC-400, DMSO-D₆, chemical shifts (δ =ppm) were referenced to DMSO (2.50 and 39.43 ppm, respectively), coupling constants in Hz. Flash liquid chromatography (FLC): 150 x 2 cm column, Polyoprep C₁₈, 60-30 (Macherey-Nagel, Germany).

Extraction and isolation

Air-dried underground parts of *Rh. kirilowii* were extracted with n-hexane for 24 hours, using a Soxhlet apparatus, followed by methanolic extraction for 48 hours. The alcoholic solution was evaporated to dryness under reduced pressure. The residue was partitioned between CCl₄:CH₃OH:H₂O, (5:4:1). The MeOH/H₂O extract was again evaporated to dryness. The residue was dissolved in BuOH-H₂O leading to a butanolic (BE) as well as a water extract, respectively. The BE was used for the FLC. Elution was done by H₂O/MeOH/AcCN 80:10:10, 4 ml/min. The resulting fractions (10 ml) were monitored by HPLC (1.3 ml/min.; 0.04 m H₃PO₄/ CH₃CN/ MeOH: 0-7 min.: 75/12/13, 7-20 min.: 60/20/20, 20-22 min.: 60/20/20) leading to compounds **1 - 5**.

Arbutin (1)

NMR (δ =ppm; J [Hz]): C-1: 152.36; C-2/6: 115.64; 6.85 (2H,d, J =8.7); C-3/5: 117.81; 6.65 (2H,d, J = 8.7); C-4: 150.54; C-1': 101.90; 4.62 (1H,d, J =7.0); C-2': 73.46; 2.90-3.60 (m); C-3': 76.80; 2.90-3.60 (m); C-4': 69.93; 2.90-3.60 (m); C-5': 77.13; 2.90-3.60 (m); C-6': 60.93; 2.90-3.60 (m).

Epigallocatechin gallate (2)

NMR (δ =ppm; J [Hz]): C-2: 77.10; 4.95 (1H,d, J =3.0); C-3: 68.19; 5.36 (1H, dd, J = 3.8); C-4: 24.99; 1.95 (2H, dd, J =8.60Hz, 7.1); C-5: 156.67; C-6: 95.64; 5.93 (1H, d, J =1.3); C-7: 156.70; C-8: 94.48; 5.82 (1H, d, J =1.3); C-9: 155.81; C-10: 97.52; C-1': 128.77; C-2'/6': 105.62; 6.39 (2H, d, J =1.5); C-3'/5': 145.80; C-4': 132.52; C-1'': 120.81; C-2''/6'': 108.81; 6.81 (2H, d, J =1.5); C-3''/5'': 145.56; C-4'': 138.71; C-7'': 165.38.

Rhodiocyanosid A (3)

NMR (δ =ppm; J [Hz]): C-1: 66.79; 4.41 (1H,d, J =6.3)/ 4.31 (1H,d, J =6.3); C-2: 144.54; 6.50 (1H,t, J =6.3); C-3: 110.75; C-4: 19.68; 1.96 (3H,s); C-5: 117.62; C-1':

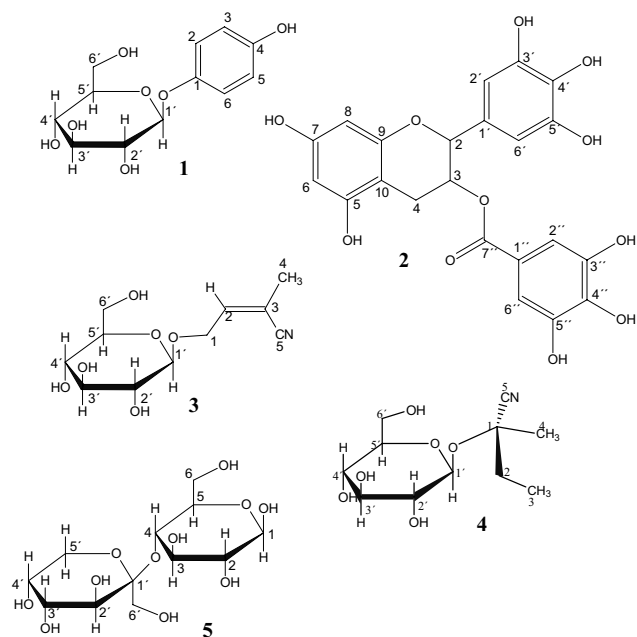
102.82; 4.19 (1H,d, $J=7.7$); C-2': 73.51; 2,94 (1H,dd, $J=7.90$ Hz); C-3': 77.15; 2.96 (1H, dd, $J=11.0$); C-4': 70.08; 3.06 (1H, m); C-5': 76.83; 3.12 (1H, m); C-6': 61.11; 3.67 (1H_A, d, $J=11.50$), 3.47 (1 H_B, d, $J=11.5$).

Lotaustralin (4)

NMR (δ =ppm; J [Hz]): C-1: 74.78; C-2: 32.96; 1.82 (2H;q; $J=7.3$); C-3: 8.62; 0.98 (3H;t, $J=7.2$); C-4: 24.11; 2.49 (3H,s); C-5: 119.40; C-1': 99.49; 4.45 (1H,d, $J=7.7$); C-2': 73.33; 2.94 (1H,dd, $J=7.9$); C-3': 76.83; 2.96 (1H,dd, $J=11.0$); C-4': 69.92; 3.06 (1H,m); C-5': 76.65; 3.12 (1H,m); C-6': 61.03; 3.67 (1H_A,d, $J=11.5$)/ 3.43 (1H_B,d, $J=11.5$).

Fructopyrano-(1-4)-glucopyranose (5)

NMR (δ =ppm; J [Hz]): C-1: 91.91; 5,03 (1H, d, $J=2,5$); C-2: 74.37; 3,0 – 4,3 (1H, m); C-3: 73.00; 3,0 – 4,3 (1H, m); C-4: 82.68; 3,0 – 4,3 (1H, m); C-5: 77.08; 3,0 – 4,3 (1H, m); C-6: 60.60; 3,0 – 4,3 (2H, m); C-1': 104.16; 3,0 – 4,3 (1H, m); C-2': 73.00; 3,0 – 4,3 (1H, m); C-3': 71.77; 3,0 – 4,3 (1H, m); C-4': 69.93; 3,0 – 4,3 (1H, m); C-5': 62.29; 3,0 – 4,3 (2H, m); C-6': 62.16; 3,0 – 4,3 (2H, m).

Figures of compounds **1** – **5**:

References

- [1] Zhang ZH, Feng SH, Hu GD, Cao ZK, Wang LY.
Effect of *Rhodiola kirilowii* (Regel.) Maxim on preventing high altitude reactions. A comparison of cardiopulmonary function in villagers at various altitudes.
Zhongguo Zhongyao Zazhi 1989; 14:687-90.
- [2] Brown RP, Gerbarg PL, Ramazanov Z.
Rhodiola rosea. A Phytomedicinal Overview.
HerbalGram 2002; 56:40-52.
- [3] Bykov VA, Zapesochaynaya GG, Kurkin VA.
Medicinal Plants. Traditional and Biotechnological Aspects of Obtaining Medicinal Preparations from *Rhodiola Rosea* L. (A Review).
Pharm. Chem. J. 1999; 33:29-40.
- [4] Zhang H, Zhang S, Wang J, Chen Y.
Constituents of *Rhodiola kirilowii* (Regel) Regel.
Lanzhou Daxue Xuebao, Ziran Kexueban 1988; 24:158-9.
- [5] Kang S, Zhang J, Lu Y, Lu D, Li X.
Chemical constituents of *Rhodiola kirilowii* (Reg.) Reg.
Zhongguo Zhongyao Zazhi 1992; 17:100-1.
- [6] Peng JN, Ma CY, Ge YC.
Chemical constituents of *Rhodiola kirilowii* (Regel) Regel.

- Zhongguo Zhongyao Zazhi 1994; 19:676-7.
- [7] An F, Guo D.
Quantitative determination of Salidroside in eight species of *Rhodiola* L. by TLC-UV.
Zhoncaoyao 1994; 25:466-7.
- [8] Kang S, Zhang J, Liu F, Wang J.
Studies on chemical constituents of narrow leaf Hongjintian. II. Isolation and identification of Iotaustralin.
Zhongcaoyao 1996; 27:206,252.
- [9] Yoshikawa M, Shimada H, Shimodu H, Murakami N, Yamahara J, Matsuda H.
Bioactive Constituents of Chinese Natural medicine.IV. *Rhodiola Radix*.(1): Chemical Structures and Antiallergic Activity of Rhodiocyanosides A and B from the Underground Part of *Rhodiola quadrifida* (Pall.) Fisch. et Mey. (Crassulaceae).
Chem. Pharm. Bull. 1996; 44:2086-91.
- [10] Lee MW, Lee YA, Toh SH, Lee EJ, Jang HD, Kim YH.
Antioxidative Phenolic Compounds from the Roots of *Rhodiola sachalinensis* A. Bor.
Arch. Chem. Res. 2000; 5:455-8.
- [11] Wagner, H.
Arbutin-Drogen.
Arzneidrogen und ihre Inhaltsstoffe, Pharmazeutische Biologie, Band 2.
Wissenschaftliche Verlagsgesellschaft mbH, Stuttgart 1999:303-4.
- [12] Yoshikawa M, Shimada H, Horikawa S, Murakami T, Shimoda H, Yamahara J, Matsuda H.
Bioactive Constituents of Chinese Natural Medicine.IV. *Rhodiola Radix*.(2): On the Histamine Release Inhibitors from the Underground Part of *Rhodiola sacra* (Prain ex Hamet) S.H.Fu (Crassulaceae): Chemical Structures of Rhodiocyanoside D and Sacranosides A and B. Chem. Pharm. Bull. 1997; 45:1498-1503.