

**Table S1. The weighted prevalence of internet use in the last 12 months and frequency of internet use in the last month by sample characteristics in Nepal 2016.**

Characteristics	Internet use (IU) in the last 12 months			Frequency of internet use (FIU) in the last month			
	Non-user	Internet User	<i>p</i> -value	Non-user	Once in a week	Almost every day	<i>p</i> -value
Overall (10380)	66.1	33.9	-	69.4	13.1	17.5	-
<i>Age group</i>							
15-24	52.6	47.4	<0.001	56.3	19.6	24.1	<0.001
25-34	64.4	35.6		68.8	12.3	18.9	
35-44	80.5	19.5		82.8	7.0	10.2	
45-49	91.1	8.9		91.8	3.9	4.3	
<i>Sex</i>							
Male	50.6	49.4	<0.001	56.0	19.5	24.5	<0.001
Female	76.1	23.9		78.0	9.0	13.0	
<i>Marital status</i>							
Unmarried	43.8	56.2	<0.001	46.9	21.9	31.2	<0.001
Ever Married	73.8	26.2		77.1	10.0	12.9	
<i>Number of under five years old child</i>							
No under 5	63.7	36.3	<0.001	66.5	13.9	19.6	<0.001
One	66.9	33.1		70.4	13.6	16.0	
Two	73.3	26.7		78.7	9.0	12.3	
Three or more	76.5	23.5		78.9	8.6	12.5	
<i>Educational qualification</i>							
No education	96.9	3.1	<0.001	97.4	1.2	1.4	<0.001
Primary	84.8	15.2		87.8	7.7	4.5	
Secondary	58.4	41.2		63.2	18.4	18.4	
Higher	22.7	77.3		26.6	22.4	50.0	
<i>Occupational Status</i>							
Unemployed	62.3	37.7	<0.001	65.1	14.7	20.2	<0.001
Non-manual job	42.3	57.7		46.9	17.3	35.8	
Agriculture	81.8	18.2		84.2	9.1	6.7	
Manual job	65.0	35.0		70.0	15.1	14.9	
<i>Household wealth index</i>							
Poorest	86.6	13.4	<0.001	89.3	8.0	2.7	<0.001
Poorer	80.1	19.9		83.4	10.2	6.4	
Middle	75.0	25.0		78.5	12.0	9.5	
Richer	61.1	38.9		64.7	15.3	20.0	
Richest	35.2	64.8		38.4	18.2	43.4	
<i>Current tobacco use (any type)</i>							
No	65.6	34.4	0.096	68.4	13.1	18.5	0.002
Yes	67.7	32.3		72.2	13.1	14.7	
<i>Coffee, tea, cola, or other drink (Caffeine)</i>							

No	67.1	32.9		70.4	12.8	16.8	
Yes	50.2	49.8	<0.001	53.0	17.4	29.6	<0.001
<i>Frequency of watching television</i>							
Not at all	87.1	12.9		89.0	5.7	5.3	
Less than once a week	72.0	28.0	<0.001	76.0	11.9	12.1	<0.001
At least once a week	52.6	47.4		56.2	17.4	26.4	
<i>Urbanicity</i>							
Urban	59.4	40.6		62.8	14.6	22.6	
Rural	77.6	22.4	<0.001	80.7	10.4	8.9	<0.001
<i>Ecological Zone</i>							
Mountain	78.2	21.8		80.0	11.1	8.9	
Hill	58.5	41.5	<0.001	62.2	15.2	22.6	<0.001
Terai	71.4	28.6		74.4	11.5	14.1	

**Table S2: Association between Internet Use (IU) in the Last 12 Months and Overweight/Obesity Modified by Sex**

Predictors	Association between IU and Overweight/Obesity (South Asian Cut-off) by Sex		
	Overall (OLR Model I)	Female (OLR Model II)	Male (OLR Model III)
	Adjusted Odds ratios (95 % CI)	Adjusted Odds ratios (95 % CI)	Adjusted Odds ratios (95 % CI)
<b>Internet Usage in last 12 months or earlier (Ref=Non-user)</b>			
Internet use	1.55 (1.40, 1.73) ***	1.36 (1.19, 1.55) ***	1.79 (1.57, 2.05) ***
Sex	<b>(Ref=Male)</b>	<b>(Ref=Female)</b>	<b>(Ref=Male)</b>
	1.35 (1.22, 1.50) ***	0.67 (0.59, 0.76) ***	1.50 (1.32, 1.71) ***
Age (in years)	1.04 (1.04, 1.05) ***	1.05 (1.04, 1.05) ***	1.05 (1.04, 1.05) ***
<b>Marital status (Ref=Unmarried)</b>			
Married	2.32 (2.05, 2.64) ***	2.33 (2.05, 2.65) ***	2.33 (2.05, 2.65) ***
<b>Wealth index (Ref=Poorest)</b>			
Poorer	1.27 (1.09, 1.48) **	1.27 (1.09, 1.49) **	1.27 (1.09, 1.49) **
Middle	1.58 (1.31, 1.91) ***	1.58 (1.31, 1.91) ***	1.58 (1.31, 1.91) ***
Richer	2.06 (1.68, 2.51) ***	2.05 (1.68, 2.51) ***	2.05 (1.68, 2.51) ***
Richest	3.41 (2.69, 4.32) ***	3.43 (2.71, 4.35) ***	3.43 (2.71, 4.35) ***
<b>Occupation (Ref=Unemployed)</b>			
Non-manual job	1.46 (1.25, 1.71) ***	1.47 (1.25, 1.71) ***	1.47 (1.25, 1.71) ***
Agriculture	0.93 (0.81, 1.07)	0.93 (0.81, 1.07)	0.93 (0.81, 1.07)
Manual job	1.05 (0.89, 1.25)	1.07 (0.90, 1.26)	1.07 (0.90, 1.26)
<b>Urbanicity (Ref=Urban)</b>			

Rural	0.96 (0.83, 1.10)	0.95 (0.83, 1.10)	0.95 (0.83, 1.10)
<b>Ecological zone (Ref=Mountain)</b>			
Hill	0.88 (0.68, 1.15)	0.88 (0.68, 1.15)	0.88 (0.68, 1.15)
Terai	0.47 (0.36, 0.62) ***	0.47 (0.36, 0.62) ***	0.47 (0.36, 0.62) ***
Internet Usage×Sex	-	<b>Ref= Internet sage×Female</b>	<b>Ref=Internet Usage×Male</b>
		1.32 (1.11, 1.57) **	0.76 (0.64, 0.90) **

(OLR=Ordered Logistic Regression, Odds ratios are adjusted for age, sex, marital status, occupation, household wealth index, urbanicity, and ecological zone: \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .)

**Table S3: Association between Frequency Internet Use (FIU) in the Last Month and Overweight/Obesity Modified by Sex**

Predictors	Association between IU and Overweight/Obesity (South Asian Cut-off) by Sex		
	Overall (OLR Model IV)	Female (OLR Model V)	Male (OLR Model VI)
	Adjusted Odds ratios (95 % CI)	Adjusted Odds ratios (95 % CI)	Adjusted Odds ratios (95 % CI)
<b>FIU in last month (Ref=Non-user)</b>			
Less/at least once in week	1.51 (1.31, 1.74) ***	1.47 (1.22, 1.78) ***	1.61 (1.35, 1.93) ***
Almost everyday	1.56 (1.35, 1.79) ***	1.28 (1.08, 1.51) **	1.90 (1.57, 2.30) ***
<b>Sex</b>	<b>(Ref=Male)</b>	<b>(Ref=Female)</b>	<b>(Ref=Male)</b>
	1.33 (1.20, 1.47) ***	0.69 (0.61, 0.78) ***	1.45 (1.28, 1.64) ***
<b>Age (in years)</b>	1.04 (1.04, 1.05) ***	1.04 (1.04, 1.05) ***	1.04 (1.04, 1.05) ***
<b>Marital status (Ref=Unmarried)</b>			
Married	2.35 (2.07, 2.68) ***	2.37 (2.09, 2.70) ***	2.37 (2.09, 2.70) ***
<b>Wealth index (Ref=Poorest)</b>			
Poorer	1.28 (1.09, 1.49) **	1.28 (1.10, 1.49) **	1.28 (1.10, 1.49) **
Middle	1.59 (1.32, 1.92) ***	1.59 (1.32, 1.92) ***	1.59 (1.32, 1.92) ***
Richer	2.07 (1.69, 2.52) ***	2.06 (1.69, 2.51) ***	2.06 (1.69, 2.51) ***
Richest	3.42 (2.71, 4.33) ***	3.42 (2.70, 4.32) ***	3.42 (2.70, 4.32) ***
<b>Occupation (Ref=Unemployed)</b>			
Non-manual job	1.46 (1.25, 1.71) ***	1.47 (1.26, 1.71) ***	1.47 (1.26, 1.71) ***
Agriculture	0.93 (0.81, 1.07)	0.93 (0.80, 1.07)	0.93 (0.80, 1.07)
Manual job	1.06 (0.89, 1.25)	1.07 (0.90, 1.27)	1.07 (0.90, 1.27)

<b>Urbanicity (Ref=Urban)</b>			
Rural	0.95 (0.83, 1.10)	0.95 (0.83, 1.10)	0.95 (0.83, 1.10)
<b>Ecological zone (Ref=Mountain)</b>			
Hill	0.89 (0.68, 1.16)	0.89 (0.68, 1.16)	0.89 (0.68, 1.16)
Terai	0.47 (0.36, 0.62) ***	0.47 (0.36, 0.62) ***	0.47 (0.36, 0.62) ***
FIU×Sex	-	<b>Ref= FIU×Female</b>	<b>Ref=FIU×Male</b>
		<b>Weekly IU×Male:</b> 1.09 (0.86, 1.39)	<b>Weekly IU×Female:</b> 0.91 (0.72, 1.16)
		<b>Daily IU×Male:</b> 1.49 (1.20, 1.85) ***	<b>Daily IU×Female:</b> 0.67 (0.54, 0.84) ***

(OLR=Ordered Logistic Regression, Odds ratios are adjusted for age, sex, marital status, occupation, household wealth index, urbanicity, and ecological zone: \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .)